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Vocabulary Builder Reference from...

Sarah Gray: How my son's short life made a lasting difference | TED Talk

https://www.ted.com/talks/sarah_gray_how_my_son_s_short_life_made_a_lasting_difference

All Words

IMPORTANT

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Session 1: Word List

pregnant

adj. having a baby or young animal developing in the uterus
synonym : expectant

(1) needs of **pregnant** women, (2) a silence **pregnant** with suspense

She vacated the position when she got **pregnant**.

twin

n. either of two children born at the same time from the same mother

(1) a **twin-lens** camera, (2) a **twin** room

Its **twin** brothers are difficult to tell apart except for their parents.

sonogram

n. a visual representation or image obtained by using ultrasonic waves used for medical purposes such as viewing a fetus during pregnancy or examining internal organs

synonym : ultrasound, echogram

(1) **sonogram** image, (2) fetal **sonogram**

The doctor showed the expectant couple the **sonogram** of their baby during the ultrasound appointment.

defect

n. an imperfection, shortcoming, or lack of something or someone

synonym : fault, blemish, flaw

(1) visual **defects**, (2) **defects** of character

Defects in the design could cause much worse issues.

bizarre

adj. very strange or unusual

synonym : abnormal, freaky, outlandish

(1) the story is **bizarre**, (2) **bizarre** behavior

The truth was more **bizarre** than expected.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym : identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

anencephaly

n. a congenital condition characterized by the absence of a major portion of the brain, skull, and scalp at birth

synonym : brain malformation, cranial defect

(1) babies with **anencephaly**, (2) **anencephaly** prevention

Women are advised to take folic acid before and during early pregnancy to reduce the risk of **anencephaly** and other neural tube defects.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

skull

n. a bone framework that surrounds the brain and gives the head its shape

synonym : cranium, scalp, brain

(1) **skull** fracture, (2) have a thick **skull**

Archaeologists found a Neanderthal **skull** at that historic site.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym : characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms

This artwork is **typical** of her work.

uterus

n. a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

synonym : womb

(1) **uterus** cancer, (2) bleeding from **uterus**

The physician prescribed medication to relieve the contraction of the **uterus**.

identical

adj. being the exact same one

synonym : duplicate, exact, analogous

(1) pair of **identical** twins, (2) an **identical** equation

Infant formulas are nutritionally almost **identical** to a mother's breast milk.

genetically

adv. in a way that relates to or is produced by genes (= the units in the cells of a living thing received by an animal or plant from its parents) or heredity

synonym : hereditary, inherited, family-related

(1) **genetically** inherited traits, (2) **genetically** manipulated plant

The **genetically** modified crops were resistant to pests and required less water.

reduction

n. a decrease in size, amount, or degree

synonym : diminution, decrease, cutback

(1) **reduction** strategy, (2) a gradual **reduction**

The **reduction** in carbon emissions has been significant since the implementation of the new policy.

mention

v. to speak or write about something or someone briefly

synonym : reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

procedure

n. a way of doing something, especially the official or well-known way

synonym: action, approach, course

(1) undergo a surgical **procedure**, (2) standard **procedure**

The pilot and flight attendant ran through the check-out **procedure**.

pose

v. to present a risk, problem, or other issues that must be addressed

synonym: present, put, position

(1) **pose** a significant threat to my company, (2) **pose** a challenge

The chemicals **pose** a massive health risk.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

trimester

n. approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year

synonym: quarter, three months, 13 weeks

(1) second **trimester** ends, (2) **trimester** system

The first **trimester** of pregnancy is the most crucial for the development of the fetus.

barrel

n. a large round container made of wood, metal, or plastic, with flat ends and, usually, curved sides; one of several units of volume

synonym : cask, firkin, drum

(1) a **barrel** of beer, (2) \$30 a **barrel**

One rotten apple spoils the whole **barrel**.

tunnel

n. an underground or underwater passage, typically for trains or cars

synonym : passageway, underground passage

(1) **tunnel** construction work, (2) **tunnel** disease

The workers had to dig through solid rock to create the vehicular **tunnel** allowing the cars to pass through the mountain.

tragedy

n. an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character

synonym : disaster, adversity, calamity

(1) a **tragedy** during work, (2) the aftermath of this **tragedy**
Macbeth is a famous **tragedy** by Shakespeare.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym : healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

tissue

n. an ensemble of similar cells of the animal or plant that together carry out a specific function

synonym : structure, texture, anatomy

(1) a facial **tissue**, (2) loss of muscle **tissue**

The researcher separated the nervous **tissue** for microscopic examinations.

donation

n. a voluntary gift of money, service, or ideas that are given to a person or an organization, or the act of giving them

synonym : contribution, gift, subsidy

(1) make a **donation**, (2) political **donation**

He made a generous **donation** to the charity.

organ

n. a part of the body of an animal or plant that has a particular purpose and performs a specific job

synonym : function, structure

(1) **organ** bleeding, (2) damage to internal **organs**

These infections have the potential to impact practically every **organ** system.

procure

v. to obtain, acquire, or secure something, often by effort or skill

synonym : obtain, acquire, secure

(1) **procure** a rare antique, (2) **procure** services

I need to **procure** some supplies for the upcoming project.

transplant

v. to move or transfer something from one place or person to another; to take living tissue or an organ from one person, animal, part of the body, etc. and put it into or onto another

synonym : relocate, emigrate, graft

(1) **transplant** a heart, (2) **transplant** my family to America

He tried to **transplant** the seedling into a larger pot.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym : collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

donate

v. to give money, food, clothes, etc. to help a person or organization

synonym : bestow, contribute, grant

(1) **donate** to charity, (2) **donate** blood to the Red Cross

Our company **donates** to the school endowment fund every year.

shock

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym : amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

reject

v. to refuse to accept, consider, or use something or someone

synonym : decline, turn down, repudiate

(1) **reject** the proposal, (2) **reject** all imperfect merchandise

The company **rejected** the job candidate's application due to a lack of experience.

candidate

n. a person who is seeking or being considered for some kind of position, title, honor, or award; a job applicant

synonym : applicant, nominee, contender

(1) **candidate** selection, (2) PhD **candidate**

The **candidate's** platform focused on healthcare reform and reducing income inequality.

opposed

adj. being completely different from something or disagreeing strongly with something

synonym : anti, averse, hostile

(1) two **opposed** characters, (2) absolutely **opposed** to abortion

I'm strongly **opposed** to that plan.

victim

n. a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event

synonym : prey, target, sufferer

(1) **victim** support, (2) **victim** compensation

The **victim** of the crime deserves justice and support to

recover from the trauma.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

unlock

v. to open something, such as a door, window, etc., usually using a key

synonym: open, solve, unravel

(1) **unlock** a door with a key, (2) **unlock** value

The customs officer required the traveler to **unlock** his suitcase.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym: health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

mystery

n. something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle

synonym: enigma, puzzle, secret

(1) **mystery** novel, (2) unsolved **mystery**

The **mystery** surrounding the disappearance of the traveler has yet to be solved by authorities.

cuddle

v. to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something

synonym: embrace, snuggle, hug

(1) **cuddle** buddy, (2) **cuddle** up with a book

I love to **cuddle** with my dog on the couch after a long day.

grab

v. to take hold of something or someone suddenly with a hand, especially in a violent way

synonym: clutch, snatch, grasp

(1) **grab** an audience, (2) **grab** an opportunity

Shall we **grab** a bite to eat?

norm

n. something that is regarded as usual, typical, or standard

synonym: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

surround

v. to be all around something or somebody

synonym: encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace

On three sides, mountains **surround** the settlement.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

recover

v. to return to a former condition, health, mind, or strength

synonym: come back, convalesce, heal

(1) **recover** a loss, (2) **recover** approval ratings

She is still **recovering** from a shot to her shoulder.

cord

n. a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment

synonym: wire, cable, string

(1) spinal **cord**, (2) electrical **cord**

Your spinal **cord** is located deep within your body.

liver

n. a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins

(1) **liver** disease, (2) fatty **liver**

The patient will undergo **liver** transplant surgery tomorrow.

therapy

n. the act of caring for someone through medication, remedial training, etc.

synonym: antidote, medicine, treatment

(1) **therapy** for a patient, (2) field of gene **therapy**

I underwent aversion **therapy** for my addiction to alcohol.

cornea

n. the transparent layer at the front of the eye that covers the iris and pupil and helps to focus light onto the retina

synonym: eye membrane, eye lens

(1) **cornea** transplant, (2) **cornea** damage

A scratched **cornea** can be very painful and may cause blurry vision.

institute

n. an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

synonym: academy, university, college

(1) **institute** a lawsuit, (2) research **institutes**

This region has many **institutes** offering higher education.

retina

n. the innermost light-sensitive membrane covering the back wall of the eyeball

(1) **retinal** cells, (2) **retina** scanner

Damage to the **retina** may play a role in the development of glaucoma.

immediate

adj. happening or done without delay or occurring shortly after something else

synonym : prompt, quick, instantaneous

(1) take **immediate** effect, (2) the **immediate** past

Both forts were subject to **immediate** attacks.

chapter

n. a separate section of a written work usually numbered and titled

synonym : section, phase, episode

(1) an introductory **chapter**, (2) **chapter** of a political party

The final **chapter** provides a summary of the discussion.

worthwhile

adj. having value or benefit; sufficiently important or beneficial to be worthy of time or effort; deserving of attention or consideration

synonym : valuable, rewarding, significant

(1) **worthwhile** investment, (2) **worthwhile** endeavor

Volunteering for a **worthwhile** cause is important for building a sense of community.

invite

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

synonym : ask, request, summon

(1) **invite** guests, (2) **invite** criticism

We want to **invite** you to our annual charity event.

grief

n. a very great sadness, especially when somebody dies

synonym : anguish, desperation, dismay

(1) have **grief** and sorrow, (2) a lot of **grief**

Each person has a unique **grief** experience.

retreat

n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

synonym : escape, withdrawal, vacation

(1) **retreat** deeper into their territory, (2) **retreat** in a mountain region

Many people go on a **retreat** to recharge and reconnect with themselves.

grieve

v. to feel or show great sadness or sorrow, especially for someone who has died

synonym: mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

Don

n. a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge

(1) the **don** of the university, (2) **Don** Giovanni

He could never go against what **Don** Carlos said.

waive

v. to give up or relinquish a claim or right voluntarily; to refrain from insisting on or enforcing a requirement or rule

synonym: forgo, relinquish, abstain

(1) **waive** the claim, (2) **waive** fees

The homeowners decided to **waive** the inspection fee for the interested buyers to make the sale smoother.

adoption

n. the action or fact of legally taking another's child as one's own; the act of accepting with approval

synonym: fostering, acceptance, custody

(1) **adoption** assistance, (2) the **adoption** of a plan

The **adoption** process can be long and difficult, but it is worth it for the love of a child.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

disappoint

v. to fail to meet someone or their hopes or expectations; to make someone feel sad

synonym: sadden, dismay, frustrate

(1) **disappoint** the audience, (2) don't **disappoint** me
She worked very hard not to **disappoint** her boss's expectations.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**
The **process** for applying for a visa can be lengthy and complicated.

jealousy

n. a feeling of resentment or bitterness towards someone because they have something that you desire

synonym : envy, covetousness, resentment

(1) **jealousy** feeling towards another person, (2) burn with **jealousy**
His **jealousy** of his brother's success caused a rift in their relationship.

envy

v. to experience a feeling of jealousy or resentment towards someone because of their possessions, qualities, or achievements; to desire to have something that someone else has; (noun) a feeling of resentment or jealousy towards someone else's perceived advantage or success

synonym : covet, resent, grudge

(1) **envy** his success, (2) feeling **envy** toward him
I can't help but **envy** my friend's ability to stay calm in stressful situations.

infant

n. a baby or very young child

synonym : baby, newborn, tot

(1) **infant** daughter, (2) **infant** food
Mozart was an **infant** prodigy.

lab *n.* a workplace for the conduct of scientific research; a laboratory
synonym: workshop, laboratory, research chamber
(1) **lab** instrument, (2) medical **lab**
The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

arrange *v.* to plan, prepare for, and carry out something
synonym: set up, order, organize
(1) **arrange** the meeting, (2) the list was **arranged** alphabetically
I need to **arrange** plans with him for the celebration.

dominate *v.* to have or control a lot of power and influence over somebody or something
synonym: govern, rule, prevail
(1) **dominate** possession, (2) **dominate** over the weak
The perspective of his right brain **dominates** his consciousness.

foundation *n.* the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes
synonym: base, support, groundwork
(1) **foundation** course, (2) weak **foundation**
The **foundation** of the building was cracked and needed to be repaired.

obstacle *n.* a thing that blocks one's way or prevents or hinders progress
synonym: hindrance, barrier, block
(1) an **obstacle** to progress, (2) **obstacle** avoidance
The **obstacle** course was challenging but fun.

retinoblastoma

n. a rare type of malignant tumor that develops in the retina of the eye, primarily affecting young children, characterized by abnormal cell growth and can lead to vision loss or other eye-related complications if left untreated

synonym : ocular cancer, eye tumor

(1) **retinoblastoma** tumor, (2) **retinoblastoma** gene

Early detection and treatment of **retinoblastoma** can save both vision and lives.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym : tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

ultimate

adj. furthest or highest in degree or order

synonym : highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury

Management must take **ultimate** responsibility for the accident.

sacrifice

n. the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important

synonym : forfeit, immolation, gift

(1) small **sacrifice** for a great cause, (2) **sacrifice** anything to get ahead

You cannot accomplish great things without a **sacrifice** of your time or money.

indebted

adj. owing money or having financial obligations to another person or organization; feeling grateful or obligated to someone for their help, support, or kindness

synonym : owing, obligated, beholden

(1) **indebted** to creditors, (2) financially **indebted**
He felt **indebted** to his parents for all the sacrifices they had made for him.

bury

v. to place a dead body in the ground, grave, or tomb
synonym: entomb, sink, forget

(1) **bury** in the earth, (2) **bury** emotion
There is plenty of space to **bury** everyone.

participate

v. to take part in something
synonym: take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program
The majority of students actively **participated** in the college's intramural sports program.

guilty

adj. feeling responsible for or having done something wrong or criminal

synonym: culpable, blameworthy, at fault

(1) feel a bit **guilty**, (2) **guilty** verdict
After much contemplation, the suspect decided to plead **guilty** to the theft charge.

interchange

n. an exchange of one thing for another, often involving a replacement or substitution; a meeting or intersection of two or more roads or routes

synonym: exchange, swap, trade

(1) **interchange** station, (2) **interchange** of ideas
The highway had a dangerous **interchange** where accidents were common.

criteria

n. (plural of criterion) standards or conditions by which something may be judged or decided

synonym: bars, benchmarks, standards

(1) **criteria** for action, (2) consistency **criteria**
He didn't meet all the **criteria**, but he was hired anyway.

- pile** *n.* a collection of objects positioned one on top of another; a large sum of something, such as money
synonym: accumulation, heap, stack
(1) a sand **pile**, (2) the height of a **pile**
After the party, they had to clean up **piles** of dirty dishes.
- relief** *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
synonym: remedy, consolation, alleviation
(1) tax **relief**, (2) sigh of **relief**
He devoted his life to establishing a humanitarian **relief** fund.
- perspective** *n.* a confident attitude toward something; a particular style of thinking about something
synonym: viewpoint, standpoint, outlook
(1) a **perspective** view, (2) the **perspective** of the battle
His father's death changed his whole **perspective** on life.
- specimen** *n.* an individual example or sample of something, typically used to represent a larger group or category
synonym: example, sample, model
(1) **specimen** collection, (2) botanical **specimen**
The biology teacher showed the students a frog **specimen** so they could examine its anatomy.
- label** *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
synonym: tag, mark, identifier
(1) a mailing **label**, (2) **label** a bag with my name
The **label** on the food package lists the ingredients and nutritional information.
- heirloom** *n.* a valuable object, typically a piece of jewelry, artwork, or household item, that is passed down from generation to generation as a family heirloom; something that has special sentimental or historical value

synonym : heritage, inheritance, legacy

(1) **heirloom** jewelry, (2) family **heirloom**

The family recipe for apple pie has become an **heirloom** tradition.

military

adj. relating to or characteristic of members of the armed forces; of or relating to war or warfare

synonym : armed, martial, warlike

(1) a **military** operation, (2) a **military** leader

The **military** academy was known for its strict discipline and training.

medal

n. a flat, usually circular piece of metal or other material that is often given as an award or commemoration for an achievement, victory, or honor

synonym : award, decoration, badge

(1) gold **medal**, (2) a prize **medal**

She was proud to receive a **medal** for her hard work and dedication to the sport.

certificate

n. an official document stating that the information contained within is true

synonym : diploma, credential, certification

(1) official score **certificate**, (2) a birth **certificate**

He received a **certificate** in computer programming from the local college.

inactivate

v. to make something idle or inoperative; to release from military service or remove from the active list of military service

synonym : assuage, appease, demobilize

(1) **inactivate** growth factor, (2) **inactivate** the vaccine

The system for purifying the air uses UV light to **inactivate** microorganisms.

tumor

n. a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way

synonym : neoplasm, mass, lump

(1) **tumor** growth, (2) **tumor** at remote sites

The patient was diagnosed with a **tumor** in her lung.

freezer

n. a device that keeps food, beverages, or other perishable items at low temperatures to maintain their freshness or preserve them for later use

synonym : refrigerator, icebox, cooler

(1) portable **freezer**, (2) **freezer** bag

I put the ice cream in the **freezer** to keep it from melting.

confer

v. to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

synonym : consult, meet, discuss

(1) **confer** degree, (2) **confer** honor

The leaders of the two countries met to **confer** on the issue.

relax

v. to become or cause someone to become less active or tense and calmer

synonym : soften, comfort, soothe

(1) **relax** a series of muscles, (2) **relax** at home

The rules were **relaxed** after the new executive arrived.

kit

n. a set of tools, supplies, or equipment for a particular purpose

synonym : set, package, bundle

(1) survival **kit**, (2) a first-aid **kit**

I bought a new tool **kit** for my home repair projects.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym : apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

recommend

v. to suggest that someone or something would be a suitable fit for a particular purpose or role

synonym : advise, suggest, instruct

(1) **recommend** a hospitalization, (2) **recommend** reading

We **recommend** taking media training every six months.

donor

n. a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

synonym : contributor, patron, supporter

(1) a transfusion of **donor** blood, (2) an unnamed **donor**

His body rejected the liver of the **donor**.

gratify

v. to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite

synonym : please, satisfy, fulfill

(1) **gratify** desires, (2) **gratify** curiosity

I always try to **gratify** my boss by achieving the sales target every month.

facility

n. a building or place that provides a particular service or is used for a particular industry

synonym : building, structure, installation

(1) a cell phone with an internet **facility**, (2) **facility** design

This company has an entire recycling **facility**, including major reprocessing plants.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

inspiring

adj. stimulating and motivating you to want to do something

synonym : exhilarating, encouraging, heartening

(1) **inspiring** stories, (2) awe- **inspiring** sight
An **inspiring** teacher might spark students' motivation to succeed.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**
I decided to seek counseling on the advice of my **colleague**.

coworker

n. a person who works with another in the same company or organization

synonym: colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker**
My ex- **coworker** and I had different working styles but managed to get along.

insignificant

adj. of little importance, influence, or power

synonym: unimportant, trivial, irrelevant

(1) **insignificant** amount, (2) an **insignificant** mistake
He made me feel small and **insignificant**.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

synonym: revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd
He stepped on the gas pedal, and the engine released a loud **rev**.

vital

adj. necessary for the success or continued existence of something

synonym: critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society
Perseverance and optimism are **vital** to success.

everlasting

adj. lasting forever or indefinitely; eternal or infinite in duration, also used to describe something unchanging, constant, or enduring

synonym : perpetual, eternal, enduring

(1) **everlasting** love, (2) **everlasting** memories

The writer's words left an **everlasting** impact on his readers.

relevance

n. the state or degree of being closely connected or appropriate to the matter at hand

synonym : pertinence, applicability, connection

(1) have no **relevance**, (2) **relevance** category

The **relevance** of this information to the current situation needs to be investigated.

Session 2: Spelling

1. bleeding from ut___s
n. a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
2. ca___r diagnosis
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
3. a stone wall su_____nds the palace
v. to be all around something or somebody
4. eve_____ng love
adj. lasting forever or indefinitely; eternal or infinite in duration, also used to describe something unchanging, constant, or enduring
5. wa__e fees
v. to give up or relinquish a claim or right voluntarily; to refrain from insisting on or enforcing a requirement or rule
6. survival k_t
n. a set of tools, supplies, or equipment for a particular purpose
7. ret_____oma gene
n. a rare type of malignant tumor that develops in the retina of the eye, primarily affecting young children, characterized by abnormal cell growth and can lead to vision loss or other eye-related complications if left untreated

ANSWERS: 1. uterus, 2. cancer, 3. surround, 4. everlasting, 5. waive, 6. kit, 7. retinoblastoma

8. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
9. a transfusion of do__r blood *n.* a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person
10. have gr__f and sorrow *n.* a very great sadness, especially when somebody dies
11. medical in___n *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
12. li__r disease *n.* a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
13. dis_____nt the audience *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad
14. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
15. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
16. spinal c__d *n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment

ANSWERS: 8. brain, 9. donor, 10. grief, 11. intern, 12. liver, 13. disappoint, 14. amazing, 15. colleague, 16. cord

17. b__y emotion *v.* to place a dead body in the ground, grave, or tomb
18. two op____d characters *adj.* being completely different from something or disagreeing strongly with something
19. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
20. a mi____ry operation *adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare
21. small sa_____ce for a great cause *n.* the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important
22. official score cer_____te *n.* an official document stating that the information contained within is true
23. an id_____al equation *adj.* being the exact same one
24. tu___l disease *n.* an underground or underwater passage, typically for trains or cars
25. me_____n in a report *v.* to speak or write about something or someone briefly
26. ca___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
27. g__b an audience *v.* to take hold of something or someone suddenly with a hand, especially in a violent way

ANSWERS: 17. bury, 18. opposed, 19. excite, 20. military, 21. sacrifice, 22. certificate, 23. identical, 24. tunnel, 25. mention, 26. cancer, 27. grab

28. D_n Giovanni *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
29. re___t the proposal *v.* to refuse to accept, consider, or use something or someone
30. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
31. ina_____te growth factor *v.* to make something idle or inoperative; to release from military service or remove from the active list of military service
32. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
33. ca_____te selection *n.* a person who is seeking or being considered for some kind of position, title, honor, or award; a job applicant
34. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
35. co_____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
36. gen_____ly manipulated plant *adv.* in a way that relates to or is produced by genes (= the units in the cells of a living thing received by an animal or plant from its parents) or heredity
37. an unnamed do__r *n.* a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

ANSWERS: 28. Don, 29. reject, 30. nation, 31. inactivate, 32. excite, 33. candidate, 34. shock, 35. communal, 36. genetically, 37. donor

38. a seafaring na___n *n.* a large organized community of people living in a particular country or region and having a particular culture
39. e__y his success *v.* to experience a feeling of jealousy or resentment towards someone because of their possessions, qualities, or achievements; to desire to have something that someone else has; (noun) a feeling of resentment or jealousy towards someone else's perceived advantage or success
40. ch_____r of a political party *n.* a separate section of a written work usually numbered and titled
41. do_____te possession *v.* to have or control a lot of power and influence over somebody or something
42. co_____er relationship *n.* a person who works with another in the same company or organization
43. do___e to charity *v.* to give money, food, clothes, etc. to help a person or organization
44. gr___e at the sad news *v.* to feel or show great sadness or sorrow, especially for someone who has died
45. the per_____ve of the battle *n.* a confident attitude toward something; a particular style of thinking about something
46. the story is bi_____e *adj.* very strange or unusual
47. in___n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

ANSWERS: 38. nation, 39. envy, 40. chapter, 41. dominate, 42. coworker, 43. donate, 44. grieve, 45. perspective, 46. bizarre, 47. intern

48. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
49. do_____te over the weak *v.* to have or control a lot of power and influence over somebody or something
50. re___t all imperfect merchandise *v.* to refuse to accept, consider, or use something or someone
51. fatty li__r *n.* a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
52. field of gene th_____y *n.* the act of caring for someone through medication, remedial training, etc.
53. damage to internal or__ns *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
54. a lot of gr__f *n.* a very great sadness, especially when somebody dies
55. in_____ed to creditors *adj.* owing money or having financial obligations to another person or organization; feeling grateful or obligated to someone for their help, support, or kindness
56. ty_____l leader *adj.* having the usual characteristics or traits of a specific group of things
57. gr___e for loss *v.* to feel or show great sadness or sorrow, especially for someone who has died
58. feeling e__y toward him *v.* to experience a feeling of jealousy or resentment towards someone because of their possessions, qualities, or achievements; to desire to have something that someone else has; (noun) a feeling of resentment or jealousy towards someone else's perceived advantage or success

ANSWERS: 48. brain, 49. dominate, 50. reject, 51. liver, 52. therapy, 53. organ, 54. grief, 55. indebted, 56. typical, 57. grieve, 58. envy

59. my_____y novel *n.* something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle
60. fa_____ty design *n.* a building or place that provides a particular service or is used for a particular industry
61. make a do_____on *n.* a voluntary gift of money, service, or ideas that are given to a person or an organization, or the act of giving them
62. re____a scanner *n.* the innermost light-sensitive membrane covering the back wall of the eyeball
63. the aftermath of this tr_____y *n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
64. a per_____ve view *n.* a confident attitude toward something; a particular style of thinking about something
65. the ul_____te luxury *adj.* furthest or highest in degree or order
66. la__l a bag with my name *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
67. g__b an opportunity *v.* to take hold of something or someone suddenly with a hand, especially in a violent way

ANSWERS: 59. mystery, 60. facility, 61. donation, 62. retina, 63. tragedy, 64. perspective, 65. ultimate, 66. label, 67. grab

68. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
69. needs of pr_____nt women *adj.* having a baby or young animal developing in the uterus
70. re_____ce category *n.* the state or degree of being closely connected or appropriate to the matter at hand
71. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
72. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
73. visual de___ts *n.* an imperfection, shortcoming, or lack of something or someone
74. electrical c__d *n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
75. family he_____om *n.* a valuable object, typically a piece of jewelry, artwork, or household item, that is passed down from generation to generation as a family heirloom; something that has special sentimental or historical value
76. tax re___f *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced

ANSWERS: 68. diagnose, 69. pregnant, 70. relevance, 71. amazing, 72. nurse, 73. defect, 74. cord, 75. heirloom, 76. relief

77. re_____on strategy *n.* a decrease in size, amount, or degree
78. have a thick sk__l *n.* a bone framework that surrounds the brain and gives the head its shape
79. vi___m compensation *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
80. re_____nd reading *v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
81. a mailing la__l *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
82. play a vi__l role *adj.* necessary for the success or continued existence of something
83. tu___l construction work *n.* an underground or underwater passage, typically for trains or cars
84. in_____ng stories *adj.* stimulating and motivating you to want to do something
85. tu__r growth *n.* a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
86. fetal so_____am *n.* a visual representation or image obtained by using ultrasonic waves used for medical purposes such as viewing a fetus during pregnancy or examining internal organs
87. co___r honor *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something

ANSWERS: 77. reduction, 78. skull, 79. victim, 80. recommend, 81. label, 82. vital, 83. tunnel, 84. inspiring, 85. tumor, 86. sonogram, 87. confer

88. a ba___l of beer *n.* a large round container made of wood, metal, or plastic, with flat ends and, usually, curved sides; one of several units of volume
89. int_____ge of ideas *n.* an exchange of one thing for another, often involving a replacement or substitution; a meeting or intersection of two or more roads or routes
90. standard pr_____re *n.* a way of doing something, especially the official or well-known way
91. temporary me_____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
92. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
93. p__e a challenge *v.* to present a risk, problem, or other issues that must be addressed
94. ar_____e the meeting *v.* to plan, prepare for, and carry out something
95. co___a transplant *n.* the transparent layer at the front of the eye that covers the iris and pupil and helps to focus light onto the retina
96. awe-in_____ng sight *adj.* stimulating and motivating you to want to do something
97. a first-aid k_t *n.* a set of tools, supplies, or equipment for a particular purpose

ANSWERS: 88. barrel, 89. interchange, 90. procedure, 91. medical, 92. rev, 93. pose, 94. arrange, 95. cornea, 96. inspiring, 97. kit

98. b__y in the earth *v.* to place a dead body in the ground, grave, or tomb
99. tra_____nt my family to America *v.* to move or transfer something from one place or person to another; to take living tissue or an organ from one person, animal, part of the body, etc. and put it into or onto another
100. ane_____ly prevention *n.* a congenital condition characterized by the absence of a major portion of the brain, skull, and scalp at birth
101. a prize me__l *n.* a flat, usually circular piece of metal or other material that is often given as an award or commemoration for an achievement, victory, or honor
102. a sand p__e *n.* a collection of objects positioned one on top of another; a large sum of something, such as money
103. fou_____on course *n.* the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes
104. a t__n room *n.* either of two children born at the same time from the same mother
105. vi__l for a healthy society *adj.* necessary for the success or continued existence of something
106. nu__e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

ANSWERS: 98. bury, 99. transplant, 100. anencephaly, 101. medal, 102. pile, 103. foundation, 104. twin, 105. vital, 106. nurse

107. the im_____te past *adj.* happening or done without delay or occurring shortly after something else
108. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
109. PhD ca_____te *n.* a person who is seeking or being considered for some kind of position, title, honor, or award; a job applicant
110. gold me__l *n.* a flat, usually circular piece of metal or other material that is often given as an award or commemoration for an achievement, victory, or honor
111. pr_____e a rare antique *v.* to obtain, acquire, or secure something, often by effort or skill
112. an ob_____le to progress *n.* a thing that blocks one's way or prevents or hinders progress
113. babies with ane_____ly *n.* a congenital condition characterized by the absence of a major portion of the brain, skull, and scalp at birth
114. gr_____y curiosity *v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite
115. in___e criticism *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
116. je_____sy feeling towards another person *n.* a feeling of resentment or bitterness towards someone because they have something that you desire

ANSWERS: 107. immediate, 108. medical, 109. candidate, 110. medal, 111. procure, 112. obstacle, 113. anencephaly, 114. gratify, 115. invite, 116. jealousy

117. wor_____le investment *adj.* having value or benefit; sufficiently important or beneficial to be worthy of time or effort; deserving of attention or consideration
118. in___t daughter *n.* a baby or very young child
119. portable fr_____r *n.* a device that keeps food, beverages, or other perishable items at low temperatures to maintain their freshness or preserve them for later use
120. fr_____r bag *n.* a device that keeps food, beverages, or other perishable items at low temperatures to maintain their freshness or preserve them for later use
121. sigh of re____f *n.* a feeling of happiness and relaxation that comes when something burdensome is removed or reduced
122. ina_____te the vaccine *v.* to make something idle or inoperative; to release from military service or remove from the active list of military service
123. tu__r at remote sites *n.* a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
124. absolutely op_____d to abortion *adj.* being completely different from something or disagreeing strongly with something
125. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 117. worthwhile, 118. infant, 119. freezer, 120. freezer, 121. relief, 122. inactivate, 123. tumor, 124. opposed, 125. process

126. \$30 a ba___l *n.* a large round container made of wood, metal, or plastic, with flat ends and, usually, curved sides; one of several units of volume
127. re_____t in a mountain region *n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
128. de___ts of character *n.* an imperfection, shortcoming, or lack of something or someone
129. eve_____ng memories *adj.* lasting forever or indefinitely; eternal or infinite in duration, also used to describe something unchanging, constant, or enduring
130. re_____t deeper into their territory *n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
131. cu___e up with a book *v.* to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something
132. second tr_____er ends *n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year
133. a facial ti___e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
134. cultural n__m *n.* something that is regarded as usual, typical, or standard

ANSWERS: 126. barrel, 127. retreat, 128. defect, 129. everlasting, 130. retreat, 131. cuddle, 132. trimester, 133. tissue, 134. norm

135. cr____ia for action *n.* (plural of criterion) standards or conditions by which something may be judged or decided
136. wor_____le endeavor *adj.* having value or benefit; sufficiently important or beneficial to be worthy of time or effort; deserving of attention or consideration
137. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
138. par_____te fully in conversation *v.* to take part in something
139. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
140. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
141. argue with a co_____er *n.* a person who works with another in the same company or organization
142. co___r degree *v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
143. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
144. ob_____le avoidance *n.* a thing that blocks one's way or prevents or hinders progress
145. l_b instrument *n.* a workplace for the conduct of scientific research; a laboratory

ANSWERS: 135. criteria, 136. worthwhile, 137. decide, 138. participate, 139. shock, 140. colleague, 141. coworker, 142. confer, 143. decide, 144. obstacle, 145. lab

146. sp_____en collection *n.* an individual example or sample of something, typically used to represent a larger group or category
147. consistency cr_____ia *n.* (plural of criterion) standards or conditions by which something may be judged or decided
148. he_____om jewelry *n.* a valuable object, typically a piece of jewelry, artwork, or household item, that is passed down from generation to generation as a family heirloom; something that has special sentimental or historical value
149. a gradual re_____on *n.* a decrease in size, amount, or degree
150. re____al cells *n.* the innermost light-sensitive membrane covering the back wall of the eyeball
151. vi____m support *n.* a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
152. p__e a significant threat to my company *v.* to present a risk, problem, or other issues that must be addressed
153. wa__e the claim *v.* to give up or relinquish a claim or right voluntarily; to refrain from insisting on or enforcing a requirement or rule
154. n__m of action *n.* something that is regarded as usual, typical, or standard
155. ins_____ant amount *adj.* of little importance, influence, or power
156. int_____ge station *n.* an exchange of one thing for another, often involving a replacement or substitution; a meeting or intersection of two or more roads or routes

ANSWERS: 146. specimen, 147. criteria, 148. heirloom, 149. reduction, 150. retina, 151. victim, 152. pose, 153. waive, 154. norm, 155. insignificant, 156. interchange

157. in_____te a lawsuit *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
158. in___e guests *v.* to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place
159. co___a damage *n.* the transparent layer at the front of the eye that covers the iris and pupil and helps to focus light onto the retina
160. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
161. a tr_____y during work *n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
162. medical l_b *n.* a workplace for the conduct of scientific research; a laboratory
163. sk__l fracture *n.* a bone framework that surrounds the brain and gives the head its shape
164. re_____r a loss *v.* to return to a former condition, health, mind, or strength
165. th_____y for a patient *n.* the act of caring for someone through medication, remedial training, etc.
166. the d_n of the university *n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge

ANSWERS: 157. institute, 158. invite, 159. cornea, 160. disease, 161. tragedy, 162. lab, 163. skull, 164. recover, 165. therapy, 166. Don

167. a mi____ry leader *adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare
168. an introductory ch____r *n.* a separate section of a written work usually numbered and titled
169. un___k a door with a key *v.* to open something, such as a door, window, etc., usually using a key
170. bi____e behavior *adj.* very strange or unusual
171. gu___y verdict *adj.* feeling responsible for or having done something wrong or criminal
172. ret_____oma tumor *n.* a rare type of malignant tumor that develops in the retina of the eye, primarily affecting young children, characterized by abnormal cell growth and can lead to vision loss or other eye-related complications if left untreated
173. feel a bit gu___y *adj.* feeling responsible for or having done something wrong or criminal
174. in___t food *n.* a baby or very young child
175. the ul____te goal in life *adj.* furthest or highest in degree or order
176. weak fou_____on *n.* the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes

ANSWERS: 167. military, 168. chapter, 169. unlock, 170. bizarre, 171. guilty, 172. retinoblastoma, 173. guilty, 174. infant, 175. ultimate, 176. foundation

177. re__x a series of muscles *v.* to become or cause someone to become less active or tense and calmer
178. re__x at home *v.* to become or cause someone to become less active or tense and calmer
179. the ad____on of a plan *n.* the action or fact of legally taking another's child as one's own; the act of accepting with approval
180. tra_____nt a heart *v.* to move or transfer something from one place or person to another; to take living tissue or an organ from one person, animal, part of the body, etc. and put it into or onto another
181. a t__n-lens camera *n.* either of two children born at the same time from the same mother
182. political do____on *n.* a voluntary gift of money, service, or ideas that are given to a person or an organization, or the act of giving them
183. re____r approval ratings *v.* to return to a former condition, health, mind, or strength
184. un___k value *v.* to open something, such as a door, window, etc., usually using a key
185. financially in____ed *adj.* owing money or having financial obligations to another person or organization; feeling grateful or obligated to someone for their help, support, or kindness
186. research in_____tes *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

ANSWERS: 177. relax, 178. relax, 179. adoption, 180. transplant, 181. twin, 182. donation, 183. recover, 184. unlock, 185. indebted, 186. institute

187. an ins_____ant mistake *adj.* of little importance, influence, or power
188. or__n bleeding *n.* a part of the body of an animal or plant that has a particular purpose and performs a specific job
189. re_____nd a hospitalization *v.* to suggest that someone or something would be a suitable fit for a particular purpose or role
190. su_____nd a town *v.* to be all around something or somebody
191. me_____n name *v.* to speak or write about something or someone briefly
192. do___e blood to the Red Cross *v.* to give money, food, clothes, etc. to help a person or organization
193. fairly ty_____l symptoms *adj.* having the usual characteristics or traits of a specific group of things
194. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
195. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
196. so_____am image *n.* a visual representation or image obtained by using ultrasonic waves used for medical purposes such as viewing a fetus during pregnancy or examining internal organs

ANSWERS: 187. insignificant, 188. organ, 189. recommend, 190. surround, 191. mention, 192. donate, 193. typical, 194. diagnose, 195. process, 196. sonogram

197. a silence pr_____nt with suspense *adj.* having a baby or young animal developing in the uterus
198. don't dis_____nt me *v.* to fail to meet someone or their hopes or expectations; to make someone feel sad
199. cu____e buddy *v.* to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something
200. a cell phone with an internet fa_____ty *n.* a building or place that provides a particular service or is used for a particular industry
201. pr_____e services *v.* to obtain, acquire, or secure something, often by effort or skill
202. the list was ar_____ed alphabetically *v.* to plan, prepare for, and carry out something
203. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
204. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
205. gr_____y desires *v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite
206. par_____te in the program *v.* to take part in something
207. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

ANSWERS: 197. pregnant, 198. disappoint, 199. cuddle, 200. facility, 201. procure, 202. arrange, 203. disease, 204. communal, 205. gratify, 206. participate, 207. rev

208. the height of a p__e *n.* a collection of objects positioned one on top of another; a large sum of something, such as money
209. tr_____er system *n.* approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year
210. ut___s cancer *n.* a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth
211. loss of muscle ti___e *n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
212. undergo a surgical pr_____re *n.* a way of doing something, especially the official or well-known way
213. a birth cer_____te *n.* an official document stating that the information contained within is true
214. unsolved my_____y *n.* something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle
215. sa_____ce anything to get ahead *n.* the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important

ANSWERS: 208. pile, 209. trimester, 210. uterus, 211. tissue, 212. procedure, 213. certificate, 214. mystery, 215. sacrifice

216. have no re_____ce *n.* the state or degree of being closely connected or appropriate to the matter at hand
217. gen_____ly inherited traits *adv.* in a way that relates to or is produced by genes (= the units in the cells of a living thing received by an animal or plant from its parents) or heredity
218. burn with je_____sy *n.* a feeling of resentment or bitterness towards someone because they have something that you desire
219. take im_____te effect *adj.* happening or done without delay or occurring shortly after something else
220. botanical sp_____en *n.* an individual example or sample of something, typically used to represent a larger group or category
221. pair of id_____al twins *adj.* being the exact same one
222. ad_____on assistance *n.* the action or fact of legally taking another's child as one's own; the act of accepting with approval

ANSWERS: 216. relevance, 217. genetically, 218. jealousy, 219. immediate, 220. specimen, 221. identical, 222. adoption

Session 3: Fill in the Blanks

1. The _____ modified crops were resistant to pests and required less water.
adv. in a way that relates to or is produced by genes (= the units in the cells of a living thing received by an animal or plant from its parents) or heredity
2. The patient will undergo _____ transplant surgery tomorrow.
n. a large organ in the body, involved in many metabolic processes, such as detoxification of the organism, and the synthesis of proteins
3. The _____ of this information to the current situation needs to be investigated.
n. the state or degree of being closely connected or appropriate to the matter at hand
4. The _____ of Japan is known for its unique culture and advanced technology.
n. a large organized community of people living in a particular country or region and having a particular culture
5. I can't help but _____ my friend's ability to stay calm in stressful situations.
v. to experience a feeling of jealousy or resentment towards someone because of their possessions, qualities, or achievements; to desire to have something that someone else has; (noun) a feeling of resentment or jealousy towards someone else's perceived advantage or success
6. Breast _____ is the most common type of cancer in women.
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

ANSWERS: 1. genetically, 2. liver, 3. relevance, 4. nation, 5. envy, 6. cancer

7. This device is used to _____ brain cancer and other tumors.
v. to determine or distinguish the nature of a problem or an illness through a careful analysis
8. On three sides, mountains _____ the settlement.
v. to be all around something or somebody
9. He received a _____ in computer programming from the local college.
n. an official document stating that the information contained within is true
10. She is still _____ from a shot to her shoulder.
v. to return to a former condition, health, mind, or strength
11. One rotten apple spoils the whole _____.
n. a large round container made of wood, metal, or plastic, with flat ends and, usually, curved sides; one of several units of volume
12. Both forts were subject to _____ attacks.
adj. happening or done without delay or occurring shortly after something else
13. Perseverance and optimism are _____ to success.
adj. necessary for the success or continued existence of something
14. The systems we have developed has accepted as industry _____.
n. something that is regarded as usual, typical, or standard
15. The perspective of his right brain _____ his consciousness.
v. to have or control a lot of power and influence over somebody or something

ANSWERS: 7. diagnose, 8. surround, 9. certificate, 10. recovering, 11. barrel, 12. immediate, 13. vital, 14. norms, 15. dominates

16. Damage to the _____ may play a role in the development of glaucoma.
n. the innermost light-sensitive membrane covering the back wall of the eyeball
17. She worked very hard not to _____ her boss's expectations.
v. to fail to meet someone or their hopes or expectations; to make someone feel sad
18. The truth was more _____ than expected.
adj. very strange or unusual
19. We _____ taking media training every six months.
v. to suggest that someone or something would be a suitable fit for a particular purpose or role
20. He tried to _____ the seedling into a larger pot.
v. to move or transfer something from one place or person to another; to take living tissue or an organ from one person, animal, part of the body, etc. and put it into or onto another
21. The majority of students actively _____ in the college's intramural sports program.
v. to take part in something
22. There is plenty of space to _____ everyone.
v. to place a dead body in the ground, grave, or tomb
23. The customs officer required the traveler to _____ his suitcase.
v. to open something, such as a door, window, etc., usually using a key

ANSWERS: 16. retina, 17. disappoint, 18. bizarre, 19. recommend, 20. transplant, 21. participated, 22. bury, 23. unlock

24. He made a generous _____ to the charity.
- n.* a voluntary gift of money, service, or ideas that are given to a person or an organization, or the act of giving them
25. The leaders of the two countries met to _____ on the issue.
- v.* to have a meeting or discussion to come to a decision or agreement or exchange ideas; to bestow something
26. The workers had to dig through solid rock to create the vehicular _____ allowing the cars to pass through the mountain.
- n.* an underground or underwater passage, typically for trains or cars
27. The family recipe for apple pie has become an _____ tradition.
- n.* a valuable object, typically a piece of jewelry, artwork, or household item, that is passed down from generation to generation as a family heirloom; something that has special sentimental or historical value
28. The system for purifying the air uses UV light to _____ microorganisms.
- v.* to make something idle or inoperative; to release from military service or remove from the active list of military service
29. The night shift _____ checked my vital signs before administering the medication.
- n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
30. Archaeologists found a Neanderthal _____ at that historic site.
- n.* a bone framework that surrounds the brain and gives the head its shape
31. The Prime Minister will pay a courtesy visit to the Nobel laureate's _____.
- n.* a workplace for the conduct of scientific research; a laboratory

ANSWERS: 24. donation, 25. confer, 26. tunnel, 27. heirloom, 28. inactivate, 29. nurse, 30. skull, 31. lab

32. I put the ice cream in the _____ to keep it from melting.
- n.* a device that keeps food, beverages, or other perishable items at low temperatures to maintain their freshness or preserve them for later use
33. Macbeth is a famous _____ by Shakespeare.
- n.* an event or situation causing great loss, misfortune, or destruction; a play or literature that deals with a severe and sad event and often ends with the death of the main character
34. His father's death changed his whole _____ on life.
- n.* a confident attitude toward something; a particular style of thinking about something
35. His _____ of his brother's success caused a rift in their relationship.
- n.* a feeling of resentment or bitterness towards someone because they have something that you desire
36. He could never go against what ____ Carlos said.
- n.* a Spanish gentleman; a university lecturer, especially a senior member of a college at Oxford or Cambridge
37. I bought a new tool ____ for my home repair projects.
- n.* a set of tools, supplies, or equipment for a particular purpose
38. The _____ platform focused on healthcare reform and reducing income inequality.
- n.* a person who is seeking or being considered for some kind of position, title, honor, or award; a job applicant
39. Each person has a unique _____ experience.
- n.* a very great sadness, especially when somebody dies

ANSWERS: 32. freezer, 33. tragedy, 34. perspective, 35. jealousy, 36. Don, 37. kit, 38. candidate's, 39. grief

40. The _____ course was challenging but fun.

n. a thing that blocks one's way or prevents or hinders progress

41. She _____ the loss of her parents.

v. to feel or show great sadness or sorrow, especially for someone who has died

42. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

43. An _____ teacher might spark students' motivation to succeed.

adj. stimulating and motivating you to want to do something

44. The homeowners decided to _____ the inspection fee for the interested buyers to make the sale smoother.

v. to give up or relinquish a claim or right voluntarily; to refrain from insisting on or enforcing a requirement or rule

45. She was proud to receive a _____ for her hard work and dedication to the sport.

n. a flat, usually circular piece of metal or other material that is often given as an award or commemoration for an achievement, victory, or honor

46. After the party, they had to clean up _____ of dirty dishes.

n. a collection of objects positioned one on top of another; a large sum of something, such as money

47. The _____ of the building was cracked and needed to be repaired.

n. the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes

ANSWERS: 40. obstacle, 41. grieved, 42. decide, 43. inspiring, 44. waive, 45. medal, 46. piles, 47. foundation

48. I'm strongly _____ to that plan.

adj. being completely different from something or disagreeing strongly with something

49. Early detection and treatment of _____ can save both vision and lives.

n. a rare type of malignant tumor that develops in the retina of the eye, primarily affecting young children, characterized by abnormal cell growth and can lead to vision loss or other eye-related complications if left untreated

50. This region has many _____ offering higher education.

n. an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

51. The _____ on the food package lists the ingredients and nutritional information.

n. a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category

52. We want to _____ you to our annual charity event.

v. to ask someone to come or join; to offer an opportunity or possibility for something to happen or take place

53. His body rejected the liver of the _____.

n. a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

54. _____ in the design could cause much worse issues.

n. an imperfection, shortcoming, or lack of something or someone

ANSWERS: 48. opposed, 49. retinoblastoma, 50. institutes, 51. label, 52. invite, 53. donor, 54. Defects

55. The news of her promotion _____ her.
v. to make someone feel suddenly enthusiastic or eager
56. I _____ to him that I had seen his sister at the grocery store earlier that day.
v. to speak or write about something or someone briefly
57. The _____ of the crime deserves justice and support to recover from the trauma.
n. a person who has been harmed, injured, or otherwise negatively affected by a particular action, circumstance, or event
58. Infant formulas are nutritionally almost _____ to a mother's breast milk.
adj. being the exact same one
59. The doctor diagnosed him with a rare _____ that had no known cure.
n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
60. The _____ in carbon emissions has been significant since the implementation of the new policy.
n. a decrease in size, amount, or degree
61. X-rays revealed a small tumor in his _____.
n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling
62. You cannot accomplish great things without a _____ of your time or money.
n. the act of killing an animal or person or surrendering a possession as an offering to a deity; (verb) to give up something important or valuable to help another person or get or do something that seems more important

ANSWERS: 55. excited, 56. mentioned, 57. victim, 58. identical, 59. disease, 60. reduction, 61. brain, 62. sacrifice

63. I underwent aversion _____ for my addiction to alcohol.
- n.* the act of caring for someone through medication, remedial training, etc.
64. The _____ surrounding the disappearance of the traveler has yet to be solved by authorities.
- n.* something difficult to understand or explain; a secret or enigmatic quality that adds to the fascination or interest of something; a genre of fiction that involves the solution of a crime or a puzzle
65. The patient was diagnosed with a _____ in her lung.
- n.* a mass of diseased tissue that forms when cells in the body divide and grow in an uncontrolled way
66. The _____ for applying for a visa can be lengthy and complicated.
- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
67. The golfer recorded an _____ distance.
- adj.* extremely surprising, especially in a way that you like or admire
68. He got an electric _____ at work.
- n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
69. The _____ process can be long and difficult, but it is worth it for the love of a child.
- n.* the action or fact of legally taking another's child as one's own; the act of accepting with approval

ANSWERS: 63. therapy, 64. mystery, 65. tumor, 66. process, 67. amazing, 68. shock, 69. adoption

70. _____ elections were held in several European countries.

adj. belonging to or used by a group rather than individuals; for common use

71. The physician prescribed medication to relieve the contraction of the _____.

n. a hollow muscular organ in the body of a woman or other female mammal in which a baby or young animal develops before birth

72. She vacated the position when she got _____.

adj. having a baby or young animal developing in the uterus

73. The doctor showed the expectant couple the _____ of their baby during the ultrasound appointment.

n. a visual representation or image obtained by using ultrasonic waves used for medical purposes such as viewing a fetus during pregnancy or examining internal organs

74. The first _____ of pregnancy is the most crucial for the development of the fetus.

n. approximately three months, especially one of the three three-month periods into which human pregnancy is traditionally divided; one of three divisions of an academic year

75. He stepped on the gas pedal, and the engine released a loud ____.

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

76. This artwork is _____ of her work.

adj. having the usual characteristics or traits of a specific group of things

ANSWERS: 70. Communal, 71. uterus, 72. pregnant, 73. sonogram, 74. trimester, 75. rev, 76. typical

77. Mozart was an _____ prodigy.

n. a baby or very young child

78. The biology teacher showed the students a frog _____ so they could examine its anatomy.

n. an individual example or sample of something, typically used to represent a larger group or category

79. After much contemplation, the suspect decided to plead _____ to the theft charge.

adj. feeling responsible for or having done something wrong or criminal

80. Our company _____ to the school endowment fund every year.

v. to give money, food, clothes, etc. to help a person or organization

81. The pilot and flight attendant ran through the check-out _____.

n. a way of doing something, especially the official or well-known way

82. The writer's words left an _____ impact on his readers.

adj. lasting forever or indefinitely; eternal or infinite in duration, also used to describe something unchanging, constant, or enduring

83. My ex-_____ and I had different working styles but managed to get along.

n. a person who works with another in the same company or organization

84. I love to _____ with my dog on the couch after a long day.

v. to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something

ANSWERS: 77. infant, 78. specimen, 79. guilty, 80. donates, 81. procedure, 82. everlasting, 83. coworker, 84. cuddle

85. The chemicals _____ a massive health risk.

v. to present a risk, problem, or other issues that must be addressed

86. A scratched _____ can be very painful and may cause blurry vision.

n. the transparent layer at the front of the eye that covers the iris and pupil and helps to focus light onto the retina

87. The navy _____ ships of defeated nations.

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

88. The company _____ the job candidate's application due to a lack of experience.

v. to refuse to accept, consider, or use something or someone

89. The final _____ provides a summary of the discussion.

n. a separate section of a written work usually numbered and titled

90. The _____ team worked quickly to save the patient's life.

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

91. He made me feel small and _____.

adj. of little importance, influence, or power

92. Women are advised to take folic acid before and during early pregnancy to reduce the risk of _____ and other neural tube defects.

n. a congenital condition characterized by the absence of a major portion of the brain, skull, and scalp at birth

ANSWERS: 85. pose, 86. cornea, 87. interned, 88. rejected, 89. chapter, 90. medical, 91. insignificant, 92. anencephaly

93. This company has an entire recycling _____ including major reprocessing plants.
- n.* a building or place that provides a particular service or is used for a particular industry
94. I need to _____ some supplies for the upcoming project.
- v.* to obtain, acquire, or secure something, often by effort or skill
95. Management must take _____ responsibility for the accident.
- adj.* furthest or highest in degree or order
96. Your spinal _____ is located deep within your body.
- n.* a strong, thick, or thin thread or rope; a piece of plastic-coated wire used to transport electricity to a piece of equipment
97. I decided to seek counseling on the advice of my _____.
- n.* one of a group of a coworker, especially in a profession or a business
98. The _____ academy was known for its strict discipline and training.
- adj.* relating to or characteristic of members of the armed forces; of or relating to war or warfare
99. The researcher separated the nervous _____ for microscopic examinations.
- n.* an ensemble of similar cells of the animal or plant that together carry out a specific function
100. I always try to _____ my boss by achieving the sales target every month.
- v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite

ANSWERS: 93. facility, 94. procure, 95. ultimate, 96. cord, 97. colleague, 98. military, 99. tissue, 100. gratify

101. The highway had a dangerous _____ where accidents were common.

n. an exchange of one thing for another, often involving a replacement or substitution; a meeting or intersection of two or more roads or routes

102. He devoted his life to establishing a humanitarian _____ fund.

n. a feeling of happiness and relaxation that comes when something burdensome is removed or reduced

103. Shall we _____ a bite to eat?

v. to take hold of something or someone suddenly with a hand, especially in a violent way

104. Volunteering for a _____ cause is important for building a sense of community.

adj. having value or benefit; sufficiently important or beneficial to be worthy of time or effort; deserving of attention or consideration

105. He didn't meet all the _____ but he was hired anyway.

n. (plural of criterion) standards or conditions by which something may be judged or decided

106. These infections have the potential to impact practically every _____ system.

n. a part of the body of an animal or plant that has a particular purpose and performs a specific job

107. I need to _____ plans with him for the celebration.

v. to plan, prepare for, and carry out something

108. Many people go on a _____ to recharge and reconnect with themselves.

n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

ANSWERS: 101. interchange, 102. relief, 103. grab, 104. worthwhile, 105. criteria, 106. organ, 107. arrange, 108. retreat

109. Its _____ brothers are difficult to tell apart except for their parents.

n. either of two children born at the same time from the same mother

110. The rules were _____ after the new executive arrived.

v. to become or cause someone to become less active or tense and calmer

111. He felt _____ to his parents for all the sacrifices they had made for him.

adj. owing money or having financial obligations to another person or organization;
feeling grateful or obligated to someone for their help, support, or kindness

ANSWERS: 109. twin, 110. relaxed, 111. indebted