

Englist.me



Vocabulary Builder Reference from...

TED-Ed: How to enter flow state | TED Talk

https://www.ted.com/talks/ted_ed_how_to_enter_flow_state

Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

faze

v. to disturb or disconcert someone, often causing them to lose their confidence or composure; to unsettle, intimidate, or fluster

synonym: disturb, unsettle, bother

(1) **faze** a decision-maker, (2) unlikely to **faze** him

I won't let a little criticism **faze** me from pursuing my dreams.

blare

v. to make a loud, harsh noise; to sound loudly and harshly

synonym: blast, screech, trumpet

(1) **blare** music, (2) **blare** a horn

The music **blared** from the car's open windows.

immerse

v. to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered

synonym: dip, inundate, submerge

(1) **immerse** the cloth in the dye, (2) completely **immerse** the ingredient

He **immersed** himself in his research.

effortless

adj. requiring little or no effort; not difficult or strenuous; easy to accomplish

synonym: easy, simple, uncomplicated

(1) **effortless** victory, (2) **effortless** beauty

The dancer made her performance look **effortless** and graceful.

distracted

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

synonym : preoccupied, inattentive, absent-minded

(1) get **distracted** by an urgent matter, (2) **distracted** by a conversation

I was so **distracted** by my phone that I nearly walked into a lamppost.

procrastinate

v. to postpone doing what you should do, often because it is unpleasant or boring

synonym : delay, dawdle, hesitate

(1) **procrastinate** about a big challenge, (2) **procrastinate** on my homework

He **procrastinated** the matter until it was almost too late.

diminish

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

synonym : decline, dwindle, lessen

(1) **diminish** a reputation, (2) **diminish** swelling

As people get old, their energies may **diminish**.

elicit

v. to obtain information or a reaction from someone, usually with difficulty

synonym : bring out, obtain, evoke

(1) **elicit** a confession, (2) **elicit** a solution

Have you **elicited** a response from them yet?

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym : slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

gratify

v. to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite

synonym : please, satisfy, fulfill

(1) **gratify** desires, (2) **gratify** curiosity

I always try to **gratify** my boss by achieving the sales target every month.

discotheque

n. a nightclub or restaurant where recorded music is played, and people dance

synonym : nightclub, dance club, disco

(1) **discotheque** party, (2) **discotheque** scene

He couldn't wait to hit the **discotheque** and dance the night away.

mesmerize

v. to captivate or fascinate; to hold the complete attention of

synonym : captivate, trance, enchant

(1) **mesmerize** a subject, (2) **mesmerize** with magic

The magician's performance **mesmerized** the audience.

distract

v. to draw someone's attention away from what they are trying to do

synonym : divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

tedious

adj. tiresome or boring because of being repetitive, dull, or too long; causing mental or physical fatigue due to its unrelenting nature

synonym : boring, monotonous, dull

(1) **tedious** task, (2) **tedious** routine

The work of data entry can be **tedious**, but it is important for maintaining accurate records.

Session 2: Spelling

- | | |
|----------------------------------|---|
| 1. dis_____ue party | <i>n.</i> a nightclub or restaurant where recorded music is played, and people dance |
| 2. bl__e a horn | <i>v.</i> to make a loud, harsh noise; to sound loudly and harshly |
| 3. company mo__o | <i>n.</i> a phrase or slogan that expresses a guiding principle or goal |
| 4. im_____e the cloth in the dye | <i>v.</i> to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered |
| 5. me_____ze with magic | <i>v.</i> to captivate or fascinate; to hold the complete attention of |
| 6. gr_____y desires | <i>v.</i> to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite |
| 7. bl__e music | <i>v.</i> to make a loud, harsh noise; to sound loudly and harshly |
| 8. eff_____ss beauty | <i>adj.</i> requiring little or no effort; not difficult or strenuous; easy to accomplish |
| 9. di_____ct public opinion | <i>v.</i> to draw someone's attention away from what they are trying to do |
| 10. te_____s routine | <i>adj.</i> tiresome or boring because of being repetitive, dull, or too long; causing mental or physical fatigue due to its unrelenting nature |

ANSWERS: 1. discotheque, 2. blare, 3. motto, 4. immerse, 5. mesmerize, 6. gratify, 7. blare, 8. effortless, 9. distract, 10. tedious

- | | | |
|--------------------------------|------|---|
| 11. el___t a solution | v. | to obtain information or a reaction from someone, usually with difficulty |
| 12. di____sh swelling | v. | to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc. |
| 13. pro_____ate on my homework | v. | to postpone doing what you should do, often because it is unpleasant or boring |
| 14. the mo__o for safe traffic | n. | a phrase or slogan that expresses a guiding principle or goal |
| 15. unlikely to f__e him | v. | to disturb or disconcert someone, often causing them to lose their confidence or composure; to unsettle, intimidate, or fluster |
| 16. f__e a decision-maker | v. | to disturb or disconcert someone, often causing them to lose their confidence or composure; to unsettle, intimidate, or fluster |
| 17. di____sh a reputation | v. | to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc. |
| 18. eff_____ss victory | adj. | requiring little or no effort; not difficult or strenuous; easy to accomplish |
| 19. me_____ze a subject | v. | to captivate or fascinate; to hold the complete attention of |
| 20. el___t a confession | v. | to obtain information or a reaction from someone, usually with difficulty |
| 21. gr____y curiosity | v. | to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite |

ANSWERS: 11. elicit, 12. diminish, 13. procrastinate, 14. motto, 15. faze, 16. faze, 17. diminish, 18. effortless, 19. mesmerize, 20. elicit, 21. gratify

22. get dis_____ed by an urgent matter *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
23. dis_____ue scene *n.* a nightclub or restaurant where recorded music is played, and people dance
24. dis_____ed by a conversation *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
25. di_____ct attention from the real issue *v.* to draw someone's attention away from what they are trying to do
26. te_____s task *adj.* tiresome or boring because of being repetitive, dull, or too long; causing mental or physical fatigue due to its unrelenting nature
27. pro_____ate about a big challenge *v.* to postpone doing what you should do, often because it is unpleasant or boring
28. completely im_____e the ingredient *v.* to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered

ANSWERS: 22. distracted, 23. discotheque, 24. distracted, 25. distract, 26. tedious, 27. procrastinate, 28. immerse

Session 3: Fill in the Blanks

1. I won't let a little criticism _____ me from pursuing my dreams.
 - v. to disturb or disconcert someone, often causing them to lose their confidence or composure; to unsettle, intimidate, or fluster
2. The work of data entry can be _____ but it is important for maintaining accurate records.
 - adj. tiresome or boring because of being repetitive, dull, or too long; causing mental or physical fatigue due to its unrelenting nature
3. He _____ himself in his research.
 - v. to become fully involved in a particular activity; to dip or submerge in a liquid, especially so that they or it are entirely covered
4. Have you _____ a response from them yet?
 - v. to obtain information or a reaction from someone, usually with difficulty
5. He _____ the matter until it was almost too late.
 - v. to postpone doing what you should do, often because it is unpleasant or boring
6. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
 - n. a phrase or slogan that expresses a guiding principle or goal
7. I always try to _____ my boss by achieving the sales target every month.
 - v. to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite

ANSWERS: 1. faze, 2. tedious, 3. immersed, 4. elicited, 5. procrastinated, 6. motto, 7. gratify

8. The magician's performance _____ the audience.

v. to captivate or fascinate; to hold the complete attention of

9. I was so _____ by my phone that I nearly walked into a lamppost.

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

10. He couldn't wait to hit the _____ and dance the night away.

n. a nightclub or restaurant where recorded music is played, and people dance

11. As people get old, their energies may _____.

v. to reduce or be reduced in size, extent, or importance; to make something smaller, weaker, etc.

12. The dancer made her performance look _____ and graceful.

adj. requiring little or no effort; not difficult or strenuous; easy to accomplish

13. The music _____ from the car's open windows.

v. to make a loud, harsh noise; to sound loudly and harshly

14. Please don't _____ me while I'm studying.

v. to draw someone's attention away from what they are trying to do

ANSWERS: 8. mesmerized, 9. distracted, 10. discotheque, 11. diminish, 12. effortless, 13. blared, 14. distract