

Englist.me



Vocabulary Builder Reference from...

Robert Swan: Let's save the last pristine continent |

TED Talk

https://www.ted.com/talks/robert_swan_let_s_save_the_last_pristine_continent

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

pole

n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something

synonym : rod, staff, shaft

(1) a fishing **pole**, (2) the plus **pole**

The North **Pole** is the northernmost point on Earth.

environmentalist

n. a person who is concerned with and advocates for the protection of the natural environment

synonym : conservationist

(1) dedicated **environmentalist**, (2) an **environmentalist** political party

The **environmentalist** lobby changed the mindset of many conservative politicians.

survivor

n. a person who remains alive after an event in which others have died

synonym : subsister

(1) ovarian cancer **survivor**, (2) a single **survivor**

The shipwreck **survivor** was rescued after floating in the ocean for three days.

photograph

n. a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

synonym : photo, picture, snapshot

(1) **photograph** album, (2) **photograph** memories

I found an old **photograph** of my grandparents from their wedding day.

melt

v. to turn from something solid into something soft or liquid as a result of heating

synonym : disintegrate, soften, disappear

(1) **melt** the ice, (2) **melt** down gold

Her resistance **melted** under his persuasion.

survival

n. the state of continuing to exist or live, frequently in the face of difficulty or danger

synonym : endurance, continuity

(1) **survival** ability, (2) **survival** food

He evaluated his chances for **survival** rather pessimistically.

planet

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym : earth, world, globe

(1) **planet** like the Earth, (2) save the **planet**

Mercury is the closest **planet** to the sun.

head-on

adj. occurring or done directly, without any intermediaries or avoidance; confronting or facing something directly, without any evasion or compromise

synonym : head-to-head, direct, confrontational

(1) **head-on** argument, (2) **head-on** approach

A **head-on** collision on the highway led to a major traffic jam.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is

synonym : distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news
Doubt is the start, not the end, of intelligence.

frightening

adj. causing fear or alarm, or very surprising and alarming
synonym: scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience
The news of the pandemic was a **frightening** reminder of the fragility of human health.

treaty

n. a formal agreement or pact between two or more countries or other international entities
synonym: agreement, pact, accord

(1) **treaty** negotiation, (2) global climate **treaty**
The two countries signed a **treaty** to establish peaceful relations.

exploitation

n. the process of making some area of land or water more profitable or productive or useful
synonym: victimization, development, using

(1) sexual **exploitation**, (2) the **exploitation** of fossil resources
Strategic **exploitation** of cutting-edge technology would be a sure formula for success.

modify

v. to change something slightly, such as a plan, option, law, etc., especially to make it more suitable for a particular purpose
synonym: adjust, alter, revise

(1) genetically **modify** food, (2) **modify** my behavior
We use adverbs to **modify** verbs and adjectives.

abandon

v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
synonym: relinquish, leave behind, disregard

(1) **abandon** a friend, (2) **abandon** the practice
The castle was **abandoned** several years later.

arctic

adj. of or relating to the region around the North Pole or the Arctic Ocean; very cold

synonym : cold, frozen, polar

(1) **arctic** ice, (2) high **arctic**

Cold temperatures and long, dark winters characterize the **arctic** climate.

advantage

n. a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has

synonym : benefit, edge, asset

(1) score an **advantage**, (2) take **advantage** of his weak points

One of the main **advantages** of the new product is its increased efficiency.

dot

n. a very small circular mark, especially one that is printed

synonym : drop, dab, fleck

(1) connecting the **dots**, (2) **dot** blot method

The wallpaper had a pattern of pink **dots** on a white surface.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

odd

adj. strange or unexpected; not divisible by two

synonym : strange, bizarre, abnormal

(1) in an **odd** way, (2) **odd** behavior

His grandfather was an **odd** man.

inspire

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

synonym : boost, encourage, enlighten

(1) **inspire** a feeling of curiosity, (2) **inspire** him to write a

novel

The unique style of this martial arts **inspired** many action film producers.

incredibly

adv. in a way that is very difficult to believe; exceedingly or extremely

synonym: enormously, exceptionally, extraordinarily

(1) **incredibly** cheerful character, (2) get **incredibly**

insecure

Several cities are experiencing **incredibly** high unemployment rates.

inspiring

adj. stimulating and motivating you to want to do something

synonym: exhilarating, encouraging, heartening

(1) **inspiring** stories, (2) awe- **inspiring** sight

An **inspiring** teacher might spark students' motivation to succeed.

polar

adj. relating to, or close to, the North or South Pole; characterized by complete opposites

synonym: opposing, contrary, contrasting

(1) **polar** bears, (2) **polar** regions

Polar animals are graceful and efficient swimmers.

fundraise

v. to collect or solicit funds or donations, typically for a charity, nonprofit organization, or political campaign, often through events, campaigns, or online platforms

synonym: appeal, raise, solicit

(1) **fundraise** a charity fund, (2) **fundraise** for a new shelter

The school is planning to **fundraise** to purchase new books for the library.

counseling

n. the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

synonym: therapy, guidance, advice

(1) **counseling** about risk management, (2) career **counseling**

I am going to **counseling** to work through my anxiety and depression.

psychiatric

adj. of or relating to the treatment or study of mental illness or disorders

synonym : mental, psychological, psychotherapeutic

(1) people with **psychiatric** disorders, (2) **psychiatric** hospital

The **psychiatric** evaluation revealed that the patient had been suffering from anxiety.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym : finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

march

v. to walk militarily with stiff, regular steps

synonym : parade

(1) **march** against the war, (2) **march** east

The troops **marched** shoulder-to-shoulder.

geography

n. a field of science devoted to the study of the lands, features, inhabitants, and phenomena of the Earth

synonym : landscape, terrain, topography

(1) **geography** class, (2) economic **geography**

She did well on her **geography** exam.

assist

v. to help someone in doing anything

synonym : help, support, aid

(1) **assist** a patient, (2) **assist** his goal

Please **assist** her with the furniture relocation.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

synonym: convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

beneath

adv. in or to a lower place than someone or something

synonym: down, under, low

(1) the ground **beneath** my feet, (2) **beneath** contempt

A great stretch of the lake lay **beneath** them.

crevasse

n. a deep crack or fissure, especially in a glacier or the Earth's surface, often caused by stress or movement; a dangerous and treacherous gap or opening

synonym: crevice, fissure, gap

(1) fall into a **crevasse**, (2) dangerous **crevasse**

The mountaineer carefully crossed the glacier **crevasse** to continue climbing the icy peak.

intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym: extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching

That statement by the prime minister drew **intense** international criticism.

sweat

n. the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

synonym: perspiration, steam, hardwork

(1) all in a **sweat**, (2) **sweat** bath

She wiped the **sweat** off her forehead with a towel.

crack

v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

synonym: snap, burst, break

(1) **crack** an eggshell, (2) a **crack** in a board

He that would eat the kernel must **crack** the nut.

chilly

adj. unpleasantly cool or cold; giving a feeling of coldness; lacking warmth or friendliness in manner

synonym: cool, frigid, icy

(1) **chilly** atmosphere, (2) **chilly** response

I must bundle up in a warm coat and scarf to bear the **chilly** winter weather.

desperate

adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

synonym: anguish, frantic, hopeless

(1) her **desperate** screams, (2) **desperate** attempt

He was **desperate** when he lost all his money by gambling.

damage

v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

synonym: harm, impair, injure

(1) **damage** a relationship, (2) **damage** assessment

During the surgery, the doctor had to be extremely cautious not to **damage** a blood vessel.

blister

n. a small, fluid-filled bubble on the skin caused by friction, burning, or other skin irritation; can also refer to a similar bubble found in other materials; (verb) to become covered with blisters or to cause blisters to form; to

criticize or rebuke severely

synonym : sore, vesicle, pustule

(1) **blister** after walking for miles, (2) **blister** treatment

The new hiking shoes gave me a **blister** on my heel after just a few miles of walking.

rip

v. to tear something or be torn violently or suddenly

synonym : tear, cut, slit

(1) **rip** a notebook apart, (2) **rip** a hole in the roof

During transit, the stuff may **rip** off the luggage tag.

ozone

n. a poisonous gas with the chemical formula O₃, which has a strong smell

(1) **ozone** depletion, (2) atmospheric **ozone**

The **ozone** layer is vital for blocking some harmful sun rays.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

underneath

adv. under or below something else

synonym : below, under, beneath

(1) **underneath** the surface of the water, (2) **underneath** the laughter

The penny fell **underneath** the piano.

ultraviolet

adj. relating to or occupying the part of the spectrum beyond the violet end, especially radiation

synonym : black light, UV light, invisible light

(1) **ultraviolet** protection, (2) **ultraviolet** light

Ultraviolet radiation can cause skin damage if one is exposed for too long.

- ray** *n.* a narrow line of light, heat, or another form of energy
synonym : beam, light, glimmer
(1) opaque to X- **rays**, (2) effect of cosmic **rays**
Gamma **rays** penetrate body tissues and cause cell damage.
- bounce** *v.* to cause to move up or away after hitting a surface; to spring back
synonym : bound, leap, spring
(1) **bounce** across the floor, (2) **bounce** back from failure
They will **bounce** between various emotional states.
- shock** *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
synonym : amazement, surprise, stunner
(1) death from **shock**, (2) **shock-resistant**
He got an electric **shock** at work.
- desperately** *adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
synonym : urgently, perilously, seriously
(1) **desperately** anxious, (2) **desperately** ill patient
The baby clung **desperately** to her mother.
- definitely** *adv.* without any question and beyond doubt; clearly
synonym : absolutely, certainly, indeed
(1) **definitely** become a problem, (2) say **definitely**
The paper is **definitely** worth reading thoroughly.
- disaster** *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
synonym : catastrophe, calamity, tragedy
(1) global **disaster**, (2) **disaster** recovery
The **disaster** response team worked around the clock to aid those affected by the earthquake.

strike

v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

synonym : hit, impact, influence

(1) **strike** up a conversation, (2) **strike** a blow

We **strike** to achieve more wages and safer working conditions.

grind

v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time

synonym : mill, crush, grate

(1) **grind** away at my work, (2) **grind** your teeth

She had to **grind** the coffee beans before making a fresh cup.

brave

adj. showing courage or fearlessness in the face of danger, difficulty, or adversity

synonym : courageous, valiant, heroic

(1) **brave** soldier, (2) **brave** decision

The **brave** firefighter rescued the family from the burning building.

heel

n. the rounded back part of the foot below the ankle; someone who is morally reprehensible; (verb) to follow someone or something

synonym : hindfoot

(1) **heel** bone, (2) **heel** wrestler

She wore high **heels** to the party.

frostbite

n. a medical condition that occurs when the skin and underlying tissue freeze due to exposure to extremely cold temperatures, resulting in damage or loss of tissue and, in severe cases, amputation

synonym : cryopathy, chilblains, ice burn

(1) **frostbite** symptoms, (2) **frostbite** on the hand

The athlete had to quit the race due to severe **frostbite** on his feet.

fin *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

synonym : flipper, appendage, stabilizer

(1) back **fin**, (2) a **fin** of a plane

The shark's powerful **fins** allowed it to swim at high speeds.

destroy *v.* to ruin or damage severely or completely; to eradicate or eliminate completely

synonym : demolish, ruin, obliterate

(1) **destroy** the ecosystem, (2) **destroyed** evidence

The building was **destroyed** in the fire and had to be rebuilt.

instruction *n.* detailed direction, order, etc., on how to do or use something

synonym : education, direction, guidance

(1) individual **instruction**, (2) follow his **instructions**

They needed further **instruction** to perform their duties efficiently.

engage *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym : confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

industrious *adj.* hardworking, diligent, and persistent in effort

synonym : diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

preservation *n.* the act of keeping something in its original state or of preventing it from being damaged

synonym : conserving, protection, conservancy

(1) wildlife **preservation**, (2) the **preservation** of food
The museum had kept the paintings in remarkable **preservation**.

summit

n. the highest point of a mountain or hill; a meeting of heads of state or government to discuss important issues

synonym: peak, top, crest

(1) reach the **summit**, (2) **summit** talks

The climbers reached the mountain's **summit** after a long and challenging journey.

yacht

n. a large, luxurious sailing vessel or motorboat that is often used for pleasure cruises, racing, or other leisure activities

synonym: boat, vessel, ship

(1) **yacht** owner, (2) luxury **yacht**

We spent the weekend sailing our **yacht** around the Mediterranean.

overland

adj. relating to or traveling across land rather than by sea or air; denoting a trade route or a travel route that takes place over land

synonym: terrestrial, land-based, ground-based

(1) **overland** journey, (2) **overland** transportation

The **overland** route through the mountains was treacherous and required an experienced guide.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

twist

v. to bend or turn something into a certain shape

synonym: wrench, turn, twirl

(1) **twist** around to the left, (2) **twist** a wet towel
He **twisted** pieces of rope out of straw.

recycle

v. to sort and collect things to process them and produce valuable materials that can be used again

synonym : reclaim, reuse, reprocess

(1) **recycle** the cardboard boxes, (2) **recycle** milk packaging into new paper

We largely **recycle** the circuit board of cell phones because they contain a lot of valuable metals.

mum

n. a British term for "mom" or "mother"; (adjective) failing to speak or communicate when expected to do so

synonym : mother, silent, soundless

(1) **mum's** cooking, (2) keep **mum**

My **mum** always knew how to comfort me when I was feeling down.

fantastic

adj. extremely good; excellent

synonym : incredible, unbelievable, marvelous

(1) a **fantastic** dress, (2) absolutely **fantastic** event

The new amusement park ride was **fantastic**, with twists, turns, and drops that left riders screaming with excitement.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym : choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

unbelievable

adj. beyond belief or understanding and extremely surprising
synonym: unimaginable, incredible, fantastical

(1) **unbelievable** beauty, (2) cause **unbelievable** damage

He drinks an **unbelievable** amount of beer.

represent

v. to speak, act, or be present on behalf of another person or group; to form or constitute

synonym: depict, express, describe

(1) **represent** by a diagram, (2) the characters that **represent** numbers

We elected him to **represent** us at the international conference.

extraordinary

adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual

synonym: exceptional, noteworthy, astonishing

(1) **extraordinary** ability, (2) **extraordinary** weather

He narrated the **extraordinary** story of his adventure.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

bond

n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

synonym: bind, adhesion, attachment

(1) **bond** as a family, (2) global **bond** market

They had formed a friendship **bond**.

privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym: benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership

In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

champion

n. someone who has won first place in a competition; someone who fights for a specific group of people or a belief

synonym: victor, winner, fighter

(1) a **champion** of peace, (2) the grand **champion**

The **champion** bicyclist outrode all his competitors.

disintegrate

v. break or cause to break into small fragments

synonym: shatter, crumble, break down

(1) **disintegrate** in an explosion, (2) **disintegrate** over time

The vase **disintegrated** into pieces when it fell to the ground.

calculated

adj. done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance

synonym: premeditated, willful, deliberate

(1) **calculated** bankruptcy, (2) **calculated** crime

The company made a **calculated** decision to invest in new technology.

definite

adj. clearly defined or determined; having no doubt or uncertainty; precise or exact

synonym: clear, certain, precise

(1) **definite** answer, (2) **definite** plan

My boss provided me with **definite** instructions on how to complete the project.

renewable

adj. capable of being renewed, extended, or replaced

synonym : sustainable, replaceable

(1) **renewable** energy, (2) **renewable** subscriptions

The production of **renewable** fuels requires massive volumes of fresh water.

efficient

adj. performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials

synonym : productive, effective, competent

(1) **efficient** operation, (2) energy- **efficient** appliances

The new washing machine is much more **efficient** than the old one.

exploit

v. to make full use of and gain an advantage from resources, opportunities, etc.

synonym : use, abuse, control

(1) **exploit** a security hole, (2) **exploit** a valuable opportunity

We **exploit** our mining resources to strengthen our national power.

threaten

v. to utter intentions of injury or punishment against someone

synonym : endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

retrace

v. to trace again, reexamine, or follow the path or course of something; to go back over something or retrace one's steps

synonym : backtrack, follow back

(1) **retrace** my life, (2) **retrace** a journey

I need to **retrace** my steps to find the lost keys.

survive

v. to live or exist despite a dangerous event or period
synonym: endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

icecap

n. a mass of ice that permanently covers a considerable area of land, typically found in polar regions

synonym: glacier, ice sheet

(1) the shrinking **icecaps** in the Arctic, (2) receding **icecap**

The melting **icecaps** are a clear indication of climate change.

committed

adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something

synonym: devoted, faithful, attached

(1) in a **committed** relationship, (2) strong and **committed** sales staff

Our company is strongly **committed** to meeting customers' needs.

translate

v. to convert or change words into another language

synonym: convert, transcribe, render

(1) **translate** a document into English, (2) **translate** the emotion to a movement

Translate the text from Italian into English.

threat

n. a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

synonym: menace, danger, hazard

(1) economic **threat**, (2) environmental **threat**

The **threat** of severe weather prompted the city to issue an evacuation warning.

preserve

v. to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed

synonym : conserve, care for, maintain

(1) **preserve** my strength, (2) **preserve** a country's heritage
They worked hard to **preserve** the nature of their native lands.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym : accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

moral

adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.

synonym : honest, ethical, conscientious

(1) **moral** hazard, (2) **moral** burden

Ethics deals with **moral** conduct.

pristine

adj. new and completely free from dirt or contamination

synonym : chaste, pure, immaculate

(1) **pristine** beach, (2) maintain the **pristine** condition

It is terrific to camp in **pristine** nature.

bold

adj. brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks

synonym : brave, courageous, fearless

(1) a **bold** design, (2) big, **bold** piano sounds

The effort to alleviate climate change needs **bold** action.

genius

n. someone who has exceptional intellectual ability and originality

synonym : brilliance, brainiac, acumen

(1) a person of **genius**, (2) a **genius** for music

Mozart was a musical **genius**.

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym : fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

Session 2: Spelling

1. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

2. bl_____r treatment *n.* a small, fluid-filled bubble on the skin caused by friction, burning, or other skin irritation; can also refer to a similar bubble found in other materials; (verb) to become covered with blisters or to cause blisters to form; to criticize or rebuke severely

3. the great di_____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

4. a f_n of a plane *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance

5. a ma__c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

6. ab_____n a friend *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

7. ch___y atmosphere *adj.* unpleasantly cool or cold; giving a feeling of coldness; lacking warmth or friendliness in manner

ANSWERS: 1. discovery, 2. blister, 3. discovery, 4. fin, 5. magic, 6. abandon, 7. chilly

- | | | |
|------------------------------|------|---|
| 8. tw__t a wet towel | v. | to bend or turn something into a certain shape |
| 9. m_m's cooking | n. | a British term for "mom" or "mother"; (adjective) failing to speak or communicate when expected to do so |
| 10. say def_____ly | adv. | without any question and beyond doubt; clearly |
| 11. ext_____ary weather | adj. | exceptional, unexpected, very unusual; surpassing the ordinary or usual |
| 12. global b__d market | n. | a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money |
| 13. atmospheric oz__e | n. | a poisonous gas with the chemical formula O ₃ , which has a strong smell |
| 14. ab_____n the practice | v. | to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity |
| 15. des_____ly ill patient | adv. | in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency |
| 16. bo___e back from failure | v. | to cause to move up or away after hitting a surface; to spring back |
| 17. r_p a notebook apart | v. | to tear something or be torn violently or suddenly |
| 18. m__t down gold | v. | to turn from something solid into something soft or liquid as a result of heating |

ANSWERS: 8. twist, 9. mum, 10. definitely, 11. extraordinary, 12. bond, 13. ozone, 14. abandon, 15. desperately, 16. bounce, 17. rip, 18. melt

19. psy_____ic hospital *adj.* of or relating to the treatment or study of mental illness or disorders
20. keep m_m *n.* a British term for "mom" or "mother"; (adjective) failing to speak or communicate when expected to do so
21. re_____le energy *adj.* capable of being renewed, extended, or replaced
22. a fa_____ic dress *adj.* extremely good; excellent
23. the ground be_____h my feet *adv.* in or to a lower place than someone or something
24. save the pl____t *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
25. bo____e across the floor *v.* to cause to move up or away after hitting a surface; to spring back
26. in a co_____ed relationship *adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something
27. unb_____ble beauty *adj.* beyond belief or understanding and extremely surprising
28. ult_____et light *adj.* relating to or occupying the part of the spectrum beyond the violet end, especially radiation
29. energy-ef_____nt appliances *adj.* performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials

ANSWERS: 19. psychiatric, 20. mum, 21. renewable, 22. fantastic, 23. beneath, 24. planet, 25. bounce, 26. committed, 27. unbelievable, 28. ultraviolet, 29. efficient

30. wildlife pre_____ion *n.* the act of keeping something in its original state or of preventing it from being damaged
31. d_t blot method *n.* a very small circular mark, especially one that is printed
32. ex_____t a security hole *v.* to make full use of and gain an advantage from resources, opportunities, etc.
33. a selfish de_____on *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
34. re_____le subscriptions *adj.* capable of being renewed, extended, or replaced
35. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
36. su_____al food *n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
37. tw__t around to the left *v.* to bend or turn something into a certain shape
38. dis_____ate in an explosion *v.* break or cause to break into small fragments
39. eve_____ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
40. fall into a cr_____se *n.* a deep crack or fissure, especially in a glacier or the Earth's surface, often caused by stress or movement; a dangerous and treacherous gap or opening

ANSWERS: 30. preservation, 31. dot, 32. exploit, 33. decision, 34. renewable, 35. magic, 36. survival, 37. twist, 38. disintegrate, 39. eventually, 40. crevasse

41. the plus p__e *n.* one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
42. ovarian cancer su____or *n.* a person who remains alive after an event in which others have died
43. inc____ly cheerful character *adv.* in a way that is very difficult to believe; exceedingly or extremely
44. cou____ng about risk management *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being
45. economic th____t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
46. strong and co____ed sales staff *adj.* willing to put in a lot of effort, time, and energy into something; firmly believing in something
47. eve____ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
48. su____e a blizzard *v.* to live or exist despite a dangerous event or period
49. na____n-state *n.* a large organized community of people living in a particular country or region and having a particular culture

ANSWERS: 41. pole, 42. survivor, 43. incredibly, 44. counseling, 45. threat, 46. committed, 47. eventually, 48. survive, 49. nation

50. gr__d your teeth *v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
51. the exp_____ion of fossil resources *n.* the process of making some area of land or water more profitable or productive or useful
52. a b__d design *adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
53. ma__h east *v.* to walk militarily with stiff, regular steps
54. mo___y my behavior *v.* to change something slightly, such as a plan, option, law, etc., especially to make it more suitable for a particular purpose
55. individual ins_____on *n.* detailed direction, order, etc., on how to do or use something
56. o_d behavior *adj.* strange or unexpected; not divisible by two
57. in_____e a feeling of curiosity *v.* to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
58. b__d as a family *n.* a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money
59. pr_____ge of membership *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

ANSWERS: 50. grind, 51. exploitation, 52. bold, 53. march, 54. modify, 55. instruction, 56. odd, 57. inspire, 58. bond, 59. privilege

60. luxury ya__t *n.* a large, luxurious sailing vessel or motorboat that is often used for pleasure cruises, racing, or other leisure activities
61. bl____r after walking for miles *n.* a small, fluid-filled bubble on the skin caused by friction, burning, or other skin irritation; can also refer to a similar bubble found in other materials; (verb) to become covered with blisters or to cause blisters to form; to criticize or rebuke severely
62. get inc_____ly insecure *adv.* in a way that is very difficult to believe; exceedingly or extremely
63. he_____n argument *adj.* occurring or done directly, without any intermediaries or avoidance; confronting or facing something directly, without any evasion or compromise
64. und_____th the surface of the water *adv.* under or below something else
65. tr___y negotiation *n.* a formal agreement or pact between two or more countries or other international entities
66. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
67. com_____te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals

ANSWERS: 60. yacht, 61. blister, 62. incredibly, 63. head-on, 64. underneath, 65. treaty, 66. shock, 67. communicate

68. take ad_____ge of his weak points *n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has
69. cr__k an eggshell *v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
70. de_____te plan *adj.* clearly defined or determined; having no doubt or uncertainty; precise or exact
71. po__r bears *adj.* relating to, or close to, the North or South Pole; characterized by complete opposites
72. po__r regions *adj.* relating to, or close to, the North or South Pole; characterized by complete opposites
73. h__l bone *n.* the rounded back part of the foot below the ankle; someone who is morally reprehensible; (verb) to follow someone or something
74. ef_____nt operation *adj.* performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials
75. the shrinking ic___ps in the Arctic *n.* a mass of ice that permanently covers a considerable area of land, typically found in polar regions
76. sw__t bath *n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

ANSWERS: 68. advantage, 69. crack, 70. definite, 71. polar, 72. polar, 73. heel, 74. efficient, 75. icecap, 76. sweat

77. su___t talks *n.* the highest point of a mountain or hill; a meeting of heads of state or government to discuss important issues
78. cal_____ed crime *adj.* done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
79. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
80. su_____al ability *n.* the state of continuing to exist or live, frequently in the face of difficulty or danger
81. re_____e my life *v.* to trace again, reexamine, or follow the path or course of something; to go back over something or retrace one's steps
82. reach the su___t *n.* the highest point of a mountain or hill; a meeting of heads of state or government to discuss important issues
83. a person of ge___s *n.* someone who has exceptional intellectual ability and originality
84. pl___t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
85. a breach of pr_____ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
86. dedicated env_____ist *n.* a person who is concerned with and advocates for the protection of the natural environment

ANSWERS: 77. summit, 78. calculated, 79. relation, 80. survival, 81. retrace, 82. summit, 83. genius, 84. planet, 85. privilege, 86. environmentalist

87. follow his ins_____ons *n.* detailed direction, order, etc., on how to do or use something
88. fr_____te on the hand *n.* a medical condition that occurs when the skin and underlying tissue freeze due to exposure to extremely cold temperatures, resulting in damage or loss of tissue and, in severe cases, amputation
89. h__l wrestler *n.* the rounded back part of the foot below the ankle; someone who is morally reprehensible; (verb) to follow someone or something
90. the grand ch_____on *n.* someone who has won first place in a competition; someone who fights for a specific group of people or a belief
91. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
92. gr__d away at my work *v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
93. awe-in_____ng sight *adj.* stimulating and motivating you to want to do something
94. en___e in environmental protection activities *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
95. ar___c ice *adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold
96. career cou_____ng *n.* the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

ANSWERS: 87. instruction, 88. frostbite, 89. heel, 90. champion, 91. amazing, 92. grind, 93. inspiring, 94. engage, 95. arctic, 96. counseling

97. ult_____et protection *adj.* relating to or occupying the part of the spectrum beyond the violet end, especially radiation
98. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
99. da___e assessment *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
100. st___e up a conversation *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
101. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
102. score an ad_____ge *n.* a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has
103. di_____er recovery *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
104. ch___y response *adj.* unpleasantly cool or cold; giving a feeling of coldness; lacking warmth or friendliness in manner
105. de_____y the ecosystem *v.* to ruin or damage severely or completely; to eradicate or eliminate completely

ANSWERS: 97. ultraviolet, 98. environment, 99. damage, 100. strike, 101. statistics, 102. advantage, 103. disaster, 104. chilly, 105. destroy

106. st___e a blow *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
107. genetically mo___y food *v.* to change something slightly, such as a plan, option, law, etc., especially to make it more suitable for a particular purpose
108. br___e decision *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
109. br___e soldier *adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity
110. de_____te attempt *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
111. oz___e depletion *n.* a poisonous gas with the chemical formula O₃, which has a strong smell
112. people with psy_____ic disorders *adj.* of or relating to the treatment or study of mental illness or disorders
113. pr_____ve a country's heritage *v.* to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed
114. de_____yed evidence *v.* to ruin or damage severely or completely; to eradicate or eliminate completely
115. und_____th the laughter *adv.* under or below something else
116. en___e a new employee *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something

ANSWERS: 106. strike, 107. modify, 108. brave, 109. brave, 110. desperate, 111. ozone, 112. psychiatric, 113. preserve, 114. destroy, 115. underneath, 116. engage

117. her de_____te screams *adj.* feeling or showing a lack of hope and a willingness to do anything because of the problematic situation
118. re_____e milk packaging into new paper *v.* to sort and collect things to process them and produce valuable materials that can be used again
119. ma__h against the war *v.* to walk militarily with stiff, regular steps
120. no do__t about the news *n.* a feeling of being uncertain about something, especially about how good or accurate it is
121. ov_____nd journey *adj.* relating to or traveling across land rather than by sea or air; denoting a trade route or a travel route that takes place over land
122. re_____nt by a diagram *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
123. r_p a hole in the roof *v.* to tear something or be torn violently or suddenly
124. opaque to X-r_ys *n.* a narrow line of light, heat, or another form of energy
125. a single su_____or *n.* a person who remains alive after an event in which others have died
126. pho_____ph memories *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
127. cast fri_____ng eyes *adj.* causing fear or alarm, or very surprising and alarming

ANSWERS: 117. desperate, 118. recycle, 119. march, 120. doubt, 121. overland, 122. represent, 123. rip, 124. ray, 125. survivor, 126. photograph, 127. frightening

128. as___t a patient *v.* to help someone in doing anything
129. effect of cosmic r_ys *n.* a narrow line of light, heat, or another form of energy
130. tr_____te a document into English *v.* to convert or change words into another language
131. dispel do__ts *n.* a feeling of being uncertain about something, especially about how good or accurate it is
132. dis_____ate over time *v.* break or cause to break into small fragments
133. sexual exp_____ion *n.* the process of making some area of land or water more profitable or productive or useful
134. global climate tr___y *n.* a formal agreement or pact between two or more countries or other international entities
135. pr_____ne beach *adj.* new and completely free from dirt or contamination
136. da___e a relationship *v.* to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity
137. as___t his goal *v.* to help someone in doing anything
138. pr_____ve my strength *v.* to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed

ANSWERS: 128. assist, 129. ray, 130. translate, 131. doubt, 132. disintegrate, 133. exploitation, 134. treaty, 135. pristine, 136. damage, 137. assist, 138. preserve

139. all in a sw__t *n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
140. mo__l burden *adj.* concerned with the principles of what is right and wrong, fairness, honesty, etc.
141. a cr__k in a board *v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
142. in____e him to write a novel *v.* to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
143. the characters that re____nt numbers *v.* to speak, act, or be present on behalf of another person or group; to form or constitute
144. high ar__c *adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold
145. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
146. su____e a plane crash *v.* to live or exist despite a dangerous event or period
147. res____le action *adj.* answerable or accountable for something within one's power, control, or management
148. fri____ng experience *adj.* causing fear or alarm, or very surprising and alarming

ANSWERS: 139. sweat, 140. moral, 141. crack, 142. inspire, 143. represent, 144. arctic, 145. shock, 146. survive, 147. responsible, 148. frightening

149. ext_____ary ability *adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual
150. ya__t owner *n.* a large, luxurious sailing vessel or motorboat that is often used for pleasure cruises, racing, or other leisure activities
151. mo__l hazard *adj.* concerned with the principles of what is right and wrong, fairness, honesty, etc.
152. big, b__d piano sounds *adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks
153. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
154. th_____en a healthy relationship *v.* to utter intentions of injury or punishment against someone
155. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
156. global di_____er *n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
157. ex_____t a valuable opportunity *v.* to make full use of and gain an advantage from resources, opportunities, etc.
158. maintain the pr_____ne condition *adj.* new and completely free from dirt or contamination
159. environmental th_____t *n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation

ANSWERS: 149. extraordinary, 150. yacht, 151. moral, 152. bold, 153. industrious, 154. threaten, 155. environment, 156. disaster, 157. exploit, 158. pristine, 159. threat

160. fu_____se a charity fund
v. to collect or solicit funds or donations, typically for a charity, nonprofit organization, or political campaign, often through events, campaigns, or online platforms
161. dangerous cr_____se
n. a deep crack or fissure, especially in a glacier or the Earth's surface, often caused by stress or movement; a dangerous and treacherous gap or opening
162. th_____en national security
v. to utter intentions of injury or punishment against someone
163. a fishing p__e
n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
164. the pre_____ion of food
n. the act of keeping something in its original state or of preventing it from being damaged
165. be_____h contempt
adv. in or to a lower place than someone or something
166. in_____e heat
adj. (especially of a feeling) very strong; extremely sharp or severe
167. tr_____te the emotion to a movement
v. to convert or change words into another language
168. fr_____te symptoms
n. a medical condition that occurs when the skin and underlying tissue freeze due to exposure to extremely cold temperatures, resulting in damage or loss of tissue and, in severe cases, amputation

ANSWERS: 160. fundraise, 161. crevasse, 162. threaten, 163. pole, 164. preservation, 165. beneath, 166. intense, 167. translate, 168. frostbite

169. re_____e a journey *v.* to trace again, reexamine, or follow the path or course of something; to go back over something or retrace one's steps
170. ind_____us student *adj.* hardworking, diligent, and persistent in effort
171. a ge___s for music *n.* someone who has exceptional intellectual ability and originality
172. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
173. he_____n approach *adj.* occurring or done directly, without any intermediaries or avoidance; confronting or facing something directly, without any evasion or compromise
174. absolutely fa_____ic event *adj.* extremely good; excellent
175. back f_n *n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
176. a ch_____on of peace *n.* someone who has won first place in a competition; someone who fights for a specific group of people or a belief
177. fu_____se for a new shelter *v.* to collect or solicit funds or donations, typically for a charity, nonprofit organization, or political campaign, often through events, campaigns, or online platforms
178. in an o_d way *adj.* strange or unexpected; not divisible by two
179. ov_____nd transportation *adj.* relating to or traveling across land rather than by sea or air; denoting a trade route or a travel route that takes place over land

ANSWERS: 169. retrace, 170. industrious, 171. genius, 172. amazing, 173. head-on, 174. fantastic, 175. fin, 176. champion, 177. fundraise, 178. odd, 179. overland

180. connecting the d_ _ts	<i>n.</i> a very small circular mark, especially one that is printed
181. res_ _ _ _ _le for a customer service	<i>adj.</i> answerable or accountable for something within one's power, control, or management
182. economic ge_ _ _ _ _hy	<i>n.</i> a field of science devoted to the study of the lands, features, inhabitants, and phenomena of the Earth
183. cal_ _ _ _ _ed bankruptcy	<i>adj.</i> done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance
184. re_ _ _ _ _on of inclusion	<i>n.</i> the way two persons or groups of people feel and act toward one another
185. develop in_ _ _ _ _e itching	<i>adj.</i> (especially of a feeling) very strong; extremely sharp or severe
186. def_ _ _ _ _ly become a problem	<i>adv.</i> without any question and beyond doubt; clearly
187. pho_ _ _ _ _ph album	<i>n.</i> a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
188. a seafaring na_ _ _ _ _n	<i>n.</i> a large organized community of people living in a particular country or region and having a particular culture
189. de_ _ _ _ _on authority	<i>n.</i> the act or process of making up someone's mind about something; a choice or judgment reached after considering options

ANSWERS: 180. dot, 181. responsible, 182. geography, 183. calculated, 184. relation, 185. intense, 186. definitely, 187. photograph, 188. nation, 189. decision

190. an env_____ist political party *n.* a person who is concerned with and advocates for the protection of the natural environment
191. receding ic___p *n.* a mass of ice that permanently covers a considerable area of land, typically found in polar regions
192. re_____e the cardboard boxes *v.* to sort and collect things to process them and produce valuable materials that can be used again
193. com_____te his anxieties to the psychiatrist *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
194. des_____ly anxious *adv.* in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency
195. m__t the ice *v.* to turn from something solid into something soft or liquid as a result of heating
196. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
197. in_____ng stories *adj.* stimulating and motivating you to want to do something
198. cause unb_____ble damage *adj.* beyond belief or understanding and extremely surprising
199. de_____te answer *adj.* clearly defined or determined; having no doubt or uncertainty; precise or exact
200. ge_____hy class *n.* a field of science devoted to the study of the lands, features, inhabitants, and phenomena of the Earth

ANSWERS: 190. environmentalist, 191. icecap, 192. recycle, 193. communicate, 194. desperately, 195. melt, 196. statistics, 197. inspiring, 198. unbelievable, 199. definite, 200. geography

ANSWERS:

Session 3: Fill in the Blanks

1. _____ animals are graceful and efficient swimmers.
adj. relating to, or close to, the North or South Pole; characterized by complete opposites
2. She wore high _____ to the party.
n. the rounded back part of the foot below the ankle; someone who is morally reprehensible; (verb) to follow someone or something
3. The building was _____ in the fire and had to be rebuilt.
v. to ruin or damage severely or completely; to eradicate or eliminate completely
4. The climbers reached the mountain's _____ after a long and challenging journey.
n. the highest point of a mountain or hill; a meeting of heads of state or government to discuss important issues
5. In the Middle Ages, the right to hunt in the wild was the _____ of royalty and nobility.
n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
6. The new hiking shoes gave me a _____ on my heel after just a few miles of walking.
n. a small, fluid-filled bubble on the skin caused by friction, burning, or other skin irritation; can also refer to a similar bubble found in other materials; (verb) to become covered with blisters or to cause blisters to form; to criticize or rebuke severely

ANSWERS: 1. Polar, 2. heels, 3. destroyed, 4. summit, 5. privilege, 6. blister

7. She wiped the _____ off her forehead with a towel.
n. the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
8. They needed further _____ to perform their duties efficiently.
n. detailed direction, order, etc., on how to do or use something
9. They will _____ between various emotional states.
v. to cause to move up or away after hitting a surface; to spring back
10. The _____ layer is vital for blocking some harmful sun rays.
n. a poisonous gas with the chemical formula O₃, which has a strong smell
11. Cold temperatures and long, dark winters characterize the _____ climate.
adj. of or relating to the region around the North Pole or the Arctic Ocean; very cold
12. _____ radiation can cause skin damage if one is exposed for too long.
adj. relating to or occupying the part of the spectrum beyond the violet end, especially radiation
13. The two countries signed a _____ to establish peaceful relations.
n. a formal agreement or pact between two or more countries or other international entities
14. Ethics deals with _____ conduct.
adj. concerned with the principles of what is right and wrong, fairness, honesty, etc.
15. He drinks an _____ amount of beer.
adj. beyond belief or understanding and extremely surprising

ANSWERS: 7. sweat, 8. instruction, 9. bounce, 10. ozone, 11. arctic, 12. Ultraviolet, 13. treaty, 14. moral, 15. unbelievable

16. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.

adj. answerable or accountable for something within one's power, control, or management

17. I am going to _____ to work through my anxiety and depression.

n. the process of providing guidance and support to someone, often in a therapeutic or professional context, to help them overcome personal or emotional difficulties and improve their mental health and well-being

18. The news of the pandemic was a _____ reminder of the fragility of human health.

adj. causing fear or alarm, or very surprising and alarming

19. The castle was _____ several years later.

v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

20. He evaluated his chances for _____ rather pessimistically.

n. the state of continuing to exist or live, frequently in the face of difficulty or danger

21. My boss provided me with _____ instructions on how to complete the project.

adj. clearly defined or determined; having no doubt or uncertainty; precise or exact

22. He got an electric _____ at work.

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

23. The baby clung _____ to her mother.

adv. in a way that shows a lack of hope and a willingness to do anything because of the problematic situation; with great urgency

ANSWERS: 16. responsible, 17. counseling, 18. frightening, 19. abandoned, 20. survival, 21. definite, 22. shock, 23. desperately

24. During transit, the stuff may ____ off the luggage tag.

v. to tear something or be torn violently or suddenly

25. The _____ route through the mountains was treacherous and required an experienced guide.

adj. relating to or traveling across land rather than by sea or air; denoting a trade route or a travel route that takes place over land

26. They worked hard to _____ the nature of their native lands.

v. to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed

27. Her research team made an important _____.

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

28. I must bundle up in a warm coat and scarf to bear the _____ winter weather.

adj. unpleasantly cool or cold; giving a feeling of coldness; lacking warmth or friendliness in manner

29. The mountaineer carefully crossed the glacier _____ to continue climbing the icy peak.

n. a deep crack or fissure, especially in a glacier or the Earth's surface, often caused by stress or movement; a dangerous and treacherous gap or opening

30. Mozart was a musical _____.

n. someone who has exceptional intellectual ability and originality

31. During the surgery, the doctor had to be extremely cautious not to _____ a blood vessel.

v. to harm or cause injury to something or someone, often resulting in decreased value or functionality; to impair or negatively affect something, such as a reputation or relationship; (noun) harm or injury that is caused to a person, thing, or entity

ANSWERS: 24. rip, 25. overland, 26. preserve, 27. discovery, 28. chilly, 29. crevasse,

30. genius, 31. damage

32. Gamma _____ penetrate body tissues and cause cell damage.
n. a narrow line of light, heat, or another form of energy
33. The troops _____ shoulder-to-shoulder.
v. to walk militarily with stiff, regular steps
34. The golfer recorded an _____ distance.
adj. extremely surprising, especially in a way that you like or admire
35. The _____ demonstrate that poverty and unemployment are genuine problems.
n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
36. One of the main _____ of the new product is its increased efficiency.
n. a condition or circumstance that puts one in a favorable or superior position; a beneficial feature or asset that someone or something has
37. _____ the text from Italian into English.
v. to convert or change words into another language
38. Many multinational companies are _____ in the reconstruction of that country.
v. to attract and keep someone's attention and interest; to participate in or obtain services of something
39. She had to _____ the coffee beans before making a fresh cup.
v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time

ANSWERS: 32. rays, 33. marched, 34. amazing, 35. statistics, 36. advantages, 37. Translate, 38. engaged, 39. grind

40. Every human is responsible for taking care of the Earth's _____.
- n.* the natural world such as air, water, and land in which humans, animals, and plants live
41. The melting _____ are a clear indication of climate change.
- n.* a mass of ice that permanently covers a considerable area of land, typically found in polar regions
42. The vase _____ into pieces when it fell to the ground.
- v.* break or cause to break into small fragments
43. He performed _____ tricks with sophisticated moves.
- n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
44. The shark's powerful _____ allowed it to swim at high speeds.
- n.* a thin flat part on the body of a fish or other aquatic animal used for propulsion or balance
45. The penny fell _____ the piano.
- adv.* under or below something else
46. The corporation _____ dominated the entire tobacco business.
- adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
47. The _____ bicyclist outrode all his competitors.
- n.* someone who has won first place in a competition; someone who fights for a specific group of people or a belief

ANSWERS: 40. environment, 41. icecaps, 42. disintegrated, 43. magic, 44. fins, 45. underneath, 46. eventually, 47. champion

48. The paper is _____ worth reading thoroughly.

adv. without any question and beyond doubt; clearly

49. The North _____ is the northernmost point on Earth.

n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something

50. The unique style of this martial arts _____ many action film producers.

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

51. We _____ our mining resources to strengthen our national power.

v. to make full use of and gain an advantage from resources, opportunities, etc.

52. That statement by the prime minister drew _____ international criticism.

adj. (especially of a feeling) very strong; extremely sharp or severe

53. The _____ of Japan is known for its unique culture and advanced technology.

n. a large organized community of people living in a particular country or region and having a particular culture

54. I need to _____ my steps to find the lost keys.

v. to trace again, reexamine, or follow the path or course of something; to go back over something or retrace one's steps

55. They had formed a friendship _____.

n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

ANSWERS: 48. definitely, 49. Pole, 50. inspired, 51. exploit, 52. intense, 53. nation, 54. retrace, 55. bond

56. My ____ always knew how to comfort me when I was feeling down.
n. a British term for "mom" or "mother"; (adjective) failing to speak or communicate when expected to do so
57. Please _____ her with the furniture relocation.
v. to help someone in doing anything
58. A great stretch of the lake lay _____ them.
adv. in or to a lower place than someone or something
59. The new washing machine is much more _____ than the old one.
adj. performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials
60. The school is planning to _____ to purchase new books for the library.
v. to collect or solicit funds or donations, typically for a charity, nonprofit organization, or political campaign, often through events, campaigns, or online platforms
61. He narrated the _____ story of his adventure.
adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual
62. He _____ pieces of rope out of straw.
v. to bend or turn something into a certain shape
63. Her resistance _____ under his persuasion.
v. to turn from something solid into something soft or liquid as a result of heating

ANSWERS: 56. mum, 57. assist, 58. beneath, 59. efficient, 60. fundraise, 61. extraordinary, 62. twisted, 63. melted

64. Mercury is the closest _____ to the sun.

- n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

65. These birds can only _____ in temperate climates.

- v.* to live or exist despite a dangerous event or period

66. Strategic _____ of cutting-edge technology would be a sure formula for success.

- n.* the process of making some area of land or water more profitable or productive or useful

67. He that would eat the kernel must _____ the nut.

- v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

68. I found an old _____ of my grandparents from their wedding day.

- n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

69. The _____ firefighter rescued the family from the burning building.

- adj.* showing courage or fearlessness in the face of danger, difficulty, or adversity

70. The production of _____ fuels requires massive volumes of fresh water.

- adj.* capable of being renewed, extended, or replaced

71. Dolphins use sound to _____ with each other.

- v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals

ANSWERS: 64. planet, 65. survive, 66. exploitation, 67. crack, 68. photograph, 69. brave, 70. renewable, 71. communicate

72. We elected him to _____ us at the international conference.

v. to speak, act, or be present on behalf of another person or group; to form or constitute

73. An _____ teacher might spark students' motivation to succeed.

adj. stimulating and motivating you to want to do something

74. The wallpaper had a pattern of pink _____ on a white surface.

n. a very small circular mark, especially one that is printed

75. She did well on her _____ exam.

n. a field of science devoted to the study of the lands, features, inhabitants, and phenomena of the Earth

76. His grandfather was an _____ man.

adj. strange or unexpected; not divisible by two

77. The company made a _____ decision to invest in new technology.

adj. done with careful thought or planning; deliberate and intentional; based on a process of reasoning or estimation rather than on instinct or chance

78. The _____ lobby changed the mindset of many conservative politicians.

n. a person who is concerned with and advocates for the protection of the natural environment

79. The industrial _____ laws were passed with little to no alteration.

n. the way two persons or groups of people feel and act toward one another

ANSWERS: 72. represent, 73. inspiring, 74. dots, 75. geography, 76. odd, 77. calculated, 78. environmentalist, 79. relations

80. Several cities are experiencing _____ high unemployment rates.

adv. in a way that is very difficult to believe; exceedingly or extremely

81. We largely _____ the circuit board of cell phones because they contain a lot of valuable metals.

v. to sort and collect things to process them and produce valuable materials that can be used again

82. The new amusement park ride was _____ with twists, turns, and drops that left riders screaming with excitement.

adj. extremely good; excellent

83. A _____ collision on the highway led to a major traffic jam.

adj. occurring or done directly, without any intermediaries or avoidance; confronting or facing something directly, without any evasion or compromise

84. We spent the weekend sailing our _____ around the Mediterranean.

n. a large, luxurious sailing vessel or motorboat that is often used for pleasure cruises, racing, or other leisure activities

85. It is terrific to camp in _____ nature.

adj. new and completely free from dirt or contamination

86. Our company is strongly _____ to meeting customers' needs.

adj. willing to put in a lot of effort, time, and energy into something; firmly believing in something

87. He was _____ when he lost all his money by gambling.

adj. feeling or showing a lack of hope and a willingness to do anything because of the problematic situation

ANSWERS: 80. incredibly, 81. recycle, 82. fantastic, 83. head-on, 84. yacht, 85. pristine, 86. committed, 87. desperate

88. The museum had kept the paintings in remarkable _____.
- n.* the act of keeping something in its original state or of preventing it from being damaged
89. The _____ evaluation revealed that the patient had been suffering from anxiety.
- adj.* of or relating to the treatment or study of mental illness or disorders
90. The _____ of severe weather prompted the city to issue an evacuation warning.
- n.* a strong indication or likelihood of harm, danger, or adverse consequences; an expression of intent to inflict harm or injury on someone or something, often made as a means of coercion or intimidation
91. Various artificially induced causes are _____ our ecosystem.
- v.* to utter intentions of injury or punishment against someone
92. We _____ to achieve more wages and safer working conditions.
- v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
93. We use adverbs to _____ verbs and adjectives.
- v.* to change something slightly, such as a plan, option, law, etc., especially to make it more suitable for a particular purpose
94. She was struggling to make a _____ between two job offers.
- n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
95. The effort to alleviate climate change needs _____ action.
- adj.* brave, daring, and confident; not frightened of danger or afraid to say what you feel or to take risks

ANSWERS: 88. preservation, 89. psychiatric, 90. threat, 91. threatening, 92. strike, 93. modify, 94. decision, 95. bold

96. The athlete had to quit the race due to severe _____ on his feet.
- n.* a medical condition that occurs when the skin and underlying tissue freeze due to exposure to extremely cold temperatures, resulting in damage or loss of tissue and, in severe cases, amputation
97. _____ is the start, not the end, of intelligence.
- n.* a feeling of being uncertain about something, especially about how good or accurate it is
98. He was known to be very _____ and would often work late into the night.
- adj.* hardworking, diligent, and persistent in effort
99. The _____ response team worked around the clock to aid those affected by the earthquake.
- n.* an unexpected event or series of events that cause widespread damage, destruction, or loss of life
100. The shipwreck _____ was rescued after floating in the ocean for three days.
- n.* a person who remains alive after an event in which others have died

ANSWERS: 96. frostbite, 97. Doubt, 98. industrious, 99. disaster, 100. survivor