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Vocabulary Builder Reference from...

Peter Singer: The why and how of effective altruism |

TED Talk

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_how_of_effective_altruism



All Words

IMPORTANT

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Session 1: Word List

unsettle

v. to make somebody feel anxious or upset, especially because of an unstable or problematic situation

synonym: aggravate, annoy, disturb

(1) **unsettle** the nervous system, (2) **unsettle** his conviction This nationwide strike may **unsettle** the country's economy.

passersby

 people who are walking past a particular place often used to refer to a group of people or an undefined number of individuals

synonym: bystanders, onlookers, observers

(1) **passersby** on the sidewalk, (2) group of **passersby** The busy street was filled with **passersby** hurrying to their destinations.

graphic

adj. relating to visual art or involving the use of diagrams or illustrations; very clear and powerful

synonym: illustrative, picturesque, visual

(1) **graphic** design, (2) a **graphic** description of an accident The **graphic** novel was a masterpiece with stunning illustrations that brought the story to life.

accident

 an unfortunate event, especially one causing damage or injury synonym: calamity, casualty, chance

(1) cause an **accident**, (2) injury in a car **accident** The **accident** partially destroyed my vehicle.

pause

 to take a short break from talking or doing something before continuing

synonym: halt, break, intermit

(1) **pause** a moment, (2) **pause** for a reaction

The man **paused** before opening the door.

injury

 harm done to a person's or an animal's body caused by an accident or an attack

synonym: wound, damage, hurt

(1) without **injury**, (2) a fatal **injury**

My accidental **injury** got better right away.

toddler

- n. a young child who has recently learned to walksynonym: child, infant, youngster
- (1) an active **toddler**, (2) **toddler** in nappy

A **toddler** needs constant supervision and firm control.

peter

v. to fail or lose power, efficiency, or value gradually before coming to an end

synonym: decrease, drop, lower

(1) eventually **peter** out, (2) begin to **peter** out

The music just **petered** out.

alarm

 a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger

synonym: notice, warning, panic

(1) give the **alarm**, (2) an **alarm** clock

The **alarm** announcing an enemy attack went off this morning.

creditor

n. a person, company, etc. to whom a debtor owes money

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the creditor's claims, (2) bankrupt creditor
 asked the lawyer to initiate creditor negotiations for voluntary liquidation.

poverty

- n. the condition of being extremely poorsynonym: deprivation, destitution, poorness
- poverty alleviation, (2) the cycle of poverty
 Many studies have investigated the relationship between poverty and academic achievement.

relate

 to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym: connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

disease

 a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) disease prevention, (2) disease control

The doctor diagnosed him with a rare **disease** that had no known cure.

steady

adj. firmly fixed, supported, or balanced; not shaking or moving

synonym: stable, solid, secure

(1) **steady** increase, (2) take a **steady** job

The patient's vital signs are **steady**, indicating a stable condition.

doe

n. a mature female of mammals of which the male is called a buck, such as a deer or a rabbit

synonym: rabbit, bunny, hare

(1) doe rabbit, (2) buck and doe

Hunters use a whistle that makes the **doe** sound to lure stags.

moral

adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.

synonym: honest, ethical, conscientious

(1) moral hazard, (2) moral burden

Ethics deals with **moral** conduct.

relevance

 the state or degree of being closely connected or appropriate to the matter at hand

synonym: pertinence, applicability, connection

(1) have no **relevance**, (2) **relevance** category

The **relevance** of this information to the current situation needs to be investigated.

nationality

 the legal status or right of belonging to a particular country

synonym: ethnicity, race, citizenship

(1) acquisition of **nationality**, (2) **nationality** certificate Dual **nationality** is prohibited in specific nations but not in others.

toll

money that you have to pay to use a particular road,
 bridge, etc.; (verb) to ring slowly

synonym: fee, cost, expense

(1) a **toll** road, (2) **toll** a bell at his death

There is no **toll** car park nearby.

vacation

 a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure

synonym: leave, recess, break

(1) a short vacation, (2) summer vacation

Do you have a plan for a long vacation?

tap

 to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.

synonym: knock, exploit, use

(1) **tap** a new market, (2) **tap** keyboard with an index finger To expand the company, we must **tap** new human resources.

unnecessary

adj. not needed or required; not essential or important synonym: redundant, extra, superfluous

(1) **unnecessary** expense, (2) **unnecessary** hassle

The extra steps in the process were deemed **unnecessary**and removed to streamline production.

malaria

- a severe disease caused by a parasite that is spread by the bite of an infected mosquito
- (1) **malaria** mosquitoes, (2) **malaria-endemic** area Many people in tropical countries die from **malaria** every year.

foundation

the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes

synonym: base, support, groundwork

(1) **foundation** course, (2) weak **foundation**The **foundation** of the building was cracked and needed to be repaired.

reliable

adj. worthy of being relied on; trustworthy synonym: dependable, trustworthy, dedicated

(1) **reliable** access, (2) guarantee **reliable** delivery Trains are **reliable**, inexpensive, and ideal for long-distance travel.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

fortunate

adj. having good luck or luckysynonym: fortuitous, lucky, blessed

(1) **fortunate** situation, (2) less **fortunate** person He was pretty **fortunate** to pass the exam.

movement

 a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym: motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

altruism

n. the belief or practice of disinterested and selfless concern for the well-being of others; unselfish devotion to the welfare of others often expressed as acts of kindness or charity

synonym: selflessness, philanthropy, generosity

(1) acts of **altruism**, (2) **altruism** in society His act of volunteering at the homeless shelter was a clear example of practical **altruism**.

combine

- v. to join or merge to form a single thing or group synonym: coalesce, cohere, blend
- (1) combine chemically with another substance,
- (2) combine augmented reality

Hydrogen and oxygen **combine** to form water.

empathy

 the ability to share another person's feelings or experiences by imagining that person's situation synonym: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

grieve

v. to feel or show great sadness or sorrow, especially for someone who has died

synonym: mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news She **grieved** the loss of her parents.

well-being

- n. the state of being happy and healthy and prosperoussynonym: health, welfare, happiness
- (1) the **well-being** of a nation, (2) a sense of **well-being** We are responsible for the care and **well-being** of all our employees.

neutral

adj. not helping or assisting either side in a conflict, argument, etc.

synonym: impartial, uninvolved, halfhearted

(1) permanently **neutral** country, (2) **neutral** colors A legislative speaker should always be **neutral**.

perspective

a confident attitude toward something; a particular style of thinking about something

synonym: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle His father's death changed his whole **perspective** on life.

background

 n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

synonym: ground, experience, backdrop

(1) a **background** color, (2) a criminal **background**The company's hiring criteria emphasize personality, not a person's **background**.

philosophy

 the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind

synonym: doctrine, attitude, creed

(1) **philosophy** of education, (2) western **philosophy** Ethics is a branch of **philosophy**.

economics

 the branch of social science that deals with the production, consumption, and transfer of goods and services

synonym: social science, finance, business

welfare economics, (2) economics professor
 description to agricultural economics.

mathematics

n. the science dealing with the logic of quantities, shapes, spaces, and arrangement

synonym: arithmetic, calculation, calculus

(1) a good grounding in **mathematics**, (2) **mathematics** competition

He has a flair for **mathematics**.

nerd

 a person who is very interested in and knowledgeable about a particular subject such as computers, mathematics, chess, etc.

synonym: geek, techie, wonk

(1) a computer **nerd**, (2) **nerd** neck

He was, by nature, a cyber nerd.

altruist

 a person who has an unselfish or selfless concern for the welfare of others; a person who values the well-being of others over their interests or desires *synonym*: benefactor, philanthropist, donor

(1) charitable altruist, (2) an altruistic act

The wealthy philanthropist was known as an **altruistic** individual who donated generously to many charities.

charity

 an organization that helps people in need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people

synonym: philanthropy, benevolence, generosity

(1) charity work, (2) ask charity

She volunteers at a local **charity** every weekend to help those in need.

intelligence

n. the ability to learn, comprehend, or make judgments or conclusions based on reasons

synonym: brains, brightness, cleverness

(1) an **intelligence** test, (2) field of artificial **intelligence** In terms of **intelligence**, he was head and shoulders above his classmates.

accord

- n. an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have synonym: alliance, pact, agreement
- (1) **accord** with public opinion, (2) binational **accord** The organization finally signed a peace **accord**.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym:

finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed The corporation **eventually** dominated the entire tobacco business.

survive

- v. to live or exist despite a dangerous event or period synonym: endure, persist, stay
- (1) **survive** a blizzard, (2) **survive** a plane crash These birds can only **survive** in temperate climates.

undoubtedly

- adv. without a doubt; certainly; definitelysynonym: surely, unquestionably, indisputably
- (1) **undoubtedly** successful, (2) **undoubtedly** talented The singer's talent is **undoubtedly** one of the greatest in the music industry

billionaire

a person who has a net worth of at least one billion dollars

synonym: mega-rich, wealthy, tycoon

(1) Silicon Valley billionaire,(2) oil billionaireThe self-made billionaire donated millions to charity.

fellow

- adj. someone who has the same job or interests as you, or is in the same class, profession, or situation as yousynonym: buddy, mate, affiliate
- (1) junior fellow,(2) nice fellowHe is the kind of fellow who only works for his success.

calculated

 adj. done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance

synonym: premeditated, willful, deliberate

(1) **calculated** bankruptcy, (2) **calculated** crime The company made a **calculated** decision to invest in new technology.

academic

- adj. associated with schools, colleges, and universities, especially studying and thinking, not with practical skillssynonym: educational, scholarly, theoretical
- (1) **academic** probation, (2) an **academic** discussion

 An excellent historian must possess an **academic** mentality.

blind

- adj. unable to see; unable or unwilling to perceive or understand the true nature of something
- synonym: sightless, unseeing, random(1) blind to the beauties, (2) blind spot

She was nearly **blind** due to severe diabetes.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) develop a strategy, (2) develop a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

adequate

adj. enough, acceptable, satisfactory for a particular purpose or need

synonym: enough, acceptable, able

(1) **adequate** parking facilities, (2) provide **adequate** funding

This argument is still not adequate.

pledge

- v. to make a formal promise to give or do somethingsynonym: promise, assure, guarantee
- (1) **pledge** my fidelity, (2) **pledge** military assistance At this ceremony, We will **pledge** allegiance to the country's flag.

lifetime

n. the duration of someone's life or something's existence;synonym: lifespan, duration

(1) lifetime benefits,	(2) lifetime ban from the sport
She had lived through	n two world wars in her lifetime.

pound

- the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
- (1) three-fourths of a **pound**, (2) thousands of **pounds**. The car's front bumper cost fifteen hundred **pounds**.

mortgage

- n. a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan
 synonym: home loan, loan, lien
- (1) **mortgage** payment, (2) fixed-rate **mortgage**They were able to purchase their dream home with a **mortgage** from the bank.

abandon

- v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensitysynonym: relinquish, leave behind, disregard
- abandon a friend, (2) abandon the practice
 The castle was abandoned several years later.

retirement

- *n.* the fact or act of stopping working and leaving one's job *synonym*: resignation, withdrawal, retreat
- (1) **retirement** from politics, (2) impending **retirement**This fund is responsible for disability and **retirement** benefits.

decide

- v. to make up someone's mind about something; to come to a conclusion or judgment after considering optionssynonym: choose, determine, settle
- (1) **decide** a question, (2) **decide** on a course of action She couldn't **decide** whether to order the pizza or the pasta for dinner.

modest

 adj. having or showing a humble estimate of one's merits, importance, etc.; free from vanity, egotism, boastfulness, or great pretensions synonym: unassuming, humble, unpretentious

(1) modest income, (2) only a modest fee

Despite his many achievements, he remained **modest** and down-to-earth.

mention

- v. to speak or write about something or someone briefly synonym: reference, allude, cite
- (1) **mention** name, (2) **mention** in a report I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

crouch

v. to put your body close to the ground, especially as a way of avoiding being seen

synonym: bend down, squat, stoop

(1) crouch into a ball, (2) crouch around a fireHe crouched down behind the bushes to avoid being seen.

graduate

 a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

synonym: alumna, alum, grad

(1) graduate degree program,(2) honor graduateMany employers hire graduate trainees to train as managers.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

finance

 the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets

synonym: banking, investment, fund

(1) **finance** act, (2) manage my **finances**

Our company decided to hire an advisor who specializes in **finance**.

aid

 things sent to help countries in need, notably food or money; support

synonym: helper, resource, assistance

(1) financial **aid**, (2) country-by-country **aid** programs Pakistan's **aid** budget was still being reviewed.

employ

v. to give somebody a job and pay them for it; to make use of

synonym: hire, engage, use

(1) **employ** job seekers, (2) **employ** a new method When making arrests, police officers frequently **employ** excessive force.

quintuple

- v. to increase or multiply by five; to make something five times as much or as many; (adjective) being five times as great or as many
- (1) **quintuple** their income, (2) **quintuple** angle
 The team aims to **quintuple** its sales by the end of the fiscal year.

matte

- adj. having a surface without a shine, luster; non-glossysynonym: dull, flat, lusterless
- (1) **matte** coating, (2) photo with a **matte** finish.

 The body of his car has a **matte** finish.

undergraduate

 a student who is studying for their first degree at a university or other higher education institution

synonym: college student, freshman

(1) engineering **undergraduate**, (2) **undergraduate** course The class was composed of both **undergraduate** and

graduate students.

thesis

 a written essay, especially one submitted for a university degree, that sets out the author's findings on a particular subject

synonym: dissertation, argument, treatise

(1) a drift of a thesis, (2) master thesis

His **thesis** on the effects of climate change won several awards.

graduated

 adj. having received a degree from a school, college, or university; marked with or divided into levels or degrees

synonym: completed, finished, earned

(1) graduated taxation, (2) graduated flask

She was a **graduated** student of a prestigious university.

ethics

 a branch of philosophy that considers what is morally right and wrong conduct; a set of beliefs about what is morally right and wrong

synonym: morals, principles, moralities

(1) political ethics, (2) ethics of journalism

This scripture provides the code of **ethics** for the religion.

shalt

v. an archaic form of "shall," which is used to indicate a command, a requirement, or a prediction

synonym: must, should, ought

(1) full of thou **shalt** nots, (2) list of thou **shalts**

Thou **shalt** not steal.

cheat

v. to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws

synonym: deceive, swindle, defraud

(1) **cheat** on my taxes, (2) **cheat** in a game

Even though he knew it was wrong, he **cheated** on the exam.

maim

v. to injure or wound someone seriously, particularly by permanently disabling or disfiguring a body part

synonym: injure, incapacitate, wound

(1) maim a victim, (2) maim his hand

The reckless driver **maimed** several pedestrians after losing control of the vehicle.

wan

adj. looking pale or sickly; lacking vitality or energy synonym: pale, pallid, ashen

(1) wan light, (2) a wan smile

His wan complexion showed that he was feeling very ill.

recipient

n. a person who receives something

synonym: receiver, beneficiary

(1) a **recipient** of a Nobel prize, (2) a **recipient** of a lung transplant

When performing an organ transplant, it is necessary to test for compatibility between the donor and **recipient**.

trachoma

- an infectious eye disease caused by bacteria, characterized by inflammation, irritation, and scarring of the eye tissues and, if left untreated, can lead to blindness
- (1) **trachoma** infection, (2) **trachoma** prevention The World Health Organization has launched a global campaign to eliminate **trachoma** by 2020.

recommend

v. to suggest that someone or something would be a suitable fit for a particular purpose or role

synonym: advise, suggest, instruct

(1) **recommend** a hospitalization, (2) **recommend** reading We **recommend** taking media training every six months.

recommendation

 an official suggestion that something is good or suitable for a particular purpose or job

synonym: guidance, advice, suggestion

(1) follow his **recommendations**, (2) a letter of **recommendation**

We made a **recommendation** to the client.

broad

adj. very wide; general

synonym: wide, expansive, comprehensive

(1) attract **broad** attention, (2) a **broad** mind

He accumulated wealth across a **broad** spectrum of assets.

immense

adj. extremely large or great

synonym: enormous, giant, huge

(1) **immense** amount, (2) **immense** pressure

He left his wife an **immense** fortune.

inflict

v. to cause harm, injury, or suffering to someone or something

synonym: impose, levy, administer

(1) **inflict** a heavier tax, (2) **inflict** a hard blow

The storm **inflicted** significant damage on the town.

activism

n. the policy or action of using vigorous campaigning to bring about political or social change

synonym: advocacy, campaign

(1) antitrust activism, (2) digital activism

Internet **activism** has been crucial in raising awareness about critical social issues.

extinction

- *n.* the complete disappearance of a species from the earth
- synonym: disappearance, eradication, annihilation
- (1) **extinction** prevention, (2) brink of **extinction**

The **extinction** of the dinosaurs is thought to have been caused by an asteroid impact.

asteroid

 a small rocky body orbiting the sun, typically in the region between Mars and Jupiter

synonym: minor planet, planetoid, rocky planetesimal

(1) asteroid mining, (2) asteroid explorer

Scientists are studying the composition and origins of the

asteroid belt to understand the early solar system better.

planet

 any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet** Mercury is the closest **planet** to the sun.

predict

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

synonym: forecast, anticipate, foresee

(1) **predict** the future, (2) **predict** when she will arrive It's notoriously challenging to **predict** birth rates.

collide

- v. to hit something violently when moving synonym: clash, slam, contradict
- (1) **collide** head-on, (2) **collide** in midair The interests of the two countries **collide**.

deflect

v. to cause something, especially a criticism or attack, to be directed away from someone

synonym: deter, redirect, sidetrack

(1) deflect a blow, (2) deflect his criticism

The soccer player was able to **deflect** the ball away from the goal.

possibility

- n. a chance that something may happen or be truesynonym: chance, prospect, likelihood
- (1) **possibility** for growth, (2) **possibility** of a major earthquake

The **possibility** of getting the disease will drastically increase.

burden

 a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry synonym: obligation, duty, load

(1) carry a **burden**, (2) **burden** of disease

That car has a low environmental **burden**.

fulfill

 to meet the requirements or expectations; to achieve or realize

synonym: satisfy, complete, accomplish

(1) fulfill a contract, (2) fulfill a lifetime dream

It was the first time for her, but she **fulfilled** the role of Priest.

depression

 a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

overcome

v. to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

synonym: beat, confound, overwhelm

(1) **overcome** opponents, (2) **overcome** all difficulties He tried to **overcome** a bad reputation and win the election.

portray

to depict or describe someone or something in a painting, film, book, or other artistic work

synonym: depict, describe, illustrate

(1) **portray** feelings in words, (2) accurately **portray** the condition

We often **portray** political problems as religious issues.

condemn

- v. to express strong disapproval or criticism of something synonym: criticize, denounce, censure
- (1) condemn violence, (2) condemn crime

The government was **condemned** for its handling of the crisis.

boulder

 a large, smooth rock, typically one that has been worn away from a cliff or mountain by erosion

synonym: rock, stone, clump

(1) boulder field, (2) lava boulder

The hikers had to climb over a **boulder** that was blocking their path.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym: spin, swirl, wheel

(1) roll a ball, (2) roll down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

trudge

v. to walk or march slowly and heavily, typically due to exhaustion, difficulty, or reluctance; to move with effort or laboriously

synonym: plod, slog, hike

(1) trudge through mud, (2) trudge up the hill

The hiker **trudged** through the dense forest, chopping his way with a machete.

eternal

adj. being without beginning or end; lasting foreversynonym: endless, everlasting, undying

(1) the hope of **eternal** life, (2) **eternal** quarreling In every civilization, rulers have tried everything possible to

obtain **eternal** life.

consume

v. to spend something, especially fuel, energy, or time, in a large amount

synonym: absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity A smaller car will **consume** less fuel.

maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym: preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health I need to **maintain** my car regularly to prevent any major mechanical issues.

hedonic

adj. characterized by, relating to, or focused on pleasure, enjoyment, or the pursuit of gratification; referring to the pursuit of happiness or avoidance of pain as the chief motivator of human action

synonym: pleasurable, indulgent, sensual

(1) **hedonic** motivation, (2) **hedonic** pleasure

He lived a **hedonic** lifestyle, often indulging in decadent foods and luxury items.

treadmill

n. a piece of exercise equipment consisting of a moving belt on which the user walks, jogs, or runs in place; a monotonous, repetitive task or activity that feels like it is going nowhere, much like a person walking on a treadmill

synonym: exercise machine, routine

(1) **treadmill** workout, (2) nonstop **treadmill**I like to watch TV while running on the **treadmill** to pass the time.

satisfy

v. to make somebody pleased by giving them what they want or need

synonym:

please, amuse, meet

(1) **satisfy** a desire, (2) **satisfy** a user's needs Did this response **satisfy** your request?

solid

adj. hard or firm; characterized by good substantial qualitysynonym: stable, reliable, hard

(1) **solid** ally, (2) **solid** employment measures The **solid-state** of water is called ice.

basis

 the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged

synonym: foundation, base, ground

on an equal basis,
 basis for calculation
 evidence will form the basis for our discussion.

esteem

 great respect and approval for or a good opinion of someone

synonym: respect, admiration, regard

(1) **esteem** for the other person, (2) boost my self- **esteem**. He is our loyal customer who should be held in high **esteem**.

conclude

v. to come to an end or close; to reach a judgment or opinion by reasoning

synonym: complete, finish, decide

(1) **conclude** a meeting, (2) **conclude** that he is healthy We **concluded** a cease-fire.

recover

- v. to return to a former condition, health, mind, or strength synonym: come back, convalesce, heal
- (1) **recover** a loss, (2) **recover** approval ratings She is still **recovering** from a shot to her shoulder.

surgery

 medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

synonym: operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery** He had undergone heart **surgery** years before.

anonymous

adj. having no known name, identity, or known source synonym: nameless, unidentified, unnamed

(1) **anonymous** letter, (2) **anonymous** house She received several **anonymous** calls.

Don

- a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
- (1) the **don** of the university, (2) **Don** Giovanni He could never go against what **Don** Carlos said.

kidney

- either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
- an artificial kidney, (2) chronic kidney disease
 the surgeon removed the healthy kidney from the donor.

chain

- n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shacklesynonym: series, string, link
- (1) **chain** reaction, (2) supply **chain**The **chain** on my bike broke, leaving me stranded.

influence

n. the ability to affect someone's or something's character, growth, or behavior, or the effect itself

synonym: power, leverage, effect

(1) **influence** a child's future, (2) **influence** the daily life The former emperor had a particular **influence** even after he abdicated.

embarrass

- v. to cause someone to feel awkward, worried, or ashamed synonym: disconcert, unsettle, agitate
- (1) **embarrass** political enemy, (2) **embarrass** my project He looked for an opportunity to **embarrass** that actor in public.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling The golfer recorded an **amazing** distance.

extension

n. a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line

synonym: addition, augment, supplement

(1) time **extension**, (2) telephone **extension**They are building an **extension** to the house to add more bedrooms.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) achieve success, (2) achieve milestonesI will work hard to achieve my goals and realize my dreams.

hook

 a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

synonym: buckle, pin, curve

(1) a hat **hook**, (2) the curved shape of a **hook** Please hang your towel on a **hook**.

Session 2: Spelling

1. supply ch__n

2. political et___s

3. re___le access

4. so__d employment measures

5. thousands of po ds

6. co___e electricity

7. gr___te degree program

8. me____n in a report

9. sa___y a desire

10. pa e a moment

11. de___e a question

 a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

 a branch of philosophy that considers what is morally right and wrong conduct; a set of beliefs about what is morally right and wrong

adj. worthy of being relied on; trustworthy

adj. hard or firm; characterized by good substantial quality

the standard unit of money in the UK;
 the standard unit of weight equal to 16 ounces

v. to spend something, especially fuel, energy, or time, in a large amount

 a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree

v. to speak or write about something or someone briefly

v. to make somebody pleased by giving them what they want or need

v. to take a short break from talking or doing something before continuing

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 1. chain, 2. ethics, 3. reliable, 4. solid, 5. pound, 6. consume, 7. graduate, 8. mention, 9. satisfy, 10. pause, 11. decide

12. a drift of a ths	n.	a written essay, especially one submitted for a university degree, that sets out the author's findings on a particular subject
13. a criminal bacnd	n.	the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
14. a bacnd color	n.	the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
15. impending retnt	n.	the fact or act of stopping working and leaving one's job
16. full of emy	n.	the ability to share another person's feelings or experiences by imagining that person's situation
17. weak fouon	n.	the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes
18. emy a new method	v.	to give somebody a job and pay them for it; to make use of
19. an intnce test	n.	the ability to learn, comprehend, or make judgments or conclusions based on reasons

ANSWERS: 12. thesis, 13. background, 14. background, 15. retirement, 16. empathy, 17. foundation, 18. employ, 19. intelligence

20.	posty for growth	n.	a chance that something may happen or be true
21.	three-fourths of a pod	n.	the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
22.	main order	<i>v</i> .	to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
23.	matcs competition	n.	the science dealing with the logic of quantities, shapes, spaces, and arrangement
24.	trma prevention	n.	an infectious eye disease caused by bacteria, characterized by inflammation, irritation, and scarring of the eye tissues and, if left untreated, can lead to blindness
25.	ime amount	adj.	extremely large or great
26.	crh into a ball	<i>v</i> .	to put your body close to the ground, especially as a way of avoiding being seen
27.	ince the daily life	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
28.	the root problem of her depon	n.	a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
29.	natty certificate	n.	the legal status or right of belonging to a particular country

ANSWERS: 20. possibility, 21. pound, 22. maintain, 23. mathematics, 24. trachoma, 25. immense, 26. crouch, 27. influence, 28. depression, 29. nationality

30.	adte parking facilities	adj.	enough, acceptable, satisfactory for a particular purpose or need
31.	lime ban from the sport	n.	the duration of someone's life or something's existence;
32.	ple military assistance	<i>v</i> .	to make a formal promise to give or do something
33.	the hope of etI life	adj.	being without beginning or end; lasting forever
34.	a rent of a Nobel prize	n.	a person who receives something
35.	buck and d_e	n.	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
36.	lava bor	n.	a large, smooth rock, typically one that has been worn away from a cliff or mountain by erosion
37.	bor field	n.	a large, smooth rock, typically one that has been worn away from a cliff or mountain by erosion
38.	unnry hassle	adj.	not needed or required; not essential or important
39.	tre through mud	ν.	to walk or march slowly and heavily, typically due to exhaustion, difficulty, or reluctance; to move with effort or laboriously
40.	lime benefits	n.	the duration of someone's life or something's existence;
41.	ine a lot of paperwork	<i>v</i> .	to include or affect someone or something as a necessary part of something else

ANSWERS: 30. adequate, 31. lifetime, 32. pledge, 33. eternal, 34. recipient, 35. doe, 36. boulder, 37. boulder, 38. unnecessary, 39. trudge, 40. lifetime, 41. involve

the most important facts, ideas, or 42. on an equal ba s n. events from which something is developed; the way how things are organized or arranged 43. mo I hazard adj. concerned with the principles of what is right and wrong, fairness, honesty, etc. 44. ac___ic probation adj. associated with schools, colleges, and universities, especially studying and thinking, not with practical skills a person who is very interested in and 45. n__d neck knowledgeable about a particular subject such as computers, mathematics, chess, etc. to live or exist despite a dangerous 46. su e a blizzard ν. event or period 47. an al_m clock a loud noise or an automatic signal that n. warns people of danger; a device that signals the occurrence of some undesirable event or particular danger 48. re____ce category the state or degree of being closely n. connected or appropriate to the matter at hand adj. looking pale or sickly; lacking vitality or 49. w n light energy 50. bu___n of disease a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry harm done to a person's or an animal's 51. a fatal in y n. body caused by an accident or an

ANSWERS: 42. basis, 43. moral, 44. academic, 45. nerd, 46. survive, 47. alarm, 48. relevance, 49. wan, 50. burden, 51. injury

attack

52.	mm a victim	v.	to injure or wound someone seriously, particularly by permanently disabling or disfiguring a body part
53.	fuI a contract	<i>v</i> .	to meet the requirements or expectations; to achieve or realize
54.	unle his conviction	<i>v</i> .	to make somebody feel anxious or upset, especially because of an unstable or problematic situation
55.	amg advances	adj.	extremely surprising, especially in a way that you like or admire
56.	gred taxation	adj.	having received a degree from a school, college, or university; marked with or divided into levels or degrees
57.	mae coating	adj.	having a surface without a shine, luster; non-glossy
58.	an acic discussion	adj.	associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
59.	charitable alst	n.	a person who has an unselfish or selfless concern for the welfare of others; a person who values the well-being of others over their interests or desires
60.	pae for a reaction	<i>v</i> .	to take a short break from talking or doing something before continuing
61.	a grc description of an accident	adj.	relating to visual art or involving the use of diagrams or illustrations; very clear and powerful
62.	photo with a mae finish	adj.	having a surface without a shine, luster; non-glossy

ANSWERS: 52. maim, 53. fulfill, 54. unsettle, 55. amazing, 56. graduated, 57. matte, 58. academic, 59. altruist, 60. pause, 61. graphic, 62. matte

63.	resle action	adj.	answerable or accountable for something within one's power, control, or management
64.	accurately poy the condition	v.	to depict or describe someone or something in a painting, film, book, or other artistic work
65.	chn reaction	n.	a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
66.	give the alm	n.	a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
67.	ets of journalism	n.	a branch of philosophy that considers what is morally right and wrong conduct; a set of beliefs about what is morally right and wrong
68.	die control	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
69.	tre up the hill	v.	to walk or march slowly and heavily, typically due to exhaustion, difficulty, or reluctance; to move with effort or laboriously
70.	eccs professor	n.	the branch of social science that deals with the production, consumption, and transfer of goods and services
71.	dep a skill	v.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something

ANSWERS: 63. responsible, 64. portray, 65. chain, 66. alarm, 67. ethics, 68. disease, 69. trudge, 70. economics, 71. develop

that is in the process of being created

72.	code that he is healthy	<i>v</i> .	to come to an end or close; to reach a judgment or opinion by reasoning
73.	only a mot fee	adj.	having or showing a humble estimate of one's merits, importance, etc.; free from vanity, egotism, boastfulness, or great pretensions
74.	qule angle	ν.	to increase or multiply by five; to make something five times as much or as many; (adjective) being five times as great or as many
75.	int a hard blow	<i>v</i> .	to cause harm, injury, or suffering to someone or something
76.	oil bilre	n.	a person who has a net worth of at leas one billion dollars
77.	manage my fies	n.	the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
78.	a rent of a lung transplant	n.	a person who receives something
79.	emss my project	<i>v</i> .	to cause someone to feel awkward, worried, or ashamed
80.	tl a bell at his death	n.	money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly
81.	a letter of recion	n.	an official suggestion that something is good or suitable for a particular purpose or job

ANSWERS: 72. conclude, 73. modest, 74. quintuple, 75. inflict, 76. billionaire, 77. finance, 78. recipient, 79. embarrass, 80. toll, 81. recommendation

82. full of thou sht nots	v.	an archaic form of "shall," which is used to indicate a command, a requirement, or a prediction
83. t_p a new market	v.	to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
84. ree a story	ν.	to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
85. a good grounding in matcs	n.	the science dealing with the logic of quantities, shapes, spaces, and arrangement
86. attract brd attention	adj.	very wide; general
87. poy feelings in words	ν.	to depict or describe someone or something in a painting, film, book, or other artistic work
88. bld to the beauties	adj.	unable to see; unable or unwilling to perceive or understand the true nature of something
89. rl a ball	ν.	to move in a particular direction by turning over and over or from side to side
90. cht in a game	ν.	to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws
91. posty of a major earthquake	n.	a chance that something may happen or be true
	. -	
ANSWERS: 82. shalt, 83. tap, 84. relate, 8	85. m	athematics, 86. broad, 87. portray, 88.

blind, 89. roll, 90. cheat, 91. possibility

92. anus letter	adj.	having no known name, identity, or known source
93. list of thou shts	v.	an archaic form of "shall," which is used to indicate a command, a requirement, or a prediction
94. code a meeting	ν.	to come to an end or close; to reach a judgment or opinion by reasoning
95. det a blow	ν.	to cause something, especially a criticism or attack, to be directed away from someone
96. qule their income	<i>v</i> .	to increase or multiply by five; to make something five times as much or as many; (adjective) being five times as great or as many
97. honor grte	n.	a person who has a first degree from university or college; (verb) to complete the first course of university or college and get a degree
98. a computer nd	n.	a person who is very interested in and knowledgeable about a particular subject such as computers, mathematics, chess, etc.
99. poy alleviation	n.	the condition of being extremely poor
100. the welng of a nation	n.	the state of being happy and healthy and prosperous
101. d_e rabbit	n.	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
102. junior few	adj.	someone who has the same job or interests as you, or is in the same class, profession, or situation as you

ANSWERS: 92. anonymous, 93. shalt, 94. conclude, 95. deflect, 96. quintuple, 97. graduate, 98. nerd, 99. poverty, 100. well-being, 101. doe, 102. fellow

103. caled crime	adj.	done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
104. plt like the Earth	n.	any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
105. ime pressure	adj.	extremely large or great
106. binational acd	n.	an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
107. abn a friend	v.	to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
108. maa mosquitoes	n.	a severe disease caused by a parasite that is spread by the bite of an infected mosquito
109. esm for the other person	n.	great respect and approval for or a good opinion of someone
110. alsm in society	n.	the belief or practice of disinterested and selfless concern for the well-being of others; unselfish devotion to the welfare of others often expressed as acts of kindness or charity
111. ovme opponents	v.	to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

ANSWERS: 103. calculated, 104. planet, 105. immense, 106. accord, 107. abandon, 108. malaria, 109. esteem, 110. altruism, 111. overcome

112. asid explorer	n.	a small rocky body orbiting the sun, typically in the region between Mars and Jupiter
113. chronic kiy disease	n.	either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
114. sur bad grades	<i>v</i> .	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
115. digital acsm	n.	the policy or action of using vigorous campaigning to bring about political or social change
116. este this chicken to weigh three pounds	<i>v</i> .	to guess or calculate the cost, size, value, etc. of something
117. bankrupt cror	n.	a person, company, etc. to whom a debtor owes money
118. telephone exon	n.	a thing that is added to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line
119. say a user's needs	ν.	to make somebody pleased by giving them what they want or need
120. welfare eccs	n.	the branch of social science that deals with the production, consumption, and transfer of goods and services

ANSWERS: 112. asteroid, 113. kidney, 114. suffer, 115. activism, 116. estimate, 117. creditor, 118. extension, 119. satisfy, 120. economics

121. grc design	adj.	relating to visual art or involving the use of diagrams or illustrations; very clear and powerful
122. cht on my taxes	v.	to act dishonestly or unfairly to gain an advantage or to deceive someone; to break the rules or laws
123. nonstop trII	n.	a piece of exercise equipment consisting of a moving belt on which the user walks, jogs, or runs in place; a monotonous, repetitive task or activity that feels like it is going nowhere, much like a person walking on a treadmill
124. save the plt	n.	any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
125. dee on a course of action	ν.	to make up someone's mind about something; to come to a conclusion or judgment after considering options
126. the d_n of the university	n.	a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
127. coe augmented reality	<i>v</i> .	to join or merge to form a single thing or group
128. die prevention	n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
129. det his criticism	v.	to cause something, especially a criticism or attack, to be directed away from someone

ANSWERS: 121. graphic, 122. cheat, 123. treadmill, 124. planet, 125. decide, 126. Don, 127. combine, 128. disease, 129. deflect

130. int a heavier tax	<i>v</i> .	to cause harm, injusomeone or somet
131. emss political enemy	<i>v</i> .	to cause someone worried, or ashame
132. bld spot	adj.	unable to see; unal perceive or undersort of something
133. mm his hand	v.	to injure or wound a particularly by pern disfiguring a body p
134. sod ally	adj.	hard or firm; charac substantial quality
135. moge payment	n.	a loan secured by to specific property, so is repaid over a set interest; the legal at this loan
136. chy work	n.	an organization that need, especially by shelter, or money; sympathetic attitud
137. gred flask	adj.	having received a college, or universidivided into levels
138. time exon	n.	a thing that is adde

- iry, or suffering to hing
- to feel awkward,
- ble or unwilling to tand the true nature
- someone seriously, nanently disabling or oart
- cterized by good
- the collateral of a uch as a house, that t period of time with agreement governing
- at helps people in providing food, a kindly and le toward people
- degree from a school, ity; marked with or or degrees
- ed to something to make it longer, larger, or wider; an educational opportunity provided by colleges and universities to people who are not enrolled as regular students; an additional telephone set that is connected to the same telephone line

ANSWERS: 130. inflict, 131. embarrass, 132. blind, 133. maim, 134. solid, 135. mortgage, 136. charity, 137. graduated, 138. extension

139. cardiac suy	n.	medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
140. con crime	<i>v</i> .	to express strong disapproval or criticism of something
141. crh around a fire	ν.	to put your body close to the ground, especially as a way of avoiding being seen
142. ask chy	n.	an organization that helps people in need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people
143. the professor of suy	n.	medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
144. fuI a lifetime dream	ν.	to meet the requirements or expectations; to achieve or realize
145. ace success	ν.	to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
146. the curved shape of a hk	n.	a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

ANSWERS: 139. surgery, 140. condemn, 141. crouch, 142. charity, 143. surgery, 144. fulfill, 145. achieve, 146. hook

147. a sense of welng	n.	the state of being happy and healthy and prosperous
148. fixed-rate moge	n.	a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan
149. cause an acnt	n.	an unfortunate event, especially one causing damage or injury
150. an alstic act	n.	a person who has an unselfish or selfless concern for the welfare of others; a person who values the well-being of others over their interests or desires
151. a circular mont	n.	a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
152. hec pleasure	adj.	characterized by, relating to, or focused on pleasure, enjoyment, or the pursuit of gratification; referring to the pursuit of happiness or avoidance of pain as the chief motivator of human action
153. trma infection	n.	an infectious eye disease caused by bacteria, characterized by inflammation, irritation, and scarring of the eye tissues and, if left untreated, can lead to blindness
154. phihy of education	n.	the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
ANSWEDS: 147 well being 149 mortgage	o 1.	

ANSWERS: 147. well-being, 148. mortgage, 149. accident, 150. altruist, 151. movement, 152. hedonic, 153. trachoma, 154. philosophy

155. financial a_d	n.	things sent to help countries in need, notably food or money; support
156. begin to per out	<i>v</i> .	to fail or lose power, efficiency, or value gradually before coming to an end
157. mot income	adj.	having or showing a humble estimate of one's merits, importance, etc.; free from vanity, egotism, boastfulness, or great pretensions
158. permanently neI country	adj.	not helping or assisting either side in a conflict, argument, etc.
159. field of artificial intnce	n.	the ability to learn, comprehend, or make judgments or conclusions based on reasons
160. coe in midair	<i>v</i> .	to hit something violently when moving
161. the most amg feeling	adj.	extremely surprising, especially in a way that you like or admire
162. paby on the sidewalk	n.	people who are walking past a particular place often used to refer to a group of people or an undefined number of individuals
163. less fote person	adj.	having good luck or lucky
164. t_p keyboard with an index finger	v.	to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
165. abn the practice	v.	to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

ANSWERS: 155. aid, 156. peter, 157. modest, 158. neutral, 159. intelligence, 160. collide, 161. amazing, 162. passersby, 163. fortunate, 164. tap, 165. abandon

166. summer vaon	n.	a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
167. coe chemically with another substance	ν.	to join or merge to form a single thing or group
168. dep a strategy	v.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
169. sur a setback	v.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
170. rI down his cheeks	v.	to move in a particular direction by turning over and over or from side to side
171. acd with public opinion	n.	an official agreement or treaty between two organizations, countries, etc.; (verb) allow to have
172. ace milestones	v.	to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
173. evely succeed	adv.	finally, particularly after a long time or a lot of struggle, complications, and so on
174. emy job seekers	ν.	to give somebody a job and pay them for it; to make use of

ANSWERS: 166. vacation, 167. combine, 168. develop, 169. suffer, 170. roll, 171. accord, 172. achieve, 173. eventually, 174. employ

175. rer a loss	ν.	to return to a former condition, health, mind, or strength
176. undate course	n.	a student who is studying for their first degree at a university or other higher education institution
177. fote situation	adj.	having good luck or lucky
178. nice few	adj.	someone who has the same job or interests as you, or is in the same class, profession, or situation as you
179. asid mining	n.	a small rocky body orbiting the sun, typically in the region between Mars and Jupiter
180. a tl road	n.	money that you have to pay to use a particular road, bridge, etc.; (verb) to ring slowly
181. mont of troops	n.	a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
182. men name	<i>v</i> .	to speak or write about something or someone briefly
183. country-by-country a_d programs	n.	things sent to help countries in need, notably food or money; support
184. con violence	<i>v</i> .	to express strong disapproval or criticism of something
185. acquisition of natty	n.	the legal status or right of belonging to a particular country

ANSWERS: 175. recover, 176. undergraduate, 177. fortunate, 178. fellow, 179. asteroid, 180. toll, 181. movement, 182. mention, 183. aid, 184. condemn, 185. nationality

186. master ths	n.	a written essay, especially one submitted for a university degree, that sets out the author's findings on a particular subject
187. a w_n smile	adj.	looking pale or sickly; lacking vitality or energy
188. emy for patients	n.	the ability to share another person's feelings or experiences by imagining that person's situation
189. provide adte funding	adj.	enough, acceptable, satisfactory for a particular purpose or need
190. antitrust acsm	n.	the policy or action of using vigorous campaigning to bring about political or social change
191. maa-endemic area	n.	a severe disease caused by a parasite that is spread by the bite of an infected mosquito
192. unle the nervous system	ν.	to make somebody feel anxious or upset, especially because of an unstable or problematic situation
193. an artificial kiy	n.	either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
194. Silicon Valley bilre	n.	a person who has a net worth of at leas one billion dollars
195. follow his recions	n.	an official suggestion that something is good or suitable for a particular purpose or job

ANSWERS: 186. thesis, 187. wan, 188. empathy, 189. adequate, 190. activism, 191. malaria, 192. unsettle, 193. kidney, 194. billionaire, 195. recommendation

196. bas for calculation	n.	the most important facts, ideas, or events from which something is developed; the way how things are organized or arranged
197. sty increase	adj.	firmly fixed, supported, or balanced; not shaking or moving
198. etI quarreling	adj.	being without beginning or end; lasting forever
199. main good health	<i>v</i> .	to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
200. ree a message	ν.	to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
201. tor in nappy	n.	a young child who has recently learned to walk
202. prt the future	ν.	to state beforehand that something will happen in the future, mainly based on knowledge or experience
203. injury in a car acnt	n.	an unfortunate event, especially one causing damage or injury
204. a hat hk	n.	a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook
205. guarantee rele delivery	adj.	worthy of being relied on; trustworthy
206. take a sty job	adj.	firmly fixed, supported, or balanced; not shaking or moving

ANSWERS: 196. basis, 197. steady, 198. eternal, 199. maintain, 200. relate, 201. toddler, 202. predict, 203. accident, 204. hook, 205. reliable, 206. steady

207. the cror's claims	n.	a person, company, etc. to whom a debtor owes money
208. sue a plane crash	<i>v</i> .	to live or exist despite a dangerous event or period
209. an active tor	n.	a young child who has recently learned to walk
210. rer approval ratings	v.	to return to a former condition, health, mind, or strength
211. este a fair value	<i>v</i> .	to guess or calculate the cost, size, value, etc. of something
212. a short vaon	n.	a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
213. without iny	n.	harm done to a person's or an animal's body caused by an accident or an attack
214. a brd mind	adj.	very wide; general
215. acts of alsm	n.	the belief or practice of disinterested and selfless concern for the well-being of others; unselfish devotion to the welfare of others often expressed as acts of kindness or charity
216. eventually per out	<i>v</i> .	to fail or lose power, efficiency, or value gradually before coming to an end
217. the perve of the battle	n.	a confident attitude toward something; a particular style of thinking about something

ANSWERS: 207. creditor, 208. survive, 209. toddler, 210. recover, 211. estimate, 212. vacation, 213. injury, 214. broad, 215. altruism, 216. peter, 217. perspective

218. unnry expense	adj.	not needed or required; not essential or important
219. exton prevention	n.	the complete disappearance of a species from the earth
220. mol burden	adj.	concerned with the principles of what is right and wrong, fairness, honesty, etc.
221. a perve view	n.	a confident attitude toward something; a particular style of thinking about something
222. rend a hospitalization	v.	to suggest that someone or something would be a suitable fit for a particular purpose or role
223. engineering undate	n.	a student who is studying for their first degree at a university or other higher education institution
224. enge a sense of affinity	v.	to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
225. ple my fidelity	v.	to make a formal promise to give or do something
226. carry a bun	n.	a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
227. prt when she will arrive	v.	to state beforehand that something will happen in the future, mainly based on knowledge or experience

ANSWERS: 218. unnecessary, 219. extinction, 220. moral, 221. perspective, 222. recommend, 223. undergraduate, 224. encourage, 225. pledge, 226. burden, 227. predict

228. ince a child's future	n.	the ability to affect someone's or something's character, growth, or behavior, or the effect itself
229. fouon course	n.	the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes
230. evely become obsolete	adv.	finally, particularly after a long time or a lot of struggle, complications, and so on
231. undly successful	adv.	without a doubt; certainly; definitely
232. have no rece	n.	the state or degree of being closely connected or appropriate to the matter at hand
233. boost my self-esm	n.	great respect and approval for or a good opinion of someone
234. retnt from politics	n.	the fact or act of stopping working and leaving one's job
235. D_n Giovanni	n.	a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
236. the cycle of poy	n.	the condition of being extremely poor
237. ovme all difficulties	<i>v</i> .	to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone

ANSWERS: 228. influence, 229. foundation, 230. eventually, 231. undoubtedly, 232. relevance, 233. esteem, 234. retirement, 235. Don, 236. poverty, 237. overcome

238. enge antisocial behavior	ν.	to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
239. fie act	n.	the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
240. trIl workout	n.	a piece of exercise equipment consisting of a moving belt on which the user walks, jogs, or runs in place; a monotonous, repetitive task or activity that feels like it is going nowhere, much like a person walking on a treadmill
241. ine a high degree of risk	v.	to include or affect someone or something as a necessary part of something else
242. rend reading	v.	to suggest that someone or something would be a suitable fit for a particular purpose or role
243. group of paby	n.	people who are walking past a particular place often used to refer to a group of people or an undefined number of individuals
244. gre at the sad news	v.	to feel or show great sadness or sorrow, especially for someone who has died
245. neI colors	adj.	not helping or assisting either side in a conflict, argument, etc.

ANSWERS: 238. encourage, 239. finance, 240. treadmill, 241. involve, 242. recommend, 243. passersby, 244. grieve, 245. neutral

246. western phihy	n.	the study of general and fundamental questions, such as those about existence, reason, knowledge, values, mind
247. anus house	adj.	having no known name, identity, or known source
248. undly talented	adv.	without a doubt; certainly; definitely
249. hec motivation	adj.	characterized by, relating to, or focused on pleasure, enjoyment, or the pursuit of gratification; referring to the pursuit of happiness or avoidance of pain as the chief motivator of human action
250. caled bankruptcy	adj.	done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
251. resle for a customer service	adj.	answerable or accountable for something within one's power, control, or management
252. coe a large of alcohol	<i>v</i> .	to spend something, especially fuel, energy, or time, in a large amount
253. the Great Depon	n.	a mental condition in which a person feels very unhappy and without hope fo the future; a severe recession in an economy or market
254. brink of exton	n.	the complete disappearance of a species from the earth
255. coe head-on	<i>v</i> .	to hit something violently when moving

ANSWERS: 246. philosophy, 247. anonymous, 248. undoubtedly, 249. hedonic, 250. calculated, 251. responsible, 252. consume, 253. depression, 254. extinction, 255. collide

256. gr___e for loss

v. to feel or show great sadness or sorrow, especially for someone who has died

ANSWERS: 256. grieve

Session 3: Fill in the Blanks

1. She received several calls. adj. having no known name, identity, or known source
 The surgeon removed the healthy from the donor. either of a pair of small organs in the body that filter waste products, especially urea, from the blood and excrete them and water in urine
3. Do you have a plan for a long
 a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
4. The wealthy philanthropist was known as an individual who donated generously to many charities.
n. a person who has an unselfish or selfless concern for the welfare of others; a person who values the well-being of others over their interests or desires
5. The company's hiring criteria emphasize personality, not a person's
n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
6. This nationwide strike may the country's economy.
v. to make somebody feel anxious or upset, especially because of an unstable o problematic situation
7. The corporation dominated the entire tobacco business.
adv. finally, particularly after a long time or a lot of struggle, complications, and so on
ANSWERS: 1. anonymous, 2. kidney, 3. vacation?, 4. altruistic, 5. background, 6. unsettle, 7. eventually

Vocab-Builder Ref from "Peter Singer: The why and how of effective altruism | TED Talk" (128 words)

ANSWERS: 15. fulfilled, 16. maimed, 17. amazing, 18. maintain, 19. involves, 20. retirement, 21. boulder, 22. mathematics

23. H	unters use a whistle that makes the sound to lure stags.
	a mature female of mammals of which the male is called a buck, such as a deer or a rabbit
24. To	expand the company, we must new human resources.
	to hit someone or something quickly, gently, and often repeatedly; to use existing resources, such as energy, knowledge, etc.
25. Th	ne patient's vital signs are indicating a stable condition.
adj. f	firmly fixed, supported, or balanced; not shaking or moving
26. Hi	is complexion showed that he was feeling very ill.
adj.	looking pale or sickly; lacking vitality or energy
27. Th	ne of the dancers on stage was graceful and elegant.
n. 8	a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
28. Tł	ne busy street was filled with hurrying to their destinations.
-	people who are walking past a particular place often used to refer to a group of people or an undefined number of individuals
29. Tł	ne class was composed of both and graduate students.
	a student who is studying for their first degree at a university or other higher education institution
30. Sł	he was a student of a prestigious university.
	having received a degree from a school, college, or university; marked with or divided into levels or degrees
	VERS: 23. doe, 24. tap, 25. steady, 26. wan, 27. movement, 28. passersby, 29 graduate, 30. graduated

31.	Pakistan's budget was still being reviewed.
n.	things sent to help countries in need, notably food or money; support
32.	They were able to purchase their dream home with a from the bank.
n.	a loan secured by the collateral of a specific property, such as a house, that is repaid over a set period of time with interest; the legal agreement governing this loan
33.	The doctor diagnosed him with a rare that had no known cure.
n.	a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
34.	His on the effects of climate change won several awards.
n.	a written essay, especially one submitted for a university degree, that sets out the author's findings on a particular subject
35.	The older man from arthritis and finds it difficult to move around.
v.	to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
36.	The hiker through the dense forest, chopping his way with a machete.
<i>v</i> .	to walk or march slowly and heavily, typically due to exhaustion, difficulty, or reluctance; to move with effort or laboriously
37.	He was pretty to pass the exam.
adj	having good luck or lucky
38.	They customers with a premium for loyal patronage.
v.	to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
	SWERS: 31. aid, 32. mortgage, 33. disease, 34. thesis, 35. suffers, 36. trudged, fortunate, 38. encouraged

ANSWERS: 39. accident, 40. recipient, 41. lifetime, 42. surgery, 43. graphic, 44 decide, 45. creditor, 46. esteem

ANSWERS: 47. shalt, 48. malaria, 49. cheated, 50. pounds, 51. hedonic, 52. concluded, 53. portray, 54. toddler

57. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.

adj. answerable or accountable for something within one's power, control, or management

58. The body of his car has a ____ finish.

adj. having a surface without a shine, luster; non-glossy

59. The _____ of getting the disease will drastically increase.

n. a chance that something may happen or be true

60. The _____ of the dinosaurs is thought to have been caused by an asteroid impact.

n. the complete disappearance of a species from the earth

61. Mercury is the closest _____ to the sun.

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

62. The _____ of the building was cracked and needed to be repaired.

n. the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes

ANSWERS: 55. alarm, 56. Empathy, 57. responsible, 58. matte, 59. possibility, 60. extinction, 61. planet, 62. foundation

treadmill, 69. calculated, 70. perspective

71.	Many studies have investigated the relationship betweenachievement.	and academic
n.	the condition of being extremely poor	
72. n.	He was, by nature, a cyber a person who is very interested in and knowledgeable about a pa	articular
	subject such as computers, mathematics, chess, etc.	
73.	When making arrests, police officers frequently excessive	force.
ν.	to give somebody a job and pay them for it; to make use of	
74.	The government was for its handling of the crisis.	
ν.	to express strong disapproval or criticism of something	
75.	His class will cover an introduction to agricultural	
n.	the branch of social science that deals with the production, constransfer of goods and services	umption, and
76.	This argument is still not	
adj	i. enough, acceptable, satisfactory for a particular purpose or need	I
77.	He left his wife an fortune.	
adj	i. extremely large or great	
78.	The extra steps in the process were deemed and restreamline production.	moved to
adj	i. not needed or required; not essential or important	
79.	She was nearly due to severe diabetes.	
adj	 unable to see; unable or unwilling to perceive or understand the something 	true nature of
	SWERS: 71. poverty, 72. nerd, 73. employ, 74. condemned, 75. ecequate, 77. immense, 78. unnecessary, 79. blind	conomics, 76.

80.	Our company decided to hire an advisor who specializes in
n.	the management of money, credit, banking, and investments, especially by a government or commercial organization; the branch of economics that studies the management of money and other assets
81.	My accidental got better right away.
n.	harm done to a person's or an animal's body caused by an accident or an attack
82.	The interests of the two countries
v.	to hit something violently when moving
83.	We the season's total trade deficit at \$50 billion.
<i>v</i> .	to guess or calculate the cost, size, value, etc. of something
84.	He tried to a bad reputation and win the election.
v.	to succeed in controlling or dealing with something, such as a problem or difficulty; to defeat or overwhelm someone
85.	The of this information to the current situation needs to be investigated.
n.	the state or degree of being closely connected or appropriate to the matter at hand
86.	That car has a low environmental
n.	a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
87.	The World Health Organization has launched a global campaign to eliminate by 2020.
n.	an infectious eye disease caused by bacteria, characterized by inflammation, irritation, and scarring of the eye tissues and, if left untreated, can lead to blindness
	SWERS: 80. finance, 81. injury, 82. collide, 83. estimated, 84. overcome, 85. evance, 86. burden, 87. trachoma

ANSWERS: 88. intelligence, 89. embarrass, 90. grieved, 91. academic, 92. relate, 93. billionaire, 94. neutral, 95. solid-state, 96. broad

ANSWERS: 97. pledge, 98. quintuple, 99. moral, 100. recommend, 101. eternal, 102. asteroid, 103. toll, 104. inflicted

105 H	e is the kind of who only works for his success.
	someone who has the same job or interests as you, or is in the same class,
	profession, or situation as you
106 T	he man hefere eneming the deer
	he man before opening the door.
v. to	o take a short break from talking or doing something before continuing
107. TI	his evidence will form the for our discussion.
	he most important facts, ideas, or events from which something is developed; he way how things are organized or arranged
108. TI	he soccer player was able to the ball away from the goal.
	o cause something, especially a criticism or attack, to be directed away from someone
109	symptoms might include a decrease in appetite and weight loss.
	mental condition in which a person feels very unhappy and without hope for he future; a severe recession in an economy or market
110. TI	he music just out.
v. to	o fail or lose power, efficiency, or value gradually before coming to an end
111. S	he volunteers at a local every weekend to help those in need.
	an organization that helps people in need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people
112. S	he is still from a shot to her shoulder.
v. to	o return to a former condition, health, mind, or strength
	/ERS: 105. fellow, 106. paused, 107. basis, 108. deflect, 109. Depression, 110. d, 111. charity, 112. recovering

ANSWERS: 113. combine, 114. mentioned, 115. altruism, 116. chain, 117. rolled, 118. Don, 119. ethics, 120. influence

121. v.	It's notoriously challenging to birth rates. to state beforehand that something will happen in the future, mainly based on knowledge or experience
	The singer's talent is one of the greatest in the music industry without a doubt; certainly; definitely
	I will work hard to my goals and realize my dreams. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
	Dual is prohibited in specific nations but not in others. the legal status or right of belonging to a particular country
	Trains are inexpensive, and ideal for long-distance travel. worthy of being relied on; trustworthy
126.	He down behind the bushes to avoid being seen.
<i>v</i> .	to put your body close to the ground, especially as a way of avoiding being seen
127.	These birds can only in temperate climates.
v.	to live or exist despite a dangerous event or period
128.	Despite his many achievements, he remained and down-to-earth.
adj.	having or showing a humble estimate of one's merits, importance, etc.; free from vanity, egotism, boastfulness, or great pretensions
	WERS: 121. predict, 122. undoubtedly, 123. achieve, 124. nationality, 125. ble, 126. crouched, 127. survive, 128. modest