

Englist.me



Vocabulary Builder Reference from...

Debra Jarvis: Yes, I survived cancer. But that doesn't define me | TED Talk

https://www.ted.com/talks/debra_jarvis_yes_i_survived_cancer_but_that_doesn_t_define_me

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

essence

n. the basic or most important part or quality of something that makes it what it is

synonym: core, nature, disposition

(1) vanilla **essence**, (2) universal **essence**

University teaches the art of understanding the **essence** of the matter.

survive

v. to live or exist despite a dangerous event or period

synonym: endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

trauma

n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym: agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym: tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

survivor

n. a person who remains alive after an event in which others have died

synonym: subsister

(1) ovarian cancer **survivor**, (2) a single **survivor**

The shipwreck **survivor** was rescued after floating in the ocean for three days.

rap

n. a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed

synonym: hip-hop, emceeing, MCing

(1) **rap** music, (2) get a **rap**

The new **rap** album is getting a lot of attention.

holocaust

n. the systematic killing of millions of Jews and other minority groups by the Nazis during World War II, or any similar act of mass destruction

synonym: genocide, mass murder, devastation

(1) nuclear **holocaust**, (2) the **holocaust** museum

Many **holocaust** survivors still suffer from the trauma they experienced during that time.

incest

n. the act of engaging in sexual activity with a close relative, such as a parent, sibling, or cousin; a taboo or prohibited activity in many cultures and societies

synonym: sexual abuse, violation, relationship taboo

(1) **incest** breeding, (2) family **incest**

Oldest and only daughters were more likely to be the victims of **incest**.

identify

v. to recognize someone or something and say or prove who or what they are

synonym: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

identity

n. the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

synonym: character, personality, individuality

(1) mistaken **identity**, (2) **identity** as an individual

The terrorist's **identity** remains unknown.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym: result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

hospice

n. a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support

synonym : palliative care, nursing home, care center

(1) **hospice** care, (2) home **hospice**

The **hospice** team includes nurses, social workers, chaplains, and volunteers who work together to provide comprehensive care.

chaplain

n. a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting

synonym : spiritual leader, minister, priest

(1) college **chaplain**, (2) military **chaplain**

The hospital **chaplain** provided emotional support and spiritual guidance to the patients and their families.

breast

n. either of the two round soft parts of a woman's chest which secrete milk after childbirth

synonym : bosom, chest, bust

(1) **breast** cancer, (2) the mountain's **breast**

He grilled the **breast** meat of a chicken.

competitive

adj. involving competition or competitiveness

synonym : aggressive, ambitious, militant

(1) a **competitive** price, (2) **competitive** position

The mobile application industry is a **competitive** one.

compete

v. to strive to achieve more success than someone or something

synonym : contend, contest, vie

(1) **compete** against a friend, (2) **compete** fiercely

You must **compete** with others to obtain this position.

convenient

adj. useful, helpful, or quick to do

synonym : timely, fortunate, suitable

(1) **convenient** way, (2) **convenient** location

The airport offers five **convenient** access routes.

immune

adj. protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

synonym : resistant, unsusceptible, unaffected

(1) **immune** from criminal prosecution, (2) the cell of the **immune** system

The vaccination does not necessarily make you completely **immune**.

warn

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

synonym : alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan
I attempted to **warn** him, but he ignored me.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

chemotherapy

n. the treatment of disease, particularly cancer, using special drugs that have a toxic effect on cancer cells; frequently used in conjunction with other therapies such as surgery and radiation

synonym : anticancer treatment, radiotherapy, immunotherapy

(1) **chemotherapy** regimen, (2) **chemotherapy** side effects
Many cancer patients undergo **chemotherapy** as a treatment option.

mastectomy

n. a surgical operation to remove all or part of a breast, most often as a treatment for breast cancer or other malignant tumors

synonym : surgery, breast removal, excision

(1) double **mastectomy**, (2) undergo a **mastectomy**

She had to have a **mastectomy** after being diagnosed with breast cancer.

saline

adj. containing salt; of or relating to chemical salts

synonym : salty, briny, brackish

(1) a **saline** lake, (2) irrigation with **saline**

The drug is dissolved in a **saline** solution.

implant

v. to insert or fix an artificial device in a person's body; to put an idea, attitude, etc., firmly in the mind

synonym : insert, fix, place

(1) **implant** genes in the animals, (2) **implant** into the uterus

The doctor will **implant** a pacemaker to regulate his heart rate.

fake

adj. not genuine; fraudulent or counterfeit

synonym : affected, bogus, counterfeit

(1) **fake** police officer, (2) spread of **fake** news

The prime minister was not well prepared for the debate and **faked** it

gesture

n. a movement of the hands, head, or face that express a particular meaning

synonym : motion, expression, gesticulation

(1) **gesture** of goodwill, (2) hand **gesture**

She made a facial **gesture** to express disagreement.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym : client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

medicinal

adj. of or relating to the treatment or cure of disease

synonym : curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

faith

n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
synonym: belief, trust, confidence

(1) religious **faith**, (2) **faith** in government

He kept his robust **faith** in his company.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym: finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

strength

n. the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**

Health and **strength** are, above all, gold.

flexibility

n. the quality of changing or being changed easily according to new conditions or situations

synonym: elasticity, adaptability, resilience

(1) mental **flexibility**, (2) the **flexibility** of the body

We dealt with those problems with speed and **flexibility**.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no

alteration.

uncertain

adj. not being sure of something; not being able to choose
synonym : doubtful, skeptical, pending

(1) numerous **uncertain** factors, (2) take an **uncertain** attitude

She was **uncertain** about her friend's intentions.

misunderstand

v. to interpret or understand something in the wrong way
synonym : misinterpret, misperceive, misapprehend

(1) **misunderstand** each other, (2) **misunderstand** entirely about her

You should not **misunderstand** the meaning of freedom.

norm

n. something that is regarded as usual, typical, or standard
synonym : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

whisper

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

synonym : murmur, rumor, mutter

(1) answer in a **whisper**, (2) the **whisper** of the leaves

He took me aside and **whispered** in my ear.

overboard

adv. to an extreme or excessive degree; to a point where something becomes unreasonable or irrational

synonym : recklessly, excessively

(1) fell **overboard**, (2) dumped **overboard**

He went **overboard** with his criticism, and it hurt her feelings.

surgery

n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative

procedures

synonym: operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**

He had undergone heart **surgery** years before.

houseguest

n. a person who is staying as a guest in someone's house

synonym: visitor, guest, friend

(1) **houseguest** etiquette, (2) have a lot of **houseguests**

My **houseguest** from out of town stayed with us for a week, and it was so much fun showing them around the city.

yak

v. to talk at length, often without a particular purpose or direction; (noun) a long-haired bovine mammal native to central Asia that is often domesticated and used for its meat, milk, and wool

synonym: chatter, cackle

(1) domestic **yak**, (2) sit and **yak** about life

The friends met at the local pub every Friday to **yak** about their week.

proceeds

n. the money or profit earned from a particular activity or venture; the total amount collected from a sale or fundraiser

synonym: earnings, profits, income

(1) **proceeds** of a sale, (2) criminal **proceeds**

The **proceeds** from the charity auction will go towards building a school in a developing country.

stretch

v. to make or be capable of making anything longer or broader without hurting or breaking

synonym: lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

instant

adj. happening immediately, with no delay

synonym : immediate, urgent, moment

(1) get **instant** access, (2) an **instant** reply

His pleasant face turned cold in an **instant**.

lift

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

synonym : raise, elevate, move up

(1) **lift** sagging skin, (2) **lift** a ban on alcohol

The drought **lifted** the prices of grain globally.

narcotic

n. a drug or substance that dulls the senses and induces a state of lethargy or sleep; a drug that is illegal or highly regulated for medical use due to its ability to cause addiction or harm

synonym : drug, sedative, opiate

(1) **narcotic** drug, (2) **narcotic** addiction

The doctor prescribed a **narcotic** painkiller to alleviate her chronic pain.

luncheon

n. a formal midday meal or banquet, typically one held in honor of a person or occasion

synonym : lunch, midday meal, dejeuner

(1) **luncheon** meeting, (2) **luncheon** appointment

I'm attending a business **luncheon** tomorrow to meet with potential clients.

ribbon

n. a long, narrow strip or band of fabric, often used for decoration or tying things together; a symbol or badge representing a particular honor or award

synonym : band, strip, sash

(1) silk **ribbon**, (2) pink **ribbon** campaign

She tied the **ribbon** around the gift box to make it look pretty.

bracelet

n. a piece of jewelry worn around the wrist, often as an ornament or decoration

synonym : wristband, bangle, charm bracelet

(1) beaded **bracelet**, (2) charm **bracelet**

She wore a beautiful **bracelet** that her grandmother had given her.

claim

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

synonym : assert, declare, maintain

(1) **claim** responsibility, (2) false **claim**

He wants to **claim** ownership of the abandoned property.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym : choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

gigantic

adj. extremely large

synonym : huge, enormous, immense

(1) **gigantic** proportions, (2) **gigantic** monsters

He was so hungry from the long journey that he had a **gigantic** appetite.

extrovert

n. a person who is outgoing, sociable, and confident

synonym : outgoing, sociable, gregarious

(1) **extrovert** social skills, (2) natural **extrovert**

She intentionally acts like an **extrovert**.

documentary

n. a film or a radio or television program that gives facts and information about a subject; of or derived from official documents

synonym : film, broadcast, doco

(1) a **documentary** film, (2) **documentary** proof

He won an award for that short **documentary**.

introvert

n. a shy and reticent person

synonym: observer, loner, solitary

(1) **introvert** personality, (2) **introvert** behavior

Being an **introvert** is not a weakness, and it's just a different way of interacting with the world.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

shock

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym: amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

infusion

n. a liquid, especially one containing medicine that is introduced into the body through a vein, muscle, or joint; the act of adding such liquid

synonym: injection, transfusion, instillation

(1) **infusion** therapy, (2) **infusion** pump

The nurse prepared an **infusion** of pain medication for the patient.

chemo

n. short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells

synonym: chemotherapy, antineoplastic

(1) **chemo** patient, (2) **chemo-radiotherapy**

The side effects of **chemo**, such as nausea and hair loss, were a major concern for the patient.

crow

n. a circular ornamental headdress, worn as a symbol of authority by a king, usually made of gold and precious stones

synonym: tiara, headdress, royalty

(1) the imperial **crow**, (2) the **crow** and throne

The bishop bestowed the golden **crow** on the king.

bubble

n. a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses

synonym: blob, balloon, mania

(1) **bubble** in the champagne glass, (2) economic **bubble**

Many people worry that the current real estate market is a **bubble** that could burst soon.

volunteer

n. a person who performs or offers to perform a job or service without being paid for or forced to do

synonym: unpaid worker, draftee, enlistee

(1) seek **volunteers**, (2) my **volunteer** work

The teachers make full use of **volunteer** assistance.

church

n. a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination

synonym: chapel, cathedral, synagogue

(1) **church** bell, (2) small **church**

The **church** on the corner is hosting a free community meal tonight.

invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

synonym: ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

crappy

adj. of poor quality; not satisfactory

synonym : poor, unsatisfactory, inferior

(1) **crappy** service, (2) **crappy** Spanish

The food at the restaurant was **crappy** and overpriced.

dynamic

adj. having a lot of energy, ideas, and enthusiasm, and a strong personality; of or relating to dynamics (= the branch of physics and engineering concerned with the forces that cause motions of bodies)

synonym : energetic, active, vital

(1) a **dynamic** market, (2) **dynamic** person

The sprinter has a **dynamic** way of running.

static

adj. not moving or not capable of moving, not changing or not capable of changing

synonym : immobile, unchanging, fixed

(1) **static** electricity, (2) **static** website

The **static** image on the screen took a lot of work to make out.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym : motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

trap

n. a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

synonym : catch, snare, pinfall

(1) set a **trap**, (2) **trap** an animal

The enemy fell right into the **trap**.

evolve

v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade

Eyeless fish **evolved** in dark caves.

perk

n. an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job

synonym: extra, bonus, benefit

(1) **perks** for repeat guests, (2) worker **perk**

A yacht cruise is our company's ultimate **perk**.

payoff

n. the outcome or result of an action or series of actions; the return or reward gained from an investment, effort, or risk

synonym: reward, compensation, return

(1) financial **payoff**, (2) emotional **payoff**

The **payoff** for all my hard work was finally getting a promotion.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym: apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

comfort

n. a state of physical ease and freedom from pain or constraint

synonym : ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

clarify

v. to make something, such as a statement or situation, less confusing and more understandable

synonym : explain, ascribe, purify

(1) **clarify** a goal, (2) **clarify** his feelings

The police tried to **clarify** the facts concerning her death.

confront

v. to face, meet or deal with a problem or difficult situation or person

synonym : engage, encounter, contend

(1) **confront** a global warming, (2) **confront** the issue

He finally decided to **confront** problems directly.

thrill

n. a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

synonym : exhilaration, delight, rush

(1) the **thrill** of speed, (2) incredible **thrill**

Skydiving is an overwhelming **thrill** for many people.

lobby

n. a large area inside the entrance of a public building where people can meet and wait; a group of people who try to persuade a politician, the government, or an official group to influence legislation

synonym : entrance, hall, anteroom

(1) **lobby** for legislation, (2) a hotel **lobby**

That **lobby** group actively advocated environmental protection to the government.

clinic

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym :

hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**

She holds a **clinic** on Tuesday mornings.

ecstatic

adj. feeling or characterized by intense joy, delight, or enthusiasm

synonym: joyful, thrilled, exultant

(1) **ecstatic** joy, (2) **ecstatic** dance

She was **ecstatic** to receive the news that she had won the lottery.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

entirely

adv. completely

synonym: completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to blame

Later, his claim was found to be **entirely** false.

weird

adj. extraordinary, unexpected, or difficult to explain

synonym: bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**

My computer has been acting **weird** recently.

retell

v. to tell someone about something again or differently

synonym: reiterate, repeat, restate

(1) **retell** a story, (2) **retell** an old tale

He **retells** the truth to plead not guilty.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

agony

n. extreme physical or mental pain or suffering, often prolonged or intense

synonym: anguish, torment, suffering

(1) severe **agony**, (2) emotional **agony**

The athlete fell to the ground in **agony** after injuring their ankle.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

crucify

v. to execute someone by nailing or binding them to a cross, leaving them there to die

synonym: execute, martyr, nail to cross

(1) **crucify** a criminal, (2) **crucify** him for their actions

The religious leaders wanted to **crucify** the heretic for his teachings.

tissue

n. an ensemble of similar cells of the animal or plant that together carry out a specific function

synonym: structure, texture, anatomy

(1) a facial **tissue**, (2) loss of muscle **tissue**

The researcher separated the nervous **tissue** for microscopic examinations.

creditor

n. a person, company, etc. to whom a debtor owes money

(1) the **creditor's** claims, (2) bankrupt **creditor**

I asked the lawyer to initiate **creditor** negotiations for voluntary liquidation.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

cling

v. to hold onto something tightly; to be closely attached to someone or something

synonym: stick, adhere, attach

(1) **cling** onto power, (2) **cling** tightly to the skin

He **clings** to the hope that he will find a job soon.

opposition

n. the act of disagreeing or resisting; the state of strong disagreement

synonym: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition**

The **opposition** party strongly disagreed with the government's proposed legislation.

harsh

adj. severe and unkind; extremely tough and unpleasant to inhabit

synonym: brutal, severe, backbreaking

(1) **harsh** climate, (2) use of **harsh** chemicals

The prime minister faced **harsh** criticism.

innocent

adj. not guilty of a crime, offense, etc.; not having an evil mind or knowledge

synonym : blameless, honest, harmless

(1) an **innocent** child, (2) thousands of **innocent** people
My husband was found **innocent** of any crime.

injustice

n. a violation of the rights of others or the laws of a society

synonym : unfairness, bias, discrimination

(1) gross **injustice**, (2) **injustice** system

The **injustice** of the court's decision angered many people and led to protests.

betray

v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

synonym : fail, denounce, display

(1) **betray** a friend, (2) **betray** confidence

He felt **betrayed** when his best friend revealed their secret to the enemy.

deceit

n. the act of deceiving or misleading someone, often for personal or selfish gain; a practice or behavior intended to mislead or misrepresent the truth

synonym : deception, dishonesty, trickery

(1) person of **deceit**, (2) web of **deceit**

The politician's **deceit** was exposed when leaked emails revealed he had accepted lobbyists' bribes.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and

complicated.

resurrection

n. the act of being brought back to life or revived, especially after a period of death or dormancy; a rebirth or renewal of something that was thought to be lost or forgotten

synonym: resurgence, revival, rebirth

(1) **resurrection** story, (2) political **resurrection**

The idea of **resurrection** is central to many religious beliefs.

Christ

n. the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

synonym: Savior, Jesus Christ, Jesus

(1) teaching of **Christ**, (2) before **Christ**

Christmas is the day to celebrate the birth of Christ.

tomb

n. a large stone structure or underground chamber in which the dead are buried

synonym: grave, burial site, mausoleum

(1) bury in **tomb**, (2) the ancient **tomb**

The **tomb** of the unknown soldier honored the bravery and sacrifice of those who lost their lives in battle.

resurrect

v. to bring back to life or bring into existence again

synonym: revive, bring back, bring to life

(1) **resurrect** the dead, (2) **resurrect** an argument

They tried to **resurrect** the ancient tradition.

heal

v. to make a wound or injury to become well again

synonym: recover, bring around, mend

(1) **heal** a broken bone, (2) **heal** the hurt mind

It will take time for her mental scars to **heal**.

exploration

n. the activity of searching and finding out about something through a place

synonym: inquiry, quest, investigation

(1) future of space **exploration**, (2) an Arctic **exploration**
He called for a careful **exploration** of the consequences.

Session 2: Spelling

- | | |
|--------------------------------------|--|
| 1. unintended con_____ces | <i>n.</i> the outcome of a particular action or event, especially relative to an individual |
| 2. traditional me_____al | <i>adj.</i> of or relating to the treatment or cure of disease |
| 3. sit and y_k about life | <i>v.</i> to talk at length, often without a particular purpose or direction; (noun) a long-haired bovine mammal native to central Asia that is often domesticated and used for its meat, milk, and wool |
| 4. co_____nt a global warming | <i>v.</i> to face, meet or deal with a problem or difficult situation or person |
| 5. r_p music | <i>n.</i> a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed |
| 6. en_____ly satisfied with the meal | <i>adv.</i> completely |
| 7. fell ov_____rd | <i>adv.</i> to an extreme or excessive degree; to a point where something becomes unreasonable or irrational |
| 8. ho_____e care | <i>n.</i> a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support |

ANSWERS: 1. consequence, 2. medicinal, 3. yak, 4. confront, 5. rap, 6. entirely, 7. overboard, 8. hospice

17. ch___h bell *n.* a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination
18. undergo a mas_____my *n.* a surgical operation to remove all or part of a breast, most often as a treatment for breast cancer or other malignant tumors
19. visit to the veterinary cl___c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
20. im_____t genes in the animals *v.* to insert or fix an artificial device in a person's body; to put an idea, attitude, etc., firmly in the mind
21. a selfish de_____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
22. my vo_____er work *n.* a person who performs or offers to perform a job or service without being paid for or forced to do
23. bury in t__b *n.* a large stone structure or underground chamber in which the dead are buried
24. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 17. church, 18. mastectomy, 19. clinic, 20. implant, 21. decision, 22. volunteer, 23. tomb, 24. process

25. economic bu___e *n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses
26. home ho_____e *n.* a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support
27. in___n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
28. bu___e in the champagne glass *n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses
29. cardiac su_____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
30. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 25. bubble, 26. hospice, 27. intern, 28. bubble, 29. surgery, 30. movement

31. co____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
32. pa____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
33. double mas_____my *n.* a surgical operation to remove all or part of a breast, most often as a treatment for breast cancer or other malignant tumors
34. I__t a ban on alcohol *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
35. numerous un_____in factors *adj.* not being sure of something; not being able to choose
36. re_____ct the dead *v.* to bring back to life or bring into existence again
37. na____ic addiction *n.* a drug or substance that dulls the senses and induces a state of lethargy or sleep; a drug that is illegal or highly regulated for medical use due to its ability to cause addiction or harm
38. lu_____on meeting *n.* a formal midday meal or banquet, typically one held in honor of a person or occasion
39. co____t level *n.* a state of physical ease and freedom from pain or constraint

ANSWERS: 31. communal, 32. patient, 33. mastectomy, 34. lift, 35. uncertain, 36. resurrect, 37. narcotic, 38. luncheon, 39. comfort

40. seek vo_____ers *n.* a person who performs or offers to perform a job or service without being paid for or forced to do
41. a facial ti___e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
42. an Arctic exp_____on *n.* the activity of searching and finding out about something through a place
43. ch__o patient *n.* short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells
44. a dental cl___c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
45. pink ri___n campaign *n.* a long, narrow strip or band of fabric, often used for decoration or tying things together; a symbol or badge representing a particular honor or award
46. cl__m responsibility *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
47. st_____h a story *v.* to make or be capable of making anything longer or broader without hurting or breaking
48. ev___e over the past decade *v.* to develop gradually, or to cause the development of something or someone gradually

ANSWERS: 40. volunteer, 41. tissue, 42. exploration, 43. chemo, 44. clinic, 45. ribbon, 46. claim, 47. stretch, 48. evolve

49. f__e police officer *adj.* not genuine; fraudulent or counterfeit
50. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
51. com_____ve position *adj.* involving competition or competitiveness
52. political res_____ion *n.* the act of being brought back to life or revived, especially after a period of death or dormancy; a rebirth or renewal of something that was thought to be lost or forgotten
53. de___e a word *v.* to state or explain precisely the nature, scope, or meaning of something
54. pr_____ds of a sale *n.* the money or profit earned from a particular activity or venture; the total amount collected from a sale or fundraiser
55. answer in a wh_____r *v.* to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
56. small ch___h *n.* a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination
57. con_____nt location *adj.* useful, helpful, or quick to do
58. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another

ANSWERS: 49. fake, 50. stick, 51. competitive, 52. resurrection, 53. define, 54. proceeds, 55. whisper, 56. church, 57. convenient, 58. relation

59. psychic tr___a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
60. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
61. a hotel lo__y *n.* a large area inside the entrance of a public building where people can meet and wait; a group of people who try to persuade a politician, the government, or an official group to influence legislation
62. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
63. ovarian cancer su_____or *n.* a person who remains alive after an event in which others have died
64. in_____rt behavior *n.* a shy and reticent person
65. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
66. the fle_____ty of the body *n.* the quality of changing or being changed easily according to new conditions or situations
67. in_____on therapy *n.* a liquid, especially one containing medicine that is introduced into the body through a vein, muscle, or joint; the act of adding such liquid
68. college ch_____in *n.* a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting

ANSWERS: 59. trauma, 60. medicinal, 61. lobby, 62. relation, 63. survivor, 64. introvert, 65. amazing, 66. flexibility, 67. infusion, 68. chaplain

69. di____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
70. st___c website *adj.* not moving or not capable of moving, not changing or not capable of changing
71. web of de___t *n.* the act of deceiving or misleading someone, often for personal or selfish gain; a practice or behavior intended to mislead or misrepresent the truth
72. co____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
73. in___e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
74. ch__o-radiotherapy *n.* short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells
75. he was en____ly to blame *adv.* completely
76. st____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
77. id____fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
78. meet with opp____on *n.* the act of disagreeing or resisting; the state of strong disagreement
79. im___e from criminal prosecution *adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

ANSWERS: 69. diagnose, 70. static, 71. deceit, 72. communal, 73. invite, 74. chemo, 75. entirely, 76. struggle, 77. identify, 78. opposition, 79. immune

80. re___l an old tale
v. to tell someone about something again or differently
81. a com_____ve price
adj. involving competition or competitiveness
82. the cr__n and throne
n. a circular ornamental headdress, worn as a symbol of authority by a king, usually made of gold and precious stones
83. in___e criticism
v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
84. the wh____r of the leaves
v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
85. cr___y Spanish
adj. of poor quality; not satisfactory
86. em_____e an opportunity
v. to accept something willingly and enthusiastically; (noun) the act of clasp another person in the arms as in greeting or affection
87. cr___y service
adj. of poor quality; not satisfactory
88. cl_____y a goal
v. to make something, such as a statement or situation, less confusing and more understandable
89. the th___l of speed
n. a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion
90. fa__h in government
n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.

ANSWERS: 80. retell, 81. competitive, 82. crown, 83. invite, 84. whisper, 85. crappy, 86. embrace, 87. crappy, 88. clarify, 89. thrill, 90. faith

91. opp_____on campaign *n.* the act of disagreeing or resisting; the state of strong disagreement
92. in_____ce system *n.* a violation of the rights of others or the laws of a society
93. gi_____ic monsters *adj.* extremely large
94. loss of muscle ti_____e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
95. t__p an animal *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
96. charm br_____et *n.* a piece of jewelry worn around the wrist, often as an ornament or decoration
97. take an un_____in attitude *adj.* not being sure of something; not being able to choose
98. nuclear ho_____st *n.* the systematic killing of millions of Jews and other minority groups by the Nazis during World War II, or any similar act of mass destruction
99. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
100. ec_____ic dance *adj.* feeling or characterized by intense joy, delight, or enthusiasm
101. get a r_p *n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed

ANSWERS: 91. opposition, 92. injustice, 93. gigantic, 94. tissue, 95. trap, 96. bracelet, 97. uncertain, 98. holocaust, 99. shock, 100. ecstatic, 101. rap

102. irrigation with sa___e *adj.* containing salt; of or relating to chemical salts
103. su_____e a plane crash *v.* to live or exist despite a dangerous event or period
104. ha__h climate *adj.* severe and unkind; extremely tough and unpleasant to inhabit
105. ca___r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
106. na_____ic drug *n.* a drug or substance that dulls the senses and induces a state of lethargy or sleep; a drug that is illegal or highly regulated for medical use due to its ability to cause addiction or harm
107. universal es_____e *n.* the basic or most important part or quality of something that makes it what it is
108. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
109. cl_____y his feelings *v.* to make something, such as a statement or situation, less confusing and more understandable
110. w__ned me of the plan *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future

ANSWERS: 102. saline, 103. survive, 104. harsh, 105. cancer, 106. narcotic, 107. essence, 108. decision, 109. clarify, 110. warn

111. br___t cancer *n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
112. the state of being we__d *adj.* extraordinary, unexpected, or difficult to explain
113. id____ty as an individual *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
114. l__t sagging skin *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
115. false cl__m *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
116. a sa___e lake *adj.* containing salt; of or relating to chemical salts
117. gi____ic proportions *adj.* extremely large
118. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
119. bankrupt cr____or *n.* a person, company, etc. to whom a debtor owes money
120. muscular st____th *n.* the quality or state of being physically, or sometimes mentally, strong

ANSWERS: 111. breast, 112. weird, 113. identity, 114. lift, 115. claim, 116. saline, 117. gigantic, 118. decide, 119. creditor, 120. strength

121. su____e a blizzard *v.* to live or exist despite a dangerous event or period
122. a single su____or *n.* a person who remains alive after an event in which others have died
123. criminal pr____ds *n.* the money or profit earned from a particular activity or venture; the total amount collected from a sale or fundraiser
124. spread of f__e news *adj.* not genuine; fraudulent or counterfeit
125. family in____t *n.* the act of engaging in sexual activity with a close relative, such as a parent, sibling, or cousin; a taboo or prohibited activity in many cultures and societies
126. re____l a story *v.* to tell someone about something again or differently
127. emotional pa____f *n.* the outcome or result of an action or series of actions; the return or reward gained from an investment, effort, or risk
128. su____r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
129. con____nt way *adj.* useful, helpful, or quick to do
130. person of de____t *n.* the act of deceiving or misleading someone, often for personal or selfish gain; a practice or behavior intended to mislead or misrepresent the truth
131. cultural n____m *n.* something that is regarded as usual, typical, or standard

ANSWERS: 121. survive, 122. survivor, 123. proceeds, 124. fake, 125. incest, 126. retell, 127. payoff, 128. suffer, 129. convenient, 130. deceit, 131. norm

132. emotional ag__y *n.* extreme physical or mental pain or suffering, often prolonged or intense
133. dy____c person *adj.* having a lot of energy, ideas, and enthusiasm, and a strong personality; of or relating to dynamics (= the branch of physics and engineering concerned with the forces that cause motions of bodies)
134. h__l a broken bone *v.* to make a wound or injury to become well again
135. use of ha__h chemicals *adj.* severe and unkind; extremely tough and unpleasant to inhabit
136. lu____on appointment *n.* a formal midday meal or banquet, typically one held in honor of a person or occasion
137. natural ex____rt *n.* a person who is outgoing, sociable, and confident
138. the cr____or's claims *n.* a person, company, etc. to whom a debtor owes money
139. st____c electricity *adj.* not moving or not capable of moving, not changing or not capable of changing
140. st____h along the coast *v.* to make or be capable of making anything longer or broader without hurting or breaking
141. the con____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
142. the most am____g feeling *adj.* extremely surprising, especially in a way that you like or admire
143. di____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 132. agony, 133. dynamic, 134. heal, 135. harsh, 136. luncheon, 137. extrovert, 138. creditor, 139. static, 140. stretch, 141. consequence, 142. amazing, 143. disease

144. w__n a reckless driver *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
145. thousands of in_____nt people *adj.* not guilty of a crime, offense, etc.; not having an evil mind or knowledge
146. cr_____y a criminal *v.* to execute someone by nailing or binding them to a cross, leaving them there to die
147. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
148. mistaken id_____ty *n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another
149. worker p__k *n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
150. the imperial cr__n *n.* a circular ornamental headdress, worn as a symbol of authority by a king, usually made of gold and precious stones
151. incredible th___l *n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion
152. before Ch___t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

ANSWERS: 144. warn, 145. innocent, 146. crucify, 147. disease, 148. identity, 149. perk, 150. crown, 151. thrill, 152. Christ

153. vanilla es____e *n.* the basic or most important part or quality of something that makes it what it is
154. the ho_____st museum *n.* the systematic killing of millions of Jews and other minority groups by the Nazis during World War II, or any similar act of mass destruction
155. severe ag__y *n.* extreme physical or mental pain or suffering, often prolonged or intense
156. ec____ic joy *adj.* feeling or characterized by intense joy, delight, or enthusiasm
157. silk ri____n *n.* a long, narrow strip or band of fabric, often used for decoration or tying things together; a symbol or badge representing a particular honor or award
158. id____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
159. lo__y for legislation *n.* a large area inside the entrance of a public building where people can meet and wait; a group of people who try to persuade a politician, the government, or an official group to influence legislation
160. co_____e against a friend *v.* to strive to achieve more success than someone or something
161. gross in_____ce *n.* a violation of the rights of others or the laws of a society
162. pa____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

ANSWERS: 153. essence, 154. holocaust, 155. agony, 156. ecstatic, 157. ribbon, 158. identify, 159. lobby, 160. compete, 161. injustice, 162. patient

163. the ancient t__b *n.* a large stone structure or underground chamber in which the dead are buried
164. the professor of su____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
165. ca___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
166. the mountain's br___t *n.* either of the two round soft parts of a woman's chest which secrete milk after childbirth
167. beaded br____et *n.* a piece of jewelry worn around the wrist, often as an ornament or decoration
168. financial pa___f *n.* the outcome or result of an action or series of actions; the return or reward gained from an investment, effort, or risk
169. a warm em____e *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
170. cl__g tightly to the skin *v.* to hold onto something tightly; to be closely attached to someone or something

ANSWERS: 163. tomb, 164. surgery, 165. cancer, 166. breast, 167. bracelet, 168. payoff, 169. embrace, 170. cling

171. future of space exp_____on *n.* the activity of searching and finding out about something through a place
172. the great di_____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
173. hou_____st etiquette *n.* a person who is staying as a guest in someone's house
174. su____r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
175. a dy_____c market *adj.* having a lot of energy, ideas, and enthusiasm, and a strong personality; of or relating to dynamics (= the branch of physics and engineering concerned with the forces that cause motions of bodies)
176. ex_____rt social skills *n.* a person who is outgoing, sociable, and confident
177. a doc_____ry film *n.* a film or a radio or television program that gives facts and information about a subject; of or derived from official documents
178. an in_____t reply *adj.* happening immediately, with no delay
179. cr_____y him for their actions *v.* to execute someone by nailing or binding them to a cross, leaving them there to die
180. words of co_____t *n.* a state of physical ease and freedom from pain or constraint
181. ge_____e of goodwill *n.* a movement of the hands, head, or face that express a particular meaning

ANSWERS: 171. exploration, 172. discovery, 173. houseguest, 174. suffer, 175. dynamic, 176. extrovert, 177. documentary, 178. instant, 179. crucify, 180. comfort, 181. gesture

182. co_____e fiercely *v.* to strive to achieve more success than someone or something
183. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
184. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
185. the cell of the im_____e system *adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
186. set a t__p *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
187. a we__d dress *adj.* extraordinary, unexpected, or difficult to explain
188. be___y a friend *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
189. doc_____ry proof *n.* a film or a radio or television program that gives facts and information about a subject; of or derived from official documents
190. have a lot of hou_____sts *n.* a person who is staying as a guest in someone's house

ANSWERS: 182. compete, 183. discovery, 184. struggle, 185. immune, 186. trap, 187. weird, 188. betray, 189. documentary, 190. houseguest

191. religious fa__h *n.* complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.
192. p__ks for repeat guests *n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job
193. n__m of action *n.* something that is regarded as usual, typical, or standard
194. im_____t into the uterus *v.* to insert or fix an artificial device in a person's body; to put an idea, attitude, etc., firmly in the mind
195. mental fle_____ty *n.* the quality of changing or being changed easily according to new conditions or situations
196. an in_____nt child *adj.* not guilty of a crime, offense, etc.; not having an evil mind or knowledge
197. hand ge_____e *n.* a movement of the hands, head, or face that express a particular meaning
198. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
199. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
200. co_____nt the issue *v.* to face, meet or deal with a problem or difficult situation or person
201. ev___e *v.* to develop gradually, or to cause the development of something or someone gradually

ANSWERS: 191. faith, 192. perk, 193. norm, 194. implant, 195. flexibility, 196. innocent, 197. gesture, 198. diagnose, 199. shock, 200. confront, 201. evolve

202. dumped ov_____rd *adv.* to an extreme or excessive degree; to a point where something becomes unreasonable or irrational
203. teaching of Ch____t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
204. in____t breeding *n.* the act of engaging in sexual activity with a close relative, such as a parent, sibling, or cousin; a taboo or prohibited activity in many cultures and societies
205. che_____apy regimen *n.* the treatment of disease, particularly cancer, using special drugs that have a toxic effect on cancer cells; frequently used in conjunction with other therapies such as surgery and radiation
206. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
207. in_____rt personality *n.* a shy and reticent person
208. cl__g onto power *v.* to hold onto something tightly; to be closely attached to someone or something
209. tr____a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
210. res_____ion story *n.* the act of being brought back to life or revived, especially after a period of death or dormancy; a rebirth or renewal of something that was thought to be lost or forgotten

ANSWERS: 202. overboard, 203. Christ, 204. incest, 205. chemotherapy, 206. stick, 207. introvert, 208. cling, 209. trauma, 210. resurrection

211. h__l the hurt mind *v.* to make a wound or injury to become well again
212. mis_____and each other *v.* to interpret or understand something in the wrong way
213. st____th of the economy *n.* the quality or state of being physically, or sometimes mentally, strong
214. military ch_____in *n.* a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting
215. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
216. re_____ct an argument *v.* to bring back to life or bring into existence again
217. mis_____and entirely about her *v.* to interpret or understand something in the wrong way
218. in_____on pump *n.* a liquid, especially one containing medicine that is introduced into the body through a vein, muscle, or joint; the act of adding such liquid

ANSWERS: 211. heal, 212. misunderstand, 213. strength, 214. chaplain, 215. process, 216. resurrect, 217. misunderstand, 218. infusion

ANSWERS:

Session 3: Fill in the Blanks

1. The food at the restaurant was _____ and overpriced.
adj. of poor quality; not satisfactory
2. He finally decided to _____ problems directly.
v. to face, meet or deal with a problem or difficult situation or person
3. The doctor prescribed a _____ painkiller to alleviate her chronic pain.
n. a drug or substance that dulls the senses and induces a state of lethargy or sleep; a drug that is illegal or highly regulated for medical use due to its ability to cause addiction or harm
4. The friends met at the local pub every Friday to ____ about their week.
v. to talk at length, often without a particular purpose or direction; (noun) a long-haired bovine mammal native to central Asia that is often domesticated and used for its meat, milk, and wool
5. The idea of _____ is central to many religious beliefs.
n. the act of being brought back to life or revived, especially after a period of death or dormancy; a rebirth or renewal of something that was thought to be lost or forgotten
6. The researcher separated the nervous _____ for microscopic examinations.
n. an ensemble of similar cells of the animal or plant that together carry out a specific function
7. The systems we have developed has accepted as industry _____.
n. something that is regarded as usual, typical, or standard

ANSWERS: 1. crappy, 2. confront, 3. narcotic, 4. yak, 5. resurrection, 6. tissue, 7. norms

8. He wants to _____ ownership of the abandoned property.
- v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
9. The _____ for all my hard work was finally getting a promotion.
- n.* the outcome or result of an action or series of actions; the return or reward gained from an investment, effort, or risk
10. She made a facial _____ to express disagreement.
- n.* a movement of the hands, head, or face that express a particular meaning
11. The _____ from the charity auction will go towards building a school in a developing country.
- n.* the money or profit earned from a particular activity or venture; the total amount collected from a sale or fundraiser
12. I will introduce you to how to _____ the leading causes of the malfunction.
- v.* to recognize someone or something and say or prove who or what they are
13. The _____ of the dancers on stage was graceful and elegant.
- n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
14. He _____ to the hope that he will find a job soon.
- v.* to hold onto something tightly; to be closely attached to someone or something
15. The sprinter has a _____ way of running.
- adj.* having a lot of energy, ideas, and enthusiasm, and a strong personality; of or relating to dynamics (= the branch of physics and engineering concerned with the forces that cause motions of bodies)

ANSWERS: 8. claim, 9. payoff, 10. gesture, 11. proceeds, 12. identify, 13. movement, 14. clings, 15. dynamic

16. The _____ of the court's decision angered many people and led to protests.
n. a violation of the rights of others or the laws of a society
17. We dealt with those problems with speed and _____.
n. the quality of changing or being changed easily according to new conditions or situations
18. The hospital _____ provided emotional support and spiritual guidance to the patients and their families.
n. a member of the clergy or religious community who is employed to provide spiritual guidance, counseling, or support to a particular group, such as a hospital or military unit; a person who performs religious ceremonies or rites, particularly within a non-denominational or multi-faith setting
19. Later, his claim was found to be _____ false.
adv. completely
20. Breast _____ is the most common type of cancer in women.
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
21. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
22. I'm attending a business _____ tomorrow to meet with potential clients.
n. a formal midday meal or banquet, typically one held in honor of a person or occasion

ANSWERS: 16. injustice, 17. flexibility, 18. chaplain, 19. entirely, 20. cancer, 21. decide, 22. luncheon

23. Many cancer patients undergo _____ as a treatment option.
- n.* the treatment of disease, particularly cancer, using special drugs that have a toxic effect on cancer cells; frequently used in conjunction with other therapies such as surgery and radiation
24. The religious leaders wanted to _____ the heretic for his teachings.
- v.* to execute someone by nailing or binding them to a cross, leaving them there to die
25. Many _____ survivors still suffer from the trauma they experienced during that time.
- n.* the systematic killing of millions of Jews and other minority groups by the Nazis during World War II, or any similar act of mass destruction
26. The _____ team includes nurses, social workers, chaplains, and volunteers who work together to provide comprehensive care.
- n.* a specialized care facility or service for terminally ill patients intended to provide comfort and support in the final stages of life; any program, organization, or approach focused on end-of-life care and support
27. It will take time for her mental scars to _____.
- v.* to make a wound or injury to become well again
28. The _____ of the unknown soldier honored the bravery and sacrifice of those who lost their lives in battle.
- n.* a large stone structure or underground chamber in which the dead are buried
29. _____ is the day to celebrate the birth of Christ.
- n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

ANSWERS: 23. chemotherapy, 24. crucify, 25. holocaust, 26. hospice, 27. heal, 28. tomb, 29. Christmas

30. Her research team made an important _____.
- n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
31. Many civilians have suffered _____ as a result of the war.
- n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
32. She tied the _____ around the gift box to make it look pretty.
- n.* a long, narrow strip or band of fabric, often used for decoration or tying things together; a symbol or badge representing a particular honor or award
33. He got an electric _____ at work.
- n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
34. The side effects of _____ such as nausea and hair loss, were a major concern for the patient.
- n.* short for chemotherapy, a treatment for cancer that uses drugs to destroy cancer cells
35. They tried to _____ the ancient tradition.
- v.* to bring back to life or bring into existence again
36. The new ____ album is getting a lot of attention.
- n.* a type of music characterized by a strong, repetitive beat and lyrics that often focus on social and political issues; a reproach for some lapse or misdeed
37. The _____ on the corner is hosting a free community meal tonight.
- n.* a building or institution dedicated to religious worship or activities; a Christian religious organization or denomination

ANSWERS: 30. discovery, 31. trauma, 32. ribbon, 33. shock, 34. chemo, 35. resurrect, 36. rap, 37. church

38. He _____ the truth to plead not guilty.

v. to tell someone about something again or differently

39. He took me aside and _____ in my ear.

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

40. The drug is dissolved in a _____ solution.

adj. containing salt; of or relating to chemical salts

41. He went _____ with his criticism, and it hurt her feelings.

adv. to an extreme or excessive degree; to a point where something becomes unreasonable or irrational

42. The prime minister faced _____ criticism.

adj. severe and unkind; extremely tough and unpleasant to inhabit

43. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

44. The politician's _____ was exposed when leaked emails revealed he had accepted lobbyists' bribes.

n. the act of deceiving or misleading someone, often for personal or selfish gain; a practice or behavior intended to mislead or misrepresent the truth

45. These economic activities had disastrous environmental _____.

n. the outcome of a particular action or event, especially relative to an individual

46. Health and _____ are, above all, gold.

n. the quality or state of being physically, or sometimes mentally, strong

ANSWERS: 38. retells, 39. whispered, 40. saline, 41. overboard, 42. harsh, 43. amazing, 44. deceit, 45. consequences, 46. strength

47. The _____ for applying for a visa can be lengthy and complicated.
- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
48. She wore a beautiful _____ that her grandmother had given her.
- n.* a piece of jewelry worn around the wrist, often as an ornament or decoration
49. That _____ group actively advocated environmental protection to the government.
- n.* a large area inside the entrance of a public building where people can meet and wait; a group of people who try to persuade a politician, the government, or an official group to influence legislation
50. Eyeless fish _____ in dark caves.
- v.* to develop gradually, or to cause the development of something or someone gradually
51. She was struggling to make a _____ between two job offers.
- n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
52. You should not _____ the meaning of freedom.
- v.* to interpret or understand something in the wrong way
53. A yacht cruise is our company's ultimate _____.
- n.* an advantage or something extra, such as money or goods, you receive as well as your wages for doing a particular job

ANSWERS: 47. process, 48. bracelet, 49. lobby, 50. evolved, 51. decision, 52. misunderstand, 53. perk

54. The terrorist's _____ remains unknown.

- n.* the fact of being who or what somebody or something is; the features, emotions, or ideas that distinguish persons from one another

55. She intentionally acts like an _____.

- n.* a person who is outgoing, sociable, and confident

56. The shipwreck _____ was rescued after floating in the ocean for three days.

- n.* a person who remains alive after an event in which others have died

57. The _____ image on the screen took a lot of work to make out.

- adj.* not moving or not capable of moving, not changing or not capable of changing

58. The vaccination does not necessarily make you completely _____.

- adj.* protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

59. My _____ from out of town stayed with us for a week, and it was so much fun showing them around the city.

- n.* a person who is staying as a guest in someone's house

60. _____ elections were held in several European countries.

- adj.* belonging to or used by a group rather than individuals; for common use

61. The _____ party strongly disagreed with the government's proposed legislation.

- n.* the act of disagreeing or resisting; the state of strong disagreement

62. The drought _____ the prices of grain globally.

- v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position

ANSWERS: 54. identity, 55. extrovert, 56. survivor, 57. static, 58. immune, 59. houseguest, 60. Communal, 61. opposition, 62. lifted

63. You must _____ with others to obtain this position.

v. to strive to achieve more success than someone or something

64. She was _____ to receive the news that she had won the lottery.

adj. feeling or characterized by intense joy, delight, or enthusiasm

65. The bishop bestowed the golden _____ on the king.

n. a circular ornamental headdress, worn as a symbol of authority by a king, usually made of gold and precious stones

66. She holds a _____ on Tuesday mornings.

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

67. The woods _____ the house.

v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

68. I asked the lawyer to initiate _____ negotiations for voluntary liquidation.

n. a person, company, etc. to whom a debtor owes money

69. He found _____ in the warm embrace of his loved ones.

n. a state of physical ease and freedom from pain or constraint

70. He kept his robust _____ in his company.

n. complete trust in something or someone's ability or knowledge; a strong belief in religion, divine power, etc.

71. He called for a careful _____ of the consequences.

n. the activity of searching and finding out about something through a place

ANSWERS: 63. compete, 64. ecstatic, 65. crown, 66. clinic, 67. embrace, 68. creditor, 69. comfort, 70. faith, 71. exploration

72. He felt _____ when his best friend revealed their secret to the enemy.
v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
73. The doctor diagnosed him with a rare _____ that had no known cure.
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
74. The police tried to _____ the facts concerning her death.
v. to make something, such as a statement or situation, less confusing and more understandable
75. To advance this discussion, we must _____ "success" rigorously.
v. to state or explain precisely the nature, scope, or meaning of something
76. My husband was found _____ of any crime.
adj. not guilty of a crime, offense, etc.; not having an evil mind or knowledge
77. He was so hungry from the long journey that he had a _____ appetite.
adj. extremely large
78. The navy _____ ships of defeated nations.
v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
79. The prime minister was not well prepared for the debate and _____ it
adj. not genuine; fraudulent or counterfeit

ANSWERS: 72. betrayed, 73. disease, 74. clarify, 75. define, 76. innocent, 77. gigantic, 78. interned, 79. faked

80. She had to have a _____ after being diagnosed with breast cancer.
- n.* a surgical operation to remove all or part of a breast, most often as a treatment for breast cancer or other malignant tumors
81. You _____ a bill in the change machine, and the coins pop out.
- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
82. We want to _____ you to our annual charity event.
- v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
83. The teachers make full use of _____ assistance.
- n.* a person who performs or offers to perform a job or service without being paid for or forced to do
84. He won an award for that short _____.
- n.* a film or a radio or television program that gives facts and information about a subject; of or derived from official documents
85. The airport offers five _____ access routes.
- adj.* useful, helpful, or quick to do
86. These birds can only _____ in temperate climates.
- v.* to live or exist despite a dangerous event or period
87. This device is used to _____ brain cancer and other tumors.
- v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

ANSWERS: 80. mastectomy, 81. stick, 82. invite, 83. volunteer, 84. documentary, 85. convenient, 86. survive, 87. diagnose

88. The _____ properties of this herb have been known to help with various ailments.
adj. of or relating to the treatment or cure of disease
89. She was _____ about her friend's intentions.
adj. not being sure of something; not being able to choose
90. The nurse prepared an _____ of pain medication for the patient.
n. a liquid, especially one containing medicine that is introduced into the body through a vein, muscle, or joint; the act of adding such liquid
91. He could not _____ against temptation.
v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
92. The doctor will _____ a pacemaker to regulate his heart rate.
v. to insert or fix an artificial device in a person's body; to put an idea, attitude, etc., firmly in the mind
93. He grilled the _____ meat of a chicken.
n. either of the two round soft parts of a woman's chest which secrete milk after childbirth
94. Oldest and only daughters were more likely to be the victims of _____.
n. the act of engaging in sexual activity with a close relative, such as a parent, sibling, or cousin; a taboo or prohibited activity in many cultures and societies
95. The athlete fell to the ground in _____ after injuring their ankle.
n. extreme physical or mental pain or suffering, often prolonged or intense

ANSWERS: 88. medicinal, 89. uncertain, 90. infusion, 91. struggle, 92. implant, 93. breast, 94. incest, 95. agony

96. The older man _____ from arthritis and finds it difficult to move around.
v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
97. Skydiving is an overwhelming _____ for many people.
n. a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion
98. The mobile application industry is a _____ one.
adj. involving competition or competitiveness
99. He had undergone heart _____ years before.
n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
100. University teaches the art of understanding the _____ of the matter.
n. the basic or most important part or quality of something that makes it what it is
101. His pleasant face turned cold in an _____.
adj. happening immediately, with no delay
102. I attempted to _____ him, but he ignored me.
v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future
103. Being an _____ is not a weakness, and it's just a different way of interacting with the world.
n. a shy and reticent person

ANSWERS: 96. suffers, 97. thrill, 98. competitive, 99. surgery, 100. essence, 101. instant, 102. warn, 103. introvert

104. Many people worry that the current real estate market is a _____ that could burst soon.
- n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses
105. The doctor carefully examined the _____ medical history.
- n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
106. The enemy fell right into the _____.
- n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
107. The industrial _____ laws were passed with little to no alteration.
- n.* the way two persons or groups of people feel and act toward one another
108. My computer has been acting _____ recently.
- adj.* extraordinary, unexpected, or difficult to explain
109. Some herds have been observed to _____ hundreds of kilometers.
- v.* to make or be capable of making anything longer or broader without hurting or breaking

ANSWERS: 104. bubble, 105. patient's, 106. trap, 107. relations, 108. weird, 109. stretch