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Vocabulary Builder Reference from...

Joseph Ravenell: How barbershops can keep men healthy | TED Talk

https://www.ted.com/talks/joseph_ravenell_how_barbershops_can_keep_men_healthy

All Words

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Session 1: Word List

barber

n. a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered

synonym : hairdresser, stylist, shaver

(1) favorite **barber**, (2) **barber** pole

The **barber** shop was closed on Monday, much to the disappointment of many customers.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

equity

n. the value of the shares issued by a company

synonym : fairness

(1) private **equity** firm, (2) **equity** capital market

That company is cautious when it comes to **equity** investment.

beard

n. hair that grows on a man's face, often around the mouth and chin

synonym : facial hair, whiskers, stubble

(1) a black **beard**, (2) shave my **beard**

He grew a thick **beard** to change his appearance.

trim

v. to make neat or tidy by clipping, cutting, or pruning away excess or unwanted parts; to adjust or modify to improve efficiency or performance

synonym: cut, pare, prune

(1) **trim** a dog's nails, (2) **trim** the budget

I must **trim** the bushes in my front yard before they get too overgrown.

historic

adj. famous or significant in history, or potentially so

synonym: memorable, momentous, historical

(1) **historic** accomplishment, (2) achieve the **historic** feat

The Chinese people have accomplished several **historic** feats.

solidarity

n. unity or agreement of feelings or actions among a group, especially among individuals with a common interest

synonym: unity, cooperation, mutual support

(1) **solidarity** among union members, (2) **solidarity** action

The workers showed **solidarity** in their strike for better working conditions.

solace

n. comfort or consolation in a time of distress, sadness, or disappointment; (verb) to comfort or console someone in a time of distress, loss, or suffering

synonym: comfort, condolence, peace

(1) **solace** in music, (2) offer **solace**

The grieving widow found **solace** in reading her late husband's letters.

grind

v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time

synonym: mill, crush, grate

(1) **grind** away at my work, (2) **grind** your teeth

She had to **grind** the coffee beans before making a fresh cup.

perceive

v. to become aware or conscious of something through the senses

synonym: sense, discern, feel

(1) **perceive** a threat, (2) **perceive** light

Australia is widely **perceived** as having low levels of corruption.

threaten

v. to utter intentions of injury or punishment against someone

synonym: endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

loyalty

n. the quality of being devoted or faithful to someone or something

synonym: faithfulness, devotion, allegiance

(1) **loyalty** program, (2) earn his **loyalty**

He has always shown great **loyalty** to his friends and family.

fearless

adj. having no fear; brave

synonym: brave, courageous, daring

(1) **fearless** attitude, (2) **fearless** bravery

The **fearless** firefighter rushed into the burning building to save a trapped child.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

essence

n. the basic or most important part or quality of something that makes it what it is

synonym : core, nature, disposition

(1) vanilla **essence**, (2) universal **essence**

University teaches the art of understanding the **essence** of the matter.

clockwork

n. a mechanism in which a series of gears, springs and other mechanical elements are used to power a device, especially a clock

synonym : mechanism, movement, gears

(1) run like **clockwork**, (2) **clockwork** precision

The **clockwork** mechanism in the grandfather clock needed to be wound up every week.

soak

v. to allow liquid to be absorbed, typically by immersing in it; to leave as a guarantee in return for money

synonym : saturate, steep, douse

(1) **soak** in a hot spring, (2) **soak** away stress

I **soaked** the shirt in the sink before washing it.

atmosphere

n. the mass of air that surrounds the Earth; the pervading tone or mood of a place, situation, or creative work

synonym : air, ambiance, circumstances

(1) carbon dioxide in the **atmosphere**, (2) a convivial **atmosphere**

The spaceship began to burn up as it approached the Earth's **atmosphere**.

jovial

adj. characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness

synonym : jolly, gleeful, merry

(1) **jovial** atmosphere, (2) **jovial** personality

The **jovial** host made sure all of his guests felt welcome.

greet

v. to say hello to someone; to express welcome on meeting someone

synonym : welcome, salute, acknowledge

(1) **greet** a customer, (2) **greet** an idea

He **greeted** his friends with a warm smile and a hug.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

synonym : revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

celebrity

n. someone who is well-known, particularly in the entertainment industry

synonym : figure, star, VIP

(1) baseball **celebrity**, (2) **celebrity** known worldwide

The popularity of the show made her an instant **celebrity**.

immense

adj. extremely large or great

synonym : enormous, giant, huge

(1) **immense** amount, (2) **immense** pressure

He left his wife an **immense** fortune.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

lengthy

adj. tediously continuing for a long time; very long in time or size

synonym : extended, interminable, long

(1) to be a **lengthy** process, (2) **lengthy** load times

The **lengthy** medical treatment had weakened his muscles.

recount

v. to describe what happened or to narrate a story

synonym: narrate, tell, report

(1) **recount** the adventure, (2) **recount** a conversation with him

They **recount** events that have already occurred.

recommendation

n. an official suggestion that something is good or suitable for a particular purpose or job

synonym: guidance, advice, suggestion

(1) follow his **recommendations**, (2) a letter of **recommendation**

We made a **recommendation** to the client.

diet

n. the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan

synonym: food, dietary

(1) eat a vegetarian **diet**, (2) **Diet** approval

A balanced **diet** is more important for health than supplements.

simplify

v. to make something more straightforward, more understandable, or easier to do

synonym: streamline, clarify, elucidate

(1) **simplify** my life, (2) **simplify** the process

Please **simplify** your explanation for the children.

adequate

adj. enough, acceptable, satisfactory for a particular purpose or need

synonym: enough, acceptable, able

(1) **adequate** parking facilities, (2) provide **adequate** funding

This argument is still not **adequate**.

stroke

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

synonym : blow

(1) suffer **stroke**, (2) a **stroke** of the putter

This year's extreme heat has resulted in many heat **stroke** cases.

massive

adj. enormous amount; very heavy and solid

synonym : enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars

The recent economic downturn has resulted in **massive** layoffs.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

wisdom

n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

synonym : sagacity, discernment, insight

(1) a fountain of **wisdom**, (2) **wisdom** literature

The community greatly respected and sought after the older adult's **wisdom**.

demonstrate

v. to display something or give an exhibition to an interested audience

synonym : show, illustrate, display

(1) **demonstrate** a difference, (2) **demonstrate** mastery

How can you **demonstrate** that the earth is a sphere?

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym : identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

appropriate

adj. suitable or proper in the circumstances; fitting

synonym : fitting, suitable, proper

(1) **appropriate** behavior, (2) an **appropriate** time

It would be **appropriate** to dress nicely for the wedding.

untreated

adj. not given medical care or treatment; not subjected to chemical or physical treatment

synonym : raw, unprocessed, coarse

(1) an **untreated** disease, (2) dispose of **untreated** formalin solution

Heat stroke is the result of **untreated** heat exhaustion.

engagement

n. a mutual promise to marry someone; an agreement to do something, especially at a particular time

synonym : betrothal, promise, commitment

(1) a prior **engagement**, (2) break off an **engagement**

They selected a gorgeous diamond **engagement** ring.

primary

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

synonym : chief, main, fundamental

(1) **primary** school, (2) **primary** education

The **primary** cause of the accident was due to the icy road conditions.

healthcare

n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

(1) **healthcare** agency, (2) rising **healthcare** cost

In an aging population, citizens must pay more to maintain quality **healthcare**.

associate

v. to mentally connect someone or something with someone or something else

synonym : tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

mistrust

v. to have doubts or suspicions about the honesty or sincerity of someone

synonym: doubt, suspect, question

(1) **mistrust** a young man, (2) **mistrust** the government

He **mistrusted** her apology because of her past lies.

disrespect

n. an expression of lack of regard or contempt for someone or something

synonym: impoliteness, rudeness, insult

(1) mean no **disrespect**, (2) **disrespect** for a customer

His **disrespectful** behavior towards his elders earned him a stern warning from his parents.

unnecessary

adj. not needed or required; not essential or important

synonym: redundant, extra, superfluous

(1) **unnecessary** expense, (2) **unnecessary** hassle

The extra steps in the process were deemed **unnecessary** and removed to streamline production.

unpleasant

adj. not enjoyable or comfortable

synonym: disagreeable, displeasing, distasteful

(1) **unpleasant** behavior, (2) with **unpleasant** body odor

It is **unpleasant** to see criminal behavior even though it is minor.

runaround

n. a series of evasive or misleading answers or actions often used to evade responsibility or avoid giving a direct answer; a frustrating and time-consuming experience of being led from one place or person to another in search of information or assistance

synonym: excuse, evasion, avoidance

(1) **runaround** excuses, (2) get a bureaucratic **runaround**

My boss has been giving me the **runaround** about my promotion for months.

evaluate

v. to assess or estimate the quality, significance, quantity, or value of something

synonym: assess, estimate, consider

(1) **evaluate** the grant proposal, (2) **evaluate** a situation

The meeting aims to **evaluate** possible choices.

stoic

adj. calm and unemotional, especially in difficult situations;
(noun) a member of the ancient Greek school of philosophy founded by Zeno

synonym: unflappable, resigned, unemotional

(1) **stoic** courage, (2) do **stoic** strength training

He was known for his **stoic** demeanor, never showing emotion or weakness.

skip

v. to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do

synonym: bounce, spring, neglect

(1) **skip** across the country, (2) **skip** breakfast

We **skipped** the topic because it was too complicated.

herein

adv. within this document, text, or writing; in this specific place, instance, or group of things that are being referred to

synonym: hereinafter, hereunder, therein

(1) payments **herein** provided, (2) described **herein**

The terms and conditions stated **herein** are binding upon both parties.

ravage

v. to cause damage to something badly

synonym: devastate, ruin, destroy

(1) **ravage** a country, (2) **ravage** the brain

A large fire **ravaged** the forest.

vital

adj. necessary for the success or continued existence of something

synonym : critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society

Perseverance and optimism are **vital** to success.

superstar

n. a very famous and successful performer or athlete

synonym : celebrity, icon, megastar

(1) **superstar** athlete, (2) jazz **superstar**

She is a **superstar** in the music industry.

stunning

adj. causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence

synonym : beautiful, breathtaking, magnificent

(1) **stunning** beauty, (2) **stunning** disclosure

The **stunning** sunset took everyone's breath away.

businessperson

n. a person who is engaged in business, typically as an owner or executive

synonym : entrepreneur, executive

(1) a young **businessperson**, (2) **businessperson** network

He was a successful **businessperson** and had much experience in the field.

confidant

n. a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor

synonym : chum, friend, pal

(1) **confidant's** advice, (2) trusted **confidant**

She chose her mother as her **confidant** to share her personal issue.

advocate

n. a person who supports or suggests an idea, development, or way of doing something

synonym : proponent, exponent, promoter

(1) an **advocate** of disarmament, (2) public education **advocates**

Advocates of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.

well-being

n. the state of being happy and healthy and prosperous
synonym: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**
We are responsible for the care and **well-being** of all our employees.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

orchestrate

v. to plan, coordinate, or arrange something, especially skillfully or cleverly; (noun) the act of organizing or directing the elements of a composition, especially in music

synonym: plan, coordinate, arrange

(1) **orchestrate** a takeover, (2) **orchestrate** the political reinstatement

He carefully **orchestrated** the details of his business plan.

voter

n. a person who votes or has a legal right to vote in a political election

synonym: elector, citizen

(1) an eligible **voter**, (2) **voter** apathy

The election administration nullified the election results because of **voter** fraud.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym: fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

typify

v. to be a typical example of; to represent or serve as an example of something

synonym: embody, represent, personify

(1) **typify** a generation, (2) **typify** a stereotype

These flowers **typify** the beauty of spring.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

territory

n. an area under the control of a ruler or state

synonym: domain, region, realm

(1) acquire **territory**, (2) **territory** in charge

They incorporated the conquered **territory** into their nation.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

relation

n. the way two persons or groups of people feel and act toward one another

synonym:

association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

concrete

adj. existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement

synonym : actual, factual, hardened

(1) a **concrete** noun, (2) **concrete** examples

The president asked for a more **concrete** plan.

empower

v. to give someone the power or authority to do something

synonym : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

inequity

n. a lack of fairness or justice; an unfair or unequal situation or practice

synonym : injustice, unfairness, bias

(1) **inequity** in education, (2) market **inequity**

There's an **inequity** in the criminal justice system that needs to be addressed.

expand

v. to increase or to make something greater in size, number, or importance

synonym : extend, grow, boost

(1) **expand** a lineup, (2) **expand** agricultural output

They hope to **expand** their business worldwide.

clinic

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym :

hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**
She holds a **clinic** on Tuesday mornings.

physician

n. a medical doctor who practices medicine
synonym: doctor, practitioner, medic

(1) the advice of the **physician**, (2) consult with a **physician**
She visited the local **physician** to seek treatment for her persistent headache.

forefront

n. the leading or most important position or place; the forefront of a movement or cause
synonym: vanguard, lead, front line

(1) **forefront** technology, (2) the **forefront** of an air mass
Education is at the **forefront** of our society's priorities for ensuring a better future.

promote

v. to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
synonym: boost, raise, advertise

(1) **promote** a better relationship, (2) **promote** bad behavior
The government should do more to **promote** sustainable agribusiness.

hub

n. the central or main part of a particular place, activity, network, etc.; the central part of a car wheel, fan, propeller, etc., through which the shaft or axle passes
synonym: center, junction, focal point

(1) a **hub** of commerce, (2) education **hub**
This airport has taken the first step to become an international **hub** airport.

urban

adj. relating to or located in a town or city
synonym: metropolitan, civic

(1) **urban** planning, (2) **urban** property owners

Only a small number of **urban** utilities offer sanitation services.

pioneer

n. inventor; explorer; someone who is among the first to achieve something

synonym: frontiersperson, innovator, trailblazer

(1) act as a **pioneer**, (2) early **pioneers**

John Whitney was a computer animation **pioneer**.

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym: surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

intervention

n. the action or process of being done to improve or help a circumstance, often they have not been asked to do so

synonym: interference, intercession, treatment

(1) **intervention** by foreign powers, (2) surgical

intervention

This **intervention** does not require the patient's consent.

appeal

n. a serious, earnest, or urgent request for money, information, or help; a quality that makes somebody or something attractive or interest

synonym: request, charm, attraction

(1) draw out your **appeal**, (2) an **appeal** for help

He needed to resolve the problem as soon as possible, so he made an **appeal** directly.

conduct

v. to organize and carry out a particular activity

synonym: behave, lead, carry on

(1) **conduct** a background check, (2) **conduct** research

Police will **conduct** random breath testing for drunk driving.

broad

adj. very wide; general

synonym : wide, expansive, comprehensive

(1) attract **broad** attention, (2) a **broad** mind

He accumulated wealth across a **broad** spectrum of assets.

cross-section

n. a two-dimensional representation of a slice or portion of a three-dimensional object or structure, showing the internal arrangement and relationship of its parts; a sample or subset of a larger population or entity that allows insight into its characteristics or behavior

synonym : section, segment, slice

(1) **cross-section** diagram, (2) **cross-section** view

The **cross-section** of the tree trunk showed its growth rings.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

brotherhood

n. a relationship characterized by mutual support, unity, and camaraderie among people who share a common interest

synonym : fraternity, camaraderie, companionship

(1) spirit of **brotherhood**, (2) **brotherhood** among coworkers

The **brotherhood** between the firefighters was evident in their teamwork and bravery during the blaze.

involve

v. to include or affect someone or something as a necessary part of something else

synonym : implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of

risk

The investigation **involves** several government agencies and is expected to take several months.

premise

n. a statement or proposition that is held to be true or from which a conclusion can be drawn

synonym: assumption, postulate, supposition

(1) the major **premise**, (2) make a **premise**

The book's **premise** is that the main character must save the world from an impending disaster.

reward

n. a thing given in acknowledgment of service, hard work, achievement, etc.

synonym: compensation, gratuity, bonus

(1) the **reward** for good works, (2) shopping **rewards** cards

Night fishing has a lot of **rewards**.

intersection

n. a point where two or more roads, lines, etc., cross each other

synonym: crossroad, junction, hub

(1) busy **intersection**, (2) the **intersection** of coordinate axes

Take a right turn at the next **intersection**.

cult

n. a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

synonym: sect, faith, religion

(1) **cult** members, (2) **cult's** practices

The **cult** leader promised his followers that they would achieve enlightenment if they followed his teachings.

roll

v. to move in a particular direction by turning over and over or from side to side

synonym: spin, swirl, wheel

(1) **roll** a ball, (2) **roll** down his cheeks

He was exhausted and **rolled** into bed as soon as he got home.

sleeve

n. a part of a garment that covers all or part of an arm

synonym: arm covering, armband

(1) a wide **sleeve**, (2) **sleeve** length

He rolled up his **sleeves** to get ready to work.

participate

v. to take part in something

synonym: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

improve

v. to make or become better

synonym: enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

cadre

n. a group of trained and committed members of an organization or movement

synonym: core group, leadership, elite

(1) elite **cadre**, (2) **cadre** of leaders

The **cadre** of experienced soldiers led the attack.

counsel

n. advice or guidance given by a person with specialized knowledge or experience, particularly in a professional or legal context; the act of providing advice or guidance

synonym: advice, guidance, direction

(1) take **counsel**, (2) career **counsel**

She sought the **counsel** of her trusted advisor before making a decision.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym: cite, allude, mention

(1) **refer** to a book, (2) **refer** to a map

Please **refer** to the instruction manual for further assistance.

damn

v. to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger

synonym: curse, condemn, denounce

(1) **damn** the consequences, (2) **damn** with faint praise

The company's poor financial performance is likely to **damn** the CEO's chances of being re-elected to the board.

partnership

n. the state of a cooperative relationship between people or groups, especially in business

synonym: alliance, participation, cooperation

(1) **partnership** across the Atlantic, (2) establish a **partnership**

The military **partnership** between the two countries created tension in the international community.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

extrapolate

v. to guess or think about what might happen or estimate something using the facts that you have now

synonym: deduce, reason, infer

(1) **extrapolate** the results, (2) **extrapolate** animal dose
This predictive model mechanically **extrapolates** past trends into the future.

incredible

adj. unbelievable; enormous

synonym: unbelievable, fantastical, inconceivable

(1) **incredible** amount, (2) at **incredible** speed
Her response revealed **incredible** idiocy.

diverse

adj. including numerous categories of individuals or entities; various

synonym: manifold, various, myriad

(1) **diverse** backgrounds, (2) a person of **diverse** talents
New York is a city with a **diverse** ethnic population.

assistant

n. someone who helps or supports someone else to do a job

synonym: aide, helper, associate

(1) an unwilling **assistant**, (2) **assistant** professor
An executive **assistant** director administers each branch.

volunteer

n. a person who performs or offers to perform a job or service without being paid for or forced to do

synonym: unpaid worker, draftee, enlistee

(1) seek **volunteers**, (2) my **volunteer** work
The teachers make full use of **volunteer** assistance.

venue

n. a location or place where an event or activity takes place; a place where something happens or is performed

synonym: location, site, arena

(1) **venue** capacity, (2) wedding **venue**
The concert **venue** was packed with excited fans.

counseling

n. the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties

and improve their mental health and well-being

synonym: therapy, guidance, advice

(1) **counseling** about risk management, (2) career **counseling**

I am going to **counseling** to work through my anxiety and depression.

myriad

adj. a very large number

synonym: numerous, countless, infinite

(1) **myriad** differences, (2) a **myriad** of choices

The artist featured **myriad** colors and patterns, creating a vibrant and dynamic piece.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym: sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

indicator

n. something that shows or points out what a situation is like or how a situation is changing

synonym: barometer, signal, index

(1) **indicator** lamp, (2) performance **indicators**

Several IT millionaires have shown that the level of education is a relatively poor **indicator** of whether a business can be successfully run.

Session 2: Spelling

- | | |
|--------------------------------|--|
| 1. earn his lo____y | <i>n.</i> the quality of being devoted or faithful to someone or something |
| 2. as____te with people widely | <i>v.</i> to mentally connect someone or something with someone or something else |
| 3. a st___e of the putter | <i>n.</i> a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc. |
| 4. elite ca__e | <i>n.</i> a group of trained and committed members of an organization or movement |
| 5. do st__c strength training | <i>adj.</i> calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno |
| 6. as____nt professor | <i>n.</i> someone who helps or supports someone else to do a job |
| 7. a fountain of wi___m | <i>n.</i> the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions |
| 8. si____fy my life | <i>v.</i> to make something more straightforward, more understandable, or easier to do |
| 9. temporary me____l treatment | <i>adj.</i> relating to the treatment of illness or injuries; relating to the practice of medicine |

ANSWERS: 1. loyalty, 2. associate, 3. stroke, 4. cadre, 5. stoic, 6. assistant, 7. wisdom, 8. simplify, 9. medical

10. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
11. gr__t a customer *v.* to say hello to someone; to express welcome on meeting someone
12. am____g advances *adj.* extremely surprising, especially in a way that you like or admire
13. mi____st a young man *v.* to have doubts or suspicions about the honesty or sincerity of someone
14. an ap___l for help *n.* a serious, earnest, or urgent request for money, information, or help; a quality that makes somebody or something attractive or interest
15. par_____te in the program *v.* to take part in something
16. le____y load times *adj.* tediously continuing for a long time; very long in time or size
17. gr__d your teeth *v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
18. ty___y a generation *v.* to be a typical example of; to represent or serve as an example of something
19. an eligible vo__r *n.* a person who votes or has a legal right to vote in a political election
20. co____t research *v.* to organize and carry out a particular activity
21. em____r the secretary to do the same *v.* to give someone the power or authority to do something

ANSWERS: 10. rev, 11. greet, 12. amazing, 13. mistrust, 14. appeal, 15. participate, 16. lengthy, 17. grind, 18. typify, 19. voter, 20. conduct, 21. empower

22. busy int_____ion *n.* a point where two or more roads, lines, etc., cross each other
23. telescopic vi___n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
24. st_____ng beauty *adj.* causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence
25. spirit of bro_____od *n.* a relationship characterized by mutual support, unity, and camaraderie among people who share a common interest
26. rising hea_____re cost *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
27. in_____or lamp *n.* something that shows or points out what a situation is like or how a situation is changing
28. play a vi__l role *adj.* necessary for the success or continued existence of something
29. st_____ng disclosure *adj.* causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence
30. t__m a dog's nails *v.* to make neat or tidy by clipping, cutting, or pruning away excess or unwanted parts; to adjust or modify to improve efficiency or performance
31. act as a pi_____r *n.* inventor; explorer; someone who is among the first to achieve something

ANSWERS: 22. intersection, 23. vision, 24. stunning, 25. brotherhood, 26. healthcare, 27. indicator, 28. vital, 29. stunning, 30. trim, 31. pioneer

32. ba___r pole *n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
33. sol_____ty action *n.* unity or agreement of feelings or actions among a group, especially among individuals with a common interest
34. jo___l personality *adj.* characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness
35. c__t's practices *n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices
36. acquire te_____ry *n.* an area under the control of a ruler or state
37. shave my be__d *n.* hair that grows on a man's face, often around the mouth and chin
38. a seafaring na___n *n.* a large organized community of people living in a particular country or region and having a particular culture
39. surgical int_____ion *n.* the action or process of being done to improve or help a circumstance, often they have not been asked to do so
40. universal es_____e *n.* the basic or most important part or quality of something that makes it what it is
41. s__k away stress *v.* to allow liquid to be absorbed, typically by immersing in it; to leave as a guarantee in return for money

ANSWERS: 32. barber, 33. solidarity, 34. jovial, 35. cult, 36. territory, 37. beard, 38. nation, 39. intervention, 40. essence, 41. soak

42. ex___d a lineup *v.* to increase or to make something greater in size, number, or importance
43. ur__n planning *adj.* relating to or located in a town or city
44. ext_____te animal dose *v.* to guess or think about what might happen or estimate something using the facts that you have now
45. fe_____ss bravery *adj.* having no fear; brave
46. st__c courage *adj.* calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
47. as_____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else
48. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous
49. a br__d mind *adj.* very wide; general
50. pr_____y education *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
51. draw out your ap___l *n.* a serious, earnest, or urgent request for money, information, or help; a quality that makes somebody or something attractive or interest
52. attract br__d attention *adj.* very wide; general

ANSWERS: 42. expand, 43. urban, 44. extrapolate, 45. fearless, 46. stoic, 47. associate, 48. well-being, 49. broad, 50. primary, 51. appeal, 52. broad

53. jazz su_____ar *n.* a very famous and successful performer or athlete
54. my___d differences *adj.* a very large number
55. ex___d agricultural output *v.* to increase or to make something greater in size, number, or importance
56. career co_____l *n.* advice or guidance given by a person with specialized knowledge or experience, particularly in a professional or legal context; the act of providing advice or guidance
57. D__t approval *n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
58. the wel_____ng of a nation *n.* the state of being happy and healthy and prosperous
59. pe_____ve light *v.* to become aware or conscious of something through the senses
60. my vo_____er work *n.* a person who performs or offers to perform a job or service without being paid for or forced to do
61. mean no dis_____ct *n.* an expression of lack of regard or contempt for someone or something
62. p__e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
63. fo_____nt technology *n.* the leading or most important position or place; the forefront of a movement or cause

ANSWERS: 53. superstar, 54. myriad, 55. expand, 56. counsel, 57. diet, 58. well-being, 59. perceive, 60. volunteer, 61. disrespect, 62. pave, 63. forefront

64. establish a par_____ip *n.* the state of a cooperative relationship between people or groups, especially in business
65. visit to the veterinary cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
66. a h_b of commerce *n.* the central or main part of a particular place, activity, network, etc.; the central part of a car wheel, fan, propeller, etc., through which the shaft or axle passes
67. in____t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
68. ty____y a stereotype *v.* to be a typical example of; to represent or serve as an example of something
69. an unwilling as_____nt *n.* someone who helps or supports someone else to do a job
70. im_____e the test score *v.* to make or become better
71. unn_____ry hassle *adj.* not needed or required; not essential or important
72. suffer st____e *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
73. market in_____ty *n.* a lack of fairness or justice; an unfair or unequal situation or practice
74. favorite ba____r *n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered

ANSWERS: 64. partnership, 65. clinic, 66. hub, 67. invest, 68. typify, 69. assistant, 70. improve, 71. unnecessary, 72. stroke, 73. inequity, 74. barber

75. p__e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
76. dis_____ct for a customer *n.* an expression of lack of regard or contempt for someone or something
77. si_____fy the process *v.* to make something more straightforward, more understandable, or easier to do
78. a wide sl____e *n.* a part of a garment that covers all or part of an arm
79. vanilla es_____e *n.* the basic or most important part or quality of something that makes it what it is
80. dem_____te a difference *v.* to display something or give an exhibition to an interested audience
81. su_____ar athlete *n.* a very famous and successful performer or athlete
82. cl_____rk precision *n.* a mechanism in which a series of gears, springs and other mechanical elements are used to power a device, especially a clock
83. the re____d for good works *n.* a thing given in acknowledgment of service, hard work, achievement, etc.
84. app_____te behavior *adj.* suitable or proper in the circumstances; fitting
85. the int_____ion of coordinate axes *n.* a point where two or more roads, lines, etc., cross each other
86. ma_____e amounts *adj.* enormous amount; very heavy and solid

ANSWERS: 75. pave, 76. disrespect, 77. simplify, 78. sleeve, 79. essence, 80. demonstrate, 81. superstar, 82. clockwork, 83. reward, 84. appropriate, 85. intersection, 86. massive

87. st____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
88. re__r to a map *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
89. break off an eng_____nt *n.* a mutual promise to marry someone; an agreement to do something, especially at a particular time
90. ma_____e stars *adj.* enormous amount; very heavy and solid
91. gr__d away at my work *v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
92. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
93. pr_____e bad behavior *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
94. eat a vegetarian d__t *n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
95. re__r to a book *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

ANSWERS: 87. struggle, 88. refer, 89. engagement, 90. massive, 91. grind, 92. opportune, 93. promote, 94. diet, 95. refer

96. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
97. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
98. a prodigious vi_____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
99. dispose of un_____ed formalin solution *adj.* not given medical care or treatment; not subjected to chemical or physical treatment
100. a dental cl_____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
101. ext_____te the results *v.* to guess or think about what might happen or estimate something using the facts that you have now
102. psy_____gy experiment *n.* the scientific study of mind and behavior
103. baseball ce_____ty *n.* someone who is well-known, particularly in the entertainment industry
104. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
105. a young bus_____son *n.* a person who is engaged in business, typically as an owner or executive

ANSWERS: 96. medical, 97. diagnose, 98. vision, 99. untreated, 100. clinic, 101. extrapolate, 102. psychology, 103. celebrity, 104. rev, 105. businessperson

106. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else
107. co_____nt's advice *n.* a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor
108. hea_____re agency *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
109. th_____en a healthy relationship *v.* to utter intentions of injury or punishment against someone
110. the fo_____nt of an air mass *n.* the leading or most important position or place; the forefront of a movement or cause
111. with unp_____nt body odor *adj.* not enjoyable or comfortable
112. orc_____te the political reinstatement *v.* to plan, coordinate, or arrange something, especially skillfully or cleverly; (noun) the act of organizing or directing the elements of a composition, especially in music
113. trusted co_____nt *n.* a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor
114. the advice of the ph_____an *n.* a medical doctor who practices medicine

ANSWERS: 106. involve, 107. confidant, 108. healthcare, 109. threaten, 110. forefront, 111. unpleasant, 112. orchestrate, 113. confidant, 114. physician

115. a ne____ve number *adj.* having the quality of something bad or harmful; expressing refusal
116. psy_____gy of crowd *n.* the scientific study of mind and behavior
117. d__n the consequences *v.* to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger
118. shopping re____ds cards *n.* a thing given in acknowledgment of service, hard work, achievement, etc.
119. described he____n *adv.* within this document, text, or writing; in this specific place, instance, or group of things that are being referred to
120. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
121. t__m the budget *v.* to make neat or tidy by clipping, cutting, or pruning away excess or unwanted parts; to adjust or modify to improve efficiency or performance
122. pr_____e a better relationship *v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
123. ve__e capacity *n.* a location or place where an event or activity takes place; a place where something happens or is performed
124. a letter of rec_____ion *n.* an official suggestion that something is good or suitable for a particular purpose or job

ANSWERS: 115. negative, 116. psychology, 117. damn, 118. reward, 119. herein, 120. conversation, 121. trim, 122. promote, 123. venue, 124. recommendation

125. im____e pressure *adj.* extremely large or great
126. ev____te a situation *v.* to assess or estimate the quality, significance, quantity, or value of something
127. education h_b *n.* the central or main part of a particular place, activity, network, etc.; the central part of a car wheel, fan, propeller, etc., through which the shaft or axle passes
128. par____te fully in conversation *v.* to take part in something
129. re____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
130. ac____e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
131. an op____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
132. vi__l for a healthy society *adj.* necessary for the success or continued existence of something
133. a co____te noun *adj.* existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement
134. c__t members *n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

ANSWERS: 125. immense, 126. evaluate, 127. hub, 128. participate, 129. relation, 130. achieve, 131. opportune, 132. vital, 133. concrete, 134. cult

135. im____e amount *adj.* extremely large or great
136. di____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
137. make a pr____e *n.* a statement or proposition that is held to be true or from which a conclusion can be drawn
138. co____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
139. a prior eng____nt *n.* a mutual promise to marry someone; an agreement to do something, especially at a particular time
140. gr__t an idea *v.* to say hello to someone; to express welcome on meeting someone
141. wedding ve__e *n.* a location or place where an event or activity takes place; a place where something happens or is performed
142. seek vo____ers *n.* a person who performs or offers to perform a job or service without being paid for or forced to do
143. in____ty in education *n.* a lack of fairness or justice; an unfair or unequal situation or practice
144. mi____st the government *v.* to have doubts or suspicions about the honesty or sincerity of someone
145. fe____ss attitude *adj.* having no fear; brave
146. wi____m literature *n.* the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

ANSWERS: 135. immense, 136. diagnose, 137. premise, 138. communal, 139. engagement, 140. greet, 141. venue, 142. volunteer, 143. inequity, 144. mistrust, 145. fearless, 146. wisdom

147. get a bureaucratic ru_____nd *n.* a series of evasive or misleading answers or actions often used to evade responsibility or avoid giving a direct answer; a frustrating and time-consuming experience of being led from one place or person to another in search of information or assistance
148. career cou_____ng *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being
149. a my___d of choices *adj.* a very large number
150. par_____ip across the Atlantic *n.* the state of a cooperative relationship between people or groups, especially in business
151. inc_____le amount *adj.* unbelievable; enormous
152. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
153. unp_____nt behavior *adj.* not enjoyable or comfortable
154. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
155. jo___l atmosphere *adj.* characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness

ANSWERS: 147. runaround, 148. counseling, 149. myriad, 150. partnership, 151. incredible, 152. struggle, 153. unpleasant, 154. negative, 155. jovial

156. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
157. te_____ry in charge *n.* an area under the control of a ruler or state
158. co_____te examples *adj.* existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement
159. re_____t the adventure *v.* to describe what happened or to narrate a story
160. run like cl_____rk *n.* a mechanism in which a series of gears, springs and other mechanical elements are used to power a device, especially a clock
161. ce_____ty known worldwide *n.* someone who is well-known, particularly in the entertainment industry
162. an ad_____te of disarmament *n.* a person who supports or suggests an idea, development, or way of doing something
163. a black be__d *n.* hair that grows on a man's face, often around the mouth and chin
164. th_____en national security *v.* to utter intentions of injury or punishment against someone
165. an app_____te time *adj.* suitable or proper in the circumstances; fitting
166. in____t in stocks *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
167. ur__n property owners *adj.* relating to or located in a town or city

ANSWERS: 156. relation, 157. territory, 158. concrete, 159. recount, 160. clockwork, 161. celebrity, 162. advocate, 163. beard, 164. threaten, 165. appropriate, 166. invest, 167. urban

168. offer so___e *n.* comfort or consolation in a time of distress, sadness, or disappointment; (verb) to comfort or console someone in a time of distress, loss, or suffering
169. in_____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
170. ca__e of leaders *n.* a group of trained and committed members of an organization or movement
171. ra___e the brain *v.* to cause damage to something badly
172. ev_____te the grant proposal *v.* to assess or estimate the quality, significance, quantity, or value of something
173. ac_____e milestones *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
174. di_____e backgrounds *adj.* including numerous categories of individuals or entities; various
175. sl___e length *n.* a part of a garment that covers all or part of an arm
176. eq___y capital market *n.* the value of the shares issued by a company
177. s__p across the country *v.* to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do

ANSWERS: 168. solace, 169. involve, 170. cadre, 171. ravage, 172. evaluate, 173. achieve, 174. diverse, 175. sleeve, 176. equity, 177. skip

178. im____e a process *v.* to make or become better
179. an un_____ed disease *adj.* not given medical care or treatment; not subjected to chemical or physical treatment
180. int_____ion by foreign powers *n.* the action or process of being done to improve or help a circumstance, often they have not been asked to do so
181. lo_____y program *n.* the quality of being devoted or faithful to someone or something
182. payments he____n provided *adv.* within this document, text, or writing; in this specific place, instance, or group of things that are being referred to
183. orc_____te a takeover *v.* to plan, coordinate, or arrange something, especially skillfully or cleverly; (noun) the act of organizing or directing the elements of a composition, especially in music
184. at inc_____le speed *adj.* unbelievable; enormous
185. na____n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
186. r__l a ball *v.* to move in a particular direction by turning over and over or from side to side
187. bus_____son network *n.* a person who is engaged in business, typically as an owner or executive
188. s__k in a hot spring *v.* to allow liquid to be absorbed, typically by immersing in it; to leave as a guarantee in return for money

ANSWERS: 178. improve, 179. untreated, 180. intervention, 181. loyalty, 182. herein, 183. orchestrate, 184. incredible, 185. nation, 186. roll, 187. businessperson, 188. soak

189. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
190. provide ad____te funding *adj.* enough, acceptable, satisfactory for a particular purpose or need
191. a person of di____e talents *adj.* including numerous categories of individuals or entities; various
192. ad____te parking facilities *adj.* enough, acceptable, satisfactory for a particular purpose or need
193. a convivial atm____re *n.* the mass of air that surrounds the Earth; the pervading tone or mood of a place, situation, or creative work
194. con____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
195. the most am____g feeling *adj.* extremely surprising, especially in a way that you like or admire
196. co____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
197. em____r my life *v.* to give someone the power or authority to do something
198. achieve the hi____ic feat *adj.* famous or significant in history, or potentially so
199. cro____ion diagram *n.* a two-dimensional representation of a slice or portion of a three-dimensional object or structure, showing the internal arrangement and relationship of its parts; a sample or subset of a larger population or entity that allows insight into its characteristics or behavior

ANSWERS: 189. develop, 190. adequate, 191. diverse, 192. adequate, 193. atmosphere, 194. conversation, 195. amazing, 196. communal, 197. empower, 198. historic, 199. cross-section

200. ru_____nd excuses *n.* a series of evasive or misleading answers or actions often used to evade responsibility or avoid giving a direct answer; a frustrating and time-consuming experience of being led from one place or person to another in search of information or assistance
201. r__l down his cheeks *v.* to move in a particular direction by turning over and over or from side to side
202. cro_____ion view *n.* a two-dimensional representation of a slice or portion of a three-dimensional object or structure, showing the internal arrangement and relationship of its parts; a sample or subset of a larger population or entity that allows insight into its characteristics or behavior
203. pe_____ve a threat *v.* to become aware or conscious of something through the senses
204. co_____t a background check *v.* to organize and carry out a particular activity
205. dem_____te mastery *v.* to display something or give an exhibition to an interested audience
206. private eq____y firm *n.* the value of the shares issued by a company
207. sol_____ty among union members *n.* unity or agreement of feelings or actions among a group, especially among individuals with a common interest
208. the major pr_____e *n.* a statement or proposition that is held to be true or from which a conclusion can be drawn

ANSWERS: 200. runaround, 201. roll, 202. cross-section, 203. perceive, 204. conduct, 205. demonstrate, 206. equity, 207. solidarity, 208. premise

209. carbon dioxide in the atm_____re *n.* the mass of air that surrounds the Earth; the pervading tone or mood of a place, situation, or creative work
210. unn_____ry expense *adj.* not needed or required; not essential or important
211. hi_____ic accomplishment *adj.* famous or significant in history, or potentially so
212. s__p breakfast *v.* to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do
213. follow his rec_____ions *n.* an official suggestion that something is good or suitable for a particular purpose or job
214. cou_____ng about risk management *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being
215. public education ad_____tes *n.* a person who supports or suggests an idea, development, or way of doing something
216. pr_____y school *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
217. consult with a ph_____an *n.* a medical doctor who practices medicine

ANSWERS: 209. atmosphere, 210. unnecessary, 211. historic, 212. skip, 213. recommendation, 214. counseling, 215. advocate, 216. primary, 217. physician

| | |
|--------------------------------------|--|
| 218. to be a le____y process | <i>adj.</i> tediously continuing for a long time; very long in time or size |
| 219. de____p a skill | <i>v.</i> to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created |
| 220. ra____e a country | <i>v.</i> to cause damage to something badly |
| 221. so____e in music | <i>n.</i> comfort or consolation in a time of distress, sadness, or disappointment; <i>(verb)</i> to comfort or console someone in a time of distress, loss, or suffering |
| 222. vo__r apathy | <i>n.</i> a person who votes or has a legal right to vote in a political election |
| 223. re____t a conversation with him | <i>v.</i> to describe what happened or to narrate a story |
| 224. early pi____rs | <i>n.</i> inventor; explorer; someone who is among the first to achieve something |
| 225. take co____l | <i>n.</i> advice or guidance given by a person with specialized knowledge or experience, particularly in a professional or legal context; the act of providing advice or guidance |
| 226. performance in____ors | <i>n.</i> something that shows or points out what a situation is like or how a situation is changing |
| 227. d__n with faint praise | <i>v.</i> to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger |

ANSWERS: 218. lengthy, 219. develop, 220. ravage, 221. solace, 222. voter, 223. recount, 224. pioneer, 225. counsel, 226. indicator, 227. damn

228. bro_____od among coworkers

n. a relationship characterized by mutual support, unity, and camaraderie among people who share a common interest

ANSWERS: 228. brotherhood

Session 3: Fill in the Blanks

1. We _____ the topic because it was too complicated.
 - v. to move along lightly and quickly, making a step from one foot to the other with a hop or bounce; to intentionally fail to do something which would normally do

2. This predictive model mechanically _____ past trends into the future.
 - v. to guess or think about what might happen or estimate something using the facts that you have now

3. I _____ the shirt in the sink before washing it.
 - v. to allow liquid to be absorbed, typically by immersing in it; to leave as a guarantee in return for money

4. This _____ does not require the patient's consent.
 - n. the action or process of being done to improve or help a circumstance, often they have not been asked to do so

5. The election administration nullified the election results because of _____ fraud.
 - n. a person who votes or has a legal right to vote in a political election

6. _____ of abolishing the death penalty often argue that the alternative heaviest sentence should be life in prison.
 - n. a person who supports or suggests an idea, development, or way of doing something

7. I will work hard to _____ my goals and realize my dreams.
 - v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

ANSWERS: 1. skipped, 2. extrapolates, 3. soaked, 4. intervention, 5. voter, 6. Advocates, 7. achieve

8. The _____ of the tree trunk showed its growth rings.
- n.* a two-dimensional representation of a slice or portion of a three-dimensional object or structure, showing the internal arrangement and relationship of its parts; a sample or subset of a larger population or entity that allows insight into its characteristics or behavior
9. They incorporated the conquered _____ into their nation.
- n.* an area under the control of a ruler or state
10. He was exhausted and _____ into bed as soon as he got home.
- v.* to move in a particular direction by turning over and over or from side to side
11. The meeting aims to _____ possible choices.
- v.* to assess or estimate the quality, significance, quantity, or value of something
12. The _____ cause of the accident was due to the icy road conditions.
- adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
13. Her response revealed _____ idiocy.
- adj.* unbelievable; enormous
14. The _____ of Japan is known for its unique culture and advanced technology.
- n.* a large organized community of people living in a particular country or region and having a particular culture
15. John Whitney was a computer animation _____.
- n.* inventor; explorer; someone who is among the first to achieve something

ANSWERS: 8. cross-section, 9. territory, 10. rolled, 11. evaluate, 12. primary, 13. incredible, 14. nation, 15. pioneer

16. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

17. Driving is difficult for me because of my poor _____.

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

18. The _____ of experienced soldiers led the attack.

n. a group of trained and committed members of an organization or movement

19. The community greatly respected and sought after the older adult's _____.

n. the quality of being wise, or the ability to use your knowledge and experience to make sensible decisions

20. We are responsible for the care and _____ of all our employees.

n. the state of being happy and healthy and prosperous

21. The _____ mechanism in the grandfather clock needed to be wound up every week.

n. a mechanism in which a series of gears, springs and other mechanical elements are used to power a device, especially a clock

22. Take a right turn at the next _____.

n. a point where two or more roads, lines, etc., cross each other

23. Police will _____ random breath testing for drunk driving.

v. to organize and carry out a particular activity

24. The _____ sunset took everyone's breath away.

adj. causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence

ANSWERS: 16. amazing, 17. vision, 18. cadre, 19. wisdom, 20. well-being, 21. clockwork, 22. intersection, 23. conduct, 24. stunning

25. He stepped on the gas pedal, and the engine released a loud ____.
- n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
26. Education is at the _____ of our society's priorities for ensuring a better future.
- n.* the leading or most important position or place; the forefront of a movement or cause
27. The terms and conditions stated _____ are binding upon both parties.
- adv.* within this document, text, or writing; in this specific place, instance, or group of things that are being referred to
28. The majority of students actively _____ in the college's intramural sports program.
- v.* to take part in something
29. The company's poor financial performance is likely to _____ the CEO's chances of being re-elected to the board.
- v.* to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger
30. Perseverance and optimism are _____ to success.
- adj.* necessary for the success or continued existence of something
31. The artist featured _____ colors and patterns, creating a vibrant and dynamic piece.
- adj.* a very large number

ANSWERS: 25. rev, 26. forefront, 27. herein, 28. participated, 29. damn, 30. vital, 31. myriad

32. He carefully _____ the details of his business plan.
- v.* to plan, coordinate, or arrange something, especially skillfully or cleverly;
 - (noun) the act of organizing or directing the elements of a composition, especially in music
33. He has always shown great _____ to his friends and family.
- n.* the quality of being devoted or faithful to someone or something
34. _____ elections were held in several European countries.
- adj.* belonging to or used by a group rather than individuals; for common use
35. University teaches the art of understanding the _____ of the matter.
- n.* the basic or most important part or quality of something that makes it what it is
36. The government should do more to _____ sustainable agribusiness.
- v.* to encourage or persuade people to like, buy, use, do, or support something; to raise someone to a higher position or rank
37. He accumulated wealth across a _____ spectrum of assets.
- adj.* very wide; general
38. He _____ her apology because of her past lies.
- v.* to have doubts or suspicions about the honesty or sincerity of someone
39. She sought the _____ of her trusted advisor before making a decision.
- n.* advice or guidance given by a person with specialized knowledge or experience, particularly in a professional or legal context; the act of providing advice or guidance

ANSWERS: 32. orchestrated, 33. loyalty, 34. Communal, 35. essence, 36. promote, 37. broad, 38. mistrusted, 39. counsel

40. The _____ firefighter rushed into the burning building to save a trapped child.
adj. having no fear; brave
41. The _____ team worked quickly to save the patient's life.
adj. relating to the treatment of illness or injuries; relating to the practice of medicine
42. The military _____ between the two countries created tension in the international community.
n. the state of a cooperative relationship between people or groups, especially in business
43. The concert _____ was packed with excited fans.
n. a location or place where an event or activity takes place; a place where something happens or is performed
44. His _____ behavior towards his elders earned him a stern warning from his parents.
n. an expression of lack of regard or contempt for someone or something
45. The teachers make full use of _____ assistance.
n. a person who performs or offers to perform a job or service without being paid for or forced to do
46. She holds a _____ on Tuesday mornings.
n. a building or hospital department where people can go for medical care or advice, especially of a particular condition
47. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 40. fearless, 41. medical, 42. partnership, 43. venue, 44. disrespectful, 45. volunteer, 46. clinic, 47. opportune

48. He needed to resolve the problem as soon as possible, so he made an _____ directly.
- n.* a serious, earnest, or urgent request for money, information, or help; a quality that makes somebody or something attractive or interest
49. The spaceship began to burn up as it approached the Earth's _____.
- n.* the mass of air that surrounds the Earth; the pervading tone or mood of a place, situation, or creative work
50. They _____ the courtyard with bricks, giving it a more polished appearance.
- v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
51. A balanced _____ is more important for health than supplements.
- n.* the food and drink that a person, animal, or community eats and drinks regularly; a legislative assembly in certain countries, for example, Japan
52. He left his wife an _____ fortune.
- adj.* extremely large or great
53. They hope to _____ their business worldwide.
- v.* to increase or to make something greater in size, number, or importance
54. These flowers _____ the beauty of spring.
- v.* to be a typical example of; to represent or serve as an example of something
55. My boss has been giving me the _____ about my promotion for months.
- n.* a series of evasive or misleading answers or actions often used to evade responsibility or avoid giving a direct answer; a frustrating and time-consuming experience of being led from one place or person to another in search of information or assistance

ANSWERS: 48. appeal, 49. atmosphere, 50. paved, 51. diet, 52. immense, 53. expand, 54. typify, 55. runaround

56. The movie has received almost universally _____ criticism.

adj. having the quality of something bad or harmful; expressing refusal

57. Night fishing has a lot of _____.

n. a thing given in acknowledgment of service, hard work, achievement, etc.

58. There's an _____ in the criminal justice system that needs to be addressed.

n. a lack of fairness or justice; an unfair or unequal situation or practice

59. In an aging population, citizens must pay more to maintain quality _____.

n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

60. It is _____ to see criminal behavior even though it is minor.

adj. not enjoyable or comfortable

61. He rolled up his _____ to get ready to work.

n. a part of a garment that covers all or part of an arm

62. They _____ events that have already occurred.

v. to describe what happened or to narrate a story

63. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.

v. to give someone the power or authority to do something

64. We made a _____ to the client.

n. an official suggestion that something is good or suitable for a particular purpose or job

ANSWERS: 56. negative, 57. rewards, 58. inequity, 59. healthcare, 60. unpleasant, 61. sleeves, 62. recount, 63. empowered, 64. recommendation

65. She is a _____ in the music industry.

n. a very famous and successful performer or athlete

66. An executive _____ director administers each branch.

n. someone who helps or supports someone else to do a job

67. The _____ host made sure all of his guests felt welcome.

adj. characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness

68. The _____ leader promised his followers that they would achieve enlightenment if they followed his teachings.

n. a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

69. The president asked for a more _____ plan.

adj. existing in a physical or material form rather than an abstract one; based on facts rather than ideas or guesses; made of or covered with cement

70. That company is cautious when it comes to _____ investment.

n. the value of the shares issued by a company

71. She chose her mother as her _____ to share her personal issue.

n. a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor

72. This year's extreme heat has resulted in many heat _____ cases.

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

ANSWERS: 65. superstar, 66. assistant, 67. jovial, 68. cult, 69. concrete, 70. equity, 71. confidant, 72. stroke

73. The workers showed _____ in their strike for better working conditions.
n. unity or agreement of feelings or actions among a group, especially among individuals with a common interest
74. The investigation _____ several government agencies and is expected to take several months.
v. to include or affect someone or something as a necessary part of something else
75. The popularity of the show made her an instant _____.
n. someone who is well-known, particularly in the entertainment industry
76. I must _____ the bushes in my front yard before they get too overgrown.
v. to make neat or tidy by clipping, cutting, or pruning away excess or unwanted parts; to adjust or modify to improve efficiency or performance
77. The majority of consumers _____ this brand with quality.
v. to mentally connect someone or something with someone or something else
78. The _____ between the firefighters was evident in their teamwork and bravery during the blaze.
n. a relationship characterized by mutual support, unity, and camaraderie among people who share a common interest
79. Your _____ reflects your thoughts.
n. an informal talk between two or more people to exchange their views, ideas, information, etc.
80. We must _____ a new system to streamline our workflow and increase efficiency.
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 73. solidarity, 74. involves, 75. celebrity, 76. trim, 77. associate, 78. brotherhood, 79. conversation, 80. develop

81. This airport has taken the first step to become an international ____ airport.
n. the central or main part of a particular place, activity, network, etc.; the central part of a car wheel, fan, propeller, etc., through which the shaft or axle passes
82. Please _____ your explanation for the children.
v. to make something more straightforward, more understandable, or easier to do
83. New York is a city with a _____ ethnic population.
adj. including numerous categories of individuals or entities; various
84. This argument is still not _____.
adj. enough, acceptable, satisfactory for a particular purpose or need
85. He was a successful _____ and had much experience in the field.
n. a person who is engaged in business, typically as an owner or executive
86. Several IT millionaires have shown that the level of education is a relatively poor _____ of whether a business can be successfully run.
n. something that shows or points out what a situation is like or how a situation is changing
87. Heat stroke is the result of _____ heat exhaustion.
adj. not given medical care or treatment; not subjected to chemical or physical treatment
88. Various artificially induced causes are _____ our ecosystem.
v. to utter intentions of injury or punishment against someone
89. The _____ medical treatment had weakened his muscles.
adj. tediously continuing for a long time; very long in time or size

ANSWERS: 81. hub, 82. simplify, 83. diverse, 84. adequate, 85. businessperson, 86. indicator, 87. untreated, 88. threatening, 89. lengthy

90. Australia is widely _____ as having low levels of corruption.
v. to become aware or conscious of something through the senses
91. The industrial _____ laws were passed with little to no alteration.
n. the way two persons or groups of people feel and act toward one another
92. How can you _____ that the earth is a sphere?
v. to display something or give an exhibition to an interested audience
93. The _____ shop was closed on Monday, much to the disappointment of many customers.
n. a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
94. It would be _____ to dress nicely for the wedding.
adj. suitable or proper in the circumstances; fitting
95. The Chinese people have accomplished several _____ feats.
adj. famous or significant in history, or potentially so
96. Please _____ to the instruction manual for further assistance.
v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
97. The grieving widow found _____ in reading her late husband's letters.
n. comfort or consolation in a time of distress, sadness, or disappointment; (verb) to comfort or console someone in a time of distress, loss, or suffering
98. We want to _____ ties between our two countries.
v. to make or become better

ANSWERS: 90. perceived, 91. relations, 92. demonstrate, 93. barber, 94. appropriate, 95. historic, 96. refer, 97. solace, 98. improve

99. She had to _____ the coffee beans before making a fresh cup.
- v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
100. She visited the local _____ to seek treatment for her persistent headache.
- n. a medical doctor who practices medicine
101. A large fire _____ the forest.
- v. to cause damage to something badly
102. The extra steps in the process were deemed _____ and removed to streamline production.
- adj. not needed or required; not essential or important
103. She had a master's degree in _____.
- n. the scientific study of mind and behavior
104. He _____ his friends with a warm smile and a hug.
- v. to say hello to someone; to express welcome on meeting someone
105. He could not _____ against temptation.
- v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
106. They selected a gorgeous diamond _____ ring.
- n. a mutual promise to marry someone; an agreement to do something, especially at a particular time
107. The government should view children as national assets and actively _____ in them.
- v. to put money, effort, time, etc. into something to make a profit or achieve a result

ANSWERS: 99. grind, 100. physician, 101. ravaged, 102. unnecessary, 103. psychology, 104. greeted, 105. struggle, 106. engagement, 107. invest

108. This device is used to _____ brain cancer and other tumors.

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

109. I am going to _____ to work through my anxiety and depression.

n. the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

110. He grew a thick _____ to change his appearance.

n. hair that grows on a man's face, often around the mouth and chin

111. He was known for his _____ demeanor, never showing emotion or weakness.

adj. calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno

112. Only a small number of _____ utilities offer sanitation services.

adj. relating to or located in a town or city

113. The recent economic downturn has resulted in _____ layoffs.

adj. enormous amount; very heavy and solid

114. The book's _____ is that the main character must save the world from an impending disaster.

n. a statement or proposition that is held to be true or from which a conclusion can be drawn

ANSWERS: 108. diagnose, 109. counseling, 110. beard, 111. stoic, 112. urban, 113. massive, 114. premise