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Michelle Knox: Talk about your death while you're still healthy | TED Talk

https://www.ted.com/talks/michelle_knox_talk_about_your_death_while_you_re_still_healthy

All Words

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Session 1: Word List

bucket

n. an open container with a handle made of metal or plastic, often used for carrying liquids

synonym : pail, tub, can

(1) **bucket** list, (2) **bucket** of golf balls

She filled a **bucket** with water and carried it back to the house.

chip

n. a small fragment of something broken off from the whole; a long and thin piece of potato fried in oil or fat

synonym : flake, fragment, chunk

(1) a **chip** of wood, (2) I don't care a **chip**

We can use this campaign as a bargaining **chip** in the negotiations.

depart

v. to go away or leave, especially to start a journey

synonym : go away, leave, vacate

(1) arrive and **depart** on time, (2) **depart** from the faith

We **departed** before the temperature fell below zero.

expire

v. to come to the end of the period of validity of a document, authorization, agreement, etc.

synonym : run out, terminate, cease

(1) **expires** next month, (2) it will **expire**

I forgot to renew my driver's license, and it **expired**.

launch

v. to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time

synonym : start, initiate, begin

(1) **launch** a spaceship into orbit, (2) **launch** a big attack
The company is set to **launch** its new product line next month.

eternal

adj. being without beginning or end; lasting forever

synonym : endless, everlasting, undying

(1) the hope of **eternal** life, (2) **eternal** quarreling
In every civilization, rulers have tried everything possible to obtain **eternal** life.

euphemism

n. a mild or indirect word or expression used in place of one considered to be too harsh or blunt when referring to something unpleasant or embarrassing

synonym : mild expression, implication, circumlocution

(1) genteel **euphemism**, (2) a **euphemism** for death
The company used the **euphemism** "downsizing" to describe the layoffs of hundreds of employees.

humor

n. the quality of being amusing or funny; the liquid parts of the body

synonym : comedy, funniness, liquid substance

(1) sardonic **humor**, (2) vitreous **humor**

My wife seems to be in ill **humor**.

acknowledge

v. to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;

synonym : accept, agree, declare

(1) **acknowledge** the deed, (2) **acknowledge** his help

He never **acknowledged** his fault.

discuss

v. to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

synonym: talk about, converse, debate

(1) **discuss** options, (2) **discuss** solutions

We need to **discuss** the next steps for the project during our meeting tomorrow.

communal

adj. belonging to or used by a group rather than individuals; for common use

synonym: collaborative, combined, collective

(1) **communal** swimming pool, (2) **communal** combination of funds

Communal elections were held in several European countries.

attend

v. to be present at an event, to go to a place

synonym: go, be present, accompany

(1) **attend** a meeting, (2) **attend** service

We must **attend** to this matter.

drain

v. to empty or dry something by removing the liquid from it

synonym: draw off, bleed

(1) **drain** water from the swamp, (2) **drain** excess liquid

Push the button and let the water **drain** away.

ignorant

adj. lacking knowledge or awareness in general; uneducated or unsophisticated; unaware of certain facts or information

synonym: uninformed, uneducated, unaware

(1) **ignorant** remark, (2) blissfully **ignorant**

He was **ignorant** of the fact that the meeting had been moved to a different location.

grieve

v. to feel or show great sadness or sorrow, especially for someone who has died

synonym : mourn, lament, sorrow

(1) **grieve** for loss, (2) **grieve** at the sad news

She **grieved** the loss of her parents.

process

n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

synonym : procedure, method, system

(1) **process** improvement, (2) decision-making **process**

The **process** for applying for a visa can be lengthy and complicated.

invitation

n. a spoken or written request to participate or be present or take part in something

synonym : request, asking, proposal

(1) a letter of **invitation**, (2) **invitation** of foreign investment

I will be very happy to accept your **invitation**.

suddenly

adv. quickly and unexpectedly

synonym : abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**

Who answers **suddenly** knows little.

tight

adj. fixed, fastened, or kept together firmly or closely

synonym : closed, secured, cramped

(1) a **tight** game, (2) student on a **tight** budget

The national election was held amid **tight** security.

norm

n. something that is regarded as usual, typical, or standard

synonym : criterion, mean, standard

(1) **norm** of action, (2) cultural **norm**

The systems we have developed has accepted as industry

norms.

celebrate

v. to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

synonym: praise, glorify, honor

(1) **celebrate** his election, (2) **celebrate** Christmas

He **celebrated** the 10th anniversary of his tenure.

knit

v. to make a garment or fabric by interlocking loops of yarn with needles or a machine

synonym: weave, crochet, knot

(1) **knit** my eyebrows, (2) **knit** a pair of socks

The grandmother **knit** a warm sweater for her grandchild.

mention

v. to speak or write about something or someone briefly

synonym: reference, allude, cite

(1) **mention** name, (2) **mention** in a report

I **mentioned** to him that I had seen his sister at the grocery store earlier that day.

mow

v. to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops

synonym: cut, trim, clip

(1) **mow** the field, (2) **mow** a yard

My father likes to **mow** the lawn early on Saturday mornings.

lawn

n. a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics

synonym: yard, grass, meadow

(1) **lawn** mower, (2) lush **lawn**

The family enjoyed a picnic on the **lawn** in the park.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling
The golfer recorded an **amazing** distance.

pond

n. a small, shallow lake

synonym: lake, pool, basin

(1) a garden **pond**, (2) **pond** water

The freshwater **pond** was home to many different types of fish and was a popular spot for fishing.

ginger

n. a plant (*Zingiber officinale*) that is widely cultivated for its aromatic underground stem (rhizome), which is used as a spice, especially in Asian cooking

synonym: ginger root, gingerroot, zingiber

(1) **ginger** tea, (2) **ginger** extract

I added fresh **ginger** to the stir-fry to add a little extra zing.

keen

adj. having or showing quick and eager intelligence or interest

synonym: eager, enthusiastic, ardent

(1) **keen** interest, (2) **keen** observation

He was **keen** to learn more about the subject and attended every lecture.

eulogy

n. a speech or writing in praise of someone who has died, typically given at a funeral or memorial service

synonym: tribute, praise, commendation

(1) **eulogy** speech, (2) deliver **eulogy**

The pastor's **eulogy** touched everyone's heart and brought many to tears.

opportune

adj. suitable or happening at a time that is suitable or convenient for a particular purpose

synonym: suitable, timely, practical

(1) **opportune** occasion, (2) an **opportune** remark

The phone rang at the most **opportune** time.

core

n. the most essential or fundamental part of something
synonym : center, basis, heart

(1) the **core** of an apple, (2) **core** business activity

These gas nebulas are merely newborn galactic **cores**.

survivor

n. a person who remains alive after an event in which others have died

synonym : subsister

(1) ovarian cancer **survivor**, (2) a single **survivor**

The shipwreck **survivor** was rescued after floating in the ocean for three days.

decision

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

synonym : choice, determination, judgment

(1) **decision** authority, (2) a selfish **decision**

She was struggling to make a **decision** between two job offers.

regret

v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

synonym : apologize, deplore, lament

(1) **regret** a decision, (2) **regret** being so careless

I **regret** to say that you did not gain admission to the university.

bless

v. to make or pronounce holy; to hallow; to consecrate; to sanctify

synonym : sanctify, consecrate, hallow

(1) **bless** him in my heart, (2) **bless** you

The priest **blessed** the couple as they knelt before him.

cult

n. a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and

practices

synonym : sect, faith, religion

(1) **cult** members, (2) **cult's** practices

The **cult** leader promised his followers that they would achieve enlightenment if they followed his teachings.

diverse

adj. including numerous categories of individuals or entities; various

synonym : manifold, various, myriad

(1) **diverse** backgrounds, (2) a person of **diverse** talents

New York is a city with a **diverse** ethnic population.

colleague

n. one of a group of a coworker, especially in a profession or a business

synonym : coworker, associate, fellow

(1) collaborate with **colleagues**, (2) former **colleague**

I decided to seek counseling on the advice of my **colleague**.

bowel

n. the part of the alimentary canal below the stomach; the intestine, especially the lower intestine

synonym : intestine, gut, stomach

(1) **bowel** ailment, (2) whole- **bowel** irrigation

He had surgery to remove a portion of his small **bowel**.

cancer

n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells

synonym : tumor, carcinoma, malignancy

(1) **cancer** diagnosis, (2) **cancer** research

Breast **cancer** is the most common type of cancer in women.

frank

adj. honest and sincere; open and candid in expression

synonym : candid, direct, freehearted

(1) **frank** and open discussion, (2) make a **frank** apology

Full involvement means **frank** and prompt responses.

conversation

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

synonym : chat, discussion, dialogue

(1) **conversation** in English, (2) a friendly **conversation**

Your **conversation** reflects your thoughts.

practical

adj. of or connected with actual use or real situation rather than with theory and ideas

synonym : applicable, functional, realistic

(1) **practical** English, (2) gain **practical** experience

Her concept is highly **practical** and helpful.

government

n. the group of people with authority to control a country or state

synonym : administration, regime, state

(1) **government** bureaucracy, (2) **government** funding

The federal **government** is planning to increase taxes for the next fiscal year.

nurse

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

synonym : healthcare worker, caregiver, medic

(1) **nurse** practitioner, (2) a volunteer **nurse**

The night shift **nurse** checked my vital signs before administering the medication.

advance

v. to go or move forward; to develop in a positive way

synonym : progress, boost, come along

(1) **advance** the technology, (2) **advance** a cooperative relationship

Scientific knowledge will **advance** significantly with the power of AI.

extended

adj. longer than usual or anticipated

synonym : extensive, prolonged, elongated

(1) **extended** vacation, (2) **extended** payment

The **extended** airport runways may accommodate larger jets.

coffin

n. a box or container used to bury a dead body; a case or structure resembling a coffin

synonym : casket, box, chest

(1) **coffin** lid, (2) wooden **coffin**

The priest prayed over the **coffin** before it was lowered into the ground.

headstone

n. a marker or monument placed at the head of a grave or burial site, typically inscribed with the name and dates of the person buried there

synonym : gravestone, marker, monument

(1) **headstone** inscription, (2) **headstone** design

The family gathered at the cemetery to place flowers on their loved one's **headstone**.

font

n. a complete set of characters in a particular style and size used for printing text or displaying information on a screen

synonym : typeface, typography, lettering

(1) **font** size, (2) script **font**

I changed the **font** on my resume to make it more visually appealing.

deprive

v. to take away something from someone

synonym : deny, take away, divest

(1) **deprive** others of profit, (2) **deprive** him of his status

He was **deprived** of his freedom when sentenced to life in prison.

trigger

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

synonym : activate, spark, drive

(1) **trigger** a biochemical response, (2) **trigger** inflation

The incident **triggered** a political controversy.

background

n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

synonym : ground, experience, backdrop

(1) a **background** color, (2) a criminal **background**

The company's hiring criteria emphasize personality, not a person's **background**.

aboriginal

adj. relating to the people, culture, or history of the original inhabitants of a particular region, especially before the arrival of colonizers or settlers; indigenous

synonym : native, indigenous, autochthonous

(1) **aboriginal** art, (2) **aboriginal** land

Many **aboriginal** cultures have deep spiritual connections to the land and its natural resources.

strait

n. a narrow stretch of water or sea connecting two larger bodies of water or seas

synonym : narrows, channel, passage

(1) **strait** passage, (2) **strait** channel

The ship navigated through the **strait** with great care.

specific

adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise

synonym : particular, definite, distinct

(1) **specific** instructions, (2) industry- **specific** regulations

The scientist conducted a study that provided **specific** details about the species' behavior.

responsible

adj. answerable or accountable for something within one's power, control, or management

synonym : accountable, answerable, liable

(1) **responsible** action, (2) **responsible** for a customer service

She's a **responsible** pet owner who ensures her dog gets

enough exercise and a healthy diet.

protocol

n. a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement

synonym: procedure, system, method

(1) draft a **protocol**, (2) **protocol** breach

The company has a strict **protocol** for handling sensitive information to ensure security.

photograph

n. a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

synonym: photo, picture, snapshot

(1) **photograph** album, (2) **photograph** memories

I found an old **photograph** of my grandparents from their wedding day.

deceased

adj. no longer alive; dead

synonym: dead, defunct, expired

(1) **deceased** loved one, (2) **deceased** relative

The **deceased** person's family was notified of their passing.

ceremony

n. a formal event or ritual, often religious or solemn

synonym: ritual, rite, observance

(1) **ceremony** hall, (2) **ceremony** location

The wedding **ceremony** was a beautiful and emotional event.

peaceful

adj. not involving violence, conflict, or war

synonym: friendly, pacific, amicable

(1) **peaceful** country, (2) **peaceful** coexistence

Plutonium has limited **peaceful** applications.

transition

n. the process or period of changing from one state or circumstance to another

synonym: change, growth, shift

(1) **transition** phase, (2) ensure a smooth **transition**
The nation's healthcare system is in **transition** at the moment.

spirit

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

synonym : soul, attitude, enthusiasm

(1) **spirit** and the letter of the law, (2) an indomitable **spirit**
Despite their tragic loss, the family is showing great **spirit**.

contrast

v. to put in opposition to show or emphasize differences

synonym : differ, vary, counterpoint

(1) **contrast** with a decade ago, (2) **contrast** two things
It's intriguing to compare and **contrast** the two authors.

emotional

adj. relating to people's feelings

synonym : affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

physically

adv. in a way related to a person's body or appearance rather than their mind

(1) **physically** and mentally, (2) stay **physically** fit

Having a **physically** healthy physique is essential for a great life.

exhausted

adj. extremely tired

synonym : drowsy, depleted, fatigued

(1) the **exhausted** food sources, (2) **exhausted** parents

The **exhausted** runner fell to the ground and gasped.

locate

v. to specify or determine the exact position of someone or something

synonym :

discover, find, place

(1) **locate** a missing pet, (2) **locate** a tumor

The robot can accurately **locate** construction material.

religion

n. a deep conviction in a supernatural power that controls human destiny

synonym: faith, creed, belief

(1) **religion** sociology, (2) freedom of **religion**

Their **religion** strictly prohibits them from drinking or gambling.

bang

v. to hit or cause to hit something in a way that makes a loud noise

synonym: crash, hit, smash

(1) **bang** his fist on a desk, (2) **bang** a phone down

My father tried to **bang** mathematics into my head since childhood.

firework

n. a device that produces a colorful display of light and sound when it is ignited

synonym: pyrotechnic, sparkler, firecracker

(1) **firework** discharge, (2) grand **firework** display

The children were excited to see the **firework** show.

aspect

n. one part or feature of a situation, problem, subject, etc.

synonym: characteristic, element, factor

(1) nontechnical **aspects** of the job, (2) **aspects** of social, political, and economic life

His professional experience includes all **aspects** of media production.

fantastic

adj. extremely good; excellent

synonym: incredible, unbelievable, marvelous

(1) a **fantastic** dress, (2) absolutely **fantastic** event

The new amusement park ride was **fantastic**, with twists, turns, and drops that left riders screaming with excitement.

startling

adj. extremely surprising, astonishing, and sometimes worrying

synonym : alarming, astonishing, shocking

(1) **startling** earthquake shocks, (2) **startling** discovery

He describes the story with **startling** reality.

statistics

n. the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

(1) **statistics** for cancer, (2) official **statistics**

The **statistics** demonstrate that poverty and unemployment are genuine problems.

inexpensive

adj. costing little; having a low price

synonym : cheap, affordable, economical

(1) **inexpensive** option, (2) an **inexpensive** inn

The restaurant offered delicious food at an **inexpensive** price.

individual

n. a single person or thing, as distinct from a group

synonym : person, being, self

(1) a private **individual**, (2) **individual** freedom

As an **individual**, he had the right to make his own decisions and live his life as he saw fit.

vary

v. to become different in terms of size, shape, etc.

synonym : alter, contrast, differ

(1) **vary** according to the age, (2) **vary** directly with the price

Maximum heart rates **vary** a lot for each individual.

suitable

adj. fit or appropriate; proper; adapted

synonym : appropriate, fitting, proper

(1) **suitable** amount, (2) date **suitable** to both groups

The dress was **suitable** for the formal occasion.

administrator

n. a person or organization responsible for managing and directing the affairs of a business, institution,

government agency, or other organization; someone who administers, regulates, or supervises

synonym : manager, executive, supervisor

(1) school **administrator**, (2) network **administrator**

The university's **administrator** announced new policies regarding campus safety.

appoint

v. to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place

synonym : designate, assign, name

(1) **appoint** members, (2) **appoint** the day

The court **appointed** a guardian for the child.

supreme

adj. highest in rank, level, or importance

synonym : foremost, highest, greatest

(1) the **supreme** commander, (2) justice of the **supreme** court

The **supreme** pleasure of life is the conviction that we are loved.

chant

n. a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

synonym : hymn, mantra, (verb) recite

(1) **chant** melodies, (2) **chant** in the chapel

The soccer game crowd broke into a **chant** of "Go, team, go!"

arrange

v. to plan, prepare for, and carry out something

synonym : set up, order, organize

(1) **arrange** the meeting, (2) the list was **arranged** alphabetically

I need to **arrange** plans with him for the celebration.

asset

n. something or someone that is useful or valuable quality, skill, etc.; valuable property

synonym :

aid, resource, equity

(1) frozen **assets**, (2) liquid **assets** of the company

A sense of humor is an invaluable **asset** in this job.

distribute

v. to give something to a large number of individuals, or to spread or furnish something

synonym: broadcast, disperse, hand out

(1) **distribute** wealth evenly, (2) **distribute** video content

His estate was **distributed** to his sons.

debt

n. something, especially money, goods, or services owed by one person to another; the state of owing something

synonym: liability, obligation, deficit

(1) **debt** ceiling, (2) corporate **debt**

He became in **debt** after losing his job.

giraffe

n. a tall African mammal with a very long neck and legs, typically with distinctive brownish-yellow fur and dark patches; an animal often found in zoos and wildlife preserves

synonym: gazelle, okapi, camelopard

(1) **giraffe** pattern, (2) **giraffe** exhibit

The **giraffe's** long neck makes reaching leaves high up in the trees easy.

halfway

adj. in or at a point midway or an equal distance between two points

synonym: middle, median, center

(1) **halfway** through my journey, (2) **halfway** decent job

The famous restaurant stands **halfway** up the hill.

spouse

n. a person's husband, wife, or partner in marriage

synonym: partner, mate, wife

(1) **spouse** tax deduction, (2) **spouse** visa

The **spouse** of the politician was a constant presence at campaign events.

domestic

adj. relating to or inside a particular country, not foreign or international

synonym : endemic, private, household

(1) **domestic** airline, (2) a **domestic** animal

GDP stands for gross **domestic** product.

complicated

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

synonym : complex, convoluted, intricate

(1) a **complicated** process, (2) become increasingly **complicated**

He did **complicated** pen-and-ink drawings in just a few days.

sibling

n. a brother or sister; member of a family born to the same parents

synonym : brother, sister, relative

(1) have a **sibling** quarrel, (2) play with my **siblings**

Children often copy their parents or elder **siblings**.

donation

n. a voluntary gift of money, service, or ideas that are given to a person or an organization, or the act of giving them

synonym : contribution, gift, subsidy

(1) make a **donation**, (2) political **donation**

He made a generous **donation** to the charity.

charity

n. an organization that helps people in need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people

synonym : philanthropy, benevolence, generosity

(1) **charity** work, (2) ask **charity**

She volunteers at a local **charity** every weekend to help those in need.

claim

v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true

synonym : assert, declare, maintain

(1) **claim** responsibility, (2) false **claim**

He wants to **claim** ownership of the abandoned property.

willingness

n. the state of being ready or inclined to do something

synonym : readiness, eagerness, enthusiasm

(1) **willingness** to help, (2) indicate a **willingness** to change

Her **willingness** to help others earned her many friends.

progressive

adj. relating to or supporting development or advancement, especially social or political one

synonym : advanced, forward-thinking, modern

(1) **progressive** taxation, (2) **progressive** development

The **progressive** approach to education emphasizes hands-on learning and student-centered classrooms.

lung

n. either of the two organs in the chest that people and some animals use for breathing

(1) **lung** capacity, (2) do **lung** transplantation

He has terminal **lung** cancer.

disease

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

synonym : illness, ailment, affliction

(1) **disease** prevention, (2) **disease** control

The doctor diagnosed him with a rare **disease** that had no known cure.

imminent

adj. coming or likely to happen very soon

synonym : looming, coming, impending

(1) **imminent** danger, (2) **imminent** arrest

This country was long faced with **imminent** peril.

surround

v. to be all around something or somebody

synonym: encircle, encompass, envelop

(1) **surround** a town, (2) a stone wall **surrounds** the palace
On three sides, mountains **surround** the settlement.

choke

v. to prevent or obstruct the normal breathing or swallowing of someone or something

synonym: strangle, suffocate, clog

(1) **choke** with anger, (2) **choke** off the blood supply
The baby started to **choke** on a piece of apple.

gasp

v. to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise

synonym: breathe, pant, heave

(1) **gasp** for air, (2) **gasp** in shock

The audience **gasped** when the magician made the rabbit disappear from the hat.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym: accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

paperwork

n. administrative tasks that involve writing or typing documents

synonym: documentation, filing, office work

(1) **paperwork** process, (2) bureaucratic **paperwork**

The **paperwork** for the loan application was extensive.

resuscitate

v. to make someone or something active or vigorous again;

synonym: reawaken, resurrect, rejuvenate

(1) **resuscitate** economy, (2) **resuscitate** the man drown
He experienced cardiac arrest but was **resuscitated**

yesterday.

upset

adj. causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

synonym : disturbed, bothered, resentful

(1) get **upset**, (2) have an **upset** stomach

He was awfully **upset** by the news.

mum

n. a British term for "mom" or "mother"; (adjective) failing to speak or communicate when expected to do so

synonym : mother, silent, soundless

(1) **mum's** cooking, (2) keep **mum**

My **mum** always knew how to comfort me when I was feeling down.

deteriorate

v. to become worse in quality; to decline or degenerate

synonym : decline, degenerate, regress

(1) **deteriorate** at a slow pace, (2) **deteriorate** condition

The patient's health **deteriorated** rapidly after being diagnosed with the disease.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym : feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

engaging

adj. attracting, pleasant, or charming

synonym : alluring, interesting, engrossing

(1) **engaging** story, (2) an **engaging** smile

She was disbarred for her **engaging** in fraud.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

casual

adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness

synonym : informal, relaxed, offhand

(1) **casual** dress, (2) take a **casual** glance

They had a **casual** conversation over coffee at the local cafe.

introduction

n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market

synonym : initiation, preamble, prologue

(1) **introduction** education, (2) self- **introduction**

The **introduction** to the new class was informative and engaging.

topic

n. a subject that is being discussed or written about

synonym : subject, theme, issue

(1) a serious **topic**, (2) the **topic** of the book

The **topic** of the discussion was the current state of the economy.

insight

n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like

synonym : wisdom, discernment, understanding

(1) a profound **insight**, (2) share my **insights**

We gained various **insights** by analyzing the vast amount of data owned by the company.

disposed

adj. inclined or willing to do something

synonym : prepared, inclined, apt

(1) he is evilly **disposed**, (2) **disposed** of without being eaten

I'm **disposed** to agree with your opinion.

shove

v. to push someone or something in a rough way

synonym: push, jab, elbow

(1) **shove** a person aside, (2) **shove** hamburger into my mouth

He forcibly **shoved** the flyer into my bag.

cliff

n. a steep rock face, especially one at the edge of the sea or a river

synonym: crag, escarpment, precipice

(1) a bold **cliff**, (2) **cliff** diving

He stood at the edge of the **cliff** and looked out to sea.

backyard

n. a whole space behind and belonging to a house

synonym: courtyard, garden

(1) play in the **backyard**, (2) **backyard** barbecue

He grows vegetables in his **backyard**.

burial

n. the act or ceremony of placing a dead body in a grave

synonym: interment, funeral, entombment

(1) **burial** at sea, (2) a round **burial** mound

The **burial** ceremony was a somber reminder of his passing.

cremate

v. to burn a dead body to reduce it to ash, often as part of a funeral or other death-related ritual

synonym: burn, incinerate, immolate

(1) **cremate** a body, (2) **cremate** the remains

They plan to **cremate** their loved ones according to their cultural traditions.

donate

v. to give money, food, clothes, etc. to help a person or organization

synonym: bestow, contribute, grant

(1) **donate** to charity, (2) **donate** blood to the Red Cross
Our company **donates** to the school endowment fund every year.

innovation

n. the creation of a new device or process resulting from study and experimentation

synonym: invention, initiation, creation

(1) **innovation** leader, (2) cutting-edge **innovation**

The vegetarian burger was an **innovation** that quickly spread to the United Kingdom.

corpse

n. the dead body of a human being

synonym: body, remains, cadaver

(1) desiccated **corpse**, (2) the **corpse** of an animal

The police found the **corpse** in the abandoned building.

dispose

v. to put things or people in a particular manner or position; to incline someone towards a specific activity or mood; throw or cast away

synonym: get rid of, arrange, set

(1) **dispose** battleships for a battle, (2) **dispose** of a used product

Generally speaking, the child is innately **disposed** to learn a language.

opt

v. to make a choice from a range of possibilities

synonym: choose, select, pick

(1) **opt** out of society, (2) **opt** for a traditional wedding

I decided to **opt** for premature retirement.

funeral

n. a ceremony or ritual honoring and remembering a deceased person, typically involving the burial or cremation of the body; a gathering or service to mourn the loss of someone who has died

synonym: burial, memorial, ceremony

(1) **funeral** arrangements, (2) **funeral** service

The somber **funeral** procession went through the streets, with mourners walking behind the hearse.

bury

v. to place a dead body in the ground, grave, or tomb

synonym : entomb, sink, forget

(1) **bury** in the earth, (2) **bury** emotion

There is plenty of space to **bury** everyone.

recycle

v. to sort and collect things to process them and produce valuable materials that can be used again

synonym : reclaim, reuse, reprocess

(1) **recycle** the cardboard boxes, (2) **recycle** milk packaging into new paper

We largely **recycle** the circuit board of cell phones because they contain a lot of valuable metals.

cardboard

n. a stiff, thick material made from compressed paper pulp used to make boxes and other packaging materials

synonym : corrugated board, paperboard

(1) **cardboard** box, (2) **cardboard** cutout

I made a **cardboard** box to store my winter clothes in.

wick

n. a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action

synonym : cord, string, taper

(1) cotton **wick**, (2) **wick** moisture

The candle's **wick** burned, signaling it was time to extinguish it.

urn

n. a large, typically rounded container, often made of ceramic, metal, or glass, used for storing the ashes of a cremated person or pet or for decorative purposes

synonym : vase, container, jar

(1) memorial **urn**, (2) **urn** decoration

The athlete's remains were scattered at sea rather than placed in an **urn**.

dissolve

v. to be or cause to be absorbed by a liquid to form a part of the solution; to close down or dismiss

synonym: disband, disappear, liquefy

(1) **dissolve** the sugar, (2) officially **dissolved** the marriage

The political party **dissolved** after much internal fighting.

seasick

adj. feeling ill or nauseous as a result of being on a ship or boat that is moving or rocking back and forth in a rough sea; suffering from motion sickness

synonym: nauseous, seasickness, queasy

(1) avoid getting **seasick**, (2) **seasick** medication

The rough waves made some passengers feel **seasick** during the boat ride.

ash

n. the powdery residue left after the burning of a substance, typically containing minerals and other impurities; the solid remains of a dead person after cremation

synonym: cinder, soot, dust

(1) **ash** tree, (2) soda **ash**

The volcanic **ash** covered the island after the eruption.

fling

v. to throw or push something or someone with force or recklessness, especially because you are angry

synonym: throw, dump, hurl

(1) **fling** a stream of abuse, (2) **fling** a door open forcefully

He was provoked to **fling** the draft on the floor.

swell

v. to become larger or more inflated; to become more intense or important

synonym: expand, increase, inflate

(1) **swell** at room temperature, (2) **swell** a population

His arm was **swelling** from the insect bite.

- plot** *n.* a secret plan or scheme to achieve a specific goal; the plan or main story of a literary work; (verb) to plan secretly, usually something illegal
synonym: scheme, plan, design
(1) **plot** twist, (2) **plot** a revolution
The **plot** of the novel centers around a group of friends who uncover a conspiracy to control the world's water supply.
- invest** *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
synonym: fund, sponsor, support
(1) **invest** in stocks, (2) **invest** capital
The government should view children as national assets and actively **invest** in them.
- property** *n.* a thing or things that belong to someone
synonym: belongings, possessions, equity
(1) a man of **property**, (2) chemical **property**
He stood to inherit a million-dollar **property**.
- deduce** *v.* to arrive at an answer, a conclusion, or a decision by reasoning
synonym: conclude, infer, suppose
(1) **deduce** facts from the evidence, (2) **deduce** the meaning of a word
The researcher **deduced** the momentum of the particles from meteoritic velocities.
- bereavement** *n.* the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
synonym: grief, sorrow, loss
(1) his sad **bereavement**, (2) **bereavement** leave
She was in a state of **bereavement** after her mother passed away.
- guilt** *n.* the fact of having committed something illegal; the negative feelings caused by believing or knowing that

you have done something wrong

synonym : regret, remorse, blame

(1) criminal **guilt**, (2) feeling of **guilt**

Shame and **guilt** have significant social influences.

seminar

n. a group meeting or class for discussion, teaching, or training on a particular subject

synonym : workshop, conference, symposium

(1) business **seminar**, (2) academic **seminar**

I'm attending a leadership **seminar** next week.

palliate

v. to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause

synonym : extenuate, soothe, relieve

(1) **palliate** symptoms, (2) attempts to **palliate**

The charity provided meals and shelter to **palliate** the suffering of the homeless population.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym : result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

grief

n. a very great sadness, especially when somebody dies

synonym : anguish, desperation, dismay

(1) have **grief** and sorrow, (2) a lot of **grief**

Each person has a unique **grief** experience.

flip

v. to turn over into a different position quickly; to throw or toss with a light motion

synonym : throw, jump

(1) **flip** over the pork chop, (2) **flip** a coin

He **flipped** when he heard that he had been accepted into the university.

privilege

n. a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

synonym : benefit, authorization, advantage

(1) a breach of **privilege**, (2) **privilege** of membership

In the Middle Ages, the right to hunt in the wild was the **privilege** of royalty and nobility.

around-the-clock

adj. continuing or occurring throughout the entire day and night without interruption; constant or nonstop

synonym : day-and-night, nonstop, continuous

(1) **around-the-clock** monitoring, (2) **around-the-clock** service

The hospital provides **around-the-clock** care for patients in the intensive care unit.

porridge

n. a hot cereal dish made from boiled grains or legumes, typically oats, rice, or cornmeal, often served with milk or sweeteners

synonym : oatmeal, gruel, mush

(1) oat **porridge**, (2) sweet **porridge**

A bowl of hot **porridge** is a nutritious breakfast option in winter.

shock

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

synonym : amazement, surprise, stunner

(1) death from **shock**, (2) **shock-resistant**

He got an electric **shock** at work.

concentration

n. the ability to focus all your time and energy on one thing without thinking about anything else.

synonym : attention, engagement, assiduity

(1) **concentration** of armaments, (2) his research area of **concentration**

This exam requires excellent **concentration** to pass.

stomach

n. the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach

synonym: belly, abdomen, gut

(1) upset **stomach**, (2) **stomach** virus

I have a **stomach** ache after overeating junk food.

accident

n. an unfortunate event, especially one causing damage or injury

synonym: calamity, casualty, chance

(1) cause an **accident**, (2) injury in a car **accident**

The **accident** partially destroyed my vehicle.

suicide

n. the act of killing yourself intentionally

synonym: self-destruction, self-annihilation, felo-de-se

(1) commit **suicide**, (2) **suicide** attack

In an economically prosperous country, most male **suicide** is due to child support problems.

awkward

adj. making you feel uncomfortable or embarrassed; causing inconvenience or difficulty

synonym: embarrassing, discomfiting, clumsy

(1) an **awkward** expression, (2) an **awkward** date

The **awkward** design of the interface made the operation difficult.

silent

adj. without any or little sound

synonym: quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

suffer

v. to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant

synonym: endure, undergo, tolerate

(1) **suffer** a setback, (2) **suffer** bad grades

The older man **suffers** from arthritis and finds it difficult to move around.

patient

n. a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic

synonym: client, recipient, subject

(1) **patient** in the hospital, (2) **patient** with weight loss

The doctor carefully examined the **patient's** medical history.

lasagna

n. a type of dish consisting of layers of pasta, cheese, meat, or vegetables, typically topped with tomato sauce and baked in an oven; a traditional staple of Italian cuisine

synonym: pasta bake, casserole, baked ziti

(1) **lasagna** recipe, (2) **lasagna** noodles

I always order spinach **lasagna** at my favorite Italian restaurant.

casserole

n. a dish made by cooking food, typically meat, vegetables, and a starch, such as potatoes or pasta, in a deep dish either in the oven or on the stovetop; the dish itself that is used for cooking and serving the dish

synonym: stew, hotpot, gratin

(1) vegetable **casserole**, (2) chicken **casserole**

I will bring a **casserole** dish to the potluck dinner.

greatly

adv. to an extraordinary extent or degree; very much

synonym: enormously, broadly, grandly

(1) **greatly** affect the situation, (2) **greatly** support that player

They **greatly** admired our actions.

appreciate

v. to value and acknowledge the worth of someone or something; to be grateful for something or someone

synonym : acknowledge, admire, enjoy

(1) **appreciate** her feedback, (2) **appreciate** the value

We would **appreciate** an early reply.

gamut

n. the complete range or scope of something; the entire spectrum or extent of a particular quality, emotion, or situation

synonym : range, spectrum, array

(1) musical **gamut**, (2) **gamut** of jobs

The actress's performance ran the **gamut** of emotions, from anger to joy to sorrow.

solemn

adj. formal and dignified, often with an emphasis on religious or ceremonial attitudes or practices; characterized by an earnest sense of importance or gravity; serious or grave in tone or demeanor

synonym : serious, grave, somber

(1) **solemn** vow, (2) **solemn** ceremony

The priest led the **solemn** procession through the church.

orthodox

adj. following or conforming to the traditional, normal, or commonly accepted beliefs, ideas, or activities; of or relating to Judaism; of or relating to the Eastern Orthodox Church

synonym : traditional, conventional, established

(1) an **orthodox** doctrine, (2) **orthodox** thought

He challenged the **orthodox** views on business.

Catholic

adj. universal and including many different types of things; related to or associated with the part of the Christian Church that has the Pope as its leader

(1) **catholic** in his tastes, (2) the **Catholic** Church

Sociologists are now interested in **catholic** world peace.

requiem

n. a musical composition or liturgical celebration honoring the memory of someone who has died; a somber or mournful piece of music or artistic work

synonym : threnody, dirge, funeral song

(1) **requiem** mass, (2) Mozart's **requiem**

The orchestra performed a moving **requiem** for the late conductor.

mass

n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

synonym : abundance, crowd, mob

(1) a **mass** of molten rock, (2) critical **mass**

The **mass** of people who do not own property is politically impotent.

toast

n. slices of bread browned on both sides that have been put near a high heat; a drink in honor of or to the health of a person or even

(1) drink a **toast**, (2) slice of **toast**

We made a **toast** with everyone.

scatter

v. to cause to separate and go in different directions

synonym : disperse, spread, bestrew

(1) **scatter** seeds, (2) **scatter** around the internet

The hunter's approach **scattered** the geese.

ladle

n. a large, long-handled spoon used for serving liquids, particularly soups or stews

synonym : spoon, scoop, dipper

(1) wooden **ladle**, (2) **ladle** gravy

She used a **ladle** to pour soup into the bowls.

vast

adj. enormous in size, number, amount, or quantity

synonym : expansive, extended, boundless

(1) **vast** majority, (2) **vast** desert

A **vast** audience viewed the broadcast.

send-off

n. an event or ceremony that marks the departure or exit of someone or something, often used to celebrate and bid farewell to a person or to wish them well on their journey or new endeavor

synonym: farewell, departure

(1) ceremonial **send-off**, (2) royal **send-off**

The town came out to give a heartfelt **send-off** to the soldiers leaving for deployment.

comfort

n. a state of physical ease and freedom from pain or constraint

synonym: ease, solace, coziness

(1) words of **comfort**, (2) **comfort** level

He found **comfort** in the warm embrace of his loved ones.

zone

n. a specific area, region, or section that is marked off or defined in some way

synonym: area, region, territory

(1) time **zone**, (2) **zone** defense

He was reluctant to leave his comfort **zone** and try something new.

donor

n. a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

synonym: contributor, patron, supporter

(1) a transfusion of **donor** blood, (2) an unnamed **donor**

His body rejected the liver of the **donor**.

champagne

n. a type of sparkling wine produced in the Champagne region of France, or any similar wine produced elsewhere

synonym: sparkling wine, prosecco, cava

(1) **champagne** toast, (2) **champagne** celebration

They opened a bottle of **champagne** to celebrate their success.

laughter

n. the act or sound of laughing

synonym: laugh, chuckle, giggle

(1) **laughter** all around, (2) bring **laughter**

Some doctor says **laughter** is the best medicine.

Session 2: Spelling

- | | |
|-----------------------------------|--|
| 1. co____al swimming pool | <i>adj.</i> belonging to or used by a group rather than individuals; for common use |
| 2. de____ed loved one | <i>adj.</i> no longer alive; dead |
| 3. absolutely fa____ic event | <i>adj.</i> extremely good; excellent |
| 4. at____d service | <i>v.</i> to be present at an event, to go to a place |
| 5. a selfish de____on | <i>n.</i> the act or process of making up someone's mind about something; a choice or judgment reached after considering options |
| 6. ca____r diagnosis | <i>n.</i> abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells |
| 7. cr____e a body | <i>v.</i> to burn a dead body to reduce it to ash, often as part of a funeral or other death-related ritual |
| 8. tr____r a biochemical response | <i>v.</i> to make something happen suddenly; to cause something such as a device, machine, etc. to function |
| 9. fl__g a stream of abuse | <i>v.</i> to throw or push something or someone with force or recklessness, especially because you are angry |
| 10. co____st two things | <i>v.</i> to put in opposition to show or emphasize differences |

ANSWERS: 1. communal, 2. deceased, 3. fantastic, 4. attend, 5. decision, 6. cancer, 7. cremate, 8. trigger, 9. fling, 10. contrast

11. so___n ceremony *adj.* formal and dignified, often with an emphasis on religious or ceremonial attitudes or practices; characterized by an earnest sense of importance or gravity; serious or grave in tone or demeanor
12. b__y emotion *v.* to place a dead body in the ground, grave, or tomb
13. soda a_h *n.* the powdery residue left after the burning of a substance, typically containing minerals and other impurities; the solid remains of a dead person after cremation
14. play in the ba____rd *n.* a whole space behind and belonging to a house
15. in___t in stocks *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
16. con_____ion in English *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.
17. sc____r around the internet *v.* to cause to separate and go in different directions
18. si___t reading *adj.* without any or little sound
19. a volunteer nu__e *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury
20. grand fi____rk display *n.* a device that produces a colorful display of light and sound when it is ignited

ANSWERS: 11. solemn, 12. bury, 13. ash, 14. backyard, 15. invest, 16. conversation, 17. scatter, 18. silent, 19. nurse, 20. firework

21. re_____on sociology *n.* a deep conviction in a supernatural power that controls human destiny
22. he is evilly di_____ed *adj.* inclined or willing to do something
23. gi_____e exhibit *n.* a tall African mammal with a very long neck and legs, typically with distinctive brownish-yellow fur and dark patches; an animal often found in zoos and wildlife preserves
24. chicken ca_____le *n.* a dish made by cooking food, typically meat, vegetables, and a starch, such as potatoes or pasta, in a deep dish either in the oven or on the stovetop; the dish itself that is used for cooking and serving the dish
25. la____h a spaceship into orbit *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
26. script f__t *n.* a complete set of characters in a particular style and size used for printing text or displaying information on a screen
27. ce_____ny hall *n.* a formal event or ritual, often religious or solemn
28. gov_____nt bureaucracy *n.* the group of people with authority to control a country or state
29. ch_____ne toast *n.* a type of sparkling wine produced in the Champagne region of France, or any similar wine produced elsewhere

ANSWERS: 21. religion, 22. disposed, 23. giraffe, 24. casserole, 25. launch, 26. font, 27. ceremony, 28. government, 29. champagne

30. a profound in_____t *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
31. gi____r tea *n.* a plant (*Zingiber officinale*) that is widely cultivated for its aromatic underground stem (rhizome), which is used as a spice, especially in Asian cooking
32. sh__e hamburger into my mouth *v.* to push someone or something in a rough way
33. commit su_____e *n.* the act of killing yourself intentionally
34. take a ca____l glance *adj.* relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
35. u_n decoration *n.* a large, typically rounded container, often made of ceramic, metal, or glass, used for storing the ashes of a cremated person or pet or for decorative purposes
36. a person of di_____e talents *adj.* including numerous categories of individuals or entities; various
37. time z__e *n.* a specific area, region, or section that is marked off or defined in some way
38. abo_____al land *adj.* relating to the people, culture, or history of the original inhabitants of a particular region, especially before the arrival of colonizers or settlers; indigenous
39. de_____e him of his status *v.* to take away something from someone

ANSWERS: 30. insight, 31. ginger, 32. shove, 33. suicide, 34. casual, 35. urn, 36. diverse, 37. zone, 38. aboriginal, 39. deprive

40. c__t members *n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices
41. cl__m responsibility *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
42. the hope of et____l life *adj.* being without beginning or end; lasting forever
43. c__t's practices *n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices
44. upset st____h *n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
45. ind____al freedom *n.* a single person or thing, as distinct from a group
46. ch____ne celebration *n.* a type of sparkling wine produced in the Champagne region of France, or any similar wine produced elsewhere
47. st____ng earthquake shocks *adj.* extremely surprising, astonishing, and sometimes worrying
48. indicate a wil____ss to change *n.* the state of being ready or inclined to do something

ANSWERS: 40. cult, 41. claim, 42. eternal, 43. cult, 44. stomach, 45. individual, 46. champagne, 47. startling, 48. willingness

49. di____s solutions *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
50. attempts to pa____te *v.* to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause
51. I don't care a c__p *n.* a small fragment of something broken off from the whole; a long and thin piece of potato fried in oil or fat
52. sardonic hu__r *n.* the quality of being amusing or funny; the liquid parts of the body
53. res____te the man drown *v.* to make someone or something active or vigorous again;
54. cause an ac____nt *n.* an unfortunate event, especially one causing damage or injury
55. v__t desert *adj.* enormous in size, number, amount, or quantity
56. ba____rd barbecue *n.* a whole space behind and belonging to a house
57. vegetable ca____le *n.* a dish made by cooking food, typically meat, vegetables, and a starch, such as potatoes or pasta, in a deep dish either in the oven or on the stovetop; the dish itself that is used for cooking and serving the dish
58. abo____al art *adj.* relating to the people, culture, or history of the original inhabitants of a particular region, especially before the arrival of colonizers or settlers; indigenous

ANSWERS: 49. discuss, 50. palliate, 51. chip, 52. humor, 53. resuscitate, 54. accident, 55. vast, 56. backyard, 57. casserole, 58. aboriginal

59. a private ind_____al *n.* a single person or thing, as distinct from a group
60. ha_____y decent job *adj.* in or at a point midway or an equal distance between two points
61. the con_____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
62. share my in_____ts *n.* the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
63. wooden la___e *n.* a large, long-handled spoon used for serving liquids, particularly soups or stews
64. o_t out of society *v.* to make a choice from a range of possibilities
65. memorial u_n *n.* a large, typically rounded container, often made of ceramic, metal, or glass, used for storing the ashes of a cremated person or pet or for decorative purposes
66. en_____ng story *adj.* attracting, pleasant, or charming
67. ine_____ve option *adj.* costing little; having a low price
68. ch___e with anger *v.* to prevent or obstruct the normal breathing or swallowing of someone or something
69. cr_____e the remains *v.* to burn a dead body to reduce it to ash, often as part of a funeral or other death-related ritual

ANSWERS: 59. individual, 60. halfway, 61. consequence, 62. insight, 63. ladle, 64. opt, 65. urn, 66. engaging, 67. inexpensive, 68. choke, 69. cremate

70. l__n mower *n.* a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics
71. se____k medication *adj.* feeling ill or nauseous as a result of being on a ship or boat that is moving or rocking back and forth in a rough sea; suffering from motion sickness
72. di____ve the sugar *v.* to be or cause to be absorbed by a liquid to form a part of the solution; to close down or dismiss
73. pr_____ge of membership *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society
74. chemical pr____ty *n.* a thing or things that belong to someone
75. student on a ti__t budget *adj.* fixed, fastened, or kept together firmly or closely
76. so____n vow *adj.* formal and dignified, often with an emphasis on religious or ceremonial attitudes or practices; characterized by an earnest sense of importance or gravity; serious or grave in tone or demeanor
77. det_____te at a slow pace *v.* to become worse in quality; to decline or degenerate
78. em_____al health *adj.* relating to people's feelings
79. cl__f diving *n.* a steep rock face, especially one at the edge of the sea or a river

ANSWERS: 70. lawn, 71. seasick, 72. dissolve, 73. privilege, 74. property, 75. tight, 76. solemn, 77. deteriorate, 78. emotional, 79. cliff

80. bu___t list *n.* an open container with a handle made of metal or plastic, often used for carrying liquids
81. con_____ion of armaments *n.* the ability to focus all your time and energy on one thing without thinking about anything else.
82. pa_____t with weight loss *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
83. ceremonial se_____ff *n.* an event or ceremony that marks the departure or exit of someone or something, often used to celebrate and bid farewell to a person or to wish them well on their journey or new endeavor
84. self-int_____ion *n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
85. cotton w___k *n.* a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action
86. an unnamed do___r *n.* a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

ANSWERS: 80. bucket, 81. concentration, 82. patient, 83. send-off, 84. introduction, 85. wick, 86. donor

87. a c__p of wood *n.* a small fragment of something broken off from the whole; a long and thin piece of potato fried in oil or fat
88. di____e backgrounds *adj.* including numerous categories of individuals or entities; various
89. sta_____cs for cancer *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
90. di____e prevention *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
91. ac____e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
92. n__m of action *n.* something that is regarded as usual, typical, or standard
93. f__p over the pork chop *v.* to turn over into a different position quickly; to throw or toss with a light motion
94. st__t passage *n.* a narrow stretch of water or sea connecting two larger bodies of water or seas
95. p__t twist *n.* a secret plan or scheme to achieve a specific goal; the plan or main story of a literary work; (verb) to plan secretly, usually something illegal
96. wil_____ss to help *n.* the state of being ready or inclined to do something

ANSWERS: 87. chip, 88. diverse, 89. statistics, 90. disease, 91. achieve, 92. norm, 93. flip, 94. strait, 95. plot, 96. willingness

97. res_____le for a customer service *adj.* answerable or accountable for something within one's power, control, or management
98. v__t majority *adj.* enormous in size, number, amount, or quantity
99. ce_____ny location *n.* a formal event or ritual, often religious or solemn
100. re____t being so careless *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
101. sweet po_____ge *n.* a hot cereal dish made from boiled grains or legumes, typically oats, rice, or cornmeal, often served with milk or sweeteners
102. drink a to__t *n.* slices of bread browned on both sides that have been put near a high heat; a drink in honor of or to the health of a person or even
103. co_____st with a decade ago *v.* to put in opposition to show or emphasize differences
104. m_w a yard *v.* to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops
105. industry-sp_____ic regulations *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
106. do_____ic airline *adj.* relating to or inside a particular country, not foreign or international

ANSWERS: 97. responsible, 98. vast, 99. ceremony, 100. regret, 101. porridge, 102. toast, 103. contrast, 104. mow, 105. specific, 106. domestic

107. la___h a big attack *v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
108. have a si____g quarrel *n.* a brother or sister; member of a family born to the same parents
109. an en____ng smile *adj.* attracting, pleasant, or charming
110. gi____e pattern *n.* a tall African mammal with a very long neck and legs, typically with distinctive brownish-yellow fur and dark patches; an animal often found in zoos and wildlife preserves
111. fu____l service *n.* a ceremony or ritual honoring and remembering a deceased person, typically involving the burial or cremation of the body; a gathering or service to mourn the loss of someone who has died
112. pro____ve development *adj.* relating to or supporting development or advancement, especially social or political one
113. business se____r *n.* a group meeting or class for discussion, teaching, or training on a particular subject
114. ce____te his election *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
115. his sad ber____nt *n.* the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something

ANSWERS: 107. launch, 108. sibling, 109. engaging, 110. giraffe, 111. funeral, 112. progressive, 113. seminar, 114. celebrate, 115. bereavement

116. slice of to__t *n.* slices of bread browned on both sides that have been put near a high heat; a drink in honor of or to the health of a person or even
117. ce_____te Christmas *v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity
118. sc_____r seeds *v.* to cause to separate and go in different directions
119. ad_____e a cooperative relationship *v.* to go or move forward; to develop in a positive way
120. gr_____e for loss *v.* to feel or show great sadness or sorrow, especially for someone who has died
121. di_____s options *v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic
122. p__t a revolution *n.* a secret plan or scheme to achieve a specific goal; the plan or main story of a literary work; (verb) to plan secretly, usually something illegal
123. stay phy_____ly fit *adv.* in a way related to a person's body or appearance rather than their mind
124. sh__e a person aside *v.* to push someone or something in a rough way
125. b__g his fist on a desk *v.* to hit or cause to hit something in a way that makes a loud noise
126. la__e gravy *n.* a large, long-handled spoon used for serving liquids, particularly soups or stews

ANSWERS: 116. toast, 117. celebrate, 118. scatter, 119. advance, 120. grieve, 121. discuss, 122. plot, 123. physically, 124. shove, 125. bang, 126. ladle

127. a single su____or
n. a person who remains alive after an event in which others have died
128. fl__g a door open forcefully
v. to throw or push something or someone with force or recklessness, especially because you are angry
129. have an up__t stomach
adj. causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry
130. bo__l ailment
n. the part of the alimentary canal below the stomach; the intestine, especially the lower intestine
131. lush l__n
n. a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics
132. det____te condition
v. to become worse in quality; to decline or degenerate
133. a scientific di____ry
n. the act or process of finding information, a place, or an object, or learning about something that was previously not known
134. ca____rd cutout
n. a stiff, thick material made from compressed paper pulp used to make boxes and other packaging materials
135. pe____ul coexistence
adj. not involving violence, conflict, or war
136. re____e the cardboard boxes
v. to sort and collect things to process them and produce valuable materials that can be used again
137. pr____s improvement
n. a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 127. survivor, 128. fling, 129. upset, 130. bowel, 131. lawn, 132. deteriorate, 133. discovery, 134. cardboard, 135. peaceful, 136. recycle, 137. process

138. co___n lid *n.* a box or container used to bury a dead body; a case or structure resembling a coffin
139. de_____on authority *n.* the act or process of making up someone's mind about something; a choice or judgment reached after considering options
140. ca_____ic in his tastes *adj.* universal and including many different types of things; related to or associated with the part of the Christian Church that has the Pope as its leader
141. aro_____ock service *adj.* continuing or occurring throughout the entire day and night without interruption; constant or nonstop
142. ch__t melodies *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
143. a com_____ed process *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
144. l__g capacity *n.* either of the two organs in the chest that people and some animals use for breathing
145. give si___t consent *adj.* without any or little sound
146. at___d a meeting *v.* to be present at an event, to go to a place
147. bl__s him in my heart *v.* to make or pronounce holy; to hallow; to consecrate; to sanctify

ANSWERS: 138. coffin, 139. decision, 140. Catholic, 141. around-the-clock, 142. chant, 143. complicated, 144. lung, 145. silent, 146. attend, 147. bless

148. ar_____e the meeting *v.* to plan, prepare for, and carry out something
149. dr__n water from the swamp *v.* to empty or dry something by removing the liquid from it
150. ap_____t members *v.* to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place
151. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual
152. royal se_____ff *n.* an event or ceremony that marks the departure or exit of someone or something, often used to celebrate and bid farewell to a person or to wish them well on their journey or new endeavor
153. an or_____ox doctrine *adj.* following or conforming to the traditional, normal, or commonly accepted beliefs, ideas, or activities; of or relating to Judaism; of or relating to the Eastern Orthodox Church
154. ch__t in the chapel *n.* a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation
155. the great di_____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
156. ex_____es next month *v.* to come to the end of the period of validity of a document, authorization, agreement, etc.

ANSWERS: 148. arrange, 149. drain, 150. appoint, 151. consequence, 152. send-off, 153. orthodox, 154. chant, 155. discovery, 156. expire

157. me_____n in a report *v.* to speak or write about something or someone briefly
158. pr_____ol breach *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
159. sw__l at room temperature *v.* to become larger or more inflated; to become more intense or important
160. o_t for a traditional wedding *v.* to make a choice from a range of possibilities
161. avoid getting se_____k *adj.* feeling ill or nauseous as a result of being on a ship or boat that is moving or rocking back and forth in a rough sea; suffering from motion sickness
162. de_____ed relative *adj.* no longer alive; dead
163. sh__k-resistant *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
164. bl__s you *v.* to make or pronounce holy; to hallow; to consecrate; to sanctify
165. official sta_____cs *n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data
166. date su_____le to both groups *adj.* fit or appropriate; proper; adapted
167. a friendly con_____ion *n.* an informal talk between two or more people to exchange their views, ideas, information, etc.

ANSWERS: 157. mention, 158. protocol, 159. swell, 160. opt, 161. seasick, 162. deceased, 163. shock, 164. bless, 165. statistics, 166. suitable, 167. conversation

168. k__n observation *adj.* having or showing quick and eager intelligence or interest
169. a lot of gr__f *n.* a very great sadness, especially when somebody dies
170. di_____e of a used product *v.* to put things or people in a particular manner or position; to incline someone towards a specific activity or mood; throw or cast away
171. make a do_____on *n.* a voluntary gift of money, service, or ideas that are given to a person or an organization, or the act of giving them
172. in____t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
173. sp____e visa *n.* a person's husband, wife, or partner in marriage
174. a bold cl__f *n.* a steep rock face, especially one at the edge of the sea or a river
175. em_____al distress *adj.* relating to people's feelings
176. pho_____ph album *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
177. desiccated co___e *n.* the dead body of a human being
178. decision-making pr_____s *n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products

ANSWERS: 168. keen, 169. grief, 170. dispose, 171. donation, 172. invest, 173. spouse, 174. cliff, 175. emotional, 176. photograph, 177. corpse, 178. process

179. op_____ne occasion *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
180. ber_____nt leave *n.* the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something
181. keep m_m *n.* a British term for "mom" or "mother"; (adjective) failing to speak or communicate when expected to do so
182. the co___e of an animal *n.* the dead body of a human being
183. pro_____ve taxation *adj.* relating to or supporting development or advancement, especially social or political one
184. dr__n excess liquid *v.* to empty or dry something by removing the liquid from it
185. draft a pr_____ol *n.* a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
186. the ex_____ed food sources *adj.* extremely tired
187. a do_____ic animal *adj.* relating to or inside a particular country, not foreign or international
188. a bac_____nd color *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

ANSWERS: 179. opportune, 180. bereavement, 181. mum, 182. corpse, 183. progressive, 184. drain, 185. protocol, 186. exhausted, 187. domestic, 188. background

189. feeling of gu__t	<i>n.</i> the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong
190. words of co_____t	<i>n.</i> a state of physical ease and freedom from pain or constraint
191. blissfully ig_____nt	<i>adj.</i> lacking knowledge or awareness in general; uneducated or unsophisticated; unaware of certain facts or information
192. ch_____y work	<i>n.</i> an organization that helps people in need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people
193. aro_____ock monitoring	<i>adj.</i> continuing or occurring throughout the entire day and night without interruption; constant or nonstop
194. su_____nd a town	<i>v.</i> to be all around something or somebody
195. ensure a smooth tra_____on	<i>n.</i> the process or period of changing from one state or circumstance to another
196. cutting-edge inn_____on	<i>n.</i> the creation of a new device or process resulting from study and experimentation
197. do l__g transplantation	<i>n.</i> either of the two organs in the chest that people and some animals use for breathing
198. st_____ng discovery	<i>adj.</i> extremely surprising, astonishing, and sometimes worrying
199. nontechnical as___ts of the job	<i>n.</i> one part or feature of a situation, problem, subject, etc.

ANSWERS: 189. guilt, 190. comfort, 191. ignorant, 192. charity, 193. around-the-clock, 194. surround, 195. transition, 196. innovation, 197. lung, 198. startling, 199. aspect

200. ex_____ed parents	<i>adj.</i> extremely tired
201. bu___l at sea	<i>n.</i> the act or ceremony of placing a dead body in a grave
202. su___r a setback	<i>v.</i> to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
203. d__t ceiling	<i>n.</i> something, especially money, goods, or services owed by one person to another; the state of owing something
204. or_____ox thought	<i>adj.</i> following or conforming to the traditional, normal, or commonly accepted beliefs, ideas, or activities; of or relating to Judaism; of or relating to the Eastern Orthodox Church
205. de_____e others of profit	<i>v.</i> to take away something from someone
206. z__e defense	<i>n.</i> a specific area, region, or section that is marked off or defined in some way
207. bu___t of golf balls	<i>n.</i> an open container with a handle made of metal or plastic, often used for carrying liquids
208. co_____al combination of funds	<i>adj.</i> belonging to or used by a group rather than individuals; for common use
209. network adm_____tor	<i>n.</i> a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises

ANSWERS: 200. exhausted, 201. burial, 202. suffer, 203. debt, 204. orthodox, 205. deprive, 206. zone, 207. bucket, 208. communal, 209. administrator

210. eu___y speech *n.* a speech or writing in praise of someone who has died, typically given at a funeral or memorial service
211. the su_____e commander *adj.* highest in rank, level, or importance
212. a m__s of molten rock *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together
213. ap_____t the day *v.* to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place
214. f__p a coin *v.* to turn over into a different position quickly; to throw or toss with a light motion
215. an ine_____ve inn *adj.* costing little; having a low price
216. a serious to__c *n.* a subject that is being discussed or written about
217. c__e business activity *n.* the most essential or fundamental part of something
218. fr__k and open discussion *adj.* honest and sincere; open and candid in expression
219. make a fr__k apology *adj.* honest and sincere; open and candid in expression
220. me_____n name *v.* to speak or write about something or someone briefly
221. genteel eu_____sm *n.* a mild or indirect word or expression used in place of one considered to be too harsh or blunt when referring to something unpleasant or embarrassing

ANSWERS: 210. eulogy, 211. supreme, 212. mass, 213. appoint, 214. flip, 215. inexpensive, 216. topic, 217. core, 218. frank, 219. frank, 220. mention, 221. euphemism

222. ac____e milestones *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
223. afraid to show em____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
224. liquid as__ts of the company *n.* something or someone that is useful or valuable quality, skill, etc.; valuable property
225. a stone wall su____nds the palace *v.* to be all around something or somebody
226. gi____r extract *n.* a plant (*Zingiber officinale*) that is widely cultivated for its aromatic underground stem (rhizome), which is used as a spice, especially in Asian cooking
227. la____er all around *n.* the act or sound of laughing
228. death from sh__k *n.* a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant
229. p__d water *n.* a small, shallow lake
230. m_m's cooking *n.* a British term for "mom" or "mother"; (adjective) failing to speak or communicate when expected to do so
231. su____e attack *n.* the act of killing yourself intentionally
232. a criminal bac____nd *n.* the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem

ANSWERS: 222. achieve, 223. emotion, 224. asset, 225. surround, 226. ginger, 227. laughter, 228. shock, 229. pond, 230. mum, 231. suicide, 232. background

233. a eu_____sm for death *n.* a mild or indirect word or expression used in place of one considered to be too harsh or blunt when referring to something unpleasant or embarrassing
234. an op_____ne remark *adj.* suitable or happening at a time that is suitable or convenient for a particular purpose
235. res_____te economy *v.* to make someone or something active or vigorous again;
236. gov_____nt funding *n.* the group of people with authority to control a country or state
237. pa_____te symptoms *v.* to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause
238. the Ca_____ic Church *adj.* universal and including many different types of things; related to or associated with the part of the Christian Church that has the Pope as its leader
239. sp_____ic instructions *adj.* clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
240. dis_____te wealth evenly *v.* to give something to a large number of individuals, or to spread or furnish something
241. w__k moisture *n.* a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action

ANSWERS: 233. euphemism, 234. opportune, 235. resuscitate, 236. government, 237. palliate, 238. Catholic, 239. specific, 240. distribute, 241. wick

242. app_____te the value *v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
243. the to__c of the book *n.* a subject that is being discussed or written about
244. pe_____ul country *adj.* not involving violence, conflict, or war
245. f__t size *n.* a complete set of characters in a particular style and size used for printing text or displaying information on a screen
246. former co_____ue *n.* one of a group of a coworker, especially in a profession or a business
247. im_____nt arrest *adj.* coming or likely to happen very soon
248. a_h tree *n.* the powdery residue left after the burning of a substance, typically containing minerals and other impurities; the solid remains of a dead person after cremation
249. ex_____ed vacation *adj.* longer than usual or anticipated
250. freedom of re_____on *n.* a deep conviction in a supernatural power that controls human destiny
251. lo___e a missing pet *v.* to specify or determine the exact position of someone or something
252. wooden co___n *n.* a box or container used to bury a dead body; a case or structure resembling a coffin
253. his research area of
con_____ion *n.* the ability to focus all your time and energy on one thing without thinking about anything else.

ANSWERS: 242. appreciate, 243. topic, 244. peaceful, 245. font, 246. colleague, 247. imminent, 248. ash, 249. extended, 250. religion, 251. locate, 252. coffin, 253. concentration

254. political do_____on *n.* a voluntary gift of money, service, or ideas that are given to a person or an organization, or the act of giving them
255. school adm_____tor *n.* a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises
256. ca____r research *n.* abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
257. an indomitable sp____t *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people
258. int_____ion education *n.* a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
259. inn_____on leader *n.* the creation of a new device or process resulting from study and experimentation
260. nu__e practitioner *n.* a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

ANSWERS: 254. donation, 255. administrator, 256. cancer, 257. spirit, 258. introduction, 259. innovation, 260. nurse

261. the list was ar____ed alphabetically *v.* to plan, prepare for, and carry out something
262. g__p for air *v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
263. pa____t in the hospital *n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
264. collaborate with co____ues *n.* one of a group of a coworker, especially in a profession or a business
265. di____ed of without being eaten *adj.* inclined or willing to do something
266. do___e blood to the Red Cross *v.* to give money, food, clothes, etc. to help a person or organization
267. ga__t of jobs *n.* the complete range or scope of something; the entire spectrum or extent of a particular quality, emotion, or situation
268. a round bu___l mound *n.* the act or ceremony of placing a dead body in a grave
269. bring la____er *n.* the act or sound of laughing
270. he____ne design *n.* a marker or monument placed at the head of a grave or burial site, typically inscribed with the name and dates of the person buried there
271. re___t a decision *v.* to feel sad, repentant, or disappointed over something you have done or something you have not been able to do

ANSWERS: 261. arrange, 262. gasp, 263. patient, 264. colleague, 265. disposed, 266. donate, 267. gamut, 268. burial, 269. laughter, 270. headstone, 271. regret

272. la_____a noodles *n.* a type of dish consisting of layers of pasta, cheese, meat, or vegetables, typically topped with tomato sauce and baked in an oven; a traditional staple of Italian cuisine
273. injury in a car ac_____nt *n.* an unfortunate event, especially one causing damage or injury
274. re_____m mass *n.* a musical composition or liturgical celebration honoring the memory of someone who has died; a somber or mournful piece of music or artistic work
275. cultural n__m *n.* something that is regarded as usual, typical, or standard
276. fu_____l arrangements *n.* a ceremony or ritual honoring and remembering a deceased person, typically involving the burial or cremation of the body; a gathering or service to mourn the loss of someone who has died
277. gr_____y affect the situation *adv.* to an extraordinary extent or degree; very much
278. play with my si_____gs *n.* a brother or sister; member of a family born to the same parents
279. de___t from the faith *v.* to go away or leave, especially to start a journey
280. a breach of pr_____ge *n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

ANSWERS: 272. lasagna, 273. accident, 274. requiem, 275. norm, 276. funeral, 277. greatly, 278. sibling, 279. depart, 280. privilege

281. deliver eu___y *n.* a speech or writing in praise of someone who has died, typically given at a funeral or memorial service
282. su_____le amount *adj.* fit or appropriate; proper; adapted
283. et_____l quarreling *adj.* being without beginning or end; lasting forever
284. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
285. do___e to charity *v.* to give money, food, clothes, etc. to help a person or organization
286. g__p in shock *v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
287. an aw_____d date *adj.* making you feel uncomfortable or embarrassed; causing inconvenience or difficulty
288. lo___e a tumor *v.* to specify or determine the exact position of someone or something
289. inv_____on of foreign investment *n.* a spoken or written request to participate or be present or take part in something
290. ig_____nt remark *adj.* lacking knowledge or awareness in general; uneducated or unsophisticated; unaware of certain facts or information
291. Mozart's re_____m *n.* a musical composition or liturgical celebration honoring the memory of someone who has died; a somber or mournful piece of music or artistic work

ANSWERS: 281. eulogy, 282. suitable, 283. eternal, 284. suddenly, 285. donate, 286. gasp, 287. awkward, 288. locate, 289. invitation, 290. ignorant, 291. requiem

292. sw__l a population *v.* to become larger or more inflated; to become more intense or important
293. st___t channel *n.* a narrow stretch of water or sea connecting two larger bodies of water or seas
294. bureaucratic pa_____rk *n.* administrative tasks that involve writing or typing documents
295. app_____te her feedback *v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone
296. pho_____ph memories *n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film
297. sp___e tax deduction *n.* a person's husband, wife, or partner in marriage
298. de___e the meaning of a word *v.* to arrive at an answer, a conclusion, or a decision by reasoning
299. gain pr_____al experience *adj.* of or connected with actual use or real situation rather than with theory and ideas
300. ca_____rd box *n.* a stiff, thick material made from compressed paper pulp used to make boxes and other packaging materials
301. b__g a phone down *v.* to hit or cause to hit something in a way that makes a loud noise
302. die su_____ly *adv.* quickly and unexpectedly

ANSWERS: 292. swell, 293. strait, 294. paperwork, 295. appreciate, 296. photograph, 297. spouse, 298. deduce, 299. practical, 300. cardboard, 301. bang, 302. suddenly

303. an aw____d expression *adj.* making you feel uncomfortable or embarrassed; causing inconvenience or difficulty
304. the c__e of an apple *n.* the most essential or fundamental part of something
305. pr____al English *adj.* of or connected with actual use or real situation rather than with theory and ideas
306. musical ga__t *n.* the complete range or scope of something; the entire spectrum or extent of a particular quality, emotion, or situation
307. fi____rk discharge *n.* a device that produces a colorful display of light and sound when it is ignited
308. la____a recipe *n.* a type of dish consisting of layers of pasta, cheese, meat, or vegetables, typically topped with tomato sauce and baked in an oven; a traditional staple of Italian cuisine
309. become increasingly com____ed *adj.* involving a lot of different things or parts in a way that is difficult to understand or analyze
310. ex____ed payment *adj.* longer than usual or anticipated
311. co____t level *n.* a state of physical ease and freedom from pain or constraint
312. critical m__s *n.* a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

ANSWERS: 303. awkward, 304. core, 305. practical, 306. gamut, 307. firework, 308. lasagna, 309. complicated, 310. extended, 311. comfort, 312. mass

313. arrive and de___t on time *v.* to go away or leave, especially to start a journey
314. re_____e milk packaging into new paper *v.* to sort and collect things to process them and produce valuable materials that can be used again
315. di_____e control *n.* a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems
316. gr___e at the sad news *v.* to feel or show great sadness or sorrow, especially for someone who has died
317. ack_____ge his help *v.* to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;
318. whole-bo__l irrigation *n.* the part of the alimentary canal below the stomach; the intestine, especially the lower intestine
319. a garden p__d *n.* a small, shallow lake
320. oat po_____ge *n.* a hot cereal dish made from boiled grains or legumes, typically oats, rice, or cornmeal, often served with milk or sweeteners
321. officially di_____ved the marriage *v.* to be or cause to be absorbed by a liquid to form a part of the solution; to close down or dismiss
322. ask ch_____y *n.* an organization that helps people in need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people

ANSWERS: 313. depart, 314. recycle, 315. disease, 316. grieve, 317. acknowledge, 318. bowel, 319. pond, 320. porridge, 321. dissolve, 322. charity

323. k__t a pair of socks *v.* to make a garment or fabric by interlocking loops of yarn with needles or a machine
324. m_w the field *v.* to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops
325. corporate d__t *n.* something, especially money, goods, or services owed by one person to another; the state of owing something
326. get up__t *adj.* causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry
327. have gr__f and sorrow *n.* a very great sadness, especially when somebody dies
328. it will ex___e *v.* to come to the end of the period of validity of a document, authorization, agreement, etc.
329. a ti__t game *adj.* fixed, fastened, or kept together firmly or closely
330. dis_____te video content *v.* to give something to a large number of individuals, or to spread or furnish something
331. sp__t and the letter of the law *n.* the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

ANSWERS: 323. knit, 324. mow, 325. debt, 326. upset, 327. grief, 328. expire, 329. tight, 330. distribute, 331. spirit

332. academic se_____r *n.* a group meeting or class for discussion, teaching, or training on a particular subject
333. v__y directly with the price *v.* to become different in terms of size, shape, etc.
334. justice of the su_____e court *adj.* highest in rank, level, or importance
335. pa_____rk process *n.* administrative tasks that involve writing or typing documents
336. tra_____on phase *n.* the process or period of changing from one state or circumstance to another
337. de___e facts from the evidence *v.* to arrive at an answer, a conclusion, or a decision by reasoning
338. ad_____e the technology *v.* to go or move forward; to develop in a positive way
339. tr_____r inflation *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
340. ch__e off the blood supply *v.* to prevent or obstruct the normal breathing or swallowing of someone or something
341. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
342. res_____le action *adj.* answerable or accountable for something within one's power, control, or management
343. a man of pr_____ty *n.* a thing or things that belong to someone
344. as___ts of social, political, and economic life *n.* one part or feature of a situation, problem, subject, etc.

ANSWERS: 332. seminar, 333. vary, 334. supreme, 335. paperwork, 336. transition, 337. deduce, 338. advance, 339. trigger, 340. choke, 341. amazing, 342. responsible, 343. property, 344. aspect

345. am____g advances *adj.* extremely surprising, especially in a way that you like or admire
346. phy_____ly and mentally *adv.* in a way related to a person's body or appearance rather than their mind
347. a letter of inv_____on *n.* a spoken or written request to participate or be present or take part in something
348. gr_____y support that player *adv.* to an extraordinary extent or degree; very much
349. k__n interest *adj.* having or showing quick and eager intelligence or interest
350. su____r bad grades *v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
351. di_____e battleships for a battle *v.* to put things or people in a particular manner or position; to incline someone towards a specific activity or mood; throw or cast away
352. control my em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
353. st_____h virus *n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach
354. a transfusion of do__r blood *n.* a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

ANSWERS: 345. amazing, 346. physically, 347. invitation, 348. greatly, 349. keen, 350. suffer, 351. dispose, 352. emotion, 353. stomach, 354. donor

355. criminal gu__t *n.* the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong
356. ca___l dress *adj.* relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
357. vitreous hu__r *n.* the quality of being amusing or funny; the liquid parts of the body
358. a fa_____ic dress *adj.* extremely good; excellent
359. he_____ne inscription *n.* a marker or monument placed at the head of a grave or burial site, typically inscribed with the name and dates of the person buried there
360. ha_____y through my journey *adj.* in or at a point midway or an equal distance between two points
361. false cl__m *v.* to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
362. ack_____ge the deed *v.* to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;
363. ovarian cancer su_____or *n.* a person who remains alive after an event in which others have died

ANSWERS: 355. guilt, 356. casual, 357. humor, 358. fantastic, 359. headstone, 360. halfway, 361. claim, 362. acknowledge, 363. survivor

364. v__y according to the age v. to become different in terms of size, shape, etc.
365. b__y in the earth v. to place a dead body in the ground, grave, or tomb
366. im_____nt danger *adj.* coming or likely to happen very soon
367. frozen as__ts *n.* something or someone that is useful or valuable quality, skill, etc.; valuable property
368. k__t my eyebrows v. to make a garment or fabric by interlocking loops of yarn with needles or a machine

ANSWERS: 364. vary, 365. bury, 366. imminent, 367. asset, 368. knit

Session 3: Fill in the Blanks

1. The grandmother _____ a warm sweater for her grandchild.
v. to make a garment or fabric by interlocking loops of yarn with needles or a machine
2. The ship navigated through the _____ with great care.
n. a narrow stretch of water or sea connecting two larger bodies of water or seas
3. The rough waves made some passengers feel _____ during the boat ride.
adj. feeling ill or nauseous as a result of being on a ship or boat that is moving or rocking back and forth in a rough sea; suffering from motion sickness
4. We gained various _____ by analyzing the vast amount of data owned by the company.
n. the ability to gain an accurate and deep understanding of people or situations; an accurate and deep understanding of what something is like
5. The politician remained _____ despite intense media scrutiny.
adj. without any or little sound
6. The robot can accurately _____ construction material.
v. to specify or determine the exact position of someone or something
7. She filled a _____ with water and carried it back to the house.
n. an open container with a handle made of metal or plastic, often used for carrying liquids
8. My _____ always knew how to comfort me when I was feeling down.
n. a British term for "mom" or "mother"; (adjective) failing to speak or communicate when expected to do so

ANSWERS: 1. knit, 2. strait, 3. seasick, 4. insights, 5. silent, 6. locate, 7. bucket, 8. mum

9. The priest prayed over the _____ before it was lowered into the ground.
n. a box or container used to bury a dead body; a case or structure resembling a coffin
10. He has terminal _____ cancer.
n. either of the two organs in the chest that people and some animals use for breathing
11. New York is a city with a _____ ethnic population.
adj. including numerous categories of individuals or entities; various
12. He was _____ to learn more about the subject and attended every lecture.
adj. having or showing quick and eager intelligence or interest
13. This country was long faced with _____ peril.
adj. coming or likely to happen very soon
14. The _____ of the politician was a constant presence at campaign events.
n. a person's husband, wife, or partner in marriage
15. The hospital provides _____ care for patients in the intensive care unit.
adj. continuing or occurring throughout the entire day and night without interruption; constant or nonstop
16. The wedding _____ was a beautiful and emotional event.
n. a formal event or ritual, often religious or solemn
17. Her concept is highly _____ and helpful.
adj. of or connected with actual use or real situation rather than with theory and ideas

ANSWERS: 9. coffin, 10. lung, 11. diverse, 12. keen, 13. imminent, 14. spouse, 15. around-the-clock, 16. ceremony, 17. practical

18. They _____ admired our actions.

adv. to an extraordinary extent or degree; very much

19. The dress was _____ for the formal occasion.

adj. fit or appropriate; proper; adapted

20. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

21. Each person has a unique _____ experience.

n. a very great sadness, especially when somebody dies

22. Your _____ reflects your thoughts.

n. an informal talk between two or more people to exchange their views, ideas, information, etc.

23. Many _____ cultures have deep spiritual connections to the land and its natural resources.

adj. relating to the people, culture, or history of the original inhabitants of a particular region, especially before the arrival of colonizers or settlers; indigenous

24. She was struggling to make a _____ between two job offers.

n. the act or process of making up someone's mind about something; a choice or judgment reached after considering options

25. I'm attending a leadership _____ next week.

n. a group meeting or class for discussion, teaching, or training on a particular subject

ANSWERS: 18. greatly, 19. suitable, 20. amazing, 21. grief, 22. conversation, 23. aboriginal, 24. decision, 25. seminar

26. _____ elections were held in several European countries.
adj. belonging to or used by a group rather than individuals; for common use
27. A bowl of hot _____ is a nutritious breakfast option in winter.
n. a hot cereal dish made from boiled grains or legumes, typically oats, rice, or cornmeal, often served with milk or sweeteners
28. My father tried to _____ mathematics into my head since childhood.
v. to hit or cause to hit something in a way that makes a loud noise
29. She used a _____ to pour soup into the bowls.
n. a large, long-handled spoon used for serving liquids, particularly soups or stews
30. The company's hiring criteria emphasize personality, not a person's _____.
n. the details of a person's social heritage, such as family, vocational or educational experience; past information that is essential to understanding a situation or problem
31. Breast _____ is the most common type of cancer in women.
n. abnormal growth of cells that can invade and destroy surrounding tissues and organs; a disease characterized by the uncontrolled growth and spread of abnormal cells
32. He never _____ his fault.
v. to accept or admit the existence, reality, or truth of something; to accept that someone or something has a particular authority or quality; to express obligation, thanks, or gratitude for someone's help, commitment, etc.;

ANSWERS: 26. Communal, 27. porridge, 28. bang, 29. ladle, 30. background, 31. cancer, 32. acknowledged

33. He stood at the edge of the _____ and looked out to sea.

n. a steep rock face, especially one at the edge of the sea or a river

34. Plutonium has limited _____ applications.

adj. not involving violence, conflict, or war

35. The court _____ a guardian for the child.

v. to give someone a job or role, especially as a public official or member of an organization; to arrange or decide on a time or a place

36. The _____ for the loan application was extensive.

n. administrative tasks that involve writing or typing documents

37. He was _____ of his freedom when sentenced to life in prison.

v. to take away something from someone

38. His body rejected the liver of the _____.

n. a person or an organization that makes a gift of money, food, supplies, etc. to a cause or fund; in medicine, a person who gives blood or tissue or an organ to be used in another person

39. A sense of humor is an invaluable _____ in this job.

n. something or someone that is useful or valuable quality, skill, etc.; valuable property

40. The doctor diagnosed him with a rare _____ that had no known cure.

n. a disorder or illness that affects the body or mind, often characterized by specific symptoms or abnormal functioning of organs or systems

ANSWERS: 33. cliff, 34. peaceful, 35. appointed, 36. paperwork, 37. deprived, 38. donor, 39. asset, 40. disease

41. The pastor's _____ touched everyone's heart and brought many to tears.
n. a speech or writing in praise of someone who has died, typically given at a funeral or memorial service
42. He found _____ in the warm embrace of his loved ones.
n. a state of physical ease and freedom from pain or constraint
43. He wants to _____ ownership of the abandoned property.
v. to assert that something is true; to demand or request something as one's own; to lay legal or moral right to something; (noun) a demand or assertion of a right or something that one believes to be true
44. The shipwreck _____ was rescued after floating in the ocean for three days.
n. a person who remains alive after an event in which others have died
45. I _____ to say that you did not gain admission to the university.
v. to feel sad, repentant, or disappointed over something you have done or something you have not been able to do
46. The freshwater _____ was home to many different types of fish and was a popular spot for fishing.
n. a small, shallow lake
47. I'm _____ to agree with your opinion.
adj. inclined or willing to do something
48. The restaurant offered delicious food at an _____ price.
adj. costing little; having a low price

ANSWERS: 41. eulogy, 42. comfort, 43. claim, 44. survivor, 45. regret, 46. pond, 47. disposed, 48. inexpensive

49. These economic activities had disastrous environmental _____.
- n.* the outcome of a particular action or event, especially relative to an individual
50. The somber _____ procession went through the streets, with mourners walking behind the hearse.
- n.* a ceremony or ritual honoring and remembering a deceased person, typically involving the burial or cremation of the body; a gathering or service to mourn the loss of someone who has died
51. We _____ before the temperature fell below zero.
- v.* to go away or leave, especially to start a journey
52. The doctor carefully examined the _____ medical history.
- n.* a person who is receiving medical treatment, care, or attention from a healthcare professional, such as a doctor, nurse, or therapist; a personal quality or characteristic
53. Scientific knowledge will _____ significantly with the power of AI.
- v.* to go or move forward; to develop in a positive way
54. The _____ person's family was notified of their passing.
- adj.* no longer alive; dead
55. The company is set to _____ its new product line next month.
- v.* to send or propel something into the air or space using a device such as a rocket, missile, or spacecraft; to make something available or on sale for the first time
56. He describes the story with _____ reality.
- adj.* extremely surprising, astonishing, and sometimes worrying

ANSWERS: 49. consequences, 50. funeral, 51. departed, 52. patient's, 53. advance, 54. deceased, 55. launch, 56. startling

57. They opened a bottle of _____ to celebrate their success.
- n.* a type of sparkling wine produced in the Champagne region of France, or any similar wine produced elsewhere
58. The older man _____ from arthritis and finds it difficult to move around.
- v.* to experience pain, distress, or hardship; to undergo or endure something painful or unpleasant
59. The _____ for applying for a visa can be lengthy and complicated.
- n.* a series of actions or operations performed to achieve a particular outcome or goal; a systematic procedure or approach used to accomplish a specific task or objective; a method of treating milk to make it suitable for consumption or use in other dairy products
60. He challenged the _____ views on business.
- adj.* following or conforming to the traditional, normal, or commonly accepted beliefs, ideas, or activities; of or relating to Judaism; of or relating to the Eastern Orthodox Church
61. She volunteers at a local _____ every weekend to help those in need.
- n.* an organization that helps people in need, especially by providing food, shelter, or money; a kindly and sympathetic attitude toward people
62. Human _____ responses vary widely depending on the society to which they belong.
- adj.* relating to people's feelings
63. In the Middle Ages, the right to hunt in the wild was the _____ of royalty and nobility.
- n.* a special right or advantage that only one person or group of people has, usually because they are rich and powerful in a society

ANSWERS: 57. champagne, 58. suffers, 59. process, 60. orthodox, 61. charity, 62. emotional, 63. privilege

64. We largely _____ the circuit board of cell phones because they contain a lot of valuable metals.
- v. to sort and collect things to process them and produce valuable materials that can be used again
65. The baby started to _____ on a piece of apple.
- v. to prevent or obstruct the normal breathing or swallowing of someone or something
66. His estate was _____ to his sons.
- v. to give something to a large number of individuals, or to spread or furnish something
67. The university's _____ announced new policies regarding campus safety.
- n. a person or organization responsible for managing and directing the affairs of a business, institution, government agency, or other organization; someone who administers, regulates, or supervises
68. My wife seems to be in ill _____.
- n. the quality of being amusing or funny; the liquid parts of the body
69. The researcher _____ the momentum of the particles from meteoritic velocities.
- v. to arrive at an answer, a conclusion, or a decision by reasoning
70. The _____ design of the interface made the operation difficult.
- adj. making you feel uncomfortable or embarrassed; causing inconvenience or difficulty

ANSWERS: 64. recycle, 65. choke, 66. distributed, 67. administrator, 68. humor, 69. deduced, 70. awkward

71. Her _____ to help others earned her many friends.
n. the state of being ready or inclined to do something
72. The athlete's remains were scattered at sea rather than placed in an _____.
n. a large, typically rounded container, often made of ceramic, metal, or glass, used for storing the ashes of a cremated person or pet or for decorative purposes
73. The candle's _____ burned, signaling it was time to extinguish it.
n. a narrow strip of material, such as cotton or fiberglass, that is used to draw up oil, wax, or other fluid that is burned in a lamp, candle, or other flame-producing devices; (verb) to absorb or draw up liquid by capillary action
74. Some _____ are common across cultures and backgrounds.
n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
75. The _____ approach to education emphasizes hands-on learning and student-centered classrooms.
adj. relating to or supporting development or advancement, especially social or political one
76. I will bring a _____ dish to the potluck dinner.
n. a dish made by cooking food, typically meat, vegetables, and a starch, such as potatoes or pasta, in a deep dish either in the oven or on the stovetop; the dish itself that is used for cooking and serving the dish
77. I _____ to him that I had seen his sister at the grocery store earlier that day.
v. to speak or write about something or someone briefly

ANSWERS: 71. willingness, 72. urn, 73. wick, 74. emotions, 75. progressive, 76. casserole, 77. mentioned

78. His arm was _____ from the insect bite.

- v.* to become larger or more inflated; to become more intense or important

79. I need to _____ plans with him for the celebration.

- v.* to plan, prepare for, and carry out something

80. The priest led the _____ procession through the church.

- adj.* formal and dignified, often with an emphasis on religious or ceremonial attitudes or practices; characterized by an earnest sense of importance or gravity; serious or grave in tone or demeanor

81. The government should view children as national assets and actively _____ in them.

- v.* to put money, effort, time, etc. into something to make a profit or achieve a result

82. We need to _____ the next steps for the project during our meeting tomorrow.

- v.* to talk about or examine in detail through conversation or debate; to exchange ideas, opinions, or information on a particular topic

83. Their _____ strictly prohibits them from drinking or gambling.

- n.* a deep conviction in a supernatural power that controls human destiny

84. The family gathered at the cemetery to place flowers on their loved one's _____.

- n.* a marker or monument placed at the head of a grave or burial site, typically inscribed with the name and dates of the person buried there

85. The _____ pleasure of life is the conviction that we are loved.

- adj.* highest in rank, level, or importance

ANSWERS: 78. swelling, 79. arrange, 80. solemn, 81. invest, 82. discuss, 83. religion, 84. headstone, 85. supreme

86. His professional experience includes all _____ of media production.
n. one part or feature of a situation, problem, subject, etc.
87. The political party _____ after much internal fighting.
v. to be or cause to be absorbed by a liquid to form a part of the solution; to close down or dismiss
88. The scientist conducted a study that provided _____ details about the species' behavior.
adj. clearly defined or particular to a certain thing or situation; distinct, explicit, and precise
89. The _____ to the new class was informative and engaging.
n. a preliminary explanation or remarks given before the start of a text, performance, or event; the act of bringing something new into existence or introducing something to a wider audience or new market
90. They had a _____ conversation over coffee at the local cafe.
adj. relaxed and informal in manner or dress, not planned or expected; not involving commitment or seriousness
91. Who answers _____ knows little.
adv. quickly and unexpectedly
92. The national election was held amid _____ security.
adj. fixed, fastened, or kept together firmly or closely
93. The police found the _____ in the abandoned building.
n. the dead body of a human being

ANSWERS: 86. aspects, 87. dissolved, 88. specific, 89. introduction, 90. casual, 91. suddenly, 92. tight, 93. corpse

94. He forcibly _____ the flyer into my bag.

v. to push someone or something in a rough way

95. The company used the _____ "downsizing" to describe the layoffs of hundreds of employees.

n. a mild or indirect word or expression used in place of one considered to be too harsh or blunt when referring to something unpleasant or embarrassing

96. The orchestra performed a moving _____ for the late conductor.

n. a musical composition or liturgical celebration honoring the memory of someone who has died; a somber or mournful piece of music or artistic work

97. The _____ partially destroyed my vehicle.

n. an unfortunate event, especially one causing damage or injury

98. A _____ audience viewed the broadcast.

adj. enormous in size, number, amount, or quantity

99. He got an electric _____ at work.

n. a strong feeling or physical reaction to a sudden and unexpected event or experience, especially something unpleasant

100. The family enjoyed a picnic on the _____ in the park.

n. a stretch of ground covered with grass, typically attached to a house, and often used for recreation or aesthetics

101. The priest _____ the couple as they knelt before him.

v. to make or pronounce holy; to hallow; to consecrate; to sanctify

ANSWERS: 94. shoved, 95. euphemism, 96. requiem, 97. accident, 98. vast, 99. shock, 100. lawn, 101. blessed

102. The audience _____ when the magician made the rabbit disappear from the hat.
- v.* to inhale sharply and audibly, often in response to strong emotion or sensation; to catch one's breath suddenly, often due to shock or surprise
103. He grows vegetables in his _____.
- n.* a whole space behind and belonging to a house
104. The _____ of the discussion was the current state of the economy.
- n.* a subject that is being discussed or written about
105. Her research team made an important _____.
- n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
106. He made a generous _____ to the charity.
- n.* a voluntary gift of money, service, or ideas that are given to a person or an organization, or the act of giving them
107. I changed the _____ on my resume to make it more visually appealing.
- n.* a complete set of characters in a particular style and size used for printing text or displaying information on a screen
108. I will be very happy to accept your _____.
- n.* a spoken or written request to participate or be present or take part in something
109. I have a _____ ache after overeating junk food.
- n.* the internal organ in the body where food is digested, situated in the abdomen; the part of the body below the chest that contains the stomach

ANSWERS: 102. gasped, 103. backyard, 104. topic, 105. discovery, 106. donation, 107. font, 108. invitation, 109. stomach

110. He was _____ of the fact that the meeting had been moved to a different location.
adj. lacking knowledge or awareness in general; uneducated or unsophisticated; unaware of certain facts or information
111. Having a _____ healthy physique is essential for a great life.
adv. in a way related to a person's body or appearance rather than their mind
112. The federal _____ is planning to increase taxes for the next fiscal year.
n. the group of people with authority to control a country or state
113. He _____ when he heard that he had been accepted into the university.
v. to turn over into a different position quickly; to throw or toss with a light motion
114. I always order spinach _____ at my favorite Italian restaurant.
n. a type of dish consisting of layers of pasta, cheese, meat, or vegetables, typically topped with tomato sauce and baked in an oven; a traditional staple of Italian cuisine
115. It's intriguing to compare and _____ the two authors.
v. to put in opposition to show or emphasize differences
116. The actress's performance ran the _____ of emotions, from anger to joy to sorrow.
n. the complete range or scope of something; the entire spectrum or extent of a particular quality, emotion, or situation
117. Push the button and let the water _____ away.
v. to empty or dry something by removing the liquid from it

ANSWERS: 110. ignorant, 111. physically, 112. government, 113. flipped, 114. lasagna, 115. contrast, 116. gamut, 117. drain

118. He had surgery to remove a portion of his small _____.

- n.* the part of the alimentary canal below the stomach; the intestine, especially the lower intestine

119. She was disbarred for her _____ in fraud.

- adj.* attracting, pleasant, or charming

120. I found an old _____ of my grandparents from their wedding day.

- n.* a picture or image that is produced by a camera; a visual representation or record of a person, object, or scene that has been captured electronically or on film

121. Maximum heart rates _____ a lot for each individual.

- v.* to become different in terms of size, shape, etc.

122. There is plenty of space to _____ everyone.

- v.* to place a dead body in the ground, grave, or tomb

123. I made a _____ box to store my winter clothes in.

- n.* a stiff, thick material made from compressed paper pulp used to make boxes and other packaging materials

124. The _____ demonstrate that poverty and unemployment are genuine problems.

- n.* the discipline that concerns the collection, organization, analysis, interpretation, and presentation of data

125. The _____ of the novel centers around a group of friends who uncover a conspiracy to control the world's water supply.

- n.* a secret plan or scheme to achieve a specific goal; the plan or main story of a literary work; (verb) to plan secretly, usually something illegal

ANSWERS: 118. bowel, 119. engaging, 120. photograph, 121. vary, 122. bury, 123. cardboard, 124. statistics, 125. plot

126. We would _____ an early reply.

- v.* to value and acknowledge the worth of someone or something; to be grateful for something or someone

127. I decided to ____ for premature retirement.

- v.* to make a choice from a range of possibilities

128. The new amusement park ride was _____ with twists, turns, and drops that left riders screaming with excitement.

- adj.* extremely good; excellent

129. Full involvement means _____ and prompt responses.

- adj.* honest and sincere; open and candid in expression

130. The phone rang at the most _____ time.

- adj.* suitable or happening at a time that is suitable or convenient for a particular purpose

131. I added fresh _____ to the stir-fry to add a little extra zing.

- n.* a plant (*Zingiber officinale*) that is widely cultivated for its aromatic underground stem (rhizome), which is used as a spice, especially in Asian cooking

132. He stood to inherit a million-dollar _____.

- n.* a thing or things that belong to someone

133. The famous restaurant stands _____ up the hill.

- adj.* in or at a point midway or an equal distance between two points

134. This exam requires excellent _____ to pass.

- n.* the ability to focus all your time and energy on one thing without thinking about anything else.

ANSWERS: 126. appreciate, 127. opt, 128. fantastic, 129. frank, 130. opportune, 131. ginger, 132. property, 133. halfway, 134. concentration

135. The children were excited to see the _____ show.

n. a device that produces a colorful display of light and sound when it is ignited

136. She's a _____ pet owner who ensures her dog gets enough exercise and a healthy diet.

adj. answerable or accountable for something within one's power, control, or management

137. I forgot to renew my driver's license, and it _____.

v. to come to the end of the period of validity of a document, authorization, agreement, etc.

138. My father likes to ___ the lawn early on Saturday mornings.

v. to cut down and trim grass or other vegetation, usually with a machine such as a lawnmower; to cut down or harvest crops

139. As an _____ he had the right to make his own decisions and live his life as he saw fit.

n. a single person or thing, as distinct from a group

140. The volcanic ___ covered the island after the eruption.

n. the powdery residue left after the burning of a substance, typically containing minerals and other impurities; the solid remains of a dead person after cremation

141. GDP stands for gross _____ product.

adj. relating to or inside a particular country, not foreign or international

142. These gas nebulas are merely newborn galactic _____.

n. the most essential or fundamental part of something

ANSWERS: 135. firework, 136. responsible, 137. expired, 138. mow, 139. individual, 140. ash, 141. domestic, 142. cores

143. The _____ airport runways may accommodate larger jets.

adj. longer than usual or anticipated

144. The soccer game crowd broke into a _____ of "Go, team, go!"

n. a simple melody or tune, typically one that is repeated or sung in a monotonous way; (verb) recite with musical intonation

145. Despite their tragic loss, the family is showing great _____.

n. the part of a person which is the seat of their mind, feelings, and character rather than their physical body; the general atmosphere of a place or situation and the effect that it has on people

146. The _____ ceremony was a somber reminder of his passing.

n. the act or ceremony of placing a dead body in a grave

147. I will work hard to _____ my goals and realize my dreams.

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

148. The patient's health _____ rapidly after being diagnosed with the disease.

v. to become worse in quality; to decline or degenerate

149. She was in a state of _____ after her mother passed away.

n. the state of having lost a relative or close friend; grief or sadness caused by the loss of someone or something

150. He was provoked to _____ the draft on the floor.

v. to throw or push something or someone with force or recklessness, especially because you are angry

ANSWERS: 143. extended, 144. chant, 145. spirit, 146. burial, 147. achieve, 148. deteriorated, 149. bereavement, 150. fling

151. He _____ the 10th anniversary of his tenure.

- v.* to acknowledge a memorable or good day or event with a social gathering or enjoyable activity

152. The incident _____ a political controversy.

- v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function

153. He was awfully _____ by the news.

- adj.* causing or marked by anxiety, uneasiness, trouble, or grief; (verb) to make someone anxious, unhappy, or angry

154. They plan to _____ their loved ones according to their cultural traditions.

- v.* to burn a dead body to reduce it to ash, often as part of a funeral or other death-related ritual

155. The _____ leader promised his followers that they would achieve enlightenment if they followed his teachings.

- n.* a small religious group, especially one that is not part of a larger religion and that is regarded as outside the norm; followers of an exclusive system of beliefs and practices

156. The vegetarian burger was an _____ that quickly spread to the United Kingdom.

- n.* the creation of a new device or process resulting from study and experimentation

157. The systems we have developed has accepted as industry _____.

- n.* something that is regarded as usual, typical, or standard

ANSWERS: 151. celebrated, 152. triggered, 153. upset, 154. cremate, 155. cult, 156. innovation, 157. norms

158. The hunter's approach _____ the geese.

v. to cause to separate and go in different directions

159. Shame and _____ have significant social influences.

n. the fact of having committed something illegal; the negative feelings caused by believing or knowing that you have done something wrong

160. He did _____ pen-and-ink drawings in just a few days.

adj. involving a lot of different things or parts in a way that is difficult to understand or analyze

161. The _____ of people who do not own property is politically impotent.

n. a large amount of a substance with no definite shape or form; a large number of people or things grouped or crowded together

162. Some doctor says _____ is the best medicine.

n. the act or sound of laughing

163. Children often copy their parents or elder _____.

n. a brother or sister; member of a family born to the same parents

164. The town came out to give a heartfelt _____ to the soldiers leaving for deployment.

n. an event or ceremony that marks the departure or exit of someone or something, often used to celebrate and bid farewell to a person or to wish them well on their journey or new endeavor

165. He was reluctant to leave his comfort _____ and try something new.

n. a specific area, region, or section that is marked off or defined in some way

ANSWERS: 158. scattered, 159. guilt, 160. complicated, 161. mass, 162. laughter, 163. siblings, 164. send-off, 165. zone

166. The _____ runner fell to the ground and gasped.

adj. extremely tired

167. We must _____ to this matter.

v. to be present at an event, to go to a place

168. She _____ the loss of her parents.

v. to feel or show great sadness or sorrow, especially for someone who has died

169. The nation's healthcare system is in _____ at the moment.

n. the process or period of changing from one state or circumstance to another

170. The charity provided meals and shelter to _____ the suffering of the homeless population.

v. to make a disease, condition, or symptom appear less severe or intense than it actually is; to alleviate or ease symptoms without curing the underlying cause

171. Generally speaking, the child is innately _____ to learn a language.

v. to put things or people in a particular manner or position; to incline someone towards a specific activity or mood; throw or cast away

172. Our company _____ to the school endowment fund every year.

v. to give money, food, clothes, etc. to help a person or organization

173. The night shift _____ checked my vital signs before administering the medication.

n. a healthcare professional who is trained to provide care for the sick or injured; (verb) to try to cure by special care or treatment of an illness or injury

ANSWERS: 166. exhausted, 167. attend, 168. grieved, 169. transition, 170. palliate, 171. disposed, 172. donates, 173. nurse

174. We can use this campaign as a bargaining _____ in the negotiations.
n. a small fragment of something broken off from the whole; a long and thin piece of potato fried in oil or fat
175. In every civilization, rulers have tried everything possible to obtain _____ life.
adj. being without beginning or end; lasting forever
176. I decided to seek counseling on the advice of my _____.
n. one of a group of a coworker, especially in a profession or a business
177. On three sides, mountains _____ the settlement.
v. to be all around something or somebody
178. The _____ long neck makes reaching leaves high up in the trees easy.
n. a tall African mammal with a very long neck and legs, typically with distinctive brownish-yellow fur and dark patches; an animal often found in zoos and wildlife preserves
179. We made a _____ with everyone.
n. slices of bread browned on both sides that have been put near a high heat; a drink in honor of or to the health of a person or even
180. The company has a strict _____ for handling sensitive information to ensure security.
n. a set of rules or procedures for transmitting data or conducting a process or activity, especially in computer networks or scientific experiments; the initial or original version of an agreement
181. In an economically prosperous country, most male _____ is due to child support problems.
n. the act of killing yourself intentionally

ANSWERS: 174. chip, 175. eternal, 176. colleague, 177. surround, 178. giraffe's, 179. toast, 180. protocol, 181. suicide

182. He became in _____ after losing his job.

n. something, especially money, goods, or services owed by one person to another; the state of owing something

183. He experienced cardiac arrest but was _____ yesterday.

v. to make someone or something active or vigorous again;

184. Sociologists are now interested in _____ world peace.

adj. universal and including many different types of things; related to or associated with the part of the Christian Church that has the Pope as its leader

ANSWERS: 182. debt, 183. resuscitated, 184. catholic