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Vocabulary Builder Reference from...

Tshering Tobgay: This country isn't just carbon neutral -- it's carbon negative | TED Talk

https://www.ted.com/talks/tshering_tobgay_this_country_isn_t_just_carbon_neutral_it_s_carbon_negative

Advanced Words Only

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Session 1: Word List

monastery

n. a building or complex of buildings in which members of a male religious community, called monks, live and worship

synonym: abbey, convent, friary

(1) **monastery** garden, (2) leave a **monastery**

This ancient **monastery** was founded in the 13th century and had a long history of religious devotion.

monk

n. a member of a religious community of men living under vows of poverty, chastity, and obedience

synonym: friar, cleric, brother

(1) **monk** lifestyle, (2) cloistered **monk**

The ascetic **monk** spent his days in prayer and contemplation in the monastery.

underdeveloped

adj. not fully developed or mature; lacking in progress or advancement

synonym: unadvanced, immature, backward

(1) an **underdeveloped** child, (2) remain **underdeveloped**

Many people in **underdeveloped** countries need clean water or proper healthcare access.

enlightened

adj. having or showing a rational, modern, and well-informed outlook

synonym: educated, informed, aware

(1) **enlightened** age, (2) make an **enlightened** decision

The **enlightened** teacher taught the class about the importance of compassion and empathy.

monarch

n. a person who rules a country, such as a king or queen

synonym: ruler, sovereign, majesty

(1) an absolute **monarch**, (2) **monarch** butterflies

She came from a commoner background but eventually became the **monarch** of that country.

tirelessly

adv. without getting tired or fatigued; persistently, energetically, and continuously working with great effort

synonym: inexhaustibly, indefatigably, unceasingly

(1) dedicated **tirelessly**, (2) **tirelessly** help out

She worked **tirelessly** for hours to finish her project on time.

well-being

n. the state of being happy and healthy and prosperous

synonym: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

pristine

adj. new and completely free from dirt or contamination

synonym: chaste, pure, immaculate

(1) **pristine** beach, (2) maintain the **pristine** condition

It is terrific to camp in **pristine** nature.

flourish

v. to grow or develop vigorously or successfully
synonym: boom, advance, succeed

(1) **flourish** economically, (2) **flourish** worldwide

The Ottoman Empire **flourished** for over five centuries.

incidentally

adv. by the way; as an aside or in passing

synonym: by chance, by accident, inadvertently

(1) **incidentally** discovered, (2) **incidentally** mentioned

Incidentally, I know the answer to that question.

empower

v. to give someone the power or authority to do something

synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

impeach

v. to bring formal charges against a public official for misconduct in office

synonym: charge, accuse, claim

(1) **impeach** him with an error, (2) **impeach** official

The House of Representatives **impeached** the president for abuse of power.

hotspot

n. a place or area, typically a location or region, that is known for having an unusually high number of a particular phenomenon, such as disease, activity, or popularity

synonym: epicenter, cluster, outbreak

(1) covid-19 **hotspot**, (2) geographic **hotspot**

The airport is a **hotspot** for tourists and travelers from around the world.

sequester

v. to take temporary possession of someone's property until a debt is paid.

synonym: isolate, set apart, segregate

- (1) **sequester** ten percent of the annual carbon emissions,
(2) **sequester** myself from the world

He approved their requests to **sequester** the jury.

electrify

- v. to make a machine or system work by using electricity;
to make someone extremely enthusiastic about or
interested in something

synonym: wire, amaze, astonish

- (1) **electrify** the audience, (2) **electrify** a manufacturing
process

The product developed through years of research continues
to **electrify** the market.

hydropower

- n. electricity generated from the energy of moving water,
usually using turbines and dams in rivers or other bodies
of water

synonym: hydroelectricity, waterpower, hydro

- (1) **hydropower** plant, (2) **hydropower** energy

Many countries around the world have built dams to harness
the power of **hydropower** for their energy needs.

glacier

- n. a slowly moving mass of ice formed from snow on
mountains or near the North Pole or the South Pole

synonym: iceberg, ice floe

- (1) **glacier** retreat, (2) **glaciers** move tardily

The **glaciers** of the ice age have shaped Fjord.

landslide

- n. a large, sudden movement of a mass of rock, earth, or
other material down a slope

synonym: avalanche, mudslide, rockfall

- (1) **landslide** victory, (2) prevent a **landslide**

The massive **landslide** buried the small village under a thick
layer of rock and dirt.

wreak

- v. to cause or bring about something, often as a result of
harmful or destructive actions or events

synonym: cause, inflict, bring about

(1) **wreak** a lot of changes, (2) **wreak** further damage
The virus has **wreaked** havoc on the healthcare system, overwhelming hospitals and causing shortages of supplies.

havoc

n. widespread destruction or devastation, often caused by natural disasters, war, or other violent events
synonym: destruction, devastation, ruin

(1) cause **havoc**, (2) play **havoc** in the mind
The storm wreaked **havoc** on the town, causing widespread damage and power outages.

contend

v. to struggle to win or surmount something
synonym: compete, oppose, argue

(1) **contend** that tobacco is nonaddictive, (2) **contend** for a championship
Tobacco companies have long **contended** that their product is not addictive.

brunt

n. the force or impact of something, often used to describe the full force of an attack or criticism
synonym: force, pressure, impact

(1) bear the **brunt**, (2) the **brunt** of criticism
The **brunt** of the storm hit the coastal towns the hardest.

landlocked

adj. referring to a country or region that is surrounded by land with no direct access to the sea or ocean
synonym: trapped, enclosed

(1) **landlocked** lake, (2) **landlocked** region
The **landlocked** country needed more access to ports and trade routes.

reiterate

v. to repeat something, typically for emphasis or clarity; to say or do something again and again
synonym: repeat, iterate, restate

(1) **reiterate** a point, (2) **reiterate** their commitment
I need to **reiterate** the importance of submitting your report

by the deadline.

firewood

n. wood used as fuel for fires, particularly for heating, cooking, or other purposes

synonym: fire logs, fire sticks, kindling

(1) chop **firewood**, (2) stacks of **firewood**

My neighbor gave me some extra **firewood** from their own supply.

subsidize

v. to pay part of the cost of something to support an organization, activity, etc. financially

synonym: finance, endow, sponsor

(1) **subsidize** the project, (2) **subsidize** the cost

Governments **subsidize** renewable energy generation in various ways.

roam

v. to move about or travel aimlessly or without a fixed destination; to wander

synonym: wander, ramble, meander

(1) **roam** freely, (2) **roam** the countryside

I love to **roam** around the city and discover new neighborhoods.

subtropic

adj. describing a region or climate that is between tropical and temperate and often characterized by warm temperatures and moderate rainfall

synonym: semi-tropical, warm

(1) **subtropic** vegetation, (2) **subtropic** region

The **subtropic** climate made for hot and humid weather all year round.

alpine

adj. relating to or characteristic of high mountains, especially the Alps; of or relating to cold, snowy, or rugged terrain

synonym: mountain, highland, elevated

(1) **alpine** region, (2) **alpine** plant

We went on an exhilarating **alpine** adventure, climbing steep

mountain slopes and glaciers.

poach

v. to illegally hunt, fish, or take wildlife from private or protected land or waters without permission; to cook food by gently simmering it in a liquid, often with added spices or seasonings

synonym: steal, snatch

(1) **poach** on his land, (2) **poach** deer

The chef **poached** the eggs perfectly for the benedict breakfast dish.

majesty

n. regal or royal dignity; grandeur or greatness

synonym: grandeur, royalty, eminence

(1) morning **majesty**, (2) **majesty** of nature

The king's **majesty** was apparent in his elegant attire and powerful presence.

institutionalize

v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)

synonym: formalize, establish, regularize

(1) **institutionalize** a system, (2) **institutionalize** customary laws

The new policy aims to **institutionalize** the use of renewable energy sources.

predetermine

v. to decide or determine in advance; to establish or influence beforehand

synonym: determine in advance, predestine, decide beforehand

(1) **predetermine** effectiveness, (2) **predetermine** result
I can't **predetermine** the game's outcome, and anything can happen.

underfunded

adj. having insufficient funds to support or carry out an enterprise

synonym: undercapitalized, cash-strapped, insolvent

(1) severely **underfunded**, (2) **underfunded** programs

The healthcare system is **underfunded**, and patients are not receiving the needed treatment.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

mobilize

v. to make something ready for action or use; to organize people or resources for a particular purpose

synonym: activate, rally, marshal

(1) **mobilize** cooperation, (2) **mobilize** a stiff joint

The military **mobilized** troops to the border.

conserve

v. to protect something, especially the natural environment or culture, from change, damage, or destruction

synonym: preserve, save, maintain

(1) means to **conserve** energy, (2) **conserve** coal resources

Children must be taught to **conserve** our natural environment.

Session 2: Spelling

- | | |
|--|---|
| 1. su_____ze the cost | v. to pay part of the cost of something to support an organization, activity, etc. financially |
| 2. pr_____ne beach | adj. new and completely free from dirt or contamination |
| 3. cause ha__c | n. widespread destruction or devastation, often caused by natural disasters, war, or other violent events |
| 4. la_____de victory | n. a large, sudden movement of a mass of rock, earth, or other material down a slope |
| 5. gl_____rs move tardily | n. a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole |
| 6. el_____fy the audience | v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something |
| 7. im_____h official | v. to bring formal charges against a public official for misconduct in office |
| 8. the wel_____ng of a nation | n. the state of being happy and healthy and prosperous |
| 9. ins_____ize customary laws | v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.) |
| 10. se_____er ten percent of the annual carbon emissions | v. to take temporary possession of someone's property until a debt is paid. |

ANSWERS: 1. subsidize, 2. pristine, 3. havoc, 4. landslide, 5. glacier, 6. electrify, 7. impeach, 8. well-being, 9. institutionalize, 10. sequester

- | | |
|--------------------------------|--|
| 11. remain und_____ped | <i>adj.</i> not fully developed or mature; lacking in progress or advancement |
| 12. stacks of fi_____od | <i>n.</i> wood used as fuel for fires, particularly for heating, cooking, or other purposes |
| 13. al___e region | <i>adj.</i> relating to or characteristic of high mountains, especially the Alps; of or relating to cold, snowy, or rugged terrain |
| 14. und_____ed programs | <i>adj.</i> having insufficient funds to support or carry out an enterprise |
| 15. su_____ic vegetation | <i>adj.</i> describing a region or climate that is between tropical and temperate and often characterized by warm temperatures and moderate rainfall |
| 16. lan_____ed region | <i>adj.</i> referring to a country or region that is surrounded by land with no direct access to the sea or ocean |
| 17. an und_____ped child | <i>adj.</i> not fully developed or mature; lacking in progress or advancement |
| 18. co_____ve coal resources | <i>v.</i> to protect something, especially the natural environment or culture, from change, damage, or destruction |
| 19. fl_____sh worldwide | <i>v.</i> to grow or develop vigorously or successfully |
| 20. im_____h him with an error | <i>v.</i> to bring formal charges against a public official for misconduct in office |
| 21. ex___e rebellion | <i>v.</i> to make someone feel suddenly enthusiastic or eager |
| 22. re_____te their commitment | <i>v.</i> to repeat something, typically for emphasis or clarity; to say or do something again and again |

ANSWERS: 11. underdeveloped, 12. firewood, 13. alpine, 14. underfunded, 15. subtropic, 16. landlocked, 17. underdeveloped, 18. conserve, 19. flourish, 20. impeach, 21. excite, 22. reiterate

23. el_____fy a manufacturing process *v.* to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
24. pre_____ine result *v.* to decide or determine in advance; to establish or influence beforehand
25. the br__t of criticism *n.* the force or impact of something, often used to describe the full force of an attack or criticism
26. lan_____ed lake *adj.* referring to a country or region that is surrounded by land with no direct access to the sea or ocean
27. wr__k a lot of changes *v.* to cause or bring about something, often as a result of harmful or destructive actions or events
28. leave a mo_____ry *n.* a building or complex of buildings in which members of a male religious community, called monks, live and worship
29. r__m the countryside *v.* to move about or travel aimlessly or without a fixed destination; to wander
30. gl_____r retreat *n.* a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole
31. co_____d for a championship *v.* to struggle to win or surmount something
32. severely und_____ed *adj.* having insufficient funds to support or carry out an enterprise
33. bear the br__t *n.* the force or impact of something, often used to describe the full force of an attack or criticism

ANSWERS: 23. electrify, 24. predetermine, 25. brunt, 26. landlocked, 27. wreak, 28. monastery, 29. roam, 30. glacier, 31. contend, 32. underfunded, 33. brunt

34. hyd_____er energy *n.* electricity generated from the energy of moving water, usually using turbines and dams in rivers or other bodies of water
35. r__m freely *v.* to move about or travel aimlessly or without a fixed destination; to wander
36. m__k lifestyle *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
37. make an enl_____ed decision *adj.* having or showing a rational, modern, and well-informed outlook
38. chop fi_____od *n.* wood used as fuel for fires, particularly for heating, cooking, or other purposes
39. traditional me_____al *adj.* of or relating to the treatment or cure of disease
40. inc_____lly mentioned *adv.* by the way; as an aside or in passing
41. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
42. mo_____ry garden *n.* a building or complex of buildings in which members of a male religious community, called monks, live and worship
43. morning ma_____y *n.* regal or royal dignity; grandeur or greatness
44. pre_____ine effectiveness *v.* to decide or determine in advance; to establish or influence beforehand
45. co_____d that tobacco is nonaddictive *v.* to struggle to win or surmount something

ANSWERS: 34. hydropower, 35. roam, 36. monk, 37. enlightened, 38. firewood, 39. medicinal, 40. incidentally, 41. empower, 42. monastery, 43. majesty, 44. predetermine, 45. contend

46. hyd_____er plant *n.* electricity generated from the energy of moving water, usually using turbines and dams in rivers or other bodies of water
47. inc_____lly discovered *adv.* by the way; as an aside or in passing
48. fl_____sh economically *v.* to grow or develop vigorously or successfully
49. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
50. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
51. ma_____y of nature *n.* regal or royal dignity; grandeur or greatness
52. an absolute mo_____h *n.* a person who rules a country, such as a king or queen
53. covid-19 ho_____t *n.* a place or area, typically a location or region, that is known for having an unusually high number of a particular phenomenon, such as disease, activity, or popularity
54. play ha__c in the mind *n.* widespread destruction or devastation, often caused by natural disasters, war, or other violent events
55. mo_____ze cooperation *v.* to make something ready for action or use; to organize people or resources for a particular purpose
56. po__h on his land *v.* to illegally hunt, fish, or take wildlife from private or protected land or waters without permission; to cook food by gently simmering it in a liquid, often with added spices or seasonings

ANSWERS: 46. hydropower, 47. incidentally, 48. flourish, 49. excite, 50. medicinal, 51. majesty, 52. monarch, 53. hotspot, 54. havoc, 55. mobilize, 56. poach

57. means to co_____ve energy *v.* to protect something, especially the natural environment or culture, from change, damage, or destruction
58. mo_____ze a stiff joint *v.* to make something ready for action or use; to organize people or resources for a particular purpose
59. re_____te a point *v.* to repeat something, typically for emphasis or clarity; to say or do something again and again
60. su_____ic region *adj.* describing a region or climate that is between tropical and temperate and often characterized by warm temperatures and moderate rainfall
61. cloistered m__k *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
62. ins_____ize a system *v.* to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
63. em_____r my life *v.* to give someone the power or authority to do something
64. enl_____ed age *adj.* having or showing a rational, modern, and well-informed outlook
65. al___e plant *adj.* relating to or characteristic of high mountains, especially the Alps; of or relating to cold, snowy, or rugged terrain
66. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous

ANSWERS: 57. conserve, 58. mobilize, 59. reiterate, 60. subtropic, 61. monk, 62. institutionalize, 63. empower, 64. enlightened, 65. alpine, 66. well-being

67. maintain the pr_____ne condition *adj.* new and completely free from dirt or contamination
68. se_____er myself from the world *v.* to take temporary possession of someone's property until a debt is paid.
69. po__h deer *v.* to illegally hunt, fish, or take wildlife from private or protected land or waters without permission; to cook food by gently simmering it in a liquid, often with added spices or seasonings
70. mo_____h butterflies *n.* a person who rules a country, such as a king or queen
71. tir_____ly help out *adv.* without getting tired or fatigued; persistently, energetically, and continuously working with great effort
72. wr__k further damage *v.* to cause or bring about something, often as a result of harmful or destructive actions or events
73. dedicated tir_____ly *adv.* without getting tired or fatigued; persistently, energetically, and continuously working with great effort
74. geographic ho_____t *n.* a place or area, typically a location or region, that is known for having an unusually high number of a particular phenomenon, such as disease, activity, or popularity
75. su_____ze the project *v.* to pay part of the cost of something to support an organization, activity, etc. financially
76. prevent a la_____de *n.* a large, sudden movement of a mass of rock, earth, or other material down a slope

ANSWERS: 67. pristine, 68. sequester, 69. poach, 70. monarch, 71. tirelessly, 72. wreak, 73. tirelessly, 74. hotspot, 75. subsidize, 76. landslide

ANSWERS:

Session 3: Fill in the Blanks

1. I can't _____ the game's outcome, and anything can happen.
v. to decide or determine in advance; to establish or influence beforehand
2. I need to _____ the importance of submitting your report by the deadline.
v. to repeat something, typically for emphasis or clarity; to say or do something again and again
3. Children must be taught to _____ our natural environment.
v. to protect something, especially the natural environment or culture, from change, damage, or destruction
4. Many people in _____ countries need clean water or proper healthcare access.
adj. not fully developed or mature; lacking in progress or advancement
5. The military _____ troops to the border.
v. to make something ready for action or use; to organize people or resources for a particular purpose
6. The Ottoman Empire _____ for over five centuries.
v. to grow or develop vigorously or successfully
7. The House of Representatives _____ the president for abuse of power.
v. to bring formal charges against a public official for misconduct in office
8. The chef _____ the eggs perfectly for the benedict breakfast dish.
v. to illegally hunt, fish, or take wildlife from private or protected land or waters without permission; to cook food by gently simmering it in a liquid, often with added spices or seasonings

ANSWERS: 1. predetermine, 2. reiterate, 3. conserve, 4. underdeveloped, 5. mobilized, 6. flourished, 7. impeached, 8. poached

9. The virus has _____ havoc on the healthcare system, overwhelming hospitals and causing shortages of supplies.
- v.* to cause or bring about something, often as a result of harmful or destructive actions or events
10. The storm wreaked _____ on the town, causing widespread damage and power outages.
- n.* widespread destruction or devastation, often caused by natural disasters, war, or other violent events
11. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v.* to give someone the power or authority to do something
12. He approved their requests to _____ the jury.
- v.* to take temporary possession of someone's property until a debt is paid.
13. I love to _____ around the city and discover new neighborhoods.
- v.* to move about or travel aimlessly or without a fixed destination; to wander
14. The _____ climate made for hot and humid weather all year round.
- adj.* describing a region or climate that is between tropical and temperate and often characterized by warm temperatures and moderate rainfall
15. My neighbor gave me some extra _____ from their own supply.
- n.* wood used as fuel for fires, particularly for heating, cooking, or other purposes
16. The _____ of the ice age have shaped Fjord.
- n.* a slowly moving mass of ice formed from snow on mountains or near the North Pole or the South Pole

ANSWERS: 9. wreaked, 10. havoc, 11. empowered, 12. sequester, 13. roam, 14. subtropic, 15. firewood, 16. glaciers

17. It is terrific to camp in _____ nature.

adj. new and completely free from dirt or contamination

18. The _____ country needed more access to ports and trade routes.

adj. referring to a country or region that is surrounded by land with no direct access to the sea or ocean

19. The healthcare system is _____ and patients are not receiving the needed treatment.

adj. having insufficient funds to support or carry out an enterprise

20. We are responsible for the care and _____ of all our employees.

n. the state of being happy and healthy and prosperous

21. This ancient _____ was founded in the 13th century and had a long history of religious devotion.

n. a building or complex of buildings in which members of a male religious community, called monks, live and worship

22. We went on an exhilarating _____ adventure, climbing steep mountain slopes and glaciers.

adj. relating to or characteristic of high mountains, especially the Alps; of or relating to cold, snowy, or rugged terrain

23. The king's _____ was apparent in his elegant attire and powerful presence.

n. regal or royal dignity; grandeur or greatness

24. Governments _____ renewable energy generation in various ways.

v. to pay part of the cost of something to support an organization, activity, etc. financially

ANSWERS: 17. pristine, 18. landlocked, 19. underfunded, 20. well-being, 21. monastery, 22. alpine, 23. majesty, 24. subsidize

25. She came from a commoner background but eventually became the _____ of that country.

n. a person who rules a country, such as a king or queen

26. The _____ of the storm hit the coastal towns the hardest.

n. the force or impact of something, often used to describe the full force of an attack or criticism

27. The _____ properties of this herb have been known to help with various ailments.

adj. of or relating to the treatment or cure of disease

28. The airport is a _____ for tourists and travelers from around the world.

n. a place or area, typically a location or region, that is known for having an unusually high number of a particular phenomenon, such as disease, activity, or popularity

29. Many countries around the world have built dams to harness the power of _____ for their energy needs.

n. electricity generated from the energy of moving water, usually using turbines and dams in rivers or other bodies of water

30. The ascetic _____ spent his days in prayer and contemplation in the monastery.

n. a member of a religious community of men living under vows of poverty, chastity, and obedience

31. _____ I know the answer to that question.

adv. by the way; as an aside or in passing

32. She worked _____ for hours to finish her project on time.

adv. without getting tired or fatigued; persistently, energetically, and continuously working with great effort

ANSWERS: 25. monarch, 26. brunt, 27. medicinal, 28. hotspot, 29. hydropower, 30. monk, 31. Incidentally, 32. tirelessly

33. The product developed through years of research continues to _____ the market.
- v. to make a machine or system work by using electricity; to make someone extremely enthusiastic about or interested in something
34. The _____ teacher taught the class about the importance of compassion and empathy.
- adj. having or showing a rational, modern, and well-informed outlook
35. Tobacco companies have long _____ that their product is not addictive.
- v. to struggle to win or surmount something
36. The news of her promotion _____ her.
- v. to make someone feel suddenly enthusiastic or eager
37. The new policy aims to _____ the use of renewable energy sources.
- v. to establish or make something a part of an institution (= a place such as a university, hospital, etc.)
38. The massive _____ buried the small village under a thick layer of rock and dirt.
- n. a large, sudden movement of a mass of rock, earth, or other material down a slope

ANSWERS: 33. electrify, 34. enlightened, 35. contended, 36. excited, 37. institutionalize, 38. landslide