

# Englist.me



## Vocabulary Builder Reference from...

Malcolm London: "High School Training Ground" |

TED Talk

[https://www.ted.com/talks/malcolm\\_london\\_high\\_school\\_training\\_ground](https://www.ted.com/talks/malcolm_london_high_school_training_ground)

### All Words

#### IMPORTANT

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## Session 1: Word List

### dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

*synonym*: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

### march

v. to walk militarily with stiff, regular steps

*synonym*: parade

(1) **march** against the war, (2) **march** east

The troops **marched** shoulder-to-shoulder.

### hallway

n. an interior passage or corridor onto which rooms open

*synonym*: foyer, corridor, entrance

(1) the head of a **hallway**, (2) wax a **hallway** floor

He dashed down a **hallway** to a bathroom.

### janitor

n. a person whose job is to clean and maintain a large building, such as a school or a block of flats

*synonym*: keeper, guardian, custodian

(1) part-time **janitor**, (2) duty of the **janitor**

The school **janitor** was laid off.

## decency

*n.* behavior that is appropriate or suitable in a given context, especially in terms of social norms and moral standards

*synonym* : morality, propriety, decorum

(1) an offense against **decency**, (2) **decency** standards  
He always tried to act with **decency**, treating others with respect and kindness.

## insecure

*adj.* not firm or firmly fixed; likely to fail or give way, or not assured of safety

*synonym* : uncertain, unsure, unconfident

(1) an **insecure** future, (2) **insecure** attachment  
Children in an unstructured environment often feel **insecure**.

## expose

*v.* to show something by uncovering it; to make something accessible to some action or influence

*synonym* : disclose, reveal, uncover

(1) **expose** a crime, (2) **expose** a person to risks  
That newspaper **exposed** a political scandal in a big way.

## masculinity

*n.* the qualities or attributes traditionally associated with men, such as physical strength, courage, assertiveness, and so on; the state of being male or manly

*synonym* : manliness, virility, machismo

(1) **masculinity** norms, (2) toxic **masculinity**  
Research has shown that rigid ideas of **masculinity** can contribute to domestic violence and other forms of abuse.

## mimic

*v.* to imitate someone's speech, movement, or behavior, especially to make others laugh

*synonym* : mirror, imitate, ape

(1) **mimic** a human voice, (2) **mimic** numerous instruments  
He is very popular at school because he can **mimic** all the teachers' accents.

## camouflage

*n.* an outward appearance that conceals the underlying essence of something; the way of concealing troops or

military equipment so they cannot be seen against the surrounding environment

*synonym* : guise, mask, cloak

(1) **camouflage** clothing, (2) work as **camouflage**

They utilized branches of trees as **camouflage**.

## bully

*n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

*synonym* : tormentor, intimidator, aggressor

(1) **bully** bystander, (2) **bully** the weak

The schoolyard **bully** terrorized the other children and made their lives miserable.

## adolescent

*n.* a young person who is in the process of developing from a child into an adult

*synonym* : teen, preadult, youth

(1) **adolescent** girl, (2) pre- **adolescent** children

Timely education about birth control might help reduce **adolescent** pregnancies.

## diverse

*adj.* including numerous categories of individuals or entities; various

*synonym* : manifold, various, myriad

(1) **diverse** backgrounds, (2) a person of **diverse** talents

New York is a city with a **diverse** ethnic population.

## segregate

*v.* to separate or set apart from others, often based on race, gender, or some other characteristic

*synonym* : isolate, separate, divide

(1) **segregate** by race, (2) **segregate** boys and girls

The school board decided to **segregate** students by the ability to meet their needs better.

## barb

*n.* a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult; a type of fishing lure that has small hooks and a brightly

colored feather or hair

*synonym* : spine, barbed remark, sting

(1) **barb** wire, (2) aim a **barb**

The politician's words were full of **barbs** designed to hurt his opponent.

## label

*n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category

*synonym* : tag, mark, identifier

(1) a mailing **label**, (2) **label** a bag with my name

The **label** on the food package lists the ingredients and nutritional information.

## honor

*n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

*synonym* : integrity, virtue, acclaim

(1) womanly **honor**, (2) **honor** our ancestors

I claim on my **honor** that it is true.

## resonate

*v.* to be filled with a deep echoing sound

*synonym* : echo, reverberate, resound

(1) deeply **resonate** with the consumers, (2) **resonate** in the same frequency

The sound **resonates** well in this theater.

## territory

*n.* an area under the control of a ruler or state

*synonym* : domain, region, realm

(1) acquire **territory**, (2) **territory** in charge

They incorporated the conquered **territory** into their nation.

## recycle

*v.* to sort and collect things to process them and produce valuable materials that can be used again

*synonym* : reclaim, reuse, reprocess

(1) **recycle** the cardboard boxes, (2) **recycle** milk packaging

into new paper

We largely **recycle** the circuit board of cell phones because they contain a lot of valuable metals.

## trash

*n.* discarded material, refuse, or waste

*synonym* : garbage, waste, refuse

(1) **trash** bin, (2) **trash** disposal site

The city is taking measures to reduce the amount of **trash** in the streets.

## capitalize

*v.* to write a whole letter or the first letter of the alphabet as a capital; to provide a company, etc. with the money; to take the chance to gain advantage from something

*synonym* : bankroll, finance, endow

(1) **capitalize** on an interest, (2) **capitalize** the 1st letter of a word

You must **capitalize** on your full of opportunities to become a professor.

## capitalism

*n.* an economic system based on the private ownership of the means of production and their operation for profit

*synonym* : commercialism

(1) advance **capitalism**, (2) under the umbrella of **capitalism**

**Capitalism** also guarantees intellectual property rights and thus promotes innovation.

## spit

*v.* to eject saliva or other liquid from the mouth

*synonym* : expectorate, saliva, spew

(1) **spit** a bullet, (2) **spit** a mouthful of saliva

She tried to **spit** out the gum that she had been chewing.

## swallow

*v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

*synonym* : consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail  
I **swallowed** my anger and kept quiet.

## degree

*n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

*synonym*: level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

## assignment

*n.* a duty or task given to someone, usually as part of their job or studies

*synonym*: task, duty, designation

(1) finish the **assignment**, (2) **assignment** of interest

My **assignment** was overwhelming and complicated, but it was also exciting.

## bubble

*n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses

*synonym*: blob, balloon, mania

(1) **bubble** in the champagne glass, (2) economic **bubble**

Many people worry that the current real estate market is a **bubble** that could burst soon.

## bullet

*n.* a metal projectile that is shot from a gun

*synonym*: projectile, slug, shot

(1) **bullet** wound, (2) **bullet** train

The stray **bullet** went through the window and hit the wall.

## Session 2: Spelling

1. deeply re\_\_\_\_\_te with the consumers      *v.* to be filled with a deep echoing sound
2. in\_\_\_\_\_re attachment      *adj.* not firm or firmly fixed; likely to fail or give way, or not assured of safety
3. bu\_\_\_\_t wound      *n.* a metal projectile that is shot from a gun
4. s\_\_t a mouthful of saliva      *v.* to eject saliva or other liquid from the mouth
5. de\_\_\_\_\_te a chapter to the subject      *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
6. a sw\_\_\_\_\_w tail      *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
7. cap\_\_\_\_\_ze the 1st letter of a word      *v.* to write a whole letter or the first letter of the alphabet as a capital; to provide a company, etc. with the money; to take the chance to gain advantage from something
8. de\_\_\_\_\_te a few hours      *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
9. under the umbrella of cap\_\_\_\_\_sm      *n.* an economic system based on the private ownership of the means of production and their operation for profit

ANSWERS: 1. resonate, 2. insecure, 3. bullet, 4. spit, 5. dedicate, 6. swallow, 7. capitalize, 8. dedicate, 9. capitalism

10. ex\_\_\_e a crime *v.* to show something by uncovering it; to make something accessible to some action or influence
11. bu\_\_y bystander *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
12. pre-ado\_\_\_\_\_nt children *n.* a young person who is in the process of developing from a child into an adult
13. di\_\_\_\_\_e backgrounds *adj.* including numerous categories of individuals or entities; various
14. work as cam\_\_\_\_\_ge *n.* an outward appearance that conceals the underlying essence of something; the way of concealing troops or military equipment so they cannot be seen against the surrounding environment
15. womanly ho\_\_r *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
16. ass\_\_\_\_\_nt of interest *n.* a duty or task given to someone, usually as part of their job or studies
17. ex\_\_\_e a person to risks *v.* to show something by uncovering it; to make something accessible to some action or influence
18. mi\_\_c numerous instruments *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh

ANSWERS: 10. expose, 11. bully, 12. adolescent, 13. diverse, 14. camouflage, 15. honor, 16. assignment, 17. expose, 18. mimic



19. re\_\_\_\_e the cardboard boxes      *v.* to sort and collect things to process them and produce valuable materials that can be used again
20. bachelor's de\_\_\_\_e      *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
21. ado\_\_\_\_\_nt girl      *n.* a young person who is in the process of developing from a child into an adult
22. ma\_\_h east      *v.* to walk militarily with stiff, regular steps
23. finish the ass\_\_\_\_\_nt      *n.* a duty or task given to someone, usually as part of their job or studies
24. te\_\_\_\_\_ry in charge      *n.* an area under the control of a ruler or state
25. se\_\_\_\_\_te boys and girls      *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
26. an offense against de\_\_\_\_y      *n.* behavior that is appropriate or suitable in a given context, especially in terms of social norms and moral standards
27. se\_\_\_\_\_te by race      *v.* to separate or set apart from others, often based on race, gender, or some other characteristic
28. advance cap\_\_\_\_\_sm      *n.* an economic system based on the private ownership of the means of production and their operation for profit
29. b\_\_b wire      *n.* a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult; a type of fishing lure that has small hooks and a brightly colored feather or hair

ANSWERS: 19. recycle, 20. degree, 21. adolescent, 22. march, 23. assignment, 24. territory, 25. segregate, 26. decency, 27. segregate, 28. capitalism, 29. barb

30. bu\_\_\_t train *n.* a metal projectile that is shot from a gun
31. duty of the ja\_\_\_\_r *n.* a person whose job is to clean and maintain a large building, such as a school or a block of flats
32. aim a b\_\_b *n.* a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult; a type of fishing lure that has small hooks and a brightly colored feather or hair
33. sw\_\_\_\_w a handful of pills *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
34. an in\_\_\_\_re future *adj.* not firm or firmly fixed; likely to fail or give way, or not assured of safety
35. bu\_\_y the weak *n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
36. wax a ha\_\_\_\_y floor *n.* an interior passage or corridor onto which rooms open
37. de\_\_\_\_y standards *n.* behavior that is appropriate or suitable in a given context, especially in terms of social norms and moral standards
38. a mailing la\_\_l *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category

ANSWERS: 30. bullet, 31. janitor, 32. barb, 33. swallow, 34. insecure, 35. bully, 36. hallway, 37. decency, 38. label

39. cam\_\_\_\_\_ge clothing *n.* an outward appearance that conceals the underlying essence of something; the way of concealing troops or military equipment so they cannot be seen against the surrounding environment
40. ma\_\_h against the war *v.* to walk militarily with stiff, regular steps
41. acquire te\_\_\_\_\_ry *n.* an area under the control of a ruler or state
42. tr\_\_h disposal site *n.* discarded material, refuse, or waste
43. bu\_\_\_e in the champagne glass *n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses
44. mi\_\_c a human voice *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
45. a person of di\_\_\_\_\_e talents *adj.* including numerous categories of individuals or entities; various
46. toxic mas\_\_\_\_\_ty *n.* the qualities or attributes traditionally associated with men, such as physical strength, courage, assertiveness, and so on; the state of being male or manly
47. cap\_\_\_\_\_ze on an interest *v.* to write a whole letter or the first letter of the alphabet as a capital; to provide a company, etc. with the money; to take the chance to gain advantage from something
48. part-time ja\_\_\_\_\_r *n.* a person whose job is to clean and maintain a large building, such as a school or a block of flats

ANSWERS: 39. camouflage, 40. march, 41. territory, 42. trash, 43. bubble, 44. mimic, 45. diverse, 46. masculinity, 47. capitalize, 48. janitor

49. la\_\_l a bag with my name *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
50. re\_\_\_\_te in the same frequency *v.* to be filled with a deep echoing sound
51. s\_\_t a bullet *v.* to eject saliva or other liquid from the mouth
52. tr\_\_h bin *n.* discarded material, refuse, or waste
53. de\_\_\_\_e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
54. economic bu\_\_\_\_e *n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses
55. mas\_\_\_\_\_\_ty norms *n.* the qualities or attributes traditionally associated with men, such as physical strength, courage, assertiveness, and so on; the state of being male or manly
56. the head of a ha\_\_\_\_y *n.* an interior passage or corridor onto which rooms open
57. re\_\_\_\_e milk packaging into new paper *v.* to sort and collect things to process them and produce valuable materials that can be used again
58. ho\_\_r our ancestors *n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone

ANSWERS: 49. label, 50. resonate, 51. spit, 52. trash, 53. degree, 54. bubble, 55. masculinity, 56. hallway, 57. recycle, 58. honor

ANSWERS:

## Session 3: Fill in the Blanks

1. Many people worry that the current real estate market is a \_\_\_\_\_ that could burst soon.
  - n.* a thin, round, and often transparent mass of gas that is surrounded by a thin layer of liquid; a state of economic or social prosperity that is unsustainable and eventually collapses
  
2. The city is taking measures to reduce the amount of \_\_\_\_\_ in the streets.
  - n.* discarded material, refuse, or waste
  
3. They incorporated the conquered \_\_\_\_\_ into their nation.
  - n.* an area under the control of a ruler or state
  
4. The school \_\_\_\_\_ was laid off.
  - n.* a person whose job is to clean and maintain a large building, such as a school or a block of flats
  
5. The stray \_\_\_\_\_ went through the window and hit the wall.
  - n.* a metal projectile that is shot from a gun
  
6. He \_\_\_\_\_ his life to helping others.
  - v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
  
7. That newspaper \_\_\_\_\_ a political scandal in a big way.
  - v.* to show something by uncovering it; to make something accessible to some action or influence

ANSWERS: 1. bubble, 2. trash, 3. territory, 4. janitor, 5. bullet, 6. dedicated, 7. exposed

8. The schoolyard \_\_\_\_\_ terrorized the other children and made their lives miserable.
- n.* a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
9. Timely education about birth control might help reduce \_\_\_\_\_ pregnancies.
- n.* a young person who is in the process of developing from a child into an adult
10. She received her \_\_\_\_\_ in psychology from the university.
- n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
11. We largely \_\_\_\_\_ the circuit board of cell phones because they contain a lot of valuable metals.
- v.* to sort and collect things to process them and produce valuable materials that can be used again
12. I claim on my \_\_\_\_\_ that it is true.
- n.* high regard or great respect for someone; the quality of having and doing based on a keen sense of morality; (verb) to show respect towards someone
13. They utilized branches of trees as \_\_\_\_\_.
- n.* an outward appearance that conceals the underlying essence of something; the way of concealing troops or military equipment so they cannot be seen against the surrounding environment
14. You must \_\_\_\_\_ on your full of opportunities to become a professor.
- v.* to write a whole letter or the first letter of the alphabet as a capital; to provide a company, etc. with the money; to take the chance to gain advantage from something

ANSWERS: 8. bully, 9. adolescent, 10. degree, 11. recycle, 12. honor, 13. camouflage, 14. capitalize

15. The school board decided to \_\_\_\_\_ students by the ability to meet their needs better.
- v. to separate or set apart from others, often based on race, gender, or some other characteristic
16. The politician's words were full of \_\_\_\_\_ designed to hurt his opponent.
- n. a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult; a type of fishing lure that has small hooks and a brightly colored feather or hair
17. The troops \_\_\_\_\_ shoulder-to-shoulder.
- v. to walk militarily with stiff, regular steps
18. Research has shown that rigid ideas of \_\_\_\_\_ can contribute to domestic violence and other forms of abuse.
- n. the qualities or attributes traditionally associated with men, such as physical strength, courage, assertiveness, and so on; the state of being male or manly
19. He is very popular at school because he can \_\_\_\_\_ all the teachers' accents.
- v. to imitate someone's speech, movement, or behavior, especially to make others laugh
20. I \_\_\_\_\_ my anger and kept quiet.
- v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
21. My \_\_\_\_\_ was overwhelming and complicated, but it was also exciting.
- n. a duty or task given to someone, usually as part of their job or studies

ANSWERS: 15. segregate, 16. barbs, 17. marched, 18. masculinity, 19. mimic, 20. swallowed, 21. assignment



22. The sound \_\_\_\_\_ well in this theater.  
*v.* to be filled with a deep echoing sound
23. Children in an unstructured environment often feel \_\_\_\_\_.  
*adj.* not firm or firmly fixed; likely to fail or give way, or not assured of safety
24. The \_\_\_\_\_ on the food package lists the ingredients and nutritional information.  
*n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
25. \_\_\_\_\_ also guarantees intellectual property rights and thus promotes innovation.  
*n.* an economic system based on the private ownership of the means of production and their operation for profit
26. She tried to \_\_\_\_\_ out the gum that she had been chewing.  
*v.* to eject saliva or other liquid from the mouth
27. He always tried to act with \_\_\_\_\_ treating others with respect and kindness.  
*n.* behavior that is appropriate or suitable in a given context, especially in terms of social norms and moral standards
28. He dashed down a \_\_\_\_\_ to a bathroom.  
*n.* an interior passage or corridor onto which rooms open
29. New York is a city with a \_\_\_\_\_ ethnic population.  
*adj.* including numerous categories of individuals or entities; various

ANSWERS: 22. resonates, 23. insecure, 24. label, 25. Capitalism, 26. spit, 27. decency, 28. hallway, 29. diverse