Englist.me

Vocabulary Builder Reference from...

Gabby Giffords and Mark Kelly: Be passionate. Be courageous. Be your best. | TED Talk https://www.ted.com/talks/gabby_giffords_and_mark_kelly_be_passionate_be_courageous_be_your_best



Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

congressperson

 a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)

synonym: lawmaker, politician, representative

(1) hawkish **congressperson**, (2) former **congressperson**The term of a **congressperson** is two years.

irrevocably

adv. in a way that is impossible to be changed, reversed, or recovered

synonym: decisively, permanently, definitely

(1) unconditionally and **irrevocably**, (2) change **irrevocably** The evolution of civilization has **irrevocably** improved the quality of human life.

gab

v. to talk or chat informally and at length, often in a relaxed or gossipy manner; to engage in idle or frivolous conversation; (noun) casual conversation or idle chatter

synonym: converse, chatter, yak

(1) **gab** on the cellular telephone, (2) haev a great **gab** session

We often **gab** about our favorite books and movies during our road trips.

prognosis

n. the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

synonym: prospect, forecast, diagnosis

(1) prognosis of cancer, (2) poor prognosis

The doctor gave a positive **prognosis** for her recovery from the illness.

gunshot

 the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target

synonym: shot, blast, gunfire

(1) gunshot wound, (2) gunshot residue

The loud **gunshot** startled the wildlife in the nearby forest.

reclaim

 to take back something previously lost, given, or paid, or ask to have it back

synonym: recoup, regain, retake

(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to **reclaim** some tax.

semblance

 n. the outward appearance or visible form of something, especially when it is different from the reality beneath; a vague or superficial similarity

synonym: appearance, facade, imitation

(1) **semblance** of truth, (2) lose **semblance** of identity There was no **semblance** of order at the chaotic protest.

aphasia

n. a language disorder that affects a person's ability to use or understand words, often caused by brain damage, such as stroke, brain injury, or neurological condition, which can result in difficulty speaking, writing, reading, or comprehending language

synonym: dysphasia, speech impairment, language disorder

(1) global aphasia, (2) amnesic aphasia

After her stroke, my grandmother suffered from expressive **aphasia**, making it difficult for her to articulate her thoughts.

latch

 a device for holding a door or gate closed, typically a sliding bar or bolt

synonym: lock, catch, bolt

(1) set the latch, (2) latch mechanism

The **latch** on the gate was broken, so the cows got loose.

treadmill

n. a piece of exercise equipment consisting of a moving belt on which the user walks, jogs, or runs in place; a monotonous, repetitive task or activity that feels like it is going nowhere, much like a person walking on a treadmill

synonym: exercise machine, routine

(1) **treadmill** workout, (2) nonstop **treadmill**I like to watch TV while running on the **treadmill** to pass the time.

scoot

- v. to move or glide along quickly and smoothly on a surface, especially on a scooter or similar devicesynonym: glide, slide, scurry
- (1) **scoot** out of my room, (2) **scoot** over I have to **scoot** over to the next desk because there's not enough room for me to sit comfortably.

tame

to make wild animals domesticated or controlled, especially through specific training; (adjective) not dangerous or afraid of people, either naturally or because of specific training

synonym: domesticate, soften, (adjective) harmless

- (1) **tame** a wild beast, (2) a **tame** animal We have to **tame** substantial financial deficits at first.
- a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym: rabbit, bunny, hare

doe

(1) doe rabbit, (2) buck and doe

Hunters use a whistle that makes the **doe** sound to lure stags.

handlebar

 a horizontal bar or rod attached to the front fork of a bicycle, motorcycle, or other vehicles, used as a handle for steering the vehicle

synonym: handle, bar, grip

(1) handlebar mustache, (2) grip handlebar

My bike's **handlebar** is loose and needs to be tightened before I can ride it safely.

dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

synonym: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He dedicated his life to helping others.

astronaut

n. a person trained by a space agency to travel outside the Earth's atmosphere

synonym: spaceman, cosmonaut

(1) **astronaut** mission, (2) **astronaut** in training

The shuttle **astronaut** trained for months before embarking on the space mission.

boondoggle

 a wasteful or unnecessary project or activity; work or activity of little practical value but that appears to have a purpose

synonym: foolishness, waste, nonsense

- (1) **boondoggle** expenses, (2) government **boondoggle** The government spent millions of dollars on a **boondoggle** project that never came to fruition.
- a member of a legislative body, especially a member of the U.S. Senate

senator

synonym: legislator, politician, representative

(1) junior **senator**, (2) **senator** term

The hawkish **senator** gave a speech on the new bill in the Senate.

whirlwind

 a very strong wind that moves rapidly in circles and causes a lot of damage

synonym: tornado, waterspout, dust devil

(1) economic **whirlwind**, (2) **whirlwind** of events We went on a **whirlwind** visit to the sightseeing spot.

Senate

a legislative body, especially the upper house of a parliament

synonym: upper house, council, assembly

(1) **Senate** hearing, (2) **Senate** Finance Committee

The **Senate** majority leader announced plans to bring the bill to the floor for a vote.

commuter

 a person who regularly travels long distances between their home and place of work, typically by public transportation or car

synonym: traveler, passenger

(1) commuter shuttle, (2) daily commuter

The **commuter** train was delayed due to a signal failure on the line.

clockwise

adv. in a circular direction that follows the course of a clock's hands or in a direction that is considered to be forward or positive

synonym: rightward, deasil

(1) rotate clockwise, (2) move clockwise

We need to turn the knob **clockwise** to lock the door.

counterclockwise

adv. in a direction opposite to the rotation of a clock's hands or opposite to the usual direction of movement or flow synonym: anticlockwise, reversely

(1) move counterclockwise, (2) swirl counterclockwise

The carousel rotates **counterclockwise** at a slow pace.

colossal

adj. extremely large and impressivesynonym: gigantic, huge, enormous

(1) colossal statue, (2) a colossal success

The new building is truly **colossal**, towering over the surrounding buildings.

resign

- v. to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitablesynonym: quit, relinquish, retire
- (1) **resign** all hopes, (2) **resign** to fate

After a long battle with her health, the teacher had no choice but to **resign** from her position.

caregiving

 the act of providing care and support for someone who is ill, disabled, or elderly

synonym: nurturing, caring, assisting

(1) **caregiving** process, (2) **caregiving** responsibilities She devoted her life to **caregiving**, looking after her aging parents.

presume

v. to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance

synonym: assume, suppose, guess

(1) **presume** innocence, (2) **presume** on his tolerance I **presume** you've already made plans for the weekend since you didn't respond to my invitation.

rendezvous

 a meeting or appointment that has been arranged beforehand; a gathering of people in a pre-arranged location

synonym: meeting, appointment, encounter

romantic rendezvous, (2) business rendezvous
 Our rendezvous point was the coffee shop on the corner.

prosthetic

- adj. of or relating to an artificial part of the body, such as a limb, a heart, or a breast implant
- have prosthetic arms, (2) prosthetic limbs
 New prosthetic joints are less prone to metal poisoning.

appetizer

a small dish served before a meal to stimulate the appetite

synonym: starter, hors d'oeuvre, nibble

(1) pre-dinner **appetizer**, (2) **appetizer** snack The grilled shrimp served as a special **appetizer** for the dinner's main course.

deadlock

n. a state of impasse or stalemate, where no progress or agreement can be made between conflicting parties or viewpoints; a situation where future action or decision-making is halted

synonym: stalemate, gridlock, impasse

(1) political **deadlock**, (2) **deadlock** resolution

The negotiations came to a **deadlock** when neither party could reach an agreement.

rehabilitate

v. to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment

synonym: reform, restore, renovate

(1) **rehabilitate** prisoners, (2) **rehabilitate** wildlife

The organization works to **rehabilitate** drug addicts and help them rebuild their lives.

resigned

 adj. having accepted something unpleasant or difficult, particularly a job or situation, without complaint or resistance; accepting one's fate or circumstances

synonym: submissive, acquiescent, passive

(1) with a **resigned** voice, (2) **resigned** to their fate
She had a **resigned** look on her face when she realized that she had lost the race.

optimism

n. a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation

synonym: positiveness, sanguinity, bullishness

(1) sense of **optimism**, (2) political **optimism**

There is considerable **optimism** that the economy will recover soon.

afterward

adv. after the time mentioned

synonym: later, thereafter, following

(1) a few years **afterward**, (2) go there **afterward**

We will explain the countermeasure concerning this problem afterward.

courageous

adj. able to face and deal with danger or fear without flinching

synonym: brave, valiant, fearless

(1) make a **courageous** decision, (2) **courageous** rescue attempt

He was a **courageous** soldier who had served his country with honor.

Session 2: Spelling

1. re ed to their fate

2. pro____ic limbs

3. de____te a few hours

4. rotate cl____se

5. a t__e animal

6. move cl se

7. as ut in training

8. sc t over

- adj. having accepted something unpleasant or difficult, particularly a job or situation, without complaint or resistance; accepting one's fate or circumstances
- adj. of or relating to an artificial part of the body, such as a limb, a heart, or a breast implant
- to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
- adv. in a circular direction that follows the course of a clock's hands or in a direction that is considered to be forward or positive
- to make wild animals domesticated or controlled, especially through specific training; (adjective) not dangerous or afraid of people, either naturally or because of specific training
- adv. in a circular direction that follows the course of a clock's hands or in a direction that is considered to be forward or positive
- a person trained by a space agency to travel outside the Earth's atmosphere
- v. to move or glide along quickly and smoothly on a surface, especially on a scooter or similar device

ANSWERS: 1. resigned, 2. prosthetic, 3. dedicate, 4. clockwise, 5. tame, 6. clockwise, 7. astronaut, 8. scoot

ANSWERS: 9. counterclockwise, 10. semblance, 11. irrevocably, 12. prosthetic, 13. courageous, 14. afterward, 15. whirlwind, 16. Senate, 17. optimism, 18. doe, 19. resigned

20. rehate wildlife	v.	to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment
21. gut residue	n.	the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target
22. haev a great g_b session	v.	to talk or chat informally and at length, often in a relaxed or gossipy manner; to engage in idle or frivolous conversation (noun) casual conversation or idle chatter
23. amnesic apa	n.	a language disorder that affects a person's ability to use or understand words, often caused by brain damage, such as stroke, brain injury, or neurological condition, which can result in difficulty speaking, writing, reading, o comprehending language
24. pre on his tolerance	v.	to suppose or assume something to be true, often without sufficient evidence o proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance
25. rehate prisoners	v.	to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment
26. government boole	n.	a wasteful or unnecessary project or activity; work or activity of little practical value but that appears to have a purpose
ANSWERS: 20. rehabilitate, 21. gunsho rehabilitate, 26. boondoggle	ot, 22. g	ab, 23. aphasia, 24. presume, 25.

27. la h mechanism 28. sc tout of my room 29. car___ng process 30. Se___e Finance Committee 31. change irr____ly 32. buck and d e 33. re___m a competitive position 34. grip ha____ar 35. as____ut mission 36. set the la h 37. wh____nd of events

38. poor pr____is

- a device for holding a door or gate closed, typically a sliding bar or bolt
- v. to move or glide along quickly and smoothly on a surface, especially on a scooter or similar device
- n. the act of providing care and support for someone who is ill, disabled, or elderly
- n. a legislative body, especially the upper house of a parliament
- adv. in a way that is impossible to be changed, reversed, or recovered
- a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
- v. to take back something previously lost, given, or paid, or ask to have it back
- n. a horizontal bar or rod attached to the front fork of a bicycle, motorcycle, or other vehicles, used as a handle for steering the vehicle
- n. a person trained by a space agency to travel outside the Earth's atmosphere
- a device for holding a door or gate closed, typically a sliding bar or bolt
- a very strong wind that moves rapidly in circles and causes a lot of damage
- the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

ANSWERS: 27. latch, 28. scoot, 29. caregiving, 30. Senate, 31. irrevocably, 32. doe, 33. reclaim, 34. handlebar, 35. astronaut, 36. latch, 37. whirlwind, 38. prognosis

39. deck resolution	n.	a state of impasse or stalemate, where no progress or agreement can be made between conflicting parties or viewpoints; a situation where future action or decision-making is halted
40. ren all hopes	v.	to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitable
41. dete a chapter to the subject	v.	to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
42. gut wound	n.	the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target
43. aper snack	n.	a small dish served before a meal to stimulate the appetite
44. pris of cancer	n.	the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments
45. former conson	n.	a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)
46. sense of opsm	n.	a feeling or the belief that good things will happen, or the quality of being full o hope and emphasizing the positive aspects of a situation
ANSWERS: 39. deadlock, 40. resign, 41 prognosis, 45. congressperson, 46. opti		cate, 42. gunshot, 43. appetizer, 44.

ANSWERS: 47. afterward, 48. deadlock, 49. rendezvous, 50. boondoggle, 51. reclaim, 52. treadmill, 53. semblance, 54. rendezvous, 55. resign

56.	haar mustache	n.	a horizontal bar or rod attached to the front fork of a bicycle, motorcycle, or other vehicles, used as a handle for steering the vehicle
57.	trII workout	n.	a piece of exercise equipment consisting of a moving belt on which the user walks, jogs, or runs in place; a monotonous, repetitive task or activity that feels like it is going nowhere, much like a person walking on a treadmill
58.	pre innocence	ν.	to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance
59.	move couise	adv.	in a direction opposite to the rotation of a clock's hands or opposite to the usual direction of movement or flow
60.	pre-dinner aper	n.	a small dish served before a meal to stimulate the appetite
61.	hawkish conson	n.	a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)
62.	carng responsibilities	n.	the act of providing care and support for someone who is ill, disabled, or elderly
63.	a coal success	adj.	extremely large and impressive
64.	global apa	n.	a language disorder that affects a person's ability to use or understand words, often caused by brain damage, such as stroke, brain injury, or neurological condition, which can result in difficulty speaking, writing, reading, or comprehending language
	SWERS: 56. handlebar, 57. treadmill, 5 betizer, 61. congressperson, 62. caregiv	-	

Vocab-	Builder Ref from "Gabby Giffords and Mark Kelly: Be pa	assion	ate. Be courageous. Be your best. TED Talk" (36 words)
65.	ser term	n.	a member of a legislative body, especially a member of the U.S. Senate
66.	make a couus decision	adj.	able to face and deal with danger or fear without flinching
67.	te a wild beast	<i>v</i> .	to make wild animals domesticated or controlled, especially through specific training; (adjective) not dangerous or afraid of people, either naturally or because of specific training
68.	coal statue	adj.	extremely large and impressive
69.	coer shuttle	n.	a person who regularly travels long distances between their home and place of work, typically by public transportation or car
70.	g_b on the cellular telephone	ν.	to talk or chat informally and at length, often in a relaxed or gossipy manner; to engage in idle or frivolous conversation; (noun) casual conversation or idle chatter
71.	daily coer	n.	a person who regularly travels long distances between their home and place of work, typically by public transportation or car
72.	junior ser	n.	a member of a legislative body, especially a member of the U.S. Senate

ANSWERS: 65. senator, 66. courageous, 67. tame, 68. colossal, 69. commuter, 70. gab, 71. commuter, 72. senator

Session 3: Fill in the Blanks

1.	New joints are less prone to metal poisoning.
adj	of or relating to an artificial part of the body, such as a limb, a heart, or a breast implant
2.	The organization works to drug addicts and help them rebuild their lives.
ν.	to restore to good health or physical condition; to help someone return to a normal life, especially after a period of illness, addiction, or imprisonment
3.	The negotiations came to a when neither party could reach an agreement.
n.	a state of impasse or stalemate, where no progress or agreement can be made between conflicting parties or viewpoints; a situation where future action or decision-making is halted
4.	The majority leader announced plans to bring the bill to the floor for a vote.
n.	a legislative body, especially the upper house of a parliament
5.	You may be entitled to some tax.
v.	to take back something previously lost, given, or paid, or ask to have it back
6.	I have to over to the next desk because there's not enough room for me to sit comfortably.
<i>v</i> .	to move or glide along quickly and smoothly on a surface, especially on a scooter or similar device
7.	The carousel rotates at a slow pace.
adv	in a direction opposite to the rotation of a clock's hands or opposite to the usual direction of movement or flow
	SWERS: 1. prosthetic, 2. rehabilitate, 3. deadlock, 4. Senate, 5. reclaim, 6. scoot, counterclockwise

24.	The term of a is two years.
n.	a person who belongs to a congress, especially a member of the US House of Representatives; congressman (congressperson is used to avoid gender discrimination)
25.	The new building is truly towering over the surrounding buildings.
adj.	extremely large and impressive
26.	There is considerable that the economy will recover soon.
n.	a feeling or the belief that good things will happen, or the quality of being full of hope and emphasizing the positive aspects of a situation
27.	The train was delayed due to a signal failure on the line.
n.	a person who regularly travels long distances between their home and place of work, typically by public transportation or car
	After her stroke, my grandmother suffered from expressive making it difficult for her to articulate her thoughts.
n.	a language disorder that affects a person's ability to use or understand words, often caused by brain damage, such as stroke, brain injury, or neurological condition, which can result in difficulty speaking, writing, reading, or comprehending language
	She had a look on her face when she realized that she had lost the race.
adj.	having accepted something unpleasant or difficult, particularly a job or situation, without complaint or resistance; accepting one's fate or circumstances
30.	We need to turn the knob to lock the door.
adv.	in a circular direction that follows the course of a clock's hands or in a direction that is considered to be forward or positive
	SWERS: 24. congressperson, 25. colossal, 26. optimism, 27. commuter, 28. asia, 29. resigned, 30. clockwise

ocab-	Builder Ref from "Gabby Giffords and Mark Kelly: Be passionate. Be courageous. Be your best. TED Talk" (36 words
31.	The grilled shrimp served as a special for the dinner's main course.
n.	a small dish served before a meal to stimulate the appetite
32.	There was no of order at the chaotic protest.
n.	the outward appearance or visible form of something, especially when it is different from the reality beneath; a vague or superficial similarity
33.	He his life to helping others.
v.	to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
34.	We often about our favorite books and movies during our road trips.
v.	to talk or chat informally and at length, often in a relaxed or gossipy manner; to engage in idle or frivolous conversation; (noun) casual conversation or idle chatter
35.	Our point was the coffee shop on the corner.
n.	a meeting or appointment that has been arranged beforehand; a gathering of people in a pre-arranged location
36.	After a long battle with her health, the teacher had no choice but to from her position.
v.	to give up a position or job voluntarily; to accept something unpleasant or undesirable as inevitable
	SWERS: 31. appetizer, 32. semblance, 33. dedicated, 34. gab, 35. rendezvous, resign