

Englist.me



Vocabulary Builder Reference from...

Roselinde Torres: What it takes to be a great leader | TED Talk

https://www.ted.com/talks/roselinde_torres_what_it_takes_to_be_a_great_leader

Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

superhero

n. a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public

(1) **superhero** movies, (2) **superhero** comics

Superman is a classic **superhero** known for his superhuman strength and flying ability.

disturb

v. to interrupt someone who is trying to work, sleep, etc.

synonym: agitate, bother, intrude

(1) **disturb** the peace, (2) **disturb** his sleep

Tourists frequently **disturb** the island's delicate natural balance.

resurface

v. to restore or repair the surface of something, particularly a road, pavement, or sports field; to come to the surface or become visible again after a period of obscurity or concealment

synonym: renew, restore, revamp

(1) **resurface** more than once, (2) **resurface** a tennis court

The city plans to **resurface** the roads downtown to fix potholes and cracks.

superstar

n. a very famous and successful performer or athlete

synonym: celebrity, icon, megastar

(1) **superstar** athlete, (2) jazz **superstar**
She is a **superstar** in the music industry.

unrecoverable

adj. not able to be regained, recovered, or retrieved; unable to be salvaged or repaired

synonym: irreparable, irretrievable, lost

(1) **unrecoverable** data loss, (2) **unrecoverable** mistake
Unfortunately, the data on the hard drive was **unrecoverable** after the crash.

widen

v. to become or make something broader, wider, more extensive

synonym: broaden, enlarge, extend

(1) **widen** in excitement, (2) **widen** a narrowed heart valve
He **widened** his investigation into a medical clinic.

distinctly

adv. in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable

synonym: clearly, obviously, unmistakably

(1) **distinctly** remember, (2) **distinctly** different
The **distinctly** floral scent of the perfume lingered in the air long after the wearer had left the room.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark
The phone rang at the most **opportune** time.

adversary

n. a person, group, or force that opposes or fights against another; an enemy or opponent

synonym: opponent, enemy, foe

(1) **adversary** team, (2) political **adversary**
The boxer's toughest **adversary** was his fear of losing.

distill

v. to purify or refine; to extract the essential elements

synonym: extract, condense, purify

(1) **distill** a liquid, (2) **distill** information

She decided to **distill** her thoughts into a more manageable list.

stunt

n. a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense

synonym: feat, accomplishment, (verb) hinder

(1) skydiving **stunt**, (2) **stunt** brain growth

The daredevil attempted a dangerous **stunt** by jumping off a tall building with a parachute.

lull

n. a period of calm or quiet; a temporary cessation of activity, noise, or music; a soothing sound or movement that induces sleep or relaxation

synonym: calm, stillness, tranquility

(1) **lull** in the battle, (2) the **lull** before the storm

The waves crashing against the shore had a soothing **lull** on the listeners.

discontinue

v. to cease or stop doing something; to interrupt or terminate something that is already ongoing or in progress

synonym: halt, end, cease

(1) **discontinue** a service, (2) **discontinue** a project

The company has decided to **discontinue** the production of its unpopular product line.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym: formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

socioeconomic

adj. relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class

synonym : social, economic, financial

(1) **socioeconomic** status, (2) **socioeconomic** issues

The **socioeconomic** conditions of a country can significantly affect its political stability.

courageous

adj. able to face and deal with danger or fear without flinching

synonym : brave, valiant, fearless

(1) make a **courageous** decision, (2) **courageous** rescue attempt

He was a **courageous** soldier who had served his country with honor.

stamina

n. the physical or mental endurance and strength needed to sustain prolonged effort or activity; the ability to withstand fatigue, stress, or other challenges and continue functioning effectively

synonym : endurance, staying power, resilience

(1) **stamina** training, (2) lose **stamina**

The athlete's **stamina** was tested during the grueling triathlon.

reckless

adj. marked by a lack of care about danger and the likely results of your actions

synonym : impetuous, irresponsible, thoughtless

(1) **reckless** driving, (2) in a **reckless** manner

Reckless youth makes rueful age.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym : cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

Session 2: Spelling

1. dis_____ly remember *adv.* in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable
2. ins_____ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
3. political ad_____ry *n.* a person, group, or force that opposes or fights against another; an enemy or opponent
4. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
5. st__t brain growth *n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
6. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
7. di_____l information *v.* to purify or refine; to extract the essential elements
8. st_____a training *n.* the physical or mental endurance and strength needed to sustain prolonged effort or activity; the ability to withstand fatigue, stress, or other challenges and continue functioning effectively

ANSWERS: 1. distinctly, 2. institutionalize, 3. adversary, 4. opportune, 5. stunt, 6. institutionalize, 7. distill, 8. stamina

9. make a cou_____us decision *adj.* able to face and deal with danger or fear without flinching
10. re_____ce more than once *v.* to restore or repair the surface of something, particularly a road, pavement, or sports field; to come to the surface or become visible again after a period of obscurity or concealment
11. soc_____mic issues *adj.* relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class
12. di_____b his sleep *v.* to interrupt someone who is trying to work, sleep, etc.
13. a det_____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
14. re_____ce a tennis court *v.* to restore or repair the surface of something, particularly a road, pavement, or sports field; to come to the surface or become visible again after a period of obscurity or concealment
15. lose st_____a *n.* the physical or mental endurance and strength needed to sustain prolonged effort or activity; the ability to withstand fatigue, stress, or other challenges and continue functioning effectively

ANSWERS: 9. courageous, 10. resurface, 11. socioeconomic, 12. disturb, 13. determinant, 14. resurface, 15. stamina

16. di____l a liquid *v.* to purify or refine; to extract the essential elements
17. wi__n a narrowed heart valve *v.* to become or make something broader, wider, more extensive
18. dis____ue a project *v.* to cease or stop doing something; to interrupt or terminate something that is already ongoing or in progress
19. di____b the peace *v.* to interrupt someone who is trying to work, sleep, etc.
20. skydiving st__t *n.* a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
21. l__l in the battle *n.* a period of calm or quiet; a temporary cessation of activity, noise, or music; a soothing sound or movement that induces sleep or relaxation
22. unr____ble mistake *adj.* not able to be regained, recovered, or retrieved; unable to be salvaged or repaired
23. dis____ly different *adv.* in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable
24. in a re____ss manner *adj.* marked by a lack of care about danger and the likely results of your actions

ANSWERS: 16. distill, 17. widen, 18. discontinue, 19. disturb, 20. stunt, 21. lull, 22. unrecoverable, 23. distinctly, 24. reckless

25. environmental det_____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
26. re_____ss driving *adj.* marked by a lack of care about danger and the likely results of your actions
27. soc_____mic status *adj.* relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class
28. su_____ro comics *n.* a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public
29. the l__l before the storm *n.* a period of calm or quiet; a temporary cessation of activity, noise, or music; a soothing sound or movement that induces sleep or relaxation
30. unr_____ble data loss *adj.* not able to be regained, recovered, or retrieved; unable to be salvaged or repaired
31. wi__n in excitement *v.* to become or make something broader, wider, more extensive
32. su_____ro movies *n.* a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public
33. su_____ar athlete *n.* a very famous and successful performer or athlete
34. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 25. determinant, 26. reckless, 27. socioeconomic, 28. superhero, 29. lull, 30. unrecoverable, 31. widen, 32. superhero, 33. superstar, 34. opportune

35. dis_____ue a service *v.* to cease or stop doing something; to interrupt or terminate something that is already ongoing or in progress
36. ad_____ry team *n.* a person, group, or force that opposes or fights against another; an enemy or opponent
37. cou_____us rescue attempt *adj.* able to face and deal with danger or fear without flinching
38. jazz su_____ar *n.* a very famous and successful performer or athlete

ANSWERS: 35. discontinue, 36. adversary, 37. courageous, 38. superstar

Session 3: Fill in the Blanks

1. He was a _____ soldier who had served his country with honor.
adj. able to face and deal with danger or fear without flinching
2. Superman is a classic _____ known for his superhuman strength and flying ability.
n. a fictional hero who possesses extraordinary powers and abilities and is dedicated to protecting the public
3. The daredevil attempted a dangerous _____ by jumping off a tall building with a parachute.
n. a feat or action that is often dangerous or difficult, designed to attract attention or admiration; something that blocks or impedes growth or development; (verb) to hinder or impede growth or development, especially in a physical or mental sense
4. The boxer's toughest _____ was his fear of losing.
n. a person, group, or force that opposes or fights against another; an enemy or opponent
5. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
6. The city plans to _____ the roads downtown to fix potholes and cracks.
v. to restore or repair the surface of something, particularly a road, pavement, or sports field; to come to the surface or become visible again after a period of obscurity or concealment

ANSWERS: 1. courageous, 2. superhero, 3. stunt, 4. adversary, 5. opportune, 6. resurface

7. Unfortunately, the data on the hard drive was _____ after the crash.
adj. not able to be regained, recovered, or retrieved; unable to be salvaged or repaired
8. She decided to _____ her thoughts into a more manageable list.
v. to purify or refine; to extract the essential elements
9. _____ youth makes rueful age.
adj. marked by a lack of care about danger and the likely results of your actions
10. The new policy aims to _____ the use of renewable energy sources.
v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
11. The company has decided to _____ the production of its unpopular product line.
v. to cease or stop doing something; to interrupt or terminate something that is already ongoing or in progress
12. The _____ floral scent of the perfume lingered in the air long after the wearer had left the room.
adv. in a way that is clearly or noticeably different or separates from something else; in a way that is unmistakably or unequivocally defined or identifiable
13. The athlete's _____ was tested during the grueling triathlon.
n. the physical or mental endurance and strength needed to sustain prolonged effort or activity; the ability to withstand fatigue, stress, or other challenges and continue functioning effectively

ANSWERS: 7. unrecoverable, 8. distill, 9. Reckless, 10. institutionalize, 11. discontinue, 12. distinctly, 13. stamina

14. One _____ of success is having a positive attitude and a strong work ethic.
- n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
15. She is a _____ in the music industry.
- n.* a very famous and successful performer or athlete
16. The waves crashing against the shore had a soothing _____ on the listeners.
- n.* a period of calm or quiet; a temporary cessation of activity, noise, or music; a soothing sound or movement that induces sleep or relaxation
17. The _____ conditions of a country can significantly affect its political stability.
- adj.* relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class
18. Tourists frequently _____ the island's delicate natural balance.
- v.* to interrupt someone who is trying to work, sleep, etc.
19. He _____ his investigation into a medical clinic.
- v.* to become or make something broader, wider, more extensive

ANSWERS: 14. determinant, 15. superstar, 16. lull, 17. socioeconomic, 18. disturb, 19. widened