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Vocabulary Builder Reference from...

Eric Dishman: Health care should be a team sport |

TED Talk

https://www.ted.com/talks/eric_dishman_health_care

_should_be_a_team_sport



Advanced Words Only

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Session 1: Word List

reinvent

v. to change something so drastically that it looks to be completely new

synonym: recreate, remake, revive

(1) **reinvent** local dishes, (2) **reinvent** our life They have tried to **reinvent** their grocery stores.

tribulate

v. to cause someone to undergo severe hardship or distress; to afflict; to troubles; to suffer

synonym: afflict, trouble, suffer

(1) was **tribulated** by war, (2) **tribulate** villagers

She had to **tribulate** through many difficulties to achieve her goal.

doomsday

 n. the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event

synonym: Day of Judgment, Last Judgement

(1) **doomsday** scenario, (2) economic **doomsday**This task is going to take me till **doomsday**.

proclamation

n. an official announcement or statementsynonym: announcement, declamation, edict

(1) proclamation of innocence, (2) nullify a proclamation

The king made a **proclamation** declaring war on the neighboring country.

guesswork

 the act or process of making an estimate or speculation based on incomplete or uncertain information; conjecture or supposition

synonym: speculation, conjecture, estimation

(1) pure **guesswork**, (2) rely on **guesswork**Making decisions based on **guesswork** can lead to costly mistakes.

entail

- to involve or require something as necessary,
 particularly as a consequence of a particular situation or action; to impose a burden or restriction on something
- synonym: involve, necessitate, require
- entail legal consequences, (2) entail risks
 fob offer entails a lot of responsibility and hard work.

wardrobe

 a collection or set of clothing, especially for a particular occasion or purpose; a piece of furniture designed for storing clothes or personal belongings

synonym: clothing, attire, closet

(1) walk-in wardrobe, (2) minimalist wardrobe
Her wardrobe selection included several pieces from high-end designer brands.

malfunction

v. to fail to operate or work properly; to break down or stop functioning as expected or intended; (noun) a failure or defect in the way a machine, system, or device is supposed to operate

synonym: misfunction, break down, fail

(1) **malfunction** alarm, (2) **malfunction** and start moving unpredictably

The car's engine **malfunctioned** on the highway, so we had to call for a tow truck.

smartphone

- a mobile phone that functions as a computer and connects to the Internet
- (1) **smartphone** app developer, (2) **smartphone** addict Internet traffic volumes have increased significantly with the advent of **smartphones**.

bleach

v. to remove color or stains, whiten, or sterilize using a solution of chemicals or other substances, such as bleach

synonym: whiten, lighten, blanch

(1) bleach stains, (2) bleach hair

I need to **bleach** this shirt to remove the stains.

mischief

 playful, minor actions or behavior intended to cause harm, trouble, or annoyance; mischievous behavior that is not intended to cause harm or damage

synonym: impishness, malice, prank

(1) playful **mischief**, (2) malicious **mischief**

The dog's **mischief** led to the destruction of the living room furniture.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark The phone rang at the most **opportune** time.

biopsy

n. the process of removing and examining tissue from the body of the sick person to determine the existence or cause of a disease

synonym: examination, autopsy

(1) biopsy of bone marrow, (2) liquid biopsy

The doctor performed an excisional breast **biopsy**.

disrupt

v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

synonym: interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep I'm so sorry to **disrupt** you when you're pretty busy.

tether

to tie or secure an animal, person, or object with a rope, ν. chain, or other similar devices to prevent it from moving too far away; (noun) a rope or chain used to tie up or restrain an animal, such as a horse or dog

synonym: tie, fasten, secure

(1) **tether** a horse, (2) **tether** strap

The hiker **tethered** their dog to a tree while they camped for the night.

clinician

a practitioner, especially of medicine or psychology, who has direct contact with patients

synonym: psychiatrist, therapist, doctor

- (1) experienced clinician, (2) from a clinician's perspective Some **clinicians** believe that psychological characteristics alone may cause mental disorders.
- a mixture of cement, sand, and water used for binding building materials together; a heavy, deep bowl used to pound or grind substances

synonym: howitzer, cement mixer, masonry tool

(1) mortar joints, (2) apply mortar

The bricklayer started on the second course of bricks, laying them in fresh mortar.

superbug

a strain of bacteria that is resistant to multiple types of antibiotics, making it difficult or impossible to treat with traditional medications

synonym: super bacteria, antibiotic-resistant bacteria

(1) **superbug** outbreak, (2) **superbug** infection The hospital is battling a **superbug** that is resistant to antibiotics.

mortar

infect

 to affect a person, an animal, or a plant with a disease-causing organism

synonym: pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

multidisciplinary

adj. integrating or involving various academic fields or different skills in a topic or problem-solving approachsynonym: integrative, interdisciplinary

(1) multidisciplinary project, (2) multidisciplinary analysis He adopted a multidisciplinary research approach to unravel complex phenomena.

uncoordinated

adj. lacking coordination or control; awkward or clumsysynonym: awkward, clumsy, ungainly

(1) an **uncoordinated** toddler, (2) in an **uncoordinated** fashion

The **uncoordinated** movements of the robot made it difficult to complete the task.

palpitation

- n. a rapid, irregular, or forceful beating of the heart; a sensation of the heart beating abnormally or irregularly synonym: flutter, pulsation, throb
- (1) irregular **palpitation**, (2) anxiety **palpitations**She experienced **palpitations** and had to go to the hospital for tests.

frightening

adj. causing fear or alarm, or very surprising and alarmingsynonym: scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience The news of the pandemic was a **frightening** reminder of the fragility of human health.

weep

v. to cry tears because of sadness, rage, or pain synonym: cry, sob, mourn

(1) **weep** bitter tears, (2) **weep** for joy

I'm easily moved to tears, so I would **weep** in sympathy if I saw that movie.

offload

 to transfer the responsibility or burden of something or someone to another person or group; to unload or discharge goods or cargo from a vehicle or ship

synonym: unload, transfer, delegate

(1) offload the van, (2) offload freight

They **offloaded** the cargo from the ship to the dock.

romanticize

v. to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way

synonym: idealize, glorify, sentimentalize

- (1) **romanticize** the past, (2) **romanticize** the idea of love It is easy to **romanticize** a new job or opportunity, but it is important to remain objective and realistic about the challenges that come with it
- an object from a previous era, especially one of historical value

synonym: whiff, vestige, antique

(1) historical relic, (2) holy relics

This bronze sword is a **relic** of ancient times.

improvisation

relic

 the act of making something up on the spot or creating or performing something without preparation

synonym: spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation** He created a beautiful piece of music using only **improvisation**.

longevity

 the property of being long-lived; significant duration of service

synonym: seniority, endurance

(1) **longevity** crisis, (2) **longevity** genes He is proud of the **longevity** of the business.

guinea

 a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic

synonym: coin, money, currency

(1) guinea coins, (2) guinea pig

The cost of the antique vase is three **guineas**.

medicinal

adj. of or relating to the treatment or cure of diseasesynonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**The **medicinal** properties of this herb have been known to help with various ailments.

mainframe

- a large and powerful computer with a lot of memory used primarily by large organizations for critical applications
- (1) **mainframe** computer, (2) **mainframe** operating system IBM has consistently been a significant supplier of **mainframes** for a long time.

caregiving

the act of providing care and support for someone who
is ill, disabled, or elderly

synonym: nurturing, caring, assisting

(1) **caregiving** process, (2) **caregiving** responsibilities She devoted her life to **caregiving**, looking after her aging parents.

laparoscopy

n. a surgical procedure that involves the insertion of a thin, lighted instrument called a laparoscope through a small incision in the abdomen, allowing doctors to examine and diagnose internal organs or perform minimally invasive surgeries

synonym: endoscopy, keyhole surgery

(1) laparoscopy surgery, (2) diagnostic laparoscopy

A small camera is inserted into the abdomen during the **laparoscopy** procedure to visualize the internal organs.

scar

 a mark that remains on the skin after a wound has healed

synonym: blemish, imperfection, blotch

(1) burn scar, (2) carry a scar

Even after the wound has healed, a **scar** remains.

abdomen

n. the part of the body between the chest and pelvis that contains the stomach, intestines, liver, pancreas, and other organs; the posterior part of an insect's body, typically divided into segments

synonym: belly, gut, tummy

(1) abdomen pain, (2) insect abdomen

The weightlifter used his strong **abdomen** muscles to lift the heavy barbell.

trite

adj. lacking originality or freshness; overused, common, or clichéd; lacking in depth or significance due to being overly familiar or predictable

synonym: clichéd, banal, overused

(1) trite joke, (2) trite melody

The speaker's speech was full of **trite** phrases and platitudes.

Session 2: Spelling

1.	malicious mief	n.	playful, minor actions or behavior intended to cause harm, trouble, or annoyance; mischievous behavior that is not intended to cause harm or damage
2.	suug outbreak	n.	a strain of bacteria that is resistant to multiple types of antibiotics, making it difficult or impossible to treat with traditional medications
3.	from a clan's perspective	n.	a practitioner, especially of medicine or psychology, who has direct contact with patients
4.	carng responsibilities	n.	the act of providing care and support for someone who is ill, disabled, or elderly
5.	carng process	n.	the act of providing care and support for someone who is ill, disabled, or elderly
6.	int a computer with a virus	<i>v</i> .	to affect a person, an animal, or a plant with a disease-causing organism
7.	mame computer	n.	a large and powerful computer with a lo of memory used primarily by large organizations for critical applications
8.	enl legal consequences	ν.	to involve or require something as necessary, particularly as a consequence of a particular situation or action; to impose a burden or restriction on something
9.	dit a well-ordered condition	ν.	to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

ANSWERS: 1. mischief, 2. superbug, 3. clinician, 4. caregiving, 5. caregiving, 6. infect, 7. mainframe, 8. entail, 9. disrupt

10. holy recs	n.	an object from a previous era, especially one of historical value
11. proion of innocence	n.	an official announcement or statement
12. romze the past	ν.	to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way
13. opne occasion	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
14. historical rec	n.	an object from a previous era, especially one of historical value
15. ofd freight	v.	to transfer the responsibility or burden of something or someone to another person or group; to unload or discharge goods or cargo from a vehicle or ship
16. liquid biy	n.	the process of removing and examining tissue from the body of the sick person to determine the existence or cause of a disease
17. rely on gurk	n.	the act or process of making an estimate or speculation based on incomplete or uncertain information; conjecture or supposition
18. gua pig	n.	a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic

а

ANSWERS: 10. relic, 11. proclamation, 12. romanticize, 13. opportune, 14. relic, 15. offload, 16. biopsy, 17. guesswork, 18. guinea

19.	burn sr	n.	a mark that remains on the skin after a wound has healed
20.	suug infection	n.	a strain of bacteria that is resistant to multiple types of antibiotics, making it difficult or impossible to treat with traditional medications
21.	tre melody	adj.	lacking originality or freshness; overused, common, or clichéd; lacking in depth or significance due to being overly familiar or predictable
22.	malon alarm	v.	to fail to operate or work properly; to break down or stop functioning as expected or intended; (noun) a failure or defect in the way a machine, system, or device is supposed to operate
23.	insect abn	n.	the part of the body between the chest and pelvis that contains the stomach, intestines, liver, pancreas, and other organs; the posterior part of an insect's body, typically divided into segments
24.	mulary project	adj.	integrating or involving various academic fields or different skills in a topic or problem-solving approach
25.	diagnostic lappy	n.	a surgical procedure that involves the insertion of a thin, lighted instrument called a laparoscope through a small incision in the abdomen, allowing doctors to examine and diagnose internal organs or perform minimally

ANSWERS: 19. scar, 20. superbug, 21. trite, 22. malfunction, 23. abdomen, 24. multidisciplinary, 25. laparoscopy

invasive surgeries

26.	an opne remark	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
27.	smane app developer	n.	a mobile phone that functions as a computer and connects to the Internet
28.	smane addict	n.	a mobile phone that functions as a computer and connects to the Internet
29.	an uncted toddler	adj.	lacking coordination or control; awkward or clumsy
30.	biy of bone marrow	n.	the process of removing and examining tissue from the body of the sick person to determine the existence or cause of a disease
31.	wp for joy	<i>v</i> .	to cry tears because of sadness, rage, or pain
32.	in an uncted fashion	adj.	lacking coordination or control; awkward or clumsy
33.	playful mief	n.	playful, minor actions or behavior intended to cause harm, trouble, or annoyance; mischievous behavior that is not intended to cause harm or damage
34.	meal chemistry	adj.	of or relating to the treatment or cure of disease
35.	loty genes	n.	the property of being long-lived; significant duration of service
36.	dit sleep	v.	to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

ANSWERS: 26. opportune, 27. smartphone, 28. smartphone, 29. uncoordinated, 30. biopsy, 31. weep, 32. uncoordinated, 33. mischief, 34. medicinal, 35. longevity, 36. disrupt

37. mal____on and start moving to fail to operate or work properly; to ν. break down or stop functioning as unpredictably expected or intended; (noun) a failure or defect in the way a machine, system, or device is supposed to operate a collection or set of clothing, especially 38. walk-in wa____be n. for a particular occasion or purpose; a piece of furniture designed for storing clothes or personal belongings 39. ab____n pain the part of the body between the chest and pelvis that contains the stomach, intestines, liver, pancreas, and other organs; the posterior part of an insect's body, typically divided into segments a mixture of cement, sand, and water 40. apply mo r n. used for binding building materials together; a heavy, deep bowl used to pound or grind substances 41. in t other animal species to affect a person, an animal, or a plant ν. with a disease-causing organism adj. lacking originality or freshness; 42. tr e joke overused, common, or clichéd; lacking in depth or significance due to being overly familiar or predictable to tie or secure an animal, person, or 43. te___r a horse object with a rope, chain, or other similar devices to prevent it from moving too far away; (noun) a rope or chain used to tie up or restrain an animal, such as a horse or dog

ANSWERS: 37. malfunction, 38. wardrobe, 39. abdomen, 40. mortar, 41. infect, 42. trite, 43. tether

44.	economic doay	n.	the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event
45.	rent local dishes	<i>v</i> .	to change something so drastically that it looks to be completely new
46.	fring experience	adj.	causing fear or alarm, or very surprising and alarming
47.	traditional meal	adj.	of or relating to the treatment or cure of disease
48.	was trted by war	ν.	to cause someone to undergo severe hardship or distress; to afflict; to troubles; to suffer
49.	blh stains	ν.	to remove color or stains, whiten, or sterilize using a solution of chemicals or other substances, such as bleach
50.	ofd the van	<i>v</i> .	to transfer the responsibility or burden of something or someone to another person or group; to unload or discharge goods or cargo from a vehicle or ship
51.	ter strap	ν.	to tie or secure an animal, person, or object with a rope, chain, or other similar devices to prevent it from moving too far away; (noun) a rope or chain used to tie up or restrain an animal, such as a horse or dog
52.	romze the idea of love	ν.	to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way

ANSWERS: 44. doomsday, 45. reinvent, 46. frightening, 47. medicinal, 48. tribulate, 49. bleach, 50. offload, 51. tether, 52. romanticize

53.	mul	_ary analysis	adj.	integrating or involving various academic fields or different skills in a topic or problem-solving approach
54.	blh hair		ν.	to remove color or stains, whiten, or sterilize using a solution of chemicals or other substances, such as bleach
55.	anxiety pal	_ons	n.	a rapid, irregular, or forceful beating of the heart; a sensation of the heart beating abnormally or irregularly
56.	jazz imp	ion	n.	the act of making something up on the spot or creating or performing something without preparation
57.	enI risks		v.	to involve or require something as necessary, particularly as a consequence of a particular situation or action; to impose a burden or restriction on something
58.	carry a sr		n.	a mark that remains on the skin after a wound has healed
59.	gua coins		n.	a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
60.	loty crisis		n.	the property of being long-lived; significant duration of service
61.	pure gurk		n.	the act or process of making an estimate or speculation based on incomplete or uncertain information; conjecture or supposition

ANSWERS: 53. multidisciplinary, 54. bleach, 55. palpitation, 56. improvisation, 57. entail, 58. scar, 59. guinea, 60. longevity, 61. guesswork

62.	experienced clan	n.	a practitioner, especially of medicine or psychology, who has direct contact with patients
63.	doay scenario	n.	the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event
64.	rent our life	<i>v</i> .	to change something so drastically that it looks to be completely new
65.	mor joints	n.	a mixture of cement, sand, and water used for binding building materials together; a heavy, deep bowl used to pound or grind substances
66.	wp bitter tears	v.	to cry tears because of sadness, rage, or pain
67.	trte villagers	v.	to cause someone to undergo severe hardship or distress; to afflict; to troubles; to suffer
68.	minimalist wabe	n.	a collection or set of clothing, especially for a particular occasion or purpose; a piece of furniture designed for storing clothes or personal belongings
69.	lappy surgery	n.	a surgical procedure that involves the insertion of a thin, lighted instrument called a laparoscope through a small incision in the abdomen, allowing doctors to examine and diagnose internal organs or perform minimally invasive surgeries
70.	nullify a proion	n.	an official announcement or statement

ANSWERS: 62. clinician, 63. doomsday, 64. reinvent, 65. mortar, 66. weep, 67. tribulate, 68. wardrobe, 69. laparoscopy, 70. proclamation

irregular palon	n.	a rapid, irregular, or forceful beating of the heart; a sensation of the heart beating abnormally or irregularly
impion on stage	n.	the act of making something up on the spot or creating or performing something without preparation
cast fring eyes	adj.	causing fear or alarm, or very surprising and alarming
mame operating system	n.	a large and powerful computer with a lot of memory used primarily by large organizations for critical applications
	impion on stage cast fring eyes	impion on stage n. cast fring eyes adj.

ANSWERS: 71. palpitation, 72. improvisation, 73. frightening, 74. mainframe

Session 3: Fill in the Blanks

1.	I'm so sorry to you when you're pretty busy.
<i>v</i> .	to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
2.	The bricklayer started on the second course of bricks, laying them in fresh
n.	a mixture of cement, sand, and water used for binding building materials together; a heavy, deep bowl used to pound or grind substances
3.	A small camera is inserted into the abdomen during the procedure to visualize the internal organs.
n.	a surgical procedure that involves the insertion of a thin, lighted instrument called a laparoscope through a small incision in the abdomen, allowing doctors to examine and diagnose internal organs or perform minimally invasive surgeries
4.	They have tried to their grocery stores.
<i>v</i> .	to change something so drastically that it looks to be completely new
5.	The movements of the robot made it difficult to complete the task.
ad	i. lacking coordination or control; awkward or clumsy
6.	The hospital is battling a that is resistant to antibiotics.
n.	a strain of bacteria that is resistant to multiple types of antibiotics, making it difficult or impossible to treat with traditional medications
7.	He is proud of the of the business.
n.	the property of being long-lived; significant duration of service
	SWERS: 1. disrupt, 2. mortar, 3. laparoscopy, 4. reinvent, 5. uncoordinated, 6. perbug, 7. longevity

8.	The cost of the antique vase is three
n.	a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
9.	Children often parents with this head cold.
<i>v</i> .	to affect a person, an animal, or a plant with a disease-causing organism
10.	The properties of this herb have been known to help with various ailments.
adj	of or relating to the treatment or cure of disease
11.	Internet traffic volumes have increased significantly with the advent of
n.	a mobile phone that functions as a computer and connects to the Internet
12.	Her selection included several pieces from high-end designer brands.
n.	a collection or set of clothing, especially for a particular occasion or purpose; a piece of furniture designed for storing clothes or personal belongings
13.	I need to this shirt to remove the stains.
v.	to remove color or stains, whiten, or sterilize using a solution of chemicals or other substances, such as bleach
14.	The car's engine on the highway, so we had to call for a tow truck.
<i>v</i> .	to fail to operate or work properly; to break down or stop functioning as expected or intended; (noun) a failure or defect in the way a machine, system, or device is supposed to operate
15.	They the cargo from the ship to the dock.
<i>v</i> .	to transfer the responsibility or burden of something or someone to another person or group; to unload or discharge goods or cargo from a vehicle or ship
	SWERS: 8. guineas, 9. infect, 10. medicinal, 11. smartphones, 12. wardrobe, 13. ach, 14. malfunctioned, 15. offloaded

ANSWERS: 16. mischief, 17. multidisciplinary, 18. weep, 19. doomsday, 20. entails, 21. improvisation, 22. caregiving, 23. trite

or significance due to being overly familiar or predictable

24.	IBM has consistently been a significant supplier of for a long time.
n.	a large and powerful computer with a lot of memory used primarily by large organizations for critical applications
25.	Even after the wound has healed, a remains.
n.	a mark that remains on the skin after a wound has healed
26.	She had to through many difficulties to achieve her goal.
ν.	to cause someone to undergo severe hardship or distress; to afflict; to troubles; to suffer
27.	Some believe that psychological characteristics alone may cause mental disorders.
n.	a practitioner, especially of medicine or psychology, who has direct contact with patients
28.	The king made a declaring war on the neighboring country.
n.	an official announcement or statement
29.	The doctor performed an excisional breast
n.	the process of removing and examining tissue from the body of the sick person to determine the existence or cause of a disease
30.	The weightlifter used his strong muscles to lift the heavy barbell.
n.	the part of the body between the chest and pelvis that contains the stomach, intestines, liver, pancreas, and other organs; the posterior part of an insect's body, typically divided into segments
31.	She experienced and had to go to the hospital for tests.
n.	a rapid, irregular, or forceful beating of the heart; a sensation of the heart beating abnormally or irregularly
	SWERS: 24. mainframes, 25. scar, 26. tribulate, 27. clinicians, 28. proclamation, biopsy, 30. abdomen, 31. palpitations

37. It is easy to _____ a new job or opportunity, but it is important to remain objective and realistic about the challenges that come with it

adj. suitable or happening at a time that is suitable or convenient for a particular

v. to make something seem more attractive or appealing than it is, especially by exaggerating or idealizing its qualities; to view or present something in a romantic or sentimental way

ANSWERS: 32. tethered, 33. frightening, 34. relic, 35. guesswork, 36. opportune, 37. romanticize