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Vocabulary Builder Reference from...

Mileha Soneji: Simple hacks for life with Parkinson's | TED Talk

https://www.ted.com/talks/mileha_soneji_simple_hacks_for_life_with_parkinson_s

Advanced Words Only

IMPORTANT

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Session 1: Word List

hale

adj. in good health and physical condition; strong and robust
synonym : healthy, well, robust

(1) look surprisingly **hale**, (2) **hale** complexion

Even though the hiker was 70 years old, he was **hale** enough to climb the mountain.

hearty

adj. characterized by vigor, strength, or robustness; showing warmth or enthusiasm of feeling; large and filling (referring to a meal or portions of food)

synonym : wholesome, robust, healthy

(1) **hearty** meal, (2) **hearty** laughter

The **hearty** soup warmed us up on the cold winter day.

deteriorate

v. to become worse in quality; to decline or degenerate
synonym : decline, degenerate, regress

(1) **deteriorate** at a slow pace, (2) **deteriorate** condition

The patient's health **deteriorated** rapidly after being diagnosed with the disease.

degenerate

v. (of a person, animal, or plant) to become worse in health or physical condition

synonym : deteriorate, decline, decay

(1) **degenerate** into a disagreement, (2) **degenerate** into

recession

The once-thriving city has **degenerated** into a crime-ridden slum.

tremor

n. a small earthquake or shaking or vibrating

synonym: shaking, quivering, trembling

(1) a **tremor** of delight, (2) **tremor** frequency

The bad **tremor** caused several buildings to collapse.

pitiful

adj. making people feel sorrow or sympathy; very small or poor

synonym: miserable, contemptible, sorry

(1) a **pitiful** fate, (2) cast **pitiful** eyes

We heard their **pitiful** laments throughout the night.

multifaceted

adj. having many different aspects, features, or sides; complex and varied

synonym: complex, diverse, versatile

(1) a **multifaceted** undertaking, (2) **multifaceted** problem

The job requires excellent communication skills and a **multifaceted** approach to problem-solving.

embarrass

v. to cause someone to feel awkward, worried, or ashamed

synonym: disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project

He looked for an opportunity to **embarrass** that actor in public.

deflect

v. to cause something, especially a criticism or attack, to be directed away from someone

synonym: deter, redirect, sidetrack

(1) **deflect** a blow, (2) **deflect** his criticism

The soccer player was able to **deflect** the ball away from the goal.

clumsy

adj. lacking in grace or skill; awkward; cumbersome

synonym : awkward, ungainly, inept

(1) **clumsy** at sports, (2) **clumsy** attempt

The **clumsy** waiter accidentally spilled a tray of drinks on a customer.

superficial

adj. existing or occurring only at or on the surface; appearing to be true or real only until examined more closely

synonym : shallow, facile, cursory

(1) **superficial** wound, (2) **superficial** knowledge

The journalist's **superficial** reporting should have captured the full scope of the issue.

staircase

n. a set of stairs inside a building, usually with posts and bars that are fixed at the side

synonym : stairway, stairwell

(1) spiral **staircase**, (2) beetle up the **staircase**

She walked urgently down the emergency **staircase**.

abrupt

adj. sudden and unexpected

synonym : sudden, unexpected, quick

(1) **abrupt** departure, (2) speak in an **abrupt** manner

The sudden, **abrupt** change in weather caught everyone by surprise.

gait

n. a person's manner of walking, running, or moving on foot; a particular pattern or style of movement or locomotion

synonym : pace, stride, step

(1) awkward **gait**, (2) brisk **gait**

The older woman's **gait** was slow and unsteady.

synonymous

adj. having the same or a similar meaning as another word or phrase

synonym : equivalent, interchangeable, similar

(1) **synonymous** terms, (2) non- **synonymous** mutation

The phrase "big shot" and "important person" are **synonymous**.

empathy

n. the ability to share another person's feelings or experiences by imagining that person's situation

synonym: compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients

Empathy is also necessary to understand history.

Session 2: Spelling

1. cl___y attempt *adj.* lacking in grace or skill; awkward; cumbersome
2. a mul_____ted undertaking *adj.* having many different aspects, features, or sides; complex and varied
3. deg_____te into a disagreement *v.* (of a person, animal, or plant) to become worse in health or physical condition
4. det_____te condition *v.* to become worse in quality; to decline or degenerate
5. speak in an ab___t manner *adj.* sudden and unexpected
6. beetle up the st_____se *n.* a set of stairs inside a building, usually with posts and bars that are fixed at the side
7. det_____te at a slow pace *v.* to become worse in quality; to decline or degenerate
8. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
9. ab___t departure *adj.* sudden and unexpected
10. awkward g__t *n.* a person's manner of walking, running, or moving on foot; a particular pattern or style of movement or locomotion
11. em_____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
12. brisk g__t *n.* a person's manner of walking, running, or moving on foot; a particular pattern or style of movement or locomotion

ANSWERS: 1. clumsy, 2. multifaceted, 3. degenerate, 4. deteriorate, 5. abrupt, 6. staircase, 7. deteriorate, 8. embarrass, 9. abrupt, 10. gait, 11. embarrass, 12. gait

13. de____t a blow *v.* to cause something, especially a criticism or attack, to be directed away from someone
14. de____t his criticism *v.* to cause something, especially a criticism or attack, to be directed away from someone
15. syn_____us terms *adj.* having the same or a similar meaning as another word or phrase
16. a tr____r of delight *n.* a small earthquake or shaking or vibrating
17. sup_____al knowledge *adj.* existing or occurring only at or on the surface; appearing to be true or real only until examined more closely
18. cl____y at sports *adj.* lacking in grace or skill; awkward; cumbersome
19. he____y laughter *adj.* characterized by vigor, strength, or robustness; showing warmth or enthusiasm of feeling; large and filling (referring to a meal or portions of food)
20. em____y for patients *n.* the ability to share another person's feelings or experiences by imagining that person's situation
21. mul_____ted problem *adj.* having many different aspects, features, or sides; complex and varied
22. tr____r frequency *n.* a small earthquake or shaking or vibrating
23. a pi____l fate *adj.* making people feel sorrow or sympathy; very small or poor
24. cast pi____l eyes *adj.* making people feel sorrow or sympathy; very small or poor

ANSWERS: 13. deflect, 14. deflect, 15. synonymous, 16. tremor, 17. superficial, 18. clumsy, 19. hearty, 20. empathy, 21. multifaceted, 22. tremor, 23. pitiful, 24. pitiful

25. non-syn_____us mutation *adj.* having the same or a similar meaning as another word or phrase
26. h__e complexion *adj.* in good health and physical condition; strong and robust
27. sup_____al wound *adj.* existing or occurring only at or on the surface; appearing to be true or real only until examined more closely
28. look surprisingly h__e *adj.* in good health and physical condition; strong and robust
29. he___y meal *adj.* characterized by vigor, strength, or robustness; showing warmth or enthusiasm of feeling; large and filling (referring to a meal or portions of food)
30. spiral st_____se *n.* a set of stairs inside a building, usually with posts and bars that are fixed at the side
31. deg_____te into recession *v.* (of a person, animal, or plant) to become worse in health or physical condition
32. full of em_____y *n.* the ability to share another person's feelings or experiences by imagining that person's situation

ANSWERS: 25. synonymous, 26. hale, 27. superficial, 28. hale, 29. hearty, 30. staircase, 31. degenerate, 32. empathy

Session 3: Fill in the Blanks

1. The sudden, _____ change in weather caught everyone by surprise.
adj. sudden and unexpected
2. We heard their _____ laments throughout the night.
adj. making people feel sorrow or sympathy; very small or poor
3. The journalist's _____ reporting should have captured the full scope of the issue.
adj. existing or occurring only at or on the surface; appearing to be true or real only until examined more closely
4. The once-thriving city has _____ into a crime-ridden slum.
v. (of a person, animal, or plant) to become worse in health or physical condition
5. The phrase "big shot" and "important person" are _____.
adj. having the same or a similar meaning as another word or phrase
6. The _____ soup warmed us up on the cold winter day.
adj. characterized by vigor, strength, or robustness; showing warmth or enthusiasm of feeling; large and filling (referring to a meal or portions of food)
7. _____ is also necessary to understand history.
n. the ability to share another person's feelings or experiences by imagining that person's situation
8. The soccer player was able to _____ the ball away from the goal.
v. to cause something, especially a criticism or attack, to be directed away from someone

ANSWERS: 1. abrupt, 2. pitiful, 3. superficial, 4. degenerated, 5. synonymous, 6. hearty, 7. Empathy, 8. deflect

9. The bad _____ caused several buildings to collapse.

n. a small earthquake or shaking or vibrating

10. She walked urgently down the emergency _____.

n. a set of stairs inside a building, usually with posts and bars that are fixed at the side

11. The older woman's _____ was slow and unsteady.

n. a person's manner of walking, running, or moving on foot; a particular pattern or style of movement or locomotion

12. The _____ waiter accidentally spilled a tray of drinks on a customer.

adj. lacking in grace or skill; awkward; cumbersome

13. The job requires excellent communication skills and a _____ approach to problem-solving.

adj. having many different aspects, features, or sides; complex and varied

14. The patient's health _____ rapidly after being diagnosed with the disease.

v. to become worse in quality; to decline or degenerate

15. Even though the hiker was 70 years old, he was _____ enough to climb the mountain.

adj. in good health and physical condition; strong and robust

16. He looked for an opportunity to _____ that actor in public.

v. to cause someone to feel awkward, worried, or ashamed

ANSWERS: 9. tremor, 10. staircase, 11. gait, 12. clumsy, 13. multifaceted, 14. deteriorated, 15. hale, 16. embarrass

ANSWERS: