# **Englist.me**

# Vocabulary Builder Reference from...

Jessica Shortall: The US needs paid family leave -for the sake of its future | TED Talk
https://www.ted.com/talks/jessica\_shortall\_the\_us\_ne
eds\_paid\_family\_leave\_for\_the\_sake\_of\_its\_future



# Advanced Words Only

#### **IMPORTANT**

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## **Session 1: Word List**

#### hallmark

 a distinctive characteristic or attribute of a person or thing

synonym: symbol, authentication, indication

(1) the **hallmark** of a good scientist, (2) the **hallmark** of modern life

A clear and simple expression is the **hallmark** of good writing.

#### obsess

v. to fill the mind of someone continually so that one can't think of anything else

synonym: torment, beset, engross

(1) **obsess** over her weight, (2) he is **obsessed** with the fear

He's utterly **obsessed** with his promotion.

#### moth

- an insect with wings similar to a butterfly that travels at night and is attracted to light
- (1) **moth** larva, (2) **moth** attracted to the light The **moth** is a serious threat to the farm's output.

#### horrific

adj. causing horror or disgust; gruesome and terrifying

synonym: terrifying, alarming, shocking

(1) horrific experience, (2) horrific condition

The accident scene was **horrific**, with bodies and debris scattered everywhere.

#### annoy

- v. to make someone angry, anxious, or irritating slightly synonym: aggravate, irritate, unsettle
- (1) annoy at the time, (2) annoy everyone elseHer constant chatter was starting to annoy the neighbors.

#### unreal

adj. imaginary; not existing in factsynonym: false, fake, fictitious

(1) have an **unreal** feeling, (2) **unreal** situation The idea of winning the lottery seemed so **unreal** that he didn't even bother buying a ticket.

## parody

- a humorous imitation of a serious piece of literature or music designed to ridicule or criticize the original work
   synonym: spoof, satire, lampoon
- parody imitation, (2) comedic parody
   The movie was a parody of classic horror films.

#### aerosol

 a substance enclosed under pressure and released as a fine spray, typically one used for medical purposes or cosmetic application

synonym: spray, mist, fog

(1) aerosol container, (2) aerosol can

She waited a few seconds after spraying the **aerosol** insecticide before entering the room.

## airborne

adj. moved or conveyed by or through the air; in the air synonym: flying, aerial, floating

(1) airborne troop, (2) airborne particles

The amount of **airborne** pollen this year is higher than usual.

#### coworker

n. a person who works with another in the same company or organization

synonym: colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker** My ex- **coworker** and I had different working styles but managed to get along.

#### doorway

- n. an opening in a wall for a door to fit intosynonym: entrance, portal, gateway
- (1) a wide **doorway**, (2) **doorway** to success He leaned against the **doorway**, waiting for her to come home.

#### inmate

- a person who is confined to an institution such as a prison, hospital, or mental health facility
- synonym: prisoner, convict, detainee
- (1) **inmate** population, (2) **inmate** rights

  The prison implemented a new educational program for **inmates** to learn skills and prepare for life after release.

## hallway

- n. an interior passage or corridor onto which rooms opensynonym: foyer, corridor, entrance
- (1) the head of a **hallway**, (2) wax a **hallway** floor He dashed down a **hallway** to a bathroom.

## breastfeeding

 the act of feeding a baby with milk produced by the mother's breasts

synonym: nursing, lactation, suckling

(1) **breastfeeding** mother, (2) **breastfeeding** support Getting the hang of **breastfeeding** at first can be challenging, but with patience and practice, it gets easier.

#### wreck

- n. a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accidentsynonym: collapse, destruction, devastation
- (1) the house was a **wreck**, (2) a worthless **wreck**The divers accidentally discovered a **wreck** on the ocean floor.

## hemorrhage

- n. profuse bleeding, often caused by a ruptured vessel synonym: heavy bleeding
- (1) **hemorrhage** from a breast, (2) **hemorrhage** control He had a severe brain **hemorrhage** that left him paralyzed.

## horrify

- v. to shock or disgust greatly synonym: shock, dismay, terrify
- (1) horrify audience, (2) horrify victimsThe series of terrorist attacks horrify the entire nation.

## creepy

- adj. causing an uneasy feeling of fear or unease synonym: eerie, unsettling, spooky
- (1) feel **creepy**, (2) **creepy** atmosphere The old, abandoned house was **creepy** and gave me the chills.

#### breadwinner

- the member of a family who earns money to support the others
- (1) family **breadwinner**, (2) two-**breadwinner** couple Many women are now their families' primary **breadwinners**.

## procreation

- n. the act or process of producing offspring; reproductionsynonym: progeny, offspring, breeding
- (1) **procreation** instinct, (2) natural **procreation**The use of contraception can significantly impact the rate of **procreation** within a population.

## palatable

 adj. having a pleasant or acceptable taste; pleasing or agreeable to the mind or senses; easily tolerated or accepted

synonym: delicious, tasty, flavorful

(1) **palatable** food, (2) **palatable** solution I'm usually a picky eater, but the seafood at this restaurant was surprisingly **palatable**.

## ineligible

adj. not eligible or qualified for something; barred from participation or consideration

synonym: disqualified, unqualified, barred

(1) **ineligible** candidate, (2) **ineligible** for promotion He was **ineligible** for the scholarship because he did not meet the academic requirements.

## preexist

 to exist or occur before something else, especially referring to a time period or event; to predate or come before

synonym: antedate, precede

(1) **preexist** the modern city, (2) **preexist** the current political tensions

The idea for the novel **preexisted** as fragments of a dream in the author's mind.

#### waitress

a woman who serves food and drinks in a restaurant or cafe

synonym: server, attendant, waitperson

(1) **waitress** at a restaurant, (2) tip the **waitress**The friendly **waitress** brought the food to the table and asked if they needed anything else.

## postpartum

adj. occurring after childbirth or delivery; (noun) the time after delivery when the mother's body begins to recover from the effects of pregnancy and childbirth

synonym: afterbirth, postnatal, postdelivery

(1) **postpartum** workout, (2) lose **postpartum** belly fat Many women experience **postpartum** depression after giving birth.

#### bartender

*n.* a person who serves drinks, especially alcoholic beverages, at a bar

synonym: barman, mixologist, server

(1) professional **bartender**, (2) moonlight as a **bartender** The chief **bartender** mixed the ingredients to create a new and exciting cocktail.

#### childbirth

- n. the act or process of giving birth to a baby
- synonym: delivery, labor, parturition
- (1) natural childbirth, (2) assisted childbirth

He was present at the **childbirth** of his children.

#### unbearable

 adj. not able to be tolerated or endured; too difficult, severe, or intense to be dealt with or suffered through; intolerable or insufferable

synonym: intolerable, insufferable, unendurable

(1) unbearable heat, (2) unbearable pain

The loss of his wife was an **unbearable** sorrow that he found hard to overcome.

#### colic

 a condition typically occurring in infants, characterized by severe and often fluctuating pain in the abdomen caused by intestinal or digestive disturbances

synonym: cramp, spasm, gripe

(1) colic symptoms, (2) colic relief

New parents often struggle to soothe their infants with colic.

#### drown

v. to die or cause to die by being unable to breathe underwater

synonym: douse, drench, overwhelm

(1) **drown** in a bath, (2) I was **drowned** in work Floods have the potential to **drown** any subsurface animals easily.

shush

 to silence or quiet someone or something, particularly by making a "shh" or "hush" sound

synonym: silence, hush, quiet

(1) shush the baby, (2) shush the crowd

I had to **shush** my chatty friend during the movie.

#### vaccinate

v. to treat with a vaccine, usually by injection, to produce immunity against a disease

synonym: immunize, inject, inoculate

(1) vaccinate against scarlet fever, (2) vaccinate every

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#### year

The nurse **vaccinated** the children in the school.

#### inconvenient

adj. causing trouble or difficulty; not convenient or suitable synonym: troublesome, difficult, awkward

(1) face an **inconvenient** truth, (2) **inconvenient** for shopping

It was **inconvenient** for her to go out of her way to pick up the package.

## guinea

 a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic

synonym: coin, money, currency

(1) guinea coins, (2) guinea pig

The cost of the antique vase is three **guineas**.

#### marshal

n. a military officer of high rank or a person in charge of organizing or leading a parade or public event; a law enforcement official or officer responsible for maintaining order and enforcing regulations; (verb) to organize, arrange, or gather together resources, information, or people in a deliberate and systematic manner

synonym: marshal, commander, organizer

(1) **marshal** the books into their proper places, (2) deputy **marshal** 

The event organizer appointed a professional **marshal** to manage the flow of traffic.

## disproportionately

adv. in a way that is not reasonably or appropriately balanced, equal, or distributed; in a manner that is unequal or excessive about something else

synonym: excessively, unequally

(1) **disproportionately** affected, (2) **disproportionately** high

The rich can often **disproportionately** benefit from tax breaks and other advantages.

#### sham

 something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not

synonym: bogus, counterfeit, fraudulent

(1) a **sham** battle, (2) turn out to be all **sham** The data he prepared was completely **sham**.

#### birthrate

n. the number of live births per 1,000 people in a given population in a given period of time, usually a yearsynonym: fertility, natality

(1) low **birthrate**, (2) declining **birthrate**The **birthrate** in many developed countries has been decreasing in recent years.

#### incentivize

v. to make someone want to do in a particular way by offering them a reward

synonym: encourage, motivate

(1) **incentivize** carpooling, (2) **incentivize** the right behavior Governments **incentivize** their citizens to buy eco-friendly products through subsidies.

#### subsidize

v. to pay part of the cost of something to support an organization, activity, etc. financially

synonym: finance, endow, sponsor

(1) **subsidize** the project, (2) **subsidize** the cost Governments **subsidize** renewable energy generation in various ways.

#### hobble

- v. to walk with difficulty, often due to injury or disability; to hamper or impede someone's progress or movementsynonym: limp, fetter, shuffle
- (1) **hobble** down the street, (2) **hobble** due to injury She had to **hobble** with crutches after breaking her ankle.

#### incubator

 an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses

synonym: hatchery, brooder, nursery

(1) infant **incubator**, (2) business **incubator** program
The eggs were placed in an artificial **incubator** to ensure proper hatching conditions.

#### meager

adj. small in quantity, quality, or size; insufficient or inadequate

synonym: scanty, sparse, insufficient

meager salary, (2) meager resources
 The refugee family had to survive on a meager amount of

food and water daily.

#### dishonor

the lack of honor or respect; a feeling of shame or disgrace

synonym: disgrace, shame, dishonorableness

(1) do him a **dishonor**, (2) **dishonor** of my family His actions brought **dishonor** to the family, and he was disowned.

peril

- n. serious and great danger or risksynonym: hazard, danger, threat
- (1) the **peril** of the sea, (2) environmental **peril**Due to hunger, the lives of the refugees were in **peril**.

# **Session 2: Spelling**

1. co\_\_c relief

2. hem\_\_\_\_ge control

tip the wa ss

4. sh h the crowd

5. two-bre\_\_\_\_er couple

6. unb\_\_\_\_le pain

7. gu a coins

8. I was dr ned in work

9. ae I container

- a condition typically occurring in infants, characterized by severe and often fluctuating pain in the abdomen caused by intestinal or digestive disturbances
- n. profuse bleeding, often caused by a ruptured vessel
- *n.* a woman who serves food and drinks in a restaurant or cafe
- v. to silence or quiet someone or something, particularly by making a "shh" or "hush" sound
- n. the member of a family who earns money to support the others
- adj. not able to be tolerated or endured; too difficult, severe, or intense to be dealt with or suffered through; intolerable or insufferable
- a former British gold coin worth 21 shillings or a unit of currency used in some West African countries; (Guinea) a republic in western Africa on the Atlantic
- v. to die or cause to die by being unable to breathe underwater
- a substance enclosed under pressure and released as a fine spray, typically one used for medical purposes or cosmetic application

ANSWERS: 1. colic, 2. hemorrhage, 3. waitress, 4. shush, 5. breadwinner, 6. unbearable, 7. guinea, 8. drown, 9. aerosol

ANSWERS: 10. sham, 11. guinea, 12. incubator, 13. hemorrhage, 14. incentivize, 15. parody, 16. incubator, 17. procreation

barred from participation or consideration

26. professional ba er 

aag. not eligible of qualified for something barred from participation or consideration

n. a person who serves drinks, especial

a person who serves drinks, especially alcoholic beverages, at a bar

v. to walk with difficulty, often due to injury or disability; to hamper or impede someone's progress or movement

adj. moved or conveyed by or through the air; in the air

ANSWERS: 18. obsess, 19. preexist, 20. preexist, 21. annoy, 22. hallway, 23. postpartum, 24. palatable, 25. ineligible, 26. bartender, 27. hobble, 28. airborne

27. ho e due to injury

28. ai ne particles

| 29. | unI situation       | adj. | imaginary; not existing in fact  |
|-----|---------------------|------|--|
| 30. | moonlight as a baer | n.   | a person who serves drinks, especially alcoholic beverages, at a bar   |
| 31. | family breer        | n.   | the member of a family who earns money to support the others   |
| 32. | suze the cost       | v.   | to pay part of the cost of something to support an organization, activity, etc. financially  |
| 33. | proon instinct      | n.   | the act or process of producing offspring; reproduction  |
| 34. | inele candidate     | adj. | not eligible or qualified for something;<br>barred from participation or<br>consideration  |
| 35. | aine troop          | adj. | moved or conveyed by or through the air; in the air  |
| 36. | pale food           | adj. | having a pleasant or acceptable taste; pleasing or agreeable to the mind or senses; easily tolerated or accepted   |
| 37. | mer salary          | adj. | small in quantity, quality, or size; insufficient or inadequate  |
| 38. | coc symptoms        | n.   | a condition typically occurring in infants, characterized by severe and often fluctuating pain in the abdomen caused by intestinal or digestive disturbances |
| 39. | pay imitation       | n.   | a humorous imitation of a serious piece<br>of literature or music designed to<br>ridicule or criticize the original work                                     |
| 40. | breing support      | n.   | the act of feeding a baby with milk produced by the mother's breasts   |

ANSWERS: 29. unreal, 30. bartender, 31. breadwinner, 32. subsidize, 33. procreation, 34. ineligible, 35. airborne, 36. palatable, 37. meager, 38. colic, 39. parody, 40. breastfeeding

ANSWERS: 41. subsidize, 42. moth, 43. horrify, 44. inconvenient, 45. wreck, 46. postpartum, 47. horrific, 48. meager, 49. vaccinate, 50. hallway, 51. dishonor, 52. childbirth

| emething that is not as good or true as<br>seems to be and is intended to<br>eceive people; a person who pretends<br>be something they are not  |
|---|
| ship that has sunk or has been estroyed; a vehicle that has been adly damaged in an accident  |
| opening in a wall for a door to fit into  |
| military officer of high rank or a erson in charge of organizing or ading a parade or public event; a law aforcement official or officer sponsible for maintaining order and aforcing regulations; (verb) to ganize, arrange, or gather together sources, information, or people in a eliberate and systematic manner |
| military officer of high rank or a erson in charge of organizing or ading a parade or public event; a law aforcement official or officer sponsible for maintaining order and aforcing regulations; (verb) to ganize, arrange, or gather together sources, information, or people in a eliberate and systematic manner |
| opening in a wall for a door to fit into  |
| aginary; not existing in fact   |
| treat with a vaccine, usually by<br>ection, to produce immunity against a<br>sease  |
| j   |

61. the ha rk of modern life a distinctive characteristic or attribute of n. a person or thing an insect with wings similar to a 62. m h larva n. butterfly that travels at night and is attracted to light 63. feel cr\_\_\_y adj. causing an uneasy feeling of fear or unease 64. cr\_\_y atmosphere adj. causing an uneasy feeling of fear or unease a woman who serves food and drinks in 65. wa ss at a restaurant a restaurant or cafe 66. environmental pe I serious and great danger or risk n. 67. the pe I of the sea serious and great danger or risk n. 68. the ha\_\_\_\_rk of a good scientist a distinctive characteristic or attribute of n. a person or thing 69. co\_\_\_\_er relationship a person who works with another in the n. same company or organization 70. inc ze the right behavior to make someone want to do in a ν. particular way by offering them a reward 71. low bi\_\_\_\_te the number of live births per 1,000 n. people in a given population in a given period of time, usually a year a person who is confined to an 72. in e rights n. institution such as a prison, hospital, or mental health facility 73. ae\_\_\_l can a substance enclosed under pressure n. and released as a fine spray, typically one used for medical purposes or

ANSWERS: 61. hallmark, 62. moth, 63. creepy, 64. creepy, 65. waitress, 66. peril, 67. peril, 68. hallmark, 69. coworker, 70. incentivize, 71. birthrate, 72. inmate, 73. aerosol

cosmetic application

| 74. | ine population            | n.         | a person who is confined to an institution such as a prison, hospital, or mental health facility   |
|-----|---------------------------|------------|--|
| 75. | natural chith             | n.         | the act or process of giving birth to a baby   |
| 76. | dior of my family         | n.         | the lack of honor or respect; a feeling of shame or disgrace   |
| 77. | any everyone else         | <i>v</i> . | to make someone angry, anxious, or irritating slightly   |
| 78. | drn in a bath             | <i>v</i> . | to die or cause to die by being unable to breathe underwater   |
| 79. | argue with a coer         | n.         | a person who works with another in the same company or organization  |
| 80. | he is obsed with the fear | <i>v</i> . | to fill the mind of someone continually so that one can't think of anything else   |
| 81. | breing mother             | n.         | the act of feeding a baby with milk produced by the mother's breasts   |
| 82. | hoe down the street       | <i>v</i> . | to walk with difficulty, often due to injury<br>or disability; to hamper or impede<br>someone's progress or movement                                     |
| 83. | incent for shopping       | adj.       | causing trouble or difficulty; not convenient or suitable  |
| 84. | hoy audience              | <i>v</i> . | to shock or disgust greatly  |
| 85. | disely high               | adv.       | in a way that is not reasonably or<br>appropriately balanced, equal, or<br>distributed; in a manner that is unequal<br>or excessive about something else |
| 86. | declining bite            | n.         | the number of live births per 1,000 people in a given population in a given period of time, usually a year   |

ANSWERS: 74. inmate, 75. childbirth, 76. dishonor, 77. annoy, 78. drown, 79. coworker, 80. obsess, 81. breastfeeding, 82. hobble, 83. inconvenient, 84. horrify, 85. disproportionately, 86. birthrate

| 87. | dise           | ely affected adv. | in a way that is not reasonably or<br>appropriately balanced, equal, or<br>distributed; in a manner that is unequal<br>or excessive about something else |
|-----|----------------|-------------------|--|
| 88. | shh the baby   | v.                | to silence or quiet someone or<br>something, particularly by making a<br>"shh" or "hush" sound   |
| 89. | hoic condition | adj.              | causing horror or disgust; gruesome and terrifying   |
| 90. | unble heat     | adj.              | not able to be tolerated or endured; too<br>difficult, severe, or intense to be dealt<br>with or suffered through; intolerable or                        |

insufferable

Vocab-Builder Ref from "Jessica Shortall: The US needs paid family leave -- for the sake of its future | TED Talk" (45 words)

ANSWERS: 87. disproportionately, 88. shush, 89. horrific, 90. unbearable

# **Session 3: Fill in the Blanks**

| 1.  | The accident scene was with bodies and debris scattered everywhere.                              |  |
|---|--|--|
| adj   | causing horror or disgust; gruesome and terrifying   |  |
| 2.  | Her constant chatter was starting to the neighbors.  |  |
| v.  | to make someone angry, anxious, or irritating slightly   |  |
| 3.  | Governments their citizens to buy eco-friendly products through subsidies.                       |  |
| v.  | to make someone want to do in a particular way by offering them a reward                         |  |
| 4.  | Many women are now their families' primary   |  |
| n.  | the member of a family who earns money to support the others                                     |  |
| 5.  | I'm usually a picky eater, but the seafood at this restaurant was surprisingly                   |  |
| adj. having a pleasant or acceptable taste; pleasing or agreeable to the mind or senses; easily tolerated or accepted |  |  |
| 6.  | The series of terrorist attacks the entire nation.   |  |
| v.  | to shock or disgust greatly  |  |
| 7.  | His actions brought to the family, and he was disowned.  |  |
| n.  | the lack of honor or respect; a feeling of shame or disgrace                                     |  |
| 8.  | The divers accidentally discovered a on the ocean floor.   |  |
| n.  | a ship that has sunk or has been destroyed; a vehicle that has been badly damaged in an accident |  |
| AN  | SWERS: 1. horrific, 2. annoy, 3. incentivize, 4. breadwinners, 5. palatable, 6.                  |  |
| hor   | rify 7 dishonor 8 wreck  |  |

| 18.<br>n.   | The is a serious threat to the farm's output.  an insect with wings similar to a butterfly that travels at night and is attracted to light   |  |
|---|--|--|
| 19.   | The in many developed countries has been decreasing in recent years.   |  |
| n.  | the number of live births per 1,000 people in a given population in a given period of time, usually a year   |  |
| 20.   | He's utterly with his promotion.   |  |
| ν.  | to fill the mind of someone continually so that one can't think of anything else   |  |
| 21.   | The eggs were placed in an artificial to ensure proper hatching conditions.  |  |
| n.  | an apparatus in which conditions are controlled for hatching eggs, growing cells, or keeping people or animals warm; a place, especially with support staff and equipment, offered at a low cost to new small businesses |  |
| 22.   | The data he prepared was completely  |  |
| n.  | something that is not as good or true as it seems to be and is intended to deceive people; a person who pretends to be something they are not  |  |
| 23.   | The movie was a of classic horror films.   |  |
| n.  | a humorous imitation of a serious piece of literature or music designed to ridicule or criticize the original work   |  |
| 24.   | The loss of his wife was an sorrow that he found hard to overcome.   |  |
| adj   | not able to be tolerated or endured; too difficult, severe, or intense to be dealt with or suffered through; intolerable or insufferable   |  |
| ANSWERS: 18. moth, 19. birthrate, 20. obsessed, 21. incubator, 22. sham, 23. parody, 24. unbearable |  |  |