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Vocabulary Builder Reference from...

Eleanor Nelsen: Why do people have seasonal

allergies? | TED Talk

https://www.ted.com/talks/eleanor_nelsen_why_do_p

eople_have_seasonal_allergies



All Words

IMPORTANT

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Session 1: Word List

bloom

n. a flower, especially one having showy or colorful parts; the best time of youth

synonym: blossom, flush, flower

(1) **bloom** in autumn, (2) black-and-white **blooms**The cherry blossoms in the park were in full **bloom**.

allergy

 a hypersensitivity disorder of the immune system, characterized by an exaggerated response to certain allergens, such as pollens, foods, and drugs

synonym: hypersensitivity, reaction

(1) food **allergy**, (2) **allergy** treatment The **allergy** test helped to determine the cause of her symptoms.

inspire

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

synonym: boost, encourage, enlighten

(1) **inspire** a feeling of curiosity, (2) **inspire** him to write a novel

The unique style of this martial arts **inspired** many action film producers.

dread

v. to be very afraid of or worried about something that is going to happen or that might happen

synonym: fear, cringe, apprehend

(1) dread failure, (2) dread getting old

We all **dread** to think about what will happen if the company goes bankrupt.

sneeze

v. to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants

synonym: exhale, whiff, blow

(1) **sneeze** into my hand, (2) **sneeze** loudly Whenever I get a cold, I tend to **sneeze** a lot.

congest

v. to make something blocked or crowded so as to hinder or prevent freedom of movement or flow of liquid

synonym: clog, choke, crowd

(1) **congest** in a vein, (2) **congest** a highway

The roads to the airport were heavily congested.

swell

v. to become larger or more inflated; to become more intense or important

synonym: expand, increase, inflate

(1) **swell** at room temperature, (2) **swell** a population His arm was **swelling** from the insect bite.

watery

adj. full of or containing water; wet

synonym: liquid, wet, damp

(1) a watery fluid, (2) go to a watery grave

The soup was too watery and needed more flavor.

itch

v. to have an uncomfortable feeling on the skin that makes you want to scratch it

synonym: scratch, tingle, irritate

(1) itch constantly, (2) itch to speak

I can't stop **itching** my arm because of the mosquito bite.

onslaught

n. a fierce or violent attack; a sudden and intense outburst of something, usually negative

synonym: attack, assault, charge

(1) onslaught of criticism, (2) urban onslaught

The village was unprepared for the sudden **onslaught** of the enemy army.

mucus

 a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.

synonym: secretion, slime, saliva

(1) airway mucus, (2) nasal mucus

When the body temperature drops, mucus secretion fails.

immune

adj. protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

synonym: resistant, unsusceptible, unaffected

(1) **immune** from criminal prosecution, (2) the cell of the **immune** system

The vaccination does not necessarily make you completely **immune**.

seasonal

adj. occurring or varying according to the season or time of year; related to or affected by the changing seasons

synonym: periodic, cyclic

(1) seasonal allergies, (2) seasonal fruits

The pumpkin patch only operates during the **seasonal** fall months.

hay

 grass that has been cut and dried for use as animal feed or bedding; a stack or bale of this dried grass

synonym: straw, fodder, forage

(1) hay cube, (2) hay asthma

We sat on a hay bale and watched the sunset over the fields.

allergic

adj. having or caused by an allergy

synonym: hypersensitive, supersensitive, susceptible

(1) allergic children, (2) allergic to pollen

The infection triggered a high fever and **allergic** reactions.

rhinitis

inflammation or irritation of the mucous membrane lining n. the nose, resulting in symptoms such as sneezing, nasal congestion, runny nose, and itching

synonym: runny nose, coryza, hay fever

(1) seasonal rhinitis, (2) allergic rhinitis

She has been suffering from chronic **rhinitis** for years and has tried various medications to relieve her symptoms.

hypersensitive

adj. easily or overly affected emotionally, physically, or mentally by stimuli or situations that are not normally considered stressful or upsetting

synonym: over-sensitive, touchy, fragile

(1) hypersensitive reaction, (2) hypersensitive nerve endings

She became **hypersensitive** to criticism after being bullied in school.

pollen

a fine powder substance consisting of microscopic grains produced by plants that facilitate their reproductive process through the process of pollination

synonym: dust, spores, allergen

- (1) **pollen** allergy symptoms, (2) high **pollen** count My allergies flare up during **pollen** season, making it difficult to breathe.
- a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long

synonym: cavity, cast, mildew

(1) a casting **mold**, (2) **mold** allergy Mushrooms and **mold** are fungi.

mold

spore

 a reproductive cell that is capable of developing into a new individual without fertilization, especially one produced by certain bacteria, fungi, and algae

synonym: seed, reproductive cell, particle

(1) anthrax **spore**, (2) **spore** reproduction

Bacteria and some algae also produce **spores** as a means of survival and dispersal, and they are often found in soil, water, and other environments.

fungus

 a type of organism that includes yeasts, molds, and mushrooms, which are heterotrophic, meaning they do not produce their food and must consume organic matter to survive

synonym: mold, mildew, yeast

(1) fungus infection, (2) symbiotic fungus

Certain types of **fungus** can be toxic to humans, causing severe illness if ingested.

membrane

- n. a soft, thin layer that forms animal or vegetable tissuesynonym: tissue layer
- cell membranes,
 nuclear membrane
 Loud noises might harm the fragile ear membrane.

innocuous

adj. not harmful or dangerous; unlikely to cause injury or damage

synonym: harmless, innocent, benign

(1) **innocuous** joke, (2) **innocuous** substance

The spider in the corner of the room seemed **innocuous**, but it made her uneasy.

infectious

adj. able to be passed quickly from one person, animal, or plant to another, especially through air or water

synonym: contagious, epidemic, transmittable

(1) an **infectious** fever, (2) person's smile is **infectious** Leprosy is an indolent **infectious** disease.

bacteria

n. single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease

synonym: microorganism, microbe

(1) pathogenic **bacteria**, (2) harmless **bacteria Bacteria** prevalent in hospitals are often resistant to antibiotics.

substance

 n. the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

synonym: essence, core, material

(1) an explosive **substance**, (2) **substance** abuse problem The **substance** of the argument was well-presented.

threaten

 to utter intentions of injury or punishment against someone

synonym: endanger, terrorize, intimidate

(1) **threaten** a healthy relationship, (2) **threaten** national security

Various artificially induced causes are **threatening** our ecosystem.

antibody

- a substance produced in the blood that attacks and kills harmful bacteria, viruses, etc., to fight disease
- (1) produce **antibody**, (2) **antibody** against bacteria This pharmaceutical company is developing **antibody** drugs with fewer side effects.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement It's important to **recognize** your strengths and weaknesses.

offend

- v. to cause someone to feel upset, angry, or annoyed synonym: insult, hurt, anger
- (1) **offend** his sensibilities, (2) **offend** a customer His rude comments **offended** many people at the party.

prompt

v. to make someone decide to or try to do something, or to make something happen

synonym: actuate, inspire, incite

- (1) **prompt** a feeling of hunger, (2) **prompt** a debate That incident **prompted** a nationwide chain reaction regarding the crackdown on illegal groups.
- v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

synonym: raise, enroll, enlist

(1) **recruit** a good worker, (2) **recruit** a new hire The colonial government **recruited** militia support when civil war broke out.

defend

recruit

v. to protect someone or something from attack, criticism, danger, etc.

synonym: protect, guard, support

(1) **defend** my country, (2) **defend** against a threat International law allows each nation to **defend** itself when its rights and interests are illegally violated.

accidentally

adv. by chance or without planningsynonym: by chance, unintentionally, unwittingly

(1) they met **accidentally**, (2) **accidentally** coincide He was **accidentally** killed by friendly fire.

discriminate

v. to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things

synonym: show prejudice, segregate, differentiate

(1) discriminate against women employees,

(2) discriminate between different things

You should not **discriminate** against minorities.

harmless

adj. not able or not likely to cause damage or harm synonym: benign, innocuous, inoffensive

- (1) **harmless** in most people, (2) **harmless** substances Most people thought of him as a **harmless** eccentric.
- v. to be carried along, as if by a current of air or water; to float or drift gently; (noun) a gentle movement or flow of air, usually carrying a scent, sound, or sensation with it synonym: float, drift, glide
- (1) **waft** in the breeze, (2) **waft** of steam

 The smell of freshly baked bread began to **waft** through the house.

latch

waft

 a device for holding a door or gate closed, typically a sliding bar or bolt

synonym: lock, catch, bolt

(1) set the latch, (2) latch mechanism

The latch on the gate was broken, so the cows got loose.

trigger

- v. to make something happen suddenly; to cause something such as a device, machine, etc. to function synonym: activate, spark, drive
- (1) **trigger** a biochemical response, (2) **trigger** inflation The incident **triggered** a political controversy.

release

- v. to set free or allow to escape from confinement synonym: free, let go, discharge
- (1) **release** a prisoner, (2) **release** CO2 into the air The animal rights group worked to **release** the dolphins back into the wild.

inflame

v. to cause very strong feelings such as anger or excitement in a person or a group of people

synonym:

agitate, arouse, enrage

(1) **inflame** skin, (2) **inflame** his passion

Her eyes **inflamed** with crying.

chemical

adj. relating to or connected with chemistry;

synonym: chemic, synthetic

(1) toxic chemicals, (2) a chemical compound

The firm has grown into a large **chemical** manufacturing.

histamine

- a substance produced by the body, sometimes found in foods, that can cause allergic reactions, inflammation, or other physiological responses
- (1) **histamine** reaction, (2) **histamine** blocker His allergies caused **histamine** release in his body, leading to congestion and sneezing.

stimulate

v. to encourage something to develop or become more active; to stir the feelings or emotions

synonym: excite, provoke, arouse

(1) **stimulate** the economy, (2) **stimulate** the nervous system

The book **stimulated** my imagination.

nervous

adj. worried and anxious about something; relating to the nerves

synonym: neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous** He suffers from **nervous** breakdowns.

vessel

n. a ship or large boat

synonym: boat, ship, craft

(1) blood **vessels**, (2) naval **vessels**

The **vessel** arrived in port the following day.

leak

v. to allow liquid or gas to get in or out from a hole or crack in a pipe or container

synonym: outflow, divulge, disclose

(1) leak data, (2) leak a classified memo

He **leaked** serious accounting irregularities that only people in the company's executive could know.

fluid

- n. a substance that can flow and is not solidsynonym: liquid, aqua, sap
- (1) plenty of **fluids**, (2) **fluid** assets

She was diagnosed with a **fluid** buildup in her lungs.

genetics

- the branch of biology that studies genes, genetic variation, and heredity in organisms
- (1) the science of **genetics**, (2) **genetics** discrimination He is a specialist in the **genetics** of aging.

culprit

- n. someone who is responsible for a crime or wrongdoingsynonym: criminal, felon, fugitive
- (1) the **culprit** of global warming, (2) the arrest of the **culprit** They finally found the **culprit** of the bug after a long time.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers associate this brand with quality.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment** Every human is responsible for taking care of the Earth's **environment**.

exposed

adj. having no protection or shield from something, such as bad weather, attack, or criticism

synonym:

endangered, revealed, disclosed

(1) **exposed** to radiation, (2) an **exposed** rock

Tech companies often employ **exposed** ducts and other materials in their office interiors.

allergen

 a substance, such as pollen, dust mites, certain foods, or pet dander that can trigger an allergic reaction in susceptible individuals

synonym: irritant, trigger, substance

(1) airborne allergen, (2) seasonal allergen

Pollen is a common **allergen** that triggers hay fever in many people.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

encounter

v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

synonym: meet, run into, come across

(1) encounter a crisis, (2) encounter a storm

I'm prepared to **encounter** challenges throughout this adventure.

microbe

a tiny living thing that can only be seen with a microscope and that may cause disease

synonym: germ, microorganism, bacterium

(1) pathogenic **microbe**, (2) **microbes** sterilizer **Microbes** thrive on the surface of the human skin.

parasite

 an organism that lives on or in another organism and benefits by deriving nutrients at the other's expense

synonym: hitchhiker, leech, saprophyte

(1) blood-sucking **parasite**, (2) **parasite** disease Tapeworms are **parasites** that live in the intestines of humans and animals.

evolve

v. to develop gradually, or to cause the development of something or someone gradually

synonym: develop, mature, grow

(1) **evolve**, (2) **evolve** over the past decade Eyeless fish **evolved** in dark caves.

tradition

 a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym: custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition** It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

hunt

 to go after and try to catch wild animals to kill them for food, sport, or profit

synonym: chase, pursuit, quest

(1) hunt a job, (2) hunt after knowledgeHounds hunt their prey by using their keen scent.

hygiene

 the practice of maintaining cleanliness in the home and person to prevent illness

synonym: cleanliness, health, sanitation

(1) **hygiene** practices, (2) public **hygiene**Good **hygiene** is important for preventing the spread of illness.

hypothesis

 a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate *synonym*: assumption, conjecture, theory

(1) test my **hypothesis**, (2) a bold **hypothesis**. This evidence supports the big-bang **hypothesis**.

cast

v. to cause light or shadow to appear on a surface; to assing or choose someone such as an actor or representative, especially by selection process

synonym: throw, project, select

(1) cast a ballot, (2) cast a charming eye

This accident **cast** a dark shadow over their lives.

mount

v. to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

synonym: climb, increase, get on

(1) **mount** a hill, (2) **mount** a counterattack

They **mounted** pictures on the paper in preparation for the birthday card.

pathogen

 a bacterium, virus, or other microorganism that causes disease

synonym: germ, microbe, bacterium

(1) plant **pathogen**, (2) the **pathogen** in the air mRNA vaccines are approved faster because they do not contain inactivated **pathogens**.

overreact

v. to react more strongly or excessively than is necessary or appropriate

synonym: overplay, exaggerate, overstate

(1) **overreact** with anger, (2) **overreact** to the criticism She **overreacted** to the situation and caused unnecessary stress.

dander

 tiny scales or particles of dry skin that are shed by animals, particularly cats and dogs, and can cause allergic reactions in some individuals synonym: irritation, annoyance, fury

(1) allergenic dander, (2) pet dander

I have a severe allergy to cat **dander**, so I try to avoid places with cats.

insect

- any small creature that has six legs and a body divided into three sections
- (1) **insect** antenna, (2) **insect** biology

These **insects** are more prevalent above a certain latitude.

venom

 a toxic substance produced by an animal, typically a snake or insect, and injected into prey or an enemy by biting or stinging

synonym: poison, toxin, hating

(1) the **venom** of a lizard, (2) injected **venom**

The snake's **venom** is highly toxic and can be fatal to humans.

medication

 a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

overdrive

 a gear in a vehicle that allows the engine to operate at a higher speed than the vehicle's speed, resulting in greater fuel efficiency and smoother driving; (verb) to drive or work too hard

synonym: high gear, high speed, turbocharge

(1) atrial **overdrive** pacing, (2) go into **overdrive**

The car's **overdrive** function allows it to shift into a higher gear for better fuel efficiency on the highway.

reaction

a response that reveals a person's feelings or attitude;
 (in chemistry) a process in which one or more substances are changed into others

synonym: response, reply, answer

(1) chemical **reaction**, (2) trigger a **reaction**

There was a chemical **reaction** of the lime with the groundwater.

scary

adj. causing fear or fright; frightening; intimidating

synonym: terrifying, frightening, alarming

(1) scary dream, (2) scary story

The horror movie was so **scary** that I couldn't watch it alone.

full-blown

adj. fully developed or manifesting in its complete form, often used to describe a difficult situation or condition

synonym: complete, total, absolute

(1) full-blown crisis, (2) full-blown epidemic

The hurricane hit the coast at **full-blown** force, causing widespread destruction.

anaphylaxis

a severe and potentially life-threatening allergic reaction including difficulty breathing, low blood pressure, hives, and swelling that occurs rapidly and affects multiple organs, typically triggered by exposure to an allergen such as a food, medication, or insect sting

synonym: severe allergic reaction, hypersensitivity

(1) severe **anaphylaxis**, (2) fatal **anaphylaxis**He had a severe allergic reaction and went into life-threatening **anaphylaxis** within minutes.

typical

adj. having the usual characteristics or traits of a specific group of things

synonym: characteristic, usual, distinctive

(1) **typical** leader, (2) fairly **typical** symptoms. This artwork is **typical** of her work.

severe

adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

synonym: harsh, relentless, powerful

(1) **severe** heat, (2) a **severe** case of pneumonia

The senator received **severe** criticism from his opponent.

swelling

 an abnormal local enlargement of a part of your body, mainly because of illness or injury

synonym: bulge, bump, inflammation

(1) **swelling** of the ankle, (2) hard **swelling** on the body After intensive icing by the trainer, the **swelling** went down.

breath

the air that is taken into and expelled from your lungs;
 the process of taking into and expelling air from your lungs

synonym: air, puff, whiff

(1) hold your breath, (2) breath of windHe bated his breath when talking about this affair.

autoimmune

- adj. relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances
- (1) insulin **autoimmune** syndrome, (2) **autoimmune** disorder

The presence of certain substances triggered the **autoimmune** response.

disorder

 an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym: chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

sclerotic

adj. referring to the hardening or thickening of a tissue, organ, or other body parts, often due to infection, disease, or aging

synonym: hardened, rigid, stiff

(1) sclerotic lesion, (2) sclerotic plaques

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The **sclerotic** arteries in his legs made it difficult for him to walk long distances.

lupus

- an autoimmune disease that can affect various parts of n the body, including the skin, joints, and internal organs, and is characterized by inflammation and tissue damage
- (1) drug-induced **lupus**, (2) **lupus** treatment Treatment for **lupus** depends on the severity of the disease and may include medication, lifestyle changes, and regular check-ups with a rheumatologist.

diabetes

- a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
- (1) juvenile diabetes, (2) diabetes patient My father was tested for diabetes.

symptom

any sensation or change in body or mind that is n. experienced by a patient and is associated with a particular disease

synonym: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms** The patient displays a **symptom** of a side effect.

miserable

adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

synonym: unhappy, wretched, cheerless

- (1) **miserable** weather, (2) **miserable** experience She felt **miserable** after her dog passed away.
- to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly

synonym: tie, stick to, adhere

(1) **bind** the man's hands, (2) **bind** old letters into a bundle The company's rules **bind** the employee's working hours.

bind

inflammation

 a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury

synonym: rash, hives, irritation

(1) reduce **inflammation** and pain, (2) **inflammation** of the lungs

The medicine soothes the pain of chronic **inflammation**.

dial

v. to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called

synonym: adjust, set, turn

(1) dial up the volume, (2) dial down the tensionHe dialed the phone number and waited for an answer.

permanent

adj. lasting for a long time without essential changesynonym: lasting, ceaseless, endless

(1) literature of **permanent** value, (2) **permanent** life insurance

She is searching for a **permanent** residence.

deliberate

adj. done with full consciousness of nature and effects rather than by accident

synonym: intentional, planned, careful

(1) the **deliberate** act of provocation, (2) **deliberate** attempt Despite its advanced science and technology, the empire was **deliberate** about invasion.

exposure

 the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

synonym: vulnerability, disclosure, uncovering

(1) a southern **exposure**, (2) the **exposure** of a fraud The long **exposure** to the air tarnished the antique tableware.

gradual

adj. happening slowly over a long period of time or distance; not steep or abrupt

synonym: incremental, gradational, piecemeal

(1) a gradual process, (2) a gradual change

The country experienced a **gradual** increase in population.

adventurous

adj. willing to take risks and try new or difficult things synonym: daring, risk-taking, bold

(1) lead an **adventurous** life, (2) **adventurous** pioneers He has an **adventurous** spirit and is unafraid of risks.

intestinal

adj. relating to the intestines (= the part of the alimentary canal between the stomach and the anus) or bowel; located or occurring within the intestines or bowel

synonym: enteric, gut, digestive

(1) intestinal blockage, (2) intestinal bacteria

The patient experienced severe abdominal pain due to an **intestinal** infection.

hookworm

 a parasitic worm that attaches itself to the intestinal wall of a host and feeds on its blood, causing anemia, fatigue, and other symptoms

synonym: parasite, nematode, roundworm

(1) hookworm larvae, (2) treat hookworm disease
The hookworm infection can cause serious health problems if left untreated.

sink

v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

synonym: descend, drop, plummet

(1) **sink** a lot of capital, (2) **sink** a buzzer-beater The abandoned ship slowly began to **sink** into the murky waters of the harbor.

blunt

adj. having a dull or rounded edge or point; not sharp;straightforward in speech or manner, often to the point of being rude or insensitive

synonym: dull, obtuse, insensitive

(1) blunt criticism, (2) blunt force

The **blunt** knife made it difficult to cut through the tough steak.

industrialize

- v. to organize the production of something into an industry synonym: motorize
- (1) **industrialize** service, (2) **industrialized** textile production

The nations of South East Asia will quickly **industrialize** and catch up with the West.

dwindle

 to gradually decrease in size, amount, or strength; to become smaller

synonym: shrink, decrease, fade

(1) **dwindle** in importance, (2) **dwindle** to almost nothing The crowds at the festival **dwindled** as the night went on.

midsummer

n. the middle of the summer season; traditionally, the time around the summer solstice (= the longest day of the year) and the period of greatest warmth and light

synonym: solstice, longest day, high summer

(1) midsummer night, (2) midsummer festival

The **midsummer** heat made it difficult to work outside for too long.

ragweed

 a type of flowering plant in the genus Ambrosia, often considered a weed, that produces pollen responsible for causing allergic reactions in some people

synonym: allergen, hay fever trigger

(1) ragweed allergy, (2) ragweed season

Many people suffer from allergies due to the pollen released by **ragweed** plants during the summer.

Session 2: Spelling

1. s_k a lot of capital

2. a ch___al compound

3. hi____ne blocker

4. fu___s infection

5. produce an dy

6. br___h of wind

7. acc lly coincide

8. I k a classified memo

9. the cell of the im e system

v. to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

adj. relating to or connected with chemistry;

 a substance produced by the body, sometimes found in foods, that can cause allergic reactions, inflammation, or other physiological responses

n. a type of organism that includes yeasts, molds, and mushrooms, which are heterotrophic, meaning they do not produce their food and must consume organic matter to survive

 a substance produced in the blood that attacks and kills harmful bacteria, viruses, etc., to fight disease

n. the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs

adv. by chance or without planning

v. to allow liquid or gas to get in or out from a hole or crack in a pipe or container

 adj. protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells

ANSWERS: 1. sink, 2. chemical, 3. histamine, 4. fungus, 5. antibody, 6. breath, 7. accidentally, 8. leak, 9. immune

10. pent life insurance	adj.	lasting for a long time without essential change
11. i_h constantly	<i>v</i> .	to have an uncomfortable feeling on the skin that makes you want to scratch it
12. then a healthy relationship	<i>v</i> .	to utter intentions of injury or punishment against someone
13. cell menes	n.	a soft, thin layer that forms animal or vegetable tissue
14. a southern exre	n.	the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
15. literature of pent value	adj.	lasting for a long time without essential change
16. person's smile is infus	adj.	able to be passed quickly from one person, animal, or plant to another, especially through air or water
17. trr inflation	v.	to make something happen suddenly; to cause something such as a device, machine, etc. to function
18. atrial ovve pacing	n.	a gear in a vehicle that allows the engine to operate at a higher speed than the vehicle's speed, resulting in greater fuel efficiency and smoother driving; (verb) to drive or work too hard
19. onht of criticism	n.	a fierce or violent attack; a sudden and intense outburst of something, usually negative

ANSWERS: 10. permanent, 11. itch, 12. threaten, 13. membrane, 14. exposure, 15. permanent, 16. infectious, 17. trigger, 18. overdrive, 19. onslaught

20.	ime from criminal prosecution	adj.	protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
21.	int biology	n.	any small creature that has six legs and a body divided into three sections
22.	trigger a reon	n.	a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
23.	pathogenic baia	n.	single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
24.	medon by mouth	n.	a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
25.	dep a strategy	ν.	to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
26.	delte attempt	adj.	done with full consciousness of nature and effects rather than by accident
27.	ofd a customer	<i>v</i> .	to cause someone to feel upset, angry, or annoyed
28.	reduce infion and pain	n.	a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury

ANSWERS: 20. immune, 21. insect, 22. reaction, 23. bacteria, 24. medication, 25. develop, 26. deliberate, 27. offend, 28. inflammation

29.	fairly tyI symptoms	adj.	having the usual characteristics or traits of a specific group of things
30.	disate against women employees	ν.	to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things
31.	pate disease	n.	an organism that lives on or in another organism and benefits by deriving nutrients at the other's expense
32.	alic to pollen	adj.	having or caused by an allergy
33.	reze achievement	v.	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
34.	urban onht	n.	a fierce or violent attack; a sudden and intense outburst of something, usually negative
35.	plant paen	n.	a bacterium, virus, or other microorganism that causes disease
36.	mot a hill	v.	to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
37.	hypive nerve endings	adj.	easily or overly affected emotionally, physically, or mentally by stimuli or situations that are not normally considered stressful or upsetting

ANSWERS: 29. typical, 30. discriminate, 31. parasite, 32. allergic, 33. recognize, 34. onslaught, 35. pathogen, 36. mount, 37. hypersensitive

- 38. in e him to write a novel 39. chemical re____on 40. en____er a storm 41. get ne___s 42. ra d season 43. su____ce abuse problem 44. drug-induced lu s 45. blood ve ls 46. de p a skill
- v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
- a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
- v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
- adj. worried and anxious about something; relating to the nerves
- a type of flowering plant in the genus Ambrosia, often considered a weed, that produces pollen responsible for causing allergic reactions in some people
- n. the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug
- n. an autoimmune disease that can affect various parts of the body, including the skin, joints, and internal organs, and is characterized by inflammation and tissue damage
- n. a ship or large boat
- v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 38. inspire, 39. reaction, 40. encounter, 41. nervous, 42. ragweed, 43. substance, 44. lupus, 45. vessel, 46. develop

47.	aste alcohol with gambling	ν.	to mentally connect someone or something with someone or something else
48.	a grl process	adj.	happening slowly over a long period of time or distance; not steep or abrupt
49.	hine reaction	n.	a substance produced by the body, sometimes found in foods, that can cause allergic reactions, inflammation, or other physiological responses
50.	eve over the past decade	ν.	to develop gradually, or to cause the development of something or someone gradually
51.	hold your brh	n.	the air that is taken into and expelled from your lungs; the process of taking into and expelling air from your lungs
52.	nasal mus	n.	a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.
53.	hye practices	n.	the practice of maintaining cleanliness in the home and person to prevent illness
54.	ct a charming eye	ν.	to cause light or shadow to appear on a surface; to assing or choose someone such as an actor or representative, especially by selection process
55.	go into ovve	n.	a gear in a vehicle that allows the engine to operate at a higher speed than the vehicle's speed, resulting in greater fuel efficiency and smoother driving; (verb) to drive or work too hard

а

ANSWERS: 47. associate, 48. gradual, 49. histamine, 50. evolve, 51. breath, 52. mucus, 53. hygiene, 54. cast, 55. overdrive

56. a bold hypis	n.	a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate
57. md allergy	n.	a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long
58. against tron	n.	a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
59. ine skin	<i>v</i> .	to cause very strong feelings such as anger or excitement in a person or a group of people
60. infion of the lungs	n.	a physical condition in which a part of the body becomes red, painful, hot, and often swollen, especially as a reaction to infection or injury
61. syms of low testosterone	n.	any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
62. hypive reaction	adj.	easily or overly affected emotionally, physically, or mentally by stimuli or situations that are not normally considered stressful or upsetting
63. spe reproduction	n.	a reproductive cell that is capable of developing into a new individual without fertilization, especially one produced by certain bacteria, fungi, and algae

ANSWERS: 56. hypothesis, 57. mold, 58. tradition, 59. inflame, 60. inflammation, 61. symptom, 62. hypersensitive, 63. spore

64.	s_k a buzzer-beater	<i>v</i> .	to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
65.	wt of steam	ν.	to be carried along, as if by a current of air or water; to float or drift gently; (noun) a gentle movement or flow of air, usually carrying a scent, sound, or sensation with it
66.	autne disorder	adj.	relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances
67.	they met acclly	adv.	by chance or without planning
68.	people with bipolar dier	n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
69.	ree a prisoner	<i>v</i> .	to set free or allow to escape from confinement
70.	hass substances	adj.	not able or not likely to cause damage or harm
71.	trr a biochemical response	v.	to make something happen suddenly; to cause something such as a device, machine, etc. to function
72.	mies sterilizer	n.	a tiny living thing that can only be seen with a microscope and that may cause disease

ANSWERS: 64. sink, 65. waft, 66. autoimmune, 67. accidentally, 68. disorder, 69. release, 70. harmless, 71. trigger, 72. microbe

73.	bd the man's hands	v.	to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
74.	ine a feeling of curiosity	v.	to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
75.	pon allergy symptoms	n.	a fine powder substance consisting of microscopic grains produced by plants that facilitate their reproductive process through the process of pollination
76.	mile weather	adj.	very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
77.	test my hypis	n.	a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate
78.	swl a population	v.	to become larger or more inflated; to become more intense or important
79.	drd getting old	v.	to be very afraid of or worried about something that is going to happen or that might happen
80.	allergenic dar	n.	tiny scales or particles of dry skin that are shed by animals, particularly cats and dogs, and can cause allergic reactions in some individuals
81.	int antenna	n.	any small creature that has six legs and a body divided into three sections
82.	an explosive suce	n.	the real physical material of which a thing or person consist; the most important or main part of some idea or experience; an illegal drug

ANSWERS: 73. bind, 74. inspire, 75. pollen, 76. miserable, 77. hypothesis, 78. swell, 79. dread, 80. dander, 81. insect, 82. substance

83.	the vem of a lizard	n.	a toxic substance produced by an animal, typically a snake or insect, and injected into prey or an enemy by biting or stinging
84.	the delte act of provocation	adj.	done with full consciousness of nature and effects rather than by accident
85.	see heat	adj.	extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
86.	toxic chals	adj.	relating to or connected with chemistry;
87.	ofd his sensibilities	<i>v</i> .	to cause someone to feel upset, angry, or annoyed
88.	indized textile production	<i>v</i> .	to organize the production of something into an industry
89.	scy dream	adj.	causing fear or fright; frightening; intimidating
90.	ded my country	<i>v</i> .	to protect someone or something from attack, criticism, danger, etc.
91.	a tron of a culture	n.	a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
92.	seal fruits	adj.	occurring or varying according to the season or time of year; related to or affected by the changing seasons
93.	fulwn crisis	adj.	fully developed or manifesting in its complete form, often used to describe a difficult situation or condition

ANSWERS: 83. venom, 84. deliberate, 85. severe, 86. chemical, 87. offend, 88. industrialize, 89. scary, 90. defend, 91. tradition, 92. seasonal, 93. full-blown

94. blm in autumn	n.	a flower, especially one having showy or colorful parts; the best time of youth
95. horm larvae	n.	a parasitic worm that attaches itself to the intestinal wall of a host and feeds on its blood, causing anemia, fatigue, and other symptoms
96. intal blockage	adj.	relating to the intestines (= the part of the alimentary canal between the stomach and the anus) or bowel; located or occurring within the intestines or bowel
97. lead an advus life	adj.	willing to take risks and try new or difficult things
98. sne into my hand	ν.	to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants
99. insulin autne syndrome	adj.	relating to a condition in which the body's immune system attacks and destroys healthy body tissue, mistaking it for harmful foreign substances
100. mo_t a counterattack	v.	to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
101. exd to radiation	adj.	having no protection or shield from something, such as bad weather, attack, or criticism
ANSWERS: 94. bloom, 95. hookworm, 96.	inte	stinal, 97. adventurous, 98. sneeze,

99. autoimmune, 100. mount, 101. exposed

102. juvenile dies	n.	a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
103. scy story	adj.	causing fear or fright; frightening; intimidating
104. severe anais	n.	a severe and potentially life-threatening allergic reaction including difficulty breathing, low blood pressure, hives, and swelling that occurs rapidly and affects multiple organs, typically triggered by exposure to an allergen such as a food, medication, or insect sting
105. anthrax spe	n.	a reproductive cell that is capable of developing into a new individual without fertilization, especially one produced by certain bacteria, fungi, and algae
106. sne loudly	v.	to make a sudden, involuntary expulsion of air from the nose and mouth, usually due to irritation caused by the presence of dust, pollen, or other irritants
107. fulwn epidemic	adj.	fully developed or manifesting in its complete form, often used to describe a difficult situation or condition
108. i_h to speak	<i>v</i> .	to have an uncomfortable feeling on the skin that makes you want to scratch it
109. treat horm disease	n.	a parasitic worm that attaches itself to the intestinal wall of a host and feeds on its blood, causing anemia, fatigue, and other symptoms

ANSWERS: 102. diabetes, 103. scary, 104. anaphylaxis, 105. spore, 106. sneeze, 107. full-blown, 108. itch, 109. hookworm

in

110. ct a ballot	v.	to cause light or shadow to appear on a surface; to assing or choose someone such as an actor or representative, especially by selection process
111. scic plaques	adj.	referring to the hardening or thickening of a tissue, organ, or other body parts, often due to infection, disease, or aging
112. h_y cube	n.	grass that has been cut and dried for use as animal feed or bedding; a stack or bale of this dried grass
113. blt criticism	adj.	having a dull or rounded edge or point; not sharp; straightforward in speech or manner, often to the point of being rude or insensitive
114. aly treatment	n.	a hypersensitivity disorder of the immune system, characterized by an exaggerated response to certain allergens, such as pollens, foods, and drugs
115. gecs discrimination	n.	the branch of biology that studies genes, genetic variation, and heredity in organisms
116. ret a good worker	<i>v</i> .	to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
117. andy against bacteria	n.	a substance produced in the blood that attacks and kills harmful bacteria, viruses, etc., to fight disease
118. dies patient	n.	a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

ANSWERS: 110. cast, 111. sclerotic, 112. hay, 113. blunt, 114. allergy, 115. genetics, 116. recruit, 117. antibody, 118. diabetes

119. reze talent	ν.	to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
120. stte the nervous system	v.	to encourage something to develop or become more active; to stir the feelings or emotions
121. mier night	n.	the middle of the summer season; traditionally, the time around the summer solstice (= the longest day of the year) and the period of greatest warmth and light
122. inus substance	adj.	not harmful or dangerous; unlikely to cause injury or damage
123. mier festival	n.	the middle of the summer season; traditionally, the time around the summer solstice (= the longest day of the year) and the period of greatest warmth and light
124. the arrest of the cut	n.	someone who is responsible for a crime or wrongdoing
125. neurotic syms	n.	any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
126. ovct with anger	v.	to react more strongly or excessively than is necessary or appropriate
127. dwe to almost nothing	v.	to gradually decrease in size, amount, or strength; to become smaller

ANSWERS: 119. recognize, 120. stimulate, 121. midsummer, 122. innocuous, 123. midsummer, 124. culprit, 125. symptom, 126. overreact, 127. dwindle

128. drd failure	ν.	to be very afraid of or worried about something that is going to happen or that might happen
129. ret a new hire	<i>v</i> .	to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
130. ree CO2 into the air	<i>v</i> .	to set free or allow to escape from confinement
131. envnt affairs	n.	the natural world such as air, water, and land in which humans, animals, and plants live
132. advus pioneers	adj.	willing to take risks and try new or difficult things
133. ht a job	<i>v</i> .	to go after and try to catch wild animals to kill them for food, sport, or profit
134. development of the nes system	adj.	worried and anxious about something; relating to the nerves
135. an infus fever	adj.	able to be passed quickly from one person, animal, or plant to another, especially through air or water
136. injected vem	n.	a toxic substance produced by an animal, typically a snake or insect, and injected into prey or an enemy by biting or stinging
137. public hye	n.	the practice of maintaining cleanliness in the home and person to prevent illness
138. fatal anais	n.	a severe and potentially life-threatening allergic reaction including difficulty breathing, low blood pressure, hives, and swelling that occurs rapidly and affects multiple organs, typically triggered by exposure to an allergen

ANSWERS: 128. dread, 129. recruit, 130. release, 131. environment, 132. adventurous, 133. hunt, 134. nervous, 135. infectious, 136. venom, 137. hygiene,

sting

such as a food, medication, or insect

139. pet dar	n.	tiny scales or particles of dry skin that are shed by animals, particularly cats and dogs, and can cause allergic reactions in some individuals
140. bd old letters into a bundle	ν.	to tie or fasten someone or something tightly with rope, string, etc. so that they cannot move or are held together strongly
141. ovct to the criticism	<i>v</i> .	to react more strongly or excessively than is necessary or appropriate
142. indize service	<i>v</i> .	to organize the production of something into an industry
143. seasonal alen	n.	a substance, such as pollen, dust mites, certain foods, or pet dander that can trigger an allergic reaction in susceptible individuals
144. dl up the volume	v.	to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called
145. inus joke	adj.	not harmful or dangerous; unlikely to cause injury or damage
146. harmless baia	n.	single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
147. rad allergy	n.	a type of flowering plant in the genus Ambrosia, often considered a weed, that produces pollen responsible for causing allergic reactions in some people

ANSWERS: 139. dander, 140. bind, 141. overreact, 142. industrialize, 143. allergen, 144. dial, 145. innocuous, 146. bacteria, 147. ragweed

148. a grl change	adj.	happening slowly over a long period of time or distance; not steep or abrupt
149. seal allergies	adj.	occurring or varying according to the season or time of year; related to or affected by the changing seasons
150. antibiotic medon	n.	a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
151. aste with people widely	v.	to mentally connect someone or something with someone or something else
152. stte the economy	v.	to encourage something to develop or become more active; to stir the feelings or emotions
153. nuclear mene	n.	a soft, thin layer that forms animal or vegetable tissue
154. blood-sucking pate	n.	an organism that lives on or in another organism and benefits by deriving nutrients at the other's expense
155. go to a way grave	adj.	full of or containing water; wet
156. symbiotic fus	n.	a type of organism that includes yeasts, molds, and mushrooms, which are heterotrophic, meaning they do not produce their food and must consume organic matter to survive
157. fld assets	n.	a substance that can flow and is not solid
158. intal bacteria	adj.	relating to the intestines (= the part of the alimentary canal between the stomach and the anus) or bowel; located or occurring within the intestines or bowel

ANSWERS: 148. gradual, 149. seasonal, 150. medication, 151. associate, 152. stimulate, 153. membrane, 154. parasite, 155. watery, 156. fungus, 157. fluid, 158. intestinal

159. black-and-white blms	n.	a flower, especially one having showy or colorful parts; the best time of youth
160. hass in most people	adj.	not able or not likely to cause damage or harm
161. dwe in importance	<i>v</i> .	to gradually decrease in size, amount, or strength; to become smaller
162. alic children	adj.	having or caused by an allergy
163. cot in a vein	ν.	to make something blocked or crowded so as to hinder or prevent freedom of movement or flow of liquid
164. airborne alen	n.	a substance, such as pollen, dust mites, certain foods, or pet dander that can trigger an allergic reaction in susceptible individuals
165. blt force	adj.	having a dull or rounded edge or point; not sharp; straightforward in speech or manner, often to the point of being rude or insensitive
166. the files are in complete dier	n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
167. hard swng on the body	n.	an abnormal local enlargement of a part of your body, mainly because of illness or injury
168. high pon count	n.	a fine powder substance consisting of microscopic grains produced by plants that facilitate their reproductive process through the process of pollination

ANSWERS: 159. bloom, 160. harmless, 161. dwindle, 162. allergic, 163. congest, 164. allergen, 165. blunt, 166. disorder, 167. swelling, 168. pollen

169. scic lesion	adj.	referring to the hardening or thickening of a tissue, organ, or other body parts, often due to infection, disease, or aging
170. seasonal rhis	n.	inflammation or irritation of the mucous membrane lining the nose, resulting in symptoms such as sneezing, nasal congestion, runny nose, and itching
171. prt a debate	ν.	to make someone decide to or try to do something, or to make something happen
172. swl at room temperature	<i>v</i> .	to become larger or more inflated; to become more intense or important
173. cot a highway	<i>v</i> .	to make something blocked or crowded so as to hinder or prevent freedom of movement or flow of liquid
174. airway mus	n.	a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.
175. plenty of flds	n.	a substance that can flow and is not solid
176. tyI leader	adj.	having the usual characteristics or traits of a specific group of things
177. then national security	<i>v</i> .	to utter intentions of injury or punishment against someone
178. the paen in the air	n.	a bacterium, virus, or other microorganism that causes disease
179. ine his passion	ν.	to cause very strong feelings such as anger or excitement in a person or a group of people

ANSWERS: 169. sclerotic, 170. rhinitis, 171. prompt, 172. swell, 173. congest, 174. mucus, 175. fluid, 176. typical, 177. threaten, 178. pathogen, 179. inflame

- 180. h_t after knowledge
- 181. pr___t a feeling of hunger
- 182. the ex___re of a fraud
- 183. d I down the tension
- 184. set the la h
- 185. food al____y
- 186. de___d against a threat
- 187. naval ve ls
- 188. en____er a crisis

- v. to go after and try to catch wild animals to kill them for food, sport, or profit
- v. to make someone decide to or try to do something, or to make something happen
- n. the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
- v. to adjust or set the controls of a machine or device by turning a controller called dial; (noun) a disc on a telephone that is rotated a fixed distance for each number called
- a device for holding a door or gate closed, typically a sliding bar or bolt
- a hypersensitivity disorder of the immune system, characterized by an exaggerated response to certain allergens, such as pollens, foods, and drugs
- v. to protect someone or something from attack, criticism, danger, etc.
- *n*. a ship or large boat
- v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

ANSWERS: 180. hunt, 181. prompt, 182. exposure, 183. dial, 184. latch, 185. allergy, 186. defend, 187. vessel, 188. encounter

n.	someone who is responsible for a crime or wrongdoing
adj.	very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
n.	inflammation or irritation of the mucous membrane lining the nose, resulting in symptoms such as sneezing, nasal congestion, runny nose, and itching
ν.	to allow liquid or gas to get in or out from a hole or crack in a pipe or container
n.	an abnormal local enlargement of a part of your body, mainly because of illness or injury
n.	grass that has been cut and dried for use as animal feed or bedding; a stack or bale of this dried grass
n.	a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long
v.	to treat a person or particular group of people worse or better than another, especially in an unfair way; to recognize or perceive the difference between people or things
	n. v. n.

ANSWERS: 189. culprit, 190. miserable, 191. rhinitis, 192. leak, 193. swelling, 194. hay, 195. mold, 196. discriminate

197. chaotic envnt	n.	the natural world such as air, water, and land in which humans, animals, and plants live
198. lu_s treatment	n.	an autoimmune disease that can affect various parts of the body, including the skin, joints, and internal organs, and is characterized by inflammation and tissue damage
199. eve	<i>v</i> .	to develop gradually, or to cause the development of something or someone gradually
200. a way fluid	adj.	full of or containing water; wet
201. pathogenic mie	n.	a tiny living thing that can only be seen with a microscope and that may cause disease
202. wt in the breeze	ν.	to be carried along, as if by a current of air or water; to float or drift gently; (noun) a gentle movement or flow of air, usually carrying a scent, sound, or sensation with it
203. an exd rock	adj.	having no protection or shield from something, such as bad weather, attack, or criticism
204. the science of gecs	n.	the branch of biology that studies genes, genetic variation, and heredity in organisms
205. lah mechanism	n.	a device for holding a door or gate closed, typically a sliding bar or bolt
206. a see case of pneumonia	adj.	extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous

ANSWERS: 197. environment, 198. lupus, 199. evolve, 200. watery, 201. microbe, 202. waft, 203. exposed, 204. genetics, 205. latch, 206. severe

Vocab-Builder Ref from	"Eleanor Nelsen: Why do people have seasonal allergies? TED Talk" (103 words)	
4 NOW/EDO		
ANSWERS:		

Session 3: Fill in the Blanks

1.	International law allows each nation to itself when its rights and interests are illegally violated.
ν.	to protect someone or something from attack, criticism, danger, etc.
2.	The patient experienced severe abdominal pain due to an infection.
adj	relating to the intestines (= the part of the alimentary canal between the stomach and the anus) or bowel; located or occurring within the intestines or bowel
3.	The book my imagination.
<i>v</i> .	to encourage something to develop or become more active; to stir the feelings or emotions
4.	Despite its advanced science and technology, the empire wasabout invasion.
adj	done with full consciousness of nature and effects rather than by accident
5.	He has an spirit and is unafraid of risks.
adj	willing to take risks and try new or difficult things
6.	The vaccination does not necessarily make you completely
adj	protected against a particular disease or toxin due to the presence of specific antibodies or sensitized white blood cells
7.	She felt after her dog passed away.
adj	very unhappy, uncomfortable, or unpleasant; causing great distress or suffering
	SWERS: 1. defend, 2. intestinal, 3. stimulated, 4. deliberate, 5. adventurous, 6. nune, 7. miserable

8.	Treatment for depends on the severity of the disease and may include medication, lifestyle changes, and regular check-ups with a rheumatologist.
n.	an autoimmune disease that can affect various parts of the body, including the skin, joints, and internal organs, and is characterized by inflammation and tissue damage
9.	It is a in many families to have a big Thanksgiving dinner with all their relatives.
n.	a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
10.	He suffers from breakdowns.
adj	worried and anxious about something; relating to the nerves
11.	The soup was too and needed more flavor.
adj	full of or containing water; wet
12.	I have a severe allergy to cat so I try to avoid places with cats.
n.	tiny scales or particles of dry skin that are shed by animals, particularly cats and dogs, and can cause allergic reactions in some individuals
13.	The nations of South East Asia will quickly and catch up with the West.
v.	to organize the production of something into an industry
14.	The doctor prescribed some medicine for the mental
n.	an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
15.	He is a specialist in the of aging.
n.	the branch of biology that studies genes, genetic variation, and heredity in organisms
	SWERS: 8. lupus, 9. tradition, 10. nervous, 11. watery, 12. dander, 13. ustrialize, 14. disorder, 15. genetics

16. There was a chemical of the lime with the groundwater.
n. a response that reveals a person's feelings or attitude; (in chemistry) a process in which one or more substances are changed into others
17. The infection triggered a high fever and reactions.
adj. having or caused by an allergy
18. Tapeworms are that live in the intestines of humans and animals.
 an organism that lives on or in another organism and benefits by deriving nutrients at the other's expense
19. Bacteria and some algae also produce as a means of survival and dispersal, and they are often found in soil, water, and other environments.
 a reproductive cell that is capable of developing into a new individual without fertilization, especially one produced by certain bacteria, fungi, and algae
20. The senator received criticism from his opponent.
adj. extremely serious or bad in feeling, manner, or strict and harsh; extremely strong or vigorous
21. This artwork is of her work.
adj. having the usual characteristics or traits of a specific group of things
22. The incident a political controversy.
v. to make something happen suddenly; to cause something such as a device, machine, etc. to function
23. His arm was from the insect bite.
v. to become larger or more inflated; to become more intense or important
ANSWERS: 16. reaction, 17. allergic, 18. parasites, 19. spores, 20. severe, 21. typical, 22. triggered, 23. swelling

24.	The unique style of this martial arts many action film producers.
v.	to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
25.	The long to the air tarnished the antique tableware.
n.	the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
26.	His allergies caused release in his body, leading to congestion and sneezing.
n.	a substance produced by the body, sometimes found in foods, that can cause allergic reactions, inflammation, or other physiological responses
27.	His rude comments many people at the party.
v.	to cause someone to feel upset, angry, or annoyed
28.	He was killed by friendly fire.
adı	by chance or without planning
29.	I can't stop my arm because of the mosquito bite.
v.	to have an uncomfortable feeling on the skin that makes you want to scratch it
30.	prevalent in hospitals are often resistant to antibiotics.
n.	single-celled or noncellular spherical or spiral or rod-shaped organisms that exist in large numbers in the air, water, and soil, and also in living and dead creatures and plants, and are often a cause of disease
31.	Certain types of can be toxic to humans, causing severe illness if ingested.
n.	a type of organism that includes yeasts, molds, and mushrooms, which are heterotrophic, meaning they do not produce their food and must consume organic matter to survive
	SWERS: 24. inspired, 25. exposure, 26. histamine, 27. offended, 28. accidentally itching, 30. Bacteria, 31. fungus

ANSWERS: 32. discriminate, 33. fluid, 34. medication, 35. ragweed, 36. insects, 37. pathogens, 38. pollen, 39. dread

10.	This evidence supports the big-bang
n.	a proposed idea or explanation that is based on a few known facts but has not yet been proven to be true or accurate
11.	When the body temperature drops, secretion fails.
n.	a slimy liquid produced inside the nose and other body parts for lubrication, protection, etc.
12.	Mushrooms and are fungi.
n.	a hollow container used to give shape to liquid or soft substance, which then becomes solid in the same shape as the container; a soft, green, or gray growth that forms on stale food or objects exposed to warm, moist air for too long
13.	The on the gate was broken, so the cows got loose.
n.	a device for holding a door or gate closed, typically a sliding bar or bolt
14.	Various artificially induced causes are our ecosystem.
<i>v</i> .	to utter intentions of injury or punishment against someone
1 5.	The snake's is highly toxic and can be fatal to humans.
n.	a toxic substance produced by an animal, typically a snake or insect, and injected into prey or an enemy by biting or stinging
16.	Good is important for preventing the spread of illness.
n.	the practice of maintaining cleanliness in the home and person to prevent illness
17.	The arrived in port the following day.
n.	a ship or large boat
	SWERS: 40. hypothesis, 41. mucus, 42. mold, 43. latch, 44. threatening, 45. nom, 46. hygiene, 47. vessel

midsummer, 54. environment, 55. autoimmune

ANSWERS: 56. hunt, 57. sclerotic, 58. cast, 59. gradual, 60. evolved, 61. recruited, 62. dialed, 63. seasonal

71.	The smell of freshly baked bread began to through the house.					
ν.	to be carried along, as if by a current of air or water; to float or drift gently; (noun) a gentle movement or flow of air, usually carrying a scent, sound, or sensation with it					
72.	The roads to the airport were heavily					
<i>v</i> .	to make something blocked or crowded so as to hinder or prevent freedom of movement or flow of liquid					
73.	The cherry blossoms in the park were in full					
n.	a flower, especially one having showy or colorful parts; the best time of youth					
74.	We sat on a bale and watched the sunset over the fields.					
n.	grass that has been cut and dried for use as animal feed or bedding; a stack or bale of this dried grass					
75.	He serious accounting irregularities that only people in the company's executive could know.					
<i>v</i> .	to allow liquid or gas to get in or out from a hole or crack in a pipe or container					
76.	thrive on the surface of the human skin.					
n.	a tiny living thing that can only be seen with a microscope and that may cause disease					
77.	The car's function allows it to shift into a higher gear for better fuel efficiency on the highway.					
n.	a gear in a vehicle that allows the engine to operate at a higher speed than the vehicle's speed, resulting in greater fuel efficiency and smoother driving; (verb) to drive or work too hard					
	SWERS: 71. waft, 72. congested, 73. bloom, 74. hay, 75. leaked, 76. Microbes, overdrive					

ANSWERS: 78. exposed, 79. symptom, 80. inflammation, 81. anaphylaxis, 82. breath, 83. swelling, 84. blunt

Vocab-Builder Ref from "Eleanor Nelsen: Why do people have seasonal allergies? | TED Talk" (103 words)

ANSWERS: 93. diabetes, 94. permanent, 95. dwindled, 96. onslaught, 97. encounter, 98. infectious, 99. hypersensitive, 100. hookworm

101.	Her	eyes	 with	crying.

v. to cause very strong feelings such as anger or excitement in a person or a group of people

102. Loud noises might harm the fragile ear _____.

n. a soft, thin layer that forms animal or vegetable tissue

103. Most people thought of him as a _____ eccentric.

adj. not able or not likely to cause damage or harm

ANSWERS: 101. inflamed, 102. membrane, 103. harmless