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Vocabulary Builder Reference from...

Anne-Marie Slaughter: Can we all "have it all"? | TED

Talk

https://www.ted.com/talks/anne_marie_slaughter_can

_we_all_have_it_all



Advanced Words Only

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Session 1: Word List

commute

v. to regularly travel a particular journey, especially between one's home and place of work; (noun) a regular journey of some distance to and from your place of work

synonym: travel, journey, trip

(1) commute to work, (2) daily commute

He had to commute two hours each way to get to work.

eke

v. to make a living or support oneself with difficulty or by supplementing one's income with additional work or resources; to manage or get by with what is available, often by means of careful or thrifty measures

synonym: supplement, stretch, squeeze out

(1) **eke** out a few extra dollars, (2) **eke** out a narrow victory He managed to **eke** out a living by doing odd jobs.

uproot

v. to remove or pull out by the roots, especially a plant or tree; to displace or remove someone or something from a particular place or position

synonym: remove, eradicate

(1) uproot the tree, (2) uproot tradition

We decided to **uproot** our lives and move to a new city.

laureate

- n. a person who has been awarded an honor or a prize for achievement in a particular field, especially in literature or academia; a poet who is honored for achieving the highest level of excellence in a competition or for producing a lifetime body of work
- (1) Oscar **laureate**, (2) poet **laureate**The Nobel **laureate** delivered an inspiring speech to the graduating class.

mantra

 a word or phrase, often repeated, that is used as a focus for the mind during meditation

synonym: hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

breadwinner

- the member of a family who earns money to support the others
- (1) family **breadwinner**, (2) two-**breadwinner** couple Many women are now their families' primary **breadwinners**.

caregiving

the act of providing care and support for someone who is ill, disabled, or elderly

synonym: nurturing, caring, assisting

(1) **caregiving** process, (2) **caregiving** responsibilities She devoted her life to **caregiving**, looking after her aging parents.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients **Empathy** is also necessary to understand history.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

adaptable

adj. able or willing to modify or be modified to deal with new situations

synonym: flexible, adjustable, elastic

(1) **adaptable** enough for the environment, (2) an **adaptable** person

We seek a candidate who possesses **adaptable** fighting potential.

obsession

n. the state in which a person's mind is filled with thoughts of one single object or particular person

synonym: compulsion, fixation, enthusiasm

(1) **obsession** with character, (2) national **obsession**Gambling became an **obsession** for him, and he eventually lost everything.

luxuriate

to indulge oneself or take great pleasure in something, often in a lavish or self-indulgent manner; to enjoy something to a great extent, often with a sense of indulgence or extravagance

synonym: indulge, delight, revel

(1) **luxuriate** in a vacation, (2) **luxuriate** in a slow and indulgent meal

After a long work week, I **luxuriated** in a hot bubble bath.

siesta

 a short period of sleep or rest taken during the middle of the day, particularly in cultures or regions that experience hot weather or a slower lifestyle in the afternoon

synonym: nap, rest, snooze

afternoon siesta, (2) Spanish siesta
 some countries, it is common to take a siesta after lunch.

barter

 the exchange of goods or services without the use of money; a system of trade in which individuals exchange goods or services directly

synonym: trade, exchange, swap

(1) barter system, (2) a barter economy

The farmers engaged in **barter** to trade their crops with other farmers in the community.

sustenance

n. food and drink that living things need to nourish their body

synonym: nourishment, livelihood, nutrition

(1) scanty **sustenance**, (2) **sustenance** allowance A regular job is often a spiritual **sustenance**.

instinctively

 adv. as a matter of nature or intuition rather than thought or training

synonym: inherently, intuitively, naturally

(1) **instinctively** grabbed the knife, (2) **instinctively** bad with children

Some researchers claim that even humans can **instinctively** sense earthquakes.

psychiatry

 the branch of medicine concerned with the study, treatment, and prevention of mental illness

synonym: mental health, psychology, psychoanalysis

(1) **psychiatry** therapy, (2) biological **psychiatry**The field of **psychiatry** is constantly evolving, with new treatments and approaches being developed all the time.

juggle

v. to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act

synonym: jiggle, balance, handle

(1) **juggle** a job and motherhood, (2) **juggle** with facts It can be difficult to **juggle** work, family, and social life, but finding balance is important.

scramble

to move or climb quickly and awkwardly, often using your hands to help you

synonym: jumble, disarrange

(1) **scramble** my mind, (2) **scramble** for support Local business owners **scrambled** to find skilled workers.

socialism

a political and economic theory or system that advocates for the collective ownership and control of the means of production and distribution of goods, aiming for a more equitable and just society; a system that aims to reduce economic inequalities and prioritize the welfare of the community as a whole

synonym: communism, collectivism, equality

(1) non-Marxist socialism, (2) the rise of socialism The professor held a seminar on the principles of democratic **socialism** and its impact on modern European countries.

mystique

an air of secrecy, intrigue, or mystery surrounding something or someone; a sense of fascination or aura of inexplicable attraction

synonym: aura, charm, enchantment

(1) mystique surrounding, (2) celebrity mystique The actress had a **mystique** about her that drew people to her.

prestige

respect and admiration felt or shown for someone or something based on a perception of their achievements or quality

synonym: honor, distinction, reputation

(1) national **prestige**, (2) **prestige** company The university has great **prestige** in the academic community.

obsess

to fill the mind of someone continually so that one can't think of anything else

synonym: torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the

fear

He's utterly **obsessed** with his promotion.

paternity

n. the state of being a father; the attribution of a specific child to a particular father; the characteristics or traits inherited or passed down from a father

synonym: fatherhood, fathering, parenthood

(1) paternity suit, (2) paternity test

The **paternity** leave policy at his workplace allowed him to take time off to bond with his new baby

soothe

v. to calm or comfort someone or something; to make something less painful or uncomfortable

synonym: calm, relax, comfort

(1) **soothe** anxiety, (2) **soothe** a baby to sleep She applied aloe vera to **soothe** her sunburn.

housework

- n. the tasks involved in cleaning and maintaining a housesynonym: chores, cleaning, domestic duties
- (1) **housework** robot, (2) light **housework**She didn't mind doing the **housework** as long as it kept her busy and productive.

unthinkable

adj. too unlikely or shocking to imagine or accept synonym: impossible, inconceivable, outlandish

(1) an **unthinkable** coincidence, (2) in **unthinkable** trouble That accident was something **unthinkable** with my long experience.

eyebrow

- n. the hair arc over each eye in humanssynonym: brow, supercilium
- (1) raise her **eyebrows**, (2) **eyebrow** cosmetics

She raised an inquiring eyebrow towards me.

carol

a song or hymn typically sung at Christmas, often with a joyful or celebratory theme

synonym:

song, hymn, anthem

(1) Christmas carol, (2) sing a carol

I love the sound of **carols** playing in the background while we decorate the Christmas tree.

ethic

n. a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems

synonym: moral code, code of conduct, principles

(1) moral **ethic**, (2) professional **ethic**

Having a strong work **ethic** is important for success in any field.

humanist

n. a person who is concerned with the welfare and rights of all human beings; one who believes in the inherent worth and dignity of every person and stresses the importance of human values and ethical principles

synonym: humanitarian, philanthropist, altruist

(1) **humanist** scholar, (2) **humanist** philosophy

The **humanist** counselor encouraged her clients to focus on their growth and well-being.

heterosexual

adj. attracted to individuals of the opposite sexsynonym: straight, conventional

(1) **heterosexual** relationship, (2) **heterosexual** marriage He identified as **heterosexual** and had never considered being with someone of the same gender.

Session 2: Spelling

1.	carng responsibilities	n.	the act of providing care and support for someone who is ill, disabled, or elderly
2.	Spanish sia	n.	a short period of sleep or rest taken during the middle of the day, particularly in cultures or regions that experience hot weather or a slower lifestyle in the afternoon
3.	chant the maa of structural reform	n.	a word or phrase, often repeated, that is used as a focus for the mind during meditation
4.	paty test	n.	the state of being a father; the attribution of a specific child to a particular father; the characteristics or traits inherited or passed down from a father
5.	scanty susce	n.	food and drink that living things need to nourish their body
6.	in untle trouble	adj.	too unlikely or shocking to imagine or accept
7.	myue surrounding	n.	an air of secrecy, intrigue, or mystery surrounding something or someone; a sense of fascination or aura of inexplicable attraction
8.	campaign maa	n.	a word or phrase, often repeated, that is used as a focus for the mind during meditation
9.	professional etc	n.	a set of moral or philosophical principles

ANSWERS: 1. caregiving, 2. siesta, 3. mantra, 4. paternity, 5. sustenance, 6. unthinkable, 7. mystique, 8. mantra, 9. ethic

or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems

10.	an adle person	adj.	able or willing to modify or be modified to deal with new situations
11.	he is obsed with the fear	<i>v</i> .	to fill the mind of someone continually so that one can't think of anything else
12.	non-Marxist sosm	n.	a political and economic theory or system that advocates for the collective ownership and control of the means of production and distribution of goods, aiming for a more equitable and just society; a system that aims to reduce economic inequalities and prioritize the welfare of the community as a whole
13.	scle my mind	v.	to move or climb quickly and awkwardly, often using your hands to help you
14.	daily coe	ν.	to regularly travel a particular journey, especially between one's home and place of work; (noun) a regular journey of some distance to and from your place of work
15.	adle enough for the environment	adj.	able or willing to modify or be modified to deal with new situations
16.	lute in a vacation	v.	to indulge oneself or take great pleasure in something, often in a lavish or self-indulgent manner; to enjoy something to a great extent, often with a sense of indulgence or extravagance
17.	paty suit	n.	the state of being a father; the attribution of a specific child to a particular father; the characteristics or traits inherited or passed down from a father

ANSWERS: 10. adaptable, 11. obsess, 12. socialism, 13. scramble, 14. commute, 15. adaptable, 16. luxuriate, 17. paternity

18.	a hard and rent steel	adj.	able to withstand or recover quickly from difficult conditions
19.	family breer	n.	the member of a family who earns money to support the others
20.	e_e out a few extra dollars	ν.	to make a living or support oneself with difficulty or by supplementing one's income with additional work or resources; to manage or get by with what is available, often by means of careful or thrifty measures
21.	insely bad with children	adv.	as a matter of nature or intuition rather than thought or training
22.	full of emy	n.	the ability to share another person's feelings or experiences by imagining that person's situation
23.	obon with character	n.	the state in which a person's mind is filled with thoughts of one single object or particular person
24.	bar system	n.	the exchange of goods or services without the use of money; a system of trade in which individuals exchange goods or services directly
25.	rent population	adj.	able to withstand or recover quickly from difficult conditions
26.	celebrity myue	n.	an air of secrecy, intrigue, or mystery surrounding something or someone; a sense of fascination or aura of inexplicable attraction
27.	hust philosophy	n.	a person who is concerned with the welfare and rights of all human beings; one who believes in the inherent worth and dignity of every person and stresses the importance of human values and ethical principles

ANSWERS: 18. resilient, 19. breadwinner, 20. eke, 21. instinctively, 22. empathy, 23. obsession, 24. barter, 25. resilient, 26. mystique, 27. humanist

28.	the rise of sosm	n.	a political and economic theory or system that advocates for the collective ownership and control of the means of production and distribution of goods, aiming for a more equitable and just society; a system that aims to reduce economic inequalities and prioritize the welfare of the community as a whole
29.	soe anxiety	v.	to calm or comfort someone or something; to make something less painful or uncomfortable
30.	carng process	n.	the act of providing care and support for someone who is ill, disabled, or elderly
31.	obs over her weight	<i>v</i> .	to fill the mind of someone continually so that one can't think of anything else
32.	an untle coincidence	adj.	too unlikely or shocking to imagine or accept
33.	jue with facts	v.	to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act
34.	psyry therapy	n.	the branch of medicine concerned with the study, treatment, and prevention of mental illness
35.	hetual marriage	adj.	attracted to individuals of the opposite sex
36.	raise her eyws	n.	the hair arc over each eye in humans
37.	hork robot	n.	the tasks involved in cleaning and maintaining a house

ANSWERS: 28. socialism, 29. soothe, 30. caregiving, 31. obsess, 32. unthinkable, 33. juggle, 34. psychiatry, 35. heterosexual, 36. eyebrow, 37. housework

38.	national prge	n.	respect and admiration felt or shown for someone or something based on a perception of their achievements or quality
39.	a bar economy	n.	the exchange of goods or services without the use of money; a system of trade in which individuals exchange goods or services directly
40.	susce allowance	n.	food and drink that living things need to nourish their body
41.	insely grabbed the knife	adv.	as a matter of nature or intuition rather than thought or training
42.	jue a job and motherhood	<i>v</i> .	to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act
43.	emy for patients	n.	the ability to share another person's feelings or experiences by imagining that person's situation
44.	coe to work	ν.	to regularly travel a particular journey, especially between one's home and place of work; (noun) a regular journey of some distance to and from your place of work
45.	poet late	n.	a person who has been awarded an honor or a prize for achievement in a particular field, especially in literature or academia; a poet who is honored for achieving the highest level of excellence in a competition or for producing a lifetime body of work

ANSWERS: 38. prestige, 39. barter, 40. sustenance, 41. instinctively, 42. juggle, 43. empathy, 44. commute, 45. laureate

46.	hetual relationship	adj.	attracted to individuals of the opposite sex
47.	sing a cal	n.	a song or hymn typically sung at Christmas, often with a joyful or celebratory theme
48.	afternoon sia	n.	a short period of sleep or rest taken during the middle of the day, particularly in cultures or regions that experience hot weather or a slower lifestyle in the afternoon
49.	two-breer couple	n.	the member of a family who earns money to support the others
50.	lute in a slow and indulgent meal	ν.	to indulge oneself or take great pleasure in something, often in a lavish or self-indulgent manner; to enjoy something to a great extent, often with a sense of indulgence or extravagance
51.	scle for support	v.	to move or climb quickly and awkwardly, often using your hands to help you
52.	prge company	n.	respect and admiration felt or shown for someone or something based on a perception of their achievements or quality
53.	national obon	n.	the state in which a person's mind is filled with thoughts of one single object or particular person
54.	upt the tree	v.	to remove or pull out by the roots, especially a plant or tree; to displace or remove someone or something from a particular place or position

ANSWERS: 46. heterosexual, 47. carol, 48. siesta, 49. breadwinner, 50. luxuriate, 51. scramble, 52. prestige, 53. obsession, 54. uproot

55. ey___w cosmetics the hair arc over each eye in humans n. 56. up___t tradition to remove or pull out by the roots, ν. especially a plant or tree; to displace or remove someone or something from a particular place or position 57. Oscar la___te a person who has been awarded an n. honor or a prize for achievement in a particular field, especially in literature or academia; a poet who is honored for achieving the highest level of excellence in a competition or for producing a lifetime body of work 58. so e a baby to sleep to calm or comfort someone or ν. something; to make something less painful or uncomfortable 59. light ho____rk the tasks involved in cleaning and n. maintaining a house 60. e e out a narrow victory to make a living or support oneself with ν. difficulty or by supplementing one's income with additional work or resources; to manage or get by with what is available, often by means of careful or thrifty measures a song or hymn typically sung at 61. Christmas ca Christmas, often with a joyful or celebratory theme

ANSWERS: 55. eyebrow, 56. uproot, 57. laureate, 58. soothe, 59. housework, 60. eke, 61. carol, 62. ethic

62. moral et c

a set of moral or philosophical principles

or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems 63. biological psy____ry

 the branch of medicine concerned with the study, treatment, and prevention of mental illness

64. hu___st scholar

n. a person who is concerned with the welfare and rights of all human beings; one who believes in the inherent worth and dignity of every person and stresses the importance of human values and ethical principles

ANSWERS: 63. psychiatry, 64. humanist

Session 3: Fill in the Blanks

1.	Many women are now their families' primary
n.	the member of a family who earns money to support the others
2.	Having a strong work is important for success in any field.
n.	a set of moral or philosophical principles or values that guide the behavior or actions of an individual, group, or society; the study or inquiry into the nature of morality and moral systems
3.	She repeated her personal to herself to stay motivated.
n.	a word or phrase, often repeated, that is used as a focus for the mind during meditation
4.	That accident was something with my long experience.
adj	too unlikely or shocking to imagine or accept
5.	The actress had a about her that drew people to her.
n.	an air of secrecy, intrigue, or mystery surrounding something or someone; a sense of fascination or aura of inexplicable attraction
6.	After a long work week, I in a hot bubble bath.
v.	to indulge oneself or take great pleasure in something, often in a lavish or self-indulgent manner; to enjoy something to a great extent, often with a sense of indulgence or extravagance
7.	We seek a candidate who possesses fighting potential.
adj	able or willing to modify or be modified to deal with new situations
	SWERS: 1. breadwinners, 2. ethic, 3. mantra, 4. unthinkable, 5. mystique, 6. uriated, 7. adaptable

3.	He had to two hours each way to get to work.
v.	to regularly travel a particular journey, especially between one's home and place of work; (noun) a regular journey of some distance to and from your place of work
9.	He's utterly with his promotion.
<i>v</i> .	to fill the mind of someone continually so that one can't think of anything else
10.	She didn't mind doing the as long as it kept her busy and productive.
n.	the tasks involved in cleaning and maintaining a house
11.	He identified as and had never considered being with someone of the same gender.
adj	attracted to individuals of the opposite sex
12.	I love the sound of playing in the background while we decorate the Christmas tree.
n.	a song or hymn typically sung at Christmas, often with a joyful or celebratory theme
13.	The field of is constantly evolving, with new treatments and approaches being developed all the time.
n.	the branch of medicine concerned with the study, treatment, and prevention of mental illness
14.	We decided to our lives and move to a new city.
v.	to remove or pull out by the roots, especially a plant or tree; to displace or remove someone or something from a particular place or position
15.	The Nobel delivered an inspiring speech to the graduating class.
n.	a person who has been awarded an honor or a prize for achievement in a particular field, especially in literature or academia; a poet who is honored for achieving the highest level of excellence in a competition or for producing a lifetime body of work

ANSWERS: 8. commute, 9. obsessed, 10. housework, 11. heterosexual, 12. carols,



16.	is also necessary to understand history.
n.	the ability to share another person's feelings or experiences by imagining that person's situation
17.	It can be difficult to work, family, and social life, but finding balance is important.
ν.	to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act
18.	She applied aloe vera to her sunburn.
v.	to calm or comfort someone or something; to make something less painful or uncomfortable
19.	She is a person and has always bounced back from setbacks.
adj	able to withstand or recover quickly from difficult conditions
20.	She raised an inquiring towards me.
n.	the hair arc over each eye in humans
21.	The university has great in the academic community.
n.	respect and admiration felt or shown for someone or something based on a perception of their achievements or quality
22.	A regular job is often a spiritual
n.	food and drink that living things need to nourish their body
23.	The professor held a seminar on the principles of democratic and its impact on modern European countries.
n.	a political and economic theory or system that advocates for the collective ownership and control of the means of production and distribution of goods, aiming for a more equitable and just society; a system that aims to reduce economic inequalities and prioritize the welfare of the community as a whole
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ANSWERS: 16. Empathy, 17. juggle, 18. soothe, 19. resilient, 20. eyebrow, 21. prestige, 22. sustenance, 23. socialism

24. In sor	me countries, it is common to take a after lunch.
cult	nort period of sleep or rest taken during the middle of the day, particularly in ures or regions that experience hot weather or a slower lifestyle in the rnoon
25. She c	levoted her life to looking after her aging parents.
n. the	act of providing care and support for someone who is ill, disabled, or elderly
26. The _ well-b	counselor encouraged her clients to focus on their growth and being.
who	erson who is concerned with the welfare and rights of all human beings; one believes in the inherent worth and dignity of every person and stresses the ortance of human values and ethical principles
	e researchers claim that even humans can sense quakes.
adv. as a	matter of nature or intuition rather than thought or training
28. He m	anaged to out a living by doing odd jobs.
inco	nake a living or support oneself with difficulty or by supplementing one's the mean with additional work or resources; to manage or get by with what is liable, often by means of careful or thrifty measures
29. Gamb	oling became an for him, and he eventually lost everything.
	state in which a person's mind is filled with thoughts of one single object or icular person
	armers engaged in to trade their crops with other farmers in the nunity.
	exchange of goods or services without the use of money; a system of trade hich individuals exchange goods or services directly
	RS: 24. siesta, 25. caregiving, 26. humanist, 27. instinctively, 28. eke, 29. n, 30. barter

to move or climb quickly and awkwardly, often using your hands to help you

Vocab-Builder Ref from "Anne-Marie Slaughter: Can we all "have it all"? | TED Talk" (32 words)

ANSWERS: 31. paternity, 32. scrambled