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Vocabulary Builder Reference from...

Mindy Scheier: How adaptive clothing empowers people with disabilities | TED Talk

https://www.ted.com/talks/mindy_scheier_how_adaptive_clothing_empowers_people_with_disabilities

All Words

IMPORTANT

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Session 1: Word List

fashion

n. a style that is popular at a particular time or place; the state of being popular

synonym: style, manner, fad

(1) go out of **fashion**, (2) new **fashion** trends

That style is no longer in **fashion**.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

define

v. to state or explain precisely the nature, scope, or meaning of something

synonym: characterize, depict, express

(1) **define** a word, (2) **define** my position

To advance this discussion, we must **define** "success" rigorously.

confidence

n. the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something

synonym: self-trust, certainty, belief

(1) **confidence** as a teacher, (2) boost my **confidence**

Skill and **confidence** are an unconquered army.

bet v. to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
synonym: stake, wager, gamble
(1) **bet** on a race, (2) **bet** my future
I **bet** that you know it.

jean n. a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
synonym: denim, cotton, pants
(1) a **jean** skirt, (2) **jean** denim
She wore her favorite pair of **jeans** to the party.

confident *adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future
synonym: certain, sure, convinced
(1) feel **confident**, (2) a **confident** remark
I'm not **confident** in our victory.

kindred n. a group of people related by blood or family ties; a close affinity or similarity between two or more things or people
synonym: kin, family, clan
(1) **kindred** feeling, (2) **kindred** souls
The **kindred** spirits bonded over their shared love of art and music.

crazy *adj.* stupid or not sensible; very angry
synonym: insane, absurd, bizarre
(1) **crazy** about cars and racing, (2) a **crazy** scheme
The rain and thunder are **crazy** today.

spirit n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the

effect that it has on people

synonym : soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**

Despite their tragic loss, the family is showing great **spirit**.

industrious

adj. hardworking, diligent, and persistent in effort

synonym : diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

heartbreak

n. a feeling of great sadness or disappointment

synonym : grief, sorrow, bitterness

(1) ease her **heartbreak**, (2) go through **heartbreak**

They had experienced the **heartbreak** of losing two children due to premature births.

ironic

adj. using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect

synonym : sarcastic, wry, sardonic

(1) **ironic** result, (2) an **ironic** turn of events

It was **ironic** that the heavy rain started just as they set up for an outdoor picnic.

muscular

adj. of or relating to the muscles; having or suggesting great physical power or force

synonym : powerful, athletic, brawny

(1) a **muscular** person, (2) **muscular** contraction

She worked hard to treat her **muscular** dystrophy.

dystrophy

n. a group of inherited disorders that involve the progressive weakening and wasting of muscles or tissues, often leading to disability or organ failure; commonly characterized by muscle weakness, atrophy, and degeneration

synonym :

degeneration, weakening, wasting

(1) **dystrophy** treatment, (2) **dystrophy** of cervical cartilage
Muscular **dystrophy** is a genetic disease that causes weakness and degeneration of muscles over time.

strength

n. the quality or state of being physically, or sometimes mentally, strong

synonym: resilience, power, muscles

(1) **strength** of the economy, (2) muscular **strength**
Health and **strength** are, above all, gold.

pulmonary

adj. relating to the lungs or the respiratory system

synonym: pneumonic, respiratory, breath

(1) **pulmonary** embolism, (2) **pulmonary** function test
The patient was admitted to the hospital with **pulmonary** hypertension.

distort

v. to change something's shape, appearance, or sound so that it appears weird or unclear

synonym: fudge, deform, contort

(1) **distort** the facts, (2) **distort** the economy
Economists contend that taxes **distort** consumer behavior in general.

brace

n. a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast

synonym: support, clamp, (verb) strengthen

(1) **brace** for impact, (2) **brace** my energies
She wore a **brace** on her leg to support her injured ankle.

stability

n. the quality or attribute of being firm and steadfast

synonym: resilience, solidity, steadiness

(1) **stability** pact, (2) fiscal **stability** pact
The policy should increase the country's monetary **stability**.

appropriate

adj. suitable or proper in the circumstances; fitting
synonym : fitting, suitable, proper

(1) **appropriate** behavior, (2) an **appropriate** time

It would be **appropriate** to dress nicely for the wedding.

tube

n. a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape

synonym : pipe, hose, duct

(1) a capillary **tube**, (2) a glass **tube**

The **tube** train was packed with commuters during rush hour.

grant

v. to agree to give or allow somebody

synonym : allocate, authorize, give

(1) **grant** a new license, (2) **grant** a land

The chairperson **granted** him the right to speak.

incredibly

adv. in a way that is very difficult to believe; exceedingly or extremely

synonym : enormously, exceptionally, extraordinarily

(1) **incredibly** cheerful character, (2) get **incredibly**

insecure

Several cities are experiencing **incredibly** high unemployment rates.

nightmare

n. a very frightening or unpleasant dream

synonym : agony, misery, suffering

(1) have a **nightmare**, (2) **nightmare** situation

Life as a waiter was a big **nightmare** for him.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym : intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

acute

adj. extremely sharp or severe

synonym : sharp, perceptive, keen

(1) **acute** pain, (2) **acute** triangle

The patient died from **acute** alcohol intoxication.

shortcoming

n. a lack or deficiency in a particular respect; a fault or defect

synonym : deficiency, fault, weakness

(1) have a serious **shortcoming**, (2) the **shortcoming** in the system

The company's main **shortcoming** was a lack of innovation.

evident

adj. apparent to the mind, senses, or judgment

synonym : apparent, noticeable, obvious

(1) **evident** to all, (2) plainly **evident**

With **evident** joy, he signed his name.

constant

adj. happening repeatedly or all the time

synonym : ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

sweat

n. the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress

synonym : perspiration, steam, hardwork

(1) all in a **sweat**, (2) **sweat** bath

She wiped the **sweat** off her forehead with a towel.

vacation

n. a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure

synonym : leave, recess, break

(1) a short **vacation**, (2) summer **vacation**

Do you have a plan for a long **vacation**?

uniform

adj. always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn

by members of a particular group as a means of identification

synonym : livery, outfit

(1) at a **uniform** temperature, (2) our school **uniform**
This country has a nationally **uniform** culture.

occasion

n. a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

synonym : event, time, occurrence

(1) a glad **occasion**, (2) as **occasion** demands
She wore her best dress for the special **occasion**.

pants

n. an item of clothing that covers the lower part of the body and each leg separately, typically with a waistband and two legs

synonym : trousers, breeches, slacks

(1) woolly **pants**, (2) pajama **pants**
I always wear **pants** when I go outside, even in the summer.

zip

n. a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently

synonym : fastener, postcode, slide

(1) **zip** code, (2) **zip** file
She put her phone in the **zip** pocket of her backpack.

embarrass

v. to cause someone to feel awkward, worried, or ashamed

synonym : disconcert, unsettle, agitate

(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in

public.

muddle

v. to mix up or confuse something; to make a mess of something; to create disorder or chaos

synonym: confuse, jumble, mix up

(1) **muddle** the instructions, (2) **muddle** the situation

I accidentally **muddled** up the reports and need help to tell which.

grade

n. a particular level of quality, size, importance, etc.

synonym: score, rate, degree

(1) boys in the twelfth **grade**, (2) students at all **grade** levels

Departments may set requirements for a higher **grade** point average.

definitive

adj. serving to provide a final solution or to end a situation; final and not able to be changed

synonym: conclusive, final, decisive

(1) **definitive** answer, (2) a **definitive** edition

The study provided **definitive** proof of the effectiveness of the new drug.

hell

n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place

synonym: inferno, agony, misery

(1) run like **hell**, (2) **hell** broke loose

The battlefield became **hell** on earth.

pregnant

adj. having a baby or young animal developing in the uterus

synonym: expectant

(1) needs of **pregnant** women, (2) a silence **pregnant** with suspense

She vacated the position when she got **pregnant**.

unwilling

adj. not ready or wanting to do something

synonym : disinclined, involuntary, reluctant

(1) **unwilling** look, (2) in an **unwilling** voice

They were **unwilling** to take any risks.

bust

v. to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

synonym : ruin, fall apart, (noun) breast

(1) **bust** my leg, (2) the **bust** of the statue

I'm **bust** with preparation for tomorrow's meeting.

rub

v. to move one's hand or an object over the surface of something with pressure

synonym : scrub, massage, stroke

(1) **rub** shoulders, (2) **rub** a glass window

She **rubbed** the sore spot on her leg to ease the pain.

instant

adj. happening immediately, with no delay

synonym : immediate, urgent, moment

(1) get **instant** access, (2) an **instant** reply

His pleasant face turned cold in an **instant**.

stretch

v. to make or be capable of making anything longer or broader without hurting or breaking

synonym : lengthen, prolong, extend

(1) **stretch** along the coast, (2) **stretch** a story

Some herds have been observed to **stretch** hundreds of kilometers.

seam

n. a line of stitching or joining where two pieces of fabric or material are united; also, a narrow furrow or fissure in rock or soil

synonym : stitch, seam, joint

(1) uneven **seam**, (2) the **seam** on the shoulder

She took the dress to the tailor to fix the torn **seam**.

accommodate

v. to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose

synonym : house, rent, adjust

(1) **accommodate** a person with money, (2) **accommodate** these needs

This large SUV **accommodates** eight people.

peel

v. to remove the skin of fruit and vegetables

synonym : pare, unclothe, disrobe

(1) **peel** a fruit, (2) **peel** off easily

The storm had **peeled** all paint off the siding.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

craft

n. an activity that requires a particular skill in making things with one's hands

synonym : art, skill, workmanship

(1) **craft** arts of Japan, (2) **craft** manufacture

His hometown was where he first acquired the **craft** of wood carving.

absolutely

adv. without restriction or limitation; completely or utterly

synonym : completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

beam

n. a long, sturdy piece of timber, metal, or other material used to support a structure or span a distance; a ray or stream of light emitted by a source

synonym : ray, ray of light, shaft of light

(1) **beam** of light, (2) a structural **beam** of a building

The sun's **beam** shone through the window and illuminated the room.

foray

n. a sudden or brief attack or incursion; a venture into something unfamiliar or challenging

synonym : raid, attack, incursion

(1) make a quick **foray**, (2) **foray** into politics

The company made a **foray** into the Chinese market.

adaptive

adj. capable of adjusting to new situations or changing conditions

synonym : flexible, adjustable, pliant

(1) the **adaptive** coloring, (2) **adaptive** technology

The **adaptive** learning system adjusts the difficulty level of the lessons based on the student's performance.

disability

n. a physical or mental condition that makes it difficult for someone to do some things that other people do

synonym : impairment, disadvantage, restriction

(1) a **disability** pension, (2) a learning **disability**

Listening to music at a high volume may lead to a hearing **disability**.

elderly

adj. (a polite word for) old

synonym : aged, old, senior

(1) a home for the **elderly**, (2) **elderly** woman

The **elderly** woman is quite energetic.

struggle

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

synonym : toil, strive, compete

(1) **struggle** against discrimination, (2) **struggle** to get the job

He could not **struggle** against temptation.

mainstream

n. the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people

synonym: prevailing, average, common

(1) join the **mainstream**, (2) **mainstream** political beliefs

His thinking is **mainstream** in the country's culture.

component

n. one of several parts that combines with others to form something bigger

synonym: element, part, factor

(1) key **component**, (2) spare **components** for cars

The researchers try to discover a common **component** in all types of successful organizations.

medicinal

adj. of or relating to the treatment or cure of disease

synonym: curative, therapeutic, healing

(1) **medicinal** chemistry, (2) traditional **medicinal**

The **medicinal** properties of this herb have been known to help with various ailments.

functional

adj. designed for or capable of a particular activity, purpose, or task; practical or ready for use or service

synonym: applicable, practical, usable

(1) field of **functional** medicine, (2) **functional** deafness

The mobile phone was still **functional** even after being dropped.

mood

n. the way you feel at a particular time; an angry or impatient state of mind

synonym: mindset, disposition, temper

(1) the **mood** in a room, (2) in an ugly **mood**

His gaffe spoiled the **mood** of the dinner party.

esteem

n. great respect and approval for or a good opinion of someone

synonym: respect, admiration, regard

(1) **esteem** for the other person, (2) boost my self- **esteem**
He is our loyal customer who should be held in high **esteem**.

cognition

n. the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind

synonym : awareness, understanding, comprehension

(1) social **cognition**, (2) **cognition** disorder

The professor focused on the research of infant **cognition**.

co-occurrence

n. the simultaneous occurrence or presence of two or more things, often used in statistical or scientific contexts

synonym : simultaneity, coincidence, conjunction

(1) **co-occurrence** pattern, (2) **co-occurrence** matrix

The **co-occurrence** of these two events suggests that there may be a causal relationship between them.

symbol

n. something visible that is used to represent something else

synonym : mark, character, insignia

(1) **symbol** color, (2) **symbol** for happiness

The dragon is considered a **symbol** of bravery.

correlation

n. a statistical relationship between two variables in which one variable is affected by the other; a reciprocal relation between two or more facts, numbers, etc.

synonym : relationship, connection, association

(1) ecological **correlation**, (2) **correlation** coefficient

There is a strong **correlation** between education level and income.

pine

n. a coniferous tree of the Pinaceae family, having needles and cones and characterized by its tall and slender shape; (verb) to have a desire for something or someone who is not present

synonym : conifer, evergreen, (verb) long for

(1) **pine** needle, (2) **pine** away for him

The **pine** trees in the forest gave off a fresh and invigorating scent.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

adapt

v. to make fit for or change to suit a new purpose or environment

synonym: adjust, acclimate, accustom

(1) **adapt** fully to the environment, (2) **adapt** as needed

I advised him to **adapt** to his new surroundings.

characteristic

n. a typical feature or quality that can identify, tell apart, or describe something or somebody

synonym: feature, quality, attribute

(1) stripes **characteristic** of the zebra, (2) my friend's **characteristic** laugh

Bananas have their **characteristic** taste and odor.

invincible

adj. incapable of being conquered, defeated, or overcome; unassailable

synonym: unassailable, unbeatable, indomitable

(1) **invincible** army, (2) **invincible** will

The team felt **invincible** after their winning streak.

suit

n. a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

synonym: clothes, lawsuit, (verb) fit

(1) **suit** and tie restaurant, (2) **suit** at law

Six **suits** are awaiting trial or verdict.

isolate

v. to physically or socially separate someone or something from other people or things

synonym : separate, sequester, insulate

(1) **isolate** a compound, (2) **isolate** a patient

You should not **isolate** them from the community.

disabled

adj. having a physical or mental condition that limits someone's specific actions that most other people can do

synonym : handicapped, impaired, incapacitated

(1) a **disabled** veteran, (2) a learning- **disabled** child

She was **disabled** in a car accident.

planet

n. any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

synonym : earth, world, globe

(1) **planet** like the Earth, (2) save the **planet**

Mercury is the closest **planet** to the sun.

enormous

adj. extremely large or great

synonym : huge, giant, gigantic

(1) **enormous** amount, (2) **enormous** potential

Shakespeare's output of poetry was **enormous**.

runway

n. the catwalk or platform where models walk to display clothing or other fashion items during a fashion show; a strip of hard ground along which planes take off and land;

synonym : strip, landing field, tarmac

(1) **runway** lighting, (2) **runway** show

The model strutted down the **runway** during the fashion show.

educate

v. to provide or receive instruction or training over a period of time at a school, university, etc.

synonym : instruct, teach, train

(1) **educate** student, (2) **educate** public

The school's mission is to **educate** young children and

prepare them for the future.

modification

n. the act of changing something, usually to improve it, or something changed

synonym: change, amendment, alteration

(1) a **modification** of last year's model, (2) further **modification**

As a result of this **modification**, we have revised our safety measures.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

facility

n. a building or place that provides a particular service or is used for a particular industry

synonym: building, structure, installation

(1) a cell phone with an internet **facility**, (2) **facility** design

This company has an entire recycling **facility**, including major reprocessing plants.

chase

v. to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes

synonym: pursue, hunt, track

(1) **chase** a dream, (2) wild goose **chase**

The police officer **chased** the suspect through the crowded streets until they finally caught him.

wheelchair

n. a chair fitted with large wheels for use as a means of transport by a person who is unable to walk

(1) electric-powered **wheelchair**, (2) **wheelchair** accessibility

This library rents out various types of folding **wheelchairs** for visitors.

slight

adj. very small in degree or amount

synonym: feeble, nuanced, subtle

(1) feel a **slight** concern, (2) **slight** increase

We made **slight** modifications to reflect the views of both sides.

limp

adj. having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot

synonym: unsteady, weak, faltering

(1) **limp** handshake, (2) **limp** hair

The steak was so undercooked that it was almost raw and had a **limp** texture.

insane

adj. extremely stupid, crazy, or dangerous; mentally ill

synonym: crazy, mad, foolish

(1) go **insane** with pleasure, (2) an **insane** scheme

Her excessive demands drove me **insane**.

cerebral

adj. relating to the brain or intellect; intellectual or studious rather than emotional or physical

synonym: brain, mental, intellectual

(1) **cerebral** palsy, (2) **cerebral** cortex

The patient experienced a **cerebral** hemorrhage and required surgery.

palsy

n. a condition characterized by the loss or impairment of movement or sensation due to damage or disease affecting the nervous system; paralysis or weakness

synonym: paralysis, tremor, twitch

(1) muscle **palsy**, (2) cerebral **palsy**

Some people with Parkinson's disease may experience

tremors and **palsy** in their limbs.

freshman

n. a first-year student, typically in college or high school
synonym: freshie, newcomer, rookie

(1) **freshman** orientation, (2) **freshman** year

The **freshman** class was excited to start their first year of college.

forearm

n. the part of a person's arm between the elbow and the wrist; (verb) to arm in advance of a confrontation

(1) **forearm** bone, (2) several veins of the **forearm**

The accident left him with numbness in his left **forearm**.

magnify

v. to make something look bigger than it really is, especially by looking at it through a lens; to make something bigger, stronger, or louder

synonym: enlarge, elaborate, intensify

(1) **magnify** the danger, (2) **magnify** the image for display

Terrorists often attempt to **magnify** the economic impact of their acts of destruction.

dangle

v. to hang or swing loosely, especially in a way that suggests instability or lack of support; to tempt or tantalize by holding out the prospect of something desirable but uncertain

synonym: swing, hang, drape

(1) **dangle** a carrot, (2) **dangle** a pendant

The earring on her earlobe would **dangle** as she moved her head.

sleeve

n. a part of a garment that covers all or part of an arm
synonym: arm covering, armband

(1) a wide **sleeve**, (2) **sleeve** length

He rolled up his **sleeves** to get ready to work.

professional

adj. having or showing the skill appropriate to a particular job; competent or skillful

synonym: skilled, competent, accomplished

(1) **professional** athlete, (2) certified **professional** secretary

He has a **professional** demeanor and always presents himself in a polished manner.

privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym: benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership
In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

paralyze

v. to cause a person or part of the body to become unable to move or feel

synonym: immobilize, disable, numb

(1) **paralyze** a city, (2) **paralyze** a person

The venom from the snake bite **paralyzed** his arm.

tackle

v. to try to deal with a complex problem or situation

synonym: deal with, dive into, work on

(1) **tackle** the issue, (2) help **tackle** climate change

The government is determined to **tackle** sharp inflation.

fathomable

adj. able to be understood or comprehended; able to be measured or explored to a certain depth

synonym: understandable, comprehensible, intelligible

(1) **fathomable** explanation, (2) **fathomable** solution

The scientific theories presented in the book were **fathomable** even to non-experts.

aid

n. things sent to help countries in need, notably food or money; support

synonym: helper, resource, assistance

(1) financial **aid**, (2) country-by-country **aid** programs

Pakistan's **aid** budget was still being reviewed.

lift

v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

synonym : raise, elevate, move up

(1) **lift** sagging skin, (2) **lift** a ban on alcohol

The drought **lifted** the prices of grain globally.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

shock

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym : amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

background

n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

synonym : ground, experience, backdrop

(1) a **background** color, (2) a criminal **background**

The company's hiring criteria emphasize personality, not a person's **background**.

modify

v. to change something slightly, such as a plan, option, law, etc., especially to make it more suitable for a particular purpose

synonym :

adjust, alter, revise

(1) genetically **modify** food, (2) **modify** my behavior

We use adverbs to **modify** verbs and adjectives.

closure

n. the situation that a company, organization, etc. has ceased operations permanently

synonym: shutdown, stoppage, termination

(1) public school **closures**, (2) **closure** of a road

They regretted the **closure** of their restaurant.

snap

v. to record on photographic film; to make a sudden, sharp sound; (noun) the act of catching an object with the hands

synonym: break, crack, fracture

(1) **snap** a whip, (2) **snap** judgment

She **snapped** a quick picture of the beautiful sunset before it disappeared.

hook

n. a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

synonym: buckle, pin, curve

(1) a hat **hook**, (2) the curved shape of a **hook**

Please hang your towel on a **hook**.

replace

v. to take the place of something

synonym: substitute, supersede, displace

(1) **replace** one word with another, (2) **replace** a phone

Eventually, the new design will **replace** all older models.

magnet

n. an object or substance that can attract certain materials, such as iron or steel

synonym: magnetite, lodestone, attracting substance

(1) **magnet** attraction, (2) permanent **magnet**

The MRI machine uses **magnets** to produce images of the body's internal organs.

adjust

v. to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.

synonym : adapt, alter, acclimate

(1) **adjust** a schedule, (2) **adjust** the rearview mirror

You have to **adjust** your content to the age of the audience.

pant

v. to breathe quickly and shallowly, often because of exertion, excitement, or fear; to gasp or heave for breath

synonym : breathe, gasp, puff

(1) **pant** for breath, (2) **pant** with excitement

After running five miles nonstop in the hot sun, he began to **pant** heavily.

waist

n. the part of the human body between the ribs and hips or the corresponding part in other animals

synonym : midriff, torso, abdomen

(1) **waist** measurement, (2) a slim **waist**

She cinched her dress at the **waist** to accentuate her hourglass figure.

elastic

adj. flexible, resilient, or adaptable; (noun) a stretchy material or band that can be stretched and then returned to its original shape; something that is flexible and adaptable

synonym : stretchy, flexible, resilient

(1) **elastic** body, (2) **elastic** waistband

The skin of a snake is remarkably **elastic**, allowing it to slither through tight spaces.

internal

adj. of or relating to the inside of something

synonym : interior, inner, domestic

(1) **internal** organs, (2) the **internal** economy

The prime minister canceled visits to other countries to resolve **internal** disputes.

hem

n. the edge or border of a piece of cloth, typically sewn to prevent fraying or unraveling; a small margin or border around something; (verb) to fold the edge of a piece of fabric and sew it down to create a neat and secure finish

synonym: edge, border, margin

(1) the **hem** of a dress, (2) **hem** the skirt

The **hem** length of her dress was perfect for the evening event.

rack

n. a framework or support structure used to hold or display objects; a set of interconnected shelves or compartments used for storage; a source of torture, distress, or mental anguish

synonym: shelf, stand, frame

(1) clothing **rack**, (2) spice **rack**

I need to buy a new coat **rack** to organize my winter jackets.

alternate

adj. occurring or existing one after the other regularly

synonym: substitute, back up, equivalent

(1) **alternate** choice, (2) every **alternate** year

The cleaning lady comes on **alternate** Wednesdays.

tradition

n. a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

synonym: custom, practice, ritual

(1) a **tradition** of a culture, (2) against **tradition**

It is a **tradition** in many families to have a big Thanksgiving dinner with all their relatives.

rip

v. to tear something or be torn violently or suddenly

synonym: tear, cut, slit

(1) **rip** a notebook apart, (2) **rip** a hole in the roof

During transit, the stuff may **rip** off the luggage tag.

prototype

n. a first or preliminary example of something such as a device or vehicle from which other forms are developed

synonym : mock-up, precursor, model

(1) complete a **prototype** product, (2) early **prototype**

The flying car is presently in the **prototype** stage.

league

n. an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters

synonym : association, organization, alliance

(1) **league** championship, (2) a baseball **league**

He was recruited to play in the professional **league**.

enormity

n. the quality of being extremely evil or wicked; the vastness of size or extent

synonym : horribleness, seriousness, immensity

(1) grasp the **enormity**, (2) the **enormity** of the task

The **enormity** of the financial fraud was uncovered after years of investigation.

consume

v. to spend something, especially fuel, energy, or time, in a large amount

synonym : absorb, ingest, use up

(1) **consume** a large of alcohol, (2) **consume** electricity

A smaller car will **consume** less fuel.

thrill

n. a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

synonym : exhilaration, delight, rush

(1) the **thrill** of speed, (2) incredible **thrill**

Skydiving is an overwhelming **thrill** for many people.

collaborate

v. to work with someone else to produce or achieve something

synonym : cooperate, unite, get together

(1) **collaborate** with the police, (2) **collaborate** on a press release

She agreed to **collaborate** with him in creating new artwork.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

brand

n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

synonym: trademark, label, symbol

(1) create a **brand** logo, (2) the **brand** of the new car

There's a new **brand** of hero in the movies now.

vision

n. the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

synonym: sight, image, concept

(1) a prodigious **vision**, (2) telescopic **vision**

Driving is difficult for me because of my poor **vision**.

launch

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

synonym: start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack

The company is set to **launch** its new product line next month.

vital

adj. necessary for the success or continued existence of something

synonym: critical, crucial, invigorating

(1) play a **vital** role, (2) **vital** for a healthy society

Perseverance and optimism are **vital** to success.

lifeline

n. a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support,

connection, or source of help

synonym: savior, support, safety net

(1) **lifeline** support, (2) emotional **lifeline**

My best friend has been my **lifeline** throughout all of my hardships.

appreciate

v. to value and acknowledge the worth of someone or something; to be grateful for something or someone

synonym: acknowledge, admire, enjoy

(1) **appreciate** her feedback, (2) **appreciate** the value

We would **appreciate** an early reply.

khaki

n. a light brownish-yellow color, often associated with military or safari-style clothing made from a durable, dust-resistant fabric of the same name

synonym: tan, beige, sand

(1) **khaki** jacket, (2) **khaki** shorts

The safari guide wore a **khaki** hat to protect himself from the sun.

magnetic

adj. having the properties of attracting or repelling certain materials containing iron or steel

synonym: attractive, drawing, hypnotic

(1) **magnetic** field, (2) a **magnetic** tape

The **magnetic** force of the earth keeps our planet spinning.

swagger

v. to walk or behave in a very confident and typically arrogant or aggressive way

synonym: strut, swagger, boast

(1) **swagger** onto the field, (2) **swagger** down the street

He **swaggered** into the room as if he owned the place.

mention

v. to speak or write about something or someone briefly

synonym: reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery

store earlier that day.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym: illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

degenerate

v. (of a person, animal, or plant) to become worse in health or physical condition

synonym: deteriorate, decline, decay

(1) **degenerate** into a disagreement, (2) **degenerate** into recession

The once-thriving city has **degenerated** into a crime-ridden slum.

devastating

adj. causing a great deal of destruction or damage

synonym: destructive, annihilative, disastrous

(1) have **devastating** effects, (2) treat this **devastating** disease

This typhoon was the most **devastating** in years.

sideline

n. a secondary or less significant job, interest, or activity; a line on the side of a sports field that players must stay behind; (verb) to remove someone from their position or role, often temporarily or as a result of a setback or failure

synonym: sidestep, periphery, (verb) ignore

(1) **sideline** reporter, (2) lucrative **sideline**

The coach benched the star player after he broke a team rule, leaving him on the **sideline** for the entire game.

deteriorate

v. to become worse in quality; to decline or degenerate

synonym: decline, degenerate, regress

(1) **deteriorate** at a slow pace, (2) **deteriorate** condition

The patient's health **deteriorated** rapidly after being diagnosed with the disease.

Session 2: Spelling

- | | | |
|---------------------------------|------|---|
| 1. p__l off easily | v. | to remove the skin of fruit and vegetables |
| 2. cr__t manufacture | n. | an activity that requires a particular skill in making things with one's hands |
| 3. em_____ss political enemy | v. | to cause someone to feel awkward, worried, or ashamed |
| 4. ed_____e student | v. | to provide or receive instruction or training over a period of time at a school, university, etc. |
| 5. b_t my future | v. | to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something |
| 6. em_____ss my project | v. | to cause someone to feel awkward, worried, or ashamed |
| 7. ed_____e public | v. | to provide or receive instruction or training over a period of time at a school, university, etc. |
| 8. the in_____al economy | adj. | of or relating to the inside of something |
| 9. feel co_____nt | adj. | feeling sure about your abilities or qualities or having trust in people, plans, or the future |
| 10. mu_____ar contraction | adj. | of or relating to the muscles; having or suggesting great physical power or force |
| 11. es___m for the other person | n. | great respect and approval for or a good opinion of someone |

ANSWERS: 1. peel, 2. craft, 3. embarrass, 4. educate, 5. bet, 6. embarrass, 7. educate, 8. internal, 9. confident, 10. muscular, 11. esteem

12. the th___l of speed *n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion
13. traditional me_____al *adj.* of or relating to the treatment or cure of disease
14. an indomitable sp___t *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
15. p___e needle *n.* a coniferous tree of the Pinaceae family, having needles and cones and characterized by its tall and slender shape; (verb) to have a desire for something or someone who is not present
16. save the pl___t *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
17. sl___t increase *adj.* very small in degree or amount
18. go in___e with pleasure *adj.* extremely stupid, crazy, or dangerous; mentally ill
19. grasp the en_____ty *n.* the quality of being extremely evil or wicked; the vastness of size or extent
20. is_____e a compound *v.* to physically or socially separate someone or something from other people or things

ANSWERS: 12. thrill, 13. medicinal, 14. spirit, 15. pine, 16. planet, 17. slight, 18. insane, 19. enormity, 20. isolate

21. a def_____ve edition *adj.* serving to provide a final solution or to end a situation; final and not able to be changed
22. col_____te on a press release *v.* to work with someone else to produce or achieve something
23. a bac_____nd color *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
24. a hat h__k *n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook
25. the h_m of a dress *n.* the edge or border of a piece of cloth, typically sewn to prevent fraying or unraveling; a small margin or border around something; (verb) to fold the edge of a piece of fabric and sew it down to create a neat and secure finish
26. sw_____r down the street *v.* to walk or behave in a very confident and typically arrogant or aggressive way
27. sl___e length *n.* a part of a garment that covers all or part of an arm
28. help ta___e climate change *v.* to try to deal with a complex problem or situation
29. incredible th___l *n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

ANSWERS: 21. definitive, 22. collaborate, 23. background, 24. hook, 25. hem, 26. swagger, 27. sleeve, 28. tackle, 29. thrill

30. li_____ne support *n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
31. si_____ne reporter *n.* a secondary or less significant job, interest, or activity; a line on the side of a sports field that players must stay behind; (verb) to remove someone from their position or role, often temporarily or as a result of a setback or failure
32. needs of pr_____nt women *adj.* having a baby or young animal developing in the uterus
33. a learning-di_____ed child *adj.* having a physical or mental condition that limits someone's specific actions that most other people can do
34. country-by-country a_d programs *n.* things sent to help countries in need, notably food or money; support
35. field of fun_____al medicine *adj.* designed for or capable of a particular activity, purpose, or task; practical or ready for use or service
36. le___e championship *n.* an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
37. a short va_____on *n.* a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
38. col_____te with the police *v.* to work with someone else to produce or achieve something

ANSWERS: 30. lifeline, 31. sideline, 32. pregnant, 33. disabled, 34. aid, 35. functional, 36. league, 37. vacation, 38. collaborate

39. electric-powered whe_____ir *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
40. telescopic vi____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
41. a glad oc_____on *n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done
42. ad__t fully to the environment *v.* to make fit for or change to suit a new purpose or environment
43. sy___l color *n.* something visible that is used to represent something else
44. pu_____ry embolism *adj.* relating to the lungs or the respiratory system
45. is_____e a patient *v.* to physically or socially separate someone or something from other people or things
46. complete a pr_____pe product *n.* a first or preliminary example of something such as a device or vehicle from which other forms are developed
47. ad__t as needed *v.* to make fit for or change to suit a new purpose or environment
48. r_b shoulders *v.* to move one's hand or an object over the surface of something with pressure
49. every al_____te year *adj.* occurring or existing one after the other regularly

ANSWERS: 39. wheelchair, 40. vision, 41. occasion, 42. adapt, 43. symbol, 44. pulmonary, 45. isolate, 46. prototype, 47. adapt, 48. rub, 49. alternate

50. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
51. a tr_____on of a culture *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
52. gr__t a land *v.* to agree to give or allow somebody
53. dy_____hy of cervical cartilage *n.* a group of inherited disorders that involve the progressive weakening and wasting of muscles or tissues, often leading to disability or organ failure; commonly characterized by muscle weakness, atrophy, and degeneration
54. public school cl_____es *n.* the situation that a company, organization, etc. has ceased operations permanently
55. la___h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
56. abs_____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
57. r_b a glass window *v.* to move one's hand or an object over the surface of something with pressure
58. a capillary t__e *n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape

ANSWERS: 50. shock, 51. tradition, 52. grant, 53. dystrophy, 54. closure, 55. launch, 56. absolutely, 57. rub, 58. tube

59. re_____e a phone *v.* to take the place of something
60. a learning dis_____ty *n.* a physical or mental condition that makes it difficult for someone to do some things that other people do
61. pa_____ze a person *v.* to cause a person or part of the body to become unable to move or feel
62. pr_____ge of membership *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
63. psy_____gy of crowd *n.* the scientific study of mind and behavior
64. cr__t arts of Japan *n.* an activity that requires a particular skill in making things with one's hands
65. kh__i jacket *n.* a light brownish-yellow color, often associated with military or safari-style clothing made from a durable, dust-resistant fabric of the same name
66. co-_____nce matrix *n.* the simultaneous occurrence or presence of two or more things, often used in statistical or scientific contexts
67. pa_____ze a city *v.* to cause a person or part of the body to become unable to move or feel
68. h_m the skirt *n.* the edge or border of a piece of cloth, typically sewn to prevent fraying or unraveling; a small margin or border around something; (verb) to fold the edge of a piece of fabric and sew it down to create a neat and secure finish

ANSWERS: 59. replace, 60. disability, 61. paralyze, 62. privilege, 63. psychology, 64. craft, 65. khaki, 66. co-occurrence, 67. paralyze, 68. hem

69. l__t sagging skin
70. plainly ev____t
71. summer va____on
72. acc_____te these needs
73. an in____t reply
74. me_____n name
75. a breach of pr____ge
76. app_____te her feedback
77. a co_____nt remark
78. fire st__k
- v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
- adj.* apparent to the mind, senses, or judgment
- n.* a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure
- v.* to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose
- adj.* happening immediately, with no delay
- v.* to speak or write about something or someone briefly
- n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
- v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
- adj.* feeling sure about your abilities or qualities or having trust in people, plans, or the future
- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

ANSWERS: 69. lift, 70. evident, 71. vacation, 72. accommodate, 73. instant, 74. mention, 75. privilege, 76. appreciate, 77. confident, 78. stick

79. br__e my energies *n.* a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
80. cor_____on coefficient *n.* a statistical relationship between two variables in which one variable is affected by the other; a reciprocal relation between two or more facts, numbers, etc.
81. sw__t bath *n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
82. cl_____e of a road *n.* the situation that a company, organization, etc. has ceased operations permanently
83. fo__y into politics *n.* a sudden or brief attack or incursion; a venture into something unfamiliar or challenging
84. pr_____s improvement *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
85. pu_____ry function test *adj.* relating to the lungs or the respiratory system
86. mu___e the instructions *v.* to mix up or confuse something; to make a mess of something; to create disorder or chaos

ANSWERS: 79. brace, 80. correlation, 81. sweat, 82. closure, 83. foray, 84. process, 85. pulmonary, 86. muddle

87. gr__t a new license *v.* to agree to give or allow somebody
88. a glass t__e *n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
89. a cell phone with an internet fa____ty *n.* a building or place that provides a particular service or is used for a particular industry
90. sy___l for happiness *n.* something visible that is used to represent something else
91. ki_____d souls *n.* a group of people related by blood or family ties; a close affinity or similarity between two or more things or people
92. in an ugly m__d *n.* the way you feel at a particular time; an angry or impatient state of mind
93. spare co_____nts for cars *n.* one of several parts that combines with others to form something bigger
94. app_____te behavior *adj.* suitable or proper in the circumstances; fitting
95. ev_____t to all *adj.* apparent to the mind, senses, or judgment
96. st_____le to get the job *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
97. ni_____re situation *n.* a very frightening or unpleasant dream
98. have dev_____ng effects *adj.* causing a great deal of destruction or damage

ANSWERS: 87. grant, 88. tube, 89. facility, 90. symbol, 91. kindred, 92. mood, 93. component, 94. appropriate, 95. evident, 96. struggle, 97. nightmare, 98. devastating

99. boys in the twelfth gr__e *n.* a particular level of quality, size, importance, etc.
100. mo___y my behavior *v.* to change something slightly, such as a plan, option, law, etc., especially to make it more suitable for a particular purpose
101. r_p a notebook apart *v.* to tear something or be torn violently or suddenly
102. wild goose ch__e *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes
103. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
104. ir___c result *adj.* using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect
105. ru___y show *n.* the catwalk or platform where models walk to display clothing or other fashion items during a fashion show; a strip of hard ground along which planes take off and land;
106. de___e a word *v.* to state or explain precisely the nature, scope, or meaning of something
107. da___e a pendant *v.* to hang or swing loosely, especially in a way that suggests instability or lack of support; to tempt or tantalize by holding out the prospect of something desirable but uncertain

ANSWERS: 99. grade, 100. modify, 101. rip, 102. chase, 103. brain, 104. ironic, 105. runway, 106. define, 107. dangle

108. emotional li____ne *n.* a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
109. acc_____te a person with money *v.* to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose
110. mai_____am political beliefs *n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people
111. a baseball le____e *n.* an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters
112. make a quick fo__y *n.* a sudden or brief attack or incursion; a venture into something unfamiliar or challenging
113. di_____t the economy *v.* to change something's shape, appearance, or sound so that it appears weird or unclear
114. sw_____r onto the field *v.* to walk or behave in a very confident and typically arrogant or aggressive way
115. a mu_____ar person *adj.* of or relating to the muscles; having or suggesting great physical power or force
116. co-_____nce pattern *n.* the simultaneous occurrence or presence of two or more things, often used in statistical or scientific contexts

ANSWERS: 108. lifeline, 109. accommodate, 110. mainstream, 111. league, 112. foray, 113. distort, 114. swagger, 115. muscular, 116. co-occurrence

117. r_p a hole in the roof *v.* to tear something or be torn violently or suddenly
118. whe_____ir accessibility *n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
119. join the mai_____am *n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people
120. a home for the el_____y *adj.* (a polite word for) old
121. have a serious sho_____ng *n.* a lack or deficiency in a particular respect; a fault or defect
122. further mod_____ion *n.* the act of changing something, usually to improve it, or something changed
123. co_____al swimming pool *adj.* belonging to or used by a group rather than individuals; for common use
124. st_____h a story *v.* to make or be capable of making anything longer or broader without hurting or breaking
125. an in_____e scheme *adj.* extremely stupid, crazy, or dangerous; mentally ill
126. genetically mo_____y food *v.* to change something slightly, such as a plan, option, law, etc., especially to make it more suitable for a particular purpose
127. fr_____an orientation *n.* a first-year student, typically in college or high school
128. re_____e one word with another *v.* to take the place of something
129. stripes cha_____tic of the zebra *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody

ANSWERS: 117. rip, 118. wheelchair, 119. mainstream, 120. elderly, 121. shortcoming, 122. modification, 123. communal, 124. stretch, 125. insane, 126. modify, 127. freshman, 128. replace, 129. characteristic

130. s__p a whip *v.* to record on photographic film; to make a sudden, sharp sound; (noun) the act of catching an object with the hands
131. kh__i shorts *n.* a light brownish-yellow color, often associated with military or safari-style clothing made from a durable, dust-resistant fabric of the same name
132. in an un_____ng voice *adj.* not ready or wanting to do something
133. certified pro_____nal secretary *adj.* having or showing the skill appropriate to a particular job; competent or skillful
134. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
135. clothing r__k *n.* a framework or support structure used to hold or display objects; a set of interconnected shelves or compartments used for storage; a source of torture, distress, or mental anguish
136. muscular st_____th *n.* the quality or state of being physically, or sometimes mentally, strong
137. inv_____le will *adj.* incapable of being conquered, defeated, or overcome; unassailable
138. vi__l for a healthy society *adj.* necessary for the success or continued existence of something
139. st_____th of the economy *n.* the quality or state of being physically, or sometimes mentally, strong
140. the s__m on the shoulder *n.* a line of stitching or joining where two pieces of fabric or material are united; also, a narrow furrow or fissure in rock or soil

ANSWERS: 130. snap, 131. khaki, 132. unwilling, 133. professional, 134. shock, 135. rack, 136. strength, 137. invincible, 138. vital, 139. strength, 140. seam

141. a cr__y scheme *adj.* stupid or not sensible; very angry
142. our school un____m *adj.* always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification
143. abs_____ly against *adv.* without restriction or limitation; completely or utterly
144. lucrative si____ne *n.* a secondary or less significant job, interest, or activity; a line on the side of a sports field that players must stay behind; (verb) to remove someone from their position or role, often temporarily or as a result of a setback or failure
145. ce____al cortex *adj.* relating to the brain or intellect; intellectual or studious rather than emotional or physical
146. the ad____ve coloring *adj.* capable of adjusting to new situations or changing conditions
147. en____us potential *adj.* extremely large or great
148. p__t with excitement *v.* to breathe quickly and shallowly, often because of exertion, excitement, or fear; to gasp or heave for breath
149. social co_____on *n.* the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind
150. the b__t of the statue *v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

ANSWERS: 141. crazy, 142. uniform, 143. absolutely, 144. sideline, 145. cerebral, 146. adaptive, 147. enormous, 148. pant, 149. cognition, 150. bust

151. fiscal st_____ty pact *n.* the quality or attribute of being firm and steadfast
152. l__p handshake *adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
153. the curved shape of a h__k *n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook
154. st_____ty pact *n.* the quality or attribute of being firm and steadfast
155. s__p judgment *v.* to record on photographic film; to make a sudden, sharp sound; (noun) the act of catching an object with the hands
156. play a vi__l role *adj.* necessary for the success or continued existence of something
157. det_____te condition *v.* to become worse in quality; to decline or degenerate
158. b_t on a race *v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something
159. pl___t like the Earth *n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star
160. a structural b__m of a building *n.* a long, sturdy piece of timber, metal, or other material used to support a structure or span a distance; a ray or stream of light emitted by a source

ANSWERS: 151. stability, 152. limp, 153. hook, 154. stability, 155. snap, 156. vital, 157. deteriorate, 158. bet, 159. planet, 160. beam

161. z_p file *n.* a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently
162. co____e electricity *v.* to spend something, especially fuel, energy, or time, in a large amount
163. p__e away for him *n.* a coniferous tree of the Pinaceae family, having needles and cones and characterized by its tall and slender shape; (verb) to have a desire for something or someone who is not present
164. ind____us worker *adj.* hardworking, diligent, and persistent in effort
165. fat____le solution *adj.* able to be understood or comprehended; able to be measured or explored to a certain depth
166. ac__e pain *adj.* extremely sharp or severe
167. inc____ly cheerful character *adv.* in a way that is very difficult to believe; exceedingly or extremely
168. a silence pr____nt with suspense *adj.* having a baby or young animal developing in the uterus
169. students at all gr__e levels *n.* a particular level of quality, size, importance, etc.

ANSWERS: 161. zip, 162. consume, 163. pine, 164. industrious, 165. fathomable, 166. acute, 167. incredibly, 168. pregnant, 169. grade

170. get in____t access *adj.* happening immediately, with no delay
171. ad____t the rearview mirror *v.* to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
172. app_____te the value *v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
173. det_____te at a slow pace *v.* to become worse in quality; to decline or degenerate
174. ecological cor_____on *n.* a statistical relationship between two variables in which one variable is affected by the other; a reciprocal relation between two or more facts, numbers, etc.
175. am____g advances *adj.* extremely surprising, especially in a way that you like or admire
176. new fa_____n trends *n.* a style that is popular at a particular time or place; the state of being popular
177. the sho_____ng in the system *n.* a lack or deficiency in a particular respect; a fault or defect
178. ki____d feeling *n.* a group of people related by blood or family ties; a close affinity or similarity between two or more things or people
179. create a br__d logo *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

ANSWERS: 170. instant, 171. adjust, 172. appreciate, 173. deteriorate, 174. correlation, 175. amazing, 176. fashion, 177. shortcoming, 178. kindred, 179. brand

180. dy_____hy treatment *n.* a group of inherited disorders that involve the progressive weakening and wasting of muscles or tissues, often leading to disability or organ failure; commonly characterized by muscle weakness, atrophy, and degeneration
181. boost my self-es____m *n.* great respect and approval for or a good opinion of someone
182. permanent br__n damage *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
183. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
184. a prodigious vi____n *n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see
185. treat this dev_____ng disease *adj.* causing a great deal of destruction or damage
186. ma_____y the image for display *v.* to make something look bigger than it really is, especially by looking at it through a lens; to make something bigger, stronger, or louder
187. un_____ng look *adj.* not ready or wanting to do something
188. a mod_____ion of last year's model *n.* the act of changing something, usually to improve it, or something changed
189. ce_____al palsy *adj.* relating to the brain or intellect; intellectual or studious rather than emotional or physical

ANSWERS: 180. dystrophy, 181. esteem, 182. brain, 183. stick, 184. vision, 185. devastating, 186. magnify, 187. unwilling, 188. modification, 189. cerebral

190. ru___y lighting *n.* the catwalk or platform where models walk to display clothing or other fashion items during a fashion show; a strip of hard ground along which planes take off and land;
191. el_____y woman *adj.* (a polite word for) old
192. s__t and tie restaurant *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for
193. en_____us amount *adj.* extremely large or great
194. permanent ma___t *n.* an object or substance that can attract certain materials, such as iron or steel
195. sp___t and the letter of the law *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
196. woolly pa__s *n.* an item of clothing that covers the lower part of the body and each leg separately, typically with a waistband and two legs
197. financial a_d *n.* things sent to help countries in need, notably food or money; support
198. a di_____ed veteran *adj.* having a physical or mental condition that limits someone's specific actions that most other people can do

ANSWERS: 190. runway, 191. elderly, 192. suit, 193. enormous, 194. magnet, 195. spirit, 196. pants, 197. aid, 198. disabled

199. early pr_____pe *n.* a first or preliminary example of something such as a device or vehicle from which other forms are developed
200. de___e my position *v.* to state or explain precisely the nature, scope, or meaning of something
201. psy_____gy experiment *n.* the scientific study of mind and behavior
202. deg_____te into recession *v.* (of a person, animal, or plant) to become worse in health or physical condition
203. co_____e a large of alcohol *v.* to spend something, especially fuel, energy, or time, in a large amount
204. feel a sl___t concern *adj.* very small in degree or amount
205. b__t my leg *v.* to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.
206. wa__t measurement *n.* the part of the human body between the ribs and hips or the corresponding part in other animals
207. all in a sw__t *n.* the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
208. boost my con_____ce *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
209. ease her hea_____ak *n.* a feeling of great sadness or disappointment

ANSWERS: 199. prototype, 200. define, 201. psychology, 202. degenerate, 203. consume, 204. slight, 205. bust, 206. waist, 207. sweat, 208. confidence, 209. heartbreak

210. in____al organs *adj.* of or relating to the inside of something
211. cerebral pa__y *n.* a condition characterized by the loss or impairment of movement or sensation due to damage or disease affecting the nervous system; paralysis or weakness
212. fat_____le explanation *adj.* able to be understood or comprehended; able to be measured or explored to a certain depth
213. fun_____al deafness *adj.* designed for or capable of a particular activity, purpose, or task; practical or ready for use or service
214. muscle pa__y *n.* a condition characterized by the loss or impairment of movement or sensation due to damage or disease affecting the nervous system; paralysis or weakness
215. go out of fa_____n *n.* a style that is popular at a particular time or place; the state of being popular
216. cr__y about cars and racing *adj.* stupid or not sensible; very angry
217. me_____n in a report *v.* to speak or write about something or someone briefly
218. run like h__l *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
219. fr_____an year *n.* a first-year student, typically in college or high school
220. ind_____us student *adj.* hardworking, diligent, and persistent in effort

ANSWERS: 210. internal, 211. palsy, 212. fathomable, 213. functional, 214. palsy, 215. fashion, 216. crazy, 217. mention, 218. hell, 219. freshman, 220. industrious

221. a slim wa__t *n.* the part of the human body between the ribs and hips or the corresponding part in other animals
222. la___h a big attack *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
223. ad____ve technology *adj.* capable of adjusting to new situations or changing conditions
224. st____h along the coast *v.* to make or be capable of making anything longer or broader without hurting or breaking
225. against tr_____on *n.* a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society
226. inv_____le army *adj.* incapable of being conquered, defeated, or overcome; unassailable
227. decision-making pr____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
228. p__l a fruit *v.* to remove the skin of fruit and vegetables
229. a co_____nt temperature *adj.* happening repeatedly or all the time

ANSWERS: 221. waist, 222. launch, 223. adaptive, 224. stretch, 225. tradition, 226. invincible, 227. process, 228. peel, 229. constant

230. ta___e the issue *v.* to try to deal with a complex problem or situation
231. a j___n skirt *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
232. ma_____y the danger *v.* to make something look bigger than it really is, especially by looking at it through a lens; to make something bigger, stronger, or louder
233. the m__d in a room *n.* the way you feel at a particular time; an angry or impatient state of mind
234. b__m of light *n.* a long, sturdy piece of timber, metal, or other material used to support a structure or span a distance; a ray or stream of light emitted by a source
235. l__p hair *adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot
236. el_____c body *adj.* flexible, resilient, or adaptable; (noun) a stretchy material or band that can be stretched and then returned to its original shape; something that is flexible and adaptable
237. fa_____ty design *n.* a building or place that provides a particular service or is used for a particular industry
238. the en_____ty of the task *n.* the quality of being extremely evil or wicked; the vastness of size or extent
239. co_____al combination of funds *adj.* belonging to or used by a group rather than individuals; for common use

ANSWERS: 230. tackle, 231. jean, 232. magnify, 233. mood, 234. beam, 235. limp, 236. elastic, 237. facility, 238. enormity, 239. communal

240. a dis_____ty pension *n.* a physical or mental condition that makes it difficult for someone to do some things that other people do
241. fo_____m bone *n.* the part of a person's arm between the elbow and the wrist; (verb) to arm in advance of a confrontation
242. an app_____te time *adj.* suitable or proper in the circumstances; fitting
243. several veins of the fo_____m *n.* the part of a person's arm between the elbow and the wrist; (verb) to arm in advance of a confrontation
244. tr_____rm an education system *v.* to change in outward structure or looks;
245. h__l broke loose *n.* the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
246. ma____t attraction *n.* an object or substance that can attract certain materials, such as iron or steel
247. ac__e triangle *adj.* extremely sharp or severe
248. go through hea_____ak *n.* a feeling of great sadness or disappointment
249. deg_____te into a disagreement *v.* (of a person, animal, or plant) to become worse in health or physical condition
250. as oc_____on demands *n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

ANSWERS: 240. disability, 241. forearm, 242. appropriate, 243. forearm, 244. transform, 245. hell, 246. magnet, 247. acute, 248. heartbreak, 249. degenerate, 250. occasion

251. have a ni_____re *n.* a very frightening or unpleasant dream
252. ma_____ic field *adj.* having the properties of attracting or repelling certain materials containing iron or steel
253. j__n denim *n.* a sturdy cotton twill fabric, typically blue, used for jeans and other clothing
254. at a un_____m temperature *adj.* always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification
255. mu_____e the situation *v.* to mix up or confuse something; to make a mess of something; to create disorder or chaos
256. get inc_____ly insecure *adv.* in a way that is very difficult to believe; exceedingly or extremely
257. my friend's cha_____tic laugh *n.* a typical feature or quality that can identify, tell apart, or describe something or somebody
258. el_____c waistband *adj.* flexible, resilient, or adaptable; (noun) a stretchy material or band that can be stretched and then returned to its original shape; something that is flexible and adaptable
259. key co_____nt *n.* one of several parts that combines with others to form something bigger
260. a criminal bac_____nd *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

ANSWERS: 251. nightmare, 252. magnetic, 253. jean, 254. uniform, 255. muddle, 256. incredibly, 257. characteristic, 258. elastic, 259. component, 260. background

261. uneven s__m *n.* a line of stitching or joining where two pieces of fabric or material are united; also, a narrow furrow or fissure in rock or soil
262. ch__e a dream *v.* to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes
263. a ma_____ic tape *adj.* having the properties of attracting or repelling certain materials containing iron or steel
264. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
265. the br__d of the new car *n.* a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning
266. p__t for breath *v.* to breathe quickly and shallowly, often because of exertion, excitement, or fear; to gasp or heave for breath
267. co_____on disorder *n.* the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind

ANSWERS: 261. seam, 262. chase, 263. magnetic, 264. disease, 265. brand, 266. pant, 267. cognition

268. di____t the facts *v.* to change something's shape, appearance, or sound so that it appears weird or unclear
269. da___e a carrot *v.* to hang or swing loosely, especially in a way that suggests instability or lack of support; to tempt or tantalize by holding out the prospect of something desirable but uncertain
270. l__t a ban on alcohol *v.* to raise something to a higher position or level; to pick up something or somebody and move them to a different position
271. ad___t a schedule *v.* to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
272. di_____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
273. def_____ve answer *adj.* serving to provide a final solution or to end a situation; final and not able to be changed
274. br__e for impact *n.* a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
275. me_____al chemistry *adj.* of or relating to the treatment or cure of disease

ANSWERS: 268. distort, 269. dangle, 270. lift, 271. adjust, 272. disease, 273. definitive, 274. brace, 275. medicinal

276. an ir___c turn of events *adj.* using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect
277. pajama pa___s *n.* an item of clothing that covers the lower part of the body and each leg separately, typically with a waistband and two legs
278. con_____ce as a teacher *n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
279. al_____te choice *adj.* occurring or existing one after the other regularly
280. tr_____rm heat into power *v.* to change in outward structure or looks;
281. pro_____nal athlete *adj.* having or showing the skill appropriate to a particular job; competent or skillful
282. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
283. st_____le against discrimination *v.* to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction
284. a co_____nt wind *adj.* happening repeatedly or all the time
285. s__t at law *n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

ANSWERS: 276. ironic, 277. pants, 278. confidence, 279. alternate, 280. transform, 281. professional, 282. amazing, 283. struggle, 284. constant, 285. suit

286. z_p code

n. a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently

287. a wide sl___e

n. a part of a garment that covers all or part of an arm

288. spice r__k

n. a framework or support structure used to hold or display objects; a set of interconnected shelves or compartments used for storage; a source of torture, distress, or mental anguish

ANSWERS: 286. zip, 287. sleeve, 288. rack

Session 3: Fill in the Blanks

1. The company's main _____ was a lack of innovation.
n. a lack or deficiency in a particular respect; a fault or defect
2. The researchers try to discover a common _____ in all types of successful organizations.
n. one of several parts that combines with others to form something bigger
3. The storm had _____ all paint off the siding.
v. to remove the skin of fruit and vegetables
4. The mobile phone was still _____ even after being dropped.
adj. designed for or capable of a particular activity, purpose, or task; practical or ready for use or service
5. They had experienced the _____ of losing two children due to premature births.
n. a feeling of great sadness or disappointment
6. The battlefield became _____ on earth.
n. the place thought to be where bad people go and are punished after death, often depicted as being located beneath the earth; an extraordinarily unpleasant or difficult place
7. As a result of this _____ we have revised our safety measures.
n. the act of changing something, usually to improve it, or something changed
8. The accident left him with numbness in his left _____.
n. the part of a person's arm between the elbow and the wrist; (verb) to arm in advance of a confrontation

ANSWERS: 1. shortcoming, 2. component, 3. peeled, 4. functional, 5. heartbreak, 6. hell, 7. modification, 8. forearm

9. The flying car is presently in the _____ stage.
n. a first or preliminary example of something such as a device or vehicle from which other forms are developed
10. He rolled up his _____ to get ready to work.
n. a part of a garment that covers all or part of an arm
11. It would be _____ to dress nicely for the wedding.
adj. suitable or proper in the circumstances; fitting
12. The safari guide wore a _____ hat to protect himself from the sun.
n. a light brownish-yellow color, often associated with military or safari-style clothing made from a durable, dust-resistant fabric of the same name
13. The policy should increase the country's monetary _____.
n. the quality or attribute of being firm and steadfast
14. She _____ the sore spot on her leg to ease the pain.
v. to move one's hand or an object over the surface of something with pressure
15. The MRI machine uses _____ to produce images of the body's internal organs.
n. an object or substance that can attract certain materials, such as iron or steel
16. Listening to music at a high volume may lead to a hearing _____.
n. a physical or mental condition that makes it difficult for someone to do some things that other people do
17. She agreed to _____ with him in creating new artwork.
v. to work with someone else to produce or achieve something

ANSWERS: 9. prototype, 10. sleeves, 11. appropriate, 12. khaki, 13. stability, 14. rubbed, 15. magnets, 16. disability, 17. collaborate

18. She wore a _____ on her leg to support her injured ankle.
n. a device, typically one of a pair, for holding something in position or for strengthening an object; (verb) to support or hold steady and make steadfast
19. He looked for an opportunity to _____ that actor in public.
v. to cause someone to feel awkward, worried, or ashamed
20. We would _____ an early reply.
v. to value and acknowledge the worth of someone or something; to be grateful for something or someone
21. The _____ class was excited to start their first year of college.
n. a first-year student, typically in college or high school
22. _____ dropping wears away the stone.
adj. happening repeatedly or all the time
23. The skin of a snake is remarkably _____ allowing it to slither through tight spaces.
adj. flexible, resilient, or adaptable; (noun) a stretchy material or band that can be stretched and then returned to its original shape; something that is flexible and adaptable
24. In the Middle Ages, the right to hunt in the wild was the _____ of royalty and nobility.
n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
25. His pleasant face turned cold in an _____.
adj. happening immediately, with no delay

ANSWERS: 18. brace, 19. embarrass, 20. appreciate, 21. freshman, 22. Constant, 23. elastic, 24. privilege, 25. instant

26. During transit, the stuff may ____ off the luggage tag.

v. to tear something or be torn violently or suddenly

27. This typhoon was the most _____ in years.

adj. causing a great deal of destruction or damage

28. She wore her favorite pair of _____ to the party.

n. a sturdy cotton twill fabric, typically blue, used for jeans and other clothing

29. Muscular _____ is a genetic disease that causes weakness and degeneration of muscles over time.

n. a group of inherited disorders that involve the progressive weakening and wasting of muscles or tissues, often leading to disability or organ failure; commonly characterized by muscle weakness, atrophy, and degeneration

30. X-rays revealed a small tumor in his _____.

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

31. His hometown was where he first acquired the _____ of wood carving.

n. an activity that requires a particular skill in making things with one's hands

32. I'm _____ with preparation for tomorrow's meeting.

v. to break something; (noun) a woman's chest, or the measurement around a woman's chest; (noun) an occasion for something excessive, such as work, eating, drinking, etc.

33. The _____ woman is quite energetic.

adj. (a polite word for) old

ANSWERS: 26. rip, 27. devastating, 28. jeans, 29. dystrophy, 30. brain, 31. craft, 32. bust, 33. elderly

34. This library rents out various types of folding _____ for visitors.
- n.* a chair fitted with large wheels for use as a means of transport by a person who is unable to walk
35. The company is set to _____ its new product line next month.
- v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
36. Terrorists often attempt to _____ the economic impact of their acts of destruction.
- v.* to make something look bigger than it really is, especially by looking at it through a lens; to make something bigger, stronger, or louder
37. Departments may set requirements for a higher _____ point average.
- n.* a particular level of quality, size, importance, etc.
38. The company made a _____ into the Chinese market.
- n.* a sudden or brief attack or incursion; a venture into something unfamiliar or challenging
39. That style is no longer in _____.
- n.* a style that is popular at a particular time or place; the state of being popular
40. You have to _____ your content to the age of the audience.
- v.* to make a minor modification to something to make it more suited for a new set of conditions or to make it function better.
41. The steak was so undercooked that it was almost raw and had a _____ texture.
- adj.* having no strength or energy; walking with difficulty because of pain, injury, or disability in one's leg or foot

ANSWERS: 34. wheelchairs, 35. launch, 36. magnify, 37. grade, 38. foray, 39. fashion, 40. adjust, 41. limp

42. Despite their tragic loss, the family is showing great _____.

- n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

43. She was _____ in a car accident.

- adj.* having a physical or mental condition that limits someone's specific actions that most other people can do

44. Some herds have been observed to _____ hundreds of kilometers.

- v.* to make or be capable of making anything longer or broader without hurting or breaking

45. The coach benched the star player after he broke a team rule, leaving him on the _____ for the entire game.

- n.* a secondary or less significant job, interest, or activity; a line on the side of a sports field that players must stay behind; (verb) to remove someone from their position or role, often temporarily or as a result of a setback or failure

46. There is a strong _____ between education level and income.

- n.* a statistical relationship between two variables in which one variable is affected by the other; a reciprocal relation between two or more facts, numbers, etc.

47. Life as a waiter was a big _____ for him.

- n.* a very frightening or unpleasant dream

48. The prime minister canceled visits to other countries to resolve _____ disputes.

- adj.* of or relating to the inside of something

ANSWERS: 42. spirit, 43. disabled, 44. stretch, 45. sideline, 46. correlation, 47. nightmare, 48. internal

49. This large SUV _____ eight people.

- v.* to provide someone with a place to live or to be stored in; to make fit for or to change to suit a new purpose

50. He has a _____ demeanor and always presents himself in a polished manner.

- adj.* having or showing the skill appropriate to a particular job; competent or skillful

51. Do you have a plan for a long _____

- n.* a period in which someone does not have to attend work or school and is free to do whatever they choose, such as travel or leisure

52. The once-thriving city has _____ into a crime-ridden slum.

- v.* (of a person, animal, or plant) to become worse in health or physical condition

53. She _____ a quick picture of the beautiful sunset before it disappeared.

- v.* to record on photographic film; to make a sudden, sharp sound; (noun) the act of catching an object with the hands

54. They were _____ to take any risks.

- adj.* not ready or wanting to do something

55. Driving is difficult for me because of my poor _____.

- n.* the ability to think about or see the future with imagination and intelligence; the faculty of being able to see

56. The sun's _____ shone through the window and illuminated the room.

- n.* a long, sturdy piece of timber, metal, or other material used to support a structure or span a distance; a ray or stream of light emitted by a source

ANSWERS: 49. accommodates, 50. professional, 51. vacation?, 52. degenerated, 53. snapped, 54. unwilling, 55. vision, 56. beam

57. She cinched her dress at the _____ to accentuate her hourglass figure.
n. the part of the human body between the ribs and hips or the corresponding part in other animals
58. He was known to be very _____ and would often work late into the night.
adj. hardworking, diligent, and persistent in effort
59. His gaffe spoiled the _____ of the dinner party.
n. the way you feel at a particular time; an angry or impatient state of mind
60. After running five miles nonstop in the hot sun, he began to _____ heavily.
v. to breathe quickly and shallowly, often because of exertion, excitement, or fear; to gasp or heave for breath
61. The police officer _____ the suspect through the crowded streets until they finally caught him.
v. to pursue something or someone to catch or capture them; to go after something vigorously or with determination; (noun) a pursuit or a hunt; a narrow groove or channel cut into a surface, often used for decorative purposes
62. Perseverance and optimism are _____ to success.
adj. necessary for the success or continued existence of something
63. She wiped the _____ off her forehead with a towel.
n. the salty liquid that is produced by the glands in the skin, especially when the body is hot or under stress
64. I'm not _____ in our victory.
adj. feeling sure about your abilities or qualities or having trust in people, plans, or the future

ANSWERS: 57. waist, 58. industrious, 59. mood, 60. pant, 61. chased, 62. vital, 63. sweat, 64. confident

65. Some people with Parkinson's disease may experience tremors and _____ in their limbs.
- n.* a condition characterized by the loss or impairment of movement or sensation due to damage or disease affecting the nervous system; paralysis or weakness
66. The _____ train was packed with commuters during rush hour.
- n.* a cylindrical container of metal, plastic, glass, etc., usually sealed and used as a means of preserving food or chemicals; a hollow cylindrical shape
67. Pakistan's _____ budget was still being reviewed.
- n.* things sent to help countries in need, notably food or money; support
68. I advised him to _____ to his new surroundings.
- v.* to make fit for or change to suit a new purpose or environment
69. The company's hiring criteria emphasize personality, not a person's _____.
- n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
70. We use adverbs to _____ verbs and adjectives.
- v.* to change something slightly, such as a plan, option, law, etc., especially to make it more suitable for a particular purpose
71. Skill and _____ are an unconquered army.
- n.* the feeling or attitude that one can trust or rely on the abilities or good qualities of someone or something
72. _____ elections were held in several European countries.
- adj.* belonging to or used by a group rather than individuals; for common use

ANSWERS: 65. palsy, 66. tube, 67. aid, 68. adapt, 69. background, 70. modify, 71. confidence, 72. Communal

73. The government is determined to _____ sharp inflation.

v. to try to deal with a complex problem or situation

74. The _____ trees in the forest gave off a fresh and invigorating scent.

n. a coniferous tree of the Pinaceae family, having needles and cones and characterized by its tall and slender shape; (verb) to have a desire for something or someone who is not present

75. She had a master's degree in _____.

n. the scientific study of mind and behavior

76. I need to buy a new coat _____ to organize my winter jackets.

n. a framework or support structure used to hold or display objects; a set of interconnected shelves or compartments used for storage; a source of torture, distress, or mental anguish

77. He could not _____ against temptation.

v. to make a great effort to do something when it is difficult, or there are a lot of problems; to use force or violence to break away from restraint or constriction

78. The dragon is considered a _____ of bravery.

n. something visible that is used to represent something else

79. It is a _____ in many families to have a big Thanksgiving dinner with all their relatives.

n. a belief, custom, or way of doing something that has been passed down from generation to generation within a group or society

80. The team felt _____ after their winning streak.

adj. incapable of being conquered, defeated, or overcome; unassailable

ANSWERS: 73. tackle, 74. pine, 75. psychology, 76. rack, 77. struggle, 78. symbol, 79. tradition, 80. invincible

81. He _____ into the room as if he owned the place.

v. to walk or behave in a very confident and typically arrogant or aggressive way

82. Eventually, the new design will _____ all older models.

v. to take the place of something

83. The _____ of these two events suggests that there may be a causal relationship between them.

n. the simultaneous occurrence or presence of two or more things, often used in statistical or scientific contexts

84. The model strutted down the _____ during the fashion show.

n. the catwalk or platform where models walk to display clothing or other fashion items during a fashion show; a strip of hard ground along which planes take off and land;

85. There's a new _____ of hero in the movies now.

n. a type of product, service, etc., made by a particular company and sold under a specific name; identification mark on the skin of livestock, criminals, etc., made by burning

86. The _____ of the financial fraud was uncovered after years of investigation.

n. the quality of being extremely evil or wicked; the vastness of size or extent

87. I _____ to him that I had seen his sister at the grocery store earlier that day.

v. to speak or write about something or someone briefly

88. The _____ properties of this herb have been known to help with various ailments.

adj. of or relating to the treatment or cure of disease

ANSWERS: 81. swaggered, 82. replace, 83. co-occurrence, 84. runway, 85. brand, 86. enormity, 87. mentioned, 88. medicinal

89. My best friend has been my _____ throughout all of my hardships.
n. a line, rope, or cable used to support or rescue a person in danger or distress; vital or necessary support, connection, or source of help
90. The study provided _____ proof of the effectiveness of the new drug.
adj. serving to provide a final solution or to end a situation; final and not able to be changed
91. You should not _____ them from the community.
v. to physically or socially separate someone or something from other people or things
92. The rain and thunder are _____ today.
adj. stupid or not sensible; very angry
93. Bananas have their _____ taste and odor.
n. a typical feature or quality that can identify, tell apart, or describe something or somebody
94. A smaller car will _____ less fuel.
v. to spend something, especially fuel, energy, or time, in a large amount
95. The patient died from _____ alcohol intoxication.
adj. extremely sharp or severe
96. The drought _____ the prices of grain globally.
v. to raise something to a higher position or level; to pick up something or somebody and move them to a different position

ANSWERS: 89. lifeline, 90. definitive, 91. isolate, 92. crazy, 93. characteristic, 94. consume, 95. acute, 96. lifted

97. I accidentally _____ up the reports and need help to tell which.

v. to mix up or confuse something; to make a mess of something; to create disorder or chaos

98. The patient experienced a _____ hemorrhage and required surgery.

adj. relating to the brain or intellect; intellectual or studious rather than emotional or physical

99. The patient was admitted to the hospital with _____ hypertension.

adj. relating to the lungs or the respiratory system

100. She worked hard to treat her _____ dystrophy.

adj. of or relating to the muscles; having or suggesting great physical power or force

101. She vacated the position when she got _____.

adj. having a baby or young animal developing in the uterus

102. The ___ length of her dress was perfect for the evening event.

n. the edge or border of a piece of cloth, typically sewn to prevent fraying or unraveling; a small margin or border around something; (verb) to fold the edge of a piece of fabric and sew it down to create a neat and secure finish

103. We made _____ modifications to reflect the views of both sides.

adj. very small in degree or amount

104. To advance this discussion, we must _____ "success" rigorously.

v. to state or explain precisely the nature, scope, or meaning of something

105. Economists contend that taxes _____ consumer behavior in general.

v. to change something's shape, appearance, or sound so that it appears weird or unclear

ANSWERS: 97. muddled, 98. cerebral, 99. pulmonary, 100. muscular, 101. pregnant, 102. hem, 103. slight, 104. define, 105. distort

106. The scientific theories presented in the book were _____ even to non-experts.

adj. able to be understood or comprehended; able to be measured or explored to a certain depth

107. You _____ a bill in the change machine, and the coins pop out.

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

108. The doctor diagnosed him with a rare _____ that had no known cure.

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

109. The chairperson _____ him the right to speak.

v. to agree to give or allow somebody

110. The _____ learning system adjusts the difficulty level of the lessons based on the student's performance.

adj. capable of adjusting to new situations or changing conditions

111. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

112. I am _____ opposed to his idea because of morality.

adv. without restriction or limitation; completely or utterly

113. The venom from the snake bite _____ his arm.

v. to cause a person or part of the body to become unable to move or feel

ANSWERS: 106. fathomable, 107. stick, 108. disease, 109. granted, 110. adaptive, 111. amazing, 112. absolutely, 113. paralyzed

114. The _____ for applying for a visa can be lengthy and complicated.

- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

115. I ___ that you know it.

- v.* to risk money on the result of an event or a competition, such as a race or game, to get more money; to have faith or confidence in something

116. Several cities are experiencing _____ high unemployment rates.

- adv.* in a way that is very difficult to believe; exceedingly or extremely

117. His thinking is _____ in the country's culture.

- n.* the ideas, opinions, beliefs, etc., that are considered normal or accepted by most people

118. They regretted the _____ of their restaurant.

- n.* the situation that a company, organization, etc. has ceased operations permanently

119. Shakespeare's output of poetry was _____.

- adj.* extremely large or great

120. The _____ spirits bonded over their shared love of art and music.

- n.* a group of people related by blood or family ties; a close affinity or similarity between two or more things or people

121. He is our loyal customer who should be held in high _____.

- n.* great respect and approval for or a good opinion of someone

ANSWERS: 114. process, 115. bet, 116. incredibly, 117. mainstream, 118. closure, 119. enormous, 120. kindred, 121. esteem

122. I always wear _____ when I go outside, even in the summer.

- n.* an item of clothing that covers the lower part of the body and each leg separately, typically with a waistband and two legs

123. With _____ joy, he signed his name.

- adj.* apparent to the mind, senses, or judgment

124. Her excessive demands drove me _____.

- adj.* extremely stupid, crazy, or dangerous; mentally ill

125. The earring on her earlobe would _____ as she moved her head.

- v.* to hang or swing loosely, especially in a way that suggests instability or lack of support; to tempt or tantalize by holding out the prospect of something desirable but uncertain

126. The professor focused on the research of infant _____.

- n.* the psychological process of perception and learning and reasoning; the mental action or process by which knowledge and understanding are developed in the mind

127. This company has an entire recycling _____ including major reprocessing plants.

- n.* a building or place that provides a particular service or is used for a particular industry

128. The school's mission is to _____ young children and prepare them for the future.

- v.* to provide or receive instruction or training over a period of time at a school, university, etc.

ANSWERS: 122. pants, 123. evident, 124. insane, 125. dangle, 126. cognition, 127. facility, 128. educate

129. My father's death _____ my life completely.

v. to change in outward structure or looks;

130. This country has a nationally _____ culture.

adj. always the same; showing a single form or character in all occurrences; (noun) the special set of clothes worn by members of a particular group as a means of identification

131. The _____ force of the earth keeps our planet spinning.

adj. having the properties of attracting or repelling certain materials containing iron or steel

132. He got an electric _____ at work.

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

133. He was recruited to play in the professional _____.

n. an association of sports teams who compete against each other; an obsolete unit of distance of variable length, equal to about 3 miles or 4,000 meters

134. Health and _____ are, above all, gold.

n. the quality or state of being physically, or sometimes mentally, strong

135. The cleaning lady comes on _____ Wednesdays.

adj. occurring or existing one after the other regularly

136. She took the dress to the tailor to fix the torn _____.

n. a line of stitching or joining where two pieces of fabric or material are united; also, a narrow furrow or fissure in rock or soil

ANSWERS: 129. transformed, 130. uniform, 131. magnetic, 132. shock, 133. league, 134. strength, 135. alternate, 136. seam

137. Six _____ are awaiting trial or verdict.

- n.* a set of clothes that are made from the same material; a claim or complaint that a person or organization can file in court against another party; (verb) to be fit or acceptable for

138. Skydiving is an overwhelming _____ for many people.

- n.* a feeling of extreme and sudden excitement and pleasure; to cause someone to feel sudden intense sensation or emotion

139. The patient's health _____ rapidly after being diagnosed with the disease.

- v.* to become worse in quality; to decline or degenerate

140. She wore her best dress for the special _____.

- n.* a time or event that is suitable or appropriate for something to happen or be done; a particular event or circumstance that requires or allows for something to be done

141. Mercury is the closest _____ to the sun.

- n.* any of the nine large celestial bodies that circle in the solar system; any celestial body that revolves around a star

142. She put her phone in the _____ pocket of her backpack.

- n.* a fastener made of interlocking teeth or ridges that is used to join two edges or pieces of fabric; a sound or motion that resembles the sound made by a zipper when it is pulled; (of a computer) a popular file compression and archiving format; (short for Zone Improvement Plan) a system of postal codes used in the United States to help facilitate mail delivery more efficiently

143. It was _____ that the heavy rain started just as they set up for an outdoor picnic.

- adj.* using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect

ANSWERS: 137. suits, 138. thrill, 139. deteriorated, 140. occasion, 141. planet, 142. zip, 143. ironic

144. Please hang your towel on a _____.

- n.* a curved device used for suspending, holding, or pulling something, especially one attached to a surface for hanging things on; a sharp curve or crook

ANSWERS: 144. hook