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Vocabulary Builder Reference from...

Stefan Larsson: What doctors can learn from each other | TED Talk

https://www.ted.com/talks/stefan_larsson_what_doctors_can_learn_from_each_other

Advanced Words Only

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Session 1: Word List

sabbatical

n. a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions

synonym: leave, vacation, break

(1) **sabbatical** leave, (2) **sabbatical** year

After ten years of teaching, she took a **sabbatical** to travel the world.

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

cynical

adj. believing that people are motivated by self-interest; distrustful of human sincerity or integrity

synonym: skeptical, mistrustful, doubtful

(1) **cynical** remarks, (2) **cynical** worldview

He was very **cynical** and didn't believe anything anyone said unless he saw evidence for himself.

disengage

v. to withdraw or separate oneself from a situation or relationship

synonym : withdraw, separate, detach

(1) **disengage** the clutch, (2) **disengage** socially

He **disengaged** from the conversation and walked away.

reimburse

v. to pay someone back for money that they have spent

synonym : compensate, repay, refund

(1) **reimburse** expenses, (2) **reimburse** money

The insurance company will **reimburse** the cost of the damage caused by the storm.

frail

adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

synonym : weak, delicate, fragile

(1) **frail** body, (2) **frail** condition

My grandfather's health has declined, and he is now quite **frail**.

improvisation

n. the act of making something up on the spot or creating or performing something without preparation

synonym : spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**

He created a beautiful piece of music using only **improvisation**.

fascinate

v. to attract and hold the attention of someone deeply and irresistibly

synonym : captivate, intrigue, mesmerize

(1) **fascinate** the public, (2) **fascinate** the young

The magic tricks **fascinated** the children.

reputed

adj. widely believed to be a certain way or to have a certain quality, without necessarily being proven or confirmed; having a certain reputation or status based on hearsay or common belief

synonym : alleged, supposed, rumored

(1) **reputed** company, (2) **reputed** author

He was a **reputed** expert in his field, known for his groundbreaking research.

incontinent

adj. lacking control over bodily functions, particularly regarding bladder or bowel movements; unable to control or restrain oneself, often in terms of expressing emotions or desires

synonym: uncontrollable, involuntary

(1) **incontinent** individuals, (2) **incontinent** elderly

The nursing staff used special absorbent pads for **incontinent** patients to keep them dry and comfortable.

threefold

adj. three times as great or as many

synonym: three, triple, three times

(1) rise nearly **threefold**, (2) **threefold** increase

The price of the item was reduced **threefold** after the sale.

orthopedic

adj. relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments

synonym: skeletal, musculoskeletal, bone-related

(1) **orthopedic** shoes, (2) **orthopedic** clinic

The athlete visited the **orthopedic** surgeon to have her injured knee examined and treated.

cardiologist

n. a medical doctor who specializes in the study and treatment of the heart and the circulatory system

synonym: heart doctor, heart specialist, cardiac specialist

(1) **cardiologist** appointment, (2) skilled **cardiologist**

My grandfather is seeing a **cardiologist** to monitor his heart condition.

discus

n. a heavy, flat round object that is thrown in athletic competitions, consisting of a central hub with a raised rim and a metal or wooden plate attached to the edge, which is thrown by spinning rapidly and releasing it from

the hand

synonym : disc, saucer, plate

(1) Olympic **discus**, (2) **discus** event

The athlete's personal best in the **discus** throw earned her a spot on the national team.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym : formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

sneeze

v. to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants

synonym : exhale, whiff, blow

(1) **sneeze** into my hand, (2) **sneeze** loudly

Whenever I get a cold, I tend to **sneeze** a lot.

acronym

n. a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)

synonym : abbreviation, initialism, shortcut

(1) **acronym** definition, (2) use an **acronym**

RADAR is an **acronym** for radio detection and ranging.

cataract

n. a clouding of the lens in the eye that affects vision; a large waterfall

synonym : clouding, blurriness, waterfall

(1) the thunder of a **cataract**, (2) **cataract** lens

The older man had a **cataract** removed from his eye, which improved his vision significantly.

corona

n. a crown-shaped structure, often referring to the outermost layer of the Sun's atmosphere; a family of viruses known as coronaviruses; a halo or aura around a celestial body; a circular pattern or shape

synonym : crown, halo, circle

(1) **corona** layer, (2) **corona** outbreak

The **corona** virus has caused a global pandemic.

chairperson

n. the officer who presides over organization meetings

synonym : director, head, leader

(1) vice **chairperson**, (2) the meeting elected a **chairperson**

The **chairperson** has the authority to approve or deny any request.

clench

v. to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress

synonym : grasp, clasp, tighten

(1) **clench** teeth, (2) **clench** muscles

He **clenched** his fist in anger when he heard the bad news.

medicinal

adj. of or relating to the treatment or cure of disease

synonym : curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

Session 2: Spelling

1. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
2. inc_____nt elderly *adj.* lacking control over bodily functions, particularly regarding bladder or bowel movements; unable to control or restrain oneself, often in terms of expressing emotions or desires
3. sn___e loudly *v.* to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants
4. re_____se money *v.* to pay someone back for money that they have spent
5. vice cha_____on *n.* the officer who presides over organization meetings
6. jazz imp_____ion *n.* the act of making something up on the spot or creating or performing something without preparation
7. ac_____m definition *n.* a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)
8. Olympic di___s *n.* a heavy, flat round object that is thrown in athletic competitions, consisting of a central hub with a raised rim and a metal or wooden plate attached to the edge, which is thrown by spinning rapidly and releasing it from the hand

ANSWERS: 1. institutionalize, 2. incontinent, 3. sneeze, 4. reimburse, 5. chairperson, 6. improvisation, 7. acronym, 8. discus

9. cl___h muscles *v.* to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress
10. re_____se expenses *v.* to pay someone back for money that they have spent
11. di_____ge socially *v.* to withdraw or separate oneself from a situation or relationship
12. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
13. skilled car_____ist *n.* a medical doctor who specializes in the study and treatment of the heart and the circulatory system
14. sab_____al leave *n.* a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions
15. di___s event *n.* a heavy, flat round object that is thrown in athletic competitions, consisting of a central hub with a raised rim and a metal or wooden plate attached to the edge, which is thrown by spinning rapidly and releasing it from the hand
16. cl___h teeth *v.* to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress
17. rise nearly th_____ld *adj.* three times as great or as many
18. ca_____ct lens *n.* a clouding of the lens in the eye that affects vision; a large waterfall
19. the mo__o for safe traffic *n.* a phrase or slogan that expresses a guiding principle or goal

ANSWERS: 9. clench, 10. reimburse, 11. disengage, 12. medicinal, 13. cardiologist, 14. sabbatical, 15. discuss, 16. clench, 17. threefold, 18. cataract, 19. motto

20. cy____l worldview *adj.* believing that people are motivated by self-interest; distrustful of human sincerity or integrity
21. re____d company *adj.* widely believed to be a certain way or to have a certain quality, without necessarily being proven or confirmed; having a certain reputation or status based on hearsay or common belief
22. imp_____ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
23. fr__l body *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
24. traditional me_____al *adj.* of or relating to the treatment or cure of disease
25. the thunder of a ca____ct *n.* a clouding of the lens in the eye that affects vision; a large waterfall
26. use an ac____m *n.* a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)
27. co____a layer *n.* a crown-shaped structure, often referring to the outermost layer of the Sun's atmosphere; a family of viruses known as coronaviruses; a halo or aura around a celestial body; a circular pattern or shape
28. sab_____al year *n.* a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions

ANSWERS: 20. cynical, 21. reputed, 22. improvisation, 23. frail, 24. medicinal, 25. cataract, 26. acronym, 27. corona, 28. sabbatical

29. ins_____ize customary laws *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
30. co___a outbreak *n.* a crown-shaped structure, often referring to the outermost layer of the Sun's atmosphere; a family of viruses known as coronaviruses; a halo or aura around a celestial body; a circular pattern or shape
31. car_____ist appointment *n.* a medical doctor who specializes in the study and treatment of the heart and the circulatory system
32. fa_____te the young *v.* to attract and hold the attention of someone deeply and irresistibly
33. ort_____ic shoes *adj.* relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments
34. fa_____te the public *v.* to attract and hold the attention of someone deeply and irresistibly
35. ort_____ic clinic *adj.* relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments
36. inc_____nt individuals *adj.* lacking control over bodily functions, particularly regarding bladder or bowel movements; unable to control or restrain oneself, often in terms of expressing emotions or desires

ANSWERS: 29. institutionalize, 30. corona, 31. cardiologist, 32. fascinate, 33. orthopedic, 34. fascinate, 35. orthopedic, 36. incontinent

37. fr__l condition *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
38. di_____ge the clutch *v.* to withdraw or separate oneself from a situation or relationship
39. cy_____l remarks *adj.* believing that people are motivated by self-interest; distrustful of human sincerity or integrity
40. company mo__o *n.* a phrase or slogan that expresses a guiding principle or goal
41. sn___e into my hand *v.* to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants
42. the meeting elected a cha_____on *n.* the officer who presides over organization meetings
43. re_____d author *adj.* widely believed to be a certain way or to have a certain quality, without necessarily being proven or confirmed; having a certain reputation or status based on hearsay or common belief
44. th_____ld increase *adj.* three times as great or as many

ANSWERS: 37. frail, 38. disengage, 39. cynical, 40. motto, 41. sneeze, 42. chairperson, 43. reputed, 44. threefold

Session 3: Fill in the Blanks

1. The older man had a _____ removed from his eye, which improved his vision significantly.
n. a clouding of the lens in the eye that affects vision; a large waterfall

2. The nursing staff used special absorbent pads for _____ patients to keep them dry and comfortable.
adj. lacking control over bodily functions, particularly regarding bladder or bowel movements; unable to control or restrain oneself, often in terms of expressing emotions or desires

3. He created a beautiful piece of music using only _____.
n. the act of making something up on the spot or creating or performing something without preparation

4. The _____ virus has caused a global pandemic.
n. a crown-shaped structure, often referring to the outermost layer of the Sun's atmosphere; a family of viruses known as coronaviruses; a halo or aura around a celestial body; a circular pattern or shape

5. He was very _____ and didn't believe anything anyone said unless he saw evidence for himself.
adj. believing that people are motivated by self-interest; distrustful of human sincerity or integrity

6. Whenever I get a cold, I tend to _____ a lot.
v. to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants

ANSWERS: 1. cataract, 2. incontinent, 3. improvisation, 4. corona, 5. cynical, 6. sneeze

7. He was a _____ expert in his field, known for his groundbreaking research.
adj. widely believed to be a certain way or to have a certain quality, without necessarily being proven or confirmed; having a certain reputation or status based on hearsay or common belief
8. He _____ his fist in anger when he heard the bad news.
v. to close tightly or grip firmly; to contract or stiffen, especially as in response to stress or pain; to tighten or compress
9. After ten years of teaching, she took a _____ to travel the world.
n. a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions
10. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
n. a phrase or slogan that expresses a guiding principle or goal
11. The athlete visited the _____ surgeon to have her injured knee examined and treated.
adj. relating to the branch of medicine concerned with the correction or prevention of deformities, disorders, or injuries of the skeletal system and associated muscles, joints, and ligaments
12. The _____ has the authority to approve or deny any request.
n. the officer who presides over organization meetings
13. The price of the item was reduced _____ after the sale.
adj. three times as great or as many
14. The insurance company will _____ the cost of the damage caused by the storm.
v. to pay someone back for money that they have spent

ANSWERS: 7. reputed, 8. clenched, 9. sabbatical, 10. motto, 11. orthopedic, 12. chairperson, 13. threefold, 14. reimburse

15. The new policy aims to _____ the use of renewable energy sources.
- v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
16. The magic tricks _____ the children.
- v.* to attract and hold the attention of someone deeply and irresistibly
17. He _____ from the conversation and walked away.
- v.* to withdraw or separate oneself from a situation or relationship
18. The athlete's personal best in the _____ throw earned her a spot on the national team.
- n.* a heavy, flat round object that is thrown in athletic competitions, consisting of a central hub with a raised rim and a metal or wooden plate attached to the edge, which is thrown by spinning rapidly and releasing it from the hand
19. My grandfather's health has declined, and he is now quite _____.
- adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
20. My grandfather is seeing a _____ to monitor his heart condition.
- n.* a medical doctor who specializes in the study and treatment of the heart and the circulatory system
21. RADAR is an _____ for radio detection and ranging.
- n.* a word formed from the first letter of each word in a phrase, such as NASA (National Aeronautics and Space Administration) or AIDS (Acquired Immune Deficiency Syndrome)

ANSWERS: 15. institutionalize, 16. fascinated, 17. disengaged, 18. discus, 19. frail, 20. cardiologist, 21. acronym

22. The _____ properties of this herb have been known to help with various ailments.

adj. of or relating to the treatment or cure of disease

ANSWERS: 22. medicinal