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Vocabulary Builder Reference from...

Yves Morieux: How too many rules at work keep you from getting things done | TED Talk

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Advanced Words Only

IMPORTANT

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Session 1: Word List

rebound

v. to spring back into a former shape or position after being compressed or stretched

synonym: spring back, resile, recover

(1) **rebound** from a setback, (2) **rebound** back into positive growth

The basketball bounced off the rim and **rebounded** to the player.

vaccinate

v. to treat with a vaccine, usually by injection, to produce immunity against a disease

synonym: immunize, inject, inoculate

(1) **vaccinate** against scarlet fever, (2) **vaccinate** every year

The nurse **vaccinated** the children in the school.

chant

n. a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

synonym: hymn, mantra, (verb) recite

(1) **chant** melodies, (2) **chant** in the chapel

The soccer game crowd broke into a **chant** of "Go, team, go!"

tenet

n. one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded

synonym: dogma, creed, principle

(1) basic **tenets**, (2) a fundamental **tenet** of Judaism

This section explains a central **tenet** of economics.

counterproductive

adj. having the opposite effect to the one intended or wanted

synonym: ineffective, inadequate, inefficient

(1) **counterproductive** approach, (2) highly **counterproductive** to performance

Territorial disputes between different countries are entirely **counterproductive** but common.

innovate

v. to introduce new methods, ideas, or products

synonym: bring in, introduce, found

(1) **innovate** a new method, (2) **innovate** the quality of his life

Companies developing self-driving cars consistently **innovate** the emerging technologies.

trinity

n. the union of three people, especially the Christian doctrine of the three persons in one Godhead (the father, the Son, and the Holy Spirit)

synonym: triad, triune, three-in-one

(1) **trinity** doctrine, (2) the Blessed **Trinity**

The Christian doctrine of the Holy **Trinity** states that there is one God in three persons.

derail

v. to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally

synonym: crash, wreck, thwart

(1) **derail** the recovery, (2) **derail** an argument

The train **derailed** because a cow was standing on the tracks.

animate

v. to make something full of interest and energy
synonym: invigorate, energize, enliven

(1) **animate** the body, (2) **animate** his soul

The positive attitude of the supervisor **animated** the discussion.

narrate

v. to tell a story or give an account of events, often in a chronological or logical sequence; to provide a voiceover or commentary for a film or other media
synonym: tell, recount, describe

(1) **narrate** a news article, (2) **narrate** an event

The audiobook hired a professional actor to **narrate** the story, making it more engaging for listeners.

narration

n. the act or process of telling a story; the relating of a story or account

synonym: story-telling, recital, account

(1) **narration** of events, (2) exaggerate in **narration**

His **narration** of the story was engaging and captivating.

exaggerate

v. to describe or represent something as better or worse than it is

synonym: overstate, overestimate, amplify

(1) **exaggerate** in degree, (2) **exaggerate** story

She **exaggerated** the extent of her injuries to get more money from the settlement.

archaeology

n. the branch of anthropology that studies prehistoric people and their cultures

(1) the institute of **archaeology**, (2) prehistoric **archaeology**

She teaches **archaeology** at the local university.

baton

n. a thin stick or rod used as a conductor's wand, a symbol of authority, or a tool for specific sports or activities; a short, straight, light stick that is passed from runner to runner in a relay race

synonym: staff, stick, wand

(1) conducting **baton**, (2) twirl the **baton**

The police officer used his **baton** to disperse the crowd.

grail

n. a sacred or highly prized object, often associated with a quest or search for something elusive or unattainable

synonym: chalice, treasure, quest

(1) holy **grail**, (2) ultimate **grail**

The search for the **grail** is often used as a metaphor for any difficult quest or task.

dedicate

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

synonym: consecrate, devote, commit

(1) **dedicate** a few hours, (2) **dedicate** a chapter to the subject

He **dedicated** his life to helping others.

mobilize

v. to make something ready for action or use; to organize people or resources for a particular purpose

synonym: activate, rally, marshal

(1) **mobilize** cooperation, (2) **mobilize** a stiff joint

The military **mobilized** troops to the border.

deteriorate

v. to become worse in quality; to decline or degenerate

synonym: decline, degenerate, regress

(1) **deteriorate** at a slow pace, (2) **deteriorate** condition

The patient's health **deteriorated** rapidly after being diagnosed with the disease.

redo

v. to do again, usually to correct or improve upon a previous attempt; to renovate or redesign something to make it better or more suitable

synonym: revise, remake, rework

(1) **redo** a kitchen, (2) **redo** a project

I had to **redo** my entire presentation because the formatting

was off.

mindset

n. the established set of attitudes or fixed ideas held by someone

synonym: attitude, ethos, mentality

(1) flexible **mindset**, (2) the **mindset** in an education system

Countries whose goal is economic development often focus on fostering an entrepreneurial **mindset** in each individual.

hinge

n. a joint that holds the edge of a door, window, lid, etc. and allows it to open or close

synonym: joint, pivot

(1) a stiff **hinge**, (2) insecure **hinge**

His involvement is the **hinge** of our plan.

Session 2: Spelling

1. basic te__ts *n.* one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded
2. na_____e an event *v.* to tell a story or give an account of events, often in a chronological or logical sequence; to provide a voiceover or commentary for a film or other media
3. de_____te a chapter to the subject *v.* to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use
4. highly cou_____ive to performance *adj.* having the opposite effect to the one intended or wanted
5. twirl the ba__n *n.* a thin stick or rod used as a conductor's wand, a symbol of authority, or a tool for specific sports or activities; a short, straight, light stick that is passed from runner to runner in a relay race
6. na_____on of events *n.* the act or process of telling a story; the relating of a story or account
7. ultimate gr__l *n.* a sacred or highly prized object, often associated with a quest or search for something elusive or unattainable
8. an_____e the body *v.* to make something full of interest and energy
9. re_____d from a setback *v.* to spring back into a former shape or position after being compressed or stretched

ANSWERS: 1. tenet, 2. narrate, 3. dedicate, 4. counterproductive, 5. baton, 6. narration, 7. grail, 8. animate, 9. rebound

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|---------------------------------------|----|---|
| 10. de_____te a few hours | v. | to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use |
| 11. exa_____te in degree | v. | to describe or represent something as better or worse than it is |
| 12. flexible mi_____t | n. | the established set of attitudes or fixed ideas held by someone |
| 13. an_____e his soul | v. | to make something full of interest and energy |
| 14. in_____te the quality of his life | v. | to introduce new methods, ideas, or products |
| 15. the Blessed Tr_____y | n. | the union of three people, especially the Christian doctrine of the three persons in one Godhead (the father, the Son, and the Holy Spirit) |
| 16. in_____te a new method | v. | to introduce new methods, ideas, or products |
| 17. prehistoric arc_____gy | n. | the branch of anthropology that studies prehistoric people and their cultures |
| 18. de____l an argument | v. | to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally |
| 19. va_____te against scarlet fever | v. | to treat with a vaccine, usually by injection, to produce immunity against a disease |
| 20. mo_____ze cooperation | v. | to make something ready for action or use; to organize people or resources for a particular purpose |

ANSWERS: 10. dedicate, 11. exaggerate, 12. mindset, 13. animate, 14. innovate, 15. trinity, 16. innovate, 17. archaeology, 18. derail, 19. vaccinate, 20. mobilize

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| 21. ch__t melodies | <i>n.</i> | a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation |
| 22. r__o a kitchen | <i>v.</i> | to do again, usually to correct or improve upon a previous attempt; to renovate or redesign something to make it better or more suitable |
| 23. the mi____t in an education system | <i>n.</i> | the established set of attitudes or fixed ideas held by someone |
| 24. de___l the recovery | <i>v.</i> | to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally |
| 25. holy gr__l | <i>n.</i> | a sacred or highly prized object, often associated with a quest or search for something elusive or unattainable |
| 26. a fundamental te__t of Judaism | <i>n.</i> | one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded |
| 27. va_____te every year | <i>v.</i> | to treat with a vaccine, usually by injection, to produce immunity against a disease |
| 28. det_____te at a slow pace | <i>v.</i> | to become worse in quality; to decline or degenerate |
| 29. conducting ba__n | <i>n.</i> | a thin stick or rod used as a conductor's wand, a symbol of authority, or a tool for specific sports or activities; a short, straight, light stick that is passed from runner to runner in a relay race |

ANSWERS: 21. chant, 22. redo, 23. mindset, 24. derail, 25. grail, 26. tenet, 27. vaccinate, 28. deteriorate, 29. baton

30. ch__t in the chapel *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
31. cou_____ive approach *adj.* having the opposite effect to the one intended or wanted
32. re_____d back into positive growth *v.* to spring back into a former shape or position after being compressed or stretched
33. the institute of arc_____gy *n.* the branch of anthropology that studies prehistoric people and their cultures
34. r__o a project *v.* to do again, usually to correct or improve upon a previous attempt; to renovate or redesign something to make it better or more suitable
35. na_____e a news article *v.* to tell a story or give an account of events, often in a chronological or logical sequence; to provide a voiceover or commentary for a film or other media
36. a stiff hi__e *n.* a joint that holds the edge of a door, window, lid, etc. and allows it to open or close
37. exaggerate in na_____on *n.* the act or process of telling a story; the relating of a story or account
38. exa_____te story *v.* to describe or represent something as better or worse than it is
39. tr_____y doctrine *n.* the union of three people, especially the Christian doctrine of the three persons in one Godhead (the father, the Son, and the Holy Spirit)

ANSWERS: 30. chant, 31. counterproductive, 32. rebound, 33. archaeology, 34. redo, 35. narrate, 36. hinge, 37. narration, 38. exaggerate, 39. trinity

40. det _____te condition

v. to become worse in quality; to decline or degenerate

41. mo _____ze a stiff joint

v. to make something ready for action or use; to organize people or resources for a particular purpose

42. insecure hi __e

n. a joint that holds the edge of a door, window, lid, etc. and allows it to open or close

ANSWERS: 40. deteriorate, 41. mobilize, 42. hinge

Session 3: Fill in the Blanks

1. I had to _____ my entire presentation because the formatting was off.
 - v. to do again, usually to correct or improve upon a previous attempt; to renovate or redesign something to make it better or more suitable

2. Territorial disputes between different countries are entirely _____ but common.
 - adj. having the opposite effect to the one intended or wanted

3. Countries whose goal is economic development often focus on fostering an entrepreneurial _____ in each individual.
 - n. the established set of attitudes or fixed ideas held by someone

4. She teaches _____ at the local university.
 - n. the branch of anthropology that studies prehistoric people and their cultures

5. The basketball bounced off the rim and _____ to the player.
 - v. to spring back into a former shape or position after being compressed or stretched

6. The positive attitude of the supervisor _____ the discussion.
 - v. to make something full of interest and energy

7. His _____ of the story was engaging and captivating.
 - n. the act or process of telling a story; the relating of a story or account

8. The nurse _____ the children in the school.
 - v. to treat with a vaccine, usually by injection, to produce immunity against a disease

ANSWERS: 1. redo, 2. counterproductive, 3. mindset, 4. archaeology, 5. rebounded, 6. animated, 7. narration, 8. vaccinated

9. The Christian doctrine of the Holy _____ states that there is one God in three persons.
- n.* the union of three people, especially the Christian doctrine of the three persons in one Godhead (the father, the Son, and the Holy Spirit)
10. His involvement is the _____ of our plan.
- n.* a joint that holds the edge of a door, window, lid, etc. and allows it to open or close
11. The audiobook hired a professional actor to _____ the story, making it more engaging for listeners.
- v.* to tell a story or give an account of events, often in a chronological or logical sequence; to provide a voiceover or commentary for a film or other media
12. The police officer used his _____ to disperse the crowd.
- n.* a thin stick or rod used as a conductor's wand, a symbol of authority, or a tool for specific sports or activities; a short, straight, light stick that is passed from runner to runner in a relay race
13. The soccer game crowd broke into a _____ of "Go, team, go!"
- n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
14. The search for the _____ is often used as a metaphor for any difficult quest or task.
- n.* a sacred or highly prized object, often associated with a quest or search for something elusive or unattainable
15. The train _____ because a cow was standing on the tracks.
- v.* to cause a train or tram to run off the tracks accidentally; to run off or leave the rails accidentally

ANSWERS: 9. Trinity, 10. hinge, 11. narrate, 12. baton, 13. chant, 14. grail, 15. derailed

16. She _____ the extent of her injuries to get more money from the settlement.

v. to describe or represent something as better or worse than it is

17. Companies developing self-driving cars consistently _____ the emerging technologies.

v. to introduce new methods, ideas, or products

18. This section explains a central _____ of economics.

n. one of the fundamental ideas or beliefs upon which a theory or broader group of views is founded

19. He _____ his life to helping others.

v. to give all of your energy, time, etc., entirely to a specific person, activity, or cause; to set apart for a particular purpose or use

20. The military _____ troops to the border.

v. to make something ready for action or use; to organize people or resources for a particular purpose

21. The patient's health _____ rapidly after being diagnosed with the disease.

v. to become worse in quality; to decline or degenerate

ANSWERS: 16. exaggerated, 17. innovate, 18. tenet, 19. dedicated, 20. mobilized, 21. deteriorated