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Vocabulary Builder Reference from...

Boyd Varty: What I learned from Nelson Mandela |

TED Talk

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from nelson mandela



All Words

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Session 1: Word List

inspire

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

synonym: boost, encourage, enlighten

(1) **inspire** a feeling of curiosity, (2) **inspire** him to write a novel

The unique style of this martial arts **inspired** many action film producers.

reserve

v. to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance

synonym: keep, hold, preserve

(1) **reserve** the right, (2) **reserve** a concert ticket You can easily **reserve** seats over the telephone.

safari

 an expedition, usually with a guide, for viewing or hunting wild animals, especially in Africa

synonym: expedition, journey, exploration

(1) safari adventure, (2) safari park

Going on a **safari** to see wild animals up close is a unique experience.

twist

- v. to bend or turn something into a certain shape synonym: wrench, turn, twirl
- (1) **twist** around to the left, (2) **twist** a wet towel He **twisted** pieces of rope out of straw.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark The phone rang at the most **opportune** time.

starlight

- the light emitted or reflected by stars, often observed in the night sky; the radiant energy emitted by stars
- synonym: twinkle, starshine, stardust
- starlight sky, (2) romantic starlight
 The romantic couple had a picnic under the starlight.

campfire

 an outdoor fire used for cooking, warmth, or light, often made by camping or in rural areas; a gathering or social event around such a fire

synonym: bonfire, blaze, fire pit

(1) **campfire** story, (2) roast marshmallows around the **campfire**

We sat around the **campfire** and told stories late into the night.

medicinal

adj. of or relating to the treatment or cure of disease synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**The **medicinal** properties of this herb have been known to help with various ailments.

hero

 a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities

synonym: champion, protagonist, savior

(1) local hero, (2) unsung hero

The soldier who sacrificed his life for his country is considered a national **hero**.

harsh

adj. severe and unkind; extremely tough and unpleasant to inhabit

synonym: brutal, severe, backbreaking

(1) harsh climate, (2) use of harsh chemicals

The prime minister faced **harsh** criticism.

ecosystem

- all the plants and living creatures in an area and the way they affect each other and the environment
- (1) marine **ecosystem**, (2) change the **ecosystem**Human conservation efforts often fail unexpectedly because they disturb the balance of the **ecosystem**.

interconnect

v. to connect similar things

synonym: interlink, complect, annex

(1) directly **interconnect** with those systems, (2) human activities **interconnect** with the environment

Our system can now **interconnect** with other databases.

president

the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.

synonym: leader, CEO, chairperson

president emeritus, (2) vice- president for finance
 The club president does not have absolute power.

release

- v. to set free or allow to escape from confinement synonym: free, let go, discharge
- (1) **release** a prisoner, (2) **release** CO2 into the air The animal rights group worked to **release** the dolphins back into the wild.

incarceration

- *n.* the state of being confined in prison or jail *synonym*: confinement, imprisonment, detention
- (1) mass **incarceration**, (2) **incarceration** rates

 The judge sentenced him to five years of **incarceration** for embezzlement.

readjust

- v. to change or set something again after an initial failure synonym: rearrange, readjust, alter
- readjust sections of land, (2) readjust a focus
 You have to readjust your attitude immediately.

icon

 a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file

synonym: figure, hero, idol

icon for young people, (2) television icon
 Some comic book characters are considered gay icons.

nation

 a large organized community of people living in a particular country or region and having a particular culture

synonym: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**The **nation** of Japan is known for its unique culture and advanced technology.

congress

 a formal meeting of the representatives of different countries, constituent states, organizations, trade unions, political parties, or other groups

synonym: legislature, parliament, assembly

(1) an international **congress**, (2) peace **congress Congress** must consider this proposal in an unusual situation.

bush

 a plant growing thickly with many small branches and several stiff stems coming up from the root

synonym: copse, scrub, brushwood

trees and bushes, (2) a bush of hair
 am going to trim this bush off.

recuperate

- v. to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion synonym: heal, recover, recuperate
- (1) **recuperate** from illness, (2) **recuperate** lost data After surgery, it's important to rest and **recuperate** before returning to your normal activities.

deterrent

 something that prevents or discourages someone from doing something or taking a particular action; a hindrance or obstacle

synonym: hindrance, obstacle, impediment

(1) criminal **deterrent**, (2) nuclear **deterrent**The threat of punishment serves as a **deterrent** for many people who might consider committing a crime.

paparazzi

n. (plural of "paparazzo") a group of freelance photographers who doggedly follow, often aggressively, celebrities, public figures, or socialites to take their photographs in the hope of selling them to newspapers, magazines, or media outlets

synonym: photographer, pap, shutterbug

(1) **paparazzi** photos, (2) celebrity **paparazzi**The actress had to hire security to fend off the relentless **paparazzi** outside her home.

define

 to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

suit

n. a set of clothes that are made from the same material; a claim or complaint that a person or organization can file

in court against another party; (verb) to be fit or acceptable for

synonym: clothes, lawsuit, (verb) fit

(1) **suit** and tie restaurant, (2) **suit** at law

Six **suits** are awaiting trial or verdict.

snowy

 adj. characterized by or covered in snow; consisting of or producing snow; often used to describe wintry landscapes or weather conditions

synonym: wintry, frosty, icy

(1) snowy mountain, (2) snowy landscape

Children love to play outside in the **snowy** weather.

surround

- v. to be all around something or somebody synonym: encircle, encompass, envelop
- (1) **surround** a town, (2) a stone wall **surrounds** the palace On three sides, mountains **surround** the settlement.

broadcast

 to send out a program or some information on radio or television

synonym: air, announce, advertise

broadcast a concert, (2) broadcast a radio ad
 Most of the programs are broadcast in this area.

divide

- v. to separate or cause to separate into parts or groups synonym: separate, disconnect, split
- (1) **divide** the cake into two pieces, (2) **divide** money equally

Can you divide 123321 by eleven?

violent

adj. involving or caused by physical force or aggression against someone or something

synonym: aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident The protesters became **violent** when the police tried to disperse them.

unbelievable

adj. beyond belief or understanding and extremely surprising synonym: unimaginable, incredible, fantastical

(1) **unbelievable** beauty, (2) cause **unbelievable** damage He drinks an **unbelievable** amount of beer.

reconciliation

 the restoration of cordial or friendly relations; getting two things to correspond

synonym: accord, agreement, settlement

(1) national **reconciliation**, (2) **reconciliation** of financial accounts

They had a complete **reconciliation** a few days after their argument.

harmony

 n. the combination of simultaneous musical notes to produce a pleasing effect; an attractive combination of related things and their properties

synonym: balance, accord, congruence

a harmony of colors, (2) break a harmony
 worked in perfect harmony.

immense

adj. extremely large or greatsynonym: enormous, giant, huge

(1) **immense** amount, (2) **immense** pressure He left his wife an **immense** fortune.

kind-hearted

adj. having a caring and sympathetic nature; characterized by concern for the well-being and happiness of otherssynonym: compassionate, kind, sympathetic

(1) **kind-hearted** person, (2) **kind-hearted** gesture

The volunteer organization is full of **kind-hearted** people who donate their time to help others.

embodiment

 someone or something that precisely expresses a characteristic or an idea

synonym: image, avatar, incarnation

(1) embodiment of evil, (2) illustrative embodiment

The devil is the **embodiment** of wicked ideas.

ubuntu

a concept rooted in Bantu philosophy, emphasizing the n. essential human virtues of empathy, compassion, and interconnectedness; a belief in the importance of community, cooperation, and shared humanity; (of a computer) a popular open-source operating system based on the Linux kernel

synonym: humanity, compassion, empathy

(1) **ubuntu** operating system, (2) **ubuntu** community The philosophy of **ubuntu** emphasizes the interconnectedness and collective responsibility of all individuals.

conscious

adj. being aware of and able to respond to what is happening around you

synonym: aware, cognizant, deliberate

(1) conscious effort, (2) conscious of having succeeded He became **conscious** that he was being followed.

interaction

the act of connecting with someone, mainly when working, playing, or spending time with them

synonym: dealings, exchange, relations

- (1) the **interaction** between man and his environment,
- (2) interaction among human beings

The **interaction** of the two groups is good for brainstorming.

cows, bulls, and buffalos that are raised for their milk or meat as farm animals

synonym: cows, herd, oxen

(1) cattle barn, (2) cattle hide

The **cattle** are on the grassland and grazing.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer

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cattle

service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

well-being

- n. the state of being happy and healthy and prosperoussynonym: health, welfare, happiness
- (1) the **well-being** of a nation, (2) a sense of **well-being** We are responsible for the care and **well-being** of all our employees.

mend

- v. to repair or fix something that is broken or damaged synonym: fix, repair, rectify
- (1) **mend** broken relationship, (2) **mend** my ways He **mended** the torn shirt with a needle and thread.

wetland

- adj. land that is saturated with water, either permanently or seasonally, such as swamps, marshes, and bogssynonym: bog, marsh, swamp
- (1) **wetland** conservation, (2) **wetland** ecosystem

 The **wetland** area was home to many different species of birds.

poach

to illegally hunt, fish, or take wildlife from private or protected land or waters without permission; to cook food by gently simmering it in a liquid, often with added spices or seasonings

synonym: steal, snatch

(1) **poach** on his land, (2) **poach** deer

The chef **poached** the eggs perfectly for the benedict breakfast dish.

leopard

- a large wild cat that has yellow-brown fur with black spots and lives in Africa and southern Asia
- snow leopard, (2) leopard print
 Leopards lurked in the grass to catch their prey.

ph

 a measure of the acidity or alkalinity of a substance, on a scale of 0 to 14, with seven being neutral, lower values indicating greater acidity, and higher values indicating greater alkalinity

synonym: acidity, alkalinity, balance

(1) **pH** value of seven, (2) **ph** scale

The **ph** level of this soil is too acidic for these types of plants.

rear

adj. at, toward, or near the back part of something; (verb) to look after a child until it is an adult

synonym: back, end, behind

(1) the rear gate, (2) rear children

The player quickly went to the rear side of the defender.

accusation

 a statement or claim alleging that someone has committed a crime, offense, or wrongdoing; a charge or indictment made against someone

synonym: charge, indictment, imputation

(1) criminal accusation, (2) false accusation

The **accusation** of theft was unfounded, and the suspect was eventually cleared of all charges.

pathological

adj. relating to or caused by a physical or mental disease or disorder; extreme or abnormal in a way that is harmful or unhealthy

synonym: aberrant, diseased, abnormal

(1) pathological liar, (2) pathological condition

The doctor was concerned that the patient's **pathological** fear of germs impacted their daily life.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym: skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

environment

 the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) environment affairs, (2) chaotic environment

Every human is responsible for taking care of the Earth's **environment**.

philanthropy

n. the practice of voluntarily helping the poor, especially by giving money

synonym: altruism, benevolence, generosity

(1) **philanthropy** organization, (2) private **philanthropy**

Tech billionaires often spend the majority of their time on **philanthropy**.

coincide

v. to take place at or near the same time

synonym: overlap, coexist, concur

(1) partly **coincide**, (2) **coincide** with reality

These results **coincide** with our hypothesis.

phase

n. any stage in a series of events, change, or development

synonym: degree, stage, step

(1) enter on the last **phase**, (2) two- **phase** structure

The era of the industrial revolution was a crucial **phase** of history.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym: spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

pants

 an item of clothing that covers the lower part of the body and each leg separately, typically with a waistband and two legs

synonym: trousers, breeches, slacks

(1) woolly pants, (2) pajama pants

I always wear **pants** when I go outside, even in the summer.

sand

n. finely granulated particles of rock or mineral material typically found along beaches, deserts, or riverbeds; used in construction, landscaping, and other applications requiring drainage or abrasive action

synonym: grit, dust, powder

(1) sand dunes, (2) sand castle

The **sand** on the beach was warm and golden.

upstream

adj. in the direction against a stream's current; (adverb) toward the source or beginning of a stream, river, or process

synonym: upriver, up-current

(1) swim upstream, (2) upstream direction

The company is investing heavily in **upstream** research and development.

branch

 a division of a tree or woody shrub that grows out from the trunk or a main stem; a division of some larger or more complex organization

synonym: limb, twig, bough

(1) branch office, (2) a branch pipe

The **branch** of the tree had fallen and blocked the road.

shadowy

adj. dark, dim, or vague, as if obscured by shadows; mysterious or uncertain

synonym: dim, dark, obscure

(1) **shadowy** doorway, (2) **shadowy** past

The **shadowy** figure in the corner of the room made me uneasy.

horror

 intense fear or disgust, especially at something shocking or terrifying

synonym: fear, terror, dread

(1) horror movie, (2) horror-struck look

The stories of war crimes filled her with **horror**.

crocodile

 a large, carnivorous reptile with powerful jaws and a long, scaly body; native to tropical regions and often found in rivers and freshwater habitats

synonym: alligator, gator, croc

(1) crocodile hide, (2) saltwater crocodile

The **crocodile** attack left the villagers in a state of shock and fear

shadow

n. a dark area or shape cast by an object blocking the passage of light; an area in darkness or shade; a reflected image or copy of something; a person, activity, or influence that follows or accompanies someone or something closely and persistently, often in a secretive or ominous manner

synonym: shade, silhouette, outline

(1) **shadow** cast, (2) **shadow** puppetry

The tree cast a **shadow** over the picnic area, providing relief from the sun.

ferocity

n. the quality or state of being fierce, intense, or violent; extreme or wild aggressiveness

synonym: fierceness, intensity, violence

(1) roar with **ferocity**, (2) the **ferocity** of the battle The **ferocity** of the windstorm knocked over trees and caused power outages.

wham

n. a sudden, forceful impact or blow; a loud noise or sound effect used in music or film

synonym: bang, crash, slam

(1) wham sound effect, (2) wham noise

The car hit the curb with a loud **wham**, causing some damage to the tire.

grab

v. to take hold of something or someone suddenly with a hand, especially in a violent way

synonym: clutch, snatch, grasp

(1) **grab** an audience, (2) **grab** an opportunity Shall we **grab** a bite to eat?

creature

n. a living being, especially an animal synonym: being, animal, organism

(1) creature of habit, (2) artificial creature

The deep sea **creature** was unlike anything the scientists had ever seen before.

promote

 to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank

synonym: boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior The government should do more to **promote** sustainable agribusiness.

vegetarian

- a person who does not eat meat or fish, or often any animal products, for health or religious reasons
- (1) eat a **vegetarian** diet, (2) a strict **vegetarian** This restaurant has **vegetarian** dishes as well.

slick

adj. smoothly polished and shiny; cleverly and smoothly done; well-organized and efficient

synonym: smooth, polished, shiny

(1) a slick operation, (2) slick design

The politician gave a **slick** speech, but it was full of empty promises.

downstream

adv. in the direction that a stream or river flows; (adjective) in the direction of a stream's current

synonym: lower, below, later

(1) go **downstream** in a boat, (2) **downstream** processing The boat drifted **downstream** and was carried away by the current.

spit

 ν . to eject saliva or other liquid from the mouth

synonym: expectorate, saliva, spew

(1) **spit** a bullet, (2) **spit** a mouthful of saliva

She tried to **spit** out the gum that she had been chewing.

mangle

 to damage or alter something by twisting, crushing, or pressing it out of shape

synonym: crush, deform, disfigure

(1) **mangle** my foot, (2) **mangled** their favorite toy

The machine **mangled** the sheet of metal beyond repair.

crack

v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

synonym: snap, burst, break

(1) **crack** an eggshell, (2) a **crack** in a board

He that would eat the kernel must **crack** the nut.

instant

adj. happening immediately, with no delay

synonym: immediate, urgent, moment

(1) get instant access, (2) an instant reply

His pleasant face turned cold in an **instant**.

decision

 the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

sect

 a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

synonym: group, faction, cult

(1) **sect** beliefs, (2) secret **sect**

The minority **sect** believed in a set of unconventional

religious practices.

straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym: linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

wade

to walk through water that is not deep enough to swim in; to struggle or proceed slowly and laboriously through something, such as a difficult situation or a crowd of people

synonym: paddle, trudge, slosh

(1) **wade** down a street, (2) **wade** through paperwork I had to wade through the knee-deep water to get to the other side of the river.

waist

the part of the human body between the ribs and hips or the corresponding part in other animals

synonym: midriff, torso, abdomen

(1) waist measurement, (2) a slim waist

She cinched her dress at the waist to accentuate her hourglass figure.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym: susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body Infants and pregnant women are particularly **vulnerable**.

freak

an abnormality that is not typical or expected *synonym*: anomaly, deviation, oddity

(1) a rock freak, (2) freak weather

The **freak** accident caused the car to flip over and land on its roof.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym: surround, cover, bandage

(1) **wrap** a fish in foil, (2) **wrap** up a meeting **Wrap** the bandage tightly around the injured arm.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment The **medical** team worked quickly to save the patient's life.

survive

- v. to live or exist despite a dangerous event or period synonym: endure, persist, stay
- (1) **survive** a blizzard, (2) **survive** a plane crash These birds can only **survive** in temperate climates.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling The golfer recorded an **amazing** distance.

achievement

a thing that someone has accomplished, primarily through their effort and ability

synonym: accomplishment, attainment, triumph

(1) student **achievement**, (2) a remarkable **achievement** This **achievement** has never been formally accepted.

essence

 the basic or most important part or quality of something that makes it what it is

synonym: core, nature, disposition

(1) vanilla **essence**, (2) universal **essence**University teaches the art of understanding the **essence** of the matter.

animate

- v. to make something full of interest and energysynonym: invigorate, energize, enliven
- (1) **animate** the body, (2) **animate** his soul The positive attitude of the supervisor **animated** the discussion.

empathy

- n. the ability to share another person's feelings or experiences by imagining that person's situationsynonym: compassion, sympathy, tenderness
- (1) full of **empathy**, (2) **empathy** for patients **Empathy** is also necessary to understand history.

pelvic

- adj. of or relating to the pelvis, the lower part of the trunk of the human body, between the hips
- (1) **pelvic** pain, (2) **pelvic** exam

 The **pelvic** region is an important area of the human anatomy.

deformity

- n. a physical abnormality or distortionsynonym: abnormality, malformation, disfigurement
- (1) **deformity** of character, (2) physical **deformity** The **deformity** in the steel beam caused the bridge to collapse.

migratory

 adj. relating to or characterized by the movement of individuals or groups from one place to another, often for regular seasonal or environmental reasons

synonym: nomadic, wandering, roving

(1) **migratory** species, (2) **migratory** route
The **migratory** birds flew thousands of miles to reach their wintering grounds.

excite

- v. to make someone feel suddenly enthusiastic or eager synonym: thrill, exhilarate, animate
- (1) **excite** the crowd, (2) **excite** rebellion The news of her promotion **excited** her.

invert

v. to turn something upside down, inside out; to reverse the position, order, or relationship of something

synonym: turn upside down, reverse, flip

(1) invert a glass, (2) invert position

He decided to **invert** his investment portfolio, shifting from stocks to bonds.

bracket

n. projecting support or fixture used to attach or bear weight; a small shelf or ledge; a punctuation mark ([]) used to enclose words, numbers, or symbols

synonym: support, holder, frame

(1) bracket placement, (2) tax bracket

I need to hang these shelves with the help of some sturdy brackets.

herd

 a group of animals of the same type that live or are kept together as livestock

synonym: flock, brood, horde

(1) herd of cattle, (2) the common herd

He was riding **herd** on the sheep during the day.

outpouring

 a sudden and abundant flow or expression of thoughts, feelings, emotion, or information; an overwhelming amount of something expressed in a short period of time

synonym: outflow, surge, torrent

(1) artistic **outpouring**, (2) emotional **outpouring**The **outpouring** of support from the community was overwhelming after the tragic event.

emotion

 a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**Some **emotions** are common across cultures and backgrounds.

kinship

- n. the state or fact of being related to someone
- *synonym*: family, relationship, connection
- (1) **kinship** ties, (2) **kinship** relations

She felt a sense of **kinship** with her new colleagues.

amaze

- v. to fill with wonder, surprise, or admiration
- synonym: astound, surprise, stagger
- (1) amaze and entertain visitors, (2) amaze everyone

The magician's tricks **amazed** the audience.

hollow

- adj. having a hole, empty space inside, or indentation on the surface
- synonym: cavity, depression, concavity
- (1) have **hollow** legs, (2) **hollow** sound

The tree had a **hollow** trunk, which made it easy for animals to take shelter inside.

matriarch

- a woman who is the head of a family or social group; a woman who is the founder or dominant member of a group
- synonym: leader, head, founder
- (1) ruled by a matriarch, (2) matriarch figure

The **matriarch** of the family was known for her wisdom and guidance.

steep

- adj. having a sharp inclination or slope
- synonym: sheer, precipitous, abrupt
- (1) a **steep** staircase, (2) **steep** discount

The **steep** cliff made it difficult to climb.

psychology

- the scientific study of mind and behavior
- (1) **psychology** experiment, (2) **psychology** of crowd She had a master's degree in **psychology**.

visible

- adj. capable of being seen; or open to easy view
- synonym: clear, observable, seeable

(1) **visible** stars, (2) **visible** by X-ray

My home is easily **visible** from the shore.

halfway

adj. in or at a point midway or an equal distance between two points

synonym: middle, median, center

(1) **halfway** through my journey, (2) **halfway** decent job The famous restaurant stands **halfway** up the hill.

backward

adv. at, to, or toward the direction or place that is behind or rear

synonym: back, rearward, in reverse

(1) walk backward, (2) backward angle

She falls over **backward** when she sees her mother-in-law.

attempt

 an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

prop

a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

synonym: support, buttress, column

(1) emotional prop, (2) prop stick

We have finally lost our last **prop**.

trunk

- n. the main stem or body of a tree which its branches grow synonym: body, chest, torso
- (1) the **trunk** of the tree, (2) the **trunk** of the body

 Destructive fungi thrive in moist environments, such as those seen in wounds on the **trunk**.

underneath

adv. under or below something else

synonym: below, under, beneath

(1) **underneath** the surface of the water, (2) **underneath** the laughter

The penny fell underneath the piano.

shovel

 a tool with a handle and broad scoop or blade used for digging or moving Earth, coal, snow, or other granular materials

synonym: excavator, scoop, trowel

(1) snow **shovel**, (2) **shovel** blade

The construction workers used a power **shovel** to dig the foundation for the building.

consensus

 general agreement or accord in the judgment or opinion reached by a group as a whole

synonym: agreement, accord, harmony

(1) a public **consensus**, (2) **consensus** among scientists The two parties have reached a **consensus**.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) develop a strategy, (2) develop a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

accommodate

v. to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose

synonym: house, rent, adjust

(1) **accommodate** a person with money, (2) **accommodate** these needs

This large SUV accommodates eight people.

expand

v. to increase or to make something greater in size, number, or importance

synonym: extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output They hope to **expand** their business worldwide.

definition

 a concise explanation of the meaning of a word, phrase, or symbol

synonym: description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word Parallel lines are, by **definition**, lines on the same plane that never cross.

cathedral

- n. the main Christian church of a bishop's diocese, which is often the largest and most important church in the areasynonym: church, basilica, temple
- (1) **cathedral** school, (2) **cathedral** choir
 The **cathedral's** stained glass windows depicted scenes from the Bible.

planet

 any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet** Mercury is the closest **planet** to the sun.

invention

 the creation of a new device or process resulting from study and experimentation; the act of inventing

synonym: creation, design, innovation

- (1) the **invention** of new techniques, (2) common **invention** Necessity is the mother of **invention**.
- v. to touch or tap something lightly and usually in a friendly or encouraging manner; to apply or rub lightly and repetitively

synonym: tap, stroke, caress

pat

(1) **pat** on the back, (2) **pat** a dog

She **patted** the puppy on the head and gave it a treat.

distraught

adj. deeply upset, agitated, or emotionally troubled synonym: upset, troubled, distressed

(1) **distraught** with grief, (2) **distraught** emotions

After receiving the bad news, he was so **distraught** that he couldn't concentrate on anything else for the rest of the day.

tragic

adj. causing great sadness or suffering; very unfortunatesynonym: calamitous, disastrous, catastrophic

tragic love stories, (2) tragic death
 tragic events of the war left many families torn apart.

addition

 the act or process of adding something to something else; the process of adding numbers

synonym: accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors In **addition**, private corporations provide healthcare services.

session

 a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

synonym: conference, gathering

(1) the morning **session**, (2) the court **session** Parliament is now in **session**.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

incredible

adj. unbelievable; enormous

synonym: unbelievable, fantastical, inconceivable

(1) incredible amount, (2) at incredible speed Her response revealed **incredible** idiocy.

humility

the quality or condition of being humble; a low estimate of one's self

synonym: humbleness, modesty, unpretentiousness

- (1) develop an attitude of humility, (2) lack of humility We were filled with **humility** at the sight of the Queen.
- beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym: fascination, illusion, wizardry

(1) a magic spell, (2) she is magic He performed **magic** tricks with sophisticated moves.

rugby

magic

- a sport played with an oval ball, with two teams of fifteen n. players trying to score goals by carrying or kicking the ball over the opponent's goal line
- (1) rugby match, (2) rugby team He was a passionate fan of rugby and loved watching matches.

Session 2: Spelling

1.	traditional meal	adj.	of or relating to the treatment or cure of disease
2.	sue a blizzard	v.	to live or exist despite a dangerous event or period
3.	emotional outng	n.	a sudden and abundant flow or expression of thoughts, feelings, emotion, or information; an overwhelming amount of something expressed in a short period of time
4.	the morning sen	n.	a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
5.	ree the right	v.	to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance
6.	temporary meI treatment	adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
7.	directly intect with those systems	v.	to connect similar things
8.	sai park	n.	an expedition, usually with a guide, for viewing or hunting wild animals, especially in Africa
9.	twt around to the left	v.	to bend or turn something into a certain shape

ANSWERS: 1. medicinal, 2. survive, 3. outpouring, 4. session, 5. reserve, 6. medical, 7. interconnect, 8. safari, 9. twist

10.	ubu community	n.	a concept rooted in Bantu philosophy, emphasizing the essential human virtues of empathy, compassion, and interconnectedness; a belief in the importance of community, cooperation, and shared humanity; (of a computer) a popular open-source operating system based on the Linux kernel
11.	peace coss	n.	a formal meeting of the representatives of different countries, constituent states, organizations, trade unions, political parties, or other groups
12.	rest sections of land	<i>v</i> .	to change or set something again after an initial failure
13.	kinted person	adj.	having a caring and sympathetic nature; characterized by concern for the well-being and happiness of others
14.	a brh pipe	n.	a division of a tree or woody shrub that grows out from the trunk or a main stem; a division of some larger or more complex organization
15.	change the ecem	n.	all the plants and living creatures in an area and the way they affect each other and the environment
16.	ree a prisoner	<i>v</i> .	to set free or allow to escape from confinement
17.	the att to rescue the hostages	n.	an act or effort of trying to do something, especially something difficult
18.	we down a street	v.	to walk through water that is not deep enough to swim in; to struggle or proceed slowly and laboriously through something, such as a difficult situation or a crowd of people

ANSWERS: 10. ubuntu, 11. congress, 12. readjust, 13. kind-hearted, 14. branch, 15. ecosystem, 16. release, 17. attempt, 18. wade

19.	a slk operation	adj.	smoothly polished and shiny; cleverly and smoothly done; well-organized and efficient	
20.	shw puppetry	n.	a dark area or shape cast by an object blocking the passage of light; an area in darkness or shade; a reflected image or copy of something; a person, activity, or influence that follows or accompanies someone or something closely and persistently, often in a secretive or ominous manner	
21.	ruy match	n.	a sport played with an oval ball, with two teams of fifteen players trying to score goals by carrying or kicking the ball over the opponent's goal line	
22.	hay decent job	adj.	in or at a point midway or an equal distance between two points	
23.	trc death	adj.	causing great sadness or suffering; very unfortunate	
24.	undth the laughter	adv.	under or below something else	
25.	snow shI	n.	a tool with a handle and broad scoop or blade used for digging or moving Earth, coal, snow, or other granular materials	
26.	cr_k an eggshell	<i>v</i> .	to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking	
27.	nan-state	n.	a large organized community of people living in a particular country or region and having a particular culture	
ANSWERS: 19. slick, 20. shadow, 21. rugby, 22. halfway, 23. tragic, 24. underneath.				

adow, 21. rugby, 22. naifway, 23. tragic, 24. underneath, 25. shovel, 26. crack, 27. nation

popular open-source operating system based on the Linux kernel 31. poh on his land v. to illegally hunt, fish, or take wildlife from private or protected land or waters without permission; to cook food by	28.	stht sky	n.	the light emitted or reflected by stars, often observed in the night sky; the radiant energy emitted by stars
emphasizing the essential human virtues of empathy, compassion, and interconnectedness; a belief in the importance of community, cooperation, and shared humanity; (of a computer) a popular open-source operating system based on the Linux kernel 31. po_h on his land v. to illegally hunt, fish, or take wildlife from private or protected land or waters without permission; to cook food by gently simmering it in a liquid, often with added spices or seasonings 32. patcal liar adj. relating to or caused by a physical or mental disease or disorder; extreme or abnormal in a way that is harmful or unhealthy 33. meal chemistry adj. of or relating to the treatment or cure of disease 34. ho_w sound adj. having a hole, empty space inside, or indentation on the surface 35. s_t a mouthful of saliva v. to eject saliva or other liquid from the mouth 36. the tr_k of the tree n. the main stem or body of a tree which	29.	a vulle bridge	adj.	•
from private or protected land or waters without permission; to cook food by gently simmering it in a liquid, often with added spices or seasonings 32. patcal liar adj. relating to or caused by a physical or mental disease or disorder; extreme or abnormal in a way that is harmful or unhealthy 33. meal chemistry adj. of or relating to the treatment or cure of disease 34. how sound adj. having a hole, empty space inside, or indentation on the surface 35. st a mouthful of saliva v. to eject saliva or other liquid from the mouth 36. the trk of the tree n. the main stem or body of a tree which	30.	ubu operating system	n.	emphasizing the essential human virtues of empathy, compassion, and interconnectedness; a belief in the importance of community, cooperation, and shared humanity; (of a computer) a popular open-source operating system
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mouth 36. the tr_k of the tree n. the main stem or body of a tree which	34.	how sound	adj.	
	35.	st a mouthful of saliva	<i>v</i> .	
	36.	the tr_k of the tree	n.	

ANSWERS: 28. starlight, 29. vulnerable, 30. ubuntu, 31. poach, 32. pathological, 33. medicinal, 34. hollow, 35. spit, 36. trunk

37. caal school	n.	the main Christian church of a bishop's diocese, which is often the largest and most important church in the area
38. hah climate	adj.	severe and unkind; extremely tough and unpleasant to inhabit
39. rl down his cheeks	ν.	to move in a particular direction by turning over and over or from side to side
40. patcal condition	adj.	relating to or caused by a physical or mental disease or disorder; extreme or abnormal in a way that is harmful or unhealthy
41. vit incident	adj.	involving or caused by physical force or aggression against someone or something
42. brst a radio ad	<i>v</i> .	to send out a program or some information on radio or television
43. a sense of welng	n.	the state of being happy and healthy and prosperous
44. chemical adon	n.	the act or process of adding something to something else; the process of adding numbers
45. caal choir	n.	the main Christian church of a bishop's diocese, which is often the largest and most important church in the area
46. student achnt	n.	a thing that someone has accomplished, primarily through their effort and ability
47. psygy experiment	n.	the scientific study of mind and behavior

ANSWERS: 37. cathedral, 38. harsh, 39. roll, 40. pathological, 41. violent, 42. broadcast, 43. well-being, 44. addition, 45. cathedral, 46. achievement, 47. psychology

48.	certified pro	_nal secretary	adj.	having or showing the skill appropriate to a particular job; competent or skillful
49.	a bh of hair		n.	a plant growing thickly with many small branches and several stiff stems coming up from the root
50.	swim upam		adj.	in the direction against a stream's current; (adverb) toward the source or beginning of a stream, river, or process
51.	resle action	1	adj.	answerable or accountable for something within one's power, control, or management
52.	shI blade		n.	a tool with a handle and broad scoop or blade used for digging or moving Earth, coal, snow, or other granular materials
53.	wed conserva	tion	adj.	land that is saturated with water, either permanently or seasonally, such as swamps, marshes, and bogs
54.	nuclear dent		n.	something that prevents or discourages someone from doing something or taking a particular action; a hindrance or obstacle
55.	ruy team		n.	a sport played with an oval ball, with two teams of fifteen players trying to score goals by carrying or kicking the ball over the opponent's goal line
56.	a crk in a board		ν.	to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

ANSWERS: 48. professional, 49. bush, 50. upstream, 51. responsible, 52. shovel, 53. wetland, 54. deterrent, 55. rugby, 56. crack

57.	twt a wet towel	<i>v</i> .	to bend or turn something into a certain shape
58.	vie stars	adj.	capable of being seen; or open to easy view
59.	snow led	n.	a large wild cat that has yellow-brown fur with black spots and lives in Africa and southern Asia
60.	chaotic envnt	n.	the natural world such as air, water, and land in which humans, animals, and plants live
61.	hor-struck look	n.	intense fear or disgust, especially at something shocking or terrifying
62.	exd a lineup	ν.	to increase or to make something greater in size, number, or importance
63.	enter on the last phe	n.	any stage in a series of events, change, or development
64.	cause unbble damage	adj.	beyond belief or understanding and extremely surprising
65.	mae my foot	v.	to damage or alter something by twisting, crushing, or pressing it out of shape
66.	care story	n.	an outdoor fire used for cooking, warmth, or light, often made by camping or in rural areas; a gathering or social event around such a fire
67.	cae barn	n.	cows, bulls, and buffalos that are raised for their milk or meat as farm animals
68.	p_p stick	n.	a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

ANSWERS: 57. twist, 58. visible, 59. leopard, 60. environment, 61. horror, 62. expand, 63. phase, 64. unbelievable, 65. mangle, 66. campfire, 67. cattle, 68. prop

69. shy past	adj.	dark, dim, or vague, as if obscured by shadows; mysterious or uncertain
70. miry species	adj.	relating to or characterized by the movement of individuals or groups from one place to another, often for regular seasonal or environmental reasons
71. kinted gesture	adj.	having a caring and sympathetic nature; characterized by concern for the well-being and happiness of others
72. at incle speed	adj.	unbelievable; enormous
73. universal ese	n.	the basic or most important part or quality of something that makes it what it is
74. s_t at law	n.	a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
75. trc love stories	adj.	causing great sadness or suffering; very unfortunate
76. rl a ball	v.	to move in a particular direction by turning over and over or from side to side
77. illustrative embnt	n.	someone or something that precisely expresses a characteristic or an idea
78. two-phe structure	n.	any stage in a series of events, change, or development
79. vie by X-ray	adj.	capable of being seen; or open to easy view

ANSWERS: 69. shadowy, 70. migratory, 71. kind-hearted, 72. incredible, 73. essence, 74. suit, 75. tragic, 76. roll, 77. embodiment, 78. phase, 79. visible

80.	common inon	n.	the creation of a new device or process resulting from study and experimentation; the act of inventing
81.	plt like the Earth	n.	any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
82.	ruled by a mach	n.	a woman who is the head of a family or social group; a woman who is the founder or dominant member of a group
83.	st beliefs	n.	a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
84.	television in	n.	a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file
85.	sai adventure	n.	an expedition, usually with a guide, for viewing or hunting wild animals, especially in Africa
86.	cous of having succeeded	adj.	being aware of and able to respond to what is happening around you
87.	brh office	n.	a division of a tree or woody shrub that grows out from the trunk or a main stem; a division of some larger or more complex organization
88.	ine a feeling of curiosity	<i>v</i> .	to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

ANSWERS: 80. invention, 81. planet, 82. matriarch, 83. sect, 84. icon, 85. safari, 86. conscious, 87. branch, 88. inspire

89.	we through paperwork	v.	to walk through water that is not deep enough to swim in; to struggle or proceed slowly and laboriously through something, such as a difficult situation or a crowd of people
90.	dety of character	n.	a physical abnormality or distortion
91.	exe the crowd	<i>v</i> .	to make someone feel suddenly enthusiastic or eager
92.	develop an attitude of huty	n.	the quality or condition of being humble; a low estimate of one's self
93.	sur bad grades	v.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
94.	ime amount	adj.	extremely large or great
95.	brst a concert	<i>v</i> .	to send out a program or some information on radio or television
96.	incion rates	n.	the state of being confined in prison or jail
97.	ine him to write a novel	<i>v</i> .	to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
98.	md broken relationship	<i>v</i> .	to repair or fix something that is broken or damaged
99.	st a bullet	<i>v</i> .	to eject saliva or other liquid from the mouth
100	o. save the plt	n.	any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

ANSWERS: 89. wade, 90. deformity, 91. excite, 92. humility, 93. suffer, 94. immense, 95. broadcast, 96. incarceration, 97. inspire, 98. mend, 99. spit, 100. planet

101. su ra setback to experience pain, distress, or ν. hardship; to undergo or endure something painful or unpleasant to cover or enclose something entirely 102. w p a fish in foil ν. with paper, cloth, or other material 103. break a ha____y the combination of simultaneous n. musical notes to produce a pleasing effect; an attractive combination of related things and their properties 104. walk ba___rd adv. at, to, or toward the direction or place that is behind or rear to illegally hunt, fish, or take wildlife 105. po h deer from private or protected land or waters without permission; to cook food by gently simmering it in a liquid, often with added spices or seasonings 106. ha____y through my journey adj. in or at a point midway or an equal distance between two points 107. pr e bad behavior to encourage or persuade people to ν. like, buy, use, do, or support something; to raise someone to a higher position or rank 108. w m sound effect a sudden, forceful impact or blow; a n. loud noise or sound effect used in music or film 109. g b an opportunity to take hold of something or someone suddenly with a hand, especially in a violent way 110. psy____gy of crowd the scientific study of mind and behavior n.

ANSWERS: 101. suffer, 102. wrap, 103. harmony, 104. backward, 105. poach, 106. halfway, 107. promote, 108. wham, 109. grab, 110. psychology

111.	maed their favorite toy	<i>v</i> .	to damage or alter something by twisting, crushing, or pressing it out of shape
112.	dep a strategy	ν.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
113.	accte a person with money	v.	to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose
114.	ph scale	n.	a measure of the acidity or alkalinity of a substance, on a scale of 0 to 14, with seven being neutral, lower values indicating greater acidity, and higher values indicating greater alkalinity
115.	the common hd	n.	a group of animals of the same type that live or are kept together as livestock
116.	int a glass	<i>v</i> .	to turn something upside down, inside out; to reverse the position, order, or relationship of something
	undth the surface of the water	adv.	under or below something else
118.	the defon of a word	n.	a concise explanation of the meaning of a word, phrase, or symbol
119.	dep a skill	ν.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something

ANSWERS: 111. mangle, 112. develop, 113. accommodate, 114. ph, 115. herd, 116. invert, 117. underneath, 118. definition, 119. develop

that is in the process of being created

120. wat measurement	n.	the part of the human body between the ribs and hips or the corresponding part in other animals
121. the court sen	n.	a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
122. sund a town	v.	to be all around something or somebody
123. die money equally	<i>v</i> .	to separate or cause to separate into parts or groups
124. disht emotions	adj.	deeply upset, agitated, or emotionally troubled
125. physical dety	n.	a physical abnormality or distortion
126. a precise defon	n.	a concise explanation of the meaning of a word, phrase, or symbol
127. die the cake into two pieces	v.	to separate or cause to separate into parts or groups
128. secret st	n.	a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
129. slk design	adj.	smoothly polished and shiny; cleverly and smoothly done; well-organized and efficient
130. p_t on the back	v.	to touch or tap something lightly and usually in a friendly or encouraging manner; to apply or rub lightly and repetitively

ANSWERS: 120. waist, 121. session, 122. surround, 123. divide, 124. distraught, 125. deformity, 126. definition, 127. divide, 128. sect, 129. slick, 130. pat

131. dee my position	v.	to state or explain precisely the nature, scope, or meaning of something
132. the welng of a nation	n.	the state of being happy and healthy and prosperous
133. pre a better relationship	v.	to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
134. cous among scientists	n.	general agreement or accord in the judgment or opinion reached by a group as a whole
135. control my emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
136. ime pressure	adj.	extremely large or great
137. a stht line	adj.	extending or moving in one direction without bending or curving; having no deviations
138. use of hah chemicals	adj.	severe and unkind; extremely tough and unpleasant to inhabit
139. the inton between man and his environment	n.	the act of connecting with someone, mainly when working, playing, or spending time with them
140. unsung ho	n.	a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities
141. adon of vectors	n.	the act or process of adding something to something else; the process of adding numbers

ANSWERS: 131. define, 132. well-being, 133. promote, 134. consensus, 135. emotion, 136. immense, 137. straight, 138. harsh, 139. interaction, 140. hero, 141. addition

142. roar with fety	n.	the quality or state of being fierce, intense, or violent; extreme or wild aggressiveness
143. resle for a customer service	adj.	answerable or accountable for something within one's power, control, or management
144. ane his soul	<i>v</i> .	to make something full of interest and energy
145. false accon	n.	a statement or claim alleging that someone has committed a crime, offense, or wrongdoing; a charge or indictment made against someone
146. eat a vegan diet	n.	a person who does not eat meat or fish, or often any animal products, for health or religious reasons
147. sd dunes	n.	finely granulated particles of rock or mineral material typically found along beaches, deserts, or riverbeds; used in construction, landscaping, and other applications requiring drainage or abrasive action
148. emy for patients	n.	the ability to share another person's feelings or experiences by imagining that person's situation
149. sny landscape	adj.	characterized by or covered in snow; consisting of or producing snow; often used to describe wintry landscapes or weather conditions
150. exe rebellion	v.	to make someone feel suddenly enthusiastic or eager

ANSWERS: 142. ferocity, 143. responsible, 144. animate, 145. accusation, 146. vegetarian, 147. sand, 148. empathy, 149. snowy, 150. excite

151. accte these needs	ν.	to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose
152. wp up a meeting	ν.	to cover or enclose something entirely with paper, cloth, or other material
153. emotional pp	n.	a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
154. human activities intect with the environment	ν.	to connect similar things
155. in for young people	n.	a picture or statue of a holy person considered to be a sacred thing; a little icon on the screen of a computer or smartphone that denotes an application or a file
156. a reckless att	n.	an act or effort of trying to do something, especially something difficult
157. local ho	n.	a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities
158. pronal athlete	adj.	having or showing the skill appropriate to a particular job; competent or skillful
159. an int reply	adj.	happening immediately, with no delay

ANSWERS: 151. accommodate, 152. wrap, 153. prop, 154. interconnect, 155. icon, 156. attempt, 157. hero, 158. professional, 159. instant

160. cae hide	n.	cows, bulls, and buffalos that are raised for their milk or meat as farm animals
161. st and tie restaurant	n.	a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
162. celebrity pazi	n.	(plural of "paparazzo") a group of freelance photographers who doggedly follow, often aggressively, celebrities, public figures, or socialites to take their photographs in the hope of selling them to newspapers, magazines, or media outlets
163. the fety of the battle	n.	the quality or state of being fierce, intense, or violent; extreme or wild aggressiveness
164. romantic stht	n.	the light emitted or reflected by stars, often observed in the night sky; the radiant energy emitted by stars
165. a stp staircase	adj.	having a sharp inclination or slope
166. partly code	<i>v</i> .	to take place at or near the same time
167. a remarkable achnt	n.	a thing that someone has accomplished, primarily through their effort and ability
168. a hay of colors	n.	the combination of simultaneous musical notes to produce a pleasing effect; an attractive combination of related things and their properties

ANSWERS: 160. cattle, 161. suit, 162. paparazzi, 163. ferocity, 164. starlight, 165. steep, 166. coincide, 167. achievement, 168. harmony

l69. incle amount	adj.	unbelievable; enormous
170. phiopy organization	n.	the practice of voluntarily helping the poor, especially by giving money
I71. a stone wall sunds the palace	<i>v</i> .	to be all around something or somebody
172. recte from illness	ν.	to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion
I73. a mac spell	n.	beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
174. unbble beauty	adj.	beyond belief or understanding and extremely surprising
I75. trees and bhes	n.	a plant growing thickly with many small branches and several stiff stems coming up from the root
I76. mass incion	n.	the state of being confined in prison or jail
I77. cous effort	adj.	being aware of and able to respond to what is happening around you
178. embnt of evil	n.	someone or something that precisely expresses a characteristic or an idea
I79. ree a concert ticket	ν.	to keep something for future use or contingency; to obtain or arrange something, such as a meeting, seat, etc., in advance
180. marine ecem	n.	all the plants and living creatures in an area and the way they affect each other and the environment

ANSWERS: 169. incredible, 170. philanthropy, 171. surround, 172. recuperate, 173. magic, 174. unbelievable, 175. bush, 176. incarceration, 177. conscious, 178. embodiment, 179. reserve, 180. ecosystem

181. deon authority	n.	the act or process of making up someone's mind about something; a choice or judgment reached after considering options
182. a rock frk	n.	an abnormality that is not typical or expected
183. a public cous	n.	general agreement or accord in the judgment or opinion reached by a group as a whole
184. a slim wat	n.	the part of the human body between the ribs and hips or the corresponding part in other animals
185. brt placement	n.	projecting support or fixture used to attach or bear weight; a small shelf or ledge; a punctuation mark ([]) used to enclose words, numbers, or symbols
186. led print	n.	a large wild cat that has yellow-brown fur with black spots and lives in Africa and southern Asia
187. stp discount	adj.	having a sharp inclination or slope
188. an international coss	n.	a formal meeting of the representatives of different countries, constituent states, organizations, trade unions, political parties, or other groups
189. the rr gate	adj.	at, toward, or near the back part of something; (verb) to look after a child until it is an adult
190. ame everyone	<i>v</i> .	to fill with wonder, surprise, or admiration

ANSWERS: 181. decision, 182. freak, 183. consensus, 184. waist, 185. bracket, 186. leopard, 187. steep, 188. congress, 189. rear, 190. amaze

191. vanilla ese	n.	the basic or most important part or quality of something that makes it what it is
192. pazi photos	n.	(plural of "paparazzo") a group of freelance photographers who doggedly follow, often aggressively, celebrities, public figures, or socialites to take their photographs in the hope of selling them to newspapers, magazines, or media outlets
193. p_t a dog	v.	to touch or tap something lightly and usually in a friendly or encouraging manner; to apply or rub lightly and repetitively
194. saltwater crle	n.	a large, carnivorous reptile with powerful jaws and a long, scaly body; native to tropical regions and often found in rivers and freshwater habitats
195. pajama pas	n.	an item of clothing that covers the lower part of the body and each leg separately, typically with a waistband and two legs
196. int position	v.	to turn something upside down, inside out; to reverse the position, order, or relationship of something
197. bard angle	adv.	at, to, or toward the direction or place that is behind or rear
198. the inon of new techniques	n.	the creation of a new device or process resulting from study and experimentation; the act of inventing

ANSWERS: 191. essence, 192. paparazzi, 193. pat, 194. crocodile, 195. pants, 196. invert, 197. backward, 198. invention

199. hd of cattle	n.	a group of animals of the same type that live or are kept together as livestock
200. recte lost data	v.	to recover, heal, or regain health, strength, or well-being after an illness, injury, or period of stress or exhaustion
201. criminal accon	n.	a statement or claim alleging that someone has committed a crime, offense, or wrongdoing; a charge or indictment made against someone
202. get int access	adj.	happening immediately, with no delay
203. lack of huty	n.	the quality or condition of being humble; a low estimate of one's self
204. miry route	adj.	relating to or characterized by the movement of individuals or groups from one place to another, often for regular seasonal or environmental reasons
205. inton among human beings	n.	the act of connecting with someone, mainly when working, playing, or spending time with them
206. a seafaring nan	n.	a large organized community of people living in a particular country or region and having a particular culture
207. national recion	n.	the restoration of cordial or friendly relations; getting two things to correspond
208. ame and entertain visitors	<i>v</i> .	to fill with wonder, surprise, or admiration
209. pec pain	adj.	of or relating to the pelvis, the lower part of the trunk of the human body, between the hips

ANSWERS: 199. herd, 200. recuperate, 201. accusation, 202. instant, 203. humility, 204. migratory, 205. interaction, 206. nation, 207. reconciliation, 208. amaze, 209. pelvic

210. the trk of the body
211. shy doorway
212. wed ecosystem
213. opne occasion
214. roast marshmallows around the care
215. sny mountain
216. artificial crre
217. an opne remark
218. shw cast

- n. the main stem or body of a tree which its branches grow
- adj. dark, dim, or vague, as if obscured by shadows; mysterious or uncertain
- adj. land that is saturated with water, either permanently or seasonally, such as swamps, marshes, and bogs
- adj. suitable or happening at a time that is suitable or convenient for a particular purpose
- an outdoor fire used for cooking,
 warmth, or light, often made by camping or in rural areas; a gathering or social event around such a fire
- adj. characterized by or covered in snow;
 consisting of or producing snow; often
 used to describe wintry landscapes or
 weather conditions
- *n.* a living being, especially an animal
- adj. suitable or happening at a time that is suitable or convenient for a particular purpose
- n. a dark area or shape cast by an object blocking the passage of light; an area in darkness or shade; a reflected image or copy of something; a person, activity, or influence that follows or accompanies someone or something closely and persistently, often in a secretive or ominous manner

ANSWERS: 210. trunk, 211. shadowy, 212. wetland, 213. opportune, 214. campfire, 215. snowy, 216. creature, 217. opportune, 218. shadow

219.	disht with grief	adj.	deeply upset, agitated, or emotionally troubled
220.	a meI opinion	adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
221.	go dowam in a boat	adv.	in the direction that a stream or river flows; (adjective) in the direction of a stream's current
222.	private phiopy	n.	the practice of voluntarily helping the poor, especially by giving money
223.	recion of financial accounts	n.	the restoration of cordial or friendly relations; getting two things to correspond
224.	dee a word	<i>v</i> .	to state or explain precisely the nature, scope, or meaning of something
225.	prnt emeritus	n.	the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
226.	victim of a vit crime	adj.	involving or caused by physical force or aggression against someone or something
227.	have how legs	adj.	having a hole, empty space inside, or indentation on the surface
228.	rest a focus	<i>v</i> .	to change or set something again after an initial failure
229.	hor movie	n.	intense fear or disgust, especially at something shocking or terrifying
230.	g_b an audience	<i>v</i> .	to take hold of something or someone suddenly with a hand, especially in a violent way

ANSWERS: 219. distraught, 220. medical, 221. downstream, 222. philanthropy, 223. reconciliation, 224. define, 225. president, 226. violent, 227. hollow, 228. readjust, 229. horror, 230. grab

231. md my ways	<i>v</i> .	to repair or fix something that is broken or damaged
232. the most amg feeling	adj.	extremely surprising, especially in a way that you like or admire
233. sd castle	n.	finely granulated particles of rock or mineral material typically found along beaches, deserts, or riverbeds; used in construction, landscaping, and other applications requiring drainage or abrasive action
234. dowam processing	adv.	in the direction that a stream or river flows; (adjective) in the direction of a stream's current
235. crle hide	n.	a large, carnivorous reptile with powerful jaws and a long, scaly body; native to tropical regions and often found in rivers and freshwater habitats
236. artistic outng	n.	a sudden and abundant flow or expression of thoughts, feelings, emotion, or information; an overwhelming amount of something expressed in a short period of time
237. frk weather	n.	an abnormality that is not typical or expected
238. crre of habit	n.	a living being, especially an animal
239. a strict vegan	n.	a person who does not eat meat or fish, or often any animal products, for health or religious reasons
240. woolly pas	n.	an item of clothing that covers the lower part of the body and each leg separately, typically with a waistband and two legs

ANSWERS: 231. mend, 232. amazing, 233. sand, 234. downstream, 235. crocodile, 236. outpouring, 237. freak, 238. creature, 239. vegetarian, 240. pants

241. amg advances	adj.	extremely surprising, especially in a way that you like or admire
242. sue a plane crash	v.	to live or exist despite a dangerous event or period
243. vice-prnt for finance	n.	the leader of a republic, for example, the US; the person in charge of the organization such as a company, university, club, etc.
244. exd agricultural output	v.	to increase or to make something greater in size, number, or importance
245. ree CO2 into the air	v.	to set free or allow to escape from confinement
246. tax brt	n.	projecting support or fixture used to attach or bear weight; a small shelf or ledge; a punctuation mark ([]) used to enclose words, numbers, or symbols
247. ane the body	<i>v</i> .	to make something full of interest and energy
248. code with reality	<i>v</i> .	to take place at or near the same time
249. upam direction	adj.	in the direction against a stream's current; (adverb) toward the source or beginning of a stream, river, or process
250. pec exam	adj.	of or relating to the pelvis, the lower part of the trunk of the human body, between the hips
251. mach figure	n.	a woman who is the head of a family or social group; a woman who is the founder or dominant member of a group

ANSWERS: 241. amazing, 242. survive, 243. president, 244. expand, 245. release, 246. bracket, 247. animate, 248. coincide, 249. upstream, 250. pelvic, 251. matriarch

252. envnt affairs	n.	the natural world such as air, water, and land in which humans, animals, and plants live
253. rr children	adj.	at, toward, or near the back part of something; (verb) to look after a child until it is an adult
254. afraid to show emn	n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
255. stht for two months	adj.	extending or moving in one direction without bending or curving; having no deviations
256. kip ties	n.	the state or fact of being related to someone
257. kip relations	n.	the state or fact of being related to someone
258. full of emy	n.	the ability to share another person's feelings or experiences by imagining that person's situation
259. criminal dent	n.	something that prevents or discourages someone from doing something or taking a particular action; a hindrance or obstacle
260. wm noise	n.	a sudden, forceful impact or blow; a loud noise or sound effect used in music or film
261. pH value of seven	n.	a measure of the acidity or alkalinity of a substance, on a scale of 0 to 14, with seven being neutral, lower values indicating greater acidity, and higher values indicating greater alkalinity

ANSWERS: 252. environment, 253. rear, 254. emotion, 255. straight, 256. kinship, 257. kinship, 258. empathy, 259. deterrent, 260. wham, 261. ph

- 262. vul____le parts of the body
- 263. she is ma__c
- 264. a selfish de____on

- adj. capable of being hurt or influenced physically or mentally
- n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
- n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

ANSWERS: 262. vulnerable, 263. magic, 264. decision

Session 3: Fill in the Blanks

1.	We sat around the and told stories late into the night.
n.	an outdoor fire used for cooking, warmth, or light, often made by camping or in rural areas; a gathering or social event around such a fire
2.	She felt a sense of with her new colleagues.
n.	the state or fact of being related to someone
3.	I need to hang these shelves with the help of some sturdy
n.	projecting support or fixture used to attach or bear weight; a small shelf or ledge; a punctuation mark ([]) used to enclose words, numbers, or symbols
4.	I had to through the knee-deep water to get to the other side of the river.
v.	to walk through water that is not deep enough to swim in; to struggle or proceed slowly and laboriously through something, such as a difficult situation or a crowd of people
5.	Children love to play outside in the weather.
adj	characterized by or covered in snow; consisting of or producing snow; often used to describe wintry landscapes or weather conditions
6.	Some are common across cultures and backgrounds.
n.	a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
7.	The region is an important area of the human anatomy.
adj	 of or relating to the pelvis, the lower part of the trunk of the human body, between the hips
AN pel	SWERS: 1. campfire, 2. kinship, 3. brackets, 4. wade, 5. snowy, 6. emotions, 7. vic

8.	The of the family was known for her wisdom and guidance.
n.	a woman who is the head of a family or social group; a woman who is the founder or dominant member of a group
9.	lurked in the grass to catch their prey.
n.	a large wild cat that has yellow-brown fur with black spots and lives in Africa and southern Asia
10.	I am going to trim this off.
n.	a plant growing thickly with many small branches and several stiff stems coming up from the root
11.	The tree cast a over the picnic area, providing relief from the sun.
n.	a dark area or shape cast by an object blocking the passage of light; an area in darkness or shade; a reflected image or copy of something; a person, activity, or influence that follows or accompanies someone or something closely and persistently, often in a secretive or ominous manner
12.	The golfer recorded an distance.
adj	extremely surprising, especially in a way that you like or admire
13.	the bandage tightly around the injured arm.
<i>v</i> .	to cover or enclose something entirely with paper, cloth, or other material
14.	Can you 123321 by eleven?
<i>v</i> .	to separate or cause to separate into parts or groups
15.	The deep sea was unlike anything the scientists had ever seen before.
n.	a living being, especially an animal
	SWERS: 8. matriarch, 9. Leopards, 10. bush, 11. shadow, 12. amazing, 13. Wrap divide, 15. creature

16. T	The of the tree had fallen and blocked the road.
n.	a division of a tree or woody shrub that grows out from the trunk or a main stem; a division of some larger or more complex organization
17. T	The devil is the of wicked ideas.
n.	someone or something that precisely expresses a characteristic or an idea
18. 7	The news of her promotion her.
v.	to make someone feel suddenly enthusiastic or eager
19. V	We were filled with at the sight of the Queen.
n.	the quality or condition of being humble; a low estimate of one's self
20. l	always wear when I go outside, even in the summer.
n.	an item of clothing that covers the lower part of the body and each leg separately, typically with a waistband and two legs
21. 7	The famous restaurant stands up the hill.
adj.	in or at a point midway or an equal distance between two points
	The actress had to hire security to fend off the relentless outside her nome.
n.	(plural of "paparazzo") a group of freelance photographers who doggedly follow, often aggressively, celebrities, public figures, or socialites to take their photographs in the hope of selling them to newspapers, magazines, or media outlets
23. 1	Tech billionaires often spend the majority of their time on
n.	the practice of voluntarily helping the poor, especially by giving money
	WERS: 16. branch, 17. embodiment, 18. excited, 19. humility, 20. pants, 21. vay, 22. paparazzi, 23. philanthropy

ANSWERS: 24. recuperate, 25. interconnect, 26. freak, 27. inspired, 28. shovel, 29. Empathy, 30. mangled, 31. interaction

	Destructive fungi thrive in moist environments, such as those seen in wounds on the
n.	the main stem or body of a tree which its branches grow
33. ⁻	The magician's tricks the audience.
<i>v</i> .	to fill with wonder, surprise, or admiration
34. ⁻	The are on the grassland and grazing.
n.	cows, bulls, and buffalos that are raised for their milk or meat as farm animals
35.	Every human is responsible for taking care of the Earth's
n.	the natural world such as air, water, and land in which humans, animals, and plants live
36.	My home is easily from the shore.
adj.	capable of being seen; or open to easy view
	The birds flew thousands of miles to reach their wintering grounds. relating to or characterized by the movement of individuals or groups from one place to another, often for regular seasonal or environmental reasons
38. ⁻	This has never been formally accepted.
n.	a thing that someone has accomplished, primarily through their effort and ability
39. '	We have finally lost our last
n.	a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
	SWERS: 32. trunk, 33. amazed, 34. cattle, 35. environment, 36. visible, 37. ratory, 38. achievement, 39. prop

ANSWERS: 40. define, 41. grab, 42. deterrent, 43. broadcast, 44. icons, 45. horror, 46. ubuntu, 47. accusation

ANSWERS: 48. expand, 49. ferocity, 50. rear, 51. suits, 52. addition, 53. hollow, 54. reconciliation, 55. ph

adj. land that is saturated with water, either permanently or seasonally, such as

swamps, marshes, and bogs

ANSWERS: 56. decision, 57. accommodates, 58. safari, 59. medicinal, 60. herd, 61. planet, 62. coincide, 63. wetland

64.	The politician gave a speech, but it was full of empty promises.
adj.	smoothly polished and shiny; cleverly and smoothly done; well-organized and efficient
65.	The third was far more successful.
n.	an act or effort of trying to do something, especially something difficult
	The of support from the community was overwhelming after the tragic event.
n.	a sudden and abundant flow or expression of thoughts, feelings, emotion, or information; an overwhelming amount of something expressed in a short period of time
67.	He that would eat the kernel must the nut.
<i>v</i> .	to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
68.	He the torn shirt with a needle and thread.
<i>v</i> .	to repair or fix something that is broken or damaged
69.	The company is investing heavily in research and development.
adj.	in the direction against a stream's current; (adverb) toward the source or beginning of a stream, river, or process
70.	He pieces of rope out of straw.
<i>v</i> .	to bend or turn something into a certain shape
71.	The on the beach was warm and golden.
n.	finely granulated particles of rock or mineral material typically found along beaches, deserts, or riverbeds; used in construction, landscaping, and other applications requiring drainage or abrasive action
	SWERS: 64. slick, 65. attempt, 66. outpouring, 67. crack, 68. mended, 69. tream, 70. twisted, 71. sand

72. He left his wife an fortune. adj. extremely large or great
73. She falls over when she sees her mother-in-law.
adv. at, to, or toward the direction or place that is behind or rear
74 must consider this proposal in an unusual situation.
n. a formal meeting of the representatives of different countries, constituent states, organizations, trade unions, political parties, or other groups
75. The car hit the curb with a loud causing some damage to the tire.
 a sudden, forceful impact or blow; a loud noise or sound effect used in music or film
76. The phone rang at the most time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
77. The chef the eggs perfectly for the benedict breakfast dish.
v. to illegally hunt, fish, or take wildlife from private or protected land or waters without permission; to cook food by gently simmering it in a liquid, often with added spices or seasonings
78. The prime minister faced criticism.
adj. severe and unkind; extremely tough and unpleasant to inhabit
79. She the puppy on the head and gave it a treat.
v. to touch or tap something lightly and usually in a friendly or encouraging manner; to apply or rub lightly and repetitively
ANSWERS: 72. immense, 73. backward, 74. Congress, 75. wham, 76. opportune, 77 poached, 78. harsh, 79. patted

ANSWERS: 80. president, 81. hero, 82. definition, 83. vegetarian, 84. starlight, 85. tragic, 86. survive, 87. nation

ANSWERS: 88. deformity, 89. professional, 90. animated, 91. invention, 92. readjust, 93. promote, 94. reserve, 95. session

ANSWERS: 96. cathedral's, 97. waist, 98. responsible, 99. rolled, 100. surround, 101. rugby, 102. shadowy, 103. essence

104.	He was sick for five days.
adj.	extending or moving in one direction without bending or curving; having no deviations
105.	The doctor was concerned that the patient's fear of germs impacted their daily life.
adj.	relating to or caused by a physical or mental disease or disorder; extreme or abnormal in a way that is harmful or unhealthy
106.	The older man from arthritis and finds it difficult to move around.
<i>v</i> .	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
107.	After receiving the bad news, he was so that he couldn't concentrate on anything else for the rest of the day.
adj.	deeply upset, agitated, or emotionally troubled
108.	The two parties have reached a
n.	general agreement or accord in the judgment or opinion reached by a group as a whole
109.	The volunteer organization is full of people who donate their time to help others.
adj.	having a caring and sympathetic nature; characterized by concern for the well-being and happiness of others
110.	We worked in perfect
n.	the combination of simultaneous musical notes to produce a pleasing effect; an attractive combination of related things and their properties
	SWERS: 104. straight, 105. pathological, 106. suffers, 107. distraught, 108. sensus, 109. kind-hearted, 110. harmony

111.	He became that he was being followed.
adj.	being aware of and able to respond to what is happening around you
112.	He drinks an amount of beer.
adj.	beyond belief or understanding and extremely surprising
113.	She tried to out the gum that she had been chewing.
<i>v</i> .	to eject saliva or other liquid from the mouth
114.	Infants and pregnant women are particularly
adj.	capable of being hurt or influenced physically or mentally
115.	The era of the industrial revolution was a crucial of history.
n.	any stage in a series of events, change, or development
116.	The animal rights group worked to the dolphins back into the wild.
<i>v</i> .	to set free or allow to escape from confinement
117.	She had a master's degree in
n.	the scientific study of mind and behavior
118.	His pleasant face turned cold in an
adj.	happening immediately, with no delay
119.	Human conservation efforts often fail unexpectedly because they disturb the balance of the
n.	all the plants and living creatures in an area and the way they affect each other and the environment
	WERS: 111. conscious, 112. unbelievable, 113. spit, 114. vulnerable, 115. se, 116. release, 117. psychology, 118. instant, 119. ecosystem

120.	He decided to his investment portfolio, shifting from stocks to bonds.
v.	to turn something upside down, inside out; to reverse the position, order, or relationship of something
121.	Her response revealed idiocy.
adj.	unbelievable; enormous
122.	The boat drifted and was carried away by the current.
adv.	in the direction that a stream or river flows; (adjective) in the direction of a stream's current
123.	He performed tricks with sophisticated moves.
n.	beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
124.	The judge sentenced him to five years of for embezzlement.
n.	the state of being confined in prison or jail
125.	We must a new system to streamline our workflow and increase efficiency.
<i>v</i> .	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
126.	The protesters became when the police tried to disperse them.
adj.	involving or caused by physical force or aggression against someone or something
127.	We are responsible for the care and of all our employees.
n.	the state of being happy and healthy and prosperous
	WERS: 120. invert, 121. incredible, 122. downstream, 123. magic, 124. rceration, 125. develop, 126. violent, 127. well-being

128.	The team worked quickly to save the patient's life.
adj.	relating to the treatment of illness or injuries; relating to the practice of medicine
	The cliff made it difficult to climb.
adj.	having a sharp inclination or slope
130.	The attack left the villagers in a state of shock and fear
n.	a large, carnivorous reptile with powerful jaws and a long, scaly body; native to tropical regions and often found in rivers and freshwater habitats
131.	The minority believed in a set of unconventional religious practices.
n.	a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
132.	The penny fell the piano.
adv.	under or below something else

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ANSWERS: 128. medical, 129. steep, 130. crocodile, 131. sect, 132. underneath