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Vocabulary Builder Reference from...

Joseph Ravenell: How barbershops can keep men healthy | TED Talk

https://www.ted.com/talks/joseph_ravenell_how_barbershops_can_keep_men_healthy

Advanced Words Only

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Session 1: Word List

barber

n. a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered

synonym : hairdresser, stylist, shaver

(1) favorite **barber**, (2) **barber** pole

The **barber** shop was closed on Monday, much to the disappointment of many customers.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

beard

n. hair that grows on a man's face, often around the mouth and chin

synonym : facial hair, whiskers, stubble

(1) a black **beard**, (2) shave my **beard**

He grew a thick **beard** to change his appearance.

solace

n. comfort or consolation in a time of distress, sadness, or disappointment; (verb) to comfort or console someone in a time of distress, loss, or suffering

synonym : comfort, condolence, peace

(1) **solace** in music, (2) offer **solace**

The grieving widow found **solace** in reading her late husband's letters.

grind

v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time

synonym : mill, crush, grate

(1) **grind** away at my work, (2) **grind** your teeth

She had to **grind** the coffee beans before making a fresh cup.

fearless

adj. having no fear; brave

synonym : brave, courageous, daring

(1) **fearless** attitude, (2) **fearless** bravery

The **fearless** firefighter rushed into the burning building to save a trapped child.

clockwork

n. a mechanism in which a series of gears, springs and other mechanical elements are used to power a device, especially a clock

synonym : mechanism, movement, gears

(1) run like **clockwork**, (2) **clockwork** precision

The **clockwork** mechanism in the grandfather clock needed to be wound up every week.

soak

v. to allow liquid to be absorbed, typically by immersing in it; to leave as a guarantee in return for money

synonym : saturate, steep, douse

(1) **soak** in a hot spring, (2) **soak** away stress

I **soaked** the shirt in the sink before washing it.

jovial

adj. characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness

synonym : jolly, gleeful, merry

(1) **jovial** atmosphere, (2) **jovial** personality

The **jovial** host made sure all of his guests felt welcome.

greet

v. to say hello to someone; to express welcome on meeting someone

synonym: welcome, salute, acknowledge

(1) **greet** a customer, (2) **greet** an idea

He **greeted** his friends with a warm smile and a hug.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (*v.*) to increase the number of rotations per minute

synonym: revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

recount

v. to describe what happened or to narrate a story

synonym: narrate, tell, report

(1) **recount** the adventure, (2) **recount** a conversation with him

They **recount** events that have already occurred.

untreated

adj. not given medical care or treatment; not subjected to chemical or physical treatment

synonym: raw, unprocessed, coarse

(1) an **untreated** disease, (2) dispose of **untreated** formalin solution

Heat stroke is the result of **untreated** heat exhaustion.

mistrust

v. to have doubts or suspicions about the honesty or sincerity of someone

synonym: doubt, suspect, question

(1) **mistrust** a young man, (2) **mistrust** the government

He **mistrusted** her apology because of her past lies.

disrespect

n. an expression of lack of regard or contempt for someone or something

synonym: impoliteness, rudeness, insult

(1) mean no **disrespect**, (2) **disrespect** for a customer

His **disrespectful** behavior towards his elders earned him a stern warning from his parents.

runaround

n. a series of evasive or misleading answers or actions often used to evade responsibility or avoid giving a direct answer; a frustrating and time-consuming experience of being led from one place or person to another in search of information or assistance

synonym: excuse, evasion, avoidance

(1) **runaround** excuses, (2) get a bureaucratic **runaround**

My boss has been giving me the **runaround** about my promotion for months.

stoic

adj. calm and unemotional, especially in difficult situations;
(*noun*) a member of the ancient Greek school of philosophy founded by Zeno

synonym: unflappable, resigned, unemotional

(1) **stoic** courage, (2) do **stoic** strength training

He was known for his **stoic** demeanor, never showing emotion or weakness.

ravage

v. to cause damage to something badly

synonym: devastate, ruin, destroy

(1) **ravage** a country, (2) **ravage** the brain

A large fire **ravaged** the forest.

superstar

n. a very famous and successful performer or athlete

synonym: celebrity, icon, megastar

(1) **superstar** athlete, (2) jazz **superstar**

She is a **superstar** in the music industry.

confidant

n. a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close

friend or trusted advisor

synonym : chum, friend, pal

(1) **confidant's** advice, (2) trusted **confidant**

She chose her mother as her **confidant** to share her personal issue.

well-being

n. the state of being happy and healthy and prosperous

synonym : health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

orchestrate

v. to plan, coordinate, or arrange something, especially skillfully or cleverly; (noun) the act of organizing or directing the elements of a composition, especially in music

synonym : plan, coordinate, arrange

(1) **orchestrate** a takeover, (2) **orchestrate** the political reinstatement

He carefully **orchestrated** the details of his business plan.

typify

v. to be a typical example of; to represent or serve as an example of something

synonym : embody, represent, personify

(1) **typify** a generation, (2) **typify** a stereotype

These flowers **typify** the beauty of spring.

empower

v. to give someone the power or authority to do something

synonym : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

inequity

n. a lack of fairness or justice; an unfair or unequal situation or practice

synonym : injustice, unfairness, bias

(1) **inequity** in education, (2) market **inequity**

There's an **inequity** in the criminal justice system that needs to be addressed.

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym : surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

brotherhood

n. a relationship characterized by mutual support, unity, and camaraderie among people who share a common interest

synonym : fraternity, camaraderie, companionship

(1) spirit of **brotherhood**, (2) **brotherhood** among coworkers

The **brotherhood** between the firefighters was evident in their teamwork and bravery during the blaze.

cadre

n. a group of trained and committed members of an organization or movement

synonym : core group, leadership, elite

(1) elite **cadre**, (2) **cadre** of leaders

The **cadre** of experienced soldiers led the attack.

extrapolate

v. to guess or think about what might happen or estimate something using the facts that you have now

synonym : deduce, reason, infer

(1) **extrapolate** the results, (2) **extrapolate** animal dose

This predictive model mechanically **extrapolates** past trends into the future.

Session 2: Spelling

1. spirit of bro_____od
n. a relationship characterized by mutual support, unity, and camaraderie among people who share a common interest
2. mi_____st the government
v. to have doubts or suspicions about the honesty or sincerity of someone
3. gr__d away at my work
v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
4. market in_____ty
n. a lack of fairness or justice; an unfair or unequal situation or practice
5. re_____t a conversation with him
v. to describe what happened or to narrate a story
6. fe_____ss bravery
adj. having no fear; brave
7. low-r_v engine
n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
8. ext_____te the results
v. to guess or think about what might happen or estimate something using the facts that you have now
9. fe_____ss attitude
adj. having no fear; brave
10. a sense of wel_____ng
n. the state of being happy and healthy and prosperous
11. cl_____rk precision
n. a mechanism in which a series of gears, springs and other mechanical elements are used to power a device, especially a clock

ANSWERS: 1. brotherhood, 2. mistrust, 3. grind, 4. inequity, 5. recount, 6. fearless, 7. rev, 8. extrapolate, 9. fearless, 10. well-being, 11. clockwork

12. favorite ba___r *n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
13. the wel_____ng of a nation *n.* the state of being happy and healthy and prosperous
14. shave my be__d *n.* hair that grows on a man's face, often around the mouth and chin
15. orc_____te the political reinstatement *v.* to plan, coordinate, or arrange something, especially skillfully or cleverly; (noun) the act of organizing or directing the elements of a composition, especially in music
16. ca__e of leaders *n.* a group of trained and committed members of an organization or movement
17. in_____ty in education *n.* a lack of fairness or justice; an unfair or unequal situation or practice
18. mean no dis_____ct *n.* an expression of lack of regard or contempt for someone or something
19. st__c courage *adj.* calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
20. p__e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
21. offer so___e *n.* comfort or consolation in a time of distress, sadness, or disappointment; (verb) to comfort or console someone in a time of distress, loss, or suffering

ANSWERS: 12. barber, 13. well-being, 14. beard, 15. orchestrate, 16. cadre, 17. inequity, 18. disrespect, 19. stoic, 20. pave, 21. solace

22. dis_____ct for a customer *n.* an expression of lack of regard or contempt for someone or something
23. dispose of un_____ed formalin solution *adj.* not given medical care or treatment; not subjected to chemical or physical treatment
24. ra___e a country *v.* to cause damage to something badly
25. an un_____ed disease *adj.* not given medical care or treatment; not subjected to chemical or physical treatment
26. p___e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
27. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
28. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
29. gr__t an idea *v.* to say hello to someone; to express welcome on meeting someone
30. elite ca___e *n.* a group of trained and committed members of an organization or movement
31. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
32. orc_____te a takeover *v.* to plan, coordinate, or arrange something, especially skillfully or cleverly; (noun) the act of organizing or directing the elements of a composition, especially in music

ANSWERS: 22. disrespect, 23. untreated, 24. ravage, 25. untreated, 26. pave, 27. opportune, 28. empower, 29. greet, 30. cadre, 31. opportune, 32. orchestrate

33. do st__c strength training *adj.* calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
34. ba___r pole *n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
35. ru_____nd excuses *n.* a series of evasive or misleading answers or actions often used to evade responsibility or avoid giving a direct answer; a frustrating and time-consuming experience of being led from one place or person to another in search of information or assistance
36. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
37. em_____r my life *v.* to give someone the power or authority to do something
38. a black be__d *n.* hair that grows on a man's face, often around the mouth and chin
39. mi_____st a young man *v.* to have doubts or suspicions about the honesty or sincerity of someone
40. trusted co_____nt *n.* a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor

ANSWERS: 33. stoic, 34. barber, 35. runaround, 36. rev, 37. empower, 38. beard, 39. mistrust, 40. confidant

41. re____t the adventure *v.* to describe what happened or to narrate a story
42. run like cl_____rk *n.* a mechanism in which a series of gears, springs and other mechanical elements are used to power a device, especially a clock
43. so___e in music *n.* comfort or consolation in a time of distress, sadness, or disappointment; *(verb)* to comfort or console someone in a time of distress, loss, or suffering
44. ty___y a stereotype *v.* to be a typical example of; to represent or serve as an example of something
45. s__k away stress *v.* to allow liquid to be absorbed, typically by immersing in it; to leave as a guarantee in return for money
46. jo___l atmosphere *adj.* characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness
47. ra___e the brain *v.* to cause damage to something badly
48. jo___l personality *adj.* characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness
49. gr__d your teeth *v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
50. su_____ar athlete *n.* a very famous and successful performer or athlete
51. bro_____od among coworkers *n.* a relationship characterized by mutual support, unity, and camaraderie among people who share a common interest

ANSWERS: 41. recount, 42. clockwork, 43. solace, 44. typify, 45. soak, 46. jovial, 47. ravage, 48. jovial, 49. grind, 50. superstar, 51. brotherhood

52. get a bureaucratic ru_____nd *n.* a series of evasive or misleading answers or actions often used to evade responsibility or avoid giving a direct answer; a frustrating and time-consuming experience of being led from one place or person to another in search of information or assistance
53. co_____nt's advice *n.* a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor
54. ty___y a generation *v.* to be a typical example of; to represent or serve as an example of something
55. s__k in a hot spring *v.* to allow liquid to be absorbed, typically by immersing in it; to leave as a guarantee in return for money
56. ext_____te animal dose *v.* to guess or think about what might happen or estimate something using the facts that you have now
57. gr__t a customer *v.* to say hello to someone; to express welcome on meeting someone
58. jazz su_____ar *n.* a very famous and successful performer or athlete

ANSWERS: 52. runaround, 53. confidant, 54. typify, 55. soak, 56. extrapolate, 57. greet, 58. superstar

Session 3: Fill in the Blanks

1. A large fire _____ the forest.
v. to cause damage to something badly
2. The _____ between the firefighters was evident in their teamwork and bravery during the blaze.
n. a relationship characterized by mutual support, unity, and camaraderie among people who share a common interest
3. She is a _____ in the music industry.
n. a very famous and successful performer or athlete
4. Heat stroke is the result of _____ heat exhaustion.
adj. not given medical care or treatment; not subjected to chemical or physical treatment
5. The _____ host made sure all of his guests felt welcome.
adj. characterized by a warm and friendly nature; marked by hearty, good-natured humor or lightheartedness
6. He stepped on the gas pedal, and the engine released a loud _____.
n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
7. They _____ the courtyard with bricks, giving it a more polished appearance.
v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

ANSWERS: 1. ravaged, 2. brotherhood, 3. superstar, 4. untreated, 5. jovial, 6. rev, 7. paved

8. The _____ mechanism in the grandfather clock needed to be wound up every week.
- n.* a mechanism in which a series of gears, springs and other mechanical elements are used to power a device, especially a clock
9. The phone rang at the most _____ time.
- adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
10. We are responsible for the care and _____ of all our employees.
- n.* the state of being happy and healthy and prosperous
11. I _____ the shirt in the sink before washing it.
- v.* to allow liquid to be absorbed, typically by immersing in it; to leave as a guarantee in return for money
12. He _____ his friends with a warm smile and a hug.
- v.* to say hello to someone; to express welcome on meeting someone
13. This predictive model mechanically _____ past trends into the future.
- v.* to guess or think about what might happen or estimate something using the facts that you have now
14. The _____ firefighter rushed into the burning building to save a trapped child.
- adj.* having no fear; brave
15. His _____ behavior towards his elders earned him a stern warning from his parents.
- n.* an expression of lack of regard or contempt for someone or something

ANSWERS: 8. clockwork, 9. opportune, 10. well-being, 11. soaked, 12. greeted, 13. extrapolates, 14. fearless, 15. disrespectful

16. My boss has been giving me the _____ about my promotion for months.
- n.* a series of evasive or misleading answers or actions often used to evade responsibility or avoid giving a direct answer; a frustrating and time-consuming experience of being led from one place or person to another in search of information or assistance
17. He carefully _____ the details of his business plan.
- v.* to plan, coordinate, or arrange something, especially skillfully or cleverly; (noun) the act of organizing or directing the elements of a composition, especially in music
18. The grieving widow found _____ in reading her late husband's letters.
- n.* comfort or consolation in a time of distress, sadness, or disappointment; (verb) to comfort or console someone in a time of distress, loss, or suffering
19. The _____ shop was closed on Monday, much to the disappointment of many customers.
- n.* a person who cuts men's hair and shaves beards as a profession; a shop or establishment where such services are offered
20. She chose her mother as her _____ to share her personal issue.
- n.* a person with whom one shares a secret or private matter, often in a trusting and intimate manner; a close friend or trusted advisor
21. He grew a thick _____ to change his appearance.
- n.* hair that grows on a man's face, often around the mouth and chin
22. These flowers _____ the beauty of spring.
- v.* to be a typical example of; to represent or serve as an example of something

ANSWERS: 16. runaround, 17. orchestrated, 18. solace, 19. barber, 20. confidant, 21. beard, 22. typify

23. He was known for his _____ demeanor, never showing emotion or weakness.
adj. calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
24. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
v. to give someone the power or authority to do something
25. The _____ of experienced soldiers led the attack.
n. a group of trained and committed members of an organization or movement
26. There's an _____ in the criminal justice system that needs to be addressed.
n. a lack of fairness or justice; an unfair or unequal situation or practice
27. He _____ her apology because of her past lies.
v. to have doubts or suspicions about the honesty or sincerity of someone
28. They _____ events that have already occurred.
v. to describe what happened or to narrate a story
29. She had to _____ the coffee beans before making a fresh cup.
v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time

ANSWERS: 23. stoic, 24. empowered, 25. cadre, 26. inequity, 27. mistrusted, 28. recount, 29. grind