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Vocabulary Builder Reference from...

David Casarett: A doctor's case for medical marijuana

| TED Talk

https://www.ted.com/talks/david_casarett_a_doctor_s_case_for_medical_marijuana

All Words

IMPORTANT

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Session 1: Word List

embarrass

v. to cause someone to feel awkward, worried, or ashamed
synonym: disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in public.

palliate

v. to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause
synonym: extenuate, soothe, relieve

(1) **palliate** symptoms, (2) attempts to **palliate**
The charity provided meals and shelter to **palliate** the suffering of the homeless population.

physician

n. a medical doctor who practices medicine
synonym: doctor, practitioner, medic

(1) the advice of the **physician**, (2) consult with a **physician**
She visited the local **physician** to seek treatment for her persistent headache.

consultant

n. a person who provides professional or expert advice
synonym: expert, advisor, specialist

(1) **consultant** firm, (2) chief **consultant**

We hired a management **consultant** to help us improve our business strategy.

retire

v. to withdraw from one's position or occupation, especially because of age

synonym: relinquish, step down, withdraw

(1) **retire** voluntarily, (2) **retire** after four terms

After working for the company for 30 years, she decided to **retire** from her job.

pancreas

n. a glandular organ in the digestive system that produces several important hormones, including insulin and glucagon, as well as digestive enzymes that help break down food in the small intestine

synonym: gland, organ, islet

(1) **pancreas** inflammation, (2) **pancreas** function

The endocrine function of the **pancreas** involves the secretion of hormones such as insulin.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym: tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

nausea

n. a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust

synonym: queasiness, sickness, vomiting

(1) **nausea** medication, (2) drug-induced **nausea** and vomiting

The rollercoaster ride left me with a feeling of **nausea**.

vomit

v. to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach

through the mouth

synonym : puke, throw up, spew

(1) **vomit** abuse, (2) **vomit** after ingesting

She felt sick and had to run to the bathroom to **vomit**.

symptom

n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

synonym : sign, manifestation, syndrome

(1) **symptoms** of low testosterone, (2) neurotic **symptoms**

The patient displays a **symptom** of a side effect.

consult

v. to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

synonym : confer, consider, see

(1) regularly **consult** with a doctor, (2) **consult** my wallet

Always **consult** a lawyer before launching a business.

medical

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

synonym : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

marijuana

n. a psychoactive drug derived from the Cannabis plant, used for medicinal or recreational purposes; a drug that is illegal in some countries and states but legal in others for specific purposes

synonym : cannabis, weed, pot

(1) recreational **marijuana**, (2) medical **marijuana**

Studies have shown that long-term use of **marijuana** can have adverse effects on cognitive abilities.

absolutely

adv. without restriction or limitation; completely or utterly

synonym : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the

girl

I am **absolutely** opposed to his idea because of morality.

whatsoever

adv. not at all; no matter what

synonym: in any way, at all, in any respect

(1) **whatsoever** it be, (2) without impact **whatsoever**

He refused to do anything **whatsoever** to help her.

nod

v. to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation

synonym: respond, acknowledge, greet

(1) **nod** at each other, (2) **nod** courteously

She **nodded** quietly in response to the question.

stack

n. a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated

synonym: accumulation, heap, pile

(1) high **stack**, (2) a large **stack** of paper

The earthquake caused a **stack** of lumber to crumble noisily.

random

adj. made, done, or happening without method, conscious decision, or any regular pattern

synonym: incidental, arbitrary, unanticipated

(1) a **random** choice, (2) bombs fell at **random**

To find drunk drivers, police conduct **random** tests.

anxiety

n. a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

synonym: concern, dread, agita

(1) diagnosis of **anxiety** disorder, (2) **anxiety** for knowledge

She waited for her daughter with **anxiety**.

bunch

n. a grouping of several similar things which are growing or fastened together

synonym : group, assemblage, bundle

(1) a **bunch** of trees, (2) a **bunch** of schoolgirls

One bad apple spoils the whole **bunch**.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym : exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

bore

v. to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources

synonym : bear, tire, weary

(1) **bore** diameter, (2) **bore** him with his stories

The lecture on quantum physics **bored** me to tears.

relation

n. the way two persons or groups of people feel and act toward one another

synonym : association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a

doctor, nurse, or therapist; a personal quality or characteristic

synonym : client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym : chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

revolve

v. to rotate around a central point

synonym : rotate, spin, orbit

(1) **revolve** at high speed, (2) **revolve** around a central axis

The Earth **revolves** around the Sun in an elliptical orbit.

allude

v. to suggest or make reference to something indirectly

synonym : imply, indicate, hint

(1) **allude** to his low origin, (2) **allude** to the planning

He **alluded** to the problem but did not mention it directly.

stunning

adj. causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence

synonym : beautiful, breathtaking, magnificent

(1) **stunning** beauty, (2) **stunning** disclosure

The **stunning** sunset took everyone's breath away.

avid

adj. characterized by enthusiasm and vigorous pursuit, especially of an interest or activity

synonym : enthusiastic, eager, fervent

(1) **avid** baseball fan, (2) have **avid** eyes

She was an **avid** reader and spent hours every day lost in a book.

proponent

n. a person who supports an idea or pleads for a cause
synonym: advocate, devotee, follower

(1) enthusiastic **proponent**, (2) **proponent** of world peace
Einstein was a **proponent** of the theory of relativity.

scary

adj. causing fear or fright; frightening; intimidating
synonym: terrifying, frightening, alarming

(1) **scary** dream, (2) **scary** story

The horror movie was so **scary** that I couldn't watch it alone.

opponent

n. a person against whom you are playing or fighting in a game, competition, debate, etc.

synonym: adversary, competitor, enemy

(1) computer **opponent**, (2) death-penalty **opponent**

He was attempting to confuse his **opponent**.

nonetheless

adv. in spite of what has just been said or done; nevertheless
synonym: nevertheless, regardless, still

(1) we are **nonetheless** confident, (2) love him

nonetheless

They each choose **nonetheless** to battle.

balance

n. a condition in which everything has the same weight or force; something left after other parts have been taken away

synonym: equilibrium, counterpoise, remainder

(1) the **balance** of power, (2) asset on the company's

balance sheet

Try to keep a **balance** between work and off.

efficient

adj. performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials

synonym: productive, effective, competent

(1) **efficient** operation, (2) energy- **efficient** appliances

The new washing machine is much more **efficient** than the old one.

robin

n. a small bird from the thrush family, typically having a red breast and found across Europe, Asia, and North America

synonym: thrush, red-breast, redbird

(1) **robin** eggs, (2) **robin's** nest

I love listening to the cheerful song of the **robin** in my garden.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

rheumatoid

n. a chronic, inflammatory autoimmune disorder that primarily affects the joints, causing pain, swelling, and stiffness; it can also cause damage to other parts of the body

synonym: arthritis, joint inflammation, rheumatism

(1) **rheumatoid** disease, (2) **rheumatoid** factor

My aunt suffers from **rheumatoid** arthritis and has trouble moving her joints.

arthritis

n. inflammation of one or more joints of the body, which include pain and stiffness

(1) medication for **arthritis**, (2) symptoms of **arthritis**

My rheumatoid **arthritis** is acting up again.

gnarl

n. a rough knotted swelling on a tree, knot in wood; a contorted or twisted shape or feature

synonym: knot, twist, bump

(1) **gnarl** bark, (2) **gnarl-edged** branch

The **gnarl** of the tree trunk provided a natural seat for the weary traveler.

spine

n. the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

synonym : backbone, vertebra, column

(1) the **spine** of a book, (2) a cervical **spine** injury

She has a minor curved **spine** due to desk work for many years.

crooked

adj. not straight or aligned; bent or curved to one side; not honest or fair; characterized by deception, fraud, or wrongdoing; irregular, uneven, or jagged in shape or form

synonym : bent, curved, twisted

(1) **crooked** smile, (2) **crooked** line

The table leg was **crooked**, causing all the cups to slide to one side.

rely

v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.

synonym : depend, count, lean

(1) **rely** on convenience stores, (2) **rely** entirely on him

Babies heavily **rely** on others for food.

wheelchair

n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

(1) electric-powered **wheelchair**, (2) **wheelchair** accessibility

This library rents out various types of folding **wheelchairs** for visitors.

frail

adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength

synonym : weak, delicate, fragile

(1) **frail** body, (2) **frail** condition

My grandfather's health has declined, and he is now quite **frail**.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

cognitive

adj. of or relating to mental processes of understanding

synonym: perceivable, mind, mental

(1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

dispense

v. to distribute, allocate, or deliver something to the intended recipients

synonym: distribute, allocate, deal out

(1) **dispense** with ceremony, (2) **dispense** justice

The pharmacist started to **dispense** medication to patients.

frequency

n. an ordered array of colors into which a light beam can be split

synonym: recurrence, repetition, regularity

(1) **frequency** band, (2) high **frequency**

The oscillator hunts for the correct **frequency**.

permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym: allow, authorize, concede

(1) **permit** application, (2) work **permit**

The teacher will not **permit** any students to leave the classroom early.

clinic

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

synonym: hospital, infirmary

(1) visit to the veterinary **clinic**, (2) a dental **clinic**

She holds a **clinic** on Tuesday mornings.

appointment

n. a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

synonym: assignment, selection, commission

(1) **appointment** calendar, (2) take up an **appointment**

We had to reschedule the dentist's **appointment**.

prescription

n. a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient

synonym: directive, instruction, order

(1) **prescription** drugs, (2) fill the **prescription**

I need to refill my **prescription** for allergy medication at the pharmacy.

pharmacy

n. a place where medicines are prepared and dispensed; a drugstore or chemist's

synonym: drugstore, chemist's, apothecary

(1) **pharmacy** chain, (2) online **pharmacy**

I need to go to the hospital **pharmacy** to pick up my prescription.

chronic

adj. being long-lasting and recurrent or characterized by long suffering; habitual

synonym: established, regular, constant

(1) risk of **chronic** disease, (2) **chronic** alcohol consumption

Chronic hyperglycemia is a trigger for a variety of serious diseases.

lupus

n. an autoimmune disease that can affect various parts of the body, including the skin, joints, and internal organs, and is characterized by inflammation and tissue damage

(1) drug-induced **lupus**, (2) **lupus** treatment

Treatment for **lupus** depends on the severity of the disease and may include medication, lifestyle changes, and regular check-ups with a rheumatologist.

diabetes

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

cirrhosis

n. a condition of chronic liver damage that leads to the formation of scar tissue causing loss of function and potentially liver failure; usually caused by excessive alcohol consumption or certain viral infections

synonym: liver disease, hepatic inflammation

(1) biliary **cirrhosis**, (2) alcohol-related **cirrhosis**

Heavy alcohol use can lead to **cirrhosis** of the liver.

function

n. the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose

synonym: purpose, mapping, job

(1) **function** properly, (2) immune **function**

The brain is an incredibly complex organ that controls the body's **function**.

decline

v. to become gradually smaller, fewer, worse, etc.; to refuse to accept

synonym: descend, drop, deny

(1) **decline** a job offer, (2) **decline** in quality

As people age, their digestive capacity also gradually **declines**.

cognition

n. the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind

synonym: awareness, understanding, comprehension

(1) social **cognition**, (2) **cognition** disorder

The professor focused on the research of infant **cognition**.

betray

v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

synonym: fail, denounce, display

(1) **betray** a friend, (2) **betray** confidence

He felt **betrayed** when his best friend revealed their secret to the enemy.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym: procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

frightening

adj. causing fear or alarm, or very surprising and alarming

synonym: scary, terrifying, alarming

(1) cast **frightening** eyes, (2) **frightening** experience
The news of the pandemic was a **frightening** reminder of the fragility of human health.

terrifying

adj. very frightening or intimidating

synonym: frightening, intimidating, alarming

(1) **terrifying** experience, (2) **terrifying** events

Large earthquakes often generate **terrifying** tsunamis.

constipation

n. a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination

synonym: congestion, blockage, obstruction

(1) **constipation** relief, (2) chronic **constipation**

The patient complained of **constipation**, and the doctor recommended increasing their daily fiber intake.

fatigue

n. a feeling of tiredness or weariness, especially as a result of physical or mental exertion; the reduction in the strength or efficiency of a material or structure due to repeated use or stress

synonym: exhaustion, weariness, tiredness

(1) **fatigue** breaking, (2) **fatigue** caused by overwork

The metal showed signs of **fatigue** after being subjected to repeated stress.

impending

adj. about to happen or occur; close in time; imminent

synonym: imminent, upcoming, approaching

(1) **impending** doom, (2) **impending** crisis

We must prepare for the **impending** storm expected to hit our area.

mortality

n. the quality or state of being subject to death

synonym: fatality

(1) **mortality** due to cancer, (2) lower infant **mortality**

This disease has a high **mortality**.

scare

v. to frighten a person or animal, or to become frightened
synonym: frighten, spook, intimidate

(1) **scare** off her attacker by screaming, (2) **scare** the birds away

We hit the ground to **scare** out the rabbits.

possibility

n. a chance that something may happen or be true
synonym: chance, prospect, likelihood

(1) **possibility** for growth, (2) **possibility** of a major earthquake

The **possibility** of getting the disease will drastically increase.

healthcare

n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

(1) **healthcare** agency, (2) rising **healthcare** cost

In an aging population, citizens must pay more to maintain quality **healthcare**.

claw

n. a curved, pointed appendage found on the foot or leg of an animal, used for gripping or grasping; a human hand with long, narrow fingers that are curved like a claw; a machine or tool with a claw-like opening used for gripping or lifting objects

synonym: paw, talon, nail

(1) **claw** marks, (2) **claw** hammer

The bear used its **claw** to catch a fish in the river.

semblance

n. the outward appearance or visible form of something, especially when it is different from the reality beneath; a vague or superficial similarity

synonym: appearance, facade, imitation

(1) **semblance** of truth, (2) lose **semblance** of identity

There was no **semblance** of order at the chaotic protest.

mainstream

n. the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people

synonym: prevailing, average, common

(1) join the **mainstream**, (2) **mainstream** political beliefs

His thinking is **mainstream** in the country's culture.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

seedy

adj. run-down, shabby, or in a state of disrepair; disreputable, sleazy, or sordid; lacking moral or ethical standards; describing a fruit that has many seeds

synonym: shabby, run-down, dilapidated

(1) **seedy** apartment building, (2) **seedy** deal

The **seedy** hotel attracted a rough crowd and was known for illegal activities.

recommendation

n. an official suggestion that something is good or suitable for a particular purpose or job

synonym: guidance, advice, suggestion

(1) follow his **recommendations**, (2) a letter of

recommendation

We made a **recommendation** to the client.

illegal

adj. not allowed by law

synonym: banned, prohibited, illicit

(1) **illegal** drugs, (2) child of **illegal** immigrants

The customs agents seized the **illegal** shipment.

resident

n. a person who lives in a particular place or has their home in a place

synonym: dweller, inhabitant, inhabitant

(1) a **resident** of the city, (2) **resident** tax

Visa renewal for **resident** foreigners in this country is once every five years.

priceless

adj. extremely valuable or important

synonym : invaluable, incalculable, precious

(1) **priceless** work of art, (2) **priceless** opportunity

Investigators discovered **priceless** documents throughout the house.

outset

n. the beginning of something

synonym : beginning, start, initiation

(1) month's **outset**, (2) the **outset** of the crisis

At the **outset** of the project, we encountered several obstacles.

preference

n. a stronger liking or interest for something or someone than another thing or person

synonym : taste, choice, affection

(1) his meal **preferences**, (2) a particular **preference** for Chinese art

Her **preference** is comfortable clothing over fashionable ones.

confident

adj. feeling sure about your abilities or qualities or having trust in people, plans, or the future

synonym : certain, sure, convinced

(1) feel **confident**, (2) a **confident** remark

I'm not **confident** in our victory.

avail

v. to help or benefit; to use or take advantage of

synonym : help, benefit, serve

(1) **avail** you little, (2) **avail** ourselves of this opportunity

Their financing options are reasonable and easy to **avail**.

folk

n. people in general, especially those of a particular group or type

synonym :

community, family, person

(1) **folk** art, (2) the **folk** songs of a particular district

Some seaweed was used as **folk** medicine in ancient times.

hive

n. a structure for the reception and habitation of bees, either built by people or made by the bees themselves; a place swarming people

synonym: apiary, swarm, pack

(1) honeybees in **hives**, (2) a **hive** of activity

Bees were buzzing around the **hive**

interaction

n. the act of connecting with someone, mainly when working, playing, or spending time with them

synonym: dealings, exchange, relations

(1) the **interaction** between man and his environment,

(2) **interaction** among human beings

The **interaction** of the two groups is good for brainstorming.

amaze

v. to fill with wonder, surprise, or admiration

synonym: astound, surprise, stagger

(1) **amaze** and entertain visitors, (2) **amaze** everyone

The magician's tricks **amazed** the audience.

nuance

n. a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.

synonym: shading, refinement, subtlety

(1) rich in **nuance**, (2) subtle cultural **nuance**

The painter has tried to express every **nuance** of the woman's expression in his work.

strain

n. a force or pressure that stretches or pulls something, sometimes causing damage; (biology) a group of organisms within a species that differ in trivial ways from similar groups

synonym: pressure, tension, breed

(1) **strain** our eyes, (2) a **strain** of bacillus

Dictators of the past often had the erroneous idea of a pure racial **strain**.

vapor

n. a mass of tiny liquid drops in the air

synonym: condensation, dew, fog

(1) alcohol **vapor**, (2) water **vapor** in the atmosphere

Clouds form when water **vapor** rises to the upper atmosphere.

tincture

n. a solution or extract that is concentrated or infused with a certain substance, particularly in liquid form; a pigment or colorant; a slight flavor or essence

(1) aromatic **tincture**, (2) iodine **tincture**

She used a **tincture** of herbs to soothe her sore throat.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym: coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

government

n. the group of people with authority to control a country or state

synonym: administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

reschedule

v. to change the time or date of an event, appointment, or other scheduled activity; to rearrange or adjust a timetable

synonym : postpone, defer

(1) **reschedule** flight, (2) **reschedule** date

I need to **reschedule** my dentist appointment due to a conflicting work meeting.

schedule

n. a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

synonym : agenda, program, itinerary

(1) a heavy **schedule**, (2) arrange my **schedule**

So far, the meeting is going according to **schedule**.

entirely

adv. completely

synonym : completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to blame

Later, his claim was found to be **entirely** false.

recreational

adj. relating to or for leisure or pleasure; done for enjoyment rather than work or duty

synonym : leisure, fun, entertaining

(1) a **recreational** center, (2) **recreational** drugs

I enjoy **recreational** activities such as hiking and swimming.

context

n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning

synonym : background, setting, environment

(1) historical **context**, (2) legal **context**

It's important to understand the **context** of a situation before making a decision.

administrator

n. a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises

synonym : manager, executive, supervisor

(1) school **administrator**, (2) network **administrator**
The university's **administrator** announced new policies regarding campus safety.

mom-and-pop

adj. describing a small, family-owned and operated business or enterprise, typically characterized by personalized service and involvement of family members in day-to-day operations

synonym: small-scale, local, family-owned

(1) **mom-and-pop** grocery, (2) **mom-and-pop** restaurant
We prefer to shop at **mom-and-pop** stores instead of big box chains to support local businesses.

interact

v. to communicate or react with somebody

synonym: cooperate, combine, collaborate

(1) **interact** directly with customers, (2) **interact** with one another

He should **interact** more with his colleagues.

provider

n. a person or an organization that supplies somebody with something needed or wanted

synonym: supplier

(1) an information **provider**, (2) the **provider** of the family
People select Internet **providers** not only in terms of price but also in terms of transmission speed.

medication

n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease

synonym: cure, drug, medicine

(1) antibiotic **medication**, (2) **medication** by mouth

The pharmacist not only prescribes the **medication** but also guides its proper use.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym: imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit
All the supervisor has to do is assign tasks that make his subordinates more **creative**.

flexible

adj. able to change or be changed to suit new conditions or situations; able to bend easily

synonym: adaptable, elastic, pliable

(1) **flexible** schedules, (2) a **flexible** wire

You can be more **flexible** and creative in your approach.

emphasis

n. particular importance or significance that is given to something

synonym: priority, stress, focus

(1) **emphasis** on color, (2) lay great **emphasis** on policy

The spotlight gave the central figure increased **emphasis**.

prescribe

v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something

synonym: define, specify, stipulate

(1) **prescribe** a drug, (2) **prescribe** in the preceding paragraph

Federal bankruptcy laws **prescribed** the reorganization process.

opioid

n. substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted

(1) an **opioid** analgesic, (2) **opioid** receptor

Treatment for **opioid** dependence may be a long-term process.

benzodiazepine

n. a psychoactive drug that acts as a central nervous system depressant, often prescribed for the treatment of anxiety, insomnia, and seizures

synonym: tranquilizer, sedative, depressant

(1) **benzodiazepine** withdrawal, (2) **benzodiazepine** sedatives

The misuse of **benzodiazepine** can lead to addiction and serious health problems.

overused

adj. used too often or too much, to the point of becoming clichéd; lacking originality

synonym: overworked, overutilized, exhausted

(1) **overused** common, (2) **overused** cliché

The concept of time travel has become **overused** in science fiction and fantasy, with many movies and books exploring the idea.

ineffective

adj. not producing any significant or intended effect or result

synonym: useless, feeble, fruitless

(1) an **ineffective** speech, (2) pull an **ineffective** player

These treatments were **ineffective** against a virus.

consistent

adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.

synonym: coherent, constant, compatible

(1) do on a **consistent** basis, (2) get **consistent** results

You are not **consistent** in your behavior.

flexibility

n. the quality of changing or being changed easily according to new conditions or situations

synonym: elasticity, adaptability, resilience

(1) mental **flexibility**, (2) the **flexibility** of the body

We dealt with those problems with speed and **flexibility**.

extraordinary

adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual

synonym: exceptional, noteworthy, astonishing

(1) **extraordinary** ability, (2) **extraordinary** weather

He narrated the **extraordinary** story of his adventure.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym : suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

necessarily

adv. in an essential manner; in such a way as could not be otherwise

synonym : inevitable, certainly, automatically

(1) not **necessarily** a problem, (2) **necessarily** true

This accident was something that happened **necessarily**.

prognosis

n. the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments

synonym : prospect, forecast, diagnosis

(1) **prognosis** of cancer, (2) poor **prognosis**

The doctor gave a positive **prognosis** for her recovery from the illness.

trajectory

n. the curved path followed by an object moving through space

synonym : course, curve, orbit

(1) career **trajectory**, (2) a **trajectory** missile

The company has shown an excellent growth **trajectory** over the years.

legitimate

adj. accordant with or allowed by law; lawful

synonym : lawful, honest, fair

(1) a **legitimate** child, (2) **legitimate** question

Public political demonstrations are considered **legitimate** rights for citizens.

swallow

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its

migrations

synonym : consume, gulp, inhale

(1) **swallow** a handful of pills, (2) a **swallow** tail

I **swallowed** my anger and kept quiet.

pride

n. a feeling of deep pleasure or satisfaction derived from one's achievements

synonym : vanity, conceit, egotism

(1) **pride** of a company, (2) hide his **pride**

She took great **pride** in her work, always striving for perfection.

chief

adj. most important or primary; (noun) a person who is in charge

synonym : essential, primary, leading

(1) **chief** accountant, (2) **chief** events of the year

Mining is a **chief** source of income for the country.

guarantee

v. to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

synonym : assure, promise, warrant

(1) **guarantee** a high quality, (2) **guarantee** women equality

We cannot **guarantee** enough raw material sources.

Session 2: Spelling

1. a rec_____nal center
adj. relating to or for leisure or pleasure; done for enjoyment rather than work or duty
2. se__y apartment building
adj. run-down, shabby, or in a state of disrepair; disreputable, sleazy, or sordid; lacking moral or ethical standards; describing a fruit that has many seeds
3. di_____se justice
v. to distribute, allocate, or deliver something to the intended recipients
4. b__e him with his stories
v. to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
5. aromatic ti_____re
n. a solution or extract that is concentrated or infused with a certain substance, particularly in liquid form; a pigment or colorant; a slight flavor or essence
6. mo_____ty due to cancer
n. the quality or state of being subject to death
7. gu_____ee women equality
v. to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

ANSWERS: 1. recreational, 2. seedy, 3. dispense, 4. bore, 5. tincture, 6. mortality, 7. guarantee

- | | |
|---|--|
| 8. the int_____on between man and his environment | <i>n.</i> the act of connecting with someone, mainly when working, playing, or spending time with them |
| 9. hea_____re agency | <i>n.</i> the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession |
| 10. pr_____ss opportunity | <i>adj.</i> extremely valuable or important |
| 11. av__l ourselves of this opportunity | <i>v.</i> to help or benefit; to use or take advantage of |
| 12. career tra_____ry | <i>n.</i> the curved path followed by an object moving through space |
| 13. ca___r diagnosis | <i>n.</i> abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells |
| 14. temporary me_____l treatment | <i>adj.</i> relating to the treatment of illness or injuries; relating to the practice of medicine |
| 15. a re_____nt of the city | <i>n.</i> a person who lives in a particular place or has their home in a place |
| 16. ov_____ed common | <i>adj.</i> used too often or too much, to the point of becoming cliched; lacking originality |
| 17. research on co_____ve psychology | <i>adj.</i> of or relating to mental processes of understanding |
| 18. the advice of the ph_____an | <i>n.</i> a medical doctor who practices medicine |

ANSWERS: 8. interaction, 9. healthcare, 10. priceless, 11. avail, 12. trajectory, 13. cancer, 14. medical, 15. resident, 16. overused, 17. cognitive, 18. physician

19. antibiotic med_____on *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
20. ext_____ary weather *adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual
21. de_____e a job offer *v.* to become gradually smaller, fewer, worse, etc.; to refuse to accept
22. fa_____e breaking *n.* a feeling of tiredness or weariness, especially as a result of physical or mental exertion; the reduction in the strength or efficiency of a material or structure due to repeated use or stress
23. visit to the veterinary cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
24. pr_____is of cancer *n.* the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments
25. rhe_____id factor *n.* a chronic, inflammatory autoimmune disorder that primarily affects the joints, causing pain, swelling, and stiffness; it can also cause damage to other parts of the body
26. em_____al distress *adj.* relating to people's feelings
27. re_____e at high speed *v.* to rotate around a central point
28. the ba_____e of power *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away

ANSWERS: 19. medication, 20. extraordinary, 21. decline, 22. fatigue, 23. clinic, 24. prognosis, 25. rheumatoid, 26. emotional, 27. revolve, 28. balance

29. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
30. wha_____er it be *adv.* not at all; no matter what
31. b__e diameter *v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
32. whe_____ir accessibility *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
33. av__l you little *v.* to help or benefit; to use or take advantage of
34. int_____on among human beings *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
35. electric-powered whe_____ir *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
36. biliary ci_____is *n.* a condition of chronic liver damage that leads to the formation of scar tissue causing loss of function and potentially liver failure; usually caused by excessive alcohol consumption or certain viral infections

ANSWERS: 29. decide, 30. whatsoever, 31. bore, 32. wheelchair, 33. avail, 34. interaction, 35. wheelchair, 36. cirrhosis

37. energy-ef_____nt appliances *adj.* performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials
38. barren of cr_____ve spirit *adj.* relating to or involving the use of skill and original and unusual ideas to create something
39. high fr_____cy *n.* an ordered array of colors into which a light beam can be split
40. his meal pre_____ces *n.* a stronger liking or interest for something or someone than another thing or person
41. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
42. ov_____ed cliché *adj.* used too often or too much, to the point of becoming cliched; lacking originality
43. vo__t after ingesting *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
44. n_d at each other *v.* to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
45. em_____is on color *n.* particular importance or significance that is given to something
46. sc__y story *adj.* causing fear or fright; frightening; intimidating

ANSWERS: 37. efficient, 38. creative, 39. frequency, 40. preference, 41. relation, 42. overused, 43. vomit, 44. nod, 45. emphasis, 46. scary

47. nec_____ly true *adv.* in an essential manner; in such a way as could not be otherwise
48. be___y a friend *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
49. pr_____ss work of art *adj.* extremely valuable or important
50. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
51. re_____nt tax *n.* a person who lives in a particular place or has their home in a place
52. cr_____d line *adj.* not straight or aligned; bent or curved to one side; not honest or fair; characterized by deception, fraud, or wrongdoing; irregular, uneven, or jagged in shape or form
53. al___e to the planning *v.* to suggest or make reference to something indirectly
54. ro__n eggs *n.* a small bird from the thrush family, typically having a red breast and found across Europe, Asia, and North America
55. a h__e of activity *n.* a structure for the reception and habitation of bees, either built by people or made by the bees themselves; a place swarming people
56. ch__f events of the year *adj.* most important or primary; (noun) a person who is in charge
57. an information pr_____er *n.* a person or an organization that supplies somebody with something needed or wanted

ANSWERS: 47. necessarily, 48. betray, 49. priceless, 50. embarrass, 51. resident, 52. crooked, 53. allude, 54. robin, 55. hive, 56. chief, 57. provider

58. n_d courteously *v.* to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
59. ch__f accountant *adj.* most important or primary; (noun) a person who is in charge
60. re___e voluntarily *v.* to withdraw from one's position or occupation, especially because of age
61. leg_____te question *adj.* accordant with or allowed by law; lawful
62. network adm_____tor *n.* a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises
63. a large st__k of paper *n.* a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated
64. a cervical sp__e injury *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
65. im_____ng crisis *adj.* about to happen or occur; close in time; imminent
66. a heavy sc_____le *n.* a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done

ANSWERS: 58. nod, 59. chief, 60. retire, 61. legitimate, 62. administrator, 63. stack, 64. spine, 65. impending, 66. schedule

67. sy_____ms of low testosterone *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
68. month's ou____t *n.* the beginning of something
69. r__y on convenience stores *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
70. con_____nt firm *n.* a person who provides professional or expert advice
71. asset on the company's ba_____e sheet *n.* a condition in which everything has the same weight or force; something left after other parts have been taken away
72. co_____t my wallet *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
73. ro__n's nest *n.* a small bird from the thrush family, typically having a red breast and found across Europe, Asia, and North America
74. a bu__h of schoolgirls *n.* a grouping of several similar things which are growing or fastened together
75. cast fri_____ng eyes *adj.* causing fear or alarm, or very surprising and alarming
76. lose se_____ce of identity *n.* the outward appearance or visible form of something, especially when it is different from the reality beneath; a vague or superficial similarity

ANSWERS: 67. symptom, 68. outset, 69. rely, 70. consultant, 71. balance, 72. consult, 73. robin, 74. bunch, 75. frightening, 76. semblance

77. fill the pre_____ion *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
78. a leg_____te child *adj.* accordant with or allowed by law; lawful
79. lu__s treatment *n.* an autoimmune disease that can affect various parts of the body, including the skin, joints, and internal organs, and is characterized by inflammation and tissue damage
80. fu_____on properly *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
81. a particular pre_____ce for Chinese art *n.* a stronger liking or interest for something or someone than another thing or person
82. fri_____ng experience *adj.* causing fear or alarm, or very surprising and alarming
83. a st___n of bacillus *n.* a force or pressure that stretches or pulls something, sometimes causing damage; (biology) a group of organisms within a species that differ in trivial ways from similar groups
84. neurotic sy_____ms *n.* any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease

ANSWERS: 77. prescription, 78. legitimate, 79. lupus, 80. function, 81. preference, 82. frightening, 83. strain, 84. symptom

85. in____ct directly with customers *v.* to communicate or react with somebody
86. im_____ng doom *adj.* about to happen or occur; close in time; imminent
87. poor pr_____is *n.* the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments
88. sc__y dream *adj.* causing fear or fright; frightening; intimidating
89. gn__l bark *n.* a rough knotted swelling on a tree, knot in wood; a contorted or twisted shape or feature
90. a tra_____ry missile *n.* the curved path followed by an object moving through space
91. re_____e around a central axis *v.* to rotate around a central point
92. a dental cl____c *n.* a building or hospital department where people can go for medical care or advice, especially of a particular condition
93. a bu__h of trees *n.* a grouping of several similar things which are growing or fastened together
94. fr__l condition *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
95. a me_____l opinion *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

ANSWERS: 85. interact, 86. impending, 87. prognosis, 88. scary, 89. gnarl, 90. trajectory, 91. revolve, 92. clinic, 93. bunch, 94. frail, 95. medical

96. abs_____ly against *adv.* without restriction or limitation; completely or utterly
97. ef_____nt operation *adj.* performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials
98. online ph_____cy *n.* a place where medicines are prepared and dispensed; a drugstore or chemist's
99. join the mai_____am *n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people
100. chief con_____nt *n.* a person who provides professional or expert advice
101. pa_____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
102. pos_____ty for growth *n.* a chance that something may happen or be true
103. pos_____ty of a major earthquake *n.* a chance that something may happen or be true
104. mental fle_____ty *n.* the quality of changing or being changed easily according to new conditions or situations
105. chronic con_____ion *n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination

ANSWERS: 96. absolutely, 97. efficient, 98. pharmacy, 99. mainstream, 100. consultant, 101. patient, 102. possibility, 103. possibility, 104. flexibility, 105. constipation

106. honeybees in h__es *n.* a structure for the reception and habitation of bees, either built by people or made by the bees themselves; a place swarming people
107. c__w marks *n.* a curved, pointed appendage found on the foot or leg of an animal, used for gripping or grasping; a human hand with long, narrow fingers that are curved like a claw; a machine or tool with a claw-like opening used for gripping or lifting objects
108. r__y entirely on him *v.* to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
109. a scientific di____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
110. a ra___m choice *adj.* made, done, or happening without method, conscious decision, or any regular pattern
111. abs____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
112. fr__l body *adj.* weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
113. rich in nu___e *n.* a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.

ANSWERS: 106. hive, 107. claw, 108. rely, 109. discovery, 110. random, 111. absolutely, 112. frail, 113. nuance

114. res_____le flight *v.* to change the time or date of an event, appointment, or other scheduled activity; to rearrange or adjust a timetable
115. symptoms of ar_____is *n.* inflammation of one or more joints of the body, which include pain and stiffness
116. su____r a setback *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
117. gov_____nt funding *n.* the group of people with authority to control a country or state
118. pe____t application *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
119. be____y confidence *v.* to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally
120. bombs fell at ra____m *adj.* made, done, or happening without method, conscious decision, or any regular pattern
121. su____r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
122. the f__k songs of a particular district *n.* people in general, especially those of a particular group or type
123. the sp__e of a book *n.* the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column

ANSWERS: 114. reschedule, 115. arthritis, 116. suffer, 117. government, 118. permit, 119. betray, 120. random, 121. suffer, 122. folk, 123. spine

124. water va__r in the atmosphere *n.* a mass of tiny liquid drops in the air
125. st____ng disclosure *adj.* causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence
126. love him non_____ss *adv.* in spite of what has just been said or done; nevertheless
127. have a__d eyes *adj.* characterized by enthusiasm and vigorous pursuit, especially of an interest or activity
128. na___a medication *n.* a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust
129. pa_____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
130. improve co_____ve function *adj.* of or relating to mental processes of understanding
131. pa_____te symptoms *v.* to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause
132. st___n our eyes *n.* a force or pressure that stretches or pulls something, sometimes causing damage; (biology) a group of organisms within a species that differ in trivial ways from similar groups

ANSWERS: 124. vapor, 125. stunning, 126. nonetheless, 127. avid, 128. nausea, 129. patient, 130. cognitive, 131. palliate, 132. strain

133. vo__t abuse *v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth
134. se__y deal *adj.* run-down, shabby, or in a state of disrepair; disreputable, sleazy, or sordid; lacking moral or ethical standards; describing a fruit that has many seeds
135. sw____w a handful of pills *v.* to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
136. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
137. we are non_____ss confident *adv.* in spite of what has just been said or done; nevertheless
138. the ou__t of the crisis *n.* the beginning of something
139. get con_____nt results *adj.* always behaving or happening in the same way, or having the same thoughts, standards, etc.
140. arrange my sc_____le *n.* a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
141. em_____al health *adj.* relating to people's feelings
142. res_____le date *v.* to change the time or date of an event, appointment, or other scheduled activity; to rearrange or adjust a timetable

ANSWERS: 133. vomit, 134. seedy, 135. swallow, 136. conversation, 137. nonetheless, 138. outset, 139. consistent, 140. schedule, 141. emotional, 142. reschedule

143. alcohol va__r *n.* a mass of tiny liquid drops in the air
144. sc__e off her attacker by screaming *v.* to frighten a person or animal, or to become frightened
145. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
146. death-penalty op____nt *n.* a person against whom you are playing or fighting in a game, competition, debate, etc.
147. phy_____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
148. fl_____le schedules *adj.* able to change or be changed to suit new conditions or situations; able to bend easily
149. mai_____am political beliefs *n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people
150. immune fu_____on *n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
151. social co_____on *n.* the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind

ANSWERS: 143. vapor, 144. scare, 145. decide, 146. opponent, 147. physically, 148. flexible, 149. mainstream, 150. function, 151. cognition

152. med_____on by mouth *n.* a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
153. alcohol-related ci_____is *n.* a condition of chronic liver damage that leads to the formation of scar tissue causing loss of function and potentially liver failure; usually caused by excessive alcohol consumption or certain viral infections
154. se_____ce of truth *n.* the outward appearance or visible form of something, especially when it is different from the reality beneath; a vague or superficial similarity
155. high st__k *n.* a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated
156. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
157. ben_____ine withdrawal *n.* a psychoactive drug that acts as a central nervous system depressant, often prescribed for the treatment of anxiety, insomnia, and seizures
158. the great di_____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

ANSWERS: 152. medication, 153. cirrhosis, 154. semblance, 155. stack, 156. process, 157. benzodiazepine, 158. discovery

159. the fle_____ty of the body *n.* the quality of changing or being changed easily according to new conditions or situations
160. the pr_____er of the family *n.* a person or an organization that supplies somebody with something needed or wanted
161. sc__e the birds away *v.* to frighten a person or animal, or to become frightened
162. consult with a ph_____an *n.* a medical doctor who practices medicine
163. pa_____as inflammation *n.* a glandular organ in the digestive system that produces several important hormones, including insulin and glucagon, as well as digestive enzymes that help break down food in the small intestine
164. pr_____nt of world peace *n.* a person who supports an idea or pleads for a cause
165. pr_____be in the preceding paragraph *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
166. recreational ma_____na *n.* a psychoactive drug derived from the Cannabis plant, used for medicinal or recreational purposes; a drug that is illegal in some countries and states but legal in others for specific purposes
167. rhe_____id disease *n.* a chronic, inflammatory autoimmune disorder that primarily affects the joints, causing pain, swelling, and stiffness; it can also cause damage to other parts of the body

ANSWERS: 159. flexibility, 160. provider, 161. scare, 162. physician, 163. pancreas, 164. proponent, 165. prescribe, 166. marijuana, 167. rheumatoid

168. computer op_____nt *n.* a person against whom you are playing or fighting in a game, competition, debate, etc.
169. enthusiastic pr_____nt *n.* a person who supports an idea or pleads for a cause
170. attempts to pa_____te *v.* to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause
171. collaborate with co_____ues *n.* one of a group of a coworker, especially in a profession or a business
172. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
173. re_____on between cause and effect *n.* the way two persons or groups of people feel and act toward one another
174. a co_____nt remark *adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future
175. pr_____be a drug *v.* (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
176. mom_____op restaurant *adj.* describing a small, family-owned and operated business or enterprise, typically characterized by personalized service and involvement of family members in day-to-day operations

ANSWERS: 168. opponent, 169. proponent, 170. palliate, 171. colleague, 172. opportune, 173. relation, 174. confident, 175. prescribe, 176. mom-and-pop

177. a sw_____w tail
v. to make food, drink, pills, etc., pass down your throat into your stomach;
(noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations
178. di_____se with ceremony
v. to distribute, allocate, or deliver something to the intended recipients
179. fr_____cy band
n. an ordered array of colors into which a light beam can be split
180. traditional me_____al
adj. of or relating to the treatment or cure of disease
181. legal co_____t
n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
182. former co_____ue
n. one of a group of a coworker, especially in a profession or a business
183. op_____ne occasion
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
184. the most am_____g feeling
adj. extremely surprising, especially in a way that you like or admire
185. em_____ss my project
v. to cause someone to feel awkward, worried, or ashamed
186. f__k art
n. people in general, especially those of a particular group or type
187. ter_____ng experience
adj. very frightening or intimidating
188. take up an app_____nt
n. a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

ANSWERS: 177. swallow, 178. dispense, 179. frequency, 180. medicinal, 181. context, 182. colleague, 183. opportune, 184. amazing, 185. embarrass, 186. folk, 187. terrifying, 188. appointment

189. follow his rec_____ions *n.* an official suggestion that something is good or suitable for a particular purpose or job
190. fa_____e caused by overwork *n.* a feeling of tiredness or weariness, especially as a result of physical or mental exertion; the reduction in the strength or efficiency of a material or structure due to repeated use or stress
191. en_____ly satisfied with the meal *adv.* completely
192. feel co_____nt *adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future
193. drug-induced na____a and vomiting *n.* a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust
194. st_____ng beauty *adj.* causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence
195. con_____ion relief *n.* a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination
196. cr_____d smile *adj.* not straight or aligned; bent or curved to one side; not honest or fair; characterized by deception, fraud, or wrongdoing; irregular, uneven, or jagged in shape or form
197. child of il_____l immigrants *adj.* not allowed by law

ANSWERS: 189. recommendation, 190. fatigue, 191. entirely, 192. confident, 193. nausea, 194. stunning, 195. constipation, 196. crooked, 197. illegal

198. al___e to his low origin *v.* to suggest or make reference to something indirectly
199. risk of ch____c disease *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
200. work pe___t *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
201. iodine ti____re *n.* a solution or extract that is concentrated or infused with a certain substance, particularly in liquid form; a pigment or colorant; a slight flavor or essence
202. he was en____ly to blame *adv.* completely
203. ch____c alcohol consumption *adj.* being long-lasting and recurrent or characterized by long suffering; habitual
204. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
205. c__w hammer *n.* a curved, pointed appendage found on the foot or leg of an animal, used for gripping or grasping; a human hand with long, narrow fingers that are curved like a claw; a machine or tool with a claw-like opening used for gripping or lifting objects
206. medication for ar____is *n.* inflammation of one or more joints of the body, which include pain and stiffness
207. am____g advances *adj.* extremely surprising, especially in a way that you like or admire

ANSWERS: 198. allude, 199. chronic, 200. permit, 201. tincture, 202. entirely, 203. chronic, 204. conversation, 205. claw, 206. arthritis, 207. amazing

208. op___d receptor *n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
209. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
210. subtle cultural nu___e *n.* a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.
211. de_____e in quality *v.* to become gradually smaller, fewer, worse, etc.; to refuse to accept
212. ca___r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
213. an op___d analgesic *n.* substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted
214. ph_____cy chain *n.* a place where medicines are prepared and dispensed; a drugstore or chemist's
215. am___e everyone *v.* to fill with wonder, surprise, or admiration
216. hide his pr___e *n.* a feeling of deep pleasure or satisfaction derived from one's achievements

ANSWERS: 208. opioid, 209. government, 210. nuance, 211. decline, 212. cancer, 213. opioid, 214. pharmacy, 215. amaze, 216. pride

217. ben_____ine sedatives *n.* a psychoactive drug that acts as a central nervous system depressant, often prescribed for the treatment of anxiety, insomnia, and seizures
218. do on a con_____nt basis *adj.* always behaving or happening in the same way, or having the same thoughts, standards, etc.
219. app_____nt calendar *n.* a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility
220. psy_____gy experiment *n.* the scientific study of mind and behavior
221. pre_____ion drugs *n.* a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
222. a fl_____le wire *adj.* able to change or be changed to suit new conditions or situations; able to bend easily
223. re___e after four terms *v.* to withdraw from one's position or occupation, especially because of age
224. medical ma_____na *n.* a psychoactive drug derived from the Cannabis plant, used for medicinal or recreational purposes; a drug that is illegal in some countries and states but legal in others for specific purposes
225. co_____on disorder *n.* the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind

ANSWERS: 217. benzodiazepine, 218. consistent, 219. appointment, 220. psychology, 221. prescription, 222. flexible, 223. retire, 224. marijuana, 225. cognition

226. psy_____gy of crowd *n.* the scientific study of mind and behavior
227. gn__l-edged branch *n.* a rough knotted swelling on a tree, knot in wood; a contorted or twisted shape or feature
228. pa_____as function *n.* a glandular organ in the digestive system that produces several important hormones, including insulin and glucagon, as well as digestive enzymes that help break down food in the small intestine
229. school adm_____tor *n.* a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises
230. an_____y for knowledge *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
231. a letter of rec _____ion *n.* an official suggestion that something is good or suitable for a particular purpose or job
232. pr__e of a company *n.* a feeling of deep pleasure or satisfaction derived from one's achievements
233. rising hea _____re cost *n.* the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession

ANSWERS: 226. psychology, 227. gnarl, 228. pancreas, 229. administrator, 230. anxiety, 231. recommendation, 232. pride, 233. healthcare

234. ext_____ary ability *adj.* exceptional, unexpected, very unusual; surpassing the ordinary or usual
235. not nec_____ly a problem *adv.* in an essential manner; in such a way as could not be otherwise
236. am__e and entertain visitors *v.* to fill with wonder, surprise, or admiration
237. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
238. ter_____ng events *adj.* very frightening or intimidating
239. diagnosis of an_____y disorder *n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future
240. gu_____ee a high quality *v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met
241. rec_____nal drugs *adj.* relating to or for leisure or pleasure; done for enjoyment rather than work or duty
242. a__d baseball fan *adj.* characterized by enthusiasm and vigorous pursuit, especially of an interest or activity
243. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 234. extraordinary, 235. necessarily, 236. amaze, 237. physically, 238. terrifying, 239. anxiety, 240. guarantee, 241. recreational, 242. avid, 243. process

244. without impact wha_____er *adv.* not at all; no matter what
245. lower infant mo_____ty *n.* the quality or state of being subject to death
246. mom_____op grocery *adj.* describing a small, family-owned and operated business or enterprise, typically characterized by personalized service and involvement of family members in day-to-day operations
247. juvenile di_____es *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
248. pull an ine_____ve player *adj.* not producing any significant or intended effect or result
249. cr_____ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something
250. regularly co_____t with a doctor *v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject
251. me_____al chemistry *adj.* of or relating to the treatment or cure of disease
252. in_____ct with one another *v.* to communicate or react with somebody
253. drug-induced lu__s *n.* an autoimmune disease that can affect various parts of the body, including the skin, joints, and internal organs, and is characterized by inflammation and tissue damage

ANSWERS: 244. whatsoever, 245. mortality, 246. mom-and-pop, 247. diabetes, 248. ineffective, 249. creative, 250. consult, 251. medicinal, 252. interact, 253. lupus

254. il____l drugs *adj.* not allowed by law
255. historical co____t *n.* the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
256. di____es patient *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
257. an ine____ve speech *adj.* not producing any significant or intended effect or result
258. lay great em____is on policy *n.* particular importance or significance that is given to something

ANSWERS: 254. illegal, 255. context, 256. diabetes, 257. ineffective, 258. emphasis

Session 3: Fill in the Blanks

1. The company has shown an excellent growth _____ over the years.
n. the curved path followed by an object moving through space
2. Babies heavily _____ on others for food.
v. to require a specific thing or the assistance and support of someone or something to continue, run properly, or succeed.
3. The patient displays a _____ of a side effect.
n. any sensation or change in body or mind that is experienced by a patient and is associated with a particular disease
4. The professor focused on the research of infant _____.
n. the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind
5. Federal bankruptcy laws _____ the reorganization process.
v. (of a doctor) to advise and order the use of particular medicine or treatment for someone, especially in writing; to issue commands or orders for something
6. Clouds form when water _____ rises to the upper atmosphere.
n. a mass of tiny liquid drops in the air
7. To find drunk drivers, police conduct _____ tests.
adj. made, done, or happening without method, conscious decision, or any regular pattern

ANSWERS: 1. trajectory, 2. rely, 3. symptom, 4. cognition, 5. prescribed, 6. vapor, 7. random

8. The news of the pandemic was a _____ reminder of the fragility of human health.

adj. causing fear or alarm, or very surprising and alarming

9. The doctor carefully examined the _____ medical history.

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

10. The bear used its _____ to catch a fish in the river.

n. a curved, pointed appendage found on the foot or leg of an animal, used for gripping or grasping; a human hand with long, narrow fingers that are curved like a claw; a machine or tool with a claw-like opening used for gripping or lifting objects

11. Public political demonstrations are considered _____ rights for citizens.

adj. accordant with or allowed by law; lawful

12. She holds a _____ on Tuesday mornings.

n. a building or hospital department where people can go for medical care or advice, especially of a particular condition

13. Try to keep a _____ between work and off.

n. a condition in which everything has the same weight or force; something left after other parts have been taken away

14. Dictators of the past often had the erroneous idea of a pure racial _____.

n. a force or pressure that stretches or pulls something, sometimes causing damage; (biology) a group of organisms within a species that differ in trivial ways from similar groups

ANSWERS: 8. frightening, 9. patient's, 10. claw, 11. legitimate, 12. clinic, 13. balance, 14. strain

15. I need to go to the hospital _____ to pick up my prescription.
n. a place where medicines are prepared and dispensed; a drugstore or chemist's
16. You can be more _____ and creative in your approach.
adj. able to change or be changed to suit new conditions or situations; able to bend easily
17. My grandfather's health has declined, and he is now quite _____.
adj. weak, delicate, and easily broken or worn out; lacking physical, mental, or emotional strength
18. It's important to understand the _____ of a situation before making a decision.
n. the circumstances, facts, or conditions that surround a particular event, situation, or statement and that give it meaning
19. Your _____ reflects your thoughts.
n. an informal talk between two or more people to exchange their views, ideas, information, etc.
20. The patient complained of _____ and the doctor recommended increasing their daily fiber intake.
n. a condition in which bowel movements occur less frequently or with difficulty, often resulting in hard, dry stools and discomfort or pain during elimination
21. Visa renewal for _____ foreigners in this country is once every five years.
n. a person who lives in a particular place or has their home in a place
22. The _____ hotel attracted a rough crowd and was known for illegal activities.
adj. run-down, shabby, or in a state of disrepair; disreputable, sleazy, or sordid; lacking moral or ethical standards; describing a fruit that has many seeds

ANSWERS: 15. pharmacy, 16. flexible, 17. frail, 18. context, 19. conversation, 20. constipation, 21. resident, 22. seedy

23. Breast _____ is the most common type of cancer in women.
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
24. Mining is a _____ source of income for the country.
adj. most important or primary; (noun) a person who is in charge
25. The golfer recorded an _____ distance.
adj. extremely surprising, especially in a way that you like or admire
26. Having a _____ healthy physique is essential for a great life.
adv. in a way related to a person's body or appearance rather than their mind
27. The industrial _____ laws were passed with little to no alteration.
n. the way two persons or groups of people feel and act toward one another
28. The new washing machine is much more _____ than the old one.
adj. performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials
29. The phone rang at the most _____ time.
adj. suitable or happening at a time that is suitable or convenient for a particular purpose
30. The university's _____ announced new policies regarding campus safety.
n. a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises

ANSWERS: 23. cancer, 24. chief, 25. amazing, 26. physically, 27. relations, 28. efficient, 29. opportune, 30. administrator

31. I am _____ opposed to his idea because of morality.

adv. without restriction or limitation; completely or utterly

32. My aunt suffers from _____ arthritis and has trouble moving her joints.

n. a chronic, inflammatory autoimmune disorder that primarily affects the joints, causing pain, swelling, and stiffness; it can also cause damage to other parts of the body

33. She visited the local _____ to seek treatment for her persistent headache.

n. a medical doctor who practices medicine

34. They each choose _____ to battle.

adv. in spite of what has just been said or done; nevertheless

35. My rheumatoid _____ is acting up again.

n. inflammation of one or more joints of the body, which include pain and stiffness

36. Treatment for _____ depends on the severity of the disease and may include medication, lifestyle changes, and regular check-ups with a rheumatologist.

n. an autoimmune disease that can affect various parts of the body, including the skin, joints, and internal organs, and is characterized by inflammation and tissue damage

37. She was an _____ reader and spent hours every day lost in a book.

adj. characterized by enthusiasm and vigorous pursuit, especially of an interest or activity

38. The _____ team worked quickly to save the patient's life.

adj. relating to the treatment of illness or injuries; relating to the practice of medicine

ANSWERS: 31. absolutely, 32. rheumatoid, 33. physician, 34. nonetheless, 35. arthritis, 36. lupus, 37. avid, 38. medical

39. This library rents out various types of folding _____ for visitors.
n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
40. I decided to seek counseling on the advice of my _____.
n. one of a group of a coworker, especially in a profession or a business
41. The metal showed signs of _____ after being subjected to repeated stress.
n. a feeling of tiredness or weariness, especially as a result of physical or mental exertion; the reduction in the strength or efficiency of a material or structure due to repeated use or stress
42. This disease has a high _____.
n. the quality or state of being subject to death
43. You are not _____ in your behavior.
adj. always behaving or happening in the same way, or having the same thoughts, standards, etc.
44. Later, his claim was found to be _____ false.
adv. completely
45. There was no _____ of order at the chaotic protest.
n. the outward appearance or visible form of something, especially when it is different from the reality beneath; a vague or superficial similarity
46. These treatments were _____ against a virus.
adj. not producing any significant or intended effect or result

ANSWERS: 39. wheelchairs, 40. colleague, 41. fatigue, 42. mortality, 43. consistent, 44. entirely, 45. semblance, 46. ineffective

47. The _____ of the tree trunk provided a natural seat for the weary traveler.
- n.* a rough knotted swelling on a tree, knot in wood; a contorted or twisted shape or feature
48. Bees were buzzing around the _____
- n.* a structure for the reception and habitation of bees, either built by people or made by the bees themselves; a place swarming people
49. At the _____ of the project, we encountered several obstacles.
- n.* the beginning of something
50. Human _____ responses vary widely depending on the society to which they belong.
- adj.* relating to people's feelings
51. The charity provided meals and shelter to _____ the suffering of the homeless population.
- v.* to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause
52. The brain is an incredibly complex organ that controls the body's _____.
- n.* the purpose or use of an object, system, or process; a particular activity or operation that is designed to serve a specific purpose; a mathematical concept that describes a relationship between two sets of values, called the input and output sets; (verb) to operate or work in a specific way, or to perform a particular task or purpose
53. We cannot _____ enough raw material sources.
- v.* to promise something will happen formally, especially that certain conditions about a product, service, or transaction would be met

ANSWERS: 47. gnarl, 48. hive, 49. outset, 50. emotional, 51. palliate, 52. function, 53. guarantee

54. The _____ properties of this herb have been known to help with various ailments.
adj. of or relating to the treatment or cure of disease
55. Investigators discovered _____ documents throughout the house.
adj. extremely valuable or important
56. Her research team made an important _____.
n. the act or process of finding information, a place, or an object, or learning about something that was previously not known
57. We made a _____ to the client.
n. an official suggestion that something is good or suitable for a particular purpose or job
58. Some seaweed was used as _____ medicine in ancient times.
n. people in general, especially those of a particular group or type
59. The doctor gave a positive _____ for her recovery from the illness.
n. the likely outcome or course of a disease or illness based on medical analysis and examination of the patient; a forecast or prediction of future events or developments
60. Studies have shown that long-term use of _____ can have adverse effects on cognitive abilities.
n. a psychoactive drug derived from the Cannabis plant, used for medicinal or recreational purposes; a drug that is illegal in some countries and states but legal in others for specific purposes
61. The concept of time travel has become _____ in science fiction and fantasy, with many movies and books exploring the idea.
adj. used too often or too much, to the point of becoming cliched; lacking originality

ANSWERS: 54. medicinal, 55. priceless, 56. discovery, 57. recommendation, 58. folk, 59. prognosis, 60. marijuana, 61. overused

62. The earthquake caused a _____ of lumber to crumble noisily.
n. a pile of something arranged or laid one on top of another; a large tall chimney through which combustion gases and smoke can be evacuated
63. The table leg was _____ causing all the cups to slide to one side.
adj. not straight or aligned; bent or curved to one side; not honest or fair; characterized by deception, fraud, or wrongdoing; irregular, uneven, or jagged in shape or form
64. This accident was something that happened _____.
adv. in an essential manner; in such a way as could not be otherwise
65. The lecture on quantum physics _____ me to tears.
v. to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
66. The rollercoaster ride left me with a feeling of _____.
n. a feeling of sickness or discomfort in the stomach that is often accompanied by an urge to vomit; a sensation of loathing or disgust
67. So far, the meeting is going according to _____.
n. a list of planned activities, tasks, or things that must be completed showing when they are intended to happen or be done
68. The pharmacist started to _____ medication to patients.
v. to distribute, allocate, or deliver something to the intended recipients
69. I need to _____ my dentist appointment due to a conflicting work meeting.
v. to change the time or date of an event, appointment, or other scheduled activity; to rearrange or adjust a timetable

ANSWERS: 62. stack, 63. crooked, 64. necessarily, 65. bored, 66. nausea, 67. schedule, 68. dispense, 69. reschedule

70. The _____ of getting the disease will drastically increase.
n. a chance that something may happen or be true
71. She took great _____ in her work, always striving for perfection.
n. a feeling of deep pleasure or satisfaction derived from one's achievements
72. He should _____ more with his colleagues.
v. to communicate or react with somebody
73. The horror movie was so _____ that I couldn't watch it alone.
adj. causing fear or fright; frightening; intimidating
74. The magician's tricks _____ the audience.
v. to fill with wonder, surprise, or admiration
75. He narrated the _____ story of his adventure.
adj. exceptional, unexpected, very unusual; surpassing the ordinary or usual
76. The _____ for applying for a visa can be lengthy and complicated.
n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
77. We hired a management _____ to help us improve our business strategy.
n. a person who provides professional or expert advice
78. The older man _____ from arthritis and finds it difficult to move around.
v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

ANSWERS: 70. possibility, 71. pride, 72. interact, 73. scary, 74. amazed, 75. extraordinary, 76. process, 77. consultant, 78. suffers

79. Always _____ a lawyer before launching a business.

- v.* to seek or get advice or information from a person, book, or other source having special knowledge on a particular subject

80. He _____ to the problem but did not mention it directly.

- v.* to suggest or make reference to something indirectly

81. I'm not _____ in our victory.

- adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future

82. Her _____ is comfortable clothing over fashionable ones.

- n.* a stronger liking or interest for something or someone than another thing or person

83. The painter has tried to express every _____ of the woman's expression in his work.

- n.* a subtle or slight degree of difference in appearance, meaning, sound, someone's feeling, etc.

84. She felt sick and had to run to the bathroom to _____.

- v.* to eject food, blood, etc., from the stomach through the mouth; (noun) the matter ejected from the stomach through the mouth

85. She waited for her daughter with _____.

- n.* a feeling of worry, nervousness, or unease about something that is happening or might happen in the future

86. We had to reschedule the dentist's _____.

- n.* a formal arrangement to meet someone at a particular time and place, especially for a reason connected with their work; the act of putting a person into a job or position of responsibility

ANSWERS: 79. consult, 80. alluded, 81. confident, 82. preference, 83. nuance, 84. vomit, 85. anxiety, 86. appointment

87. Einstein was a _____ of the theory of relativity.
n. a person who supports an idea or pleads for a cause
88. All the supervisor has to do is assign tasks that make his subordinates more _____.
adj. relating to or involving the use of skill and original and unusual ideas to create something
89. The pharmacist not only prescribes the _____ but also guides its proper use.
n. a drug or other form of medicine that treats, prevents, or alleviates the symptoms of the disease
90. I love listening to the cheerful song of the _____ in my garden.
n. a small bird from the thrush family, typically having a red breast and found across Europe, Asia, and North America
91. I need to refill my _____ for allergy medication at the pharmacy.
n. a written or spoken instruction that directs a medical practitioner to prescribe a specific treatment or medication for a patient
92. She has a minor curved _____ due to desk work for many years.
n. the series of bones running down the center of the back that protect the spinal cord and support the body; the backbone or vertebral column
93. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
94. After working for the company for 30 years, she decided to _____ from her job.
v. to withdraw from one's position or occupation, especially because of age

ANSWERS: 87. proponent, 88. creative, 89. medication, 90. robin, 91. prescription, 92. spine, 93. government, 94. retire

95. We prefer to shop at _____ stores instead of big box chains to support local businesses.

adj. describing a small, family-owned and operated business or enterprise, typically characterized by personalized service and involvement of family members in day-to-day operations

96. She had a master's degree in _____.

n. the scientific study of mind and behavior

97. She couldn't _____ whether to order the pizza or the pasta for dinner.

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

98. The _____ sunset took everyone's breath away.

adj. causing a strong emotional reaction of admiration, surprise, or shock due to its beauty, rarity, or excellence

99. Treatment for _____ dependence may be a long-term process.

n. substances that have an effect similar to opium, such as morphine, used in medicines to treat severe pain, but some people take them illegally for pleasure and become addicted

100. We must prepare for the _____ storm expected to hit our area.

adj. about to happen or occur; close in time; imminent

101. The misuse of _____ can lead to addiction and serious health problems.

n. a psychoactive drug that acts as a central nervous system depressant, often prescribed for the treatment of anxiety, insomnia, and seizures

ANSWERS: 95. mom-and-pop, 96. psychology, 97. decide, 98. stunning, 99. opioid, 100. impending, 101. benzodiazepine

102. She _____ quietly in response to the question.
v. to lower and raise one's head, sometimes several times, as to show approval, agreement, greeting, or confirmation
103. _____ hyperglycemia is a trigger for a variety of serious diseases.
adj. being long-lasting and recurrent or characterized by long suffering; habitual
104. In an aging population, citizens must pay more to maintain quality _____.
n. the organized activity or business of preserving mental and physical health by preventing or treating illness through services offered by the health profession
105. His _____ faculties were getting worse because of a lack of sleep.
adj. of or relating to mental processes of understanding
106. The customs agents seized the _____ shipment.
adj. not allowed by law
107. Large earthquakes often generate _____ tsunamis.
adj. very frightening or intimidating
108. The Earth _____ around the Sun in an elliptical orbit.
v. to rotate around a central point
109. The oscillator hunts for the correct _____.
n. an ordered array of colors into which a light beam can be split
110. Their financing options are reasonable and easy to _____.
v. to help or benefit; to use or take advantage of

ANSWERS: 102. nodded, 103. Chronic, 104. healthcare, 105. cognitive, 106. illegal, 107. terrifying, 108. revolves, 109. frequency, 110. avail

111. I enjoy _____ activities such as hiking and swimming.

adj. relating to or for leisure or pleasure; done for enjoyment rather than work or duty

112. He was attempting to confuse his _____.

n. a person against whom you are playing or fighting in a game, competition, debate, etc.

113. Heavy alcohol use can lead to _____ of the liver.

n. a condition of chronic liver damage that leads to the formation of scar tissue causing loss of function and potentially liver failure; usually caused by excessive alcohol consumption or certain viral infections

114. The endocrine function of the _____ involves the secretion of hormones such as insulin.

n. a glandular organ in the digestive system that produces several important hormones, including insulin and glucagon, as well as digestive enzymes that help break down food in the small intestine

115. He felt _____ when his best friend revealed their secret to the enemy.

v. to reveal or deliver to an enemy by treachery or disloyalty; to reveal something unintentionally

116. I _____ my anger and kept quiet.

v. to make food, drink, pills, etc., pass down your throat into your stomach; (noun) small long-winged songbird noted for swift, graceful flight and the regularity of its migrations

117. He looked for an opportunity to _____ that actor in public.

v. to cause someone to feel awkward, worried, or ashamed

ANSWERS: 111. recreational, 112. opponent, 113. cirrhosis, 114. pancreas, 115. betrayed, 116. swallowed, 117. embarrass

118. One bad apple spoils the whole _____.

n. a grouping of several similar things which are growing or fastened together

119. The spotlight gave the central figure increased _____.

n. particular importance or significance that is given to something

120. My father was tested for _____.

n. a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

121. People select Internet _____ not only in terms of price but also in terms of transmission speed.

n. a person or an organization that supplies somebody with something needed or wanted

122. As people age, their digestive capacity also gradually _____.

v. to become gradually smaller, fewer, worse, etc.; to refuse to accept

123. He refused to do anything _____ to help her.

adv. not at all; no matter what

124. His thinking is _____ in the country's culture.

n. the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people

125. She used a _____ of herbs to soothe her sore throat.

n. a solution or extract that is concentrated or infused with a certain substance, particularly in liquid form; a pigment or colorant; a slight flavor or essence

ANSWERS: 118. bunch, 119. emphasis, 120. diabetes, 121. providers, 122. declines, 123. whatsoever, 124. mainstream, 125. tincture

126. The _____ of the two groups is good for brainstorming.

- n.* the act of connecting with someone, mainly when working, playing, or spending time with them

127. We dealt with those problems with speed and _____.

- n.* the quality of changing or being changed easily according to new conditions or situations

128. The teacher will not _____ any students to leave the classroom early.

- v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

129. We hit the ground to _____ out the rabbits.

- v.* to frighten a person or animal, or to become frightened

ANSWERS: 126. interaction, 127. flexibility, 128. permit, 129. scare