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Vocabulary Builder Reference from...

Matthew Williams: Special Olympics let me be myself -- a champion | TED Talk https://www.ted.com/talks/matthew_williams_special_olympics_let_me_be_myself_a_champion



Advanced Words Only

IMPORTANT

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Session 1: Word List

shun

v. to avoid deliberately or keep away from someone or something

synonym: avoid, evade, steer clear of

(1) **shun** a person, (2) **shun** office politics

He **shunned** going to the party and decided to stay home instead.

intellect

n. the ability to think logically and comprehend information, especially at an advanced level

synonym: mind, brightness, cleverness

enrich my intellect, (2) human intellect
 Your intellect is capable of distinguishing among similar objects.

retard

 to hinder, delay, or slow down the progress or development of something; to cause someone or something to be delayed or held back

synonym: delay, hinder, impede

(1) **retard** progress, (2) **retard** the growth

Excessive alcohol consumption may confuse time, blur vision, dim alertness, and **retard** response.

retarded

adj. (considered derogatory) delayed or impeded in intellectual or emotional development; slow to learn

synonym: delayed, impeded, slow

(1) retarded growth, (2) retarded child

The project was delayed due to some technical problems, and it was considered **retarded**.

derogatory

adj. expressing a low opinion; insulting *synonym*: insulting, negative, pejorative

(1) have **derogatory** eyes, (2) **derogatory** language He made **derogatory** comments about her appearance and intelligence.

spectator

n. someone present at an event, such as a sports game, play, or concert, to watch or observe it

synonym: onlooker, observer, viewer

(1) mass **spectator** sport, (2) **spectator** seat She enjoyed watching the game as a **spectator**.

epilepsy

 a neurological disorder characterized by recurrent seizures or convulsions, which can manifest in a variety of ways and be caused by various factors

synonym: seizures, convulsions, fits

(1) **epilepsy** seizure, (2) **epilepsy** medication

The flashing lights at the concert triggered her **epilepsy** and caused a seizure.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark The phone rang at the most **opportune** time.

persevere

 to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement

synonym: persist, endure, continue

(1) persevere through hardships,	(2) persevere in my goals
Even when faced with challenges,	it's important to persevere
and never give up.	

excite

- v. to make someone feel suddenly enthusiastic or eager synonym: thrill, exhilarate, animate
- (1) **excite** the crowd, (2) **excite** rebellion The news of her promotion **excited** her.

whistle

v. to make a high-pitched sound by forcing breath through a small opening, usually with the lips or fingers; (noun) a piece of equipment that forces air or steam against an edge or into a cavity and so produces a loud shrill sound

synonym: sound, honk, tweet

(1) **whistle** a tune, (2) **whistle** for help

The employee decided to **whistle-blow** on the company's illegal activities.

tweet

- a short, high sound made by a small bird; a message sent using Twitter, the social media application
- synonym: peep, chirp, post (on Twitter)
- (1) a chick's **tweet**, (2) his latest **tweets** We could hear the **tweet** of baby birds.

pundit

 an expert, authority, or knowledgeable commentator who frequently expresses opinions or gives analysis on a particular subject or issue

synonym: expert, commentator, punditry

(1) conservative pundit, (2) sports pundit

The political **pundit** provided analysis and commentary on the latest election results.

moose

 a large deer native to the northern forests of North America and Eurasia

synonym: elk, deer, antelope

(1) **moose** hunting, (2) **moose** population

The antlers of a bull **moose** can grow up to 6 feet in width and weigh over 60 pounds.

squat

v. to crouch or sit with one's knees bent and one's heels close to or touching one's buttocks; to occupy a space, usually a place that is not designed for human habitation or use; (noun) a physical exercise that involves holding a position similar to sitting with the knees bent and the thighs parallel to the ground

synonym: crouch, hunch, sit

- (1) **squat** behind a tree, (2) **squat** exercise

 I need to **squat** down to pick up the pen from the floor.
- colosseum
- n. (also "coliseum") a large amphitheater (= an open-air venue used for entertainment, performances, and sports) in Rome whose construction was begun by Vespasian about AD 75 or 80
- (1) build a **colosseum** for gladiators, (2) **Colosseum** area Rome's **Colosseum** gets busy in peak season.
- a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful

synonym: tormentor, intimidator, aggressor

(1) bully bystander, (2) bully the weak

The schoolyard **bully** terrorized the other children and made their lives miserable.

bully

Session 2: Spelling

1. enrich my in____ct

2. s_n a person

3. wh___e a tune

4. sports pu___t

5. ex e the crowd

6. mo e hunting

7. sp or seat

8. build a co um for gladiators

- the ability to think logically and comprehend information, especially at an advanced level
- to avoid deliberately or keep away from someone or something
- v. to make a high-pitched sound by forcing breath through a small opening, usually with the lips or fingers; (noun) a piece of equipment that forces air or steam against an edge or into a cavity and so produces a loud shrill sound
- an expert, authority, or knowledgeable commentator who frequently expresses opinions or gives analysis on a particular subject or issue
- v. to make someone feel suddenly enthusiastic or eager
- a large deer native to the northern forests of North America and Eurasia
- someone present at an event, such as a sports game, play, or concert, to watch or observe it
- n. (also "coliseum") a large amphitheater
 (= an open-air venue used for entertainment, performances, and sports) in Rome whose construction was begun by Vespasian about AD 75 or 80

ANSWERS: 1. intellect, 2. shun, 3. whistle, 4. pundit, 5. excite, 6. moose, 7. spectator, 8. colosseum

to hinder, delay, or slow down the 9. re d the growth ν. progress or development of something; to cause someone or something to be delayed or held back to crouch or sit with one's knees bent 10. sq t behind a tree ν. and one's heels close to or touching one's buttocks; to occupy a space, usually a place that is not designed for human habitation or use; (noun) a physical exercise that involves holding a position similar to sitting with the knees bent and the thighs parallel to the ground adj. expressing a low opinion; insulting 11. der____ry language 12. bu__y the weak a person who uses strength or power to n. harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful (also "coliseum") a large amphitheater 13. Co um area (= an open-air venue used for entertainment, performances, and sports) in Rome whose construction was begun by Vespasian about AD 75 or 80 14. conservative pu t an expert, authority, or knowledgeable commentator who frequently expresses opinions or gives analysis on a particular subject or issue a large deer native to the northern 15. mo__e population n. forests of North America and Eurasia

ANSWERS: 9. retard, 10. squat, 11. derogatory, 12. bully, 13. colosseum, 14. pundit, 15. moose

16.	a chick's twt	n.	a short, high sound made by a small bird; a message sent using Twitter, the social media application
17.	reed child	adj.	(considered derogatory) delayed or impeded in intellectual or emotional development; slow to learn
18.	his latest twts	n.	a short, high sound made by a small bird; a message sent using Twitter, the social media application
19.	an opne remark	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
20.	have derry eyes	adj.	expressing a low opinion; insulting
21.	whe for help	<i>v</i> .	to make a high-pitched sound by forcing breath through a small opening, usually with the lips or fingers; (noun) a piece of equipment that forces air or steam against an edge or into a cavity and so produces a loud shrill sound
22.	opne occasion	adj.	suitable or happening at a time that is suitable or convenient for a particular purpose
23.	s_n office politics	v.	to avoid deliberately or keep away from someone or something
24.	reed growth	adj.	(considered derogatory) delayed or impeded in intellectual or emotional development; slow to learn
25.	pere through hardships	ν.	to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement

ANSWERS: 16. tweet, 17. retarded, 18. tweet, 19. opportune, 20. derogatory, 21. whistle, 22. opportune, 23. shun, 24. retarded, 25. persevere

- 26. re___d progress
- 27. ep___sy seizure
- 28. mass sp____or sport
- 29. ex___e rebellion
- 30. ep sy medication
- 31. pe re in my goals
- 32. bu__y bystander
- 33. sq t exercise

- v. to hinder, delay, or slow down the progress or development of something; to cause someone or something to be delayed or held back
- a neurological disorder characterized by recurrent seizures or convulsions, which can manifest in a variety of ways and be caused by various factors
- someone present at an event, such as a sports game, play, or concert, to watch or observe it
- v. to make someone feel suddenly enthusiastic or eager
- a neurological disorder characterized by recurrent seizures or convulsions, which can manifest in a variety of ways and be caused by various factors
- v. to persist in the course of action, despite opposition or difficulty; to continue with determination despite setbacks, obstacles, or discouragement
- n. a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
- v. to crouch or sit with one's knees bent and one's heels close to or touching one's buttocks; to occupy a space, usually a place that is not designed for human habitation or use; (noun) a physical exercise that involves holding a position similar to sitting with the knees bent and the thighs parallel to the ground

ANSWERS: 26. retard, 27. epilepsy, 28. spectator, 29. excite, 30. epilepsy, 31. persevere, 32. bully, 33. squat

Vocab-Builder Ref from "	"Matthew Williams: S	Special Olyn	npics let me be my	vself a cham	pion T	ED Talk" (17 words
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34. human in____ct

 n. the ability to think logically and comprehend information, especially at an advanced level

ANSWERS: 34. intellect

Session 3: Fill in the Blanks

1.	Excessive alcohol consumption may confuse time, blur vision, dim alertness, and response.
<i>v</i> .	to hinder, delay, or slow down the progress or development of something; to cause someone or something to be delayed or held back
2.	Rome's gets busy in peak season.
n.	(also "coliseum") a large amphitheater (= an open-air venue used for entertainment, performances, and sports) in Rome whose construction was begun by Vespasian about AD 75 or 80
3.	The phone rang at the most time.
adj	suitable or happening at a time that is suitable or convenient for a particular purpose
4.	The schoolyard terrorized the other children and made their lives miserable.
n.	a person who uses strength or power to harm or intimidate those who are weaker; (verb) to intimidate, harass, or mistreat someone weaker or less powerful
5.	The employee decided to on the company's illegal activities.
v.	to make a high-pitched sound by forcing breath through a small opening, usually with the lips or fingers; (noun) a piece of equipment that forces air or steam against an edge or into a cavity and so produces a loud shrill sound
6.	She enjoyed watching the game as a
n.	someone present at an event, such as a sports game, play, or concert, to watch or observe it
	SWERS: 1. retard, 2. Colosseum, 3. opportune, 4. bully, 5. whistle-blow, 6.

7.	Even when faced with challenges, it's important to and nevup.	er give
v.	to persist in the course of action, despite opposition or difficulty; to consist with determination despite setbacks, obstacles, or discouragement	ontinue
8.	We could hear the of baby birds.	
n.	a short, high sound made by a small bird; a message sent using Twing social media application	tter, the
9.	The news of her promotion her.	
<i>v</i> .	to make someone feel suddenly enthusiastic or eager	
10.	The flashing lights at the concert triggered her and caused a	a seizure.
n.	a neurological disorder characterized by recurrent seizures or convul which can manifest in a variety of ways and be caused by various fac-	
11.	The antlers of a bull can grow up to 6 feet in width and weigh or pounds.	ver 60
n.	a large deer native to the northern forests of North America and Eura	asia
12.	The project was delayed due to some technical problems, and it was c	considered
adj	 j. (considered derogatory) delayed or impeded in intellectual or emotio development; slow to learn 	nal
13.	He made comments about her appearance and intelligen	ce.
adj	j. expressing a low opinion; insulting	
14.	The political provided analysis and commentary on the latest energy results.	election
n.	an expert, authority, or knowledgeable commentator who frequently opinions or gives analysis on a particular subject or issue	expresses
	ISWERS: 7. persevere, 8. tweet, 9. excited, 10. epilepsy, 11. moose, 12 derogatory, 14. pundit	2. retarded,

15.	He going to the party and decided to stay home instead.
ν.	to avoid deliberately or keep away from someone or something
16.	Your is capable of distinguishing among similar objects.
n.	the ability to think logically and comprehend information, especially at an advanced level
17.	I need to down to pick up the pen from the floor.
ν.	to crouch or sit with one's knees bent and one's heels close to or touching one's buttocks; to occupy a space, usually a place that is not designed for

human habitation or use; (noun) a physical exercise that involves holding a position similar to sitting with the knees bent and the thighs parallel to the

ANSWERS: 15. shunned, 16. intellect, 17. squat

ground