Englist.me

Vocabulary Builder Reference from...

Ingrid Betancourt: What six years in captivity taught me about fear and faith | TED Talk https://www.ted.com/talks/ingrid_betancourt_what_six _years_in_captivity_taught_me_about_fear_and_faith



Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

fearless

adj. having no fear; brave

synonym: brave, courageous, daring

(1) fearless attitude, (2) fearless bravery

The **fearless** firefighter rushed into the burning building to save a trapped child.

corruptible

adj. capable of being made to do something dishonest or immoral

synonym: bribable, dishonest, venal

(1) **corruptible** officials, (2) **corruptible** judges

Bureaucracies are more **corruptible** than other systems or organizations.

untouchable

adj. unable to be touched or approached; beyond reach or influence; belonging to a social caste in India considered too low or impure to be touched or associated with by higher castes

synonym: unreachable, inviolable, sacrosanct

(1) **untouchable** caste, (2) **untouchable** authority

The wealthy elite in society often feels **untouchable** and above the law.

cartel

 a group of businesses or organizations that join together to control the production and distribution of a particular product or service, often to limit competition and increase profits

synonym: syndicate, trust, monopoly

(1) cartel agreement, (2) drug cartel

The chocolate **cartel** was formed to control the price and supply of cocoa to chocolate manufacturers.

applaud

detain

 to express approval of someone or something by clapping the hands

synonym: clap, celebrate, praise

- (1) **applaud** his courage, (2) **applaud** the orchestra I enthusiastically **applaud** my rival's achievement.
- to keep someone in official custody; to prevent them from leaving

synonym: hold, keep, detainment

(1) **detain** a terrorist, (2) **detain** for investigation The police **detained** the suspect for questioning.

guerrilla

 a member of small, independent soldiers or fighters who engage in irregular, often surprise attacks against enemy forces

synonym: partisan, rebel, insurgent

(1) an urban **guerrilla**, (2) **guerrilla** warfare

The government's efforts to suppress the **guerrilla** movement

were met with resistance from local communities.

commando

 a member of a special military unit or elite force specializing in unconventional warfare or covert operations; a style of clothing or undergarments without a waistband or fabric covering the legs

synonym: ranger, soldier, warrior

(1) special forces **commando**, (2) navy **commando**The fearless **commando** completed the mission successfully, undetected by the enemy.

Page 2 / 29

relive

v. to experience again or bring back the memory of a past event or time

synonym: revisit, recall, remember

(1) relive my youth, (2) relive moments

I like to watch old movies to **relive** memories of my childhood.

infect

v. to affect a person, an animal, or a plant with a disease-causing organism

synonym: pollute, contaminate, affect

(1) **infect** other animal species, (2) **infect** a computer with a virus

Children often **infect** parents with this head cold.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym: immobilize, disable, numb

(1) paralyze a city, (2) paralyze a person

The venom from the snake bite **paralyzed** his arm.

ache

v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain

synonym: hurt, throb, smart

(1) **ache** abominably, (2) **ache** all the time

I ache all over after running a marathon yesterday.

insomnia

n. the condition of being unable to sleep, usually a chronic one

synonym: sleeplessness, wakefulness, restlessness

(1) medication for **insomnia**, (2) alcohol-dependent **insomnia**

He suffered **insomnia** and loss of appetite after he began taking that medication.

paranoia

 a mental condition characterized by delusions of persecution, unwarranted jealousy, or exaggerated

Page 3 / 29

self-importance, typically compounded by feelings of anxiety or irritability

synonym: suspicion, mistrust, delusions

- (1) encourage paranoia, (2) suffering from paranoia His **paranoia** about being followed made him constantly look over his shoulder.
- a lack of trust or confidence in someone or something synonym: suspicion, doubt, misgiving
 - (1) distrust in politics, (2) growing distrust The employee's consistent tardiness and lack of accountability made her coworkers develop distrust in her abilities.

a heavy rain that often starts suddenly synonym: rainstorm, deluge, shower

- (1) torrential **downpour**, (2) **downpour** of criticism The concentrated **downpour** was so heavy that it was difficult to see more than a few feet in front of you.
- a person who murders a prominent or well-known person for political reasons or in exchange for money synonym: killer, manslayer
- (1) fall victim to an assassin, (2) would-be assassin She hired an **assassin** to kill her opponent.
- a circle or imaginary line on the Earth's surface, running from north to south and passing through both poles synonym: longitude, line of longitude, great circle (1) meridian altitude, (2) prime meridian The meridian lines on a globe help with navigation and
- a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult: a type of fishing lure that has small hooks and a brightly

distrust

downpour

assassin

meridian

barb

determining location.

colored feather or hair

synonym: spine, barbed remark, sting

(1) barb wire, (2) aim a barb

The politician's words were full of **barbs** designed to hurt his opponent.

lookout

 a person or group of people who are responsible for watching for danger or other potential threats and warning others of their presence

synonym: watchman, sentinel, guard

(1) **lookout** team, (2) on the **lookout** for danger

The **lookout** tower provided a clear view of the surrounding area.

yell

v. to shout in a sudden and loud way

synonym: shout, scream, cry

(1) yell for help, (2) yell as loud as we can

When I asked my father for more money, he became furious and **yelled** at me.

startle

v. to cause a sudden or unexpected reaction of surprise, alarm, or fear in someone, typically by means of a sudden and loud noise, movement, or event

synonym: frighten, shock, surprise

(1) **startle** for a moment, (2) **startle** the world

The loud bang outside the window caused him to **startle** and spill his coffee.

fury

n. intense and often violent anger

synonym: rage, wrath, ire

(1) market fury, (2) fury of the storm

The crowd's **fury** was palpable as they shouted and protested against the government's decision.

pun

 a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay

synonym: joke, quip, wordplay

(1) witty pun, (2) silly pun

The comedian's **pun** had the audience laughing out loud.

kidnapping

 the act of taking somebody away illegally and holding them captive

synonym: abduction, snatch, kidnap

(1) kidnapping attempt, (2) mass kidnapping

She received a year's imprisonment for aggravated **kidnapping**.

humming

adj. producing a continuous, low, vibrating sound like that of the bee

synonym: buzzing, droning, vibrating

(1) humming sound, (2) humming bird

The **humming** of the bees filled the air as she walked through the garden.

tarantula

 a large, venomous spider with a round body and long, hairy legs

synonym: spider, arachnid, hairy spider

(1) keep tarantulas as pets, (2) fear a tarantula

The furry **tarantula** crawled across the floor, causing some to scream.

scorpion

 a small creature similar to an insect with a segmented body, a pair of pincers, and a long, thin tail that ends in a venomous sting

synonym: arachnid, stinger

(1) scorpion fish, (2) poisonous scorpion

The **scorpion's** venom can be lethal to humans.

anaconda

 a large non-venomous snake found in South America, known for its impressive size and ability to constrict its prey

synonym:

snake, serpent, python

(1) anaconda habitat, (2) giant anaconda

We encountered an enormous **anaconda** while exploring the Amazon rainforest.

jaguar

 a large animal of the cat family that has a yellowish-brown coat with black spots, mainly found in parts of Central and South America

synonym: cat, feline, panther

(1) a wild jaguar, (2) a female jaguar

Humans have developed the **jaguar's** habitat over several decades.

rumor

 a piece of unverified information of uncertain origin that is spread by word of mouth

synonym: gossip, whisper, talk

(1) a false rumor, (2) rumor mill

There was a baseless **rumor** that the company was going bankrupt.

betray

v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally synonym: fail, denounce, display

(1) betray a friend, (2) betray confidence

He felt **betrayed** when his best friend revealed their secret to the enemy.

jealousy

 a feeling of resentment or bitterness towards someone because they have something that you desire

synonym: envy, covetousness, resentment

(1) **jealousy** feeling towards another person, (2) burn with **jealousy**

His **jealousy** of his brother's success caused a rift in their relationship.

resentment

- n. bitterness or indignation at being treated unfairlysynonym: bitterness, enmity, animosity
- (1) abiding **resentment**, (2) bitter **resentment**She felt **resentment** towards her boss for not giving her a promotion.

mistrust

v. to have doubts or suspicions about the honesty or sincerity of someone

synonym: doubt, suspect, question

(1) **mistrust** a young man, (2) **mistrust** the government He **mistrusted** her apology because of her past lies.

piranha

- n. a small freshwater fish that inhabit South American rivers that has sharp teeth and eats live animals
- (1) swarm of **piranha**, (2) go **piranha** fishing He thought she was a man-hungry **piranha**.

alligator

- n. a large semiaquatic reptile with a long tail, powerful jaws, and rough skin, native to the Americas and China synonym: crocodile, caiman, gator
- (1) **alligator** habitat, (2) **alligator** watch strap **Alligator** skin is used to make purses, boots, and other luxury goods.

mangrove

- a tropical coastal tree or shrub that grows in saline soil and has prop roots that help to stabilize it
- (1) **mangrove** forest, (2) **mangrove** swamp

 The **mangrove** trees are known for their ability to survive in saltwater and sandy soil.

linger

- v. to stay in a place or exist longer than expected synonym: dawdle, tarry, loiter
- (1) **linger** in the mind, (2) **linger** over your work She **lingered** for a moment before leaving the room.

secrecy

 the state or quality of being kept hidden or private; the act of keeping something confidential or unknown to others

synonym: confidentiality, clandestineness, closeness

(1) government **secrecy**, (2) maintain **secrecy**The company's **secrecy** surrounding its new product launch has created consumer excitement and anticipation.

commotion

- n. a state of confused and noisy disturbancesynonym: disturbance, fuss, uproar
- (1) a few minutes of **commotion**, (2) make **commotion**The **commotion** in the classroom made it hard for the teacher to teach.

dismantle

- v. to take apart or demolish (a structure, machine, system, or the like); to strip off fittings or equipmentsynonym: take apart, demolish, take down
- (1) **dismantle** a machine, (2) **dismantle** a system The old building had to be **dismantled** because it was structurally unsound.

explode

- v. to burst or break open violently and noisily; to cause something to burst or break opensynonym: detonate, blast, rupture
- (1) **explode** in anger, (2) **explode** in popularity The old building **exploded** in a fiery inferno.

contagious

- adj. able to be passed on to others through contact or proximity, especially by infection or diseasesynonym: infectious, transmissible, communicable
- (1) **contagious** enthusiasm, (2) **contagious** virus

 The disease is highly **contagious** and spreads quickly.

frailty

- n. the condition of being weak or delicate, often due to age or illness; a weakness or flaw in character or moralitysynonym: weakness, fragility, delicacy
- (1) cognitive frailty, (2) frailty syndrome

The doctor warned us about the human body's **frailty** and the dangers of neglecting our health.

handcuff

n. a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process

synonym: shackle, bind, restraint

- (1) **handcuff** his wrists, (2) break free from **handcuffs** The police officer put **handcuffs** on the suspect before placing them in the squad car.
- v. to make a loud and high-pitched cry or scream, often in response to a sudden shock, surprise, or pain; to shout or protest loudly and forcefully

synonym: yell, scream, screech

(1) **shriek** in fear, (2) **shriek** with laughter

The horror film was so scary that it made me **shriek** out loud more than once.

vibrate

shriek

v. to move or cause anything to move fast and in small increments from side to side

synonym: oscillate, convulse, jerk

(1) **vibrate** at a regular frequency, (2) **vibrate** with anger During the flight, the wings of the plane **vibrate**.

Brexit

- n. (short for "British exit") the United Kingdom's decision to leave the European Union (EU), which originates from a nationwide referendum held in the UK on June 23, 2016, in which 51.9% of voters chose to leave the EU
- (1) **Brexit** referendum, (2) **Brexit** transition period Many European citizens living in the UK are concerned about their rights post- **Brexit**.

soar

v. to fly or rise very high or to a great height, often with great grace or ease

synonym:

Page 10 / 29

fly, rise, ascend

(1) **soar** in popularity, (2) **soar** to new heights
The bird **soared** through the sky, and its wings spread wide.

Session 2: Spelling

1. li___r over your work

2. me___an altitude

3. pa___ze a city

4. ru r mill

5. a female ja___r

6. vi___e at a regular frequency

7. go pi___a fishing

8. lo t team

9. con____us virus

v. to stay in a place or exist longer than expected

 a circle or imaginary line on the Earth's surface, running from north to south and passing through both poles

v. to cause a person or part of the body to become unable to move or feel

 a piece of unverified information of uncertain origin that is spread by word of mouth

 a large animal of the cat family that has a yellowish-brown coat with black spots, mainly found in parts of Central and South America

v. to move or cause anything to move fast and in small increments from side to side

a small freshwater fish that inhabit
 South American rivers that has sharp teeth and eats live animals

 a person or group of people who are responsible for watching for danger or other potential threats and warning others of their presence

adj. able to be passed on to others through contact or proximity, especially by infection or disease

ANSWERS: 1. linger, 2. meridian, 3. paralyze, 4. rumor, 5. jaguar, 6. vibrate, 7. piranha, 8. lookout, 9. contagious

ANSWERS: 10. mistrust, 11. barb, 12. ache, 13. infect, 14. commando, 15. tarantula, 16. alligator, 17. startle, 18. betray

ANSWERS: 19. paranoia, 20. contagious, 21. mangrove, 22. assassin, 23. detain, 24. secrecy, 25. tarantula, 26. detain, 27. handcuff

ANSWERS: 28. distrust, 29. guerrilla, 30. yell, 31. anaconda, 32. yell, 33. fury, 34. untouchable, 35. resentment, 36. insomnia, 37. cartel, 38. applaud

- 39. aim a b__b
- 40. be___y a friend
- 41. special forces co____do

- 42. maintain se____y
- 43. poisonous sc____on
- 44. a e all the time
- 45. st___e the world
- 46. a wild ja___r

- n. a sharp projection or point, often on a plant or animal; a cutting remark or criticism that is meant to hurt or insult; a type of fishing lure that has small hooks and a brightly colored feather or hair
- v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
- n. a member of a special military unit or elite force specializing in unconventional warfare or covert operations; a style of clothing or undergarments without a waistband or fabric covering the legs
- the state or quality of being kept hidden or private; the act of keeping something confidential or unknown to others
- a small creature similar to an insect with a segmented body, a pair of pincers, and a long, thin tail that ends in a venomous sting
- v. to experience a dull, persistent pain or discomfort, typically of moderate or low intensity; to feel a continuous dull pain
- v. to cause a sudden or unexpected reaction of surprise, alarm, or fear in someone, typically by means of a sudden and loud noise, movement, or event
- a large animal of the cat family that has a yellowish-brown coat with black spots, mainly found in parts of Central and South America

ANSWERS: 39. barb, 40. betray, 41. commando, 42. secrecy, 43. scorpion, 44. ache, 45. startle, 46. jaguar

ANSWERS: 47. humming, 48. applaud, 49. kidnapping, 50. fearless, 51. fearless, 52. mangrove, 53. pun, 54. insomnia, 55. pun, 56. lookout, 57. frailty

often due to age or illness; a weakness

or flaw in character or morality

ANSWERS: 58. shriek, 59. meridian, 60. relive, 61. guerrilla, 62. shriek, 63. commotion, 64. mistrust, 65. paranoia, 66. distrust, 67. piranha

ANSWERS: 68. rumor, 69. vibrate, 70. explode, 71. fury, 72. downpour, 73. jealousy, 74. corruptible, 75. kidnapping, 76. scorpion, 77. dismantle, 78. relive, 79. infect

ν.

to affect a person, an animal, or a plant

with a disease-causing organism

79. in___t other animal species

ANSWERS: 80. resentment, 81. jealousy, 82. alligator, 83. linger, 84. frailty, 85. untouchable, 86. paralyze, 87. anaconda, 88. Brexit

n.

88. Br t referendum

(short for "British exit") the United

European Union (EU), which originates from a nationwide referendum held in the UK on June 23, 2016, in which

51.9% of voters chose to leave the EU

Kingdom's decision to leave the

89. s_r to new heights	<i>v</i> .	to fly or rise very high or to a great height, often with great grace or ease
90. dile a system	v.	to take apart or demolish (a structure, machine, system, or the like); to strip off fittings or equipment
91. drug caI	n.	a group of businesses or organizations that join together to control the production and distribution of a particular product or service, often to limit competition and increase profits
92. haff his wrists	n.	a pair of metal restraints that are designed to lock around a person's wrists and prevent them from moving their hands freely; (verb) to restrain or restrict the movement of a person by applying handcuffs, typically as part of an arrest or other security-related process
93. torrential dour	n.	a heavy rain that often starts suddenly
94. Brt transition period	n.	(short for "British exit") the United Kingdom's decision to leave the European Union (EU), which originates from a nationwide referendum held in the UK on June 23, 2016, in which 51.9% of voters chose to leave the EU
95. exe in popularity	<i>v</i> .	to burst or break open violently and noisily; to cause something to burst or break open
96. a few minutes of coon	n.	a state of confused and noisy disturbance
ANSWERS: 89. soar, 90. dismantle, 91. ca Brexit, 95. explode, 96. commotion	artel,	92. handcuff, 93. downpour, 94.

Vocab-Builder Ref from	"Ingrid Betancourt: What six years in captivity taught me about fear and faith TED Talk"	(50 words)

- 97. hu____g bird
- 98. would-be as____in
- 99. s__r in popularity
- 100. cor____le officials

- adj. producing a continuous, low, vibrating sound like that of the bee
- a person who murders a prominent or well-known person for political reasons or in exchange for money
- v. to fly or rise very high or to a great height, often with great grace or ease
- adj. capable of being made to do something dishonest or immoral

ANSWERS: 97. humming, 98. assassin, 99. soar, 100. corruptible

Session 3: Fill in the Blanks

1.	She hired an	to kill her opponent.	
n.	a person who murders or in exchange for mo	s a prominent or well-known ney	person for political reasons
2.	The government's effort resistance from local co	ts to suppress the	_ movement were met with
n.	a member of small, incoften surprise attacks	dependent soldiers or fighter against enemy forces	rs who engage in irregular,
3.	There was a baseless _	that the company was	going bankrupt.
n.	a piece of unverified ir mouth	nformation of uncertain origir	n that is spread by word of
4.	The comedian's ha	d the audience laughing out	loud.
n.	• •	ords or use of words that so comedic effect; a form of wo	und similar but have different ordplay
5.	The police th	e suspect for questioning.	
ν.	to keep someone in of	fficial custody; to prevent the	em from leaving
6.	The fearlessenemy.	completed the mission succ	essfully, undetected by the
n.	•	rations; a style of clothing or	pecializing in unconventional undergarments without a
7.	Children oftenp	parents with this head cold.	
<i>v</i> .	to affect a person, an	animal, or a plant with a dise	ease-causing organism
AN infe		guerrilla, 3. rumor, 4. pun, 5	. detained, 6. commando, 7.

24.	The venom can be lethal to humans.
n.	a small creature similar to an insect with a segmented body, a pair of pincers, and a long, thin tail that ends in a venomous sting
25.	Many European citizens living in the UK are concerned about their rights post
n.	(short for "British exit") the United Kingdom's decision to leave the European Union (EU), which originates from a nationwide referendum held in the UK on June 23, 2016, in which 51.9% of voters chose to leave the EU
26.	The chocolate was formed to control the price and supply of cocoa to chocolate manufacturers.
n.	a group of businesses or organizations that join together to control the production and distribution of a particular product or service, often to limit competition and increase profits
27.	The doctor warned us about the human body's and the dangers of neglecting our health.
n.	the condition of being weak or delicate, often due to age or illness; a weakness or flaw in character or morality
28.	The lines on a globe help with navigation and determining location.
n.	a circle or imaginary line on the Earth's surface, running from north to south and passing through both poles
29.	The crowd's was palpable as they shouted and protested against the government's decision.
n.	intense and often violent anger
30.	I like to watch old movies to memories of my childhood.
v.	to experience again or bring back the memory of a past event or time
AN reli	SWERS: 24. scorpion's, 25. Brexit, 26. cartel, 27. frailty, 28. meridian, 29. fury, 30. ve

47. v.	The old building in a fiery inferno. to burst or break open violently and noisily; to cause something to burst or break open
48.	She for a moment before leaving the room.
v.	to stay in a place or exist longer than expected
49.	He thought she was a man-hungry
n.	a small freshwater fish that inhabit South American rivers that has sharp teeth and eats live animals
50.	We encountered an enormous while exploring the Amazon rainforest.
n.	a large non-venomous snake found in South America, known for its impressive size and ability to constrict its prey
AN	SWERS: 47. exploded, 48. lingered, 49. piranha, 50. anaconda