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Vocabulary Builder Reference from...

Russell Foster: Why do we sleep? | TED Talk

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All Words

IMPORTANT

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Session 1: Word List

neuroscience

n. the scientific study of the function, structure, and disorder of the brain and the nervous system

(1) the branch of **neuroscience**, (2) a theoretical concept in **neuroscience**

Our university is famous for its professors, who are well-versed in behavioral **neuroscience**.

alarm

n. a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger

synonym: notice, warning, panic

(1) give the **alarm**, (2) an **alarm** clock

The **alarm** announcing an enemy attack went off this morning.

desperately

adv. in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency

synonym: urgently, perilously, seriously

(1) **desperately** anxious, (2) **desperately** ill patient

The baby clung **desperately** to her mother.

ghastly

adj. causing great horror or fear; shockingly unpleasant or bad

synonym : horrifying, dreadful, terrifying

(1) **ghastly** sight, (2) **ghastly** mistake

The child's **ghastly** scream echoed through the haunted house.

asleep

adj. in a state of sleep

synonym : sleeping, fallen, at rest

(1) **asleep** at the wheel, (2) dead **asleep**

He lay down and fell **asleep** immediately.

entirely

adv. completely

synonym : completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to blame

Later, his claim was found to be **entirely** false.

dew

n. the tiny drops of water that have condensed on a cool surface overnight

synonym : condensation, vapor, fog

(1) a drop of **dew**, (2) morning **dew**

Moisture in the atmosphere condenses at night and forms **dew**.

slumber

n. a state of sleep, especially a light sleep; (verb) to be asleep, or to take a nap

synonym : sleep, doze, snooze

(1) fall into a **slumber**, (2) **slumber** in class

She couldn't resist the temptation to **slumber** on the couch after lunch.

gentle

adj. having or showing a kindly or tender nature; soft and mild

synonym : mild, delicate, soft

(1) in a **gentle** voice, (2) **gentle** downward slope

Her **gentle** manner relaxed everyone there.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym : healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

fright

n. a sudden intense fear or shock; a state of being afraid or anxious; a feeling of alarm or trepidation caused by a sudden, unexpected event or situation

synonym : terror, panic, fear

(1) **fright** response, (2) shiver in **fright**

The dog's barking gave the mailperson a terrible **fright**.

scot

n. a tax or payment, particularly a share or portion of something; a person from Scotland or a Scottish immigrant

synonym : tax, charge, toll

(1) pay annual **scot**, (2) traditional **Scot** attire

The **scot-free** suspect was later apprehended for a different crime.

chain

n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

synonym : series, string, link

(1) **chain** reaction, (2) supply **chain**

The **chain** on my bike broke, leaving me stranded.

extreme

adj. very great in amount or degree

synonym : farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

prophetic

adj. containing or given to making predictions; presaging the future; of or relating to a prophet (= an authoritative person who divines the future)

synonym : foretelling, predictive, presaging

(1) **prophetic** powers, (2) **prophetic** book

The stock market analysts had a **prophetic** sense of the coming recession.

Elizabethan

n. pertaining to the reign of Queen Elizabeth I of England (1558-1603); relating to the culture, literature, and history of that time period

(1) **Elizabethan** religious settlement, (2) **Elizabethan** theatre

The **Elizabethan** era is known for its rich literature and theatrical productions.

dramatist

n. (also "dramaturge") a writer of plays, dramas, or theatrical pieces

synonym : playwright, author, scriptwriter

(1) the **dramatist's** latest production, (2) modern **dramatist**

The famous **dramatist** wrote many successful plays during his career.

criminal

n. a person who has committed a crime

synonym : offender, lawbreaker, delinquent

(1) wanted **criminal**, (2) **criminal** investigation

The police are searching for the **criminal** who stole the jewels.

heritage

n. the culture and traditions that are passed down from previous generations

synonym : legacy, tradition, inheritance

(1) **heritage** site, (2) historical **heritage**

The **heritage** of the city is reflected in its architecture.

cave

n. a large hole in the side of a hill, cliff, mountain, or under the ground

synonym : cavern, grotto, burrow

(1) domiciliary **caves**, (2) the mouth of the **cave**

Bats reside in sheltered **caves**.

bang

v. to hit or cause to hit something in a way that makes a loud noise

synonym: crash, hit, smash

(1) **bang** his fist on a desk, (2) **bang** a phone down

My father tried to **bang** mathematics into my head since childhood.

thatch

n. a material, such as straw or reeds, used to cover the roofs of houses or other buildings

synonym: straw, grass, reed

(1) cover with **thatch**, (2) **thatch** of hair

The **thatch** roof was made from local grasses and was a traditional design.

infamous

adj. having a reputation for being very bad or wicked

synonym: notorious, disreputable, scandalous

(1) an **infamous** crime, (2) acquire an **infamous** reputation

The **infamous** criminal was finally brought to justice.

bulb

n. a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball

(1) wet- **bulb** thermometer, (2) a lily **bulb**

The light **bulb** has burned out.

invade

v. to enter aggressively into another's territory by military force for conquest and occupation

synonym: intrude, raid, overrun

(1) **invade** other tissues, (2) **invade** his privacy

I have no intention to **invade** your privacy.

occupy

v. to consume all of someone's space, attention, or time

synonym: inhabit, settle, populate

(1) **occupy** his time, (2) **occupy** a position

The young prince will soon **occupy** the throne.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

occupation

n. a person's job or profession; the act of taking possession

synonym : job, profession, vocation

(1) **occupation** disease, (2) **occupation** of a building

The police stopped the suspicious person and asked him to give his name, address, and **occupation**.

suppose

v. to think that something is likely to be actual or possible

synonym : guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

tolerate

v. to allow something to exist or happen, even if it is disliked or opposed

synonym : endure, put up with, bear

(1) **tolerate** his disrespectful behavior, (2) **tolerate** ambiguity

I can't **tolerate** spicy food, and it always gives me heartburn

ignorance

n. lack of knowledge or information about a particular subject or fact

synonym : unintelligence, inexperience, unawareness

(1) **ignorance** of the law, (2) **ignorance** is bliss

His **ignorance** of the situation led him to make a poor decision.

profound

adj. extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension

synonym : deep, unsounded, far-reaching

(1) a **profound** book, (2) the **profound** depths of the sea
My mother's illness had a **profound** impact on us all.

abandon

v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

synonym : relinquish, leave behind, disregard

(1) **abandon** a friend, (2) **abandon** the practice
The castle was **abandoned** several years later.

incredibly

adv. in a way that is very difficult to believe; exceedingly or extremely

synonym : enormously, exceptionally, extraordinarily

(1) **incredibly** cheerful character, (2) get **incredibly** insecure

Several cities are experiencing **incredibly** high unemployment rates.

biology

n. the scientific study of life and the natural processes of living things

(1) evolutionary **biology**, (2) cell and molecular **biology**

In junior high school, we had to dissect a frog in **biology** class.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

Don

n. a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge

(1) the **don** of the university, (2) **Don** Giovanni

He could never go against what **Don** Carlos said.

structure

n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
synonym: construction, architecture, establishment
(1) the **structure** of a machine, (2) **structure** and function of the brain
The organizational **structure** of start-ups is often flat and straightforward.

extent

n. the point or degree or area to which something extends
synonym: amount, degree, intensity
(1) certain **extent**, (2) the **extent** of the damage
I was amazed at the **extent** of her generosity.

property

n. a thing or things that belong to someone
synonym: belongings, possessions, equity
(1) a man of **property**, (2) chemical **property**
He stood to inherit a million-dollar **property**.

flip

v. to turn over into a different position quickly; to throw or toss with a light motion
synonym: throw, jump
(1) **flip** over the pork chop, (2) **flip** a coin
He **flipped** when he heard that he had been accepted into the university.

spinal

adj. of or relating to the spine (= the long bone in the body's back)
(1) **spinal** injury, (2) brain and **spinal** cord
The surgeon carefully confirmed how to remove the tumor to avoid damaging the **spinal** nerves.

cord

n. a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
synonym: wire, cable, string
(1) spinal **cord**, (2) electrical **cord**

Your spinal **cord** is located deep within your body.

hypothalamus

n. a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones

(1) anterior **hypothalamus**, (2) **hypothalamus** hemorrhage
Oxytocin is also produced in the nucleus of the **hypothalamus**.

raft

n. a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer

synonym : flatboat, boat, barge

(1) a **raft** for carrying horses, (2) a life **raft**

The rubber **raft** was swept out to sea.

interact

v. to communicate or react with somebody

synonym : cooperate, combine, collaborate

(1) **interact** directly with customers, (2) **interact** with one another

He should **interact** more with his colleagues.

ventral

adj. relating to or situated on or toward the belly or underside of an animal or organ; opposite of dorsal

synonym : abdominal, ventricose, stomachal

(1) **ventral** fin, (2) **ventral** hernia

The **ventral** side of the fish was beautifully colored.

optic

adj. relating to vision or the eyes; relating to or involving light or optics

synonym : visual, ocular, visualized

(1) **optic** fiber, (2) **optic** illusion

The campaign ad was designed with bright colors and bold fonts for maximum **optic** impact.

nucleus

n. the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom

synonym : core, heart, middle

(1) form a **nucleus**, (2) the **nucleus** of a team
DNA is stored in the **nucleus** of a cell.

combine

v. to join or merge to form a single thing or group

synonym : coalesce, cohere, blend

(1) **combine** chemically with another substance,
(2) **combine** augmented reality

Hydrogen and oxygen **combine** to form water.

stem

n. the central part of something from which other parts can develop or grow; the part of a word common to all its inflected variants; (verb) to grow out of, have roots in, or originate in

synonym : branch, limb, (verb) come from

(1) **stem** from a belief, (2) the **stem** of a matchstick

A rose has thorns on its **stem**.

cortex

n. the outermost layer of an organ, especially the brain

(1) **cortex** cells, (2) visual **cortex** neuron

The cerebral **cortex** consists of six layers.

wrinkle

n. a small line or fold in something, especially fabric or the skin of the face; a minor difficulty

synonym : crinkle, fold, crumple

(1) a fine **wrinkle** on a fabric, (2) a facial **wrinkle**

This suit is made of **wrinkle-proof** material.

neurotransmitter

n. a chemical that carries nerve impulses between neurons or between neurons and muscles

(1) **neurotransmitter** receptor, (2) **neurotransmitters** released from the brain

Endorphins are a type of **neurotransmitter** that gives a sense of well-being.

essentially

adv. relating to the essential features or concepts of anything
synonym : fundamentally, basically, virtually

(1) **essentially** correct, (2) become **essentially** same
Essentially, a society is an organism.

conscious

adj. being aware of and able to respond to what is happening around you

synonym : aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded
He became **conscious** that he was being followed.

interaction

n. the act of connecting with someone, mainly when working, playing, or spending time with them

synonym : dealings, exchange, relations

(1) the **interaction** between man and his environment,
(2) **interaction** among human beings

The **interaction** of the two groups is good for brainstorming.

complicated

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

synonym : complex, convoluted, intricate

(1) a **complicated** process, (2) become increasingly **complicated**

He did **complicated** pen-and-ink drawings in just a few days.

consensus

n. general agreement or accord in the judgment or opinion reached by a group as a whole

synonym : agreement, accord, harmony

(1) a public **consensus**, (2) **consensus** among scientists

The two parties have reached a **consensus**.

outline

v. to describe the main facts or aspects involved in something

synonym : recap, summarize, digest

(1) **outlined** the plan, (2) **outline** the findings

This page **outlines** our response planning for an emergency.

intuitive

adj. obtained through feelings rather than facts or proof
synonym: involuntary, instinctive, innate

(1) **intuitive** eating, (2) **intuitive** judgment

I had an **intuitive** feeling that I might be pregnant.

replace

v. to take the place of something

synonym: substitute, supersede, displace

(1) **replace** one word with another, (2) **replace** a phone

Eventually, the new design will **replace** all older models.

rebuild

v. to build again or anew

synonym: reconstruct, renovate, restore

(1) **rebuild** a company, (2) **rebuild** communities

They are planning to **rebuild** the house after the fire.

fashion

n. a style that is popular at a particular time or place; the state of being popular

synonym: style, manner, fad

(1) go out of **fashion**, (2) new **fashion** trends

That style is no longer in **fashion**.

fashionable

adj. popular at a particular time

synonym: chic, stylish, trendy

(1) **fashionable** designs, (2) **fashionable** café

Lengthened skirts are **fashionable** this year.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

metabolism

n. the set of chemical reactions in cells or organisms that are necessary for life-sustaining

(1) **metabolism** enzyme, (2) hemoglobin **metabolism**

Better sleep leads to increased **metabolism**.

pathway

n. a track that constitutes or serves as a path; an approach or a way of doing something

synonym: route, footpath, trail

(1) **pathway** to understanding, (2) cellular signaling **pathways**

When the first molecule in the **pathway** receives a signal, it activates other molecules.

hypothesis

n. a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate

synonym: assumption, conjecture, theory

(1) test my **hypothesis**, (2) a bold **hypothesis**

This evidence supports the big-bang **hypothesis**.

conservation

n. the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity

synonym: preservation, protection, saving

(1) soil **conservation**, (2) the **conservation** law of physics

The forest was recently designated a **conservation** area.

calorie

n. unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce

(1) **calorie** calculation, (2) reduce my **calorie** intake

It would be best if you burned off **calories** through vigorous exercise.

individual

n. a single person or thing, as distinct from a group

synonym: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

equivalent

n. having the same value, quality, meaning, purpose, etc.
synonym : equal, counterpart, match

(1) **equivalent** amounts, (2) **equivalent** in meaning
The European Central Bank is Europe's **equivalent** of the Federal Reserve.

meager

adj. small in quantity, quality, or size; insufficient or inadequate

synonym : scanty, sparse, insufficient

(1) **meager** salary, (2) **meager** resources

The refugee family had to survive on a **meager** amount of food and water daily.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religion

synonym : confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal

The public is **convinced** that the prime minister has committed fraud.

attract

v. to draw or entice someone or something towards them through the qualities they have, especially positive ones

synonym : lure, entice, draw in

(1) **attract** attention, (2) **attract** customers

The government is eager to **attract** international investment.

consolidate

v. to make something more vital, more solid, or more certain

synonym : crystallize, concentrate, cement

(1) **consolidate** his debt, (2) **consolidate** a leadership

The two universities will **consolidate** in July next year.

deprive

v. to take away something from someone

synonym : deny, take away, divest

(1) **deprive** others of profit, (2) **deprive** him of his status

He was **deprived** of his freedom when sentenced to life in

prison.

smashing

adj. very successful or impressive; causing something to be broken or destroyed

synonym: great, wonderful, breaking

(1) a **smashing** blow, (2) give **smashing** results

The band's new album was a **smashing** success, reaching the top of the charts.

attenuate

v. to weaken or reduce the intensity of something, such as a sound, feeling, or substance; to make something thinner or less dense

synonym: weaken, reduce, diminish

(1) **attenuate** the signal, (2) **attenuate** the power

The scientist was able to **attenuate** the virus by altering its genetic code.

recall

v. to remember something

synonym: remember, retrieve, recollect

(1) **recall** the incident, (2) **recall** his name

She vividly **recalls** getting laid off several years ago.

exciting

adj. causing a lot of interest or excitement

synonym: exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

novel

n. an extended fictional work in prose; usually in the form of a story; (adjective) original and of a kind not seen before

synonym: fiction, story, (adjective) innovative

(1) historical **novel**, (2) **novel** effect

The **novel** has largely gotten positive feedback.

complexity

n. the state or quality of being complicated or intricate and difficult to understand

synonym: intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory

The project's **complexity** made it difficult for the team to complete it on time.

enhance

v. to increase or improve the quality, amount, or strength of someone or something

synonym: improve, enrich, refine

(1) **enhance** value, (2) **enhance** the flavor of the vanilla

The new strategy will **enhance** the profitability of our company.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

threefold

adj. three times as great or as many

synonym: three, triple, three times

(1) rise nearly **threefold**, (2) **threefold** increase

The price of the item was reduced **threefold** after the sale.

advantage

n. a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has

synonym: benefit, edge, asset

(1) score an **advantage**, (2) take **advantage** of his weak points

One of the main **advantages** of the new product is its increased efficiency.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit
All the supervisor has to do is assign tasks that make his subordinates more **creative**.

neural

adj. of or relating to a nerve or the nervous system that includes the brain

synonym: sensory, neuronic, nervous

(1) **neural** stem cells, (2) **neural** networks in AI

There was a disturbance of **neural** function.

synapse

n. the fact or state of failing to finish an activity and of stopping using, making, or doing it

(1) **synapse** circuit, (2) end at a **synapse**

Animals transmit nerve impulses through **synapses**.

strengthen

v. to become stronger or more effective; to make someone or something stronger or more effective

synonym: reinforce, harden, boost

(1) **strengthen** the immune system, (2) **strengthen** a border patrol

Difficulties **strengthen** the mind, as labor does the body.

fade

v. to vanish; to fade away; to lose color; to lose freshness

synonym: languish, wither

(1) **fade** away almost completely, (2) **fade** in importance

My memory will **fade**, but my heart will live on.

vary

v. to become different in terms of size, shape, etc.

synonym: alter, contrast, differ

(1) **vary** according to the age, (2) **vary** directly with the price

Maximum heart rates **vary** a lot for each individual.

probable

adj. likely to happen or likely to be true

synonym: likely, possible, potential

(1) **probable** outcome, (2) **probable** cause of a fire

It seems **probable** that he has forgotten our scheduled

meeting.

indulgence

n. the state or act of allowing oneself or another person to enjoy the pleasure of something that is considered to be a pleasure or luxury

synonym : luxury, treat, pampering

(1) plenary **indulgence**, (2) selfish **indulgence**

He allowed himself a few small **indulgences** during his diet.

casual

adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness

synonym : informal, relaxed, offhand

(1) **casual** dress, (2) take a **casual** glance

They had a **casual** conversation over coffee at the local cafe.

liken

v. to compare something or someone to something or someone else to emphasize similarity or likeness; to describe or represent something as being like something else in some way

synonym : compare, equate, analogize

(1) **liken** to a flower, (2) **liken** to a bird

Some people **liken** meditation to a mental shower, refreshing and rejuvenating the mind.

upgrade

v. to improve the value or usefulness of something such as a machine, computer system, etc., or to replace it with something newer or of a higher standard

synonym : improve, boost, enrich

(1) **upgrade** a product, (2) **upgrade** work performance

It's an excellent opportunity to **upgrade** our networking.

economy

n. the system by which a country or region produces, manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

synonym : finance, trade, business

(1) **economy** of scale, (2) **economy** class

The **economy** of the country is struggling due to the recent political instability.

critic

n. someone who expresses opinions about the quality of books, music, etc.

synonym: pundit, analyst, attacker

(1) art **critic**, (2) severe **critic**

Advocates for legal reform hear less harsh words from their **critics**.

extraordinary

adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual

synonym: exceptional, noteworthy, astonishing

(1) **extraordinary** ability, (2) **extraordinary** weather

He narrated the **extraordinary** story of his adventure.

deprivation

n. a state of not having something, such as food or money, that you need for a pleasant life

synonym: poverty, destitution, forfeiture

(1) chronic sleep **deprivation**, (2) **deprivation** of liberty

Losing him is great **deprivation** to our team.

sector

n. a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity

synonym: division, department, branch

(1) industrial **sector**, (2) private **sector**

The technology **sector** is constantly evolving and innovating.

meter

n. a device used to measure the amount of a particular substance or attribute, such as length, volume, or time; (prosody) the accent in a metrical foot of verse

synonym: gauge, indicator, rhythm

(1) a gas **meter**, (2) poetic **meter**

The **meter** on the wall showed that the room was three

meters long.

nowadays

adv. at the current time, in comparison to the past

synonym : currently, presently, today

(1) young people **nowadays**, (2) not to be seen **nowadays**
People can clone a sheep **nowadays**.

league

n. an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters

synonym : association, organization, alliance

(1) **league** championship, (2) a baseball **league**
He was recruited to play in the professional **league**.

disrupt

v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

synonym : interrupt, disturb, break into

(1) **disrupt** a well-ordered condition, (2) **disrupt** sleep
I'm so sorry to **disrupt** you when you're pretty busy.

shift

n. a slight transition in position, direction, or trend

synonym : transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**
Could you help me **shift** some furniture?

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

jet

n. a type of aircraft that is powered by one or more jet engines and can fly at high speeds, typically over long distances

synonym : plane, aircraft, flier

(1) private **jet**, (2) commercial **jet**

The **jet** flew over the ocean at high speed, reaching its destination in hours.

lag

v. to move or develop so slowly that you are behind other people, organizations, etc.

synonym: delay, slow down, fall behind

(1) **lag** a long way behind the progress, (2) **lag** behind its competition

Our interest began to **lag** sharply.

gracious

adj. behaving in a kind, polite and generous way

synonym: cordial, affable, courteous

(1) in a **gracious** manner, (2) **gracious** hospitality

The staff is always helpful and **gracious**.

craving

n. a strong desire of wanting something

synonym: desire, appetite, longing

(1) **craving** for revenge, (2) curb our **cravings**

I have a **craving** for nicotine.

indulge

v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

synonym: pamper, gratify, entertain

(1) **indulge** in debauchery, (2) **indulge** children

She **indulged** in a warm bath after a long day at work.

micro

n. extremely small in scale or scope; one millionth

(1) **micro** bubble, (2) **micro** force sensor

This approach employs both **micro** and macro analysis methods.

involuntary

adj. acting or done without or against one's will

synonym: coerced, forced, automatic

(1) **involuntary** manslaughter, (2) **involuntary** muscles

The drug's side effects can include **involuntary** loss of urine.

embarrass

v. to cause someone to feel awkward, worried, or ashamed
synonym: disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in public.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

accident

n. an unfortunate event, especially one causing damage or injury

synonym: calamity, casualty, chance

(1) cause an **accident**, (2) injury in a car **accident**

The **accident** partially destroyed my vehicle.

freeway

n. a major highway designed for high-speed traffic, with no stoplights or grade crossings and having interchanges or access roads to other highways

synonym: highway, expressway, motorway

(1) **freeway** exit, (2) expanded **freeway**

We got stuck in a traffic jam on the **freeway** for over an hour.

vigilance

n. the state of being watchful, alert, and attentive to potential dangers or threats; careful attention to detail and an active effort to prevent harm or damage

synonym: watchfulness, attentiveness, alertness

(1) exercise **vigilance**, (2) heightened **vigilance**

Constant **vigilance** is crucial for preventing home burglaries.

dip

v. to put something into a liquid for a short time and take it out again

synonym: dunk, dive, plunge

(1) **dip** a pen in ink, (2) **dip** a chip in the sauce
Please **dip** up a bucketful of water from the well.

tragic

adj. causing great sadness or suffering; very unfortunate
synonym: calamitous, disastrous, catastrophic

(1) **tragic** love stories, (2) **tragic** death

The **tragic** events of the war left many families torn apart.

shuttle

n. a vehicle or boat that regularly moves between two places; bobbin that passes the weft thread between the warp threads

synonym: ferry, transport, convey

(1) space **shuttle**, (2) **shuttle** service

The **shuttle** bus will take you to the airport in 15 minutes.

challenger

n. a person or thing that challenges or competes with someone or something else; a contestant in a competition or challenge

synonym: contender, rival, contestant

(1) **challenger** brand, (2) political **challenger**

The **challenger** in the boxing match put up a good fight.

investigation

n. the act or process of thoroughly examining a crime, problem, statement, etc., to uncover the truth

synonym: examination, analysis, inspection

(1) a preliminary **investigation**, (2) the scope of an **investigation**

We have never before conducted a legitimate **investigation**.

disaster

n. an unexpected event or series of events that cause widespread damage, destruction, or loss of life

synonym: catastrophe, calamity, tragedy

(1) global **disaster**, (2) **disaster** recovery

The **disaster** response team worked around the clock to aid those affected by the earthquake.

judgment

n. the ability to form valuable opinions and make reasonable decisions

synonym : conclusion, decision, determination

(1) an emotional **judgment** , (2) deliver a **judgment**

Her **judgments** are consistently rational and sensible.

extended

adj. longer than usual or anticipated

synonym : extensive, prolonged, elongated

(1) **extended** vacation, (2) **extended** payment

The **extended** airport runways may accommodate larger jets.

attribute

v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

synonym : ascribe, blame, (noun) feature

(1) **attribute** the change to their marriage, (2) **attribute** directly to sales

He **attributes** the disappointing results to the economic downturn.

chunk

n. a thick and solid mass or piece of something

synonym : block, lump, piece

(1) a **chunk** of money, (2) a tiny **chunk** of meat

The new start-up company carved out a large **chunk** of the market within a year.

impulsive

adj. acting suddenly without any planning and without considering the effects they may have

synonym : abrupt, hasty, capricious

(1) an **impulsive** force, (2) do **impulsive** buying

He regrets the **impulsive** behavior he took in his drunken state.

stimulant

n. a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration

synonym : upper, energizer, booster

(1) memory **stimulant**, (2) prescription **stimulant**

Many athletes use **stimulants** like caffeine to boost their energy before a competition.

caffeine

n. a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance

synonym : stimulant

(1) **caffeine** intake, (2) coffee with the **caffeine** removed
She experienced headaches and fatigue as symptoms of **caffeine** withdrawal after quitting coffee.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym : depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

fuel

n. a substance that is typically burned to generate heat or energy

synonym : energy, power, gas

(1) biomass **fuel**, (2) smokeless **fuel**

The **fuel** scarcity most severely impacted the manufacturing sector

naughty

adj. badly behaved; disobedient

synonym : disobedient, mischievous, impish

(1) **naughty** behavior, (2) **naughty** book

The child was being **naughty** and would not listen to his mother.

nicotine

n. a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system

synonym : tobacco, smoke

(1) **nicotine** patch, (2) **nicotine** replacement therapy
Smoking cigarettes exposes the body to high levels of **nicotine**, which can be addictive.

resort

n. a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance

synonym: vacation spot, hotel, (verb) address

(1) **resort** to desperate measures, (2) a last **resort**
If both countries **resort** to nuclear deterrence, the consequence could be mutual destruction.

alcohol

n. a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

synonym: booze, liquor, ethanol

(1) stop drinking **alcohol**, (2) diluted **alcohol**

There is a clear association between **alcohol** consumption and cognitive decline.

sedate

adj. calm, tranquil, and composed, often as a result of being under the influence of a sedative or tranquilizer; unhurried, deliberate, and without excessive movement or activity

synonym: calm, composed, tranquil

(1) **sedate** atmosphere, (2) **sedate** patient

The **sedate** environment of the library was perfect for studying.

transition

n. the process or period of changing from one state or circumstance to another

synonym: change, growth, shift

(1) **transition** phase, (2) ensure a smooth **transition**

The nation's healthcare system is in **transition** at the moment.

mimic

v. to imitate someone's speech, movement, or behavior, especially to make others laugh

synonym: mirror, imitate, ape

(1) **mimic** a human voice, (2) **mimic** numerous instruments

He is very popular at school because he can **mimic** all the teachers' accents.

acute

adj. extremely sharp or severe

synonym: sharp, perceptive, keen

(1) **acute** pain, (2) **acute** triangle

The patient died from **acute** alcohol intoxication.

sake

n. purpose; reason for wanting something done

synonym: purpose, reason, interest

(1) for your own **sake**, (2) for the **sake** of argument

He got a new job for the **sake** of his family.

addict

n. a person who cannot stop using or doing something as a habit, especially something harmful

synonym: devotee, buff, freak

(1) a drug **addict**, (2) Internet **addict**

We have become TV **addicts** due to video streaming services.

likelihood

n. the probability or chance that something will happen or be the case

synonym: probability, chance, possibility

(1) **likelihood** of the success, (2) improve the **likelihood** of a cure

The **likelihood** of the project being completed on time is uncertain.

obese

adj. excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more

synonym: overweight, corpulent, plump

(1) **obese** individuals, (2) **obese** children

The doctor warned him that his **obese** condition put him at risk for numerous health problems.

release

v. to set free or allow to escape from confinement

synonym: free, let go, discharge

(1) **release** a prisoner, (2) **release** CO₂ into the air

The animal rights group worked to **release** the dolphins back into the wild.

hormone

n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

(1) **hormone** secretion, (2) female **hormone**

The doctor diagnosed me with a **hormone** disorder.

ghrelin

n. a hormone that is produced in the stomach and is involved in regulating hunger and stimulating the release of growth hormone

synonym: hunger hormone, appetite stimulant, orexigenic peptide

(1) **ghrelin** hormone, (2) blood **ghrelin**

Some medications are known to affect the production of **ghrelin** in the body.

carbohydrate

n. (also carb) any of a class of organic compounds that includes sugars, starch, and cellulose and are a principal source of energy in the diet of animals

synonym: sugar, starch, cellulose

(1) complex **carbohydrate**, (2) **carbohydrate** metabolism

Foods high in **carbohydrates** include bread, pasta, and rice.

predisposition

n. a tendency or inclination to a particular behavior or condition, often due to genetic or environmental factors

synonym: tendency, inclination, disposition

(1) **predisposition** to anxiety, (2) genetic **predisposition**

Smoking can increase a person's **predisposition** to lung

cancer.

tire

v. to become weary or fatigued, often due to physical or mental exertion; to cause someone to feel weary or fatigued; (noun) a rubber covering that is placed around the rim of a wheel, which provides traction and absorbs shock while driving

synonym : exhaust, weary, fatigue

(1) **tire** my patience, (2) **tire** pressure

I need to **tire** out my dog with a long walk so that he will sleep through the night.

massive

adj. enormous amount; very heavy and solid

synonym : enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars

The recent economic downturn has resulted in **massive** layoffs.

lapse

n. a temporary or brief failure in judgment, action, or behavior; a gradual or slow decline, often referring to a loss of performance, quality, or attention; a period of time that has passed; (verb) to fall or slip into a particular state, often one that is undesirable or unintended

synonym : break, failure, blunder

(1) **lapse** back into recession, (2) **lapse** in payment

I missed the deadline due to a **lapse** in my memory.

sustained

adj. lasting for a long time or continuing for a long time without becoming weaker or less intense

synonym : prolonged, extended, continual

(1) **sustained** economic growth, (2) **sustained** release medication

The company experienced **sustained** growth over the past decade.

suppress

v. to bring something under control by force or authority; to put an end by force

synonym: subdue, bury, stifle

(1) **suppress** a yawn, (2) **suppress** a revolt

The doctor prescribed medication to **suppress** the patient's appetite.

immunity

n. the ability of an organism to resist infection or disease, often due to the presence of antibodies

synonym: resistance, protection, defense

(1) **immunity** booster, (2) **immunity** response

Vaccination is an effective way to build **immunity** against diseases.

infection

n. a condition in which pathogenic microorganisms or viruses have entered the body

synonym: contagion, disease, transmission

(1) a bacterial **infection**, (2) treat the **infection** with antibiotics

Hospitals must meet various standards to prevent nosocomial **infections**.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym: tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

glucose

n. a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things

synonym: sugar, blood sugar

(1) blood **glucose** test, (2) **glucose** level

The doctor injected **glucose** into his patient's veins.

circulation

n. the movement of blood through the body or of a fluid through a system; the number of copies of a newspaper

or magazine that are sold

synonym : flow, movement, dissemination

(1) lymphatic **circulation**, (2) **circulation** of money

The **circulation** of the magazine has been steadily declining.

dominant

adj. more important, influential, or easy to notice than anything else of the same type

synonym : chief, predominant, prevailing

(1) achieve a **dominant** share, (2) **dominant** force

Her company soon won a **dominant** market share.

vascular

adj. of or relating to blood vessels, especially the veins and arteries that carry blood throughout the body

synonym : circulatory, cardiovascular, arterial

(1) **vascular** disease, (2) **vascular** surgery

The doctor detected a blockage in the patient's **vascular** system.

intolerant

adj. the inability or refusal to accept or respect views, beliefs, or behavior that differ from someone's own; unable to eat food without adverse effects

synonym : failure, impotence, shortcoming

(1) an **intolerant** person, (2) **intolerant** of criticism

His **intolerant** attitude towards other cultures made it difficult for him to get along with others.

diabetes

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

cardiovascular

adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)

(1) **cardiovascular** diseases, (2) **cardiovascular** tissue

Smoking places you at severe risk of **cardiovascular** and respiratory disease.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

impair

v. to damage something or make it weaker or worse

synonym : degrade, mar, deface

(1) **impair** my health, (2) **impair** insulin sensitivity

The accident made his vision **impaired**.

reside

v. to live in a particular place, typically for a prolonged period of time

synonym : live, dwell, inhabit

(1) **reside** on the skin, (2) **reside** permanently

They **reside** in a beautiful old house in the countryside.

impressive

adj. arousing admiration due to size, quality, or skill

synonym : impactful, remarkable, exceptional

(1) **impressive** performances, (2) an **impressive** array of facts

The budget reduction was an **impressive** feat for our nation.

tip

n. the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services

synonym : edge, advice, gratuity

(1) the **tip** of a paintbrush, (2) give the waiter a **tip** .

I will introduce some **tips** on learning English in this class.

rocket

n. a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon

synonym : projectile, missile

(1) **rocket** attack against the enemy, (2) **rocket** fuel
The **rocket** launch platform is visible from this hill.

grumpy

adj. easily annoyed or irritable; inclined to complain or show dissatisfaction, often in an ill-tempered way

synonym : crabby, grouchy, irritable

(1) **grumpy** cat, (2) **grumpy** mood

The **grumpy** older man snapped at the children for playing too loudly.

irritable

adj. easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events

synonym : cranky, grumpy, touchy

(1) **irritable** bowel syndrome, (2) **irritable** mood

Lack of sleep can make me **irritable** and easily annoyed.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym : coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

slightly

adv. in a small degree or extent; a little

synonym : barely, narrowly, scarcely

(1) increase **slightly**, (2) **slightly** alkaline soils

He moved his body **slightly** to the left.

offensive

adj. rude in a way that causes someone to feel anger, annoyance, or resentment; for the purpose of attack rather than defense

synonym : disrespectful, abusive, attacking

(1) assume the **offensive**, (2) an **offensive** smell

His **offensive** philosophy in business led to many hostile takeovers.

dummy

n. a model or imitation of something that is used as a substitute; a person who is perceived as lacking intelligence or acting foolishly

synonym : mannequin, puppet, figurine

(1) **dummy** address, (2) the crash test **dummy**

The ventriloquist's **dummy** was incredibly lifelike and entertaining.

exposure

n. the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

synonym : vulnerability, disclosure, uncovering

(1) a southern **exposure**, (2) the **exposure** of a fraud

The long **exposure** to the air tarnished the antique tableware.

alert

v. to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action

synonym : warn, inform, (adjective) vigilant

(1) **alert** consumers to the dangers, (2) **alert** system

The company's cybersecurity team **alerted** the CEO to potential threats.

delay

v. to cause something to happen at a later time than originally intended or expected

synonym : block, adjourn, detain

(1) **delay** a flight three hours, (2) **delay** the new project

We **delayed** the payment because of an incorrect invoice.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym : thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

myth

n. an ancient story or set of stories accepted as history, especially explaining the worldview of a people

synonym : fable, legend, lore

(1) the **myth** of an old religion, (2) perpetuate a **myth**
With the financial bubble bursting, the **myth** of economic growth in investment banking collapsed.

fragment

n. a small piece or part broken off or detached
synonym: piece, shard, segment

(1) **fragment** of a text, (2) a broken **fragment**
The archaeologist carefully pieced together the tiny **fragments** of pottery found at the dig site.

robust

adj. sturdy and healthy in form, constitution, or construction; strong enough to withstand or overcome intellectual challenges or adversity

synonym: healthy, strong, booming

(1) **robust** growth, (2) a **robust** appetite
The experiment yielded **robust** results that support his theory.

requirement

n. something that is needed or wanted
synonym: prerequisite, provision, condition

(1) meet **requirement**, (2) school **requirement**
What is the entry **requirement** for this course?

wealth

n. a large amount of money, property, or other things that someone or an organization owns

synonym: affluence, assets, fortunate

(1) majority of his **wealth**, (2) material **wealth**
The **wealth** inequality was unavoidable.

socioeconomic

adj. relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class

synonym: social, economic, financial

(1) **socioeconomic** status, (2) **socioeconomic** issues
The **socioeconomic** conditions of a country can significantly affect its political stability.

horrible

adj. extremely unpleasant or bad; causing fear or disgust
synonym : dreadful, terrible, awful

(1) **horrible** accident, (2) **horrible** smell

The experience was **horrible** and left a lasting impression.

smug

adj. excessively pleased with oneself; self-righteously complacent

synonym : self-satisfied, complacent, self-assured

(1) in a **smug** manner, (2) **smug** attitude

She felt **smug** about her performance in the competition.

gear

n. a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose

synonym : equipment, tools, apparatus

(1) sports **gear**, (2) a **gear** change lever

She checked her **gear** before embarking on the hike.

association

n. a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship

synonym : affiliation, collaboration, society

(1) word **associations**, (2) a scholarship **association**

His membership in the **association** provided him with numerous benefits.

severe

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

synonym : harsh, relentless, powerful

(1) **severe** heat, (2) a **severe** case of pneumonia

The senator received **severe** criticism from his opponent.

largely

adv. virtually entirely; to a large degree

synonym : mainly, chiefly, broadly

(1) **largely** accepted, (2) **largely** mitigate the issue

Nevada is **largely** a desert state.

ignore

v. to intentionally not listen or pay attention to
synonym : neglect, disregard, shun

(1) **ignore** her advice, (2) **ignore** a ban

Since independence, the area has been completely **ignored**.

schizophrenia

n. a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

synonym : psychosis, disorder, mental illness

(1) **schizophrenia** spectrum disorder, (2) **schizophrenia** treatment

The **schizophrenia** patient was experiencing severe auditory hallucinations.

psychotic

adj. relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

synonym : deranged, unstable, certifiable

(1) **psychotic** medication, (2) **psychotic** episode

Her husband's death caused her to experience a **psychotic** break.

sever

v. to break or separate something by cutting, especially suddenly and forcibly

synonym : cut apart, separate, detach

(1) **sever** a rope, (2) **sever** a positive relationship

He **severed** a branch from a tree quickly.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym : recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite

and weight loss.

bipolar

adj. of, relating to, or occurring in both polar regions; of or relating to manic depressive illness

(1) **bipolar** depression, (2) a **bipolar** semiconductor

The physician prescribed medication to treat **bipolar** disorder.

phase

n. any stage in a series of events, change, or development

synonym: degree, stage, step

(1) enter on the last **phase**, (2) two- **phase** structure

The era of the industrial revolution was a crucial **phase** of history.

whatsoever

adv. not at all; no matter what

synonym: in any way, at all, in any respect

(1) **whatsoever** it be, (2) without impact **whatsoever**

He refused to do anything **whatsoever** to help her.

absolutely

adv. without restriction or limitation; completely or utterly

synonym: completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

predispose

v. to make someone susceptible

synonym: dispose, incline

(1) **predispose** to the development of cancer,

(2) **predispose** me to become a novelist

Her outstanding achievement **predisposes** people to like

her.

norm

n. something that is regarded as usual, typical, or standard
synonym : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

overlap

v. to partially cover something by going beyond its edge
synonym : overlay, cover, bespread

(1) **overlap** one another, (2) **overlap** in many areas

There was no **overlap** between their proposals.

mutation

n. the way in which genes of a person, plant, animal, or other organism change and produce permanent differences

synonym : metamorphosis, transformation, alteration

(1) **mutation** of DNA, (2) hereditary **mutation**

Radiation often promotes genetic **mutations** in plants and animals.

genuine

adj. real and exactly; not pretended; sincerely felt or expressed

synonym : actual, honest, unpretending

(1) a **genuine** article, (2) show **genuine** regret

Is this painting **genuine** or forged?

mechanism

n. a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction

synonym : means, method, system

(1) the **mechanism** for DNA replication, (2) defense **mechanism**

He discovered unique **mechanisms** for photochemical reactions.

precede

v. to happen or go before something or someone in time or space

synonym : lead, forego, antecede

(1) men often **precede** women when walking, (2) **precede** any discussion

Agricultural development generally **precedes** economic growth.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

disorder

n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym : chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

abnormal

adj. not typical, usual, or regular, especially in a way that is bad

synonym : aberrant, bizzare, unusual

(1) **abnormal** heart rhythms, (2) **abnormal** cells

An **abnormal** climate in the region caused a sharp decline in grain harvest.

clinical

adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

synonym : dispassionate, analytic, scientific

(1) **clinical** surgery, (2) participate in **clinical** trials
She received special **clinical** training at the hospital.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym: identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans
This device is used to **diagnose** brain cancer and other tumors.

exacerbate

v. to make a situation, problem, or feeling worse

synonym: worsen, aggravate, escalate

(1) **exacerbate** the situation, (2) **exacerbate** symptoms
The heat wave **exacerbated** the drought conditions.

freeman

n. a person who is not a serf or enslaved person and has the right to hold property and vote

synonym: citizen, individual, person

(1) **freeman** rights, (2) **freeman** status

In the colonial period, only **freeman** was allowed to vote.

stabilize

v. to become or cause to become steady or unlikely to give way

synonym: brace, steady, secure

(1) **stabilize** prices, (2) **stabilize** blood sugar levels

The raising of interest rates **stabilizes** the inflation rate.

paranoia

n. a mental condition characterized by delusions of persecution, unwarranted jealousy, or exaggerated self-importance, typically compounded by feelings of anxiety or irritability

synonym: suspicion, mistrust, delusions

(1) encourage **paranoia**, (2) suffering from **paranoia**

His **paranoia** about being followed made him constantly look over his shoulder.

warn

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

synonym : alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan

I attempted to **warn** him, but he ignored me.

vulnerable

adj. capable of being hurt or influenced physically or mentally

synonym : susceptible, exposed, weak

(1) a **vulnerable** bridge, (2) **vulnerable** parts of the body

Infants and pregnant women are particularly **vulnerable**.

intervention

n. the action or process of being done to improve or help a circumstance, often they have not been asked to do so

synonym : interference, intercession, treatment

(1) **intervention** by foreign powers, (2) surgical

intervention

This **intervention** does not require the patient's consent.

therapeutic

adj. relating to or involved in the treatment of illness or injury

synonym : healing, remedial, curative

(1) **therapeutic** massage, (2) **therapeutic** administration

Yoga is known to have **therapeutic** benefits for the mind and body.

alleviate

v. to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden

synonym : ease, relieve, lessen

(1) **alleviate** anxiety, (2) **alleviate** stress

Taking ibuprofen can **alleviate** the pain from a headache.

appalling

adj. causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant

synonym : shocking, horrifying, alarming

(1) **appalling** crimes, (2) **appalling** behavior

The condition of that old house was **appalling**.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym : sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

attitude

n. the way you think and feel about someone or something

synonym : mindset, perspective, philosophy

(1) **attitude** toward mistakes, (2) **attitude** control

She had the **attitude** that work was fun.

industrial

adj. of or relating to or resulting from industry

synonym : manufacturing, mechanical

(1) beginning of the **industrial** revolution, (2) **industrial** alcohol

Industrial design has become more focused on human nature aspect than ever before.

wrap

v. to cover or enclose something entirely with paper, cloth, or other material

synonym : surround, cover, bandage

(1) **wrap** a fish in foil, (2) **wrap** up a meeting

Wrap the bandage tightly around the injured arm.

duvet

n. (also "comforter") a soft, flat bag filled with feathers, down, or synthetic fibers, used as a covering for a bed, usually enclosed in a removable cover and provides warmth and comfort while sleeping

synonym : comforter, quilt, blanket

(1) soft **duvet**, (2) **duvet** cover

I love snuggling up under my cozy **duvet** on a cold winter night.

importance

n. the quality of being important and worthy of note

synonym : significance, primacy, matter

(1) a man of **importance**, (2) high **importance**

I stopped by the branch though I have no business of **importance**.

crystal

n. a solid material with many even sides that is formed naturally when the substance becomes solid and has a highly regular atomic structure; clear and colorless glass made of almost pure silica

synonym: quartz

(1) liquid **crystal**, (2) **crystal** analyses

A vast **crystal** chandelier glittered brightly above us.

nonsense

n. an idea, behavior, or something spoken or written that has no meaning or makes no sense or that is silly or unacceptable

synonym: ludicrousness, gabble, absurdity

(1) talk **nonsense**, (2) sheer **nonsense**

The parents spoke to their children in no- **nonsense** tones.

pragmatic

adj. practical rather than idealistic

synonym: practical, realistic, down-to-earth

(1) **pragmatic** approach, (2) **pragmatic** politics

He was a **pragmatic** leader who made decisions based on what was practical rather than ideal.

concentration

n. the ability to focus all your time and energy on one thing without thinking about anything else.

synonym: attention, engagement, assiduity

(1) **concentration** of armaments, (2) his research area of **concentration**

This exam requires excellent **concentration** to pass.

decision-maker

n. a person who makes important decisions, especially at a high level in an organization

(1) policy **decision-maker**, (2) act as a **decision-maker**

A wealth of information does not always have a positive impact on **decision-makers**.

mood

n. the way you feel at a particular time; an angry or impatient state of mind

synonym: mindset, disposition, temper

(1) the **mood** in a room, (2) in an ugly **mood**

His gaffe spoiled the **mood** of the dinner party.

debilitating

adj. weakening or damaging; causing a loss of strength, energy, or success

synonym: weakening, exhausting

(1) **debilitating** virus, (2) **debilitating** effect

His **debilitating** illness made it difficult for him to leave the house.

butcher

n. a person who prepares and sells meat, especially at a retail shop; a person who kills or slaughters animals, especially for food; a person who engages in the relentless or brutal treatment of others

synonym: butcherer, meat cutter, slaughterer

(1) **butcher** knife, (2) local **butcher**

He's a vegetarian and was shocked to see so much meat in the **butcher** shop.

fantasy

n. a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen

synonym: fiction, illusion, fabrication

(1) **fantasy** novel, (2) confuse **fantasy** with reality

Composition by artificial intelligence is no longer a **fantasy**.

worship

v. to have or show a strong feeling of profound respect and admiration for a religious entity such as God or a god

synonym: adore, idolize

(1) **worship** god, (2) absolutely **worship**

They traditionally **worship** their guru.

recommend

v. to suggest that someone or something would be a suitable fit for a particular purpose or role

synonym : advise, suggest, instruct

(1) **recommend** a hospitalization, (2) **recommend** reading

We **recommend** taking media training every six months.

Session 2: Spelling

- | | |
|---|---|
| 1. neu_____ters released from the brain | <i>n.</i> a chemical that carries nerve impulses between neurons or between neurons and muscles |
| 2. a com_____ed process | <i>adj.</i> involving a lot of different things or parts in a way that is difficult to understand or analyze |
| 3. ex_____ng news | <i>adj.</i> causing a lot of interest or excitement |
| 4. defense me_____sm | <i>n.</i> a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction |
| 5. perpetuate a m__h | <i>n.</i> an ancient story or set of stories accepted as history, especially explaining the worldview of a people |
| 6. ac__e pain | <i>adj.</i> extremely sharp or severe |
| 7. form a nu_____s | <i>n.</i> the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom |
| 8. a vul_____le bridge | <i>adj.</i> capable of being hurt or influenced physically or mentally |
| 9. l_g a long way behind the progress | <i>v.</i> to move or develop so slowly that you are behind other people, organizations, etc. |

ANSWERS: 1. neurotransmitter, 2. complicated, 3. exciting, 4. mechanism, 5. myth, 6. acute, 7. nucleus, 8. vulnerable, 9. lag

10. global di____er *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
11. private se____r *n.* a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
12. st____ze prices *v.* to become or cause to become steady or unlikely to give way
13. spinal c__d *n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
14. decision-making pr____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
15. de____e others of profit *v.* to take away something from someone
16. in____ct with one another *v.* to communicate or react with somebody
17. a scholarship ass____on *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
18. a gas me__r *n.* a device used to measure the amount of a particular substance or attribute, such as length, volume, or time; (prosody) the accent in a metrical foot of verse

ANSWERS: 10. disaster, 11. sector, 12. stabilize, 13. cord, 14. process, 15. deprive, 16. interact, 17. association, 18. meter

19. major paradigm sh__t *n.* a slight transition in position, direction, or trend
20. smokeless f__l *n.* a substance that is typically burned to generate heat or energy
21. local bu____r *n.* a person who prepares and sells meat, especially at a retail shop; a person who kills or slaughters animals, especially for food; a person who engages in the relentless or brutal treatment of others
22. al__t system *v.* to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
23. evolutionary bi____y *n.* the scientific study of life and the natural processes of living things
24. the branch of neu____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
25. im____ty response *n.* the ability of an organism to resist infection or disease, often due to the presence of antibodies
26. dep____on of liberty *n.* a state of not having something, such as food or money, that you need for a pleasant life
27. fr____n status *n.* a person who is not a serf or enslaved person and has the right to hold property and vote
28. sports g__r *n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose

ANSWERS: 19. shift, 20. fuel, 21. butcher, 22. alert, 23. biology, 24. neuroscience, 25. immunity, 26. deprivation, 27. freeman, 28. gear

29. ex____e sports *adj.* very great in amount or degree
30. su_____ed economic growth *adj.* lasting for a long time or continuing for a long time without becoming weaker or less intense
31. barren of cr_____ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
32. a ro___t appetite *adj.* sturdy and healthy in form, constitution, or construction; strong enough to withstand or overcome intellectual challenges or adversity
33. a fine wr_____e on a fabric *n.* a small line or fold in something, especially fabric or the skin of the face; a minor difficulty
34. cr_____g for revenge *n.* a strong desire of wanting something
35. s__m from a belief *n.* the central part of something from which other parts can develop or grow; the part of a word common to all its inflected variants; (verb) to grow out of, have roots in, or originate in
36. prescription st_____nt *n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration
37. la__e in payment *n.* a temporary or brief failure in judgment, action, or behavior; a gradual or slow decline, often referring to a loss of performance, quality, or attention; a period of time that has passed; (verb) to fall or slip into a particular state, often one that is undesirable or unintended

ANSWERS: 29. extreme, 30. sustained, 31. creative, 32. robust, 33. wrinkle, 34. craving, 35. stem, 36. stimulant, 37. lapse

38. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
39. inv_____ry muscles *adj.* acting or done without or against one's will
40. f__e in importance *v.* to vanish; to fade away; to lose color; to lose freshness
41. a sm_____ng blow *adj.* very successful or impressive; causing something to be broken or destroyed
42. ca_____ne intake *n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance
43. an imp_____ve array of facts *adj.* arousing admiration due to size, quality, or skill
44. met_____sm enzyme *n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
45. participate in cl_____al trials *adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
46. cir_____on of money *n.* the movement of blood through the body or of a fluid through a system; the number of copies of a newspaper or magazine that are sold
47. mi__o bubble *n.* extremely small in scale or scope; one millionth
48. ma_____e amounts *adj.* enormous amount; very heavy and solid

ANSWERS: 38. statistics, 39. involuntary, 40. fade, 41. smashing, 42. caffeine, 43. impressive, 44. metabolism, 45. clinical, 46. circulation, 47. micro, 48. massive

49. the root problem of her dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
50. sy_____e circuit *n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it
51. soil con_____ion *n.* the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity
52. w__p a fish in foil *v.* to cover or enclose something entirely with paper, cloth, or other material
53. sh_____e service *n.* a vehicle or boat that regularly moves between two places; bobbin that passes the weft thread between the warp threads
54. he was en_____ly to blame *adv.* completely
55. mi__o force sensor *n.* extremely small in scale or scope; one millionth
56. re___l the incident *v.* to remember something
57. pre_____ion to anxiety *n.* a tendency or inclination to a particular behavior or condition, often due to genetic or environmental factors
58. a private ind_____al *n.* a single person or thing, as distinct from a group
59. ro___t attack against the enemy *n.* a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon

ANSWERS: 49. depression, 50. synapse, 51. conservation, 52. wrap, 53. shuttle, 54. entirely, 55. micro, 56. recall, 57. predisposition, 58. individual, 59. rocket

60. mi__c numerous instruments *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
61. Doppler sh__t *n.* a slight transition in position, direction, or trend
62. pr____le outcome *adj.* likely to happen or likely to be true
63. an al__m clock *n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
64. cell and molecular bi____y *n.* the scientific study of life and the natural processes of living things
65. as____te with people widely *v.* to mentally connect someone or something with someone or something else
66. an emotional ju____nt *n.* the ability to form valuable opinions and make reasonable decisions
67. es____te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
68. w__ned me of the plan *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
69. act as a dec_____ker *n.* a person who makes important decisions, especially at a high level in an organization
70. brain and sp___l cord *adj.* of or relating to the spine (= the long bone in the body's back)
71. improve the lik____od of a cure *n.* the probability or chance that something will happen or be the case

ANSWERS: 60. mimic, 61. shift, 62. probable, 63. alarm, 64. biology, 65. associate, 66. judgment, 67. estimate, 68. warn, 69. decision-maker, 70. spinal, 71. likelihood

72. ca___l dress *adj.* relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
73. up_____e work performance *v.* to improve the value or usefulness of something such as a machine, computer system, etc., or to replace it with something newer or of a higher standard
74. people with bipolar di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
75. ni_____ne patch *n.* a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system
76. se__r a rope *v.* to break or separate something by cutting, especially suddenly and forcibly
77. sl_____r in class *n.* a state of sleep, especially a light sleep; (verb) to be asleep, or to take a nap
78. deb_____ing virus *adj.* weakening or damaging; causing a loss of strength, energy, or success
79. enter on the last ph__e *n.* any stage in a series of events, change, or development
80. cellular signaling pa_____ys *n.* a track that constitutes or serves as a path; an approach or a way of doing something
81. du__y address *n.* a model or imitation of something that is used as a substitute; a person who is perceived as lacking intelligence or acting foolishly

ANSWERS: 72. casual, 73. upgrade, 74. disorder, 75. nicotine, 76. sever, 77. slumber, 78. debilitating, 79. phase, 80. pathway, 81. dummy

82. dead as ___p *adj.* in a state of sleep
83. a broken fr ____nt *n.* a small piece or part broken off or detached
84. ch __n reaction *n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
85. as ___p at the wheel *adj.* in a state of sleep
86. coffee with the ca ____ne removed *n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance
87. diluted al ____l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
88. ca ____e calculation *n.* unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
89. a public co ____us *n.* general agreement or accord in the judgment or opinion reached by a group as a whole
90. give the al __m *n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
91. soc _____mic status *adj.* relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class

ANSWERS: 82. asleep, 83. fragment, 84. chain, 85. asleep, 86. caffeine, 87. alcohol, 88. calorie, 89. consensus, 90. alarm, 91. socioeconomic

92. high imp_____ce *n.* the quality of being important and worthy of note
93. the ex___t of the damage *n.* the point or degree or area to which something extends
94. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
95. the st_____re of a machine *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
96. ensure a smooth tra_____on *n.* the process or period of changing from one state or circumstance to another
97. the Great Dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
98. give the waiter a t_p. *n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
99. end at a sy_____e *n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it

ANSWERS: 92. importance, 93. extent, 94. process, 95. structure, 96. transition, 97. depression, 98. tip, 99. synapse

100. a southern ex_____re *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
101. heightened vi_____ce *n.* the state of being watchful, alert, and attentive to potential dangers or threats; careful attention to detail and an active effort to prevent harm or damage
102. lik_____od of the success *n.* the probability or chance that something will happen or be the case
103. poetic me__r *n.* a device used to measure the amount of a particular substance or attribute, such as length, volume, or time; (prosody) the accent in a metrical foot of verse
104. co_____ed criminal *adj.* completely certain about something; having a strong belief or conviction in a particular religion
105. ho_____le smell *adj.* extremely unpleasant or bad; causing fear or disgust
106. at_____te the signal *v.* to weaken or reduce the intensity of something, such as a sound, feeling, or substance; to make something thinner or less dense
107. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
108. visual co____x neuron *n.* the outermost layer of an organ, especially the brain

ANSWERS: 100. exposure, 101. vigilance, 102. likelihood, 103. meter, 104. convinced, 105. horrible, 106. attenuate, 107. colleague, 108. cortex

109. give sm_____ng results *adj.* very successful or impressive; causing something to be broken or destroyed
110. se___e patient *adj.* calm, tranquil, and composed, often as a result of being under the influence of a sedative or tranquilizer; unhurried, deliberate, and without excessive movement or activity
111. ge___e downward slope *adj.* having or showing a kindly or tender nature; soft and mild
112. art cr___c *n.* someone who expresses opinions about the quality of books, music, etc.
113. co_____ed of the idea *adj.* completely certain about something; having a strong belief or conviction in a particular religion
114. fa_____y novel *n.* a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen
115. oc___y his time *v.* to consume all of someone's space, attention, or time
116. ca___r diagnosis *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
117. men often pr_____e women when walking *v.* to happen or go before something or someone in time or space
118. the m__h of an old religion *n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people

ANSWERS: 109. smashing, 110. sedate, 111. gentle, 112. critic, 113. convinced, 114. fantasy, 115. occupy, 116. cancer, 117. precede, 118. myth

119. di____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
120. ve____l fin *adj.* relating to or situated on or toward the belly or underside of an animal or organ; opposite of dorsal
121. v__y directly with the price *v.* to become different in terms of size, shape, etc.
122. str_____en a border patrol *v.* to become stronger or more effective; to make someone or something stronger or more effective
123. sch_____nia treatment *n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior
124. expanded fr____y *n.* a major highway designed for high-speed traffic, with no stoplights or grade crossings and having interchanges or access roads to other highways
125. re____d a company *v.* to build again or anew
126. majority of his we____h *n.* a large amount of money, property, or other things that someone or an organization owns
127. selfish ind_____ce *n.* the state or act of allowing oneself or another person to enjoy the pleasure of something that is considered to be a pleasure or luxury

ANSWERS: 119. diagnose, 120. ventral, 121. vary, 122. strengthen, 123. schizophrenia, 124. freeway, 125. rebuild, 126. wealth, 127. indulgence

128. em_____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
129. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
130. private j_t *n.* a type of aircraft that is powered by one or more jet engines and can fly at high speeds, typically over long distances
131. at_____te the power *v.* to weaken or reduce the intensity of something, such as a sound, feeling, or substance; to make something thinner or less dense
132. ex_____e weather events *adj.* very great in amount or degree
133. pr_____ic politics *adj.* practical rather than idealistic
134. ov_____p in many areas *v.* to partially cover something by going beyond its edge
135. in a ge___e voice *adj.* having or showing a kindly or tender nature; soft and mild
136. pay annual s__t *n.* a tax or payment, particularly a share or portion of something; a person from Scotland or a Scottish immigrant
137. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
138. in___e his privacy *v.* to enter aggressively into another's territory by military force for conquest and occupation

ANSWERS: 128. embarrass, 129. disease, 130. jet, 131. attenuate, 132. extreme, 133. pragmatic, 134. overlap, 135. gentle, 136. scot, 137. suffer, 138. invade

139. talk no____se *n.* an idea, behavior, or something spoken or written that has no meaning or makes no sense or that is silly or unacceptable
140. gl____e level *n.* a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things
141. the pr____nd depths of the sea *adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
142. new fa____n trends *n.* a style that is popular at a particular time or place; the state of being popular
143. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
144. al____te stress *v.* to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden
145. for your own s__e *n.* purpose; reason for wanting something done
146. fr____n rights *n.* a person who is not a serf or enslaved person and has the right to hold property and vote
147. at____t attention *v.* to draw or entice someone or something towards them through the qualities they have, especially positive ones
148. the nu____s of a team *n.* the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom

ANSWERS: 139. nonsense, 140. glucose, 141. profound, 142. fashion, 143. brain, 144. alleviate, 145. sake, 146. freeman, 147. attract, 148. nucleus

149. bu____r knife *n.* a person who prepares and sells meat, especially at a retail shop; a person who kills or slaughters animals, especially for food; a person who engages in the relentless or brutal treatment of others
150. supply ch__n *n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
151. se___e heat *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
152. pr_____e any discussion *v.* to happen or go before something or someone in time or space
153. liquid cr_____l *n.* a solid material with many even sides that is formed naturally when the substance becomes solid and has a highly regular atomic structure; clear and colorless glass made of almost pure silica
154. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
155. at_____te directly to sales *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
156. cause an ac_____nt *n.* an unfortunate event, especially one causing damage or injury
157. ir_____le mood *adj.* easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events

ANSWERS: 149. butcher, 150. chain, 151. severe, 152. precede, 153. crystal, 154. symptom, 155. attribute, 156. accident, 157. irritable

158. th_____ld increase *adj.* three times as great or as many
159. at_____de toward mistakes *n.* the way you think and feel about someone or something
160. absolutely wo_____p *v.* to have or show a strong feeling of profound respect and admiration for a religious entity such as God or a god
161. na_____y behavior *adj.* badly behaved; disobedient
162. ho_____le accident *adj.* extremely unpleasant or bad; causing fear or disgust
163. Eli_____an religious settlement *n.* pertaining to the reign of Queen Elizabeth I of England (1558-1603); relating to the culture, literature, and history of that time period
164. la_____y accepted *adv.* virtually entirely; to a large degree
165. juvenile di_____es *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
166. a drop of d_w *n.* the tiny drops of water that have condensed on a cool surface overnight
167. tra_____on phase *n.* the process or period of changing from one state or circumstance to another
168. modern dr_____st *n.* (also "dramaturge") a writer of plays, dramas, or theatrical pieces
169. bi_____r depression *adj.* of, relating to, or occurring in both polar regions; of or relating to manic depressive illness
170. re_____e CO2 into the air *v.* to set free or allow to escape from confinement

ANSWERS: 158. threefold, 159. attitude, 160. worship, 161. naughty, 162. horrible, 163. Elizabethan, 164. largely, 165. diabetes, 166. dew, 167. transition, 168. dramatist, 169. bipolar, 170. release

171. for the s__e of argument *n.* purpose; reason for wanting something done
172. su____e beforehand *v.* to think that something is likely to be actual or possible
173. wha_____er it be *adv.* not at all; no matter what
174. D_n Giovanni *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
175. ig___e a ban *v.* to intentionally not listen or pay attention to
176. school req_____nt *n.* something that is needed or wanted
177. at____de control *n.* the way you think and feel about someone or something
178. op__c illusion *adj.* relating to vision or the eyes; relating to or involving light or optics
179. neurotic sy_____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
180. ap_____ng crimes *adj.* causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant
181. pr_____ic book *adj.* containing or given to making predictions; presaging the future; of or relating to a prophet (= an authoritative person who divines the future)
182. cr_____l analyses *n.* a solid material with many even sides that is formed naturally when the substance becomes solid and has a highly regular atomic structure; clear and colorless glass made of almost pure silica

ANSWERS: 171. sake, 172. suppose, 173. whatsoever, 174. Don, 175. ignore, 176. requirement, 177. attitude, 178. optic, 179. symptom, 180. appalling, 181. prophetic, 182. crystal

183. anterior hyp_____mus *n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
184. b__g a phone down *v.* to hit or cause to hit something in a way that makes a loud noise
185. me___r salary *adj.* small in quantity, quality, or size; insufficient or inadequate
186. sheer no_____se *n.* an idea, behavior, or something spoken or written that has no meaning or makes no sense or that is silly or unacceptable
187. take ad_____ge of his weak points *n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has
188. f__p over the pork chop *v.* to turn over into a different position quickly; to throw or toss with a light motion
189. ac__e triangle *adj.* extremely sharp or severe
190. in a s__g manner *adj.* excessively pleased with oneself; self-righteously complacent
191. plenary ind_____ce *n.* the state or act of allowing oneself or another person to enjoy the pleasure of something that is considered to be a pleasure or luxury
192. l_g behind its competition *v.* to move or develop so slowly that you are behind other people, organizations, etc.

ANSWERS: 183. hypothalamus, 184. bang, 185. meager, 186. nonsense, 187. advantage, 188. flip, 189. acute, 190. smug, 191. indulgence, 192. lag

193. li__n to a bird *v.* to compare something or someone to something or someone else to emphasize similarity or likeness; to describe or represent something as being like something else in some way
194. word ass_____ons *n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship
195. cultural n__m *n.* something that is regarded as usual, typical, or standard
196. str_____en the immune system *v.* to become stronger or more effective; to make someone or something stronger or more effective
197. d_p a pen in ink *v.* to put something into a liquid for a short time and take it out again
198. hemoglobin met_____sm *n.* the set of chemical reactions in cells or organisms that are necessary for life-sustaining
199. se___e atmosphere *adj.* calm, tranquil, and composed, often as a result of being under the influence of a sedative or tranquilizer; unhurried, deliberate, and without excessive movement or activity
200. a last re___t *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
201. the characters that re_____nt numbers *v.* to speak, act, or be present on behalf of another person or group; to form or constitute

ANSWERS: 193. liken, 194. association, 195. norm, 196. strengthen, 197. dip, 198. metabolism, 199. sedate, 200. resort, 201. represent

202. le___e championship *n.* an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
203. wo_____p god *v.* to have or show a strong feeling of profound respect and admiration for a religious entity such as God or a god
204. a preliminary inv_____ion *n.* the act or process of thoroughly examining a crime, problem, statement, etc., to uncover the truth
205. di_____er recovery *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
206. beginning of the ind_____al revolution *adj.* of or relating to or resulting from industry
207. re___l his name *v.* to remember something
208. la__e back into recession *n.* a temporary or brief failure in judgment, action, or behavior; a gradual or slow decline, often referring to a loss of performance, quality, or attention; a period of time that has passed; (verb) to fall or slip into a particular state, often one that is undesirable or unintended
209. t__e my patience *v.* to become weary or fatigued, often due to physical or mental exertion; to cause someone to feel weary or fatigued; (noun) a rubber covering that is placed around the rim of a wheel, which provides traction and absorbs shock while driving

ANSWERS: 202. league, 203. worship, 204. investigation, 205. disaster, 206. industrial, 207. recall, 208. lapse, 209. tire

210. de__y a flight three hours *v.* to cause something to happen at a later time than originally intended or expected
211. an int_____nt person *adj.* the inability or refusal to accept or respect views, beliefs, or behavior that differ from someone's own; unable to eat food without adverse effects
212. hereditary mu_____on *n.* the way in which genes of a person, plant, animal, or other organism change and produce permanent differences
213. d_p a chip in the sauce *v.* to put something into a liquid for a short time and take it out again
214. in_____ve judgment *adj.* obtained through feelings rather than facts or proof
215. ps_____ic medication *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
216. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
217. re_____nd a hospitalization *v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
218. cl_____al surgery *adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

ANSWERS: 210. delay, 211. intolerant, 212. mutation, 213. dip, 214. intuitive, 215. psychotic, 216. develop, 217. recommend, 218. clinical

219. tr___c love stories	<i>adj.</i> causing great sadness or suffering; very unfortunate
220. su_____ed release medication	<i>adj.</i> lasting for a long time or continuing for a long time without becoming weaker or less intense
221. sp___l injury	<i>adj.</i> of or relating to the spine (= the long bone in the body's back)
222. the m__d in a room	<i>n.</i> the way you feel at a particular time; an angry or impatient state of mind
223. ov_____p one another	<i>v.</i> to partially cover something by going beyond its edge
224. co_____e chemically with another substance	<i>v.</i> to join or merge to form a single thing or group
225. soc_____mic issues	<i>adj.</i> relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class
226. int_____ion by foreign powers	<i>n.</i> the action or process of being done to improve or help a circumstance, often they have not been asked to do so
227. show ge_____e regret	<i>adj.</i> real and exactly; not pretended; sincerely felt or expressed
228. gh_____n hormone	<i>n.</i> a hormone that is produced in the stomach and is involved in regulating hunger and stimulating the release of growth hormone
229. ne___l networks in AI	<i>adj.</i> of or relating to a nerve or the nervous system that includes the brain

ANSWERS: 219. tragic, 220. sustained, 221. spinal, 222. mood, 223. overlap, 224. combine, 225. socioeconomic, 226. intervention, 227. genuine, 228. ghrelin, 229. neural

230. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
231. op__c fiber *adj.* relating to vision or the eyes; relating to or involving light or optics
232. na_____y book *adj.* badly behaved; disobedient
233. fr_____nt of a text *n.* a small piece or part broken off or detached
234. de_____e him of his status *v.* to take away something from someone
235. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
236. car_____lar diseases *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
237. equ_____nt amounts *n.* having the same value, quality, meaning, purpose, etc.
238. at_____te the change to their marriage *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
239. re_____e a phone *v.* to take the place of something
240. f__e away almost completely *v.* to vanish; to fade away; to lose color; to lose freshness
241. ext_____ary ability *adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual
242. historical no__l *n.* an extended fictional work in prose; usually in the form of a story; (adjective) original and of a kind not seen before

ANSWERS: 230. embarrass, 231. optic, 232. naughty, 233. fragment, 234. deprive, 235. absolutely, 236. cardiovascular, 237. equivalent, 238. attribute, 239. replace, 240. fade, 241. extraordinary, 242. novel

243. the scope of an inv_____ion *n.* the act or process of thoroughly examining a crime, problem, statement, etc., to uncover the truth
244. re___e on the skin *v.* to live in a particular place, typically for a prolonged period of time
245. ou_____e the findings *v.* to describe the main facts or aspects involved in something
246. ou_____ed the plan *v.* to describe the main facts or aspects involved in something
247. en_____e value *v.* to increase or improve the quality, amount, or strength of someone or something
248. a bi_____r semiconductor *adj.* of, relating to, or occurring in both polar regions; of or relating to manic depressive illness
249. pr_____ic powers *adj.* containing or given to making predictions; presaging the future; of or relating to a prophet (= an authoritative person who divines the future)
250. gr___y cat *adj.* easily annoyed or irritable; inclined to complain or show dissatisfaction, often in an ill-tempered way
251. ob__e children *adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
252. test my hyp_____is *n.* a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate

ANSWERS: 243. investigation, 244. reside, 245. outline, 246. outline, 247. enhance, 248. bipolar, 249. prophetic, 250. grumpy, 251. obese, 252. hypothesis

253. the d_n of the university *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
254. lymphatic cir_____on *n.* the movement of blood through the body or of a fluid through a system; the number of copies of a newspaper or magazine that are sold
255. ne___l stem cells *adj.* of or relating to a nerve or the nervous system that includes the brain
256. historical he_____ge *n.* the culture and traditions that are passed down from previous generations
257. pre_____se me to become a novelist *v.* to make someone susceptible
258. two-ph__e structure *n.* any stage in a series of events, change, or development
259. en_____ly satisfied with the meal *adv.* completely
260. co_____us among scientists *n.* general agreement or accord in the judgment or opinion reached by a group as a whole
261. im___r my health *v.* to damage something or make it weaker or worse
262. sl_____ly alkaline soils *adv.* in a small degree or extent; a little
263. ex_____ed payment *adj.* longer than usual or anticipated
264. pa_____y to understanding *n.* a track that constitutes or serves as a path; an approach or a way of doing something
265. a volunteer nu___e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

ANSWERS: 253. Don, 254. circulation, 255. neural, 256. heritage, 257. predispose, 258. phase, 259. entirely, 260. consensus, 261. impair, 262. slightly, 263. extended, 264. pathway, 265. nurse

266. a ch__k of money *n.* a thick and solid mass or piece of something
267. ess_____ly correct *adv.* relating to the essential features or concepts of anything
268. blood gh_____n *n.* a hormone that is produced in the stomach and is involved in regulating hunger and stimulating the release of growth hormone
269. ind_____al alcohol *adj.* of or relating to or resulting from industry
270. encourage pa_____ia *n.* a mental condition characterized by delusions of persecution, unwarranted jealousy, or exaggerated self-importance, typically compounded by feelings of anxiety or irritability
271. al_____te anxiety *v.* to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden
272. int_____nt of criticism *adj.* the inability or refusal to accept or respect views, beliefs, or behavior that differ from someone's own; unable to eat food without adverse effects
273. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
274. do_____nt force *adj.* more important, influential, or easy to notice than anything else of the same type
275. sch_____nia spectrum disorder *n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

ANSWERS: 266. chunk, 267. essentially, 268. ghrelin, 269. industrial, 270. paranoia, 271. alleviate, 272. intolerant, 273. represent, 274. dominant, 275. schizophrenia

276. a pr____nd book *adj.* extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
277. increase sl____ly *adv.* in a small degree or extent; a little
278. severe cr____c *n.* someone who expresses opinions about the quality of books, music, etc.
279. ab____n a friend *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
280. industrial se____r *n.* a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
281. in____e other tissues *v.* to enter aggressively into another's territory by military force for conquest and occupation
282. an of____ve smell *adj.* rude in a way that causes someone to feel anger, annoyance, or resentment; for the purpose of attack rather than defense
283. female ho____e *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
284. di____t a well-ordered condition *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

ANSWERS: 276. profound, 277. slightly, 278. critic, 279. abandon, 280. sector, 281. invade, 282. offensive, 283. hormone, 284. disrupt

285. ob__e individuals *adj.* excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more
286. a bold hyp_____is *n.* a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate
287. treat the in_____on with antibiotics *n.* a condition in which pathogenic microorganisms or viruses have entered the body
288. Eli_____an theatre *n.* pertaining to the reign of Queen Elizabeth I of England (1558-1603); relating to the culture, literature, and history of that time period
289. me___r resources *adj.* small in quantity, quality, or size; insufficient or inadequate
290. become ess_____ly same *adv.* relating to the essential features or concepts of anything
291. car_____ate metabolism *n.* (also carb) any of a class of organic compounds that includes sugars, starch, and cellulose and are a principal source of energy in the diet of animals
292. su_____ss a yawn *v.* to bring something under control by force or authority; to put an end by force
293. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
294. deb_____ing effect *adj.* weakening or damaging; causing a loss of strength, energy, or success
295. su_____e you're right *v.* to think that something is likely to be actual or possible

ANSWERS: 285. obese, 286. hypothesis, 287. infection, 288. Elizabethan, 289. meager, 290. essentially, 291. carbohydrate, 292. suppress, 293. physically, 294. debilitating, 295. suppose

296. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
297. cha_____er brand *n.* a person or thing that challenges or competes with someone or something else; a contestant in a competition or challenge
298. ma_____e stars *adj.* enormous amount; very heavy and solid
299. an in_____us crime *adj.* having a reputation for being very bad or wicked
300. pre_____se to the development of cancer *v.* to make someone susceptible
301. s__g attitude *adj.* excessively pleased with oneself; self-righteously complacent
302. fr___t response *n.* a sudden intense fear or shock; a state of being afraid or anxious; a feeling of alarm or trepidation caused by a sudden, unexpected event or situation
303. material we___h *n.* a large amount of money, property, or other things that someone or an organization owns
304. ig___e her advice *v.* to intentionally not listen or pay attention to
305. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
306. t__e pressure *v.* to become weary or fatigued, often due to physical or mental exertion; to cause someone to feel weary or fatigued; (noun) a rubber covering that is placed around the rim of a wheel, which provides traction and absorbs shock while driving

ANSWERS: 296. colleague, 297. challenger, 298. massive, 299. infamous, 300. predispose, 301. smug, 302. fright, 303. wealth, 304. ignore, 305. brain, 306. tire

307. occ_____on of a building *n.* a person's job or profession; the act of taking possession
308. di_____t sleep *v.* to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance
309. es_____te a fair value *v.* to guess or calculate the cost, size, value, etc. of something
310. in_____e in debauchery *v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
311. wanted cr_____al *n.* a person who has committed a crime
312. ps_____ic episode *adj.* relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking
313. biomass f__l *n.* a substance that is typically burned to generate heat or energy
314. a se_____e case of pneumonia *adj.* extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
315. co_____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
316. w__p up a meeting *v.* to cover or enclose something entirely with paper, cloth, or other material
317. complex car_____ate *n.* (also carb) any of a class of organic compounds that includes sugars, starch, and cellulose and are a principal source of energy in the diet of animals

ANSWERS: 307. occupation, 308. disrupt, 309. estimate, 310. indulge, 311. criminal, 312. psychotic, 313. fuel, 314. severe, 315. conscious, 316. wrap, 317. carbohydrate

318. as_____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else
319. ro____t fuel *n.* a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon
320. co____x cells *n.* the outermost layer of an organ, especially the brain
321. ig_____ce of the law *n.* lack of knowledge or information about a particular subject or fact
322. genetic pre_____ion *n.* a tendency or inclination to a particular behavior or condition, often due to genetic or environmental factors
323. inv_____ry manslaughter *adj.* acting or done without or against one's will
324. surgical int_____ion *n.* the action or process of being done to improve or help a circumstance, often they have not been asked to do so
325. gh_____y sight *adj.* causing great horror or fear; shockingly unpleasant or bad
326. en_____e the flavor of the vanilla *v.* to increase or improve the quality, amount, or strength of someone or something
327. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 318. associate, 319. rocket, 320. cortex, 321. ignorance, 322. predisposition, 323. involuntary, 324. intervention, 325. ghastly, 326. enhance, 327. develop

328. re_____e one word with another *v.* to take the place of something
329. at_____t customers *v.* to draw or entice someone or something towards them through the qualities they have, especially positive ones
330. an im_____ve force *adj.* acting suddenly without any planning and without considering the effects they may have
331. cognitive com_____ty *n.* the state or quality of being complicated or intricate and difficult to understand
332. the me_____sm for DNA replication *n.* a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
333. deliver a ju_____nt *n.* the ability to form valuable opinions and make reasonable decisions
334. abs_____ly against *adv.* without restriction or limitation; completely or utterly
335. inc_____ly cheerful character *adv.* in a way that is very difficult to believe; exceedingly or extremely
336. the ex_____re of a fraud *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
337. im_____ty booster *n.* the ability of an organism to resist infection or disease, often due to the presence of antibodies
338. without impact wha_____er *adv.* not at all; no matter what

ANSWERS: 328. replace, 329. attract, 330. impulsive, 331. complexity, 332. mechanism, 333. judgment, 334. absolutely, 335. incredibly, 336. exposure, 337. immunity, 338. whatsoever

339. certain ex___t *n.* the point or degree or area to which something extends
340. exercise vi_____ce *n.* the state of being watchful, alert, and attentive to potential dangers or threats; careful attention to detail and an active effort to prevent harm or damage
341. confuse fa_____y with reality *n.* a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen
342. des_____ly anxious *adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
343. ap_____ng behavior *adj.* causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant
344. space sh_____e *n.* a vehicle or boat that regularly moves between two places; bobbin that passes the weft thread between the warp threads
345. im___r insulin sensitivity *v.* to damage something or make it weaker or worse
346. electrical c__d *n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
347. v__y according to the age *v.* to become different in terms of size, shape, etc.

ANSWERS: 339. extent, 340. vigilance, 341. fantasy, 342. desperately, 343. appalling, 344. shuttle, 345. impair, 346. cord, 347. vary

348. a baseball le___e *n.* an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
349. a r__t for carrying horses *n.* a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer
350. the crash test du__y *n.* a model or imitation of something that is used as a substitute; a person who is perceived as lacking intelligence or acting foolishly
351. blood gl_____e test *n.* a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things
352. re___t to desperate measures *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
353. ca___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
354. ec_____y of scale *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

ANSWERS: 348. league, 349. raft, 350. dummy, 351. glucose, 352. resort, 353. cancer, 354. economy

355. a lily b__b *n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
356. young people no____ys *adv.* at the current time, in comparison to the past
357. fas_____le caf  *adj.* popular at a particular time
358. co_____us effort *adj.* being aware of and able to respond to what is happening around you
359. wet-b__b thermometer *n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
360. re_____e a prisoner *v.* to set free or allow to escape from confinement
361. in_____e children *v.* to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
362. reduce my ca_____e intake *n.* unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce
363. the_____ic administration *adj.* relating to or involved in the treatment of illness or injury

ANSWERS: 355. bulb, 356. nowadays, 357. fashionable, 358. conscious, 359. bulb, 360. release, 361. indulge, 362. calorie, 363. therapeutic

364. car_____lar tissue *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
365. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
366. soft du__t *n.* (also "comforter") a soft, flat bag filled with feathers, down, or synthetic fibers, used as a covering for a bed, usually enclosed in a removable cover and provides warmth and comfort while sleeping
367. suffering from pa_____ia *n.* a mental condition characterized by delusions of persecution, unwarranted jealousy, or exaggerated self-importance, typically compounded by feelings of anxiety or irritability
368. hyp_____mus hemorrhage *n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
369. political cha_____er *n.* a person or thing that challenges or competes with someone or something else; a contestant in a competition or challenge
370. injury in a car ac_____nt *n.* an unfortunate event, especially one causing damage or injury
371. commercial j_t *n.* a type of aircraft that is powered by one or more jet engines and can fly at high speeds, typically over long distances

ANSWERS: 364. cardiovascular, 365. diagnose, 366. duvet, 367. paranoia, 368. hypothalamus, 369. challenger, 370. accident, 371. jet

372. con_____te his debt *v.* to make something more vital, more solid, or more certain
373. ex_____ed vacation *adj.* longer than usual or anticipated
374. int_____on among human beings *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
375. morning d_w *n.* the tiny drops of water that have condensed on a cool surface overnight
376. ex_____ng football player *adj.* causing a lot of interest or excitement
377. con_____ion of armaments *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
378. fas_____le designs *adj.* popular at a particular time
379. go out of fa_____n *n.* a style that is popular at a particular time or place; the state of being popular
380. stop drinking al_____l *n.* a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.
381. take a ca_____l glance *adj.* relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
382. ir_____le bowel syndrome *adj.* easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events
383. chemical pr_____ty *n.* a thing or things that belong to someone

ANSWERS: 372. consolidate, 373. extended, 374. interaction, 375. dew, 376. exciting, 377. concentration, 378. fashionable, 379. fashion, 380. alcohol, 381. casual, 382. irritable, 383. property

384. ind_____al freedom	<i>n.</i> a single person or thing, as distinct from a group
385. the_____ic massage	<i>adj.</i> relating to or involved in the treatment of illness or injury
386. no__l effect	<i>n.</i> an extended fictional work in prose; usually in the form of a story; (adjective) original and of a kind not seen before
387. assume the of_____ve	<i>adj.</i> rude in a way that causes someone to feel anger, annoyance, or resentment; for the purpose of attack rather than defense
388. co_____e augmented reality	<i>v.</i> to join or merge to form a single thing or group
389. Internet ad____t	<i>n.</i> a person who cannot stop using or doing something as a habit, especially something harmful
390. ex___e the crowd	<i>v.</i> to make someone feel suddenly enthusiastic or eager
391. ext_____ary weather	<i>adj.</i> exceptional, unexpected, very unusual; surpassing the ordinary or usual
392. he_____ge site	<i>n.</i> the culture and traditions that are passed down from previous generations
393. in_____ve eating	<i>adj.</i> obtained through feelings rather than facts or proof
394. a theoretical concept in neu_____nce	<i>n.</i> the scientific study of the function, structure, and disorder of the brain and the nervous system
395. the dr_____st's latest production	<i>n.</i> (also "dramaturge") a writer of plays, dramas, or theatrical pieces

ANSWERS: 384. individual, 385. therapeutic, 386. novel, 387. offensive, 388. combine, 389. addict, 390. excite, 391. extraordinary, 392. heritage, 393. intuitive, 394. neuroscience, 395. dramatist

396. pr____le cause of a fire *adj.* likely to happen or likely to be true
397. imp____ve performances *adj.* arousing admiration due to size, quality, or skill
398. di____es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
399. up____e a product *v.* to improve the value or usefulness of something such as a machine, computer system, etc., or to replace it with something newer or of a higher standard
400. su____r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
401. domiciliary c__es *n.* a large hole in the side of a hill, cliff, mountain, or under the ground
402. ec____y class *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
403. a tiny ch__k of meat *n.* a thick and solid mass or piece of something
404. re____nd reading *v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
405. in a gr____us manner *adj.* behaving in a kind, polite and generous way

ANSWERS: 396. probable, 397. impressive, 398. diabetes, 399. upgrade, 400. suffer, 401. cave, 402. economy, 403. chunk, 404. recommend, 405. gracious

406. du__t cover *n.* (also "comforter") a soft, flat bag filled with feathers, down, or synthetic fibers, used as a covering for a bed, usually enclosed in a removable cover and provides warmth and comfort while sleeping
407. in an ugly m__d *n.* the way you feel at a particular time; an angry or impatient state of mind
408. b__g his fist on a desk *v.* to hit or cause to hit something in a way that makes a loud noise
409. mi__c a human voice *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
410. get inc_____ly insecure *adv.* in a way that is very difficult to believe; exceedingly or extremely
411. va_____ar disease *adj.* of or relating to blood vessels, especially the veins and arteries that carry blood throughout the body
412. a man of imp_____ce *n.* the quality of being important and worthy of note
413. neu_____ter receptor *n.* a chemical that carries nerve impulses between neurons or between neurons and muscles
414. ro__t growth *adj.* sturdy and healthy in form, constitution, or construction; strong enough to withstand or overcome intellectual challenges or adversity
415. a ge_____e article *adj.* real and exactly; not pretended; sincerely felt or expressed

ANSWERS: 406. duvet, 407. mood, 408. bang, 409. mimic, 410. incredibly, 411. vascular, 412. importance, 413. neurotransmitter, 414. robust, 415. genuine

416. become increasingly com_____ed *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
417. re_____d communities *v.* to build again or anew
418. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
419. li___n to a flower *v.* to compare something or someone to something or someone else to emphasize similarity or likeness; to describe or represent something as being like something else in some way
420. a life r___t *n.* a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer
421. to_____te his disrespectful behavior *v.* to allow something to exist or happen, even if it is disliked or opposed
422. ho_____e secretion *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
423. de___y the new project *v.* to cause something to happen at a later time than originally intended or expected
424. vul_____le parts of the body *adj.* capable of being hurt or influenced physically or mentally
425. shiver in fr___t *n.* a sudden intense fear or shock; a state of being afraid or anxious; a feeling of alarm or trepidation caused by a sudden, unexpected event or situation

ANSWERS: 416. complicated, 417. rebuild, 418. disease, 419. liken, 420. raft, 421. tolerate, 422. hormone, 423. delay, 424. vulnerable, 425. fright

426. achieve a do_____nt share *adj.* more important, influential, or easy to notice than anything else of the same type
427. gr_____us hospitality *adj.* behaving in a kind, polite and generous way
428. occ_____on disease *n.* a person's job or profession; the act of taking possession
429. a bacterial in_____on *n.* a condition in which pathogenic microorganisms or viruses have entered the body
430. re____e permanently *v.* to live in a particular place, typically for a prolonged period of time
431. cr_____al investigation *n.* a person who has committed a crime
432. equ_____nt in meaning *n.* having the same value, quality, meaning, purpose, etc.
433. chronic sleep dep_____on *n.* a state of not having something, such as food or money, that you need for a pleasant life
434. su_____ss a revolt *v.* to bring something under control by force or authority; to put an end by force
435. a g__r change lever *n.* a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose
436. tr____c death *adj.* causing great sadness or suffering; very unfortunate
437. ex____e rebellion *v.* to make someone feel suddenly enthusiastic or eager

ANSWERS: 426. dominant, 427. gracious, 428. occupation, 429. infection, 430. reside, 431. criminal, 432. equivalent, 433. deprivation, 434. suppress, 435. gear, 436. tragic, 437. excite

438. the int_____on between man and his environment *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
439. gr___y mood *adj.* easily annoyed or irritable; inclined to complain or show dissatisfaction, often in an ill-tempered way
440. a drug ad___t *n.* a person who cannot stop using or doing something as a habit, especially something harmful
441. oc___y a position *v.* to consume all of someone's space, attention, or time
442. gh_____y mistake *adj.* causing great horror or fear; shockingly unpleasant or bad
443. the s__m of a matchstick *n.* the central part of something from which other parts can develop or grow; the part of a word common to all its inflected variants; (verb) to grow out of, have roots in, or originate in
444. ab_____al heart rhythms *adj.* not typical, usual, or regular, especially in a way that is bad
445. phy_____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
446. la_____y mitigate the issue *adv.* virtually entirely; to a large degree
447. rise nearly th_____ld *adj.* three times as great or as many
448. ab_____n the practice *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
449. com_____ty theory *n.* the state or quality of being complicated or intricate and difficult to understand

ANSWERS: 438. interaction, 439. grumpy, 440. addict, 441. occupy, 442. ghastly, 443. stem, 444. abnormal, 445. physically, 446. largely, 447. threefold, 448. abandon, 449. complexity

450. cr____ve writing	<i>adj.</i> relating to or involving the use of skill and original and unusual ideas to create something
451. his research area of con_____ion	<i>n.</i> the ability to focus all your time and energy on one thing without thinking about anything else.
452. exa_____te the situation	<i>v.</i> to make a situation, problem, or feeling worse
453. va_____ar surgery	<i>adj.</i> of or relating to blood vessels, especially the veins and arteries that carry blood throughout the body
454. in_____ct directly with customers	<i>v.</i> to communicate or react with somebody
455. se__r a positive relationship	<i>v.</i> to break or separate something by cutting, especially suddenly and forcibly
456. nu__e practitioner	<i>n.</i> a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
457. meet req_____nt	<i>n.</i> something that is needed or wanted
458. acquire an in_____us reputation	<i>adj.</i> having a reputation for being very bad or wicked
459. ve_____l hernia	<i>adj.</i> relating to or situated on or toward the belly or underside of an animal or organ; opposite of dorsal
460. exa_____te symptoms	<i>v.</i> to make a situation, problem, or feeling worse
461. score an ad_____ge	<i>n.</i> a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has

ANSWERS: 450. creative, 451. concentration, 452. exacerbate, 453. vascular, 454. interact, 455. sever, 456. nurse, 457. requirement, 458. infamous, 459. ventral, 460. exacerbate, 461. advantage

462. the t_p of a paintbrush *n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services
463. n_m of action *n.* something that is regarded as usual, typical, or standard
464. con_____te a leadership *v.* to make something more vital, more solid, or more certain
465. not to be seen no_____ys *adv.* at the current time, in comparison to the past
466. ab_____al cells *adj.* not typical, usual, or regular, especially in a way that is bad
467. th____h of hair *n.* a material, such as straw or reeds, used to cover the roofs of houses or other buildings
468. mu_____on of DNA *n.* the way in which genes of a person, plant, animal, or other organism change and produce permanent differences
469. des_____ly ill patient *adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
470. st_____re and function of the brain *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
471. cover with th____h *n.* a material, such as straw or reeds, used to cover the roofs of houses or other buildings

ANSWERS: 462. tip, 463. norm, 464. consolidate, 465. nowadays, 466. abnormal, 467. thatch, 468. mutation, 469. desperately, 470. structure, 471. thatch

472. traditional S__t attire	<i>n.</i> a tax or payment, particularly a share or portion of something; a person from Scotland or a Scottish immigrant
473. do im_____ve buying	<i>adj.</i> acting suddenly without any planning and without considering the effects they may have
474. the con_____ion law of physics	<i>n.</i> the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity
475. policy dec_____ker	<i>n.</i> a person who makes important decisions, especially at a high level in an organization
476. to_____te ambiguity	<i>v.</i> to allow something to exist or happen, even if it is disliked or opposed
477. w__n a reckless driver	<i>v.</i> to make someone aware of potential danger or difficulty, particularly one that may occur in the future
478. pr_____ic approach	<i>adj.</i> practical rather than idealistic
479. a man of pr_____ty	<i>n.</i> a thing or things that belong to someone
480. curb our cr_____gs	<i>n.</i> a strong desire of wanting something
481. st_____ze blood sugar levels	<i>v.</i> to become or cause to become steady or unlikely to give way
482. sta_____cs for cancer	<i>n.</i> the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
483. al__t consumers to the dangers	<i>v.</i> to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action

ANSWERS: 472. scot, 473. impulsive, 474. conservation, 475. decision-maker, 476. tolerate, 477. warn, 478. pragmatic, 479. property, 480. craving, 481. stabilize, 482. statistics, 483. alert

484. ni____ne replacement therapy *n.* a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system
485. f__p a coin *v.* to turn over into a different position quickly; to throw or toss with a light motion
486. fr____y exit *n.* a major highway designed for high-speed traffic, with no stoplights or grade crossings and having interchanges or access roads to other highways
487. ig_____ce is bliss *n.* lack of knowledge or information about a particular subject or fact
488. the mouth of the c__e *n.* a large hole in the side of a hill, cliff, mountain, or under the ground
489. a facial wr_____e *n.* a small line or fold in something, especially fabric or the skin of the face; a minor difficulty
490. the files are in complete di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
491. memory st_____nt *n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration
492. fall into a sl_____r *n.* a state of sleep, especially a light sleep; (verb) to be asleep, or to take a nap

ANSWERS: 484. nicotine, 485. flip, 486. freeway, 487. ignorance, 488. cave, 489. wrinkle, 490. disorder, 491. stimulant, 492. slumber

ANSWERS:

Session 3: Fill in the Blanks

1. We have become TV _____ due to video streaming services.
n. a person who cannot stop using or doing something as a habit, especially something harmful
2. The _____ inequality was unavoidable.
n. a large amount of money, property, or other things that someone or an organization owns
3. His _____ philosophy in business led to many hostile takeovers.
adj. rude in a way that causes someone to feel anger, annoyance, or resentment; for the purpose of attack rather than defense
4. We _____ taking media training every six months.
v. to suggest that someone or something would be a suitable fit for a particular purpose or role
5. Yoga is known to have _____ benefits for the mind and body.
adj. relating to or involved in the treatment of illness or injury
6. They are planning to _____ the house after the fire.
v. to build again or anew
7. Solar gravity creates _____ pressures and temperatures.
adj. very great in amount or degree
8. I was amazed at the _____ of her generosity.
n. the point or degree or area to which something extends

ANSWERS: 1. addicts, 2. wealth, 3. offensive, 4. recommend, 5. therapeutic, 6. rebuild, 7. extreme, 8. extent

9. The _____ bus will take you to the airport in 15 minutes.
n. a vehicle or boat that regularly moves between two places; bobbin that passes the weft thread between the warp threads
10. The _____ suspect was later apprehended for a different crime.
n. a tax or payment, particularly a share or portion of something; a person from Scotland or a Scottish immigrant
11. The two universities will _____ in July next year.
v. to make something more vital, more solid, or more certain
12. Her outstanding achievement _____ people to like her.
v. to make someone susceptible
13. He was a _____ leader who made decisions based on what was practical rather than ideal.
adj. practical rather than idealistic
14. The price of the item was reduced _____ after the sale.
adj. three times as great or as many
15. He stood to inherit a million-dollar _____.
n. a thing or things that belong to someone
16. The baby clung _____ to her mother.
adv. in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
17. I am _____ opposed to his idea because of morality.
adv. without restriction or limitation; completely or utterly

ANSWERS: 9. shuttle, 10. scot-free, 11. consolidate, 12. predisposes, 13. pragmatic, 14. threefold, 15. property, 16. desperately, 17. absolutely

18. Could you help me _____ some furniture?

n. a slight transition in position, direction, or trend

19. The scientist was able to _____ the virus by altering its genetic code.

v. to weaken or reduce the intensity of something, such as a sound, feeling, or substance; to make something thinner or less dense

20. The drug's side effects can include _____ loss of urine.

adj. acting or done without or against one's will

21. He _____ the disappointing results to the economic downturn.

v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

22. The police are searching for the _____ who stole the jewels.

n. a person who has committed a crime

23. The _____ demonstrate that poverty and unemployment are genuine problems.

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

24. She checked her _____ before embarking on the hike.

n. a toothed wheel that engages another toothed mechanism to change the speed or direction of transmitted motion; a set of tools, equipment, or other items for a particular purpose

25. Eventually, the new design will _____ all older models.

v. to take the place of something

ANSWERS: 18. shift, 19. attenuate, 20. involuntary, 21. attributes, 22. criminal, 23. statistics, 24. gear, 25. replace

26. He was recruited to play in the professional _____.
- n.* an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
27. The _____ of the city is reflected in its architecture.
- n.* the culture and traditions that are passed down from previous generations
28. We have never before conducted a legitimate _____.
- n.* the act or process of thoroughly examining a crime, problem, statement, etc., to uncover the truth
29. Hydrogen and oxygen _____ to form water.
- v.* to join or merge to form a single thing or group
30. The _____ response team worked around the clock to aid those affected by the earthquake.
- n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
31. This suit is made of _____ material.
- n.* a small line or fold in something, especially fabric or the skin of the face; a minor difficulty
32. Many athletes use _____ like caffeine to boost their energy before a competition.
- n.* a substance or drug that increases or heightens physiological or nervous system activity typically used to improve alertness, attention, or concentration
33. That style is no longer in _____.
- n.* a style that is popular at a particular time or place; the state of being popular

ANSWERS: 26. league, 27. heritage, 28. investigation, 29. combine, 30. disaster, 31. wrinkle-proof, 32. stimulants, 33. fashion

34. The long _____ to the air tarnished the antique tableware.
n. the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
35. The technology _____ is constantly evolving and innovating.
n. a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
36. His _____ illness made it difficult for him to leave the house.
adj. weakening or damaging; causing a loss of strength, energy, or success
37. She received special _____ training at the hospital.
adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
38. Radiation often promotes genetic _____ in plants and animals.
n. the way in which genes of a person, plant, animal, or other organism change and produce permanent differences
39. The _____ in the boxing match put up a good fight.
n. a person or thing that challenges or competes with someone or something else; a contestant in a competition or challenge
40. He discovered unique _____ for photochemical reactions.
n. a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
41. Our university is famous for its professors, who are well-versed in behavioral _____.
n. the scientific study of the function, structure, and disorder of the brain and the nervous system

ANSWERS: 34. exposure, 35. sector, 36. debilitating, 37. clinical, 38. mutations, 39. challenger, 40. mechanisms, 41. neuroscience

42. The _____ roof was made from local grasses and was a traditional design.
n. a material, such as straw or reeds, used to cover the roofs of houses or other buildings
43. The _____ of the project being completed on time is uncertain.
n. the probability or chance that something will happen or be the case
44. The light _____ has burned out.
n. a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
45. A vast _____ chandelier glittered brightly above us.
n. a solid material with many even sides that is formed naturally when the substance becomes solid and has a highly regular atomic structure; clear and colorless glass made of almost pure silica
46. Endorphins are a type of _____ that gives a sense of well-being.
n. a chemical that carries nerve impulses between neurons or between neurons and muscles
47. _____ design has become more focused on human nature aspect than ever before.
adj. of or relating to or resulting from industry
48. The police stopped the suspicious person and asked him to give his name, address, and _____.
n. a person's job or profession; the act of taking possession
49. She vividly _____ getting laid off several years ago.
v. to remember something

ANSWERS: 42. thatch, 43. likelihood, 44. bulb, 45. crystal, 46. neurotransmitter, 47. Industrial, 48. occupation, 49. recalls

50. DNA is stored in the _____ of a cell.

- n.* the central and most important part of something; (biology) a part of the cell containing DNA and RNA and responsible for growth and reproduction; (physics) the very dense central region of an atom

51. The child was being _____ and would not listen to his mother.

- adj.* badly behaved; disobedient

52. I need to _____ out my dog with a long walk so that he will sleep through the night.

- v.* to become weary or fatigued, often due to physical or mental exertion; to cause someone to feel weary or fatigued; (noun) a rubber covering that is placed around the rim of a wheel, which provides traction and absorbs shock while driving

53. We _____ the season's total trade deficit at \$50 billion.

- v.* to guess or calculate the cost, size, value, etc. of something

54. The news of her promotion _____ her.

- v.* to make someone feel suddenly enthusiastic or eager

55. The _____ flew over the ocean at high speed, reaching its destination in hours.

- n.* a type of aircraft that is powered by one or more jet engines and can fly at high speeds, typically over long distances

56. My father tried to _____ mathematics into my head since childhood.

- v.* to hit or cause to hit something in a way that makes a loud noise

57. I have no intention to _____ your privacy.

- v.* to enter aggressively into another's territory by military force for conquest and occupation

ANSWERS: 50. nucleus, 51. naughty, 52. tire, 53. estimated, 54. excited, 55. jet, 56. bang, 57. invade

58. The band's new album was a _____ success, reaching the top of the charts.
adj. very successful or impressive; causing something to be broken or destroyed
59. His _____ of the situation led him to make a poor decision.
n. lack of knowledge or information about a particular subject or fact
60. Some medications are known to affect the production of _____ in the body.
n. a hormone that is produced in the stomach and is involved in regulating hunger and stimulating the release of growth hormone
61. Her _____ are consistently rational and sensible.
n. the ability to form valuable opinions and make reasonable decisions
62. Better sleep leads to increased _____.
n. the set of chemical reactions in cells or organisms that are necessary for life-sustaining
63. Breast _____ is the most common type of cancer in women.
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
64. The budget reduction was an _____ feat for our nation.
adj. arousing admiration due to size, quality, or skill
65. What is the entry _____ for this course?
n. something that is needed or wanted
66. The senator received _____ criticism from his opponent.
adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

ANSWERS: 58. smashing, 59. ignorance, 60. ghrelin, 61. judgments, 62. metabolism, 63. cancer, 64. impressive, 65. requirement, 66. severe

67. He _____ a branch from a tree quickly.

v. to break or separate something by cutting, especially suddenly and forcibly

68. What do you _____ the culprit's motive was?

v. to think that something is likely to be actual or possible

69. The doctor warned him that his _____ condition put him at risk for numerous health problems.

adj. excessively overweight, particularly to the point of being a serious health risk; having a body mass index (BMI) of 30 or more

70. In junior high school, we had to dissect a frog in _____ class.

n. the scientific study of life and the natural processes of living things

71. He allowed himself a few small _____ during his diet.

n. the state or act of allowing oneself or another person to enjoy the pleasure of something that is considered to be a pleasure or luxury

72. The public is _____ that the prime minister has committed fraud.

adj. completely certain about something; having a strong belief or conviction in a particular religion

73. The doctor prescribed some medicine for the mental _____.

n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

74. The _____ conditions of a country can significantly affect its political stability.

adj. relating to the social and economic factors that shape an individual, group, or community, particularly in terms of income, occupation, education, and social class

ANSWERS: 67. severed, 68. suppose, 69. obese, 70. biology, 71. indulgences, 72. convinced, 73. disorder, 74. socioeconomic

75. The surgeon carefully confirmed how to remove the tumor to avoid damaging the _____ nerves.

adj. of or relating to the spine (= the long bone in the body's back)

76. She couldn't resist the temptation to _____ on the couch after lunch.

n. a state of sleep, especially a light sleep; (verb) to be asleep, or to take a nap

77. The doctor prescribed medication to _____ the patient's appetite.

v. to bring something under control by force or authority; to put an end by force

78. He is very popular at school because he can _____ all the teachers' accents.

v. to imitate someone's speech, movement, or behavior, especially to make others laugh

79. If both countries _____ to nuclear deterrence, the consequence could be mutual destruction.

n. a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance

80. Since independence, the area has been completely _____.

v. to intentionally not listen or pay attention to

81. This approach employs both _____ and macro analysis methods.

n. extremely small in scale or scope; one millionth

82. The _____ era is known for its rich literature and theatrical productions.

n. pertaining to the reign of Queen Elizabeth I of England (1558-1603); relating to the culture, literature, and history of that time period

ANSWERS: 75. spinal, 76. slumber, 77. suppress, 78. mimic, 79. resort, 80. ignored, 81. micro, 82. Elizabethan

83. The doctor injected _____ into his patient's veins.

n. a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things

84. She had the _____ that work was fun.

n. the way you think and feel about someone or something

85. Infants and pregnant women are particularly _____.

adj. capable of being hurt or influenced physically or mentally

86. He got a new job for the _____ of his family.

n. purpose; reason for wanting something done

87. Later, his claim was found to be _____ false.

adv. completely

88. There was a disturbance of _____ function.

adj. of or relating to a nerve or the nervous system that includes the brain

89. The _____ of the magazine has been steadily declining.

n. the movement of blood through the body or of a fluid through a system; the number of copies of a newspaper or magazine that are sold

90. The doctor diagnosed him with a rare _____ that had no known cure.

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

91. Moisture in the atmosphere condenses at night and forms _____.

n. the tiny drops of water that have condensed on a cool surface overnight

ANSWERS: 83. glucose, 84. attitude, 85. vulnerable, 86. sake, 87. entirely, 88. neural, 89. circulation, 90. disease, 91. dew

92. The company experienced _____ growth over the past decade.
adj. lasting for a long time or continuing for a long time without becoming weaker or less intense
93. My mother's illness had a _____ impact on us all.
adj. extremely great; sensed or experienced very strongly; displaying a high level of knowledge or comprehension
94. The stock market analysts had a _____ sense of the coming recession.
adj. containing or given to making predictions; presaging the future; of or relating to a prophet (= an authoritative person who divines the future)
95. Foods high in _____ include bread, pasta, and rice.
n. (also carb) any of a class of organic compounds that includes sugars, starch, and cellulose and are a principal source of energy in the diet of animals
96. Composition by artificial intelligence is no longer a _____.
n. a fiction with a large amount of imagination in it; a pleasant situation that you imagine but that is unlikely to happen
97. The heat wave _____ the drought conditions.
v. to make a situation, problem, or feeling worse
98. The young prince will soon _____ the throne.
v. to consume all of someone's space, attention, or time
99. It would be best if you burned off _____ through vigorous exercise.
n. unit of heat defined as the quantity of heat required to raise the temperature of 1 gram of water by 1 degree Celsius at atmospheric pressure, used by nutritionists to measure how much energy food will produce

ANSWERS: 92. sustained, 93. profound, 94. prophetic, 95. carbohydrates, 96. fantasy, 97. exacerbated, 98. occupy, 99. calories

100. I'm so sorry to _____ you when you're pretty busy.

- v. to prevent or stop something, especially an event, activity, or process, from continuing in the usual way by causing a problem or disturbance

101. He looked for an opportunity to _____ that actor in public.

- v. to cause someone to feel awkward, worried, or ashamed

102. He should _____ more with his colleagues.

- v. to communicate or react with somebody

103. He lay down and fell _____ immediately.

- adj. in a state of sleep

104. The _____ patient was experiencing severe auditory hallucinations.

- n. a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

105. They _____ in a beautiful old house in the countryside.

- v. to live in a particular place, typically for a prolonged period of time

106. The European Central Bank is Europe's _____ of the Federal Reserve.

- n. having the same value, quality, meaning, purpose, etc.

107. Lengthened skirts are _____ this year.

- adj. popular at a particular time

108. Some people _____ meditation to a mental shower, refreshing and rejuvenating the mind.

- v. to compare something or someone to something or someone else to emphasize similarity or likeness; to describe or represent something as being like something else in some way

ANSWERS: 100. disrupt, 101. embarrass, 102. interact, 103. asleep, 104. schizophrenia, 105. reside, 106. equivalent, 107. fashionable, 108. liken

109. An _____ climate in the region caused a sharp decline in grain harvest.
adj. not typical, usual, or regular, especially in a way that is bad
110. Our interest began to ____ sharply.
v. to move or develop so slowly that you are behind other people, organizations, etc.
111. The raising of interest rates _____ the inflation rate.
v. to become or cause to become steady or unlikely to give way
112. Your spinal _____ is located deep within your body.
n. a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
113. The findings of the experiment were both _____ and unexpected.
adj. causing a lot of interest or excitement
114. She experienced headaches and fatigue as symptoms of _____ withdrawal after quitting coffee.
n. a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance
115. He regrets the _____ behavior he took in his drunken state.
adj. acting suddenly without any planning and without considering the effects they may have
116. The staff is always helpful and _____.
adj. behaving in a kind, polite and generous way

ANSWERS: 109. abnormal, 110. lag, 111. stabilizes, 112. cord, 113. exciting, 114. caffeine, 115. impulsive, 116. gracious

117. I decided to seek counseling on the advice of my _____.

- n.* one of a group of a coworker, especially in a profession or a business

118. Constant _____ is crucial for preventing home burglaries.

- n.* the state of being watchful, alert, and attentive to potential dangers or threats; careful attention to detail and an active effort to prevent harm or damage

119. His membership in the _____ provided him with numerous benefits.

- n.* a people or groups of people who have joined in a single organization together for a particular purpose; a social or business connection or relationship

120. The castle was _____ several years later.

- v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

121. The _____ partially destroyed my vehicle.

- n.* an unfortunate event, especially one causing damage or injury

122. The project's _____ made it difficult for the team to complete it on time.

- n.* the state or quality of being complicated or intricate and difficult to understand

123. There was no _____ between their proposals.

- v.* to partially cover something by going beyond its edge

124. It's an excellent opportunity to _____ our networking.

- v.* to improve the value or usefulness of something such as a machine, computer system, etc., or to replace it with something newer or of a higher standard

125. His gaffe spoiled the _____ of the dinner party.

- n.* the way you feel at a particular time; an angry or impatient state of mind

ANSWERS: 117. colleague, 118. vigilance, 119. association, 120. abandoned, 121. accident, 122. complexity, 123. overlap, 124. upgrade, 125. mood

126. The new strategy will _____ the profitability of our company.
v. to increase or improve the quality, amount, or strength of someone or something
127. The systems we have developed has accepted as industry _____.
n. something that is regarded as usual, typical, or standard
128. This _____ does not require the patient's consent.
n. the action or process of being done to improve or help a circumstance, often they have not been asked to do so
129. Her _____ manner relaxed everyone there.
adj. having or showing a kindly or tender nature; soft and mild
130. Is this painting _____ or forged?
adj. real and exactly; not pretended; sincerely felt or expressed
131. The experiment yielded _____ results that support his theory.
adj. sturdy and healthy in form, constitution, or construction; strong enough to withstand or overcome intellectual challenges or adversity
132. Smoking places you at severe risk of _____ and respiratory disease.
adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)
133. Vaccination is an effective way to build _____ against diseases.
n. the ability of an organism to resist infection or disease, often due to the presence of antibodies

ANSWERS: 126. enhance, 127. norms, 128. intervention, 129. gentle, 130. genuine, 131. robust, 132. cardiovascular, 133. immunity

134. Oxytocin is also produced in the nucleus of the _____.
- n.* a basal part of the brain that autonomically controls body temperature, hunger, and the release of hormones
135. He's a vegetarian and was shocked to see so much meat in the _____ shop.
- n.* a person who prepares and sells meat, especially at a retail shop; a person who kills or slaughters animals, especially for food; a person who engages in the relentless or brutal treatment of others
136. He did _____ pen-and-ink drawings in just a few days.
- adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
137. The _____ on my bike broke, leaving me stranded.
- n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
138. The _____ announcing an enemy attack went off this morning.
- n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
139. A rose has thorns on its _____.
- n.* the central part of something from which other parts can develop or grow; the part of a word common to all its inflected variants; (verb) to grow out of, have roots in, or originate in
140. We must _____ a new system to streamline our workflow and increase efficiency.
- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 134. hypothalamus, 135. butcher, 136. complicated, 137. chain, 138. alarm, 139. stem, 140. develop

141. Having a _____ healthy physique is essential for a great life.
adv. in a way related to a person's body or appearance rather than their mind
142. The patient displays a _____ of a side effect.
n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
143. The ventriloquist's _____ was incredibly lifelike and entertaining.
n. a model or imitation of something that is used as a substitute; a person who is perceived as lacking intelligence or acting foolishly
144. The company's cybersecurity team _____ the CEO to potential threats.
v. to warn or arouse to a sense of danger; (adjective) paying close attention or being in a state of readiness for action
145. The _____ for applying for a visa can be lengthy and complicated.
n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
146. The _____ airport runways may accommodate larger jets.
adj. longer than usual or anticipated
147. The _____ events of the war left many families torn apart.
adj. causing great sadness or suffering; very unfortunate
148. I attempted to _____ him, but he ignored me.
v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

ANSWERS: 141. physically, 142. symptom, 143. dummy, 144. alerted, 145. process, 146. extended, 147. tragic, 148. warn

149. Agricultural development generally _____ economic growth.

v. to happen or go before something or someone in time or space

150. She _____ in a warm bath after a long day at work.

v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

151. They had a _____ conversation over coffee at the local cafe.

adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness

152. My memory will _____ but my heart will live on.

v. to vanish; to fade away; to lose color; to lose freshness

153. Hospitals must meet various standards to prevent nosocomial _____.

n. a condition in which pathogenic microorganisms or viruses have entered the body

154. This evidence supports the big-bang _____.

n. a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate

155. When the first molecule in the _____ receives a signal, it activates other molecules.

n. a track that constitutes or serves as a path; an approach or a way of doing something

156. The new start-up company carved out a large _____ of the market within a year.

n. a thick and solid mass or piece of something

ANSWERS: 149. precedes, 150. indulged, 151. casual, 152. fade, 153. infections, 154. hypothesis, 155. pathway, 156. chunk

157. I love snuggling up under my cozy _____ on a cold winter night.

- n.* (also "comforter") a soft, flat bag filled with feathers, down, or synthetic fibers, used as a covering for a bed, usually enclosed in a removable cover and provides warmth and comfort while sleeping

158. The era of the industrial revolution was a crucial _____ of history.

- n.* any stage in a series of events, change, or development

159. The doctor diagnosed me with a _____ disorder.

- n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

160. He moved his body _____ to the left.

- adv.* in a small degree or extent; a little

161. The experience was _____ and left a lasting impression.

- adj.* extremely unpleasant or bad; causing fear or disgust

162. The famous _____ wrote many successful plays during his career.

- n.* (also "dramaturge") a writer of plays, dramas, or theatrical pieces

163. The night shift _____ checked my vital signs before administering the medication.

- n.* a healthcare professional who is trained to provide care for the sick or injured;
(verb) to try to cure by special care or treatment of an illness or injury

164. I have a _____ for nicotine.

- n.* a strong desire of wanting something

ANSWERS: 157. duvet, 158. phase, 159. hormone, 160. slightly, 161. horrible, 162. dramatist, 163. nurse, 164. craving

165. The majority of consumers _____ this brand with quality.

v. to mentally connect someone or something with someone or something else

166. He _____ when he heard that he had been accepted into the university.

v. to turn over into a different position quickly; to throw or toss with a light motion

167. In the colonial period, only _____ was allowed to vote.

n. a person who is not a serf or enslaved person and has the right to hold property and vote

168. Bats reside in sheltered _____.

n. a large hole in the side of a hill, cliff, mountain, or under the ground

169. Maximum heart rates _____ a lot for each individual.

v. to become different in terms of size, shape, etc.

170. The doctor detected a blockage in the patient's _____ system.

adj. of or relating to blood vessels, especially the veins and arteries that carry blood throughout the body

171. The patient died from _____ alcohol intoxication.

adj. extremely sharp or severe

172. The archaeologist carefully pieced together the tiny _____ of pottery found at the dig site.

n. a small piece or part broken off or detached

173. The _____ scarcity most severely impacted the manufacturing sector

n. a substance that is typically burned to generate heat or energy

ANSWERS: 165. associate, 166. flipped, 167. freeman, 168. caves, 169. vary, 170. vascular, 171. acute, 172. fragments, 173. fuel

174. The recent economic downturn has resulted in _____ layoffs.

adj. enormous amount; very heavy and solid

175. They traditionally _____ their guru.

v. to have or show a strong feeling of profound respect and admiration for a religious entity such as God or a god

176. The condition of that old house was _____.

adj. causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant

177. The dog's barking gave the mailperson a terrible _____.

n. a sudden intense fear or shock; a state of being afraid or anxious; a feeling of alarm or trepidation caused by a sudden, unexpected event or situation

178. _____ a society is an organism.

adv. relating to the essential features or concepts of anything

179. The nation's healthcare system is in _____ at the moment.

n. the process or period of changing from one state or circumstance to another

180. His _____ about being followed made him constantly look over his shoulder.

n. a mental condition characterized by delusions of persecution, unwarranted jealousy, or exaggerated self-importance, typically compounded by feelings of anxiety or irritability

181. With the financial bubble bursting, the _____ of economic growth in investment banking collapsed.

n. an ancient story or set of stories accepted as history, especially explaining the worldview of a people

ANSWERS: 174. massive, 175. worship, 176. appalling, 177. fright, 178. Essentially, 179. transition, 180. paranoia, 181. myth

182. Several cities are experiencing _____ high unemployment rates.

adv. in a way that is very difficult to believe; exceedingly or extremely

183. The accident made his vision _____.

v. to damage something or make it weaker or worse

184. I can't _____ spicy food, and it always gives me heartburn

v. to allow something to exist or happen, even if it is disliked or opposed

185. Smoking cigarettes exposes the body to high levels of _____ which can be addictive.

n. a colorless, oily, poisonous chemical compound found in tobacco leaves, which is highly addictive and acts as a stimulant, affecting the nervous system

186. The _____ launch platform is visible from this hill.

n. a large tube-shaped object that moves very fast by a stream of gases let out behind it, used for space travel or as a weapon

187. His _____ attitude towards other cultures made it difficult for him to get along with others.

adj. the inability or refusal to accept or respect views, beliefs, or behavior that differ from someone's own; unable to eat food without adverse effects

188. The refugee family had to survive on a _____ amount of food and water daily.

adj. small in quantity, quality, or size; insufficient or inadequate

189. The campaign ad was designed with bright colors and bold fonts for maximum _____ impact.

adj. relating to vision or the eyes; relating to or involving light or optics

ANSWERS: 182. incredibly, 183. impaired, 184. tolerate, 185. nicotine, 186. rocket, 187. intolerant, 188. meager, 189. optic

190. We got stuck in a traffic jam on the _____ for over an hour.

- n.* a major highway designed for high-speed traffic, with no stoplights or grade crossings and having interchanges or access roads to other highways

191. We elected him to _____ us at the international conference.

- v.* to speak, act, or be present on behalf of another person or group; to form or constitute

192. Nevada is _____ a desert state.

- adv.* virtually entirely; to a large degree

193. The _____ has largely gotten positive feedback.

- n.* an extended fictional work in prose; usually in the form of a story; (adjective) original and of a kind not seen before

194. The forest was recently designated a _____ area.

- n.* the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity

195. This device is used to _____ brain cancer and other tumors.

- v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

196. _____ symptoms might include a decrease in appetite and weight loss.

- n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

197. My father was tested for _____.

- n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

ANSWERS: 190. freeway, 191. represent, 192. largely, 193. novel, 194. conservation, 195. diagnose, 196. Depression, 197. diabetes

198. The rubber _____ was swept out to sea.

- n.* a flat structure, usually made of logs or planks, that can be used for transport or as a platform for swimmer

199. Animals transmit nerve impulses through _____.

- n.* the fact or state of failing to finish an activity and of stopping using, making, or doing it

200. He could never go against what _____ Carlos said.

- n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge

201. I will introduce some _____ on learning English in this class.

- n.* the top or extreme point of something slender or tapering, usually a mountain or hill; a piece of advice about something practical; a small amount of money given for services

202. X-rays revealed a small tumor in his _____.

- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

203. The _____ of the country is struggling due to the recent political instability.

- n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

204. Difficulties _____ the mind, as labor does the body.

- v.* to become stronger or more effective; to make someone or something stronger or more effective

ANSWERS: 198. raft, 199. synapses, 200. Don, 201. tips, 202. brain, 203. economy, 204. strengthen

205. A wealth of information does not always have a positive impact on _____.
- n.* a person who makes important decisions, especially at a high level in an organization
206. As an _____ he had the right to make his own decisions and live his life as he saw fit.
- n.* a single person or thing, as distinct from a group
207. Smoking can increase a person's _____ to lung cancer.
- n.* a tendency or inclination to a particular behavior or condition, often due to genetic or environmental factors
208. The _____ older man snapped at the children for playing too loudly.
- adj.* easily annoyed or irritable; inclined to complain or show dissatisfaction, often in an ill-tempered way
209. All the supervisor has to do is assign tasks that make his subordinates more _____.
- adj.* relating to or involving the use of skill and original and unusual ideas to create something
210. This exam requires excellent _____ to pass.
- n.* the ability to focus all your time and energy on one thing without thinking about anything else.
211. The physician prescribed medication to treat _____ disorder.
- adj.* of, relating to, or occurring in both polar regions; of or relating to manic depressive illness

ANSWERS: 205. decision-makers, 206. individual, 207. predisposition, 208. grumpy, 209. creative, 210. concentration, 211. bipolar

212. She felt _____ about her performance in the competition.

adj. excessively pleased with oneself; self-righteously complacent

213. The government is eager to _____ international investment.

v. to draw or entice someone or something towards them through the qualities they have, especially positive ones

214. The child's _____ scream echoed through the haunted house.

adj. causing great horror or fear; shockingly unpleasant or bad

215. We _____ the payment because of an incorrect invoice.

v. to cause something to happen at a later time than originally intended or expected

216. This page _____ our response planning for an emergency.

v. to describe the main facts or aspects involved in something

217. I had an _____ feeling that I might be pregnant.

adj. obtained through feelings rather than facts or proof

218. It seems _____ that he has forgotten our scheduled meeting.

adj. likely to happen or likely to be true

219. I stopped by the branch though I have no business of _____.

n. the quality of being important and worthy of note

220. The older man _____ from arthritis and finds it difficult to move around.

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 212. smug, 213. attract, 214. ghastly, 215. delayed, 216. outlines, 217. intuitive, 218. probable, 219. importance, 220. suffers

221. He refused to do anything _____ to help her.

adv. not at all; no matter what

222. The _____ on the wall showed that the room was three meters long.

n. a device used to measure the amount of a particular substance or attribute, such as length, volume, or time; (prosody) the accent in a metrical foot of verse

223. The organizational _____ of start-ups is often flat and straightforward.

n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

224. Her company soon won a _____ market share.

adj. more important, influential, or easy to notice than anything else of the same type

225. The _____ criminal was finally brought to justice.

adj. having a reputation for being very bad or wicked

226. One of the main _____ of the new product is its increased efficiency.

n. a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has

227. I missed the deadline due to a _____ in my memory.

n. a temporary or brief failure in judgment, action, or behavior; a gradual or slow decline, often referring to a loss of performance, quality, or attention; a period of time that has passed; (verb) to fall or slip into a particular state, often one that is undesirable or unintended

228. There is a clear association between _____ consumption and cognitive decline.

n. a clear liquid that can make people drunk and is used in medicines, cleaning products, etc.

ANSWERS: 221. whatsoever, 222. meter, 223. structure, 224. dominant, 225. infamous, 226. advantages, 227. lapse, 228. alcohol

229. He was _____ of his freedom when sentenced to life in prison.
v. to take away something from someone
230. _____ the bandage tightly around the injured arm.
v. to cover or enclose something entirely with paper, cloth, or other material
231. The _____ side of the fish was beautifully colored.
adj. relating to or situated on or toward the belly or underside of an animal or organ; opposite of dorsal
232. Please _____ up a bucketful of water from the well.
v. to put something into a liquid for a short time and take it out again
233. Advocates for legal reform hear less harsh words from their _____.
n. someone who expresses opinions about the quality of books, music, etc.
234. Lack of sleep can make me _____ and easily annoyed.
adj. easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events
235. The animal rights group worked to _____ the dolphins back into the wild.
v. to set free or allow to escape from confinement
236. The _____ of the two groups is good for brainstorming.
n. the act of connecting with someone, mainly when working, playing, or spending time with them
237. Taking ibuprofen can _____ the pain from a headache.
v. to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden

ANSWERS: 229. deprived, 230. Wrap, 231. ventral, 232. dip, 233. critics, 234. irritable, 235. release, 236. interaction, 237. alleviate

238. He became _____ that he was being followed.

adj. being aware of and able to respond to what is happening around you

239. The _____ environment of the library was perfect for studying.

adj. calm, tranquil, and composed, often as a result of being under the influence of a sedative or tranquilizer; unhurried, deliberate, and without excessive movement or activity

240. Her husband's death caused her to experience a _____ break.

adj. relating to or characterized by a loss of touch with reality; exhibiting or suffering from a severe mental disorder characterized by delusions, hallucinations, or disordered thinking

241. The cerebral _____ consists of six layers.

n. the outermost layer of an organ, especially the brain

242. He narrated the _____ story of his adventure.

adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual

243. Losing him is great _____ to our team.

n. a state of not having something, such as food or money, that you need for a pleasant life

244. People can clone a sheep _____.

adv. at the current time, in comparison to the past

245. The two parties have reached a _____.

n. general agreement or accord in the judgment or opinion reached by a group as a whole

ANSWERS: 238. conscious, 239. sedate, 240. psychotic, 241. cortex, 242. extraordinary, 243. deprivation, 244. nowadays, 245. consensus

246. The parents spoke to their children in no-_____ tones.

- n.* an idea, behavior, or something spoken or written that has no meaning or makes no sense or that is silly or unacceptable

ANSWERS: 246. nonsense