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Vocabulary Builder Reference from...

Stefan Larsson: What doctors can learn from each other | TED Talk

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All Words

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Session 1: Word List

sabbatical

n. a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions

synonym: leave, vacation, break

(1) **sabbatical** leave, (2) **sabbatical** year

After ten years of teaching, she took a **sabbatical** to travel the world.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym: client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

consultant

n. a person who provides professional or expert advice

synonym: expert, advisor, specialist

(1) **consultant** firm, (2) chief **consultant**

We hired a management **consultant** to help us improve our business strategy.

discuss

v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

synonym: talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym: confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

cynical

adj. believing that people are motivated by self-interest; distrustful of human sincerity or integrity

synonym: skeptical, mistrustful, doubtful

(1) **cynical** remarks, (2) **cynical** worldview

He was very **cynical** and didn't believe anything anyone said unless he saw evidence for himself.

disengage

v. to withdraw or separate oneself from a situation or relationship

synonym: withdraw, separate, detach

(1) **disengage** the clutch, (2) **disengage** socially

He **disengaged** from the conversation and walked away.

distance

n. the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance

synonym: space, gap, span

(1) driving **distance**, (2) social **distance**

The marathon runner covered a long **distance** in a short amount of time.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym: depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

healthcare

n. the organized activity or business of preserving mental and physical health by preventing or treating illness

through services offered by the health profession
(1) **healthcare** agency, (2) rising **healthcare** cost
In an aging population, citizens must pay more to maintain quality **healthcare**.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

reform

n. the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem

synonym: change, modify, improve

(1) economic **reform**, (2) **reform** movement

The government is proposing a **reform** to the healthcare system to make it more accessible and affordable for all citizens.

aim

v. to try or plan to get or achieve something

synonym: aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse

We **aim** for an overseas expansion.

surgery

n. medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures

synonym: operation, (medical) procedure

(1) cardiac **surgery**, (2) the professor of **surgery**

He had undergone heart **surgery** years before.

reimburse

v. to pay someone back for money that they have spent
synonym: compensate, repay, refund

(1) **reimburse** expenses, (2) **reimburse** money

The insurance company will **reimburse** the cost of the damage caused by the storm.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym: healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

extent

n. the point or degree or area to which something extends

synonym: amount, degree, intensity

(1) certain **extent**, (2) the **extent** of the damage

I was amazed at the **extent** of her generosity.

government

n. the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

lab

n. a workplace for the conduct of scientific research; a laboratory

synonym: workshop, laboratory, research chamber

(1) **lab** instrument, (2) medical **lab**

The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

frail

adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

synonym: weak, delicate, fragile

(1) **frail** body, (2) **frail** condition

My grandfather's health has declined, and he is now quite **frail**.

degree

n. a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment

synonym: level, qualification, diploma

(1) bachelor's **degree**, (2) **degree** centigrade

She received her **degree** in psychology from the university.

physician

n. a medical doctor who practices medicine

synonym: doctor, practitioner, medic

(1) the advice of the **physician**, (2) consult with a **physician**

She visited the local **physician** to seek treatment for her persistent headache.

ultimate

adj. furthest or highest in degree or order

synonym: highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury

Management must take **ultimate** responsibility for the accident.

liberty

n. the state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views

synonym: freedom, autonomy, independence

(1) personal **liberty**, (2) **liberty** as a right

The founding fathers fought for the **liberty** of the American

people.

frustrate

v. to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

synonym: hinder, thwart, dishearten

(1) **frustrate** the advancement, (2) **frustrate** other team members

The coach explained a strategy to **frustrate** the opponent's schemes to the players.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

improvisation

n. the act of making something up on the spot or creating or performing something without preparation

synonym: spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**

He created a beautiful piece of music using only **improvisation**.

affordable

adj. not expensive and able to pay

synonym: cheap, reasonable, inexpensive

(1) **affordable** housing, (2) **affordable** solution

The automaker has been providing **affordable** car financing options since last year.

outcome

n. the result or effect of an action, event, etc.

synonym: result, consequence, effect

(1) improved student **outcomes**, (2) a desirable **outcome**

They awaited news of the **outcome** of the election.

relative

adj. considered and evaluated through comparison with something else

synonym : comparative, proximate, congeneric

(1) a remote **relative**, (2) **relative** factors

Most countries prohibit sexual activity between certain close **relatives**.

in-law

n. a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law

synonym : relative by marriage, family connection, affinal

(1) future **in-law**, (2) meeting **in-laws**

My sister- **in-law** is a pediatrician who works in a children's hospital.

surround

v. to be all around something or somebody

synonym : encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace

On three sides, mountains **surround** the settlement.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym : choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

fascinate

v. to attract and hold the attention of someone deeply and irresistibly

synonym : captivate, intrigue, mesmerize

(1) **fascinate** the public, (2) **fascinate** the young

The magic tricks **fascinated** the children.

variation

n. the act or state of changing; a difference or change in the way something is done, made or said

synonym : fluctuation, change, variation

(1) **variation** of temperature, (2) gene **variation**

There is a lot of **variation** in the colors of flowers in the garden.

vast

adj. enormous in size, number, amount, or quantity

synonym: expansive, extended, boundless

(1) **vast** majority, (2) **vast** desert

A **vast** audience viewed the broadcast.

dramatic

adj. very sudden, very excellent, or full of action and excitement

synonym: striking, theatrical, breathtaking

(1) make **dramatic** changes, (2) a **dramatic** rescue at sea

The statement had a **dramatic** impact on house prices.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

prostate

n. a small gland located near the bladder (= an organ located in the lower abdomen) in males that produces fluid that becomes part of semen

synonym: gland, bladder

(1) **prostate** surgery, (2) enlarged **prostate**

Men over the age of 50 are at a higher risk for **prostate** cancer.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym: tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

reputed

adj. widely believed to be a certain way or to have a certain quality, without necessarily being proven or confirmed; having a certain reputation or status based on hearsay or common belief

synonym : alleged, supposed, rumored

(1) **reputed** company, (2) **reputed** author

He was a **reputed** expert in his field, known for his groundbreaking research.

incontinent

adj. lacking control over bodily functions, particularly regarding bladder or bowel movements; unable to control or restrain oneself, often in terms of expressing emotions or desires

synonym : uncontrollable, involuntary

(1) **incontinent** individuals, (2) **incontinent** elderly

The nursing staff used special absorbent pads for **incontinent** patients to keep them dry and comfortable.

diaper

n. a soft, absorbent piece of material worn by babies and young children around their waist and between their legs to catch urine and feces

synonym : napkin, nappy

(1) **diaper** bag, (2) cloth **diaper**

I need to buy a pack of **diapers** for my baby before we run out.

flip

v. to turn over into a different position quickly; to throw or toss with a light motion

synonym : throw, jump

(1) **flip** over the pork chop, (2) **flip** a coin

He **flipped** when he heard that he had been accepted into the university.

clinic

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym : hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**
She holds a **clinic** on Tuesday mornings.

threefold

adj. three times as great or as many

synonym: three, triple, three times

(1) rise nearly **threefold**, (2) **threefold** increase

The price of the item was reduced **threefold** after the sale.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

lottery

n. a game of chance in which a large number of people buy tickets or chances to win a prize, with the winner(s) determined by a random drawing

synonym: raffle, sweepstakes, drawing

(1) national **lottery**, (2) scratch-off **lottery**

The odds of winning the **lottery** are extremely low, but millions still buy tickets hoping to hit the jackpot.

orthopedic

adj. relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments

synonym: skeletal, musculoskeletal, bone-related

(1) **orthopedic** shoes, (2) **orthopedic** clinic

The athlete visited the **orthopedic** surgeon to have her injured knee examined and treated.

surgeon

n. a doctor who is trained to perform medical operations that involve cutting open a person's body

synonym: sawbones, doctor

(1) an excellent brain **surgeon**, (2) army **surgeon**

He is a skilled **surgeon** that has many years of training and experience.

procedure

n. a way of doing something, especially the official or well-known way

synonym: action, approach, course

(1) undergo a surgical **procedure**, (2) standard **procedure**

The pilot and flight attendant ran through the check-out **procedure**.

slide

v. to move or cause to move smoothly along a surface without interruption

synonym: glide, drift, drop

(1) **slide** a card across the table, (2) **slide** a glance

If necessary, you can **slide** the front seats forward.

individual

n. a single person or thing, as distinct from a group

synonym: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

argue

v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

synonym: debate, dispute, quarrel

(1) **argue** a case, (2) **argue** passionately

The couple began to **argue** over which restaurant to go to for dinner.

technique

n. a particular way or art of doing something that needs skill

synonym: approach, procedure, strategy

(1) a **technique** in martial arts, (2) the **technique** applied to construction

Jockey's superior **technique** brought him victory.

debate

n. a formal discussion or argument of opposing viewpoints, often to persuade others to adopt a specific position; a public discussion, often on an issue of current interest, in which participants offer opinions and differing perspectives

synonym : argument, discussion, dispute

(1) **debate** topic, (2) **debate** competition

The **debate** over climate change continues to be a hot topic in politics.

cement

v. make fast as if with cement; (noun) a building material that is a powder made of a mixture of calcined limestone and clay, used with water, sand, and small stones to make concrete

synonym : adhesive, glue

(1) **cement** a close relationship, (2) **cement** blend

They are eager to **cement** a positive reputation.

shaft

n. a long, narrow part or section of an arrow, hammer, golf club, etc.; a long, narrow passage consisting of the vertical part of a column

synonym : beam, pole, gleam

(1) the **shaft** of an arrow, (2) front drive **shaft**

The rescue team rushed into the mine **shaft**.

operate

v. to work in a particular way; to supervise something

synonym : work, use, employ

(1) **operate** 24 hours a day, (2) manually **operate** a machine

This machine is too difficult to **operate** for me.

lifetime

n. the duration of someone's life or something's existence;

synonym : lifespan, duration

(1) **lifetime** benefits, (2) **lifetime** ban from the sport

She had lived through two world wars in her **lifetime**.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

clinical

adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

synonym: dispassionate, analytic, scientific

(1) **clinical** surgery, (2) participate in **clinical** trials

She received special **clinical** training at the hospital.

league

n. an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters

synonym: association, organization, alliance

(1) **league** championship, (2) a baseball **league**

He was recruited to play in the professional **league**.

continuous

adj. occurring or existing without a pause or interruption

synonym: ceaseless, regular, repeated

(1) **continuous** improvement, (2) a **continuous** row of warehouses

The heavy snow has been **continuous** since last morning.

improve

v. to make or become better

synonym: enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

principle

n. a fundamental law or truth that explains or controls how something happens or works

synonym: rule, creed, code

(1) **principle** of treatment, (2) **principle** in business

Efficiency isn't an essential **principle** here; fairness is.

exciting

adj. causing a lot of interest or excitement

synonym: exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

equation

n. the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign

(1) the **equation** of poverty with ignorance, (2) a chemical **equation**

In this class, you will learn how to solve quadratic **equations**.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

unnecessary

adj. not needed or required; not essential or important

synonym: redundant, extra, superfluous

(1) **unnecessary** expense, (2) **unnecessary** hassle

The extra steps in the process were deemed **unnecessary** and removed to streamline production.

fantastic

adj. extremely good; excellent

synonym: incredible, unbelievable, marvelous

(1) a **fantastic** dress, (2) absolutely **fantastic** event

The new amusement park ride was **fantastic**, with twists, turns, and drops that left riders screaming with excitement.

paradigm

n. a standard or typical example of something; a pattern or model

synonym: example, standard, epitome

(1) major **paradigm** shift, (2) cultural **paradigm**

He postulated a completely different **paradigm** to explain all

these phenomena.

shift

n. a slight transition in position, direction, or trend

synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

competitive

adj. involving competition or competitiveness

synonym: aggressive, ambitious, militant

(1) a **competitive** price, (2) **competitive** position

The mobile application industry is a **competitive** one.

characteristic

n. a typical feature or quality that can identify, tell apart, or describe something or somebody

synonym: feature, quality, attribute

(1) stripes **characteristic** of the zebra, (2) my friend's **characteristic** laugh

Bananas have their **characteristic** taste and odor.

thrive

v. to grow vigorously; to make steady progress

synonym: bloom, flourish, prosper

(1) **thrive** in a society, (2) **thrive** on pressure

Without investment, a business cannot **thrive**.

peer

n. a person who has the same age, status, or ability

synonym: fellow, associate, counterpart

(1) **peer** group, (2) **peer** review

Among young people, **peer** pressure can be pretty influential.

recognition

n. the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal

synonym: acknowledgement, identification, credit

(1) **recognition** award, (2) joint **recognition**

He was given **recognition** for his outstanding work in the field of medicine.

cardiologist

n. a medical doctor who specializes in the study and treatment of the heart and the circulatory system

synonym: heart doctor, heart specialist, cardiac specialist

(1) **cardiologist** appointment, (2) skilled **cardiologist**

My grandfather is seeing a **cardiologist** to monitor his heart condition.

compete

v. to strive to achieve more success than someone or something

synonym: contend, contest, vie

(1) **compete** against a friend, (2) **compete** fiercely

You must **compete** with others to obtain this position.

discus

n. a heavy, flat round object that is thrown in athletic competitions, consisting of a central hub with a raised rim and a metal or wooden plate attached to the edge, which is thrown by spinning rapidly and releasing it from the hand

synonym: disc, saucer, plate

(1) Olympic **discus**, (2) **discus** event

The athlete's personal best in the **discus** throw earned her a spot on the national team.

transparency

n. the condition or quality of being easy to see through

synonym: clearness, clarity, translucence

(1) lack of **transparency**, (2) **transparency** during the trials

The main discussion topic is government **transparency**.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

academic

adj. associated with schools, colleges, and universities, especially studying and thinking, not with practical skills

synonym : educational, scholarly, theoretical

(1) **academic** probation, (2) an **academic** discussion

An excellent historian must possess an **academic** mentality.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym : formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

institute

n. an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

synonym : academy, university, college

(1) **institute** a lawsuit, (2) research **institutes**

This region has many **institutes** offering higher education.

sneeze

v. to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants

synonym : exhale, whiff, blow

(1) **sneeze** into my hand, (2) **sneeze** loudly

Whenever I get a cold, I tend to **sneeze** a lot.

acronym

n. a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)

synonym : abbreviation, initialism, shortcut

(1) **acronym** definition, (2) use an **acronym**

RADAR is an **acronym** for radio detection and ranging.

consortium

n. a group or association of individuals, organizations, or businesses that come together for a common purpose or goal

synonym : partnership, association, alliance

(1) **consortium** agreement, (2) academic **consortium**

The **consortium** of companies pooled their resources to fund the project.

measurement

n. the act or process of finding something's size, quantity, or degree

synonym : calculation, dimensions, size

(1) chest **measurement**, (2) a precise **measurement**

The **measurement** error of this industrial machine is less than one micrometer.

cataract

n. a clouding of the lens in the eye that affects vision; a large waterfall

synonym : clouding, blurriness, waterfall

(1) the thunder of a **cataract**, (2) **cataract** lens

The older man had a **cataract** removed from his eye, which improved his vision significantly.

corona

n. a crown-shaped structure, often referring to the outermost layer of the Sun's atmosphere; a family of viruses known as coronaviruses; a halo or aura around a celestial body; a circular pattern or shape

synonym : crown, halo, circle

(1) **corona** layer, (2) **corona** outbreak

The **corona** virus has caused a global pandemic.

artery

n. one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.

synonym : blood vessel, channel, roadway

(1) **artery** blockage, (2) risk of coronary **artery** disease

Continuous consumption of fatty foods leads to the hardening of the **artery**.

instance

n. a particular example or single occurrence of something
synonym: example, sample, illustration

(1) for **instance**, (2) notable **instance**

These articles cite five **instances** of climate change.

burden

n. a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry

synonym: obligation, duty, load

(1) carry a **burden**, (2) **burden** of disease

That car has a low environmental **burden**.

workshop

n. a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group

synonym: studio, laboratory, atelier

(1) **workshop** attendee, (2) carpentry **workshop**

The artist held a **workshop** to teach students how to paint with watercolors.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym: sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

leukemia

n. a type of cancer that affects the blood and bone marrow, in which abnormal white blood cells are produced and grow uncontrollably

synonym: blood cancer

(1) childhood **leukemia**, (2) acute **leukemia**

The symptoms of **leukemia** may include fatigue, weakness, and fever.

efficiently

adv. in a way that produces maximum output with minimum effort or expense

synonym: expeditiously, skillfully, ably

(1) **efficiently** combined, (2) develop software more **efficiently**

We can resolve support requests quickly and **efficiently** by utilization of AI.

enormous

adj. extremely large or great

synonym: huge, giant, gigantic

(1) **enormous** amount, (2) **enormous** potential

Shakespeare's output of poetry was **enormous**.

enthusiasm

n. a strong feeling of excitement and interest in a particular subject or cause and an eagerness to become involved in it

synonym: eagerness, zeal, willingness

(1) unflagging **enthusiasm**, (2) lose **enthusiasm**

We are tackling the development for updates with **enthusiasm**.

chairperson

n. the officer who presides over organization meetings

synonym: director, head, leader

(1) vice **chairperson**, (2) the meeting elected a **chairperson**

The **chairperson** has the authority to approve or deny any request.

depart

v. to go away or leave, especially to start a journey

synonym: go away, leave, vacate

(1) arrive and **depart** on time, (2) **depart** from the faith

We **departed** before the temperature fell below zero.

clench

v. to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress

synonym: grasp, clasp, tighten

(1) **clench** teeth, (2) **clench** muscles

He **clenched** his fist in anger when he heard the bad news.

fist

n. a hand with the fingers clenched tightly into the palm to form a hard rounded shape; an act of striking someone or something with the fist

synonym: clenched hand, knuckles, mitt

(1) tight **fist**, (2) raise a **fist**

The boxer clenched his **fist** before throwing a punch.

revolution

n. a large-scale attempt to overthrow the government of a country, often using violence or war;

synonym: coup, innovation, rebellion

(1) beginning of the industrial **revolution**, (2) a political **revolution**

The **revolution** by the citizen resulted in a redistribution of wealth.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religion

synonym: confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal

The public is **convinced** that the prime minister has committed fraud.

modern

adj. of or belonging to the present time or recent times

synonym: contemporary, stylish, current

(1) **modern** poetry, (2) pre- **modern** agricultural society

Their headquarters are in a **modern** skyscraper.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

grave

- n.* a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature

synonym: tomb, crypt, sepulcher

(1) **grave** an image, (2) **grave** mistake

Many innocent civilians were killed and buried in mass **graves** outside the city during the war.

Session 2: Spelling

1. research in _____tes
n. an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
2. beginning of the industrial rev _____on
n. a large-scale attempt to overthrow the government of a country, often using violence or war;
3. inc _____nt elderly
adj. lacking control over bodily functions, particularly regarding bladder or bowel movements; unable to control or restrain oneself, often in terms of expressing emotions or desires
4. skilled car _____ist
n. a medical doctor who specializes in the study and treatment of the heart and the circulatory system
5. a desirable ou _____e
n. the result or effect of an action, event, etc.
6. traditional me _____al
adj. of or relating to the treatment or cure of disease
7. official sta _____cs
n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
8. medical l _____b
n. a workplace for the conduct of scientific research; a laboratory
9. im _____e the test score
v. to make or become better

ANSWERS: 1. institute, 2. revolution, 3. incontinent, 4. cardiologist, 5. outcome, 6. medicinal, 7. statistics, 8. lab, 9. improve

- | | |
|------------------------------|--|
| 10. l_b instrument | <i>n.</i> a workplace for the conduct of scientific research; a laboratory |
| 11. unn_____ry hassle | <i>adj.</i> not needed or required; not essential or important |
| 12. sl__e a glance | <i>v.</i> to move or cause to move smoothly along a surface without interruption |
| 13. ac_____ic probation | <i>adj.</i> associated with schools, colleges, and universities, especially studying and thinking, not with practical skills |
| 14. wo_____op attendee | <i>n.</i> a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group |
| 15. bachelor's de____e | <i>n.</i> a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment |
| 16. jazz imp_____ion | <i>n.</i> the act of making something up on the spot or creating or performing something without preparation |
| 17. co_____al swimming pool | <i>adj.</i> belonging to or used by a group rather than individuals; for common use |
| 18. p__r review | <i>n.</i> a person who has the same age, status, or ability |
| 19. a_m at a specific target | <i>v.</i> to try or plan to get or achieve something |
| 20. ca____r diagnosis | <i>n.</i> abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells |

ANSWERS: 10. lab, 11. unnecessary, 12. slide, 13. academic, 14. workshop, 15. degree, 16. improvisation, 17. communal, 18. peer, 19. aim, 20. cancer

21. p__r group *n.* a person who has the same age, status, or ability
22. ort_____ic shoes *adj.* relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments
23. notable in_____ce *n.* a particular example or single occurrence of something
24. ca_____ct lens *n.* a clouding of the lens in the eye that affects vision; a large waterfall
25. chief con_____nt *n.* a person who provides professional or expert advice
26. ar__e passionately *v.* to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
27. di_____s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
28. a prodigious vi____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
29. the advice of the ph_____an *n.* a medical doctor who practices medicine
30. a dental cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition

ANSWERS: 21. peer, 22. orthopedic, 23. instance, 24. cataract, 25. consultant, 26. argue, 27. discuss, 28. vision, 29. physician, 30. clinic

31. ce___t a close relationship *v.* make fast as if with cement; (noun) a building material that is a powder made of a mixture of calcined limestone and clay, used with water, sand, and small stones to make concrete
32. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
33. a chemical eq_____on *n.* the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign
34. su_____nd a town *v.* to be all around something or somebody
35. sn___e into my hand *v.* to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants
36. gene va_____on *n.* the act or state of changing; a difference or change in the way something is done, made or said
37. co___a outbreak *n.* a crown-shaped structure, often referring to the outermost layer of the Sun's atmosphere; a family of viruses known as coronaviruses; a halo or aura around a celestial body; a circular pattern or shape

ANSWERS: 31. cement, 32. decision, 33. equation, 34. surround, 35. sneeze, 36. variation, 37. corona

38. di___s event *n.* a heavy, flat round object that is thrown in athletic competitions, consisting of a central hub with a raised rim and a metal or wooden plate attached to the edge, which is thrown by spinning rapidly and releasing it from the hand
39. stripes cha_____tic of the zebra *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
40. the ex___t of the damage *n.* the point or degree or area to which something extends
41. manually op_____e a machine *v.* to work in a particular way; to supervise something
42. future in___w *n.* a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law
43. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
44. academic con_____um *n.* a group or association of individuals, organizations, or businesses that come together for a common purpose or goal
45. certain ex___t *n.* the point or degree or area to which something extends
46. in_____te a lawsuit *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

ANSWERS: 38. discuss, 39. characteristic, 40. extent, 41. operate, 42. in-law, 43. decide, 44. consortium, 45. extent, 46. institute

47. major paradigm sh__t *n.* a slight transition in position, direction, or trend
48. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
49. imp_____ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
50. de___e topic *n.* a formal discussion or argument of opposing viewpoints, often to persuade others to adopt a specific position; a public discussion, often on an issue of current interest, in which participants offer opinions and differing perspectives
51. arrive and de___t on time *v.* to go away or leave, especially to start a journey
52. the te_____ue applied to construction *n.* a particular way or art of doing something that needs skill
53. th___e in a society *v.* to grow vigorously; to make steady progress
54. th_____ld increase *adj.* three times as great or as many
55. carry a bu___n *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
56. joint rec_____on *n.* the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal

ANSWERS: 47. shift, 48. medicinal, 49. improvisation, 50. debate, 51. depart, 52. technique, 53. thrive, 54. threefold, 55. burden, 56. recognition

57. ac____m definition *n.* a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)
58. ex____ng football player *adj.* causing a lot of interest or excitement
59. hea_____re agency *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
60. com_____ve position *adj.* involving competition or competitiveness
61. de___e centigrade *n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
62. unflagging ent_____sm *n.* a strong feeling of excitement and interest in a particular subject or cause and an eagerness to become involved in it
63. temporary me_____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
64. f__p a coin *v.* to turn over into a different position quickly; to throw or toss with a light motion
65. en____us potential *adj.* extremely large or great
66. acute le_____ia *n.* a type of cancer that affects the blood and bone marrow, in which abnormal white blood cells are produced and grow uncontrollably

ANSWERS: 57. acronym, 58. exciting, 59. healthcare, 60. competitive, 61. degree, 62. enthusiasm, 63. medical, 64. flip, 65. enormous, 66. leukemia

67. di_____ge socially *v.* to withdraw or separate oneself from a situation or relationship
68. tr_____rm an education system *v.* to change in outward structure or looks;
69. pr_____le in business *n.* a fundamental law or truth that explains or controls how something happens or works
70. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
71. su____r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
72. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
73. a private ind_____al *n.* a single person or thing, as distinct from a group
74. li_____y as a right *n.* the state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views
75. risk of coronary ar____y disease *n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
76. Doppler sh__t *n.* a slight transition in position, direction, or trend
77. an ac_____ic discussion *adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills

ANSWERS: 67. disengage, 68. transform, 69. principle, 70. communal, 71. suffer, 72. colleague, 73. individual, 74. liberty, 75. artery, 76. shift, 77. academic

78. sl__e a card across the table *v.* to move or cause to move smoothly along a surface without interruption
79. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
80. undergo a surgical pr_____re *n.* a way of doing something, especially the official or well-known way
81. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
82. nu__e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
83. fr__l condition *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
84. th___e on pressure *v.* to grow vigorously; to make steady progress
85. en_____us amount *adj.* extremely large or great
86. pa_____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
87. a precise mea_____nt *n.* the act or process of finding something's size, quantity, or degree
88. the thunder of a ca_____ct *n.* a clouding of the lens in the eye that affects vision; a large waterfall

ANSWERS: 78. slide, 79. institutionalize, 80. procedure, 81. medical, 82. nurse, 83. frail, 84. thrive, 85. enormous, 86. patient, 87. measurement, 88. cataract

89. ort_____ic clinic *adj.* relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments
90. chest mea_____nt *n.* the act or process of finding something's size, quantity, or degree
91. car_____ist appointment *n.* a medical doctor who specializes in the study and treatment of the heart and the circulatory system
92. aff_____le housing *adj.* not expensive and able to pay
93. a con_____us row of warehouses *adj.* occurring or existing without a pause or interruption
94. ce___t blend *v.* make fast as if with cement; (noun) a building material that is a powder made of a mixture of calcined limestone and clay, used with water, sand, and small stones to make concrete
95. ac_____e milestones *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
96. ex_____ng news *adj.* causing a lot of interest or excitement
97. Olympic di___s *n.* a heavy, flat round object that is thrown in athletic competitions, consisting of a central hub with a raised rim and a metal or wooden plate attached to the edge, which is thrown by spinning rapidly and releasing it from the hand

ANSWERS: 89. orthopedic, 90. measurement, 91. cardiologist, 92. affordable, 93. continuous, 94. cement, 95. achieve, 96. exciting, 97. discus

98. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
99. fr_____te the advancement *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
100. vice cha_____on *n.* the officer who presides over organization meetings
101. unn_____ry expense *adj.* not needed or required; not essential or important
102. a fa_____ic dress *adj.* extremely good; excellent
103. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
104. li_____me benefits *n.* the duration of someone's life or something's existence;
105. lose ent_____sm *n.* a strong feeling of excitement and interest in a particular subject or cause and an eagerness to become involved in it
106. aff_____le solution *adj.* not expensive and able to pay
107. the mo__o for safe traffic *n.* a phrase or slogan that expresses a guiding principle or goal
108. cloth di___r *n.* a soft, absorbent piece of material worn by babies and young children around their waist and between their legs to catch urine and feces

ANSWERS: 98. decide, 99. frustrate, 100. chairperson, 101. unnecessary, 102. fantastic, 103. struggle, 104. lifetime, 105. enthusiasm, 106. affordable, 107. motto, 108. diaper

109. con_____um agreement *n.* a group or association of individuals, organizations, or businesses that come together for a common purpose or goal
110. a baseball le___e *n.* an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
111. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
112. enlarged pr_____te *n.* a small gland located near the bladder (= an organ located in the lower abdomen) in males that produces fluid that becomes part of semen
113. rec_____on award *n.* the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal
114. co_____ed criminal *adj.* completely certain about something; having a strong belief or conviction in a particular religion
115. pa_____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
116. co___a layer *n.* a crown-shaped structure, often referring to the outermost layer of the Sun's atmosphere; a family of viruses known as coronaviruses; a halo or aura around a celestial body; a circular pattern or shape

ANSWERS: 109. consortium, 110. league, 111. statistics, 112. prostate, 113. recognition, 114. convinced, 115. patient, 116. corona

117. the meeting elected a cha_____on *n.* the officer who presides over organization meetings
118. a te_____ue in martial arts *n.* a particular way or art of doing something that needs skill
119. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
120. re_____d author *adj.* widely believed to be a certain way or to have a certain quality, without necessarily being proven or confirmed; having a certain reputation or status based on hearsay or common belief
121. standard pr_____re *n.* a way of doing something, especially the official or well-known way
122. v__t majority *adj.* enormous in size, number, amount, or quantity
123. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
124. di_____ge the clutch *v.* to withdraw or separate oneself from a situation or relationship
125. le____e championship *n.* an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
126. ac_____e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

ANSWERS: 117. chairperson, 118. technique, 119. government, 120. reputed, 121. procedure, 122. vast, 123. struggle, 124. disengage, 125. league, 126. achieve

127. gr__e mistake *n.* a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature
128. raise a f__t *n.* a hand with the fingers clenched tightly into the palm to form a hard rounded shape; an act of striking someone or something with the fist
129. gov_____nt funding *n.* the group of people with authority to control a country or state
130. childhood le____ia *n.* a type of cancer that affects the blood and bone marrow, in which abnormal white blood cells are produced and grow uncontrollably
131. ind_____al freedom *n.* a single person or thing, as distinct from a group
132. cardiac su____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
133. fr__l body *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

ANSWERS: 127. grave, 128. fist, 129. government, 130. leukemia, 131. individual, 132. surgery, 133. frail

134. participate in cl_____al trials *adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
135. army su_____n *n.* a doctor who is trained to perform medical operations that involve cutting open a person's body
136. a_m to be a nurse *v.* to try or plan to get or achieve something
137. sab_____al leave *n.* a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions
138. en___e in environmental protection activities *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
139. ar___e a case *v.* to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
140. a com_____ve price *adj.* involving competition or competitiveness
141. develop software more eff_____ly *adv.* in a way that produces maximum output with minimum effort or expense
142. tr_____rm heat into power *v.* to change in outward structure or looks;
143. sab_____al year *n.* a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions
144. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 134. clinical, 135. surgeon, 136. aim, 137. sabbatical, 138. engage, 139. argue, 140. competitive, 141. efficiently, 142. transform, 143. sabbatical, 144. disease

145. the ul____te goal in life *adj.* furthest or highest in degree or order
146. re____d company *adj.* widely believed to be a certain way or to have a certain quality, without necessarily being proven or confirmed; having a certain reputation or status based on hearsay or common belief
147. use an ac____m *n.* a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)
148. li____me ban from the sport *n.* the duration of someone's life or something's existence;
149. the professor of su____y *n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
150. tra____ncy during the trials *n.* the condition or quality of being easy to see through
151. co____e against a friend *v.* to strive to achieve more success than someone or something
152. pre-mo____n agricultural society *adj.* of or belonging to the present time or recent times
153. a remote re____ve *adj.* considered and evaluated through comparison with something else
154. for in____ce *n.* a particular example or single occurrence of something

ANSWERS: 145. ultimate, 146. reputed, 147. acronym, 148. lifetime, 149. surgery, 150. transparency, 151. compete, 152. modern, 153. relative, 154. instance

155. carpentry wo____op *n.* a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group
156. di____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
157. di____s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
158. co____ed of the idea *adj.* completely certain about something; having a strong belief or conviction in a particular religion
159. re____ve factors *adj.* considered and evaluated through comparison with something else
160. con____us improvement *adj.* occurring or existing without a pause or interruption
161. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
162. fr____te other team members *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
163. f__p over the pork chop *v.* to turn over into a different position quickly; to throw or toss with a light motion

ANSWERS: 155. workshop, 156. disease, 157. discuss, 158. convinced, 159. relative, 160. continuous, 161. nurse, 162. frustrate, 163. flip

164. pr_____le of treatment *n.* a fundamental law or truth that explains or controls how something happens or works
165. cy_____l remarks *adj.* believing that people are motivated by self-interest; distrustful of human sincerity or integrity
166. eff_____ly combined *adv.* in a way that produces maximum output with minimum effort or expense
167. rising hea_____re cost *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
168. va_____on of temperature *n.* the act or state of changing; a difference or change in the way something is done, made or said
169. front drive sh__t *n.* a long, narrow part or section of an arrow, hammer, golf club, etc.; a long, narrow passage consisting of the vertical part of a column
170. con_____nt firm *n.* a person who provides professional or expert advice
171. de___t from the faith *v.* to go away or leave, especially to start a journey
172. cl___h teeth *v.* to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress
173. major pa_____gm shift *n.* a standard or typical example of something; a pattern or model

ANSWERS: 164. principle, 165. cynical, 166. efficiently, 167. healthcare, 168. variation, 169. shaft, 170. consultant, 171. depart, 172. clench, 173. paradigm

174. consult with a ph_____an *n.* a medical doctor who practices medicine
175. absolutely fa_____ic event *adj.* extremely good; excellent
176. a selfish de_____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
177. inc_____nt individuals *adj.* lacking control over bodily functions, particularly regarding bladder or bowel movements; unable to control or restrain oneself, often in terms of expressing emotions or desires
178. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
179. a political rev_____on *n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
180. re____m movement *n.* the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
181. my friend's cha_____tic laugh *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
182. the characters that re_____nt numbers *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
183. social di_____ce *n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance

ANSWERS: 174. physician, 175. fantastic, 176. decision, 177. incontinent, 178. colleague, 179. revolution, 180. reform, 181. characteristic, 182. represent, 183. distance

184. cl___h muscles *v.* to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress
185. fa_____te the young *v.* to attract and hold the attention of someone deeply and irresistibly
186. su___r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
187. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
188. visit to the veterinary cl___c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
189. ar___y blockage *n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
190. the eq_____on of poverty with ignorance *n.* the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign
191. pr_____te surgery *n.* a small gland located near the bladder (= an organ located in the lower abdomen) in males that produces fluid that becomes part of semen
192. national lo_____y *n.* a game of chance in which a large number of people buy tickets or chances to win a prize, with the winner(s) determined by a random drawing

ANSWERS: 184. clench, 185. fascinate, 186. suffer, 187. nation, 188. clinic, 189. artery, 190. equation, 191. prostate, 192. lottery

193. the sh__t of an arrow *n.* a long, narrow part or section of an arrow, hammer, golf club, etc.; a long, narrow passage consisting of the vertical part of a column
194. scratch-off lo____y *n.* a game of chance in which a large number of people buy tickets or chances to win a prize, with the winner(s) determined by a random drawing
195. driving di____ce *n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
196. cultural pa____gm *n.* a standard or typical example of something; a pattern or model
197. rise nearly th____ld *adj.* three times as great or as many
198. re____se money *v.* to pay someone back for money that they have spent
199. di____r bag *n.* a soft, absorbent piece of material worn by babies and young children around their waist and between their legs to catch urine and feces
200. cy____l worldview *adj.* believing that people are motivated by self-interest; distrustful of human sincerity or integrity
201. en____e a new employee *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

ANSWERS: 193. shaft, 194. lottery, 195. distance, 196. paradigm, 197. threefold, 198. reimburse, 199. diaper, 200. cynical, 201. engage

202. meeting in ___ws *n.* a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law
203. an excellent brain su ____n *n.* a doctor who is trained to perform medical operations that involve cutting open a person's body
204. sn ___e loudly *v.* to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants
205. fa _____te the public *v.* to attract and hold the attention of someone deeply and irresistibly
206. a seafaring na ___n *n.* a large organized community of people living in a particular country or region and having a particular culture
207. ca ___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
208. economic re ___m *n.* the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
209. re _____se expenses *v.* to pay someone back for money that they have spent
210. v __t desert *adj.* enormous in size, number, amount, or quantity

ANSWERS: 202. in-law, 203. surgeon, 204. sneeze, 205. fascinate, 206. nation, 207. cancer, 208. reform, 209. reimburse, 210. vast

211. ins_____ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
212. a dr_____ic rescue at sea *adj.* very sudden, very excellent, or full of action and excitement
213. personal li_____y *n.* the state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views
214. im_____e a process *v.* to make or become better
215. op_____e 24 hours a day *v.* to work in a particular way; to supervise something
216. cl_____al surgery *adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
217. bu_____n of disease *n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
218. a stone wall su_____nds the palace *v.* to be all around something or somebody
219. make dr_____ic changes *adj.* very sudden, very excellent, or full of action and excitement
220. gr__e an image *n.* a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature

ANSWERS: 211. institutionalize, 212. dramatic, 213. liberty, 214. improve, 215. operate, 216. clinical, 217. burden, 218. surround, 219. dramatic, 220. grave

221. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
222. mo___n poetry *adj.* of or belonging to the present time or recent times
223. tight f__t *n.* a hand with the fingers clenched tightly into the palm to form a hard rounded shape; an act of striking someone or something with the fist
224. improved student ou_____es *n.* the result or effect of an action, event, etc.
225. lack of tra_____ncy *n.* the condition or quality of being easy to see through
226. co_____e fiercely *v.* to strive to achieve more success than someone or something
227. telescopic vi___n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
228. company mo__o *n.* a phrase or slogan that expresses a guiding principle or goal
229. the ul_____te luxury *adj.* furthest or highest in degree or order
230. de___e competition *n.* a formal discussion or argument of opposing viewpoints, often to persuade others to adopt a specific position; a public discussion, often on an issue of current interest, in which participants offer opinions and differing perspectives

ANSWERS: 221. represent, 222. modern, 223. fist, 224. outcome, 225. transparency, 226. compete, 227. vision, 228. motto, 229. ultimate, 230. debate

Session 3: Fill in the Blanks

1. We hired a management _____ to help us improve our business strategy.
n. a person who provides professional or expert advice

2. Many multinational companies are _____ in the reconstruction of that country.
v. to attract and keep someone's attention and interest; to participate in or obtain services of something

3. These articles cite five _____ of climate change.
n. a particular example or single occurrence of something

4. The _____ virus has caused a global pandemic.
n. a crown-shaped structure, often referring to the outermost layer of the Sun's atmosphere; a family of viruses known as coronaviruses; a halo or aura around a celestial body; a circular pattern or shape

5. The heavy snow has been _____ since last morning.
adj. occurring or existing without a pause or interruption

6. The new policy aims to _____ the use of renewable energy sources.
v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

7. She received special _____ training at the hospital.
adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

ANSWERS: 1. consultant, 2. engaged, 3. instances, 4. corona, 5. continuous, 6. institutionalize, 7. clinical

8. He could not _____ against temptation.
- v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
9. The doctor diagnosed him with a rare _____ that had no known cure.
- n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
10. The magic tricks _____ the children.
- v. to attract and hold the attention of someone deeply and irresistibly
11. We want to _____ ties between our two countries.
- v. to make or become better
12. Could you help me _____ some furniture?
- n. a slight transition in position, direction, or trend
13. The extra steps in the process were deemed _____ and removed to streamline production.
- adj. not needed or required; not essential or important
14. Driving is difficult for me because of my poor _____.
- n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
15. We elected him to _____ us at the international conference.
- v. to speak, act, or be present on behalf of another person or group; to form or constitute

ANSWERS: 8. struggle, 9. disease, 10. fascinated, 11. improve, 12. shift, 13. unnecessary, 14. vision, 15. represent

16. The _____ demonstrate that poverty and unemployment are genuine problems.
- n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
17. The statement had a _____ impact on house prices.
- adj.* very sudden, very excellent, or full of action and excitement
18. He was given _____ for his outstanding work in the field of medicine.
- n.* the action or process of recognizing or being recognized, especially by remembering; an agreement that something is true or legal
19. The new amusement park ride was _____ with twists, turns, and drops that left riders screaming with excitement.
- adj.* extremely good; excellent
20. The marathon runner covered a long _____ in a short amount of time.
- n.* the amount of space between two points, measured in units such as miles, meters, or kilometers; the extent, scope, or range between two things, such as distance or emotional distance
21. That car has a low environmental _____.
- n.* a duty, responsibility, etc. that is oppressive or worrisome; a load, typically a heavy one that is difficult to carry
22. The athlete's personal best in the _____ throw earned her a spot on the national team.
- n.* a heavy, flat round object that is thrown in athletic competitions, consisting of a central hub with a raised rim and a metal or wooden plate attached to the edge, which is thrown by spinning rapidly and releasing it from the hand

ANSWERS: 16. statistics, 17. dramatic, 18. recognition, 19. fantastic, 20. distance, 21. burden, 22. discus

23. She received her _____ in psychology from the university.
- n.* a unit of measurement for angles, temperature, or level of proficiency or achievement; a rank or level of academic or professional attainment
24. The athlete visited the _____ surgeon to have her injured knee examined and treated.
- adj.* relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments
25. The public is _____ that the prime minister has committed fraud.
- adj.* completely certain about something; having a strong belief or conviction in a particular religion
26. My grandfather's health has declined, and he is now quite _____.
- adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
27. She visited the local _____ to seek treatment for her persistent headache.
- n.* a medical doctor who practices medicine
28. The odds of winning the _____ are extremely low, but millions still buy tickets hoping to hit the jackpot.
- n.* a game of chance in which a large number of people buy tickets or chances to win a prize, with the winner(s) determined by a random drawing
29. She was struggling to make a _____ between two job offers.
- n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

ANSWERS: 23. degree, 24. orthopedic, 25. convinced, 26. frail, 27. physician, 28. lottery, 29. decision

30. The founding fathers fought for the _____ of the American people.
n. the state of being free within society from oppressive restrictions imposed by authority on one's way of life, behavior, or political views
31. You must _____ with others to obtain this position.
v. to strive to achieve more success than someone or something
32. On three sides, mountains _____ the settlement.
v. to be all around something or somebody
33. She holds a _____ on Tuesday mornings.
n. a building or hospital department where people can go for medical care or advice, especially of a particular condition
34. RADAR is an _____ for radio detection and ranging.
n. a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)
35. I was amazed at the _____ of her generosity.
n. the point or degree or area to which something extends
36. The boxer clenched his _____ before throwing a punch.
n. a hand with the fingers clenched tightly into the palm to form a hard rounded shape; an act of striking someone or something with the fist
37. The couple began to _____ over which restaurant to go to for dinner.
v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

ANSWERS: 30. liberty, 31. compete, 32. surround, 33. clinic, 34. acronym, 35. extent, 36. fist, 37. argue

38. He had undergone heart _____ years before.
- n.* medical treatment of injuries or diseases involving an incision with instruments and often removing or replacing some parts of the body; the branch of medical science that treats disease or injury by operative procedures
39. Without investment, a business cannot _____.
- v.* to grow vigorously; to make steady progress
40. If necessary, you can _____ the front seats forward.
- v.* to move or cause to move smoothly along a surface without interruption
41. The older man _____ from arthritis and finds it difficult to move around.
- v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
42. This region has many _____ offering higher education.
- n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
43. After ten years of teaching, she took a _____ to travel the world.
- n.* a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions
44. A _____ audience viewed the broadcast.
- adj.* enormous in size, number, amount, or quantity
45. There is a lot of _____ in the colors of flowers in the garden.
- n.* the act or state of changing; a difference or change in the way something is done, made or said

ANSWERS: 38. surgery, 39. thrive, 40. slide, 41. suffers, 42. institutes, 43. sabbatical, 44. vast, 45. variation

46. The main discussion topic is government _____.
- n.* the condition or quality of being easy to see through
47. He was very _____ and didn't believe anything anyone said unless he saw evidence for himself.
- adj.* believing that people are motivated by self-interest; distrustful of human sincerity or integrity
48. He _____ when he heard that he had been accepted into the university.
- v.* to turn over into a different position quickly; to throw or toss with a light motion
49. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
- n.* a phrase or slogan that expresses a guiding principle or goal
50. The symptoms of _____ may include fatigue, weakness, and fever.
- n.* a type of cancer that affects the blood and bone marrow, in which abnormal white blood cells are produced and grow uncontrollably
51. As an _____ he had the right to make his own decisions and live his life as he saw fit.
- n.* a single person or thing, as distinct from a group
52. The mobile application industry is a _____ one.
- adj.* involving competition or competitiveness
53. The _____ by the citizen resulted in a redistribution of wealth.
- n.* a large-scale attempt to overthrow the government of a country, often using violence or war;

ANSWERS: 46. transparency, 47. cynical, 48. flipped, 49. motto, 50. leukemia, 51. individual, 52. competitive, 53. revolution

54. She had lived through two world wars in her _____.

n. the duration of someone's life or something's existence;

55. Many innocent civilians were killed and buried in mass _____ outside the city during the war.

n. a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature

56. Breast _____ is the most common type of cancer in women.

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

57. The coach explained a strategy to _____ the opponent's schemes to the players.

v. to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

58. Among young people, _____ pressure can be pretty influential.

n. a person who has the same age, status, or ability

59. He was a _____ expert in his field, known for his groundbreaking research.

adj. widely believed to be a certain way or to have a certain quality, without necessarily being proven or confirmed; having a certain reputation or status based on hearsay or common belief

60. We are tackling the development for updates with _____.

n. a strong feeling of excitement and interest in a particular subject or cause and an eagerness to become involved in it

ANSWERS: 54. lifetime, 55. graves, 56. cancer, 57. frustrate, 58. peer, 59. reputed, 60. enthusiasm

61. He _____ from the conversation and walked away.
- v. to withdraw or separate oneself from a situation or relationship
62. The older man had a _____ removed from his eye, which improved his vision significantly.
- n. a clouding of the lens in the eye that affects vision; a large waterfall
63. The pilot and flight attendant ran through the check-out _____.
- n. a way of doing something, especially the official or well-known way
64. I will work hard to _____ my goals and realize my dreams.
- v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
65. The insurance company will _____ the cost of the damage caused by the storm.
- v. to pay someone back for money that they have spent
66. The _____ of companies pooled their resources to fund the project.
- n. a group or association of individuals, organizations, or businesses that come together for a common purpose or goal
67. The rescue team rushed into the mine _____.
- n. a long, narrow part or section of an arrow, hammer, golf club, etc.; a long, narrow passage consisting of the vertical part of a column
68. The doctor carefully examined the _____ medical history.
- n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

ANSWERS: 61. disengaged, 62. cataract, 63. procedure, 64. achieve, 65. reimburse, 66. consortium, 67. shaft, 68. patient's

69. We ____ for an overseas expansion.

v. to try or plan to get or achieve something

70. We _____ before the temperature fell below zero.

v. to go away or leave, especially to start a journey

71. They awaited news of the _____ of the election.

n. the result or effect of an action, event, etc.

72. In this class, you will learn how to solve quadratic _____.

n. the act of regarding as equal; (mathematics) a statement that expresses the equality of two expressions by connecting them with the equals sign

73. The federal _____ is planning to increase taxes for the next fiscal year.

n. the group of people with authority to control a country or state

74. This machine is too difficult to _____ for me.

v. to work in a particular way; to supervise something

75. They are eager to _____ a positive reputation.

v. make fast as if with cement; (noun) a building material that is a powder made of a mixture of calcined limestone and clay, used with water, sand, and small stones to make concrete

76. The _____ over climate change continues to be a hot topic in politics.

n. a formal discussion or argument of opposing viewpoints, often to persuade others to adopt a specific position; a public discussion, often on an issue of current interest, in which participants offer opinions and differing perspectives

ANSWERS: 69. aim, 70. departed, 71. outcome, 72. equations, 73. government, 74. operate, 75. cement, 76. debate

77. The _____ has the authority to approve or deny any request.
n. the officer who presides over organization meetings
78. My father's death _____ my life completely.
v. to change in outward structure or looks;
79. The _____ properties of this herb have been known to help with various ailments.
adj. of or relating to the treatment or cure of disease
80. An excellent historian must possess an _____ mentality.
adj. associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
81. I decided to seek counseling on the advice of my _____.
n. one of a group of a coworker, especially in a profession or a business
82. Whenever I get a cold, I tend to _____ a lot.
v. to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants
83. He was recruited to play in the professional _____.
n. an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
84. Most countries prohibit sexual activity between certain close _____.
adj. considered and evaluated through comparison with something else
85. Their headquarters are in a _____ skyscraper.
adj. of or belonging to the present time or recent times

ANSWERS: 77. chairperson, 78. transformed, 79. medicinal, 80. academic, 81. colleague, 82. sneeze, 83. league, 84. relatives, 85. modern

86. The Prime Minister will pay a courtesy visit to the Nobel laureate's ____.
- n.* a workplace for the conduct of scientific research; a laboratory
87. We can resolve support requests quickly and _____ by utilization of AI.
- adv.* in a way that produces maximum output with minimum effort or expense
88. My sister-_____ is a pediatrician who works in a children's hospital.
- n.* a relative by marriage, such as a mother-in-law, brother-in-law, or sister-in-law
89. The automaker has been providing _____ car financing options since last year.
- adj.* not expensive and able to pay
90. He _____ his fist in anger when he heard the bad news.
- v.* to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress
91. The _____ error of this industrial machine is less than one micrometer.
- n.* the act or process of finding something's size, quantity, or degree
92. Management must take _____ responsibility for the accident.
- adj.* furthest or highest in degree or order
93. Efficiency isn't an essential _____ here; fairness is.
- n.* a fundamental law or truth that explains or controls how something happens or works
94. He postulated a completely different _____ to explain all these phenomena.
- n.* a standard or typical example of something; a pattern or model

ANSWERS: 86. lab, 87. efficiently, 88. in-law, 89. affordable, 90. clenched, 91. measurement, 92. ultimate, 93. principle, 94. paradigm

95. Bananas have their _____ taste and odor.
n. a typical feature or quality that can identify, tell apart, or describe something or somebody
96. Jockey's superior _____ brought him victory.
n. a particular way or art of doing something that needs skill
97. I need to buy a pack of _____ for my baby before we run out.
n. a soft, absorbent piece of material worn by babies and young children around their waist and between their legs to catch urine and feces
98. Men over the age of 50 are at a higher risk for _____ cancer.
n. a small gland located near the bladder (= an organ located in the lower abdomen) in males that produces fluid that becomes part of semen
99. He created a beautiful piece of music using only _____.
n. the act of making something up on the spot or creating or performing something without preparation
100. Shakespeare's output of poetry was _____.
adj. extremely large or great
101. The _____ of Japan is known for its unique culture and advanced technology.
n. a large organized community of people living in a particular country or region and having a particular culture
102. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 95. characteristic, 96. technique, 97. diapers, 98. prostate, 99. improvisation, 100. enormous, 101. nation, 102. decide

103. In an aging population, citizens must pay more to maintain quality _____.
- n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
104. We need to _____ the next steps for the project during our meeting tomorrow.
- v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
105. The nursing staff used special absorbent pads for _____ patients to keep them dry and comfortable.
- adj.* lacking control over bodily functions, particularly regarding bladder or bowel movements; unable to control or restrain oneself, often in terms of expressing emotions or desires
106. The government is proposing a _____ to the healthcare system to make it more accessible and affordable for all citizens.
- n.* the act of improving or correcting something that is wrong or bad; a change made to correct a flaw or problem
107. The price of the item was reduced _____ after the sale.
- adj.* three times as great or as many
108. The _____ team worked quickly to save the patient's life.
- adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
109. The artist held a _____ to teach students how to paint with watercolors.
- n.* a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group
110. The findings of the experiment were both _____ and unexpected.
- adj.* causing a lot of interest or excitement

ANSWERS: 103. healthcare, 104. discuss, 105. incontinent, 106. reform, 107. threefold, 108. medical, 109. workshop, 110. exciting

111. Continuous consumption of fatty foods leads to the hardening of the _____.
- n.* one of the thick tubes in humans and most other animals that takes blood away from the heart to one or more parts of the body such as tissues, lungs, brain, etc.
112. _____ elections were held in several European countries.
- adj.* belonging to or used by a group rather than individuals; for common use
113. He is a skilled _____ that has many years of training and experience.
- n.* a doctor who is trained to perform medical operations that involve cutting open a person's body
114. The night shift _____ checked my vital signs before administering the medication.
- n.* a healthcare professional who is trained to provide care for the sick or injured;
(verb) to try to cure by special care or treatment of an illness or injury
115. My grandfather is seeing a _____ to monitor his heart condition.
- n.* a medical doctor who specializes in the study and treatment of the heart and the circulatory system

ANSWERS: 111. artery, 112. Communal, 113. surgeon, 114. nurse, 115. cardiologist