

# Englist.me



## Vocabulary Builder Reference from...

Chris Burkard: The joy of surfing in ice-cold water |  
TED Talk

[https://www.ted.com/talks/chris\\_burkard\\_the\\_joy\\_of\\_surfing\\_in\\_ice\\_cold\\_water](https://www.ted.com/talks/chris_burkard_the_joy_of_surfing_in_ice_cold_water)

### All Words

#### IMPORTANT

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## Session 1: Word List

### crazy

*adj.* stupid or not sensible; very angry

*synonym*: insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme

The rain and thunder are **crazy** today.

### blame

*v.* to think or say that someone or something did something wrong or is responsible for something bad

*synonym*: condemn, rebuke, find fault with

(1) **blame** circumstances for the failure, (2) **blame** the lack of knowledge

We **blamed** our impeded progress on lack of money.

### arctic

*adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold

*synonym*: cold, frozen, polar

(1) **arctic** ice, (2) high **arctic**

Cold temperatures and long, dark winters characterize the **arctic** climate.

### selfie

*n.* a photograph that one has taken of oneself, typically one taken with a smartphone or webcam to share on social media

*synonym*: self-portrait, self-photo, self-snap

(1) **selfie** stick, (2) pose for a **selfie**

She took a **selfie** in front of the famous tower and shared it on the app.

## shiver

v. to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly

*synonym*: quiver, tremble, shake

(1) **shiver** with delight, (2) **shiver** in fear

I **shiver** in the cold winter air as I wait for the train.

## photograph

n. a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

*synonym*: photo, picture, snapshot

(1) **photograph** album, (2) **photograph** memories

I found an old **photograph** of my grandparents from their wedding day.

## hover

v. to stay in one place in the air

*synonym*: hang, float over, drift

(1) **hover** between life and death, (2) **hover** around the table

Two birds were **hovering** overhead.

## brisk

adj. lively and energetic

*synonym*: energetic, lively, fast-moving

(1) **brisk** argument, (2) **brisk** autumn weather

She walked with a **brisk** pace, eager to reach her destination.

## chili

n. a small hot-tasting fruit of a type of pepper plant used in sauces, relishes, and spice powders; a spicy stew made from ground beef and beans, typically seasoned with chili peppers

*synonym*: capsicum, pepper

(1) **chili** sauce, (2) red **chili** powder

I love making a big pot of **chili** on a cold winter day.

## vital

*adj.* necessary for the success or continued existence of something

*synonym* : critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society

Perseverance and optimism are **vital** to success.

## swell

*v.* to become larger or more inflated; to become more intense or important

*synonym* : expand, increase, inflate

(1) **swell** at room temperature, (2) **swell** a population

His arm was **swelling** from the insect bite.

## sink

*v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

*synonym* : descend, drop, plummet

(1) **sink** a lot of capital, (2) **sink** a buzzer-beater

The abandoned ship slowly began to **sink** into the murky waters of the harbor.

## cheek

*n.* either side of the face below the eye and between the nose and the jaw

*synonym* : jaw, mandible, malar

(1) **cheek** bone, (2) hollowed-out **cheek**

He gently touched her apple-red **cheek** and whispered that he loved her.

## flush

*v.* to become red on your face, especially because you are embarrassed, angry, or hot; to rinse, clean, or empty something, especially a toilet, by causing large quantities of water to flow

*synonym* : redden, burn, suffuse

(1) the blood **flush** into my face, (2) **flush** the toilet

The girl **flushed** when a young man whistled as she walked by.

## psychology

*n.* the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd  
She had a master's degree in **psychology**.

## shortcut

*n.* an alternative route shorter or quicker than the usual one

*synonym*: bypass, cutoff, alternative

(1) take a **shortcut**, (2) keyboard **shortcuts**  
There is no **shortcut** to success.

## suddenly

*adv.* quickly and unexpectedly

*synonym*: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**  
Who answers **suddenly** knows little.

## environment

*n.* the natural world such as air, water, and land in which humans, animals, and plants live

*synonym*: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

## brutal

*adj.* harsh or cruel

*synonym*: harsh, cruel, barbarous

(1) **brutal** bully, (2) **brutal** honesty

The **brutal** attack left the victim with serious injuries.

## virtual

*adj.* being actually such in almost every respect; existing in essence or effect though not in actual fact

*synonym*: practical

(1) a **virtual** image, (2) trading of **virtual** currencies

She is the **virtual** president of the company.

## meditation

*n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

*synonym*: contemplation, reflection, introspection

(1) **meditation** training, (2) religious **meditation**  
The **meditation** instructor guided the group through the relaxation and breathing exercises.

## monk

*n.* a member of a religious community of men living under vows of poverty, chastity, and obedience  
*synonym*: friar, cleric, brother

(1) **monk** lifestyle, (2) cloistered **monk**  
The ascetic **monk** spent his days in prayer and contemplation in the monastery.

## surf

*v.* to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner

*synonym*: browse, scan, paddle

(1) **surf** the Internet, (2) **surf** the waves  
I'll **surf** the online store to see if I can find that item in a different color.

## perspective

*n.* a confident attitude toward something; a particular style of thinking about something

*synonym*: viewpoint, standpoint, outlook

(1) a **perspective** view, (2) the **perspective** of the battle  
His father's death changed his whole **perspective** on life.

## definitely

*adv.* without any question and beyond doubt; clearly

*synonym*: absolutely, certainly, indeed

(1) **definitely** become a problem, (2) say **definitely**  
The paper is **definitely** worth reading thoroughly.

## quitter

*n.* a person who gives up easily or does not have the determination to finish what they have started

*synonym*: coward, deserter, surrender

(1) easy **quitter**, (2) serial **quitter**  
He was labeled as a **quitter** after he abandoned the project

halfway.

## **pursue**

*v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

*synonym* : seek, hunt, chase

(1) **pursue** a goal, (2) **pursue** freedoms

She intends to **pursue** a political career.

## **tan**

*v.* to become brown as a result of exposure to the sun

*synonym* : brown, sunburn

(1) **tan** after sun exposure, (2) **tan** poorly

She spent the whole summer **tanning** on the beach.

## **sweat**

*n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

*synonym* : perspiration, steam, hardwork

(1) all in a **sweat**, (2) **sweat** bath

She wiped the **sweat** off her forehead with a towel.

## **exotic**

*adj.* originating from or characteristic of a foreign country or culture; strikingly unusual, uncommon, or intriguing

*synonym* : foreign, alien, unfamiliar

(1) **exotic** species, (2) **exotic** vacation

I love trying **exotic** foods from different cultures.

## **destination**

*n.* the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action

*synonym* : location, endpoint, target

(1) travel **destination**, (2) romantic **destinations**

I am excited to reach my **destination** and explore the new city finally.

## **locate**

*v.* to specify or determine the exact position of someone or something

*synonym* : discover, find, place

(1) **locate** a missing pet, (2) **locate** a tumor  
The robot can accurately **locate** construction material.

## gratify

*v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite

*synonym*: please, satisfy, fulfill

(1) **gratify** desires, (2) **gratify** curiosity

I always try to **gratify** my boss by achieving the sales target every month.

## adventure

*n.* a journey or a series of events that is unusual, exciting, or dangerous

*synonym*: experience, happening, incident

(1) gastronomic **adventures**, (2) **adventure** film

He sailed the Atlantic Ocean multiple times during his **adventures**.

## routine

*n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program

*synonym*: habit, custom, procedure

(1) **routine** business, (2) a built-in diagnostic **routine**

She studies gardening on a **routine** basis.

## din

*n.* a loud, confused noise; a loud, persistent racket

*synonym*: noise, racket, clamor

(1) **din** of traffic, (2) mighty **din**

The **din** of the city was overwhelming.

## constant

*adj.* happening repeatedly or all the time

*synonym*: ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

**Constant** dropping wears away the stone.

## cellular

*adj.* of or connected with the cells of animals or plants; of or connected with a mobile telephone system that uses several short-range radio stations instead of wires

*synonym* : organic, biological, nuclear

(1) **cellular** and molecular biology, (2) a **cellular** phone handset

This factory employs a **cellular** manufacturing system.

## trap

*n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

*synonym* : catch, snare, pinfall

(1) set a **trap**, (2) **trap** an animal

The enemy fell right into the **trap**.

## suffocate

*v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

*synonym* : choke, smother, stifle

(1) **suffocate** to death, (2) **suffocate** fire

People can **suffocate** from a lack of oxygen in confined spaces.

## craving

*n.* a strong desire of wanting something

*synonym* : desire, appetite, longing

(1) **craving** for revenge, (2) curb our **cravings**

I have a **craving** for nicotine.

## intrigue

*v.* to make someone interested, especially by being strange, unusual, or mysterious; to make a secret plan with other people to harm someone

*synonym* : attract, captivate, charm

(1) **intrigue** him, (2) **intrigue** against his rival

The artist's innovative style of work **intrigues** me.

## crusade

*n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end

*synonym* : holy war, religious war, expedition



(1) a **crusade** against smoking, (2) environmental **crusade**  
During the **Crusade** period, many European Christians went on a pilgrimage to the Holy Land.

### mundane

*adj.* very ordinary and therefore lacking interest or excitement

*synonym*: ordinary, everyday, prosaic

(1) **mundane** affairs, (2) **mundane** objects

After returning from the war, he had a pretty **mundane** life.

### glamorous

*adj.* highly attractive and exciting, and different from ordinary things or people

*synonym*: alluring, bewitching, enchanting

(1) **glamorous** movie stars, (2) cast **glamorous** eyes

The south coast is less **glamorous** yet has many clean and appealing hotels.

### monotonous

*adj.* lacking in variety, excitement, or interest; repetitive and tedious

*synonym*: tedious, dull, boring

(1) **monotonous** routine, (2) **monotonous** job

The **monotonous** task of data entry required intense concentration.

### monotony

*n.* a situation in which something unchanging and boring

*synonym*: boredom, tedium, sameness

(1) the **monotony** of the daily routine, (2) break the **monotony**

The **monotony** of the assembly line work made the days feel very long.

### equator

*n.* an line of latitude that separates Earth's northern and southern hemispheres and has a radius of around 40,075 kilometers (24,901 miles)

(1) south of the **equator**, (2) above the **equator**

Ecuador is on the **equator**.

## rough

*adj.* not quite exact or correct; having or caused by an irregular surface

*synonym* : inelegant, coarse, barbarian

(1) **rough** and tough, (2) **rough** estimation

The vehicle bounced along the **rough** mountain road.

## landscape

*n.* an expanse of scenery that can be seen in a single view; a large area of land, especially in the country and relating to its appearance

*synonym* : geography, terrain, topography

(1) a peaceful **landscape**, (2) **landscape** painting

Recent electoral shocks have shaken the political **landscape** in Europe.

## massive

*adj.* enormous amount; very heavy and solid

*synonym* : enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars

The recent economic downturn has resulted in **massive** layoffs.

## chunk

*n.* a thick and solid mass or piece of something

*synonym* : block, lump, piece

(1) a **chunk** of money, (2) a tiny **chunk** of meat

The new start-up company carved out a large **chunk** of the market within a year.

## pile

*n.* a collection of objects positioned one on top of another; a large sum of something, such as money

*synonym* : accumulation, heap, stack

(1) a sand **pile**, (2) the height of a **pile**

After the party, they had to clean up **piles** of dirty dishes.

## shoreline

*n.* a line that separates land and sea

(1) **shoreline** erosion, (2) coral-reef **shoreline**

Flooding occurs along the city's **shoreline** due to the storm surge.

## barrier

*n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

*synonym* : border, barricade, fence

(1) cost **barrier**, (2) information **barrier**

The police placed a **barrier** across the street to halt traffic.

## weave

*v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

*synonym* : braid, unite, contrive

(1) **weave** on a loom, (2) **weave** a story

The girl **weaves** a garland for her friend.

## maze

*n.* a complex network of winding passages or pathways designed as a puzzle or challenge for people to navigate through

*synonym* : labyrinth, puzzle, network

(1) puzzle **maze**, (2) labyrinth **maze**

We got lost in the **maze** of streets while exploring the city.

## lineup

*n.* the schedule of programs for a particular event; a list of people brought together to form a team or take part in an event

*synonym* : arrangement, program, agenda

(1) the **lineup** of new models, (2) a wide range of color

**lineup**

The opponent team has a strong **lineup**.

## incredible

*adj.* unbelievable; enormous

*synonym* : unbelievable, fantastical, inconceivable

(1) **incredible** amount, (2) at **incredible** speed

Her response revealed **incredible** idiocy.

## harsh

*adj.* severe and unkind; extremely tough and unpleasant to inhabit

*synonym* : brutal, severe, backbreaking

(1) **harsh** climate, (2) use of **harsh** chemicals  
The prime minister faced **harsh** criticism.

## stumble

*v.* to miss a step and fall or nearly fall; to walk unsteadily  
*synonym*: bumble, struggle, misstep

(1) **stumble** financially, (2) **stumble** through life  
She **stumbled** over the tree root.

## clarity

*n.* the quality of being coherent and understandable; the quality of transparency or purity  
*synonym*: clearness, translucence, brightness

(1) lack of **clarity**, (2) sake of **clarity**  
The publisher will proofread most of this manuscript for **clarity**.

## hooked

*adj.* being caught or caught up in something; curved down like an eagle's beak  
*synonym*: caught, captivated, addicted

(1) **hooked** hair, (2) **hooked** on drugs  
My son was **hooked** on the Internet.

## constantly

*adv.* all the time  
*synonym*: continuously, always, frequently

(1) a **constantly** innovative enterprise, (2) a **constantly** varying mind  
The mobile application industry is **constantly** changing.

## unforgiving

*adj.* not willing to forgive or show mercy; not able to be repaired or restored  
*synonym*: relentless, uncompromising, merciless

(1) **unforgiving** blow, (2) **unforgiving** terrain  
The **unforgiving** sun scorched the desert, making it uninhabitable.

## creative

*adj.* relating to or involving the use of skill and original and unusual ideas to create something  
*synonym*:

imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

## pinpoint

v. to locate or identify the exact position in space or time of something

*synonym*: name, direct, identify

(1) **pinpoint** the problem, (2) **pinpoint** signs of manipulation

This radar quickly **pinpoints** the position of the enemy.

## stretch

v. to make or be capable of making anything longer or broader without hurting or breaking

*synonym*: lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

## reef

n. a long chain or range of rocks or sand near the ocean's surface

(1) barrier **reef**, (2) coral **reefs**

The vessel ran aground on a **reef**.

## snowmobile

n. a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back

*synonym*: snow machine, snow scooter, sled

(1) **snowmobile** adventure, (2) **snowmobile** accident

He wore a helmet and goggles while riding his **snowmobile** through the snowy trails.

## troop

n. a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.

*synonym*: group, unit, band

(1) the members of a military **troop**, (2) a **troop** of deer

The **troop** of soldiers marched through the city in a parade.

## sketchy

*adj.* lacking in detail or completeness; vague, uncertain, or unreliable; suspicious or questionable

*synonym* : suspicious, dubious, questionable

(1) **sketchy** sources, (2) **sketchy** behavior

The neighborhood had a **sketchy** reputation due to its high crime rate.

## helicopter

*n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access

*synonym* : chopper, copter, whirlybird

(1) **helicopter** ride, (2) police **helicopter**

The company's CEO arrived at the meeting via **helicopter** to avoid traffic congestion

## flee

*v.* to leave by running away, especially out of fear or danger

*synonym* : exit, escape, run away

(1) **flee** their homes, (2) **flee** abroad

It is a basic instinct to **flee** from a dangerous situation.

## scare

*v.* to frighten a person or animal, or to become frightened

*synonym* : frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

## bump

*v.* to hit or knock against something hard, often with a dull sound; to meet with by accident

*synonym* : collide, hit, jolt

(1) **bump** against a wall, (2) **bump** up prices

She accidentally **bumped** into him in the crowded room.

## spot

*n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

*synonym* : dot, mark, place

(1) beauty **spot**, (2) a **spot** on his honor  
This remote **spot** is rarely visited.

## helpless

*adj.* unable to take care of oneself or to do things without help

*synonym* : defenseless, powerless, susceptible

(1) **helpless** baby, (2) **helpless** victims

I feel so **helpless** without you.

## ravage

*v.* to cause damage to something badly

*synonym* : devastate, ruin, destroy

(1) **ravage** a country, (2) **ravage** the brain

A large fire **ravaged** the forest.

## chain

*n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

*synonym* : series, string, link

(1) **chain** reaction, (2) supply **chain**

The **chain** on my bike broke, leaving me stranded.

## testament

*n.* a thing that proves the existence or truth of something else

*synonym* : proof, testimony, testimonial

(1) give properties by **testament**, (2) **testament** to the superior quality

His wealth is a **testament** to his success.

## appreciate

*v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone

*synonym* : acknowledge, admire, enjoy

(1) **appreciate** her feedback, (2) **appreciate** the value

We would **appreciate** an early reply.

## violent

*adj.* involving or caused by physical force or aggression against someone or something

*synonym* : aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

## smashing

*adj.* very successful or impressive; causing something to be broken or destroyed

*synonym*: great, wonderful, breaking

(1) a **smashing** blow, (2) give **smashing** results

The band's new album was a **smashing** success, reaching the top of the charts.

## coastline

*n.* the particular shape of the coast (= the shore of a sea or ocean) as seen from the sea

*synonym*: shoreline, seashore, beach

(1) **coastline** erosion, (2) deeply indented **coastline**

The new resort was built along the **coastline**, offering stunning ocean views from every room.

## fjord

*n.* a long, narrow inlet of the sea between cliffs or hills, often with a shallow, rocky shoreline, found especially in Norway

*synonym*: inlet, estuary, bay

(1) spectacular **fjord**, (2) **fjord** tour

The beautiful **fjord** landscape was breathtaking to behold from the ship's deck.

## nowhere

*adv.* not in, at, or to any place; not anywhere

(1) **nowhere** else to go, (2) come out of **nowhere**

I've been thinking all day and getting **nowhere**.

## temperature

*n.* the degree of hotness or coldness of a thing or place

*synonym*: climate, warmth, degree

(1) extreme **temperatures**, (2) the atmospheric **temperature**

Cities around the world set records for highest **temperatures** this summer.



## trigger

*v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function

*synonym*: activate, spark, drive

(1) **trigger** a biochemical response, (2) **trigger** inflation

The incident **triggered** a political controversy.

## gush

*v.* to flow or pour out rapidly and in large quantities

*synonym*: jet, burst, flush

(1) **gush** about my love for sports, (2) **gush** out and won't stop

A supertanker continues to **gush** oil off the coast of Spain.

## valley

*n.* a long depression on the surface of the land, which typically contains a river

*synonym*: canyon, gorge, dale

(1) **valley** bottom, (2) basin-shaped **valley**

The **valley** had received a mild snowfall the previous week.

## snowfall

*n.* a fall of snow; the amount of snow falling within a particular area in a specific time

*synonym*: snow, blizzard, gale

(1) the first **snowfall** of the season, (2) **snowfall** prediction

Several roads have been closed due to the heavy **snowfall**.

## full-on

*adj.* characterized by being intense, extreme, or all-out; complete, total, or unmitigated

*synonym*: all-out, intense, extreme

(1) **full-on** commitment, (2) unrestricted **full-on**

The concert was a **full-on** sensory experience, with lights, lasers, and pyrotechnics adding to the energy of the music.

## blizzard

*n.* a severe snowstorm that is accompanied by strong winds and low temperatures, often leading to very limited visibility and dangerous travel conditions

*synonym*: snowstorm, whiteout, bluster

(1) **blizzard** warning, (2) heavy **blizzard**

The city declared a snow emergency and warned residents to stay off the streets during the **blizzard**.

## perception

*n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses

*synonym*: understanding, idea, awareness

(1) keen **perception**, (2) **perception** of a stimulus

He is a man admired for the depth of his **perception**.

## drift

*v.* to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction

*synonym*: float, wander, freewheel

(1) **drift** down the stream, (2) **drift** away on a raft

I **drifted** around for years in Europe before going to university.

## shore

*n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid

*synonym*: coast, seaside, beach

(1) a sandy **shore**, (2) **shore** up demand

The waves are beating against the **shore**.

## faint

*adj.* not strong, clear, or vigorous; slight or weak

*synonym*: slight, vague, soft

(1) **faint** memory, (2) **faint** aroma of roses

She heard a **faint**, nearly invisible scream.

## gull

*n.* a seabird with long wings, short legs, and usually black and white or grey and white feathers

*synonym*: seagull

(1) a white sea **gull**, (2) **gull** family

Because **gulls** are gliding birds, their wings are long and slender.

## reputation

*n.* the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors

*synonym* : fame, standing, esteem

(1) **reputation** risk, (2) cloud his **reputation**

She has a good **reputation** for being one of the best chefs in the city.

## nervous

*adj.* worried and anxious about something; relating to the nerves

*synonym* : neural, anxious, uneasy

(1) development of the **nervous** system, (2) get **nervous**

He suffers from **nervous** breakdowns.

## freak

*n.* an abnormality that is not typical or expected

*synonym* : anomaly, deviation, oddity

(1) a rock **freak**, (2) **freak** weather

The **freak** accident caused the car to flip over and land on its roof.

## borderline

*adj.* in a position or state of being almost but not quite something; on the edge or boundary of something

*synonym* : marginal, questionable, doubtful

(1) **borderline** personality, (2) **borderline** case

The teacher offered to review the papers of students who received **borderline** grades to provide them with feedback.

## hypothermic

*adj.* relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures

*synonym* : cold, chilled, freezing

(1) **hypothermic** condition, (2) **hypothermic** preservation

The hiker suffered from **hypothermic** symptoms after being exposed to extreme cold.

## eventually

*adv.* finally, particularly after a long time or a lot of struggle, complications, and so on

*synonym* : finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed  
The corporation **eventually** dominated the entire tobacco business.

## delirium

*n.* a state of confusion or disorientation accompanied by emotional disturbances, often characterized by fever, hallucinations, and incoherent speech

*synonym* : confusion, frenzy, distraction

(1) **delirium** tremens, (2) fever **delirium**

After days of no sleep, he fell into **delirium** and started hallucinating.

## precious

*adj.* uncommon and extremely valuable

*synonym* : adored, cherished, valued

(1) price of **precious** metals, (2) **precious** information

We cannot afford to squander **precious** time.

## suffer

*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

*synonym* : endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

## fulfill

*v.* to meet the requirements or expectations; to achieve or realize

*synonym* : satisfy, complete, accomplish

(1) **fulfill** a contract, (2) **fulfill** a lifetime dream

It was the first time for her, but she **fulfilled** the role of Priest.

## wetsuit

*n.* a close-fitting garment that covers the torso, arms, and legs and is designed to keep the wearer warm and dry, especially when participating in water sports

*synonym* : diving suit, neoprene suit

(1) **wetsuit** material, (2) **wetsuit** rental

He wore a **wetsuit** for the entire duration of his triathlon, from start to finish.

## struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

*synonym*: toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

## Session 2: Spelling

1. su\_\_\_r bad grades v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
2. ra\_\_\_e a country v. to cause damage to something badly
3. ex\_\_\_c vacation *adj.* originating from or characteristic of a foreign country or culture; strikingly unusual, uncommon, or intriguing
4. fu\_\_\_\_l a lifetime dream v. to meet the requirements or expectations; to achieve or realize
5. f\_\_e their homes v. to leave by running away, especially out of fear or danger
6. med\_\_\_\_\_on training *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
7. mighty d\_n *n.* a loud, confused noise; a loud, persistent racket
8. the first sn\_\_\_\_\_ll of the season *n.* a fall of snow; the amount of snow falling within a particular area in a specific time
9. ro\_\_\_\_\_e business *n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
10. the blood fl\_\_h into my face v. to become red on your face, especially because you are embarrassed, angry, or hot; to rinse, clean, or empty something, especially a toilet, by causing large quantities of water to flow

ANSWERS: 1. suffer, 2. ravage, 3. exotic, 4. fulfill, 5. flee, 6. meditation, 7. din, 8. snowfall, 9. routine, 10. flush

11. sc\_\_e the birds away      *v.* to frighten a person or animal, or to become frightened
12. we\_\_e a story      *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
13. su\_\_\_\_\_te to death      *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
14. a tr\_\_p of deer      *n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
15. b\_\_p up prices      *v.* to hit or knock against something hard, often with a dull sound; to meet with by accident
16. barren of cr\_\_\_\_\_ve spirit      *adj.* relating to or involving the use of skill and original and unusual ideas to create something
17. sh\_\_\_\_r in fear      *v.* to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly
18. heavy bl\_\_\_\_\_rd      *n.* a severe snowstorm that is accompanied by strong winds and low temperatures, often leading to very limited visibility and dangerous travel conditions
19. red ch\_\_i powder      *n.* a small hot-tasting fruit of a type of pepper plant used in sauces, relishes, and spice powders; a spicy stew made from ground beef and beans, typically seasoned with chili peppers

ANSWERS: 11. scare, 12. weave, 13. suffocate, 14. troop, 15. bump, 16. creative, 17. shiver, 18. blizzard, 19. chili

20. environmental cr\_\_\_\_e *n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end
21. he\_\_\_\_ss victims *adj.* unable to take care of oneself or to do things without help
22. sh\_\_\_\_ne erosion *n.* a line that separates land and sea
23. cost ba\_\_\_\_r *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective
24. t\_\_p an animal *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
25. m\_\_k lifestyle *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
26. psy\_\_\_\_gy experiment *n.* the scientific study of mind and behavior
27. a wide range of color li\_\_\_\_p *n.* the schedule of programs for a particular event; a list of people brought together to form a team or take part in an event
28. sw\_\_t bath *n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
29. eve\_\_\_\_ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on

ANSWERS: 20. crusade, 21. helpless, 22. shoreline, 23. barrier, 24. trap, 25. monk, 26. psychology, 27. lineup, 28. sweat, 29. eventually



30. the per\_\_\_\_\_ve of the battle      *n.* a confident attitude toward something; a particular style of thinking about something
31. a per\_\_\_\_\_ve view      *n.* a confident attitude toward something; a particular style of thinking about something
32. deeply indented co\_\_\_\_\_ne      *n.* the particular shape of the coast (= the shore of a sea or ocean) as seen from the sea
33. t\_n after sun exposure      *v.* to become brown as a result of exposure to the sun
34. hyp\_\_\_\_\_ic preservation      *adj.* relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures
35. st\_\_\_\_\_h along the coast      *v.* to make or be capable of making anything longer or broader without hurting or breaking
36. gr\_\_\_\_\_y desires      *v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite
37. price of pr\_\_\_\_\_us metals      *adj.* uncommon and extremely valuable
38. a tiny ch\_\_k of meat      *n.* a thick and solid mass or piece of something
39. curb our cr\_\_\_\_\_gs      *n.* a strong desire of wanting something
40. lo\_\_\_e a missing pet      *v.* to specify or determine the exact position of someone or something

ANSWERS: 30. perspective, 31. perspective, 32. coastline, 33. tan, 34. hypothermic, 35. stretch, 36. gratify, 37. precious, 38. chunk, 39. craving, 40. locate

41. sw\_\_l a population *v.* to become larger or more inflated; to become more intense or important
42. br\_\_\_l bully *adj.* harsh or cruel
43. pi\_\_\_\_\_nt the problem *v.* to locate or identify the exact position in space or time of something
44. a peaceful la\_\_\_\_\_pe *n.* an expanse of scenery that can be seen in a single view; a large area of land, especially in the country and relating to its appearance
45. we\_\_\_\_\_t rental *n.* a close-fitting garment that covers the torso, arms, and legs and is designed to keep the wearer warm and dry, especially when participating in water sports
46. bor\_\_\_\_\_ne personality *adj.* in a position or state of being almost but not quite something; on the edge or boundary of something
47. a cr\_\_y scheme *adj.* stupid or not sensible; very angry
48. bl\_\_e the lack of knowledge *v.* to think or say that someone or something did something wrong or is responsible for something bad
49. br\_\_k argument *adj.* lively and energetic
50. g\_\_l family *n.* a seabird with long wings, short legs, and usually black and white or grey and white feathers
51. information ba\_\_\_\_\_r *n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

ANSWERS: 41. swell, 42. brutal, 43. pinpoint, 44. landscape, 45. wetsuit, 46. borderline, 47. crazy, 48. blame, 49. brisk, 50. gull, 51. barrier

52. basin-shaped va\_\_\_y *n.* a long depression on the surface of the land, which typically contains a river
53. travel des\_\_\_\_\_on *n.* the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
54. coral r\_\_fs *n.* a long chain or range of rocks or sand near the ocean's surface
55. unf\_\_\_\_\_ng blow *adj.* not willing to forgive or show mercy; not able to be repaired or restored
56. south of the eq\_\_\_\_r *n.* an line of latitude that separates Earth's northern and southern hemispheres and has a radius of around 40,075 kilometers (24,901 miles)
57. la\_\_\_\_\_pe painting *n.* an expanse of scenery that can be seen in a single view; a large area of land, especially in the country and relating to its appearance
58. cr\_\_y about cars and racing *adj.* stupid or not sensible; very angry
59. easy qu\_\_\_\_r *n.* a person who gives up easily or does not have the determination to finish what they have started
60. g\_\_h out and won't stop *v.* to flow or pour out rapidly and in large quantities
61. ch\_\_i sauce *n.* a small hot-tasting fruit of a type of pepper plant used in sauces, relishes, and spice powders; a spicy stew made from ground beef and beans, typically seasoned with chili peppers

ANSWERS: 52. valley, 53. destination, 54. reef, 55. unforgiving, 56. equator, 57. landscape, 58. crazy, 59. quitter, 60. gush, 61. chili

62. gl\_\_\_\_\_us movie stars *adj.* highly attractive and exciting, and different from ordinary things or people
63. ch\_\_k bone *n.* either side of the face below the eye and between the nose and the jaw
64. pho\_\_\_\_\_ph album *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
65. te\_\_\_\_\_nt to the superior quality *n.* a thing that proves the existence or truth of something else
66. su\_\_\_\_\_ly attacked by an enemy *adv.* quickly and unexpectedly
67. cr\_\_\_\_\_ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something
68. sno\_\_\_\_\_le adventure *n.* a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back
69. s\_\_k a buzzer-beater *v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else
70. cloistered m\_\_k *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
71. fu\_\_\_\_\_l a contract *v.* to meet the requirements or expectations; to achieve or realize

ANSWERS: 62. glamorous, 63. cheek, 64. photograph, 65. testament, 66. suddenly, 67. creative, 68. snowmobile, 69. sink, 70. monk, 71. fulfill

72. use of ha\_\_h chemicals *adj.* severe and unkind; extremely tough and unpleasant to inhabit
73. co\_\_\_\_\_ne erosion *n.* the particular shape of the coast (= the shore of a sea or ocean) as seen from the sea
74. br\_\_\_l honesty *adj.* harsh or cruel
75. sk\_\_\_\_\_y behavior *adj.* lacking in detail or completeness; vague, uncertain, or unreliable; suspicious or questionable
76. mu\_\_\_\_\_e objects *adj.* very ordinary and therefore lacking interest or excitement
77. coral-reef sh\_\_\_\_\_ne *n.* a line that separates land and sea
78. unrestricted fu\_\_\_\_\_n *adj.* characterized by being intense, extreme, or all-out; complete, total, or unmitigated
79. unf\_\_\_\_\_ng terrain *adj.* not willing to forgive or show mercy; not able to be repaired or restored
80. bl\_\_e circumstances for the failure *v.* to think or say that someone or something did something wrong or is responsible for something bad
81. fever de\_\_\_\_\_um *n.* a state of confusion or disorientation accompanied by emotional disturbances, often characterized by fever, hallucinations, and incoherent speech
82. tr\_\_\_\_\_r a biochemical response *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function

ANSWERS: 72. harsh, 73. coastline, 74. brutal, 75. sketchy, 76. mundane, 77. shoreline, 78. full-on, 79. unforgiving, 80. blame, 81. delirium, 82. trigger

83. religious med\_\_\_\_\_on *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
84. a con\_\_\_\_\_ly varying mind *adv.* all the time
85. play a vi\_\_l role *adj.* necessary for the success or continued existence of something
86. ho\_\_\_d hair *adj.* being caught or caught up in something; curved down like an eagle's beak
87. victim of a vi\_\_\_\_\_t crime *adj.* involving or caused by physical force or aggression against someone or something
88. ro\_\_h and tough *adj.* not quite exact or correct; having or caused by an irregular surface
89. hyp\_\_\_\_\_ic condition *adj.* relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures
90. fu\_\_\_\_\_n commitment *adj.* characterized by being intense, extreme, or all-out; complete, total, or unmitigated
91. puzzle m\_\_e *n.* a complex network of winding passages or pathways designed as a puzzle or challenge for people to navigate through
92. he\_\_\_\_\_ss baby *adj.* unable to take care of oneself or to do things without help
93. a con\_\_\_\_\_ly innovative enterprise *adv.* all the time

ANSWERS: 83. meditation, 84. constantly, 85. vital, 86. hooked, 87. violent, 88. rough, 89. hypothermic, 90. full-on, 91. maze, 92. helpless, 93. constantly

94. ce\_\_\_\_ar and molecular biology      *adj.* of or connected with the cells of animals or plants; of or connected with a mobile telephone system that uses several short-range radio stations instead of wires
95. sake of cl\_\_\_\_y      *n.* the quality of being coherent and understandable; the quality of transparency or purity
96. in\_\_\_\_ue him      *v.* to make someone interested, especially by being strange, unusual, or mysterious; to make a secret plan with other people to harm someone
97. a sandy sh\_\_e      *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
98. ma\_\_\_\_e amounts      *adj.* enormous amount; very heavy and solid
99. a vi\_\_\_\_l image      *adj.* being actually such in almost every respect; existing in essence or effect though not in actual fact
100. mu\_\_\_\_e affairs      *adj.* very ordinary and therefore lacking interest or excitement
101. gastronomic ad\_\_\_\_res      *n.* a journey or a series of events that is unusual, exciting, or dangerous
102. the atmospheric tem\_\_\_\_re      *n.* the degree of hotness or coldness of a thing or place
103. chaotic env\_\_\_\_nt      *n.* the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 94. cellular, 95. clarity, 96. intrigue, 97. shore, 98. massive, 99. virtual, 100. mundane, 101. adventure, 102. temperature, 103. environment

104. dr\_\_t away on a raft *v.* to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction
105. ha\_\_h climate *adj.* severe and unkind; extremely tough and unpleasant to inhabit
106. bor\_\_\_\_\_ne case *adj.* in a position or state of being almost but not quite something; on the edge or boundary of something
107. development of the ne\_\_\_\_\_s system *adj.* worried and anxious about something; relating to the nerves
108. a ce\_\_\_\_\_ar phone handset *adj.* of or connected with the cells of animals or plants; of or connected with a mobile telephone system that uses several short-range radio stations instead of wires
109. fl\_\_h the toilet *v.* to become red on your face, especially because you are embarrassed, angry, or hot; to rinse, clean, or empty something, especially a toilet, by causing large quantities of water to flow
110. a rock fr\_\_k *n.* an abnormality that is not typical or expected
111. d\_n of traffic *n.* a loud, confused noise; a loud, persistent racket
112. s\_\_k a lot of capital *v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

ANSWERS: 104. drift, 105. harsh, 106. borderline, 107. nervous, 108. cellular, 109. flush, 110. freak, 111. din, 112. sink



113. ex\_\_\_c species *adj.* originating from or characteristic of a foreign country or culture; strikingly unusual, uncommon, or intriguing
114. su\_\_\_\_\_te fire *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
115. st\_\_\_\_\_h a story *v.* to make or be capable of making anything longer or broader without hurting or breaking
116. pose for a se\_\_\_e *n.* a photograph that one has taken of oneself, typically one taken with a smartphone or webcam to share on social media
117. pr\_\_\_\_\_us information *adj.* uncommon and extremely valuable
118. br\_\_k autumn weather *adj.* lively and energetic
119. trading of vi\_\_\_\_\_l currencies *adj.* being actually such in almost every respect; existing in essence or effect though not in actual fact
120. ro\_\_h estimation *adj.* not quite exact or correct; having or caused by an irregular surface
121. a built-in diagnostic ro\_\_\_\_\_e *n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
122. t\_n poorly *v.* to become brown as a result of exposure to the sun
123. take a sh\_\_\_\_\_ut *n.* an alternative route shorter or quicker than the usual one

ANSWERS: 113. exotic, 114. suffocate, 115. stretch, 116. selfie, 117. precious, 118. brisk, 119. virtual, 120. rough, 121. routine, 122. tan, 123. shortcut

124. fr\_\_k weather *n.* an abnormality that is not typical or expected
125. a white sea g\_\_l *n.* a seabird with long wings, short legs, and usually black and white or grey and white feathers
126. s\_\_f the Internet *v.* to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner
127. rep\_\_\_\_\_on risk *n.* the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors
128. give properties by te\_\_\_\_\_nt *n.* a thing that proves the existence or truth of something else
129. the members of a military tr\_\_p *n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
130. in\_\_\_\_\_ue against his rival *v.* to make someone interested, especially by being strange, unusual, or mysterious; to make a secret plan with other people to harm someone
131. keyboard sh\_\_\_\_\_uts *n.* an alternative route shorter or quicker than the usual one
132. sno\_\_\_\_\_le accident *n.* a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back

ANSWERS: 124. freak, 125. gull, 126. surf, 127. reputation, 128. testament, 129. troop, 130. intrigue, 131. shortcut, 132. snowmobile

133. the height of a p\_\_e                    *n.* a collection of objects positioned one on top of another; a large sum of something, such as money
134. s\_\_f the waves                        *v.* to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner
135. ra\_\_\_e the brain                      *v.* to cause damage to something badly
136. serial qu\_\_\_\_r                        *n.* a person who gives up easily or does not have the determination to finish what they have started
137. at inc\_\_\_\_\_le speed               *adj.* unbelievable; enormous
138. police hel\_\_\_\_\_er                  *n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access
139. ad\_\_\_\_\_re film                      *n.* a journey or a series of events that is unusual, exciting, or dangerous
140. get ne\_\_\_\_\_s                        *adj.* worried and anxious about something; relating to the nerves
141. we\_\_e on a loom                      *v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them
142. pu\_\_\_e a goal                         *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

ANSWERS: 133. pile, 134. surf, 135. ravage, 136. quitter, 137. incredible, 138. helicopter, 139. adventure, 140. nervous, 141. weave, 142. pursue

143. ho\_\_\_d on drugs *adj.* being caught or caught up in something; curved down like an eagle's beak
144. st\_\_\_\_\_le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
145. high ar\_\_\_c *adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold
146. va\_\_\_y bottom *n.* a long depression on the surface of the land, which typically contains a river
147. eve\_\_\_\_\_ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
148. the mo\_\_\_\_\_ny of the daily routine *n.* a situation in which something unchanging and boring
149. say def\_\_\_\_\_ly *adv.* without any question and beyond doubt; clearly
150. cr\_\_\_\_\_g for revenge *n.* a strong desire of wanting something
151. break the mo\_\_\_\_\_ny *n.* a situation in which something unchanging and boring
152. app\_\_\_\_\_te the value *v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
153. beauty s\_\_t *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
154. no\_\_\_\_\_e else to go *adv.* not in, at, or to any place; not anywhere
155. a co\_\_\_\_\_nt temperature *adj.* happening repeatedly or all the time

ANSWERS: 143. hooked, 144. struggle, 145. arctic, 146. valley, 147. eventually, 148. monotony, 149. definitely, 150. craving, 151. monotony, 152. appreciate, 153. spot, 154. nowhere, 155. constant

156. a sand p\_\_e *n.* a collection of objects positioned one on top of another; a large sum of something, such as money
157. vi\_\_l for a healthy society *adj.* necessary for the success or continued existence of something
158. fa\_\_t memory *adj.* not strong, clear, or vigorous; slight or weak
159. sh\_\_e up demand *n.* the land along the edge of a sea, lake, broad river, or other large body of water; (verb) to support by placing against something solid or rigid
160. a sm\_\_\_\_\_ng blow *adj.* very successful or impressive; causing something to be broken or destroyed
161. tr\_\_\_\_\_r inflation *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
162. mon\_\_\_\_\_us job *adj.* lacking in variety, excitement, or interest; repetitive and tedious
163. spectacular fj\_\_d *n.* a long, narrow inlet of the sea between cliffs or hills, often with a shallow, rocky shoreline, found especially in Norway
164. st\_\_\_\_\_e financially *v.* to miss a step and fall or nearly fall; to walk unsteadily
165. pi\_\_\_\_\_nt signs of manipulation *v.* to locate or identify the exact position in space or time of something
166. env\_\_\_\_\_nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
167. gr\_\_\_\_\_y curiosity *v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite

ANSWERS: 156. pile, 157. vital, 158. faint, 159. shore, 160. smashing, 161. trigger, 162. monotonous, 163. fjord, 164. stumble, 165. pinpoint, 166. environment, 167. gratify

168. def\_\_\_\_\_ly become a problem *adv.* without any question and beyond doubt; clearly
169. st\_\_\_\_\_le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
170. pu\_\_\_\_e freedoms *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
171. su\_\_\_\_r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
172. supply ch\_\_n *n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
173. all in a sw\_\_t *n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
174. per\_\_\_\_\_on of a stimulus *n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses
175. die su\_\_\_\_\_ly *adv.* quickly and unexpectedly
176. ho\_\_r around the table *v.* to stay in one place in the air
177. se\_\_\_\_e stick *n.* a photograph that one has taken of oneself, typically one taken with a smartphone or webcam to share on social media

ANSWERS: 168. definitely, 169. struggle, 170. pursue, 171. suffer, 172. chain, 173. sweat, 174. perception, 175. suddenly, 176. hover, 177. selfie

178. fj\_\_d tour *n.* a long, narrow inlet of the sea between cliffs or hills, often with a shallow, rocky shoreline, found especially in Norway
179. sc\_\_e off her attacker by screaming *v.* to frighten a person or animal, or to become frightened
180. come out of no\_\_\_\_e *adv.* not in, at, or to any place; not anywhere
181. fa\_\_t aroma of roses *adj.* not strong, clear, or vigorous; slight or weak
182. ho\_\_r between life and death *v.* to stay in one place in the air
183. st\_\_\_\_e through life *v.* to miss a step and fall or nearly fall; to walk unsteadily
184. hel\_\_\_\_er ride *n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access
185. vi\_\_\_\_t incident *adj.* involving or caused by physical force or aggression against someone or something
186. f\_\_e abroad *v.* to leave by running away, especially out of fear or danger
187. cast gl\_\_\_\_us eyes *adj.* highly attractive and exciting, and different from ordinary things or people
188. sh\_\_r with delight *v.* to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly
189. de\_\_\_\_um tremens *n.* a state of confusion or disorientation accompanied by emotional disturbances, often characterized by fever, hallucinations, and incoherent speech

ANSWERS: 178. fjord, 179. scare, 180. nowhere, 181. faint, 182. hover, 183. stumble, 184. helicopter, 185. violent, 186. flee, 187. glamorous, 188. shiver, 189. delirium

190. a cr\_\_\_\_\_e against smoking      *n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end
191. app\_\_\_\_\_te her feedback      *v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
192. b\_\_p against a wall      *v.* to hit or knock against something hard, often with a dull sound; to meet with by accident
193. mon\_\_\_\_\_us routine      *adj.* lacking in variety, excitement, or interest; repetitive and tedious
194. bl\_\_\_\_\_rd warning      *n.* a severe snowstorm that is accompanied by strong winds and low temperatures, often leading to very limited visibility and dangerous travel conditions
195. extreme tem\_\_\_\_\_res      *n.* the degree of hotness or coldness of a thing or place
196. lo\_\_\_e a tumor      *v.* to specify or determine the exact position of someone or something
197. keen per\_\_\_\_\_on      *n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses
198. ma\_\_\_\_\_e stars      *adj.* enormous amount; very heavy and solid
199. barrier r\_\_f      *n.* a long chain or range of rocks or sand near the ocean's surface

ANSWERS: 190. crusade, 191. appreciate, 192. bump, 193. monotonous, 194. blizzard, 195. temperature, 196. locate, 197. perception, 198. massive, 199. reef



200. sk\_\_\_\_y sources *adj.* lacking in detail or completeness; vague, uncertain, or unreliable; suspicious or questionable
201. labyrinth m\_\_e *n.* a complex network of winding passages or pathways designed as a puzzle or challenge for people to navigate through
202. romantic des\_\_\_\_\_ons *n.* the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
203. above the eq\_\_\_\_r *n.* an line of latitude that separates Earth's northern and southern hemispheres and has a radius of around 40,075 kilometers (24,901 miles)
204. g\_\_h about my love for sports *v.* to flow or pour out rapidly and in large quantities
205. give sm\_\_\_\_ng results *adj.* very successful or impressive; causing something to be broken or destroyed
206. a ch\_\_k of money *n.* a thick and solid mass or piece of something
207. ar\_\_\_\_c ice *adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold
208. hollowed-out ch\_\_k *n.* either side of the face below the eye and between the nose and the jaw
209. cloud his rep\_\_\_\_\_on *n.* the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors

ANSWERS: 200. sketchy, 201. maze, 202. destination, 203. equator, 204. gush, 205. smashing, 206. chunk, 207. arctic, 208. cheek, 209. reputation

210. a co\_\_\_\_nt wind *adj.* happening repeatedly or all the time
211. inc\_\_\_\_\_le amount *adj.* unbelievable; enormous
212. sn\_\_\_\_\_ll prediction *n.* a fall of snow; the amount of snow falling within a particular area in a specific time
213. pho\_\_\_\_\_ph memories *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
214. a s\_\_t on his honor *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
215. we\_\_\_\_\_t material *n.* a close-fitting garment that covers the torso, arms, and legs and is designed to keep the wearer warm and dry, especially when participating in water sports
216. dr\_\_t down the stream *v.* to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction
217. the li\_\_\_\_p of new models *n.* the schedule of programs for a particular event; a list of people brought together to form a team or take part in an event
218. lack of cl\_\_\_\_\_y *n.* the quality of being coherent and understandable; the quality of transparency or purity
219. set a t\_\_p *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

ANSWERS: 210. constant, 211. incredible, 212. snowfall, 213. photograph, 214. spot, 215. wetsuit, 216. drift, 217. lineup, 218. clarity, 219. trap

220. psy\_\_\_\_\_gy of crowd                      *n.*    the scientific study of mind and behavior
221. sw\_\_l at room temperature                      *v.*    to become larger or more inflated; to become more intense or important
222. ch\_\_n reaction                                      *n.*    a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle

ANSWERS: 220. psychology, 221. swell, 222. chain

## Session 3: Fill in the Blanks

1. The neighborhood had a \_\_\_\_\_ reputation due to its high crime rate.  
*adj.* lacking in detail or completeness; vague, uncertain, or unreliable; suspicious or questionable
2. I \_\_\_\_\_ around for years in Europe before going to university.  
*v.* to move smoothly and slowly in water or air, especially as a result of outside forces, with no control over the direction
3. Every human is responsible for taking care of the Earth's \_\_\_\_\_.  
*n.* the natural world such as air, water, and land in which humans, animals, and plants live
4. The \_\_\_\_\_ accident caused the car to flip over and land on its roof.  
*n.* an abnormality that is not typical or expected
5. Two birds were \_\_\_\_\_ overhead.  
*v.* to stay in one place in the air
6. He wore a helmet and goggles while riding his \_\_\_\_\_ through the snowy trails.  
*n.* a motorized vehicle designed to be used on snow or ice, especially for transportation or recreation, typically fitted with skis for the front and tracks for the back
7. The band's new album was a \_\_\_\_\_ success, reaching the top of the charts.  
*adj.* very successful or impressive; causing something to be broken or destroyed

ANSWERS: 1. sketchy, 2. drifted, 3. environment, 4. freak, 5. hovering, 6. snowmobile, 7. smashing

8. She is the \_\_\_\_\_ president of the company.

*adj.* being actually such in almost every respect; existing in essence or effect though not in actual fact

9. \_\_\_\_\_ dropping wears away the stone.

*adj.* happening repeatedly or all the time

10. The recent economic downturn has resulted in \_\_\_\_\_ layoffs.

*adj.* enormous amount; very heavy and solid

11. He gently touched her apple-red \_\_\_\_\_ and whispered that he loved her.

*n.* either side of the face below the eye and between the nose and the jaw

12. It is a basic instinct to \_\_\_\_\_ from a dangerous situation.

*v.* to leave by running away, especially out of fear or danger

13. The corporation \_\_\_\_\_ dominated the entire tobacco business.

*adv.* finally, particularly after a long time or a lot of struggle, complications, and so on

14. This factory employs a \_\_\_\_\_ manufacturing system.

*adj.* of or connected with the cells of animals or plants; of or connected with a mobile telephone system that uses several short-range radio stations instead of wires

15. He sailed the Atlantic Ocean multiple times during his \_\_\_\_\_.

*n.* a journey or a series of events that is unusual, exciting, or dangerous

16. Recent electoral shocks have shaken the political \_\_\_\_\_ in Europe.

*n.* an expanse of scenery that can be seen in a single view; a large area of land, especially in the country and relating to its appearance

ANSWERS: 8. virtual, 9. Constant, 10. massive, 11. cheek, 12. flee, 13. eventually, 14. cellular, 15. adventures, 16. landscape

17. She walked with a \_\_\_\_\_ pace, eager to reach her destination.

*adj.* lively and energetic

18. The girl \_\_\_\_\_ a garland for her friend.

*v.* to make cloth, a carpet, a basket, etc., by repeatedly crossing a single thread through two sets of long threads at a right angle to them

19. The vehicle bounced along the \_\_\_\_\_ mountain road.

*adj.* not quite exact or correct; having or caused by an irregular surface

20. His father's death changed his whole \_\_\_\_\_ on life.

*n.* a confident attitude toward something; a particular style of thinking about something

21. I found an old \_\_\_\_\_ of my grandparents from their wedding day.

*n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

22. The older man \_\_\_\_\_ from arthritis and finds it difficult to move around.

*v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

23. The robot can accurately \_\_\_\_\_ construction material.

*v.* to specify or determine the exact position of someone or something

24. We hit the ground to \_\_\_\_\_ out the rabbits.

*v.* to frighten a person or animal, or to become frightened

ANSWERS: 17. brisk, 18. weaves, 19. rough, 20. perspective, 21. photograph, 22. suffers, 23. locate, 24. scare

25. The protesters became \_\_\_\_\_ when the police tried to disperse them.

*adj.* involving or caused by physical force or aggression against someone or something

26. I \_\_\_\_\_ in the cold winter air as I wait for the train.

*v.* to shake or quiver with cold, fear, or excitement; to tremble or vibrate rapidly

27. The teacher offered to review the papers of students who received \_\_\_\_\_ grades to provide them with feedback.

*adj.* in a position or state of being almost but not quite something; on the edge or boundary of something

28. Perseverance and optimism are \_\_\_\_\_ to success.

*adj.* necessary for the success or continued existence of something

29. I always try to \_\_\_\_\_ my boss by achieving the sales target every month.

*v.* to give pleasure or satisfaction to; to provide someone with what they want or need; to indulge or satisfy a desire or appetite

30. The south coast is less \_\_\_\_\_ yet has many clean and appealing hotels.

*adj.* highly attractive and exciting, and different from ordinary things or people

31. During the \_\_\_\_\_ period, many European Christians went on a pilgrimage to the Holy Land.

*n.* a series of wars fought by Christians in the middle ages to recover the holy land from the Muslims; a series of actions advancing a principle or tending toward a particular end

32. The beautiful \_\_\_\_\_ landscape was breathtaking to behold from the ship's deck.

*n.* a long, narrow inlet of the sea between cliffs or hills, often with a shallow, rocky shoreline, found especially in Norway

ANSWERS: 25. violent, 26. shiver, 27. borderline, 28. vital, 29. gratify, 30. glamorous, 31. Crusade, 32. fjord

33. Flooding occurs along the city's \_\_\_\_\_ due to the storm surge.  
*n.* a line that separates land and sea
34. Her response revealed \_\_\_\_\_ idiocy.  
*adj.* unbelievable; enormous
35. The \_\_\_\_\_ of soldiers marched through the city in a parade.  
*n.* a group of soldiers, especially a large one; a group of people, animals, or things considered as a unit.
36. He is a man admired for the depth of his \_\_\_\_\_.  
*n.* a belief, opinion, or image you have based on how you regard, understand, or interpret something; the ability to see, hear, or notice something through the senses
37. She studies gardening on a \_\_\_\_\_ basis.  
*n.* a usual or habitual way of doing things; a set sequence of steps, part of a larger computer program
38. The hiker suffered from \_\_\_\_\_ symptoms after being exposed to extreme cold.  
*adj.* relating to or characterized by abnormally low body temperature, typically resulting from prolonged exposure to cold temperatures
39. He suffers from \_\_\_\_\_ breakdowns.  
*adj.* worried and anxious about something; relating to the nerves
40. We got lost in the \_\_\_\_\_ of streets while exploring the city.  
*n.* a complex network of winding passages or pathways designed as a puzzle or challenge for people to navigate through

ANSWERS: 33. shoreline, 34. incredible, 35. troop, 36. perception, 37. routine, 38. hypothermic, 39. nervous, 40. maze



41. She \_\_\_\_\_ over the tree root.

*v.* to miss a step and fall or nearly fall; to walk unsteadily

42. After returning from the war, he had a pretty \_\_\_\_\_ life.

*adj.* very ordinary and therefore lacking interest or excitement

43. Because \_\_\_\_\_ are gliding birds, their wings are long and slender.

*n.* a seabird with long wings, short legs, and usually black and white or grey and white feathers

44. I'll \_\_\_\_\_ the online store to see if I can find that item in a different color.

*v.* to ride on or through waves while standing or lying down on a board or other object; to search or browse the Internet or other computer networks in a casual or aimless manner

45. The \_\_\_\_\_ attack left the victim with serious injuries.

*adj.* harsh or cruel

46. A large fire \_\_\_\_\_ the forest.

*v.* to cause damage to something badly

47. This radar quickly \_\_\_\_\_ the position of the enemy.

*v.* to locate or identify the exact position in space or time of something

48. The vessel ran aground on a \_\_\_\_\_.

*n.* a long chain or range of rocks or sand near the ocean's surface

49. She accidentally \_\_\_\_\_ into him in the crowded room.

*v.* to hit or knock against something hard, often with a dull sound; to meet with by accident

ANSWERS: 41. stumbled, 42. mundane, 43. gulls, 44. surf, 45. brutal, 46. ravaged, 47. pinpoints, 48. reef, 49. bumped

50. She spent the whole summer \_\_\_\_\_ on the beach.

*v.* to become brown as a result of exposure to the sun

51. The \_\_\_\_\_ task of data entry required intense concentration.

*adj.* lacking in variety, excitement, or interest; repetitive and tedious

52. After the party, they had to clean up \_\_\_\_\_ of dirty dishes.

*n.* a collection of objects positioned one on top of another; a large sum of something, such as money

53. We \_\_\_\_\_ our impeded progress on lack of money.

*v.* to think or say that someone or something did something wrong or is responsible for something bad

54. The new resort was built along the \_\_\_\_\_ offering stunning ocean views from every room.

*n.* the particular shape of the coast (= the shore of a sea or ocean) as seen from the sea

55. I have a \_\_\_\_\_ for nicotine.

*n.* a strong desire of wanting something

56. The abandoned ship slowly began to \_\_\_\_\_ into the murky waters of the harbor.

*v.* to submerge or go down below the surface of a liquid or substance; to decline or deteriorate; to cause something to go down into a liquid substance or sink into something else

57. The incident \_\_\_\_\_ a political controversy.

*v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function

ANSWERS: 50. tanning, 51. monotonous, 52. piles, 53. blamed, 54. coastline, 55. craving, 56. sink, 57. triggered

58. The rain and thunder are \_\_\_\_\_ today.

*adj.* stupid or not sensible; very angry

59. The new start-up company carved out a large \_\_\_\_\_ of the market within a year.

*n.* a thick and solid mass or piece of something

60. The enemy fell right into the \_\_\_\_\_.

*n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

61. I've been thinking all day and getting \_\_\_\_\_.

*adv.* not in, at, or to any place; not anywhere

62. Cities around the world set records for highest \_\_\_\_\_ this summer.

*n.* the degree of hotness or coldness of a thing or place

63. The police placed a \_\_\_\_\_ across the street to halt traffic.

*n.* a fence or other obstruction that makes it hard to move or get in; any condition that makes it difficult to make progress or to achieve an objective

64. My son was \_\_\_\_\_ on the Internet.

*adj.* being caught or caught up in something; curved down like an eagle's beak

65. Cold temperatures and long, dark winters characterize the \_\_\_\_\_ climate.

*adj.* of or relating to the region around the North Pole or the Arctic Ocean; very cold

66. There is no \_\_\_\_\_ to success.

*n.* an alternative route shorter or quicker than the usual one

ANSWERS: 58. crazy, 59. chunk, 60. trap, 61. nowhere, 62. temperatures, 63. barrier, 64. hooked, 65. arctic, 66. shortcut

67. Several roads have been closed due to the heavy \_\_\_\_\_.
- n.* a fall of snow; the amount of snow falling within a particular area in a specific time
68. The \_\_\_\_\_ instructor guided the group through the relaxation and breathing exercises.
- n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
69. His arm was \_\_\_\_\_ from the insect bite.
- v.* to become larger or more inflated; to become more intense or important
70. People can \_\_\_\_\_ from a lack of oxygen in confined spaces.
- v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
71. The \_\_\_\_\_ sun scorched the desert, making it uninhabitable.
- adj.* not willing to forgive or show mercy; not able to be repaired or restored
72. I love making a big pot of \_\_\_\_\_ on a cold winter day.
- n.* a small hot-tasting fruit of a type of pepper plant used in sauces, relishes, and spice powders; a spicy stew made from ground beef and beans, typically seasoned with chili peppers
73. The \_\_\_\_\_ on my bike broke, leaving me stranded.
- n.* a series of connected links or objects; a system or group of interconnected elements; a restraint or shackle
74. The artist's innovative style of work \_\_\_\_\_ me.
- v.* to make someone interested, especially by being strange, unusual, or mysterious; to make a secret plan with other people to harm someone

ANSWERS: 67. snowfall, 68. meditation, 69. swelling, 70. suffocate, 71. unforgiving, 72. chili, 73. chain, 74. intrigues

75. He could not \_\_\_\_\_ against temptation.

- v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

76. It was the first time for her, but she \_\_\_\_\_ the role of Priest.

- v. to meet the requirements or expectations; to achieve or realize

77. She intends to \_\_\_\_\_ a political career.

- v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

78. The publisher will proofread most of this manuscript for \_\_\_\_\_.

- n. the quality of being coherent and understandable; the quality of transparency or purity

79. The \_\_\_\_\_ of the assembly line work made the days feel very long.

- n. a situation in which something unchanging and boring

80. Who answers \_\_\_\_\_ knows little.

- adv. quickly and unexpectedly

81. She took a \_\_\_\_\_ in front of the famous tower and shared it on the app.

- n. a photograph that one has taken of oneself, typically one taken with a smartphone or webcam to share on social media

82. The ascetic \_\_\_\_\_ spent his days in prayer and contemplation in the monastery.

- n. a member of a religious community of men living under vows of poverty, chastity, and obedience

ANSWERS: 75. struggle, 76. fulfilled, 77. pursue, 78. clarity, 79. monotony, 80. suddenly, 81. selfie, 82. monk

83. All the supervisor has to do is assign tasks that make his subordinates more \_\_\_\_\_.

*adj.* relating to or involving the use of skill and original and unusual ideas to create something

84. The city declared a snow emergency and warned residents to stay off the streets during the \_\_\_\_\_.

*n.* a severe snowstorm that is accompanied by strong winds and low temperatures, often leading to very limited visibility and dangerous travel conditions

85. I love trying \_\_\_\_\_ foods from different cultures.

*adj.* originating from or characteristic of a foreign country or culture; strikingly unusual, uncommon, or intriguing

86. A supertanker continues to \_\_\_\_\_ oil off the coast of Spain.

*v.* to flow or pour out rapidly and in large quantities

87. Ecuador is on the \_\_\_\_\_.

*n.* an line of latitude that separates Earth's northern and southern hemispheres and has a radius of around 40,075 kilometers (24,901 miles)

88. We cannot afford to squander \_\_\_\_\_ time.

*adj.* uncommon and extremely valuable

89. She has a good \_\_\_\_\_ for being one of the best chefs in the city.

*n.* the general opinion that people have about someone or something, especially when this is based on their previous experiences or behaviors

90. The prime minister faced \_\_\_\_\_ criticism.

*adj.* severe and unkind; extremely tough and unpleasant to inhabit

ANSWERS: 83. creative, 84. blizzard, 85. exotic, 86. gush, 87. equator, 88. precious, 89. reputation, 90. harsh

91. I feel so \_\_\_\_\_ without you.

*adj.* unable to take care of oneself or to do things without help

92. His wealth is a \_\_\_\_\_ to his success.

*n.* a thing that proves the existence or truth of something else

93. She wiped the \_\_\_\_\_ off her forehead with a towel.

*n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

94. The opponent team has a strong \_\_\_\_\_.

*n.* the schedule of programs for a particular event; a list of people brought together to form a team or take part in an event

95. He was labeled as a \_\_\_\_\_ after he abandoned the project halfway.

*n.* a person who gives up easily or does not have the determination to finish what they have started

96. The mobile application industry is \_\_\_\_\_ changing.

*adv.* all the time

97. The waves are beating against the \_\_\_\_\_.

*n.* the land along the edge of a sea, lake, broad river, or other large body of water;  
(verb) to support by placing against something solid or rigid

98. The girl \_\_\_\_\_ when a young man whistled as she walked by.

*v.* to become red on your face, especially because you are embarrassed, angry, or hot; to rinse, clean, or empty something, especially a toilet, by causing large quantities of water to flow

ANSWERS: 91. helpless, 92. testament, 93. sweat, 94. lineup, 95. quitter, 96. constantly, 97. shore, 98. flushed

99. Some herds have been observed to \_\_\_\_\_ hundreds of kilometers.  
*v.* to make or be capable of making anything longer or broader without hurting or breaking
100. She had a master's degree in \_\_\_\_\_.  
*n.* the scientific study of mind and behavior
101. We would \_\_\_\_\_ an early reply.  
*v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
102. I am excited to reach my \_\_\_\_\_ and explore the new city finally.  
*n.* the place to which someone or something is going or being sent; the ultimate purpose or goal of a journey or action
103. The paper is \_\_\_\_\_ worth reading thoroughly.  
*adv.* without any question and beyond doubt; clearly
104. The concert was a \_\_\_\_\_ sensory experience, with lights, lasers, and pyrotechnics adding to the energy of the music.  
*adj.* characterized by being intense, extreme, or all-out; complete, total, or unmitigated
105. The \_\_\_\_\_ had received a mild snowfall the previous week.  
*n.* a long depression on the surface of the land, which typically contains a river
106. He wore a \_\_\_\_\_ for the entire duration of his triathlon, from start to finish.  
*n.* a close-fitting garment that covers the torso, arms, and legs and is designed to keep the wearer warm and dry, especially when participating in water sports

ANSWERS: 99. stretch, 100. psychology, 101. appreciate, 102. destination, 103. definitely, 104. full-on, 105. valley, 106. wetsuit



107. After days of no sleep, he fell into \_\_\_\_\_ and started hallucinating.  
*n.* a state of confusion or disorientation accompanied by emotional disturbances, often characterized by fever, hallucinations, and incoherent speech
108. This remote \_\_\_\_\_ is rarely visited.  
*n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
109. The \_\_\_\_\_ of the city was overwhelming.  
*n.* a loud, confused noise; a loud, persistent racket
110. The company's CEO arrived at the meeting via \_\_\_\_\_ to avoid traffic congestion  
*n.* a type of aircraft that is capable of hovering in place and moving vertically, as well as flying horizontally; often used for emergency medical services, military operations, and transport in areas with limited access
111. She heard a \_\_\_\_\_ nearly invisible scream.  
*adj.* not strong, clear, or vigorous; slight or weak

ANSWERS: 107. delirium, 108. spot, 109. din, 110. helicopter, 111. faint,