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Vocabulary Builder Reference from...

Isabel Allende: How to live passionately-no matter your age | TED Talk

https://www.ted.com/talks/isabel_allende_how_to_live_passionately_no_matter_your_age

All Words

IMPORTANT

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Session 1: Word List

wrinkle

n. a small line or fold in something, especially fabric or the skin of the face; a minor difficulty

synonym: crinkle, fold, crumple

(1) a fine **wrinkle** on a fabric, (2) a facial **wrinkle**

This suit is made of **wrinkle-proof** material.

poem

n. a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

synonym: ballad, lyric, verse

(1) a narrative **poem**, (2) **poem** to the dead

A great **poem** is a fountain forever overflowing with the waters of wisdom and delight.

precious

adj. uncommon and extremely valuable

synonym: adored, cherished, valued

(1) price of **precious** metals, (2) **precious** information

We cannot afford to squander **precious** time.

intention

n. something you want to do and are going to do

synonym: purpose, connotation, will

(1) **intention** behind his decision, (2) clear **intention**

Our CEO's **intentions** are always transparent and

straightforward.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

spirit

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

synonym: soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**

Despite their tragic loss, the family is showing great **spirit**.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

attitude

n. the way you think and feel about someone or something

synonym: mindset, perspective, philosophy

(1) **attitude** toward mistakes, (2) **attitude** control

She had the **attitude** that work was fun.

mentor

n. a person who helps and advises a younger or less experienced person over time, usually at work or school

synonym: adviser, coach, tutor

(1) **mentor** for life, (2) fashion **mentor**

As a **mentor**, he helped me realize my career.

domestic

adj. relating to or inside a particular country, not foreign or international

synonym: endemic, private, household

(1) **domestic** airline, (2) a **domestic** animal

GDP stands for gross **domestic** product.

bond

n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

synonym: bind, adhesion, attachment

(1) **bond** as a family, (2) global **bond** market

They had formed a friendship **bond**.

illegal

adj. not allowed by law

synonym: banned, prohibited, illicit

(1) **illegal** drugs, (2) child of **illegal** immigrants

The customs agents seized the **illegal** shipment.

servitude

n. the state of being a slave or being subject to someone else's control or domination; a condition of subjugation or subservience

synonym: bondage, slavery, subjugation

(1) **servitude** system, (2) mental **servitude**

The practice of forcing people into **servitude** is now illegal in many countries.

orphanage

n. an institution for the care of orphans (= a child whose parents are dead)

synonym: home for orphans, children's home, foster home

(1) build an **orphanage**, (2) **orphanage** director

He grew up in a Christian **orphanage** and never knew his biological parents.

nutritional

adj. of or relating to the substance required by the body to maintain health and growth

synonym: nourishing, healthy, wholesome

(1) **nutritional** supplement, (2) bit of **nutritional** yeast

The **nutritional** value of the food should be clearly labeled on the packaging.

clinic

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym: hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**

She holds a **clinic** on Tuesday mornings.

eternal

adj. being without beginning or end; lasting forever

synonym: endless, everlasting, undying

(1) the hope of **eternal** life, (2) **eternal** quarreling

In every civilization, rulers have tried everything possible to obtain **eternal** life.

boundless

adj. having no limits; limitless

synonym: limitless, indefinite, bottomless

(1) **boundless** imagination, (2) **boundless** energy

The **boundless** ocean stretched before them as far as the eye could see.

independence

n. freedom from another's or others' control or influence

synonym: freedom, liberty, autonomy

(1) financial **independence**, (2) **independence** ceremony

There is nothing more valuable than **independence** and freedom.

scare

v. to frighten a person or animal, or to become frightened

synonym: frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

ram

v. to strike or push forcefully, often to cause damage; to batter or break open a door or barrier using brute force

synonym: crash, collide, slam

(1) **ram** the door open, (2) **ram** into the ice

The car **rammed** into the wall, causing significant damage.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

stroke

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

synonym: blow

(1) suffer **stroke**, (2) a **stroke** of the putter

This year's extreme heat has resulted in many heat **stroke** cases.

grateful

adj. feeling or showing an appreciation of kindness; thankful

synonym: thankful, appreciative, indebted

(1) a **grateful** breeze, (2) put a **grateful** expression

She was **grateful** for the help he provided.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

ego

n. a consciousness of your own identity; a person's sense of self-esteem or self-importance, especially inflated one

synonym: self-esteem, personality, psyche

(1) **ego** defense mechanisms, (2) national **ego**

She was constantly trying to boost her **ego** by talking about her accomplishments.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

grudge

n. a feeling of resentment or ill-will towards someone, often stemming from a past event or perceived wrongdoing

synonym : animosity, resentment, bitterness

(1) deep-seated **grudge**, (2) bitter **grudge**

I still hold a **grudge** against my former boss for treating me unfairly.

ambition

n. a strong wish to do or achieve something

synonym : purpose, aim, endeavor

(1) an **ambition** for political power, (2) boundless **ambition**

Greed and **ambition** composed his personality.

sin

n. the offense against a religious or moral law or against God

synonym : misdeed, guilt, wrong

(1) forgive a **sin**, (2) **sin** of omission

Some overzealous environmentalists claim celebrities are committing carbon dioxide **sins**.

scared

adj. afraid or frightened

synonym : frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm **scared** of insects.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym : susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.

spiritual

adj. relating to or affecting the human spirit or soul as opposed to material or physical things

synonym : otherworldly, ethereal, transcendental

(1) constant **spiritual** striving, (2) **spiritual** leader

The meditation class was focused on finding inner peace and cultivating a more **spiritual** connection with the universe.

vegetarian

n. a person who does not eat meat or fish, or often any animal products, for health or religious reasons

(1) eat a **vegetarian** diet, (2) a strict **vegetarian**

This restaurant has **vegetarian** dishes as well.

celibate

adj. abstaining from sexual relations, typically for religious reasons; unmarried or single

synonym : abstinent, unmarried, chaste

(1) **celibate** life, (2) **celibate** priest

As a monk, he took a vow of **celibate** and refrained from any romantic relationships.

meditation

n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

synonym : contemplation, reflection, introspection

(1) **meditation** training, (2) religious **meditation**

The **meditation** instructor guided the group through the relaxation and breathing exercises.

vain

adj. having an excessively high opinion of oneself; excessively concerned with one's appearance or achievements; producing no result or effect, or being unsuccessful

synonym : conceited, narcissistic, egotistic

(1) **vain** hope, (2) **vain** pursuit

He is in **vain** searching for a new job since he has no experience in the field.

charm

n. the power or quality of pleasing or fascinating people
synonym : allure, appeal, beauty

(1) masculine **charm**, (2) **charm** against bad luck

These are significantly more exquisite than typical **charm** bracelets.

seductive

adj. tempting or alluring attractively or persuasively; often used to describe a person, behavior, or idea that is intended to lure or entice someone into a specific action or belief

synonym : alluring, tempting, enticing

(1) a **seductive** smile, (2) **seductive** behavior

The actor's **seductive** gaze drew the audience's attention on stage.

invisible

adj. impossible or nearly impossible to see

synonym : hidden, imperceptible, unseen

(1) an **invisible** asset, (2) **invisible** stars

The phenomenon is **invisible** at optical wavelengths.

grace

n. a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal

synonym : charm, poise, elegance

(1) say a **grace**, (2) end of the **grace** period

The old oak tree stood with **grace** and majesty in the park's center.

wheelchair

n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

(1) electric-powered **wheelchair**, (2) **wheelchair** accessibility

This library rents out various types of folding **wheelchairs** for visitors.

accident

n. an unfortunate event, especially one causing damage or injury

synonym: calamity, casualty, chance

(1) cause an **accident**, (2) injury in a car **accident**

The **accident** partially destroyed my vehicle.

blessing

n. a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune

synonym: favor, benediction, boon

(1) count your **blessings**, (2) bestowed **blessings**

Receiving support from his friends was a great **blessing** in his time of need.

disabled

adj. having a physical or mental condition that limits someone's specific actions that most other people can do

synonym: handicapped, impaired, incapacitated

(1) a **disabled** veteran, (2) a learning- **disabled** child

She was **disabled** in a car accident.

surf

v. to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner

synonym: browse, scan, paddle

(1) **surf** the Internet, (2) **surf** the waves

I'll **surf** the online store to see if I can find that item in a different color.

feisty

adj. full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament

synonym: spunky, plucky, spirited

(1) **feisty** attitude, (2) **feisty** debate

The **feisty** little terrier refused to back down from the larger dog.

beloved

adj. loved very much

synonym : adored, cherished, dear

(1) **beloved** author, (2) **beloved** by many people

I am here to save my **beloved**.

patent

n. a legal document that grants an inventor exclusive rights to their invention for a certain period of time; the invention or process for which a patent has been granted

synonym : copyright, trademark, license

(1) **patent** application, (2) **patent** law

The company has filed for a **patent** to protect its new invention.

mantra

n. a word or phrase, often repeated, that is used as a focus for the mind during meditation

synonym : hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

scarf

n. a piece of cloth worn around the neck or head for warmth, cleanliness, fashion, or religious reasons

synonym : shawl, wrap, kerchief

(1) knit a **scarf**, (2) dotted **scarf**

She wrapped a **scarf** around her neck to keep warm.

widow

n. a woman whose spouse has died and who has not remarried

synonym : bereaved

(1) **widow** pension, (2) a war **widow**

She became a **widow** after her husband passed away.

screw

v. to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together

synonym : tighten, fix, secure

(1) **screw** the cap, (2) a female **screw**

He had to **screw** the loose knob back onto the cabinet door.

erotic

adj. relating to or arousing sexual desire or excitement; considered taboo or provocative

synonym : sensual, arousing, sexy

(1) **erotic** novel, (2) **erotic** dance

The painting contained subtle **erotic** undertones.

fantasy

n. a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen

synonym : fiction, illusion, fabrication

(1) **fantasy** novel, (2) confuse **fantasy** with reality

Composition by artificial intelligence is no longer a **fantasy**.

bore

v. to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources

synonym : bear, tire, weary

(1) **bore** diameter, (2) **bore** him with his stories

The lecture on quantum physics **bored** me to tears.

fake

adj. not genuine; fraudulent or counterfeit

synonym : affected, bogus, counterfeit

(1) **fake** police officer, (2) spread of **fake** news

The prime minister was not well prepared for the debate and **faked** it

drama

n. a play in a theatre, television, or radio, or performance on a stage

synonym : acting, play, theater

(1) secular **drama**, (2) upcoming crime **drama**

She had an audition for **drama** school.

comedy

n. a genre of dramatic entertainment that aims to amuse and provoke laughter by depicting amusing or ludicrous situations, characters, or events; the use of humor, wit, and satire in writing, films, and other forms of entertainment

synonym: humor, farce, satire

(1) **comedy** series, (2) romantic **comedy**

I love going to see live **comedy** shows with my friends.

tragedy

n. an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character

synonym: disaster, adversity, calamity

(1) a **tragedy** during work, (2) the aftermath of this **tragedy**
Macbeth is a famous **tragedy** by Shakespeare.

blame

v. to think or say that someone or something did something wrong or is responsible for something bad

synonym: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

retirement

n. the fact or act of stopping working and leaving one's job

synonym: resignation, withdrawal, retreat

(1) **retirement** from politics, (2) impending **retirement**

This fund is responsible for disability and **retirement** benefits.

span

n. the entire length of something, such as time or space from beginning to end; the amount of space that something covers

synonym: interval, period, length

(1) the **span** of a bird's wings, (2) the average life **span**

He slightly modified the **span** of training because it was just before a match.

jubilation

n. a deep feeling or expression of great joy, triumph, or celebration, often accompanied by exuberant excitement, happiness, and revelry

synonym : elation, rejoicing, celebration

(1) sheer **jubilation**, (2) moment of **jubilation**

They danced with **jubilation** upon hearing the news of their team's victory.

celebrate

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

synonym : praise, glorify, honor

(1) **celebrate** his election, (2) **celebrate** Christmas

He **celebrated** the 10th anniversary of his tenure.

contribute

v. to give something, especially money or goods, to provide or achieve something together with other people

synonym : donate, devote, commit

(1) **contribute** a large sum of money to the fund,

(2) **contribute** to society

Government workers cannot **contribute** to political campaigns.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym : confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

presume

v. to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance

synonym : assume, suppose, guess

(1) **presume** innocence, (2) **presume** on his tolerance

I **presume** you've already made plans for the weekend since

you didn't respond to my invitation.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

makeup

n. colored substances used on someone's face to improve or change their appearance

synonym: maquillage, composition, cosmetic

(1) **makeup** artist, (2) take the **makeup** off her face

Her beauty resulted from a good night's sleep rather than **makeup**.

moderator

n. a person or thing that moderates or regulates something, such as a discussion or forum; a device or mechanism that controls or regulates the speed, temperature, or other variables of a process or operation

synonym: facilitator, mediator, arbitrator

(1) **moderator** role, (2) forum **moderator**

The **moderator** of the panel discussion kept the conversation on track and orderly.

awkward

adj. making you feel uncomfortable or embarrassed; causing inconvenience or difficulty

synonym: embarrassing, discomfiting, clumsy

(1) an **awkward** expression, (2) an **awkward** date

The **awkward** design of the interface made the operation difficult.

tortilla

n. a type of thin flatbread made from corn or wheat, common in Mexican and Central American cuisine, often used as a wrap or served as a side dish

synonym: wrap, flatbread

(1) **tortilla** chips, (2) **tortilla** wraps

I love to make tacos with fresh **tortillas**.

salsa

n. a type of spicy sauce or condiment made from tomatoes, onions, chili peppers, and other ingredients, commonly used in Latin American and Mexican cuisine, as well as a lively social dance style with origins in those same regions

synonym: sauce, dip, condiment

(1) **salsa** music, (2) homemade **salsa** dip

We brought chips and **salsa** to the party as a tasty appetizer.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym: spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

Session 2: Spelling

- | | |
|----------------------------|--|
| 1. bit of nut_____al yeast | <i>adj.</i> of or relating to the substance required by the body to maintain health and growth |
| 2. be_____d by many people | <i>adj.</i> loved very much |
| 3. de_____e a question | <i>v.</i> to make up someone's mind about something; to come to a conclusion or judgment after considering options |
| 4. thousands of po____ds | <i>n.</i> the standard unit of money in the UK; the standard unit of weight equal to 16 ounces |
| 5. global b____d market | <i>n.</i> a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money |
| 6. clear in_____on | <i>n.</i> something you want to do and are going to do |
| 7. r_m into the ice | <i>v.</i> to strike or push forcefully, often to cause damage; to batter or break open a door or barrier using brute force |
| 8. cause an ac_____nt | <i>n.</i> an unfortunate event, especially one causing damage or injury |
| 9. p____m to the dead | <i>n.</i> a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery |

ANSWERS: 1. nutritional, 2. beloved, 3. decide, 4. pound, 5. bond, 6. intention, 7. ram, 8. accident, 9. poem

10. a fine wr_____e on a fabric *n.* a small line or fold in something, especially fabric or the skin of the face; a minor difficulty
11. forum mo_____or *n.* a person or thing that moderates or regulates something, such as a discussion or forum; a device or mechanism that controls or regulates the speed, temperature, or other variables of a process or operation
12. se_____de system *n.* the state of being a slave or being subject to someone else's control or domination; a condition of subjugation or subservience
13. f__e police officer *adj.* not genuine; fraudulent or counterfeit
14. pr_____e innocence *v.* to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance
15. financial ind_____nce *n.* freedom from another's or others' control or influence
16. s_n of omission *n.* the offense against a religious or moral law or against God
17. the aftermath of this tr_____y *n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
18. mo_____or role *n.* a person or thing that moderates or regulates something, such as a discussion or forum; a device or mechanism that controls or regulates the speed, temperature, or other variables of a process or operation

ANSWERS: 10. wrinkle, 11. moderator, 12. servitude, 13. fake, 14. presume, 15. independence, 16. sin, 17. tragedy, 18. moderator

19. e_o defense mechanisms *n.* a consciousness of your own identity; a person's sense of self-esteem or self-importance, especially inflated one
20. ret_____nt from politics *n.* the fact or act of stopping working and leaving one's job
21. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
22. se_____ve behavior *adj.* tempting or alluring attractively or persuasively; often used to describe a person, behavior, or idea that is intended to lure or entice someone into a specific action or belief
23. confuse fa_____y with reality *n.* a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen
24. fashion me____r *n.* a person who helps and advises a younger or less experienced person over time, usually at work or school
25. bestowed bl_____ngs *n.* a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune
26. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
27. a facial wr_____e *n.* a small line or fold in something, especially fabric or the skin of the face; a minor difficulty

ANSWERS: 19. ego, 20. retirement, 21. stick, 22. seductive, 23. fantasy, 24. mentor, 25. blessing, 26. communal, 27. wrinkle

28. the hope of et____l life *adj.* being without beginning or end; lasting forever
29. an indomitable sp____t *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
30. ce_____te his election *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
31. sc____d dog *adj.* afraid or frightened
32. visit to the veterinary cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
33. ma____p artist *n.* colored substances used on someone's face to improve or change their appearance
34. injury in a car ac_____nt *n.* an unfortunate event, especially one causing damage or injury
35. bitter gr____e *n.* a feeling of resentment or ill-will towards someone, often stemming from a past event or perceived wrongdoing
36. et____l quarreling *adj.* being without beginning or end; lasting forever
37. a narrative p__m *n.* a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

ANSWERS: 28. eternal, 29. spirit, 30. celebrate, 31. scared, 32. clinic, 33. makeup, 34. accident, 35. grudge, 36. eternal, 37. poem

38. a tr____y during work *n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
39. con_____te to society *v.* to give something, especially money or goods, to provide or achieve something together with other people
40. pa____t law *n.* a legal document that grants an inventor exclusive rights to their invention for a certain period of time; the invention or process for which a patent has been granted
41. ce_____te Christmas *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
42. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
43. eat a veg_____an diet *n.* a person who does not eat meat or fish, or often any animal products, for health or religious reasons
44. do_____ic airline *adj.* relating to or inside a particular country, not foreign or international
45. or_____ge director *n.* an institution for the care of orphans (= a child whose parents are dead)
46. su____r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 38. tragedy, 39. contribute, 40. patent, 41. celebrate, 42. brain, 43. vegetarian, 44. domestic, 45. orphanage, 46. suffer

47. fe___y attitude *adj.* full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
48. knit a sc__f *n.* a piece of cloth worn around the neck or head for warmth, cleanliness, fashion, or religious reasons
49. sp_____al leader *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
50. end of the gr__e period *n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal
51. r_m the door open *v.* to strike or push forcefully, often to cause damage; to batter or break open a door or barrier using brute force
52. en___e a new employee *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
53. price of pr_____us metals *adj.* uncommon and extremely valuable
54. a female sc__w *v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together
55. s__f the Internet *v.* to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner

ANSWERS: 47. feisty, 48. scarf, 49. spiritual, 50. grace, 51. ram, 52. engage, 53. precious, 54. screw, 55. surf

56. put a gr____ul expression *adj.* feeling or showing an appreciation of kindness; thankful
57. bl__e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
58. forgive a s_n *n.* the offense against a religious or moral law or against God
59. a strict veg_____an *n.* a person who does not eat meat or fish, or often any animal products, for health or religious reasons
60. count your bl_____ngs *n.* a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune
61. r__l down his cheeks *v.* to move in a particular direction by turning over and over or from side to side
62. a do_____ic animal *adj.* relating to or inside a particular country, not foreign or international
63. ce_____te life *adj.* abstaining from sexual relations, typically for religious reasons; unmarried or single
64. at_____de toward mistakes *n.* the way you think and feel about someone or something
65. say a gr__e *n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal

ANSWERS: 56. grateful, 57. blame, 58. sin, 59. vegetarian, 60. blessing, 61. roll, 62. domestic, 63. celibate, 64. attitude, 65. grace

66. b__e him with his stories *v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
67. chant the ma___a of structural reform *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
68. whe_____ir accessibility *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
69. fa_____y novel *n.* a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen
70. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
71. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
72. mental se_____de *n.* the state of being a slave or being subject to someone else's control or domination; a condition of subjugation or subservience
73. dotted sc__f *n.* a piece of cloth worn around the neck or head for warmth, cleanliness, fashion, or religious reasons

ANSWERS: 66. bore, 67. mantra, 68. wheelchair, 69. fantasy, 70. brain, 71. pound, 72. servitude, 73. scarf

74. a dental cl___c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
75. sc__w the cap *v.* to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together
76. electric-powered whe_____ir *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
77. co_____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
78. sheer jub_____on *n.* a deep feeling or expression of great joy, triumph, or celebration, often accompanied by exuberant excitement, happiness, and revelry
79. in_____le stars *adj.* impossible or nearly impossible to see
80. v__n hope *adj.* having an excessively high opinion of oneself; excessively concerned with one's appearance or achievements; producing no result or effect, or being unsuccessful
81. ind_____nce ceremony *n.* freedom from another's or others' control or influence
82. an aw_____d date *adj.* making you feel uncomfortable or embarrassed; causing inconvenience or difficulty
83. sp___t and the letter of the law *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

ANSWERS: 74. clinic, 75. screw, 76. wheelchair, 77. communal, 78. jubilation, 79. invisible, 80. vain, 81. independence, 82. awkward, 83. spirit

84. con_____te a large sum of money
to the fund *v.* to give something, especially money or goods, to provide or achieve something together with other people
85. bo_____ss imagination *adj.* having no limits; limitless
86. sa__a music *n.* a type of spicy sauce or condiment made from tomatoes, onions, chili peppers, and other ingredients, commonly used in Latin American and Mexican cuisine, as well as a lively social dance style with origins in those same regions
87. campaign ma____a *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
88. il_____l drugs *adj.* not allowed by law
89. moment of jub_____on *n.* a deep feeling or expression of great joy, triumph, or celebration, often accompanied by exuberant excitement, happiness, and revelry
90. a se_____ve smile *adj.* tempting or alluring attractively or persuasively; often used to describe a person, behavior, or idea that is intended to lure or entice someone into a specific action or belief
91. en___e in environmental protection activities *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
92. romantic co____y *n.* a genre of dramatic entertainment that aims to amuse and provoke laughter by depicting amusing or ludicrous situations, characters, or events; the use of humor, wit, and satire in writing, films, and other forms of entertainment

ANSWERS: 84. contribute, 85. boundless, 86. salsa, 87. mantra, 88. illegal, 89. jubilation, 90. seductive, 91. engage, 92. comedy

93. pr____e on his tolerance *v.* to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance
94. a st___e of the putter *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
95. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
96. me___r for life *n.* a person who helps and advises a younger or less experienced person over time, usually at work or school
97. ce_____te priest *adj.* abstaining from sexual relations, typically for religious reasons; unmarried or single
98. secular dr__a *n.* a play in a theatre, television, or radio, or performance on a stage
99. r__l a ball *v.* to move in a particular direction by turning over and over or from side to side
100. spread of f__e news *adj.* not genuine; fraudulent or counterfeit
101. sc__e the birds away *v.* to frighten a person or animal, or to become frightened
102. an in_____le asset *adj.* impossible or nearly impossible to see

ANSWERS: 93. presume, 94. stroke, 95. stick, 96. mentor, 97. celibate, 98. drama, 99. roll, 100. fake, 101. scare, 102. invisible

103. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
104. homemade sa__a dip *n.* a type of spicy sauce or condiment made from tomatoes, onions, chili peppers, and other ingredients, commonly used in Latin American and Mexican cuisine, as well as a lively social dance style with origins in those same regions
105. a war wi__w *n.* a woman whose spouse has died and who has not remarried
106. take the ma___p off her face *n.* colored substances used on someone's face to improve or change their appearance
107. er___c novel *adj.* relating to or arousing sexual desire or excitement; considered taboo or provocative
108. a learning-di_____ed child *adj.* having a physical or mental condition that limits someone's specific actions that most other people can do
109. religious med_____on *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
110. an am_____on for political power *n.* a strong wish to do or achieve something
111. be_____d author *adj.* loved very much

ANSWERS: 103. decide, 104. salsa, 105. widow, 106. makeup, 107. erotic, 108. disabled, 109. meditation, 110. ambition, 111. beloved

112. deep-seated gr___e *n.* a feeling of resentment or ill-will towards someone, often stemming from a past event or perceived wrongdoing
113. vul_____le parts of the body *adj.* capable of being hurt or influenced physically or mentally
114. sc___d all the time *adj.* afraid or frightened
115. a vul_____le bridge *adj.* capable of being hurt or influenced physically or mentally
116. bl__e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
117. a di_____ed veteran *adj.* having a physical or mental condition that limits someone's specific actions that most other people can do
118. nut_____al supplement *adj.* of or relating to the substance required by the body to maintain health and growth
119. ch__m against bad luck *n.* the power or quality of pleasing or fascinating people
120. v__n pursuit *adj.* having an excessively high opinion of oneself; excessively concerned with one's appearance or achievements; producing no result or effect, or being unsuccessful
121. pr_____us information *adj.* uncommon and extremely valuable
122. the s__n of a bird's wings *n.* the entire length of something, such as time or space from beginning to end; the amount of space that something covers

ANSWERS: 112. grudge, 113. vulnerable, 114. scared, 115. vulnerable, 116. blame, 117. disabled, 118. nutritional, 119. charm, 120. vain, 121. precious, 122. span

123. b__d as a family *n.* a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money
124. co___y series *n.* a genre of dramatic entertainment that aims to amuse and provoke laughter by depicting amusing or ludicrous situations, characters, or events; the use of humor, wit, and satire in writing, films, and other forms of entertainment
125. pa___t application *n.* a legal document that grants an inventor exclusive rights to their invention for a certain period of time; the invention or process for which a patent has been granted
126. constant sp_____al striving *adj.* relating to or affecting the human spirit or soul as opposed to material or physical things
127. sc__e off her attacker by screaming *v.* to frighten a person or animal, or to become frightened
128. to_____la chips *n.* a type of thin flatbread made from corn or wheat, common in Mexican and Central American cuisine, often used as a wrap or served as a side dish
129. fe___y debate *adj.* full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
130. bo_____ss energy *adj.* having no limits; limitless
131. b__e diameter *v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources

ANSWERS: 123. bond, 124. comedy, 125. patent, 126. spiritual, 127. scare, 128.

tortilla, 129. feisty, 130. boundless, 131. bore

132. build an or_____ge *n.* an institution for the care of orphans (= a child whose parents are dead)
133. impending ret_____nt *n.* the fact or act of stopping working and leaving one's job
134. boundless am_____on *n.* a strong wish to do or achieve something
135. su____r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
136. suffer st____e *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
137. in_____on behind his decision *n.* something you want to do and are going to do
138. er____c dance *adj.* relating to or arousing sexual desire or excitement; considered taboo or provocative
139. masculine ch__m *n.* the power or quality of pleasing or fascinating people
140. wi__w pension *n.* a woman whose spouse has died and who has not remarried
141. the average life s__n *n.* the entire length of something, such as time or space from beginning to end; the amount of space that something covers
142. national e_o *n.* a consciousness of your own identity; a person's sense of self-esteem or self-importance, especially inflated one

ANSWERS: 132. orphanage, 133. retirement, 134. ambition, 135. suffer, 136. stroke, 137. intention, 138. erotic, 139. charm, 140. widow, 141. span, 142. ego

143. upcoming crime dr__a *n.* a play in a theatre, television, or radio, or performance on a stage
144. child of il____l immigrants *adj.* not allowed by law
145. a gr____ul breeze *adj.* feeling or showing an appreciation of kindness; thankful
146. s__f the waves *v.* to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner
147. to____la wraps *n.* a type of thin flatbread made from corn or wheat, common in Mexican and Central American cuisine, often used as a wrap or served as a side dish
148. med____on training *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
149. at____de control *n.* the way you think and feel about someone or something
150. an aw____d expression *adj.* making you feel uncomfortable or embarrassed; causing inconvenience or difficulty

ANSWERS: 143. drama, 144. illegal, 145. grateful, 146. surf, 147. tortilla, 148. meditation, 149. attitude, 150. awkward

Session 3: Fill in the Blanks

1. I _____ you've already made plans for the weekend since you didn't respond to my invitation.
 - v.* to suppose or assume something to be true, often without sufficient evidence or proof; to take liberties, behave impolitely, or overstep one's bounds, often due to arrogance or ignorance

2. As a monk, he took a vow of _____ and refrained from any romantic relationships.
 - adj.* abstaining from sexual relations, typically for religious reasons; unmarried or single

3. Greed and _____ composed his personality.
 - n.* a strong wish to do or achieve something

4. These are significantly more exquisite than typical _____ bracelets.
 - n.* the power or quality of pleasing or fascinating people

5. Her beauty resulted from a good night's sleep rather than _____.
 - n.* colored substances used on someone's face to improve or change their appearance

6. The old oak tree stood with _____ and majesty in the park's center.
 - n.* a quality of being pleasing, especially in appearance or manner; a temporary exemption, especially an extended period granted as a special favor; a short prayer of thanks before a meal

7. She repeated her personal _____ to herself to stay motivated.
 - n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation

ANSWERS: 1. presume, 2. celibate, 3. ambition, 4. charm, 5. makeup, 6. grace, 7. mantra

8. This suit is made of _____ material.
- n.* a small line or fold in something, especially fabric or the skin of the face; a minor difficulty
9. We _____ our impeded progress on lack of money.
- v.* to think or say that someone or something did something wrong or is responsible for something bad
10. We cannot afford to squander _____ time.
- adj.* uncommon and extremely valuable
11. We hit the ground to _____ out the rabbits.
- v.* to frighten a person or animal, or to become frightened
12. Our CEO's _____ are always transparent and straightforward.
- n.* something you want to do and are going to do
13. The _____ little terrier refused to back down from the larger dog.
- adj.* full of energy or courage, often in the face of opposition or challenge; lively or spunky in temperament
14. The _____ of the panel discussion kept the conversation on track and orderly.
- n.* a person or thing that moderates or regulates something, such as a discussion or forum; a device or mechanism that controls or regulates the speed, temperature, or other variables of a process or operation
15. Macbeth is a famous _____ by Shakespeare.
- n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character

ANSWERS: 8. wrinkle-proof, 9. blamed, 10. precious, 11. scare, 12. intentions, 13. feisty, 14. moderator, 15. tragedy

16. As a _____ he helped me realize my career.

n. a person who helps and advises a younger or less experienced person over time, usually at work or school

17. She holds a _____ on Tuesday mornings.

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

18. Government workers cannot _____ to political campaigns.

v. to give something, especially money or goods, to provide or achieve something together with other people

19. He was exhausted and _____ into bed as soon as he got home.

v. to move in a particular direction by turning over and over or from side to side

20. The painting contained subtle _____ undertones.

adj. relating to or arousing sexual desire or excitement; considered taboo or provocative

21. GDP stands for gross _____ product.

adj. relating to or inside a particular country, not foreign or international

22. The phenomenon is _____ at optical wavelengths.

adj. impossible or nearly impossible to see

23. He slightly modified the _____ of training because it was just before a match.

n. the entire length of something, such as time or space from beginning to end; the amount of space that something covers

ANSWERS: 16. mentor, 17. clinic, 18. contribute, 19. rolled, 20. erotic, 21. domestic, 22. invisible, 23. span

24. The car's front bumper cost fifteen hundred _____.
- n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
25. We brought chips and _____ to the party as a tasty appetizer.
- n.* a type of spicy sauce or condiment made from tomatoes, onions, chili peppers, and other ingredients, commonly used in Latin American and Mexican cuisine, as well as a lively social dance style with origins in those same regions
26. She was _____ in a car accident.
- adj.* having a physical or mental condition that limits someone's specific actions that most other people can do
27. She had the _____ that work was fun.
- n.* the way you think and feel about someone or something
28. I am here to save my _____.
- adj.* loved very much
29. X-rays revealed a small tumor in his _____.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
30. This fund is responsible for disability and _____ benefits.
- n.* the fact or act of stopping working and leaving one's job
31. This library rents out various types of folding _____ for visitors.
- n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

ANSWERS: 24. pounds, 25. salsa, 26. disabled, 27. attitude, 28. beloved, 29. brain, 30. retirement, 31. wheelchairs

32. She was constantly trying to boost her ____ by talking about her accomplishments.
- n.* a consciousness of your own identity; a person's sense of self-esteem or self-importance, especially inflated one
33. You _____ a bill in the change machine, and the coins pop out.
- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
34. The actor's _____ gaze drew the audience's attention on stage.
- adj.* tempting or alluring attractively or persuasively; often used to describe a person, behavior, or idea that is intended to lure or entice someone into a specific action or belief
35. She wrapped a _____ around her neck to keep warm.
- n.* a piece of cloth worn around the neck or head for warmth, cleanliness, fashion, or religious reasons
36. The practice of forcing people into _____ is now illegal in many countries.
- n.* the state of being a slave or being subject to someone else's control or domination; a condition of subjugation or subservience
37. She was _____ for the help he provided.
- adj.* feeling or showing an appreciation of kindness; thankful
38. The car _____ into the wall, causing significant damage.
- v.* to strike or push forcefully, often to cause damage; to batter or break open a door or barrier using brute force

ANSWERS: 32. ego, 33. stick, 34. seductive, 35. scarf, 36. servitude, 37. grateful, 38. rammed

39. He is in _____ searching for a new job since he has no experience in the field.
adj. having an excessively high opinion of oneself; excessively concerned with one's appearance or achievements; producing no result or effect, or being unsuccessful
40. Infants and pregnant women are particularly _____.
adj. capable of being hurt or influenced physically or mentally
41. They had formed a friendship _____.
n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money
42. The company has filed for a _____ to protect its new invention.
n. a legal document that grants an inventor exclusive rights to their invention for a certain period of time; the invention or process for which a patent has been granted
43. The lecture on quantum physics _____ me to tears.
v. to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
44. I love to make tacos with fresh _____.
n. a type of thin flatbread made from corn or wheat, common in Mexican and Central American cuisine, often used as a wrap or served as a side dish
45. He had to _____ the loose knob back onto the cabinet door.
v. to turn something, such as a bolt, with a driver or wrench to tighten or loosen it; (noun) a cylindrical rod with a helical ridge used to fasten things together

ANSWERS: 39. vain, 40. vulnerable, 41. bond, 42. patent, 43. bored, 44. tortillas, 45. screw

46. I still hold a _____ against my former boss for treating me unfairly.
n. a feeling of resentment or ill-will towards someone, often stemming from a past event or perceived wrongdoing
47. The meditation class was focused on finding inner peace and cultivating a more _____ connection with the universe.
adj. relating to or affecting the human spirit or soul as opposed to material or physical things
48. Despite their tragic loss, the family is showing great _____.
n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
49. _____ elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
50. In every civilization, rulers have tried everything possible to obtain _____ life.
adj. being without beginning or end; lasting forever
51. I love going to see live _____ shows with my friends.
n. a genre of dramatic entertainment that aims to amuse and provoke laughter by depicting amusing or ludicrous situations, characters, or events; the use of humor, wit, and satire in writing, films, and other forms of entertainment
52. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
53. He grew up in a Christian _____ and never knew his biological parents.
n. an institution for the care of orphans (= a child whose parents are dead)

ANSWERS: 46. grudge, 47. spiritual, 48. spirit, 49. Communal, 50. eternal, 51. comedy, 52. decide, 53. orphanage

54. The _____ ocean stretched before them as far as the eye could see.

adj. having no limits; limitless

55. This year's extreme heat has resulted in many heat _____ cases.

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

56. This restaurant has _____ dishes as well.

n. a person who does not eat meat or fish, or often any animal products, for health or religious reasons

57. Receiving support from his friends was a great _____ in his time of need.

n. a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune

58. The customs agents seized the _____ shipment.

adj. not allowed by law

59. He _____ the 10th anniversary of his tenure.

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

60. A great _____ is a fountain forever overflowing with the waters of wisdom and delight.

n. a piece of writing that emphasizes the expression of feelings and ideas by paying particular attention to diction (sometimes rhyme), rhythm, and imagery

61. The older man _____ from arthritis and finds it difficult to move around.

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 54. boundless, 55. stroke, 56. vegetarian, 57. blessing, 58. illegal, 59. celebrated, 60. poem, 61. suffers

62. I'm _____ of insects.

adj. afraid or frightened

63. Some overzealous environmentalists claim celebrities are committing carbon dioxide _____.

n. the offense against a religious or moral law or against God

64. The _____ partially destroyed my vehicle.

n. an unfortunate event, especially one causing damage or injury

65. The prime minister was not well prepared for the debate and _____ it

adj. not genuine; fraudulent or counterfeit

66. Many multinational companies are _____ in the reconstruction of that country.

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

67. They danced with _____ upon hearing the news of their team's victory.

n. a deep feeling or expression of great joy, triumph, or celebration, often accompanied by exuberant excitement, happiness, and revelry

68. The _____ instructor guided the group through the relaxation and breathing exercises.

n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

69. Composition by artificial intelligence is no longer a _____.

n. a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen

ANSWERS: 62. scared, 63. sins, 64. accident, 65. faked, 66. engaged, 67. jubilation, 68. meditation, 69. fantasy

70. The _____ design of the interface made the operation difficult.

adj. making you feel uncomfortable or embarrassed; causing inconvenience or difficulty

71. She had an audition for _____ school.

n. a play in a theatre, television, or radio, or performance on a stage

72. She became a _____ after her husband passed away.

n. a woman whose spouse has died and who has not remarried

73. There is nothing more valuable than _____ and freedom.

n. freedom from another's or others' control or influence

74. The _____ value of the food should be clearly labeled on the packaging.

adj. of or relating to the substance required by the body to maintain health and growth

75. I'll _____ the online store to see if I can find that item in a different color.

v. to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner

ANSWERS: 70. awkward, 71. drama, 72. widow, 73. independence, 74. nutritional, 75. surf