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Vocabulary Builder Reference from...

Shonda Rhimes: My year of saying yes to everything |

TED Talk

https://www.ted.com/talks/shonda_rhimes_my_year_

of_saying_yes_to_everything



IMPORTANT

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Session 1: Word List

harp

 a musical instrument consisting of a triangular frame with strings stretched across it, played by plucking the strings with the fingers

synonym: lyre, psaltery, clavichord

(1) harp strings, (2) Japanese harp

She began to play a beautiful melody on her harp.

inexplicable

adj. unable to be explained, understood, or accounted for; mysterious or puzzling

synonym: incomprehensible, mysterious, unaccountable

(1) inexplicable event, (2) inexplicable decision

The reason for his sudden disappearance from work was **inexplicable**.

waitress

a woman who serves food and drinks in a restaurant or cafe

synonym: server, attendant, waitperson

(1) waitress at a restaurant, (2) tip the waitress

The friendly **waitress** brought the food to the table and asked if they needed anything else.

sip

v. to drink a liquid by taking small mouthfuls; (noun) a small drink



synonym: taste, sample, drink

(1) **sip** a drink, (2) take a **sip** of beer

He **sipped** his tea slowly, savoring the taste.

VOW

v. to make a promise or commitment, usually formal and solemn

synonym: promise, pledge, swear

(1) **vow** allegiance to the new king, (2) **vow** never to give up They **vowed** to love and support each other for the rest of their lives.

campfire

 an outdoor fire used for cooking, warmth, or light, often made by camping or in rural areas; a gathering or social event around such a fire

synonym: bonfire, blaze, fire pit

(1) **campfire** story, (2) roast marshmallows around the **campfire**

We sat around the **campfire** and told stories late into the night.

peck

v. to strike or bite someone or something repeatedly, usually with the beak or bill; to give a quick, small kiss or nibble

synonym: beak, nibble, pick

(1) **peck** on the cheek, (2) **peck** at feed

The wood **pecker** would peck at the tree high up in the branches.

troop

 a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.

synonym: group, unit, band

(1) the members of a military **troop**, (2) a **troop** of deer The **troop** of soldiers marched through the city in a parade.

exhilarating

adj. making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

synonym: thrilling, exciting, stimulating

(1) an **exhilarating** drink, (2) **exhilarating** view

Bungee jumping was an **exhilarating** experience that left me shaking with adrenaline.

disturb

- v. to interrupt someone who is trying to work, sleep, etc.
- synonym: agitate, bother, intrude
- (1) disturb the peace, (2) disturb his sleep

Tourists frequently **disturb** the island's delicate natural balance.

judicious

adj. having or exhibiting sound judgment; wise or prudent in decision-making; characterized by careful consideration or thought

synonym: wise, prudent, sensible

(1) **judicious** use of resources, (2) exhibit **judicious** behavior

It's important to make **judicious** decisions when it comes to your finances.

humming

adj. producing a continuous, low, vibrating sound like that of the bee

synonym: buzzing, droning, vibrating

(1) humming sound, (2) humming bird

The **humming** of the bees filled the air as she walked through the garden.

whisper

v. to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you

synonym: murmur, rumor, mutter

(1) answer in a **whisper**, (2) the **whisper** of the leaves He took me aside and **whispered** in my ear.

workaholic

a person who is addicted to work; a person who works excessively

synonym: workhorse, drudge

(1) **workaholic** habits, (2) self-proclaimed **workaholic** The company's founder was a notorious **workaholic** who spent every waking hour building the business.

overused

adj. used too often or too much, to the point of becoming cliched; lacking originality

synonym: overworked, overutilized, exhausted

(1) overused common, (2) overused cliché

The concept of time travel has become **overused** in science fiction and fantasy, with many movies and books exploring the idea.

overdo

 to exaggerate or exceed limits of something; to do or use something to such an excessive or exaggerated extent that it causes harm or becomes unpleasant; to overexert

synonym: overwork, exaggerate, hyperbolize

(1) **overdo** exercise, (2) **overdo** caffeine If you **overdo** the laundry detergent, it can damage your clothes.

nanny

 a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis

synonym: childcare provider, babysitter, nurse

(1) part-time nanny,(2) professional nannyShe works as a nanny for a family with two young children.

quitter

 a person who gives up easily or does not have the determination to finish what they have started

synonym: coward, deserter, surrender

(1) easy quitter, (2) serial quitter

He was labeled as a **quitter** after he abandoned the project halfway.

wan

adj. looking pale or sickly; lacking vitality or energy synonym: pale, pallid, ashen

(1) wan light, (2) a wan smile

His wan complexion showed that he was feeling very ill.

mourning

n. the act or expression of sorrow or grief for someone who has died; a period of time set aside for such grievingsynonym: grieving, sorrow, lamentation

(1) **mourning** period, (2) **mourning** ritual

She wore black clothing as a symbol of **mourning** for her grandmother.

crayon

n. a stick of colored wax, charcoal, chalk, or other material used for drawing or coloring; (verb) to draw or color with crayons, which are sticks of colored wax, chalk, or charcoal used for drawing or coloring

synonym: chalk, pastel, (verb) draw

(1) **crayon** drawing, (2) **crayon** her coloring books

The teacher handed out several different colored **crayons** to each student.

loosen

v. to make something less tight, firm, or fixed; to free from restraint or constraint; to relax

synonym: relax, slacken, untie

(1) **loosen** grip, (2) **loosen** knot

Please **loosen** the screws on the back panel so we can access the inside of the machine.

instantaneous

adj. occurring or happening immediately or without delay; taking place in an instant or moment

synonym: immediate, prompt, rapid

(1) **instantaneous** reaction, (2) **instantaneous** message The new software provides **instantaneous** results, making it much more efficient than the previous version.

creep

v. to move slowly, quietly, and carefully, usually to avoid being seen or heard

synonym: crawl, glide, encroach

(1) **creep** along the leaf, (2) **creep** toward the mouse

Aging **creeps** up slowly with time.

electrify

v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something

synonym: wire, amaze, astonish

(1) **electrify** the audience, (2) **electrify** a manufacturing process

The product developed through years of research continues to **electrify** the market.

excite

- v. to make someone feel suddenly enthusiastic or eager synonym: thrill, exhilarate, animate
- (1) **excite** the crowd, (2) **excite** rebellion The news of her promotion **excited** her.

humiliate

 to cause someone to feel ashamed, embarrassed, or degraded, especially in public or through revealing personal information

synonym: shame, embarrass, degrade

(1) **humiliate** him publicly, (2) **humiliate** the heckler in the audience

The boss **humiliated** her employee by belittling her in front of her colleagues.

delirious

adj. experiencing a state of mental confusion or excitement characterized by a lack of coherence, often due to a high fever, drugs, or alcohol; wildly irrational or disoriented

synonym: confused, incoherent, irrational

(1) delirious with joy, (2) delirious fan

The patient became **delirious** due to the high fever and began hallucinating.

confuse

v. to mistake one thing for another; to make somebody hard to understand

synonym: confound, obscure, disorient

(1) **confuse** the listener, (2) **confuse** fantasy with reality Her remarks **confused** the debate.

itch

v. to have an uncomfortable feeling on the skin that makes you want to scratch it

synonym: scratch, tingle, irritate

(1) itch constantly, (2) itch to speak

I can't stop itching my arm because of the mosquito bite.

ladybug

- a small, round, usually red or orange beetle with black spots, which feeds on aphids and other small insects
 synonym: ladybird, lady beetle
- (1) **ladybug** on a leaf, (2) **ladybug** larvae Some species of **ladybugs** have a strong, unpleasant smell and are also called stink bugs.

shorthand

 a system of rapid handwriting or abbreviation that uses symbols, abbreviations, or other devices to represent words or phrases; a short and simple way of expressing or describing something

synonym: stenography, speedwriting, tachygraphy

(1) learn **shorthand**, (2) write in **shorthand**

The secretary's **shorthand** was so good that she could type up meeting minutes within minutes.

indulge

v. to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat

synonym: pamper, gratify, entertain

(1) **indulge** in debauchery, (2) **indulge** children She **indulged** in a warm bath after a long day at work.

titanic

 adj. of or having a great size, power, or influence; of or relating to Titanium (= a light, strong grey, lustrous, corrosion-resistant metallic element)

synonym: colossal, massive, immense

(1) titanic battle, (2) titanic compound

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The **titanic** ship sank on its maiden voyage.

refuel

- v. to put additional fuel into a plane, ship, car, etc.
- (1) **refuel** air-to-air, (2) **refuel** bombers in flight Our plane stopped in the country to **refuel**.

floodgate

 a gate used to control the flow of water in a dam or waterway; a situation or event that allows a sudden and large release of something, such as information or emotion

synonym: dam, barrier, gate

(1) closing of the **floodgate**, (2) loose **floodgates** of grief The company's innovative product release opened the **floodgates** for competitors to follow suit.

rover

 a vehicle designed to travel over rough terrain, especially on the surface of a planet or moon

synonym: vehicle, robot, explorer

(1) rover mission, (2) lunar rover

The **rover** on Mars is gathering data on the planet's surface and sending it back to Earth.

quiver

- v. to shake or tremble with a slight, rapid motionsynonym: shake, tremble, shiver
- (1) **quiver** in the breeze, (2) **quiver** with excitement The archer's hands **quivered** as he aimed the arrow at the target.

cocoon

a protective covering spun by some insects and other invertebrates

synonym: chrysalis, pupa, case

(1) cocoon silk, (2) a dried cocoon

The caterpillar spins a **cocoon** around itself before turning into a butterfly.

Session 2: Spelling

1.	hug bird	adj.	producing a continuous, low, vibrating sound like that of the bee
2.	insous reaction	adj.	occurring or happening immediately or without delay; taking place in an instant or moment
3.	the members of a military trp	n.	a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
4.	lunar ror	n.	a vehicle designed to travel over rough terrain, especially on the surface of a planet or moon
5.	lon grip	v.	to make something less tight, firm, or fixed; to free from restraint or constraint; to relax
6.	loose fltes of grief	n.	a gate used to control the flow of water in a dam or waterway; a situation or event that allows a sudden and large release of something, such as information or emotion
7.	ine children	v.	to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
8.	qur in the breeze	v.	to shake or tremble with a slight, rapid motion
9.	write in shnd	n.	a system of rapid handwriting or abbreviation that uses symbols, abbreviations, or other devices to

ANSWERS: 1. humming, 2. instantaneous, 3. troop, 4. rover, 5. loosen, 6. floodgate, 7. indulge, 8. quiver, 9. shorthand

something

represent words or phrases; a short and simple way of expressing or describing

10.	ineble event	adj.	unable to be explained, understood, or accounted for; mysterious or puzzling
11.	oved common	adj.	used too often or too much, to the point of becoming cliched; lacking originality
12.	v_w allegiance to the new king	<i>v</i> .	to make a promise or commitment, usually formal and solemn
13.	exe rebellion	<i>v</i> .	to make someone feel suddenly enthusiastic or eager
14.	tic battle	adj.	of or having a great size, power, or influence; of or relating to Titanium (= a light, strong grey, lustrous, corrosion-resistant metallic element)
15.	lag larvae	n.	a small, round, usually red or orange beetle with black spots, which feeds on aphids and other small insects
16.	crn drawing	n.	a stick of colored wax, charcoal, chalk, or other material used for drawing or coloring; (verb) to draw or color with crayons, which are sticks of colored wax, chalk, or charcoal used for drawing or coloring
17.	crn her coloring books	n.	a stick of colored wax, charcoal, chalk, or other material used for drawing or coloring; (verb) to draw or color with crayons, which are sticks of colored wax, chalk, or charcoal used for drawing or coloring
18.	rel air-to-air	<i>v</i> .	to put additional fuel into a plane, ship, car, etc.
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ANSWERS: 10. inexplicable, 11. overused, 12. vow, 13. excite, 14. titanic, 15. ladybug, 16. crayon, 17. crayon, 18. refuel

19.	an exhing drink	adj.	making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
20.	reI bombers in flight	v.	to put additional fuel into a plane, ship, car, etc.
21.	con silk	n.	a protective covering spun by some insects and other invertebrates
22.	coe the listener	<i>v</i> .	to mistake one thing for another; to make somebody hard to understand
23.	ineble decision	adj.	unable to be explained, understood, or accounted for; mysterious or puzzling
24.	insous message	adj.	occurring or happening immediately or without delay; taking place in an instant or moment
25.	hug sound	adj.	producing a continuous, low, vibrating sound like that of the bee
26.	i_h constantly	<i>v</i> .	to have an uncomfortable feeling on the skin that makes you want to scratch it
27.	qur with excitement	v.	to shake or tremble with a slight, rapid motion
28.	crp toward the mouse	v.	to move slowly, quietly, and carefully, usually to avoid being seen or heard
29.	hute him publicly	ν.	to cause someone to feel ashamed, embarrassed, or degraded, especially in public or through revealing personal information
30.	pk on the cheek	ν.	to strike or bite someone or something repeatedly, usually with the beak or bill; to give a quick, small kiss or nibble

ANSWERS: 19. exhilarating, 20. refuel, 21. cocoon, 22. confuse, 23. inexplicable, 24. instantaneous, 25. humming, 26. itch, 27. quiver, 28. creep, 29. humiliate, 30. peck

31.	woric habits	n.	a person who is addicted to work; a person who works excessively
32.	a w_n smile	adj.	looking pale or sickly; lacking vitality or energy
33.	self-proclaimed woric	n.	a person who is addicted to work; a person who works excessively
34.	i_h to speak	<i>v</i> .	to have an uncomfortable feeling on the skin that makes you want to scratch it
35.	elfy a manufacturing process	<i>v</i> .	to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
36.	Japanese hp	n.	a musical instrument consisting of a triangular frame with strings stretched across it, played by plucking the strings with the fingers
37.	the whr of the leaves	<i>v</i> .	to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
38.	w_n light	adj.	looking pale or sickly; lacking vitality or energy
39.	hute the heckler in the audience	<i>v</i> .	to cause someone to feel ashamed, embarrassed, or degraded, especially in public or through revealing personal information
40.	tic compound	adj.	of or having a great size, power, or influence; of or relating to Titanium (= a light, strong grey, lustrous, corrosion-resistant metallic element)

ANSWERS: 31. workaholic, 32. wan, 33. workaholic, 34. itch, 35. electrify, 36. harp, 37. whisper, 38. wan, 39. humiliate, 40. titanic

41. lon knot	v.	to make something less tight, firm, or fixed; to free from restraint or constraint; to relax
42. deus fan	adj.	experiencing a state of mental confusion or excitement characterized by a lack of coherence, often due to a high fever, drugs, or alcohol; wildly irrational or disoriented
43. hp strings	n.	a musical instrument consisting of a triangular frame with strings stretched across it, played by plucking the strings with the fingers
44. mong period	n.	the act or expression of sorrow or grief for someone who has died; a period of time set aside for such grieving
45. p_k at feed	v.	to strike or bite someone or something repeatedly, usually with the beak or bill; to give a quick, small kiss or nibble
46. lag on a leaf	n.	a small, round, usually red or orange beetle with black spots, which feeds on aphids and other small insects
47. oved clich□	adj.	used too often or too much, to the point of becoming cliched; lacking originality
48. a trp of deer	n.	a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
49. learn shnd	n.	a system of rapid handwriting or abbreviation that uses symbols, abbreviations, or other devices to represent words or phrases; a short and simple way of expressing or describing something

ANSWERS: 41. loosen, 42. delirious, 43. harp, 44. mourning, 45. peck, 46. ladybug, 47. overused, 48. troop, 49. shorthand

50.	elfy the audience	ν.	to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
51.	crp along the leaf	<i>v</i> .	to move slowly, quietly, and carefully, usually to avoid being seen or heard
52.	ine in debauchery	v.	to allow oneself or another person to have or enjoy something, especially something that is considered to be a luxury or treat
53.	ovo exercise	v.	to exaggerate or exceed limits of something; to do or use something to such an excessive or exaggerated extent that it causes harm or becomes unpleasant; to overexert
54.	serial qur	n.	a person who gives up easily or does not have the determination to finish what they have started
55.	professional nay	n.	a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis
56.	dib his sleep	<i>v</i> .	to interrupt someone who is trying to work, sleep, etc.
57.	juus use of resources	adj.	having or exhibiting sound judgment; wise or prudent in decision-making; characterized by careful consideration or thought
58.	ovo caffeine	ν.	to exaggerate or exceed limits of something; to do or use something to such an excessive or exaggerated extent that it causes harm or becomes unpleasant; to overexert

ANSWERS: 50. electrify, 51. creep, 52. indulge, 53. overdo, 54. quitter, 55. nanny, 56. disturb, 57. judicious, 58. overdo

59.	closing of the flte	n.	a gate used to control the flow of water in a dam or waterway; a situation or event that allows a sudden and large release of something, such as information or emotion
60.	easy qur	n.	a person who gives up easily or does not have the determination to finish what they have started
61.	roast marshmallows around the care	n.	an outdoor fire used for cooking, warmth, or light, often made by camping or in rural areas; a gathering or social event around such a fire
62.	deus with joy	adj.	experiencing a state of mental confusion or excitement characterized by a lack of coherence, often due to a high fever, drugs, or alcohol; wildly irrational or disoriented
63.	wass at a restaurant	n.	a woman who serves food and drinks in a restaurant or cafe
64.	coe fantasy with reality	<i>v</i> .	to mistake one thing for another; to make somebody hard to understand
65.	exhibit juus behavior	adj.	having or exhibiting sound judgment; wise or prudent in decision-making; characterized by careful consideration or thought
66.	mong ritual	n.	the act or expression of sorrow or grief for someone who has died; a period of time set aside for such grieving
67.	take a s_p of beer	<i>v</i> .	to drink a liquid by taking small mouthfuls; (noun) a small drink

ANSWERS: 59. floodgate, 60. quitter, 61. campfire, 62. delirious, 63. waitress, 64. confuse, 65. judicious, 66. mourning, 67. sip

68.	v_w never to give up	<i>v</i> .	to make a promise or commitment, usually formal and solemn
69.	tip the wass	n.	a woman who serves food and drinks in a restaurant or cafe
70.	part-time nay	n.	a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis
71.	a dried con	n.	a protective covering spun by some insects and other invertebrates
72.	ror mission	n.	a vehicle designed to travel over rough terrain, especially on the surface of a planet or moon
73.	s_p a drink	<i>v</i> .	to drink a liquid by taking small mouthfuls; (noun) a small drink
74.	answer in a whr	<i>v</i> .	to speak very quietly to somebody using the breath rather than the voice so that only those close to you can hear you
75.	exe the crowd	<i>v</i> .	to make someone feel suddenly enthusiastic or eager
76.	exhing view	adj.	making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
77.	care story	n.	an outdoor fire used for cooking, warmth, or light, often made by camping or in rural areas; a gathering or social event around such a fire
78.	dib the peace	<i>v</i> .	to interrupt someone who is trying to work, sleep, etc.

ANSWERS: 68. vow, 69. waitress, 70. nanny, 71. cocoon, 72. rover, 73. sip, 74. whisper, 75. excite, 76. exhilarating, 77. campfire, 78. disturb

Vocab-Builder Ref from "Shonda Rhimes: My year of saying yes to everything TED Talk" (39 words)	
ANSWERS:	

Session 3: Fill in the Blanks

1.	Some species of have a strong, unpleasant smell and are also called stink bugs.
n.	a small, round, usually red or orange beetle with black spots, which feeds on aphids and other small insects
2.	Please the screws on the back panel so we can access the inside of the machine.
v.	to make something less tight, firm, or fixed; to free from restraint or constraint; to relax
3.	Aging up slowly with time.
ν.	to move slowly, quietly, and carefully, usually to avoid being seen or heard
4.	The company's founder was a notorious who spent every waking hour building the business.
n.	a person who is addicted to work; a person who works excessively
5.	Tourists frequently the island's delicate natural balance.
ν.	to interrupt someone who is trying to work, sleep, etc.
6.	He was labeled as a after he abandoned the project halfway.
n.	a person who gives up easily or does not have the determination to finish what they have started
7.	The concept of time travel has become in science fiction and fantasy, with many movies and books exploring the idea.
adj	used too often or too much, to the point of becoming cliched; lacking originality
	SWERS: 1. ladybugs, 2. loosen, 3. creeps, 4. workaholic, 5. disturb, 6. quitter, 7. erused

ANSWERS: 8. pecker, 9. inexplicable, 10. waitress, 11. quivered, 12. crayons, 13. humiliated, 14. wan, 15. nanny

Vocab-Builder Ref from "Shonda Rhimes: My year of saying yes to everything | TED Talk" (39 words)

ANSWERS: 23. titanic, 24. sipped, 25. indulged, 26. confused, 27. cocoon, 28. refuel, 29. campfire, 30. delirious

disoriented

ANSWERS: 31. excited, 32. mourning, 33. humming, 34. exhilarating, 35. judicious, 36. harp, 37. vowed, 38. floodgates

39. If you _____ the laundry detergent, it can damage your clothes.

v. to exaggerate or exceed limits of something; to do or use something to such an excessive or exaggerated extent that it causes harm or becomes unpleasant; to overexert

ANSWERS: 39. overdo