

Englist.me



Vocabulary Builder Reference from...

Robyn Stein DeLuca: The good news about PMS |

TED Talk

https://www.ted.com/talks/robyn_stein_deluca_the_good_news_about_pms

All Words

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

crazy

adj. stupid or not sensible; very angry

synonym : insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme

The rain and thunder are **crazy** today.

menstrual

adj. of or relating to the time when a woman menstruates (= to discharge the blood from the uterus) each month

synonym : catamenial

(1) a **menstrual** period, (2) **menstrual** blood

The average length of a woman's **menstrual** cycle is 21 to 35 days.

inevitable

adj. certain to happen and unavoidable

synonym : inescapable, unavoidable, sure

(1) **inevitable** changes of the seasons, (2) **inevitable** result

In times of recession, an increase in unemployment is **inevitable**.

hormone

n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

(1) **hormone** secretion, (2) female **hormone**

The doctor diagnosed me with a **hormone** disorder.

roll

v. to move in a particular direction by turning over and over or from side to side
synonym: spin, swirl, wheel
(1) **roll** a ball, (2) **roll** down his cheeks
He was exhausted and **rolled** into bed as soon as he got home.

irrational

adj. not based on, or not using reason or clear thinking; (mathematics) a real number that cannot be expressed as the ratio of two integers
synonym: illogical, ludicrous, senseless
(1) an **irrational** request, (2) **irrational** numbers
They continued to endure **irrational** treatment by the dictatorship.

irritable

adj. easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events
synonym: cranky, grumpy, touchy
(1) **irritable** bowel syndrome, (2) **irritable** mood
Lack of sleep can make me **irritable** and easily annoyed.

assume

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
synonym: guess, presume, suppose
(1) **assume** a lousy attitude to his boss, (2) **assume** an important role
The following example **assumes** that the capacity of each battery is the same.

fluctuation

n. a change, or the process of changing, that frequently happens, especially from one extreme to another; the quality of being unsteady and subject to changes
synonym: change, instability, flux

(1) price **fluctuations**, (2) **fluctuation** of water level
Temperature **fluctuations** are often milder in oceanfront areas.

reproductive

adj. connected with the process of reproduction; relating to reproducing babies, young animals, or plants
synonym: procreative, generative

(1) **reproductive** ability, (2) during **reproductive** period
This documentary deals with the **reproductive** biology of the buffalo.

extreme

adj. very great in amount or degree
synonym: farthestmost, outermost, fierce

(1) **extreme** sports, (2) **extreme** weather events
Solar gravity creates **extreme** pressures and temperatures.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**
Some **emotions** are common across cultures and backgrounds.

firm

adj. resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
synonym: stable, secure, steadfast

(1) **firm** grip, (2) accounting **firm**
The **firm** deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.

entrenched

adj. established firmly and securely
synonym: deep-rooted, confirmed, ingrained

(1) **entrenched** ideas, (2) **entrenched** positions
The monarch exploited the peasants using its **entrenched**

power.

examine

v. to study or consider a person or object attentively and thoroughly to learn something about them

synonym: study, probe, analyze

(1) **examine** the data studiously, (2) **examine** the issue
Initially, we must **examine** all project-related expenses.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

warn

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

synonym: alert, caution, admonish

(1) **warn** a reckless driver, (2) **warned** me of the plan
I attempted to **warn** him, but he ignored me.

journal

n. a newspaper or magazine specialized in a specific topic or profession

synonym: periodical, diary, bulletin

(1) scientific **journal**, (2) **journal** articles

The physician is reading the **journals** related to medicine

calcium

n. a chemical element with the symbol Ca and atomic number 20, which is an important mineral for the human body

synonym: Ca, lime, chalk

(1) **calcium** deficiency, (2) ion of **calcium**

The patient was prescribed a **calcium** supplement to help prevent osteoporosis.

witch

n. a person, typically a woman, who is believed to have magic powers and practices witchcraft

synonym : sorceress, enchantress, healer

(1) **witch** hunt, (2) **witch** trial

Many people in the medieval period believed in **witches** and their ability to cast spells.

verify

v. to check that something exists or is true, or to prove that something is correct

synonym : affirm, ascertain, confirm

(1) **verify** a document, (2) **verify** identity

We always **verify** all critical information independently.

widespread

adj. existing or happening in various places or among many people

synonym : across-the-board, overall, general

(1) **widespread** use, (2) **widespread** fear of nuclear war

In medieval times, death punishment was **widespread** and socially accepted.

consensus

n. general agreement or accord in the judgment or opinion reached by a group as a whole

synonym : agreement, accord, harmony

(1) a public **consensus**, (2) **consensus** among scientists

The two parties have reached a **consensus**.

definition

n. a concise explanation of the meaning of a word, phrase, or symbol

synonym : description, connotation, meaning

(1) a precise **definition**, (2) the **definition** of a word

Parallel lines are, by **definition**, lines on the same plane that never cross.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym : characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success"

rigorously.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

involve

v. to include or affect someone or something as a necessary part of something else

synonym: implicate, include, engage

(1) **involve** a lot of paperwork, (2) **involve** a high degree of risk

The investigation **involves** several government agencies and is expected to take several months.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym: minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

cognitive

adj. of or relating to mental processes of understanding

synonym: perceivable, mind, mental

(1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym: sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

ovulation

n. the process in a woman's menstrual cycle during which an ovary releases an egg

synonym : egg-releasing, ovary-releasing, ovum-releasing

(1) **ovulation** cycle, (2) inhibit **ovulation**

The woman tracked her **ovulation** using a fertility app on her smartphone.

menstruate

v. to have or experience the process in a woman's menstrual cycle during which blood and other materials are discharged from the uterus

synonym : period, menstruation, menarche

(1) **menstruate** regularly, (2) failure to **menstruate**

The teenage girl began to **menstruate** last month.

tricky

adj. requiring care and skill because challenging to do or deal with

synonym : thorny, problematic, crafty

(1) **tricky** problem, (2) a **tricky** recipe to follow

We have discussed the entirety of this **tricky** problem.

diagnose

v. to determine or distinguish the nature of a problem or an illness through a careful analysis

synonym : identify, analyze, interpret

(1) **diagnose** the problem, (2) **diagnose** with CT scans

This device is used to **diagnose** brain cancer and other tumors.

disorder

n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

synonym : chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

vague

adj. not clearly expressed or understood

synonym : ambiguous, imprecise, dim

(1) **vague** idea, (2) make a **vague** answer

The **vague** rumor turned out to be false.

label

n. a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category

synonym : tag, mark, identifier

(1) a mailing **label**, (2) **label** a bag with my name

The **label** on the food package lists the ingredients and nutritional information.

eventually

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

synonym : finally, someday, ultimately

(1) **eventually** become obsolete, (2) **eventually** succeed

The corporation **eventually** dominated the entire tobacco business.

meaningless

adj. having no meaning, direction, or purpose

synonym : pointless, absurd, senseless

(1) a **meaningless** endeavor, (2) do a **meaningless** task

This experiment's results are **meaningless** because the other conditions are not identical.

row

n. an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

synonym : line, sequence, layer

(1) criminal on death **row**, (2) a **row** of cherry trees

He was the leader of the demonstrators and spoke out against the war in the front **row**.

disturb

v. to interrupt someone who is trying to work, sleep, etc.

synonym : agitate, bother, intrude

(1) **disturb** the peace, (2) **disturb** his sleep

Tourists frequently **disturb** the island's delicate natural balance.

prevalence

n. the state or condition of being widespread or common; the extent or frequency of occurrence of a disease or condition in a given population at a specific time

synonym: preponderance, currency, frequency

(1) **prevalence** rate, (2) high **prevalence** of a diabetes
The **prevalence** of allergies has increased in recent years.

estimate

v. to guess or calculate the cost, size, value, etc. of something

synonym: calculate, gauge, evaluate

(1) **estimate** a fair value, (2) **estimate** this chicken to weigh three pounds

We **estimated** the season's total trade deficit at \$50 billion.

retrospective

adj. looking back on or dealing with past events or situations, particularly those that are considered important or influential; an exhibition or showing of a particular artist's work, covering an extended period of time

synonym: backward-looking, reflective, nostalgic

(1) **retrospective** review, (2) **retrospective** study

The **retrospective** exhibition featured some of the artist's earliest works.

rely

v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

synonym: depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him
Babies heavily **rely** on others for food.

inflate

v. to fill something with air or gas so that it becomes bigger and rounder

synonym: blow up, expand, puff up

(1) **inflate** a tire, (2) **inflate** expense reports

She **inflated** the balloons for the party.

prospective

adj. likely or expected to happen or become in the future, often referring to something or someone that is being considered or evaluated

synonym : future, potential, expected

(1) **prospective** customer, (2) **prospective** candidate

The company is looking for **prospective** employees with strong communication skills.

exclusive

adj. not divided or shared with others

synonym : sole, deluxe, limited

(1) **exclusive** authority, (2) **exclusive** clubs

The condo offers **exclusive** access to the beach.

problematic

adj. full of difficulties; difficult to deal with or solve

synonym : inappropriate, inconvenient, worrisome

(1) a **problematic** situation, (2) seems to be highly **problematic**

Direct democracy is effective in quickly resolving **problematic** situations within a community.

component

n. one of several parts that combines with others to form something bigger

synonym : element, part, factor

(1) key **component**, (2) spare **components** for cars

The researchers try to discover a common **component** in all types of successful organizations.

unheard

adj. not heard, listened to, or noticed; not having been brought to public attention

synonym : unknown, obscure

(1) an **unheard** story, (2) previously **unheard-of** economic development

The **unheard** melody was beautiful and touched everyone's hearts.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym : particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations

The scientist conducted a study that provided **specific** details about the species' behavior.

characteristic

n. a typical feature or quality that can identify, tell apart, or describe something or somebody

synonym : feature, quality, attribute

(1) stripes **characteristic** of the zebra, (2) my friend's **characteristic** laugh

Bananas have their **characteristic** taste and odor.

questionnaire

n. a form or document containing a series of questions used for surveying or gathering information from a group of people, often used in research, marketing, or social science studies

synonym : survey, poll, form

(1) fill out a **questionnaire**, (2) distribute a **questionnaire**

The company sent out a lengthy **questionnaire** to gather feedback from its customers.

duration

n. the length of time something lasts or continues

synonym : period, span, course

(1) the **duration** of insurance, (2) short **duration**

The military incarcerated him for the **duration** of the war.

severity

n. the quality or condition of being severe, strict, or harsh
synonym: harshness, rigidity, austerity

(1) the **severity** of cold, (2) high **severity**

The **severity** of the drought was a major concern for farmers.

reliable

adj. worthy of being relied on; trustworthy

synonym: dependable, trustworthy, dedicated

(1) **reliable** access, (2) guarantee **reliable** delivery

Trains are **reliable**, inexpensive, and ideal for long-distance travel.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

manual

adj. done by hand rather than by machine; (noun) a book of instructions, especially for operating a machine or learning a subject

synonym: by hand, (noun) handbook, (noun) tutorial

(1) car with **manual** transmissions, (2) look at the **manual**

This machine cuts metal by **manual** control.

redefine

v. to change the meaning or interpretation of something; to make people think about something in a new or different way

synonym: reconsider, reformulate, alter

(1) **redefine** customer experience, (2) **redefine** our role

The video telephony application has **redefined** the way we work.

dysphoria

n. a state of unease or dissatisfaction; a general sense of anxiety, discontent, or emotional discomfort

synonym: unhappiness, distress, dissatisfaction

(1) social **dysphoria**, (2) abdomen **dysphoria**

Many individuals with gender **dysphoria** struggle with their identity and seek support.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym: cite, allude, mention

(1) **refer** to a book, (2) **refer** to a map

Please **refer** to the instruction manual for further assistance.

agitation

n. a state of anxiety, excitement, or disturbance that is often associated with restlessness, agitation, or nervousness; the act of stirring or moving something in a rapid or erratic manner

synonym: excitement, restlessness, turmoil

(1) **agitation** levels, (2) political **agitation**

The crowd's **agitation** grew as the politician failed to answer their questions.

uneasy

adj. causing or feeling anxiety or discomfort

synonym: anxious, troubled, nervous

(1) have **uneasy** eyes, (2) **uneasy** relationship

He was **uneasy** about the situation and didn't know what to do.

guideline

n. a general rule or principle that provides guidance to appropriate behavior; a piece of advice or instructions that tell you how something should be done or what something should be

synonym: policy, direction, protocol

(1) an education **guideline**, (2) **guideline** for clinical trial

This book will be a practical **guideline** when coding.

improve

v. to make or become better

synonym: enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

absent

adj. not present in a particular place at a particular time

synonym: missing, away, not present

(1) **absent-minded**, (2) **absent** without leave

He was **absent** from the meeting and missed all the important updates.

mood

n. the way you feel at a particular time; an angry or impatient state of mind

synonym: mindset, disposition, temper

(1) the **mood** in a room, (2) in an ugly **mood**

His gaffe spoiled the **mood** of the dinner party.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym: concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge

She waited for her daughter with **anxiety**.

depression

n. a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market

synonym: recession, slump, despair

(1) the Great **Depression**, (2) the root problem of her **depression**

Depression symptoms might include a decrease in appetite and weight loss.

slide

v. to move or cause to move smoothly along a surface without interruption

synonym: glide, drift, drop

(1) **slide** a card across the table, (2) **slide** a glance

If necessary, you can **slide** the front seats forward.

appetite

n. a natural desire or craving for food or drink; a strong desire or liking for something

synonym: hunger, appetite, craving

(1) **appetite** suppression, (2) loss of **appetite**
After a long hike, I had a huge **appetite** and devoured my meal in minutes.

associate

v. to mentally connect someone or something with someone or something else

synonym: tie in, link, consociate

(1) **associate** alcohol with gambling, (2) **associate** with people widely

The majority of consumers **associate** this brand with quality.

clinical

adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

synonym: dispassionate, analytic, scientific

(1) **clinical** surgery, (2) participate in **clinical** trials

She received special **clinical** training at the hospital.

distress

n. a feeling of great worry, sadness, pain, or discomfort

synonym: discomfort, despair, misery

(1) a signal of **distress**, (2) emotional **distress**

She has been in great **distress** since she was heartbroken.

disturbance

n. something that interrupts a settled and peaceful condition or that makes someone feel nervous or worried

synonym: disorder, upset, annoyance

(1) a nervous **disturbance**, (2) a **disturbance** caused by a terrorist

This building construction causes serious **disturbance** to residents.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

exacerbate

v. to make a situation, problem, or feeling worse

synonym: worsen, aggravate, escalate

(1) **exacerbate** the situation, (2) **exacerbate** symptoms

The heat wave **exacerbated** the drought conditions.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym: purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

criteria

n. (plural of criterion) standards or conditions by which something may be judged or decided

synonym: bars, benchmarks, standards

(1) **criteria** for action, (2) consistency **criteria**

He didn't meet all the **criteria**, but he was hired anyway.

variable

adj. likely to change or vary often; (noun) a symbol, like x or y, that is used in mathematical or logical expressions to represent a value that may be changed

synonym: erratic, inconsistent, irregular

(1) a **variable** species, (2) a dependent **variable**

Rainfall in the tropics is highly **variable**.

occasion

n. a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

synonym: event, time, occurrence

(1) a glad **occasion**, (2) as **occasion** demands

She wore her best dress for the special **occasion**.

predict

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

synonym: forecast, anticipate, foresee

(1) **predict** the future, (2) **predict** when she will arrive

It's notoriously challenging to **predict** birth rates.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

trickle

v. to flow or drip slowly and in small amounts; to happen or occur gradually or in small quantities

synonym: dribble, flow, seep

(1) **trickle** down my cheek, (2) **trickle** from his eyes

Water was beginning to **trickle** into the basement after the heavy rain.

myth

n. an ancient story or set of stories accepted as history, especially explaining the worldview of a people

synonym : fable, legend, lore

(1) the **myth** of an old religion, (2) perpetuate a **myth**

With the financial bubble bursting, the **myth** of economic growth in investment banking collapsed.

persist

v. to continue to do and refuse to stop something despite difficulties or opposition, even if it appears unreasonable

synonym : endure, continue, carry on

(1) **persist** over time, (2) **persist** in success

Consult your doctor if the symptoms **persist**.

onslaught

n. a fierce or violent attack; a sudden and intense outburst of something, usually negative

synonym : attack, assault, charge

(1) **onslaught** of criticism, (2) urban **onslaught**

The village was unprepared for the sudden **onslaught** of the enemy army.

convincing

adj. able to make someone believe that something is true

synonym : clear, compelling, believable

(1) a **convincing** victory, (2) **convincing** biochemical explanation

I found her assertion pretty **convincing**.

erroneous

adj. containing errors; mistaken or incorrect; based on faulty reasoning or information

synonym : incorrect, mistaken, fallacious

(1) **erroneous** information, (2) **erroneous** decision

The report contained several **erroneous** statements that needed to be corrected.

correlation

n. a statistical relationship between two variables in which one variable is affected by the other; a reciprocal relation between two or more facts, numbers, etc.

synonym : relationship, connection, association

(1) ecological **correlation**, (2) **correlation** coefficient

There is a strong **correlation** between education level and income.

persistent

adj. continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time

synonym : tenacious, steadfast, unrelenting

(1) **persistent** cough, (2) **persistent** data

Despite the setbacks, he remained **persistent** in his pursuit of his dreams.

boundary

n. a real or imaginary line that marks the limit or extent of something and separates it from other things or places

synonym : border, frontier, limitation

(1) geographical **boundary**, (2) the **boundary** between reality and fantasy

He wandered the **boundary** between life and death by gunfire.

feminine

adj. relating to women; having the features or appearance often associated with women

synonym : womanly, womanlike, femalelike

(1) add a **feminine** touch, (2) the sacred **feminine**

The dress mixes sophisticated lines with an appealing floral design for a classically **feminine** style.

feminist

adj. describing a belief in and advocacy for achieving gender equality in social, political, and economic spheres; advocating for the rights and empowerment of women;
(noun) a person who believes in and advocates for gender equality between men and women

synonym : egalitarian

(1) **feminist** movement, (2) **feminist** perspective

The **feminist** ideals of inclusivity and diversity are important in creating a more just and equal world.

universal

adj. existing or affecting everywhere or everyone

synonym : common, broad, worldwide

(1) **universal** life, (2) principles of **universal** design

The picture earned near- **universal** acclaim from critics.

satisfaction

n. a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something

synonym : delight, pleasure, content

(1) a sense of **satisfaction**, (2) customer **satisfaction**

The mediated settlement brought **satisfaction** to both sides.

permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym : allow, authorize, concede

(1) **permit** application, (2) work **permit**

The teacher will not **permit** any students to leave the classroom early.

complain

v. to say dissatisfaction or annoyance about something or somebody

synonym : gripe, claim, denounce

(1) **complain** about a job, (2) call and **complain** frequently

Our users are often **complaining** about the slow application.

irritate

v. to annoy, provoke, or cause resentment or anger in someone; to inflame or make sore

synonym : annoy, vex, bother

(1) **irritate** skin, (2) **irritate** my partner

The sound of his chewing loudly **irritates** me during dinner.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym : atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's

environment.

attribute

v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

synonym: ascribe, blame, (noun) feature

(1) **attribute** the change to their marriage, (2) **attribute** directly to sales

He **attributes** the disappointing results to the economic downturn.

absolve

v. (especially in religion or law) to declare someone free from guilt, punishment, or responsible for something

synonym: exempt, acquit, forgive

(1) **absolve** you from this responsibility, (2) **absolve** a person of a sin

The lender offered to **absolve** him of \$500 in debt on condition of work.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym: accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

criticism

n. the act of analyzing, evaluating, or judging something, especially literary or artistic work, to find fault with it or to offer suggestions for improvement; the expression of disapproval or censure

synonym: critique, commentary, review

(1) **criticism** from the public, (2) harsh **criticism**

Constructive **criticism** is always helpful to help improving one's work.

invalidate

v. to nullify, negate, or render ineffective; to prove something is false or unfounded

synonym: void, nullify, negate

(1) **invalidate** contract, (2) **invalidate** passport

Submitting false information will **invalidate** your application.

severely

adv. very badly or seriously

synonym: harshly, hardly, oppressively

(1) **severely** burned arm, (2) criticize him **severely**

Her company was **severely** affected by the bank's failure.

profitable

adj. making or likely to make material gain or profit

synonym: advantageous, beneficial, thriving

(1) a **profitable** job, (2) **profitable** trade

The Prohibition amendment made bootlegging **profitable**.

thrive

v. to grow vigorously; to make steady progress

synonym: bloom, flourish, prosper

(1) **thrive** in a society, (2) **thrive** on pressure

Without investment, a business cannot **thrive**.

industrious

adj. hardworking, diligent, and persistent in effort

synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

cornucopia

n. a symbol of abundance or plenty, typically represented by a horn-shaped container overflowing with fruit, flowers, and other riches; an abundant or plentiful supply of good things

synonym: abundance, plenty, profusion

(1) **cornucopia** harvest, (2) **cornucopia** of options

The farmers' markets were filled with a **cornucopia** of fresh produce during the fall harvest.

clinic

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym : hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**

She holds a **clinic** on Tuesday mornings.

workshop

n. a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group

synonym : studio, laboratory, atelier

(1) **workshop** attendee, (2) carpentry **workshop**

The artist held a **workshop** to teach students how to paint with watercolors.

seminar

n. a group meeting or class for discussion, teaching, or training on a particular subject

synonym : workshop, conference, symposium

(1) business **seminar**, (2) academic **seminar**

I'm attending a leadership **seminar** next week.

reputable

adj. having a good reputation or standing; trustworthy, reliable, or respected

synonym : respectable, honorable, esteemed

(1) **reputable** company, (2) **reputable** source

I only trust certified mechanics from **reputable** auto shops to work on my car.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym : cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth
The pharmacist not only prescribes the **medication** but also guides its proper use.

physician

n. a medical doctor who practices medicine

synonym: doctor, practitioner, medic

(1) the advice of the **physician**, (2) consult with a **physician**
She visited the local **physician** to seek treatment for her persistent headache.

prescribe

v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

synonym: define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

antidepressant

n. any of a class of drugs used to reduce feelings of sadness and worry

(1) an **antidepressant** drug, (2) **antidepressant** effect
She has been taking **antidepressants** since her baby died.

vary

v. to become different in terms of size, shape, etc.

synonym: alter, contrast, differ

(1) **vary** according to the age, (2) **vary** directly with the price
Maximum heart rates **vary** a lot for each individual.

distinct

adj. noticeable from something else of a similar type

synonym: different, special, characteristic

(1) **distinct** difference, (2) **distinct** from each other
It is essential to keep these two issues **distinct**.

suppose

v. to think that something is likely to be actual or possible

synonym: guess, assume, presume

(1) **suppose** you're right, (2) **suppose** beforehand
What do you **suppose** the culprit's motive was?

deem

v. to consider or decide something in a particular way
synonym: believe, consider, suppose

(1) **deem** socially responsible, (2) **deem** wrong or inappropriate

Regarding earthquakes, some commercial buildings were **deemed** unsafe.

perpetuate

v. to make something continue or prevail for a long time
synonym: eternalize, preserve, maintain

(1) **perpetuate** a myth, (2) **perpetuate** chronic pain
That work **perpetuates** his fame.

substantial

adj. fairly large in size, value, or importance
synonym: significant, notable, actual

(1) a **substantial** amount of capital, (2) have a **substantial** meal

The pandemic was a **substantial** business opportunity for certain companies.

protocol

n. a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement

synonym: procedure, system, method

(1) draft a **protocol**, (2) **protocol** breach

The company has a strict **protocol** for handling sensitive information to ensure security.

pharmaceutical

adj. relating to the production and selling of the medical drugs

synonym: drug, medication, prescription

(1) major **pharmaceutical** companies, (2) commercial **pharmaceutical** products

She gave money to help set up a **pharmaceutical** laboratory.

reap

v. to harvest a grain crop from a field; to obtain something beneficial as a consequence of something that you have done

synonym : collect, harvest, derive

(1) **reap** the benefits, (2) **reap** crops

He **reaped** a significant profit from the listing of his company's stock.

untold

adj. not yet revealed or known; not having been counted or measured

synonym : countless, immeasurable, innumerable

(1) **untold** riches, (2) an **untold** number of people

The **untold** stories of the disaster victims need to be heard to understand the impact fully.

profit

n. money that is earned in business or by selling things after deducting the costs involved

synonym : earnings, gain, proceeds

(1) gross **profit**, (2) make a **profit**

This business yields little **profit**.

convinced

adj. completely certain about something; having a strong belief or conviction in a particular religion

synonym : confident, positive, indoctrinated

(1) **convinced** of the idea, (2) **convinced** criminal

The public is **convinced** that the prime minister has committed fraud.

childbearing

n. the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy

synonym : accouchement, childbirth, maternity

(1) **childbearing** capacity, (2) **childbearing** at a later age

Many women delay **childbearing** until their careers are established.

over-the-counter

adj. (often abbreviated as "OTC") relating to products or medications that are available for purchase without a prescription from a licensed healthcare professional; (noun, of finance) a method of trading that doesn't take place on a formal exchange

synonym : OTC, off-the-shelf

(1) **over-the-counter** drugs, (2) **over-the-counter** trading
I prefer to buy **over-the-counter** medication instead of getting a prescription.

claim

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

synonym : assert, declare, maintain

(1) **claim** responsibility, (2) false **claim**

He wants to **claim** ownership of the abandoned property.

diuretic

n. a substance or medication that increases the production of urine, which helps to reduce the level of fluids in the body; (adjective) causing increased production of urine

(1) anti- **diuretic** effect, (2) **diuretic** administration

He took an oral **diuretic** to reduce the swelling in his legs.

relieve

v. to make something burdensome, unpleasant, or painful less severe

synonym : alleviate, ease, assuage

(1) **relieve** his thirst, (2) **relieve** stress

The medicine **relieved** his headache, and he felt much better.

caffeine

n. a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance

synonym : stimulant

(1) **caffeine** intake, (2) coffee with the **caffeine** removed
She experienced headaches and fatigue as symptoms of

caffeine withdrawal after quitting coffee.

argue

v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others

synonym: debate, dispute, quarrel

(1) **argue** a case, (2) **argue** passionately

The couple began to **argue** over which restaurant to go to for dinner.

magical

adj. produced by or containing supernatural powers

synonym: enchanting, occult, supernatural

(1) **magical** place, (2) **magical** powers

When I was a child, my mother often cast **magical** spells to ease my pain whenever I was injured.

adolescent

n. a young person who is in the process of developing from a child into an adult

synonym: teen, preadult, youth

(1) **adolescent** girl, (2) pre- **adolescent** children

Timely education about birth control might help reduce **adolescent** pregnancies.

aim

v. to try or plan to get or achieve something

synonym: aspire, direct, target

(1) **aim** at a specific target, (2) **aim** to be a nurse

We **aim** for an overseas expansion.

convince

v. to persuade someone or make someone believe that something is true

synonym: persuade, win over, convert

(1) **convince** her to go with us, (2) **convince** an opponent

I am considering what I should do to **convince** him.

monster

n. an imaginary creature that is large and has various human and animal parts; someone or something large and powerful

synonym : giant, freak, behemoth

(1) horde of **monsters**, (2) **monster** film

This car has a **monster** engine.

revenue

n. the income that a government receives from taxes or that a company earns from its business

synonym : earnings, payment, remuneration

(1) tax **revenue**, (2) annual **revenue**

This graph indicates the city's tourism **revenue** over five years.

lucrative

adj. producing a great deal of profit; financially rewarding

synonym : profitable, moneymaking, remunerative

(1) **lucrative** deal, (2) **lucrative** market

Investing in real estate can be a **lucrative** business if done correctly.

adverse

adj. unfavorable or harmful

synonym : hostile, detrimental, unfavorable

(1) **adverse** circumstances, (2) **adverse** reaction

The **adverse** weather conditions forced us to cancel the outdoor event.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym : result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

contribute

v. to give something, especially money or goods, to provide or achieve something together with other people

synonym : donate, devote, commit

(1) **contribute** a large sum of money to the fund,

(2) **contribute** to society

Government workers cannot **contribute** to political campaigns.

medic

n. a person trained to provide medical care, especially in an emergency

synonym: paramedic, medical professional

(1) **medic** unit, (2) military **medic**

The army **medic** arrived on the scene to provide medical assistance.

conceptualization

n. the process of forming or developing an abstract idea or concept, often through the use of language or other symbolic representations

synonym: conception, formulation, thought

(1) **conceptualization** of a problem, (2) the **conceptualization** of the sculpture

The **conceptualization** of the project took several weeks to complete.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

excessive

adj. greater than what seems necessary, normal, or desirable

synonym: unreasonable, exorbitant, inflated

(1) an **excessive** force, (2) take **excessive** care

It would be best if you did not demand such an **excessive** charge.

delivery

n. the act of taking or sending something to a destination; the bringing of a baby during childbirth

synonym: sending, transporting, bringing

(1) an easy **delivery**, (2) special **delivery**

The **delivery** truck arrived with the packages.

hysterectomy

n. a surgical procedure that involves the removal of part or all of the uterus, typically performed to treat certain medical conditions such as uterine cancer or severe endometriosis

synonym: uterus removal

(1) **hysterectomy** surgery, (2) post- **hysterectomy** recovery

She hesitated to undergo a **hysterectomy** because of the potential risks and side effects.

enhance

v. to increase or improve the quality, amount, or strength of someone or something

synonym: improve, enrich, refine

(1) **enhance** value, (2) **enhance** the flavor of the vanilla

The new strategy will **enhance** the profitability of our company.

stereotype

n. a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense

(1) avoid **stereotype**, (2) negative **stereotypes**

Changing **stereotypes** about LGBTQ requires considerable effort.

competence

n. the ability to do something well or efficiently; the knowledge, skill, and ability required to perform a task or job effectively

synonym: ability, proficiency, skill

(1) **competence** evaluation, (2) proven **competence**

The company is looking for candidates with the necessary **competence** and skills.

tremendous

adj. very great in degree or extent or amount or impact; extremely good

synonym : enormous, giant, immense

(1) **tremendous** amount, (2) **tremendous** popularity

We had a **tremendous** time yesterday.

stride

v. to walk with long steps in a particular direction; (noun) an important and positive progress

synonym : step, walk, march

(1) **stride** across a room, (2) **stride** down a slope

She **strides** confidently across the stage to accept her award.

workforce

n. all the people who work in a company, industry, country, etc.

synonym : labor pool, manpower

(1) skilled **workforce**, (2) the **workforce** is on strike

Many companies outsource and hire consultants to keep their **workforce** flexible.

minuscule

adj. extremely small; tiny

synonym : tiny, insignificant, microscopic

(1) **minuscule** amount, (2) **minuscule** letters

This ore emits **minuscule** quantities of radiation

echelon

n. a level or rank in a hierarchical organization or system; a step or stage in a hierarchical structure or scale; a formation of troops, ships, aircraft, etc., arranged in a step-like order

synonym : level, rank, tier

(1) lower **echelon** employees, (2) military **echelon**

He quickly climbed up the corporate **echelon** and became the CEO within a few years.

government

n. the group of people with authority to control a country or state

synonym : administration, regime, state

(1) **government** bureaucracy, (2) **government** funding
The federal **government** is planning to increase taxes for the next fiscal year.

senator

n. a member of a legislative body, especially a member of the U.S. Senate

synonym: legislator, politician, representative

(1) junior **senator**, (2) **senator** term

The hawkish **senator** gave a speech on the new bill in the Senate.

steady

adj. firmly fixed, supported, or balanced; not shaking or moving

synonym: stable, solid, secure

(1) **steady** increase, (2) take a **steady** job

The patient's vital signs are **steady**, indicating a stable condition.

upset

adj. causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

synonym: disturbed, bothered, resentful

(1) get **upset**, (2) have an **upset** stomach

He was awfully **upset** by the news.

individual

n. a single person or thing, as distinct from a group

synonym: person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

societal

adj. relating to society or social relationships

synonym: social, communal, cultural

(1) **societal** norms, (2) **societal** expectations

The **societal** pressure to conform is strong in this community.

racism

n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized

synonym : prejudice, discrimination, bias

(1) systemic **racism**, (2) research on anti- **racism**

The school's lack of diversity was a clear indication of the **racism** present in the community.

grind

v. to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time

synonym : mill, crush, grate

(1) **grind** away at my work, (2) **grind** your teeth

She had to **grind** the coffee beans before making a fresh cup.

poverty

n. the condition of being extremely poor

synonym : deprivation, destitution, poorness

(1) **poverty** alleviation, (2) the cycle of **poverty**

Many studies have investigated the relationship between **poverty** and academic achievement.

relate

v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

synonym : connect, link, associate

(1) **relate** a story, (2) **relate** a message

He tried to **relate** his experience to the group, but they couldn't understand.

sweeping

adj. extensive, broad, or far-reaching in scope or impact; characterized by a vigorous or forceful movement, often involving wide motions or gestures

synonym : broad, extensive, vast

(1) **sweeping** changes, (2) **sweeping** landscapes

The **sweeping** views from the mountaintop were breathtaking.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

norm

n. something that is regarded as usual, typical, or standard

synonym: criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry **norms**.

embrace

v. to accept something willingly and enthusiastically;
(noun) the act of clasping another person in the arms as in greeting or affection

synonym: grasp, hold tightly, accept

(1) **embrace** an opportunity, (2) a warm **embrace**

The woods **embrace** the house.

Session 2: Spelling

1. st___e across a room
v. to walk with long steps in a particular direction; (noun) an important and positive progress
2. research on anti-ra___m
n. prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
3. irr_____al numbers
adj. not based on, or not using reason or clear thinking; (mathematics) a real number that cannot be expressed as the ratio of two integers
4. ma_____l powers
adj. produced by or containing supernatural powers
5. cor_____on coefficient
n. a statistical relationship between two variables in which one variable is affected by the other; a reciprocal relation between two or more facts, numbers, etc.
6. ar__e a case
v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
7. tax re_____e
n. the income that a government receives from taxes or that a company earns from its business
8. a r_w of cherry trees
n. an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

ANSWERS: 1. stride, 2. racism, 3. irrational, 4. magical, 5. correlation, 6. argue, 7. revenue, 8. row

9. proven com_____ce *n.* the ability to do something well or efficiently; the knowledge, skill, and ability required to perform a task or job effectively
10. pe_____t in success *v.* to continue to do and refuse to stop something despite difficulties or opposition, even if it appears unreasonable
11. at_____te directly to sales *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
12. st___e down a slope *v.* to walk with long steps in a particular direction; (noun) an important and positive progress
13. criminal on death r_w *n.* an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars
14. the bo_____ry between reality and fantasy *n.* a real or imaginary line that marks the limit or extent of something and separates it from other things or places
15. ad_____e circumstances *adj.* unfavorable or harmful
16. short du_____on *n.* the length of time something lasts or continues
17. em_____al health *adj.* relating to people's feelings
18. ca_____ne intake *n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance

ANSWERS: 9. competence, 10. persist, 11. attribute, 12. stride, 13. row, 14. boundary, 15. adverse, 16. duration, 17. emotional, 18. caffeine

19. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
20. have un____y eyes *adj.* causing or feeling anxiety or discomfort
21. a cr__y scheme *adj.* stupid or not sensible; very angry
22. cl__m responsibility *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
23. pr_____be a drug *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
24. mi_____le amount *adj.* extremely small; tiny
25. tr_____e down my cheek *v.* to flow or drip slowly and in small amounts; to happen or occur gradually or in small quantities
26. ove_____ter trading *adj.* (often abbreviated as "OTC") relating to products or medications that are available for purchase without a prescription from a licensed healthcare professional; (noun, of finance) a method of trading that doesn't take place on a formal exchange
27. eve_____ly become obsolete *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
28. work pe____t *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

ANSWERS: 19. relation, 20. uneasy, 21. crazy, 22. claim, 23. prescribe, 24. minuscule, 25. trickle, 26. over-the-counter, 27. eventually, 28. permit

29. in_____e expense reports *v.* to fill something with air or gas so that it becomes bigger and rounder
30. harsh cr_____sm *n.* the act of analyzing, evaluating, or judging something, especially literary or artistic work, to find fault with it or to offer suggestions for improvement; the expression of disapproval or censure
31. a nervous dis_____ce *n.* something that interrupts a settled and peaceful condition or that makes someone feel nervous or worried
32. an education gu_____ne *n.* a general rule or principle that provides guidance to appropriate behavior; a piece of advice or instructions that tell you how something should be done or what something should be
33. carpentry wo_____op *n.* a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group
34. a seafaring na____n *n.* a large organized community of people living in a particular country or region and having a particular culture
35. r__y on convenience stores *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
36. ab_____e you from this responsibility *v.* (especially in religion or law) to declare someone free from guilt, punishment, or responsible for something
37. psy_____gy of crowd *n.* the scientific study of mind and behavior

ANSWERS: 29. inflate, 30. criticism, 31. disturbance, 32. guideline, 33. workshop, 34. nation, 35. rely, 36. absolve, 37. psychology

38. commercial pha_____cal products
adj. relating to the production and selling of the medical drugs
39. a public co_____us
n. general agreement or accord in the judgment or opinion reached by a group as a whole
40. gov_____nt bureaucracy
n. the group of people with authority to control a country or state
41. false cl__m
v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
42. participate in cl_____al trials
adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
43. pr_____be in the preceding paragraph
v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
44. d__m socially responsible
v. to consider or decide something in a particular way
45. ar__e passionately
v. to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
46. d__m wrong or inappropriate
v. to consider or decide something in a particular way
47. chi_____ing at a later age
n. the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy

ANSWERS: 38. pharmaceutical, 39. consensus, 40. government, 41. claim, 42. clinical, 43. prescribe, 44. deem, 45. argue, 46. deem, 47. childbearing

48. mi_____le letters *adj.* extremely small; tiny
49. cr_____ia for action *n.* (plural of criterion) standards or conditions by which something may be judged or decided
50. systemic ra____m *n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
51. customer sat_____ion *n.* a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something
52. re_____ne customer experience *v.* to change the meaning or interpretation of something; to make people think about something in a new or different way
53. in an ugly m__d *n.* the way you feel at a particular time; an angry or impatient state of mind
54. di_____ct difference *adj.* noticeable from something else of a similar type
55. er_____us information *adj.* containing errors; mistaken or incorrect; based on faulty reasoning or information
56. spare co_____nts for cars *n.* one of several parts that combines with others to form something bigger
57. wo_____op attendee *n.* a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group

ANSWERS: 48. minuscule, 49. criteria, 50. racism, 51. satisfaction, 52. redefine, 53. mood, 54. distinct, 55. erroneous, 56. component, 57. workshop

58. a precise def_____on *n.* a concise explanation of the meaning of a word, phrase, or symbol
59. en_____e the flavor of the vanilla *v.* to increase or improve the quality, amount, or strength of someone or something
60. a private ind_____al *n.* a single person or thing, as distinct from a group
61. ind_____al freedom *n.* a single person or thing, as distinct from a group
62. the files are in complete di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
63. w____ned me of the plan *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
64. co_____ed criminal *adj.* completely certain about something; having a strong belief or conviction in a particular religion
65. re_____le source *adj.* having a good reputation or standing; trustworthy, reliable, or respected
66. principles of un_____al design *adj.* existing or affecting everywhere or everyone
67. re_____le access *adj.* worthy of being relied on; trustworthy
68. take a st____y job *adj.* firmly fixed, supported, or balanced; not shaking or moving
69. major pha_____cal companies *adj.* relating to the production and selling of the medical drugs

ANSWERS: 58. definition, 59. enhance, 60. individual, 61. individual, 62. disorder, 63. warn, 64. convinced, 65. reputable, 66. universal, 67. reliable, 68. steady, 69. pharmaceutical

70. high se____ty *n.* the quality or condition of being severe, strict, or harsh
71. negative ste_____pes *n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
72. have an up__t stomach *adj.* causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry
73. st___y increase *adj.* firmly fixed, supported, or balanced; not shaking or moving
74. perpetuate a m__h *n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people
75. pre_____ce rate *n.* the state or condition of being widespread or common; the extent or frequency of occurrence of a disease or condition in a given population at a specific time
76. the def_____on of a word *n.* a concise explanation of the meaning of a word, phrase, or symbol
77. ex_____e the data studiously *v.* to study or consider a person or object attentively and thoroughly to learn something about them
78. make a va__e answer *adj.* not clearly expressed or understood
79. stripes cha_____tic of the zebra *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody

ANSWERS: 70. severity, 71. stereotype, 72. upset, 73. steady, 74. myth, 75. prevalence, 76. definition, 77. examine, 78. vague, 79. characteristic

80. ir_____le bowel syndrome *adj.* easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events
81. ag_____on levels *n.* a state of anxiety, excitement, or disturbance that is often associated with restlessness, agitation, or nervousness; the act of stirring or moving something in a rapid or erratic manner
82. an un____d number of people *adj.* not yet revealed or known; not having been counted or measured
83. en_____e value *v.* to increase or improve the quality, amount, or strength of someone or something
84. re_____e stress *v.* to make something burdensome, unpleasant, or painful less severe
85. ex_____ve authority *adj.* not divided or shared with others
86. in_____e a lot of paperwork *v.* to include or affect someone or something as a necessary part of something else
87. an easy de_____ry *n.* the act of taking or sending something to a destination; the bringing of a baby during childbirth
88. th____e on pressure *v.* to grow vigorously; to make steady progress
89. inv_____te contract *v.* to nullify, negate, or render ineffective; to prove something is false or unfounded
90. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 80. irritable, 81. agitation, 82. untold, 83. enhance, 84. relieve, 85. exclusive, 86. involve, 87. delivery, 88. thrive, 89. invalidate, 90. process

91. do a mea_____ss task *adj.* having no meaning, direction, or purpose
92. rep_____ive ability *adj.* connected with the process of reproduction; relating to reproducing babies, young animals, or plants
93. con_____te to society *v.* to give something, especially money or goods, to provide or achieve something together with other people
94. people with bipolar di_____er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
95. re__r to a map *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
96. se_____r term *n.* a member of a legislative body, especially a member of the U.S. Senate
97. a mea_____ss endeavor *adj.* having no meaning, direction, or purpose
98. psy_____gy experiment *n.* the scientific study of mind and behavior
99. pre-ado_____nt children *n.* a young person who is in the process of developing from a child into an adult
100. have a ne_____ve effect *adj.* having the quality of something bad or harmful; expressing refusal
101. improve co_____ve function *adj.* of or relating to mental processes of understanding
102. make a pr____t *n.* money that is earned in business or by selling things after deducting the costs involved

ANSWERS: 91. meaningless, 92. reproductive, 93. contribute, 94. disorder, 95. refer, 96. senator, 97. meaningless, 98. psychology, 99. adolescent, 100. negative, 101. cognitive, 102. profit

103. va__e idea *adj.* not clearly expressed or understood
104. ant_____ant effect *n.* any of a class of drugs used to reduce feelings of sadness and worry
105. avoid ste_____pe *n.* a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
106. add a fe_____ne touch *adj.* relating to women; having the features or appearance often associated with women
107. er_____us decision *adj.* containing errors; mistaken or incorrect; based on faulty reasoning or information
108. an irr_____al request *adj.* not based on, or not using reason or clear thinking; (mathematics) a real number that cannot be expressed as the ratio of two integers
109. high pre_____ce of a diabetes *n.* the state or condition of being widespread or common; the extent or frequency of occurrence of a disease or condition in a given population at a specific time
110. sl__e a card across the table *v.* to move or cause to move smoothly along a surface without interruption
111. the con_____ion of the sculpture *n.* the process of forming or developing an abstract idea or concept, often through the use of language or other symbolic representations

ANSWERS: 103. vague, 104. antidepressant, 105. stereotype, 106. feminine, 107. erroneous, 108. irrational, 109. prevalence, 110. slide, 111. conceptualization

112. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
113. re_____e his thirst *v.* to make something burdensome, unpleasant, or painful less severe
114. un_____al life *adj.* existing or affecting everywhere or everyone
115. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
116. fe_____st movement *adj.* describing a belief in and advocacy for achieving gender equality in social, political, and economic spheres; advocating for the rights and empowerment of women; (noun) a person who believes in and advocates for gender equality between men and women
117. cr__y about cars and racing *adj.* stupid or not sensible; very angry
118. special de_____ry *n.* the act of taking or sending something to a destination; the bringing of a baby during childbirth
119. chaotic env_____nt *n.* the natural world such as air, water, and land in which humans, animals, and plants live
120. em_____e an opportunity *v.* to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection

ANSWERS: 112. responsible, 113. relieve, 114. universal, 115. anxiety, 116. feminist, 117. crazy, 118. delivery, 119. environment, 120. embrace

121. tr_____e from his eyes *v.* to flow or drip slowly and in small amounts; to happen or occur gradually or in small quantities
122. me_____al blood *adj.* of or relating to the time when a woman menstruates (= to discharge the blood from the uterus) each month
123. the Great Dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
124. co_____ce an opponent *v.* to persuade someone or make someone believe that something is true
125. abdomen dy_____ia *n.* a state of unease or dissatisfaction; a general sense of anxiety, discontent, or emotional discomfort
126. la__l a bag with my name *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
127. ove_____ter drugs *adj.* (often abbreviated as "OTC") relating to products or medications that are available for purchase without a prescription from a licensed healthcare professional; (noun, of finance) a method of trading that doesn't take place on a formal exchange
128. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
129. draft a pr_____ol *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement

ANSWERS: 121. trickle, 122. menstrual, 123. depression, 124. convince, 125. dysphoria, 126. label, 127. over-the-counter, 128. emotion, 129. protocol

130. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
131. seems to be highly pro_____ic *adj.* full of difficulties; difficult to deal with or solve
132. a dental cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
133. es_____te this chicken to weigh three pounds *v.* to guess or calculate the cost, size, value, etc. of something
134. ex_____e weather events *adj.* very great in amount or degree
135. coffee with the ca_____ne removed *n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance
136. during rep_____ive period *adj.* connected with the process of reproduction; relating to reproducing babies, young animals, or plants
137. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
138. ecological cor_____on *n.* a statistical relationship between two variables in which one variable is affected by the other; a reciprocal relation between two or more facts, numbers, etc.
139. r__p crops *v.* to harvest a grain crop from a field; to obtain something beneficial as a consequence of something that you have done

ANSWERS: 130. responsible, 131. problematic, 132. clinic, 133. estimate, 134. extreme, 135. caffeine, 136. reproductive, 137. relation, 138. correlation, 139. reap

140. an ex_____ve force *adj.* greater than what seems necessary, normal, or desirable
141. the sacred fe_____ne *adj.* relating to women; having the features or appearance often associated with women
142. f__m grip *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
143. guarantee re_____le delivery *adj.* worthy of being relied on; trustworthy
144. anti-di_____ic effect *n.* a substance or medication that increases the production of urine, which helps to reduce the level of fluids in the body; (adjective) causing increased production of urine
145. per_____nt data *adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time
146. r__l down his cheeks *v.* to move in a particular direction by turning over and over or from side to side
147. post-hys_____omy recovery *n.* a surgical procedure that involves the removal of part or all of the uterus, typically performed to treat certain medical conditions such as uterine cancer or severe endometriosis

ANSWERS: 140. excessive, 141. feminine, 142. firm, 143. reliable, 144. diuretic, 145. persistent, 146. roll, 147. hysterectomy

148. ret_____ive study *adj.* looking back on or dealing with past events or situations, particularly those that are considered important or influential; an exhibition or showing of a particular artist's work, covering an extended period of time
149. em_____al distress *adj.* relating to people's feelings
150. exa_____te the situation *v.* to make a situation, problem, or feeling worse
151. the con_____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
152. ab___t-minded *adj.* not present in a particular place at a particular time
153. as___e a lousy attitude to his boss *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
154. cl_____al surgery *adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
155. re_____ne our role *v.* to change the meaning or interpretation of something; to make people think about something in a new or different way
156. ex_____e sports *adj.* very great in amount or degree
157. so_____al norms *adj.* relating to society or social relationships
158. cultural n__m *n.* something that is regarded as usual, typical, or standard

ANSWERS: 148. retrospective, 149. emotional, 150. exacerbate, 151. consequence, 152. absent, 153. assume, 154. clinical, 155. redefine, 156. extreme, 157. societal, 158. norm

159. annual re_____e *n.* the income that a government receives from taxes or that a company earns from its business
160. consult with a ph_____an *n.* a medical doctor who practices medicine
161. the wo_____ce is on strike *n.* all the people who work in a company, industry, country, etc.
162. ve____y a document *v.* to check that something exists or is true, or to prove that something is correct
163. as____e an important role *v.* to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
164. con_____ng biochemical explanation *adj.* able to make someone believe that something is true
165. inv_____te passport *v.* to nullify, negate, or render ineffective; to prove something is false or unfounded
166. ve____y identity *v.* to check that something exists or is true, or to prove that something is correct
167. ado_____nt girl *n.* a young person who is in the process of developing from a child into an adult
168. call and co_____in frequently *v.* to say dissatisfaction or annoyance about something or somebody
169. di_____ct from each other *adj.* noticeable from something else of a similar type

ANSWERS: 159. revenue, 160. physician, 161. workforce, 162. verify, 163. assume, 164. convincing, 165. invalidate, 166. verify, 167. adolescent, 168. complain, 169. distinct

170. pro_____ve customer *adj.* likely or expected to happen or become in the future, often referring to something or someone that is being considered or evaluated
171. a sub_____al amount of capital *adj.* fairly large in size, value, or importance
172. co_____ce her to go with us *v.* to persuade someone or make someone believe that something is true
173. skilled wo_____ce *n.* all the people who work in a company, industry, country, etc.
174. ov_____on cycle *n.* the process in a woman's menstrual cycle during which an ovary releases an egg
175. the root problem of her dep_____on *n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
176. chi_____ing capacity *n.* the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy
177. pro_____ve candidate *adj.* likely or expected to happen or become in the future, often referring to something or someone that is being considered or evaluated
178. env_____nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live
179. the advice of the ph_____an *n.* a medical doctor who practices medicine

ANSWERS: 170. prospective, 171. substantial, 172. convince, 173. workforce, 174. ovulation, 175. depression, 176. childbearing, 177. prospective, 178. environment, 179. physician

180. scientific jo____l *n.* a newspaper or magazine specialized in a specific topic or profession
181. gr__d away at my work *v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
182. key co_____nt *n.* one of several parts that combines with others to form something bigger
183. men_____te regularly *v.* to have or experience the process in a woman's menstrual cycle during which blood and other materials are discharged from the uterus
184. a tr___y recipe to follow *adj.* requiring care and skill because challenging to do or deal with
185. political ag_____on *n.* a state of anxiety, excitement, or disturbance that is often associated with restlessness, agitation, or nervousness; the act of stirring or moving something in a rapid or erratic manner
186. v__y directly with the price *v.* to become different in terms of size, shape, etc.
187. neurotic sy_____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
188. flu_____on of water level *n.* a change, or the process of changing, that frequently happens, especially from one extreme to another; the quality of being unsteady and subject to changes
189. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

ANSWERS: 180. journal, 181. grind, 182. component, 183. menstruate, 184. tricky, 185. agitation, 186. vary, 187. symptom, 188. fluctuation, 189. statistics

190. im_____e a process *v.* to make or become better
191. geographical bo_____ry *n.* a real or imaginary line that marks the limit or extent of something and separates it from other things or places
192. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use
193. a mailing la__l *n.* a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category
194. wi__h hunt *n.* a person, typically a woman, who is believed to have magic powers and practices witchcraft
195. ir_____le mood *adj.* easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events
196. a dependent va_____le *adj.* likely to change or vary often; (noun) a symbol, like x or y, that is used in mathematical or logical expressions to represent a value that may be changed
197. di_____b the peace *v.* to interrupt someone who is trying to work, sleep, etc.
198. un___y relationship *adj.* causing or feeling anxiety or discomfort
199. get up__t *adj.* causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

ANSWERS: 190. improve, 191. boundary, 192. communal, 193. label, 194. witch, 195. irritable, 196. variable, 197. disturb, 198. uneasy, 199. upset

200. ex_____e the issue *v.* to study or consider a person or object attentively and thoroughly to learn something about them
201. female ho_____e *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood
202. gross pr____t *n.* money that is earned in business or by selling things after deducting the costs involved
203. horde of mo_____rs *n.* an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
204. an_____y for knowledge *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
205. sl__e a glance *v.* to move or cause to move smoothly along a surface without interruption
206. wid_____ad use *adj.* existing or happening in various places or among many people
207. re____e a message *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
208. at_____te the change to their marriage *v.* to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;

ANSWERS: 200. examine, 201. hormone, 202. profit, 203. monster, 204. anxiety, 205. slide, 206. widespread, 207. relate, 208. attribute

209. re__r to a book *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
210. a me_____al period *adj.* of or relating to the time when a woman menstruates (= to discharge the blood from the uterus) each month
211. the m__h of an old religion *n.* an ancient story or set of stories accepted as history, especially explaining the worldview of a people
212. an ant_____ant drug *n.* any of a class of drugs used to reduce feelings of sadness and worry
213. me__c unit *n.* a person trained to provide medical care, especially in an emergency
214. co_____ed of the idea *adj.* completely certain about something; having a strong belief or conviction in a particular religion
215. antibiotic med_____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
216. military me__c *n.* a person trained to provide medical care, especially in an emergency
217. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
218. consistency cr_____ia *n.* (plural of criterion) standards or conditions by which something may be judged or decided
219. ine_____le changes of the seasons *adj.* certain to happen and unavoidable

ANSWERS: 209. refer, 210. menstrual, 211. myth, 212. antidepressant, 213. medic, 214. convinced, 215. medication, 216. medic, 217. colleague, 218. criteria, 219. inevitable

220. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
221. pe____t application *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
222. pro_____le trade *adj.* making or likely to make material gain or profit
223. criticize him se_____ly *adv.* very badly or seriously
224. as oc_____on demands *n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done
225. gu_____ne for clinical trial *n.* a general rule or principle that provides guidance to appropriate behavior; a piece of advice or instructions that tell you how something should be done or what something should be
226. a va_____le species *adj.* likely to change or vary often; (noun) a symbol, like x or y, that is used in mathematical or logical expressions to represent a value that may be changed
227. in_____e a tire *v.* to fill something with air or gas so that it becomes bigger and rounder
228. immune fu_____on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

ANSWERS: 220. medication, 221. permit, 222. profitable, 223. severely, 224. occasion, 225. guideline, 226. variable, 227. inflate, 228. function

229. have a sub_____al meal *adj.* fairly large in size, value, or importance
230. a warm em_____e *v.* to accept something willingly and enthusiastically; (noun) the act of clasp ing another person in the arms as in greeting or affection
231. su____r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
232. business se_____r *n.* a group meeting or class for discussion, teaching, or training on a particular subject
233. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
234. so_____al expectations *adj.* relating to society or social relationships
235. de_____e a word *v.* to state or explain precisely the nature, scope, or meaning of something
236. ad_____e reaction *adj.* unfavorable or harmful
237. urban on_____ht *n.* a fierce or violent attack; a sudden and intense outburst of something, usually negative
238. wid_____ad fear of nuclear war *adj.* existing or happening in various places or among many people
239. inhibit ov_____on *n.* the process in a woman's menstrual cycle during which an ovary releases an egg
240. the cycle of po_____y *n.* the condition of being extremely poor

ANSWERS: 229. substantial, 230. embrace, 231. suffer, 232. seminar, 233. opportune, 234. societal, 235. define, 236. adverse, 237. onslaught, 238. widespread, 239. ovulation, 240. poverty

241. exa_____te symptoms *v.* to make a situation, problem, or feeling worse
242. per_____te chronic pain *v.* to make something continue or prevail for a long time
243. per_____nt cough *adj.* continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time
244. industry-sp_____ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
245. fill out a que_____ire *n.* a form or document containing a series of questions used for surveying or gathering information from a group of people, often used in research, marketing, or social science studies
246. re____e a story *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
247. im_____e the test score *v.* to make or become better
248. per_____te a myth *v.* to make something continue or prevail for a long time
249. cr_____sm from the public *n.* the act of analyzing, evaluating, or judging something, especially literary or artistic work, to find fault with it or to offer suggestions for improvement; the expression of disapproval or censure

ANSWERS: 241. exacerbate, 242. perpetuate, 243. persistent, 244. specific, 245. questionnaire, 246. relate, 247. improve, 248. perpetuate, 249. criticism

250. ind_____us worker *adj.* hardworking, diligent, and persistent in effort
251. su___r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
252. ab_____e a person of a sin *v.* (especially in religion or law) to declare someone free from guilt, punishment, or responsible for something
253. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
254. look at the ma___l *adj.* done by hand rather than by machine; (noun) a book of instructions, especially for operating a machine or learning a subject
255. di_____se with CT scans *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
256. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
257. as_____te alcohol with gambling *v.* to mentally connect someone or something with someone or something else
258. lu_____ve deal *adj.* producing a great deal of profit; financially rewarding
259. th___e in a society *v.* to grow vigorously; to make steady progress
260. academic se_____r *n.* a group meeting or class for discussion, teaching, or training on a particular subject

ANSWERS: 250. industrious, 251. suffer, 252. absolve, 253. colleague, 254. manual, 255. diagnose, 256. statistics, 257. associate, 258. lucrative, 259. thrive, 260. seminar

261. eve_____ly succeed *adv.* finally, particularly after a long time or a lot of struggle, complications, and so on
262. di_____ic administration *n.* a substance or medication that increases the production of urine, which helps to reduce the level of fluids in the body; (adjective) causing increased production of urine
263. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
264. n__m of action *n.* something that is regarded as usual, typical, or standard
265. tr____y problem *adj.* requiring care and skill because challenging to do or deal with
266. es_____te a fair value *v.* to guess or calculate the cost, size, value, etc. of something
267. a pro_____ic situation *adj.* full of difficulties; difficult to deal with or solve
268. w__n a reckless driver *v.* to make someone aware of potential danger or difficulty, particularly one that may occur in the future
269. com_____ce evaluation *n.* the ability to do something well or efficiently; the knowledge, skill, and ability required to perform a task or job effectively
270. previously un_____d-of economic development *adj.* not heard, listened to, or noticed; not having been brought to public attention
271. in_____e a high degree of risk *v.* to include or affect someone or something as a necessary part of something else

ANSWERS: 261. eventually, 262. diuretic, 263. medical, 264. norm, 265. tricky, 266. estimate, 267. problematic, 268. warn, 269. competence, 270. unheard, 271. involve

272. mo_____r film *n.* an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
273. pe_____t over time *v.* to continue to do and refuse to stop something despite difficulties or opposition, even if it appears unreasonable
274. co_____us among scientists *n.* general agreement or accord in the judgment or opinion reached by a group as a whole
275. pr_____t when she will arrive *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience
276. ent_____ed positions *adj.* established firmly and securely
277. wi__h trial *n.* a person, typically a woman, who is believed to have magic powers and practices witchcraft
278. ir_____te my partner *v.* to annoy, provoke, or cause resentment or anger in someone; to inflame or make sore
279. a signal of di_____ss *n.* a feeling of great worry, sadness, pain, or discomfort
280. de___e my position *v.* to state or explain precisely the nature, scope, or meaning of something
281. a sense of sat_____ion *n.* a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something

ANSWERS: 272. monster, 273. persist, 274. consensus, 275. predict, 276. entrenched, 277. witch, 278. irritate, 279. distress, 280. define, 281. satisfaction

282. po____y alleviation *n.* the condition of being extremely poor
283. sw_____ng landscapes *adj.* extensive, broad, or far-reaching in scope or impact; characterized by a vigorous or forceful movement, often involving wide motions or gestures
284. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
285. social dy_____ia *n.* a state of unease or dissatisfaction; a general sense of anxiety, discontent, or emotional discomfort
286. ir_____te skin *v.* to annoy, provoke, or cause resentment or anger in someone; to inflame or make sore
287. co_____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
288. lower ec_____n employees *n.* a level or rank in a hierarchical organization or system; a step or stage in a hierarchical structure or scale; a formation of troops, ships, aircraft, etc., arranged in a step-like order
289. ca_____m deficiency *n.* a chemical element with the symbol Ca and atomic number 20, which is an important mineral for the human body
290. ine_____le result *adj.* certain to happen and unavoidable
291. on_____ht of criticism *n.* a fierce or violent attack; a sudden and intense outburst of something, usually negative

ANSWERS: 282. poverty, 283. sweeping, 284. symptom, 285. dysphoria, 286. irritate, 287. communal, 288. echelon, 289. calcium, 290. inevitable, 291. onslaught

292. co_____in about a job *v.* to say dissatisfaction or annoyance about something or somebody
293. fu_____on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
294. ion of ca_____m *n.* a chemical element with the symbol Ca and atomic number 20, which is an important mineral for the human body
295. gr__d your teeth *v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
296. cor_____ia harvest *n.* a symbol of abundance or plenty, typically represented by a horn-shaped container overflowing with fruit, flowers, and other riches; an abundant or plentiful supply of good things
297. ap_____te suppression *n.* a natural desire or craving for food or drink; a strong desire or liking for something
298. a glad oc_____on *n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

ANSWERS: 292. complain, 293. function, 294. calcium, 295. grind, 296. cornucopia, 297. appetite, 298. occasion

299. lu_____ve market *adj.* producing a great deal of profit; financially rewarding
300. a con_____ng victory *adj.* able to make someone believe that something is true
301. my friend's cha_____tic laugh *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
302. r__p the benefits *v.* to harvest a grain crop from a field; to obtain something beneficial as a consequence of something that you have done
303. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
304. sw_____ng changes *adj.* extensive, broad, or far-reaching in scope or impact; characterized by a vigorous or forceful movement, often involving wide motions or gestures
305. junior se_____r *n.* a member of a legislative body, especially a member of the U.S. Senate
306. price flu_____ons *n.* a change, or the process of changing, that frequently happens, especially from one extreme to another; the quality of being unsteady and subject to changes
307. ho_____e secretion *n.* a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

ANSWERS: 299. lucrative, 300. convincing, 301. characteristic, 302. reap, 303. emotion, 304. sweeping, 305. senator, 306. fluctuation, 307. hormone

308. ind_____us student *adj.* hardworking, diligent, and persistent in effort
309. un___d riches *adj.* not yet revealed or known; not having been counted or measured
310. di_____se the problem *v.* to determine or distinguish the nature of a problem or an illness through a careful analysis
311. loss of ap_____te *n.* a natural desire or craving for food or drink; a strong desire or liking for something
312. an un_____d story *adj.* not heard, listened to, or noticed; not having been brought to public attention
313. a pro_____le job *adj.* making or likely to make material gain or profit
314. a ne_____ve number *adj.* having the quality of something bad or harmful; expressing refusal
315. su_____e you're right *v.* to think that something is likely to be actual or possible
316. r__y entirely on him *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
317. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 308. industrious, 309. untold, 310. diagnose, 311. appetite, 312. unheard, 313. profitable, 314. negative, 315. suppose, 316. rely, 317. process

318. failure to men_____te *v.* to have or experience the process in a woman's menstrual cycle during which blood and other materials are discharged from the uterus
319. accounting f__m *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
320. a_m to be a nurse *v.* to try or plan to get or achieve something
321. se_____ly burned arm *adv.* very badly or seriously
322. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual
323. temporary me_____l treatment *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
324. fe_____st perspective *adj.* describing a belief in and advocacy for achieving gender equality in social, political, and economic spheres; advocating for the rights and empowerment of women; (noun) a person who believes in and advocates for gender equality between men and women
325. emotional di_____ss *n.* a feeling of great worry, sadness, pain, or discomfort

ANSWERS: 318. menstruate, 319. firm, 320. aim, 321. severely, 322. consequence, 323. medical, 324. feminist, 325. distress

326. r__l a ball *v.* to move in a particular direction by turning over and over or from side to side
327. ma_____l place *adj.* produced by or containing supernatural powers
328. cor_____ia of options *n.* a symbol of abundance or plenty, typically represented by a horn-shaped container overflowing with fruit, flowers, and other riches; an abundant or plentiful supply of good things
329. ret_____ive review *adj.* looking back on or dealing with past events or situations, particularly those that are considered important or influential; an exhibition or showing of a particular artist's work, covering an extended period of time
330. a dis_____ce caused by a terrorist *n.* something that interrupts a settled and peaceful condition or that makes someone feel nervous or worried
331. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
332. ab___t without leave *adj.* not present in a particular place at a particular time
333. re_____le company *adj.* having a good reputation or standing; trustworthy, reliable, or respected
334. v__y according to the age *v.* to become different in terms of size, shape, etc.
335. tre_____us popularity *adj.* very great in degree or extent or amount or impact; extremely good

ANSWERS: 326. roll, 327. magical, 328. cornucopia, 329. retrospective, 330. disturbance, 331. nation, 332. absent, 333. reputable, 334. vary, 335. tremendous

336. hys_____omy surgery *n.* a surgical procedure that involves the removal of part or all of the uterus, typically performed to treat certain medical conditions such as uterine cancer or severe endometriosis
337. distribute a que_____ire *n.* a form or document containing a series of questions used for surveying or gathering information from a group of people, often used in research, marketing, or social science studies
338. jo_____l articles *n.* a newspaper or magazine specialized in a specific topic or profession
339. take ex_____ve care *adj.* greater than what seems necessary, normal, or desirable
340. sp_____ic instructions *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
341. military ec_____n *n.* a level or rank in a hierarchical organization or system; a step or stage in a hierarchical structure or scale; a formation of troops, ships, aircraft, etc., arranged in a step-like order
342. pr_____ol breach *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
343. visit to the veterinary cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition

ANSWERS: 336. hysterectomy, 337. questionnaire, 338. journal, 339. excessive, 340. specific, 341. echelon, 342. protocol, 343. clinic

344. di_____b his sleep *v.* to interrupt someone who is trying to work, sleep, etc.
345. as_____te with people widely *v.* to mentally connect someone or something with someone or something else
346. the se_____ty of cold *n.* the quality or condition of being severe, strict, or harsh
347. con_____ion of a problem *n.* the process of forming or developing an abstract idea or concept, often through the use of language or other symbolic representations
348. car with ma_____l transmissions *adj.* done by hand rather than by machine; (noun) a book of instructions, especially for operating a machine or learning a subject
349. tre_____us amount *adj.* very great in degree or extent or amount or impact; extremely good
350. research on co_____ve psychology *adj.* of or relating to mental processes of understanding
351. ent_____ed ideas *adj.* established firmly and securely
352. a_m at a specific target *v.* to try or plan to get or achieve something
353. su_____e beforehand *v.* to think that something is likely to be actual or possible
354. con_____te a large sum of money to the fund *v.* to give something, especially money or goods, to provide or achieve something together with other people
355. pr_____t the future *v.* to state beforehand that something will happen in the future, mainly based on knowledge or experience

ANSWERS: 344. disturb, 345. associate, 346. severity, 347. conceptualization, 348. manual, 349. tremendous, 350. cognitive, 351. entrenched, 352. aim, 353. suppose, 354. contribute, 355. predict

356. the du____on of insurance *n.* the length of time something lasts or continues
357. the m__d in a room *n.* the way you feel at a particular time; an angry or impatient state of mind
358. gov_____nt funding *n.* the group of people with authority to control a country or state
359. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
360. ex_____ve clubs *adj.* not divided or shared with others

ANSWERS: 356. duration, 357. mood, 358. government, 359. opportune, 360. exclusive

Session 3: Fill in the Blanks

1. The artist held a _____ to teach students how to paint with watercolors.
n. a place where people work, especially one where they do manual or practical work; a brief intensive course for a small group

2. We have discussed the entirety of this _____ problem.
adj. requiring care and skill because challenging to do or deal with

3. The _____ deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.
adj. resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company

4. The majority of consumers _____ this brand with quality.
v. to mentally connect someone or something with someone or something else

5. The _____ exhibition featured some of the artist's earliest works.
adj. looking back on or dealing with past events or situations, particularly those that are considered important or influential; an exhibition or showing of a particular artist's work, covering an extended period of time

6. He was awfully _____ by the news.
adj. causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

7. The dress mixes sophisticated lines with an appealing floral design for a classically _____ style.
adj. relating to women; having the features or appearance often associated with women

ANSWERS: 1. workshop, 2. tricky, 3. firm, 4. associate, 5. retrospective, 6. upset, 7. feminine

8. The heat wave _____ the drought conditions.
v. to make a situation, problem, or feeling worse
9. We want to _____ ties between our two countries.
v. to make or become better
10. The doctor prescribed some medicine for the mental _____.
n. an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
11. It is essential to keep these two issues _____.
adj. noticeable from something else of a similar type
12. Human _____ responses vary widely depending on the society to which they belong.
adj. relating to people's feelings
13. The _____ truck arrived with the packages.
n. the act of taking or sending something to a destination; the bringing of a baby during childbirth
14. Many people in the medieval period believed in _____ and their ability to cast spells.
n. a person, typically a woman, who is believed to have magic powers and practices witchcraft
15. Bananas have their _____ taste and odor.
n. a typical feature or quality that can identify, tell apart, or describe something or somebody

ANSWERS: 8. exacerbated, 9. improve, 10. disorder, 11. distinct, 12. emotional, 13. delivery, 14. witches, 15. characteristic

16. The rain and thunder are _____ today.

adj. stupid or not sensible; very angry

17. This business yields little _____.

n. money that is earned in business or by selling things after deducting the costs involved

18. The _____ ideals of inclusivity and diversity are important in creating a more just and equal world.

adj. describing a belief in and advocacy for achieving gender equality in social, political, and economic spheres; advocating for the rights and empowerment of women; (noun) a person who believes in and advocates for gender equality between men and women

19. He wandered the _____ between life and death by gunfire.

n. a real or imaginary line that marks the limit or extent of something and separates it from other things or places

20. His gaffe spoiled the _____ of the dinner party.

n. the way you feel at a particular time; an angry or impatient state of mind

21. The _____ of Japan is known for its unique culture and advanced technology.

n. a large organized community of people living in a particular country or region and having a particular culture

22. The patient was prescribed a _____ supplement to help prevent osteoporosis.

n. a chemical element with the symbol Ca and atomic number 20, which is an important mineral for the human body

23. The _____ demonstrate that poverty and unemployment are genuine problems.

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

ANSWERS: 16. crazy, 17. profit, 18. feminist, 19. boundary, 20. mood, 21. nation, 22. calcium, 23. statistics

24. She had to _____ the coffee beans before making a fresh cup.
- v.* to reduce something to small particles or powder by crushing or rubbing it; to work hard over a long period of time
25. This book will be a practical _____ when coding.
- n.* a general rule or principle that provides guidance to appropriate behavior; a piece of advice or instructions that tell you how something should be done or what something should be
26. Babies heavily _____ on others for food.
- v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
27. The _____ views from the mountaintop were breathtaking.
- adj.* extensive, broad, or far-reaching in scope or impact; characterized by a vigorous or forceful movement, often involving wide motions or gestures
28. Lack of sleep can make me _____ and easily annoyed.
- adj.* easily or frequently agitated, annoyed, or angered; prone to becoming tense or angry in response to minor stimuli or events
29. We _____ for an overseas expansion.
- v.* to try or plan to get or achieve something
30. _____ symptoms might include a decrease in appetite and weight loss.
- n.* a mental condition in which a person feels very unhappy and without hope for the future; a severe recession in an economy or market
31. She has been in great _____ since she was heartbroken.
- n.* a feeling of great worry, sadness, pain, or discomfort

ANSWERS: 24. grind, 25. guideline, 26. rely, 27. sweeping, 28. irritable, 29. aim, 30. Depression, 31. distress

32. Regarding earthquakes, some commercial buildings were _____ unsafe.
v. to consider or decide something in a particular way
33. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
34. We had a _____ time yesterday.
adj. very great in degree or extent or amount or impact; extremely good
35. The company is looking for candidates with the necessary _____ and skills.
n. the ability to do something well or efficiently; the knowledge, skill, and ability required to perform a task or job effectively
36. He didn't meet all the _____ but he was hired anyway.
n. (plural of criterion) standards or conditions by which something may be judged or decided
37. Our users are often _____ about the slow application.
v. to say dissatisfaction or annoyance about something or somebody
38. This car has a _____ engine.
n. an imaginary creature that is large and has various human and animal parts; someone or something large and powerful
39. The researchers try to discover a common _____ in all types of successful organizations.
n. one of several parts that combines with others to form something bigger

ANSWERS: 32. deemed, 33. opportune, 34. tremendous, 35. competence, 36. criteria, 37. complaining, 38. monster, 39. component

40. Please _____ to the instruction manual for further assistance.
v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
41. Submitting false information will _____ your application.
v. to nullify, negate, or render ineffective; to prove something is false or unfounded
42. The _____ of the drought was a major concern for farmers.
n. the quality or condition of being severe, strict, or harsh
43. The military incarcerated him for the _____ of the war.
n. the length of time something lasts or continues
44. We _____ the season's total trade deficit at \$50 billion.
v. to guess or calculate the cost, size, value, etc. of something
45. The _____ of allergies has increased in recent years.
n. the state or condition of being widespread or common; the extent or frequency of occurrence of a disease or condition in a given population at a specific time
46. Many studies have investigated the relationship between _____ and academic achievement.
n. the condition of being extremely poor
47. The _____ rumor turned out to be false.
adj. not clearly expressed or understood
48. The _____ weather conditions forced us to cancel the outdoor event.
adj. unfavorable or harmful

ANSWERS: 40. refer, 41. invalidate, 42. severity, 43. duration, 44. estimated, 45. prevalence, 46. poverty, 47. vague, 48. adverse

49. Investing in real estate can be a _____ business if done correctly.
adj. producing a great deal of profit; financially rewarding
50. He quickly climbed up the corporate _____ and became the CEO within a few years.
n. a level or rank in a hierarchical organization or system; a step or stage in a hierarchical structure or scale; a formation of troops, ships, aircraft, etc., arranged in a step-like order
51. The patient displays a _____ of a side effect.
n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
52. After a long hike, I had a huge _____ and devoured my meal in minutes.
n. a natural desire or craving for food or drink; a strong desire or liking for something
53. He _____ a significant profit from the listing of his company's stock.
v. to harvest a grain crop from a field; to obtain something beneficial as a consequence of something that you have done
54. The woods _____ the house.
v. to accept something willingly and enthusiastically; (noun) the act of clasping another person in the arms as in greeting or affection
55. _____ elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
56. I only trust certified mechanics from _____ auto shops to work on my car.
adj. having a good reputation or standing; trustworthy, reliable, or respected

ANSWERS: 49. lucrative, 50. echelon, 51. symptom, 52. appetite, 53. reaped, 54. embrace, 55. Communal, 56. reputable

57. Solar gravity creates _____ pressures and temperatures.

adj. very great in amount or degree

58. I am considering what I should do to _____ him.

v. to persuade someone or make someone believe that something is true

59. What do you _____ the culprit's motive was?

v. to think that something is likely to be actual or possible

60. He was the leader of the demonstrators and spoke out against the war in the front _____.

n. an arrangement of objects or people side by side in a line; (verb) to propel a boat through the water using oars

61. The company has a strict _____ for handling sensitive information to ensure security.

n. a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement

62. The monarch exploited the peasants using its _____ power.

adj. established firmly and securely

63. These economic activities had disastrous environmental _____.

n. the outcome of a particular action or event, especially relative to an individual

64. The following example _____ that the capacity of each battery is the same.

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

ANSWERS: 57. extreme, 58. convince, 59. suppose, 60. row, 61. protocol, 62. entrenched, 63. consequences, 64. assumes

65. The mediated settlement brought _____ to both sides.
n. a pleasant feeling you have when you have fulfilled a desire, need, or expectation or have achieved something
66. The lender offered to _____ him of \$500 in debt on condition of work.
v. (especially in religion or law) to declare someone free from guilt, punishment, or responsible for something
67. Initially, we must _____ all project-related expenses.
v. to study or consider a person or object attentively and thoroughly to learn something about them
68. Changing _____ about LGBTQ requires considerable effort.
n. a fixed and unvarying idea or image that people have about what someone or something is like, but which is often not true in reality and may cause hurt and offense
69. The _____ stories of the disaster victims need to be heard to understand the impact fully.
adj. not yet revealed or known; not having been counted or measured
70. He _____ the disappointing results to the economic downturn.
v. to say or regard that something is the result of a particular thing; (noun) a quality or feature that someone or something possesses;
71. The condo offers _____ access to the beach.
adj. not divided or shared with others
72. This machine cuts metal by _____ control.
adj. done by hand rather than by machine; (noun) a book of instructions, especially for operating a machine or learning a subject

ANSWERS: 65. satisfaction, 66. absolve, 67. examine, 68. stereotypes, 69. untold, 70. attributes, 71. exclusive, 72. manual

73. The army _____ arrived on the scene to provide medical assistance.
n. a person trained to provide medical care, especially in an emergency
74. Trains are _____ inexpensive, and ideal for long-distance travel.
adj. worthy of being relied on; trustworthy
75. She experienced headaches and fatigue as symptoms of _____ withdrawal after quitting coffee.
n. a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance
76. The _____ pressure to conform is strong in this community.
adj. relating to society or social relationships
77. The average length of a woman's _____ cycle is 21 to 35 days.
adj. of or relating to the time when a woman menstruates (= to discharge the blood from the uterus) each month
78. She waited for her daughter with _____.
n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
79. Some _____ are common across cultures and backgrounds.
n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
80. The new strategy will _____ the profitability of our company.
v. to increase or improve the quality, amount, or strength of someone or something

ANSWERS: 73. medic, 74. reliable, 75. caffeine, 76. societal, 77. menstrual, 78. anxiety, 79. emotions, 80. enhance

81. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
82. Despite the setbacks, he remained _____ in his pursuit of his dreams.
adj. continuing firmly or obstinately in the course of action despite difficulty or opposition; lasting or enduring without fading or being lost over time
83. With the financial bubble bursting, the _____ of economic growth in investment banking collapsed.
n. an ancient story or set of stories accepted as history, especially explaining the worldview of a people
84. Government workers cannot _____ to political campaigns.
v. to give something, especially money or goods, to provide or achieve something together with other people
85. Without investment, a business cannot _____.
v. to grow vigorously; to make steady progress
86. He took an oral _____ to reduce the swelling in his legs.
n. a substance or medication that increases the production of urine, which helps to reduce the level of fluids in the body; (adjective) causing increased production of urine
87. Timely education about birth control might help reduce _____ pregnancies.
n. a young person who is in the process of developing from a child into an adult
88. There is a strong _____ between education level and income.
n. a statistical relationship between two variables in which one variable is affected by the other; a reciprocal relation between two or more facts, numbers, etc.

ANSWERS: 81. government, 82. persistent, 83. myth, 84. contribute, 85. thrive, 86. diuretic, 87. adolescent, 88. correlation

89. I'm attending a leadership _____ next week.

- n.* a group meeting or class for discussion, teaching, or training on a particular subject

90. The medicine _____ his headache, and he felt much better.

- v.* to make something burdensome, unpleasant, or painful less severe

91. The brain is an incredibly complex organ that controls the body's _____.

- n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

92. This device is used to _____ brain cancer and other tumors.

- v.* to determine or distinguish the nature of a problem or an illness through a careful analysis

93. She _____ the balloons for the party.

- v.* to fill something with air or gas so that it becomes bigger and rounder

94. Her company was _____ affected by the bank's failure.

- adv.* very badly or seriously

95. When I was a child, my mother often cast _____ spells to ease my pain whenever I was injured.

- adj.* produced by or containing supernatural powers

96. The investigation _____ several government agencies and is expected to take several months.

- v.* to include or affect someone or something as a necessary part of something else

ANSWERS: 89. seminar, 90. relieved, 91. function, 92. diagnose, 93. inflated, 94. severely, 95. magical, 96. involves

97. I found her assertion pretty _____.

adj. able to make someone believe that something is true

98. The crowd's _____ grew as the politician failed to answer their questions.

n. a state of anxiety, excitement, or disturbance that is often associated with restlessness, agitation, or nervousness; the act of stirring or moving something in a rapid or erratic manner

99. She holds a _____ on Tuesday mornings.

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

100. The village was unprepared for the sudden _____ of the enemy army.

n. a fierce or violent attack; a sudden and intense outburst of something, usually negative

101. I prefer to buy _____ medication instead of getting a prescription.

adj. (often abbreviated as "OTC") relating to products or medications that are available for purchase without a prescription from a licensed healthcare professional; (noun, of finance) a method of trading that doesn't take place on a formal exchange

102. The company sent out a lengthy _____ to gather feedback from its customers.

n. a form or document containing a series of questions used for surveying or gathering information from a group of people, often used in research, marketing, or social science studies

103. He was _____ about the situation and didn't know what to do.

adj. causing or feeling anxiety or discomfort

ANSWERS: 97. convincing, 98. agitation, 99. clinic, 100. onslaught, 101. over-the-counter, 102. questionnaire, 103. uneasy

104. This documentary deals with the _____ biology of the buffalo.

adj. connected with the process of reproduction; relating to reproducing babies, young animals, or plants

105. I attempted to _____ him, but he ignored me.

v. to make someone aware of potential danger or difficulty, particularly one that may occur in the future

106. He was _____ from the meeting and missed all the important updates.

adj. not present in a particular place at a particular time

107. To advance this discussion, we must _____ "success" rigorously.

v. to state or explain precisely the nature, scope, or meaning of something

108. She has been taking _____ since her baby died.

n. any of a class of drugs used to reduce feelings of sadness and worry

109. Many companies outsource and hire consultants to keep their _____ flexible.

n. all the people who work in a company, industry, country, etc.

110. She wore her best dress for the special _____.

n. a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

111. The company is looking for _____ employees with strong communication skills.

adj. likely or expected to happen or become in the future, often referring to something or someone that is being considered or evaluated

ANSWERS: 104. reproductive, 105. warn, 106. absent, 107. define, 108. antidepressants, 109. workforce, 110. occasion, 111. prospective

112. The couple began to _____ over which restaurant to go to for dinner.
- v.* to express differing opinions or points of view, often in a heated or contentious manner; to present a case or reasoning to persuade or convince others
113. The _____ of the project took several weeks to complete.
- n.* the process of forming or developing an abstract idea or concept, often through the use of language or other symbolic representations
114. Rainfall in the tropics is highly _____.
- adj.* likely to change or vary often; (noun) a symbol, like x or y, that is used in mathematical or logical expressions to represent a value that may be changed
115. The industrial _____ laws were passed with little to no alteration.
- n.* the way two persons or groups of people feel and act toward one another
116. The pandemic was a _____ business opportunity for certain companies.
- adj.* fairly large in size, value, or importance
117. The school's lack of diversity was a clear indication of the _____ present in the community.
- n.* prejudice, discrimination, or antagonism directed against a person or people based on their membership in a particular ethnic group, typically one that is a minority or marginalized
118. The farmers' markets were filled with a _____ of fresh produce during the fall harvest.
- n.* a symbol of abundance or plenty, typically represented by a horn-shaped container overflowing with fruit, flowers, and other riches; an abundant or plentiful supply of good things

ANSWERS: 112. argue, 113. conceptualization, 114. variable, 115. relations, 116. substantial, 117. racism, 118. cornucopia

119. He tried to _____ his experience to the group, but they couldn't understand.
- v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something
120. The movie has received almost universally _____ criticism.
- adj. having the quality of something bad or harmful; expressing refusal
121. Water was beginning to _____ into the basement after the heavy rain.
- v. to flow or drip slowly and in small amounts; to happen or occur gradually or in small quantities
122. The sound of his chewing loudly _____ me during dinner.
- v. to annoy, provoke, or cause resentment or anger in someone; to inflame or make sore
123. The report contained several _____ statements that needed to be corrected.
- adj. containing errors; mistaken or incorrect; based on faulty reasoning or information
124. Maximum heart rates _____ a lot for each individual.
- v. to become different in terms of size, shape, etc.
125. The _____ team worked quickly to save the patient's life.
- adj. relating to the treatment of illness or injuries; relating to the practice of medicine
126. Tourists frequently _____ the island's delicate natural balance.
- v. to interrupt someone who is trying to work, sleep, etc.

ANSWERS: 119. relate, 120. negative, 121. trickle, 122. irritates, 123. erroneous, 124. vary, 125. medical, 126. disturb

127. The older man _____ from arthritis and finds it difficult to move around.
v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
128. The systems we have developed has accepted as industry _____.
n. something that is regarded as usual, typical, or standard
129. The physician is reading the _____ related to medicine
n. a newspaper or magazine specialized in a specific topic or profession
130. The pharmacist not only prescribes the _____ but also guides its proper use.
n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
131. He wants to _____ ownership of the abandoned property.
v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
132. The _____ for applying for a visa can be lengthy and complicated.
n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
133. In medieval times, death punishment was _____ and socially accepted.
adj. existing or happening in various places or among many people
134. This graph indicates the city's tourism _____ over five years.
n. the income that a government receives from taxes or that a company earns from its business

ANSWERS: 127. suffers, 128. norms, 129. journals, 130. medication, 131. claim, 132. process, 133. widespread, 134. revenue

135. As an _____ he had the right to make his own decisions and live his life as he saw fit.

n. a single person or thing, as distinct from a group

136. She received special _____ training at the hospital.

adj. of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

137. Direct democracy is effective in quickly resolving _____ situations within a community.

adj. full of difficulties; difficult to deal with or solve

138. We always _____ all critical information independently.

v. to check that something exists or is true, or to prove that something is correct

139. She _____ confidently across the stage to accept her award.

v. to walk with long steps in a particular direction; (noun) an important and positive progress

140. It would be best if you did not demand such an _____ charge.

adj. greater than what seems necessary, normal, or desirable

141. This ore emits _____ quantities of radiation

adj. extremely small; tiny

142. He was exhausted and _____ into bed as soon as he got home.

v. to move in a particular direction by turning over and over or from side to side

143. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.

adj. answerable or accountable for something within one's power, control, or management

ANSWERS: 135. individual, 136. clinical, 137. problematic, 138. verify, 139. strides, 140. excessive, 141. minuscule, 142. rolled, 143. responsible

144. Constructive _____ is always helpful to help improving one's work.

n. the act of analyzing, evaluating, or judging something, especially literary or artistic work, to find fault with it or to offer suggestions for improvement; the expression of disapproval or censure

145. It's notoriously challenging to _____ birth rates.

v. to state beforehand that something will happen in the future, mainly based on knowledge or experience

146. The corporation _____ dominated the entire tobacco business.

adv. finally, particularly after a long time or a lot of struggle, complications, and so on

147. This experiment's results are _____ because the other conditions are not identical.

adj. having no meaning, direction, or purpose

148. She gave money to help set up a _____ laboratory.

adj. relating to the production and selling of the medical drugs

149. In times of recession, an increase in unemployment is _____.

adj. certain to happen and unavoidable

150. I decided to seek counseling on the advice of my _____.

n. one of a group of a coworker, especially in a profession or a business

151. That work _____ his fame.

v. to make something continue or prevail for a long time

ANSWERS: 144. criticism, 145. predict, 146. eventually, 147. meaningless, 148. pharmaceutical, 149. inevitable, 150. colleague, 151. perpetuates

152. This building construction causes serious _____ to residents.
n. something that interrupts a settled and peaceful condition or that makes someone feel nervous or worried
153. Parallel lines are, by _____ lines on the same plane that never cross.
n. a concise explanation of the meaning of a word, phrase, or symbol
154. She had a master's degree in _____.
n. the scientific study of mind and behavior
155. The picture earned near-_____ acclaim from critics.
adj. existing or affecting everywhere or everyone
156. Federal bankruptcy laws _____ the reorganization process.
v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
157. The two parties have reached a _____.
n. general agreement or accord in the judgment or opinion reached by a group as a whole
158. The teenage girl began to _____ last month.
v. to have or experience the process in a woman's menstrual cycle during which blood and other materials are discharged from the uterus
159. The _____ melody was beautiful and touched everyone's hearts.
adj. not heard, listened to, or noticed; not having been brought to public attention
160. The patient's vital signs are _____ indicating a stable condition.
adj. firmly fixed, supported, or balanced; not shaking or moving

ANSWERS: 152. disturbance, 153. definition, 154. psychology, 155. universal, 156. prescribed, 157. consensus, 158. menstruate, 159. unheard, 160. steady,

161. If necessary, you can _____ the front seats forward.

v. to move or cause to move smoothly along a surface without interruption

162. The public is _____ that the prime minister has committed fraud.

adj. completely certain about something; having a strong belief or conviction in a particular religion

163. The _____ on the food package lists the ingredients and nutritional information.

n. a small piece of paper, fabric, or other material attached to an object and giving information about it; (verb) to assign to a category

164. Many women delay _____ until their careers are established.

n. the act of giving birth to or bearing a child (or children), often in the context of medical or demographic research or public policy

165. The doctor diagnosed me with a _____ disorder.

n. a chemical substance made by organs that encourages or influences the development, growth, sex, etc., of an animal and is carried around the body in the blood

166. Every human is responsible for taking care of the Earth's _____.

n. the natural world such as air, water, and land in which humans, animals, and plants live

167. The scientist conducted a study that provided _____ details about the species' behavior.

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

168. She hesitated to undergo a _____ because of the potential risks and side effects.

n. a surgical procedure that involves the removal of part or all of the uterus, typically performed to treat certain medical conditions such as uterine cancer or severe endometriosis

ANSWERS: 161. slide, 162. convinced, 163. label, 164. childbearing, 165. hormone,

166. environment, 167. specific, 168. hysterectomy

169. The woman tracked her _____ using a fertility app on her smartphone.
n. the process in a woman's menstrual cycle during which an ovary releases an egg
170. She visited the local _____ to seek treatment for her persistent headache.
n. a medical doctor who practices medicine
171. Many individuals with gender _____ struggle with their identity and seek support.
n. a state of unease or dissatisfaction; a general sense of anxiety, discontent, or emotional discomfort
172. The video telephony application has _____ the way we work.
v. to change the meaning or interpretation of something; to make people think about something in a new or different way
173. His _____ faculties were getting worse because of a lack of sleep.
adj. of or relating to mental processes of understanding
174. He was known to be very _____ and would often work late into the night.
adj. hardworking, diligent, and persistent in effort
175. The teacher will not _____ any students to leave the classroom early.
v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
176. The Prohibition amendment made bootlegging _____.
adj. making or likely to make material gain or profit

ANSWERS: 169. ovulation, 170. physician, 171. dysphoria, 172. redefined, 173. cognitive, 174. industrious, 175. permit, 176. profitable

177. They continued to endure _____ treatment by the dictatorship.

adj. not based on, or not using reason or clear thinking; (mathematics) a real number that cannot be expressed as the ratio of two integers

178. Consult your doctor if the symptoms _____.

v. to continue to do and refuse to stop something despite difficulties or opposition, even if it appears unreasonable

179. The hawkish _____ gave a speech on the new bill in the Senate.

n. a member of a legislative body, especially a member of the U.S. Senate

180. Temperature _____ are often milder in oceanfront areas.

n. a change, or the process of changing, that frequently happens, especially from one extreme to another; the quality of being unsteady and subject to changes

ANSWERS: 177. irrational, 178. persist, 179. senator, 180. fluctuations