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Pico Iyer: The art of stillness | TED Talk

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SS

All Words

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Session 1: Word List

lifelong

adj. lasting for the whole of someone's life

synonym: enduring, eternal, permanent

(1) **lifelong** career, (2) **lifelong** commitment

He had a **lifelong** love of reading and spent hours daily with a book.

pole

n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something

synonym: rod, staff, shaft

(1) a fishing **pole**, (2) the plus **pole**

The North **Pole** is the northernmost point on Earth.

graduated

adj. having received a degree from a school, college, or university; marked with or divided into levels or degrees

synonym: completed, finished, earned

(1) **graduated** taxation, (2) **graduated** flask

She was a **graduated** student of a prestigious university.

continent

n. one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex

synonym: landmass, (adjective) chaste, (adjective) pure

(1) the inland of a **continent**, (2) **continent** urinary diversion
Flight across the **continent** was a daring adventure in its day.

inevitably

adv. in a manner that cannot be avoided or prevented

synonym: unavoidably, necessarily, surely

(1) **inevitably** decline with age, (2) **inevitably** reach the consumer

Because of his excellent performance, he will **inevitably** be promoted.

candlelight

n. light provided by a candle or candles

synonym: lamp light, oil light, firelight

(1) **candlelight** dinner, (2) **candlelight** vigil

The room was dimly lit by soft **candlelight**.

temple

n. a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead

synonym: shrine, mosque, synagogue

(1) **temple** complex, (2) a tour guide at the **temple**

He visited the **temple** to pray and make offerings to the gods.

wander

v. to walk around slowly or to a place, often without any clear purpose or direction

synonym: ramble, roam, stroll

(1) **wander** alone in a strange country, (2) **wander** far from home

I often **wander** around the park for half an hour.

cobalt

n. a lustrous, hard, silver-white element with the symbol Co that is often used in alloys, batteries, and pigments and is essential for certain biological processes in humans and other organisms

synonym: Co

(1) **cobalt** steel, (2) **cobalt** blue

The blades of gas turbine engines are often coated with a

cobalt layer to improve their durability.

flash

n. a sudden intense burst of radiant energy; a momentary brightness

synonym: sparkle, gleam, glimmer

(1) a **flash** of lightning, (2) brilliant **flash**

These heavy rains caused **flash** floods on several islands.

magic

n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

synonym: fascination, illusion, wizardry

(1) a **magic** spell, (2) she is **magic**

He performed **magic** tricks with sophisticated moves.

clarity

n. the quality of being coherent and understandable; the quality of transparency or purity

synonym: clearness, translucence, brightness

(1) lack of **clarity**, (2) sake of **clarity**

The publisher will proofread most of this manuscript for **clarity**.

nowhere

adv. not in, at, or to any place; not anywhere

(1) **nowhere** else to go, (2) come out of **nowhere**

I've been thinking all day and getting **nowhere**.

magical

adj. produced by or containing supernatural powers

synonym: enchanting, occult, supernatural

(1) **magical** place, (2) **magical** powers

When I was a child, my mother often cast **magical** spells to ease my pain whenever I was injured.

complain

v. to say dissatisfaction or annoyance about something or somebody

synonym: gripe, claim, denounce

(1) **complain** about a job, (2) call and **complain** frequently

Our users are often **complaining** about the slow application.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

appreciative

adj. expressing or feeling gratitude or admiration; showing recognition or understanding of the value or significance of something; receptive or responsive to something with pleasure or enjoyment

synonym: grateful, thankful, pleased

(1) **appreciative** audience, (2) **appreciative** nod

The teacher was **appreciative** of the student's dedication and hard work.

oddly

adv. in a way that is unexpected, strange, or peculiar

synonym: strangely, peculiarly, weirdly

(1) behave **oddly**, (2) **oddly** familiar

He walked into the party with an **oddly** dressed companion, causing everyone to stare.

crave

v. to have a strong desire for something; to long for or want intensely

synonym: desire, yearn, long for

(1) **crave** chocolate, (2) **crave** advice from others

She **craves** success and is always pushing herself to do better.

accelerate

v. to make something faster or earlier; to cause to develop or progress more quickly

synonym: speed up, quicken, rev

(1) **accelerate** a chemical reaction, (2) **accelerate** the car
The government tried to **accelerate** the commercialization of this development.

sift

v. to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles

synonym: filter, go through, sieve

(1) **sift** the candidates, (2) **sift** sand

The search engine helps **sift** information.

slideshow

n. a presentation of a series of images, typically with accompanying music, that can be displayed on a computer or other device

synonym: presentation, visual display

(1) animated **slideshow**, (2) **slideshow** software

He gave a **slideshow** presentation on his recent trip to Europe.

exciting

adj. causing a lot of interest or excitement

synonym: exhilarating, stimulating, thrilling

(1) **exciting** football player, (2) **exciting** news

The findings of the experiment were both **exciting** and unexpected.

intimidate

v. to make someone fearful or uneasy so that they will do something that you want them to do

synonym: frighten, threaten, terrify

(1) **intimidate** an opponent, (2) effectively **intimidate** a thief

The boss tried to **intimidate** his subordinate with threats.

recall

v. to remember something

synonym: remember, retrieve, recollect

(1) **recall** the incident, (2) **recall** his name

She vividly **recalls** getting laid off several years ago.

opposition

n. the act of disagreeing or resisting; the state of strong disagreement

synonym: resistance, hostility, antagonism

(1) **opposition** campaign, (2) meet with **opposition**

The **opposition** party strongly disagreed with the government's proposed legislation.

tradition

n. a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym: custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**

It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

stoic

adj. calm and unemotional, especially in difficult situations;
(noun) a member of the ancient Greek school of philosophy founded by Zeno

synonym: unflappable, resigned, unemotional

(1) **stoic** courage, (2) do **stoic** strength training

He was known for his **stoic** demeanor, never showing emotion or weakness.

hurricane

n. a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)

synonym: cyclone, typhoon, storm

(1) a **hurricane** of applause, (2) the ravages of a **hurricane**

The devastating **hurricane** caused widespread damage and left many people homeless.

suddenly

adv. quickly and unexpectedly

synonym: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

sweep

v. to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly

synonym: clean, clear, brush off

(1) **sweep** up dead leaves, (2) **sweep** a room with a glance
The politician tried to **sweep** the embarrassing incident under the rug.

rubble

n. fragments of rock, stone, or other materials that remain after a building or other structure has been destroyed or demolished; the remains of something that has been broken down or destroyed

synonym: debris, ruins, wreckage

(1) clear away **rubble**, (2) **rubble-strewn** road
After the earthquake, the city was left in a pile of **rubble**.

trauma

n. an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience

synonym: agony, injury, ordeal

(1) psychic **trauma**, (2) **trauma** care
Many civilians have suffered **trauma** as a result of the war.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action
She couldn't **decide** whether to order the pizza or the pasta for dinner.

anew

adv. in a new or different way

synonym: again, once more, fresh

(1) arm **anew**, (2) review **anew**
He decided to start **anew** and leave his old life behind.

hamlet

n. a small village or settlement, often without a church

synonym: village, settlement, community

(1) **hamlet** village, (2) historic **hamlet**

The winter snowstorm entirely engulfed the small **hamlet**.

lifetime

n. the duration of someone's life or something's existence;
synonym : lifespan, duration

(1) **lifetime** benefits, (2) **lifetime** ban from the sport
She had lived through two world wars in her **lifetime**.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling
The golfer recorded an **amazing** distance.

sight

n. the ability to see; anything that is seen
synonym : vision, spectacle, view

(1) an unexpected **sight**, (2) dull **sight**
Many famous **sights** are within walking distance.

insight

n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

synonym : wisdom, discernment, understanding

(1) a profound **insight**, (2) share my **insights**
We gained various **insights** by analyzing the vast amount of data owned by the company.

imaginary

adj. existing only in someone's mind
synonym : fictional, ideal, fantastical

(1) **imaginary** number, (2) **imaginary** pregnancy
Little children tend to have **imaginary** friends.

interpretation

n. an explanation or opinion of something, especially that is not immediately obvious

synonym : rendering, explanation, understanding

(1) the **interpretation** of history, (2) open to **interpretation**
His **interpretations** of literary works are often unique.

speculate

v. to form a theory or conjecture or guess about a subject without solid evidence

synonym : assume, conjecture, infer

(1) **speculate** about the reason, (2) **speculate** on the outcome

He **speculated** that this investment would lead to success.

on-demand

adj. available as needed or requested, often referring to products or services that can be accessed or delivered instantly or with minimal delay

synonym : on-request, as-needed, ad-hoc

(1) **on-demand** transportation, (2) **on-demand** delivery

Many consumers prefer **on-demand** streaming services over traditional cable TV.

junk

n. discarded or unused material or objects, often considered worthless or of little value; also used to describe cheap or poorly made items or food that is high in calories but lacking in nutrition

synonym : trash, debris, waste

(1) **junk** mail, (2) hunk of **junk**

I need to clear out some of the **junk** in my garage.

sociologist

n. a person who studies the institutions and development of human society

(1) religious **sociologist**, (2) French **sociologist**

Sociologist studies the changes in family structure due to modernization.

device

n. a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

synonym : gadget, instrument, tool

(1) electronic **device**, (2) tracking **device**

I always carry a backup **device** in case my phone runs out of battery.

planet

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym : earth, world, globe

(1) **planet** like the Earth, (2) save the **planet**
Mercury is the closest **planet** to the sun.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**
The **process** for applying for a visa can be lengthy and complicated.

intent

n. a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something

synonym : purpose, aim, goal

(1) the **intent** of a question, (2) **intent** gaze
The designer's **intent** was to create a minimalist aesthetic for the interior of the building.

precise

adj. sharply exact or accurate or delimited

synonym : accurate, exact, distinct

(1) **precise** analyses, (2) estimate **precise** costs
The content is **precise** and informative for me.

override

v. to use one's authority or power to cancel or disregard something, especially a decision or rule made by someone else

synonym : overrule, annul, nullify

(1) **override** the system, (2) **override** a veto
The CEO decided to **override** the decision made by the lower-level managers.

headquarter

n. the central office or location from which a business or organization is managed

synonym: base, center, command

(1) administrative **headquarter**, (2) an emergency

headquarter

The company decided to move its **headquarters** to New York City.

indoor

adj. located, happened, or used inside a building

(1) an **indoor** pool, (2) designed for **indoor** use

Table tennis is an **indoor** sport.

trampoline

n. a strong fabric sheet attached by springs to a frame, used for bouncing on

synonym: rebounder, bouncer, springboard

(1) **trampoline** park, (2) **trampoline** jump

I love jumping on the **trampoline** in my backyard.

impressive

adj. arousing admiration due to size, quality, or skill

synonym: impactful, remarkable, exceptional

(1) **impressive** performances, (2) an **impressive** array of facts

The budget reduction was an **impressive** feat for our nation.

digital

adj. processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet

synonym: numerical, computerized, cyber

(1) a **digital** watch, (2) **digital** electronic signature

Sensors convert physical phenomena into **digital** signals.

yoga

n. a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation

synonym: meditation, exercise, spiritual practice

(1) aerial **yoga**, (2) **yoga** teacher

Many people find that regular **yoga** practice can help reduce stress and anxiety.

engine

n. a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose

synonym: motor, locomotive, driver

(1) a steam **engine**, (2) an air-cooled **engine**

The policies he announces can be the **engine** of economic growth in the country.

empirical

adj. based on or verifiable by observation or experience rather than theory or pure logic

synonym: observational, experiential, factual

(1) **empirical** research, (2) **empirical** philosophy

The study's results were based on **empirical** evidence gathered from extensive research.

meditation

n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

synonym: contemplation, reflection, introspection

(1) **meditation** training, (2) religious **meditation**

The **meditation** instructor guided the group through the relaxation and breathing exercises.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

intelligence

n. the ability to learn, comprehend, or make judgments or conclusions based on reasons

synonym: brains, brightness, cleverness

(1) an **intelligence** test, (2) field of artificial **intelligence**
In terms of **intelligence**, he was head and shoulders above his classmates.

silicon

n. a chemical element with the symbol Si that is a hard, brittle crystalline solid with a blue-grey metallic luster and used for the transistors and integrated circuit chips in computers

(1) **silicon** wafer, (2) crystalline **silicon**

Silicon is the second most abundant element on earth after oxygen.

valley

n. a long depression on the surface of the land, which typically contains a river

synonym: canyon, gorge, dale

(1) **valley** bottom, (2) basin-shaped **valley**

The **valley** had received a mild snowfall the previous week.

eloquent

adj. able to speak or write clearly and impressively

synonym: persuasive, fluent, well-spoken

(1) an **eloquent** speaker, (2) **eloquent** writing

She gave an **eloquent** speech at the graduation ceremony.

spokesperson

n. a person who represents or speaks on behalf of an organization, group, or individual to the media or the public

synonym: representative, interpreter, mouthpiece

(1) company **spokesperson**, (2) official **spokesperson**

The celebrity **spokesperson** made an appearance at the product launch event.

smartphone

n. a mobile phone that functions as a computer and connects to the Internet

(1) **smartphone** app developer, (2) **smartphone** addict

Internet traffic volumes have increased significantly with the advent of **smartphones**.

laptop

n. a portable computer that is small enough to be carried around easily and used on your lap

(1) bring my **laptop**, (2) thin-and-light **laptop**

I need to finish this report by tonight, so I'll be working on my **laptop** all day.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

synonym: watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

sabbatical

n. a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions

synonym: leave, vacation, break

(1) **sabbatical** leave, (2) **sabbatical** year

After ten years of teaching, she took a **sabbatical** to travel the world.

offline

adj. not connected to the internet

synonym: disconnected, not connected, unplugged

(1) **offline** course, (2) **offline** mode

The computer is **offline** and cannot be accessed at the moment.

proportion

n. a part, share, or amount of something considered in comparative relation to a whole

synonym: ratio, balance, consonance

(1) direct **proportion**, (2) a building of vast **proportions**

He is more concerned about the **proportion** of his body fat than usual because of an upcoming bodybuilding competition.

commandment

n. a divine rule, especially one of the Ten Commandments; an order or law given by authority

synonym: law, edict, precept

(1) violate a **commandment**, (2) a religious **commandment**
He was punished because he contravened a **commandment** of God.

adjective

n. a word that describes a noun or pronoun

synonym: modifier, accessory, attribute

(1) **adjective** clause, (2) an attributive **adjective**
The **adjective** "red" describes the color of the apple.

holy

adj. of or related to a god, divine power, or a particular religion

synonym: sacred, religious, divine

(1) a **holy** man, (2) a **holy** shrine

They gathered to hear the **holy** teachings of the guru.

Jewish

adj. of or relating to people whose traditional religion is Judaism

synonym: Judaic

(1) **Jewish** history, (2) **Jewish** culture

My friend is a **Jewish** woman who celebrates Hanukkah every year.

chapter

n. a separate section of a written work usually numbered and titled

synonym: section, phase, episode

(1) an introductory **chapter**, (2) **chapter** of a political party
The final **chapter** provides a summary of the discussion.

luxury

n. a state of great comfort or sophistication, mainly provided by expensive and beautiful things

synonym: extravagance, indulgence, opulence

(1) get into the **luxury** car market, (2) **luxury** hotel
His anti- **luxury** practices were quite strict.

pause

v. to take a short break from talking or doing something before continuing

synonym : halt, break, intermit

(1) **pause** a moment, (2) **pause** for a reaction

The man **paused** before opening the door.

domain

n. a specific sphere of influence or control; a specific field of knowledge or expertise

synonym : territory, realm, sphere

(1) **domain** of use, (2) a dependent **domain**

The company's **domain** in the market was expanding to new territories.

retreat

n. the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

synonym : escape, withdrawal, vacation

(1) **retreat** deeper into their territory, (2) **retreat** in a mountain region

Many people go on a **retreat** to recharge and reconnect with themselves.

guilty

adj. feeling responsible for or having done something wrong or criminal

synonym : culpable, blameworthy, at fault

(1) feel a bit **guilty**, (2) **guilty** verdict

After much contemplation, the suspect decided to plead **guilty** to the theft charge.

ignore

v. to intentionally not listen or pay attention to

synonym : neglect, disregard, shun

(1) **ignore** her advice, (2) **ignore** a ban

Since independence, the area has been completely **ignored**.

urgent

adj. requiring immediate attention or action; pressing

synonym : pressing, critical, immediate

(1) an **urgent** telegram, (2) **urgent** situation

It is **urgent** that we leave for the airport now to catch our flight.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

foist

v. to impose something unwanted or unwelcome on someone, often by deceit or trickery; to pass off or palm off something as genuine or valuable when it is not

synonym: impose, force, inflict

(1) **foist** responsibility, (2) **foist** blame

The company tried to **foist** unnecessary services on their customers to increase profits.

exhaustion

n. the state of being extremely tired and lacking energy or strength

synonym: fatigue, weariness, tiredness

(1) **exhaustion** of energy, (2) emotional **exhaustion**

The long work hours were taking a toll on her mental **exhaustion**.

distracted

adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried

synonym: preoccupied, inattentive, absent-minded

(1) get **distracted** by an urgent matter, (2) **distracted** by a conversation

I was so **distracted** by my phone that I nearly walked into a lamppost.

blessing

n. a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune

synonym : favor, benediction, boon

(1) count your **blessings**, (2) bestowed **blessings**

Receiving support from his friends was a great **blessing** in his time of need.

remake

v. to create a new version of a work of art, such as a film, song, or play, using the same or similar material as the original; to adapt or update something for a new audience or purpose; (noun) a new version or adaptation of a previously existing movie, song, TV show, or other creative work

synonym : revamp, redo, reproduce

(1) video game **remake**, (2) **remake** song

The director plans to **remake** the classic movie with a modern twist.

midnight

n. the middle point of the night, usually defined as 12:00 AM or the start of a new day

synonym : middle of the night, witching hour

(1) **midnight** snack, (2) **midnight** shift

I stayed up until **midnight** watching my favorite movie.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym : coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

avenue

n. a wide road in a town or city, especially with trees or tall buildings on both sides; a line of approach

synonym : artery, roadway, street

(1) an **avenue** of poplars, (2) an **avenue** to success

They explored every **avenue** they could think of.

fascinating

adj. extremely interesting

synonym : alluring, intriguing, captivating

(1) **fascinating** story, (2) completely **fascinating** to me

The museum houses a **fascinating** collection of Celtic artifacts.

affair

n. event, situation, or subject that is significant from a political or public perspective; a secretive or illicit sexual relationship

synonym: matter, incident, fling

(1) current **affairs**, (2) domestic **affairs**

Some critics say this exhibition will be a big **affair**.

separate

v. to force, take, or pull apart; mark as different

synonym: disunite, isolate, ramify

(1) **separate** video into chapter, (2) **separate** cream from milk

We need to **separate** the aspect of his personality from the part of his competence when making an investment decision.

abandon

v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

synonym: relinquish, leave behind, disregard

(1) **abandon** a friend, (2) **abandon** the practice

The castle was **abandoned** several years later.

backstreet

adj. located in a less prominent or central area of a city or town, often associated with poorer or seedier neighborhoods or establishments

synonym: underground, illicit, shady

(1) **backstreet** bar, (2) **backstreet** deals

The concert was held on a **backstreet** stage, giving it a unique and intimate atmosphere.

exert

v. to put forth effort; to put into action; to bring into play

synonym: exert, apply, use

(1) **exert** control, (2) **exert** influence

He **exerted** himself to lift the heavyweight.

mysterious

adj. difficult to understand, explain, or identify; having an aura of secrecy, intrigue, or puzzlement

synonym: enigmatic, cryptic, puzzling

(1) **mysterious** object, (2) **mysterious** stranger

The **mysterious** disappearance of the ship remains unsolved.

gravitational

adj. relating to or caused by gravity (= the force that attracts objects towards one another)

synonym: weighty, heavy, earthbound

(1) **gravitational** energy, (2) **gravitational** waves

The **gravitational** force of the black hole was so strong that nothing, not even light, could escape.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

encircle

v. to form a circle or ring around something or someone; to surround or encompass something or someone completely

synonym: enclose, surround, encompass

(1) **encircle** the lake, (2) **encircle** the waist

The castle walls **encircled** the entire village for protection.

shrine

n. a place considered holy because of its association with a deity or a sacred person or relic or because it is a place of pilgrimage or worship

synonym: altar, temple, monument

(1) **shrine** temple, (2) religious **shrine**

The holy **shrine** to the local saint was a popular place for pilgrims to visit.

journalist

n. a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media

synonym : reporter, newsperson, press

(1) a China-based **journalist**, (2) **journalist** on a magazine
Foreign TV crews and **journalists** can go as they please in various locations during the Olympics.

advancement

n. the development, improvement, or progress of something

synonym : progression, breakthrough, improvement

(1) **advancement** of knowledge, (2) career **advancement**
Competition between countries resulted in fast technological **advancement**.

excitement

n. a feeling of great enthusiasm and eagerness

synonym : thrill, exhilaration, incitement

(1) the **excitement** in the business world, (2) aesthetic **excitement**

The **excitement** of the upcoming concert was palpable among the crowd.

diversion

n. a change of direction or course; the act of redirecting attention or activity to a different topic or task; a form of entertainment or pastime that provides a temporary distraction or relief

synonym : distraction, deviation, entertainment

(1) **diversion** of resources, (2) mental **diversion**

The **diversion** of the river's path caused flooding downstream.

stretch

v. to make or be capable of making anything longer or broader without hurting or breaking

synonym : lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

meadow

n. a field of grass and wildflowers, especially one used for hay

synonym : pasture, field, lawn

(1) graze in the **meadow**, (2) lowland **meadow**

The lush **meadow** was covered in wildflowers.

nasty

adj. very bad, unpleasant, or offensive

synonym : disgusting, offensive, foul

(1) a **nasty** smell, (2) receive a **nasty** surprise

The weather turned **nasty**.

grave

n. a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature

synonym : tomb, crypt, sepulcher

(1) **grave** an image, (2) **grave** mistake

Many innocent civilians were killed and buried in mass **graves** outside the city during the war.

veer

v. to change direction suddenly or sharply; to turn or swerve from one course or direction to another

synonym : swerve, diverge, shift

(1) **veer** toward danger, (2) **veer** to the left

The car **veered** off the road and crashed into a tree.

freeway

n. a major highway designed for high-speed traffic, with no stoplights or grade crossings and having interchanges or access roads to other highways

synonym : highway, expressway, motorway

(1) **freeway** exit, (2) expanded **freeway**

We got stuck in a traffic jam on the **freeway** for over an hour.

sustain

v. to supply enough of what somebody or something needs to survive or exist; to accept as valid

synonym :

maintain, nurture, support

(1) **sustain** a good relationship with him, (2) **sustain** a wellness lifestyle

She struggled to **sustain** the children's reading habits.

livelihood

n. a means of earning money people need to pay for food, a place to live, clothing, etc.

synonym: occupation, living, income

(1) a means of **livelihood**, (2) **livelihood** assistance

I could no longer earn my own **livelihood**.

commotion

n. a state of confused and noisy disturbance

synonym: disturbance, fuss, uproar

(1) a few minutes of **commotion**, (2) make **commotion**

The **commotion** in the classroom made it hard for the teacher to teach.

germ

n. a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

synonym: bacterium, microbe, pathogen

(1) antibiotic-resistant **germ**, (2) a **germ-free** environment

The **germ** of his idea came from watching birds flying in flocks.

engage

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

synonym: confront, employ, amuse

(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym: chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**
Your **conversation** reflects your thoughts.

monitor

v. to observe, check, and track the progress or quality of something over a period of time

synonym : proctor, check, observe

(1) **monitor** an exam, (2) **monitor** the data carefully
They used a special receiver to **monitor** police radio channels.

calm

adj. not excited, angry, or nervous; free from wind, large waves

synonym : quiet, peaceful, tranquility

(1) **calm** sea, (2) **calm** manner

It was the first time in a long time that I felt truly **calm** and at peace.

impart

v. to expose or inform; to provide a portion of

synonym : pass on, give, bestow

(1) **impart** a secret, (2) **impart** basic knowledge

She had knowledge she couldn't wait to **impart**.

conscious

adj. being aware of and able to respond to what is happening around you

synonym : aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

resort

n. a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance

synonym : vacation spot, hotel, (verb) address

(1) **resort** to desperate measures, (2) a last **resort**

If both countries **resort** to nuclear deterrence, the consequence could be mutual destruction.

scroll

n. a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them

synonym : manuscript, document, parchment

(1) roll up a **scroll**, (2) **scroll** through a document

The house owner loved the large hanging **scroll** in the guest room.

fortunate

adj. having good luck or lucky

synonym : fortuitous, lucky, blessed

(1) **fortunate** situation, (2) less **fortunate** person

He was pretty **fortunate** to pass the exam.

poet

n. a person who writes poetry

synonym : versifier, rhymer, writer

(1) a court **poet**, (2) a **poet** of sorts

She is a talented **poet** who has been recognized for her work.

heartthrob

n. a person, especially a celebrity, who is widely admired and considered attractive, often causing strong romantic or infatuated feelings among their admirers

synonym : heartbreaker, idol

(1) **heartthrob** portrait, (2) male **heartthrob**

The actor's charming smile and good looks quickly made him a teenage **heartthrob**.

monk

n. a member of a religious community of men living under vows of poverty, chastity, and obedience

synonym : friar, cleric, brother

(1) **monk** lifestyle, (2) cloistered **monk**

The ascetic **monk** spent his days in prayer and contemplation in the monastery.

mount

v. to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or

someone

synonym: climb, increase, get on

(1) **mount** a hill, (2) **mount** a counterattack

They **mounted** pictures on the paper in preparation for the birthday card.

zen

n. a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements

synonym: meditative, peaceful, tranquil

(1) **zen** garden, (2) **zen** meditation

Daily yoga helped her achieve a **zen** state of mind and calmness.

entirely

adv. completely

synonym: completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to blame

Later, his claim was found to be **entirely** false.

release

v. to set free or allow to escape from confinement

synonym: free, let go, discharge

(1) **release** a prisoner, (2) **release** CO2 into the air

The animal rights group worked to **release** the dolphins back into the wild.

deliberately

adv. done in an intentional or slow and careful manner

synonym: intentionally, knowingly, willfully

(1) **deliberately** amateurish, (2) commit a crime

deliberately

He **deliberately** misleads others.

chart

n. a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea

synonym : diagram, graph, map

(1) a weather **chart**, (2) a statistical **chart**

This pie **chart** represents our market share.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

intimacy

n. close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person

synonym : closeness, familiarity, nearness

(1) on terms of **intimacy**, (2) build **intimacy**

They were looking for **intimacy** in their relationship and wanted to be close to each other.

depth

n. the distance between the top and bottom of something; between the top surface and a distance below it

synonym : deepness, profoundness, extent

(1) **depth** camera, (2) the **depth** of the water

The pond's **depth** was around five feet.

noisy

adj. making a lot of sounds, especially loud or disruptive sound

synonym : loud, cacophonous, clamorous

(1) **noisy** neighbor, (2) **noisy** party

The construction outside was creating a **noisy** distraction from my work.

canvas

n. the heavy, closely woven fabric used for making tents, sails, etc. and by artists for painting on

(1) blank **canvas**, (2) oil on **canvas**

Life is a vast **canvas**; you should put as much paint on it as possible.

acceleration

n. a rate of increase in velocity; the rate of change of velocity with respect to time

synonym: speed up, quicken, hastening

(1) a unit of **acceleration**, (2) **acceleration** of an object

The car's **acceleration** was impressive, going from 0 to 60 mph in just 5 seconds.

exhilarating

adj. making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

synonym: thrilling, exciting, stimulating

(1) an **exhilarating** drink, (2) **exhilarating** view

Bungee jumping was an **exhilarating** experience that left me shaking with adrenaline.

distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

luxurious

adj. characterized by or affording something excessively expensive; rich and comfortable

synonym: opulent, sumptuous, rich

(1) **luxurious** spa, (2) **luxurious** lifestyle

She was living in a **luxurious** apartment in the city.

constant

adj. happening repeatedly or all the time

synonym: ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

movement

n. a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

synonym: motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

vacation

n. a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure

synonym: leave, recess, break

(1) a short **vacation**, (2) summer **vacation**

Do you have a plan for a long **vacation**?

bet

v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

synonym: stake, wager, gamble

(1) **bet** on a race, (2) **bet** my future

I **bet** that you know it.

Session 2: Spelling

- | | |
|----------------------------------|---|
| 1. can_____ht dinner | <i>n.</i> light provided by a candle or candles |
| 2. re____l the incident | <i>v.</i> to remember something |
| 3. an exh_____ing drink | <i>adj.</i> making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill |
| 4. psychic tr____a | <i>n.</i> an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience |
| 5. st_____h a story | <i>v.</i> to make or be capable of making anything longer or broader without hurting or breaking |
| 6. di_____l electronic signature | <i>adj.</i> processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet |
| 7. el_____nt writing | <i>adj.</i> able to speak or write clearly and impressively |
| 8. ob_____e a tradition | <i>v.</i> to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion |
| 9. aerial y__a | <i>n.</i> a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation |

ANSWERS: 1. candlelight, 2. recall, 3. exhilarating, 4. trauma, 5. stretch, 6. digital, 7. eloquent, 8. observe, 9. yoga

10. gra_____nal energy *adj.* relating to or caused by gravity (= the force that attracts objects towards one another)
11. the ravages of a hu_____ne *n.* a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)
12. a fl__h of lightning *n.* a sudden intense burst of radiant energy; a momentary brightness
13. an unexpected si__t *n.* the ability to see; anything that is seen
14. c__m sea *adj.* not excited, angry, or nervous; free from wind, large waves
15. sma_____ne app developer *n.* a mobile phone that functions as a computer and connects to the Internet
16. do st__c strength training *adj.* calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
17. the int_____ion of history *n.* an explanation or opinion of something, especially that is not immediately obvious
18. cr__e advice from others *v.* to have a strong desire for something; to long for or want intensely
19. a hu_____ne of applause *n.* a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)
20. the inland of a co_____nt *n.* one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex

ANSWERS: 10. gravitational, 11. hurricane, 12. flash, 13. sight, 14. calm, 15. smartphone, 16. stoic, 17. interpretation, 18. crave, 19. hurricane, 20. continent

21. ad_____ve clause *n.* a word that describes a noun or pronoun
22. sw__p up dead leaves *v.* to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly
23. a tr_____on of a culture *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
24. co___t blue *n.* a lustrous, hard, silver-white element with the symbol Co that is often used in alloys, batteries, and pigments and is essential for certain biological processes in humans and other organisms
25. cloistered m__k *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
26. French soc_____st *n.* a person who studies the institutions and development of human society
27. direct pro_____on *n.* a part, share, or amount of something considered in comparative relation to a whole
28. sab_____al leave *n.* a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions
29. effectively int_____te a thief *v.* to make someone fearful or uneasy so that they will do something that you want them to do

ANSWERS: 21. adjective, 22. sweep, 23. tradition, 24. cobalt, 25. monk, 26. sociologist, 27. proportion, 28. sabbatical, 29. intimidate

30. tr___a care *n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
31. a di_____l watch *adj.* processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
32. call and co_____in frequently *v.* to say dissatisfaction or annoyance about something or somebody
33. en___e in environmental protection activities *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
34. a tour guide at the te___e *n.* a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead
35. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
36. mo__t a hill *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
37. adv_____nt of knowledge *n.* the development, improvement, or progress of something
38. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 30. trauma, 31. digital, 32. complain, 33. engage, 34. temple, 35. decide, 36. mount, 37. advancement, 38. process

39. re___l his name *v.* to remember something
40. a court p__t *n.* a person who writes poetry
41. ex__t control *v.* to put forth effort; to put into action; to bring into play
42. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
43. an ur___t telegram *adj.* requiring immediate attention or action; pressing
44. less fo_____te person *adj.* having good luck or lucky
45. clear away ru___e *n.* fragments of rock, stone, or other materials that remain after a building or other structure has been destroyed or demolished; the remains of something that has been broken down or destroyed
46. tra_____ne park *n.* a strong fabric sheet attached by springs to a frame, used for bouncing on
47. co_____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
48. oil on ca___s *n.* the heavy, closely woven fabric used for making tents, sails, etc. and by artists for painting on
49. current af___rs *n.* event, situation, or subject that is significant from a political or public perspective; a secretive or illicit sexual relationship
50. b_t on a race *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

ANSWERS: 39. recall, 40. poet, 41. exert, 42. amazing, 43. urgent, 44. fortunate, 45. rubble, 46. trampoline, 47. conscious, 48. canvas, 49. affair, 50. bet

51. a na__y smell *adj.* very bad, unpleasant, or offensive
52. mo_____r an exam *v.* to observe, check, and track the progress or quality of something over a period of time
53. a co_____nt wind *adj.* happening repeatedly or all the time
54. en___e a new employee *v.* to attract and keep someone's attention and interest; to participate in or obtain services of something
55. the plus p__e *n.* one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
56. sp_____te on the outcome *v.* to form a theory or conjecture or guess about a subject without solid evidence
57. em_____al distress *adj.* relating to people's feelings
58. lu_____us lifestyle *adj.* characterized by or affording something excessively expensive; rich and comfortable
59. graze in the me___w *n.* a field of grass and wildflowers, especially one used for hay
60. expanded fr_____y *n.* a major highway designed for high-speed traffic, with no stoplights or grade crossings and having interchanges or access roads to other highways
61. hea_____ob portrait *n.* a person, especially a celebrity, who is widely admired and considered attractive, often causing strong romantic or infatuated feelings among their admirers

ANSWERS: 51. nasty, 52. monitor, 53. constant, 54. engage, 55. pole, 56. speculate, 57. emotional, 58. luxurious, 59. meadow, 60. freeway, 61. heartthrob

62. z_n garden *n.* a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements
63. li_____me ban from the sport *n.* the duration of someone's life or something's existence;
64. emotional exh_____on *n.* the state of being extremely tired and lacking energy or strength
65. gr_____ed flask *adj.* having received a degree from a school, college, or university; marked with or divided into levels or degrees
66. del_____ely amateurish *adv.* done in an intentional or slow and careful manner
67. fo__t blame *v.* to impose something unwanted or unwelcome on someone, often by deceit or trickery; to pass off or palm off something as genuine or valuable when it is not
68. si_____n wafer *n.* a chemical element with the symbol Si that is a hard, brittle crystalline solid with a blue-grey metallic luster and used for the transistors and integrated circuit chips in computers
69. ma_____l place *adj.* produced by or containing supernatural powers

ANSWERS: 62. zen, 63. lifetime, 64. exhaustion, 65. graduated, 66. deliberately, 67. foist, 68. silicon, 69. magical

70. m__k lifestyle *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
71. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
72. pr_____e analyses *adj.* sharply exact or accurate or delimited
73. a circular mo_____nt *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
74. in____t gaze *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
75. pl____t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
76. electronic de____e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
77. fas_____ng story *adj.* extremely interesting
78. come out of no_____e *adv.* not in, at, or to any place; not anywhere
79. religious soc_____st *n.* a person who studies the institutions and development of human society

ANSWERS: 70. monk, 71. conversation, 72. precise, 73. movement, 74. intent, 75. planet, 76. device, 77. fascinating, 78. nowhere, 79. sociologist

80. barren of cr____ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
81. st____h along the coast *v.* to make or be capable of making anything longer or broader without hurting or breaking
82. commit a crime del____ely *adv.* done in an intentional or slow and careful manner
83. gr____ed taxation *adj.* having received a degree from a school, college, or university; marked with or divided into levels or degrees
84. feel a bit gu____y *adj.* feeling responsible for or having done something wrong or criminal
85. con____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
86. die su____ly *adv.* quickly and unexpectedly
87. get into the lu____y car market *n.* a state of great comfort or sophistication, mainly provided by expensive and beautiful things
88. company spo____son *n.* a person who represents or speaks on behalf of an organization, group, or individual to the media or the public
89. ab____n a friend *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
90. en____le the waist *v.* to form a circle or ring around something or someone; to surround or encompass something or someone completely

ANSWERS: 80. creative, 81. stretch, 82. deliberately, 83. graduated, 84. guilty, 85. conversation, 86. suddenly, 87. luxury, 88. spokesperson, 89. abandon, 90. encircle

91. ex____ng news *adj.* causing a lot of interest or excitement
92. s__t sand *v.* to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles
93. the de__h of the water *n.* the distance between the top and bottom of something; between the top surface and a distance below it
94. of____e course *adj.* not connected to the internet
95. v__r toward danger *v.* to change direction suddenly or sharply; to turn or swerve from one course or direction to another
96. ab____n the practice *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
97. an av____e to success *n.* a wide road in a town or city, especially with trees or tall buildings on both sides; a line of approach
98. an av____e of poplars *n.* a wide road in a town or city, especially with trees or tall buildings on both sides; a line of approach
99. em____al philosophy *adj.* based on or verifiable by observation or experience rather than theory or pure logic
100. en____ly satisfied with the meal *adv.* completely
101. pa__e for a reaction *v.* to take a short break from talking or doing something before continuing
102. lowland me____w *n.* a field of grass and wildflowers, especially one used for hay

ANSWERS: 91. exciting, 92. sift, 93. depth, 94. offline, 95. veer, 96. abandon, 97. avenue, 98. avenue, 99. empirical, 100. entirely, 101. pause, 102. meadow

103. save the pl___t
n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
104. app_____ive audience
adj. expressing or feeling gratitude or admiration; showing recognition or understanding of the value or significance of something; receptive or responsive to something with pleasure or enjoyment
105. gra_____nal waves
adj. relating to or caused by gravity (= the force that attracts objects towards one another)
106. sma_____ne addict
n. a mobile phone that functions as a computer and connects to the Internet
107. im_____ry pregnancy
adj. existing only in someone's mind
108. brilliant fl__h
n. a sudden intense burst of radiant energy; a momentary brightness
109. cr_____ve writing
adj. relating to or involving the use of skill and original and unusual ideas to create something
110. jou_____st on a magazine
n. a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media
111. y__a teacher
n. a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation

ANSWERS: 103. planet, 104. appreciative, 105. gravitational, 106. smartphone, 107. imaginary, 108. flash, 109. creative, 110. journalist, 111. yoga

112. make co_____on *n.* a state of confused and noisy disturbance
113. a dependent do____n *n.* a specific sphere of influence or control; a specific field of knowledge or expertise
114. acc_____te a chemical reaction *v.* to make something faster or earlier; to cause to develop or progress more quickly
115. the in____t of a question *n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
116. ob_____e wildlife *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
117. mi_____ht shift *n.* the middle point of the night, usually defined as 12:00 AM or the start of a new day
118. a p__t of sorts *n.* a person who writes poetry
119. fr_____y exit *n.* a major highway designed for high-speed traffic, with no stoplights or grade crossings and having interchanges or access roads to other highways
120. a profound in_____t *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

ANSWERS: 112. commotion, 113. domain, 114. accelerate, 115. intent, 116. observe, 117. midnight, 118. poet, 119. freeway, 120. insight

121. c__m manner *adj.* not excited, angry, or nervous; free from wind, large waves
122. mo__t a counterattack *v.* to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone
123. od__y familiar *adv.* in a way that is unexpected, strange, or peculiar
124. an imp____ve array of facts *adj.* arousing admiration due to size, quality, or skill
125. acc____ion of an object *n.* a rate of increase in velocity; the rate of change of velocity with respect to time
126. co____us effort *adj.* being aware of and able to respond to what is happening around you
127. ig___e her advice *v.* to intentionally not listen or pay attention to
128. b_t my future *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
129. he was en____ly to blame *adv.* completely
130. bac____et bar *adj.* located in a less prominent or central area of a city or town, often associated with poorer or seedier neighborhoods or establishments
131. gr__e an image *n.* a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature

ANSWERS: 121. calm, 122. mount, 123. oddly, 124. impressive, 125. acceleration, 126. conscious, 127. ignore, 128. bet, 129. entirely, 130. backstreet, 131. grave

132. on terms of in____cy *n.* close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person
133. s__t the candidates *v.* to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles
134. di_____on of resources *n.* a change of direction or course; the act of redirecting attention or activity to a different topic or task; a form of entertainment or pastime that provides a temporary distraction or relief
135. em_____al health *adj.* relating to people's feelings
136. an air-cooled en____e *n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
137. mys_____us stranger *adj.* difficult to understand, explain, or identify; having an aura of secrecy, intrigue, or puzzlement
138. im____t a secret *v.* to expose or inform; to provide a portion of
139. a weather ch__t *n.* a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea
140. a g__m-free environment *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

ANSWERS: 132. intimacy, 133. sift, 134. diversion, 135. emotional, 136. engine, 137. mysterious, 138. impart, 139. chart, 140. germ

- | | |
|---------------------------------|--|
| 141. a statistical ch__t | <i>n.</i> a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea |
| 142. acc____te the car | <i>v.</i> to make something faster or earlier; to cause to develop or progress more quickly |
| 143. li____ng commitment | <i>adj.</i> lasting for the whole of someone's life |
| 144. on____nd delivery | <i>adj.</i> available as needed or requested, often referring to products or services that can be accessed or delivered instantly or with minimal delay |
| 145. review a__w | <i>adv.</i> in a new or different way |
| 146. im__t basic knowledge | <i>v.</i> to expose or inform; to provide a portion of |
| 147. Je__h culture | <i>adj.</i> of or relating to people whose traditional religion is Judaism |
| 148. ov____de the system | <i>v.</i> to use one's authority or power to cancel or disregard something, especially a decision or rule made by someone else |
| 149. collaborate with co____ues | <i>n.</i> one of a group of a coworker, especially in a profession or a business |
| 150. mental di____on | <i>n.</i> a change of direction or course; the act of redirecting attention or activity to a different topic or task; a form of entertainment or pastime that provides a temporary distraction or relief |

ANSWERS: 141. chart, 142. accelerate, 143. lifelong, 144. on-demand, 145. anew, 146. impart, 147. Jewish, 148. override, 149. colleague, 150. diversion

151. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
152. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
153. re____t to desperate measures *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
154. a h__y man *adj.* of or related to a god, divine power, or a particular religion
155. antibiotic-resistant g__m *n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
156. a seafaring na____n *n.* a large organized community of people living in a particular country or region and having a particular culture
157. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
158. tra_____ne jump *n.* a strong fabric sheet attached by springs to a frame, used for bouncing on
159. liv_____od assistance *n.* a means of earning money people need to pay for food, a place to live, clothing, etc.

ANSWERS: 151. amazing, 152. process, 153. resort, 154. holy, 155. germ, 156. nation, 157. suddenly, 158. trampoline, 159. livelihood

160. em_____al research *adj.* based on or verifiable by observation or experience rather than theory or pure logic
161. bac_____et deals *adj.* located in a less prominent or central area of a city or town, often associated with poorer or seedier neighborhoods or establishments
162. sl_____ow software *n.* a presentation of a series of images, typically with accompanying music, that can be displayed on a computer or other device
163. de__h camera *n.* the distance between the top and bottom of something; between the top surface and a distance below it
164. ine_____ly reach the consumer *adv.* in a manner that cannot be avoided or prevented
165. the exc_____nt in the business world *n.* a feeling of great enthusiasm and eagerness
166. lack of cl_____y *n.* the quality of being coherent and understandable; the quality of transparency or purity
167. summer va_____on *n.* a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
168. open to int_____ion *n.* an explanation or opinion of something, especially that is not immediately obvious
169. thin-and-light la____p *n.* a portable computer that is small enough to be carried around easily and used on your lap

ANSWERS: 160. empirical, 161. backstreet, 162. slideshow, 163. depth, 164. inevitably, 165. excitement, 166. clarity, 167. vacation, 168. interpretation, 169. laptop

170. app_____ive nod *adj.* expressing or feeling gratitude or admiration; showing recognition or understanding of the value or significance of something; receptive or responsive to something with pleasure or enjoyment
171. Je___h history *adj.* of or relating to people whose traditional religion is Judaism
172. dull si__t *n.* the ability to see; anything that is seen
173. an introductory ch____r *n.* a separate section of a written work usually numbered and titled
174. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
175. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
176. se____te video into chapter *v.* to force, take, or pull apart; mark as different
177. sab_____al year *n.* a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions
178. a unit of acc_____ion *n.* a rate of increase in velocity; the rate of change of velocity with respect to time
179. z_n meditation *n.* a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements

ANSWERS: 170. appreciative, 171. Jewish, 172. sight, 173. chapter, 174. nation, 175. decide, 176. separate, 177. sabbatical, 178. acceleration, 179. zen

180. a ma__c spell *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
181. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
182. med_____on training *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
183. an attributive ad_____ve *n.* a word that describes a noun or pronoun
184. completely fas_____ng to me *adj.* extremely interesting
185. male hea_____ob *n.* a person, especially a celebrity, who is widely admired and considered attractive, often causing strong romantic or infatuated feelings among their admirers
186. su_____n a wellness lifestyle *v.* to supply enough of what somebody or something needs to survive or exist; to accept as valid
187. ex_____ng football player *adj.* causing a lot of interest or excitement
188. an int_____nce test *n.* the ability to learn, comprehend, or make judgments or conclusions based on reasons
189. she is ma__c *n.* beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers

ANSWERS: 180. magic, 181. colleague, 182. meditation, 183. adjective, 184. fascinating, 185. heartthrob, 186. sustain, 187. exciting, 188. intelligence, 189. magic

190. a means of liv_____od *n.* a means of earning money people need to pay for food, a place to live, clothing, etc.
191. count your bl_____ngs *n.* a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune
192. ru____e-strewn road *n.* fragments of rock, stone, or other materials that remain after a building or other structure has been destroyed or demolished; the remains of something that has been broken down or destroyed
193. fo_____te situation *adj.* having good luck or lucky
194. de_____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
195. a last re____t *n.* a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
196. lu____y hotel *n.* a state of great comfort or sophistication, mainly provided by expensive and beautiful things
197. estimate pr_____e costs *adj.* sharply exact or accurate or delimited

ANSWERS: 190. livelihood, 191. blessing, 192. rubble, 193. fortunate, 194. develop, 195. resort, 196. luxury, 197. precise

198. cr__e chocolate *v.* to have a strong desire for something; to long for or want intensely
199. co_____in about a job *v.* to say dissatisfaction or annoyance about something or somebody
200. ig___e a ban *v.* to intentionally not listen or pay attention to
201. wa___r far from home *v.* to walk around slowly or to a place, often without any clear purpose or direction
202. administrative hea_____er *n.* the central office or location from which a business or organization is managed
203. tracking de___e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
204. dis_____ed by a conversation *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
205. se_____te cream from milk *v.* to force, take, or pull apart; mark as different
206. basin-shaped va___y *n.* a long depression on the surface of the land, which typically contains a river
207. di_____ct public opinion *v.* to draw someone's attention away from what they are trying to do
208. ma_____l powers *adj.* produced by or containing supernatural powers
209. gr___e mistake *n.* a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature

ANSWERS: 198. crave, 199. complain, 200. ignore, 201. wander, 202. headquarter,

203. device, 204. distracted, 205. separate, 206. valley, 207. distract, 208. magical,
209. grave

210. co___t steel *n.* a lustrous, hard, silver-white element with the symbol Co that is often used in alloys, batteries, and pigments and is essential for certain biological processes in humans and other organisms
211. re_____t deeper into their territory *n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
212. re_____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
213. int_____te an opponent *v.* to make someone fearful or uneasy so that they will do something that you want them to do
214. exh_____ing view *adj.* making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill
215. an in___r pool *adj.* located, happened, or used inside a building
216. domestic af___rs *n.* event, situation, or subject that is significant from a political or public perspective; a secretive or illicit sexual relationship
217. a few minutes of co_____on *n.* a state of confused and noisy disturbance
218. a China-based jou_____st *n.* a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media

ANSWERS: 210. cobalt, 211. retreat, 212. recognize, 213. intimidate, 214. exhilarating, 215. indoor, 216. affair, 217. commotion, 218. journalist

219. pa__e a moment *v.* to take a short break from talking or doing something before continuing
220. a steam en___e *n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
221. re____t in a mountain region *n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life
222. a religious com_____nt *n.* a divine rule, especially one of the Ten Commandments; an order or law given by authority
223. su____n a good relationship with him *v.* to supply enough of what somebody or something needs to survive or exist; to accept as valid
224. bestowed bl_____ngs *n.* a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune
225. sw__p a room with a glance *v.* to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly
226. blank ca___s *n.* the heavy, closely woven fabric used for making tents, sails, etc. and by artists for painting on
227. do___n of use *n.* a specific sphere of influence or control; a specific field of knowledge or expertise

ANSWERS: 219. pause, 220. engine, 221. retreat, 222. commandment, 223. sustain, 224. blessing, 225. sweep, 226. canvas, 227. domain

228. receive a na__y surprise *adj.* very bad, unpleasant, or offensive
229. fo__t responsibility *v.* to impose something unwanted or unwelcome on someone, often by deceit or trickery; to pass off or palm off something as genuine or valuable when it is not
230. religious med_____on *n.* the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state
231. ch_____r of a political party *n.* a separate section of a written work usually numbered and titled
232. v__r to the left *v.* to change direction suddenly or sharply; to turn or swerve from one course or direction to another
233. build in_____cy *n.* close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person
234. a co_____nt temperature *adj.* happening repeatedly or all the time
235. aesthetic exc_____nt *n.* a feeling of great enthusiasm and eagerness
236. j__k mail *n.* discarded or unused material or objects, often considered worthless or of little value; also used to describe cheap or poorly made items or food that is high in calories but lacking in nutrition
237. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

ANSWERS: 228. nasty, 229. foist, 230. meditation, 231. chapter, 232. veer, 233. intimacy, 234. constant, 235. excitement, 236. junk, 237. recognize

238. arm a__w *adv.* in a new or different way
239. ine_____ly decline with age *adv.* in a manner that cannot be avoided or prevented
240. mys_____us object *adj.* difficult to understand, explain, or identify; having an aura of secrecy, intrigue, or puzzlement
241. di_____ct attention from the real issue *v.* to draw someone's attention away from what they are trying to do
242. co_____nt urinary diversion *n.* one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex
243. va___y bottom *n.* a long depression on the surface of the land, which typically contains a river
244. can_____ht vigil *n.* light provided by a candle or candles
245. career adv_____nt *n.* the development, improvement, or progress of something
246. no__y neighbor *adj.* making a lot of sounds, especially loud or disruptive sound
247. st__c courage *adj.* calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno
248. mi_____ht snack *n.* the middle point of the night, usually defined as 12:00 AM or the start of a new day
249. on_____nd transportation *adj.* available as needed or requested, often referring to products or services that can be accessed or delivered instantly or with minimal delay

ANSWERS: 238. anew, 239. inevitably, 240. mysterious, 241. distract, 242. continent, 243. valley, 244. candlelight, 245. advancement, 246. noisy, 247. stoic, 248. midnight, 249. on-demand

250. im_____ry number *adj.* existing only in someone's mind
251. opp_____on campaign *n.* the act of disagreeing or resisting; the state of strong disagreement
252. animated sl_____ow *n.* a presentation of a series of images, typically with accompanying music, that can be displayed on a computer or other device
253. get dis_____ed by an urgent matter *adj.* having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
254. bring my la____p *n.* a portable computer that is small enough to be carried around easily and used on your lap
255. no__y party *adj.* making a lot of sounds, especially loud or disruptive sound
256. hunk of j__k *n.* discarded or unused material or objects, often considered worthless or of little value; also used to describe cheap or poorly made items or food that is high in calories but lacking in nutrition
257. designed for in____r use *adj.* located, happened, or used inside a building
258. mo_____nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
259. roll up a sc____l *n.* a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them

ANSWERS: 250. imaginary, 251. opposition, 252. slideshow, 253. distracted, 254. laptop, 255. noisy, 256. junk, 257. indoor, 258. movement, 259. scroll

260. wa___r alone in a strange country *v.* to walk around slowly or to a place, often without any clear purpose or direction
261. historic ha___t *n.* a small village or settlement, often without a church
262. li_____me benefits *n.* the duration of someone's life or something's existence;
263. against tr_____on *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
264. crystalline si_____n *n.* a chemical element with the symbol Si that is a hard, brittle crystalline solid with a blue-grey metallic luster and used for the transistors and integrated circuit chips in computers
265. a h__y shrine *adj.* of or related to a god, divine power, or a particular religion
266. a fishing p__e *n.* one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
267. exh_____on of energy *n.* the state of being extremely tired and lacking energy or strength
268. lu_____us spa *adj.* characterized by or affording something excessively expensive; rich and comfortable
269. violate a com_____nt *n.* a divine rule, especially one of the Ten Commandments; an order or law given by authority

ANSWERS: 260. wander, 261. hamlet, 262. lifetime, 263. tradition, 264. silicon, 265. holy, 266. pole, 267. exhaustion, 268. luxurious, 269. commandment

270. mo____r the data carefully *v.* to observe, check, and track the progress or quality of something over a period of time
271. ov____de a veto *v.* to use one's authority or power to cancel or disregard something, especially a decision or rule made by someone else
272. video game re____e *v.* to create a new version of a work of art, such as a film, song, or play, using the same or similar material as the original; to adapt or update something for a new audience or purpose; (noun) a new version or adaptation of a previously existing movie, song, TV show, or other creative work
273. official spo____son *n.* a person who represents or speaks on behalf of an organization, group, or individual to the media or the public
274. behave od__y *adv.* in a way that is unexpected, strange, or peculiar
275. sp____te about the reason *v.* to form a theory or conjecture or guess about a subject without solid evidence
276. en____le the lake *v.* to form a circle or ring around something or someone; to surround or encompass something or someone completely
277. share my in____ts *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

ANSWERS: 270. monitor, 271. override, 272. remake, 273. spokesperson, 274. oddly, 275. speculate, 276. encircle, 277. insight

278. an emergency hea_____er *n.* the central office or location from which a business or organization is managed
279. imp_____ve performances *adj.* arousing admiration due to size, quality, or skill
280. re_____e a prisoner *v.* to set free or allow to escape from confinement
281. sake of cl_____y *n.* the quality of being coherent and understandable; the quality of transparency or purity
282. re____e song *v.* to create a new version of a work of art, such as a film, song, or play, using the same or similar material as the original; to adapt or update something for a new audience or purpose; (noun) a new version or adaptation of a previously existing movie, song, TV show, or other creative work
283. a building of vast pro_____ons *n.* a part, share, or amount of something considered in comparative relation to a whole
284. gu____y verdict *adj.* feeling responsible for or having done something wrong or criminal
285. sc____l through a document *n.* a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them
286. te____e complex *n.* a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead

ANSWERS: 278. headquarter, 279. impressive, 280. release, 281. clarity, 282. remake, 283. proportion, 284. guilty, 285. scroll, 286. temple

287. sh___e temple *n.* a place considered holy because of its association with a deity or a sacred person or relic or because it is a place of pilgrimage or worship
288. meet with opp_____on *n.* the act of disagreeing or resisting; the state of strong disagreement
289. no_____e else to go *adv.* not in, at, or to any place; not anywhere
290. li_____ng career *adj.* lasting for the whole of someone's life
291. of_____e mode *adj.* not connected to the internet
292. religious sh___e *n.* a place considered holy because of its association with a deity or a sacred person or relic or because it is a place of pilgrimage or worship
293. ha___t village *n.* a small village or settlement, often without a church
294. field of artificial int_____nce *n.* the ability to learn, comprehend, or make judgments or conclusions based on reasons
295. ur___t situation *adj.* requiring immediate attention or action; pressing
296. a short va_____on *n.* a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
297. an el_____nt speaker *adj.* able to speak or write clearly and impressively
298. re_____e CO2 into the air *v.* to set free or allow to escape from confinement

ANSWERS: 287. shrine, 288. opposition, 289. nowhere, 290. lifelong, 291. offline, 292. shrine, 293. hamlet, 294. intelligence, 295. urgent, 296. vacation, 297. eloquent, 298. release

299. de____p a strategy

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

300. ex__t influence

v. to put forth effort; to put into action; to bring into play

ANSWERS: 299. develop, 300. exert

Session 3: Fill in the Blanks

1. It's important to _____ your strengths and weaknesses.
v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
2. The winter snowstorm entirely engulfed the small _____.
n. a small village or settlement, often without a church
3. He had a _____ love of reading and spent hours daily with a book.
adj. lasting for the whole of someone's life
4. _____ dropping wears away the stone.
adj. happening repeatedly or all the time
5. Little children tend to have _____ friends.
adj. existing only in someone's mind
6. He is more concerned about the _____ of his body fat than usual because of an upcoming bodybuilding competition.
n. a part, share, or amount of something considered in comparative relation to a whole
7. The final _____ provides a summary of the discussion.
n. a separate section of a written work usually numbered and titled
8. I could no longer earn my own _____.
n. a means of earning money people need to pay for food, a place to live, clothing, etc.

ANSWERS: 1. recognize, 2. hamlet, 3. lifelong, 4. Constant, 5. imaginary, 6. proportion, 7. chapter, 8. livelihood

9. He was pretty _____ to pass the exam.

adj. having good luck or lucky

10. Since independence, the area has been completely _____.

v. to intentionally not listen or pay attention to

11. Foreign TV crews and _____ can go as they please in various locations during the Olympics.

n. a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media

12. _____ studies the changes in family structure due to modernization.

n. a person who studies the institutions and development of human society

13. He was known for his _____ demeanor, never showing emotion or weakness.

adj. calm and unemotional, especially in difficult situations; (noun) a member of the ancient Greek school of philosophy founded by Zeno

14. I've been thinking all day and getting _____.

adv. not in, at, or to any place; not anywhere

15. The director plans to _____ the classic movie with a modern twist.

v. to create a new version of a work of art, such as a film, song, or play, using the same or similar material as the original; to adapt or update something for a new audience or purpose; (noun) a new version or adaptation of a previously existing movie, song, TV show, or other creative work

16. The _____ of Japan is known for its unique culture and advanced technology.

n. a large organized community of people living in a particular country or region and having a particular culture

ANSWERS: 9. fortunate, 10. ignored, 11. journalists, 12. Sociologist, 13. stoic, 14. nowhere, 15. remake, 16. nation

17. Later, his claim was found to be _____ false.

adv. completely

18. The government tried to _____ the commercialization of this development.

v. to make something faster or earlier; to cause to develop or progress more quickly

19. Table tennis is an _____ sport.

adj. located, happened, or used inside a building

20. After much contemplation, the suspect decided to plead _____ to the theft charge.

adj. feeling responsible for or having done something wrong or criminal

21. Many famous _____ are within walking distance.

n. the ability to see; anything that is seen

22. His anti-_____ practices were quite strict.

n. a state of great comfort or sophistication, mainly provided by expensive and beautiful things

23. I stayed up until _____ watching my favorite movie.

n. the middle point of the night, usually defined as 12:00 AM or the start of a new day

24. _____ is the second most abundant element on earth after oxygen.

n. a chemical element with the symbol Si that is a hard, brittle crystalline solid with a blue-grey metallic luster and used for the transistors and integrated circuit chips in computers

ANSWERS: 17. entirely, 18. accelerate, 19. indoor, 20. guilty, 21. sights, 22. luxury, 23. midnight, 24. Silicon

25. I need to clear out some of the _____ in my garage.

- n.* discarded or unused material or objects, often considered worthless or of little value; also used to describe cheap or poorly made items or food that is high in calories but lacking in nutrition

26. He _____ misleads others.

- adv.* done in an intentional or slow and careful manner

27. These heavy rains caused _____ floods on several islands.

- n.* a sudden intense burst of radiant energy; a momentary brightness

28. She couldn't _____ whether to order the pizza or the pasta for dinner.

- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

29. It is a _____ in many families to have a big Thanksgiving dinner with all their relatives.

- n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

30. They were looking for _____ in their relationship and wanted to be close to each other.

- n.* close familiarity or friendship; a close, familiar, and usually affectionate or loving personal relationship with another person

31. The man _____ before opening the door.

- v.* to take a short break from talking or doing something before continuing

32. The _____ in the classroom made it hard for the teacher to teach.

- n.* a state of confused and noisy disturbance

ANSWERS: 25. junk, 26. deliberately, 27. flash, 28. decide, 29. tradition, 30. intimacy, 31. paused, 32. commotion

33. The _____ party strongly disagreed with the government's proposed legislation.
n. the act of disagreeing or resisting; the state of strong disagreement
34. The pond's _____ was around five feet.
n. the distance between the top and bottom of something; between the top surface and a distance below it
35. He _____ himself to lift the heavyweight.
v. to put forth effort; to put into action; to bring into play
36. I was so _____ by my phone that I nearly walked into a lamppost.
adj. having one's attention diverted or divided; being unable to concentrate because of being preoccupied or worried
37. The findings of the experiment were both _____ and unexpected.
adj. causing a lot of interest or excitement
38. He became _____ that he was being followed.
adj. being aware of and able to respond to what is happening around you
39. He performed _____ tricks with sophisticated moves.
n. beliefs and actions employed to influence supernatural beings and forces; any art or performance that invokes supernatural powers
40. I decided to seek counseling on the advice of my _____.
n. one of a group of a coworker, especially in a profession or a business
41. The _____ instructor guided the group through the relaxation and breathing exercises.
n. the act of focusing one's mind on a particular object or thought; activity to train attention and achieve a mentally clear and emotionally calm and stable state

ANSWERS: 33. opposition, 34. depth, 35. exerted, 36. distracted, 37. exciting, 38. conscious, 39. magic, 40. colleague, 41. meditation

42. The ascetic _____ spent his days in prayer and contemplation in the monastery.
n. a member of a religious community of men living under vows of poverty, chastity, and obedience
43. If both countries _____ to nuclear deterrence, the consequence could be mutual destruction.
n. a place where many people go for rest, sport, or another stated purpose; (verb) to turn to or take a course of action, especially an extreme or undesirable one, to resolve a difficult circumstance
44. I need to finish this report by tonight, so I'll be working on my _____ all day.
n. a portable computer that is small enough to be carried around easily and used on your lap
45. When I was a child, my mother often cast _____ spells to ease my pain whenever I was injured.
adj. produced by or containing supernatural powers
46. After the earthquake, the city was left in a pile of _____.
n. fragments of rock, stone, or other materials that remain after a building or other structure has been destroyed or demolished; the remains of something that has been broken down or destroyed
47. The long work hours were taking a toll on her mental _____.
n. the state of being extremely tired and lacking energy or strength
48. Life is a vast _____ you should put as much paint on it as possible.
n. the heavy, closely woven fabric used for making tents, sails, etc. and by artists for painting on

ANSWERS: 42. monk, 43. resort, 44. laptop, 45. magical, 46. rubble, 47. exhaustion, 48. canvas;

49. The construction outside was creating a _____ distraction from my work.

adj. making a lot of sounds, especially loud or disruptive sound

50. Because of his excellent performance, he will _____ be promoted.

adv. in a manner that cannot be avoided or prevented

51. She was a _____ student of a prestigious university.

adj. having received a degree from a school, college, or university; marked with or divided into levels or degrees

52. They explored every _____ they could think of.

n. a wide road in a town or city, especially with trees or tall buildings on both sides; a line of approach

53. The actor's charming smile and good looks quickly made him a teenage _____.

n. a person, especially a celebrity, who is widely admired and considered attractive, often causing strong romantic or infatuated feelings among their admirers

54. Many people find that regular _____ practice can help reduce stress and anxiety.

n. a Hindu spiritual and ascetic discipline including breath control, simple meditation, and the adoption of specific bodily postures, which is widely practiced for health and relaxation

55. The car _____ off the road and crashed into a tree.

v. to change direction suddenly or sharply; to turn or swerve from one course or direction to another

56. The content is _____ and informative for me.

adj. sharply exact or accurate or delimited

ANSWERS: 49. noisy, 50. inevitably, 51. graduated, 52. avenue, 53. heartthrob, 54. yoga, 55. veered, 56. precise

57. The _____ of his idea came from watching birds flying in flocks.

- n.* a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

58. After ten years of teaching, she took a _____ to travel the world.

- n.* a period of leave granted to a person for rest, travel, or other pursuits, often in academia or other professions

59. He gave a _____ presentation on his recent trip to Europe.

- n.* a presentation of a series of images, typically with accompanying music, that can be displayed on a computer or other device

60. The holy _____ to the local saint was a popular place for pilgrims to visit.

- n.* a place considered holy because of its association with a deity or a sacred person or relic or because it is a place of pilgrimage or worship

61. His _____ of literary works are often unique.

- n.* an explanation or opinion of something, especially that is not immediately obvious

62. The castle was _____ several years later.

- v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

63. He _____ that this investment would lead to success.

- v.* to form a theory or conjecture or guess about a subject without solid evidence

64. The _____ of the dancers on stage was graceful and elegant.

- n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

ANSWERS: 57. germ, 58. sabbatical, 59. slideshow, 60. shrine, 61. interpretations, 62. abandoned, 63. speculated, 64. movement

65. Daily yoga helped her achieve a ____ state of mind and calmness.

- n.* a school of Mahayana Buddhism that originated in China and was later developed in Japan, emphasizing the practice of meditation as the way to achieve enlightenment or awakening; (adjective) characterized by a sense of peace and tranquility, often through the practice of meditation or the use of natural elements

66. Many people go on a _____ to recharge and reconnect with themselves.

- n.* the act of moving back or withdrawing from a position or situation; a period of rest or relaxation away from work or everyday life

67. The car's _____ was impressive, going from 0 to 60 mph in just 5 seconds.

- n.* a rate of increase in velocity; the rate of change of velocity with respect to time

68. The concert was held on a _____ stage, giving it a unique and intimate atmosphere.

- adj.* located in a less prominent or central area of a city or town, often associated with poorer or seedier neighborhoods or establishments

69. The CEO decided to _____ the decision made by the lower-level managers.

- v.* to use one's authority or power to cancel or disregard something, especially a decision or rule made by someone else

70. She was living in a _____ apartment in the city.

- adj.* characterized by or affording something excessively expensive; rich and comfortable

71. Human _____ responses vary widely depending on the society to which they belong.

- adj.* relating to people's feelings

ANSWERS: 65. zen, 66. retreat, 67. acceleration, 68. backstreet, 69. override, 70. luxurious, 71. emotional

72. Please don't _____ me while I'm studying.

- v. to draw someone's attention away from what they are trying to do

73. In terms of _____ he was head and shoulders above his classmates.

- n. the ability to learn, comprehend, or make judgments or conclusions based on reasons

74. The boss tried to _____ his subordinate with threats.

- v. to make someone fearful or uneasy so that they will do something that you want them to do

75. The room was dimly lit by soft _____.

- n. light provided by a candle or candles

76. They used a special receiver to _____ police radio channels.

- v. to observe, check, and track the progress or quality of something over a period of time

77. Some critics say this exhibition will be a big _____.

- n. event, situation, or subject that is significant from a political or public perspective; a secretive or illicit sexual relationship

78. The search engine helps _____ information.

- v. to put flour, sugar, etc. through a sieve (= a utensil consisting of a wire or plastic mesh in a frame) to remove lumps or large particles

79. Mercury is the closest _____ to the sun.

- n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

ANSWERS: 72. distract, 73. intelligence, 74. intimidate, 75. candlelight, 76. monitor, 77. affair, 78. sift, 79. planet

80. Some herds have been observed to _____ hundreds of kilometers.
- v.* to make or be capable of making anything longer or broader without hurting or breaking
81. The blades of gas turbine engines are often coated with a _____ layer to improve their durability.
- n.* a lustrous, hard, silver-white element with the symbol Co that is often used in alloys, batteries, and pigments and is essential for certain biological processes in humans and other organisms
82. Do you have a plan for a long _____
- n.* a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
83. The _____ of the upcoming concert was palpable among the crowd.
- n.* a feeling of great enthusiasm and eagerness
84. He visited the _____ to pray and make offerings to the gods.
- n.* a place of worship, especially one that is associated with a particular religion or faith; the flat area on either side of the forehead
85. The company decided to move its _____ to New York City.
- n.* the central office or location from which a business or organization is managed
86. The house owner loved the large hanging _____ in the guest room.
- n.* a long roll of paper containing writing; (verb) to move through text or graphics on a screen to view different parts of them
87. The weather turned _____.
- adj.* very bad, unpleasant, or offensive

ANSWERS: 80. stretch, 81. cobalt, 82. vacation?, 83. excitement, 84. temple, 85. headquarters, 86. scroll, 87. nasty

88. My friend is a _____ woman who celebrates Hanukkah every year.

adj. of or relating to people whose traditional religion is Judaism

89. She struggled to _____ the children's reading habits.

v. to supply enough of what somebody or something needs to survive or exist; to accept as valid

90. He walked into the party with an _____ dressed companion, causing everyone to stare.

adv. in a way that is unexpected, strange, or peculiar

91. Sensors convert physical phenomena into _____ signals.

adj. processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet

92. Bungee jumping was an _____ experience that left me shaking with adrenaline.

adj. making one feel very happy and lively; invigorating; providing a feeling of excitement or thrill

93. They _____ pictures on the paper in preparation for the birthday card.

v. to increase, go up, or advance gradually or continuously; to prepare and supply with the necessary equipment for execution or performance; to ride on something or someone

94. I always carry a backup _____ in case my phone runs out of battery.

n. a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

ANSWERS: 88. Jewish, 89. sustain, 90. oddly, 91. digital, 92. exhilarating, 93. mounted, 94. device

95. The designer's _____ was to create a minimalist aesthetic for the interior of the building.
- n.* a strong determination or attention to do or achieve something; (adjective) having a strong determination to do or achieve something
96. I love jumping on the _____ in my backyard.
- n.* a strong fabric sheet attached by springs to a frame, used for bouncing on
97. The policies he announces can be the _____ of economic growth in the country.
- n.* a machine that converts thermal energy to mechanical work; something that has an important role used to achieve a purpose
98. He was punished because he contravened a _____ of God.
- n.* a divine rule, especially one of the Ten Commandments; an order or law given by authority
99. We need to _____ the aspect of his personality from the part of his competence when making an investment decision.
- v.* to force, take, or pull apart; mark as different
100. Many civilians have suffered _____ as a result of the war.
- n.* an emotional wound or shock often has long-lasting effects caused by a highly upsetting or shocking experience
101. She is a talented _____ who has been recognized for her work.
- n.* a person who writes poetry
102. I _____ that you know it.
- v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

ANSWERS: 95. intent, 96. trampoline, 97. engine, 98. commandment, 99. separate, 100. trauma, 101. poet, 102. bet

103. He decided to start _____ and leave his old life behind.

adv. in a new or different way

104. She gave an _____ speech at the graduation ceremony.

adj. able to speak or write clearly and impressively

105. The politician tried to _____ the embarrassing incident under the rug.

v. to clean something, especially a floor or an area, by using a broom; move swiftly and smoothly

106. The company's _____ in the market was expanding to new territories.

n. a specific sphere of influence or control; a specific field of knowledge or expertise

107. It is important to _____ safety procedures in the workplace to prevent accidents.

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

108. The devastating _____ caused widespread damage and left many people homeless.

n. a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)

109. The celebrity _____ made an appearance at the product launch event.

n. a person who represents or speaks on behalf of an organization, group, or individual to the media or the public

110. The museum houses a _____ collection of Celtic artifacts.

adj. extremely interesting

ANSWERS: 103. anew, 104. eloquent, 105. sweep, 106. domain, 107. observe, 108. hurricane, 109. spokesperson, 110. fascinating

111. It was the first time in a long time that I felt truly _____ and at peace.

adj. not excited, angry, or nervous; free from wind, large waves

112. She vividly _____ getting laid off several years ago.

v. to remember something

113. The castle walls _____ the entire village for protection.

v. to form a circle or ring around something or someone; to surround or encompass something or someone completely

114. All the supervisor has to do is assign tasks that make his subordinates more _____.

adj. relating to or involving the use of skill and original and unusual ideas to create something

115. Many innocent civilians were killed and buried in mass _____ outside the city during the war.

n. a place where a dead body is buried, typically marked by a headstone or other memorial; a very serious, solemn, or important matter; (verb) to carve, cut, or etch a design, inscription, or mark onto a hard surface, such as stone or metal; (adjective) serious, solemn, or weighty in nature

116. The teacher was _____ of the student's dedication and hard work.

adj. expressing or feeling gratitude or admiration; showing recognition or understanding of the value or significance of something; receptive or responsive to something with pleasure or enjoyment

117. The lush _____ was covered in wildflowers.

n. a field of grass and wildflowers, especially one used for hay

ANSWERS: 111. calm, 112. recalls, 113. encircled, 114. creative, 115. graves, 116. appreciative, 117. meadow

118. The North _____ is the northernmost point on Earth.

- n.* one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something

119. Many consumers prefer _____ streaming services over traditional cable TV.

- adj.* available as needed or requested, often referring to products or services that can be accessed or delivered instantly or with minimal delay

120. We got stuck in a traffic jam on the _____ for over an hour.

- n.* a major highway designed for high-speed traffic, with no stoplights or grade crossings and having interchanges or access roads to other highways

121. The company tried to _____ unnecessary services on their customers to increase profits.

- v.* to impose something unwanted or unwelcome on someone, often by deceit or trickery; to pass off or palm off something as genuine or valuable when it is not

122. The _____ for applying for a visa can be lengthy and complicated.

- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

123. She _____ success and is always pushing herself to do better.

- v.* to have a strong desire for something; to long for or want intensely

124. They gathered to hear the _____ teachings of the guru.

- adj.* of or related to a god, divine power, or a particular religion

ANSWERS: 118. Pole, 119. on-demand, 120. freeway, 121. foist, 122. process, 123. craves, 124. holy

125. The study's results were based on _____ evidence gathered from extensive research.

adj. based on or verifiable by observation or experience rather than theory or pure logic

126. The budget reduction was an _____ feat for our nation.

adj. arousing admiration due to size, quality, or skill

127. Our users are often _____ about the slow application.

v. to say dissatisfaction or annoyance about something or somebody

128. The animal rights group worked to _____ the dolphins back into the wild.

v. to set free or allow to escape from confinement

129. This pie _____ represents our market share.

n. a visual display of information such as a diagram, lists of figures, etc.; a map designed to assist navigation by air or sea

130. She had lived through two world wars in her _____.

n. the duration of someone's life or something's existence;

131. Receiving support from his friends was a great _____ in his time of need.

n. a gift or favor from a higher power or force; an act or expression of approval, encouragement, or gratitude; something that brings happiness or good fortune

132. Flight across the _____ was a daring adventure in its day.

n. one of the earth's large landmasses; (adjective) abstaining from your feelings, especially your desire to have sex

ANSWERS: 125. empirical, 126. impressive, 127. complaining, 128. release, 129. chart, 130. lifetime, 131. blessing, 132. continent

133. Many multinational companies are _____ in the reconstruction of that country.
v. to attract and keep someone's attention and interest; to participate in or obtain services of something
134. Internet traffic volumes have increased significantly with the advent of _____.
n. a mobile phone that functions as a computer and connects to the Internet
135. The golfer recorded an _____ distance.
adj. extremely surprising, especially in a way that you like or admire
136. I often _____ around the park for half an hour.
v. to walk around slowly or to a place, often without any clear purpose or direction
137. The _____ force of the black hole was so strong that nothing, not even light, could escape.
adj. relating to or caused by gravity (= the force that attracts objects towards one another)
138. She had knowledge she couldn't wait to _____.
v. to expose or inform; to provide a portion of
139. Who answers _____ knows little.
adv. quickly and unexpectedly
140. We must _____ a new system to streamline our workflow and increase efficiency.
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

ANSWERS: 133. engaged, 134. smartphones, 135. amazing, 136. wander, 137. gravitational, 138. impart, 139. suddenly, 140. develop

141. The _____ of the river's path caused flooding downstream.

- n.* a change of direction or course; the act of redirecting attention or activity to a different topic or task; a form of entertainment or pastime that provides a temporary distraction or relief

142. The _____ "red" describes the color of the apple.

- n.* a word that describes a noun or pronoun

143. Your _____ reflects your thoughts.

- n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

144. We gained various _____ by analyzing the vast amount of data owned by the company.

- n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

145. It is _____ that we leave for the airport now to catch our flight.

- adj.* requiring immediate attention or action; pressing

146. Competition between countries resulted in fast technological _____.

- n.* the development, improvement, or progress of something

147. The publisher will proofread most of this manuscript for _____.

- n.* the quality of being coherent and understandable; the quality of transparency or purity

148. The _____ had received a mild snowfall the previous week.

- n.* a long depression on the surface of the land, which typically contains a river

ANSWERS: 141. diversion, 142. adjective, 143. conversation, 144. insights, 145. urgent, 146. advancement, 147. clarity, 148. valley

149. The computer is _____ and cannot be accessed at the moment.

adj. not connected to the internet

150. The _____ disappearance of the ship remains unsolved.

adj. difficult to understand, explain, or identify; having an aura of secrecy, intrigue, or puzzlement

ANSWERS: 149. offline, 150. mysterious