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Vocabulary Builder Reference from...

Guillaume Néry: The exhilarating peace of freediving | TED Talk

https://www.ted.com/talks/guillaume_nery_the_exhilarating_peace_of_freediving

All Words

IMPORTANT

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Session 1: Word List

announcer

n. a person who introduces and speaks on television or radio programs or provides commentary or information at a live event

synonym: emcee, broadcaster, commentator

(1) public address **announcer**, (2) radio **announcer**

The sports **announcer** provided live commentary during the game.

constant

adj. happening repeatedly or all the time

synonym: ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

attempt

n. an act or effort of trying to do something, especially something difficult

synonym : endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

judge

n. a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something

synonym : arbiter, justice, (verb) deduce

(1) **judge** a competition, (2) an associate **judge**

The strict **judge** ruled in favor of the plaintiff in the case.

dive

v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

synonym : dip, leap, plunge

(1) **dive** into anime communities, (2) **dive** off a cliff

The sperm whale can **dive** to 1,000 meters.

breath

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

synonym : air, puff, whiff

(1) hold your **breath**, (2) **breath** of wind

He bated his **breath** when talking about this affair.

possibility

n. a chance that something may happen or be true

synonym : chance, prospect, likelihood

(1) **possibility** for growth, (2) **possibility** of a major earthquake

The **possibility** of getting the disease will drastically increase.

physiological

adj. relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body

synonym : biological, organic, bodily

(1) **physiological** response, (2) **physiological** activity
The doctor explained the various **physiological** changes that occur during pregnancy.

intense

adj. (especially of a feeling) very strong; extremely sharp or severe

synonym: extreme, fierce, harsh

(1) **intense** heat, (2) develop **intense** itching

That statement by the prime minister drew **intense** international criticism.

technique

n. a particular way or art of doing something that needs skill

synonym: approach, procedure, strategy

(1) a **technique** in martial arts, (2) the **technique** applied to construction

Jockey's superior **technique** brought him victory.

carp

n. a type of freshwater fish found in many parts of the world, typically with a scaleless body, barbels around the mouth, and erect fins; to complain or find fault with something repeatedly

synonym: fish, minnow

(1) **carp** fishing, (2) **carp** streamers

The fisherman showed off his biggest **carp** catch of the day.

lung

n. either of the two organs in the chest that people and some animals use for breathing

(1) **lung** capacity, (2) do **lung** transplantation

He has terminal **lung** cancer.

compress

v. to press or squeeze together to make something take up less space

synonym: condense, constrict, squeeze

(1) **compress** the chest, (2) **compress** gas

She **compressed** the files into a single ZIP archive to save

space on her computer.

mechanism

n. a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction

synonym: means, method, system

(1) the **mechanism** for DNA replication, (2) defense **mechanism**

He discovered unique **mechanisms** for photochemical reactions.

reflex

n. an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli

synonym: reaction, response, instinct

(1) **reflex** test, (2) knee **reflex**

My leg kicked involuntarily when the doctor tapped my knee with the **reflex** hammer.

immediately

adv. now or without delay

synonym: directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**

A suspension order from the court is effective **immediately**.

peripheral

adj. relating to, located on or near, or constituting an outer boundary or edge; not central or essential

synonym: outer, minor, secondary

(1) **peripheral** vision, (2) **peripheral** devices

The city's **peripheral** areas should be given more attention regarding infrastructure and resources.

vasoconstriction

n. the narrowing or constriction of blood vessels, particularly the contraction of smooth muscles in the vessel walls, which can result in reduced blood flow

synonym: narrowing, constriction, tightness

(1) induced **vasoconstriction**, (2) peripheral

vasoconstriction

The body responds to cold temperatures through **vasoconstriction** to preserve heat.

extremity

n. the farthest or most remote point or the greatest or the highest degree

synonym: end, tip, limit

(1) **extremity** injury, (2) **extremity** amputation

He broke his arm at the **extremity** of the bone.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

underwater

adv. below or under the surface of the water

synonym: submerged, undersea, submarine

(1) hold my breath **underwater**, (2) seals sleep **underwater**

He is good at swimming **underwater**.

characteristic

n. a typical feature or quality that can identify, tell apart, or describe something or somebody

synonym: feature, quality, attribute

(1) stripes **characteristic** of the zebra, (2) my friend's **characteristic** laugh

Bananas have their **characteristic** taste and odor.

extraordinary

adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual

synonym: exceptional, noteworthy, astonishing

(1) **extraordinary** ability, (2) **extraordinary** weather

He narrated the **extraordinary** story of his adventure.

instinct

n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

synonym : intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**
When faced with a dangerous situation, his initial **instinct** was to flee.

marine

adj. relating to the sea and the creatures and plants that live there

synonym : sea-dwelling, maritime, aquatic

(1) **marine** insurance, (2) variety of **marine** life

Seals and whales are **marine** animals beloved by the people.

dolphin

n. a marine mammal that typically has a beaklike snout, a streamlined body, and flippers and that feeds on fish and squid

synonym : porpoise, cetacean, marine mammal

(1) **dolphin** show, (2) **dolphin-watching** tour

The large group of **dolphins** swam gracefully in the ocean, jumping out of the water now and then.

whale

n. a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities

synonym : porpoise, giant

(1) a bull **whale**, (2) **whale** watching

Some countries have a culture of eating the flesh of a **whale**.

extent

n. the point or degree or area to which something extends

synonym : amount, degree, intensity

(1) certain **extent**, (2) the **extent** of the damage

I was amazed at the **extent** of her generosity.

absolutely

adv. without restriction or limitation; completely or utterly

synonym : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

fascinating

adj. extremely interesting

synonym : alluring, intriguing, captivating

(1) **fascinating** story, (2) completely **fascinating** to me
The museum houses a **fascinating** collection of Celtic artifacts.

descend

v. to move downward and lower; to come from, or to be connected by a relationship of blood

synonym : dip, drop, come down

(1) **descend** a steep hill, (2) **descend** by elevator
She was **descended** from an old Italian noble family.

confidence

n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something

synonym : self-trust, certainty, belief

(1) **confidence** as a teacher, (2) boost my **confidence**
Skill and **confidence** are an unconquered army.

squeeze

v. to apply pressure from two or more sides; to hold someone or something tightly in your arms, usually with fondness

synonym : compress, crush, clamp

(1) **squeeze** a lemon, (2) **squeeze** a confession
She **squeezed** the toothpaste tube from the middle to get the last bit out.

dense

adj. containing a large number of people or something with little space between them

synonym : heavy, thick, idiotic

(1) nutrient- **dense** foods, (2) **dense** forests
The entire mountain is covered in **dense** rainforest.

depth

n. the distance between the top and bottom of something; between the top surface and a distance below it

synonym : deepness, profoundness, extent

(1) **depth** camera, (2) the **depth** of the water

The pond's **depth** was around five feet.

phase

n. any stage in a series of events, change, or development
synonym : degree, stage, step

(1) enter on the last **phase**, (2) two- **phase** structure

The era of the industrial revolution was a crucial **phase** of history.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym : motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

slide

v. to move or cause to move smoothly along a surface without interruption

synonym : glide, drift, drop

(1) **slide** a card across the table, (2) **slide** a glance

If necessary, you can **slide** the front seats forward.

residual

adj. relating to or constituting a remainder or leftover portion; remaining after other elements or factors have been removed or taken into account

synonym : residuary, leftover, remaining

(1) **residual** waste, (2) **residual** income

The scientist found **residual** traces of the chemical in the water sample.

volume

n. the amount of space occupied by an object or substance; the magnitude of sound

synonym: capacity, amount, intensity

(1) **volume** of work, (2) high **volume**

This container has a **volume** of 10 cubic meters.

suppose

v. to think that something is likely to be actual or possible

synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand

What do you **suppose** the culprit's motive was?

shift

n. a slight transition in position, direction, or trend

synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

pulmonary

adj. relating to the lungs or the respiratory system

synonym: pneumonic, respiratory, breath

(1) **pulmonary** embolism, (2) **pulmonary** function test

The patient was admitted to the hospital with **pulmonary** hypertension.

erect

v. to construct or build something; to cause to rise;
(adjective) upright or vertical

synonym: build, set up, construct

(1) **erect** structure, (2) keep the flagpole **erect**

The workers were able to **erect** the tent in just a few minutes.

prefer

v. to like, choose, or want one thing or person better than another

synonym: choose, like, favor

(1) **prefer** physics to chemistry, (2) **prefer** a window seat

The birds **prefer** open water areas with reeds around them.

capillary

n. a tube of small internal diameter; any of the minute tubes that carry blood

(1) a **capillary** tube, (2) **capillary** action

There are many **capillary** vessels in the gills of fish.

engorge

v. to fill up or become swollen with blood or another bodily fluid; to eat or drink excessively to the point of becoming overfull or uncomfortable

synonym: swell, fill, gorge

(1) **engorge** with water during rainy periods, (2) **engorge** with food

The mosquito's abdomen began to **engorge** with blood after it pierced the skin.

suction

n. the action of drawing something towards or into a vacuum or partial vacuum

synonym: vacuum, sucking

(1) **suction** aspiration, (2) **suction** device

The **suction** cup was able to lift the heavy object with ease.

cavity

n. an empty space or hollowness within a solid object, especially within the body, such as a tooth or bone; a hole or depression in a surface or the ground

synonym: hollows, holes, indenture

(1) tooth **cavity**, (2) **cavity** filling

I have a **cavity** in one of my molars and must schedule a dentist appointment.

crush

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

synonym: destroy, demolish, pulverize

(1) **crush** coffee beans, (2) **crush** a revolt

The car was completely **crushed** in the accident.

collapse

v. to fall down or give way suddenly, often after breaking apart

synonym: tumble, spill, bankruptcy

(1) the stock market **collapsed**, (2) ready to **collapse**

The roof finally **collapsed** after three days and three nights of heavy snowfall.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

cave

n. a large hole in the side of a hill, cliff, mountain, or under the ground

synonym : cavern, grotto, burrow

(1) domiciliary **caves**, (2) the mouth of the **cave**

Bats reside in sheltered **caves**.

phenomenon

n. something that exists and can be perceptible, especially one that is not fully understood

synonym : marvel, wonder, splendor

(1) natural **phenomenon**, (2) historical **phenomenon**

A rainbow is a natural **phenomenon**.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

suffocate

v. to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

synonym : choke, smother, stifle

(1) **suffocate** to death, (2) **suffocate** fire

People can **suffocate** from a lack of oxygen in confined spaces.

diaphragm

- n.* a large, dome-shaped muscle located at the bottom of the chest cavity, essential for breathing and separating the chest and abdomen; a shallow, dome-shaped device with a flexible rim that is inserted into the vagina to cover the cervix and prevent sperm from reaching the uterus, serving as a method of birth control

synonym : midriff, pessary, shield

- (1) **diaphragm** birth control, (2) **diaphragm** activity

Individuals with a weak **diaphragm** may experience difficulty breathing during physical activity.

rib

- n.* each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule

synonym : costa

- (1) brake a **rib**, (2) **rib** cage

The accident caused a cracked **rib**.

cage

- n.* a structure made of metal bars or wire in which birds or animals can be kept

synonym : enclosure, jail, corral

- (1) an insect **cage**, (2) a bird in a **cage**

The trapped bear is running amok in its **cage**.

rely

- v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

synonym : depend, count, lean

- (1) **rely** on convenience stores, (2) **rely** entirely on him

Babies heavily **rely** on others for food.

resist

- v.* to refuse to accept something and attempt to prevent it from happening

synonym : fight, defy, revolt

- (1) **resist** temptation, (2) **resist** being kissed

I chose to **resist** cancer by trying every possible treatment.

- spit**
- v. to eject saliva or other liquid from the mouth
synonym: expectorate, saliva, spew
- (1) **spit** a bullet, (2) **spit** a mouthful of saliva
She tried to **spit** out the gum that she had been chewing.
- develop**
- v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
synonym: evolve, progress, advance
- (1) **develop** a strategy, (2) **develop** a skill
We must **develop** a new system to streamline our workflow and increase efficiency.
- edema**
- n. the abnormal accumulation of fluid in the body's tissues, causing swelling and often resulting from an underlying medical condition or injury
synonym: swelling, hydrops, dropsy
- (1) **edema** swelling, (2) pulmonary **edema**
The patient was diagnosed with peripheral **edema**, a tissue fluid build-up.
- relax**
- v. to become or cause someone to become less active or tense and calmer
synonym: soften, comfort, soothe
- (1) **relax** a series of muscles, (2) **relax** at home
The rules were **relaxed** after the new executive arrived.
- relinquish**
- v. to give up power, control, or possession
synonym: surrender, give up, abandon
- (1) **relinquish** control, (2) **relinquish** all hope
She decided to **relinquish** her role as the leader of the group.
- cocoon**
- n. a protective covering spun by some insects and other invertebrates

synonym : chrysalis, pupa, case

(1) **cocoon** silk, (2) a dried **cocoon**

The caterpillar spins a **cocoon** around itself before turning into a butterfly.

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym : fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

athlete

n. a person who competes in one or more sports that involve physical strength, speed, or endurance

synonym : player, contestant, jock

(1) become a professional **athlete**, (2) high school **athletes**

His dream is to become an Olympic **athlete**.

diver

n. a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey

synonym : plunger, frogman, loon

(1) professional **diver**, (2) deep-sea **diver**

The search and rescue team sent a team of **divers** to search for the missing plane wreckage.

symbol

n. something visible that is used to represent something else

synonym : mark, character, insignia

(1) **symbol** color, (2) **symbol** for happiness

The dragon is considered a **symbol** of bravery.

physiology

n. the branch of the biological sciences dealing with the functioning of organisms

(1) human **physiology**, (2) **physiology** research

Physiology is the science of how living things work.

mathematics

n. the science dealing with the logic of quantities, shapes, spaces, and arrangement

synonym : arithmetic, calculation, calculus

(1) a good grounding in **mathematics**, (2) **mathematics** competition

He has a flair for **mathematics**.

predict

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

synonym : forecast, anticipate, foresee

(1) **predict** the future, (2) **predict** when she will arrive

It's notoriously challenging to **predict** birth rates.

implode

v. to collapse inward violently or burst inward with a sudden release of energy; to disintegrate or break down suddenly and completely

synonym : collapse, crumble, disintegrate

(1) **implode** building, (2) **implode** business

The banking industry feared the economy would **implode** due to risky investments.

hero

n. a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities

synonym : champion, protagonist, savior

(1) local **hero**, (2) unsung **hero**

The soldier who sacrificed his life for his country is considered a national **hero**.

balloon

n. a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated

synonym : aerostat, blimp, (verb) billow out

(1) **balloon** ride, (2) **balloon** into a severe political problem

The satellite **balloon** slowly ascended into the sky.

strength

n. the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**

Health and **strength** are, above all, gold.

sweep

v. to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly

synonym: clean, clear, brush off

(1) **sweep** up dead leaves, (2) **sweep** a room with a glance

The politician tried to **sweep** the embarrassing incident under the rug.

rid

v. to make someone or something free of unwanted or unpleasant tasks, objects, or person

synonym: do away with, free, clear

(1) get **rid** of the rats, (2) **rid** the body of waste products

We must **rid** ourselves of pollution.

theoretical

adj. relating to the concepts and principles upon which a particular topic is founded, rather than practice and experience

synonym: conceptual, conjectural, ideal

(1) **theoretical** models, (2) **theoretical** physicist

Absolute zero is the lowest **theoretical** temperature.

impose

v. to officially force a new law, tax, duty, etc. to be obeyed or received

synonym: charge, levy, foist

(1) **impose** harsher sanctions, (2) **impose** tariffs

The problem with achievement tests is the narrowness they **impose** on students.

infinite

adj. unlimited or very great; impossible to measure

synonym: boundless, countless, limitless

(1) **infinite** appetite, (2) **infinite** in supply

The battle had an **infinite** impact on the nation.

adapt

v. to make fit for or change to suit a new purpose or environment

synonym: adjust, acclimate, accustom

(1) **adapt** fully to the environment, (2) **adapt** as needed
I advised him to **adapt** to his new surroundings.

horrible

adj. extremely unpleasant or bad; causing fear or disgust

synonym: dreadful, terrible, awful

(1) **horrible** accident, (2) **horrible** smell

The experience was **horrible** and left a lasting impression.

hell

n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

synonym: inferno, agony, misery

(1) run like **hell**, (2) **hell** broke loose

The battlefield became **hell** on earth.

insane

adj. extremely stupid, crazy, or dangerous; mentally ill

synonym: crazy, mad, foolish

(1) go **insane** with pleasure, (2) an **insane** scheme

Her excessive demands drove me **insane**.

well-being

n. the state of being happy and healthy and prosperous

synonym: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

release

v. to set free or allow to escape from confinement

synonym: free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back

into the wild.

dot *n.* a very small circular mark, especially one that is printed
synonym : drop, dab, fleck
(1) connecting the **dots**, (2) **dot** blot method
The wallpaper had a pattern of pink **dots** on a white surface.

pale *adj.* having skin that is very light colored; lacking in vitality or interest or effectiveness
synonym : sallow, faint, ashen
(1) a **pale** complexion, (2) **pale** pink
She turned **pale** when she heard the news.

arrow *n.* a thin, pointed projectile designed to be shot from a bow; a symbol or pointer that is shaped like an arrow
synonym : shaft, dart, projectile
(1) **arrow** pointing, (2) **arrow** diagram
The archer aimed his **arrow** carefully at the target.

planet *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
synonym : earth, world, globe
(1) **planet** like the Earth, (2) save the **planet**
Mercury is the closest **planet** to the sun.

photograph *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
synonym : photo, picture, snapshot
(1) **photograph** album, (2) **photograph** memories
I found an old **photograph** of my grandparents from their wedding day.

voyage *n.* a long journey, especially by sea or in space
synonym : journey, trip, excursion
(1) a **voyage** of discovery, (2) take a **voyage**

The astronaut trained for years before embarking on her **voyage** to the International Space Station.

probe

n. a tool used for testing or examining, especially for medical or scientific purposes, or an exploratory mission to a planet or other celestial body; (verb) to investigate, examine, or search into something

synonym: investigation, inquiry, examination

(1) a lunar **probe**, (2) **probe** for inside information

NASA sent a **probe** to study the atmosphere of Jupiter.

speck

n. a very small spot, piece, or amount

synonym: blot, dot, mark

(1) a **speck** of dust, (2) **speck** of suspicion

The plane was just a **speck** in the sky.

stardust

n. the particles of matter that exist in space and which are thought to be the remnants of stars and other cosmic events; a poetic or romantic term for anything believed to be magical or ethereal

synonym: cosmic dust, star matter, space debris

(1) **stardust** particles, (2) **stardust** trail

The universe is made up of **stardust** that formed after the Big Bang.

cosmos

n. another name for the universe, mainly used when it is thought of as an ordered system

synonym: universe, macrocosm

(1) exploration of **cosmos**, (2) origin of the **cosmos**

Supercomputers enable scientists to create computational models of the **cosmos**.

immense

adj. extremely large or great

synonym: enormous, giant, huge

(1) **immense** amount, (2) **immense** pressure

He left his wife an **immense** fortune.

nowhere

adv. not in, at, or to any place; not anywhere

(1) **nowhere** else to go, (2) come out of **nowhere**
I've been thinking all day and getting **nowhere**.

humility

n. the quality or condition of being humble; a low estimate of one's self

synonym: humbleness, modesty, unpretentiousness

(1) develop an attitude of **humility**, (2) lack of **humility**
We were filled with **humility** at the sight of the Queen.

humble

adj. having or showing a modest or low estimate of one's quality or importance

synonym: modest, unpretentious, abject

(1) a **humble** cottage, (2) **humble** opinion
The nobler, the more **humble**.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action
She couldn't **decide** whether to order the pizza or the pasta for dinner.

belong

v. to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

synonym: fit, be appropriate, be suitable

(1) **belong** to different species, (2) **belong** to a group
All the books in this section **belong** to the library's rare collection and must be handled carefully.

shock

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym: amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**
He got an electric **shock** at work.

narcotic

n. a drug or substance that dulls the senses and induces a state of lethargy or sleep; a drug that is illegal or highly regulated for medical use due to its ability to cause addiction or harm

synonym: drug, sedative, opiate

(1) **narcotic** drug, (2) **narcotic** addiction

The doctor prescribed a **narcotic** painkiller to alleviate her chronic pain.

nitrogen

n. a chemical element with the symbol N and atomic number 7, which is a highly reactive element that forms part of many compounds, including amino acids and proteins

(1) heavy **nitrogen**, (2) **nitrogen** absorption

Nitrogen gas is used to inflate car tires because it does not react with rubber.

scuba

n. an acronym for Self-Contained Underwater Breathing Apparatus, a device used for underwater diving

synonym: diving gear, underwater equipment

(1) **scuba** diving class, (2) **scuba** gear

The **scuba** divers explored the coral reefs to learn more about the ecosystem.

dissolve

v. to be or cause to be absorbed by a liquid to form a part of the solution; to close down or dismiss

synonym: disband, disappear, liquefy

(1) **dissolve** the sugar, (2) officially **dissolved** the marriage

The political party **dissolved** after much internal fighting.

confusion

n. the state of being mixed up or unclear, or the state of disorder or uncertainty

synonym: disorder, disarray, chaos

(1) administrative **confusion**, (2) in great **confusion**

The sudden policy change has caused **confusion** among employees.

conscious

adj. being aware of and able to respond to what is happening around you

synonym : aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

unconscious

adj. in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness

synonym : comatose, paralyzed, senseless

(1) **unconscious** bias, (2) a person who is **unconscious**

I know his **unconscious** habit that he touches his face when he lies.

flurry

n. a sudden and brief burst of activity or emotion; a light snowfall with gusty winds and swirling snowflakes; a rapid or disorganized movement of small objects, such as leaves or petals

synonym : burst, storm, bustle

(1) **flurry** of activity, (2) **flurry** of emails

A **flurry** of snowflakes fell from the sky as we stepped outside.

spinning

n. the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn

synonym : whirling, rotating, spinning wheel

(1) **spinning** machine, (2) **spinning** wheel

She took a **spinning** class at the gym to improve her cardiovascular fitness.

desire

n. a strong feeling of wanting to have or do something

synonym : ambition, appetite, greed

(1) unsatisfied **desire**, (2) fleshly **desire**

Low sexual **desire** typically correlates with low testosterone levels.

panic

n. a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action

synonym : confusion, hysteria, consternation

(1) a **panic** reaction, (2) **panic** buying

The participation of oil-producing countries in the war caused **panic** in the financial markets.

angel

n. a spiritual being believed to be a messenger of God often depicted as having wings and a halo

synonym : messenger, spirit, celestial being

(1) **angel** investors, (2) fallen **angel**

As she lay on her deathbed, a bright light appeared, and she saw a holy **angel** standing at the foot of her bed.

escort

n. a person or group of people accompanying someone for protection, guidance, or courtesy; a companion or attendant; a service or a person providing a service for accompanying someone or something to or from a destination

synonym : chaperone, guardian, attendant

(1) **escort** for VIPs, (2) personal **escort**

An **escort** of bodyguards surrounded the celebrity to keep fans safe.

adventure

n. a journey or a series of events that is unusual, exciting, or dangerous

synonym : experience, happening, incident

(1) gastronomic **adventures**, (2) **adventure** film

He sailed the Atlantic Ocean multiple times during his **adventures**.

norm

n. something that is regarded as usual, typical, or standard

synonym : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

buoyancy

n. the ability or tendency of an object to float in a fluid
synonym : flotation, levitation, airiness

(1) **buoyancy** principle, (2) **buoyancy** compensator

The object's **buoyancy** helped it float on the water's surface.

flood

n. a large amount of water flowing beyond its normal limits;
an overwhelming number or amount

synonym : deluge, downpour, overflow

(1) **flood** advisory, (2) a **flood** of questions

These heavy rains caused flash **floods** on several islands.

relief

n. a feeling of happiness and relaxation that comes when
something burdensome is removed or reduced

synonym : remedy, consolation, alleviation

(1) tax **relief**, (2) sigh of **relief**

He devoted his life to establishing a humanitarian **relief** fund.

oxygen

n. the chemical element with the symbol O that is present
in air and water and is necessary for people, animals,
and plants to live

(1) the hydrogen binds the **oxygen**, (2) lack of **oxygen**

The passenger grabbed for the **oxygen** mask.

molecule

n. a group of two or more atoms held together by attractive
forces known as chemical bonds

synonym : particle, element, atom

(1) small **molecules**, (2) **molecule** behavior

The shape of the DNA **molecule** is a double helix.

fuel

n. a substance that is typically burned to generate heat or
energy

synonym : energy, power, gas

(1) biomass **fuel**, (2) smokeless **fuel**

The **fuel** scarcity most severely impacted the manufacturing
sector

trauma

n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym : agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care

Many civilians have suffered **trauma** as a result of the war.

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

commotion

n. a state of confused and noisy disturbance

synonym : disturbance, fuss, uproar

(1) a few minutes of **commotion**, (2) make **commotion**

The **commotion** in the classroom made it hard for the teacher to teach.

velvet

n. plush, smooth fabric with a short pile on one side, typically made of silk, cotton, or a synthetic material

synonym : fabric, plush

(1) **velvet** couch, (2) **velvet** dress

The **velvet** curtains added a touch of elegance to the room.

rub

v. to move one's hand or an object over the surface of something with pressure

synonym : scrub, massage, stroke

(1) **rub** shoulders, (2) **rub** a glass window

She **rubbed** the sore spot on her leg to ease the pain.

squash

v. to forcefully crush or flatten something; to suppress, stifle, or defeat an idea or opposition forcefully

synonym : smash, crush, compress

(1) **squash** a package, (2) **squash** a rebellion

I like to **squash** my grapes when making homemade wine.

verify

v. to check that something exists or is true, or to prove that something is correct

synonym: affirm, ascertain, confirm

(1) **verify** a document, (2) **verify** identity

We always **verify** all critical information independently.

protocol

n. a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement

synonym: procedure, system, method

(1) draft a **protocol**, (2) **protocol** breach

The company has a strict **protocol** for handling sensitive information to ensure security.

clip

n. a small metal or plastic device used for holding an object or objects together or in place; a short part of electronic media, either an audio clip or video clip

synonym: buckle, hook, pin

(1) tie **clip**, (2) short video **clip**

He fastens some sheets of paper with a **clip**.

bilingual

n. a person who speaks two languages fluently; (adjective) involving or relating to two languages or language groups

synonym: biliterate, bicultural

(1) **bilingual** community, (2) **bilingual** education

The company is looking for a **bilingual** customer service representative.

celebrate

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

synonym: praise, glorify, honor

(1) **celebrate** his election, (2) **celebrate** Christmas

He **celebrated** the 10th anniversary of his tenure.

extreme

adj. very great in amount or degree

synonym : farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events

Solar gravity creates **extreme** pressures and temperatures.

competition

n. a situation in which someone is attempting to beat or outperform another

synonym : contest, match, fight

(1) the first round of the **competition**, (2) intraspecific **competition**

Global **competition** is rising in virtually every industry.

poetic

adj. of or relating to poetry (= a piece of writing that emphasizes the expression of feelings and ideas); using language in an imaginative and expressive way

synonym : literary, verse-like, rhythmic

(1) **poetic** genius, (2) **poetic** justice

The sunset was so beautiful it looked like a **poetic** scene from a movie.

artistic

adj. of or relating to art or artist; satisfying aesthetic standards and sensibilities

synonym : beautiful, aesthetic, creative

(1) an **artistic** photograph, (2) cultural and **artistic** activity

Promising entrepreneurs often have a high **artistic** sensibility.

calm

adj. not excited, angry, or nervous; free from wind, large waves

synonym : quiet, peaceful, tranquility

(1) **calm** sea, (2) **calm** manner

It was the first time in a long time that I felt truly **calm** and at peace.

overwork

v. to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness

synonym : overdo, overtax, exhaust

(1) die from **overwork**, (2) **overwork** to compensate
He **overworked** himself and ended up getting sick.

weightless

adj. having no weight or feeling as if one has no weight, often related to zero gravity or outer space

synonym : floatable, buoyant, light

(1) **weightless** flight, (2) **weightless** environment
The astronaut felt **weightless** as she floated inside the International Space Station.

plight

n. a difficult or unfortunate situation

synonym : crisis, predicament, trouble

(1) miserable **plight**, (2) the **plight** of the poor
The government has ignored the **plight** of the homeless population.

tense

adj. unable to relax because of being nervous or worried; stretched tight or rigid

synonym : tight, stretched, strained

(1) **tense** atmosphere, (2) have a **tense** face
This story makes me **tense**.

spirit

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

synonym : soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**
Despite their tragic loss, the family is showing great **spirit**.

rhythm

n. a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing

synonym : beat, cadence, tempo

(1) in samba **rhythm**, (2) irregular heart **rhythm**
He beat out a jazz **rhythm** on the cajones.

necessarily

adv. in an essential manner; in such a way as could not be otherwise

synonym : inevitable, certainly, automatically

(1) not **necessarily** a problem, (2) **necessarily** true

This accident was something that happened **necessarily**.

goggle

v. to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes

synonym : gaze, gawk, gape

(1) **goggle** his eyes, (2) infrared **goggles**

The software company bought the VR **goggles** manufacturer.

flip

v. to turn over into a different position quickly; to throw or toss with a light motion

synonym : throw, jump

(1) **flip** over the pork chop, (2) **flip** a coin

He **flipped** when he heard that he had been accepted into the university.

universe

n. everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy

synonym : cosmos, macrocosm

(1) theory of the **universe**, (2) expansion of the **universe**

The **universe** is about 13.8 billion years old.

magical

adj. produced by or containing supernatural powers

synonym : enchanting, occult, supernatural

(1) **magical** place, (2) **magical** powers

When I was a child, my mother often cast **magical** spells to ease my pain whenever I was injured.

seaweed

n. a plant that grows in the sea or on land very close to the sea, especially marine algae

synonym : kelp, algae

(1) floating **seaweed**, (2) **seaweed** broth

She soaked **seaweed** in water until tender.

flora

n. all the plants in a particular region or time, typically regarded as a whole

synonym : vegetation, plants, greenery

(1) bowel **flora**, (2) aquatic **flora**

The Amazon rainforest is home to a diverse **flora** of plant species.

fauna

n. the animal life of a particular region, habitat, or geological period

synonym : wildlife, creatures, animals

(1) the tropical **fauna**, (2) **fauna** reserve

The national park is home to a diverse **fauna** of animal species.

discreet

adj. characterized by the ability to keep secrets or maintain confidentiality; showing prudence, tact, or reserve in behavior or speech; not likely to draw attention or cause offense

synonym : cautious, careful, circumspect

(1) **discreet** manner, (2) **discreet** conversation

He was **discreet** with the sensitive information he had been entrusted with.

trace

v. to find or discover someone or something that was lost

synonym : seek, follow, depict

(1) **trace** a telephone call, (2) **trace** back to medieval times

Let's **trace** the origins of some familiar foreign words.

origin

n. the first existence or beginning of something

synonym : root, source, ancestor

(1) **origin** of information, (2) racial **origin**

There are various hypotheses concerning the **origin** of life.

reconnect

v. to connect again after a break or interruption

synonym: reopen, rejoin, link up

(1) **reconnect** a telephone, (2) **reconnect** with family

After a long period of estrangement, they **reconnected** with each other.

absolute

adj. perfect or complete or to the most considerable degree possible

synonym: complete, infrangible, indisputable

(1) **absolute** loyalty, (2) an **absolute** must

Gandhi had an **absolute** zeal for nonviolence.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym: facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

Session 2: Spelling

1. develop in_____e itching *adj.* (especially of a feeling) very strong; extremely sharp or severe
2. muscular st_____th *n.* the quality or state of being physically, or sometimes mentally, strong
3. do_____n-watching tour *n.* a marine mammal that typically has a beaklike snout, a streamlined body, and flippers and that feeds on fish and squid
4. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
5. na_____ic addiction *n.* a drug or substance that dulls the senses and induces a state of lethargy or sleep; a drug that is illegal or highly regulated for medical use due to its ability to cause addiction or harm
6. enter on the last ph___e *n.* any stage in a series of events, change, or development
7. sq___h a rebellion *v.* to forcefully crush or flatten something; to suppress, stifle, or defeat an idea or opposition forcefully
8. lack of hu_____ty *n.* the quality or condition of being humble; a low estimate of one's self
9. re__x at home *v.* to become or cause someone to become less active or tense and calmer
10. a co_____nt wind *adj.* happening repeatedly or all the time
11. pho_____ph album *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

ANSWERS: 1. intense, 2. strength, 3. dolphin, 4. physically, 5. narcotic, 6. phase, 7. squash, 8. humility, 9. relax, 10. constant, 11. photograph

12. ve___y a document *v.* to check that something exists or is true, or to prove that something is correct
13. intraspecific com_____on *n.* a situation in which someone is attempting to beat or outperform another
14. ov_____rk to compensate *v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
15. the mouth of the c__e *n.* a large hole in the side of a hill, cliff, mountain, or under the ground
16. go in___e with pleasure *adj.* extremely stupid, crazy, or dangerous; mentally ill
17. ho_____le accident *adj.* extremely unpleasant or bad; causing fear or disgust
18. the at_____t to rescue the hostages *n.* an act or effort of trying to do something, especially something difficult
19. peripheral vas_____ion *n.* the narrowing or constriction of blood vessels, particularly the contraction of smooth muscles in the vessel walls, which can result in reduced blood flow
20. heavy ni_____en *n.* a chemical element with the symbol N and atomic number 7, which is a highly reactive element that forms part of many compounds, including amino acids and proteins
21. a fl__d of questions *n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount

ANSWERS: 12. verify, 13. competition, 14. overwork, 15. cave, 16. insane, 17. horrible, 18. attempt, 19. vasoconstriction, 20. nitrogen, 21. flood

22. an ar____ic photograph *adj.* of or relating to art or artist; satisfying aesthetic standards and sensibilities
23. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
24. tr__e a telephone call *v.* to find or discover someone or something that was lost
25. c__p fishing *n.* a type of freshwater fish found in many parts of the world, typically with a scaleless body, barbels around the mouth, and erect fins; to complain or find fault with something repeatedly
26. psychic tr____a *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
27. sw__p up dead leaves *v.* to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly
28. do_____n show *n.* a marine mammal that typically has a beaklike snout, a streamlined body, and flippers and that feeds on fish and squid
29. fl___y of emails *n.* a sudden and brief burst of activity or emotion; a light snowfall with gusty winds and swirling snowflakes; a rapid or disorganized movement of small objects, such as leaves or petals
30. si___t reading *adj.* without any or little sound
31. ex_____e sports *adj.* very great in amount or degree
32. im___e harsher sanctions *v.* to officially force a new law, tax, duty, etc. to be obeyed or received

ANSWERS: 22. artistic, 23. absolutely, 24. trace, 25. carp, 26. trauma, 27. sweep, 28. dolphin, 29. flurry, 30. silent, 31. extreme, 32. impose

33. di____et conversation *adj.* characterized by the ability to keep secrets or maintain confidentiality; showing prudence, tact, or reserve in behavior or speech; not likely to draw attention or cause offense
34. local h__o *n.* a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities
35. ar__w diagram *n.* a thin, pointed projectile designed to be shot from a bow; a symbol or pointer that is shaped like an arrow
36. a vo___e of discovery *n.* a long journey, especially by sea or in space
37. unc____us bias *adj.* in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness
38. a hu___e cottage *adj.* having or showing a modest or low estimate of one's quality or importance
39. c__p streamers *n.* a type of freshwater fish found in many parts of the world, typically with a scaleless body, barbels around the mouth, and erect fins; to complain or find fault with something repeatedly
40. administrative co____on *n.* the state of being mixed up or unclear, or the state of disorder or uncertainty
41. unsung h__o *n.* a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities

ANSWERS: 33. discreet, 34. hero, 35. arrow, 36. voyage, 37. unconscious, 38. humble, 39. carp, 40. confusion, 41. hero

42. di____et manner *adj.* characterized by the ability to keep secrets or maintain confidentiality; showing prudence, tact, or reserve in behavior or speech; not likely to draw attention or cause offense
43. im____e tariffs *v.* to officially force a new law, tax, duty, etc. to be obeyed or received
44. tooth ca____y *n.* an empty space or hollowness within a solid object, especially within the body, such as a tooth or bone; a hole or depression in a surface or the ground
45. an__l investors *n.* a spiritual being believed to be a messenger of God often depicted as having wings and a halo
46. re_____ct a telephone *v.* to connect again after a break or interruption
47. mo____le behavior *n.* a group of two or more atoms held together by attractive forces known as chemical bonds
48. in great co_____on *n.* the state of being mixed up or unclear, or the state of disorder or uncertainty
49. pu_____ry function test *adj.* relating to the lungs or the respiratory system
50. en_____ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
51. a reckless at____t *n.* an act or effort of trying to do something, especially something difficult

ANSWERS: 42. discreet, 43. impose, 44. cavity, 45. angel, 46. reconnect, 47. molecule, 48. confusion, 49. pulmonary, 50. encourage, 51. attempt

52. su____e beforehand *v.* to think that something is likely to be actual or possible
53. the most am____g feeling *adj.* extremely surprising, especially in a way that you like or admire
54. ve____t dress *n.* plush, smooth fabric with a short pile on one side, typically made of silk, cotton, or a synthetic material
55. do l__g transplantation *n.* either of the two organs in the chest that people and some animals use for breathing
56. the____al models *adj.* relating to the concepts and principles upon which a particular topic is founded, rather than practice and experience
57. r_d the body of waste products *v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person
58. a pa__c reaction *n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
59. tr____a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
60. a co____nt temperature *adj.* happening repeatedly or all the time
61. a circular mo____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 52. suppose, 53. amazing, 54. velvet, 55. lung, 56. theoretical, 57. rid, 58. panic, 59. trauma, 60. constant, 61. movement

62. the hydrogen binds the ox___n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
63. sy___l for happiness *n.* something visible that is used to represent something else
64. not nec_____ly a problem *adv.* in an essential manner; in such a way as could not be otherwise
65. con_____ce as a teacher *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
66. wh__e watching *n.* a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities
67. hu___e opinion *adj.* having or showing a modest or low estimate of one's quality or importance
68. sigh of re___f *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
69. ed__a swelling *n.* the abnormal accumulation of fluid in the body's tissues, causing swelling and often resulting from an underlying medical condition or injury
70. re_____ct with family *v.* to connect again after a break or interruption
71. become a professional at_____e *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance

ANSWERS: 62. oxygen, 63. symbol, 64. necessarily, 65. confidence, 66. whale, 67. humble, 68. relief, 69. edema, 70. reconnect, 71. athlete

72. a bull wh__e *n.* a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities
73. sq___h a package *v.* to forcefully crush or flatten something; to suppress, stifle, or defeat an idea or opposition forcefully
74. en____e with water during rainy periods *v.* to fill up or become swollen with blood or another bodily fluid; to eat or drink excessively to the point of becoming overfull or uncomfortable
75. phy_____cal response *adj.* relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
76. certain ex___t *n.* the point or degree or area to which something extends
77. stripes cha_____tic of the zebra *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
78. save the pl___t *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
79. cr__h a revolt *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
80. ve___y identity *v.* to check that something exists or is true, or to prove that something is correct

ANSWERS: 72. whale, 73. squash, 74. engorge, 75. physiological, 76. extent, 77. characteristic, 78. planet, 79. crush, 80. verify

81. a good grounding in mat_____cs *n.* the science dealing with the logic of quantities, shapes, spaces, and arrangement
82. ba_____n into a severe political problem *n.* a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated
83. go___e his eyes *v.* to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes
84. infrared go___es *v.* to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes
85. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
86. pr_____t the future *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
87. bi_____al community *n.* a person who speaks two languages fluently; (adjective) involving or relating to two languages or language groups
88. the stock market co_____sed *v.* to fall down or give way suddenly, often after breaking apart

ANSWERS: 81. mathematics, 82. balloon, 83. goggle, 84. goggle, 85. develop, 86. predict, 87. bilingual, 88. collapse

89. pulmonary ed__a *n.* the abnormal accumulation of fluid in the body's tissues, causing swelling and often resulting from an underlying medical condition or injury
90. cr__h coffee beans *v.* to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller
91. re____al waste *adj.* relating to or constituting a remainder or leftover portion; remaining after other elements or factors have been removed or taken into account
92. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
93. professional di__r *n.* a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey
94. phy_____cal activity *adj.* relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body
95. a lunar pr__e *n.* a tool used for testing or examining, especially for medical or scientific purposes, or an exploratory mission to a planet or other celestial body; (verb) to investigate, examine, or search into something

ANSWERS: 89. edema, 90. crush, 91. residual, 92. shock, 93. diver, 94. physiological, 95. probe

96. human phy_____gy *n.* the branch of the biological sciences dealing with the functioning of organisms
97. co_____ss the chest *v.* to press or squeeze together to make something take up less space
98. co_____us effort *adj.* being aware of and able to respond to what is happening around you
99. de_____d a steep hill *v.* to move downward and lower; to come from, or to be connected by a relationship of blood
100. f__p a coin *v.* to turn over into a different position quickly; to throw or toss with a light motion
101. seals sleep und_____er *adv.* below or under the surface of the water
102. a seafaring na____n *n.* a large organized community of people living in a particular country or region and having a particular culture
103. major paradigm sh__t *n.* a slight transition in position, direction, or trend
104. fl__d advisory *n.* a large amount of water flowing beyond its normal limits; an overwhelming number or amount
105. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
106. an associate ju__e *n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something

ANSWERS: 96. physiology, 97. compress, 98. conscious, 99. descend, 100. flip, 101. underwater, 102. nation, 103. shift, 104. flood, 105. amazing, 106. judge

107. no____e else to go *adv.* not in, at, or to any place; not anywhere
108. re____t temptation *v.* to refuse to accept something and attempt to prevent it from happening
109. ext____ary weather *adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual
110. nutrient-de__e foods *adj.* containing a large number of people or something with little space between them
111. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
112. fa__a reserve *n.* the animal life of a particular region, habitat, or geological period
113. give si____t consent *adj.* without any or little sound
114. ma____e insurance *adj.* relating to the sea and the creatures and plants that live there
115. su____te to death *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
116. irregular heart rh____m *n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
117. po____c genius *adj.* of or relating to poetry (= a piece of writing that emphasizes the expression of feelings and ideas); using language in an imaginative and expressive way

ANSWERS: 107. nowhere, 108. resist, 109. extraordinary, 110. dense, 111. brain, 112. fauna, 113. silent, 114. marine, 115. suffocate, 116. rhythm, 117. poetic

118. imm_____ly recall a product *adv.* now or without delay
119. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
120. tie c__p *n.* a small metal or plastic device used for holding an object or objects together or in place; a short part of electronic media, either an audio clip or video clip
121. or___n of information *n.* the first existence or beginning of something
122. floating se_____d *n.* a plant that grows in the sea or on land very close to the sea, especially marine algae
123. pr___r physics to chemistry *v.* to like, choose, or want one thing or person better than another
124. tax re___f *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
125. ju__e a competition *n.* a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something
126. ex_____ty amputation *n.* the farthest or most remote point or the greatest or the highest degree
127. ma_____l place *adj.* produced by or containing supernatural powers
128. officially di_____ved the marriage *v.* to be or cause to be absorbed by a liquid to form a part of the solution; to close down or dismiss

ANSWERS: 118. immediately, 119. magic, 120. clip, 121. origin, 122. seaweed, 123. prefer, 124. relief, 125. judge, 126. extremity, 127. magical, 128. dissolve

129. knee re___x *n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
130. ce_____te his election *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
131. re_____e a prisoner *v.* to set free or allow to escape from confinement
132. ab_____te loyalty *adj.* perfect or complete or to the most considerable degree possible
133. su_____te fire *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
134. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
135. pu_____ry embolism *adj.* relating to the lungs or the respiratory system
136. phy_____gy research *n.* the branch of the biological sciences dealing with the functioning of organisms
137. h__l broke loose *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
138. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

ANSWERS: 129. reflex, 130. celebrate, 131. release, 132. absolute, 133. suffocate, 134. decide, 135. pulmonary, 136. physiology, 137. hell, 138. decide

139. in samba rh___m *n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
140. a sense of wel_____ng *n.* the state of being happy and healthy and prosperous
141. the pl___t of the poor *n.* a difficult or unfortunate situation
142. bu_____cy compensator *n.* the ability or tendency of an object to float in a fluid
143. cultural n___m *n.* something that is regarded as usual, typical, or standard
144. re__x a series of muscles *v.* to become or cause someone to become less active or tense and calmer
145. ba_____n ride *n.* a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated
146. ex_____e weather events *adj.* very great in amount or degree
147. br___h of wind *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
148. phy_____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
149. a te_____ue in martial arts *n.* a particular way or art of doing something that needs skill
150. st_____th of the economy *n.* the quality or state of being physically, or sometimes mentally, strong
151. im_____e amount *adj.* extremely large or great

ANSWERS: 139. rhythm, 140. well-being, 141. plight, 142. buoyancy, 143. norm, 144. relax, 145. balloon, 146. extreme, 147. breath, 148. physically, 149. technique, 150. strength, 151. immense

152. pa__c buying *n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
153. re____al income *adj.* relating to or constituting a remainder or leftover portion; remaining after other elements or factors have been removed or taken into account
154. domiciliary c__es *n.* a large hole in the side of a hill, cliff, mountain, or under the ground
155. en____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
156. the first round of the com____on *n.* a situation in which someone is attempting to beat or outperform another
157. s__t a bullet *v.* to eject saliva or other liquid from the mouth
158. in____e heat *adj.* (especially of a feeling) very strong; extremely sharp or severe
159. the ex__t of the damage *n.* the point or degree or area to which something extends
160. unsatisfied de____e *n.* a strong feeling of wanting to have or do something
161. exploration of co____s *n.* another name for the universe, mainly used when it is thought of as an ordered system
162. ad____re film *n.* a journey or a series of events that is unusual, exciting, or dangerous

ANSWERS: 152. panic, 153. residual, 154. cave, 155. encourage, 156. competition, 157. spit, 158. intense, 159. extent, 160. desire, 161. cosmos, 162. adventure

163. the_____al physicist *adj.* relating to the concepts and principles upon which a particular topic is founded, rather than practice and experience
164. connecting the d_ts *n.* a very small circular mark, especially one that is printed
165. sq_____e a lemon *v.* to apply pressure from two or more sides; to hold someone or something tightly in your arms, usually with fondness
166. su_____n device *n.* the action of drawing something towards or into a vacuum or partial vacuum
167. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
168. d__e off a cliff *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
169. aggressive in_____ct *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
170. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
171. ready to co_____se *v.* to fall down or give way suddenly, often after breaking apart
172. cultural and ar_____ic activity *adj.* of or relating to art or artist; satisfying aesthetic standards and sensibilities

ANSWERS: 163. theoretical, 164. dot, 165. squeeze, 166. suction, 167. brain, 168. dive, 169. instinct, 170. nation, 171. collapse, 172. artistic

173. hold your br___h *n.* the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
174. ad__t as needed *v.* to make fit for or change to suit a new purpose or environment
175. im_____e business *v.* to collapse inward violently or burst inward with a sudden release of energy; to disintegrate or break down suddenly and completely
176. tr__e back to medieval times *v.* to find or discover someone or something that was lost
177. take a vo___e *n.* a long journey, especially by sea or in space
178. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
179. st_____st trail *n.* the particles of matter that exist in space and which are thought to be the remnants of stars and other cosmic events; a poetic or romantic term for anything believed to be magical or ethereal
180. r__y on convenience stores *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
181. se_____d broth *n.* a plant that grows in the sea or on land very close to the sea, especially marine algae

ANSWERS: 173. breath, 174. adapt, 175. implode, 176. trace, 177. voyage, 178. shock, 179. stardust, 180. rely, 181. seaweed

182. a few minutes of co_____on *n.* a state of confused and noisy disturbance
183. defense me_____sm *n.* a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
184. a dried co___n *n.* a protective covering spun by some insects and other invertebrates
185. r_b a glass window *v.* to move one's hand or an object over the surface of something with pressure
186. ca___y filling *n.* an empty space or hollowness within a solid object, especially within the body, such as a tooth or bone; a hole or depression in a surface or the ground
187. re___t being kissed *v.* to refuse to accept something and attempt to prevent it from happening
188. sp__k of suspicion *n.* a very small spot, piece, or amount
189. a sp__k of dust *n.* a very small spot, piece, or amount
190. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
191. co_____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
192. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 182. commotion, 183. mechanism, 184. cocoon, 185. rub, 186. cavity, 187. resist, 188. speck, 189. speck, 190. stick, 191. conscious, 192. stick

193. Doppler sh__t *n.* a slight transition in position, direction, or trend
194. ca_____ry action *n.* a tube of small internal diameter; any of the minute tubes that carry blood
195. vo___e of work *n.* the amount of space occupied by an object or substance; the magnitude of sound
196. biomass f__l *n.* a substance that is typically burned to generate heat or energy
197. po___c justice *adj.* of or relating to poetry (= a piece of writing that emphasizes the expression of feelings and ideas); using language in an imaginative and expressive way
198. r_b cage *n.* each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
199. wei_____ss flight *adj.* having no weight or feeling as if one has no weight, often related to zero gravity or outer space
200. ni_____en absorption *n.* a chemical element with the symbol N and atomic number 7, which is a highly reactive element that forms part of many compounds, including amino acids and proteins
201. im_____e pressure *adj.* extremely large or great
202. a person who is unc_____us *adj.* in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness

ANSWERS: 193. shift, 194. capillary, 195. volume, 196. fuel, 197. poetic, 198. rib, 199. weightless, 200. nitrogen, 201. immense, 202. unconscious

203. brake a r_b	<i>n.</i> each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
204. in____te appetite	<i>adj.</i> unlimited or very great; impossible to measure
205. sc__a gear	<i>n.</i> an acronym for Self-Contained Underwater Breathing Apparatus, a device used for underwater diving
206. the te_____ue applied to construction	<i>n.</i> a particular way or art of doing something that needs skill
207. de____d by elevator	<i>v.</i> to move downward and lower; to come from, or to be connected by a relationship of blood
208. fallen an__l	<i>n.</i> a spiritual being believed to be a messenger of God often depicted as having wings and a halo
209. get r_d of the rats	<i>v.</i> to make someone or something free of unwanted or unpleasant tasks, objects, or person
210. rel_____sh all hope	<i>v.</i> to give up power, control, or possession
211. be___g to different species	<i>v.</i> to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
212. the wel_____ng of a nation	<i>n.</i> the state of being happy and healthy and prosperous
213. per_____al devices	<i>adj.</i> relating to, located on or near, or constituting an outer boundary or edge; not central or essential

ANSWERS: 203. rib, 204. infinite, 205. scuba, 206. technique, 207. descend, 208. angel, 209. rid, 210. relinquish, 211. belong, 212. well-being, 213. peripheral

214. have a te__e face *adj.* unable to relax because of being nervous or worried; stretched tight or rigid
215. a ma__c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
216. te__e atmosphere *adj.* unable to relax because of being nervous or worried; stretched tight or rigid
217. pr__e for inside information *n.* a tool used for testing or examining, especially for medical or scientific purposes, or an exploratory mission to a planet or other celestial body; (verb) to investigate, examine, or search into something
218. pl___t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
219. c__m manner *adj.* not excited, angry, or nervous; free from wind, large waves
220. ce_____te Christmas *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
221. su_____n aspiration *n.* the action of drawing something towards or into a vacuum or partial vacuum
222. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 214. tense, 215. magic, 216. tense, 217. probe, 218. planet, 219. calm, 220. celebrate, 221. suction, 222. movement

223. es___t for VIPs *n.* a person or group of people accompanying someone for protection, guidance, or courtesy; a companion or attendant; a service or a person providing a service for accompanying someone or something to or from a destination
224. make co_____on *n.* a state of confused and noisy disturbance
225. d_t blot method *n.* a very small circular mark, especially one that is printed
226. my friend's cha_____tic laugh *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
227. aquatic fl__a *n.* all the plants in a particular region or time, typically regarded as a whole
228. theory of the un_____se *n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
229. short video c__p *n.* a small metal or plastic device used for holding an object or objects together or in place; a short part of electronic media, either an audio clip or video clip
230. sl__e a glance *v.* to move or cause to move smoothly along a surface without interruption
231. radio an_____er *n.* a person who introduces and speaks on television or radio programs or provides commentary or information at a live event

ANSWERS: 223. escort, 224. commotion, 225. dot, 226. characteristic, 227. flora, 228. universe, 229. clip, 230. slide, 231. announcer

232. die from ov____rk *v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
233. be___g to a group *v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place
234. historical phe_____on *n.* something that exists and can be perceptible, especially one that is not fully understood
235. pho_____ph memories *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
236. de____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
237. deep-sea di__r *n.* a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey
238. re_____e CO2 into the air *v.* to set free or allow to escape from confinement
239. completely fas_____ng to me *adj.* extremely interesting

ANSWERS: 232. overwork, 233. belong, 234. phenomenon, 235. photograph, 236. develop, 237. diver, 238. release, 239. fascinating

240. ad__t fully to the environment *v.* to make fit for or change to suit a new purpose or environment
241. ext_____ary ability *adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual
242. high school at_____es *n.* a person who competes in one or more sports that involve physical strength, speed, or endurance
243. keep the flagpole er__t *v.* to construct or build something; to cause to rise; (adjective) upright or vertical
244. sp_____ng wheel *n.* the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn
245. c__m sea *adj.* not excited, angry, or nervous; free from wind, large waves
246. smokeless f__l *n.* a substance that is typically burned to generate heat or energy
247. co___n silk *n.* a protective covering spun by some insects and other invertebrates
248. sc__a diving class *n.* an acronym for Self-Contained Underwater Breathing Apparatus, a device used for underwater diving
249. ma_____l powers *adj.* produced by or containing supernatural powers
250. bowel fl__a *n.* all the plants in a particular region or time, typically regarded as a whole
251. pr___r a window seat *v.* to like, choose, or want one thing or person better than another

ANSWERS: 240. adapt, 241. extraordinary, 242. athlete, 243. erect, 244. spinning, 245. calm, 246. fuel, 247. cocoon, 248. scuba, 249. magical, 250. flora, 251. prefer

252. an indomitable sp___t
253. racial or___n
254. sq_____e a confession
255. pos_____ty for growth
256. di_____gm birth control
257. induced vas_____ion
258. sp_____ng machine
- n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
- n.* the first existence or beginning of something
- v.* to apply pressure from two or more sides; to hold someone or something tightly in your arms, usually with fondness
- n.* a chance that something may happen or be true
- n.* a large, dome-shaped muscle located at the bottom of the chest cavity, essential for breathing and separating the chest and abdomen; a shallow, dome-shaped device with a flexible rim that is inserted into the vagina to cover the cervix and prevent sperm from reaching the uterus, serving as a method of birth control
- n.* the narrowing or constriction of blood vessels, particularly the contraction of smooth muscles in the vessel walls, which can result in reduced blood flow
- n.* the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn

ANSWERS: 252. spirit, 253. origin, 254. squeeze, 255. possibility, 256. diaphragm, 257. vasoconstriction, 258. spinning

259. come out of no____e *adv.* not in, at, or to any place; not anywhere
260. nec_____ly true *adv.* in an essential manner; in such a way as could not be otherwise
261. an in___e scheme *adj.* extremely stupid, crazy, or dangerous; mentally ill
262. a ca_____ry tube *n.* a tube of small internal diameter; any of the minute tubes that carry blood
263. the de__h of the water *n.* the distance between the top and bottom of something; between the top surface and a distance below it
264. ho_____le smell *adj.* extremely unpleasant or bad; causing fear or disgust
265. sw__p a room with a glance *v.* to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly
266. write him an answer imm_____ly *adv.* now or without delay
267. hold my breath und_____er *adv.* below or under the surface of the water
268. de__e forests *adj.* containing a large number of people or something with little space between them
269. fas_____ng story *adj.* extremely interesting
270. per_____al vision *adj.* relating to, located on or near, or constituting an outer boundary or edge; not central or essential
271. di_____ve the sugar *v.* to be or cause to be absorbed by a liquid to form a part of the solution; to close down or dismiss

ANSWERS: 259. nowhere, 260. necessarily, 261. insane, 262. capillary, 263. depth, 264. horrible, 265. sweep, 266. immediately, 267. underwater, 268. dense, 269. fascinating, 270. peripheral, 271. dissolve

272. f__p over the pork chop *v.* to turn over into a different position quickly; to throw or toss with a light motion
273. gastronomic ad_____res *n.* a journey or a series of events that is unusual, exciting, or dangerous
274. er__t structure *v.* to construct or build something; to cause to rise; (adjective) upright or vertical
275. re___x test *n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
276. variety of ma___e life *adj.* relating to the sea and the creatures and plants that live there
277. r__y entirely on him *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
278. small mo_____les *n.* a group of two or more atoms held together by attractive forces known as chemical bonds
279. develop an attitude of hu_____ty *n.* the quality or condition of being humble; a low estimate of one's self
280. fl___y of activity *n.* a sudden and brief burst of activity or emotion; a light snowfall with gusty winds and swirling snowflakes; a rapid or disorganized movement of small objects, such as leaves or petals
281. origin of the co___s *n.* another name for the universe, mainly used when it is thought of as an ordered system

ANSWERS: 272. flip, 273. adventure, 274. erect, 275. reflex, 276. marine, 277. rely, 278. molecule, 279. humility, 280. flurry, 281. cosmos

282. ve___t couch *n.* plush, smooth fabric with a short pile on one side, typically made of silk, cotton, or a synthetic material
283. fleshly de___e *n.* a strong feeling of wanting to have or do something
284. mat_____cs competition *n.* the science dealing with the logic of quantities, shapes, spaces, and arrangement
285. natural phe_____on *n.* something that exists and can be perceptible, especially one that is not fully understood
286. pr_____ol breach *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
287. su_____e you're right *v.* to think that something is likely to be actual or possible
288. s__t a mouthful of saliva *v.* to eject saliva or other liquid from the mouth
289. n__m of action *n.* something that is regarded as usual, typical, or standard
290. ar__w pointing *n.* a thin, pointed projectile designed to be shot from a bow; a symbol or pointer that is shaped like an arrow
291. in_____ct for self-preservation *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

ANSWERS: 282. velvet, 283. desire, 284. mathematics, 285. phenomenon, 286. protocol, 287. suppose, 288. spit, 289. norm, 290. arrow, 291. instinct

292. lack of ox___n *n.* the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live
293. di_____gm activity *n.* a large, dome-shaped muscle located at the bottom of the chest cavity, essential for breathing and separating the chest and abdomen; a shallow, dome-shaped device with a flexible rim that is inserted into the vagina to cover the cervix and prevent sperm from reaching the uterus, serving as a method of birth control
294. na_____ic drug *n.* a drug or substance that dulls the senses and induces a state of lethargy or sleep; a drug that is illegal or highly regulated for medical use due to its ability to cause addiction or harm
295. de__h camera *n.* the distance between the top and bottom of something; between the top surface and a distance below it
296. in_____te in supply *adj.* unlimited or very great; impossible to measure
297. the me_____sm for DNA replication *n.* a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
298. co_____ss gas *v.* to press or squeeze together to make something take up less space
299. pr_____t when she will arrive *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience

ANSWERS: 292. oxygen, 293. diaphragm, 294. narcotic, 295. depth, 296. infinite, 297. mechanism, 298. compress, 299. predict

300. en_____e with food *v.* to fill up or become swollen with blood or another bodily fluid; to eat or drink excessively to the point of becoming overfull or uncomfortable
301. bi_____al education *n.* a person who speaks two languages fluently; (adjective) involving or relating to two languages or language groups
302. d__e into anime communities *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
303. boost my con_____ce *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
304. sp___t and the letter of the law *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
305. im_____e building *v.* to collapse inward violently or burst inward with a sudden release of energy; to disintegrate or break down suddenly and completely
306. ex_____ty injury *n.* the farthest or most remote point or the greatest or the highest degree
307. rel_____sh control *v.* to give up power, control, or possession
308. st_____st particles *n.* the particles of matter that exist in space and which are thought to be the remnants of stars and other cosmic events; a poetic or romantic term for anything believed to be magical or ethereal

ANSWERS: 300. engorge, 301. bilingual, 302. dive, 303. confidence, 304. spirit, 305. implode, 306. extremity, 307. relinquish, 308. stardust

309. a bird in a c__e *n.* a structure made of metal bars or wire in which birds or animals can be kept
310. an insect c__e *n.* a structure made of metal bars or wire in which birds or animals can be kept
311. high vo___e *n.* the amount of space occupied by an object or substance; the magnitude of sound
312. pos_____ty of a major earthquake *n.* a chance that something may happen or be true
313. the tropical fa__a *n.* the animal life of a particular region, habitat, or geological period
314. sl__e a card across the table *v.* to move or cause to move smoothly along a surface without interruption
315. draft a pr____ol *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
316. expansion of the un_____se *n.* everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
317. r_b shoulders *v.* to move one's hand or an object over the surface of something with pressure
318. l__g capacity *n.* either of the two organs in the chest that people and some animals use for breathing
319. public address an_____er *n.* a person who introduces and speaks on television or radio programs or provides commentary or information at a live event

ANSWERS: 309. cage, 310. cage, 311. volume, 312. possibility, 313. fauna, 314. slide, 315. protocol, 316. universe, 317. rub, 318. lung, 319. announcer

320. an ab____te must *adj.* perfect or complete or to the most considerable degree possible
321. p__e pink *adj.* having skin that is very light colored; lacking in vitality or interest or effectiveness
322. miserable pl____t *n.* a difficult or unfortunate situation
323. a p__e complexion *adj.* having skin that is very light colored; lacking in vitality or interest or effectiveness
324. personal es____t *n.* a person or group of people accompanying someone for protection, guidance, or courtesy; a companion or attendant; a service or a person providing a service for accompanying someone or something to or from a destination
325. wei____ss environment *adj.* having no weight or feeling as if one has no weight, often related to zero gravity or outer space
326. sy____l color *n.* something visible that is used to represent something else
327. bu____cy principle *n.* the ability or tendency of an object to float in a fluid
328. abs____ly against *adv.* without restriction or limitation; completely or utterly
329. run like h__l *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

ANSWERS: 320. absolute, 321. pale, 322. plight, 323. pale, 324. escort, 325. weightless, 326. symbol, 327. buoyancy, 328. absolutely, 329. hell

330. two-ph__e structure

n. any stage in a series of events, change, or development

ANSWERS: 330. phase

Session 3: Fill in the Blanks

1. The fisherman showed off his biggest _____ catch of the day.
n. a type of freshwater fish found in many parts of the world, typically with a scaleless body, barbels around the mouth, and erect fins; to complain or find fault with something repeatedly
2. The entire mountain is covered in _____ rainforest.
adj. containing a large number of people or something with little space between them
3. People can _____ from a lack of oxygen in confined spaces.
v. to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
4. The workers were able to _____ the tent in just a few minutes.
v. to construct or build something; to cause to rise; (adjective) upright or vertical
5. The caterpillar spins a _____ around itself before turning into a butterfly.
n. a protective covering spun by some insects and other invertebrates
6. The sudden policy change has caused _____ among employees.
n. the state of being mixed up or unclear, or the state of disorder or uncertainty
7. He bated his _____ when talking about this affair.
n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

ANSWERS: 1. carp, 2. dense, 3. suffocate, 4. erect, 5. cocoon, 6. confusion, 7. breath

8. We must _____ a new system to streamline our workflow and increase efficiency.
- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
9. She _____ the sore spot on her leg to ease the pain.
- v.* to move one's hand or an object over the surface of something with pressure
10. The universe is made up of _____ that formed after the Big Bang.
- n.* the particles of matter that exist in space and which are thought to be the remnants of stars and other cosmic events; a poetic or romantic term for anything believed to be magical or ethereal
11. The dragon is considered a _____ of bravery.
- n.* something visible that is used to represent something else
12. What do you _____ the culprit's motive was?
- v.* to think that something is likely to be actual or possible
13. The government has ignored the _____ of the homeless population.
- n.* a difficult or unfortunate situation
14. She took a _____ class at the gym to improve her cardiovascular fitness.
- n.* the act of rotating rapidly around an axis; in the context of textiles, the process of twisting fibers together to form thread or yarn
15. The trapped bear is running amok in its _____.
- n.* a structure made of metal bars or wire in which birds or animals can be kept

ANSWERS: 8. develop, 9. rubbed, 10. stardust, 11. symbol, 12. suppose, 13. plight, 14. spinning, 15. cage

16. The sports _____ provided live commentary during the game.
- n.* a person who introduces and speaks on television or radio programs or provides commentary or information at a live event
17. The accident caused a cracked ____.
- n.* each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
18. The wallpaper had a pattern of pink ____ on a white surface.
- n.* a very small circular mark, especially one that is printed
19. The politician tried to _____ the embarrassing incident under the rug.
- v.* to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly
20. Babies heavily _____ on others for food.
- v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
21. If necessary, you can _____ the front seats forward.
- v.* to move or cause to move smoothly along a surface without interruption
22. The patient was diagnosed with peripheral _____ a tissue fluid build-up.
- n.* the abnormal accumulation of fluid in the body's tissues, causing swelling and often resulting from an underlying medical condition or injury
23. The _____ cup was able to lift the heavy object with ease.
- n.* the action of drawing something towards or into a vacuum or partial vacuum

ANSWERS: 16. announcer, 17. rib, 18. dots, 19. sweep, 20. rely, 21. slide, 22. edema, 23. suction

24. We are responsible for the care and _____ of all our employees.
n. the state of being happy and healthy and prosperous
25. Her excessive demands drove me _____.
adj. extremely stupid, crazy, or dangerous; mentally ill
26. The birds _____ open water areas with reeds around them.
v. to like, choose, or want one thing or person better than another
27. The _____ is about 13.8 billion years old.
n. everything that exists, especially all physical matter, including planets, stars, galaxies, and all other forms of matter and energy
28. These heavy rains caused flash _____ on several islands.
n. a large amount of water flowing beyond its normal limits; an overwhelming number or amount
29. The golfer recorded an _____ distance.
adj. extremely surprising, especially in a way that you like or admire
30. Solar gravity creates _____ pressures and temperatures.
adj. very great in amount or degree
31. A rainbow is a natural _____.
n. something that exists and can be perceptible, especially one that is not fully understood
32. The problem with achievement tests is the narrowness they _____ on students.
v. to officially force a new law, tax, duty, etc. to be obeyed or received

ANSWERS: 24. well-being, 25. insane, 26. prefer, 27. universe, 28. floods, 29. amazing, 30. extreme, 31. phenomenon, 32. impose

33. Promising entrepreneurs often have a high _____ sensibility.
adj. of or relating to art or artist; satisfying aesthetic standards and sensibilities
34. The search and rescue team sent a team of _____ to search for the missing plane wreckage.
n. a person who dives, especially one who does so professionally or as a sport; a bird that dives into the water to catch fish or other prey
35. As she lay on her deathbed, a bright light appeared, and she saw a holy _____ standing at the foot of her bed.
n. a spiritual being believed to be a messenger of God often depicted as having wings and a halo
36. The body responds to cold temperatures through _____ to preserve heat.
n. the narrowing or constriction of blood vessels, particularly the contraction of smooth muscles in the vessel walls, which can result in reduced blood flow
37. The battlefield became _____ on earth.
n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
38. Supercomputers enable scientists to create computational models of the _____.
n. another name for the universe, mainly used when it is thought of as an ordered system
39. A _____ of snowflakes fell from the sky as we stepped outside.
n. a sudden and brief burst of activity or emotion; a light snowfall with gusty winds and swirling snowflakes; a rapid or disorganized movement of small objects, such as leaves or petals

ANSWERS: 33. artistic, 34. divers, 35. angel, 36. vasoconstriction, 37. hell, 38. cosmos, 39. flurry

40. There are various hypotheses concerning the _____ of life.
n. the first existence or beginning of something
41. An _____ of bodyguards surrounded the celebrity to keep fans safe.
n. a person or group of people accompanying someone for protection, guidance, or courtesy; a companion or attendant; a service or a person providing a service for accompanying someone or something to or from a destination
42. This story makes me _____.
adj. unable to relax because of being nervous or worried; stretched tight or rigid
43. This accident was something that happened _____.
adv. in an essential manner; in such a way as could not be otherwise
44. When I was a child, my mother often cast _____ spells to ease my pain whenever I was injured.
adj. produced by or containing supernatural powers
45. The city's _____ areas should be given more attention regarding infrastructure and resources.
adj. relating to, located on or near, or constituting an outer boundary or edge; not central or essential
46. He fastens some sheets of paper with a _____.
n. a small metal or plastic device used for holding an object or objects together or in place; a short part of electronic media, either an audio clip or video clip
47. The astronaut trained for years before embarking on her _____ to the International Space Station.
n. a long journey, especially by sea or in space

ANSWERS: 40. origin, 41. escort, 42. tense, 43. necessarily, 44. magical, 45. peripheral, 46. clip, 47. voyage

48. The archer aimed his _____ carefully at the target.

n. a thin, pointed projectile designed to be shot from a bow; a symbol or pointer that is shaped like an arrow

49. They _____ customers with a premium for loyal patronage.

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

50. The astronaut felt _____ as she floated inside the International Space Station.

adj. having no weight or feeling as if one has no weight, often related to zero gravity or outer space

51. The nobler, the more _____.

adj. having or showing a modest or low estimate of one's quality or importance

52. His dream is to become an Olympic _____.

n. a person who competes in one or more sports that involve physical strength, speed, or endurance

53. He was _____ with the sensitive information he had been entrusted with.

adj. characterized by the ability to keep secrets or maintain confidentiality; showing prudence, tact, or reserve in behavior or speech; not likely to draw attention or cause offense

54. I am _____ opposed to his idea because of morality.

adv. without restriction or limitation; completely or utterly

55. I've been thinking all day and getting _____.

adv. not in, at, or to any place; not anywhere

ANSWERS: 48. arrow, 49. encouraged, 50. weightless, 51. humble, 52. athlete, 53. discreet, 54. absolutely, 55. nowhere

56. You _____ a bill in the change machine, and the coins pop out.
- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
57. I was amazed at the _____ of her generosity.
- n.* the point or degree or area to which something extends
58. The company has a strict _____ for handling sensitive information to ensure security.
- n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
59. The _____ of Japan is known for its unique culture and advanced technology.
- n.* a large organized community of people living in a particular country or region and having a particular culture
60. He broke his arm at the _____ of the bone.
- n.* the farthest or most remote point or the greatest or the highest degree
61. X-rays revealed a small tumor in his _____.
- n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
62. After a long period of estrangement, they _____ with each other.
- v.* to connect again after a break or interruption
63. The sunset was so beautiful it looked like a _____ scene from a movie.
- adj.* of or relating to poetry (= a piece of writing that emphasizes the expression of feelings and ideas); using language in an imaginative and expressive way

ANSWERS: 56. stick, 57. extent, 58. protocol, 59. nation, 60. extremity, 61. brain, 62. reconnected, 63. poetic

64. The strict _____ ruled in favor of the plaintiff in the case.

n. a person who makes decisions in a court of law; (verb) to determine the result of or form a critical opinion of something

65. He devoted his life to establishing a humanitarian _____ fund.

n. a feeling of happiness and relaxation that comes when something burdensome is removed or reduced

66. Health and _____ are, above all, gold.

n. the quality or state of being physically, or sometimes mentally, strong

67. The doctor explained the various _____ changes that occur during pregnancy.

adj. relating to the normal functioning of living organisms and their organs and systems; concerning the physical or biochemical processes and activities that occur within the body

68. Could you help me _____ some furniture?

n. a slight transition in position, direction, or trend

69. I chose to _____ cancer by trying every possible treatment.

v. to refuse to accept something and attempt to prevent it from happening

70. The car was completely _____ in the accident.

v. to press it firmly, usually with your hands or a tool, so that it becomes flat or smaller

71. We were filled with _____ at the sight of the Queen.

n. the quality or condition of being humble; a low estimate of one's self

ANSWERS: 64. judge, 65. relief, 66. strength, 67. physiological, 68. shift, 69. resist, 70. crushed, 71. humility

72. He discovered unique _____ for photochemical reactions.
n. a part of a machine, or a set of parts that performs a task; a natural or established process that occurs during a specific situation or reaction
73. The satellite _____ slowly ascended into the sky.
n. a small bag made of thin rubber or other light material that can be inflated with air or gas, used as a toy or as a decoration; (verb) to become inflated
74. She turned _____ when she heard the news.
adj. having skin that is very light colored; lacking in vitality or interest or effectiveness
75. I advised him to _____ to his new surroundings.
v. to make fit for or change to suit a new purpose or environment
76. The sperm whale can _____ to 1,000 meters.
v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
77. The _____ of getting the disease will drastically increase.
n. a chance that something may happen or be true
78. The plane was just a _____ in the sky.
n. a very small spot, piece, or amount
79. The battle had an _____ impact on the nation.
adj. unlimited or very great; impossible to measure
80. The doctor prescribed a _____ painkiller to alleviate her chronic pain.
n. a drug or substance that dulls the senses and induces a state of lethargy or sleep; a drug that is illegal or highly regulated for medical use due to its ability to cause addiction or harm

ANSWERS: 72. mechanisms, 73. balloon, 74. pale, 75. adapt, 76. dive, 77. possibility, 78. speck, 79. infinite, 80. narcotic

81. Bats reside in sheltered _____.
- n.* a large hole in the side of a hill, cliff, mountain, or under the ground
82. The participation of oil-producing countries in the war caused _____ in the financial markets.
- n.* a sudden strong feeling of fear that cannot be controlled and prevents reasonable thought and action
83. Mercury is the closest _____ to the sun.
- n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
84. She _____ the files into a single ZIP archive to save space on her computer.
- v.* to press or squeeze together to make something take up less space
85. The patient was admitted to the hospital with _____ hypertension.
- adj.* relating to the lungs or the respiratory system
86. The experience was _____ and left a lasting impression.
- adj.* extremely unpleasant or bad; causing fear or disgust
87. The soldier who sacrificed his life for his country is considered a national _____.
- n.* a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities
88. She _____ the toothpaste tube from the middle to get the last bit out.
- v.* to apply pressure from two or more sides; to hold someone or something tightly in your arms, usually with fondness

ANSWERS: 81. caves, 82. panic, 83. planet, 84. compressed, 85. pulmonary, 86. horrible, 87. hero, 88. squeezed

89. Let's _____ the origins of some familiar foreign words.
v. to find or discover someone or something that was lost
90. He _____ when he heard that he had been accepted into the university.
v. to turn over into a different position quickly; to throw or toss with a light motion
91. He is good at swimming _____.
adv. below or under the surface of the water
92. The politician remained _____ despite intense media scrutiny.
adj. without any or little sound
93. I have a _____ in one of my molars and must schedule a dentist appointment.
n. an empty space or hollowness within a solid object, especially within the body, such as a tooth or bone; a hole or depression in a surface or the ground
94. The rules were _____ after the new executive arrived.
v. to become or cause someone to become less active or tense and calmer
95. The national park is home to a diverse _____ of animal species.
n. the animal life of a particular region, habitat, or geological period
96. _____ dropping wears away the stone.
adj. happening repeatedly or all the time
97. She tried to _____ out the gum that she had been chewing.
v. to eject saliva or other liquid from the mouth
98. The _____ curtains added a touch of elegance to the room.
n. plush, smooth fabric with a short pile on one side, typically made of silk, cotton, or a synthetic material

ANSWERS: 89. trace, 90. flipped, 91. underwater, 92. silent, 93. cavity, 94. relaxed, 95. fauna, 96. Constant, 97. spit, 98. velvet

99. He got an electric _____ at work.

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

100. The third _____ was far more successful.

n. an act or effort of trying to do something, especially something difficult

101. Absolute zero is the lowest _____ temperature.

adj. relating to the concepts and principles upon which a particular topic is founded, rather than practice and experience

102. Bananas have their _____ taste and odor.

n. a typical feature or quality that can identify, tell apart, or describe something or somebody

103. The systems we have developed has accepted as industry _____.

n. something that is regarded as usual, typical, or standard

104. We always _____ all critical information independently.

v. to check that something exists or is true, or to prove that something is correct

105. The passenger grabbed for the _____ mask.

n. the chemical element with the symbol O that is present in air and water and is necessary for people, animals, and plants to live

106. The large group of _____ swam gracefully in the ocean, jumping out of the water now and then.

n. a marine mammal that typically has a beaklike snout, a streamlined body, and flippers and that feeds on fish and squid

ANSWERS: 99. shock, 100. attempt, 101. theoretical, 102. characteristic, 103. norms, 104. verify, 105. oxygen, 106. dolphins

107. He _____ the 10th anniversary of his tenure.

- v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

108. Individuals with a weak _____ may experience difficulty breathing during physical activity.

- n.* a large, dome-shaped muscle located at the bottom of the chest cavity, essential for breathing and separating the chest and abdomen; a shallow, dome-shaped device with a flexible rim that is inserted into the vagina to cover the cervix and prevent sperm from reaching the uterus, serving as a method of birth control

109. He has terminal _____ cancer.

- n.* either of the two organs in the chest that people and some animals use for breathing

110. The _____ divers explored the coral reefs to learn more about the ecosystem.

- n.* an acronym for Self-Contained Underwater Breathing Apparatus, a device used for underwater diving

111. Despite their tragic loss, the family is showing great _____.

- n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

112. Gandhi had an _____ zeal for nonviolence.

- adj.* perfect or complete or to the most considerable degree possible

113. We must _____ ourselves of pollution.

- v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person

ANSWERS: 107. celebrated, 108. diaphragm, 109. lung, 110. scuba, 111. spirit, 112. absolute, 113. rid

114. The political party _____ after much internal fighting.

- v.* to be or cause to be absorbed by a liquid to form a part of the solution; to close down or dismiss

115. The shape of the DNA _____ is a double helix.

- n.* a group of two or more atoms held together by attractive forces known as chemical bonds

116. All the books in this section _____ to the library's rare collection and must be handled carefully.

- v.* to be the property of someone or something; to be a member or part of a group; to be in the proper or appropriate place

117. I found an old _____ of my grandparents from their wedding day.

- n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

118. He became _____ that he was being followed.

- adj.* being aware of and able to respond to what is happening around you

119. The company is looking for a _____ customer service representative.

- n.* a person who speaks two languages fluently; (adjective) involving or relating to two languages or language groups

120. Seals and whales are _____ animals beloved by the people.

- adj.* relating to the sea and the creatures and plants that live there

121. Having a _____ healthy physique is essential for a great life.

- adv.* in a way related to a person's body or appearance rather than their mind

ANSWERS: 114. dissolved, 115. molecule, 116. belong, 117. photograph, 118. conscious, 119. bilingual, 120. marine, 121. physically

122. She soaked _____ in water until tender.

- n.* a plant that grows in the sea or on land very close to the sea, especially marine algae

123. This container has a _____ of 10 cubic meters.

- n.* the amount of space occupied by an object or substance; the magnitude of sound

124. The Amazon rainforest is home to a diverse _____ of plant species.

- n.* all the plants in a particular region or time, typically regarded as a whole

125. He _____ himself and ended up getting sick.

- v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness

126. He sailed the Atlantic Ocean multiple times during his _____.

- n.* a journey or a series of events that is unusual, exciting, or dangerous

127. The software company bought the VR _____ manufacturer.

- v.* to look at someone or something with amazement; to look stupidly; (noun, plural) tight-fitting spectacles that are worn to prevent particulates, water, or chemicals from striking the eyes

128. _____ is the science of how living things work.

- n.* the branch of the biological sciences dealing with the functioning of organisms

129. It was the first time in a long time that I felt truly _____ and at peace.

- adj.* not excited, angry, or nervous; free from wind, large waves

ANSWERS: 122. seaweed, 123. volume, 124. flora, 125. overworked, 126. adventures, 127. goggles, 128. Physiology, 129. calm

130. He beat out a jazz _____ on the cajones.

n. a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing

131. She decided to _____ her role as the leader of the group.

v. to give up power, control, or possession

132. The era of the industrial revolution was a crucial _____ of history.

n. any stage in a series of events, change, or development

133. He left his wife an _____ fortune.

adj. extremely large or great

134. The museum houses a _____ collection of Celtic artifacts.

adj. extremely interesting

135. That statement by the prime minister drew _____ international criticism.

adj. (especially of a feeling) very strong; extremely sharp or severe

136. The animal rights group worked to _____ the dolphins back into the wild.

v. to set free or allow to escape from confinement

137. The _____ of the dancers on stage was graceful and elegant.

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

138. A suspension order from the court is effective _____.

adv. now or without delay

ANSWERS: 130. rhythm, 131. relinquish, 132. phase, 133. immense, 134. fascinating, 135. intense, 136. release, 137. movement, 138. immediately

139. There are many _____ vessels in the gills of fish.

n. a tube of small internal diameter; any of the minute tubes that carry blood

140. The _____ scarcity most severely impacted the manufacturing sector

n. a substance that is typically burned to generate heat or energy

141. The banking industry feared the economy would _____ due to risky investments.

v. to collapse inward violently or burst inward with a sudden release of energy; to disintegrate or break down suddenly and completely

142. The _____ in the classroom made it hard for the teacher to teach.

n. a state of confused and noisy disturbance

143. I like to _____ my grapes when making homemade wine.

v. to forcefully crush or flatten something; to suppress, stifle, or defeat an idea or opposition forcefully

144. I know his _____ habit that he touches his face when he lies.

adj. in the state of lacking awareness and the capacity for sensory perception, especially as the result of a head injury or illness

145. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

146. He performed _____ tricks with sophisticated moves.

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

ANSWERS: 139. capillary, 140. fuel, 141. implode, 142. commotion, 143. squash, 144. unconscious, 145. decide, 146. magic

147. Some countries have a culture of eating the flesh of a _____.

- n.* a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities

148. Skill and _____ are an unconquered army.

- n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something

149. NASA sent a _____ to study the atmosphere of Jupiter.

- n.* a tool used for testing or examining, especially for medical or scientific purposes, or an exploratory mission to a planet or other celestial body; (verb) to investigate, examine, or search into something

150. She was _____ from an old Italian noble family.

- v.* to move downward and lower; to come from, or to be connected by a relationship of blood

151. The object's _____ helped it float on the water's surface.

- n.* the ability or tendency of an object to float in a fluid

152. Many civilians have suffered _____ as a result of the war.

- n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

153. Global _____ is rising in virtually every industry.

- n.* a situation in which someone is attempting to beat or outperform another

154. _____ gas is used to inflate car tires because it does not react with rubber.

- n.* a chemical element with the symbol N and atomic number 7, which is a highly reactive element that forms part of many compounds, including amino acids and proteins

ANSWERS: 147. whale, 148. confidence, 149. probe, 150. descended, 151. buoyancy, 152. trauma, 153. competition, 154. Nitrogen

155. Low sexual _____ typically correlates with low testosterone levels.
n. a strong feeling of wanting to have or do something
156. My leg kicked involuntarily when the doctor tapped my knee with the _____ hammer.
n. an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
157. The mosquito's abdomen began to _____ with blood after it pierced the skin.
v. to fill up or become swollen with blood or another bodily fluid; to eat or drink excessively to the point of becoming overfull or uncomfortable
158. Jockey's superior _____ brought him victory.
n. a particular way or art of doing something that needs skill
159. The pond's _____ was around five feet.
n. the distance between the top and bottom of something; between the top surface and a distance below it
160. The roof finally _____ after three days and three nights of heavy snowfall.
v. to fall down or give way suddenly, often after breaking apart
161. It's notoriously challenging to _____ birth rates.
v. to state beforehand that something will happen in the future, mainly based on knowledge or experience
162. When faced with a dangerous situation, his initial _____ was to flee.
n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

ANSWERS: 155. desire, 156. reflex, 157. engorge, 158. technique, 159. depth, 160. collapsed, 161. predict, 162. instinct

163. The scientist found _____ traces of the chemical in the water sample.

adj. relating to or constituting a remainder or leftover portion; remaining after other elements or factors have been removed or taken into account

164. He has a flair for _____.

n. the science dealing with the logic of quantities, shapes, spaces, and arrangement

165. He narrated the _____ story of his adventure.

adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual

ANSWERS: 163. residual, 164. mathematics, 165. extraordinary