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Vocabulary Builder Reference from...

Mileha Soneji: Simple hacks for life with Parkinson's | TED Talk

https://www.ted.com/talks/mileha_soneji_simple_hacks_for_life_with_parkinson_s

All Words

IMPORTANT

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Session 1: Word List

- bet** v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
synonym : stake, wager, gamble
(1) **bet** on a race, (2) **bet** my future
I **bet** that you know it.
- drag** v. to pull or haul with force
synonym : haul, pull, draw
(1) **drag** a chair over, (2) **drag** a team down
He **dragged** the heavy suitcase behind him as he walked.
- cousin** n. the child of your aunt or uncle
synonym : relative
(1) cross- **cousin** marriage, (2) **cousin's** family
I used to play with my younger male **cousins** when I was a little girl.
- confident** *adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future
synonym : certain, sure, convinced
(1) feel **confident**, (2) a **confident** remark
I'm not **confident** in our victory.

- hale** *adj.* in good health and physical condition; strong and robust
synonym : healthy, well, robust
(1) look surprisingly **hale**, (2) **hale** complexion
Even though the hiker was 70 years old, he was **hale** enough to climb the mountain.
- hearty** *adj.* characterized by vigor, strength, or robustness; showing warmth or enthusiasm of feeling; large and filling (referring to a meal or portions of food)
synonym : wholesome, robust, healthy
(1) **hearty** meal, (2) **hearty** laughter
The **hearty** soup warmed us up on the cold winter day.
- deteriorate** *v.* to become worse in quality; to decline or degenerate
synonym : decline, degenerate, regress
(1) **deteriorate** at a slow pace, (2) **deteriorate** condition
The patient's health **deteriorated** rapidly after being diagnosed with the disease.
- diagnose** *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
synonym : identify, analyze, interpret
(1) **diagnose** the problem, (2) **diagnose** with CT scans
This device is used to **diagnose** brain cancer and other tumors.
- disease** *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
synonym : illness, ailment, affliction
(1) **disease** prevention, (2) **disease** control
The doctor diagnosed him with a rare **disease** that had no known cure.
- degenerate** *v.* (of a person, animal, or plant) to become worse in health or physical condition
synonym : deteriorate, decline, decay

(1) **degenerate** into a disagreement, (2) **degenerate** into recession

The once-thriving city has **degenerated** into a crime-ridden slum.

nervous

adj. worried and anxious about something; relating to the nerves

synonym : neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**
He suffers from **nervous** breakdowns.

independence

n. freedom from another's or others' control or influence

synonym : freedom, liberty, autonomy

(1) financial **independence**, (2) **independence** ceremony
There is nothing more valuable than **independence** and freedom.

suddenly

adv. quickly and unexpectedly

synonym : abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**
Who answers **suddenly** knows little.

tremor

n. a small earthquake or shaking or vibrating

synonym : shaking, quivering, trembling

(1) a **tremor** of delight, (2) **tremor** frequency

The bad **tremor** caused several buildings to collapse.

pitiful

adj. making people feel sorrow or sympathy; very small or poor

synonym : miserable, contemptible, sorry

(1) a **pitiful** fate, (2) cast **pitiful** eyes

We heard their **pitiful** laments throughout the night.

multifaceted

adj. having many different aspects, features, or sides; complex and varied

synonym : complex, diverse, versatile

(1) a **multifaceted** undertaking, (2) **multifaceted** problem
The job requires excellent communication skills and a **multifaceted** approach to problem-solving.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed
The corporation **eventually** dominated the entire tobacco business.

aim

v. to try or plan to get or achieve something

synonym: aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse
We **aim** for an overseas expansion.

embarrass

v. to cause someone to feel awkward, worried, or ashamed

synonym: disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in public.

spill

v. to cause or allow liquid to run or flow over the edge of its container by accident

synonym: slop, drop, scatter

(1) **spill** a bit of wine, (2) **spill** my heart
He was determined to **spill** everything.

curve

n. a bend or angle in a line or surface that deviates from a straight or flat path; a gradual or smooth change in direction or shape

synonym: bend, arc, turn

(1) learning **curve**, (2) yield **curve**

The **curve** in the road was so sharp that I had to slow down to navigate it safely.

deflect

v. to cause something, especially a criticism or attack, to be directed away from someone

synonym : deter, redirect, sidetrack

(1) **deflect** a blow, (2) **deflect** his criticism

The soccer player was able to **deflect** the ball away from the goal.

liquid

n. a substance, such as water or oil that flows freely and is neither a solid nor a gas

synonym : fluid

(1) colorless **liquid**, (2) hazardous **liquid**

The sponge takes up the **liquid** well.

norm

n. something that is regarded as usual, typical, or standard

synonym : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym : client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

clumsy

adj. lacking in grace or skill; awkward; cumbersome

synonym : awkward, ungainly, inept

(1) **clumsy** at sports, (2) **clumsy** attempt

The **clumsy** waiter accidentally spilled a tray of drinks on a customer.

comfort

n. a state of physical ease and freedom from pain or constraint

synonym : ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

blend

v. to mix or combine two or more substances

synonym: combine, mix, intermingle

(1) **blend** all the elements, (2) **blend** milk and cream

The toad altered its appearance to better **blend** in with its new environments.

superficial

adj. existing or occurring only at or on the surface; appearing to be true or real only until examined more closely

synonym: shallow, facile, cursory

(1) **superficial** wound, (2) **superficial** knowledge

The journalist's **superficial** reporting should have captured the full scope of the issue.

perspective

n. a confident attitude toward something; a particular style of thinking about something

synonym: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle

His father's death changed his whole **perspective** on life.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

synonym: watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

din

n. a loud, confused noise; a loud, persistent racket

synonym: noise, racket, clamor

(1) **din** of traffic, (2) mighty **din**

The **din** of the city was overwhelming.

strike

v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon

synonym : hit, impact, influence

(1) **strike** up a conversation, (2) **strike** a blow

We **strike** to achieve more wages and safer working conditions.

staircase

n. a set of stairs inside a building, usually with posts and bars that are fixed at the side

synonym : stairway, stairwell

(1) spiral **staircase**, (2) beetle up the **staircase**

She walked urgently down the emergency **staircase**.

fancy

v. to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

synonym : imagine, visualize, (noun) fantasy

(1) **fancy** a cup of coffee, (2) a flight of **fancy**

I don't **fancy** acting in such an important role.

rail

n. a long, thin piece of metal or wood that is used to make fences or as a support for something; (verb) to complain bitterly

synonym : bar, beam, (verb) criticize

(1) **rail** system, (2) **rail** against his enemies

The children leaned over the bridge **rail** to watch the fish swimming below.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

shock

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym : amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

continuous

adj. occurring or existing without a pause or interruption

synonym : ceaseless, regular, repeated

(1) **continuous** improvement, (2) a **continuous** row of warehouses

The heavy snow has been **continuous** since last morning.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym : sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

translate

v. to convert or change words into another language

synonym : convert, transcribe, render

(1) **translate** a document into English, (2) **translate** the emotion to a movement

Translate the text from Italian into English.

illusion

n. a false idea or belief, especially about somebody or about a situation

synonym : delusion, fallacy, magic trick

(1) optical **illusion**, (2) the **illusion** of being in the forest

He could no longer tell the difference between **illusion** and reality.

abrupt

adj. sudden and unexpected

synonym : sudden, unexpected, quick

(1) **abrupt** departure, (2) speak in an **abrupt** manner

The sudden, **abrupt** change in weather caught everyone by surprise.

gait

n. a person's manner of walking, running, or moving on foot; a particular pattern or style of movement or locomotion

synonym : pace, stride, step

(1) awkward **gait**, (2) brisk **gait**

The older woman's **gait** was slow and unsteady.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

synonymous

adj. having the same or a similar meaning as another word or phrase

synonym : equivalent, interchangeable, similar

(1) **synonymous** terms, (2) non- **synonymous** mutation

The phrase "big shot" and "important person" are **synonymous**.

technological

adj. based on scientific and industrial progress

synonym : specialized, technical

(1) **technological** advancement, (2) **technological** policy

Technological advances have disrupted many industries.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

curiosity

n. a strong desire to know or learn about something

synonym: interest, inquisitiveness, novelty

(1) boundless **curiosity**, (2) satisfy my intellectual **curiosity**

We are motivated by **curiosity** rather than necessity.

complexity

n. the state or quality of being complicated or intricate and difficult to understand

synonym: intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory

The project's **complexity** made it difficult for the team to complete it on time.

scared

adj. afraid or frightened

synonym: frightened, fearful, dreading

(1) **scared** all the time, (2) **scared** dog

I'm **scared** of insects.

insight

n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

synonym: wisdom, discernment, understanding

(1) a profound **insight**, (2) share my **insights**

We gained various **insights** by analyzing the vast amount of data owned by the company.

combine

v. to join or merge to form a single thing or group

synonym: coalesce, cohere, blend

(1) **combine** chemically with another substance,

(2) **combine** augmented reality

Hydrogen and oxygen **combine** to form water.

simplicity

n. the quality or condition of being natural and plain or easy to understand or do

synonym: easiness, plainness, modesty

(1) a life of **simplicity**, (2) refined **simplicity**

He liked the car because of the **simplicity** of the design.

Session 2: Spelling

- | | | |
|---------------------------------------|------|--|
| 1. di_____se with CT scans | v. | to determine or distinguish the nature of a problem or an illness through a careful analysis |
| 2. deg_____te into a disagreement | v. | (of a person, animal, or plant) to become worse in health or physical condition |
| 3. full of em_____y | n. | the ability to share another person's feelings or experiences by imagining that person's situation |
| 4. cl____y at sports | adj. | lacking in grace or skill; awkward; cumbersome |
| 5. speak in an ab____t manner | adj. | sudden and unexpected |
| 6. fa__y a cup of coffee | v. | to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy |
| 7. financial ind_____nce | n. | freedom from another's or others' control or influence |
| 8. de_____t a blow | v. | to cause something, especially a criticism or attack, to be directed away from someone |
| 9. a tr____r of delight | n. | a small earthquake or shaking or vibrating |
| 10. tr_____te a document into English | v. | to convert or change words into another language |
| 11. co_____e augmented reality | v. | to join or merge to form a single thing or group |

ANSWERS: 1. diagnose, 2. degenerate, 3. empathy, 4. clumsy, 5. abrupt, 6. fancy, 7. independence, 8. deflect, 9. tremor, 10. translate, 11. combine

12. cast pi____l eyes *adj.* making people feel sorrow or sympathy; very small or poor
13. spiral st_____se *n.* a set of stairs inside a building, usually with posts and bars that are fixed at the side
14. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
15. sp__l my heart *v.* to cause or allow liquid to run or flow over the edge of its container by accident
16. b_t on a race *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
17. det_____te condition *v.* to become worse in quality; to decline or degenerate
18. n__m of action *n.* something that is regarded as usual, typical, or standard
19. bl__d milk and cream *v.* to mix or combine two or more substances
20. ob_____e wildlife *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
21. cross-co___n marriage *n.* the child of your aunt or uncle
22. syn_____us terms *adj.* having the same or a similar meaning as another word or phrase

ANSWERS: 12. pitiful, 13. staircase, 14. shock, 15. spill, 16. bet, 17. deteriorate, 18. norm, 19. blend, 20. observe, 21. cousin, 22. synonymous

23. a co_____nt remark *adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future
24. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
25. sup_____al knowledge *adj.* existing or occurring only at or on the surface; appearing to be true or real only until examined more closely
26. d__g a team down *v.* to pull or haul with force
27. bl__d all the elements *v.* to mix or combine two or more substances
28. su___r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
29. learning cu__e *n.* a bend or angle in a line or surface that deviates from a straight or flat path; a gradual or smooth change in direction or shape
30. share my in_____ts *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
31. de_____t his criticism *v.* to cause something, especially a criticism or attack, to be directed away from someone
32. tec_____cal advancement *adj.* based on scientific and industrial progress

ANSWERS: 23. confident, 24. disease, 25. superficial, 26. drag, 27. blend, 28. suffer, 29. curve, 30. insight, 31. deflect, 32. technological

33. a profound in_____t *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
34. d_n of traffic *n.* a loud, confused noise; a loud, persistent racket
35. a_m to be a nurse *v.* to try or plan to get or achieve something
36. a_m at a specific target *v.* to try or plan to get or achieve something
37. a mul_____ted undertaking *adj.* having many different aspects, features, or sides; complex and varied
38. die su_____ly *adv.* quickly and unexpectedly
39. em_____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
40. a pi_____l fate *adj.* making people feel sorrow or sympathy; very small or poor
41. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
42. he_____y meal *adj.* characterized by vigor, strength, or robustness; showing warmth or enthusiasm of feeling; large and filling (referring to a meal or portions of food)
43. d__g a chair over *v.* to pull or haul with force
44. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

ANSWERS: 33. insight, 34. din, 35. aim, 36. aim, 37. multifaceted, 38. suddenly, 39. embarrass, 40. pitiful, 41. diagnose, 42. hearty, 43. drag, 44. symptom

45. det _____te at a slow pace *v.* to become worse in quality; to decline or degenerate
46. mighty d_n *n.* a loud, confused noise; a loud, persistent racket
47. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
48. eve_____ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
49. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
50. r__l against his enemies *n.* a long, thin piece of metal or wood that is used to make fences or as a support for something; (verb) to complain bitterly
51. development of the ne_____s system *adj.* worried and anxious about something; relating to the nerves
52. cl____y attempt *adj.* lacking in grace or skill; awkward; cumbersome
53. sc____d all the time *adj.* afraid or frightened
54. hazardous li____d *n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas
55. b_t my future *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

ANSWERS: 45. deteriorate, 46. din, 47. suddenly, 48. eventually, 49. develop, 50. rail, 51. nervous, 52. clumsy, 53. scared, 54. liquid, 55. bet

56. cognitive com_____ty *n.* the state or quality of being complicated or intricate and difficult to understand
57. words of co_____t *n.* a state of physical ease and freedom from pain or constraint
58. cultural n__m *n.* something that is regarded as usual, typical, or standard
59. neurotic sy_____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
60. a life of sim_____ty *n.* the quality or condition of being natural and plain or easy to understand or do
61. the per_____ve of the battle *n.* a confident attitude toward something; a particular style of thinking about something
62. he____y laughter *adj.* characterized by vigor, strength, or robustness; showing warmth or enthusiasm of feeling; large and filling (referring to a meal or portions of food)
63. r__l system *n.* a long, thin piece of metal or wood that is used to make fences or as a support for something; (verb) to complain bitterly
64. pa_____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
65. refined sim_____ty *n.* the quality or condition of being natural and plain or easy to understand or do

ANSWERS: 56. complexity, 57. comfort, 58. norm, 59. symptom, 60. simplicity, 61. perspective, 62. hearty, 63. rail, 64. patient, 65. simplicity

66. st___e a blow *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
67. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
68. awkward g__t *n.* a person's manner of walking, running, or moving on foot; a particular pattern or style of movement or locomotion
69. a con_____us row of warehouses *adj.* occurring or existing without a pause or interruption
70. get ne_____s *adj.* worried and anxious about something; relating to the nerves
71. ob_____e a tradition *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
72. ab___t departure *adj.* sudden and unexpected
73. st___e up a conversation *v.* to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
74. sp__l a bit of wine *v.* to cause or allow liquid to run or flow over the edge of its container by accident
75. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 66. strike, 67. suffer, 68. gait, 69. continuous, 70. nervous, 71. observe, 72. abrupt, 73. strike, 74. spill, 75. develop

76. mul_____ted problem *adj.* having many different aspects, features, or sides; complex and varied
77. tr___r frequency *n.* a small earthquake or shaking or vibrating
78. brisk g__t *n.* a person's manner of walking, running, or moving on foot; a particular pattern or style of movement or locomotion
79. a per_____ve view *n.* a confident attitude toward something; a particular style of thinking about something
80. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
81. sup_____al wound *adj.* existing or occurring only at or on the surface; appearing to be true or real only until examined more closely
82. sc___d dog *adj.* afraid or frightened
83. the il_____on of being in the forest *n.* a false idea or belief, especially about somebody or about a situation
84. look surprisingly h__e *adj.* in good health and physical condition; strong and robust
85. feel co_____nt *adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future
86. tec_____cal policy *adj.* based on scientific and industrial progress
87. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 76. multifaceted, 77. tremor, 78. gait, 79. perspective, 80. embarrass, 81. superficial, 82. scared, 83. illusion, 84. hale, 85. confident, 86. technological, 87. stick

88. co_____t level *n.* a state of physical ease and freedom from pain or constraint
89. con_____us improvement *adj.* occurring or existing without a pause or interruption
90. yield cu___e *n.* a bend or angle in a line or surface that deviates from a straight or flat path; a gradual or smooth change in direction or shape
91. boundless cu_____ty *n.* a strong desire to know or learn about something
92. non-syn_____us mutation *adj.* having the same or a similar meaning as another word or phrase
93. h___e complexion *adj.* in good health and physical condition; strong and robust
94. tr_____te the emotion to a movement *v.* to convert or change words into another language
95. satisfy my intellectual cu_____ty *n.* a strong desire to know or learn about something
96. em_____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
97. co_____e chemically with another substance *v.* to join or merge to form a single thing or group
98. pa_____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

ANSWERS: 88. comfort, 89. continuous, 90. curve, 91. curiosity, 92. synonymous, 93. hale, 94. translate, 95. curiosity, 96. empathy, 97. combine, 98. patient

99. colorless li___d *n.* a substance, such as water or oil that flows freely and is neither a solid nor a gas
100. beetle up the st_____se *n.* a set of stairs inside a building, usually with posts and bars that are fixed at the side
101. optical il_____on *n.* a false idea or belief, especially about somebody or about a situation
102. deg_____te into recession *v.* (of a person, animal, or plant) to become worse in health or physical condition
103. co___n's family *n.* the child of your aunt or uncle
104. com_____ty theory *n.* the state or quality of being complicated or intricate and difficult to understand
105. a flight of fa___y *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
106. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
107. eve_____ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
108. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 99. liquid, 100. staircase, 101. illusion, 102. degenerate, 103. cousin, 104. complexity, 105. fancy, 106. shock, 107. eventually, 108. stick

109. ind_____nce ceremony

n. freedom from another's or others' control or influence

110. di_____e prevention

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 109. independence, 110. disease

Session 3: Fill in the Blanks

1. _____ advances have disrupted many industries.
adj. based on scientific and industrial progress
2. The _____ soup warmed us up on the cold winter day.
adj. characterized by vigor, strength, or robustness; showing warmth or enthusiasm of feeling; large and filling (referring to a meal or portions of food)
3. The doctor carefully examined the _____ medical history.
n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
4. The _____ in the road was so sharp that I had to slow down to navigate it safely.
n. a bend or angle in a line or surface that deviates from a straight or flat path; a gradual or smooth change in direction or shape
5. Even though the hiker was 70 years old, he was _____ enough to climb the mountain.
adj. in good health and physical condition; strong and robust
6. The _____ waiter accidentally spilled a tray of drinks on a customer.
adj. lacking in grace or skill; awkward; cumbersome
7. I don't _____ acting in such an important role.
v. to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

ANSWERS: 1. Technological, 2. hearty, 3. patient's, 4. curve, 5. hale, 6. clumsy, 7. fancy

8. I'm _____ of insects.

adj. afraid or frightened

9. He found _____ in the warm embrace of his loved ones.

n. a state of physical ease and freedom from pain or constraint

10. I ____ that you know it.

v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

11. We are motivated by _____ rather than necessity.

n. a strong desire to know or learn about something

12. The patient displays a _____ of a side effect.

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

13. I'm not _____ in our victory.

adj. feeling sure about your abilities or qualities or having trust in people, plans, or the future

14. We must _____ a new system to streamline our workflow and increase efficiency.

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

15. His father's death changed his whole _____ on life.

n. a confident attitude toward something; a particular style of thinking about something

ANSWERS: 8. scared, 9. comfort, 10. bet, 11. curiosity, 12. symptom, 13. confident, 14. develop, 15. perspective

16. The doctor diagnosed him with a rare _____ that had no known cure.
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
17. You _____ a bill in the change machine, and the coins pop out.
v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
18. The heavy snow has been _____ since last morning.
adj. occurring or existing without a pause or interruption
19. The job requires excellent communication skills and a _____ approach to problem-solving.
adj. having many different aspects, features, or sides; complex and varied
20. _____ is also necessary to understand history.
n. the ability to share another person's feelings or experiences by imagining that person's situation
21. The sudden, _____ change in weather caught everyone by surprise.
adj. sudden and unexpected
22. He got an electric _____ at work.
n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
23. We _____ for an overseas expansion.
v. to try or plan to get or achieve something

ANSWERS: 16. disease, 17. stick, 18. continuous, 19. multifaceted, 20. Empathy, 21. abrupt, 22. shock, 23. aim

24. The once-thriving city has _____ into a crime-ridden slum.
v. (of a person, animal, or plant) to become worse in health or physical condition
25. The older man _____ from arthritis and finds it difficult to move around.
v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
26. We heard their _____ laments throughout the night.
adj. making people feel sorrow or sympathy; very small or poor
27. The soccer player was able to _____ the ball away from the goal.
v. to cause something, especially a criticism or attack, to be directed away from someone
28. The patient's health _____ rapidly after being diagnosed with the disease.
v. to become worse in quality; to decline or degenerate
29. The children leaned over the bridge _____ to watch the fish swimming below.
n. a long, thin piece of metal or wood that is used to make fences or as a support for something; (verb) to complain bitterly
30. The journalist's _____ reporting should have captured the full scope of the issue.
adj. existing or occurring only at or on the surface; appearing to be true or real only until examined more closely
31. It is important to _____ safety procedures in the workplace to prevent accidents.
v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

ANSWERS: 24. degenerated, 25. suffers, 26. pitiful, 27. deflect, 28. deteriorated, 29. rail, 30. superficial, 31. observe

32. The systems we have developed has accepted as industry _____.
n. something that is regarded as usual, typical, or standard
33. He looked for an opportunity to _____ that actor in public.
v. to cause someone to feel awkward, worried, or ashamed
34. This device is used to _____ brain cancer and other tumors.
v. to determine or distinguish the nature of a problem or an illness through a careful analysis
35. The bad _____ caused several buildings to collapse.
n. a small earthquake or shaking or vibrating
36. _____ the text from Italian into English.
v. to convert or change words into another language
37. The corporation _____ dominated the entire tobacco business.
adv. finally, particularly after a long time or a lot of struggle, complications, and so on
38. The sponge takes up the _____ well.
n. a substance, such as water or oil that flows freely and is neither a solid nor a gas
39. The project's _____ made it difficult for the team to complete it on time.
n. the state or quality of being complicated or intricate and difficult to understand
40. He was determined to _____ everything.
v. to cause or allow liquid to run or flow over the edge of its container by accident

ANSWERS: 32. norms, 33. embarrass, 34. diagnose, 35. tremor, 36. Translate, 37. eventually, 38. liquid, 39. complexity, 40. spill

41. The phrase "big shot" and "important person" are _____.
adj. having the same or a similar meaning as another word or phrase
42. She walked urgently down the emergency _____.
n. a set of stairs inside a building, usually with posts and bars that are fixed at the side
43. The toad altered its appearance to better _____ in with its new environments.
v. to mix or combine two or more substances
44. I used to play with my younger male _____ when I was a little girl.
n. the child of your aunt or uncle
45. The older woman's _____ was slow and unsteady.
n. a person's manner of walking, running, or moving on foot; a particular pattern or style of movement or locomotion
46. We _____ to achieve more wages and safer working conditions.
v. to wallop somebody or something with the hand, fist, or weapon; to have an emotional or cognitive impact upon
47. The _____ of the city was overwhelming.
n. a loud, confused noise; a loud, persistent racket
48. He _____ the heavy suitcase behind him as he walked.
v. to pull or haul with force
49. We gained various _____ by analyzing the vast amount of data owned by the company.
n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

ANSWERS: 41. synonymous, 42. staircase, 43. blend, 44. cousins, 45. gait, 46. strike, 47. din, 48. dragged, 49. insights

50. He suffers from _____ breakdowns.

adj. worried and anxious about something; relating to the nerves

51. Who answers _____ knows little.

adv. quickly and unexpectedly

52. He liked the car because of the _____ of the design.

n. the quality or condition of being natural and plain or easy to understand or do

53. There is nothing more valuable than _____ and freedom.

n. freedom from another's or others' control or influence

54. He could no longer tell the difference between _____ and reality.

n. a false idea or belief, especially about somebody or about a situation

55. Hydrogen and oxygen _____ to form water.

v. to join or merge to form a single thing or group

ANSWERS: 50. nervous, 51. suddenly, 52. simplicity, 53. independence, 54. illusion, 55. combine