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Leila Hoteit: 3 lessons on success from an Arab businesswoman | TED Talk

https://www.ted.com/talks/leila_hoteit_3_lessons_on_success_from_an_arab_businesswoman

All Words

IMPORTANT

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Session 1: Word List

innocent

adj. not guilty of a crime, offense, etc.; not having an evil mind or knowledge

synonym: blameless, honest, harmless

(1) an **innocent** child, (2) thousands of **innocent** people
My husband was found **innocent** of any crime.

fancy

v. to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy

synonym: imagine, visualize, (noun) fantasy

(1) **fancy** a cup of coffee, (2) a flight of **fancy**
I don't **fancy** acting in such an important role.

peer

n. a person who has the same age, status, or ability

synonym: fellow, associate, counterpart

(1) **peer** group, (2) **peer** review

Among young people, **peer** pressure can be pretty influential.

feat

n. a notable or impressive achievement, especially one that requires great skill or bravery

synonym: achievement, accomplishment, exploit

(1) intellectual **feat**, (2) **feat** accomplishment

It is an incredible **feat** to climb Mount Everest, the highest

mountain in the world.

emir

n. a title of high rank used in some Islamic countries, typically for a ruler or governor; a member of a ruling family in such a country

synonym : prince, ruler, leader

(1) **emir** palace, (2) **emir** crown

The **emir** of the small country was known for his generosity towards his people.

tuck

v. to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

synonym : insert, wrap, pinch

(1) **tuck** a baby in the blanket, (2) **tuck** into another cigarette

You should **tuck** your shirt into your trousers.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym : evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

nation

n. a large organized community of people living in a particular country or region and having a particular culture

synonym : country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

preserve

v. to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed

synonym : conserve, care for, maintain

(1) **preserve** my strength, (2) **preserve** a country's heritage
They worked hard to **preserve** the nature of their native lands.

hometown

n. the town or city where one was born or grew up

synonym : birthplace, home, native place

(1) **hometown** celebrity, (2) **hometown** memory

I always look forward to going back to my **hometown** during the holidays.

pilot

n. a person who flies an aircraft, especially as a job; a person qualified to guide ships through a difficult area of water

synonym : aviator, flyer, chief

(1) a test **pilot**, (2) **pilot** production

The **pilot** exercised great care in landing.

encourage

v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

synonym : facilitate, persuade, stimulate

(1) **encourage** a sense of affinity, (2) **encourage** antisocial behavior

They **encouraged** customers with a premium for loyal patronage.

pursue

v. to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

synonym : seek, hunt, chase

(1) **pursue** a goal, (2) **pursue** freedoms

She intends to **pursue** a political career.

emphasize

v. to give or show particular importance to something
synonym: highlight, accentuate, stress

(1) **emphasize** her words, (2) **emphasize** a direct relationship

Use italics or capitals to **emphasize** a word in a piece of writing.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym: skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym: slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

fast-forward

v. to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording

synonym: advance, hasten, speed up

(1) **fast-forward** 10 seconds, (2) **fast-forward** to the good part

I like to **fast-forward** through commercials when watching TV shows.

would-be

adj. indicating a person who aspires or attempts to be something but has not yet achieved that status or position

synonym: aspiring, wannabe, potential

(1) **would-be** actor, (2) **would-be** entrepreneur

The **would-be** burglar was caught on the security camera and arrested by the police.

bachelor

n. an unmarried man; a person who holds an undergraduate degree from a college or university

synonym: unmarried man, single

(1) **bachelor** degree, (2) **bachelor** party

He decided to enjoy his freedom as a **bachelor** before settling down.

electrical

adj. relating to electricity

(1) an **electrical** storm, (2) degree in **electrical** engineering

Actuators convert **electrical** pulses into motion.

engineer

n. a person whose job is designing, building, or maintaining something such as machines, structures, or software

synonym: architect, creator, builder

(1) a civil **engineer**, (2) **engineer** shortage

The **engineer** will repair my telephone tomorrow morning.

consult

v. to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

synonym: confer, consider, see

(1) regularly **consult** with a doctor, (2) **consult** my wallet

Always **consult** a lawyer before launching a business.

dominate

v. to have or control a lot of power and influence over somebody or something

synonym: govern, rule, prevail

(1) **dominate** possession, (2) **dominate** over the weak

The perspective of his right brain **dominates** his consciousness.

environment

n. the natural world such as air, water, and land in which humans, animals, and plants live

synonym: atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.

identify

v. to recognize someone or something and say or prove who or what they are

synonym: determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

encouraging

adj. giving hope, confidence, or support; inspiring

synonym: uplifting, inspiring, optimistic

(1) **encouraging** approval, (2) **encouraging** sign

The test results were **encouraging** and showed improvement.

acute

adj. extremely sharp or severe

synonym: sharp, perceptive, keen

(1) **acute** pain, (2) **acute** triangle

The patient died from **acute** alcohol intoxication.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym: antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force

Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

constraint

n. a limit or restriction on something, such as an action, behavior, or thought

synonym: limitation, restriction, bound

(1) **constraint** on business activity, (2) strict time **constraints**

The budget **constraint** forced them to make difficult

decisions.

juggle

v. to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act

synonym : jiggle, balance, handle

(1) **juggle** a job and motherhood, (2) **juggle** with facts

It can be difficult to **juggle** work, family, and social life, but finding balance is important.

rigidity

n. the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding

synonym : stiffness, inflexibility, firmness

(1) mental **rigidity**, (2) legal **rigidity**

The **rigidity** of the school's dress code policy caused much controversy among the students and parents.

thrive

v. to grow vigorously; to make steady progress

synonym : bloom, flourish, prosper

(1) **thrive** in a society, (2) **thrive** on pressure

Without investment, a business cannot **thrive**.

modern

adj. of or belonging to the present time or recent times

synonym : contemporary, stylish, current

(1) **modern** poetry, (2) pre- **modern** agricultural society

Their headquarters are in a **modern** skyscraper.

convert

v. to have a talk with someone; (adjective) reversed in order, relation, or action

synonym : alter, remake, transform

(1) **convert** fat into energy, (2) **convert** base 10 to base 16

I want to **convert** my sadness into strength.

fuel

n. a substance that is typically burned to generate heat or energy

synonym : energy, power, gas

(1) biomass **fuel**, (2) smokeless **fuel**

The **fuel** scarcity most severely impacted the manufacturing sector

tout

v. to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation

synonym : promote, advertise, publicize

(1) **tout** products, (2) **tout** services

The travel agency is trying to **tout** their new tour packages to attract more customers.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym : robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

transform

v. to change in outward structure or looks;

synonym : alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

firm

adj. resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company

synonym : stable, secure, steadfast

(1) **firm** grip, (2) accounting **firm**

The **firm** deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.

addition

n. the act or process of adding something to something else; the process of adding numbers

synonym : accumulation, expansion, addendum

(1) chemical **addition**, (2) **addition** of vectors

In **addition**, private corporations provide healthcare services.

topic

n. a subject that is being discussed or written about

synonym : subject, theme, issue

(1) a serious **topic**, (2) the **topic** of the book

The **topic** of the discussion was the current state of the economy.

economy

n. the system by which a country or region produces, manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

synonym : finance, trade, business

(1) **economy** of scale, (2) **economy** class

The **economy** of the country is struggling due to the recent political instability.

empower

v. to give someone the power or authority to do something

synonym : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

proceed

v. to move forward or to continue with a process or action; to advance or progress

synonym : advance, progress, move ahead

(1) **proceed** with caution, (2) **proceed** to the next step

We can now **proceed** with the next item on our agenda.

slide

v. to move or cause to move smoothly along a surface without interruption

synonym : glide, drift, drop

(1) **slide** a card across the table, (2) **slide** a glance
If necessary, you can **slide** the front seats forward.

apparent

adj. able to see or understand easily or clearly
synonym: obvious, clear, conspicuous

(1) heir **apparent**, (2) **apparent** contradiction
This star is **apparent** to the naked eye.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**
The data he prepared was completely **sham**.

applaud

v. to express approval of someone or something by clapping the hands
synonym: clap, celebrate, praise

(1) **applaud** his courage, (2) **applaud** the orchestra
I enthusiastically **applaud** my rival's achievement.

explode

v. to burst or break open violently and noisily; to cause something to burst or break open
synonym: detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity
The old building **exploded** in a fiery inferno.

unacceptably

adv. in a way that is not acceptable or satisfactory
synonym: improperly, unsatisfactorily, inadequately

(1) **unacceptably** high prices, (2) **unacceptably** poor
The restaurant's service was **unacceptably** slow.

consultant

n. a person who provides professional or expert advice
synonym: expert, advisor, specialist

(1) **consultant** firm, (2) chief **consultant**
We hired a management **consultant** to help us improve our

business strategy.

gender

n. the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

synonym : sexuality

(1) **gender-blind** policies, (2) dual **gender**

Cultural norms strongly influence **gender** expectations.

parity

n. the state or condition of being equal, especially in status or payment

synonym : equality, sameness, equivalence

(1) gender **parity**, (2) **parity** of fighting ability

We have yet to achieve wage or occupational **parity** for women in many fields.

index

n. a list of items, such as names, subjects, or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index

synonym : list, directory, indicator

(1) a full-text **index**, (2) health **index**

The stock market **index** measures the performance of a group of stocks.

conclude

v. to come to an end or close; to reach a judgment or opinion by reasoning

synonym : complete, finish, decide

(1) **conclude** a meeting, (2) **conclude** that he is healthy

We **concluded** a cease-fire.

premise

n. a statement or proposition that is held to be true or from which a conclusion can be drawn

synonym : assumption, postulate, supposition

(1) the major **premise**, (2) make a **premise**

The book's **premise** is that the main character must save the world from an impending disaster.

fabric

n. cloth or other material produced by weaving wool, cotton, silk, etc., used for making clothes, covering furniture, etc.

synonym : cloth, material, goods

(1) a hand-loomed **fabric**, (2) **fabric** of creation

These synthetic **fabrics** are used in military vests because of their excellent abrasion resistance.

pause

v. to take a short break from talking or doing something before continuing

synonym : halt, break, intermit

(1) **pause** a moment, (2) **pause** for a reaction

The man **paused** before opening the door.

chaos

n. a state of complete confusion or disorder, often characterized by a lack of predictability or control

synonym : disorder, turmoil, confusion

(1) **chaos** theory, (2) midst of **chaos**

The conference room was in **chaos** as everyone tried to speak at once.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

partnership

n. the state of a cooperative relationship between people or groups, especially in business

synonym : alliance, participation, cooperation

(1) **partnership** across the Atlantic, (2) establish a **partnership**

The military **partnership** between the two countries created

tension in the international community.

absorb

v. to take in a fluid or other substance gradually

synonym : consume, soak, ingest

(1) **absorb** energy, (2) **absorb** a shock

The sponge **absorbs** water well.

incident

n. an event or occurrence, often unexpected or unplanned; something that happens

synonym : event, occurrence, accident

(1) traffic **incident**, (2) security **incident**

The **incident** at the airport caused a delay in my flight.

implication

n. something that is inferred or indirectly stated; the act or fact of being involved in something

synonym : suggestion, association, conclusion

(1) the **implication** in a crime, (2) the **implication** of a word

His poem has a very significant **implication**.

complexity

n. the state or quality of being complicated or intricate and difficult to understand

synonym : intricacy, sophistication, elaboration

(1) cognitive **complexity**, (2) **complexity** theory

The project's **complexity** made it difficult for the team to complete it on time.

sponsor

v. to provide funds for a particular event, program, individual, etc. as a way of advertising

synonym : back, fund, finance

(1) **sponsor** a contest, (2) **sponsor** a local group

Our company **sponsors** numerous disabled athletes.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym : advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

dual

adj. having two parts, aspects, or elements

synonym : twofold, binary, double

(1) **dual** purpose, (2) **dual** nationality

This laptop has a **dual-core** processor, making it fast and efficient.

straight

adj. extending or moving in one direction without bending or curving; having no deviations

synonym : linear, honest, consecutive

(1) a **straight** line, (2) **straight** for two months

He was sick for five **straight** days.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym : fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

precious

adj. uncommon and extremely valuable

synonym : adored, cherished, valued

(1) price of **precious** metals, (2) **precious** information

We cannot afford to squander **precious** time.

intolerable

adj. incapable of being tolerated or endured; unacceptable

synonym : agonizing, insufferable, unbearable

(1) **intolerable** situation, (2) the heat is **intolerable**

Chronic pain from the side effects of treatment made her life **intolerable**.

flash

n. a sudden intense burst of radiant energy; a momentary brightness

synonym : sparkle, gleam, glimmer

(1) a **flash** of lightning, (2) brilliant **flash**

These heavy rains caused **flash** floods on several islands.

crazy

adj. stupid or not sensible; very angry

synonym : insane, absurd, bizarre

(1) **crazy** about cars and racing, (2) a **crazy** scheme

The rain and thunder are **crazy** today.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym : choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

intern

v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym : apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

negative

adj. having the quality of something bad or harmful; expressing refusal

synonym : minus, adverse, pessimistic

(1) have a **negative** effect, (2) a **negative** number

The movie has received almost universally **negative** criticism.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym : accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

strength

n. the quality or state of being physically, or sometimes mentally, strong

synonym : resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**

Health and **strength** are, above all, gold.

revenge

n. the act of inflicting punishment or harm in return for an injury or wrongdoing; retaliation, retribution

synonym : retaliation, retribution, vengeance

(1) plot **revenge**, (2) **revenge** killing

He seeks **revenge** against the person who wronged him.

contributor

n. a person or thing that adds to the achievement, production, or growth of something (such as a project, organization, or publication); a donor or benefactor

synonym : donor, giver, subscriber

(1) **contributor** of funds, (2) regular **contributor**

She is a major **contributor** to the local food bank, volunteering every week.

frown

v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

synonym : scowl, glare, disapprove

(1) people with **frown** faces, (2) a worried **frown**

Thinking always made him **frown**.

assume

v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

synonym : guess, presume, suppose

(1) **assume** a lousy attitude to his boss, (2) **assume** an important role

The following example **assumes** that the capacity of each battery is the same.

primary

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

synonym : chief, main, fundamental

(1) **primary** school, (2) **primary** education

The **primary** cause of the accident was due to the icy road conditions.

prosperity

n. the state of being successful and having the good fortune

synonym : affluence, accomplishment, capital

(1) economic **prosperity**, (2) **prosperity** of humankind

This war shattered dreams of peace and **prosperity**.

maintain

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

synonym : preserve, uphold, sustain

(1) **maintain** order, (2) **maintain** good health

I need to **maintain** my car regularly to prevent any major mechanical issues.

affordable

adj. not expensive and able to pay

synonym : cheap, reasonable, inexpensive

(1) **affordable** housing, (2) **affordable** solution

The automaker has been providing **affordable** car financing options since last year.

domestic

adj. relating to or inside a particular country, not foreign or international

synonym : endemic, private, household

(1) **domestic** airline, (2) a **domestic** animal

GDP stands for gross **domestic** product.

recruit

v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.

synonym : raise, enroll, enlist

(1) **recruit** a good worker, (2) **recruit** a new hire

The colonial government **recruited** militia support when civil war broke out.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym : cite, allude, mention

(1) **refer** to a book, (2) **refer** to a map

Please **refer** to the instruction manual for further assistance.

well-established

adj. firmly established and widely recognized; having a long history of success or acceptance in a particular field or industry

synonym : recognized, conventional

(1) **well-established** company, (2) **well-established** tradition

The restaurant is **well-established** in the community, having been open for over 50 years.

integral

adj. necessary to make a whole complete; essential, or fundamental; combining with something else to form a whole; (noun, of mathematics) a fundamental concept in calculus that represents the area under a curve between two points on a graph

synonym : essential, fundamental, indispensable

(1) **integral** function, (2) **integral** component

Effective communication is an **integral** part of any successful team.

optimal

adj. the best; most likely to be successful or advantageous

synonym : optimum, desirable, favorable

(1) achieve **optimal** health, (2) **optimal** for intellectual growth

Wild animals need to go forward with the **optimal** action to survive.

talent

n. a natural ability to be good at something; someone who has a natural ability to be good at something

synonym: endowment, aptitude, capability

(1) a person of diverse **talents**, (2) raw **talent**

Numerous great professional sports **talents** have come from this city.

childcare

n. a service involving care for other people's children

synonym: babysitting

(1) **childcare** allowance, (2) allow **childcare** leave

Our company offers a full range of **childcare** facilities as part of our benefits package.

nursery

n. a place where babies and young children are cared for while their parents are at work; a place where plants are grown and nurtured, especially for commercial purposes

synonym: playroom, greenhouse, conservatory

(1) day **nursery**, (2) **nursery** school

I work at the breeding **nursery**, where we grow and sell a variety of plants.

nanny

n. a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis

synonym: childcare provider, babysitter, nurse

(1) part-time **nanny**, (2) professional **nanny**

She works as a **nanny** for a family with two young children.

sacred

adj. connected with religion or religious purposes; worthy of respect or dedication because of a connection with a god

synonym: holy, inviolable, hallowed

(1) **sacred** music, (2) the halo of a **sacred** image

This space is a private office **sacred** to the President

bedtime

n. the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which

may involve routines or activities that are intended to promote relaxation or sleepiness

synonym : sleep time, night-time

(1) **bedtime** meditation, (2) regular **bedtime**

Reading **bedtime** stories can help children relax and fall asleep faster.

cuddle

v. to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something

synonym : embrace, snuggle, hug

(1) **cuddle** buddy, (2) **cuddle** up with a book

I love to **cuddle** with my dog on the couch after a long day.

zone

n. a specific area, region, or section that is marked off or defined in some way

synonym : area, region, territory

(1) time **zone**, (2) **zone** defense

He was reluctant to leave his comfort **zone** and try something new.

mathematics

n. the science dealing with the logic of quantities, shapes, spaces, and arrangement

synonym : arithmetic, calculation, calculus

(1) a good grounding in **mathematics**, (2) **mathematics** competition

He has a flair for **mathematics**.

confession

n. a formal statement in which one admits that they have done something wrong or illegal

synonym : admission, avowal, acknowledgment

(1) a **confession** of guilt, (2) a **confession** of faith

The prisoner made a full **confession** and admitted to his crime.

session

n. a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

synonym : conference, gathering

(1) the morning **session**, (2) the court **session**

Parliament is now in **session**.

improve

v. to make or become better

synonym : enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym : accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets enough exercise and a healthy diet.

strengthen

v. to become stronger or more effective; to make someone or something stronger or more effective

synonym : reinforce, harden, boost

(1) **strengthen** the immune system, (2) **strengthen** a border patrol

Difficulties **strengthen** the mind, as labor does the body.

bond

n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

synonym : bind, adhesion, attachment

(1) **bond** as a family, (2) global **bond** market

They had formed a friendship **bond**.

survive

v. to live or exist despite a dangerous event or period

synonym : endure, persist, stay

(1) **survive** a blizzard, (2) **survive** a plane crash

These birds can only **survive** in temperate climates.

memorable

adj. worth remembering or likely to be remembered, especially because of being very important or remarkable

synonym : extraordinary, noteworthy, unforgettable

(1) create **memorable** experiences, (2) least **memorable** song

His passionate speech makes a **memorable** impression.

compete

v. to strive to achieve more success than someone or something

synonym : contend, contest, vie

(1) **compete** against a friend, (2) **compete** fiercely

You must **compete** with others to obtain this position.

visible

adj. capable of being seen; or open to easy view

synonym : clear, observable, seeable

(1) **visible** stars, (2) **visible** by X-ray

My home is easily **visible** from the shore.

extent

n. the point or degree or area to which something extends

synonym : amount, degree, intensity

(1) certain **extent**, (2) the **extent** of the damage

I was amazed at the **extent** of her generosity.

upside

n. the positive aspect or potential of something; the upper side of something

synonym : advantage, benefit, top

(1) have no **upside**, (2) market **upside**

Many people see the **upside** of traveling as an opportunity to experience new cultures and broaden their horizons.

acquaintance

n. a person one knows but who is not a close friend

synonym : friend, associate, contact

(1) **acquaintance** with a language, (2) business

acquaintance

I met him at a party, and we quickly became **acquaintances**.

ambitious

adj. having a great desire to attain achievement, power, or wealth

synonym : enterprising, challenging, earnest

(1) achieve **ambitious** goals, (2) with an **ambitious** eye
Their company has been in business for a short time but has **ambitious** goals.

competitive

adj. involving competition or competitiveness

synonym : aggressive, ambitious, militant

(1) a **competitive** price, (2) **competitive** position
The mobile application industry is a **competitive** one.

lift

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

synonym : raise, elevate, move up

(1) **lift** sagging skin, (2) **lift** a ban on alcohol
The drought **lifted** the prices of grain globally.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd
She had a master's degree in **psychology**.

trap

n. a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

synonym : catch, snare, pitfall

(1) set a **trap**, (2) **trap** an animal
The enemy fell right into the **trap**.

patriarchal

adj. relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated

synonym : male-dominated, paternalistic

(1) **patriarchal** society, (2) **patriarchal** government
The **patriarchal** system that many societies have is outdated and unfair to women.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**
I decided to seek counseling on the advice of my **colleague**.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

initially

adv. at the beginning; at first

synonym: originally, primarily, firstly

(1) **initially** anticipated, (2) diagnosed **initially** as a tumor
This train departed later than **initially** scheduled.

engagement

n. a mutual promise to marry someone; an agreement to do something, especially at a particular time

synonym: betrothal, promise, commitment

(1) a prior **engagement**, (2) break off an **engagement**
They selected a gorgeous diamond **engagement** ring.

highlight

v. to make something prominent, mainly so that people give it more attention

synonym: feature, emphasize, stress

(1) **highlight** a string in red, (2) **highlight** an important difference

The introduction **highlighted** the speaker's distinguished career as a consultant

traction

n. the action or ability to pull something along a surface without sliding

synonym : pulling, friction, suction

(1) increase **traction** on ice, (2) electronic **traction**

His leg was in **traction** for weeks after the accident.

introduction

n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

synonym : initiation, preamble, prologue

(1) **introduction** education, (2) self- **introduction**

The **introduction** to the new class was informative and engaging.

advance

v. to go or move forward; to develop in a positive way

synonym : progress, boost, come along

(1) **advance** the technology, (2) **advance** a cooperative relationship

Scientific knowledge will **advance** significantly with the power of AI.

setback

n. an unfortunate happening that hinders or impedes; a reversal or check in progress

synonym : obstacle, hindrance, difficulty

(1) major **setback**, (2) suffer a **setback**

The team experienced a **setback** when their star player was injured during the game.

appoint

v. to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place

synonym : designate, assign, name

(1) **appoint** members, (2) **appoint** the day

The court **appointed** a guardian for the child.

minister

n. a person appointed to or a job of a head of a government department

synonym: bishop, official, ambassador

(1) **Minister** for Education, (2) deputy prime **minister**

The **minister** occasionally preaches at this church.

cabinet

n. a piece of furniture with doors, shelves, and drawers used for storage or display; a small group of senior members of a government who act as official advisers for the President or Prime Minister

synonym: cupboard, ministry, authority

(1) member of the **cabinet**, (2) the **cabinet** above the sink

The prime minister decided to reshuffle his **cabinet** to regain support.

claim

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

synonym: assert, declare, maintain

(1) **claim** responsibility, (2) false **claim**

He wants to **claim** ownership of the abandoned property.

doubt

n. a feeling of being uncertain about something, especially about how good or accurate it is

synonym: distrust, suspect, mistrust

(1) dispel **doubts**, (2) no **doubt** about the news

Doubt is the start, not the end, of intelligence.

continuously

adv. without being interrupted or paused; repeatedly

synonym: constantly, frequently, always

(1) use one thing **continuously**, (2) **continuously** removed

The country's domestic coal consumption has been **continuously** declining for decades.

boundary

n. a real or imaginary line that marks the limit or extent of something and separates it from other things or places

synonym : border, frontier, limitation

(1) geographical **boundary**, (2) the **boundary** between reality and fantasy

He wandered the **boundary** between life and death by gunfire.

Session 2: Spelling

- | | | |
|-----------------------------------|------|---|
| 1. fas_____ard to the good part | v. | to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording |
| 2. int_____ion education | n. | a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market |
| 3. mo___n poetry | adj. | of or belonging to the present time or recent times |
| 4. ma_____in good health | v. | to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true |
| 5. pr_____ve a country's heritage | v. | to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed |
| 6. co_____t base 10 to base 16 | v. | to have a talk with someone; (adjective) reversed in order, relation, or action |
| 7. ju___e a job and motherhood | v. | to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act |
| 8. former co_____ue | n. | one of a group of a coworker, especially in a profession or a business |

ANSWERS: 1. fast-forward, 2. introduction, 3. modern, 4. maintain, 5. preserve, 6. convert, 7. juggle, 8. colleague

9. the halo of a sa___d image *adj.* connected with religion or religious purposes; worthy of respect or dedication because of a connection with a god
10. achieve am_____us goals *adj.* having a great desire to attain achievement, power, or wealth
11. ba_____or party *n.* an unmarried man; a person who holds an undergraduate degree from a college or university
12. brilliant fl__h *n.* a sudden intense burst of radiant energy; a momentary brightness
13. a prior eng_____nt *n.* a mutual promise to marry someone; an agreement to do something, especially at a particular time
14. re_____nt population *adj.* able to withstand or recover quickly from difficult conditions
15. price of pr_____us metals *adj.* uncommon and extremely valuable
16. ad_____e the technology *v.* to go or move forward; to develop in a positive way
17. pa__e for a reaction *v.* to take a short break from talking or doing something before continuing
18. pr_____d to the next step *v.* to move forward or to continue with a process or action; to advance or progress
19. in___n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

ANSWERS: 9. sacred, 10. ambitious, 11. bachelor, 12. flash, 13. engagement, 14. resilient, 15. precious, 16. advance, 17. pause, 18. proceed, 19. intern

20. traffic in____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens
21. com_____ve position *adj.* involving competition or competitiveness
22. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
23. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
24. en_____ge antisocial behavior *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do
25. company mo__o *n.* a phrase or slogan that expresses a guiding principle or goal
26. cl__m responsibility *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
27. ap_____d his courage *v.* to express approval of someone or something by clapping the hands
28. midst of ch__s *n.* a state of complete confusion or disorder, often characterized by a lack of predictability or control

ANSWERS: 20. incident, 21. competitive, 22. relation, 23. sham, 24. encourage, 25. motto, 26. claim, 27. applaud, 28. chaos

29. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
30. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
31. ac__e pain *adj.* extremely sharp or severe
32. cu___e buddy *v.* to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something
33. economic pro_____ty *n.* the state of being successful and having the good fortune
34. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
35. psy_____gy of crowd *n.* the scientific study of mind and behavior
36. psy_____gy experiment *n.* the scientific study of mind and behavior
37. una_____bly high prices *adv.* in a way that is not acceptable or satisfactory
38. ab___b a shock *v.* to take in a fluid or other substance gradually
39. co_____t fat into energy *v.* to have a talk with someone; (adjective) reversed in order, relation, or action
40. p__r review *n.* a person who has the same age, status, or ability
41. sl__e a card across the table *v.* to move or cause to move smoothly along a surface without interruption
42. regular con_____or *n.* a person or thing that adds to the achievement, production, or growth of something (such as a project, organization, or publication); a donor or benefactor

ANSWERS: 29. relation, 30. responsible, 31. acute, 32. cuddle, 33. prosperity, 34. brain, 35. psychology, 36. psychology, 37. unacceptably, 38. absorb, 39. convert, 40. peer, 41. slide, 42. contributor

43. member of the ca_____t *n.* a piece of furniture with doors, shelves, and drawers used for storage or display; a small group of senior members of a government who act as official advisers for the President or Prime Minister
44. ap_____nt contradiction *adj.* able to see or understand easily or clearly
45. the court se_____n *n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
46. ho_____wn memory *n.* the town or city where one was born or grew up
47. ad_____e a cooperative relationship *v.* to go or move forward; to develop in a positive way
48. str_____en a border patrol *v.* to become stronger or more effective; to make someone or something stronger or more effective
49. ab____b energy *v.* to take in a fluid or other substance gradually
50. con_____nt on business activity *n.* a limit or restriction on something, such as an action, behavior, or thought
51. th____e in a society *v.* to grow vigorously; to make steady progress
52. vi_____e stars *adj.* capable of being seen; or open to easy view
53. in_____ly anticipated *adv.* at the beginning; at first

ANSWERS: 43. cabinet, 44. apparent, 45. session, 46. hometown, 47. advance, 48. strengthen, 49. absorb, 50. constraint, 51. thrive, 52. visible, 53. initially

54. l__t sagging skin *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
55. health in__x *n.* a list of items, such as names, subjects, or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index
56. ho____wn celebrity *n.* the town or city where one was born or grew up
57. ex____e in anger *v.* to burst or break open violently and noisily; to cause something to burst or break open
58. part-time na__y *n.* a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis
59. en____er shortage *n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software
60. allow ch____re leave *n.* a service involving care for other people's children
61. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
62. intellectual f__t *n.* a notable or impressive achievement, especially one that requires great skill or bravery

ANSWERS: 54. lift, 55. index, 56. hometown, 57. explode, 58. nanny, 59. engineer, 60. childcare, 61. decide, 62. feat

63. a cr__y scheme *adj.* stupid or not sensible; very angry
64. con_____sly removed *adv.* without being interrupted or paused; repeatedly
65. dispel do__ts *n.* a feeling of being uncertain about something, especially about how good or accurate it is
66. ac__e triangle *adj.* extremely sharp or severe
67. ap_____t the day *v.* to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place
68. in___t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
69. con_____or of funds *n.* a person or thing that adds to the achievement, production, or growth of something (such as a project, organization, or publication); a donor or benefactor
70. ap_____t members *v.* to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place
71. pr_____us information *adj.* uncommon and extremely valuable
72. co_____e fiercely *v.* to strive to achieve more success than someone or something
73. op_____s the minority *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

ANSWERS: 63. crazy, 64. continuously, 65. doubt, 66. acute, 67. appoint, 68. invest, 69. contributor, 70. appoint, 71. precious, 72. compete, 73. oppress

84. th___e on pressure *v.* to grow vigorously; to make steady progress
85. an ele_____al storm *adj.* relating to electricity
86. break off an eng_____nt *n.* a mutual promise to marry someone; an agreement to do something, especially at a particular time
87. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
88. vi_____e by X-ray *adj.* capable of being seen; or open to easy view
89. cognitive com_____ty *n.* the state or quality of being complicated or intricate and difficult to understand
90. aff_____le housing *adj.* not expensive and able to pay
91. a full-text in__x *n.* a list of items, such as names, subjects, or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index
92. a test pi__t *n.* a person who flies an aircraft, especially as a job; a person qualified to guide ships through a difficult area of water
93. z__e defense *n.* a specific area, region, or section that is marked off or defined in some way
94. a worried fr__n *v.* to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

ANSWERS: 84. thrive, 85. electrical, 86. engagement, 87. decide, 88. visible, 89. complexity, 90. affordable, 91. index, 92. pilot, 93. zone, 94. frown

105. accounting f__m *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
106. dual ge___r *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology
107. pa__e a moment *v.* to take a short break from talking or doing something before continuing
108. self-int_____ion *n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
109. diagnosed in_____ly as a tumor *adv.* at the beginning; at first
110. professional na__y *n.* a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis
111. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
112. legal ri_____ty *n.* the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding

ANSWERS: 105. firm, 106. gender, 107. pause, 108. introduction, 109. initially, 110. nanny, 111. sham, 112. rigidity

113. deputy prime mi____er *n.* a person appointed to or a job of a head of a government department
114. ap____d the orchestra *v.* to express approval of someone or something by clapping the hands
115. f__t accomplishment *n.* a notable or impressive achievement, especially one that requires great skill or bravery
116. fa__y a cup of coffee *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
117. day nu____y *n.* a place where babies and young children are cared for while their parents are at work; a place where plants are grown and nurtured, especially for commercial purposes
118. pr____y education *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
119. the imp____on of a word *n.* something that is inferred or indirectly stated; the act or fact of being involved in something
120. re____t a good worker *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
121. en____ge a sense of affinity *v.* to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

ANSWERS: 113. minister, 114. applaud, 115. feat, 116. fancy, 117. nursery, 118. primary, 119. implication, 120. recruit, 121. encourage

122. re_____t a new hire *v.* to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
123. the imp_____on in a crime *n.* something that is inferred or indirectly stated; the act or fact of being involved in something
124. plot re_____e *n.* the act of inflicting punishment or harm in return for an injury or wrongdoing; retaliation, retribution
125. t__k into another cigarette *v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable
126. make a pr_____e *n.* a statement or proposition that is held to be true or from which a conclusion can be drawn
127. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
128. electronic tr_____on *n.* the action or ability to pull something along a surface without sliding
129. sa____d music *adj.* connected with religion or religious purposes; worthy of respect or dedication because of a connection with a god
130. hi_____ht a string in red *v.* to make something prominent, mainly so that people give it more attention

ANSWERS: 122. recruit, 123. implication, 124. revenge, 125. tuck, 126. premise, 127. develop, 128. traction, 129. sacred, 130. highlight

131. a hand-loomed fa___c *n.* cloth or other material produced by weaving wool, cotton, silk, etc., used for making clothes, covering furniture, etc.
132. ad_____on of vectors *n.* the act or process of adding something to something else; the process of adding numbers
133. geographical bo_____ry *n.* a real or imaginary line that marks the limit or extent of something and separates it from other things or places
134. the bo_____ry between reality and fantasy *n.* a real or imaginary line that marks the limit or extent of something and separates it from other things or places
135. ex_____e in popularity *v.* to burst or break open violently and noisily; to cause something to burst or break open
136. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
137. a do_____ic animal *adj.* relating to or inside a particular country, not foreign or international
138. a person of diverse ta_____ts *n.* a natural ability to be good at something; someone who has a natural ability to be good at something
139. co_____de a meeting *v.* to come to an end or close; to reach a judgment or opinion by reasoning
140. em_____r the secretary to do the same *v.* to give someone the power or authority to do something
141. str_____en the immune system *v.* to become stronger or more effective; to make someone or something stronger or more effective

ANSWERS: 131. fabric, 132. addition, 133. boundary, 134. boundary, 135. explode, 136. colleague, 137. domestic, 138. talent, 139. conclude, 140. empower, 141. strengthen

142. regular be_____e
n. the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness
143. st_____ht for two months
adj. extending or moving in one direction without bending or curving; having no deviations
144. cr__y about cars and racing
adj. stupid or not sensible; very angry
145. heir ap_____nt
adj. able to see or understand easily or clearly
146. ac_____e success
v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
147. the ex___t of the damage
n. the point or degree or area to which something extends
148. create me_____le experiences
adj. worth remembering or likely to be remembered, especially because of being very important or remarkable
149. biomass f__l
n. a substance that is typically burned to generate heat or energy
150. do_____te possession
v. to have or control a lot of power and influence over somebody or something
151. st_____th of the economy
n. the quality or state of being physically, or sometimes mentally, strong
152. pro_____nal athlete
adj. having or showing the skill appropriate to a particular job; competent or skillful

ANSWERS: 142. bedtime, 143. straight, 144. crazy, 145. apparent, 146. achieve, 147. extent, 148. memorable, 149. fuel, 150. dominate, 151. strength, 152. professional

165. increase tr____on on ice *n.* the action or ability to pull something along a surface without sliding
166. chemical ad____on *n.* the act or process of adding something to something else; the process of adding numbers
167. false cl__m *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
168. p__r group *n.* a person who has the same age, status, or ability
169. pre-mo____n agricultural society *adj.* of or belonging to the present time or recent times
170. tr____rm heat into power *v.* to change in outward structure or looks;
171. co____de that he is healthy *v.* to come to an end or close; to reach a judgment or opinion by reasoning
172. regularly co____t with a doctor *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
173. op____s the people with force *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
174. a ne____ve number *adj.* having the quality of something bad or harmful; expressing refusal
175. thousands of in____nt people *adj.* not guilty of a crime, offense, etc.; not having an evil mind or knowledge

ANSWERS: 165. traction, 166. addition, 167. claim, 168. peer, 169. modern, 170. transform, 171. conclude, 172. consult, 173. oppress, 174. negative, 175. innocent

176. ma_____in order v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true
177. ac_____e milestones v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
178. t__t services v. to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation
179. do_____te over the weak v. to have or control a lot of power and influence over somebody or something
180. par_____ip across the Atlantic n. the state of a cooperative relationship between people or groups, especially in business
181. the heat is int_____le *adj.* incapable of being tolerated or endured; unacceptable
182. strict time con_____nts n. a limit or restriction on something, such as an action, behavior, or thought
183. raw ta____t n. a natural ability to be good at something; someone who has a natural ability to be good at something
184. people with fr__n faces v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
185. t__t products v. to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation

ANSWERS: 176. maintain, 177. achieve, 178. tout, 179. dominate, 180. partnership, 181. intolerable, 182. constraint, 183. talent, 184. frown, 185. tout

186. ba____or degree *n.* an unmarried man; a person who holds an undergraduate degree from a college or university
187. l__t a ban on alcohol *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
188. a civil en____er *n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software
189. pu___e freedoms *v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them
190. security in____nt *n.* an event or occurrence, often unexpected or unplanned; something that happens
191. de____p a skill *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
192. enc_____ng sign *adj.* giving hope, confidence, or support; inspiring
193. int_____le situation *adj.* incapable of being tolerated or endured; unacceptable
194. e__r palace *n.* a title of high rank used in some Islamic countries, typically for a ruler or governor; a member of a ruling family in such a country

ANSWERS: 186. bachelor, 187. lift, 188. engineer, 189. pursue, 190. incident, 191. develop, 192. encouraging, 193. intolerable, 194. emir

195. aff_____le solution *adj.* not expensive and able to pay
196. chief con_____nt *n.* a person who provides professional or expert advice
197. pro_____on of disease *n.* the act or process of changing to the next stage or phase or moving forward
198. time z__e *n.* a specific area, region, or section that is marked off or defined in some way
199. re__r to a book *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
200. achieve op_____l health *adj.* the best; most likely to be successful or advantageous
201. una_____bly poor *adv.* in a way that is not acceptable or satisfactory
202. major se_____k *n.* an unfortunate happening that hinders or impedes; a reversal or check in progress
203. enc_____ng approval *adj.* giving hope, confidence, or support; inspiring
204. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
205. ec_____y class *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

ANSWERS: 195. affordable, 196. consultant, 197. progression, 198. zone, 199. refer, 200. optimal, 201. unacceptably, 202. setback, 203. encouraging, 204. brain, 205. economy

206. a hard and re_____nt steel	<i>adj.</i> able to withstand or recover quickly from difficult conditions
207. global b__d market	<i>n.</i> a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money
208. have no up___e	<i>n.</i> the positive aspect or potential of something; the upper side of something
209. muscular st_____th	<i>n.</i> the quality or state of being physically, or sometimes mentally, strong
210. as___e a lousy attitude to his boss	<i>v.</i> to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance
211. be_____e meditation	<i>n.</i> the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness
212. em_____r my life	<i>v.</i> to give someone the power or authority to do something
213. em_____ze a direct relationship	<i>v.</i> to give or show particular importance to something
214. wo_____be entrepreneur	<i>adj.</i> indicating a person who aspires or attempts to be something but has not yet achieved that status or position
215. tr_____rm an education system	<i>v.</i> to change in outward structure or looks;
216. Mi_____er for Education	<i>n.</i> a person appointed to or a job of a head of a government department

ANSWERS: 206. resilient, 207. bond, 208. upside, 209. strength, 210. assume, 211. bedtime, 212. empower, 213. emphasize, 214. would-be, 215. transform, 216. minister

217. e__r crown *n.* a title of high rank used in some Islamic countries, typically for a ruler or governor; a member of a ruling family in such a country
218. ch_____re allowance *n.* a service involving care for other people's children
219. pr_____d with caution *v.* to move forward or to continue with a process or action; to advance or progress
220. certain ex___t *n.* the point or degree or area to which something extends
221. ch__s theory *n.* a state of complete confusion or disorder, often characterized by a lack of predictability or control
222. pro_____ty of humankind *n.* the state of being successful and having the good fortune
223. sp_____r a contest *v.* to provide funds for a particular event, program, individual, etc. as a way of advertising
224. use one thing con_____sly *adv.* without being interrupted or paused; repeatedly
225. no do__t about the news *n.* a feeling of being uncertain about something, especially about how good or accurate it is
226. market up___e *n.* the positive aspect or potential of something; the upper side of something
227. wel_____hed company *adj.* firmly established and widely recognized; having a long history of success or acceptance in a particular field or industry

ANSWERS: 217. emir, 218. childcare, 219. proceed, 220. extent, 221. chaos, 222. prosperity, 223. sponsor, 224. continuously, 225. doubt, 226. upside, 227. well-established

228. na___n-state *n.* a large organized community of people living in a particular country or region and having a particular culture
229. fas_____ard 10 seconds *v.* to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording
230. su_____e a plane crash *v.* to live or exist despite a dangerous event or period
231. b__d as a family *n.* a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money
232. nu_____y school *n.* a place where babies and young children are cared for while their parents are at work; a place where plants are grown and nurtured, especially for commercial purposes
233. in_____al function *adj.* necessary to make a whole complete; essential, or fundamental; combining with something else to form a whole; (noun, of mathematics) a fundamental concept in calculus that represents the area under a curve between two points on a graph
234. op_____l for intellectual growth *adj.* the best; most likely to be successful or advantageous
235. t__p an animal *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

ANSWERS: 228. nation, 229. fast-forward, 230. survive, 231. bond, 232. nursery, 233. integral, 234. optimal, 235. trap

236. gender pa___y *n.* the state or condition of being equal, especially in status or payment
237. ec_____y of scale *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
238. re__r to a map *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
239. a con_____on of guilt *n.* a formal statement in which one admits that they have done something wrong or illegal
240. fa___c of creation *n.* cloth or other material produced by weaving wool, cotton, silk, etc., used for making clothes, covering furniture, etc.
241. com_____ty theory *n.* the state or quality of being complicated or intricate and difficult to understand
242. d__l purpose *adj.* having two parts, aspects, or elements
243. wel_____hed tradition *adj.* firmly established and widely recognized; having a long history of success or acceptance in a particular field or industry
244. wo_____be actor *adj.* indicating a person who aspires or attempts to be something but has not yet achieved that status or position

ANSWERS: 236. parity, 237. economy, 238. refer, 239. confession, 240. fabric, 241. complexity, 242. dual, 243. well-established, 244. would-be

245. f__m grip *adj.* resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company
246. the mo__o for safe traffic *n.* a phrase or slogan that expresses a guiding principle or goal
247. pr____ve my strength *v.* to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed
248. do____ic airline *adj.* relating to or inside a particular country, not foreign or international
249. least me_____le song *adj.* worth remembering or likely to be remembered, especially because of being very important or remarkable
250. pro_____on of civilization *n.* the act or process of changing to the next stage or phase or moving forward
251. set a t__p *n.* a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping
252. pat_____al society *adj.* relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated
253. with an am_____us eye *adj.* having a great desire to attain achievement, power, or wealth

ANSWERS: 245. firm, 246. motto, 247. preserve, 248. domestic, 249. memorable, 250. progression, 251. trap, 252. patriarchal, 253. ambitious

254. id____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
255. a com_____ve price *adj.* involving competition or competitiveness
256. re_____e killing *n.* the act of inflicting punishment or harm in return for an injury or wrongdoing; retaliation, retribution
257. a fl__h of lightning *n.* a sudden intense burst of radiant energy; a momentary brightness
258. the major pr_____e *n.* a statement or proposition that is held to be true or from which a conclusion can be drawn
259. the to__c of the book *n.* a subject that is being discussed or written about
260. business acq_____nce *n.* a person one knows but who is not a close friend
261. pi__t production *n.* a person who flies an aircraft, especially as a job; a person qualified to guide ships through a difficult area of water
262. sp_____r a local group *v.* to provide funds for a particular event, program, individual, etc. as a way of advertising
263. a flight of fa__y *v.* to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
264. sl__e a glance *v.* to move or cause to move smoothly along a surface without interruption
265. a serious to__c *n.* a subject that is being discussed or written about

ANSWERS: 254. identify, 255. competitive, 256. revenge, 257. flash, 258. premise, 259. topic, 260. acquaintance, 261. pilot, 262. sponsor, 263. fancy, 264. slide, 265. topic

266. ju___e with facts *v.* to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act
267. the ca_____t above the sink *n.* a piece of furniture with doors, shelves, and drawers used for storage or display; a small group of senior members of a government who act as official advisers for the President or Prime Minister
268. the morning se_____n *n.* a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity
269. pr_____y school *adj.* first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle
270. con_____nt firm *n.* a person who provides professional or expert advice
271. a good grounding in mat_____cs *n.* the science dealing with the logic of quantities, shapes, spaces, and arrangement
272. smokeless f__l *n.* a substance that is typically burned to generate heat or energy
273. ge___r-blind policies *n.* the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

ANSWERS: 266. juggle, 267. cabinet, 268. session, 269. primary, 270. consultant, 271. mathematics, 272. fuel, 273. gender

274. co_____t my wallet

v. to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

ANSWERS: 274. consult

Session 3: Fill in the Blanks

1. We can now _____ with the next item on our agenda.
 - v. to move forward or to continue with a process or action; to advance or progress

2. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
 - n. a phrase or slogan that expresses a guiding principle or goal

3. They _____ customers with a premium for loyal patronage.
 - v. to give someone support, confidence, or hope; to persuade someone to do or continue to do something by making it easier for them and making them believe it is a good thing to do

4. I decided to seek counseling on the advice of my _____.
 - n. one of a group of a coworker, especially in a profession or a business

5. Their headquarters are in a _____ skyscraper.
 - adj. of or belonging to the present time or recent times

6. In _____ private corporations provide healthcare services.
 - n. the act or process of adding something to something else; the process of adding numbers

7. The following example _____ that the capacity of each battery is the same.
 - v. to think or accept something to be true without having proof of it; to take or begin to have power; to begin to exhibit a specific quality or appearance

8. The team experienced a _____ when their star player was injured during the game.
 - n. an unfortunate happening that hinders or impedes; a reversal or check in progress

ANSWERS: 1. proceed, 2. motto, 3. encouraged, 4. colleague, 5. modern, 6. addition, 7. assumes, 8. setback

9. It is an incredible _____ to climb Mount Everest, the highest mountain in the world.
- n.* a notable or impressive achievement, especially one that requires great skill or bravery
10. Every human is responsible for taking care of the Earth's _____.
- n.* the natural world such as air, water, and land in which humans, animals, and plants live
11. Scientific knowledge will _____ significantly with the power of AI.
- v.* to go or move forward; to develop in a positive way
12. He was sick for five _____ days.
- adj.* extending or moving in one direction without bending or curving; having no deviations
13. Without investment, a business cannot _____.
- v.* to grow vigorously; to make steady progress
14. The _____ system that many societies have is outdated and unfair to women.
- adj.* relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated
15. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v.* to give someone the power or authority to do something
16. My father's death _____ my life completely.
- v.* to change in outward structure or looks;

ANSWERS: 9. feat, 10. environment, 11. advance, 12. straight, 13. thrive, 14. patriarchal, 15. empowered, 16. transformed

17. You must _____ with others to obtain this position.

v. to strive to achieve more success than someone or something

18. I enthusiastically _____ my rival's achievement.

v. to express approval of someone or something by clapping the hands

19. The restaurant's service was _____ slow.

adv. in a way that is not acceptable or satisfactory

20. Our company offers a full range of _____ facilities as part of our benefits package.

n. a service involving care for other people's children

21. She works as a _____ for a family with two young children.

n. a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis

22. This star is _____ to the naked eye.

adj. able to see or understand easily or clearly

23. Thinking always made him _____.

v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

24. We _____ a cease-fire.

v. to come to an end or close; to reach a judgment or opinion by reasoning

25. GDP stands for gross _____ product.

adj. relating to or inside a particular country, not foreign or international

ANSWERS: 17. compete, 18. applaud, 19. unacceptably, 20. childcare, 21. nanny, 22. apparent, 23. frown, 24. concluded, 25. domestic

26. The _____ of Japan is known for its unique culture and advanced technology.
n. a large organized community of people living in a particular country or region and having a particular culture
27. She couldn't _____ whether to order the pizza or the pasta for dinner.
v. to make up someone's mind about something; to come to a conclusion or judgment after considering options
28. I will work hard to _____ my goals and realize my dreams.
v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
29. They selected a gorgeous diamond _____ ring.
n. a mutual promise to marry someone; an agreement to do something, especially at a particular time
30. These synthetic _____ are used in military vests because of their excellent abrasion resistance.
n. cloth or other material produced by weaving wool, cotton, silk, etc., used for making clothes, covering furniture, etc.
31. If necessary, you can _____ the front seats forward.
v. to move or cause to move smoothly along a surface without interruption
32. Chronic pain from the side effects of treatment made her life _____.
adj. incapable of being tolerated or endured; unacceptable
33. The test results were _____ and showed improvement.
adj. giving hope, confidence, or support; inspiring

ANSWERS: 26. nation, 27. decide, 28. achieve, 29. engagement, 30. fabrics, 31. slide, 32. intolerable, 33. encouraging

34. The prime minister decided to reshuffle his _____ to regain support.
n. a piece of furniture with doors, shelves, and drawers used for storage or display; a small group of senior members of a government who act as official advisers for the President or Prime Minister
35. Use italics or capitals to _____ a word in a piece of writing.
v. to give or show particular importance to something
36. The country's domestic coal consumption has been _____ declining for decades.
adv. without being interrupted or paused; repeatedly
37. This laptop has a _____ processor, making it fast and efficient.
adj. having two parts, aspects, or elements
38. The drought _____ the prices of grain globally.
v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position
39. His poem has a very significant _____.
n. something that is inferred or indirectly stated; the act or fact of being involved in something
40. She had a master's degree in _____.
n. the scientific study of mind and behavior
41. The _____ exercised great care in landing.
n. a person who flies an aircraft, especially as a job; a person qualified to guide ships through a difficult area of water

ANSWERS: 34. cabinet, 35. emphasize, 36. continuously, 37. dual-core, 38. lifted, 39. implication, 40. psychology, 41. pilot

42. This space is a private office _____ to the President

adj. connected with religion or religious purposes; worthy of respect or dedication because of a connection with a god

43. The book's _____ is that the main character must save the world from an impending disaster.

n. a statement or proposition that is held to be true or from which a conclusion can be drawn

44. Cultural norms strongly influence _____ expectations.

n. the range of characteristics of femininity and masculinity and differentiating between them, especially when considering social and cultural differences rather than differences in biology

45. The budget _____ forced them to make difficult decisions.

n. a limit or restriction on something, such as an action, behavior, or thought

46. The _____ cause of the accident was due to the icy road conditions.

adj. first or highest in rank, order, or importance; most fundamental or essential; pertaining to the initial or introductory stage of something, such as a school year or election cycle

47. The enemy fell right into the _____.

n. a piece of equipment or hole for catching animals or people; (verb) to catch animals or people and prevent them from escaping

48. The introduction _____ the speaker's distinguished career as a consultant

v. to make something prominent, mainly so that people give it more attention

ANSWERS: 42. sacred, 43. premise, 44. gender, 45. constraint, 46. primary, 47. trap, 48. highlighted

49. These heavy rains caused _____ floods on several islands.
n. a sudden intense burst of radiant energy; a momentary brightness
50. We must _____ a new system to streamline our workflow and increase efficiency.
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
51. Our company _____ numerous disabled athletes.
v. to provide funds for a particular event, program, individual, etc. as a way of advertising
52. _____ is the start, not the end, of intelligence.
n. a feeling of being uncertain about something, especially about how good or accurate it is
53. Health and _____ are, above all, gold.
n. the quality or state of being physically, or sometimes mentally, strong
54. He has a _____ demeanor and always presents himself in a polished manner.
adj. having or showing the skill appropriate to a particular job; competent or skillful
55. The _____ deadline for submitting the project is tomorrow, so we need to work efficiently to finish on time.
adj. resolute or unwavering in decision-making or action; strong or secure in structure, make, or composition; reliable, trustworthy, or dependable; (noun) a business or company

ANSWERS: 49. flash, 50. develop, 51. sponsors, 52. Doubt, 53. strength, 54. professional, 55. firm

56. He decided to enjoy his freedom as a _____ before settling down.

- n.* an unmarried man; a person who holds an undergraduate degree from a college or university

57. The navy _____ ships of defeated nations.

- v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

58. She intends to _____ a political career.

- v.* to do something or attempt to attain something over time; to follow or seek someone or something, especially in trying to catch them

59. He wandered the _____ between life and death by gunfire.

- n.* a real or imaginary line that marks the limit or extent of something and separates it from other things or places

60. The data he prepared was completely _____.

- n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

61. This train departed later than _____ scheduled.

- adv.* at the beginning; at first

62. The _____ of the discussion was the current state of the economy.

- n.* a subject that is being discussed or written about

63. He seeks _____ against the person who wronged him.

- n.* the act of inflicting punishment or harm in return for an injury or wrongdoing; retaliation, retribution

ANSWERS: 56. bachelor, 57. interned, 58. pursue, 59. boundary, 60. sham, 61. initially, 62. topic, 63. revenge

64. The _____ of the country is struggling due to the recent political instability.
- n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
65. Among young people, _____ pressure can be pretty influential.
- n.* a person who has the same age, status, or ability
66. I met him at a party, and we quickly became _____.
- n.* a person one knows but who is not a close friend
67. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.
- adj.* answerable or accountable for something within one's power, control, or management
68. She is a major _____ to the local food bank, volunteering every week.
- n.* a person or thing that adds to the achievement, production, or growth of something (such as a project, organization, or publication); a donor or benefactor
69. The court _____ a guardian for the child.
- v.* to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place
70. He was reluctant to leave his comfort _____ and try something new.
- n.* a specific area, region, or section that is marked off or defined in some way
71. I like to _____ through commercials when watching TV shows.
- v.* to advance or move forward in time or progress, particularly in a rapid or accelerated manner; to increase the playback speed of a recording

ANSWERS: 64. economy, 65. peer, 66. acquaintances, 67. responsible, 68. contributor, 69. appointed, 70. zone, 71. fast-forward

72. Effective communication is an _____ part of any successful team.

adj. necessary to make a whole complete; essential, or fundamental; combining with something else to form a whole; (noun, of mathematics) a fundamental concept in calculus that represents the area under a curve between two points on a graph

73. Actuators convert _____ pulses into motion.

adj. relating to electricity

74. The movie has received almost universally _____ criticism.

adj. having the quality of something bad or harmful; expressing refusal

75. Wild animals need to go forward with the _____ action to survive.

adj. the best; most likely to be successful or advantageous

76. They had formed a friendship _____.

n. a close emotional connection between two or more people; a certificate of debt that a government or corporation issues to raise money

77. Difficulties _____ the mind, as labor does the body.

v. to become stronger or more effective; to make someone or something stronger or more effective

78. The restaurant is _____ in the community, having been open for over 50 years.

adj. firmly established and widely recognized; having a long history of success or acceptance in a particular field or industry

79. I need to _____ my car regularly to prevent any major mechanical issues.

v. to continue to uphold or sustain; to keep in a particular state or condition; to assert or declare something to be true

ANSWERS: 72. integral, 73. electrical, 74. negative, 75. optimal, 76. bond, 77. strengthen, 78. well-established, 79. maintain

80. Always _____ a lawyer before launching a business.

- v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

81. I was amazed at the _____ of her generosity.

- n.* the point or degree or area to which something extends

82. We have yet to achieve wage or occupational _____ for women in many fields.

- n.* the state or condition of being equal, especially in status or payment

83. The stock market _____ measures the performance of a group of stocks.

- n.* a list of items, such as names, subjects, or keywords, that is arranged in a particular order and is usually found at the end of a book or document; a number or symbol that indicates the value or level of something, such as a stock index or a temperature index

84. He has a flair for _____.

- n.* the science dealing with the logic of quantities, shapes, spaces, and arrangement

85. His passionate speech makes a _____ impression.

- adj.* worth remembering or likely to be remembered, especially because of being very important or remarkable

86. The _____ scarcity most severely impacted the manufacturing sector

- n.* a substance that is typically burned to generate heat or energy

87. The conference room was in _____ as everyone tried to speak at once.

- n.* a state of complete confusion or disorder, often characterized by a lack of predictability or control

ANSWERS: 80. consult, 81. extent, 82. parity, 83. index, 84. mathematics, 85. memorable, 86. fuel, 87. chaos

88. The _____ burglar was caught on the security camera and arrested by the police.
adj. indicating a person who aspires or attempts to be something but has not yet achieved that status or position
89. I always look forward to going back to my _____ during the holidays.
n. the town or city where one was born or grew up
90. They worked hard to _____ the nature of their native lands.
v. to keep or maintain a particular quality, feature, etc., especially to prevent it from decaying, being damaged, or being destroyed
91. The old building _____ in a fiery inferno.
v. to burst or break open violently and noisily; to cause something to burst or break open
92. The company has made great strides in its _____ toward sustainability.
n. the act or process of changing to the next stage or phase or moving forward
93. The colonial government _____ militia support when civil war broke out.
v. to persuade someone to work for a company; to find new members for an organization, the armed forces, etc.
94. This war shattered dreams of peace and _____.
n. the state of being successful and having the good fortune
95. We hired a management _____ to help us improve our business strategy.
n. a person who provides professional or expert advice

ANSWERS: 88. would-be, 89. hometown, 90. preserve, 91. exploded, 92. progression, 93. recruited, 94. prosperity, 95. consultant

96. The mobile application industry is a _____ one.

adj. involving competition or competitiveness

97. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

98. My home is easily _____ from the shore.

adj. capable of being seen; or open to easy view

99. The man _____ before opening the door.

v. to take a short break from talking or doing something before continuing

100. I love to _____ with my dog on the couch after a long day.

v. to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something

101. We cannot afford to squander _____ time.

adj. uncommon and extremely valuable

102. The industrial _____ laws were passed with little to no alteration.

n. the way two persons or groups of people feel and act toward one another

103. He wants to _____ ownership of the abandoned property.

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

ANSWERS: 96. competitive, 97. oppressed, 98. visible, 99. paused, 100. cuddle, 101. precious, 102. relations, 103. claim

104. The rain and thunder are _____ today.

adj. stupid or not sensible; very angry

105. The _____ at the airport caused a delay in my flight.

n. an event or occurrence, often unexpected or unplanned; something that happens

106. X-rays revealed a small tumor in his _____.

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

107. Parliament is now in _____.

n. a formal meeting or series of meetings for the execution of a particular group's functions; a period spent doing a particular activity

108. The sponge _____ water well.

v. to take in a fluid or other substance gradually

109. The prisoner made a full _____ and admitted to his crime.

n. a formal statement in which one admits that they have done something wrong or illegal

110. I want to _____ my sadness into strength.

v. to have a talk with someone; (adjective) reversed in order, relation, or action

111. I work at the breeding _____ where we grow and sell a variety of plants.

n. a place where babies and young children are cared for while their parents are at work; a place where plants are grown and nurtured, especially for commercial purposes

ANSWERS: 104. crazy, 105. incident, 106. brain, 107. session, 108. absorbs, 109. confession, 110. convert, 111. nursery,

112. The perspective of his right brain _____ his consciousness.
v. to have or control a lot of power and influence over somebody or something
113. Numerous great professional sports _____ have come from this city.
n. a natural ability to be good at something; someone who has a natural ability to be good at something
114. We want to _____ ties between our two countries.
v. to make or become better
115. The patient died from _____ alcohol intoxication.
adj. extremely sharp or severe
116. I don't _____ acting in such an important role.
v. to want to do or have something; (noun) something that many people believe but that is false, or that does not exist; imagination or fantasy
117. The _____ occasionally preaches at this church.
n. a person appointed to or a job of a head of a government department
118. The project's _____ made it difficult for the team to complete it on time.
n. the state or quality of being complicated or intricate and difficult to understand
119. It can be difficult to _____ work, family, and social life, but finding balance is important.
v. to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act
120. The automaker has been providing _____ car financing options since last year.
adj. not expensive and able to pay

ANSWERS: 112. dominates, 113. talents, 114. improve, 115. acute, 116. fancy, 117. minister, 118. complexity, 119. juggle, 120. affordable

121. The _____ of the small country was known for his generosity towards his people.

- n.* a title of high rank used in some Islamic countries, typically for a ruler or governor; a member of a ruling family in such a country

122. The travel agency is trying to _____ their new tour packages to attract more customers.

- v.* to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation

123. The _____ to the new class was informative and engaging.

- n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

124. I will introduce you to how to _____ the leading causes of the malfunction.

- v.* to recognize someone or something and say or prove who or what they are

125. You should _____ your shirt into your trousers.

- v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

126. The _____ of the school's dress code policy caused much controversy among the students and parents.

- n.* the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding

127. My husband was found _____ of any crime.

- adj.* not guilty of a crime, offense, etc.; not having an evil mind or knowledge

ANSWERS: 121. emir, 122. tout, 123. introduction, 124. identify, 125. tuck, 126. rigidity, 127. innocent

128. The military _____ between the two countries created tension in the international community.
n. the state of a cooperative relationship between people or groups, especially in business
129. Many people see the _____ of traveling as an opportunity to experience new cultures and broaden their horizons.
n. the positive aspect or potential of something; the upper side of something
130. These birds can only _____ in temperate climates.
v. to live or exist despite a dangerous event or period
131. She is a _____ person and has always bounced back from setbacks.
adj. able to withstand or recover quickly from difficult conditions
132. Reading _____ stories can help children relax and fall asleep faster.
n. the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness
133. Please _____ to the instruction manual for further assistance.
v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
134. Their company has been in business for a short time but has _____ goals.
adj. having a great desire to attain achievement, power, or wealth
135. The government should view children as national assets and actively _____ in them.
v. to put money, effort, time, etc. into something to make a profit or achieve a result

ANSWERS: 128. partnership, 129. upside, 130. survive, 131. resilient, 132. bedtime, 133. refer, 134. ambitious, 135. invest

136. His leg was in _____ for weeks after the accident.

n. the action or ability to pull something along a surface without sliding

137. The _____ will repair my telephone tomorrow morning.

n. a person whose job is designing, building, or maintaining something such as machines, structures, or software

ANSWERS: 136. traction, 137. engineer