

# Englist.me



## Vocabulary Builder Reference from...

*TED-Ed: How to enter flow state | TED Talk*

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### All Words

#### IMPORTANT

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## Session 1: Word List

### straight

*adj.* extending or moving in one direction without bending or curving; having no deviations

*synonym* : linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

### predict

*v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience

*synonym* : forecast, anticipate, foresee

(1) **predict** the future, (2) **predict** when she will arrive

It's notoriously challenging to **predict** birth rates.

### opponent

*n.* a person against whom you are playing or fighting in a game, competition, debate, etc.

*synonym* : adversary, competitor, enemy

(1) computer **opponent**, (2) death-penalty **opponent**

He was attempting to confuse his **opponent**.

### chord

*n.* a straight line connecting two points on a curve; a combination of three or more musical notes played or sung at the same time

*synonym* : harmony, concord, consonance

(1) **chord** transition, (2) his vocal **chords**

The pianist played a **chord** that filled the room with a rich,

harmonious sound.

## progression

*n.* the act or process of changing to the next stage or phase or moving forward

*synonym*: advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

## faze

*v.* to disturb or disconcert someone, often causing them to lose their confidence or composure; to unsettle, intimidate, or fluster

*synonym*: disturb, unsettle, bother

(1) **faze** a decision-maker, (2) unlikely to **faze** him

I won't let a little criticism **faze** me from pursuing my dreams.

## alarm

*n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger

*synonym*: notice, warning, panic

(1) give the **alarm**, (2) an **alarm** clock

The **alarm** announcing an enemy attack went off this morning.

## blare

*v.* to make a loud, harsh noise; to sound loudly and harshly

*synonym*: blast, screech, trumpet

(1) **blare** music, (2) **blare** a horn

The music **blared** from the car's open windows.

## analyze

*v.* to think about in-depth and evaluate to discover essential features or meaning

*synonym*: explore, examine, investigate

(1) **analyze** a chemical compound, (2) **analyze** your real motives

The teacher attempted to **analyze** the root cause of our mistake.

## immerse

*v.* to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered

*synonym* : dip, inundate, submerge

(1) **immerse** the cloth in the dye, (2) completely **immerse** the ingredient

He **immersed** himself in his research.

## specific

*adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

*synonym* : particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations

The scientist conducted a study that provided **specific** details about the species' behavior.

## effortless

*adj.* requiring little or no effort; not difficult or strenuous; easy to accomplish

*synonym* : easy, simple, uncomplicated

(1) **effortless** victory, (2) **effortless** beauty

The dancer made her performance look **effortless** and graceful.

## engagement

*n.* a mutual promise to marry someone; an agreement to do something, especially at a particular time

*synonym* : betrothal, promise, commitment

(1) a prior **engagement**, (2) break off an **engagement**

They selected a gorgeous diamond **engagement** ring.

## athlete

*n.* a person who competes in one or more sports that involve physical strength, speed, or endurance

*synonym* : player, contestant, jock

(1) become a professional **athlete**, (2) high school **athletes**

His dream is to become an Olympic **athlete**.

## frequent

*adj.* happening constantly

*synonym* : periodic, recurring, routine

(1) **frequent** absence, (2) **frequent** use

His heartaches are less **frequent** now.

## emotion

*n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

*synonym*: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

## creative

*adj.* relating to or involving the use of skill and original and unusual ideas to create something

*synonym*: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

## accomplishment

*n.* the successful completion of a task or goal; an ability that has been acquired by training

*synonym*: success, achievement, complete

(1) proud of his **accomplishments**, (2) the **accomplishment** of a social goal

Graduating from college was a major **accomplishment** for her.

## enhance

*v.* to increase or improve the quality, amount, or strength of someone or something

*synonym*: improve, enrich, refine

(1) **enhance** value, (2) **enhance** the flavor of the vanilla

The new strategy will **enhance** the profitability of our company.

## academic

*adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills

*synonym*: educational, scholarly, theoretical

(1) **academic** probation, (2) an **academic** discussion

An excellent historian must possess an **academic** mentality.

## achievement

*n.* a thing that someone has accomplished, primarily through their effort and ability

*synonym*: accomplishment, attainment, triumph

(1) student **achievement**, (2) a remarkable **achievement**

This **achievement** has never been formally accepted.

## concentration

*n.* the ability to focus all your time and energy on one thing without thinking about anything else.

*synonym*: attention, engagement, assiduity

(1) **concentration** of armaments, (2) his research area of **concentration**

This exam requires excellent **concentration** to pass.

## psychology

*n.* the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

## define

*v.* to state or explain precisely the nature, scope, or meaning of something

*synonym*: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

## conscious

*adj.* being aware of and able to respond to what is happening around you

*synonym*: aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

## feat

*n.* a notable or impressive achievement, especially one that requires great skill or bravery

*synonym*: achievement, accomplishment, exploit

(1) intellectual **feat**, (2) **feat** accomplishment

It is an incredible **feat** to climb Mount Everest, the highest mountain in the world.

## engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

*synonym*: confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

## distracted

*adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

*synonym*: preoccupied, inattentive, absent-minded

(1) get **distracted** by an urgent matter, (2) **distracted** by a conversation

I was so **distracted** by my phone that I nearly walked into a lamppost.

## contrast

v. to put in opposition to show or emphasize differences

*synonym*: differ, vary, counterpoint

(1) **contrast** with a decade ago, (2) **contrast** two things

It's intriguing to compare and **contrast** the two authors.

## procrastinate

v. to postpone doing what you should do, often because it is unpleasant or boring

*synonym*: delay, dawdle, hesitate

(1) **procrastinate** about a big challenge, (2) **procrastinate** on my homework

He **procrastinated** the matter until it was almost too late.

## diminish

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

*synonym*: decline, dwindle, lessen

(1) **diminish** a reputation, (2) **diminish** swelling

As people get old, their energies may **diminish**.

## judgment

n. the ability to form valuable opinions and make reasonable decisions

*synonym*: conclusion, decision, determination

(1) an emotional **judgment** , (2) deliver a **judgment**  
Her **judgments** are consistently rational and sensible.

## foster

*v.* to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents

*synonym* : nurture, nourish, cultivate

(1) **foster** a better relationship, (2) **foster** two kids  
The pastor contributed to **fostering** the sense of a community embracing all classes.

## peak

*n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain

*synonym* : summit, vertex, apex

(1) at **peak** hour, (2) the **peak** current in the circuit  
This measurement aims to reduce traffic at **peak** periods.

## brain

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

*synonym* : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage  
X-rays revealed a small tumor in his **brain**.

## accompany

*v.* to go somewhere or travel with someone or something

*synonym* : follow, escort, attend

(1) **accompany** a chicken dish, (2) **accompany** the book  
Please let me know if you want to **accompany** me to my hometown.

## neural

*adj.* of or relating to a nerve or the nervous system that includes the brain

*synonym* : sensory, neuronic, nervous

(1) **neural** stem cells, (2) **neural** networks in AI  
There was a disturbance of **neural** function.

## awareness

*n.* the fact or state of knowing something exists and is important

*synonym*: understanding, cognition, knowledge

(1) **awareness** of my ignorance, (2) raise public **awareness**

There has been a gradual but steady rise in environmental **awareness**.

## meditation

*n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

*synonym*: contemplation, reflection, introspection

(1) **meditation** training, (2) religious **meditation**

The **meditation** instructor guided the group through the relaxation and breathing exercises.

## recruit

*v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

*synonym*: raise, enroll, enlist

(1) **recruit** a good worker, (2) **recruit** a new hire

The colonial government **recruited** militia support when civil war broke out.

## mathematics

*n.* the science dealing with the logic of quantities, shapes, spaces, and arrangement

*synonym*: arithmetic, calculation, calculus

(1) a good grounding in **mathematics**, (2) **mathematics** competition

He has a flair for **mathematics**.

## elicit

*v.* to obtain information or a reaction from someone, usually with difficulty

*synonym*: bring out, obtain, evoke

(1) **elicit** a confession, (2) **elicit** a solution

Have you **elicited** a response from them yet?

## intrinsically

*adv.* from the inherent nature or quality of something or arising from within



*synonym*: inherently, essentially, fundamentally

(1) **intrinsically** motivated, (2) **intrinsically** valuable

The kindness of strangers is **intrinsically** rewarding, even when no reward is expected.

## **motto**

*n.* a phrase or slogan that expresses a guiding principle or goal

*synonym*: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

## **participate**

*v.* to take part in something

*synonym*: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

## **tackle**

*v.* to try to deal with a complex problem or situation

*synonym*: deal with, dive into, work on

(1) **tackle** the issue, (2) help **tackle** climate change

The government is determined to **tackle** sharp inflation.

## **gratify**

*v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite

*synonym*: please, satisfy, fulfill

(1) **gratify** desires, (2) **gratify** curiosity

I always try to **gratify** my boss by achieving the sales target every month.

## **assignment**

*n.* a duty or task given to someone, usually as part of their job or studies

*synonym*: task, duty, designation

(1) finish the **assignment**, (2) **assignment** of interest

My **assignment** was overwhelming and complicated, but it was also exciting.

## satisfy

*v.* to make somebody pleased by giving them what they want or need

*synonym*: please, amuse, meet

(1) **satisfy** a desire, (2) **satisfy** a user's needs

Did this response **satisfy** your request?

## likewise

*adv.* in the same way

*synonym*: alike, correspondingly, similarly

(1) do **likewise**, (2) please revise **likewise**

He is tall and **likewise** strong.

## balance

*n.* a condition in which everything has the same weight or force; something left after other parts have been taken away

*synonym*: equilibrium, counterpoise, remainder

(1) the **balance** of power, (2) asset on the company's **balance** sheet

Try to keep a **balance** between work and off.

## bore

*v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources

*synonym*: bear, tire, weary

(1) **bore** diameter, (2) **bore** him with his stories

The lecture on quantum physics **bored** me to tears.

## discotheque

*n.* a nightclub or restaurant where recorded music is played, and people dance

*synonym*: nightclub, dance club, disco

(1) **discotheque** party, (2) **discotheque** scene

He couldn't wait to hit the **discotheque** and dance the night away.

## mesmerize

v. to captivate or fascinate; to hold the complete attention of

*synonym* : captivate, trance, enchant

(1) **mesmerize** a subject, (2) **mesmerize** with magic

The magician's performance **mesmerized** the audience.

## gauge

n. an instrument for measuring and displaying the amount, level, or contents of something; (verb) to judge tentatively or form an estimate of something

*synonym* : measure, benchmark, judge

(1) pressure **gauge**, (2) take the **gauge** of a situation

We use various precision **gauges** in the manufacturing process of machinery.

## motivate

v. to make someone want to do something, especially something that requires tremendous work and effort

*synonym* : boost, encourage, inspire

(1) **motivate** the students, (2) all ability to **motivate**

The ability to **motivate** people is a priceless asset.

## protocol

n. a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement

*synonym* : procedure, system, method

(1) draft a **protocol**, (2) **protocol** breach

The company has a strict **protocol** for handling sensitive information to ensure security.

## environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

*synonym* : atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

## distract

*v.* to draw someone's attention away from what they are trying to do

*synonym*: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

## device

*n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

*synonym*: gadget, instrument, tool

(1) electronic **device**, (2) tracking **device**

I always carry a backup **device** in case my phone runs out of battery.

## segment

*n.* a part or section of something; a distinct group within a larger whole

*synonym*: section, part, division

(1) **segment** analysis, (2) market **segment**

The report divided the data into **segments** based on age, gender, and income level.

## frustrate

*v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

*synonym*: hinder, thwart, dishearten

(1) **frustrate** the advancement, (2) **frustrate** other team members

The coach explained a strategy to **frustrate** the opponent's schemes to the players.

## tedious

*adj.* tiresome or boring because of being repetitive, dull, or too long; causing mental or physical fatigue due to its unrelenting nature

*synonym*: boring, monotonous, dull

(1) **tedious** task, (2) **tedious** routine

The work of data entry can be **tedious**, but it is important for maintaining accurate records.

## addition

*n.* the act or process of adding something to something else; the process of adding numbers

*synonym*: accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

## parameter

*n.* a numerical or other measurable factors that characterize a system or set of data

*synonym*: factor, variable, characteristic

(1) **parameter** estimation, (2) **parameter** tuning

The temperature range was one of the critical **parameters** we had to consider when designing the experiment.

## stake

*n.* a share or financial investment in something such as a business; a wooden or metal post set up to mark something

*synonym*: share, interest, post

(1) execution by burning at a **stake**, (2) buy the company's **stake**

The **stake** of the company is too high nowadays.

## attempt

*n.* an act or effort of trying to do something, especially something difficult

*synonym*: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

## pace

*n.* the speed at which someone or something moves, or the rate at which something happens or changes

*synonym*: gait, rate, speed

(1) at your own **pace**, (2) the runner's **pace**

The economy is growing at a supercharged **pace**.

## Session 2: Spelling

- |                                     |      |   |
|-------------------------------------|------|---|
| 1. di____sh swelling                | v.   | to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.                                 |
| 2. par_____te fully in conversation | v.   | to take part in something   |
| 3. me_____ze with magic             | v.   | to captivate or fascinate; to hold the complete attention of  |
| 4. ne___l networks in AI            | adj. | of or relating to a nerve or the nervous system that includes the brain   |
| 5. the acc_____ent of a social goal | n.   | the successful completion of a task or goal; an ability that has been acquired by training                                      |
| 6. the mo__o for safe traffic       | n.   | a phrase or slogan that expresses a guiding principle or goal   |
| 7. en_____e value                   | v.   | to increase or improve the quality, amount, or strength of someone or something   |
| 8. dis_____ue scene                 | n.   | a nightclub or restaurant where recorded music is played, and people dance  |
| 9. de___e a word                    | v.   | to state or explain precisely the nature, scope, or meaning of something  |
| 10. con_____ion of armaments        | n.   | the ability to focus all your time and energy on one thing without thinking about anything else.                                |
| 11. f__e a decision-maker           | v.   | to disturb or disconcert someone, often causing them to lose their confidence or composure; to unsettle, intimidate, or fluster |

ANSWERS: 1. diminish, 2. participate, 3. mesmerize, 4. neural, 5. accomplishment, 6. motto, 7. enhance, 8. discotheque, 9. define, 10. concentration, 11. faze

- |   |   |
|---|---|
| 12. the at_____t to rescue the hostages | <i>n.</i> an act or effort of trying to do something, especially something difficult  |
| 13. a prior eng_____nt                  | <i>n.</i> a mutual promise to marry someone; an agreement to do something, especially at a particular time                                |
| 14. f__t accomplishment                 | <i>n.</i> a notable or impressive achievement, especially one that requires great skill or bravery  |
| 15. bl__e music                         | <i>v.</i> to make a loud, harsh noise; to sound loudly and harshly  |
| 16. me_____ze a subject                 | <i>v.</i> to captivate or fascinate; to hold the complete attention of  |
| 17. break off an eng_____nt             | <i>n.</i> a mutual promise to marry someone; an agreement to do something, especially at a particular time                                |
| 18. cr_____ve writing                   | <i>adj.</i> relating to or involving the use of skill and original and unusual ideas to create something                                  |
| 19. ass_____nt of interest              | <i>n.</i> a duty or task given to someone, usually as part of their job or studies  |
| 20. mat_____cs competition              | <i>n.</i> the science dealing with the logic of quantities, shapes, spaces, and arrangement   |
| 21. ne___l stem cells                   | <i>adj.</i> of or relating to a nerve or the nervous system that includes the brain   |
| 22. pro_____on of civilization          | <i>n.</i> the act or process of changing to the next stage or phase or moving forward   |
| 23. gr_____y curiosity                  | <i>v.</i> to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite |

ANSWERS: 12. attempt, 13. engagement, 14. feat, 15. blare, 16. mesmerize, 17. engagement, 18. creative, 19. assignment, 20. mathematics, 21. neural, 22. progression, 23. gratify

24. the ba\_\_\_\_e of power *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
25. asset on the company's ba\_\_\_\_e sheet *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
26. industry-sp\_\_\_\_ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
27. an\_\_\_\_e a chemical compound *v.* to think about in-depth and evaluate to discover essential features or meaning
28. pro\_\_\_\_\_ate on my homework *v.* to postpone doing what you should do, often because it is unpleasant or boring
29. an ac\_\_\_\_ic discussion *adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
30. ad\_\_\_\_on of vectors *n.* the act or process of adding something to something else; the process of adding numbers
31. chemical ad\_\_\_\_on *n.* the act or process of adding something to something else; the process of adding numbers
32. the p\_\_k current in the circuit *n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain
33. a reckless at\_\_\_\_t *n.* an act or effort of trying to do something, especially something difficult

ANSWERS: 24. balance, 25. balance, 26. specific, 27. analyze, 28. procrastinate, 29. academic, 30. addition, 31. addition, 32. peak, 33. attempt



34. re\_\_\_\_\_t a new hire      *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
35. re\_\_\_\_\_t a good worker      *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
36. market se\_\_\_\_\_t      *n.* a part or section of something; a distinct group within a larger whole
37. el\_\_\_\_t a solution      *v.* to obtain information or a reaction from someone, usually with difficulty
38. high school at\_\_\_\_\_es      *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
39. en\_\_\_\_e a new employee      *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
40. se\_\_\_\_\_t analysis      *n.* a part or section of something; a distinct group within a larger whole
41. aw\_\_\_\_\_ss of my ignorance      *n.* the fact or state of knowing something exists and is important
42. co\_\_\_\_\_us effort      *adj.* being aware of and able to respond to what is happening around you
43. intellectual f\_\_t      *n.* a notable or impressive achievement, especially one that requires great skill or bravery
44. draft a pr\_\_\_\_\_ol      *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement

ANSWERS: 34. recruit, 35. recruit, 36. segment, 37. elicit, 38. athlete, 39. engage, 40. segment, 41. awareness, 42. conscious, 43. feat, 44. protocol

45. fr\_\_\_\_\_te other team members      *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
46. te\_\_\_\_\_s routine      *adj.* tiresome or boring because of being repetitive, dull, or too long; causing mental or physical fatigue due to its unrelenting nature
47. psy\_\_\_\_\_gy experiment      *n.* the scientific study of mind and behavior
48. a good grounding in mat\_\_\_\_\_cs      *n.* the science dealing with the logic of quantities, shapes, spaces, and arrangement
49. become a professional at\_\_\_\_\_e      *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
50. completely im\_\_\_\_\_e the ingredient      *v.* to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered
51. help ta\_\_\_e climate change      *v.* to try to deal with a complex problem or situation
52. buy the company's st\_\_\_e      *n.* a share or financial investment in something such as a business; a wooden or metal post set up to mark something
53. basic br\_\_\_n function      *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 45. frustrate, 46. tedious, 47. psychology, 48. mathematics, 49. athlete, 50. immerse, 51. tackle, 52. stake, 53. brain

54. chaotic env\_\_\_\_\_nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
55. death-penalty op\_\_\_\_\_nt *n.* a person against whom you are playing or fighting in a game, competition, debate, etc.
56. sa\_\_\_\_\_y a desire *v.* to make somebody pleased by giving them what they want or need
57. student ach\_\_\_\_\_nt *n.* a thing that someone has accomplished, primarily through their effort and ability
58. fo\_\_\_\_r a better relationship *v.* to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents
59. pressure ga\_\_e *n.* an instrument for measuring and displaying the amount, level, or contents of something; (verb) to judge tentatively or form an estimate of something
60. pro\_\_\_\_\_on of disease *n.* the act or process of changing to the next stage or phase or moving forward
61. di\_\_\_\_\_ct public opinion *v.* to draw someone's attention away from what they are trying to do
62. an emotional ju\_\_\_\_\_nt *n.* the ability to form valuable opinions and make reasonable decisions
63. st\_\_\_\_\_ht for two months *adj.* extending or moving in one direction without bending or curving; having no deviations

ANSWERS: 54. environment, 55. opponent, 56. satisfy, 57. achievement, 58. foster, 59. gauge, 60. progression, 61. distract, 62. judgment, 63. straight

64. par_____te in the program	v.	to take part in something
65. ac_____ny a chicken dish	v.	to go somewhere or travel with someone or something
66. di_____ct attention from the real issue	v.	to draw someone's attention away from what they are trying to do
67. get dis_____ed by an urgent matter	adj.	having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
68. at your own p___e	n.	the speed at which someone or something moves, or the rate at which something happens or changes
69. ch___d transition	n.	a straight line connecting two points on a curve; a combination of three or more musical notes played or sung at the same time
70. env_____nt affairs	n.	the natural world such as air, water, and land in which humans, animals, and plants live
71. en___e in environmental protection activities	v.	to attract and keep someone's attention and interest; to participate in or obtain services of something
72. co_____us of having succeeded	adj.	being aware of and able to respond to what is happening around you
73. mo_____te the students	v.	to make someone want to do something, especially something that requires tremendous work and effort
74. pr_____t the future	v.	to state beforehand that something will happen in the future, mainly based on knowledge or experience

ANSWERS: 64. participate, 65. accompany, 66. distract, 67. distracted, 68. pace, 69. chord, 70. environment, 71. engage, 72. conscious, 73. motivate, 74. predict

75. el\_\_\_t a confession *v.* to obtain information or a reaction from someone, usually with difficulty
76. the runner's p\_\_e *n.* the speed at which someone or something moves, or the rate at which something happens or changes
77. int\_\_\_\_\_ly motivated *adv.* from the inherent nature or quality of something or arising from within
78. pro\_\_\_\_\_ate about a big challenge *v.* to postpone doing what you should do, often because it is unpleasant or boring
79. pr\_\_\_\_ol breach *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
80. ac\_\_\_\_\_ny the book *v.* to go somewhere or travel with someone or something
81. im\_\_\_\_\_e the cloth in the dye *v.* to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered
82. religious med\_\_\_\_\_on *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
83. co\_\_\_\_\_st with a decade ago *v.* to put in opposition to show or emphasize differences
84. tracking de\_\_\_e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

ANSWERS: 75. elicit, 76. pace, 77. intrinsically, 78. procrastinate, 79. protocol, 80. accompany, 81. immerse, 82. meditation, 83. contrast, 84. device

85. sp\_\_\_\_ic instructions *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
86. a st\_\_\_\_ht line *adj.* extending or moving in one direction without bending or curving; having no deviations
87. eff\_\_\_\_ss victory *adj.* requiring little or no effort; not difficult or strenuous; easy to accomplish
88. all ability to mo\_\_\_\_te *v.* to make someone want to do something, especially something that requires tremendous work and effort
89. fr\_\_\_\_te the advancement *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
90. fr\_\_\_\_nt use *adj.* happening constantly
91. dis\_\_\_\_ue party *n.* a nightclub or restaurant where recorded music is played, and people dance
92. b\_\_e him with his stories *v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
93. an\_\_\_\_e your real motives *v.* to think about in-depth and evaluate to discover essential features or meaning

ANSWERS: 85. specific, 86. straight, 87. effortless, 88. motivate, 89. frustrate, 90. frequent, 91. discotheque, 92. bore, 93. analyze

94. en\_\_\_\_e the flavor of the vanilla      *v.* to increase or improve the quality, amount, or strength of someone or something
95. deliver a ju\_\_\_\_nt      *n.* the ability to form valuable opinions and make reasonable decisions
96. electronic de\_\_\_\_e      *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
97. bl\_\_e a horn      *v.* to make a loud, harsh noise; to sound loudly and harshly
98. company mo\_\_o      *n.* a phrase or slogan that expresses a guiding principle or goal
99. int\_\_\_\_\_lly valuable      *adv.* from the inherent nature or quality of something or arising from within
100. an al\_\_m clock      *n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
101. please revise li\_\_\_\_se      *adv.* in the same way
102. dis\_\_\_\_\_ed by a conversation      *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
103. eff\_\_\_\_\_ss beauty      *adj.* requiring little or no effort; not difficult or strenuous; easy to accomplish
104. co\_\_\_\_st two things      *v.* to put in opposition to show or emphasize differences

ANSWERS: 94. enhance, 95. judgment, 96. device, 97. blare, 98. motto, 99. intrinsically, 100. alarm, 101. likewise, 102. distracted, 103. effortless, 104. contrast

105. gr\_\_\_\_y desires *v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite
106. his research area of con\_\_\_\_\_ion *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
107. ac\_\_\_\_ic probation *adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills
108. barren of cr\_\_\_\_ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
109. di\_\_\_\_sh a reputation *v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
110. his vocal ch\_\_ds *n.* a straight line connecting two points on a curve; a combination of three or more musical notes played or sung at the same time
111. permanent br\_\_n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
112. do li\_\_\_\_se *adv.* in the same way
113. afraid to show em\_\_\_\_n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
114. sa\_\_\_\_y a user's needs *v.* to make somebody pleased by giving them what they want or need

ANSWERS: 105. gratify, 106. concentration, 107. academic, 108. creative, 109. diminish, 110. chord, 111. brain, 112. likewise, 113. emotion, 114. satisfy



115. med\_\_\_\_\_on training *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
116. fo\_\_\_r two kids *v.* to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents
117. execution by burning at a st\_\_\_e *n.* a share or financial investment in something such as a business; a wooden or metal post set up to mark something
118. computer op\_\_\_\_\_nt *n.* a person against whom you are playing or fighting in a game, competition, debate, etc.
119. unlikely to f\_\_\_e him *v.* to disturb or disconcert someone, often causing them to lose their confidence or composure; to unsettle, intimidate, or fluster
120. give the al\_\_\_m *n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
121. control my em\_\_\_\_\_n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
122. te\_\_\_\_\_s task *adj.* tiresome or boring because of being repetitive, dull, or too long; causing mental or physical fatigue due to its unrelenting nature

ANSWERS: 115. meditation, 116. foster, 117. stake, 118. opponent, 119. faze, 120. alarm, 121. emotion, 122. tedious

123. pr\_\_\_\_t when she will arrive      *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
124. proud of his acc\_\_\_\_\_ents      *n.* the successful completion of a task or goal; an ability that has been acquired by training
125. ta\_\_\_e the issue      *v.* to try to deal with a complex problem or situation
126. a remarkable ach\_\_\_\_\_nt      *n.* a thing that someone has accomplished, primarily through their effort and ability
127. pa\_\_\_\_\_er estimation      *n.* a numerical or other measurable factors that characterize a system or set of data
128. at p\_\_k hour      *n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain
129. b\_\_e diameter      *v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
130. fr\_\_\_\_\_nt absence      *adj.* happening constantly
131. finish the ass\_\_\_\_\_nt      *n.* a duty or task given to someone, usually as part of their job or studies
132. raise public aw\_\_\_\_\_ss      *n.* the fact or state of knowing something exists and is important

ANSWERS: 123. predict, 124. accomplishment, 125. tackle, 126. achievement, 127. parameter, 128. peak, 129. bore, 130. frequent, 131. assignment, 132. awareness

133. take the ga\_\_e of a situation      *n.* an instrument for measuring and displaying the amount, level, or contents of something; (verb) to judge tentatively or form an estimate of something
134. psy\_\_\_\_\_gy of crowd      *n.* the scientific study of mind and behavior
135. pa\_\_\_\_\_er tuning      *n.* a numerical or other measurable factors that characterize a system or set of data
136. de\_\_\_e my position      *v.* to state or explain precisely the nature, scope, or meaning of something

ANSWERS: 133. gauge, 134. psychology, 135. parameter, 136. define

## Session 3: Fill in the Blanks

1. I won't let a little criticism \_\_\_\_\_ me from pursuing my dreams.  
*v.* to disturb or disconcert someone, often causing them to lose their confidence or composure; to unsettle, intimidate, or fluster
  
2. Did this response \_\_\_\_\_ your request?  
*v.* to make somebody pleased by giving them what they want or need
  
3. We use various precision \_\_\_\_\_ in the manufacturing process of machinery.  
*n.* an instrument for measuring and displaying the amount, level, or contents of something; (verb) to judge tentatively or form an estimate of something
  
4. He became \_\_\_\_\_ that he was being followed.  
*adj.* being aware of and able to respond to what is happening around you
  
5. The teacher attempted to \_\_\_\_\_ the root cause of our mistake.  
*v.* to think about in-depth and evaluate to discover essential features or meaning
  
6. He was attempting to confuse his \_\_\_\_\_.  
*n.* a person against whom you are playing or fighting in a game, competition, debate, etc.
  
7. My \_\_\_\_\_ was overwhelming and complicated, but it was also exciting.  
*n.* a duty or task given to someone, usually as part of their job or studies
  
8. He \_\_\_\_\_ the matter until it was almost too late.  
*v.* to postpone doing what you should do, often because it is unpleasant or boring

ANSWERS: 1. faze, 2. satisfy, 3. gauges, 4. conscious, 5. analyze, 6. opponent, 7. assignment, 8. procrastinated

9. It's intriguing to compare and \_\_\_\_\_ the two authors.  
*v.* to put in opposition to show or emphasize differences
10. He has a flair for \_\_\_\_\_.  
*n.* the science dealing with the logic of quantities, shapes, spaces, and arrangement
11. As people get old, their energies may \_\_\_\_\_.  
*v.* to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.
12. Her \_\_\_\_\_ are consistently rational and sensible.  
*n.* the ability to form valuable opinions and make reasonable decisions
13. The \_\_\_\_\_ announcing an enemy attack went off this morning.  
*n.* a loud noise or an automatic signal that warns people of danger; a device that signals the occurrence of some undesirable event or particular danger
14. The dancer made her performance look \_\_\_\_\_ and graceful.  
*adj.* requiring little or no effort; not difficult or strenuous; easy to accomplish
15. The government is determined to \_\_\_\_\_ sharp inflation.  
*v.* to try to deal with a complex problem or situation
16. The company's \_\_\_\_\_ is "Innovation and Service," which is reflected in its products and customer support.  
*n.* a phrase or slogan that expresses a guiding principle or goal
17. I always try to \_\_\_\_\_ my boss by achieving the sales target every month.  
*v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite

ANSWERS: 9. contrast, 10. mathematics, 11. diminish, 12. judgments, 13. alarm, 14. effortless, 15. tackle, 16. motto, 17. gratify

18. The pastor contributed to \_\_\_\_\_ the sense of a community embracing all classes.
- v. to promote growth; to take care of another person's child, usually for a limited time, without becoming their legal parents
19. X-rays revealed a small tumor in his \_\_\_\_\_.
- n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling
20. To advance this discussion, we must \_\_\_\_\_ "success" rigorously.
- v. to state or explain precisely the nature, scope, or meaning of something
21. Have you \_\_\_\_\_ a response from them yet?
- v. to obtain information or a reaction from someone, usually with difficulty
22. Many multinational companies are \_\_\_\_\_ in the reconstruction of that country.
- v. to attract and keep someone's attention and interest; to participate in or obtain services of something
23. The temperature range was one of the critical \_\_\_\_\_ we had to consider when designing the experiment.
- n. a numerical or other measurable factors that characterize a system or set of data
24. The magician's performance \_\_\_\_\_ the audience.
- v. to captivate or fascinate; to hold the complete attention of
25. Some \_\_\_\_\_ are common across cultures and backgrounds.
- n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

ANSWERS: 18. fostering, 19. brain, 20. define, 21. elicited, 22. engaged, 23. parameters, 24. mesmerized, 25. emotions

26. This \_\_\_\_\_ has never been formally accepted.

*n.* a thing that someone has accomplished, primarily through their effort and ability

27. The ability to \_\_\_\_\_ people is a priceless asset.

*v.* to make someone want to do something, especially something that requires tremendous work and effort

28. His heartaches are less \_\_\_\_\_ now.

*adj.* happening constantly

29. His dream is to become an Olympic \_\_\_\_\_.

*n.* a person who competes in one or more sports that involve physical strength, speed, or endurance

30. The economy is growing at a supercharged \_\_\_\_\_.

*n.* the speed at which someone or something moves, or the rate at which something happens or changes

31. The new strategy will \_\_\_\_\_ the profitability of our company.

*v.* to increase or improve the quality, amount, or strength of someone or something

32. This measurement aims to reduce traffic at \_\_\_\_\_ periods.

*n.* the point to which something or someone is at its strongest, best, or most successful; the pointed top of a mountain

33. The pianist played a \_\_\_\_\_ that filled the room with a rich, harmonious sound.

*n.* a straight line connecting two points on a curve; a combination of three or more musical notes played or sung at the same time

ANSWERS: 26. achievement, 27. motivate, 28. frequent, 29. athlete, 30. pace, 31. enhance, 32. peak, 33. chord

34. An excellent historian must possess an \_\_\_\_\_ mentality.

*adj.* associated with schools, colleges, and universities, especially studying and thinking, not with practical skills

35. The lecture on quantum physics \_\_\_\_\_ me to tears.

*v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources

36. Every human is responsible for taking care of the Earth's \_\_\_\_\_.

*n.* the natural world such as air, water, and land in which humans, animals, and plants live

37. He couldn't wait to hit the \_\_\_\_\_ and dance the night away.

*n.* a nightclub or restaurant where recorded music is played, and people dance

38. The work of data entry can be \_\_\_\_\_ but it is important for maintaining accurate records.

*adj.* tiresome or boring because of being repetitive, dull, or too long; causing mental or physical fatigue due to its unrelenting nature

39. Graduating from college was a major \_\_\_\_\_ for her.

*n.* the successful completion of a task or goal; an ability that has been acquired by training

40. This exam requires excellent \_\_\_\_\_ to pass.

*n.* the ability to focus all your time and energy on one thing without thinking about anything else.

ANSWERS: 34. academic, 35. bored, 36. environment, 37. discotheque, 38. tedious, 39. accomplishment, 40. concentration



41. The company has a strict \_\_\_\_\_ for handling sensitive information to ensure security.
- n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
42. Please let me know if you want to \_\_\_\_\_ me to my hometown.
- v.* to go somewhere or travel with someone or something
43. There has been a gradual but steady rise in environmental \_\_\_\_\_.
- n.* the fact or state of knowing something exists and is important
44. The company has made great strides in its \_\_\_\_\_ toward sustainability.
- n.* the act or process of changing to the next stage or phase or moving forward
45. The coach explained a strategy to \_\_\_\_\_ the opponent's schemes to the players.
- v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
46. I was so \_\_\_\_\_ by my phone that I nearly walked into a lamppost.
- adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
47. All the supervisor has to do is assign tasks that make his subordinates more \_\_\_\_\_.
- adj.* relating to or involving the use of skill and original and unusual ideas to create something

ANSWERS: 41. protocol, 42. accompany, 43. awareness, 44. progression, 45. frustrate, 46. distracted, 47. creative

48. There was a disturbance of \_\_\_\_\_ function.

*adj.* of or relating to a nerve or the nervous system that includes the brain

49. They selected a gorgeous diamond \_\_\_\_\_ ring.

*n.* a mutual promise to marry someone; an agreement to do something, especially at a particular time

50. It is an incredible \_\_\_\_\_ to climb Mount Everest, the highest mountain in the world.

*n.* a notable or impressive achievement, especially one that requires great skill or bravery

51. He was sick for five \_\_\_\_\_ days.

*adj.* extending or moving in one direction without bending or curving; having no deviations

52. In \_\_\_\_\_ private corporations provide healthcare services.

*n.* the act or process of adding something to something else; the process of adding numbers

53. The \_\_\_\_\_ of the company is too high nowadays.

*n.* a share or financial investment in something such as a business; a wooden or metal post set up to mark something

54. She had a master's degree in \_\_\_\_\_.

*n.* the scientific study of mind and behavior

55. The colonial government \_\_\_\_\_ militia support when civil war broke out.

*v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

ANSWERS: 48. neural, 49. engagement, 50. feat, 51. straight, 52. addition, 53. stake, 54. psychology, 55. recruited

56. The kindness of strangers is \_\_\_\_\_ rewarding, even when no reward is expected.

*adv.* from the inherent nature or quality of something or arising from within

57. The \_\_\_\_\_ instructor guided the group through the relaxation and breathing exercises.

*n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

58. He is tall and \_\_\_\_\_ strong.

*adv.* in the same way

59. The music \_\_\_\_\_ from the car's open windows.

*v.* to make a loud, harsh noise; to sound loudly and harshly

60. The majority of students actively \_\_\_\_\_ in the college's intramural sports program.

*v.* to take part in something

61. The scientist conducted a study that provided \_\_\_\_\_ details about the species' behavior.

*adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

62. Try to keep a \_\_\_\_\_ between work and off.

*n.* a condition in which everything has the same weight or force; something left after other parts have been taken away

63. Please don't \_\_\_\_\_ me while I'm studying.

*v.* to draw someone's attention away from what they are trying to do

ANSWERS: 56. intrinsically, 57. meditation, 58. likewise, 59. blared, 60. participated, 61. specific, 62. balance, 63. distract

64. The third \_\_\_\_\_ was far more successful.

*n.* an act or effort of trying to do something, especially something difficult

65. The report divided the data into \_\_\_\_\_ based on age, gender, and income level.

*n.* a part or section of something; a distinct group within a larger whole

66. He \_\_\_\_\_ himself in his research.

*v.* to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered

67. It's notoriously challenging to \_\_\_\_\_ birth rates.

*v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience

68. I always carry a backup \_\_\_\_\_ in case my phone runs out of battery.

*n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

ANSWERS: 64. attempt, 65. segments, 66. immersed, 67. predict, 68. device