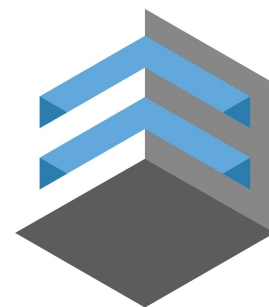


# Englist.me



## Vocabulary Builder Reference from...

*Dan Gartenberg: The brain benefits of deep sleep -- and how to get more of it | TED Talk*

[https://www.ted.com/talks/dan\\_gartenberg\\_the\\_brain\\_benefits\\_of\\_deep\\_sleep\\_and\\_how\\_to\\_get\\_more\\_of\\_it](https://www.ted.com/talks/dan_gartenberg_the_brain_benefits_of_deep_sleep_and_how_to_get_more_of_it)

### All Words

#### IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

## Session 1: Word List

### efficient

*adj.* performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials

*synonym* : productive, effective, competent

(1) **efficient** operation, (2) energy- **efficient** appliances

The new washing machine is much more **efficient** than the old one.

### captivate

*v.* to attract and hold the attention or interest of

*synonym* : enchant, charm, fascinate

(1) **captivate** public sentiment, (2) **captivate** the mind

The magician **captivated** the audience with his illusions.

### bulb

*n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball

(1) wet- **bulb** thermometer, (2) a lily **bulb**

The light **bulb** has burned out.

## naturally

*adv.* as might be expected; by natural manners

*synonym* : by nature, inherently, intrinsically

(1) **naturally** arising, (2) **naturally** regenerated forest

He was **naturally** gifted.

## circadian

*adj.* relating to a physiological cycle that lasts approximately 24 hours, impacting physical and behavioral changes that occur over the course of a day, such as sleep-wake cycles or fluctuations in hormones

*synonym* : daily, diurnal, day-to-day

(1) **circadian** clock, (2) **circadian** disruption

Having a consistent sleep schedule is important for maintaining a healthy **circadian** rhythm.

## rhythm

*n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing

*synonym* : beat, cadence, tempo

(1) in samba **rhythm**, (2) irregular heart **rhythm**

He beat out a jazz **rhythm** on the cajones.

## dictate

*v.* to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded

*synonym* : read out, prescribe, order

(1) **dictate** a letter to secretary, (2) **dictate** to the associate

The allies **dictated** the terms of surrender to the country.

## conduct

*v.* to organize and carry out a particular activity

*synonym* : behave, lead, carry on

(1) **conduct** a background check, (2) **conduct** research

Police will **conduct** random breath testing for drunk driving.

## experiment

*n.* the scientific test conducted to observe what happens and gain new knowledge

*synonym* : experimentation, investigation

(1) **experiment** design, (2) series of **experiments**

His **experiments** showed highly positive results.

## ultimate

*adj.* furthest or highest in degree or order

*synonym*: highest, maximum, foremost

(1) the **ultimate** goal in life, (2) the **ultimate** luxury  
Management must take **ultimate** responsibility for the accident.

## jeopardy

*n.* the state of being in danger or at risk of harm or loss

*synonym*: danger, risk, peril

(1) put his life in **jeopardy**, (2) tax in **jeopardy**  
The project is in **jeopardy** of being canceled due to a lack of funding.

## decide

*v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

*synonym*: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action  
She couldn't **decide** whether to order the pizza or the pasta for dinner.

## badge

*n.* a small emblem or token worn as a symbol of belonging or rank, often used by law enforcement or military organizations

*synonym*: emblem, insignia

(1) security **badge**, (2) **badge** holder  
The police officer flashed his **badge** to prove his identity.

## crisis

*n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

*synonym*: concern, problem, emergency

(1) financial **crisis**, (2) **crisis** management  
The Chinese word for **crisis** comprises two characters, one for danger and the other for opportunity.

## disease

*n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

*synonym* : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

## Alzheimer

*n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults

*synonym* : dementia, memory loss, cognitive decline

(1) **Alzheimer's** brain, (2) **Alzheimer's** risk factors

My grandmother has **Alzheimer's** disease requires special care and attention from her caregivers.

## cardiovascular

*adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)

(1) **cardiovascular** diseases, (2) **cardiovascular** tissue

Smoking places you at severe risk of **cardiovascular** and respiratory disease.

## stroke

*n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.

*synonym* : blow

(1) suffer **stroke**, (2) a **stroke** of the putter

This year's extreme heat has resulted in many heat **stroke** cases.

## diabetes

*n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood

(1) juvenile **diabetes**, (2) **diabetes** patient

My father was tested for **diabetes**.

## untreated

*adj.* not given medical care or treatment; not subjected to chemical or physical treatment

*synonym* : raw, unprocessed, coarse

(1) an **untreated** disease, (2) dispose of **untreated** formalin solution

Heat stroke is the result of **untreated** heat exhaustion.

## disorder

*n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions

*synonym*: chaos, disturbance, disease

(1) the files are in complete **disorder**, (2) people with bipolar **disorder**

The doctor prescribed some medicine for the mental **disorder**.

## apnea

*n.* a temporary cessation of breathing, especially during sleep; a medical condition characterized by the repeated occurrence of such interruptions

*synonym*: breathing interruption, suspension of breath

(1) **apnea** treatment, (2) epileptic **apnea**

Sleep **apnea** is a severe condition that causes a person to stop breathing while asleep.

## risky

*adj.* involving the possibility of danger, failure, or loss

*synonym*: dangerous, perilous, scary

(1) change **risky** behavior, (2) a **risky** enterprise

It is extremely **risky** to sail in such a storm.

## rash

*n.* any red spot of the skin, caused by a disease or reaction to something; (adjective) marked by defiance and not caring about risk or consequences

*synonym*: hives, inflammation, roseola

(1) develop a **rash**, (2) prevent diaper **rash**

The strong sunlight brought her out in an itchy **rash**.

## decision

*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options

*synonym*: choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job

offers.

## drain

*v.* to empty or dry something by removing the liquid from it  
*synonym* : draw off, bleed

(1) **drain** water from the swamp, (2) **drain** excess liquid  
Push the button and let the water **drain** away.

## empathy

*n.* the ability to share another person's feelings or experiences by imagining that person's situation  
*synonym* : compassion, sympathy, tenderness

(1) full of **empathy**, (2) **empathy** for patients  
**Empathy** is also necessary to understand history.

## deprivation

*n.* a state of not having something, such as food or money, that you need for a pleasant life  
*synonym* : poverty, destitution, forfeiture

(1) chronic sleep **deprivation**, (2) **deprivation** of liberty  
Losing him is great **deprivation** to our team.

## sensitive

*adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do  
*synonym* : exposed, susceptible, keen

(1) **sensitive** documents, (2) baby with **sensitive** skin  
The teacher is very **sensitive** to children's feelings.

## relate

*v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something  
*synonym* : connect, link, associate

(1) **relate** a story, (2) **relate** a message  
He tried to **relate** his experience to the group, but they couldn't understand.

## deprive

*v.* to take away something from someone  
*synonym* : deny, take away, divest

(1) **deprive** others of profit, (2) **deprive** him of his status  
He was **deprived** of his freedom when sentenced to life in prison.

## quantity

*n.* the amount or number of something; magnitude  
*synonym*: abundance, portion, amount

(1) half **quantity**, (2) residual **quantity**

In southward, the average annual water **quantity** increases.

## well-being

*n.* the state of being happy and healthy and prosperous  
*synonym*: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

## movement

*n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

*synonym*: motion, progression, action

(1) a circular **movement**, (2) **movement** of troops

The **movement** of the dancers on stage was graceful and elegant.

## REM

*n.* (abbreviation for rapid eye movement) a stage of sleep characterized by rapid eye movements, increased brain activity, and dreaming

(1) **REM** sleep cycle, (2) **REM** sleep behavior disorder

**REM** sleep deprivation has been linked to various adverse effects on mood, memory, and cognitive function.

## electrode

*n.* either of two points or ends of a conductor at which electricity enters or leaves an object, substance, or region

(1) platinum **electrodes**, (2) **electrode** corrosion

It is important to place the **electrodes** in the correct position

for accurate electro-cardiogram recording.

## scalp

*n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack

*synonym*: hair cover, pelt, epidermis

(1) **scalp** massage, (2) **scalp** condition

I have an itchy **scalp** and need to switch to a different shampoo.

## chin

*n.* the lowermost part of a person's face, below the mouth and above the neck

*synonym*: jaw, mandible, mentum

(1) a jutting **chin**, (2) **chin** rest

He scraped his **chin** when he fell off his bike.

## brain

*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling

*synonym*: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

## delta

*n.* a triangular area of low and flat land that is formed when a river flows into a larger body of water and deposits sediment; an object shaped like an equilateral triangle

*synonym*: floodplain, estuary

(1) river **deltas**, (2) **delta** cone

The Nile **Delta** is a rich and fertile region that has supported agriculture for thousands of years.

## inhibit

*v.* to prevent something, such as an action, process, etc., from happening or make it less likely to happen than normal

*synonym*: deter, hinder, impede

(1) **inhibit** desires, (2) **inhibit** tumor growth

Excessive parental interference may **inhibit** children's eagerness to learn.



## recover

*v.* to return to a former condition, health, mind, or strength  
*synonym*: come back, convalesce, heal

(1) **recover** a loss, (2) **recover** approval ratings

She is still **recovering** from a shot to her shoulder.

## convert

*v.* to have a talk with someone; (adjective) reversed in order, relation, or action

*synonym*: alter, remake, transform

(1) **convert** fat into energy, (2) **convert** base 10 to base 16

I want to **convert** my sadness into strength.

## interaction

*n.* the act of connecting with someone, mainly when working, playing, or spending time with them

*synonym*: dealings, exchange, relations

(1) the **interaction** between man and his environment,

(2) **interaction** among human beings

The **interaction** of the two groups is good for brainstorming.

## biology

*n.* the scientific study of life and the natural processes of living things

(1) evolutionary **biology**, (2) cell and molecular **biology**

In junior high school, we had to dissect a frog in **biology** class.

## gadget

*n.* a small tool or device that is useful for a particular job

*synonym*: appliance, gimmick, device

(1) a handy **gadget**, (2) time-saving **gadget**

I found the kitchen **gadget** that will serve as a bottle opener in the store.

## gizmo

*n.* a small gadget or mechanical device, particularly one that is difficult to name or describe

*synonym*: gadget, device, contraption

(1) handy **gizmo**, (2) high-tech **gizmo**

You can find all kinds of interesting **gizmos** in this store.

## device

*n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic

*synonym* : gadget, instrument, tool

(1) electronic **device**, (2) tracking **device**

I always carry a backup **device** in case my phone runs out of battery.

## hack

*v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

*synonym* : cut, chop, crack

(1) **hack** through the jungle, (2) **hack** into the program

This blog offers a variety of tips for **hacking** everyday life.

## consume

*v.* to spend something, especially fuel, energy, or time, in a large amount

*synonym* : absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity

A smaller car will **consume** less fuel.

## grade

*n.* a particular level of quality, size, importance, etc.

*synonym* : score, rate, degree

(1) boys in the twelfth **grade**, (2) students at all **grade** levels

Departments may set requirements for a higher **grade** point average.

## clinical

*adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies

*synonym* : dispassionate, analytic, scientific

(1) **clinical** surgery, (2) participate in **clinical** trials

She received special **clinical** training at the hospital.

## shift

*n.* a slight transition in position, direction, or trend

*synonym* : transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

## component

*n.* one of several parts that combines with others to form something bigger

*synonym* : element, part, factor

(1) key **component**, (2) spare **components** for cars

The researchers try to discover a common **component** in all types of successful organizations.

## exposure

*n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

*synonym* : vulnerability, disclosure, uncovering

(1) a southern **exposure**, (2) the **exposure** of a fraud

The long **exposure** to the air tarnished the antique tableware.

## medical

*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine

*synonym* : health, disease, treatment

(1) a **medical** opinion, (2) temporary **medical** treatment

The **medical** team worked quickly to save the patient's life.

## lab

*n.* a workplace for the conduct of scientific research; a laboratory

*synonym* : workshop, laboratory, research chamber

(1) **lab** instrument, (2) medical **lab**

The Prime Minister will pay a courtesy visit to the Nobel laureate's **lab**.

## improve

*v.* to make or become better

*synonym* : enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score

We want to **improve** ties between our two countries.

## collaborate

*v.* to work with someone else to produce or achieve something

*synonym* : cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

## validate

v. to check or prove that something is true; to make something officially or legally acceptable or approved

*synonym*: approve, certify, verify

(1) **validate** a hypothesis, (2) **validate** a passport

To **validate** your purchase, please visit the following link.

## grant

v. to agree to give or allow somebody

*synonym*: allocate, authorize, give

(1) **grant** a new license, (2) **grant** a land

The chairperson **granted** him the right to speak.

## nation

n. a large organized community of people living in a particular country or region and having a particular culture

*synonym*: country, state, sovereign entity

(1) **nation-state**, (2) a seafaring **nation**

The **nation** of Japan is known for its unique culture and advanced technology.

## foundation

n. the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes

*synonym*: base, support, groundwork

(1) **foundation** course, (2) weak **foundation**

The **foundation** of the building was cracked and needed to be repaired.

## institute

n. an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

*synonym*: academy, university, college

(1) **institute** a lawsuit, (2) research **institutes**

This region has many **institutes** offering higher education.

## develop

*v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

*synonym*: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

## stimming

*n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

*synonym*: self-stimulation, repetitive behaviors

(1) autistic **stimming**, (2) **stimming** therapy

Autistic children may engage in **stimming** behaviors, such as rocking or hand flapping, to self-regulate.

## hooked

*adj.* being caught or caught up in something; curved down like an eagle's beak

*synonym*: caught, captivated, addicted

(1) **hooked** hair, (2) **hooked** on drugs

My son was **hooked** on the Internet.

## fashion

*n.* a style that is popular at a particular time or place; the state of being popular

*synonym*: style, manner, fad

(1) go out of **fashion**, (2) new **fashion** trends

That style is no longer in **fashion**.

## detect

*v.* to find or recognize something, especially something difficult to see, hear, etc.

*synonym* : catch, observe, notice

(1) **detect** a bad event, (2) **detect** smuggling across borders  
The security camera has **detected** four intruders.

## demonstrate

*v.* to display something or give an exhibition to an interested audience

*synonym* : show, illustrate, display

(1) **demonstrate** a difference, (2) **demonstrate** mastery  
How can you **demonstrate** that the earth is a sphere?

## weird

*adj.* extraordinary, unexpected, or difficult to explain

*synonym* : bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**  
My computer has been acting **weird** recently.

## frequency

*n.* an ordered array of colors into which a light beam can be split

*synonym* : recurrence, repetition, regularity

(1) **frequency** band, (2) high **frequency**  
The oscillator hunts for the correct **frequency**.

## prime

*adj.* main or most important; basic

*synonym* : excellent, exceptional, premium

(1) **prime** number, (2) deputy **prime** minister  
After a thorough investigation, she has been named as the **prime** suspect.

## participate

*v.* to take part in something

*synonym* : take part, partake, enter

(1) **participate** fully in conversation, (2) **participate** in the program

The majority of students actively **participated** in the college's intramural sports program.

## unaware

*adj.* not understanding something or having knowledge or idea of something

*synonym* :

incognizant, clueless, ignorant

(1) entirely **unaware** of the danger, (2) **unaware** of the reality

He was **unaware** of the scrutiny.

## panel

*n.* a square or rectangular and flat piece of something that forms a distinct section or component of something; a small group of specialists who discuss particular topics or give their advice or opinion about something

*synonym* : board, commission, discussion

(1) **panel** discussion, (2) cost of solar **panels**

A **panel** of economic advisers from the United States visited the country to help rebuild its economy.

## graph

*n.* a picture consisting of a line, lines, points, etc., that shows how two or more sets of certain quantities are related to each other

*synonym* : chart, diagram, figure

(1) **graph** theory, (2) a **graph** sample

This bar **graph** shows sales over the past five years.

## accurate

*adj.* correct and exact in all details

*synonym* : exact, precise, proper

(1) provide **accurate** information, (2) **accurate** measurements

The official transcript contains **accurate** academic records.

## hook

*n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

*synonym* : buckle, pin, curve

(1) a hat **hook**, (2) the curved shape of a **hook**

Please hang your towel on a **hook**.

## environment

*n.* the natural world such as air, water, and land in which humans, animals, and plants live

*synonym* : atmosphere, surroundings, climate

(1) **environment** affairs, (2) chaotic **environment**

Every human is responsible for taking care of the Earth's **environment**.



## Session 2: Spelling

- |                                |      |  |
|--------------------------------|------|--|
| 1. di_____e to the associate   | v.   | to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded  |
| 2. co_____t a background check | v.   | to organize and carry out a particular activity  |
| 3. key co_____nt               | n.   | one of several parts that combines with others to form something bigger  |
| 4. fr_____cy band              | n.   | an ordered array of colors into which a light beam can be split  |
| 5. ca_____te the mind          | v.   | to attract and hold the attention or interest of   |
| 6. de_____p a skill            | v.   | to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created |
| 7. de_____on authority         | n.   | the act or process of making up someone's mind about something; a choice or judgment reached after considering options   |
| 8. ef_____nt operation         | adj. | performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials  |
| 9. a circular mo_____nt        | n.   | a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively   |

ANSWERS: 1. dictate, 2. conduct, 3. component, 4. frequency, 5. captivate, 6. develop, 7. decision, 8. efficient, 9. movement

10. co\_\_\_\_\_e a large of alcohol      *v.* to spend something, especially fuel, energy, or time, in a large amount
11. gr\_\_h theory      *n.* a picture consisting of a line, lines, points, etc., that shows how two or more sets of certain quantities are related to each other
12. dem\_\_\_\_\_te mastery      *v.* to display something or give an exhibition to an interested audience
13. co\_\_\_\_\_t fat into energy      *v.* to have a talk with someone; (adjective) reversed in order, relation, or action
14. cell and molecular bi\_\_\_\_\_y      *n.* the scientific study of life and the natural processes of living things
15. chronic sleep dep\_\_\_\_\_on      *n.* a state of not having something, such as food or money, that you need for a pleasant life
16. int\_\_\_\_\_on among human beings      *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
17. de\_\_a cone      *n.* a triangular area of low and flat land that is formed when a river flows into a larger body of water and deposits sediment; an object shaped like an equilateral triangle
18. va\_\_\_\_\_te a passport      *v.* to check or prove that something is true; to make something officially or legally acceptable or approved
19. fou\_\_\_\_\_on course      *n.* the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes

ANSWERS: 10. consume, 11. graph, 12. demonstrate, 13. convert, 14. biology, 15. deprivation, 16. interaction, 17. delta, 18. validate, 19. foundation

20. gr\_\_t a new license                      v.    to agree to give or allow somebody
21. ci\_\_\_\_\_an clock                      *adj.* relating to a physiological cycle that lasts approximately 24 hours, impacting physical and behavioral changes that occur over the course of a day, such as sleep-wake cycles or fluctuations in hormones
22. un\_\_\_\_\_e of the reality              *adj.* not understanding something or having knowledge or idea of something
23. full of em\_\_\_\_\_y                      *n.* the ability to share another person's feelings or experiences by imagining that person's situation
24. basic br\_\_n function                    *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
25. sc\_\_p condition                        *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
26. a seafaring na\_\_\_\_n                    *n.* a large organized community of people living in a particular country or region and having a particular culture
27. participate in cl\_\_\_\_\_al trials              *adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
28. baby with se\_\_\_\_\_ve skin              *adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do

ANSWERS: 20. grant, 21. circadian, 22. unaware, 23. empathy, 24. brain, 25. scalp, 26. nation, 27. clinical, 28. sensitive

29. h\_\_k into the program      *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks
30. co\_\_\_\_e electricity      *v.* to spend something, especially fuel, energy, or time, in a large amount
31. dr\_\_n water from the swamp      *v.* to empty or dry something by removing the liquid from it
32. high fr\_\_\_\_cy      *n.* an ordered array of colors into which a light beam can be split
33. tracking de\_\_\_\_e      *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
34. temporary me\_\_\_\_l treatment      *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
35. people with bipolar di\_\_\_\_er      *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
36. time-saving ga\_\_\_\_t      *n.* a small tool or device that is useful for a particular job
37. autistic st\_\_\_\_ng      *n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation

ANSWERS: 29. hack, 30. consume, 31. drain, 32. frequency, 33. device, 34. medical, 35. disorder, 36. gadget, 37. stimming

38. change ri\_\_y behavior *adj.* involving the possibility of danger, failure, or loss
39. a jutting c\_\_n *n.* the lowermost part of a person's face, below the mouth and above the neck
40. in\_\_\_\_\_te a lawsuit *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
41. se\_\_\_\_\_ve documents *adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do
42. permanent br\_\_n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
43. co\_\_\_\_\_t research *v.* to organize and carry out a particular activity
44. the ex\_\_\_\_\_re of a fraud *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
45. new fa\_\_\_\_\_n trends *n.* a style that is popular at a particular time or place; the state of being popular
46. the state of being we\_\_d *adj.* extraordinary, unexpected, or difficult to explain
47. gr\_\_t a land *v.* to agree to give or allow somebody
48. na\_\_\_n-state *n.* a large organized community of people living in a particular country or region and having a particular culture

ANSWERS: 38. risky, 39. chin, 40. institute, 41. sensitive, 42. brain, 43. conduct, 44. exposure, 45. fashion, 46. weird, 47. grant, 48. nation

49. boys in the twelfth gr\_\_e *n.* a particular level of quality, size, importance, etc.
50. the ul\_\_\_\_te goal in life *adj.* furthest or highest in degree or order
51. car\_\_\_\_\_lar diseases *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
52. a southern ex\_\_\_\_re *n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret
53. ca\_\_\_\_te public sentiment *v.* to attract and hold the attention or interest of
54. students at all gr\_\_e levels *n.* a particular level of quality, size, importance, etc.
55. pa\_\_l discussion *n.* a square or rectangular and flat piece of something that forms a distinct section or component of something; a small group of specialists who discuss particular topics or give their advice or opinion about something
56. juvenile di\_\_\_\_es *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
57. a gr\_\_h sample *n.* a picture consisting of a line, lines, points, etc., that shows how two or more sets of certain quantities are related to each other
58. a hat h\_\_k *n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

ANSWERS: 49. grade, 50. ultimate, 51. cardiovascular, 52. exposure, 53. captivate, 54. grade, 55. panel, 56. diabetes, 57. graph, 58. hook

59. ac\_\_\_\_te measurements *adj.* correct and exact in all details
60. the ul\_\_\_\_te luxury *adj.* furthest or highest in degree or order
61. par\_\_\_\_te in the program *v.* to take part in something
62. de\_\_\_\_e him of his status *v.* to take away something from someone
63. c\_\_n rest *n.* the lowermost part of a person's face, below the mouth and above the neck
64. Al\_\_\_\_er's brain *n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
65. re\_\_\_\_r a loss *v.* to return to a former condition, health, mind, or strength
66. tax in je\_\_\_\_dy *n.* the state of being in danger or at risk of harm or loss
67. di\_\_\_\_e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
68. suffer st\_\_\_\_e *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
69. irregular heart rh\_\_\_\_m *n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
70. env\_\_\_\_nt affairs *n.* the natural world such as air, water, and land in which humans, animals, and plants live

ANSWERS: 59. accurate, 60. ultimate, 61. participate, 62. deprive, 63. chin, 64. Alzheimer, 65. recover, 66. jeopardy, 67. disease, 68. stroke, 69. rhythm, 70. environment

71. R\_M sleep behavior disorder *n.* (abbreviation for rapid eye movement) a stage of sleep characterized by rapid eye movements, increased brain activity, and dreaming
72. a lily b\_\_b *n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
73. the files are in complete di\_\_\_\_\_er *n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
74. go out of fa\_\_\_\_\_n *n.* a style that is popular at a particular time or place; the state of being popular
75. ho\_\_\_\_d on drugs *adj.* being caught or caught up in something; curved down like an eagle's beak
76. im\_\_\_\_\_e the test score *v.* to make or become better
77. ap\_\_a treatment *n.* a temporary cessation of breathing, especially during sleep; a medical condition characterized by the repeated occurrence of such interruptions
78. evolutionary bi\_\_\_\_\_y *n.* the scientific study of life and the natural processes of living things
79. re\_\_\_e a message *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

ANSWERS: 71. REM, 72. bulb, 73. disorder, 74. fashion, 75. hooked, 76. improve, 77. apnea, 78. biology, 79. relate



80. river de\_\_as *n.* a triangular area of low and flat land that is formed when a river flows into a larger body of water and deposits sediment; an object shaped like an equilateral triangle
81. the wel\_\_\_\_\_ng of a nation *n.* the state of being happy and healthy and prosperous
82. Doppler sh\_\_t *n.* a slight transition in position, direction, or trend
83. car\_\_\_\_\_lar tissue *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
84. the int\_\_\_\_\_on between man and his environment *n.* the act of connecting with someone, mainly when working, playing, or spending time with them
85. de\_\_\_\_\_p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
86. dep\_\_\_\_\_on of liberty *n.* a state of not having something, such as food or money, that you need for a pleasant life
87. medical l\_b *n.* a workplace for the conduct of scientific research; a laboratory
88. provide ac\_\_\_\_\_te information *adj.* correct and exact in all details
89. deputy pr\_\_e minister *adj.* main or most important; basic

ANSWERS: 80. delta, 81. well-being, 82. shift, 83. cardiovascular, 84. interaction, 85. develop, 86. deprivation, 87. lab, 88. accurate, 89. prime



101. major paradigm sh\_\_t                    *n.* a slight transition in position, direction, or trend
102. a we\_\_d dress                            *adj.* extraordinary, unexpected, or difficult to explain
103. high-tech gi\_\_o                           *n.* a small gadget or mechanical device, particularly one that is difficult to name or describe
104. col\_\_\_\_\_te on a press release       *v.* to work with someone else to produce or achieve something
105. R\_M sleep cycle                         *n.* (abbreviation for rapid eye movement) a stage of sleep characterized by rapid eye movements, increased brain activity, and dreaming
106. weak fou\_\_\_\_\_on                      *n.* the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes
107. a selfish de\_\_\_\_\_on                   *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
108. security ba\_\_e                           *n.* a small emblem or token worn as a symbol of belonging or rank, often used by law enforcement or military organizations
109. de\_\_\_\_\_e others of profit           *v.* to take away something from someone

ANSWERS: 101. shift, 102. weird, 103. gizmo, 104. collaborate, 105. REM, 106. foundation, 107. decision, 108. badge, 109. deprive

110. a st\_\_\_e of the putter *n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
111. residual qu\_\_\_\_ty *n.* the amount or number of something; magnitude
112. col\_\_\_\_te with the police *v.* to work with someone else to produce or achieve something
113. mo\_\_\_\_nt of troops *n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively
114. el\_\_\_\_de corrosion *n.* either of two points or ends of a conductor at which electricity enters or leaves an object, substance, or region
115. cr\_\_\_s management *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
116. electronic de\_\_\_e *n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
117. half qu\_\_\_\_ty *n.* the amount or number of something; magnitude
118. an un\_\_\_\_ed disease *adj.* not given medical care or treatment; not subjected to chemical or physical treatment

ANSWERS: 110. stroke, 111. quantity, 112. collaborate, 113. movement, 114. electrode, 115. crisis, 116. device, 117. quantity, 118. untreated

119. co\_\_\_\_t base 10 to base 16      *v.* to have a talk with someone; (adjective) reversed in order, relation, or action
120. a me\_\_\_\_l opinion      *adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
121. de\_\_\_\_t smuggling across borders      *v.* to find or recognize something, especially something difficult to see, hear, etc.
122. ci\_\_\_\_\_an disruption      *adj.* relating to a physiological cycle that lasts approximately 24 hours, impacting physical and behavioral changes that occur over the course of a day, such as sleep-wake cycles or fluctuations in hormones
123. na\_\_\_\_\_ly arising      *adv.* as might be expected; by natural manners
124. Al\_\_\_\_\_er's risk factors      *n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
125. epileptic ap\_\_a      *n.* a temporary cessation of breathing, especially during sleep; a medical condition characterized by the repeated occurrence of such interruptions
126. dr\_\_n excess liquid      *v.* to empty or dry something by removing the liquid from it
127. pr\_\_e number      *adj.* main or most important; basic
128. re\_\_\_\_e a story      *v.* to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

ANSWERS: 119. convert, 120. medical, 121. detect, 122. circadian, 123. naturally, 124. Alzheimer, 125. apnea, 126. drain, 127. prime, 128. relate

129. de\_\_\_t a bad event                    *v.* to find or recognize something, especially something difficult to see, hear, etc.
130. l\_b instrument                        *n.* a workplace for the conduct of scientific research; a laboratory
131. di\_\_\_\_\_es patient                *n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
132. chaotic env\_\_\_\_\_nt                *n.* the natural world such as air, water, and land in which humans, animals, and plants live
133. handy gi\_\_\_o                         *n.* a small gadget or mechanical device, particularly one that is difficult to name or describe
134. in\_\_\_\_\_t desires                 *v.* to prevent something, such as an action, process, etc., from happening or make it less likely to happen than normal
135. in samba rh\_\_\_m                    *n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
136. research in\_\_\_\_\_tes               *n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something
137. ho\_\_\_d hair                         *adj.* being caught or caught up in something; curved down like an eagle's beak
138. platinum el\_\_\_\_\_des             *n.* either of two points or ends of a conductor at which electricity enters or leaves an object, substance, or region

ANSWERS: 129. detect, 130. lab, 131. diabetes, 132. environment, 133. gizmo, 134. inhibit, 135. rhythm, 136. institute, 137. hooked, 138. electrode

139. entirely un\_\_\_\_\_e of the danger      *adj.* not understanding something or having knowledge or idea of something
140. sc\_\_p massage      *n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
141. ba\_\_e holder      *n.* a small emblem or token worn as a symbol of belonging or rank, often used by law enforcement or military organizations
142. spare co\_\_\_\_\_nts for cars      *n.* one of several parts that combines with others to form something bigger
143. energy-ef\_\_\_\_\_nt appliances      *adj.* performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials
144. prevent diaper r\_\_h      *n.* any red spot of the skin, caused by a disease or reaction to something; (adjective) marked by defiance and not caring about risk or consequences
145. wet-b\_\_b thermometer      *n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
146. h\_\_k through the jungle      *v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

ANSWERS: 139. unaware, 140. scalp, 141. badge, 142. component, 143. efficient, 144. rash, 145. bulb, 146. hack

147. de\_\_\_e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
148. exp\_\_\_\_\_nt design *n.* the scientific test conducted to observe what happens and gain new knowledge
149. series of exp\_\_\_\_\_nts *n.* the scientific test conducted to observe what happens and gain new knowledge
150. di\_\_\_\_\_e a letter to secretary *v.* to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded
151. cost of solar pa\_\_ls *n.* a square or rectangular and flat piece of something that forms a distinct section or component of something; a small group of specialists who discuss particular topics or give their advice or opinion about something
152. develop a r\_\_h *n.* any red spot of the skin, caused by a disease or reaction to something; (adjective) marked by defiance and not caring about risk or consequences
153. di\_\_\_\_\_e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
154. put his life in je\_\_\_\_\_dy *n.* the state of being in danger or at risk of harm or loss
155. dispose of un\_\_\_\_\_ed formalin solution *adj.* not given medical care or treatment; not subjected to chemical or physical treatment

ANSWERS: 147. decide, 148. experiment, 149. experiment, 150. dictate, 151. panel, 152. rash, 153. disease, 154. jeopardy, 155. untreated



156. va\_\_\_\_te a hypothesis                      *v.* to check or prove that something is true; to make something officially or legally acceptable or approved
157. re\_\_\_\_r approval ratings                *v.* to return to a former condition, health, mind, or strength
158. de\_\_\_\_e on a course of action           *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
159. financial cr\_\_\_\_s                            *n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken
160. na\_\_\_\_ly regenerated forest            *adv.* as might be expected; by natural manners

ANSWERS: 156. validate, 157. recover, 158. decide, 159. crisis, 160. naturally

## Session 3: Fill in the Blanks

1. The project is in \_\_\_\_\_ of being canceled due to a lack of funding.  
*n.* the state of being in danger or at risk of harm or loss
2. He was \_\_\_\_\_ of his freedom when sentenced to life in prison.  
*v.* to take away something from someone
3. My grandmother has \_\_\_\_\_ disease requires special care and attention from her caregivers.  
*n.* a neurodegenerative disease that causes memory loss, cognitive decline, and behavioral issues; is the most common cause of dementia in older adults
4. She received special \_\_\_\_\_ training at the hospital.  
*adj.* of or relating to the examination and treatment of patients rather than theoretical or laboratory studies
5. The light \_\_\_\_\_ has burned out.  
*n.* a rounded underground storage organ of some plants from which the plant grows; the rounded part of a cylindrical structure; electric lamp consisting of a glass ball
6. The \_\_\_\_\_ of the building was cracked and needed to be repaired.  
*n.* the lowest load-bearing part of a building, typically below ground level; a fundamental basis or principle upon which something is built or established; an organization that provides funding or support for charitable or educational purposes
7. The magician \_\_\_\_\_ the audience with his illusions.  
*v.* to attract and hold the attention or interest of

ANSWERS: 1. jeopardy, 2. deprived, 3. Alzheimer's, 4. clinical, 5. bulb, 6. foundation, 7. captivated

8. She is still \_\_\_\_\_ from a shot to her shoulder.  
*v.* to return to a former condition, health, mind, or strength
9. How can you \_\_\_\_\_ that the earth is a sphere?  
*v.* to display something or give an exhibition to an interested audience
10. In southward, the average annual water \_\_\_\_\_ increases.  
*n.* the amount or number of something; magnitude
11. I have an itchy \_\_\_\_\_ and need to switch to a different shampoo.  
*n.* the skin that covers the top of a person's head, together with the hair growing on it; also, the part of the body that is most vulnerable to an attack
12. He beat out a jazz \_\_\_\_\_ on the cajones.  
*n.* a strong regular repeated pattern of sounds, words, or musical notes that are used in music, poetry, and dancing
13. The \_\_\_\_\_ of the two groups is good for brainstorming.  
*n.* the act of connecting with someone, mainly when working, playing, or spending time with them
14. \_\_\_\_ sleep deprivation has been linked to various adverse effects on mood, memory, and cognitive function.  
*n.* (abbreviation for rapid eye movement) a stage of sleep characterized by rapid eye movements, increased brain activity, and dreaming
15. My son was \_\_\_\_\_ on the Internet.  
*adj.* being caught or caught up in something; curved down like an eagle's beak

ANSWERS: 8. recovering, 9. demonstrate, 10. quantity, 11. scalp, 12. rhythm, 13. interaction, 14. REM, 15. hooked

16. My computer has been acting \_\_\_\_\_ recently.

*adj.* extraordinary, unexpected, or difficult to explain

17. This bar \_\_\_\_\_ shows sales over the past five years.

*n.* a picture consisting of a line, lines, points, etc., that shows how two or more sets of certain quantities are related to each other

18. The researchers try to discover a common \_\_\_\_\_ in all types of successful organizations.

*n.* one of several parts that combines with others to form something bigger

19. Could you help me \_\_\_\_\_ some furniture?

*n.* a slight transition in position, direction, or trend

20. The long \_\_\_\_\_ to the air tarnished the antique tableware.

*n.* the state of being in a particular situation or place where there is no protection from or guarantee to something harmful; the disclosure of something secret

21. The security camera has \_\_\_\_\_ four intruders.

*v.* to find or recognize something, especially something difficult to see, hear, etc.

22. Excessive parental interference may \_\_\_\_\_ children's eagerness to learn.

*v.* to prevent something, such as an action, process, etc., from happening or make it less likely to happen than normal

23. This region has many \_\_\_\_\_ offering higher education.

*n.* an organization that has a specific purpose, particularly one dealing with science, education, or a particular profession; (verb) to initiate, introduce, or establish something

ANSWERS: 16. weird, 17. graph, 18. component, 19. shift, 20. exposure, 21. detected, 22. inhibit, 23. institutes

24. She was struggling to make a \_\_\_\_\_ between two job offers.  
*n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
25. The chairperson \_\_\_\_\_ him the right to speak.  
*v.* to agree to give or allow somebody
26. X-rays revealed a small tumor in his \_\_\_\_\_.  
*n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
27. The \_\_\_\_\_ of Japan is known for its unique culture and advanced technology.  
*n.* a large organized community of people living in a particular country or region and having a particular culture
28. The \_\_\_\_\_ team worked quickly to save the patient's life.  
*adj.* relating to the treatment of illness or injuries; relating to the practice of medicine
29. The strong sunlight brought her out in an itchy \_\_\_\_\_.  
*n.* any red spot of the skin, caused by a disease or reaction to something;  
(adjective) marked by defiance and not caring about risk or consequences
30. The oscillator hunts for the correct \_\_\_\_\_.  
*n.* an ordered array of colors into which a light beam can be split
31. Smoking places you at severe risk of \_\_\_\_\_ and respiratory disease.  
*adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)

ANSWERS: 24. decision, 25. granted, 26. brain, 27. nation, 28. medical, 29. rash, 30. frequency, 31. cardiovascular

32. His \_\_\_\_\_ showed highly positive results.
- n.* the scientific test conducted to observe what happens and gain new knowledge
33. The Nile \_\_\_\_\_ is a rich and fertile region that has supported agriculture for thousands of years.
- n.* a triangular area of low and flat land that is formed when a river flows into a larger body of water and deposits sediment; an object shaped like an equilateral triangle
34. My father was tested for \_\_\_\_\_.
- n.* a medical condition in which the body cannot produce enough insulin to control the glucose levels in the blood
35. This year's extreme heat has resulted in many heat \_\_\_\_\_ cases.
- n.* a medical condition in which poor blood flow to the brain causes cell death; the act of swinging or striking at a ball with a club, racket, etc.
36. She couldn't \_\_\_\_\_ whether to order the pizza or the pasta for dinner.
- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
37. I found the kitchen \_\_\_\_\_ that will serve as a bottle opener in the store.
- n.* a small tool or device that is useful for a particular job
38. I always carry a backup \_\_\_\_\_ in case my phone runs out of battery.
- n.* a piece of equipment, tool, or technology that serves a particular purpose or function, often mechanical or electronic
39. The Chinese word for \_\_\_\_\_ comprises two characters, one for danger and the other for opportunity.
- n.* a time of great disagreement, confusion, or danger when problems must be resolved or critical decisions must be taken

ANSWERS: 32. experiments, 33. Delta, 34. diabetes, 35. stroke, 36. decide, 37. gadget, 38. device, 39. crisis

40. The teacher is very \_\_\_\_\_ to children's feelings.

*adj.* able to notice slight changes, signals, or influences; able to feel or perceive other's feelings; susceptible to the things people say or do

41. He scraped his \_\_\_\_\_ when he fell off his bike.

*n.* the lowermost part of a person's face, below the mouth and above the neck

42. The new washing machine is much more \_\_\_\_\_ than the old one.

*adj.* performing at the highest level of productivity with the least wasted effort or resources; capable of achieving maximum output with minimum wasted effort, time, or materials

43. This blog offers a variety of tips for \_\_\_\_\_ everyday life.

*v.* to hit and cut somebody or something roughly and violently; to find a bug in a computer program and break into their systems or networks

44. Departments may set requirements for a higher \_\_\_\_\_ point average.

*n.* a particular level of quality, size, importance, etc.

45. To \_\_\_\_\_ your purchase, please visit the following link.

*v.* to check or prove that something is true; to make something officially or legally acceptable or approved

46. He was \_\_\_\_\_ of the scrutiny.

*adj.* not understanding something or having knowledge or idea of something

47. Sleep \_\_\_\_\_ is a severe condition that causes a person to stop breathing while asleep.

*n.* a temporary cessation of breathing, especially during sleep; a medical condition characterized by the repeated occurrence of such interruptions

ANSWERS: 40. sensitive, 41. chin, 42. efficient, 43. hacking, 44. grade, 45. validate, 46. unaware, 47. apnea

48. In junior high school, we had to dissect a frog in \_\_\_\_\_ class.

*n.* the scientific study of life and the natural processes of living things

49. It is extremely \_\_\_\_\_ to sail in such a storm.

*adj.* involving the possibility of danger, failure, or loss

50. You can find all kinds of interesting \_\_\_\_\_ in this store.

*n.* a small gadget or mechanical device, particularly one that is difficult to name or describe

51. He was \_\_\_\_\_ gifted.

*adv.* as might be expected; by natural manners

52. The allies \_\_\_\_\_ the terms of surrender to the country.

*v.* to state or give order with total authority; to say or read aloud for somebody else to write down or to be recorded

53. The official transcript contains \_\_\_\_\_ academic records.

*adj.* correct and exact in all details

54. Please hang your towel on a \_\_\_\_\_.

*n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

55. Management must take \_\_\_\_\_ responsibility for the accident.

*adj.* furthest or highest in degree or order

56. That style is no longer in \_\_\_\_\_.

*n.* a style that is popular at a particular time or place; the state of being popular

ANSWERS: 48. biology, 49. risky, 50. gizmos, 51. naturally, 52. dictated, 53. accurate, 54. hook, 55. ultimate, 56. fashion



57. The Prime Minister will pay a courtesy visit to the Nobel laureate's \_\_\_\_.
- n.* a workplace for the conduct of scientific research; a laboratory
58. We want to \_\_\_\_\_ ties between our two countries.
- v.* to make or become better
59. After a thorough investigation, she has been named as the \_\_\_\_\_ suspect.
- adj.* main or most important; basic
60. Police will \_\_\_\_\_ random breath testing for drunk driving.
- v.* to organize and carry out a particular activity
61. Autistic children may engage in \_\_\_\_\_ behaviors, such as rocking or hand flapping, to self-regulate.
- n.* a behavior often exhibited by individuals on the autism spectrum characterized by repetitive bodily movements or sounds, such as hand flapping or rocking, often used as a form of self-regulation or sensory stimulation
62. The doctor prescribed some medicine for the mental \_\_\_\_\_.
- n.* an untidy state or a lack of organization; a physical condition or illness that causes problems with how a section of the body or brain functions
63. The doctor diagnosed him with a rare \_\_\_\_\_ that had no known cure.
- n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
64. Having a consistent sleep schedule is important for maintaining a healthy \_\_\_\_\_ rhythm.
- adj.* relating to a physiological cycle that lasts approximately 24 hours, impacting physical and behavioral changes that occur over the course of a day, such as sleep-wake cycles or fluctuations in hormones

ANSWERS: 57. lab, 58. improve, 59. prime, 60. conduct, 61. stimming, 62. disorder, 63. disease, 64. circadian

65. I want to \_\_\_\_\_ my sadness into strength.

- v.* to have a talk with someone; (adjective) reversed in order, relation, or action

66. She agreed to \_\_\_\_\_ with him in creating new artwork.

- v.* to work with someone else to produce or achieve something

67. Losing him is great \_\_\_\_\_ to our team.

- n.* a state of not having something, such as food or money, that you need for a pleasant life

68. The \_\_\_\_\_ of the dancers on stage was graceful and elegant.

- n.* a group of people working together to achieve a shared goal, especially a political, social, or artistic one; the process of moving or being moved, physically or figuratively

69. We must \_\_\_\_\_ a new system to streamline our workflow and increase efficiency.

- v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

70. A \_\_\_\_\_ of economic advisers from the United States visited the country to help rebuild its economy.

- n.* a square or rectangular and flat piece of something that forms a distinct section or component of something; a small group of specialists who discuss particular topics or give their advice or opinion about something

71. The police officer flashed his \_\_\_\_\_ to prove his identity.

- n.* a small emblem or token worn as a symbol of belonging or rank, often used by law enforcement or military organizations

ANSWERS: 65. convert, 66. collaborate, 67. deprivation, 68. movement, 69. develop, 70. panel, 71. badge

72. The majority of students actively \_\_\_\_\_ in the college's intramural sports program.

*v.* to take part in something

73. It is important to place the \_\_\_\_\_ in the correct position for accurate electro-cardiogram recording.

*n.* either of two points or ends of a conductor at which electricity enters or leaves an object, substance, or region

74. We are responsible for the care and \_\_\_\_\_ of all our employees.

*n.* the state of being happy and healthy and prosperous

75. Every human is responsible for taking care of the Earth's \_\_\_\_\_.

*n.* the natural world such as air, water, and land in which humans, animals, and plants live

76. Push the button and let the water \_\_\_\_\_ away.

*v.* to empty or dry something by removing the liquid from it

77. \_\_\_\_\_ is also necessary to understand history.

*n.* the ability to share another person's feelings or experiences by imagining that person's situation

78. Heat stroke is the result of \_\_\_\_\_ heat exhaustion.

*adj.* not given medical care or treatment; not subjected to chemical or physical treatment

79. A smaller car will \_\_\_\_\_ less fuel.

*v.* to spend something, especially fuel, energy, or time, in a large amount

ANSWERS: 72. participated, 73. electrodes, 74. well-being, 75. environment, 76. drain, 77. Empathy, 78. untreated, 79. consume

80. He tried to \_\_\_\_\_ his experience to the group, but they couldn't understand.
- v. to establish a connection or association between two or more things; to narrate or tell about an event, experience, or relationship; to empathize or feel sympathy with someone or something

ANSWERS: 80. relate