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Phil Hansen: Embrace the shake | TED Talk

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Advanced Words Only

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Session 1: Word List

hindsight

n. understanding or knowledge that comes after an event has occurred; the ability to perceive or understand events with greater clarity or accuracy in retrospect

synonym : retrospect, afterthought

(1) **hindsight** bias, (2) 20/20 **hindsight**

With **hindsight**, we can see that investing in that company was a mistake.

doomsday

n. the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event

synonym : Day of Judgment, Last Judgement

(1) **doomsday** scenario, (2) economic **doomsday**

This task is going to take me till **doomsday**.

pointillism

n. a technique in art primarily associated with the Neo-Impressionist movement, where small, distinct dots or points of pure color are applied in patterns or groups to create an overall image or optical blending effect when seen from a distance

synonym : dotting, stippling, speckling

(1) **pointillism** technique, (2) **pointillism** style

The artist's use of **pointillism** created a unique and striking composition.

tadpole

n. the aquatic larval stage of a frog or toad, characterized by a long tail and gills for breathing underwater

synonym : polliwog, froglet, girssle

(1) **tadpole** stage, (2) **tadpole** development

I saw a **tadpole** swimming in the pond during my morning walk.

neurology

n. the branch of medicine that deals with the diagnosis and treatment of disorders of the nervous system

synonym : brain science, nervous system, neuropathology

(1) cognitive **neurology**, (2) **neurology** department

She is studying clinical **neurology** to become a brain surgeon.

squiggle

n. a curly or wavy line or mark, especially one that is irregular or difficult to follow; (verb) to draw or write something in a wavy or irregular manner, often with a series of small curves or loops

synonym : squiggle, doodle, scribble

(1) **squiggle** line, (2) wavy **squiggle**

My signature always has a little **squiggle** at the end.

scribble

v. to write or draw carelessly and in a hurry

synonym : scrabble, scrawl, jot

(1) **scribble** on paper, (2) **scribble** notes

The words were **scribbled** in pencil.

torch

n. a portable device that produces a flame, typically one that is used to light a fire or a candle

synonym : flashlight, lantern, flare

(1) the **torch** of learning, (2) **torch** song

She used an electric **torch** to light her way through the dark cave.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym : thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

paycheck

n. a check issued to an employee as payment for work or services rendered; the amount of money received in this check

synonym : salary, earnings, income

(1) electronic **paycheck**, (2) monthly **paycheck**

I received a bonus on top of my regular **paycheck** this month.

slump

v. to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality

synonym : drop, sink, sag

(1) **slump** against pillows, (2) economic **slump**

Sales of the product **slumped** after the negative reviews were published.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym : immobilize, disable, numb

(1) **paralyze** a city, (2) **paralyze** a person

The venom from the snake bite **paralyzed** his arm.

jitter

n. a slight and rapid irregular movement or trembling; a sensation of nervousness or unease; a technical term relating to variations in the timing of signals in electronic systems

synonym : nervousness, trembling, shakiness

(1) **jitter** noise, (2) **jittery** feeling

The caffeine in my coffee causes me to experience nervous **jitter**.

quitter

n. a person who gives up easily or does not have the determination to finish what they have started

synonym :

coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**

He was labeled as a **quitter** after he abandoned the project halfway.

limitless

adj. without end, limit, or boundary; infinite

synonym: boundless, infinite, unrestricted

(1) for a **limitless** time, (2) **limitless** potential

The possibilities for scientific discovery are **limitless**.

karate

n. a Japanese martial art that emphasizes hand and foot strikes, blocks, and evasions, often using a combination of techniques to overpower an opponent, also seen as a form of self-defense and physical training

synonym: martial art, self-defense discipline

(1) **karate** moves, (2) black belt in **karate**

She has been practicing **karate** for years and has won many tournaments.

chop

v. to cut something into pieces with a sharp tool, such as a knife

synonym: cut, hack, slice

(1) **chop** wood, (2) **chop** a meet with a knife

The cook **chopped** the vegetables for the soup.

bruise

n. a mark caused by a blow, typically one that is purple or black on the skin

synonym: contusion, injury, wound

(1) livid **bruise**, (2) earlier emotional **bruise**

She had a **bruise** on her arm from where she fell on the playground.

revolve

v. to rotate around a central point

synonym: rotate, spin, orbit

(1) **revolve** at high speed, (2) **revolve** around a central axis

The Earth **revolves** around the Sun in an elliptical orbit.

- spit** v. to eject saliva or other liquid from the mouth
synonym: expectorate, saliva, spew
(1) **spit** a bullet, (2) **spit** a mouthful of saliva
She tried to **spit** out the gum that she had been chewing.
- chalk** n. a soft, white, porous sedimentary rock composed of calcium carbonate, often used for drawing or writing on surfaces such as blackboards
synonym: white rock, limestone, gypsum
(1) a piece of **chalk**, (2) **chalk** on a blackboard
The kids used colored **chalk** to create a mural on the pavement.
- embarrass** v. to cause someone to feel awkward, worried, or ashamed
synonym: disconcert, unsettle, agitate
(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in public.
- imperfectly** adv. in a faulty or incomplete way
synonym: amiss, insufficiently, clumsily
(1) **imperfectly** developed, (2) **imperfectly** known disease
He created an **imperfectly** shaped torso.
- perpetual** adj. continuing for an extended period in the same way without stopping or being interrupted
synonym: enduring, unchanging, incessant
(1) **perpetual** motion machine, (2) **perpetual** struggle
The company employs a **perpetual** inventory system.
- encumber** v. to burden or obstruct someone or something, making movement or progress difficult or impossible; to saddle with debt or other financial obligations
synonym: burden, hinder, obstruct
(1) **encumber** the property with a mortgage,
(2) **encumbered** the company's ability

The new regulations **encumber** the process of starting a new business.

confine

v. to restrict the movement of someone or something

synonym: restrict, limit, contain

(1) **confine** themselves solely, (2) **confine** the scope of use

The animal was **confined** in a small cage.

stump

v. to cause to be perplexed or confused; (noun) the base part of a tree that remains standing after the tree has been felled

synonym: mix up

(1) the riddle **stumped** everybody, (2) we are **stumped** with the problem

He is **stumped** with the question.

rut

n. a long track or groove worn into the ground, typically by the repeated passage of wheels or other heavy objects; a fixed, boring or monotonous routine or course of action

synonym: groove, track, estrus

(1) falling into a **rut**, (2) boring routine **rut**

The company seems stuck in a **rut** and needs to try something new.

rethink

v. to consider again a plan, idea, etc., especially to change it

synonym: reexplore, review, reconsider

(1) **rethink** a marketing plan, (2) **rethink** the role of the manager

We have to **rethink** our company's product lineup for further growth.

seize

v. to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something

synonym: grab, grasp, capture

(1) **seize** a person's property, (2) **seize** the day

He has the superpower to **seize** a business opportunity.

Session 2: Spelling

1. pe_____al motion machine *adj.* continuing for an extended period in the same way without stopping or being interrupted
2. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
3. co_____e the scope of use *v.* to restrict the movement of someone or something
4. em_____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
5. sl__p against pillows *v.* to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality
6. a piece of ch__k *n.* a soft, white, porous sedimentary rock composed of calcium carbonate, often used for drawing or writing on surfaces such as blackboards
7. c__p a meet with a knife *v.* to cut something into pieces with a sharp tool, such as a knife
8. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
9. se__e the day *v.* to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something

ANSWERS: 1. perpetual, 2. embarrass, 3. confine, 4. embarrass, 5. slump, 6. chalk, 7. chop, 8. excite, 9. seize

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|----------------------------------|-----------|--|
| 10. ch__k on a blackboard | <i>n.</i> | a soft, white, porous sedimentary rock composed of calcium carbonate, often used for drawing or writing on surfaces such as blackboards |
| 11. pa____ze a person | <i>v.</i> | to cause a person or part of the body to become unable to move or feel |
| 12. ne_____gy department | <i>n.</i> | the branch of medicine that deals with the diagnosis and treatment of disorders of the nervous system |
| 13. ji___r noise | <i>n.</i> | a slight and rapid irregular movement or trembling; a sensation of nervousness or unease; a technical term relating to variations in the timing of signals in electronic systems |
| 14. sc_____le on paper | <i>v.</i> | to write or draw carelessly and in a hurry |
| 15. to__h song | <i>n.</i> | a portable device that produces a flame, typically one that is used to light a fire or a candle |
| 16. se__e a person's property | <i>v.</i> | to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something |
| 17. c__p wood | <i>v.</i> | to cut something into pieces with a sharp tool, such as a knife |
| 18. the riddle st__ped everybody | <i>v.</i> | to cause to be perplexed or confused; (noun) the base part of a tree that remains standing after the tree has been felled |

ANSWERS: 10. chalk, 11. paralyze, 12. neurology, 13. jitter, 14. scribble, 15. torch, 16. seize, 17. chop, 18. stump

19. do____ay scenario *n.* the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event
20. co____e themselves solely *v.* to restrict the movement of someone or something
21. economic do____ay *n.* the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event
22. ta____e development *n.* the aquatic larval stage of a frog or toad, characterized by a long tail and gills for breathing underwater
23. we are st__ped with the problem *v.* to cause to be perplexed or confused; (noun) the base part of a tree that remains standing after the tree has been felled
24. sq____le line *n.* a curly or wavy line or mark, especially one that is irregular or difficult to follow; (verb) to draw or write something in a wavy or irregular manner, often with a series of small curves or loops
25. sc____le notes *v.* to write or draw carelessly and in a hurry
26. s__t a mouthful of saliva *v.* to eject saliva or other liquid from the mouth
27. wavy sq____le *n.* a curly or wavy line or mark, especially one that is irregular or difficult to follow; (verb) to draw or write something in a wavy or irregular manner, often with a series of small curves or loops

ANSWERS: 19. doomsday, 20. confine, 21. doomsday, 22. tadpole, 23. stump, 24. squiggle, 25. scribble, 26. spit, 27. squiggle

28. re____k a marketing plan *v.* to consider again a plan, idea, etc., especially to change it
29. serial qu____r *n.* a person who gives up easily or does not have the determination to finish what they have started
30. poi____sm technique *n.* a technique in art primarily associated with the Neo-Impressionist movement, where small, distinct dots or points of pure color are applied in patterns or groups to create an overall image or optical blending effect when seen from a distance
31. imp____ly developed *adv.* in a faulty or incomplete way
32. re____e at high speed *v.* to rotate around a central point
33. 20/20 hi____ht *n.* understanding or knowledge that comes after an event has occurred; the ability to perceive or understand events with greater clarity or accuracy in retrospect
34. pe____al struggle *adj.* continuing for an extended period in the same way without stopping or being interrupted
35. black belt in ka____e *n.* a Japanese martial art that emphasizes hand and foot strikes, blocks, and evasions, often using a combination of techniques to overpower an opponent, also seen as a form of self-defense and physical training
36. easy qu____r *n.* a person who gives up easily or does not have the determination to finish what they have started

ANSWERS: 28. rethink, 29. quitter, 30. pointillism, 31. imperfectly, 32. revolve, 33. hindsight, 34. perpetual, 35. karate, 36. quitter

37. earlier emotional br___e *n.* a mark caused by a blow, typically one that is purple or black on the skin
38. imp_____ly known disease *adv.* in a faulty or incomplete way
39. poi_____sm style *n.* a technique in art primarily associated with the Neo-Impressionist movement, where small, distinct dots or points of pure color are applied in patterns or groups to create an overall image or optical blending effect when seen from a distance
40. falling into a r_t *n.* a long track or groove worn into the ground, typically by the repeated passage of wheels or other heavy objects; a fixed, boring or monotonous routine or course of action
41. boring routine r_t *n.* a long track or groove worn into the ground, typically by the repeated passage of wheels or other heavy objects; a fixed, boring or monotonous routine or course of action
42. ta_____e stage *n.* the aquatic larval stage of a frog or toad, characterized by a long tail and gills for breathing underwater
43. the to__h of learning *n.* a portable device that produces a flame, typically one that is used to light a fire or a candle
44. cognitive ne_____gy *n.* the branch of medicine that deals with the diagnosis and treatment of disorders of the nervous system

ANSWERS: 37. bruise, 38. imperfectly, 39. pointillism, 40. rut, 41. rut, 42. tadpole, 43. torch, 44. neurology

45. livid br___e *n.* a mark caused by a blow, typically one that is purple or black on the skin
46. s__t a bullet *v.* to eject saliva or other liquid from the mouth
47. electronic pa_____ck *n.* a check issued to an employee as payment for work or services rendered; the amount of money received in this check
48. ji___ry feeling *n.* a slight and rapid irregular movement or trembling; a sensation of nervousness or unease; a technical term relating to variations in the timing of signals in electronic systems
49. for a li_____ss time *adj.* without end, limit, or boundary; infinite
50. hi_____ht bias *n.* understanding or knowledge that comes after an event has occurred; the ability to perceive or understand events with greater clarity or accuracy in retrospect
51. en_____er the property with a mortgage *v.* to burden or obstruct someone or something, making movement or progress difficult or impossible; to saddle with debt or other financial obligations
52. re_____e around a central axis *v.* to rotate around a central point
53. ka___e moves *n.* a Japanese martial art that emphasizes hand and foot strikes, blocks, and evasions, often using a combination of techniques to overpower an opponent, also seen as a form of self-defense and physical training

ANSWERS: 45. bruise, 46. spit, 47. paycheck, 48. jitter, 49. limitless, 50. hindsight, 51. encumber, 52. revolve, 53. karate

54. ex___e the crowd v. to make someone feel suddenly enthusiastic or eager
55. li_____ss potential *adj.* without end, limit, or boundary; infinite
56. economic sl__p v. to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality
57. re_____k the role of the manager v. to consider again a plan, idea, etc., especially to change it
58. en_____ered the company's ability v. to burden or obstruct someone or something, making movement or progress difficult or impossible; to saddle with debt or other financial obligations
59. pa_____ze a city v. to cause a person or part of the body to become unable to move or feel
60. monthly pa_____ck *n.* a check issued to an employee as payment for work or services rendered; the amount of money received in this check

ANSWERS: 54. excite, 55. limitless, 56. slump, 57. rethink, 58. encumber, 59. paralyze, 60. paycheck

Session 3: Fill in the Blanks

1. I saw a _____ swimming in the pond during my morning walk.
n. the aquatic larval stage of a frog or toad, characterized by a long tail and gills for breathing underwater
2. The Earth _____ around the Sun in an elliptical orbit.
v. to rotate around a central point
3. She had a _____ on her arm from where she fell on the playground.
n. a mark caused by a blow, typically one that is purple or black on the skin
4. The company seems stuck in a _____ and needs to try something new.
n. a long track or groove worn into the ground, typically by the repeated passage of wheels or other heavy objects; a fixed, boring or monotonous routine or course of action
5. He was labeled as a _____ after he abandoned the project halfway.
n. a person who gives up easily or does not have the determination to finish what they have started
6. This task is going to take me till _____.
n. the last day of the world when Christians believe that God will judge everyone; an unpleasant or disastrous event
7. The caffeine in my coffee causes me to experience nervous _____.
n. a slight and rapid irregular movement or trembling; a sensation of nervousness or unease; a technical term relating to variations in the timing of signals in electronic systems

ANSWERS: 1. tadpole, 2. revolves, 3. bruise, 4. rut, 5. quitter, 6. doomsday, 7. jitter

8. The venom from the snake bite _____ his arm.
- v. to cause a person or part of the body to become unable to move or feel
9. With _____ we can see that investing in that company was a mistake.
- n. understanding or knowledge that comes after an event has occurred; the ability to perceive or understand events with greater clarity or accuracy in retrospect
10. Sales of the product _____ after the negative reviews were published.
- v. to fall or sink suddenly, often due to loss of support or stability; to decline or decrease abruptly, as in business or economic conditions; to become despondent or dispirited; (noun) a sudden or prolonged decline or drop in value, price, or quality
11. The kids used colored _____ to create a mural on the pavement.
- n. a soft, white, porous sedimentary rock composed of calcium carbonate, often used for drawing or writing on surfaces such as blackboards
12. The cook _____ the vegetables for the soup.
- v. to cut something into pieces with a sharp tool, such as a knife
13. He is _____ with the question.
- v. to cause to be perplexed or confused; (noun) the base part of a tree that remains standing after the tree has been felled
14. My signature always has a little _____ at the end.
- n. a curly or wavy line or mark, especially one that is irregular or difficult to follow; (verb) to draw or write something in a wavy or irregular manner, often with a series of small curves or loops
15. She has been practicing _____ for years and has won many tournaments.
- n. a Japanese martial art that emphasizes hand and foot strikes, blocks, and evasions, often using a combination of techniques to overpower an opponent, also seen as a form of self-defense and physical training

ANSWERS: 8. paralyzed, 9. hindsight, 10. slumped, 11. chalk, 12. chopped, 13. stumped, 14. squiggle, 15. karate

16. She used an electric _____ to light her way through the dark cave.
n. a portable device that produces a flame, typically one that is used to light a fire or a candle
17. The company employs a _____ inventory system.
adj. continuing for an extended period in the same way without stopping or being interrupted
18. He created an _____ shaped torso.
adv. in a faulty or incomplete way
19. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
20. We have to _____ our company's product lineup for further growth.
v. to consider again a plan, idea, etc., especially to change it
21. I received a bonus on top of my regular _____ this month.
n. a check issued to an employee as payment for work or services rendered; the amount of money received in this check
22. The words were _____ in pencil.
v. to write or draw carelessly and in a hurry
23. He looked for an opportunity to _____ that actor in public.
v. to cause someone to feel awkward, worried, or ashamed
24. The animal was _____ in a small cage.
v. to restrict the movement of someone or something

ANSWERS: 16. torch, 17. perpetual, 18. imperfectly, 19. excited, 20. rethink, 21. paycheck, 22. scribbled, 23. embarrass, 24. confined

25. The artist's use of _____ created a unique and striking composition.
- n.* a technique in art primarily associated with the Neo-Impressionist movement, where small, distinct dots or points of pure color are applied in patterns or groups to create an overall image or optical blending effect when seen from a distance
26. She is studying clinical _____ to become a brain surgeon.
- n.* the branch of medicine that deals with the diagnosis and treatment of disorders of the nervous system
27. She tried to _____ out the gum that she had been chewing.
- v.* to eject saliva or other liquid from the mouth
28. The new regulations _____ the process of starting a new business.
- v.* to burden or obstruct someone or something, making movement or progress difficult or impossible; to saddle with debt or other financial obligations
29. He has the superpower to _____ a business opportunity.
- v.* to catch or take hold of someone or something suddenly and forcibly; to capture the attention or imagination of something
30. The possibilities for scientific discovery are _____.
- adj.* without end, limit, or boundary; infinite

ANSWERS: 25. pointillism, 26. neurology, 27. spit, 28. encumber, 29. seize, 30. limitless