

# Englist.me



## Vocabulary Builder Reference from...

*Mia Birdsong: The story we tell about poverty isn't true | TED Talk*

[https://www.ted.com/talks/mia\\_birdsong\\_the\\_story\\_we\\_tell\\_about\\_poverty\\_isn\\_t\\_true](https://www.ted.com/talks/mia_birdsong_the_story_we_tell_about_poverty_isn_t_true)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### decry

v. to speak out strongly against something, often publicly  
*synonym*: criticize, condemn, denigrate

(1) **decry** a policy, (2) **decry** the situation

I **decry** the decision to cut funding for the program.

### entrenched

*adj.* established firmly and securely

*synonym*: deep-rooted, confirmed, ingrained

(1) **entrenched** ideas, (2) **entrenched** positions

The monarch exploited the peasants using its **entrenched** power.

### overlook

v. to fail to notice something; to watch over someone; to provide a view from above

*synonym*: disregard, look down, supervise

(1) **overlook** a street, (2) **overlook** that fact

We cannot **overlook** an opportunity for great success.

### hatch

v. to cause an egg to break to allow a young animal to come out; to produce and expand something that is in an early stage

*synonym*: incubate, breed, produce

(1) **hatch** a plan, (2) **hatch** a baby chick

The eggs began to **hatch**, and the small chicks emerged.

## plastered

*adj.* made smooth by applying a sticky or glossy substance;  
very drunk

*synonym* : coated, smeared, drunk

(1) **plastered** walls, (2) get absolutely **plastered**

The wall was **plastered** with posters and graffiti.

## sparkle

*v.* to emit or reflect bright flashes of light, especially with  
animation and joy

*synonym* : shine, glimmer, twinkle

(1) **sparkle** like a gem, (2) **sparkle** from receiving light

The diamond **sparkled** in the sunlight.

## app

*n.* (abbreviation for application) software designed to run  
on smartphones and other mobile devices or inside a  
web browser on a PC

*synonym* : application, software

(1) killer **app**, (2) cannot log in to the **app**

The discovery of a critical bug caused the company to delay  
the **app's** release.

## creditor

*n.* a person, company, etc. to whom a debtor owes money

(1) the **creditor's** claims, (2) bankrupt **creditor**

I asked the lawyer to initiate **creditor** negotiations for  
voluntary liquidation.

## heartbreak

*n.* a feeling of great sadness or disappointment

*synonym* : grief, sorrow, bitterness

(1) ease her **heartbreak**, (2) go through **heartbreak**

They had experienced the **heartbreak** of losing two children  
due to premature births.

## devastate

*v.* to wreck a place or an area or cause significant damage

*synonym* : demolish, destroy, crush

(1) **devastate** an area, (2) **devastate** the economy

Earthquakes can also trigger tsunamis, which **devastate**  
coastal areas.

## hopeless

*adj.* having no hope; despairing; having no chance of success

*synonym* : despairing, helpless, futile

(1) **hopeless** situation, (2) **hopeless** at everything

After months of job searching, he felt **hopeless** and unsure of his future.

## overwhelm

*v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

*synonym* : conquer, crush, dominate

(1) he was **overwhelmed** with gratitude, (2) **overwhelm** opponents by numbers

Too much variety may **overwhelm** and confuse viewers.

## helpless

*adj.* unable to take care of oneself or to do things without help

*synonym* : defenseless, powerless, susceptible

(1) **helpless** baby, (2) **helpless** victims

I feel so **helpless** without you.

## greet

*v.* to say hello to someone; to express welcome on meeting someone

*synonym* : welcome, salute, acknowledge

(1) **greet** a customer, (2) **greet** an idea

He **greeted** his friends with a warm smile and a hug.

## vegan

*n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons

(1) raw food **vegan**, (2) **vegan** lifestyle

The **vegan** diet is based on plant-based foods.

## walnut

*n.* a nut of a tall deciduous tree, commonly eaten as a snack or used in baking; the wood of this tree, used for furniture and other applications

*synonym* : pecan, hazelnut, almond

(1) **walnut** oil, (2) **walnut** tree

I love adding **walnuts** to my oatmeal in the morning for an

extra crunch.

## Latina

*n.* a female person of Latin American origin or descent; a term used to refer to women from Latin American countries or with Latin American heritage

*synonym* : Hispanic woman

(1) **Latina** community, (2) **Latina** actress

She is the first **Latina** senator in the country's history.

## alarming

*adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

*synonym* : forbidding, concerning, disturbing

(1) **alarming** news, (2) **alarming** statistics

The sudden rise in crime rates in our neighborhood is quite **alarming**.

## unleash

*v.* to suddenly release a strong force, emotion, etc. that cannot be controlled

*synonym* : discharge, free, release

(1) **unleash** a hound, (2) **unleash** her anger

The general was still reluctant to **unleash** his troops in pursuit of an enemy.

## ingenuity

*n.* the quality of inventing things or solving problems in clever new ways

*synonym* : creativity, invention, originality

(1) the infinite **ingenuity** of man, (2) abound in **ingenuity**

Creativity and **ingenuity** are often brought about by extreme concentration.

## tenacity

*n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling

*synonym* : persistence, determination, perseverance

(1) **tenacity** of purpose, (2) show **tenacity**

Her **tenacity** in pursuing her dreams has inspired many people.

## **latch**

*n.* a device for holding a door or gate closed, typically a sliding bar or bolt

*synonym* : lock, catch, bolt

(1) set the **latch**, (2) **latch** mechanism

The **latch** on the gate was broken, so the cows got loose.

## **hostess**

*n.* a woman who receives or entertains guests at home or in a social setting; a female who is in charge of organizing and overseeing a formal event or gathering

*synonym* : greeter, server, stewardess

(1) **hostess** duties, (2) gracious **hostess**

The welcoming **hostess** showed us to our table and handed us the menu.

## **gentrify**

*v.* to renovate, revitalize, or develop a deteriorated, predominantly urban area, often leading to the displacement of low-income or minority residents and the influx of more affluent residents and businesses

*synonym* : revitalize, renovate, renew

(1) **gentrify** a community, (2) **gentrify** a street

The new coffee shops and high-end boutiques are starting to **gentrify** the neighborhood.

## **self-reliant**

*adj.* able to rely on oneself or one's abilities; not needing or depending on others for support or guidance

*synonym* : independent, self-sufficient, autonomous

(1) **self-reliant** person, (2) **self-reliant** community

After moving to a new city, she became more **self-reliant** and learned to navigate the streets independently.

## **spinach**

*n.* a leafy green vegetable with a slightly bitter taste and high nutritional value, often used in salads or cooked dishes, and also famously associated with the cartoon character Popeye, who claimed eating spinach made him stronger

(1) **spinach** salad, (2) frozen **spinach**

Fresh **spinach** is a good source of vitamins and minerals.

## hustle

*v.* to cause someone to move quickly by pushing them in a rough, aggressive way

*synonym* : bustle, rush, haste

(1) **hustle** on business, (2) **hustle** up money

You must **hustle** and struggle on the court to win an acquittal.

## innovate

*v.* to introduce new methods, ideas, or products

*synonym* : bring in, introduce, found

(1) **innovate** a new method, (2) **innovate** the quality of his life

Companies developing self-driving cars consistently **innovate** the emerging technologies.

## revered

*v.* highly respected or admired, often because of moral or spiritual qualities

*synonym* : respected, admired, honored

(1) **revered** figure, (2) the most **revered** President

The **revered** teacher was loved by her students.

## resilient

*adj.* able to withstand or recover quickly from difficult conditions

*synonym* : robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

## paycheck

*n.* a check issued to an employee as payment for work or services rendered; the amount of money received in this check

*synonym* : salary, earnings, income

(1) electronic **paycheck**, (2) monthly **paycheck**

I received a bonus on top of my regular **paycheck** this month.

## sibling

*n.* a brother or sister; member of a family born to the same parents

*synonym* : brother, sister, relative

(1) have a **sibling** quarrel, (2) play with my **siblings**

Children often copy their parents or elder **siblings**.

## stoop

*v.* to bend forward and downward from the waist, often to pick something up or gain a better view; to lower oneself morally or socially

*synonym* : bend, crouch, bow

(1) **stoop** forward in the chair, (2) **stoop** to conquer

I had to **stoop** down to pick up the coin that had rolled under the couch.

## deprecate

*v.* to express disapproval or criticism of something; to belittle or express mild disapproval towards oneself

*synonym* : disapprove, criticize, object

(1) **deprecate** a belief, (2) **deprecate** the use of harmful substances

I **deprecate** your dishonest behavior towards your colleagues.

## denominator

*n.* the number below the line in a fraction

(1) common **denominator**, (2) different **denominators**

The first step is to rationalize the **denominator** of a fraction.

## neglectful

*adj.* characterized by failing to give proper care, attention, or consideration; showing negligence or disregard towards a person or thing

*synonym* : careless, inattentive, negligent

(1) **neglectful** management, (2) **neglectful** behavior

The **neglectful** parents failed to provide their children with the necessary care and attention.

## absentee

*n.* a person who is expected or required to be present but who is not present; particularly in the sense of a person who is absent from work or school

*synonym* : nonappearance, truancy

(1) **absentee** worker, (2) **absentee** rate

The **absentee** ballot allowed the older woman to vote without leaving her house.

## empower

*v.* to give someone the power or authority to do something  
*synonym*: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

## industrious

*adj.* hardworking, diligent, and persistent in effort  
*synonym*: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

## incubator

*n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses

*synonym*: hatchery, brooder, nursery

(1) infant **incubator**, (2) business **incubator** program

The eggs were placed in an artificial **incubator** to ensure proper hatching conditions.

## rethink

*v.* to consider again a plan, idea, etc., especially to change it

*synonym*: reexplore, review, reconsider

(1) **rethink** a marketing plan, (2) **rethink** the role of the manager

We have to **rethink** our company's product lineup for further growth.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym*: suitable, timely, practical



(1) **opportune** occasion, (2) an **opportune** remark  
The phone rang at the most **opportune** time.

**cog** *n.* a tooth or projection on a gearwheel or sprocket, which transmits force and motion between moving parts; a person who plays a small or subordinate but essential role in an organization or system

*synonym* : gear, wheel, sprocket

(1) **cog** in the system, (2) missing **cog**

The **cog** in the machine broke down, causing a delay in production.

**afloat** *adj.* floating or staying on the surface of a liquid or body of water; having enough money or resources to stay out of debt or financial trouble

*synonym* : floating, drifting, buoyant

(1) **afloat** in debt, (2) cargo **afloat**

Despite facing financial difficulties, the small business managed to stay **afloat** thanks to its loyal customers.

**backbreaking** *adj.* extremely physically demanding or strenuous, often to the point of causing fatigue or pain in the back or body

*synonym* : demanding, strenuous, arduous

(1) **backbreaking** effort, (2) **backbreaking** work

The construction workers endured **backbreaking** labor under the scorching sun.

**jog** *v.* to run or move at a slow or leisurely pace, typically for exercise; to continue talking or writing without a definite plan or purpose

*synonym* : run, sprint, trot

(1) **jog** in place, (2) **jog** my memory

She decided to **jog** around the park to clear her head.

**butler** *n.* a male servant in charge of serving food and drinks and taking care of household duties

*synonym* : valet, majordomo, manservant

(1) **butler** service, (2) household **butler**

The personal **butler** announced that dinner was ready, and the guests went to the dining room.

## parable

*n.* a short allegorical story designed to illustrate a moral or spiritual lesson

*synonym*: allegory, fable, tale

(1) **parable** story, (2) biblical **parable**

Jesus quoted **parables** to teach important lessons to his disciples.

## sow

*v.* to plant seeds in the ground to grow crops or plants; to establish or set in motion

*synonym*: plant, scatter, seed

(1) **sow** wheat in a field, (2) **sow** discord

She carefully **sowed** the seeds in the garden.

## revere

*v.* to feel deep and profound respect or admiration for someone or something; to hold in high esteem

*synonym*: worship, venerate, admire

(1) **revere** a hero, (2) **revere** a deity

Many people **revere** their religious leaders and look up to them for guidance.

## recite

*v.* to say a poem, piece of literature, etc. aloud from memory,

*synonym*: repeat, replicate, recount

(1) **recite** a charm, (2) **recite** a long list of the article

He could **recite** all of Shakespeare's works.

## unstoppable

*adj.* impossible to stop or prevent

*synonym*: unshakable, unyielding, relentless

(1) **unstoppable** force, (2) **unstoppable** momentum

The team's winning streak was **unstoppable**.

## weave

*v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

*synonym* : braid, unite, contrive

(1) **weave** on a loom, (2) **weave** a story

The girl **weaves** a garland for her friend.

## ubuntu

*n.* a concept rooted in Bantu philosophy, emphasizing the essential human virtues of empathy, compassion, and interconnectedness; a belief in the importance of community, cooperation, and shared humanity; (of a computer) a popular open-source operating system based on the Linux kernel

*synonym* : humanity, compassion, empathy

(1) **ubuntu** operating system, (2) **ubuntu** community

The philosophy of **ubuntu** emphasizes the interconnectedness and collective responsibility of all individuals.

## embark

*v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

*synonym* : enter, undertake, commence

(1) **embark** on a trip, (2) **embark** on a foolish adventure

We **embarked** on a new project.

## apartheid

*n.* a system of racial segregation and discrimination that was enforced in South Africa from 1948 to 1994; any similar system of discrimination or segregation based on race, ethnicity, or other factors

*synonym* : segregation, discrimination, oppression

(1) **apartheid** system, (2) **apartheid** policies

The South African government enforced **apartheid** laws that segregated people based on race.

## inextricable

*adj.* unable to be separated or escaped from

*synonym* : inescapable, inseparable, entangled

(1) an **inextricable** part of life, (2) form an **inextricable**

bond

The knot was **inextricable**, and she had to use scissors to cut it.

## elevate

v. to raise something from a lower to a higher position; to give a promotion to or assign to a higher position

*synonym*: lift, heighten, promote

(1) **elevate** educational standards, (2) **elevate** a close relationship

Eating food in a hurry **elevates** blood glucose levels.

## unheard

*adj.* not heard, listened to, or noticed; not having been brought to public attention

*synonym*: unknown, obscure

(1) an **unheard** story, (2) previously **unheard-of** economic development

The **unheard** melody was beautiful and touched everyone's hearts.

## Session 2: Spelling

1. pa\_\_\_\_e story *n.* a short allegorical story designed to illustrate a moral or spiritual lesson
2. he\_\_\_\_ss victims *adj.* unable to take care of oneself or to do things without help
3. an op\_\_\_\_\_ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
4. el\_\_\_\_e a close relationship *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
5. gracious ho\_\_\_\_s *n.* a woman who receives or entertains guests at home or in a social setting; a female who is in charge of organizing and overseeing a formal event or gathering
6. bu\_\_\_\_r service *n.* a male servant in charge of serving food and drinks and taking care of household duties
7. ov\_\_\_\_ok a street *v.* to fail to notice something; to watch over someone; to provide a view from above
8. hu\_\_\_\_e on business *v.* to cause someone to move quickly by pushing them in a rough, aggressive way
9. ha\_\_h a plan *v.* to cause an egg to break to allow a young animal to come out; to produce and expand something that is in an early stage

ANSWERS: 1. parable, 2. helpless, 3. opportune, 4. elevate, 5. hostess, 6. butler, 7. overlook, 8. hustle, 9. hatch

10. different den\_\_\_\_\_ors *n.* the number below the line in a fraction
11. sp\_\_\_\_\_h salad *n.* a leafy green vegetable with a slightly bitter taste and high nutritional value, often used in salads or cooked dishes, and also famously associated with the cartoon character Popeye, who claimed eating spinach made him stronger
12. st\_\_p to conquer *v.* to bend forward and downward from the waist, often to pick something up or gain a better view; to lower oneself morally or socially
13. cannot log in to the a\_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
14. un\_\_\_\_\_h her anger *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
15. uns\_\_\_\_\_le force *adj.* impossible to stop or prevent
16. an ine\_\_\_\_\_ble part of life *adj.* unable to be separated or escaped from
17. bac\_\_\_\_\_ing work *adj.* extremely physically demanding or strenuous, often to the point of causing fatigue or pain in the back or body
18. re\_\_\_\_\_d figure *v.* highly respected or admired, often because of moral or spiritual qualities
19. have a si\_\_\_\_\_g quarrel *n.* a brother or sister; member of a family born to the same parents
20. em\_\_\_k on a foolish adventure *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something

ANSWERS: 10. denominator, 11. spinach, 12. stoop, 13. app, 14. unleash, 15. unstoppable, 16. inextricable, 17. backbreaking, 18. revered, 19. sibling, 20. embark

21. ab\_\_\_\_ee rate *n.* a person who is expected or required to be present but who is not present; particularly in the sense of a person who is absent from work or school
22. neg\_\_\_\_\_ul behavior *adj.* characterized by failing to give proper care, attention, or consideration; showing negligence or disregard towards a person or thing
23. ho\_\_\_\_\_ss at everything *adj.* having no hope; despairing; having no chance of success
24. j\_g in place *v.* to run or move at a slow or leisurely pace, typically for exercise; to continue talking or writing without a definite plan or purpose
25. ge\_\_\_\_\_fy a community *v.* to renovate, revitalize, or develop a deteriorated, predominantly urban area, often leading to the displacement of low-income or minority residents and the influx of more affluent residents and businesses
26. killer a\_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
27. neg\_\_\_\_\_ul management *adj.* characterized by failing to give proper care, attention, or consideration; showing negligence or disregard towards a person or thing
28. play with my si\_\_\_\_\_gs *n.* a brother or sister; member of a family born to the same parents

ANSWERS: 21. absentee, 22. neglectful, 23. hopeless, 24. jog, 25. gentrify, 26. app, 27. neglectful, 28. sibling

29. ent\_\_\_\_\_ed ideas *adj.* established firmly and securely
30. form an ine\_\_\_\_\_ble bond *adj.* unable to be separated or escaped from
31. s\_w wheat in a field *v.* to plant seeds in the ground to grow crops or plants; to establish or set in motion
32. gr\_\_t a customer *v.* to say hello to someone; to express welcome on meeting someone
33. uns\_\_\_\_\_le momentum *adj.* impossible to stop or prevent
34. ent\_\_\_\_\_ed positions *adj.* established firmly and securely
35. ov\_\_\_\_\_ok that fact *v.* to fail to notice something; to watch over someone; to provide a view from above
36. ub\_\_\_u community *n.* a concept rooted in Bantu philosophy, emphasizing the essential human virtues of empathy, compassion, and interconnectedness; a belief in the importance of community, cooperation, and shared humanity; (of a computer) a popular open-source operating system based on the Linux kernel
37. af\_\_\_t in debt *adj.* floating or staying on the surface of a liquid or body of water; having enough money or resources to stay out of debt or financial trouble
38. raw food ve\_\_n *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
39. re\_\_\_\_\_nt population *adj.* able to withstand or recover quickly from difficult conditions

ANSWERS: 29. entrenched, 30. inextricable, 31. sow, 32. greet, 33. unstoppable, 34. entrenched, 35. overlook, 36. ubuntu, 37. afloat, 38. vegan, 39. resilient



40. al\_\_\_\_\_ng news *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
41. electronic pa\_\_\_\_\_ck *n.* a check issued to an employee as payment for work or services rendered; the amount of money received in this check
42. La\_\_\_\_a actress *n.* a female person of Latin American origin or descent; a term used to refer to women from Latin American countries or with Latin American heritage
43. previously un\_\_\_\_\_d-of economic development *adj.* not heard, listened to, or noticed; not having been brought to public attention
44. la\_\_h mechanism *n.* a device for holding a door or gate closed, typically a sliding bar or bolt
45. household bu\_\_\_\_\_r *n.* a male servant in charge of serving food and drinks and taking care of household duties
46. hu\_\_\_\_\_e up money *v.* to cause someone to move quickly by pushing them in a rough, aggressive way
47. the most re\_\_\_\_\_d President *v.* highly respected or admired, often because of moral or spiritual qualities
48. a hard and re\_\_\_\_\_nt steel *adj.* able to withstand or recover quickly from difficult conditions
49. the cr\_\_\_\_\_or's claims *n.* a person, company, etc. to whom a debtor owes money
50. re\_\_\_\_\_k a marketing plan *v.* to consider again a plan, idea, etc., especially to change it

ANSWERS: 40. alarming, 41. paycheck, 42. Latina, 43. unheard, 44. latch, 45. butler, 46. hustle, 47. revered, 48. resilient, 49. creditor, 50. rethink

51. cargo af\_\_\_t *adj.* floating or staying on the surface of a liquid or body of water; having enough money or resources to stay out of debt or financial trouble
52. st\_\_p forward in the chair *v.* to bend forward and downward from the waist, often to pick something up or gain a better view; to lower oneself morally or socially
53. el\_\_\_\_\_e educational standards *v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
54. abound in in\_\_\_\_\_ty *n.* the quality of inventing things or solving problems in clever new ways
55. s\_w discord *v.* to plant seeds in the ground to grow crops or plants; to establish or set in motion
56. in\_\_\_\_\_te a new method *v.* to introduce new methods, ideas, or products
57. missing c\_g *n.* a tooth or projection on a gearwheel or sprocket, which transmits force and motion between moving parts; a person who plays a small or subordinate but essential role in an organization or system
58. te\_\_\_\_\_ty of purpose *n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling
59. sp\_\_\_\_\_e like a gem *v.* to emit or reflect bright flashes of light, especially with animation and joy

ANSWERS: 51. afloat, 52. stoop, 53. elevate, 54. ingenuity, 55. sow, 56. innovate, 57. cog, 58. tenacity, 59. sparkle

60. al\_\_\_\_\_ng statistics *adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing
61. the infinite in \_\_\_\_\_ty of man *n.* the quality of inventing things or solving problems in clever new ways
62. re\_\_\_\_e a charm *v.* to say a poem, piece of literature, etc. aloud from memory,
63. sel\_\_\_\_\_ant community *adj.* able to rely on oneself or one's abilities; not needing or depending on others for support or guidance
64. bankrupt cr\_\_\_\_\_or *n.* a person, company, etc. to whom a debtor owes money
65. de\_\_\_\_\_te a belief *v.* to express disapproval or criticism of something; to belittle or express mild disapproval towards oneself
66. gr\_\_t an idea *v.* to say hello to someone; to express welcome on meeting someone
67. de\_\_\_\_\_te an area *v.* to wreck a place or an area or cause significant damage
68. de\_\_y the situation *v.* to speak out strongly against something, often publicly
69. ho\_\_\_\_\_s duties *n.* a woman who receives or entertains guests at home or in a social setting; a female who is in charge of organizing and overseeing a formal event or gathering
70. an un\_\_\_\_\_d story *adj.* not heard, listened to, or noticed; not having been brought to public attention
71. de\_\_\_\_\_te the economy *v.* to wreck a place or an area or cause significant damage

ANSWERS: 60. alarming, 61. ingenuity, 62. recite, 63. self-reliant, 64. creditor, 65. deprecate, 66. greet, 67. devastate, 68. decry, 69. hostess, 70. unheard, 71. devastate

72. in\_\_\_\_\_te the quality of his life      *v.* to introduce new methods, ideas, or products
73. wa\_\_\_\_\_t tree      *n.* a nut of a tall deciduous tree, commonly eaten as a snack or used in baking; the wood of this tree, used for furniture and other applications
74. business in\_\_\_\_\_or program      *n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses
75. ap\_\_\_\_\_id system      *n.* a system of racial segregation and discrimination that was enforced in South Africa from 1948 to 1994; any similar system of discrimination or segregation based on race, ethnicity, or other factors
76. biblical pa\_\_\_\_\_e      *n.* a short allegorical story designed to illustrate a moral or spiritual lesson
77. j\_g my memory      *v.* to run or move at a slow or leisurely pace, typically for exercise; to continue talking or writing without a definite plan or purpose
78. re\_\_\_\_\_k the role of the manager      *v.* to consider again a plan, idea, etc., especially to change it
79. c\_g in the system      *n.* a tooth or projection on a gearwheel or sprocket, which transmits force and motion between moving parts; a person who plays a small or subordinate but essential role in an organization or system

ANSWERS: 72. innovate, 73. walnut, 74. incubator, 75. apartheid, 76. parable, 77. jog, 78. rethink, 79. cog

80. ab\_\_\_\_ee worker *n.* a person who is expected or required to be present but who is not present; particularly in the sense of a person who is absent from work or school
81. get absolutely pl\_\_\_\_\_ed *adj.* made smooth by applying a sticky or glossy substance; very drunk
82. bac\_\_\_\_\_ing effort *adj.* extremely physically demanding or strenuous, often to the point of causing fatigue or pain in the back or body
83. ho\_\_\_\_\_ss situation *adj.* having no hope; despairing; having no chance of success
84. de\_\_y a policy *v.* to speak out strongly against something, often publicly
85. em\_\_\_k on a trip *v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
86. ind\_\_\_\_\_us worker *adj.* hardworking, diligent, and persistent in effort
87. common den \_\_\_\_\_or *n.* the number below the line in a fraction
88. ub\_\_\_u operating system *n.* a concept rooted in Bantu philosophy, emphasizing the essential human virtues of empathy, compassion, and interconnectedness; a belief in the importance of community, cooperation, and shared humanity; (of a computer) a popular open-source operating system based on the Linux kernel
89. we\_\_e a story *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

ANSWERS: 80. absentee, 81. plastered, 82. backbreaking, 83. hopeless, 84. decry, 85. embark, 86. industrious, 87. denominator, 88. ubuntu, 89. weave

90. re\_\_\_e a hero *v.* to feel deep and profound respect or admiration for someone or something; to hold in high esteem
91. ease her hea\_\_\_\_\_ak *n.* a feeling of great sadness or disappointment
92. go through hea\_\_\_\_\_ak *n.* a feeling of great sadness or disappointment
93. em\_\_\_\_\_r the secretary to do the same *v.* to give someone the power or authority to do something
94. op\_\_\_\_\_ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
95. ind\_\_\_\_\_us student *adj.* hardworking, diligent, and persistent in effort
96. we\_\_e on a loom *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
97. un\_\_\_\_\_h a hound *v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
98. pl\_\_\_\_\_ed walls *adj.* made smooth by applying a sticky or glossy substance; very drunk
99. ve\_\_n lifestyle *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
100. ap\_\_\_\_\_id policies *n.* a system of racial segregation and discrimination that was enforced in South Africa from 1948 to 1994; any similar system of discrimination or segregation based on race, ethnicity, or other factors

ANSWERS: 90. revere, 91. heartbreak, 92. heartbreak, 93. empower, 94. opportune, 95. industrious, 96. weave, 97. unleash, 98. plastered, 99. vegan, 100. apartheid

101. monthly pa\_\_\_\_\_ck *n.* a check issued to an employee as payment for work or services rendered; the amount of money received in this check
102. re\_\_\_e a long list of the article *v.* to say a poem, piece of literature, etc. aloud from memory,
103. he\_\_\_\_\_ss baby *adj.* unable to take care of oneself or to do things without help
104. set the la\_\_h *n.* a device for holding a door or gate closed, typically a sliding bar or bolt
105. sel\_\_\_\_\_ant person *adj.* able to rely on oneself or one's abilities; not needing or depending on others for support or guidance
106. de\_\_\_\_\_te the use of harmful substances *v.* to express disapproval or criticism of something; to belittle or express mild disapproval towards oneself
107. re\_\_\_e a deity *v.* to feel deep and profound respect or admiration for someone or something; to hold in high esteem
108. sp\_\_\_\_\_e from receiving light *v.* to emit or reflect bright flashes of light, especially with animation and joy
109. infant in\_\_\_\_\_or *n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses
110. he was ov\_\_\_\_\_lmed with gratitude *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

ANSWERS: 101. paycheck, 102. recite, 103. helpless, 104. latch, 105. self-reliant, 106. deprecate, 107. revere, 108. sparkle, 109. incubator, 110. overwhelm

111. La\_\_\_a community *n.* a female person of Latin American origin or descent; a term used to refer to women from Latin American countries or with Latin American heritage
112. wa\_\_\_t oil *n.* a nut of a tall deciduous tree, commonly eaten as a snack or used in baking; the wood of this tree, used for furniture and other applications
113. ha\_\_h a baby chick *v.* to cause an egg to break to allow a young animal to come out; to produce and expand something that is in an early stage
114. frozen sp\_\_\_\_h *n.* a leafy green vegetable with a slightly bitter taste and high nutritional value, often used in salads or cooked dishes, and also famously associated with the cartoon character Popeye, who claimed eating spinach made him stronger
115. em\_\_\_\_r my life *v.* to give someone the power or authority to do something
116. ov\_\_\_\_\_lm opponents by numbers *v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody
117. ge\_\_\_\_fy a street *v.* to renovate, revitalize, or develop a deteriorated, predominantly urban area, often leading to the displacement of low-income or minority residents and the influx of more affluent residents and businesses
118. show te\_\_\_\_ty *n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling

ANSWERS: 111. Latina, 112. walnut, 113. hatch, 114. spinach, 115. empower, 116. overwhelm, 117. gentrify, 118. tenacity



ANSWERS:

## Session 3: Fill in the Blanks

1. I love adding \_\_\_\_\_ to my oatmeal in the morning for an extra crunch.  
*n.* a nut of a tall deciduous tree, commonly eaten as a snack or used in baking; the wood of this tree, used for furniture and other applications
2. The monarch exploited the peasants using its \_\_\_\_\_ power.  
*adj.* established firmly and securely
3. Eating food in a hurry \_\_\_\_\_ blood glucose levels.  
*v.* to raise something from a lower to a higher position; to give a promotion to or assign to a higher position
4. The wall was \_\_\_\_\_ with posters and graffiti.  
*adj.* made smooth by applying a sticky or glossy substance; very drunk
5. The personal \_\_\_\_\_ announced that dinner was ready, and the guests went to the dining room.  
*n.* a male servant in charge of serving food and drinks and taking care of household duties
6. I received a bonus on top of my regular \_\_\_\_\_ this month.  
*n.* a check issued to an employee as payment for work or services rendered; the amount of money received in this check
7. Creativity and \_\_\_\_\_ are often brought about by extreme concentration.  
*n.* the quality of inventing things or solving problems in clever new ways
8. Children often copy their parents or elder \_\_\_\_\_.  
*n.* a brother or sister; member of a family born to the same parents

ANSWERS: 1. walnuts, 2. entrenched, 3. elevates, 4. plastered, 5. butler, 6. paycheck, 7. ingenuity, 8. siblings

9. She decided to \_\_\_\_ around the park to clear her head.

*v.* to run or move at a slow or leisurely pace, typically for exercise; to continue talking or writing without a definite plan or purpose

10. The \_\_\_\_\_ melody was beautiful and touched everyone's hearts.

*adj.* not heard, listened to, or noticed; not having been brought to public attention

11. The first step is to rationalize the \_\_\_\_\_ of a fraction.

*n.* the number below the line in a fraction

12. She carefully \_\_\_\_ the seeds in the garden.

*v.* to plant seeds in the ground to grow crops or plants; to establish or set in motion

13. The sudden rise in crime rates in our neighborhood is quite \_\_\_\_\_.

*adj.* causing concern or apprehension; causing a feeling of danger, harm, or emergency; unsettling or disturbing

14. The \_\_\_\_\_ on the gate was broken, so the cows got loose.

*n.* a device for holding a door or gate closed, typically a sliding bar or bolt

15. We cannot \_\_\_\_\_ an opportunity for great success.

*v.* to fail to notice something; to watch over someone; to provide a view from above

16. Fresh \_\_\_\_\_ is a good source of vitamins and minerals.

*n.* a leafy green vegetable with a slightly bitter taste and high nutritional value, often used in salads or cooked dishes, and also famously associated with the cartoon character Popeye, who claimed eating spinach made him stronger

ANSWERS: 9. jog, 10. unheard, 11. denominator, 12. sowed, 13. alarming, 14. latch, 15. overlook, 16. spinach

17. The \_\_\_\_ in the machine broke down, causing a delay in production.
- n.* a tooth or projection on a gearwheel or sprocket, which transmits force and motion between moving parts; a person who plays a small or subordinate but essential role in an organization or system
18. He was known to be very \_\_\_\_\_ and would often work late into the night.
- adj.* hardworking, diligent, and persistent in effort
19. The general was still reluctant to \_\_\_\_\_ his troops in pursuit of an enemy.
- v.* to suddenly release a strong force, emotion, etc. that cannot be controlled
20. We \_\_\_\_\_ on a new project.
- v.* to go on board a ship or plane; to set out on an enterprise or subject of study; to start something
21. After months of job searching, he felt \_\_\_\_\_ and unsure of his future.
- adj.* having no hope; despairing; having no chance of success
22. She is the first \_\_\_\_\_ senator in the country's history.
- n.* a female person of Latin American origin or descent; a term used to refer to women from Latin American countries or with Latin American heritage
23. He could \_\_\_\_\_ all of Shakespeare's works.
- v.* to say a poem, piece of literature, etc. aloud from memory,
24. You must \_\_\_\_\_ and struggle on the court to win an acquittal.
- v.* to cause someone to move quickly by pushing them in a rough, aggressive way
25. The eggs were placed in an artificial \_\_\_\_\_ to ensure proper hatching conditions.
- n.* an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses

ANSWERS: 17. cog, 18. industrious, 19. unleash, 20. embarked, 21. hopeless, 22. Latina, 23. recite, 24. hustle, 25. incubator

26. The new coffee shops and high-end boutiques are starting to \_\_\_\_\_ the neighborhood.
- v.* to renovate, revitalize, or develop a deteriorated, predominantly urban area, often leading to the displacement of low-income or minority residents and the influx of more affluent residents and businesses
27. The discovery of a critical bug caused the company to delay the \_\_\_\_\_ release.
- n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
28. The knot was \_\_\_\_\_ and she had to use scissors to cut it.
- adj.* unable to be separated or escaped from
29. Many people \_\_\_\_\_ their religious leaders and look up to them for guidance.
- v.* to feel deep and profound respect or admiration for someone or something; to hold in high esteem
30. Earthquakes can also trigger tsunamis, which \_\_\_\_\_ coastal areas.
- v.* to wreck a place or an area or cause significant damage
31. The construction workers endured \_\_\_\_\_ labor under the scorching sun.
- adj.* extremely physically demanding or strenuous, often to the point of causing fatigue or pain in the back or body
32. The eggs began to \_\_\_\_\_ and the small chicks emerged.
- v.* to cause an egg to break to allow a young animal to come out; to produce and expand something that is in an early stage
33. The \_\_\_\_\_ ballot allowed the older woman to vote without leaving her house.
- n.* a person who is expected or required to be present but who is not present; particularly in the sense of a person who is absent from work or school

ANSWERS: 26. gentrify, 27. app's, 28. inextricable, 29. revere, 30. devastate, 31. backbreaking, 32. hatch, 33. absentee

34. The team's winning streak was \_\_\_\_\_.  
*adj.* impossible to stop or prevent
35. Companies developing self-driving cars consistently \_\_\_\_\_ the emerging technologies.  
*v.* to introduce new methods, ideas, or products
36. I asked the lawyer to initiate \_\_\_\_\_ negotiations for voluntary liquidation.  
*n.* a person, company, etc. to whom a debtor owes money
37. We have to \_\_\_\_\_ our company's product lineup for further growth.  
*v.* to consider again a plan, idea, etc., especially to change it
38. Jesus quoted \_\_\_\_\_ to teach important lessons to his disciples.  
*n.* a short allegorical story designed to illustrate a moral or spiritual lesson
39. The South African government enforced \_\_\_\_\_ laws that segregated people based on race.  
*n.* a system of racial segregation and discrimination that was enforced in South Africa from 1948 to 1994; any similar system of discrimination or segregation based on race, ethnicity, or other factors
40. She is a \_\_\_\_\_ person and has always bounced back from setbacks.  
*adj.* able to withstand or recover quickly from difficult conditions
41. Too much variety may \_\_\_\_\_ and confuse viewers.  
*v.* to defeat someone or something by using a great deal of force; to have a strong emotional effect on somebody

ANSWERS: 34. unstoppable, 35. innovate, 36. creditor, 37. rethink, 38. parables, 39. apartheid, 40. resilient, 41. overwhelm

42. I \_\_\_\_\_ the decision to cut funding for the program.  
*v.* to speak out strongly against something, often publicly
43. After moving to a new city, she became more \_\_\_\_\_ and learned to navigate the streets independently.  
*adj.* able to rely on oneself or one's abilities; not needing or depending on others for support or guidance
44. The \_\_\_\_\_ parents failed to provide their children with the necessary care and attention.  
*adj.* characterized by failing to give proper care, attention, or consideration; showing negligence or disregard towards a person or thing
45. The phone rang at the most \_\_\_\_\_ time.  
*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
46. They had experienced the \_\_\_\_\_ of losing two children due to premature births.  
*n.* a feeling of great sadness or disappointment
47. The \_\_\_\_\_ diet is based on plant-based foods.  
*n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
48. The company \_\_\_\_\_ employees to buy low-price items without approval to achieve efficient purchasing.  
*v.* to give someone the power or authority to do something
49. Despite facing financial difficulties, the small business managed to stay \_\_\_\_\_ thanks to its loyal customers.  
*adj.* floating or staying on the surface of a liquid or body of water; having enough money or resources to stay out of debt or financial trouble

ANSWERS: 42. decry, 43. self-reliant, 44. neglectful, 45. opportune, 46. heartbreak, 47. vegan, 48. empowered, 49. afloat

50. He \_\_\_\_\_ his friends with a warm smile and a hug.

*v.* to say hello to someone; to express welcome on meeting someone

51. I feel so \_\_\_\_\_ without you.

*adj.* unable to take care of oneself or to do things without help

52. Her \_\_\_\_\_ in pursuing her dreams has inspired many people.

*n.* the quality or state of being persistent and determined in the face of difficulties; the quality or property of holding together firmly, tending to adhere or cling

53. The philosophy of \_\_\_\_\_ emphasizes the interconnectedness and collective responsibility of all individuals.

*n.* a concept rooted in Bantu philosophy, emphasizing the essential human virtues of empathy, compassion, and interconnectedness; a belief in the importance of community, cooperation, and shared humanity; (of a computer) a popular open-source operating system based on the Linux kernel

54. The \_\_\_\_\_ teacher was loved by her students.

*v.* highly respected or admired, often because of moral or spiritual qualities

55. The diamond \_\_\_\_\_ in the sunlight.

*v.* to emit or reflect bright flashes of light, especially with animation and joy

56. I had to \_\_\_\_\_ down to pick up the coin that had rolled under the couch.

*v.* to bend forward and downward from the waist, often to pick something up or gain a better view; to lower oneself morally or socially

57. The girl \_\_\_\_\_ a garland for her friend.

*v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

ANSWERS: 50. greeted, 51. helpless, 52. tenacity, 53. ubuntu, 54. revered, 55. sparkled, 56. stoop, 57. weaves



58. I \_\_\_\_\_ your dishonest behavior towards your colleagues.

- v.* to express disapproval or criticism of something; to belittle or express mild disapproval towards oneself

59. The welcoming \_\_\_\_\_ showed us to our table and handed us the menu.

- n.* a woman who receives or entertains guests at home or in a social setting; a female who is in charge of organizing and overseeing a formal event or gathering

ANSWERS: 58. deprecate, 59. hostess