

Englist.me



Vocabulary Builder Reference from...

Leila Hoteit: 3 lessons on success from an Arab businesswoman | TED Talk

https://www.ted.com/talks/leila_hoteit_3_lessons_on_success_from_an_arab_businesswoman

Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

emir

n. a title of high rank used in some Islamic countries, typically for a ruler or governor; a member of a ruling family in such a country

synonym : prince, ruler, leader

(1) **emir** palace, (2) **emir** crown

The **emir** of the small country was known for his generosity towards his people.

tuck

v. to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

synonym : insert, wrap, pinch

(1) **tuck** a baby in the blanket, (2) **tuck** into another cigarette

You should **tuck** your shirt into your trousers.

motto

n. a phrase or slogan that expresses a guiding principle or goal

synonym : slogan, catchphrase, phrase

(1) the **motto** for safe traffic, (2) company **motto**

The company's **motto** is "Innovation and Service," which is reflected in its products and customer support.

oppress

v. to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people

synonym : antagonize, distress, burden

(1) **oppress** the minority, (2) **oppress** the people with force
Historically, many countries have often **oppressed** certain religions to gain the support of the majority of the population.

juggle

v. to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act

synonym : jiggle, balance, handle

(1) **juggle** a job and motherhood, (2) **juggle** with facts
It can be difficult to **juggle** work, family, and social life, but finding balance is important.

rigidity

n. the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding

synonym : stiffness, inflexibility, firmness

(1) mental **rigidity**, (2) legal **rigidity**

The **rigidity** of the school's dress code policy caused much controversy among the students and parents.

tout

v. to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation

synonym : promote, advertise, publicize

(1) **tout** products, (2) **tout** services

The travel agency is trying to **tout** their new tour packages to attract more customers.

resilient

adj. able to withstand or recover quickly from difficult conditions

synonym : robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

empower

v. to give someone the power or authority to do something

synonym: authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

sham

n. something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham**

The data he prepared was completely **sham**.

applaud

v. to express approval of someone or something by clapping the hands

synonym: clap, celebrate, praise

(1) **applaud** his courage, (2) **applaud** the orchestra

I enthusiastically **applaud** my rival's achievement.

explode

v. to burst or break open violently and noisily; to cause something to burst or break open

synonym: detonate, blast, rupture

(1) **explode** in anger, (2) **explode** in popularity

The old building **exploded** in a fiery inferno.

intolerable

adj. incapable of being tolerated or endured; unacceptable

synonym: agonizing, insufferable, unbearable

(1) **intolerable** situation, (2) the heat is **intolerable**

Chronic pain from the side effects of treatment made her life **intolerable**.

intern

- v. to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

synonym: apprentice, trainee, student

(1) **intern** civilians, (2) medical **intern**

The navy **interned** ships of defeated nations.

frown

- v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

synonym: scowl, glare, disapprove

(1) people with **frown** faces, (2) a worried **frown**

Thinking always made him **frown**.

nanny

- n. a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis

synonym: childcare provider, babysitter, nurse

(1) part-time **nanny**, (2) professional **nanny**

She works as a **nanny** for a family with two young children.

bedtime

- n. the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness

synonym: sleep time, night-time

(1) **bedtime** meditation, (2) regular **bedtime**

Reading **bedtime** stories can help children relax and fall asleep faster.

cuddle

- v. to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something

synonym: embrace, snuggle, hug

(1) **cuddle** buddy, (2) **cuddle** up with a book

I love to **cuddle** with my dog on the couch after a long day.

confession

n. a formal statement in which one admits that they have done something wrong or illegal

synonym: admission, avowal, acknowledgment

(1) a **confession** of guilt, (2) a **confession** of faith

The prisoner made a full **confession** and admitted to his crime.

acquaintance

n. a person one knows but who is not a close friend

synonym: friend, associate, contact

(1) **acquaintance** with a language, (2) business **acquaintance**

I met him at a party, and we quickly became **acquaintances**.

patriarchal

adj. relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated

synonym: male-dominated, paternalistic

(1) **patriarchal** society, (2) **patriarchal** government

The **patriarchal** system that many societies have is outdated and unfair to women.

setback

n. an unfortunate happening that hinders or impedes; a reversal or check in progress

synonym: obstacle, hindrance, difficulty

(1) major **setback**, (2) suffer a **setback**

The team experienced a **setback** when their star player was injured during the game.

Session 2: Spelling

- | | | |
|--------------------------------|----|---|
| 1. ju___e a job and motherhood | v. | to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act |
| 2. ju___e with facts | v. | to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act |
| 3. cu___e buddy | v. | to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something |
| 4. e__r palace | n. | a title of high rank used in some Islamic countries, typically for a ruler or governor; a member of a ruling family in such a country |
| 5. em_____r my life | v. | to give someone the power or authority to do something |
| 6. t__k into another cigarette | v. | to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable |
| 7. mental ri_____ty | n. | the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding |
| 8. cu___e up with a book | v. | to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something |

ANSWERS: 1. juggle, 2. juggle, 3. cuddle, 4. emir, 5. empower, 6. tuck, 7. rigidity, 8. cuddle

9. a s__m battle *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
10. professional na__y *n.* a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis
11. company mo__o *n.* a phrase or slogan that expresses a guiding principle or goal
12. people with fr__n faces *v.* to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
13. t__k a baby in the blanket *v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable
14. medical in___n *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
15. in___n civilians *v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria

ANSWERS: 9. sham, 10. nanny, 11. motto, 12. frown, 13. tuck, 14. intern, 15. intern

16. op____s the minority *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
17. the mo__o for safe traffic *n.* a phrase or slogan that expresses a guiding principle or goal
18. the heat is int____le *adj.* incapable of being tolerated or endured; unacceptable
19. be____e meditation *n.* the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness
20. a con____on of faith *n.* a formal statement in which one admits that they have done something wrong or illegal
21. suffer a se____k *n.* an unfortunate happening that hinders or impedes; a reversal or check in progress
22. em____r the secretary to do the same *v.* to give someone the power or authority to do something
23. acq____nce with a language *n.* a person one knows but who is not a close friend
24. re____nt population *adj.* able to withstand or recover quickly from difficult conditions
25. pat____al society *adj.* relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated

ANSWERS: 16. oppress, 17. motto, 18. intolerable, 19. bedtime, 20. confession, 21. setback, 22. empower, 23. acquaintance, 24. resilient, 25. patriarchal

26. major se____k *n.* an unfortunate happening that hinders or impedes; a reversal or check in progress
27. ap____d the orchestra *v.* to express approval of someone or something by clapping the hands
28. business acq_____nce *n.* a person one knows but who is not a close friend
29. ap____d his courage *v.* to express approval of someone or something by clapping the hands
30. int_____le situation *adj.* incapable of being tolerated or endured; unacceptable
31. ex____e in anger *v.* to burst or break open violently and noisily; to cause something to burst or break open
32. turn out to be all s__m *n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not
33. ex____e in popularity *v.* to burst or break open violently and noisily; to cause something to burst or break open
34. part-time na__y *n.* a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis
35. t__t services *v.* to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation

ANSWERS: 26. setback, 27. applaud, 28. acquaintance, 29. applaud, 30. intolerable, 31. explode, 32. sham, 33. explode, 34. nanny, 35. tout

36. e__r crown *n.* a title of high rank used in some Islamic countries, typically for a ruler or governor; a member of a ruling family in such a country
37. a worried fr__n *v.* to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration
38. a hard and re_____nt steel *adj.* able to withstand or recover quickly from difficult conditions
39. a con_____on of guilt *n.* a formal statement in which one admits that they have done something wrong or illegal
40. regular be_____e *n.* the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness
41. t__t products *v.* to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation
42. op_____s the people with force *v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
43. pat_____al government *adj.* relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated

ANSWERS: 36. emir, 37. frown, 38. resilient, 39. confession, 40. bedtime, 41. tout, 42. oppress, 43. patriarchal

44. legal ri____ty

n. the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding

ANSWERS: 44. rigidity

Session 3: Fill in the Blanks

1. The team experienced a _____ when their star player was injured during the game.
 - n.* an unfortunate happening that hinders or impedes; a reversal or check in progress

2. The travel agency is trying to _____ their new tour packages to attract more customers.
 - v.* to promote, advertise, or praise something or someone, especially excessively or persistently; to attempt to sell something or gain support for something by persuasion or solicitation

3. She works as a _____ for a family with two young children.
 - n.* a caregiver, usually a woman, who provides child care services in the home of the children's parents or guardians, either on a part-time or full-time basis

4. Reading _____ stories can help children relax and fall asleep faster.
 - n.* the time at which a person typically goes to bed and prepares to sleep; the period just before bedtime, which may involve routines or activities that are intended to promote relaxation or sleepiness

5. The data he prepared was completely _____.
 - n.* something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

6. The _____ of the small country was known for his generosity towards his people.
 - n.* a title of high rank used in some Islamic countries, typically for a ruler or governor; a member of a ruling family in such a country

ANSWERS: 1. setback, 2. tout, 3. nanny, 4. bedtime, 5. sham, 6. emir

7. The _____ of the school's dress code policy caused much controversy among the students and parents.
- n.* the state or quality of being rigid or inflexible; the inability to adapt to change or new circumstances; the condition of being stiff or unyielding
8. I enthusiastically _____ my rival's achievement.
- v.* to express approval of someone or something by clapping the hands
9. The navy _____ ships of defeated nations.
- v.* to put someone in prison, especially for political or military reasons; (noun) a student or trainee who works, sometimes for free, to get work experience or to fulfill qualification criteria
10. The old building _____ in a fiery inferno.
- v.* to burst or break open violently and noisily; to cause something to burst or break open
11. She is a _____ person and has always bounced back from setbacks.
- adj.* able to withstand or recover quickly from difficult conditions
12. Chronic pain from the side effects of treatment made her life _____.
- adj.* incapable of being tolerated or endured; unacceptable
13. I love to _____ with my dog on the couch after a long day.
- v.* to hold close and lovingly in one's arms, often for comfort or affection; to snuggle or nestle against someone or something
14. You should _____ your shirt into your trousers.
- v.* to push a stray piece of clothing or material into a particular area or position, especially to make it more orderly or comfortable

ANSWERS: 7. rigidity, 8. applaud, 9. interned, 10. exploded, 11. resilient, 12. intolerable, 13. cuddle, 14. tuck

15. Historically, many countries have often _____ certain religions to gain the support of the majority of the population.
- v.* to treat people in a cruel and authoritarian way, especially by denying them the same freedoms, rights, etc. as other people
16. I met him at a party, and we quickly became _____.
- n.* a person one knows but who is not a close friend
17. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.
- v.* to give someone the power or authority to do something
18. It can be difficult to _____ work, family, and social life, but finding balance is important.
- v.* to manage or cope with several tasks, responsibilities, or situations simultaneously; to keep several things in the air at once, as in a juggling act
19. The prisoner made a full _____ and admitted to his crime.
- n.* a formal statement in which one admits that they have done something wrong or illegal
20. The company's _____ is "Innovation and Service," which is reflected in its products and customer support.
- n.* a phrase or slogan that expresses a guiding principle or goal
21. The _____ system that many societies have is outdated and unfair to women.
- adj.* relating to or characteristic of a society or system in which men hold the dominant roles and positions of power; male-dominated

ANSWERS: 15. oppressed, 16. acquaintances, 17. empowered, 18. juggle, 19. confession, 20. motto, 21. patriarchal

22. Thinking always made him _____.

- v. to make an angry or severe expression by bringing your eyebrows together to indicate disapproval, displeasure, or concentration

ANSWERS: 22. frown