

# Englist.me



## Vocabulary Builder Reference from...

*Nilofer Merchant: Got a meeting? Take a walk | TED Talk*

[https://www.ted.com/talks/nilofer\\_merchant\\_got\\_a\\_meeting\\_take\\_a\\_walk](https://www.ted.com/talks/nilofer_merchant_got_a_meeting_take_a_walk)

### All Words

#### IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

## Session 1: Word List

### device

*n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

*synonym*: gadget, instrument, tool

(1) electronic **device**, (2) tracking **device**

I always carry a backup **device** in case my phone runs out of battery.

### nowadays

*adv.* at the current time, in comparison to the past

*synonym*: currently, presently, today

(1) young people **nowadays**, (2) not to be seen **nowadays**

People can clone a sheep **nowadays**.

### incredibly

*adv.* in a way that is very difficult to believe; exceedingly or extremely

*synonym*: enormously, exceptionally, extraordinarily

(1) **incredibly** cheerful character, (2) get **incredibly** insecure

Several cities are experiencing **incredibly** high unemployment rates.

### prevalent

*adj.* existing very commonly in a particular area or in a specific time

*synonym* : common, ubiquitous, rampant

(1) **prevalent** in Japan, (2) **prevalent** belief

This virus is **prevalent** in many tropical nations.

## consequence

*n.* the outcome of a particular action or event, especially relative to an individual

*synonym* : result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

## scary

*adj.* causing fear or fright; frightening; intimidating

*synonym* : terrifying, frightening, alarming

(1) **scary** dream, (2) **scary** story

The horror movie was so **scary** that I couldn't watch it alone.

## waist

*n.* the part of the human body between the ribs and hips or the corresponding part in other animals

*synonym* : midriff, torso, abdomen

(1) **waist** measurement, (2) a slim **waist**

She cinched her dress at the **waist** to accentuate her hourglass figure.

## breast

*n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth

*synonym* : bosom, chest, bust

(1) **breast** cancer, (2) the mountain's **breast**

He grilled the **breast** meat of a chicken.

## cancer

*n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

*synonym* : tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

## colon

*n.* the punctuation mark ( : ) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system

(1) **colon** examination, (2) the **colon** at the end of the sentence

Consumption of vegetables may aid in the prevention of **colon** cancer.

## disease

*n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

*synonym* : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

## diabetes

*n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

## statistics

*n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

## convince

*v.* to persuade someone or make someone believe that something is true

*synonym* : persuade, win over, convert

(1) **convince** her to go with us, (2) **convince** an opponent

I am considering what I should do to **convince** him.

## interaction

*n.* the act of connecting with someone, mainly when working, playing, or spending time with them

*synonym* : dealings, exchange, relations

- (1) the **interaction** between man and his environment,
- (2) **interaction** among human beings

The **interaction** of the two groups is good for brainstorming.

## invite

- v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

*synonym*: ask, request, summon

- (1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

## confer

- v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

*synonym*: consult, meet, discuss

- (1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

## odd

- adj.* strange or unexpected; not divisible by two

*synonym*: strange, bizarre, abnormal

- (1) in an **odd** way, (2) **odd** behavior

His grandfather was an **odd** man.

## huff

- n.* a fit of anger, annoyance, or resentment; a state of irritation or sulking; (verb) to exhale forcefully or audibly in a show of annoyance, anger, or frustration

*synonym*: miff, tantrum, indignation

- (1) **huff** and puff upstairs, (2) give a **huff** of relief

She let out a **huff** of frustration after the difficult workout.

## puffy

- adj.* swollen or distended, especially with air or gas;

*synonym*: swollen, distended, inflated

- (1) **puffy** off-shore winds, (2) **puffy** eyes

His cheeks looked **puffy** after he overate junk food.

## conversation

- n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

*synonym*: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**  
Your **conversation** reflects your thoughts.

## fluorescent

*adj.* emitting or reflecting vibrant and vivid light, especially under ultraviolet light; describing a type of lamp or bulb that produces such light

*synonym*: luminescent, phosphorescent, radiant

(1) **fluorescent** bulb, (2) **fluorescent** material

The office installed new **fluorescent** lighting to save energy.

## obligation

*n.* the state of being morally or legally bound to do or pay something

*synonym*: burden, commitment, debt

(1) a deep **obligation**, (2) pay an **obligation**

You are under no **obligation** to finish the job.

## amazing

*adj.* extremely surprising, especially in a way that you like or admire

*synonym*: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

## out-of-the-box

*adj.* referring to something unconventional, innovative, or creative, not adhering to traditional or mainstream approaches or ideas; of or relating to a product, solution, or way of thinking that is original or unique

*synonym*: innovative, unconventional, creative

(1) **out-of-the-box** thinking, (2) **out-of-the-box** solution

The new software comes with many **out-of-the-box** features that enhance productivity.

## opposition

*n.* the act of disagreeing or resisting; the state of strong disagreement

*synonym*: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition**

The **opposition** party strongly disagreed with the government's proposed legislation.

## **governance**

*n.* the act or process of governing or managing a political, social, or economic entity; the systems or principles that guide such processes

*synonym* : administration, management, direction

(1) good **governance**, (2) corporate **governance**

The United Nations assists countries in building strong **governance** frameworks and institutions.

## **environment**

*n.* the natural world such as air, water, and land in which humans, animals, and plants live

*synonym* : atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

## **reframe**

*v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way

*synonym* : redefine, restructure, reposition

(1) **reframe** resource allocation, (2) **reframe** problem

The therapist tried to **reframe** his negative thoughts.

## **doable**

*adj.* possible to do; capable of existing, taking place, or proving true

*synonym* : realizable, accomplishable, achievable

(1) make a **doable** plan, (2) **doable** in daily life

This project is **doable** despite the tight schedule.

## **sustainable**

*adj.* able to continue or be continued for a long time

*synonym* : continuable, enduring, tolerable

(1) **sustainable** alternative fuel, (2) principles of **sustainable** development

The government should do more to support environmentally **sustainable** agriculture.

## **viable**

*adj.* capable of being done as intended; able to succeed

*synonym* : feasible, possible, attainable

(1) achieve a **viable** relationship, (2) develop a **viable** therapy

Male gorillas with good drumming skills are more **viable**.

## entirely

*adv.* completely

*synonym*: completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to blame

Later, his claim was found to be **entirely** false.

## Session 2: Spelling

1. pu\_\_y off-shore winds *adj.* swollen or distended, especially with air or gas;
2. in\_\_\_e criticism *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
3. tracking de\_\_\_e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
4. di\_\_\_\_\_e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
5. a deep obl\_\_\_\_\_on *n.* the state of being morally or legally bound to do or pay something
6. give a h\_\_f of relief *n.* a fit of anger, annoyance, or resentment; a state of irritation or sulking; (verb) to exhale forcefully or audibly in a show of annoyance, anger, or frustration
7. principles of sus\_\_\_\_\_le development *adj.* able to continue or be continued for a long time
8. int\_\_\_\_\_on among human beings *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
9. co\_\_\_r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

ANSWERS: 1. puffy, 2. invite, 3. device, 4. disease, 5. obligation, 6. huff, 7. sustainable, 8. interaction, 9. confer



10. a friendly con\_\_\_\_\_ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
11. achieve a vi\_\_\_e relationship *adj.* capable of being done as intended; able to succeed
12. opp\_\_\_\_\_on campaign *n.* the act of disagreeing or resisting; the state of strong disagreement
13. ca\_\_\_r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
14. the co\_\_n at the end of the sentence *n.* the punctuation mark ( : ) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
15. pay an obl\_\_\_\_\_on *n.* the state of being morally or legally bound to do or pay something
16. inc\_\_\_\_\_ly cheerful character *adv.* in a way that is very difficult to believe; exceedingly or extremely
17. corporate gov\_\_\_\_\_ce *n.* the act or process of governing or managing a political, social, or economic entity; the systems or principles that guide such processes
18. make a do\_\_\_e plan *adj.* possible to do; capable of existing, taking place, or proving true
19. in\_\_\_e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

ANSWERS: 10. conversation, 11. viable, 12. opposition, 13. cancer, 14. colon, 15. obligation, 16. incredibly, 17. governance, 18. doable, 19. invite

20. get inc\_\_\_\_\_ly insecure *adv.* in a way that is very difficult to believe; exceedingly or extremely
21. the con\_\_\_\_\_ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
22. the most am\_\_\_\_\_g feeling *adj.* extremely surprising, especially in a way that you like or admire
23. not to be seen no\_\_\_\_\_ys *adv.* at the current time, in comparison to the past
24. out\_\_\_\_\_box solution *adj.* referring to something unconventional, innovative, or creative, not adhering to traditional or mainstream approaches or ideas; of or relating to a product, solution, or way of thinking that is original or unique
25. con\_\_\_\_\_ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
26. electronic de\_\_\_\_e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
27. di\_\_\_\_\_es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
28. sc\_\_y story *adj.* causing fear or fright; frightening; intimidating
29. the mountain's br\_\_\_\_t *n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth

ANSWERS: 20. incredibly, 21. consequence, 22. amazing, 23. nowadays, 24. out-of-the-box, 25. conversation, 26. device, 27. diabetes, 28. scary, 29. breast

30. official sta\_\_\_\_\_cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
31. he was en\_\_\_\_\_ly to blame *adv.* completely
32. pr\_\_\_\_\_nt belief *adj.* existing very commonly in a particular area or in a specific time
33. unintended con\_\_\_\_\_ces *n.* the outcome of a particular action or event, especially relative to an individual
34. sta\_\_\_\_\_cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
35. br\_\_\_\_t cancer *n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
36. sus\_\_\_\_\_le alternative fuel *adj.* able to continue or be continued for a long time
37. pu\_\_y eyes *adj.* swollen or distended, especially with air or gas;
38. juvenile di\_\_\_\_\_es *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
39. flu\_\_\_\_\_nt bulb *adj.* emitting or reflecting vibrant and vivid light, especially under ultraviolet light; describing a type of lamp or bulb that produces such light
40. a slim wa\_\_t *n.* the part of the human body between the ribs and hips or the corresponding part in other animals

ANSWERS: 30. statistics, 31. entirely, 32. prevalent, 33. consequence, 34. statistics, 35. breast, 36. sustainable, 37. puffy, 38. diabetes, 39. fluorescent, 40. waist

41. out\_\_\_\_\_box thinking *adj.* referring to something unconventional, innovative, or creative, not adhering to traditional or mainstream approaches or ideas; of or relating to a product, solution, or way of thinking that is original or unique
42. env\_\_\_\_\_nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
43. co\_\_\_\_\_ce an opponent *v.* to persuade someone or make someone believe that something is true
44. re\_\_\_\_\_e problem *v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
45. meet with opp\_\_\_\_\_on *n.* the act of disagreeing or resisting; the state of strong disagreement
46. chaotic env\_\_\_\_\_nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
47. o\_d behavior *adj.* strange or unexpected; not divisible by two
48. am\_\_\_\_\_g advances *adj.* extremely surprising, especially in a way that you like or admire
49. young people no\_\_\_\_\_ys *adv.* at the current time, in comparison to the past
50. do\_\_\_\_\_e in daily life *adj.* possible to do; capable of existing, taking place, or proving true
51. ca\_\_\_\_\_r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

ANSWERS: 41. out-of-the-box, 42. environment, 43. convince, 44. reframe, 45. opposition, 46. environment, 47. odd, 48. amazing, 49. nowadays, 50. doable, 51. cancer

52. flu\_\_\_\_\_nt material *adj.* emitting or reflecting vibrant and vivid light, especially under ultraviolet light; describing a type of lamp or bulb that produces such light
53. develop a vi\_\_\_e therapy *adj.* capable of being done as intended; able to succeed
54. sc\_\_\_y dream *adj.* causing fear or fright; frightening; intimidating
55. re\_\_\_\_\_e resource allocation *v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
56. di\_\_\_\_\_e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
57. wa\_\_t measurement *n.* the part of the human body between the ribs and hips or the corresponding part in other animals
58. en\_\_\_\_\_ly satisfied with the meal *adv.* completely
59. the int\_\_\_\_\_on between man and his environment *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
60. pr\_\_\_\_\_nt in Japan *adj.* existing very commonly in a particular area or in a specific time
61. in an o\_d way *adj.* strange or unexpected; not divisible by two
62. co\_\_\_\_\_ce her to go with us *v.* to persuade someone or make someone believe that something is true

ANSWERS: 52. fluorescent, 53. viable, 54. scary, 55. reframe, 56. disease, 57. waist, 58. entirely, 59. interaction, 60. prevalent, 61. odd, 62. convince

63. co\_\_\_r degree
- v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
64. co\_\_n examination
- n.* the punctuation mark ( : ) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
65. good gov\_\_\_\_\_ce
- n.* the act or process of governing or managing a political, social, or economic entity; the systems or principles that guide such processes
66. h\_\_f and puff upstairs
- n.* a fit of anger, annoyance, or resentment; a state of irritation or sulking; (verb) to exhale forcefully or audibly in a show of annoyance, anger, or frustration

ANSWERS: 63. confer, 64. colon, 65. governance, 66. huff

## Session 3: Fill in the Blanks

1. The United Nations assists countries in building strong \_\_\_\_\_ frameworks and institutions.  
*n.* the act or process of governing or managing a political, social, or economic entity; the systems or principles that guide such processes
2. The new software comes with many \_\_\_\_\_ features that enhance productivity.  
*adj.* referring to something unconventional, innovative, or creative, not adhering to traditional or mainstream approaches or ideas; of or relating to a product, solution, or way of thinking that is original or unique
3. Male gorillas with good drumming skills are more \_\_\_\_\_.  
*adj.* capable of being done as intended; able to succeed
4. The leaders of the two countries met to \_\_\_\_\_ on the issue.  
*v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
5. The \_\_\_\_\_ of the two groups is good for brainstorming.  
*n.* the act of connecting with someone, mainly when working, playing, or spending time with them
6. His grandfather was an \_\_\_\_ man.  
*adj.* strange or unexpected; not divisible by two
7. Several cities are experiencing \_\_\_\_\_ high unemployment rates.  
*adv.* in a way that is very difficult to believe; exceedingly or extremely

ANSWERS: 1. governance, 2. out-of-the-box, 3. viable, 4. confer, 5. interaction, 6. odd, 7. incredibly

8. I am considering what I should do to \_\_\_\_\_ him.  
*v.* to persuade someone or make someone believe that something is true
9. The horror movie was so \_\_\_\_\_ that I couldn't watch it alone.  
*adj.* causing fear or fright; frightening; intimidating
10. Consumption of vegetables may aid in the prevention of \_\_\_\_\_ cancer.  
*n.* the punctuation mark ( : ) used to introduce a list, summary, explanation, etc., or before reporting what someone has said; a significant part of the large intestine, the final section of the digestive system
11. This virus is \_\_\_\_\_ in many tropical nations.  
*adj.* existing very commonly in a particular area or in a specific time
12. The golfer recorded an \_\_\_\_\_ distance.  
*adj.* extremely surprising, especially in a way that you like or admire
13. His cheeks looked \_\_\_\_\_ after he overate junk food.  
*adj.* swollen or distended, especially with air or gas;
14. She let out a \_\_\_\_\_ of frustration after the difficult workout.  
*n.* a fit of anger, annoyance, or resentment; a state of irritation or sulking; (verb) to exhale forcefully or audibly in a show of annoyance, anger, or frustration
15. You are under no \_\_\_\_\_ to finish the job.  
*n.* the state of being morally or legally bound to do or pay something
16. This project is \_\_\_\_\_ despite the tight schedule.  
*adj.* possible to do; capable of existing, taking place, or proving true

ANSWERS: 8. convince, 9. scary, 10. colon, 11. prevalent, 12. amazing, 13. puffy, 14. huff, 15. obligation, 16. doable



17. Later, his claim was found to be \_\_\_\_\_ false.  
*adv.* completely
18. She cinched her dress at the \_\_\_\_\_ to accentuate her hourglass figure.  
*n.* the part of the human body between the ribs and hips or the corresponding part in other animals
19. He grilled the \_\_\_\_\_ meat of a chicken.  
*n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
20. My father was tested for \_\_\_\_\_.  
*n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
21. The doctor diagnosed him with a rare \_\_\_\_\_ that had no known cure.  
*n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
22. I always carry a backup \_\_\_\_\_ in case my phone runs out of battery.  
*n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
23. The \_\_\_\_\_ demonstrate that poverty and unemployment are genuine problems.  
*n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
24. Your \_\_\_\_\_ reflects your thoughts.  
*n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

ANSWERS: 17. entirely, 18. waist, 19. breast, 20. diabetes, 21. disease, 22. device, 23. statistics, 24. conversation

25. Every human is responsible for taking care of the Earth's \_\_\_\_\_.
- n.* the natural world such as air, water, and land in which humans, animals, and plants live
26. These economic activities had disastrous environmental \_\_\_\_\_.
- n.* the outcome of a particular action or event, especially relative to an individual
27. The office installed new \_\_\_\_\_ lighting to save energy.
- adj.* emitting or reflecting vibrant and vivid light, especially under ultraviolet light; describing a type of lamp or bulb that produces such light
28. The government should do more to support environmentally \_\_\_\_\_ agriculture.
- adj.* able to continue or be continued for a long time
29. The \_\_\_\_\_ party strongly disagreed with the government's proposed legislation.
- n.* the act of disagreeing or resisting; the state of strong disagreement
30. The therapist tried to \_\_\_\_\_ his negative thoughts.
- v.* to reinterpret, rephrase, or redefine an issue, situation, or question in a different way
31. We want to \_\_\_\_\_ you to our annual charity event.
- v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
32. Breast \_\_\_\_\_ is the most common type of cancer in women.
- n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

ANSWERS: 25. environment, 26. consequences, 27. fluorescent, 28. sustainable, 29. opposition, 30. reframe, 31. invite, 32. cancer

33. People can clone a sheep \_\_\_\_\_.

*adv.* at the current time, in comparison to the past

ANSWERS: 33. nowadays