

# Englist.me



## Vocabulary Builder Reference from...

*Dan Pallotta: The dream we haven't dared to dream | TED Talk*

[https://www.ted.com/talks/dan\\_pallotta\\_the\\_dream\\_we\\_haven\\_t\\_dared\\_to\\_dream](https://www.ted.com/talks/dan_pallotta_the_dream_we_haven_t_dared_to_dream)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### lunar

*adj.* of or pertaining to the moon

*synonym* : moony

(1) **lunar** crater, (2) **lunar** surface

Ancient people felt mystified by the patterns on the **lunar** surface.

### moonshot

*n.* an ambitious, risky, and innovative project or goal, especially one that is intended to bring about radical change or breakthroughs in a particular field or industry, often inspired by the lunar landing mission of Apollo 11 in 1969

*synonym* : initiative, endeavor, pursuit

(1) AI **moonshot**, (2) **moonshot** idea

The company's **moonshot** project aims to develop a revolutionary new technology within a tight deadline.

### daring

*adj.* brave and taking risks

*synonym* : audacious, bold, venturesome

(1) **daring** escape, (2) make a **daring** face

Her choices become increasingly **daring** and creative.

### stonewall

*v.* to refuse to answer questions or provide information; to delay discussion or decision

*synonym* : obstruct, block, impede

(1) **stonewall** the investigation, (2) **stonewall** their attempts  
The government **stonewalled** the opposition party's efforts to access information about the project.

## estranged

*adj.* separated or alienated from someone or something that was once familiar or close; emotionally detached or distant due to a breakdown in a relationship or connection

*synonym* : alienated, distant, estrous

(1) **estranged** relationship, (2) become **estranged**  
After years of not speaking to each other, the **estranged** family members finally reunited.

## astronaut

*n.* a person trained by a space agency to travel outside the Earth's atmosphere

*synonym* : spaceman, cosmonaut

(1) **astronaut** mission, (2) **astronaut** in training  
The shuttle **astronaut** trained for months before embarking on the space mission.

## alcoholism

*n.* a chronic disorder characterized by dependence on alcohol and repeated excessive use of alcoholic beverages

*synonym* : alcohol dependency, alcohol addiction, drunkenness

(1) acute **alcoholism**, (2) **alcoholism** recovery  
He lost everything due to his **alcoholism**.

## monk

*n.* a member of a religious community of men living under vows of poverty, chastity, and obedience

*synonym* : friar, cleric, brother

(1) **monk** lifestyle, (2) cloistered **monk**  
The ascetic **monk** spent his days in prayer and contemplation in the monastery.

## abyss

*n.* a deep, dark, or seemingly bottomless chasm or void

*synonym* : chasm, cavity, gulf

(1) the **abyss** of time, (2) an **abyss** of hopelessness  
The deep sea is an **abyss** of mystery and discovery.

### acrimony

*n.* bitter and sharp hostility or anger between individuals, typically arising from a longstanding conflict or disagreement

*synonym*: bitterness, animosity, hostility

(1) **acrimony-filled** argument, (2) lingering **acrimony**

The **acrimony** between the two political parties is palpable during debates.

### infighting

*n.* conflict or rivalry within a group or organization, especially when it is marked by petty disputes or disagreements among members

*synonym*: squabbling, discord, rivalry

(1) **infighting** among team members, (2) company **infighting**

The **infighting** between the political parties prevented any progress from being made.

### pervasive

*adj.* spreading or existing throughout every part of a thing or place

*synonym*: extensive, ubiquitous, prevalent

(1) **pervasive** language, (2) the **pervasive** odor of garlic  
Suspicion and worry were **pervasive** in our minds.

### idealist

*n.* a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity

*synonym*: dreamer, idealizer, visionary

(1) **idealist** at heart, (2) an **idealist** perspective

As a dedicated **idealist**, she always fought for what was right, no matter the cost.

### succumb

*v.* to fail to oppose something, such as desire, pressure, or some other opposing force; to die or suffer badly from

the effect of a disease or injury

*synonym* : surrender, break down, die

(1) **succumb** to cancer, (2) **succumb** to old age

He finally **succumbed** to temptation.

## overwork

v. to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness

*synonym* : overdo, overtax, exhaust

(1) die from **overwork**, (2) **overwork** to compensate

He **overworked** himself and ended up getting sick.

## frenzy

n. a state of wild, uncontrolled excitement or activity, often characterized by chaotic or irrational behavior

*synonym* : frenetic, commotion, tumult

(1) **frenzy** of activity, (2) buying **frenzy**

The shoppers were **frenzy** to get the best deals on Black Friday.

## alienate

v. to cause someone to become unfriendly or unsympathetic

*synonym* : estrange, isolate, separate

(1) **alienate** a group, (2) **alienate** a potential customer

His actions **alienated** him from his friends.

## conceive

v. to have or develop an idea, a plan, etc. in mind; to become pregnant

*synonym* : imagine, envision, concoct

(1) **conceive** of an idea, (2) **conceive** a child

I can't **conceive** he'd want to harm us.

## transistor

n. a semiconductor device that can be used to amplify or switch electronic signals and power which is an essential component in modern electronics

*synonym* : semiconductor, microchip, circuit

(1) **transistor** radio, (2) **transistor** circuit

The invention of the **transistor** revolutionized the field of electronics.

## serenity

*n.* the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness

*synonym*: calmness, tranquility, peacefulness

(1) fall into **serenity**, (2) **serenity** prayer

Meditation and yoga are great ways to achieve **serenity** and peace of mind.

## suffocate

*v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

*synonym*: choke, smother, stifle

(1) **suffocate** to death, (2) **suffocate** fire

People can **suffocate** from a lack of oxygen in confined spaces.

## mindful

*adj.* being conscious or aware of something; paying close attention to what is happening; being focused and attentive in the present moment

*synonym*: aware, attentive, conscious

(1) **mindful** of my responsibilities, (2) **mindful** eating

Practicing **mindful** meditation can help reduce stress and improve overall well-being.

## improvisation

*n.* the act of making something up on the spot or creating or performing something without preparation

*synonym*: spontaneity, ad-lib, extemporization

(1) **improvisation** on stage, (2) jazz **improvisation**

He created a beautiful piece of music using only **improvisation**.

## industrious

*adj.* hardworking, diligent, and persistent in effort

*synonym*: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

## audacious

*adj.* showing a willingness to take bold risks or to do something that is considered unconventional or daring; marked by originality, creativity, or boldness

*synonym* : bold, daring, fearless

(1) **audacious** stunt, (2) **audacious** decision

The young entrepreneur had an **audacious** plan to start his own company.

## heroic

*adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring

*synonym* : brave, courageous, daring

(1) a **heroic** poem, (2) **heroic** explorers

The **heroic** actions of individuals are now easily spread worldwide by SNS.

## humility

*n.* the quality or condition of being humble; a low estimate of one's self

*synonym* : humbleness, modesty, unpretentiousness

(1) develop an attitude of **humility**, (2) lack of **humility**

We were filled with **humility** at the sight of the Queen.

## frantic

*adj.* marked by uncontrolled excitement or emotion; wild; frenzied

*synonym* : wild, frenzied, manic

(1) **frantic** pace, (2) with **frantic** haste

The mother was **frantic** as she searched for her lost child.

## gridlock

*n.* a situation in which traffic or progress is obstructed due to congestion, blockage, or a lack of movement; a deadlock or impasse in negotiations or decision-making

*synonym* : traffic jam, standstill, impasse

(1) **gridlock** situation, (2) political **gridlock**

The rush hour traffic in the city often leads to **gridlock** on the

highways.

## inhuman

*adj.* lacking human qualities, such as compassion, kindness, or understanding; cruel, brutal, or without regard for others' suffering or dignity

*synonym* : brutal, hardhanded, cruel

(1) **inhuman** act, (2) **inhuman** conditions

Prisoners were subjected to **inhuman** treatment in an overcrowded jail.

## epoch

*n.* a particular period of time, usually marked by significant events or developments; a division of geologic time

*synonym* : era, age, period

(1) **epoch-making** event, (2) post-modern **epoch**

The Industrial Revolution is often considered an **epoch** in human history.

## excite

*v.* to make someone feel suddenly enthusiastic or eager

*synonym* : thrill, exhilarate, animate

(1) **excite** the crowd, (2) **excite** rebellion

The news of her promotion **excited** her.

## opportune

*adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

*synonym* : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

## unimaginable

*adj.* beyond what can be imagined or conceived; impossible to comprehend or envision

*synonym* : unthinkable, inconceivable, incredulous

(1) **unimaginable** horror, (2) **unimaginable** depths

The complexity of scientific theories was **unimaginable** for most people.

## mantra

*n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation

*synonym* : hymn, chant, phrase

(1) campaign **mantra**, (2) chant the **mantra** of structural reform

She repeated her personal **mantra** to herself to stay motivated.

## **sober**

*adj.* not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises

*synonym* : calm, lucid, temperate

(1) **sober** discussion, (2) as **sober** as a judge

He led a **sober** life.

## **transcend**

*v.* to rise above or go beyond the limits of something

*synonym* : surpass, exceed, overcome

(1) **transcend** boundaries, (2) **transcend** limits

The music **transcended** cultural barriers and reached audiences globally.

## **wondrous**

*adj.* inspiring amazement or admiration; extremely beautiful and impressive

*synonym* : amazing, fantastic, miraculous

(1) **wondrous** sight, (2) **wondrous** adventure

The **wondrous** beauty of the sunset left us all in awe.



## Session 2: Spelling

- |                                  |   |
|----------------------------------|---|
| 1. ind_____us worker             | <i>adj.</i> hardworking, diligent, and persistent in effort   |
| 2. jazz imp_____ion              | <i>n.</i> the act of making something up on the spot or creating or performing something without preparation                                |
| 3. ind_____us student            | <i>adj.</i> hardworking, diligent, and persistent in effort   |
| 4. as_____ut in training         | <i>n.</i> a person trained by a space agency to travel outside the Earth's atmosphere   |
| 5. st_____ll the investigation   | <i>v.</i> to refuse to answer questions or provide information; to delay discussion or decision   |
| 6. the pe_____ve odor of garlic  | <i>adj.</i> spreading or existing throughout every part of a thing or place   |
| 7. inf_____ng among team members | <i>n.</i> conflict or rivalry within a group or organization, especially when it is marked by petty disputes or disagreements among members |
| 8. the ab__s of time             | <i>n.</i> a deep, dark, or seemingly bottomless chasm or void   |
| 9. with fr_____c haste           | <i>adj.</i> marked by uncontrolled excitement or emotion; wild; frenzied  |
| 10. buying fr___y                | <i>n.</i> a state of wild, uncontrolled excitement or activity, often characterized by chaotic or irrational behavior                       |
| 11. co_____ve a child            | <i>v.</i> to have or develop an idea, a plan, etc. in mind; to become pregnant  |

ANSWERS: 1. industrious, 2. improvisation, 3. industrious, 4. astronaut, 5. stonewall, 6. pervasive, 7. infighting, 8. abyss, 9. frantic, 10. frenzy, 11. conceive

12. political gr\_\_\_\_ck *n.* a situation in which traffic or progress is obstructed due to congestion, blockage, or a lack of movement; a deadlock or impasse in negotiations or decision-making
13. company inf\_\_\_\_\_ng *n.* conflict or rivalry within a group or organization, especially when it is marked by petty disputes or disagreements among members
14. post-modern ep\_\_h *n.* a particular period of time, usually marked by significant events or developments; a division of geologic time
15. an ab\_\_s of hopelessness *n.* a deep, dark, or seemingly bottomless chasm or void
16. alc\_\_\_\_\_sm recovery *n.* a chronic disorder characterized by dependence on alcohol and repeated excessive use of alcoholic beverages
17. da\_\_\_g escape *adj.* brave and taking risks
18. tra\_\_\_\_\_or circuit *n.* a semiconductor device that can be used to amplify or switch electronic signals and power which is an essential component in modern electronics
19. as\_\_\_\_\_ut mission *n.* a person trained by a space agency to travel outside the Earth's atmosphere
20. tra\_\_\_\_\_or radio *n.* a semiconductor device that can be used to amplify or switch electronic signals and power which is an essential component in modern electronics

ANSWERS: 12. gridlock, 13. infighting, 14. epoch, 15. abyss, 16. alcoholism, 17. daring, 18. transistor, 19. astronaut, 20. transistor

21. mo\_\_\_\_ot idea *n.* an ambitious, risky, and innovative project or goal, especially one that is intended to bring about radical change or breakthroughs in a particular field or industry, often inspired by the lunar landing mission of Apollo 11 in 1969
22. id\_\_\_\_st at heart *n.* a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity
23. die from ov\_\_\_\_rk *v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
24. make a da\_\_\_\_g face *adj.* brave and taking risks
25. fall into se\_\_\_\_ty *n.* the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness
26. al\_\_\_\_te a group *v.* to cause someone to become unfriendly or unsympathetic
27. mi\_\_\_\_l eating *adj.* being conscious or aware of something; paying close attention to what is happening; being focused and attentive in the present moment
28. ep\_\_h-making event *n.* a particular period of time, usually marked by significant events or developments; a division of geologic time

ANSWERS: 21. moonshot, 22. idealist, 23. overwork, 24. daring, 25. serenity, 26. alienate, 27. mindful, 28. epoch

29. ov\_\_\_\_\_rk to compensate      *v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
30. se\_\_\_\_\_ty prayer      *n.* the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness
31. su\_\_\_\_\_te to death      *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
32. uni\_\_\_\_\_ble horror      *adj.* beyond what can be imagined or conceived; impossible to comprehend or envision
33. su\_\_\_\_\_te fire      *v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression
34. cloistered m\_\_k      *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
35. pe\_\_\_\_\_ve language      *adj.* spreading or existing throughout every part of a thing or place
36. uni\_\_\_\_\_ble depths      *adj.* beyond what can be imagined or conceived; impossible to comprehend or envision
37. wo\_\_\_\_\_us sight      *adj.* inspiring amazement or admiration; extremely beautiful and impressive

ANSWERS: 29. overwork, 30. serenity, 31. suffocate, 32. unimaginable, 33. suffocate, 34. monk, 35. pervasive, 36. unimaginable, 37. wondrous

38. m\_\_k lifestyle *n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
39. campaign ma\_\_\_a *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
40. su\_\_\_\_\_b to cancer *v.* to fail to oppose something, such as desire, pressure, or some other opposing force; to die or suffer badly from the effect of a disease or injury
41. co\_\_\_\_\_ve of an idea *v.* to have or develop an idea, a plan, etc. in mind; to become pregnant
42. al\_\_\_\_\_te a potential customer *v.* to cause someone to become unfriendly or unsympathetic
43. ex\_\_\_e the crowd *v.* to make someone feel suddenly enthusiastic or eager
44. lack of hu\_\_\_\_\_ty *n.* the quality or condition of being humble; a low estimate of one's self
45. an op\_\_\_\_\_ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
46. ac\_\_\_\_\_ny-filled argument *n.* bitter and sharp hostility or anger between individuals, typically arising from a longstanding conflict or disagreement
47. tr\_\_\_\_\_nd boundaries *v.* to rise above or go beyond the limits of something
48. fr\_\_\_\_\_c pace *adj.* marked by uncontrolled excitement or emotion; wild; frenzied

ANSWERS: 38. monk, 39. mantra, 40. succumb, 41. conceive, 42. alienate, 43. excite, 44. humility, 45. opportune, 46. acrimony, 47. transcend, 48. frantic

49. Al mo\_\_\_\_ot *n.* an ambitious, risky, and innovative project or goal, especially one that is intended to bring about radical change or breakthroughs in a particular field or industry, often inspired by the lunar landing mission of Apollo 11 in 1969
50. au\_\_\_\_us stunt *adj.* showing a willingness to take bold risks or to do something that is considered unconventional or daring; marked by originality, creativity, or boldness
51. imp\_\_\_\_ion on stage *n.* the act of making something up on the spot or creating or performing something without preparation
52. tr\_\_\_\_nd limits *v.* to rise above or go beyond the limits of something
53. su\_\_\_\_b to old age *v.* to fail to oppose something, such as desire, pressure, or some other opposing force; to die or suffer badly from the effect of a disease or injury
54. gr\_\_\_\_ck situation *n.* a situation in which traffic or progress is obstructed due to congestion, blockage, or a lack of movement; a deadlock or impasse in negotiations or decision-making
55. wo\_\_\_\_us adventure *adj.* inspiring amazement or admiration; extremely beautiful and impressive
56. st\_\_\_\_ll their attempts *v.* to refuse to answer questions or provide information; to delay discussion or decision
57. op\_\_\_\_ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

ANSWERS: 49. moonshot, 50. audacious, 51. improvisation, 52. transcend, 53. succumb, 54. gridlock, 55. wondrous, 56. stonewall, 57. opportune

58. au\_\_\_\_\_us decision *adj.* showing a willingness to take bold risks or to do something that is considered unconventional or daring; marked by originality, creativity, or boldness
59. lingering ac\_\_\_\_\_ny *n.* bitter and sharp hostility or anger between individuals, typically arising from a longstanding conflict or disagreement
60. in\_\_\_\_\_n act *adj.* lacking human qualities, such as compassion, kindness, or understanding; cruel, brutal, or without regard for others' suffering or dignity
61. become es\_\_\_\_\_ed *adj.* separated or alienated from someone or something that was once familiar or close; emotionally detached or distant due to a breakdown in a relationship or connection
62. in\_\_\_\_\_n conditions *adj.* lacking human qualities, such as compassion, kindness, or understanding; cruel, brutal, or without regard for others' suffering or dignity
63. an id\_\_\_\_\_st perspective *n.* a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity
64. as so\_\_r as a judge *adj.* not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises

ANSWERS: 58. audacious, 59. acrimony, 60. inhuman, 61. estranged, 62. inhuman, 63. idealist, 64. sober

65. develop an attitude of hu\_\_\_\_ty      *n.* the quality or condition of being humble; a low estimate of one's self
66. fr\_\_\_\_y of activity      *n.* a state of wild, uncontrolled excitement or activity, often characterized by chaotic or irrational behavior
67. lu\_\_r crater      *adj.* of or pertaining to the moon
68. so\_\_r discussion      *adj.* not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises
69. a he\_\_\_\_c poem      *adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
70. acute alc\_\_\_\_sm      *n.* a chronic disorder characterized by dependence on alcohol and repeated excessive use of alcoholic beverages
71. es\_\_\_\_ed relationship      *adj.* separated or alienated from someone or something that was once familiar or close; emotionally detached or distant due to a breakdown in a relationship or connection
72. lu\_\_r surface      *adj.* of or pertaining to the moon
73. chant the ma\_\_\_\_a of structural reform      *n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
74. mi\_\_\_\_l of my responsibilities      *adj.* being conscious or aware of something; paying close attention to what is happening; being focused and attentive in the present moment

ANSWERS: 65. humility, 66. frenzy, 67. lunar, 68. sober, 69. heroic, 70. alcoholism, 71. estranged, 72. lunar, 73. mantra, 74. mindful



75. ex\_\_\_e rebellion

*v.* to make someone feel suddenly enthusiastic or eager

76. he\_\_\_c explorers

*adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring

ANSWERS: 75. excite, 76. heroic

## Session 3: Fill in the Blanks

1. The \_\_\_\_\_ beauty of the sunset left us all in awe.  
*adj.* inspiring amazement or admiration; extremely beautiful and impressive
2. The music \_\_\_\_\_ cultural barriers and reached audiences globally.  
*v.* to rise above or go beyond the limits of something
3. Ancient people felt mystified by the patterns on the \_\_\_\_\_ surface.  
*adj.* of or pertaining to the moon
4. The mother was \_\_\_\_\_ as she searched for her lost child.  
*adj.* marked by uncontrolled excitement or emotion; wild; frenzied
5. As a dedicated \_\_\_\_\_ she always fought for what was right, no matter the cost.  
*n.* a person who is guided by ideals or principles rather than practical considerations or reality; a person who seeks to achieve a particular vision or goal for the betterment of society or humanity
6. Prisoners were subjected to \_\_\_\_\_ treatment in an overcrowded jail.  
*adj.* lacking human qualities, such as compassion, kindness, or understanding; cruel, brutal, or without regard for others' suffering or dignity
7. Suspicion and worry were \_\_\_\_\_ in our minds.  
*adj.* spreading or existing throughout every part of a thing or place
8. His actions \_\_\_\_\_ him from his friends.  
*v.* to cause someone to become unfriendly or unsympathetic

ANSWERS: 1. wondrous, 2. transcended, 3. lunar, 4. frantic, 5. idealist, 6. inhuman, 7. pervasive, 8. alienated

9. He finally \_\_\_\_\_ to temptation.

- v.* to fail to oppose something, such as desire, pressure, or some other opposing force; to die or suffer badly from the effect of a disease or injury

10. People can \_\_\_\_\_ from a lack of oxygen in confined spaces.

- v.* to die or cause someone to die from lack of air or inability to breathe; to be overwhelmed or constricted by a feeling or situation, such as anxiety or oppression

11. The invention of the \_\_\_\_\_ revolutionized the field of electronics.

- n.* a semiconductor device that can be used to amplify or switch electronic signals and power which is an essential component in modern electronics

12. He led a \_\_\_\_\_ life.

- adj.* not drunk or affected by alcohol; dignified in manner or character and committed to keeping promises

13. The government \_\_\_\_\_ the opposition party's efforts to access information about the project.

- v.* to refuse to answer questions or provide information; to delay discussion or decision

14. The \_\_\_\_\_ between the political parties prevented any progress from being made.

- n.* conflict or rivalry within a group or organization, especially when it is marked by petty disputes or disagreements among members

15. The young entrepreneur had an \_\_\_\_\_ plan to start his own company.

- adj.* showing a willingness to take bold risks or to do something that is considered unconventional or daring; marked by originality, creativity, or boldness

ANSWERS: 9. succumbed, 10. suffocate, 11. transistor, 12. sober, 13. stonewalled, 14. infighting, 15. audacious

16. The shoppers were \_\_\_\_\_ to get the best deals on Black Friday.  
*n.* a state of wild, uncontrolled excitement or activity, often characterized by chaotic or irrational behavior
17. The complexity of scientific theories was \_\_\_\_\_ for most people.  
*adj.* beyond what can be imagined or conceived; impossible to comprehend or envision
18. The rush hour traffic in the city often leads to \_\_\_\_\_ on the highways.  
*n.* a situation in which traffic or progress is obstructed due to congestion, blockage, or a lack of movement; a deadlock or impasse in negotiations or decision-making
19. Her choices become increasingly \_\_\_\_\_ and creative.  
*adj.* brave and taking risks
20. The ascetic \_\_\_\_\_ spent his days in prayer and contemplation in the monastery.  
*n.* a member of a religious community of men living under vows of poverty, chastity, and obedience
21. We were filled with \_\_\_\_\_ at the sight of the Queen.  
*n.* the quality or condition of being humble; a low estimate of one's self
22. The news of her promotion \_\_\_\_\_ her.  
*v.* to make someone feel suddenly enthusiastic or eager
23. After years of not speaking to each other, the \_\_\_\_\_ family members finally reunited.  
*adj.* separated or alienated from someone or something that was once familiar or close; emotionally detached or distant due to a breakdown in a relationship or connection

ANSWERS: 16. frenzy, 17. unimaginable, 18. gridlock, 19. daring, 20. monk, 21. humility, 22. excited, 23. estranged

24. The Industrial Revolution is often considered an \_\_\_\_\_ in human history.
- n.* a particular period of time, usually marked by significant events or developments; a division of geologic time
25. She repeated her personal \_\_\_\_\_ to herself to stay motivated.
- n.* a word or phrase, often repeated, that is used as a focus for the mind during meditation
26. Practicing \_\_\_\_\_ meditation can help reduce stress and improve overall well-being.
- adj.* being conscious or aware of something; paying close attention to what is happening; being focused and attentive in the present moment
27. He \_\_\_\_\_ himself and ended up getting sick.
- v.* to work excessively hard or too much; the condition of working excessively or beyond one's capacity, leading to fatigue, stress, and illness
28. Meditation and yoga are great ways to achieve \_\_\_\_\_ and peace of mind.
- n.* the state of being calm, peaceful, and untroubled; a feeling of tranquility or peacefulness
29. The shuttle \_\_\_\_\_ trained for months before embarking on the space mission.
- n.* a person trained by a space agency to travel outside the Earth's atmosphere
30. The phone rang at the most \_\_\_\_\_ time.
- adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
31. I can't \_\_\_\_\_ he'd want to harm us.
- v.* to have or develop an idea, a plan, etc. in mind; to become pregnant

ANSWERS: 24. epoch, 25. mantra, 26. mindful, 27. overworked, 28. serenity, 29. astronaut, 30. opportune, 31. conceive

32. The \_\_\_\_\_ between the two political parties is palpable during debates.  
*n.* bitter and sharp hostility or anger between individuals, typically arising from a longstanding conflict or disagreement
33. He was known to be very \_\_\_\_\_ and would often work late into the night.  
*adj.* hardworking, diligent, and persistent in effort
34. He lost everything due to his \_\_\_\_\_.  
*n.* a chronic disorder characterized by dependence on alcohol and repeated excessive use of alcoholic beverages
35. The deep sea is an \_\_\_\_\_ of mystery and discovery.  
*n.* a deep, dark, or seemingly bottomless chasm or void
36. The company's \_\_\_\_\_ project aims to develop a revolutionary new technology within a tight deadline.  
*n.* an ambitious, risky, and innovative project or goal, especially one that is intended to bring about radical change or breakthroughs in a particular field or industry, often inspired by the lunar landing mission of Apollo 11 in 1969
37. The \_\_\_\_\_ actions of individuals are now easily spread worldwide by SNS.  
*adj.* courageous and daring; having or displaying qualities appropriate for legendary figures that is courage and daring
38. He created a beautiful piece of music using only \_\_\_\_\_.  
*n.* the act of making something up on the spot or creating or performing something without preparation

ANSWERS: 32. acrimony, 33. industrious, 34. alcoholism, 35. abyss, 36. moonshot, 37. heroic, 38. improvisation