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Dena Simmons: How students of color confront impostor syndrome | TED Talk

https://www.ted.com/talks/dena_simmons_how_students_of_color_confront_impostor_syndrome

Advanced Words Only

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Session 1: Word List

meringue

n. a sweet, whipped dessert topping made from egg whites and sugar, usually baked or cooked and used to top pies, cakes, or pastries

(1) **meringue** topping, (2) chocolate **meringue** pie

The **meringue** on the lemon pie was perfectly fluffy and sweet.

stoop

v. to bend forward and downward from the waist, often to pick something up or gain a better view; to lower oneself morally or socially

synonym: bend, crouch, bow

(1) **stoop** forward in the chair, (2) **stoop** to conquer

I had to **stoop** down to pick up the coin that had rolled under the couch.

animate

v. to make something full of interest and energy

synonym: invigorate, energize, enliven

(1) **animate** the body, (2) **animate** his soul

The positive attitude of the supervisor **animated** the discussion.

domino

n. a small, flat, rectangular block used in a game that has pairs of dots on one or both sides; a consequence of an

event that sets off a chain reaction of similar events

synonym : tile, block, ivory

(1) **domino** chain, (2) **domino** effect

We knocked over a stack of **dominoes** and watched them fall one by one.

gunshot

n. the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target

synonym : shot, blast, gunfire

(1) **gunshot** wound, (2) **gunshot** residue

The loud **gunshot** startled the wildlife in the nearby forest.

overtake

v. to catch up to and pass by someone or something that is in front of you, usually about moving vehicles; to come to a point where you become more successful, important, or influential than someone or something else

synonym : surpass, outstrip, catch up with

(1) **overtake** a rival, (2) **overtake** a milestone

The race car driver knew he had to **overtake** the other drivers to win the race.

spur

n. a thing that encourages someone to do something; any sharply pointed projection; (verb) to incite or stimulate someone or something

synonym : encouragement, motivation, stimulus

(1) **spur** of the moment, (2) **spur** a momentum of economic growth

The threat of losing his job was the **spur** he needed to work harder.

underestimate

v. to think or suppose that a quantity, price, or size is smaller than it is

synonym : underrate, misjudge, miscalculate

(1) **underestimate** an enemy, (2) **underestimate** the probability

They frequently **underestimated** their abilities and felt inferior.

determinant

n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result

synonym: cause, factor, element

(1) environmental **determinant**, (2) a **determinant** of crop yields

One **determinant** of success is having a positive attitude and a strong work ethic.

dorm

n. a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus

synonym: residence hall, hostel, boarding house

(1) **dorm** room, (2) university **dorm**

Living in a **dorm** can be a great way to meet new people when you're in college.

barefoot

adj. without shoes or other foot coverings; wearing nothing on the feet

synonym: bare, shoeless, unshod

(1) **barefoot** walk, (2) **barefoot** fashion

The **barefoot** hiker enjoyed feeling the earth beneath their feet.

enunciate

v. to say, pronounce, or utter words clearly

synonym: articulate, pronounce, say

(1) **enunciate** a new strategy, (2) **enunciate** each word

The doctrine of the country was **enunciated** by its first king.

instruct

v. to teach someone practical skills or knowledge; to formally order or tell someone to do something

synonym: train, coach, guide

(1) **instruct** a student, (2) **instruct** a computer

The facility manager **instructed** the security guards to be on high alert.

hallway

n. an interior passage or corridor onto which rooms open

synonym: foyer, corridor, entrance

(1) the head of a **hallway**, (2) wax a **hallway** floor

He dashed down a **hallway** to a bathroom.

ax

n. a tool with a metal blade that is usually attached to a wooden handle and is used for chopping wood or other materials

synonym: hatchet, chopper, tomahawk

(1) chop wood with an **ax**, (2) an **ax** in the toolbox

He used an **ax** to chop the firewood for the campfire.

snicker

v. to laugh in a sly, suppressed, or scornful manner; to snigger; to express amusement or disdain in a quiet or subdued way

synonym: chuckle, snigger, giggle

(1) **snicker** quietly, (2) **snicker** to himself

He couldn't help but **snicker** at his friend's silly joke.

yell

v. to shout in a sudden and loud way

synonym: shout, scream, cry

(1) **yell** for help, (2) **yell** as loud as we can

When I asked my father for more money, he became furious and **yelled** at me.

scalp

n. the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack

synonym: hair cover, pelt, epidermis

(1) **scalp** massage, (2) **scalp** condition

I have an itchy **scalp** and need to switch to a different shampoo.

quintessence

n. the perfect example of a quality or class

synonym: essence, core, heart

(1) the **quintessence** of virtue, (2) **quintessence** of life

The **quintessence** of the author's writing is the depth of emotion conveyed.

impostor

n. someone who pretends to be someone or something else to deceive others; a fraud

synonym: fraud, phony, charlatan

(1) **impostor** syndrome, (2) detect an **impostor**

The online marketplace warned customers to beware of **impostor** sellers trying to scam them.

rev

n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute

synonym: revolution, RPM, speed

(1) low- **rev** engine, (2) **rev** up the crowd

He stepped on the gas pedal, and the engine released a loud **rev**.

expel

v. to officially force someone to leave a school, organization, or country

synonym: deport, oust, dislodge

(1) **expel** him from his native country, (2) **expel** air from the lungs

He took a big drag of his cigarette and slowly **expelled** the smoke.

pun

n. a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay

synonym: joke, quip, wordplay

(1) witty **pun**, (2) silly **pun**

The comedian's **pun** had the audience laughing out loud.

infraction

n. a violation of a law or rule, especially a minor one

synonym: violation, breach, offense

(1) a doping **infraction**, (2) **infraction** of a rule

The driver was issued a citation for a minor **infraction** of the traffic laws.

instinct

n. an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true

synonym: intuition, aptitude, feeling

(1) **instinct** for self-preservation, (2) aggressive **instinct**

When faced with a dangerous situation, his initial **instinct** was to flee.

Session 2: Spelling

1. sn_____r to himself
v. to laugh in a sly, suppressed, or scornful manner; to snigger; to express amusement or disdain in a quiet or subdued way
2. wax a ha_____y floor
n. an interior passage or corridor onto which rooms open
3. st__p to conquer
v. to bend forward and downward from the waist, often to pick something up or gain a better view; to lower oneself morally or socially
4. y__l for help
v. to shout in a sudden and loud way
5. chop wood with an ax
n. a tool with a metal blade that is usually attached to a wooden handle and is used for chopping wood or other materials
6. ba_____ot walk
adj. without shoes or other foot coverings; wearing nothing on the feet
7. s__r a momentum of economic growth
n. a thing that encourages someone to do something; any sharply pointed projection; (verb) to incite or stimulate someone or something
8. do___o effect
n. a small, flat, rectangular block used in a game that has pairs of dots on one or both sides; a consequence of an event that sets off a chain reaction of similar events

ANSWERS: 1. snicker, 2. hallway, 3. stoop, 4. yell, 5. ax, 6. barefoot, 7. spur, 8. domino

9. witty p_n *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
10. gu_____t residue *n.* the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target
11. a doping inf_____on *n.* a violation of a law or rule, especially a minor one
12. gu_____t wound *n.* the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target
13. the qui_____nce of virtue *n.* the perfect example of a quality or class
14. low-r_v engine *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
15. university d__m *n.* a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus
16. und_____ate an enemy *v.* to think or suppose that a quantity, price, or size is smaller than it is
17. en_____te a new strategy *v.* to say, pronounce, or utter words clearly
18. und_____ate the probability *v.* to think or suppose that a quantity, price, or size is smaller than it is

ANSWERS: 9. pun, 10. gunshot, 11. infraction, 12. gunshot, 13. quintessence, 14. rev, 15. dorm, 16. underestimate, 17. enunciate, 18. underestimate

19. an____e the body *v.* to make something full of interest and energy
20. ov____ke a milestone *v.* to catch up to and pass by someone or something that is in front of you, usually about moving vehicles; to come to a point where you become more successful, important, or influential than someone or something else
21. environmental det____nt *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
22. ex__l air from the lungs *v.* to officially force someone to leave a school, organization, or country
23. the head of a ha____y *n.* an interior passage or corridor onto which rooms open
24. sc__p condition *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
25. silly p_n *n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
26. chocolate me____ue pie *n.* a sweet, whipped dessert topping made from egg whites and sugar, usually baked or cooked and used to top pies, cakes, or pastries
27. inf____on of a rule *n.* a violation of a law or rule, especially a minor one

ANSWERS: 19. animate, 20. overtake, 21. determinant, 22. expel, 23. hallway, 24. scalp, 25. pun, 26. meringue, 27. infraction

28. an ax in the toolbox *n.* a tool with a metal blade that is usually attached to a wooden handle and is used for chopping wood or other materials
29. sn_____r quietly *v.* to laugh in a sly, suppressed, or scornful manner; to snigger; to express amusement or disdain in a quiet or subdued way
30. a det_____nt of crop yields *n.* a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
31. an_____e his soul *v.* to make something full of interest and energy
32. st__p forward in the chair *v.* to bend forward and downward from the waist, often to pick something up or gain a better view; to lower oneself morally or socially
33. in_____ct a student *v.* to teach someone practical skills or knowledge; to formally order or tell someone to do something
34. qui_____nce of life *n.* the perfect example of a quality or class
35. aggressive in_____ct *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
36. ba_____ot fashion *adj.* without shoes or other foot coverings; wearing nothing on the feet
37. do___o chain *n.* a small, flat, rectangular block used in a game that has pairs of dots on one or both sides; a consequence of an event that sets off a chain reaction of similar events

ANSWERS: 28. ax, 29. snicker, 30. determinant, 31. animate, 32. stoop, 33. instruct, 34. quintessence, 35. instinct, 36. barefoot, 37. domino

38. in____ct for self-preservation *n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
39. detect an im____or *n.* someone who pretends to be someone or something else to deceive others; a fraud
40. s__r of the moment *n.* a thing that encourages someone to do something; any sharply pointed projection; (verb) to incite or stimulate someone or something
41. sc__p massage *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
42. d__m room *n.* a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus
43. y__l as loud as we can *v.* to shout in a sudden and loud way
44. in____ct a computer *v.* to teach someone practical skills or knowledge; to formally order or tell someone to do something
45. r_v up the crowd *n.* a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
46. ex__l him from his native country *v.* to officially force someone to leave a school, organization, or country

ANSWERS: 38. instinct, 39. impostor, 40. spur, 41. scalp, 42. dorm, 43. yell, 44. instruct, 45. rev, 46. expel

47. me_____ue topping *n.* a sweet, whipped dessert topping made from egg whites and sugar, usually baked or cooked and used to top pies, cakes, or pastries
48. en_____te each word *v.* to say, pronounce, or utter words clearly
49. im_____or syndrome *n.* someone who pretends to be someone or something else to deceive others; a fraud
50. ov_____ke a rival *v.* to catch up to and pass by someone or something that is in front of you, usually about moving vehicles; to come to a point where you become more successful, important, or influential than someone or something else

ANSWERS: 47. meringue, 48. enunciate, 49. impostor, 50. overtake

Session 3: Fill in the Blanks

1. When I asked my father for more money, he became furious and _____ at me.
v. to shout in a sudden and loud way
2. We knocked over a stack of _____ and watched them fall one by one.
n. a small, flat, rectangular block used in a game that has pairs of dots on one or both sides; a consequence of an event that sets off a chain reaction of similar events
3. He took a big drag of his cigarette and slowly _____ the smoke.
v. to officially force someone to leave a school, organization, or country
4. I had to _____ down to pick up the coin that had rolled under the couch.
v. to bend forward and downward from the waist, often to pick something up or gain a better view; to lower oneself morally or socially
5. The _____ of the author's writing is the depth of emotion conveyed.
n. the perfect example of a quality or class
6. He used an ___ to chop the firewood for the campfire.
n. a tool with a metal blade that is usually attached to a wooden handle and is used for chopping wood or other materials
7. I have an itchy _____ and need to switch to a different shampoo.
n. the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
8. Living in a _____ can be a great way to meet new people when you're in college.
n. a residence hall or building that provides living quarters for students or other occupants, typically on a college or university campus

ANSWERS: 1. yelled, 2. dominoes, 3. expelled, 4. stoop, 5. quintessence, 6. ax, 7. scalp, 8. dorm

9. The _____ on the lemon pie was perfectly fluffy and sweet.
n. a sweet, whipped dessert topping made from egg whites and sugar, usually baked or cooked and used to top pies, cakes, or pastries
10. The doctrine of the country was _____ by its first king.
v. to say, pronounce, or utter words clearly
11. They frequently _____ their abilities and felt inferior.
v. to think or suppose that a quantity, price, or size is smaller than it is
12. He stepped on the gas pedal, and the engine released a loud _____.
n. a measure of the rate at which an engine or motor rotates, often expressed in revolutions per minute (RPM); (verb) to increase the number of rotations per minute
13. The driver was issued a citation for a minor _____ of the traffic laws.
n. a violation of a law or rule, especially a minor one
14. He dashed down a _____ to a bathroom.
n. an interior passage or corridor onto which rooms open
15. One _____ of success is having a positive attitude and a strong work ethic.
n. a factor, circumstance, or condition that contributes to the shaping, influencing, or determining of a particular outcome or result
16. The _____ hiker enjoyed feeling the earth beneath their feet.
adj. without shoes or other foot coverings; wearing nothing on the feet

ANSWERS: 9. meringue, 10. enunciated, 11. underestimated, 12. rev, 13. infraction, 14. hallway, 15. determinant, 16. barefoot

17. The loud _____ startled the wildlife in the nearby forest.
- n.* the sound or act of firing a gun or other firearm, usually accompanied by a loud explosion and a projectile that is propelled toward the target
18. The facility manager _____ the security guards to be on high alert.
- v.* to teach someone practical skills or knowledge; to formally order or tell someone to do something
19. The positive attitude of the supervisor _____ the discussion.
- v.* to make something full of interest and energy
20. The comedian's ____ had the audience laughing out loud.
- n.* a humorous play on words or use of words that sound similar but have different meanings, often for a comedic effect; a form of wordplay
21. When faced with a dangerous situation, his initial _____ was to flee.
- n.* an inborn behavioral pattern that is often responsive to specific stimuli; an innate feeling that causes you to act or believe that something is true
22. The online marketplace warned customers to beware of _____ sellers trying to scam them.
- n.* someone who pretends to be someone or something else to deceive others; a fraud
23. The race car driver knew he had to _____ the other drivers to win the race.
- v.* to catch up to and pass by someone or something that is in front of you, usually about moving vehicles; to come to a point where you become more successful, important, or influential than someone or something else
24. The threat of losing his job was the _____ he needed to work harder.
- n.* a thing that encourages someone to do something; any sharply pointed projection; (verb) to incite or stimulate someone or something

ANSWERS: 17. gunshot, 18. instructed, 19. animated, 20. pun, 21. instinct, 22. impostor, 23. overtake, 24. spur

25. He couldn't help but _____ at his friend's silly joke.

- v. to laugh in a sly, suppressed, or scornful manner; to snigger; to express amusement or disdain in a quiet or subdued way

ANSWERS: 25. snicker