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Vocabulary Builder Reference from...

Mike Velings: The case for fish farming | TED Talk

https://www.ted.com/talks/mike_velings_the_case_for_fish_farming

All Words

IMPORTANT

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Session 1: Word List

planet

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym: earth, world, globe

(1) **planet** like the Earth, (2) save the **planet**

Mercury is the closest **planet** to the sun.

globe

n. the earth or world, mainly used to emphasize its vastness

synonym: Earth, world, sphere

(1) terrestrial **globe**, (2) around the **globe**

His final goal is to sail around the **globe**.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

centimeter

n. a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter

(1) **centimeter** measurement, (2) thirty **centimeters** tall

The room was only one **centimeter** wider than the piano, making it a tight fit.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

nutrition

n. the substances or the process that organisms take into their bodies as food for their growth and health

synonym: alimentation, nourishment, sustenance

(1) **nutrition** condition, (2) **nutrition** intake

This food contains all the **nutrition** your dog requires.

dairy

n. a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese

synonym: creamery, farm

(1) low-fat **dairy**, (2) imported **dairy** product

The **dairy** industry is a significant contributor to the economy.

consumption

n. the amount used or eaten; the act of using up a resource such as energy, food, or materials

synonym: usage, uptake, utilization

(1) average fuel **consumption**, (2) the **consumption** of food

In our country, water **consumption** usually decreases during the winter.

quadruple

v. to consist of four items or people; to become four times as great or many

(1) **quadruple** the amount, (2) **quadruple** the price of gold
His stock earnings **quadrupled**.

protein

n. a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues

(1) stress **protein**, (2) **protein** synthesis

The body needs a certain amount of **protein** to build and repair tissues.

humankind

n. the whole of the living human inhabitants of the earth
synonym: humanity, human race, society

(1) **humankind** as a species, (2) history of **humankind**

On the geological time scale, **humankind** has existed for a brief moment.

prediction

n. the act of predicting the future by reasoning; a statement made about the future

synonym: forecast, anticipation, foretelling

(1) make my **predictions**, (2) gloomy **predictions**

These results muddied the **prediction**.

sustainable

adj. able to continue or be continued for a long time

synonym: continuable, enduring, tolerable

(1) **sustainable** alternative fuel, (2) principles of **sustainable** development

The government should do more to support environmentally **sustainable** agriculture.

institute

n. an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

synonym: academy, university, college

(1) **institute** a lawsuit, (2) research **institutes**

This region has many **institutes** offering higher education.

policy

n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

synonym : strategy, plan, guideline

(1) health **policy**, (2) foreign **policy**

The company's new **policy** on remote work has made it a more inclusive workplace.

collapse

v. to fall down or give way suddenly, often after breaking apart

synonym : tumble, spill, bankruptcy

(1) the stock market **collapsed**, (2) ready to **collapse**

The roof finally **collapsed** after three days and three nights of heavy snowfall.

fishery

n. an area of water where fish are caught in large quantities for living; a business or practice of catching and selling fish

synonym : fishing, piscary, angling

(1) **fishery** management, (2) commercial **fishery**

The majority of the people on the island are **fishery** folk.

naturally

adv. as might be expected; by natural manners

synonym : by nature, inherently, intrinsically

(1) **naturally** arising, (2) **naturally** regenerated forest

He was **naturally** gifted.

replace

v. to take the place of something

synonym : substitute, supersede, displace

(1) **replace** one word with another, (2) **replace** a phone

Eventually, the new design will **replace** all older models.

marine

adj. relating to the sea and the creatures and plants that live there

synonym : sea-dwelling, maritime, aquatic

(1) **marine** insurance, (2) variety of **marine** life
Seals and whales are **marine** animals beloved by the people.

slash

v. to cut with a sharp object using a quick and robust movement

synonym : cut, gash

(1) **slash** a person with a knife, (2) price **slash**

The government had to **slash** national defense spending due to the recession.

predatory

adj. living by eating other animals, especially by catching prey that is still alive

synonym : raptorial, hunting, greedy

(1) a **predatory** bird, (2) **predatory** warfare

The domesticated cat still has its **predatory** instincts.

swordfish

n. a large predatory fish with a long, sword-like bill or upper jaw, known for its streamlined body and speed

(1) **swordfish** steak, (2) grilled **swordfish**

The restaurant specializes in serving fresh **swordfish** dishes.

disappear

v. to cease to exist or be visible

synonym : fade, evaporate, vanish

(1) **disappear** without a trace, (2) **disappear** after a week

They watched the train **disappear** into the distance.

ultimate

adj. furthest or highest in degree or order

synonym : highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury

Management must take **ultimate** responsibility for the accident.

constant

adj. happening repeatedly or all the time

synonym : ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

unlikely

adj. not probable or likely to happen

synonym: doubtful, questionable, far-fetched

(1) **unlikely** event, (2) it is **unlikely** that he would win the game

The passage of the bill is **unlikely**.

plunder

v. to rob or steal, especially by force or in times of war or chaos; to pillage or loot a place or property

synonym: pillage, loot, despoil

(1) **plunder** the enemy's stronghold, (2) **plunder** his reputation

The pirates could **plunder** the ship and steal all of the valuable cargo.

alleviate

v. to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden

synonym: ease, relieve, lessen

(1) **alleviate** anxiety, (2) **alleviate** stress

Taking ibuprofen can **alleviate** the pain from a headache.

vegan

n. a person who does not eat or use any animal products, typically for ethical or environmental reasons

(1) raw food **vegan**, (2) **vegan** lifestyle

The **vegan** diet is based on plant-based foods.

realistic

adj. having or showing a sensible and practical idea that is possible to achieve

synonym: practical, pragmatic, down-to-earth

(1) a **realistic** goal, (2) a **realistic** goal

That story was so **realistic**, and it was scary.

mandate

n. an official or authoritative instruction or command; a commission or authority to carry out a particular task

synonym: command, instruction, authority

(1) **mandate** obligation, (2) an Imperial **mandate**

The **mandate** given to the new government is to improve the

economy.

suppose

v. to think that something is likely to be actual or possible
synonym : guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand
What do you **suppose** the culprit's motive was?

organization

n. a group of people who work together for a shared purpose

synonym : association, institution, community

(1) **organization** chart, (2) agricultural **organization**
She is the president of a large international **organization**.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

malnutrition

n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients

synonym : undernourishment, starvation, hunger

(1) severe **malnutrition**, (2) childhood **malnutrition**

The doctor advised the patient to eat a balanced diet to avoid **malnutrition**.

decline

v. to become gradually smaller, fewer, worse, etc.; to refuse to accept

synonym : descend, drop, deny

(1) **decline** a job offer, (2) **decline** in quality

As people age, their digestive capacity also gradually **declines**.

imaginary

adj. existing only in someone's mind

synonym : fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy

Little children tend to have **imaginary** friends.

unrest

n. a state of agitation or disturbance; lack of calm or peace

synonym : disturbance, agitation, turmoil

(1) **unrest** in the city, (2) cause **unrest**

The recent political **unrest** in the country has led to widespread protests and civil disobedience.

riot

n. a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals

synonym : disturbance, unrest, upheaval

(1) **riot** police, (2) **riot** control gas

The **riots** in the city have left many buildings damaged and several people injured.

aquaculture

n. the cultivation of aquatic organisms such as fish, seaweed, and shellfish for human consumption, as well as for environmental conservation and research purposes

synonym : fish farming, mariculture, hydroponics

(1) **aquaculture** industry, (2) sustainable **aquaculture**

Fish farming is a form of **aquaculture** that has recently gained popularity.

seaweed

n. a plant that grows in the sea or on land very close to the sea, especially marine algae

synonym : kelp, algae

(1) floating **seaweed**, (2) **seaweed** broth

She soaked **seaweed** in water until tender.

shellfish

n. water creatures that live in shells, especially one of the types that can be eaten

synonym : clam, mollusk

(1) **shellfish** allergy, (2) edible **shellfish**

Shellfish can cause allergic reactions in certain people.

crustacean

n. a type of arthropod, such as a crab, lobster, or shrimp, that has a hard outer shell or exoskeleton

synonym : lobster, crab, shrimp

(1) **crustacean** dish, (2) **crustacean** shell

A lobster is a type of **crustacean** found in the ocean.

hero

n. a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities

synonym : champion, protagonist, savior

(1) local **hero**, (2) unsung **hero**

The soldier who sacrificed his life for his country is considered a national **hero**.

hunt

v. to go after and try to catch wild animals to kill them for food, sport, or profit

synonym : chase, pursuit, quest

(1) **hunt** a job, (2) **hunt** after knowledge

Hounds **hunt** their prey by using their keen scent.

phrase

n. a group of words that mean something specific when used together

synonym : expression, idiom, term

(1) ready-made **phrases**, (2) noun **phrase**

We bought a Spanish **phrase** book.

virtually

adv. almost completely

synonym : almost, basically, nearly

(1) **virtually** all countries, (2) **virtually** identical

Virtually all the parties signed the contract.

lifetime

n. the duration of someone's life or something's existence;

synonym : lifespan, duration

(1) **lifetime** benefits, (2) **lifetime** ban from the sport
She had lived through two world wars in her **lifetime**.

pollution

n. the introduction of harmful substances or waste into the natural environment that causes adverse change

synonym: corrosion, deterioration, corruption

(1) environmental **pollution**, (2) high levels of air **pollution**
The **pollution** is endangering the local plants and animals.

encounter

v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

synonym: meet, run into, come across

(1) **encounter** a crisis, (2) **encounter** a storm
I'm prepared to **encounter** challenges throughout this adventure.

traceability

n. the ability to track or trace the origins, history, or movement of a product or material, often used in manufacturing or supply chain industries for quality control and safety purposes

synonym: accountability, traceableness, trackability

(1) **traceability** system, (2) supply chain **traceability**
The **traceability** of the food products is important for ensuring their safety and quality.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control
The doctor diagnosed him with a rare **disease** that had no known cure.

amino

n. compounds and functional groups that contain a basic nitrogen atom with a lone pair (NH₂) that combine to make protein

(1) **amino** compound, (2) **amino** acid

This company was granted a patent for its **amino** resin manufacturing process.

acid

n. sour; water-soluble chemicals with a sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials

synonym : sour

(1) an **acid** reaction, (2) good source of essential amino **acids**

During pregnancy, the stomach generates less **acid** than usual.

fatty

adj. containing a lot of fat

synonym : greasy, oily

(1) less **fatty** meat, (2) **fatty** acid

You should keep away from **fatty** foods.

exciting

adj. causing a lot of interest or excitement

synonym : exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

diverse

adj. including numerous categories of individuals or entities; various

synonym : manifold, various, myriad

(1) **diverse** backgrounds, (2) a person of **diverse** talents

New York is a city with a **diverse** ethnic population.

monotonous

adj. lacking in variety, excitement, or interest; repetitive and tedious

synonym : tedious, dull, boring

(1) **monotonous** routine, (2) **monotonous** job

The **monotonous** task of data entry required intense concentration.

cow

n. a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat

synonym : bovine, cattle, kine

(1) **cow** herd, (2) dairy **cow**

The farmer milked the **cows** every morning before breakfast.

poultry

n. domesticated birds kept by humans for their eggs, meat, or feathers

synonym : fowl, chicken, birds

(1) **poultry** farming, (2) a **poultry** walk

The **poultry** farm raised chickens and turkeys for meat and eggs.

turkey

n. (of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans

(1) swell like a **turkey**, (2) **turkey** breast meat

They prepared a stuffed **turkey** for Thanksgiving.

obsess

v. to fill the mind of someone continually so that one can't think of anything else

synonym : torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

brilliant

adj. extremely clever, skilled, or impressive

synonym : luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look at you with envy and jealousy.

inspire

v. to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

synonym : boost, encourage, enlighten

(1) **inspire** a feeling of curiosity, (2) **inspire** him to write a

novel

The unique style of this martial arts **inspired** many action film producers.

entrepreneur

n. an individual who creates or invests in one or more businesses, especially when this involves taking financial risks

synonym: founder, executive

(1) a successful **entrepreneur**, (2) billionaire **entrepreneur**
Entrepreneurs willingly accept business risks to achieve success.

dive

v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

synonym: dip, leap, plunge

(1) **dive** into anime communities, (2) **dive** off a cliff

The sperm whale can **dive** to 1,000 meters.

conservation

n. the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity

synonym: preservation, protection, saving

(1) soil **conservation**, (2) the **conservation** law of physics

The forest was recently designated a **conservation** area.

environmentalist

n. a person who is concerned with and advocates for the protection of the natural environment

synonym: conservationist

(1) dedicated **environmentalist**, (2) an **environmentalist** political party

The **environmentalist** lobby changed the mindset of many conservative politicians.

stun

v. to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly

synonym: shock, amaze, astound

(1) **stun** fish, (2) **stun** an audience

This sprinter **stunned** the world with his speed.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

industrious

adj. hardworking, diligent, and persistent in effort

synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

excite

v. to make someone feel suddenly enthusiastic or eager

synonym: thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

consume

v. to spend something, especially fuel, energy, or time, in a large amount

synonym: absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity

A smaller car will **consume** less fuel.

combine

v. to join or merge to form a single thing or group

synonym: coalesce, cohere, blend

(1) **combine** chemically with another substance,

(2) **combine** augmented reality

Hydrogen and oxygen **combine** to form water.

vessel

n. a ship or large boat

synonym: boat, ship, craft

(1) blood **vessels**, (2) naval **vessels**

The **vessel** arrived in port the following day.

addition

n. the act or process of adding something to something else; the process of adding numbers

synonym: accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

enormous

adj. extremely large or great

synonym: huge, giant, gigantic

(1) **enormous** amount, (2) **enormous** potential

Shakespeare's output of poetry was **enormous**.

assume

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

synonym: guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

inhabitant

n. a person or an animal that lives in a particular place

synonym: dweller, occupant, resident

(1) the early **inhabitants** of Europe, (2) **inhabitant** tax

His family is the oldest **inhabitant** of the island.

efficient

adj. performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials

synonym: productive, effective, competent

(1) **efficient** operation, (2) energy- **efficient** appliances

The new washing machine is much more **efficient** than the

old one.

resist

v. to refuse to accept something and attempt to prevent it from happening

synonym: fight, defy, revolt

(1) **resist** temptation, (2) **resist** being kissed

I chose to **resist** cancer by trying every possible treatment.

gravity

n. the force that attracts a body towards the center of the earth or towards any other physical body having mass; a manner that is solemn

synonym: heaviness, attraction, weight

(1) the attraction of **gravity**, (2) preserve my **gravity**

The astronaut felt weightless in space due to the absence of **gravity**.

cold-blooded

adj. of or relating to animals that cannot control their body temperature internally, typically reptiles, amphibians, and fish, and rely on external sources of heat to maintain their body temperature; figuratively, unemotional, callous, or lacking in empathy

synonym: callous, indifferent, unfeeling

(1) **cold-blooded** reptiles, (2) **cold-blooded** killers

Cold-blooded animals like reptiles and amphibians rely on external heat sources to regulate their body temperature.

chill

n. a feeling of coldness that makes one shiver; (verb) to make cool or cooler

synonym: coldness, coolness, (verb) freeze

(1) the **chill** of autumn, (2) feel a slight **chill**

His swear words cast a **chill** on the party.

counterintuitive

adj. contrary to what common sense would suggest

synonym: unreasonable, paradoxical, nonsensical

(1) **counterintuitive** results, (2) **counterintuitive** behavior

The **counterintuitive** nature of quantum physics has been a source of confusion for scientists for decades.

- insect** *n.* any small creature that has six legs and a body divided into three sections
(1) **insect** antenna, (2) **insect** biology
These **insects** are more prevalent above a certain latitude.
- sardine** *n.* a small saltwater fish that is often canned and used for food; a crowded or tightly packed space or area
synonym : pilchard, anchovy, sprat
(1) a **sardine** fishery, (2) grilled **sardine**
I opened the can of **sardines**, and the oily smell filled the room.
- anchovy** *n.* a small saltwater fish with a strong flavor, often used in cooking and as a pizza topping
synonym : sardine
(1) pasta with **anchovy**, (2) **anchovy** fillets
I don't particularly enjoy **anchovy** on my pizza.
- mad** *adj.* insane, especially due to a mental illness; very angry
synonym : crazy, insane, furious
(1) a **mad** person, (2) gets **mad** easily
He was **mad** with joy to see the results.
- destroy** *v.* to ruin or damage severely or completely; to eradicate or eliminate completely
synonym : demolish, ruin, obliterate
(1) **destroy** the ecosystem, (2) **destroyed** evidence
The building was **destroyed** in the fire and had to be rebuilt.
- slavery** *n.* the practice or system of owning, buying, and selling people as property and forcing them to work
synonym : bondage, servitude, enslavement
(1) **slavery** labor, (2) institution of **slavery**
The abolition of **slavery** in the United States was a major achievement in the fight for human rights.

imaginable

adj. capable of being imagined

synonym: conceivable, plausible, possible

(1) easily **imaginable**, (2) worst **imaginable** case

This is the only **imaginable** strategy.

recreation

n. the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place

synonym: amusement, entertainment, refreshment

(1) outdoor **recreation**, (2) **recreation** of the homeland

Basketball is their usual **recreation** after school.

acidification

n. the act or process of becoming acid or making something become acid

(1) **acidification** of soil, (2) stream **acidification**

Ocean **acidification** leads to a decrease in tiny sea snails.

reef

n. a long chain or range of rocks or sand near the ocean's surface

(1) barrier **reef**, (2) coral **reefs**

The vessel ran aground on a **reef**.

destruction

n. the act of causing so much damage to something

synonym: devastation, annihilation, ruin

(1) path of **destruction**, (2) cyclonic **destruction**

The extinction of several subspecies has been linked to climate change and habitat **destruction**.

underline

v. to draw a line or lines underneath something, typically to emphasize or draw attention to it

synonym: emphasize, highlight, stress

(1) **underline** the vision, (2) **underline** the key points

He **underlined** the important points in the document.

interconnect

v. to connect similar things

synonym: interlink, connect, annex

(1) directly **interconnect** with those systems, (2) human activities **interconnect** with the environment

Our system can now **interconnect** with other databases.

deforest

v. to clear an area of forest or trees

synonym: clear-cut, strip, denude

(1) **deforest** a mountain, (2) **deforest** millions of acres

The company planned to **deforest** a large rainforest area to make way for a new plantation.

climate

n. the weather in a particular location averaged over some long period

synonym: atmosphere, weather, environment

(1) a cold **climate**, (2) effects of **climate** change

Climate and weather have an impact on every part of our lifestyles.

alternative

n. one of two or more available possibilities or choice

synonym: choice, option

(1) an **alternative** plan, (2) there is no other **alternative**

Doctors are gradually coming around to the idea of using **alternative** medicines.

massive

adj. enormous amount; very heavy and solid

synonym: enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars

The recent economic downturn has resulted in **massive** layoffs.

revert

v. to return to a previous state or condition; to reply

synonym: return, go back, restore

(1) **revert** to a heavy smoker, (2) **revert** to the original subject

After trying the new software, I **reverted** to the old version.

- soy** *n.* a legume plant that is widely cultivated for its edible bean, which has many uses, such as for oil, food, and animal feed
(1) **soy** allergy, (2) **soy** milk
Many people use **soy** sauce for sushi, stir-fries, and marinades.
- industrial** *adj.* of or relating to or resulting from industry
synonym: manufacturing, mechanical
(1) beginning of the **industrial** revolution, (2) **industrial** alcohol
Industrial design has become more focused on human nature aspect than ever before.
- slaughterhouse** *n.* a facility where animals are killed and processed for meat
synonym: abattoir, meatpacking plant, butcher shop
(1) **slaughterhouse** operation, (2) **slaughterhouse** facility
The smell of the **slaughterhouse** made him feel sick to his stomach.
- salmon** *n.* a type of fish that is commonly found in the North Atlantic and North Pacific oceans
synonym: fish, trout, salmonid
(1) **salmon** fishery, (2) **salmon** migration
Grilled **salmon** is a popular dish at summer barbecues.
- explode** *v.* to burst or break open violently and noisily; to cause something to burst or break open
synonym: detonate, blast, rupture
(1) **explode** in anger, (2) **explode** in popularity
The old building **exploded** in a fiery inferno.
- carnivore** *n.* an animal that primarily eats meat as opposed to plant matter
synonym: predator, meat-eater, hunter
(1) **carnivore** diet, (2) hungry **carnivore**

A lion is a typical **carnivore**, as they mainly eat meat.

digest

v. to transform food into absorbable substances; break down

synonym: absorb, condense

(1) **digest** information, (2) help **digest** food

Most babies can readily **digest** a wide variety of foods.

reputation

n. the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors

synonym: fame, standing, esteem

(1) **reputation** risk, (2) cloud his **reputation**

She has a good **reputation** for being one of the best chefs in the city.

excessive

adj. greater than what seems necessary, normal, or desirable

synonym: unreasonable, exorbitant, inflated

(1) an **excessive** force, (2) take **excessive** care

It would be best if you did not demand such an **excessive** charge.

chemical

adj. relating to or connected with chemistry;

synonym: chemic, synthetic

(1) toxic **chemicals**, (2) a **chemical** compound

The firm has grown into a large **chemical** manufacturing.

virus

n. a tiny infectious organic material that causes disease in people, animals, and plants

synonym: bacterium, germ, ailment

(1) spread of the **virus**, (2) a strain of **virus**

An infected person in the hospital will likely pass the **virus** to others.

transfer

v. to move, pass, or change from one person, place, or situation to another

synonym : move, relocate, shift

(1) **transfer** a file, (2) **transfer** power

She **transferred** the money from her savings account to her checking account.

ecosystem

n. all the plants and living creatures in an area and the way they affect each other and the environment

(1) marine **ecosystem**, (2) change the **ecosystem**

Human conservation efforts often fail unexpectedly because they disturb the balance of the **ecosystem**.

breed

v. to keep animals for producing offspring in a regulated manner

synonym : raise, multiply, reproduce

(1) **breed** horses, (2) **breed** suspicion

This animal **breeds** in northern latitudes.

genetic

adj. of or relating to genes (= parts of the DNA in cells) or the science of genes

synonym : hereditary, genetical, inborn

(1) have **genetic** testing, (2) a **genetic** disorder

Understanding protein folding is a vital step in deciphering the **genetic** code.

mention

v. to speak or write about something or someone briefly

synonym : reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

ingredient

n. one of the things used to make something, especially one of the foods used to make a particular dish

synonym : element, component

(1) secret **ingredients**, (2) compound the **ingredients**

Greed is the primary **ingredient** in the making of criminals.

bless

v. to make or pronounce holy; to hallow; to consecrate; to sanctify

synonym: sanctify, consecrate, hallow

(1) **bless** him in my heart, (2) **bless** you

The priest **blessed** the couple as they knelt before him.

transparent

adj. easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely

synonym: translucent, evident, diaphanous

(1) a **transparent** lie, (2) **transparent** crystal

The focus of these initiatives is to make the financial system more **transparent**.

agriculture

n. the practice or science of cultivating the land or raising stock

synonym: farming, husbandry, agribusiness

(1) organic **agriculture**, (2) intensive **agriculture**

Agriculture is the foundation of our economy.

revolution

n. a large-scale attempt to overthrow the government of a country, often using violence or war;

synonym: coup, innovation, rebellion

(1) beginning of the industrial **revolution**, (2) a political **revolution**

The **revolution** by the citizen resulted in a redistribution of wealth.

minimal

adj. tiny in amount; the least possible

synonym: tiniest, essential, minimum

(1) **minimal** effort, (2) **minimal** amount

The process was carried out at **minimal** cost.

footprint

n. a mark of a foot, shoe, or animal's foot left on a surface

synonym: footmark, imprint, impression

(1) **footprints** in the snow, (2) the **footprints** of an earlier civilization

We choose transportation that has a smaller carbon **footprint**.

consist

v. to be composed or made up of

synonym: lie in, comprise, exist

(1) **consist** mainly of cells, (2) **consist** only in knowing facts

This examination **consists** of five problems to solve.

microbe

n. a tiny living thing that can only be seen with a microscope and that may cause disease

synonym: germ, microorganism, bacterium

(1) pathogenic **microbe**, (2) **microbes** sterilizer

Microbes thrive on the surface of the human skin.

micro

n. extremely small in scale or scope; one millionth

(1) **micro** bubble, (2) **micro** force sensor

This approach employs both **micro** and macro analysis methods.

algae

n. A simple plant that grows in or near water and lacks typical leaves and roots

(1) **algae** biofuel, (2) blue **algae**

Algae has jammed the inlet to the water turbine.

grade

n. a particular level of quality, size, importance, etc.

synonym: score, rate, degree

(1) boys in the twelfth **grade**, (2) students at all **grade** levels

Departments may set requirements for a higher **grade** point average.

recycle

v. to sort and collect things to process them and produce valuable materials that can be used again

synonym: reclaim, reuse, reprocess

(1) **recycle** the cardboard boxes, (2) **recycle** milk packaging into new paper

We largely **recycle** the circuit board of cell phones because they contain a lot of valuable metals.

tract

n. a region of land, often with a specific purpose or use, such as farming, forestry, or mining; a bundle of nerves or a system of organs in the body

synonym : region, area, tube

(1) a urinary **tract** infection, (2) a **tract** of virgin forest

The farmer owns a large **tract** of land where he grows corn and soybeans.

efficiently

adv. in a way that produces maximum output with minimum effort or expense

synonym : expeditiously, skillfully, ably

(1) **efficiently** combined, (2) develop software more **efficiently**

We can resolve support requests quickly and **efficiently** by utilization of AI.

delicious

adj. exceptionally pleasing to taste or smell

synonym : appetizing, mouthwatering, delectable

(1) **delicious** breeze, (2) variety of **delicious** foods

We could grill the meat in a **delicious** way.

effluent

n. liquid waste or sewage that is discharged or released into a body of water; a byproduct or waste material that flows out or is expelled from a manufacturing process or system

synonym : outflow, discharge, sewage

(1) **effluent** discharge, (2) toxic **effluent**

The factory's **effluent** was carefully monitored to ensure it didn't harm the environment.

mimic

v. to imitate someone's speech, movement, or behavior, especially to make others laugh

synonym : mirror, imitate, ape

(1) **mimic** a human voice, (2) **mimic** numerous instruments

He is very popular at school because he can **mimic** all the teachers' accents.

antibiotic

n. a substance or drug that kills or slows down the growth of bacteria

synonym: antimicrobial, chemotherapeutic, germicide

(1) **antibiotic** resistance, (2) **antibiotic** allergy

He has been prescribed an **antibiotic** to treat his infection.

automated

adj. carried out by machines or computers to replace or decrease human labor

synonym: computerized, mechanical, laborsaving

(1) **automated** manual transmission, (2) **automated** way

The plant will continue operating through an **automated** system 24 hours a day.

feeder

n. an animal being fattened or suitable for fattening; a device or system that supplies something to a particular recipient or process

synonym: supply, provider, dispenser

(1) **feeder** fish, (2) **feeder** artery

Many different types of birds visited the bird **feeder**.

software

n. a set of computer programs and associated documentation and data for doing particular computational jobs

synonym: program, system, operating system

(1) **software** architect, (2) copyrighted **software**

The company specializes in both hardware and **software**.

improve

v. to make or become better

synonym: enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

competitive

adj. involving competition or competitiveness

synonym: aggressive, ambitious, militant

(1) a **competitive** price, (2) **competitive** position

The mobile application industry is a **competitive** one.

excuse

n. a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt

synonym : apology, justification, reason

(1) **excuse** for inaction, (2) perfect **excuse**

He quickly fabricated an **excuse** for not attending the meeting.

dot

n. a very small circular mark, especially one that is printed

synonym : drop, dab, fleck

(1) connecting the **dots**, (2) **dot** blot method

The wallpaper had a pattern of pink **dots** on a white surface.

rethink

v. to consider again a plan, idea, etc., especially to change it

synonym : reexplore, review, reconsider

(1) **rethink** a marketing plan, (2) **rethink** the role of the manager

We have to **rethink** our company's product lineup for further growth.

holistic

adj. relating to or dealing with the whole of something rather than just its parts

synonym : comprehensive, all-encompassing, total

(1) **holistic** education, (2) develop a **holistic** vision

The **holistic** approach to healthcare considers the person's physical, mental, and emotional well-being.

chain

n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

synonym : series, string, link

(1) **chain** reaction, (2) supply **chain**

The **chain** on my bike broke, leaving me stranded.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym : sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

far-fetched

adj. (of an idea or story) so exaggerated or ludicrous as to be very difficult to believe

synonym : bizarre, doubtful, unbelievable

(1) **far-fetched** idea, (2) **far-fetched** expressions

Though his plan sounded **far-fetched** at first, he realized it anyway.

poorest

adj. having the least wealth or resources

synonym : impecunious, penniless, least

(1) **poorest** of the poor, (2) **poorest** area

The **poorest** countries in the world often have the highest rates of malnutrition.

prefer

v. to like, choose, or want one thing or person better than another

synonym : choose, like, favor

(1) **prefer** physics to chemistry, (2) **prefer** a window seat

The birds **prefer** open water areas with reeds around them.

refuse

v. to show that one is not willing to do or accept something

synonym : turn down, deny, decline

(1) **refuse** a request, (2) **refuse** the company

My initial reaction was to **refuse**.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym : finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

Session 2: Spelling

- | | |
|---|---|
| 1. ca_____re diet | <i>n.</i> an animal that primarily eats meat as opposed to plant matter |
| 2. there is no other alt_____ve | <i>n.</i> one of two or more available possibilities or choice |
| 3. sl_____y labor | <i>n.</i> the practice or system of owning, buying, and selling people as property and forcing them to work |
| 4. sh_____sh allergy | <i>n.</i> water creatures that live in shells, especially one of the types that can be eaten |
| 5. am__o acid | <i>n.</i> compounds and functional groups that contain a basic nitrogen atom with a lone pair (NH ₂) that combine to make protein |
| 6. an_____y fillets | <i>n.</i> a small saltwater fish with a strong flavor, often used in cooking and as a pizza topping |
| 7. su_____e you're right | <i>v.</i> to think that something is likely to be actual or possible |
| 8. mi__o force sensor | <i>n.</i> extremely small in scale or scope; one millionth |
| 9. co_____e chemically with another substance | <i>v.</i> to join or merge to form a single thing or group |
| 10. ch__n reaction | <i>n.</i> a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle |

ANSWERS: 1. carnivore, 2. alternative, 3. slavery, 4. shellfish, 5. amino, 6. anchovy, 7. suppose, 8. micro, 9. combine, 10. chain

11. ex___e the crowd *v.* to make someone feel suddenly enthusiastic or eager
12. ex___e rebellion *v.* to make someone feel suddenly enthusiastic or eager
13. po____t area *adj.* having the least wealth or resources
14. pr____n synthesis *n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
15. re____e one word with another *v.* to take the place of something
16. boys in the twelfth gr__e *n.* a particular level of quality, size, importance, etc.
17. im____e the test score *v.* to make or become better
18. ex____e in popularity *v.* to burst or break open violently and noisily; to cause something to burst or break open
19. cru____an dish *n.* a type of arthropod, such as a crab, lobster, or shrimp, that has a hard outer shell or exoskeleton
20. blood ve___ls *n.* a ship or large boat
21. a re____ic goal *adj.* having or showing a sensible and practical idea that is possible to achieve
22. de____st millions of acres *v.* to clear an area of forest or trees
23. in____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else

ANSWERS: 11. excite, 12. excite, 13. poorest, 14. protein, 15. replace, 16. grade, 17. improve, 18. explode, 19. crustacean, 20. vessel, 21. realistic, 22. deforest, 23. involve

- | | |
|-------------------------------------|--|
| 24. students at all gr__e levels | <i>n.</i> a particular level of quality, size, importance, etc. |
| 25. re____k the role of the manager | <i>v.</i> to consider again a plan, idea, etc., especially to change it |
| 26. de____us breeze | <i>adj.</i> exceptionally pleasing to taste or smell |
| 27. c_w herd | <i>n.</i> a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat |
| 28. en____us amount | <i>adj.</i> extremely large or great |
| 29. the stock market co____sed | <i>v.</i> to fall down or give way suddenly, often after breaking apart |
| 30. spread of the vi__s | <i>n.</i> a tiny infectious organic material that causes disease in people, animals, and plants |
| 31. me____n in a report | <i>v.</i> to speak or write about something or someone briefly |
| 32. di____e prevention | <i>n.</i> a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems |
| 33. easily ima____le | <i>adj.</i> capable of being imagined |
| 34. ready-made ph__es | <i>n.</i> a group of words that mean something specific when used together |
| 35. variety of ma___e life | <i>adj.</i> relating to the sea and the creatures and plants that live there |
| 36. im____e a process | <i>v.</i> to make or become better |

ANSWERS: 24. grade, 25. rethink, 26. delicious, 27. cow, 28. enormous, 29. collapse, 30. virus, 31. mention, 32. disease, 33. imaginable, 34. phrase, 35. marine, 36. improve

37. sla_____use operation *n.* a facility where animals are killed and processed for meat
38. s_y milk *n.* a legume plant that is widely cultivated for its edible bean, which has many uses, such as for oil, food, and animal feed
39. aqu_____re industry *n.* the cultivation of aquatic organisms such as fish, seaweed, and shellfish for human consumption, as well as for environmental conservation and research purposes
40. copyrighted so_____re *n.* a set of computer programs and associated documentation and data for doing particular computational jobs
41. a com_____ve price *adj.* involving competition or competitiveness
42. he is ob___sed with the fear *v.* to fill the mind of someone continually so that one can't think of anything else
43. pathogenic mi_____e *n.* a tiny living thing that can only be seen with a microscope and that may cause disease
44. a ge_____c disorder *adj.* of or relating to genes (= parts of the DNA in cells) or the science of genes
45. cause un___t *n.* a state of agitation or disturbance; lack of calm or peace
46. local h__o *n.* a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities

ANSWERS: 37. slaughterhouse, 38. soy, 39. aquaculture, 40. software, 41. competitive, 42. obsess, 43. microbe, 44. genetic, 45. unrest, 46. hero

47. re___t to the original subject *v.* to return to a previous state or condition; to reply
48. agricultural org_____ion *n.* a group of people who work together for a shared purpose
49. outdoor rec_____on *n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
50. tra_____nt crystal *adj.* easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely
51. col_____ded reptiles *adj.* of or relating to animals that cannot control their body temperature internally, typically reptiles, amphibians, and fish, and rely on external sources of heat to maintain their body temperature; figuratively, unemotional, callous, or lacking in empathy
52. toxic ef_____nt *n.* liquid waste or sewage that is discharged or released into a body of water; a byproduct or waste material that flows out or is expelled from a manufacturing process or system
53. compound the ing_____nts *n.* one of the things used to make something, especially one of the foods used to make a particular dish
54. the ch___l of autumn *n.* a feeling of coldness that makes one shiver; (verb) to make cool or cooler
55. di_____ar after a week *v.* to cease to exist or be visible

ANSWERS: 47. revert, 48. organization, 49. recreation, 50. transparent, 51. cold-blooded, 52. effluent, 53. ingredient, 54. chill, 55. disappear

56. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
57. barrier r___f *n.* a long chain or range of rocks or sand near the ocean's surface
58. ma_____e stars *adj.* enormous amount; very heavy and solid
59. change the ec_____em *n.* all the plants and living creatures in an area and the way they affect each other and the environment
60. help di___t food *v.* to transform food into absorbable substances; break down
61. hu_____nd as a species *n.* the whole of the living human inhabitants of the earth
62. swell like a tu___y *n.* (of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans
63. take ex_____ve care *adj.* greater than what seems necessary, normal, or desirable
64. au_____ed manual transmission *adj.* carried out by machines or computers to replace or decrease human labor
65. toxic ch_____als *adj.* relating to or connected with chemistry;
66. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
67. principles of sus_____le development *adj.* able to continue or be continued for a long time

ANSWERS: 56. suffer, 57. reef, 58. massive, 59. ecosystem, 60. digest, 61. humankind, 62. turkey, 63. excessive, 64. automated, 65. chemical, 66. industrious, 67. sustainable

68. po____y farming *n.* domesticated birds kept by humans for their eggs, meat, or feathers
69. ant_____ic resistance *n.* a substance or drug that kills or slows down the growth of bacteria
70. im_____ry pregnancy *adj.* existing only in someone's mind
71. bl__s you *v.* to make or pronounce holy; to hallow; to consecrate; to sanctify
72. energy-ef_____nt appliances *adj.* performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials
73. ad_____on of vectors *n.* the act or process of adding something to something else; the process of adding numbers
74. noun ph____e *n.* a group of words that mean something specific when used together
75. su_____e beforehand *v.* to think that something is likely to be actual or possible
76. human activities int_____ect with the environment *v.* to connect similar things
77. dairy c_w *n.* a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat
78. br__d suspicion *v.* to keep animals for producing offspring in a regulated manner
79. vi_____ly all countries *adv.* almost completely

ANSWERS: 68. poultry, 69. antibiotic, 70. imaginary, 71. bless, 72. efficient, 73. addition, 74. phrase, 75. suppose, 76. interconnect, 77. cow, 78. breed, 79. virtually

80. di___t information *v.* to transform food into absorbable substances; break down
81. a ch___al compound *adj.* relating to or connected with chemistry;
82. co___e a large of alcohol *v.* to spend something, especially fuel, energy, or time, in a large amount
83. supply ch___n *n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
84. cou_____ive results *adj.* contrary to what common sense would suggest
85. intensive agr_____re *n.* the practice or science of cultivating the land or raising stock
86. cloud his rep_____on *n.* the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors
87. telescopic vi___n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
88. de___y the ecosystem *v.* to ruin or damage severely or completely; to eradicate or eliminate completely
89. h__t after knowledge *v.* to go after and try to catch wild animals to kill them for food, sport, or profit
90. pasta with an_____y *n.* a small saltwater fish with a strong flavor, often used in cooking and as a pizza topping
91. commercial fi_____y *n.* an area of water where fish are caught in large quantities for living; a business or practice of catching and selling fish

ANSWERS: 80. digest, 81. chemical, 82. consume, 83. chain, 84. counterintuitive, 85. agriculture, 86. reputation, 87. vision, 88. destroy, 89. hunt, 90. anchovy, 91. fishery

92. am__o compound *n.* compounds and functional groups that contain a basic nitrogen atom with a lone pair (NH₂) that combine to make protein
93. sla_____use facility *n.* a facility where animals are killed and processed for meat
94. un_____ne the key points *v.* to draw a line or lines underneath something, typically to emphasize or draw attention to it
95. coral r__fs *n.* a long chain or range of rocks or sand near the ocean's surface
96. sa___n migration *n.* a type of fish that is commonly found in the North Atlantic and North Pacific oceans
97. fi_____y management *n.* an area of water where fish are caught in large quantities for living; a business or practice of catching and selling fish
98. develop a ho_____ic vision *adj.* relating to or dealing with the whole of something rather than just its parts
99. su___r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
100. the attraction of gr_____y *n.* the force that attracts a body towards the center of the earth or towards any other physical body having mass; a manner that is solemn
101. a prodigious vi___n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

ANSWERS: 92. amino, 93. slaughterhouse, 94. underline, 95. reef, 96. salmon, 97. fishery, 98. holistic, 99. suffer, 100. gravity, 101. vision

102. pl_____r the enemy's stronghold *v.* to rob or steal, especially by force or in times of war or chaos; to pillage or loot a place or property
103. na_____ly regenerated forest *adv.* as might be expected; by natural manners
104. directly int_____ect with those systems *v.* to connect similar things
105. average fuel con_____on *n.* the amount used or eaten; the act of using up a resource such as energy, food, or materials
106. fo_____nts in the snow *n.* a mark of a foot, shoe, or animal's foot left on a surface
107. ma_____e amounts *adj.* enormous amount; very heavy and solid
108. grilled sw_____sh *n.* a large predatory fish with a long, sword-like bill or upper jaw, known for its streamlined body and speed
109. the con_____ion law of physics *n.* the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity
110. save the pl____t *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
111. good source of essential amino a__ds *n.* sour; water-soluble chemicals with a sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials

ANSWERS: 102. plunder, 103. naturally, 104. interconnect, 105. consumption, 106. footprint, 107. massive, 108. swordfish, 109. conservation, 110. planet, 111. acid

112. less fa__y meat	<i>adj.</i> containing a lot of fat
113. de____e a job offer	<i>v.</i> to become gradually smaller, fewer, worse, etc.; to refuse to accept
114. grilled sa____e	<i>n.</i> a small saltwater fish that is often canned and used for food; a crowded or tightly packed space or area
115. secret ing____nts	<i>n.</i> one of the things used to make something, especially one of the foods used to make a particular dish
116. an ex____ve force	<i>adj.</i> greater than what seems necessary, normal, or desirable
117. eve____ly succeed	<i>adv.</i> finally, particularly after a long time or a lot of struggle, complications, and so on
118. dedicated env_____ist	<i>n.</i> a person who is concerned with and advocates for the protection of the natural environment
119. re___t to a heavy smoker	<i>v.</i> to return to a previous state or condition; to reply
120. nu____on condition	<i>n.</i> the substances or the process that organisms take into their bodies as food for their growth and health
121. de____st a mountain	<i>v.</i> to clear an area of forest or trees
122. health po___y	<i>n.</i> a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective

ANSWERS: 112. fatty, 113. decline, 114. sardine, 115. ingredient, 116. excessive, 117. eventually, 118. environmentalist, 119. revert, 120. nutrition, 121. deforest, 122. policy

123. co_____t mainly of cells *v.* to be composed or made up of
124. a political rev_____on *n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
125. ex___e for inaction *n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
126. an Imperial ma_____e *n.* an official or authoritative instruction or command; a commission or authority to carry out a particular task
127. thirty cen_____ers tall *n.* a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter
128. li_____me ban from the sport *n.* the duration of someone's life or something's existence;
129. around the gl__e *n.* the earth or world, mainly used to emphasize its vastness
130. fe___r fish *n.* an animal being fattened or suitable for fattening; a device or system that supplies something to a particular recipient or process
131. un_____ly event *adj.* not probable or likely to happen
132. mi__o bubble *n.* extremely small in scale or scope; one millionth
133. far_____ed idea *adj.* (of an idea or story) so exaggerated or ludicrous as to be very difficult to believe

ANSWERS: 123. consist, 124. revolution, 125. excuse, 126. mandate, 127. centimeter, 128. lifetime, 129. globe, 130. feeder, 131. unlikely, 132. micro, 133. far-fetched

134. de____p a skill
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
135. re____e a phone
v. to take the place of something
136. tr____er power
v. to move, pass, or change from one person, place, or situation to another
137. eve_____ly become obsolete
adv. finally, particularly after a long time or a lot of struggle, complications, and so on
138. bl__s him in my heart
v. to make or pronounce holy; to hallow; to consecrate; to sanctify
139. un____ne the vision
v. to draw a line or lines underneath something, typically to emphasize or draw attention to it
140. three-fourths of a po__d
n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
141. ef_____nt discharge
n. liquid waste or sewage that is discharged or released into a body of water; a byproduct or waste material that flows out or is expelled from a manufacturing process or system
142. ef_____nt operation
adj. performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials

ANSWERS: 134. develop, 135. replace, 136. transfer, 137. eventually, 138. bless, 139. underline, 140. pound, 141. effluent, 142. efficient

143. aci_____ion of soil *n.* the act or process of becoming acid or making something become acid
144. se_____d broth *n.* a plant that grows in the sea or on land very close to the sea, especially marine algae
145. vi_____ly identical *adv.* almost completely
146. price sl__h *v.* to cut with a sharp object using a quick and robust movement
147. the fo_____nts of an earlier civilization *n.* a mark of a foot, shoe, or animal's foot left on a surface
148. sw_____sh steak *n.* a large predatory fish with a long, sword-like bill or upper jaw, known for its streamlined body and speed
149. stress pr_____n *n.* a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues
150. h__t a job *v.* to go after and try to catch wild animals to kill them for food, sport, or profit
151. soil con_____ion *n.* the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity
152. pr___r physics to chemistry *v.* to like, choose, or want one thing or person better than another
153. ob___s over her weight *v.* to fill the mind of someone continually so that one can't think of anything else
154. an alt_____ve plan *n.* one of two or more available possibilities or choice

ANSWERS: 143. acidification, 144. seaweed, 145. virtually, 146. slash, 147. footprint, 148. swordfish, 149. protein, 150. hunt, 151. conservation, 152. prefer, 153. obsess, 154. alternative

155. po____t of the poor *adj.* having the least wealth or resources
156. ind____us student *adj.* hardworking, diligent, and persistent in effort
157. na____ly arising *adv.* as might be expected; by natural manners
158. re____t being kissed *v.* to refuse to accept something and attempt to prevent it from happening
159. di____e backgrounds *adj.* including numerous categories of individuals or entities; various
160. sa____n fishery *n.* a type of fish that is commonly found in the North Atlantic and North Pacific oceans
161. sus____le alternative fuel *adj.* able to continue or be continued for a long time
162. al____te stress *v.* to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden
163. im____ry number *adj.* existing only in someone's mind
164. mi__c numerous instruments *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
165. path of des____on *n.* the act of causing so much damage to something
166. ma____e insurance *adj.* relating to the sea and the creatures and plants that live there
167. unsung h__o *n.* a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities

ANSWERS: 155. poorest, 156. industrious, 157. naturally, 158. resist, 159. diverse, 160. salmon, 161. sustainable, 162. alleviate, 163. imaginary, 164. mimic, 165. destruction, 166. marine, 167. hero

168. in_____te a lawsuit *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
169. naval ve___ls *n.* a ship or large boat
170. mi__c a human voice *v.* to imitate someone's speech, movement, or behavior, especially to make others laugh
171. a person of di_____e talents *adj.* including numerous categories of individuals or entities; various
172. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
173. au_____ed way *adj.* carried out by machines or computers to replace or decrease human labor
174. br__d horses *v.* to keep animals for producing offspring in a regulated manner
175. connecting the d_ts *n.* a very small circular mark, especially one that is printed
176. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
177. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else

ANSWERS: 168. institute, 169. vessel, 170. mimic, 171. diverse, 172. develop, 173. automated, 174. breed, 175. dot, 176. disease, 177. involve

178. co_____t only in knowing facts *v.* to be composed or made up of
179. the ul_____te luxury *adj.* furthest or highest in degree or order
180. it is un_____ly that he would win the game *adj.* not probable or likely to happen
181. sustainable aqua_____re *n.* the cultivation of aquatic organisms such as fish, seaweed, and shellfish for human consumption, as well as for environmental conservation and research purposes
182. effects of cl_____e change *n.* the weather in a particular location averaged over some long period
183. en_____us potential *adj.* extremely large or great
184. a co_____nt temperature *adj.* happening repeatedly or all the time
185. inh_____nt tax *n.* a person or an animal that lives in a particular place
186. co_____e augmented reality *v.* to join or merge to form a single thing or group
187. pl_____r his reputation *v.* to rob or steal, especially by force or in times of war or chaos; to pillage or loot a place or property
188. chemical ad_____on *n.* the act or process of adding something to something else; the process of adding numbers
189. as___e a lousy attitude to his boss *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

ANSWERS: 178. consist, 179. ultimate, 180. unlikely, 181. aquaculture, 182. climate, 183. enormous, 184. constant, 185. inhabitant, 186. combine, 187. plunder, 188. addition, 189. assume

190. a tr__t of virgin forest *n.* a region of land, often with a specific purpose or use, such as farming, forestry, or mining; a bundle of nerves or a system of organs in the body
191. qu_____le the price of gold *v.* to consist of four items or people; to become four times as great or many
192. marine ec_____em *n.* all the plants and living creatures in an area and the way they affect each other and the environment
193. d__e into anime communities *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
194. ex_____ng news *adj.* causing a lot of interest or excitement
195. a tra_____nt lie *adj.* easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely
196. de_____e in quality *v.* to become gradually smaller, fewer, worse, etc.; to refuse to accept
197. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
198. low-fat da__y *n.* a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese
199. cru_____an shell *n.* a type of arthropod, such as a crab, lobster, or shrimp, that has a hard outer shell or exoskeleton
200. in_____e him to write a novel *v.* to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

ANSWERS: 190. tract, 191. quadruple, 192. ecosystem, 193. dive, 194. exciting, 195. transparent, 196. decline, 197. statistics, 198. dairy, 199. crustacean, 200. inspire

201. develop software more eff_____ly *adv.* in a way that produces maximum output with minimum effort or expense
202. tr_____er a file *v.* to move, pass, or change from one person, place, or situation to another
203. beginning of the industrial
rev_____on *n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
204. stream aci_____ion *n.* the act or process of becoming acid or making something become acid
205. en_____er a crisis *v.* to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
206. d_t blot method *n.* a very small circular mark, especially one that is printed
207. rec_____on of the homeland *n.* the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
208. ho_____ic education *adj.* relating to or dealing with the whole of something rather than just its parts
209. perfect ex___e *n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
210. eff_____ly combined *adv.* in a way that produces maximum output with minimum effort or expense

ANSWERS: 201. efficiently, 202. transfer, 203. revolution, 204. acidification, 205. encounter, 206. dot, 207. recreation, 208. holistic, 209. excuse, 210. efficiently

211. ant_____ic allergy *n.* a substance or drug that kills or slows down the growth of bacteria
212. mi_____l effort *adj.* tiny in amount; the least possible
213. imported da__y product *n.* a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese
214. s_y allergy *n.* a legume plant that is widely cultivated for its edible bean, which has many uses, such as for oil, food, and animal feed
215. rep_____on risk *n.* the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors
216. an a__d reaction *n.* sour; water-soluble chemicals with a sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials
217. floating se_____d *n.* a plant that grows in the sea or on land very close to the sea, especially marine algae
218. s__n fish *v.* to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly
219. re_____k a marketing plan *v.* to consider again a plan, idea, etc., especially to change it

ANSWERS: 211. antibiotic, 212. minimal, 213. dairy, 214. soy, 215. reputation, 216. acid, 217. seaweed, 218. stun, 219. rethink

220. ind_____al alcohol	<i>adj.</i> of or relating to or resulting from industry
221. edible sh_____sh	<i>n.</i> water creatures that live in shells, especially one of the types that can be eaten
222. thousands of po__ds	<i>n.</i> the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
223. nu_____on intake	<i>n.</i> the substances or the process that organisms take into their bodies as food for their growth and health
224. history of hu_____nd	<i>n.</i> the whole of the living human inhabitants of the earth
225. a urinary tr__t infection	<i>n.</i> a region of land, often with a specific purpose or use, such as farming, forestry, or mining; a bundle of nerves or a system of organs in the body
226. r__t control gas	<i>n.</i> a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
227. re___e the company	<i>v.</i> to show that one is not willing to do or accept something
228. the early inh_____nts of Europe	<i>n.</i> a person or an animal that lives in a particular place
229. sta_____cs for cancer	<i>n.</i> the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
230. hungry ca_____re	<i>n.</i> an animal that primarily eats meat as opposed to plant matter

ANSWERS: 220. industrial, 221. shellfish, 222. pound, 223. nutrition, 224. humankind, 225. tract, 226. riot, 227. refuse, 228. inhabitant, 229. statistics, 230. carnivore

231. a successful ent_____eur *n.* an individual who creates or invests in one or more businesses, especially when this involves taking financial risks
232. li_____me benefits *n.* the duration of someone's life or something's existence;
233. environmental po_____on *n.* the introduction of harmful substances or waste into the natural environment that causes adverse change
234. tu____y breast meat *n.* (of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans
235. al_____te anxiety *v.* to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden
236. mi_____es sterilizer *n.* a tiny living thing that can only be seen with a microscope and that may cause disease
237. ve__n lifestyle *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
238. com_____ve position *adj.* involving competition or competitiveness
239. a m_d person *adj.* insane, especially due to a mental illness; very angry
240. make my pre_____ons *n.* the act of predicting the future by reasoning; a statement made about the future

ANSWERS: 231. entrepreneur, 232. lifetime, 233. pollution, 234. turkey, 235. alleviate, 236. microbe, 237. vegan, 238. competitive, 239. mad, 240. prediction

241. childhood mal_____ion *n.* the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
242. foreign po____y *n.* a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
243. in____t biology *n.* any small creature that has six legs and a body divided into three sections
244. mon_____us job *adj.* lacking in variety, excitement, or interest; repetitive and tedious
245. in____t antenna *n.* any small creature that has six legs and a body divided into three sections
246. un____t in the city *n.* a state of agitation or disturbance; lack of calm or peace
247. gets m_d easily *adj.* insane, especially due to a mental illness; very angry
248. pl____t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
249. d__e off a cliff *v.* to jump into the water with your head and arms going in first, or to move down to a deeper level underwater

ANSWERS: 241. malnutrition, 242. policy, 243. insect, 244. monotonous, 245. insect, 246. unrest, 247. mad, 248. planet, 249. dive

250. pr___r a window seat
v. to like, choose, or want one thing or person better than another
251. severe mal_____ion
n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
252. so_____re architect
n. a set of computer programs and associated documentation and data for doing particular computational jobs
253. br_____nt idea
adj. extremely clever, skilled, or impressive
254. ex_____e in anger
v. to burst or break open violently and noisily; to cause something to burst or break open
255. en_____er a storm
v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly
256. institution of sl_____y
n. the practice or system of owning, buying, and selling people as property and forcing them to work
257. org_____ion chart
n. a group of people who work together for a shared purpose
258. col_____ded killers
adj. of or relating to animals that cannot control their body temperature internally, typically reptiles, amphibians, and fish, and rely on external sources of heat to maintain their body temperature; figuratively, unemotional, callous, or lacking in empathy

ANSWERS: 250. prefer, 251. malnutrition, 252. software, 253. brilliant, 254. explode, 255. encounter, 256. slavery, 257. organization, 258. cold-blooded

259. as___e an important role *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
260. blue al___e *n.* A simple plant that grows in or near water and lacks typical leaves and roots
261. far_____ed expressions *adj.* (of an idea or story) so exaggerated or ludicrous as to be very difficult to believe
262. r__t police *n.* a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
263. fa__y acid *adj.* containing a lot of fat
264. pr_____ry warfare *adj.* living by eating other animals, especially by catching prey that is still alive
265. cyclonic des_____on *n.* the act of causing so much damage to something
266. a pr_____ry bird *adj.* living by eating other animals, especially by catching prey that is still alive
267. re_____e the cardboard boxes *v.* to sort and collect things to process them and produce valuable materials that can be used again
268. beginning of the ind_____al revolution *adj.* of or relating to or resulting from industry
269. sl__h a person with a knife *v.* to cut with a sharp object using a quick and robust movement

ANSWERS: 259. assume, 260. algae, 261. far-fetched, 262. riot, 263. fatty, 264. predatory, 265. destruction, 266. predatory, 267. recycle, 268. industrial, 269. slash

270. me_____n name *v.* to speak or write about something or someone briefly
271. de_____yed evidence *v.* to ruin or damage severely or completely; to eradicate or eliminate completely
272. co_____e electricity *v.* to spend something, especially fuel, energy, or time, in a large amount
273. qu_____le the amount *v.* to consist of four items or people; to become four times as great or many
274. re____t temptation *v.* to refuse to accept something and attempt to prevent it from happening
275. a cold cl_____e *n.* the weather in a particular location averaged over some long period
276. ready to co_____se *v.* to fall down or give way suddenly, often after breaking apart
277. a po_____y walk *n.* domesticated birds kept by humans for their eggs, meat, or feathers
278. the con_____on of food *n.* the amount used or eaten; the act of using up a resource such as energy, food, or materials
279. s__n an audience *v.* to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly
280. high levels of air po_____on *n.* the introduction of harmful substances or waste into the natural environment that causes adverse change
281. fe____r artery *n.* an animal being fattened or suitable for fattening; a device or system that supplies something to a particular recipient or process

ANSWERS: 270. mention, 271. destroy, 272. consume, 273. quadruple, 274. resist, 275. climate, 276. collapse, 277. poultry, 278. consumption, 279. stun, 280. pollution, 281. feeder

282. feel a slight ch__l	<i>n.</i>	a feeling of coldness that makes one shiver; (verb) to make cool or cooler
283. ma_____e obligation	<i>n.</i>	an official or authoritative instruction or command; a commission or authority to carry out a particular task
284. billionaire ent_____eur	<i>n.</i>	an individual who creates or invests in one or more businesses, especially when this involves taking financial risks
285. terrestrial gl__e	<i>n.</i>	the earth or world, mainly used to emphasize its vastness
286. br_____nt performance	<i>adj.</i>	extremely clever, skilled, or impressive
287. re_____e milk packaging into new paper	<i>v.</i>	to sort and collect things to process them and produce valuable materials that can be used again
288. ex_____ng football player	<i>adj.</i>	causing a lot of interest or excitement
289. a co_____nt wind	<i>adj.</i>	happening repeatedly or all the time
290. a strain of vi__s	<i>n.</i>	a tiny infectious organic material that causes disease in people, animals, and plants
291. have ge_____c testing	<i>adj.</i>	of or relating to genes (= parts of the DNA in cells) or the science of genes
292. al__e biofuel	<i>n.</i>	A simple plant that grows in or near water and lacks typical leaves and roots
293. the ul_____te goal in life	<i>adj.</i>	furthest or highest in degree or order
294. an env_____ist political party	<i>n.</i>	a person who is concerned with and advocates for the protection of the natural environment

ANSWERS: 282. chill, 283. mandate, 284. entrepreneur, 285. globe, 286. brilliant, 287. recycle, 288. exciting, 289. constant, 290. virus, 291. genetic, 292. algae, 293. ultimate, 294. environmentalist

295. a sa_____e fishery *n.* a small saltwater fish that is often canned and used for food; a crowded or tightly packed space or area
296. supply chain tra_____ity *n.* the ability to track or trace the origins, history, or movement of a product or material, often used in manufacturing or supply chain industries for quality control and safety purposes
297. worst ima_____le case *adj.* capable of being imagined
298. tra_____ity system *n.* the ability to track or trace the origins, history, or movement of a product or material, often used in manufacturing or supply chain industries for quality control and safety purposes
299. in_____e a feeling of curiosity *v.* to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative
300. organic agr_____re *n.* the practice or science of cultivating the land or raising stock
301. cen_____er measurement *n.* a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter
302. mi_____l amount *adj.* tiny in amount; the least possible
303. preserve my gr_____y *n.* the force that attracts a body towards the center of the earth or towards any other physical body having mass; a manner that is solemn
304. mon_____us routine *adj.* lacking in variety, excitement, or interest; repetitive and tedious

ANSWERS: 295. sardine, 296. traceability, 297. imaginable, 298. traceability, 299. inspire, 300. agriculture, 301. centimeter, 302. minimal, 303. gravity, 304. monotonous

305. di_____ar without a trace *v.* to cease to exist or be visible
306. cou_____ive behavior *adj.* contrary to what common sense would suggest
307. variety of de_____us foods *adj.* exceptionally pleasing to taste or smell
308. research in_____tes *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
309. raw food ve__n *n.* a person who does not eat or use any animal products, typically for ethical or environmental reasons
310. re___e a request *v.* to show that one is not willing to do or accept something
311. gloomy pre_____ons *n.* the act of predicting the future by reasoning; a statement made about the future

ANSWERS: 305. disappear, 306. counterintuitive, 307. delicious, 308. institute, 309. vegan, 310. refuse, 311. prediction

Session 3: Fill in the Blanks

1. _____ willingly accept business risks to achieve success.
n. an individual who creates or invests in one or more businesses, especially when this involves taking financial risks

2. She has a good _____ for being one of the best chefs in the city.
n. the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors

3. What do you _____ the culprit's motive was?
v. to think that something is likely to be actual or possible

4. You should keep away from _____ foods.
adj. containing a lot of fat

5. After trying the new software, I _____ to the old version.
v. to return to a previous state or condition; to reply

6. The _____ of the food products is important for ensuring their safety and quality.
n. the ability to track or trace the origins, history, or movement of a product or material, often used in manufacturing or supply chain industries for quality control and safety purposes

7. Departments may set requirements for a higher _____ point average.
n. a particular level of quality, size, importance, etc.

8. The pirates could _____ the ship and steal all of the valuable cargo.
v. to rob or steal, especially by force or in times of war or chaos; to pillage or loot a place or property

ANSWERS: 1. Entrepreneurs, 2. reputation, 3. suppose, 4. fatty, 5. reverted, 6. traceability, 7. grade, 8. plunder

9. The sperm whale can _____ to 1,000 meters.
- v. to jump into the water with your head and arms going in first, or to move down to a deeper level underwater
10. Human conservation efforts often fail unexpectedly because they disturb the balance of the _____.
- n. all the plants and living creatures in an area and the way they affect each other and the environment
11. The _____ nature of quantum physics has been a source of confusion for scientists for decades.
- adj. contrary to what common sense would suggest
12. The following example _____ that the capacity of each battery is the same.
- v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
13. Taking ibuprofen can _____ the pain from a headache.
- v. to make something, usually pain, distress, or problem, less severe or intense; to ease or lighten a burden
14. The investigation _____ several government agencies and is expected to take several months.
- v. to include or affect someone or something as a necessary part of something else
15. Driving is difficult for me because of my poor _____.
- n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

ANSWERS: 9. dive, 10. ecosystem, 11. counterintuitive, 12. assumes, 13. alleviate, 14. involves, 15. vision

16. The priest _____ the couple as they knelt before him.
v. to make or pronounce holy; to hallow; to consecrate; to sanctify
17. She had lived through two world wars in her _____.
n. the duration of someone's life or something's existence;
18. Eventually, the new design will _____ all older models.
v. to take the place of something
19. The _____ task of data entry required intense concentration.
adj. lacking in variety, excitement, or interest; repetitive and tedious
20. Seals and whales are _____ animals beloved by the people.
adj. relating to the sea and the creatures and plants that live there
21. The doctor advised the patient to eat a balanced diet to avoid _____.
n. the condition of having an improper or inadequate diet, typically resulting in weakness, illness, and developmental problems; the state of being undernourished or lacking essential nutrients
22. _____ can cause allergic reactions in certain people.
n. water creatures that live in shells, especially one of the types that can be eaten
23. We could grill the meat in a _____ way.
adj. exceptionally pleasing to taste or smell
24. Shakespeare's output of poetry was _____.
adj. extremely large or great

ANSWERS: 16. blessed, 17. lifetime, 18. replace, 19. monotonous, 20. marine, 21. malnutrition, 22. Shellfish, 23. delicious, 24. enormous

25. _____ design has become more focused on human nature aspect than ever before.
adj. of or relating to or resulting from industry
26. I _____ to him that I had seen his sister at the grocery store earlier that day.
v. to speak or write about something or someone briefly
27. These _____ are more prevalent above a certain latitude.
n. any small creature that has six legs and a body divided into three sections
28. The building was _____ in the fire and had to be rebuilt.
v. to ruin or damage severely or completely; to eradicate or eliminate completely
29. Mercury is the closest _____ to the sun.
n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
30. We bought a Spanish _____ book.
n. a group of words that mean something specific when used together
31. The _____ lobby changed the mindset of many conservative politicians.
n. a person who is concerned with and advocates for the protection of the natural environment
32. This is the only _____ strategy.
adj. capable of being imagined
33. She _____ the money from her savings account to her checking account.
v. to move, pass, or change from one person, place, or situation to another

ANSWERS: 25. Industrial, 26. mentioned, 27. insects, 28. destroyed, 29. planet, 30. phrase, 31. environmentalist, 32. imaginable, 33. transferred

34. The factory's _____ was carefully monitored to ensure it didn't harm the environment.
- n.* liquid waste or sewage that is discharged or released into a body of water; a byproduct or waste material that flows out or is expelled from a manufacturing process or system
35. The _____ by the citizen resulted in a redistribution of wealth.
- n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
36. Grilled _____ is a popular dish at summer barbecues.
- n.* a type of fish that is commonly found in the North Atlantic and North Pacific oceans
37. The _____ arrived in port the following day.
- n.* a ship or large boat
38. The focus of these initiatives is to make the financial system more _____.
- adj.* easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely
39. In our country, water _____ usually decreases during the winter.
- n.* the amount used or eaten; the act of using up a resource such as energy, food, or materials
40. He was _____ gifted.
- adv.* as might be expected; by natural manners
41. The restaurant specializes in serving fresh _____ dishes.
- n.* a large predatory fish with a long, sword-like bill or upper jaw, known for its streamlined body and speed

ANSWERS: 34. effluent, 35. revolution, 36. salmon, 37. vessel, 38. transparent, 39. consumption, 40. naturally, 41. swordfish

42. The _____ approach to healthcare considers the person's physical, mental, and emotional well-being.

adj. relating to or dealing with the whole of something rather than just its parts

43. _____ and weather have an impact on every part of our lifestyles.

n. the weather in a particular location averaged over some long period

44. Ocean _____ leads to a decrease in tiny sea snails.

n. the act or process of becoming acid or making something become acid

45. During pregnancy, the stomach generates less _____ than usual.

n. sour; water-soluble chemicals with a sour flavor; any of a variety of generally liquid compounds capable of reacting with and occasionally dissolving other materials

46. _____ all the parties signed the contract.

adv. almost completely

47. _____ dropping wears away the stone.

adj. happening repeatedly or all the time

48. The _____ demonstrate that poverty and unemployment are genuine problems.

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

49. The domesticated cat still has its _____ instincts.

adj. living by eating other animals, especially by catching prey that is still alive

ANSWERS: 42. holistic, 43. Climate, 44. acidification, 45. acid, 46. Virtually, 47. Constant, 48. statistics, 49. predatory

50. The birds _____ open water areas with reeds around them.

v. to like, choose, or want one thing or person better than another

51. The firm has grown into a large _____ manufacturing.

adj. relating to or connected with chemistry;

52. The majority of the people on the island are _____ folk.

n. an area of water where fish are caught in large quantities for living; a business or practice of catching and selling fish

53. The body needs a certain amount of _____ to build and repair tissues.

n. a molecule made up of a long chain of amino acids, which is essential for the structure and function of the body's tissues

54. The findings of the experiment were both _____ and unexpected.

adj. causing a lot of interest or excitement

55. An infected person in the hospital will likely pass the _____ to others.

n. a tiny infectious organic material that causes disease in people, animals, and plants

56. Doctors are gradually coming around to the idea of using _____ medicines.

n. one of two or more available possibilities or choice

57. On the geological time scale, _____ has existed for a brief moment.

n. the whole of the living human inhabitants of the earth

58. The roof finally _____ after three days and three nights of heavy snowfall.

v. to fall down or give way suddenly, often after breaking apart

ANSWERS: 50. prefer, 51. chemical, 52. fishery, 53. protein, 54. exciting, 55. virus, 56. alternative, 57. humankind, 58. collapsed

59. The older man _____ from arthritis and finds it difficult to move around.
- v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
60. She soaked _____ in water until tender.
- n.* a plant that grows in the sea or on land very close to the sea, especially marine algae
61. These results muddied the _____.
- n.* the act of predicting the future by reasoning; a statement made about the future
62. The farmer milked the _____ every morning before breakfast.
- n.* a domesticated mammal with characteristic features such as a hump, large udders, and curved horns that is raised for its milk or meat
63. The astronaut felt weightless in space due to the absence of _____.
- n.* the force that attracts a body towards the center of the earth or towards any other physical body having mass; a manner that is solemn
64. A lobster is a type of _____ found in the ocean.
- n.* a type of arthropod, such as a crab, lobster, or shrimp, that has a hard outer shell or exoskeleton
65. This animal _____ in northern latitudes.
- v.* to keep animals for producing offspring in a regulated manner
66. He is very popular at school because he can _____ all the teachers' accents.
- v.* to imitate someone's speech, movement, or behavior, especially to make others laugh

ANSWERS: 59. suffers, 60. seaweed, 61. prediction, 62. cows, 63. gravity, 64. crustacean, 65. breeds, 66. mimic

67. In _____ private corporations provide healthcare services.
n. the act or process of adding something to something else; the process of adding numbers
68. This examination _____ of five problems to solve.
v. to be composed or made up of
69. He has been prescribed an _____ to treat his infection.
n. a substance or drug that kills or slows down the growth of bacteria
70. The abolition of _____ in the United States was a major achievement in the fight for human rights.
n. the practice or system of owning, buying, and selling people as property and forcing them to work
71. The vessel ran aground on a _____.
n. a long chain or range of rocks or sand near the ocean's surface
72. The company's new _____ on remote work has made it a more inclusive workplace.
n. a set of rules, guidelines, principles, or procedures that govern decision-making or action, often used in the context of business or government; a course of action or plan of action adopted or followed by an organization or individual to achieve a goal or objective
73. The new washing machine is much more _____ than the old one.
adj. performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials

ANSWERS: 67. addition, 68. consists, 69. antibiotic, 70. slavery, 71. reef, 72. policy, 73. efficient

74. His stock earnings _____.

- v.* to consist of four items or people; to become four times as great or many

75. The unique style of this martial arts _____ many action film producers.

- v.* to make somebody fill with the desire, confidence, or enthusiasm, especially to do something creative

76. The _____ given to the new government is to improve the economy.

- n.* an official or authoritative instruction or command; a commission or authority to carry out a particular task

77. As people age, their digestive capacity also gradually _____.

- v.* to become gradually smaller, fewer, worse, etc.; to refuse to accept

78. We largely _____ the circuit board of cell phones because they contain a lot of valuable metals.

- v.* to sort and collect things to process them and produce valuable materials that can be used again

79. This approach employs both _____ and macro analysis methods.

- n.* extremely small in scale or scope; one millionth

80. Greed is the primary _____ in the making of criminals.

- n.* one of the things used to make something, especially one of the foods used to make a particular dish

81. The recent economic downturn has resulted in _____ layoffs.

- adj.* enormous amount; very heavy and solid

ANSWERS: 74. quadrupled, 75. inspired, 76. mandate, 77. declines, 78. recycle, 79. micro, 80. ingredient, 81. massive

82. The room was only one _____ wider than the piano, making it a tight fit.
n. a unit of measurement of length in the metric system, equivalent to one-hundredth of a meter
83. A smaller car will _____ less fuel.
v. to spend something, especially fuel, energy, or time, in a large amount
84. The soldier who sacrificed his life for his country is considered a national _____.
n. a person who is admired or idealized for courage, outstanding achievements, or noble qualities; a character in literature or history who is central to the plot and who exhibits heroic qualities
85. We want to _____ ties between our two countries.
v. to make or become better
86. He was known to be very _____ and would often work late into the night.
adj. hardworking, diligent, and persistent in effort
87. The extinction of several subspecies has been linked to climate change and habitat _____.
n. the act of causing so much damage to something
88. The _____ diet is based on plant-based foods.
n. a person who does not eat or use any animal products, typically for ethical or environmental reasons
89. The mobile application industry is a _____ one.
adj. involving competition or competitiveness

ANSWERS: 82. centimeter, 83. consume, 84. hero, 85. improve, 86. industrious, 87. destruction, 88. vegan, 89. competitive

90. The government should do more to support environmentally _____ agriculture.

adj. able to continue or be continued for a long time

91. We can resolve support requests quickly and _____ by utilization of AI.

adv. in a way that produces maximum output with minimum effort or expense

92. The corporation _____ dominated the entire tobacco business.

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

93. The passage of the bill is _____.

adj. not probable or likely to happen

94. Understanding protein folding is a vital step in deciphering the _____ code.

adj. of or relating to genes (= parts of the DNA in cells) or the science of genes

95. I'm prepared to _____ challenges throughout this adventure.

v. to face something, particularly something unpleasant or difficult, while attempting to do something else; to meet, especially unexpectedly

96. The _____ industry is a significant contributor to the economy.

n. a room, building, or establishment where milk and milk products are produced and processed; milk and milk products, such as butter and cheese

97. The government had to _____ national defense spending due to the recession.

v. to cut with a sharp object using a quick and robust movement

98. New York is a city with a _____ ethnic population.

adj. including numerous categories of individuals or entities; various

ANSWERS: 90. sustainable, 91. efficiently, 92. eventually, 93. unlikely, 94. genetic, 95. encounter, 96. dairy, 97. slash, 98. diverse

99. The _____ in the city have left many buildings damaged and several people injured.
- n.* a violent disturbance of the peace by a crowd, characterized by destruction of property, looting, arson, and attacks on individuals
100. The recent political _____ in the country has led to widespread protests and civil disobedience.
- n.* a state of agitation or disturbance; lack of calm or peace
101. He quickly fabricated an _____ for not attending the meeting.
- n.* a reason or explanation, either true or invented, given to justify a fault or defend your behavior; (verb) to make someone free from blame or clear from guilt
102. Our system can now _____ with other databases.
- v.* to connect similar things
103. Though his plan sounded _____ at first, he realized it anyway.
- adj.* (of an idea or story) so exaggerated or ludicrous as to be very difficult to believe
104. _____ animals like reptiles and amphibians rely on external heat sources to regulate their body temperature.
- adj.* of or relating to animals that cannot control their body temperature internally, typically reptiles, amphibians, and fish, and rely on external sources of heat to maintain their body temperature; figuratively, unemotional, callous, or lacking in empathy
105. The more _____ you are, the more people around you look at you with envy and jealousy.
- adj.* extremely clever, skilled, or impressive

ANSWERS: 99. riots, 100. unrest, 101. excuse, 102. interconnect, 103. far-fetched, 104. Cold-blooded, 105. brilliant

106. A lion is a typical _____ as they mainly eat meat.

n. an animal that primarily eats meat as opposed to plant matter

107. Many different types of birds visited the bird _____.

n. an animal being fattened or suitable for fattening; a device or system that supplies something to a particular recipient or process

108. The news of her promotion _____ her.

v. to make someone feel suddenly enthusiastic or eager

109. It would be best if you did not demand such an _____ charge.

adj. greater than what seems necessary, normal, or desirable

110. She is the president of a large international _____.

n. a group of people who work together for a shared purpose

111. He _____ the important points in the document.

v. to draw a line or lines underneath something, typically to emphasize or draw attention to it

112. The forest was recently designated a _____ area.

n. the protection of something important, such as the natural environment or artificial structures, especially from the damaging effects of human activity

113. The wallpaper had a pattern of pink _____ on a white surface.

n. a very small circular mark, especially one that is printed

114. The _____ on my bike broke, leaving me stranded.

n. a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

ANSWERS: 106. carnivore, 107. feeder, 108. excited, 109. excessive, 110. organization, 111. underlined, 112. conservation, 113. dots, 114. chain

115. Management must take _____ responsibility for the accident.

adj. furthest or highest in degree or order

116. This region has many _____ offering higher education.

n. an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

117. His family is the oldest _____ of the island.

n. a person or an animal that lives in a particular place

118. Little children tend to have _____ friends.

adj. existing only in someone's mind

119. The _____ countries in the world often have the highest rates of malnutrition.

adj. having the least wealth or resources

120. _____ has jammed the inlet to the water turbine.

n. A simple plant that grows in or near water and lacks typical leaves and roots

121. They prepared a stuffed _____ for Thanksgiving.

n. (of an animal) a large bird with a fan-shaped tail native to North America, widely grown for food; (of a country) a Eurasian republic in Asia Minor and the Balkans

122. Hounds _____ their prey by using their keen scent.

v. to go after and try to catch wild animals to kill them for food, sport, or profit

123. The doctor diagnosed him with a rare _____ that had no known cure.

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 115. ultimate, 116. institutes, 117. inhabitant, 118. imaginary, 119. poorest, 120. Algae, 121. turkey, 122. hunt, 123. disease

124. We must _____ a new system to streamline our workflow and increase efficiency.

- v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

125. The old building _____ in a fiery inferno.

- v. to burst or break open violently and noisily; to cause something to burst or break open

126. This food contains all the _____ your dog requires.

- n. the substances or the process that organisms take into their bodies as food for their growth and health

127. Most babies can readily _____ a wide variety of foods.

- v. to transform food into absorbable substances; break down

128. The farmer owns a large _____ of land where he grows corn and soybeans.

- n. a region of land, often with a specific purpose or use, such as farming, forestry, or mining; a bundle of nerves or a system of organs in the body

129. _____ is the foundation of our economy.

- n. the practice or science of cultivating the land or raising stock

130. The company planned to _____ a large rainforest area to make way for a new plantation.

- v. to clear an area of forest or trees

131. We have to _____ our company's product lineup for further growth.

- v. to consider again a plan, idea, etc., especially to change it

ANSWERS: 124. develop, 125. exploded, 126. nutrition, 127. digest, 128. tract, 129. Agriculture, 130. deforest, 131. rethink

132. This sprinter _____ the world with his speed.
v. to make a person or an animal unconscious or dizzy, especially by hitting them on the head; to make someone surprised or shocked greatly
133. Many people use ____ sauce for sushi, stir-fries, and marinades.
n. a legume plant that is widely cultivated for its edible bean, which has many uses, such as for oil, food, and animal feed
134. I don't particularly enjoy _____ on my pizza.
n. a small saltwater fish with a strong flavor, often used in cooking and as a pizza topping
135. The smell of the _____ made him feel sick to his stomach.
n. a facility where animals are killed and processed for meat
136. The company specializes in both hardware and _____.
n. a set of computer programs and associated documentation and data for doing particular computational jobs
137. The plant will continue operating through an _____ system 24 hours a day.
adj. carried out by machines or computers to replace or decrease human labor
138. He's utterly _____ with his promotion.
v. to fill the mind of someone continually so that one can't think of anything else
139. The _____ farm raised chickens and turkeys for meat and eggs.
n. domesticated birds kept by humans for their eggs, meat, or feathers
140. I opened the can of _____ and the oily smell filled the room.
n. a small saltwater fish that is often canned and used for food; a crowded or tightly packed space or area

ANSWERS: 132. stunned, 133. soy, 134. anchovy, 135. slaughterhouse, 136. software, 137. automated, 138. obsessed, 139. poultry, 140. sardines,

141. I chose to _____ cancer by trying every possible treatment.
v. to refuse to accept something and attempt to prevent it from happening
142. His swear words cast a _____ on the party.
n. a feeling of coldness that makes one shiver; (verb) to make cool or cooler
143. Hydrogen and oxygen _____ to form water.
v. to join or merge to form a single thing or group
144. _____ thrive on the surface of the human skin.
n. a tiny living thing that can only be seen with a microscope and that may cause disease
145. That story was so _____ and it was scary.
adj. having or showing a sensible and practical idea that is possible to achieve
146. Fish farming is a form of _____ that has recently gained popularity.
n. the cultivation of aquatic organisms such as fish, seaweed, and shellfish for human consumption, as well as for environmental conservation and research purposes
147. Basketball is their usual _____ after school.
n. the activity that renews your health and spirits by enjoyment and relaxation; the act or process of making something that existed in the past exists or seems to exist again in a different time or place
148. This company was granted a patent for its _____ resin manufacturing process.
n. compounds and functional groups that contain a basic nitrogen atom with a lone pair (NH₂) that combine to make protein

ANSWERS: 141. resist, 142. chill, 143. combine, 144. Microbes, 145. realistic, 146. aquaculture, 147. recreation, 148. amino

149. His final goal is to sail around the _____.

n. the earth or world, mainly used to emphasize its vastness

150. They watched the train _____ into the distance.

v. to cease to exist or be visible

151. My initial reaction was to _____.

v. to show that one is not willing to do or accept something

152. The car's front bumper cost fifteen hundred _____.

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

153. The _____ is endangering the local plants and animals.

n. the introduction of harmful substances or waste into the natural environment that causes adverse change

154. We choose transportation that has a smaller carbon _____.

n. a mark of a foot, shoe, or animal's foot left on a surface

155. The process was carried out at _____ cost.

adj. tiny in amount; the least possible

156. He was ____ with joy to see the results.

adj. insane, especially due to a mental illness; very angry

ANSWERS: 149. globe, 150. disappear, 151. refuse, 152. pounds, 153. pollution, 154. footprint, 155. minimal, 156. mad