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Khadija Gbla: My mother's strange definition of empowerment | TED Talk

https://www.ted.com/talks/khadija_gbla_my_mother_s_strange_definition_of_empowerment

Advanced Words Only

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Session 1: Word List

genital

adj. of or relating to the external and internal reproductive organs

synonym : reproductive, genetic, sexual

(1) **genital** bleeding, (2) pain in the **genital** area

The **genital** organs of the human body are necessary for reproduction.

mutilation

n. the act of severely damaging or injuring a person's body or body part, particularly through cutting or disfiguring; the condition of being so damaged or disfigured

synonym : disfigurement, dismemberment, amputation

(1) **mutilation** crime, (2) physical **mutilation**

The **mutilation** of the artwork was a devastating loss for the artist.

Ebola

n. a highly contagious and often fatal viral disease that causes severe fever and internal bleeding, primarily occurring in remote areas of Central and West Africa

synonym : viral hemorrhagic fever, EVD

(1) **Ebola** epidemic, (2) **Ebola** virus

The **Ebola** outbreak in West Africa caused widespread panic and fear.

- hut** *n.* a small, simple, and often crude shelter or dwelling, typically made of natural materials such as wood or mud
synonym : shack, cabin, cottage
(1) shepherd's **hut**, (2) fishing **hut**
The little girl lived in a small **hut** in the woods with her family.
- confuse** *v.* to mistake one thing for another; to make somebody hard to understand
synonym : confound, obscure, disorient
(1) **confuse** the listener, (2) **confuse** fantasy with reality
Her remarks **confused** the debate.
- rusty** *adj.* covered with rust (= a reddish-brown coating or corrosion layer); deteriorated or corroded due to lack of use or exposure to the elements; affected by disuse or neglect
synonym : corroded, oxidized, weathered
(1) **rusty** metal, (2) **rusty** nail
The **rusty** gate creaked loudly as it opened.
- disgust** *n.* a strong feeling of dislike or disapproval
synonym : nauseate, hate, dislike
(1) public **disgust**, (2) show **disgust** at his actions
He was filled with **disgust** and fear for the threat of war.
- multicultural** *adj.* relating to or characterized by several cultures (= beliefs, languages, customs, traditions, etc.)
synonym : diverse, varied, inclusive
(1) **multicultural** society, (2) **multicultural** education
The school is known for its **multicultural** student body.
- labia** *n.* the external folds of skin that surround the openings of the female genitalia, specifically the vulva
synonym : lip, rim
(1) **labial** piercing, (2) **labial** melanosis
Some women choose to have **labial** reduction surgery for medical or aesthetic reasons.

sew

v. to join, fasten, or repair two pieces of something by putting the thread through them with a needle

synonym: stitch, darn, tailor

(1) **sew** with thread, (2) **sew** a button

My mother taught me how to **sew**.

amnesia

n. a condition in which a person is unable to remember things, often as a result of brain damage, shock, or illness

synonym: forgetfulness, blackout, memory loss

(1) childhood **amnesia**, (2) **amnesia** by trauma

The accident caused her to suffer from temporary **amnesia**, and she couldn't remember anything that happened before the collision.

recollection

n. the act of remembering or the state of being remembered

synonym: memory, reminiscence, remembrance

(1) a vague **recollection**, (2) **recollection** of a traumatic event

The older man's **recollections** of his youth were filled with stories of adventure and romance.

scar

n. a mark that remains on the skin after a wound has healed

synonym: blemish, imperfection, blotch

(1) burn **scar**, (2) carry a **scar**

Even after the wound has healed, a **scar** remains.

barbaric

adj. characterized by extreme cruelty or brutal violence; resembling the behaviors or practices of a barbarian or uncivilized society

synonym: savage, cruel, primitive

(1) **barbaric** treatment, (2) **barbaric** act

The **barbaric** practice of gladiator fighting was popular in ancient Rome.

circumcise

v. to remove the foreskin of a male's penis, often as a religious or cultural ritual

synonym: cut, remove, excise

(1) **circumcise** a newborn, (2) **circumcise** a child

It is common in some cultures to **circumcise** infant boys as a rite of passage.

mutilate

v. to cause severe damage, disfigurement, or injury, usually to a person or an animal; to destroy, alter, or damage something severely or irreparably

synonym: maim, disfigure, deform

(1) **mutilate** a document, (2) **mutilate** a body

It is cruel for anyone to **mutilate** an animal for any reason.

empower

v. to give someone the power or authority to do something

synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

itch

v. to have an uncomfortable feeling on the skin that makes you want to scratch it

synonym: scratch, tingle, irritate

(1) **itch** constantly, (2) **itch** to speak

I can't stop **itching** my arm because of the mosquito bite.

sect

n. a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream

synonym: group, faction, cult

(1) **sect** beliefs, (2) secret **sect**

The minority **sect** believed in a set of unconventional religious practices.

moan

v. to make a low, prolonged sound of pain, grief, or sexual pleasure; to complain about something

synonym : groan, sigh, lament

(1) **moan** the current situation, (2) **moan** with pleasure
She **moaned** in pain as the doctor examined her injury.

invade

v. to enter aggressively into another's territory by military force for conquest and occupation

synonym : intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy
I have no intention to **invade** your privacy.

clitoral

adj. relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure

synonym : vaginal, vulval, genital

(1) **clitoral** hood, (2) **clitoral** orgasm

Some women report increased sexual pleasure from **clitoral** stimulation.

asexual

adj. lacking sexual organs or characteristics; not involving or characterized by sexual activity; neither male nor female in gender identity; not operating in a sexual manner or with sexual connotations

synonym : neutral, sexless, unisex

(1) **asexual** community, (2) **asexual** individual

Asexual reproduction is a common trait found in certain species of plants and animals.

unanswered

adj. not responded to or explained

synonym : ignored, unrequited, undecided

(1) **unanswered** love, (2) **unanswered** e-mail

Pardon me for leaving some of your questions **unanswered**.

fibroid

n. a benign tumor that grows inside or on the walls of the uterus or other smooth muscle tissue, typically composed of fibrous connective tissue

synonym : tumor, growth, cyst

(1) uterine **fibroid**, (2) **fibroid** growth

The doctor found multiple **fibroids** during the patient's

ultrasound examination.

ovary

n. either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower

(1) **ovary** atrophy, (2) salted **ovary** of walleye pollack

They found **ovary** cancer in an early stage.

infertile

adj. unable to grow crops or sustain life; not able to produce offspring or offspring that are viable

synonym: barren, sterile, unproductive

(1) **infertile** woman, (2) **infertile** land

The soil in the desert is **infertile**, making it difficult to grow crops.

incontinence

n. the involuntary leakage of urine or feces from the body

synonym: leakage, urinary incontinence, fecal incontinence

(1) urinary **incontinence**, (2) fecal **incontinence**

The elderly patient is experiencing **incontinence** and requires assistance with toileting.

Session 2: Spelling

- | | |
|-------------------------|--|
| 1. physical mut_____on | <i>n.</i> the act of severely damaging or injuring a person's body or body part, particularly through cutting or disfiguring; the condition of being so damaged or disfigured |
| 2. in___e other tissues | <i>v.</i> to enter aggressively into another's territory by military force for conquest and occupation |
| 3. ru__y metal | <i>adj.</i> covered with rust (= a reddish-brown coating or corrosion layer); deteriorated or corroded due to lack of use or exposure to the elements; affected by disuse or neglect |
| 4. fishing h_t | <i>n.</i> a small, simple, and often crude shelter or dwelling, typically made of natural materials such as wood or mud |
| 5. am_____a by trauma | <i>n.</i> a condition in which a person is unable to remember things, often as a result of brain damage, shock, or illness |
| 6. la__al piercing | <i>n.</i> the external folds of skin that surround the openings of the female genitalia, specifically the vulva |
| 7. una_____ed love | <i>adj.</i> not responded to or explained |
| 8. Eb__a virus | <i>n.</i> a highly contagious and often fatal viral disease that causes severe fever and internal bleeding, primarily occurring in remote areas of Central and West Africa |

ANSWERS: 1. mutilation, 2. invade, 3. rusty, 4. hut, 5. amnesia, 6. labia, 7. unanswered, 8. Ebola

9. mul_____ral society *adj.* relating to or characterized by several cultures (= beliefs, languages, customs, traditions, etc.)
10. una_____ed e-mail *adj.* not responded to or explained
11. as_____l community *adj.* lacking sexual organs or characteristics; not involving or characterized by sexual activity; neither male nor female in gender identity; not operating in a sexual manner or with sexual connotations
12. salted ov__y of walleye pollack *n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower
13. cir_____se a newborn *v.* to remove the foreskin of a male's penis, often as a religious or cultural ritual
14. la__al melanosis *n.* the external folds of skin that surround the openings of the female genitalia, specifically the vulva
15. as_____l individual *adj.* lacking sexual organs or characteristics; not involving or characterized by sexual activity; neither male nor female in gender identity; not operating in a sexual manner or with sexual connotations
16. fi_____d growth *n.* a benign tumor that grows inside or on the walls of the uterus or other smooth muscle tissue, typically composed of fibrous connective tissue

ANSWERS: 9. multicultural, 10. unanswered, 11. asexual, 12. ovary, 13. circumcise, 14. labia, 15. asexual, 16. fibroid

17. co____e the listener *v.* to mistake one thing for another; to make somebody hard to understand
18. burn s__r *n.* a mark that remains on the skin after a wound has healed
19. m__n the current situation *v.* to make a low, prolonged sound of pain, grief, or sexual pleasure; to complain about something
20. em____r my life *v.* to give someone the power or authority to do something
21. secret s__t *n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
22. shepherd's h_t *n.* a small, simple, and often crude shelter or dwelling, typically made of natural materials such as wood or mud
23. m__n with pleasure *v.* to make a low, prolonged sound of pain, grief, or sexual pleasure; to complain about something
24. rec_____ion of a traumatic event *n.* the act of remembering or the state of being remembered
25. cir_____se a child *v.* to remove the foreskin of a male's penis, often as a religious or cultural ritual
26. pain in the ge____l area *adj.* of or relating to the external and internal reproductive organs
27. mut_____on crime *n.* the act of severely damaging or injuring a person's body or body part, particularly through cutting or disfiguring; the condition of being so damaged or disfigured

ANSWERS: 17. confuse, 18. scar, 19. moan, 20. empower, 21. sect, 22. hut, 23. moan, 24. recollection, 25. circumcise, 26. genital, 27. mutilation

28. ov__y atrophy *n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower
29. i__h to speak *v.* to have an uncomfortable feeling on the skin that makes you want to scratch it
30. in_____le woman *adj.* unable to grow crops or sustain life; not able to produce offspring or offspring that are viable
31. mu_____te a body *v.* to cause severe damage, disfigurement, or injury, usually to a person or an animal; to destroy, alter, or damage something severely or irreparably
32. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
33. Eb__a epidemic *n.* a highly contagious and often fatal viral disease that causes severe fever and internal bleeding, primarily occurring in remote areas of Central and West Africa
34. i__h constantly *v.* to have an uncomfortable feeling on the skin that makes you want to scratch it
35. mul_____ral education *adj.* relating to or characterized by several cultures (= beliefs, languages, customs, traditions, etc.)
36. cl_____al hood *adj.* relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure
37. s_w with thread *v.* to join, fasten, or repair two pieces of something by putting the thread through them with a needle

ANSWERS: 28. ovary, 29. itch, 30. infertile, 31. mutilate, 32. empower, 33. Ebola, 34. itch, 35. multicultural, 36. clitoral, 37. sew

38. ge____l bleeding *adj.* of or relating to the external and internal reproductive organs
39. a vague rec____ion *n.* the act of remembering or the state of being remembered
40. show di____t at his actions *n.* a strong feeling of dislike or disapproval
41. co____e fantasy with reality *v.* to mistake one thing for another; to make somebody hard to understand
42. childhood am____a *n.* a condition in which a person is unable to remember things, often as a result of brain damage, shock, or illness
43. ba____ic treatment *adj.* characterized by extreme cruelty or brutal violence; resembling the behaviors or practices of a barbarian or uncivilized society
44. carry a s__r *n.* a mark that remains on the skin after a wound has healed
45. in___e his privacy *v.* to enter aggressively into another's territory by military force for conquest and occupation
46. cl____al orgasm *adj.* relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure
47. uterine fi____d *n.* a benign tumor that grows inside or on the walls of the uterus or other smooth muscle tissue, typically composed of fibrous connective tissue
48. ba____ic act *adj.* characterized by extreme cruelty or brutal violence; resembling the behaviors or practices of a barbarian or uncivilized society

ANSWERS: 38. genital, 39. recollection, 40. disgust, 41. confuse, 42. amnesia, 43. barbaric, 44. scar, 45. invade, 46. clitoral, 47. fibroid, 48. barbaric

49. public di____t *n.* a strong feeling of dislike or disapproval
50. urinary inc_____nce *n.* the involuntary leakage of urine or feces from the body
51. mu_____te a document *v.* to cause severe damage, disfigurement, or injury, usually to a person or an animal; to destroy, alter, or damage something severely or irreparably
52. s_w a button *v.* to join, fasten, or repair two pieces of something by putting the thread through them with a needle
53. fecal inc_____nce *n.* the involuntary leakage of urine or feces from the body
54. s__t beliefs *n.* a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
55. ru__y nail *adj.* covered with rust (= a reddish-brown coating or corrosion layer); deteriorated or corroded due to lack of use or exposure to the elements; affected by disuse or neglect
56. in_____le land *adj.* unable to grow crops or sustain life; not able to produce offspring or offspring that are viable

ANSWERS: 49. disgust, 50. incontinence, 51. mutilate, 52. sew, 53. incontinence, 54. sect, 55. rusty, 56. infertile

Session 3: Fill in the Blanks

1. She _____ in pain as the doctor examined her injury.
 - v.* to make a low, prolonged sound of pain, grief, or sexual pleasure; to complain about something

2. I have no intention to _____ your privacy.
 - v.* to enter aggressively into another's territory by military force for conquest and occupation

3. The _____ outbreak in West Africa caused widespread panic and fear.
 - n.* a highly contagious and often fatal viral disease that causes severe fever and internal bleeding, primarily occurring in remote areas of Central and West Africa

4. The _____ practice of gladiator fighting was popular in ancient Rome.
 - adj.* characterized by extreme cruelty or brutal violence; resembling the behaviors or practices of a barbarian or uncivilized society

5. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
 - v.* to give someone the power or authority to do something

6. The accident caused her to suffer from temporary _____ and she couldn't remember anything that happened before the collision.
 - n.* a condition in which a person is unable to remember things, often as a result of brain damage, shock, or illness

7. The _____ organs of the human body are necessary for reproduction.
 - adj.* of or relating to the external and internal reproductive organs

ANSWERS: 1. moaned, 2. invade, 3. Ebola, 4. barbaric, 5. empowered, 6. amnesia, 7. genital

8. Some women choose to have _____ reduction surgery for medical or aesthetic reasons.
- n.* the external folds of skin that surround the openings of the female genitalia, specifically the vulva
9. Pardon me for leaving some of your questions _____.
- adj.* not responded to or explained
10. Her remarks _____ the debate.
- v.* to mistake one thing for another; to make somebody hard to understand
11. The elderly patient is experiencing _____ and requires assistance with toileting.
- n.* the involuntary leakage of urine or feces from the body
12. The older man's _____ of his youth were filled with stories of adventure and romance.
- n.* the act of remembering or the state of being remembered
13. It is common in some cultures to _____ infant boys as a rite of passage.
- v.* to remove the foreskin of a male's penis, often as a religious or cultural ritual
14. The _____ gate creaked loudly as it opened.
- adj.* covered with rust (= a reddish-brown coating or corrosion layer); deteriorated or corroded due to lack of use or exposure to the elements; affected by disuse or neglect
15. It is cruel for anyone to _____ an animal for any reason.
- v.* to cause severe damage, disfigurement, or injury, usually to a person or an animal; to destroy, alter, or damage something severely or irreparably

ANSWERS: 8. labial, 9. unanswered, 10. confused, 11. incontinence, 12. recollections, 13. circumcise, 14. rusty, 15. mutilate

16. Some women report increased sexual pleasure from _____ stimulation.
adj. relating to or involving the clitoris, a sensitive organ in female sexual anatomy that is key to sexual pleasure
17. The little girl lived in a small ____ in the woods with her family.
n. a small, simple, and often crude shelter or dwelling, typically made of natural materials such as wood or mud
18. Even after the wound has healed, a _____ remains.
n. a mark that remains on the skin after a wound has healed
19. The minority _____ believed in a set of unconventional religious practices.
n. a group of people who follow a particular religious or philosophical belief system, especially one that is regarded as outside the norm or mainstream
20. _____ reproduction is a common trait found in certain species of plants and animals.
adj. lacking sexual organs or characteristics; not involving or characterized by sexual activity; neither male nor female in gender identity; not operating in a sexual manner or with sexual connotations
21. My mother taught me how to _____.
v. to join, fasten, or repair two pieces of something by putting the thread through them with a needle
22. I can't stop _____ my arm because of the mosquito bite.
v. to have an uncomfortable feeling on the skin that makes you want to scratch it
23. The soil in the desert is _____ making it difficult to grow crops.
adj. unable to grow crops or sustain life; not able to produce offspring or offspring that are viable

ANSWERS: 16. clitoral, 17. hut, 18. scar, 19. sect, 20. Asexual, 21. sew, 22. itching, 23. infertile,

24. The _____ of the artwork was a devastating loss for the artist.
- n.* the act of severely damaging or injuring a person's body or body part, particularly through cutting or disfiguring; the condition of being so damaged or disfigured
25. He was filled with _____ and fear for the threat of war.
- n.* a strong feeling of dislike or disapproval
26. The school is known for its _____ student body.
- adj.* relating to or characterized by several cultures (= beliefs, languages, customs, traditions, etc.)
27. The doctor found multiple _____ during the patient's ultrasound examination.
- n.* a benign tumor that grows inside or on the walls of the uterus or other smooth muscle tissue, typically composed of fibrous connective tissue
28. They found _____ cancer in an early stage.
- n.* either of the pair of organs in the female reproductive system that produces eggs; (of a plant) the organ that bears the ovules of a flower

ANSWERS: 24. mutilation, 25. disgust, 26. multicultural, 27. fibroids, 28. ovary