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Vocabulary Builder Reference from...

Mariano Sigman: Your words may predict your future mental health | TED Talk

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Advanced Words Only

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Session 1: Word List

reconstruct

v. to build or form something again that has been damaged or destroyed

synonym: rebuild, revamp, reorganize

(1) **reconstruct** an image, (2) **reconstruct** the original text
They've decided to **reconstruct** a ruined castle.

archaeology

n. the branch of anthropology that studies prehistoric people and their cultures

(1) the institute of **archaeology**, (2) prehistoric **archaeology**
She teaches **archaeology** at the local university.

schizophrenia

n. a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior

synonym: psychosis, disorder, mental illness

(1) **schizophrenia** spectrum disorder, (2) **schizophrenia** treatment

The **schizophrenia** patient was experiencing severe auditory hallucinations.

muse

n. a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit

thought to inspire poets and artists

synonym: source of inspiration, minstrel, versifier

(1) **muse** inspiration, (2) creative **muse**

She gazed out the window, deep in thought, as if waiting for her **muse** to strike.

hallucinate

v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use

(1) start to **hallucinate**, (2) **hallucinate** with drug

Sleep-deprived people gradually lose their concentration and may **hallucinate**.

introspect

v. to look inward and examine one's thoughts, feelings, or motives; to engage in self-reflection

synonym: reflect, contemplate, meditate

(1) **introspect** behavior, (2) **introspect** my thoughts

The therapist guided her patient to **introspect** and identify his deepest fears.

platonic

adj. (of relationship or emotion) friendly or affectionate but not sexual

synonym: nonphysical, nonsexual, spiritual

(1) **platonic** relationship, (2) **platonic** love

His relationship with her was completely **platonic**.

introspective

adj. characterized by a tendency to reflect on one's thoughts, feelings, and actions, often with a deep or philosophical level of analysis and introspection

synonym: thoughtful, reflective, contemplative

(1) **introspective** thoughts, (2) **introspective** personality

His poetry was deeply **introspective**, exploring themes of identity, loss, and the human condition.

logarithm

n. a mathematical function that indicates the power to which a fixed number (the base) must be raised to produce another given number expressed as an

exponent

synonym: mathematical function, exponent, power

(1) **logarithm** function, (2) **logarithm** table

To solve this equation, you must take both sides' **logarithms**.

astronomical

adj. relating to astronomy or the study of celestial bodies and phenomena; very large or immense in scale or magnitude

synonym: huge, vast, enormous

(1) **astronomical** observation, (2) **astronomical** numbers

The cost of the new equipment was **astronomical** and beyond the company's budget.

trajectory

n. the curved path followed by an object moving through space

synonym: course, curve, orbit

(1) career **trajectory**, (2) a **trajectory** missile

The company has shown an excellent growth **trajectory** over the years.

intuition

n. the ability to understand or know something without reasoning or evidence; a feeling that guides a person to do or believe something without fully understanding why

synonym: instinct, gut feeling, sixth sense

(1) creative **intuition**, (2) **intuition** research

Some studies suggest that people's **intuitions** can be influenced by their experiences and biases.

Christ

n. the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

synonym: Savior, Jesus Christ, Jesus

(1) teaching of **Christ**, (2) before **Christ**

Christmas is the day to celebrate the birth of Christ.

testament

n. a thing that proves the existence or truth of something else

synonym : proof, testimony, testimonial

(1) give properties by **testament**, (2) **testament** to the superior quality

His wealth is a **testament** to his success.

philologist

n. a person who studies or is an expert in the historical development and structures of languages, including their grammar, semantics, and syntax; someone who is knowledgeable about the literature and writings associated with a particular language or languages

synonym : linguist, language expert, etymologist

(1) **philologist** of Romance languages, (2) Asian **philologist**

The renowned **philologist** dedicated his life to studying and preserving ancient languages.

respiration

n. the process of inhaling and exhaling air to exchange oxygen and carbon dioxide with the environment; the total of the physiological processes by which living organisms metabolize oxygen and release carbon dioxide

synonym : breathing, ventilation

(1) **respiration** rate, (2) artificial **respiration**

The doctor carefully monitored the patient's **respiration** during the surgery.

tweet

n. a short, high sound made by a small bird; a message sent using Twitter, the social media application

synonym : peep, chirp, post (on Twitter)

(1) a chick's **tweet**, (2) his latest **tweets**

We could hear the **tweet** of baby birds.

psychosis

n. a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition

synonym : madness, delusion, insanity

(1) **psychosis** treatment, (2) drug-induced **psychosis**

He was diagnosed with **psychosis** and was hospitalized for treatment.

coherence

n. the quality of being logical and consistent

synonym: consistency, harmony, unity

(1) **coherence** in a speech, (2) lack **coherence**

The story's **coherence** could have been better when the author included too many unrelated details.

polo

n. a sport played on horseback in which two teams try to hit a ball through a goal using long-handled mallets

(1) **polo** shirt, (2) **polo** championship

I watched a thrilling **polo** match at the club over the weekend.

hunch

v. to lean forward or arch one's back in a way that suggests a feeling of suspicion or uncertainty; to have a feeling or presentiment that something is true or likely to happen, without evidence or explicit proof

synonym: crouch, guess, speculate

(1) **hunch** against the rain, (2) **hunch** up the shoulders

I **hunch** over my computer all day, and my back aches after a while.

Session 2: Spelling

1. drug-induced ps_____is
n. a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition
2. before Ch____t
n. the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
3. start to hal_____te
v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
4. the institute of arc_____gy
n. the branch of anthropology that studies prehistoric people and their cultures
5. hal_____te with drug
v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
6. lo_____hm function
n. a mathematical function that indicates the power to which a fixed number (the base) must be raised to produce another given number expressed as an exponent
7. career tra_____ry
n. the curved path followed by an object moving through space
8. pl_____ic love
adj. (of relationship or emotion) friendly or affectionate but not sexual

ANSWERS: 1. psychosis, 2. Christ, 3. hallucinate, 4. archaeology, 5. hallucinate, 6. logarithm, 7. trajectory, 8. platonic

9. creative m__e *n.* a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists
10. his latest tw__ts *n.* a short, high sound made by a small bird; a message sent using Twitter, the social media application
11. p__o shirt *n.* a sport played on horseback in which two teams try to hit a ball through a goal using long-handled mallets
12. lack co____ce *n.* the quality of being logical and consistent
13. int____ct behavior *v.* to look inward and examine one's thoughts, feelings, or motives; to engage in self-reflection
14. Asian phi____st *n.* a person who studies or is an expert in the historical development and structures of languages, including their grammar, semantics, and syntax; someone who is knowledgeable about the literature and writings associated with a particular language or languages
15. p__o championship *n.* a sport played on horseback in which two teams try to hit a ball through a goal using long-handled mallets
16. hu__h up the shoulders *v.* to lean forward or arch one's back in a way that suggests a feeling of suspicion or uncertainty; to have a feeling or presentiment that something is true or likely to happen, without evidence or explicit proof

ANSWERS: 9. muse, 10. tweet, 11. polo, 12. coherence, 13. introspect, 14. philologist, 15. polo, 16. hunch

17. creative in_____on *n.* the ability to understand or know something without reasoning or evidence; a feeling that guides a person to do or believe something without fully understanding why
18. int_____ive thoughts *adj.* characterized by a tendency to reflect on one's thoughts, feelings, and actions, often with a deep or philosophical level of analysis and introspection
19. ps_____is treatment *n.* a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition
20. pl_____ic relationship *adj.* (of relationship or emotion) friendly or affectionate but not sexual
21. co_____ce in a speech *n.* the quality of being logical and consistent
22. te_____nt to the superior quality *n.* a thing that proves the existence or truth of something else
23. int_____ive personality *adj.* characterized by a tendency to reflect on one's thoughts, feelings, and actions, often with a deep or philosophical level of analysis and introspection
24. res_____on rate *n.* the process of inhaling and exhaling air to exchange oxygen and carbon dioxide with the environment; the total of the physiological processes by which living organisms metabolize oxygen and release carbon dioxide
25. m__e inspiration *n.* a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists

ANSWERS: 17. intuition, 18. introspective, 19. psychosis, 20. platonic, 21. coherence, 22. testament, 23. introspective, 24. respiration, 25. muse

26. in_____on research *n.* the ability to understand or know something without reasoning or evidence; a feeling that guides a person to do or believe something without fully understanding why
27. give properties by te_____nt *n.* a thing that proves the existence or truth of something else
28. rec_____ct the original text *v.* to build or form something again that has been damaged or destroyed
29. teaching of Ch____t *n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity
30. sch_____nia treatment *n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior
31. a tra_____ry missile *n.* the curved path followed by an object moving through space
32. artificial res_____on *n.* the process of inhaling and exhaling air to exchange oxygen and carbon dioxide with the environment; the total of the physiological processes by which living organisms metabolize oxygen and release carbon dioxide
33. int_____ct my thoughts *v.* to look inward and examine one's thoughts, feelings, or motives; to engage in self-reflection
34. ast_____cal numbers *adj.* relating to astronomy or the study of celestial bodies and phenomena; very large or immense in scale or magnitude

ANSWERS: 26. intuition, 27. testament, 28. reconstruct, 29. Christ, 30. schizophrenia, 31. trajectory, 32. respiration, 33. introspect, 34. astronomical

35. rec_____ct an image *v.* to build or form something again that has been damaged or destroyed
36. a chick's tw__t *n.* a short, high sound made by a small bird; a message sent using Twitter, the social media application
37. hu__h against the rain *v.* to lean forward or arch one's back in a way that suggests a feeling of suspicion or uncertainty; to have a feeling or presentiment that something is true or likely to happen, without evidence or explicit proof
38. phi_____st of Romance languages *n.* a person who studies or is an expert in the historical development and structures of languages, including their grammar, semantics, and syntax; someone who is knowledgeable about the literature and writings associated with a particular language or languages
39. lo_____hm table *n.* a mathematical function that indicates the power to which a fixed number (the base) must be raised to produce another given number expressed as an exponent
40. sch_____nia spectrum disorder *n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior
41. ast_____cal observation *adj.* relating to astronomy or the study of celestial bodies and phenomena; very large or immense in scale or magnitude

ANSWERS: 35. reconstruct, 36. tweet, 37. hunch, 38. philologist, 39. logarithm, 40. schizophrenia, 41. astronomical

42. prehistoric arc_____gy

n. the branch of anthropology that studies prehistoric people and their cultures

ANSWERS: 42. archaeology

Session 3: Fill in the Blanks

1. I _____ over my computer all day, and my back aches after a while.
 - v.* to lean forward or arch one's back in a way that suggests a feeling of suspicion or uncertainty; to have a feeling or presentiment that something is true or likely to happen, without evidence or explicit proof

2. Some studies suggest that people's _____ can be influenced by their experiences and biases.
 - n.* the ability to understand or know something without reasoning or evidence; a feeling that guides a person to do or believe something without fully understanding why

3. His poetry was deeply _____ exploring themes of identity, loss, and the human condition.
 - adj.* characterized by a tendency to reflect on one's thoughts, feelings, and actions, often with a deep or philosophical level of analysis and introspection

4. We could hear the _____ of baby birds.
 - n.* a short, high sound made by a small bird; a message sent using Twitter, the social media application

5. The company has shown an excellent growth _____ over the years.
 - n.* the curved path followed by an object moving through space

6. His wealth is a _____ to his success.
 - n.* a thing that proves the existence or truth of something else

7. _____ is the day to celebrate the birth of Christ.
 - n.* the man that Christians believe is the prophet and the son of God, and whose life and sermons form the basis for Christianity

ANSWERS: 1. hunch, 2. intuitions, 3. introspective, 4. tweet, 5. trajectory, 6. testament, 7. Christmas

8. The renowned _____ dedicated his life to studying and preserving ancient languages.
- n.* a person who studies or is an expert in the historical development and structures of languages, including their grammar, semantics, and syntax; someone who is knowledgeable about the literature and writings associated with a particular language or languages
9. The therapist guided her patient to _____ and identify his deepest fears.
- v.* to look inward and examine one's thoughts, feelings, or motives; to engage in self-reflection
10. The _____ patient was experiencing severe auditory hallucinations.
- n.* a severe mental disorder in which a person has a distorted view of reality and may experience hallucinations, delusions, and disordered thinking and behavior
11. To solve this equation, you must take both sides' _____.
- n.* a mathematical function that indicates the power to which a fixed number (the base) must be raised to produce another given number expressed as an exponent
12. They've decided to _____ a ruined castle.
- v.* to build or form something again that has been damaged or destroyed
13. I watched a thrilling _____ match at the club over the weekend.
- n.* a sport played on horseback in which two teams try to hit a ball through a goal using long-handled mallets
14. He was diagnosed with _____ and was hospitalized for treatment.
- n.* a serious mental disorder characterized by a disconnection from reality, often including hallucinations, delusions, and a lack of insight into one's condition

ANSWERS: 8. philologist, 9. introspect, 10. schizophrenia, 11. logarithms, 12. reconstruct, 13. polo, 14. psychosis

15. The story's _____ could have been better when the author included too many unrelated details.
n. the quality of being logical and consistent
16. His relationship with her was completely _____.
adj. (of relationship or emotion) friendly or affectionate but not sexual
17. Sleep-deprived people gradually lose their concentration and may _____.
v. to experience a seemingly real perception of something that does not actually exist, usually as a result of a mental illness or drug use
18. She teaches _____ at the local university.
n. the branch of anthropology that studies prehistoric people and their cultures
19. She gazed out the window, deep in thought, as if waiting for her _____ to strike.
n. a source of inspiration, particularly for creative endeavors such as writing or art; a mythical spirit thought to inspire poets and artists
20. The doctor carefully monitored the patient's _____ during the surgery.
n. the process of inhaling and exhaling air to exchange oxygen and carbon dioxide with the environment; the total of the physiological processes by which living organisms metabolize oxygen and release carbon dioxide
21. The cost of the new equipment was _____ and beyond the company's budget.
adj. relating to astronomy or the study of celestial bodies and phenomena; very large or immense in scale or magnitude

ANSWERS: 15. coherence, 16. platonic, 17. hallucinate, 18. archaeology, 19. muse, 20. respiration, 21. astronomical