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Dawn Landes: A song for my hero, the woman who rowed into a hurricane | TED Talk

https://www.ted.com/talks/dawn_landes_a_song_for_my_hero_the_woman_who_rowed_into_a_hurricane

All Words

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Session 1: Word List

pearl

n. a hard, roundish object found within the shells of certain mollusks and used as a gem

synonym : bead, gem, nacre

(1) a cultured **pearl**, (2) **pearl** beyond price

She wore a **pearl** necklace passed down to her from her grandmother.

deck

n. a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

synonym : platform, veranda, patio

(1) **deck** chairs, (2) hands on **deck**

She sat on the ship's **deck**, watching the sunset over the ocean.

cargo

n. the goods carried by ship, aircraft, or other vehicles

synonym : shipment, freight, burden

(1) plenty of **cargo** space, (2) unload the **cargo**

During the war, many **cargo** ships were converted into battleships.

ford

n. a shallow place in a river or stream where it is possible to walk or drive across

synonym : crossing, traversing, passing

(1) **ford** a river, (2) across a **ford**

The river was too deep to cross, so we had to find a **ford** downstream where the water was shallower.

pickup

n. a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody

synonym : truck, cartridge

(1) **pickup** truck, (2) **pickup** and delivery service

I'll be waiting for you in front of the café at 6 PM, so be on time for our **pickup**.

weigh

v. to have a particular weight; to carefully evaluate things before making a conclusion

synonym : consider, cogitate, count

(1) **weigh** heavily on stock prices, (2) **weigh** a cargo

The baby **weighs** 1 pound 3 oz.

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

row

n. an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

synonym : line, sequence, layer

(1) criminal on death **row**, (2) a **row** of cherry trees

He was the leader of the demonstrators and spoke out against the war in the front **row**.

Atlantic

adj. relating to or located near the Atlantic Ocean, which is the second-largest ocean on Earth, located between the continents of North and South America to the west and Europe and Africa to the east

(1) **Atlantic** breeze, (2) **Atlantic** salmon

The **Atlantic** hurricane season runs from June to November each year.

motor

n. a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work
synonym: actuator, engine, machine

(1) a **motor** mechanic, (2) DC **motor** control

Energy-efficient **motors** are needed to maximize the cruising distance of electric vehicles.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym: skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

administrator

n. a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises

synonym: manager, executive, supervisor

(1) school **administrator**, (2) network **administrator**

The university's **administrator** announced new policies regarding campus safety.

hometown

n. the town or city where one was born or grew up

synonym: birthplace, home, native place

(1) **hometown** celebrity, (2) **hometown** memory

I always look forward to going back to my **hometown** during the holidays.

expedition

n. a journey or voyage for a specific purpose

synonym: journey, trip, voyage

(1) **expedition** team, (2) a polar **expedition**

The **expedition** to the Amazon jungle was both exciting and challenging.

sever

v. to break or separate something by cutting, especially suddenly and forcibly

synonym: cut apart, separate, detach

(1) **sever** a rope, (2) **sever** a positive relationship

He **severed** a branch from a tree quickly.

pole

n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something

synonym: rod, staff, shaft

(1) a fishing **pole**, (2) the plus **pole**

The North **Pole** is the northernmost point on Earth.

accomplished

adj. having completed a task or achieved a goal successfully; skilled or proficient at something

synonym: achieved, finished, completed

(1) **accomplished** at a very early age, (2) **accomplished** goal

She felt **accomplished** after finishing her book.

compete

v. to strive to achieve more success than someone or something

synonym: contend, contest, vie

(1) **compete** against a friend, (2) **compete** fiercely

You must **compete** with others to obtain this position.

spot

n. a particular location or place; a small round or roundish area, differing in color or feels from the surface around it

synonym: dot, mark, place

(1) beauty **spot**, (2) a **spot** on his honor

This remote **spot** is rarely visited.

sector

n. a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity

synonym : division, department, branch

(1) industrial **sector**, (2) private **sector**

The technology **sector** is constantly evolving and innovating.

dawn

n. the time of day when the sun's light starts to show in the sky

synonym : daybreak, sunrise, advent

(1) the wan light of **dawn**, (2) crack of **dawn**

Missile assaults on the capital continued around **dawn**.

disabled

adj. having a physical or mental condition that limits someone's specific actions that most other people can do

synonym : handicapped, impaired, incapacitated

(1) a **disabled** veteran, (2) a learning- **disabled** child

She was **disabled** in a car accident.

long-range

adj. relating to or extending over a long distance, period of time, or range of possibilities

synonym : far-reaching, extended, distant

(1) **long-range** radar, (2) **long-range** weather forecast

The military uses **long-range** missiles to hit targets from far away.

communicate

v. to share or exchange information with others by speaking, writing, moving your body, or using other signals

synonym : convey, share, transmit

(1) **communicate** his anxieties to the psychiatrist,

(2) **communicate** well with my advisor

Dolphins use sound to **communicate** with each other.

stroke

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball

with a club, racket, etc.

synonym : blow

(1) suffer **stroke**, (2) a **stroke** of the putter

This year's extreme heat has resulted in many heat **stroke** cases.

frustrate

v. to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

synonym : hinder, thwart, dishearten

(1) **frustrate** the advancement, (2) **frustrate** other team members

The coach explained a strategy to **frustrate** the opponent's schemes to the players.

dolphin

n. a marine mammal that typically has a beaklike snout, a streamlined body, and flippers and that feeds on fish and squid

synonym : porpoise, cetacean, marine mammal

(1) **dolphin** show, (2) **dolphin-watching** tour

The large group of **dolphins** swam gracefully in the ocean, jumping out of the water now and then.

whale

n. a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities

synonym : porpoise, giant

(1) a bull **whale**, (2) **whale** watching

Some countries have a culture of eating the flesh of a **whale**.

shark

n. a long-bodied, mostly predatory marine fish that has sharp teeth and a pointed fin on its back; a person who is ruthless, greedy, and dishonest

synonym : swindler, con artist, crook

(1) a man-eating **shark**, (2) card **shark**

He borrowed money from a loan **shark**.

heading

n. a title, caption, or heading that introduces or summarizes the content of a written or printed document; the direction or course in which something is moving or heading

synonym : title, caption, label

(1) chapter **heading**, (2) **heading** font

She carefully reviewed the **heading** of each section before diving into the research paper.

obvious

adj. easy to see, discover or understand

synonym : apparent, conspicuous, evident

(1) **obvious** reasons, (2) his conclusion was **obvious**

There are **obvious** differences between the two wine-producing regions.

dramatic

adj. very sudden, very excellent, or full of action and excitement

synonym : striking, theatrical, breathtaking

(1) make **dramatic** changes, (2) a **dramatic** rescue at sea

The statement had a **dramatic** impact on house prices.

hurricane

n. a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)

synonym : cyclone, typhoon, storm

(1) a **hurricane** of applause, (2) the ravages of a **hurricane**

The devastating **hurricane** caused widespread damage and left many people homeless.

sprain

v. to injure a joint in your body by a sudden wrenching of it

synonym : turn, twist, wrench

(1) **sprain** a joint, (2) **sprain** my knee in a game

She **sprained** her ankles when she fell.

ankle

n. the part or joint connecting the foot to the leg
synonym : mortise joint

(1) **ankle** injury, (2) pair of **ankle** boots

He accidentally sprained his **ankle** playing squash.

capsize

v. to overturn or tip over a boat or other watercraft; to turn upside down or on its side, often as a result of a sudden force or imbalance

synonym : overturn, overturning, tipping

(1) **capsize** a boat, (2) **capsize** in the middle of the storm

The strong wind caused the kayak to **capsize**, throwing the paddler into the water.

pitch

n. the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something

synonym : angle, gradient, slope

(1) make a **pitch** for a new product, (2) a low- **pitched** sound

Her voice gradually increased in **pitch**.

flip

v. to turn over into a different position quickly; to throw or toss with a light motion

synonym : throw, jump

(1) **flip** over the pork chop, (2) **flip** a coin

He **flipped** when he heard that he had been accepted into the university.

ugly

adj. unattractive in appearance; unpleasant to look at

synonym : unattractive, unsightly, repulsive

(1) an **ugly** sound, (2) **ugly** building

The **ugly** truth was that he had been lying to her for months.

rib

n. each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule

synonym : costa

(1) brake a **rib**, (2) **rib** cage

The accident caused a cracked **rib**.

ceiling

n. a room's top interior surface

synonym : canopy, awning, shelter

(1) **ceiling** board, (2) **ceiling** light

There was a crack in the **ceiling** that I found.

beacon

n. a light or other visible object serving as a signal, guide, or warning

synonym : lighthouse, guidepost, marker

(1) an aerial **beacon**, (2) **beacon** of hope

The lighthouse served as a **beacon** to guide ships safely into port.

distress

n. a feeling of great worry, sadness, pain, or discomfort

synonym : discomfort, despair, misery

(1) a signal of **distress**, (2) emotional **distress**

She has been in great **distress** since she was heartbroken.

frank

adj. honest and sincere; open and candid in expression

synonym : candid, direct, freehearted

(1) **frank** and open discussion, (2) make a **frank** apology

Full involvement means **frank** and prompt responses.

underwater

adv. below or under the surface of the water

synonym : submerged, undersea, submarine

(1) hold my breath **underwater**, (2) seals sleep **underwater**

He is good at swimming **underwater**.

cabin

n. a small, simple dwelling or shelter, typically made of wood and located in a remote or rural area; an enclosed compartment or area within a larger structure, such as an aircraft or ship, where passengers or crew members can sit or sleep

synonym : hut, cottage, shack

(1) **cabin** crew, (2) log **cabin**

The quaint **cabin** in the woods was the perfect retreat for a weekend getaway.

shred

v. to tear or cut something into a small pieces; (noun) a tiny or scarcely detectable amount

synonym: rip up, tear up, cut

(1) **shred** paper into little pieces, (2) **shred** lettuce for a salad

There is not a **shred** of evidence that he is guilty.

pray

v. to make a request or petition to a higher power, especially in the form of a respectful or humble request

synonym: implore, supplicate, entreat

(1) **pray** devoutly, (2) **pray** for rain

She closed her eyes and **prayed** for strength to overcome difficult times.

rescue

v. to save someone or something from a dangerous or difficult situation

synonym: save, extricate, retrieve

(1) **rescue** a dying dog, (2) **rescue** a company from bankruptcy

The fire department arrived just in time to **rescue** the family from the burning building.

abandon

v. to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity

synonym: relinquish, leave behind, disregard

(1) **abandon** a friend, (2) **abandon** the practice

The castle was **abandoned** several years later.

adrift

adj. without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status

synonym: afloat, aimless, unanchored

(1) **adrift** boat, (2) **adrift** at sea

After their boat engine failed, they were left **adrift** in the middle of the ocean.

songwriter

n. a person who writes songs, particularly lyrics, and music for popular music or other genres

synonym: lyricist, composer, balladeer

(1) **songwriter's** album, (2) folk **songwriter**

The aspiring **songwriter** spent hours every day composing and practicing his music.

bravery

n. courage in the face of danger

synonym: courage, valor, heroism

(1) **bravery** against the enemy, (2) **bravery** under fire

His **bravery** in the face of danger saved the lives of his comrades.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym: pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

adapt

v. to make fit for or change to suit a new purpose or environment

synonym: adjust, acclimate, accustom

(1) **adapt** fully to the environment, (2) **adapt** as needed

I advised him to **adapt** to his new surroundings.

dishearten

v. to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize

synonym: discourage, dismay, demoralize

(1) **dishearten** employees, (2) **dishearten** the hopeful job

applicant

The team's loss in the semifinals did not **dishearten** their determination to return stronger next season.

transition

n. the process or period of changing from one state or circumstance to another

synonym: change, growth, shift

(1) **transition** phase, (2) ensure a smooth **transition**

The nation's healthcare system is in **transition** at the moment.

moonlight

n. the light of the moon, which is reflected sunlight and is much weaker than direct sunlight; (verb) to work at a second job, often in addition to one's regular employment, usually without the knowledge or approval of one's employer

synonym: moonshine, moonbeam, moon glow

(1) **moonlight** as a bartender, (2) **moonlight** serenade

The garden looked magical in the **moonlight**, with the flowers and trees casting eerie shadows.

console

v. to provide emotional support or encouragement to someone; (noun) a type of table that is meant to be displayed against a wall; a control panel or unit that houses the controls for a particular piece of equipment

synonym: soothe, calm, pacify

(1) **console** her for the loss of her son, (2) **console** the spirits of the victims

She **consoled** her crying friend with words of encouragement.

driftwood

n. wood that has been carried along by the current of a river or ocean and washed up on shore, often used for decorative purposes or as fuel

synonym: floatwood, beachwood, logwood

(1) **driftwood** art, (2) beach **driftwood**

A large **driftwood** branch provided a perfect perch for the

seagull to rest on.

wayward

adj. behaving or acting in an unpredictable, erratic, or disobedient manner; straying from what is considered normal, expected, or acceptable

synonym: errant, perverse, disobedient

(1) **wayward** path, (2) **wayward** child

His **wayward** behavior led him down a destructive path.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym: finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

native

adj. connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place

synonym: endemic, domestic, aboriginal

(1) **native** to Africa, (2) **native** language

The vegetation here is almost wholly **native**.

classic

adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

synonym: definitive, traditional, typical

(1) a **classic** experiment, (2) Chinese **classic** literature

He displayed the **classic** symptoms of depression.

rebuild

v. to build again or anew

synonym: reconstruct, renovate, restore

(1) **rebuild** a company, (2) **rebuild** communities

They are planning to **rebuild** the house after the fire.

Session 2: Spelling

- | | |
|---|---|
| 1. ab____n a friend | <i>v.</i> to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity |
| 2. a mo__r mechanic | <i>n.</i> a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work |
| 3. an__e injury | <i>n.</i> the part or joint connecting the foot to the leg |
| 4. com_____te his anxieties to the psychiatrist | <i>v.</i> to share or exchange information with others by speaking, writing, moving your body, or using other signals |
| 5. co_____e the spirits of the victims | <i>v.</i> to provide emotional support or encouragement to someone; (noun) a type of table that is meant to be displayed against a wall; a control panel or unit that houses the controls for a particular piece of equipment |
| 6. we__h a cargo | <i>v.</i> to have a particular weight; to carefully evaluate things before making a conclusion |
| 7. a man-eating sh__k | <i>n.</i> a long-bodied, mostly predatory marine fish that has sharp teeth and a pointed fin on its back; a person who is ruthless, greedy, and dishonest |
| 8. d__k chairs | <i>n.</i> a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure |

ANSWERS: 1. abandon, 2. motor, 3. ankle, 4. communicate, 5. console, 6. weigh, 7. shark, 8. deck

9. At____ic salmon *adj.* relating to or located near the Atlantic Ocean, which is the second-largest ocean on Earth, located between the continents of North and South America to the west and Europe and Africa to the east
10. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
11. ce____g board *n.* a room's top interior surface
12. thousands of po__ds *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
13. network adm_____tor *n.* a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises
14. eve_____ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
15. a low-pi__hed sound *n.* the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
16. a cl____c experiment *adj.* judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

ANSWERS: 9. Atlantic, 10. stick, 11. ceiling, 12. pound, 13. administrator, 14. eventually, 15. pitch, 16. classic

17. pe__l beyond price *n.* a hard, roundish object found within the shells of certain mollusks and used as a gem
18. pi___p and delivery service *n.* a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody
19. across a f__d *n.* a shallow place in a river or stream where it is possible to walk or drive across
20. an aerial be___n *n.* a light or other visible object serving as a signal, guide, or warning
21. beach dr_____od *n.* wood that has been carried along by the current of a river or ocean and washed up on shore, often used for decorative purposes or as fuel
22. br_____y under fire *n.* courage in the face of danger
23. seals sleep und_____er *adv.* below or under the surface of the water
24. acc_____hed goal *adj.* having completed a task or achieved a goal successfully; skilled or proficient at something
25. hold my breath und_____er *adv.* below or under the surface of the water
26. a cultured pe__l *n.* a hard, roundish object found within the shells of certain mollusks and used as a gem
27. ad___t boat *adj.* without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status

ANSWERS: 17. pearl, 18. pickup, 19. ford, 20. beacon, 21. driftwood, 22. bravery, 23. underwater, 24. accomplished, 25. underwater, 26. pearl, 27. adrift

28. beauty s__t *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
29. ad__t as needed *v.* to make fit for or change to suit a new purpose or environment
30. exp_____on team *n.* a journey or voyage for a specific purpose
31. p__y devoutly *v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request
32. we__h heavily on stock prices *v.* to have a particular weight; to carefully evaluate things before making a conclusion
33. eve_____ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
34. a hu_____ne of applause *n.* a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)
35. co_____e against a friend *v.* to strive to achieve more success than someone or something
36. ca__n crew *n.* a small, simple dwelling or shelter, typically made of wood and located in a remote or rural area; an enclosed compartment or area within a larger structure, such as an aircraft or ship, where passengers or crew members can sit or sleep
37. lon_____ge weather forecast *adj.* relating to or extending over a long distance, period of time, or range of possibilities

ANSWERS: 28. spot, 29. adapt, 30. expedition, 31. pray, 32. weigh, 33. eventually, 34. hurricane, 35. compete, 36. cabin, 37. long-range

38. the ravages of a hu_____ne *n.* a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)
39. the wan light of d__n *n.* the time of day when the sun's light starts to show in the sky
40. dis_____en the hopeful job applicant *v.* to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize
41. do_____n-watching tour *n.* a marine mammal that typically has a beaklike snout, a streamlined body, and flippers and that feeds on fish and squid
42. u__y building *adj.* unattractive in appearance; unpleasant to look at
43. ad__t fully to the environment *v.* to make fit for or change to suit a new purpose or environment
44. a bull wh__e *n.* a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities
45. sp___n my knee in a game *v.* to injure a joint in your body by a sudden wrenching of it
46. re_____d communities *v.* to build again or anew
47. a fishing p__e *n.* one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
48. pair of an__e boots *n.* the part or joint connecting the foot to the leg

ANSWERS: 38. hurricane, 39. dawn, 40. dishearten, 41. dolphin, 42. ugly, 43. adapt, 44. whale, 45. sprain, 46. rebuild, 47. pole, 48. ankle

49. dis_____en employees *v.* to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize
50. se__r a positive relationship *v.* to break or separate something by cutting, especially suddenly and forcibly
51. f__p a coin *v.* to turn over into a different position quickly; to throw or toss with a light motion
52. make dr_____ic changes *adj.* very sudden, very excellent, or full of action and excitement
53. ca_____e a boat *v.* to overturn or tip over a boat or other watercraft; to turn upside down or on its side, often as a result of a sudden force or imbalance
54. fr__k and open discussion *adj.* honest and sincere; open and candid in expression
55. pi___p truck *n.* a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody
56. do_____n show *n.* a marine mammal that typically has a beaklike snout, a streamlined body, and flippers and that feeds on fish and squid
57. folk son_____er *n.* a person who writes songs, particularly lyrics, and music for popular music or other genres
58. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 49. dishearten, 50. sever, 51. flip, 52. dramatic, 53. capsize, 54. frank, 55. pickup, 56. dolphin, 57. songwriter, 58. stick

59. co____e fiercely *v.* to strive to achieve more success than someone or something
60. sh__d lettuce for a salad *v.* to tear or cut something into a small pieces; (noun) a tiny or scarcely detectable amount
61. son____er's album *n.* a person who writes songs, particularly lyrics, and music for popular music or other genres
62. mo____ht as a bartender *n.* the light of the moon, which is reflected sunlight and is much weaker than direct sunlight; (verb) to work at a second job, often in addition to one's regular employment, usually without the knowledge or approval of one's employer
63. ob____s reasons *adj.* easy to see, discover or understand
64. wa____d child *adj.* behaving or acting in an unpredictable, erratic, or disobedient manner; straying from what is considered normal, expected, or acceptable
65. ad____t at sea *adj.* without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
66. ensure a smooth tra____on *n.* the process or period of changing from one state or circumstance to another
67. a dr____ic rescue at sea *adj.* very sudden, very excellent, or full of action and excitement
68. p__y for rain *v.* to make a request or petition to a higher power, especially in the form of a respectful or humble request

ANSWERS: 59. compete, 60. shred, 61. songwriter, 62. moonlight, 63. obvious, 64. wayward, 65. adrift, 66. transition, 67. dramatic, 68. pray

69. a st___e of the putter *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
70. f__d a river *n.* a shallow place in a river or stream where it is possible to walk or drive across
71. his conclusion was ob____s *adj.* easy to see, discover or understand
72. ho____wn celebrity *n.* the town or city where one was born or grew up
73. ab____n the practice *v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
74. a s__t on his honor *n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
75. lon____ge radar *adj.* relating to or extending over a long distance, period of time, or range of possibilities
76. certified pro____nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful
77. wa____d path *adj.* behaving or acting in an unpredictable, erratic, or disobedient manner; straying from what is considered normal, expected, or acceptable
78. crack of d__n *n.* the time of day when the sun's light starts to show in the sky
79. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

ANSWERS: 69. stroke, 70. ford, 71. obvious, 72. hometown, 73. abandon, 74. spot, 75. long-range, 76. professional, 77. wayward, 78. dawn, 79. pound

80. sh__d paper into little pieces *v.* to tear or cut something into a small pieces; (noun) a tiny or scarcely detectable amount
81. Chinese cl____c literature *adj.* judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type
82. suffer st___e *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
83. r_b cage *n.* each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
84. ca____e in the middle of the storm *v.* to overturn or tip over a boat or other watercraft; to turn upside down or on its side, often as a result of a sudden force or imbalance
85. industrial se___r *n.* a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
86. plenty of ca__o space *n.* the goods carried by ship, aircraft, or other vehicles
87. brake a r_b *n.* each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule
88. se__r a rope *v.* to break or separate something by cutting, especially suddenly and forcibly

ANSWERS: 80. shred, 81. classic, 82. stroke, 83. rib, 84. capsized, 85. sector, 86. cargo, 87. rib, 88. sever

89. wh__e watching *n.* a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities
90. a polar exp_____on *n.* a journey or voyage for a specific purpose
91. fr_____te the advancement *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
92. card sh__k *n.* a long-bodied, mostly predatory marine fish that has sharp teeth and a pointed fin on its back; a person who is ruthless, greedy, and dishonest
93. At_____ic breeze *adj.* relating to or located near the Atlantic Ocean, which is the second-largest ocean on Earth, located between the continents of North and South America to the west and Europe and Africa to the east
94. make a pi__h for a new product *n.* the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
95. re___e a company from bankruptcy *v.* to save someone or something from a dangerous or difficult situation
96. chapter he_____g *n.* a title, caption, or heading that introduces or summarizes the content of a written or printed document; the direction or course in which something is moving or heading

ANSWERS: 89. whale, 90. expedition, 91. frustrate, 92. shark, 93. Atlantic, 94. pitch, 95. rescue, 96. heading

97. acc_____hed at a very early age *adj.* having completed a task or achieved a goal successfully; skilled or proficient at something
98. school adm_____tor *n.* a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises
99. br_____y against the enemy *n.* courage in the face of danger
100. re_____d a company *v.* to build again or anew
101. ho_____wn memory *n.* the town or city where one was born or grew up
102. an u__y sound *adj.* unattractive in appearance; unpleasant to look at
103. private se____r *n.* a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
104. ce_____g light *n.* a room's top interior surface
105. hands on d__k *n.* a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure
106. sp____n a joint *v.* to injure a joint in your body by a sudden wrenching of it
107. fr_____te other team members *v.* to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something

ANSWERS: 97. accomplished, 98. administrator, 99. bravery, 100. rebuild, 101. hometown, 102. ugly, 103. sector, 104. ceiling, 105. deck, 106. sprain, 107. frustrate

108. na___e language *adj.* connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place
109. a signal of di_____ss *n.* a feeling of great worry, sadness, pain, or discomfort
110. he_____g font *n.* a title, caption, or heading that introduces or summarizes the content of a written or printed document; the direction or course in which something is moving or heading
111. DC mo__r control *n.* a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work
112. pro_____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful
113. tra_____on phase *n.* the process or period of changing from one state or circumstance to another
114. make a fr__k apology *adj.* honest and sincere; open and candid in expression
115. a di_____ed veteran *adj.* having a physical or mental condition that limits someone's specific actions that most other people can do
116. com_____te well with my advisor *v.* to share or exchange information with others by speaking, writing, moving your body, or using other signals
117. criminal on death r_w *n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

ANSWERS: 108. native, 109. distress, 110. heading, 111. motor, 112. professional, 113. transition, 114. frank, 115. disabled, 116. communicate, 117. row

118. a r_w of cherry trees *n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
119. co_____e her for the loss of her son *v.* to provide emotional support or encouragement to someone; (noun) a type of table that is meant to be displayed against a wall; a control panel or unit that houses the controls for a particular piece of equipment
120. be___n of hope *n.* a light or other visible object serving as a signal, guide, or warning
121. na___e to Africa *adj.* connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place
122. log ca__n *n.* a small, simple dwelling or shelter, typically made of wood and located in a remote or rural area; an enclosed compartment or area within a larger structure, such as an aircraft or ship, where passengers or crew members can sit or sleep
123. the plus p__e *n.* one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
124. re___e a dying dog *v.* to save someone or something from a dangerous or difficult situation
125. a learning-di_____ed child *adj.* having a physical or mental condition that limits someone's specific actions that most other people can do

ANSWERS: 118. row, 119. console, 120. beacon, 121. native, 122. cabin, 123. pole, 124. rescue, 125. disabled

126. dr_____od art *n.* wood that has been carried along by the current of a river or ocean and washed up on shore, often used for decorative purposes or as fuel
127. f__p over the pork chop *v.* to turn over into a different position quickly; to throw or toss with a light motion
128. emotional di_____ss *n.* a feeling of great worry, sadness, pain, or discomfort
129. unload the ca__o *n.* the goods carried by ship, aircraft, or other vehicles
130. mo_____ht serenade *n.* the light of the moon, which is reflected sunlight and is much weaker than direct sunlight; (verb) to work at a second job, often in addition to one's regular employment, usually without the knowledge or approval of one's employer

ANSWERS: 126. driftwood, 127. flip, 128. distress, 129. cargo, 130. moonlight

Session 3: Fill in the Blanks

1. Her voice gradually increased in _____.
n. the property of sound that varies with variation in the frequency of vibration; the degree of a slope, especially of a roof; short presentation for selling or sharing something
2. His _____ in the face of danger saved the lives of his comrades.
n. courage in the face of danger
3. I advised him to _____ to his new surroundings.
v. to make fit for or change to suit a new purpose or environment
4. The North _____ is the northernmost point on Earth.
n. one of two antipodal points where the Earth's axis of rotation intersects the Earth's surface; a long, slender, rounded rod, typically of wood or metal, used as a support or to hang something
5. The lighthouse served as a _____ to guide ships safely into port.
n. a light or other visible object serving as a signal, guide, or warning
6. He has a _____ demeanor and always presents himself in a polished manner.
adj. having or showing the skill appropriate to a particular job; competent or skillful
7. She sat on the ship's _____ watching the sunset over the ocean.
n. a flat surface that is usually made of wood or other material and is attached to a building, vehicle, or other structure

ANSWERS: 1. pitch, 2. bravery, 3. adapt, 4. Pole, 5. beacon, 6. professional, 7. deck,

8. The technology _____ is constantly evolving and innovating.
n. a distinct part or division of something often used to refer to a segment of an economy or industry; an area or field of work or activity
9. The vegetation here is almost wholly _____.
adj. connecting with or describing someone's birth country or place of birth, or someone born in a specific country or place
10. She _____ her ankles when she fell.
v. to injure a joint in your body by a sudden wrenching of it
11. They are planning to _____ the house after the fire.
v. to build again or anew
12. During the war, many _____ ships were converted into battleships.
n. the goods carried by ship, aircraft, or other vehicles
13. She was _____ in a car accident.
adj. having a physical or mental condition that limits someone's specific actions that most other people can do
14. The strong wind caused the kayak to _____ throwing the paddler into the water.
v. to overturn or tip over a boat or other watercraft; to turn upside down or on its side, often as a result of a sudden force or imbalance
15. He accidentally sprained his _____ playing squash.
n. the part or joint connecting the foot to the leg

ANSWERS: 8. sector, 9. native, 10. sprained, 11. rebuild, 12. cargo, 13. disabled, 14. capsized, 15. ankle

16. The fire department arrived just in time to _____ the family from the burning building.
- v.* to save someone or something from a dangerous or difficult situation
17. He was the leader of the demonstrators and spoke out against the war in the front ____.
- n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
18. Missile assaults on the capital continued around _____.
- n.* the time of day when the sun's light starts to show in the sky
19. She _____ her crying friend with words of encouragement.
- v.* to provide emotional support or encouragement to someone; (noun) a type of table that is meant to be displayed against a wall; a control panel or unit that houses the controls for a particular piece of equipment
20. The castle was _____ several years later.
- v.* to leave a place, thing, or person with no intention of returning; (noun) a feeling of extreme emotional intensity
21. The devastating _____ caused widespread damage and left many people homeless.
- n.* a violent, tropical, cyclonic storm of the western North Atlantic, having wind speeds of or over 64 knots (74 miles per hour)
22. There are _____ differences between the two wine-producing regions.
- adj.* easy to see, discover or understand
23. He borrowed money from a loan _____.
- n.* a long-bodied, mostly predatory marine fish that has sharp teeth and a pointed fin on its back; a person who is ruthless, greedy, and dishonest

ANSWERS: 16. rescue, 17. row, 18. dawn, 19. consoled, 20. abandoned, 21. hurricane, 22. obvious, 23. shark

24. The aspiring _____ spent hours every day composing and practicing his music.
- n.* a person who writes songs, particularly lyrics, and music for popular music or other genres
25. The car's front bumper cost fifteen hundred _____.
- n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
26. This remote _____ is rarely visited.
- n.* a particular location or place; a small round or roundish area, differing in color or feels from the surface around it
27. The nation's healthcare system is in _____ at the moment.
- n.* the process or period of changing from one state or circumstance to another
28. You _____ a bill in the change machine, and the coins pop out.
- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
29. Energy-efficient _____ are needed to maximize the cruising distance of electric vehicles.
- n.* a device that converts electricity, fuel, etc. into movement and makes a machine, vehicle, etc. work
30. The team's loss in the semifinals did not _____ their determination to return stronger next season.
- v.* to cause someone to lose hope, confidence, or enthusiasm; to discourage or demoralize

ANSWERS: 24. songwriter, 25. pounds, 26. spot, 27. transition, 28. stick, 29. motors, 30. dishearten

31. His _____ behavior led him down a destructive path.

adj. behaving or acting in an unpredictable, erratic, or disobedient manner; straying from what is considered normal, expected, or acceptable

32. The quaint _____ in the woods was the perfect retreat for a weekend getaway.

n. a small, simple dwelling or shelter, typically made of wood and located in a remote or rural area; an enclosed compartment or area within a larger structure, such as an aircraft or ship, where passengers or crew members can sit or sleep

33. The large group of _____ swam gracefully in the ocean, jumping out of the water now and then.

n. a marine mammal that typically has a beaklike snout, a streamlined body, and flippers and that feeds on fish and squid

34. This year's extreme heat has resulted in many heat _____ cases.

n. a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

35. The garden looked magical in the _____ with the flowers and trees casting eerie shadows.

n. the light of the moon, which is reflected sunlight and is much weaker than direct sunlight; (verb) to work at a second job, often in addition to one's regular employment, usually without the knowledge or approval of one's employer

36. She closed her eyes and _____ for strength to overcome difficult times.

v. to make a request or petition to a higher power, especially in the form of a respectful or humble request

37. The university's _____ announced new policies regarding campus safety.

n. a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises

ANSWERS: 31. wayward, 32. cabin, 33. dolphins, 34. stroke, 35. moonlight, 36. prayed, 37. administrator

38. I always look forward to going back to my _____ during the holidays.
n. the town or city where one was born or grew up
39. There was a crack in the _____ that I found.
n. a room's top interior surface
40. Dolphins use sound to _____ with each other.
v. to share or exchange information with others by speaking, writing, moving your body, or using other signals
41. The corporation _____ dominated the entire tobacco business.
adv. finally, particularly after a long time or a lot of struggle, complications, and so on
42. After their boat engine failed, they were left _____ in the middle of the ocean.
adj. without purpose or direction; floating with no clear destination or goal; lacking a stable or secure position or status
43. She wore a _____ necklace passed down to her from her grandmother.
n. a hard, roundish object found within the shells of certain mollusks and used as a gem
44. The coach explained a strategy to _____ the opponent's schemes to the players.
v. to hinder or prevent efforts, plans, or desires from doing, succeeding, or being fulfilled; to make someone feel upset or annoyed because they are unable to change or achieve something
45. She has been in great _____ since she was heartbroken.
n. a feeling of great worry, sadness, pain, or discomfort

ANSWERS: 38. hometown, 39. ceiling, 40. communicate, 41. eventually, 42. adrift, 43. pearl, 44. frustrate, 45. distress

46. The river was too deep to cross, so we had to find a _____ downstream where the water was shallower.

n. a shallow place in a river or stream where it is possible to walk or drive across

47. The statement had a _____ impact on house prices.

adj. very sudden, very excellent, or full of action and excitement

48. He is good at swimming _____.

adv. below or under the surface of the water

49. The accident caused a cracked _____.

n. each of a series of curved bones that are connected to the spine and surround the chest; (adjective) subject to laughter or ridicule

50. The _____ truth was that he had been lying to her for months.

adj. unattractive in appearance; unpleasant to look at

51. The _____ hurricane season runs from June to November each year.

adj. relating to or located near the Atlantic Ocean, which is the second-largest ocean on Earth, located between the continents of North and South America to the west and Europe and Africa to the east

52. Some countries have a culture of eating the flesh of a _____.

n. a very large sea mammal that has a streamlined body and breathes through a blowhole on the head; a very large person; impressive in size or qualities

53. The baby _____ 1 pound 3 oz.

v. to have a particular weight; to carefully evaluate things before making a conclusion

ANSWERS: 46. ford, 47. dramatic, 48. underwater, 49. rib, 50. ugly, 51. Atlantic, 52. whale, 53. weighs

54. She felt _____ after finishing her book.

adj. having completed a task or achieved a goal successfully; skilled or proficient at something

55. A large _____ branch provided a perfect perch for the seagull to rest on.

n. wood that has been carried along by the current of a river or ocean and washed up on shore, often used for decorative purposes or as fuel

56. He displayed the _____ symptoms of depression.

adj. judged or deserving to be regarded as one of the best or most important of its kind over a period of time; of a well-known type

57. He _____ a branch from a tree quickly.

v. to break or separate something by cutting, especially suddenly and forcibly

58. The military uses _____ missiles to hit targets from far away.

adj. relating to or extending over a long distance, period of time, or range of possibilities

59. You must _____ with others to obtain this position.

v. to strive to achieve more success than someone or something

60. Full involvement means _____ and prompt responses.

adj. honest and sincere; open and candid in expression

61. There is not a _____ of evidence that he is guilty.

v. to tear or cut something into a small pieces; (noun) a tiny or scarcely detectable amount

ANSWERS: 54. accomplished, 55. driftwood, 56. classic, 57. severed, 58. long-range, 59. compete, 60. frank, 61. shred

62. The _____ to the Amazon jungle was both exciting and challenging.
- n.* a journey or voyage for a specific purpose
63. I'll be waiting for you in front of the café at 6 PM, so be on time for our _____.
- n.* a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody
64. He _____ when he heard that he had been accepted into the university.
- v.* to turn over into a different position quickly; to throw or toss with a light motion
65. She carefully reviewed the _____ of each section before diving into the research paper.
- n.* a title, caption, or heading that introduces or summarizes the content of a written or printed document; the direction or course in which something is moving or heading

ANSWERS: 62. expedition, 63. pickup, 64. flipped, 65. heading