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Vocabulary Builder Reference from...

Manoush Zomorodi: How boredom can lead to your most brilliant ideas | TED Talk

https://www.ted.com/talks/manoush_zomorodi_how_boredom_can_lead_to_your_most_brilliant_ideas

All Words

IMPORTANT

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Session 1: Word List

smartphone

n. a mobile phone that functions as a computer and connects to the Internet

(1) **smartphone** app developer, (2) **smartphone** addict
Internet traffic volumes have increased significantly with the advent of **smartphones**.

adopt

v. to choose to follow something; to legally take a child from another family and care for them as if they were one's own

synonym: accept, assume, take on

(1) **adopt** a child, (2) **adopt** a bill

The national assembly has **adopted** the budget.

amazing

adj. extremely surprising, especially in a way that you like or admire

synonym: exceptional, extraordinary, wonderful

(1) **amazing** advances, (2) the most **amazing** feeling

The golfer recorded an **amazing** distance.

gadget

n. a small tool or device that is useful for a particular job

synonym: appliance, gimmick, device

(1) a handy **gadget**, (2) time-saving **gadget**

I found the kitchen **gadget** that will serve as a bottle opener

in the store.

stick

v. to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material

synonym : pierce, adhere, stay

(1) **stick** a key in a lock, (2) fire **stick**

You **stick** a bill in the change machine, and the coins pop out.

constant

adj. happening repeatedly or all the time

synonym : ceaseless, stable, unchanging

(1) a **constant** wind, (2) a **constant** temperature

Constant dropping wears away the stone.

miserable

adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

synonym : unhappy, wretched, cheerless

(1) **miserable** weather, (2) **miserable** experience

She felt **miserable** after her dog passed away.

colic

n. a condition typically occurring in infants, characterized by severe and often fluctuating pain in the abdomen caused by intestinal or digestive disturbances

synonym : cramp, spasm, gripe

(1) **colic** symptoms, (2) **colic** relief

New parents often struggle to soothe their infants with **colic**.

stroll

v. to walk somewhere in a slow, relaxed way and with no apparent aim

synonym : amble, roam, mope

(1) **stroll** across a street, (2) **stroll** through the countryside

We could **stroll** into town if you like.

silent

adj. without any or little sound

synonym : quiet, hushed, mute

(1) **silent** reading, (2) give **silent** consent

The politician remained **silent** despite intense media scrutiny.

bore

v. to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources

synonym: bear, tire, weary

(1) **bore** diameter, (2) **bore** him with his stories

The lecture on quantum physics **bored** me to tears.

moth

n. an insect with wings similar to a butterfly that travels at night and is attracted to light

(1) **moth** larva, (2) **moth** attracted to the light

The **moth** is a serious threat to the farm's output.

journalist

n. a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media

synonym: reporter, newsperson, press

(1) a China-based **journalist**, (2) **journalist** on a magazine

Foreign TV crews and **journalists** can go as they please in various locations during the Olympics.

revolution

n. a large-scale attempt to overthrow the government of a country, often using violence or war;

synonym: coup, innovation, rebellion

(1) beginning of the industrial **revolution**, (2) a political **revolution**

The **revolution** by the citizen resulted in a redistribution of wealth.

exhausted

adj. extremely tired

synonym: drowsy, depleted, fatigued

(1) the **exhausted** food sources, (2) **exhausted** parents

The **exhausted** runner fell to the ground and gasped.

shift

n. a slight transition in position, direction, or trend
synonym: transition, change, modification

(1) Doppler **shift**, (2) major paradigm **shift**

Could you help me **shift** some furniture?

pound

n. the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

(1) three-fourths of a **pound**, (2) thousands of **pounds**

The car's front bumper cost fifteen hundred **pounds**.

pave

v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym: surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road

They **paved** the courtyard with bricks, giving it a more polished appearance.

wander

v. to walk around slowly or to a place, often without any clear purpose or direction

synonym: ramble, roam, stroll

(1) **wander** alone in a strange country, (2) **wander** far from home

I often **wander** around the park for half an hour.

fade

v. to vanish; to fade away; to lose color; to lose freshness

synonym: languish, wither

(1) **fade** away almost completely, (2) **fade** in importance

My memory will **fade**, but my heart will live on.

zone

n. a specific area, region, or section that is marked off or defined in some way

synonym: area, region, territory

(1) time **zone**, (2) **zone** defense

He was reluctant to leave his comfort **zone** and try something new.

playground

n. an area where many people go for recreation, especially at a school or in a park

synonym : park, garden, sandbox

(1) a well-equipped **playground**, (2) a **playground** on the roof

There is a woods with a creek near the school **playground**.

podcast

n. a radio program made available in digital format that you can download from the Internet and play on a computer or music player

(1) football **podcast**, (2) listen to a **podcast**

Our **podcast** was the most downloaded in the technology news genre this year.

invest

v. to put money, effort, time, etc. into something to make a profit or achieve a result

synonym : fund, sponsor, support

(1) **invest** in stocks, (2) **invest** capital

The government should view children as national assets and actively **invest** in them.

precious

adj. uncommon and extremely valuable

synonym : adored, cherished, valued

(1) price of **precious** metals, (2) **precious** information

We cannot afford to squander **precious** time.

hundredfold

adj. a hundred times as great or as much

(1) rise nearly **hundredfold**, (2) improve **hundredfold**

The development team reported two **hundredfold** increases in performance.

brainstorming

n. a group activity or business method in which a group of people meet and think about something at the same time to solve a problem or to create good ideas

(1) **brainstorming** session, (2) do a **brainstorming** about a new product

Many companies employ **brainstorming** as a good way of generating innovative ideas.

unearth

v. to discover or bring to light something that is in the ground or was previously hidden or unknown

synonym : discover, uncover, expose

(1) **unearth** burial mound, (2) **unearth** a mystery

The detective **unearthed** a critical clue that led to the suspect's arrest.

damn

v. to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger

synonym : curse, condemn, denounce

(1) **damn** the consequences, (2) **damn** with faint praise

The company's poor financial performance is likely to **damn** the CEO's chances of being re-elected to the board.

crack

v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

synonym : snap, burst, break

(1) **crack** an eggshell, (2) a **crack** in a board

He that would eat the kernel must **crack** the nut.

headline

n. a heading at the top of a newspaper or magazine story or page

synonym : title, caption

(1) **headline** article, (2) banner **headline**

The engagement of the two golf players became **headline** news.

couch

n. a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person

synonym : sofa, settee, divan

(1) leather **couch**, (2) a **couch** potato

I love to relax on the **couch** and watch movies on the

weekends.

spare

adj. additional to what is necessary for ordinary use; (verb) to give time, money, space, etc. to someone

synonym: extra, excess, (verb) afford

(1) **spare** parts, (2) **spare** cost

I made plans to spend my **spare** time beneficially.

coworker

n. a person who works with another in the same company or organization

synonym: colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker**

My ex- **coworker** and I had different working styles but managed to get along.

boring

adj. lacking interest or excitement; tedious or dull

synonym: dull, tedious, monotonous

(1) **boring** work, (2) **boring** day

The lecture was so **boring** that many people fell asleep.

rid

v. to make someone or something free of unwanted or unpleasant tasks, objects, or person

synonym: do away with, free, clear

(1) get **rid** of the rats, (2) **rid** the body of waste products

We must **rid** ourselves of pollution.

emotion

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

synonym: feeling, sentiment, passion

(1) control my **emotion**, (2) afraid to show **emotion**

Some **emotions** are common across cultures and backgrounds.

entirely

adv. completely

synonym: completely, fully, totally

(1) **entirely** satisfied with the meal, (2) he was **entirely** to

blame

Later, his claim was found to be **entirely** false.

neuroscience

n. the scientific study of the function, structure, and disorder of the brain and the nervous system

(1) the branch of **neuroscience**, (2) a theoretical concept in **neuroscience**

Our university is famous for its professors, who are well-versed in behavioral **neuroscience**.

cognitive

adj. of or relating to mental processes of understanding

synonym: perceivable, mind, mental

(1) improve **cognitive** function, (2) research on **cognitive** psychology

His **cognitive** faculties were getting worse because of a lack of sleep.

psychology

n. the scientific study of mind and behavior

(1) **psychology** experiment, (2) **psychology** of crowd

She had a master's degree in **psychology**.

fascinating

adj. extremely interesting

synonym: alluring, intriguing, captivating

(1) **fascinating** story, (2) completely **fascinating** to me

The museum houses a **fascinating** collection of Celtic artifacts.

ignite

v. to set on fire; to cause to start burning

synonym: light, set fire to, ignite

(1) **ignite** a boom, (2) **ignite** passion

He **ignited** the fireworks with a single spark.

brain

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

synonym: intellect, mind, encephalon

(1) basic **brain** function, (2) permanent **brain** damage

X-rays revealed a small tumor in his **brain**.

default

- v. to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options

synonym: fail, neglect, omit

(1) **default** settings, (2) **default** on the mortgage

If you don't specify a different option, the computer will **default** to its original settings.

autopilot

- n. a system that automatically controls the operation of an aircraft or spacecraft

synonym: self-pilot, self-driving, self-navigating

(1) **autopilot** function, (2) aircraft **autopilot**

The airplane was on **autopilot** during the long flight.

laundry

- n. the act of washing clothes and linens; a room or area where clothes are washed and ironed

synonym: wash, clothes, linen

(1) send out the **laundry**, (2) **laundry** room

I need to do the **laundry** before I run out of clean clothes.

boredom

- n. a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation

synonym: ennui, tedium, monotony

(1) **boredom** relief, (2) chronic **boredom**

The long lecture on a topic I already knew left me struggling to fight off **boredom**.

daydreaming

- n. the act of thinking about something that you would prefer to be doing or have happened to you

synonym:

reverie, cloud-castle, imagination

(1) stimulate **daydreaming**, (2) the mental process of **daydreaming**

I often waste a lot of time **daydreaming**.

conscious

adj. being aware of and able to respond to what is happening around you

synonym: aware, cognizant, deliberate

(1) **conscious** effort, (2) **conscious** of having succeeded

He became **conscious** that he was being followed.

subconscious

adj. relating to or concerning the part of the mind that is not fully conscious but still influences thoughts, feelings, and behavior

synonym: unconscious, latent, hidden

(1) **subconscious** influence, (2) **subconscious** behavior

The **subconscious** mind is said to hold our deepest desires and fears.

awesome

adj. inspiring fear, admiration, or respect; very good, nice, fun, etc.

synonym: miraculous, marvelous, astounding

(1) **awesome** mental faculty, (2) have an **awesome** birthday

There is a lot of **awesome** nature and food in Hawaii.

MRI

n. (abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body

(1) **MRI** brain image, (2) cardiac **MRI**

The **MRI** machine uses powerful magnets to produce detailed images of the inside of the body.

disparate

adj. very different or distinct from something else and is not connected or comparable in any way

synonym: different, distinct, separate

(1) **disparate** impact, (2) physically **disparate** location
The organization worked to bring together **disparate** groups in the community.

nag v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
synonym: hassle, bother, badger
(1) **nag** about the minor thing, (2) **nag** political leaders
She couldn't stop **nagging** her husband to take out the trash.

autobiographical *adj.* relating to or based on the experiences, thoughts, or life story of oneself; about one's own life history or personal narrative
synonym: self-written, self-told, personal
(1) **autobiographical** narrative, (2) **autobiographical** memory
The author wrote an **autobiographical** novel about growing up in a small town.

narrative *n.* a story or a description of a series of events or process of telling a story
synonym: the tale, chronology, annals
(1) **narrative** poetry, (2) personal **narrative**
The **narrative** handles multiple plot lines and has unpredictable ends.

chill *n.* a feeling of coldness that makes one shiver; (verb) to make cool or cooler
synonym: coldness, coolness, (verb) freeze
(1) the **chill** of autumn, (2) feel a slight **chill**
His swear words cast a **chill** on the party.

engage v. to attract and keep someone's attention and interest; to participate in or obtain services of something
synonym: confront, employ, amuse
(1) **engage** in environmental protection activities,

(2) **engage** a new employee

Many multinational companies are **engaged** in the reconstruction of that country.

neurochemical

adj. of or relating to chemical processes occurring in neural activity or chemical substance that participates in neural activity

(1) **neurochemical** substances, (2) **neurochemical** mechanism

Our study focuses on **neurochemical** changes in the brain.

nutrient

n. any substance that is essential for the maintenance and growth of living things

synonym: food, vitamin

(1) **nutrient** medicine, (2) a **nutrient** for hair

They used fast-acting **nutrients** on the flowers in the flower beds.

accomplish

v. to finish or achieve something successfully

synonym: achieve, complete, execute

(1) **accomplish** a goal, (2) **accomplish** military operations

Humankind took centuries to **accomplish** true democracy.

attempt

n. an act or effort of trying to do something, especially something difficult

synonym: endeavor, effort, try

(1) the **attempt** to rescue the hostages, (2) a reckless **attempt**

The third **attempt** was far more successful.

multitasking

n. the ability to do more than one task at the same time; the state of doing more than one task at the same time

synonym: juggling, multihandling, parallelism

(1) computer **multitasking**, (2) **multitasking** ability

She could finish all her work on time because of her **multitasking** skills.

shifting

adj. constantly changing or moving

synonym : unfirm, shifty, fluctuating

(1) **shifting** balance, (2) continuously **shifting** landscape

Trends in the fashion industry are so **shifting** that it is challenging to keep up with them.

deplete

v. to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials

synonym : exhaust, consume, use up

(1) **deplete** customer confidence, (2) **deplete** glycogen stores

If we continue to **deplete** the Earth's natural resources, we will cause severe damage to the environment.

neural

adj. of or relating to a nerve or the nervous system that includes the brain

synonym : sensory, neuronic, nervous

(1) **neural** stem cells, (2) **neural** networks in AI

There was a disturbance of **neural** function.

glucose

n. a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things

synonym : sugar, blood sugar

(1) blood **glucose** test, (2) **glucose** level

The doctor injected **glucose** into his patient's veins.

discovery

n. the act or process of finding information, a place, or an object, or learning about something that was previously not known

synonym : finding, uncovering, detection

(1) a scientific **discovery**, (2) the great **discovery** of the century

Her research team made an important **discovery**.

vicious

adj. having or showing a desire to cause harm to others; having the nature of vice

synonym : malicious, spiteful, malevolent

(1) **vicious** attack, (2) **vicious** deflationary spiral

The **vicious** dog barked and growled at anyone who came near its territory.

cycle

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

synonym : revolution, rotation, bike

(1) the **cycle** of the seasons, (2) go to the workplace by **cycle**

The food chain causes a material **cycle**.

reclaim

v. to take back something previously lost, given, or paid, or ask to have it back

synonym : recoup, regain, retake

(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to **reclaim** some tax.

jump-start

v. to start or revitalize something stagnant or slow-moving, often by introducing new ideas or energy; to kick-start a car or other vehicle by connecting it to another vehicle's battery

synonym : revitalize, energize, kick-start

(1) **jump-start** a career, (2) **jump-start** an economy

I had to **jump-start** my car's battery this morning because it was dead.

creative

adj. relating to or involving the use of skill and original and unusual ideas to create something

synonym : imaginative, innovative, inventive

(1) **creative** writing, (2) barren of **creative** spirit

All the supervisor has to do is assign tasks that make his subordinates more **creative**.

brilliant

adj. extremely clever, skilled, or impressive

synonym : luminous, intelligent, clever

(1) **brilliant** idea, (2) **brilliant** performance

The more **brilliant** you are, the more people around you look at you with envy and jealousy.

relation

n. the way two persons or groups of people feel and act toward one another

synonym: association, linkage, connection

(1) **relation** between cause and effect, (2) **relation** of inclusion

The industrial **relations** laws were passed with little to no alteration.

dependent

adj. relying on someone or something else for support or aid

synonym: reliant, subject, subordinate

(1) dose- **dependent** induction, (2) a **dependent** person

The small island nation is heavily **dependent** on tourism as its main source of income.

cradle

n. a small bed for an infant, often designed to rock back and forth; a place or region where something begins or originates

synonym: infancy, beginning, origin

(1) from the **cradle** to the grave, (2) **cradle** of civilization

The baby peacefully slept in her **cradle**, surrounded by stuffed animals and blankets.

handle

v. to deal with a situation, problem, or strong emotion

synonym: control, manage, deal with

(1) **handle** a precious object, (2) **handled** the incident

We all should learn how to **handle** stress.

prop

n. a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something

synonym: support, buttress, column

(1) emotional **prop**, (2) **prop** stick
We have finally lost our last **prop**.

suddenly

adv. quickly and unexpectedly
synonym: abruptly, unexpectedly, unawares

(1) **suddenly** attacked by an enemy, (2) die **suddenly**
Who answers **suddenly** knows little.

mindless

adj. lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headed
synonym: senseless, thoughtless, irresponsible

(1) **mindless** task, (2) **mindless** entertainment
Mindless scrolling on social media can be a time waster.

improve

v. to make or become better
synonym: enhance, ameliorate, enrich

(1) **improve** a process, (2) **improve** the test score
We want to **improve** ties between our two countries.

app

n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
synonym: application, software

(1) killer **app**, (2) cannot log in to the **app**
The discovery of a critical bug caused the company to delay the **app's** release.

ironic

adj. using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect
synonym: sarcastic, wry, sardonic

(1) **ironic** result, (2) an **ironic** turn of events
It was **ironic** that the heavy rain started just as they set up for an outdoor picnic.

download

v. to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the

process of transferring data or information from a remote or central computer to a local computer or device

synonym : load, save, transfer

(1) **download** files from the Internet, (2) **download** the assignment from the website

I need to **download** the latest update for my computer's operating system.

pickup

n. a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody

synonym : truck, cartridge

(1) **pickup** truck, (2) **pickup** and delivery service

I'll be waiting for you in front of the café at 6 PM, so be on time for our **pickup**.

bard

n. a poet, especially one who composes poems in a traditional oral style; a singer or minstrel who tells stories through song

synonym : poet, minstrel, troubadour

(1) medieval **bard**, (2) a famous **bard**

The **bard's** performance at the festival was the highlight of the event.

observe

v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

synonym : watch, monitor, scrutinize

(1) **observe** a tradition, (2) **observe** wildlife

It is important to **observe** safety procedures in the workplace to prevent accidents.

instruction

n. detailed direction, order, etc., on how to do or use something

synonym: education, direction, guidance

(1) individual **instruction**, (2) follow his **instructions**

They needed further **instruction** to perform their duties efficiently.

inbox

n. an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept

(1) **inbox** full of emails, (2) **inbox** folder

After you register, you will receive an email with a coupon shortly in your **inbox**.

experiment

n. the scientific test conducted to observe what happens and gain new knowledge

synonym: experimentation, investigation

(1) **experiment** design, (2) series of **experiments**

His **experiments** showed highly positive results.

eliminate

v. to remove or get rid of someone or something

synonym: wipe out, destroy, eradicate

(1) **eliminate** contestants, (2) **eliminate** sexual barriers

We can **eliminate** this possibility from those consumptions.

reflex

n. an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli

synonym: reaction, response, instinct

(1) **reflex** test, (2) knee **reflex**

My leg kicked involuntarily when the doctor tapped my knee with the **reflex** hammer.

absolutely

adv. without restriction or limitation; completely or utterly

synonym: completely, utterly, definitely

(1) **absolutely** against, (2) **absolutely** obsessed with the girl

I am **absolutely** opposed to his idea because of morality.

- itch** v. to have an uncomfortable feeling on the skin that makes you want to scratch it
synonym: scratch, tingle, irritate
(1) **itch** constantly, (2) **itch** to speak
I can't stop **itching** my arm because of the mosquito bite.
- crazy** *adj.* stupid or not sensible; very angry
synonym: insane, absurd, bizarre
(1) **crazy** about cars and racing, (2) a **crazy** scheme
The rain and thunder are **crazy** today.
- elevator** *n.* a mechanical device used for vertical transportation, typically in multi-story buildings, consisting of a compartmentalized platform that moves between floors
synonym: lift, hoist
(1) **elevator** ride, (2) modern **elevator**
The hotel's **elevator** was out of order, so we had to take the stairs to our room on the fifth floor.
- embarrass** v. to cause someone to feel awkward, worried, or ashamed
synonym: disconcert, unsettle, agitate
(1) **embarrass** political enemy, (2) **embarrass** my project
He looked for an opportunity to **embarrass** that actor in public.
- trigger** v. to make something happen suddenly; to cause something such as a device, machine, etc. to function
synonym: activate, spark, drive
(1) **trigger** a biochemical response, (2) **trigger** inflation
The incident **triggered** a political controversy.
- engineer** *n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software
synonym: architect, creator, builder
(1) a civil **engineer**, (2) **engineer** shortage
The **engineer** will repair my telephone tomorrow morning.

competitor

n. a person who participates in a sporting contest; a person or organization that competes with others, particularly in business

synonym : opponent, contender, contestant

(1) beat **competitor** offer, (2) domestic **competitor**

The gap between the company and its **competitors** has widened.

episode

n. a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness

synonym : event, chapter, seizure

(1) end of the first **episode**, (2) **episode** of vertigo

I want to put that **episode** of my life behind me.

transparent

adj. easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely

synonym : translucent, evident, diaphanous

(1) a **transparent** lie, (2) **transparent** crystal

The focus of these initiatives is to make the financial system more **transparent**.

progression

n. the act or process of changing to the next stage or phase or moving forward

synonym : advancement, development, evolution

(1) **progression** of civilization, (2) **progression** of disease

The company has made great strides in its **progression** toward sustainability.

refer

v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

synonym : cite, allude, mention

(1) **refer** to a book, (2) **refer** to a map

Please **refer** to the instruction manual for further assistance.

technological

adj. based on scientific and industrial progress

synonym : specialized, technical

(1) **technological** advancement, (2) **technological** policy

Technological advances have disrupted many industries.

auction

n. a public sale in which goods or property are sold to the highest bidder; a process of selling goods or property through competitive bidding

synonym : sale, vendue, bidding

(1) **auction** house, (2) online **auction**

The antique furniture was sold at **auction** for a high price.

instantly

adv. immediately

synonym : immediately, right away, directly

(1) **instantly** cope with, (2) be killed **instantly**

I remembered that person **instantly** and never forgot.

impressive

adj. arousing admiration due to size, quality, or skill

synonym : impactful, remarkable, exceptional

(1) **impressive** performances, (2) an **impressive** array of facts

The budget reduction was an **impressive** feat for our nation.

immediately

adv. now or without delay

synonym : directly, instantly, promptly

(1) **immediately** recall a product, (2) write him an answer **immediately**

A suspension order from the court is effective **immediately**.

stairway

n. a set of stairs that connects two floors or levels of a building, often with a handrail or banister for safety

synonym : staircase, steps

(1) **stairway** railing, (2) narrow **stairway**

The grand entrance hall had a magnificent marble **stairway** that curved gracefully upwards.

cardiovascular

adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)

(1) **cardiovascular** diseases, (2) **cardiovascular** tissue
Smoking places you at severe risk of **cardiovascular** and respiratory disease.

workout

n. a session of physical exercise or training

synonym: exercise, training, physical activity

(1) **workout** at the health club, (2) boxing **workout**
He does a different **workout** every day to keep things interesting.

delete

v. to remove something, especially that has been written; to wipe out digitally or magnetically recorded information

synonym: erase, wipe out, remove

(1) **delete** a file, (2) **delete** this modification
Highlight the sentences that you want to **delete**.

misery

n. a state of ill-being due to affliction or misfortune

synonym: affliction, despair, anguish

(1) live in **misery**, (2) untold **misery**
Our company suffered **misery** from incurring a heavy loss.

vine

n. a climbing plant that produces grapes; any plant with a growth habit of trailing or climbing stems

(1) a green **vine**, (2) **vine** of ore
A **vine** remains productive throughout the year.

swoop

v. to rapidly or forcefully descend upon something or someone from a great height or distance; to rush or pounce upon

synonym: dart, pounce

(1) **swoop** down the water slide, (2) **swoop** up the escalator
The eagle **swooped** down from the sky to catch its prey.

emotional

adj. relating to people's feelings

synonym: affecting, impactful, impressive

(1) **emotional** health, (2) **emotional** distress

Human **emotional** responses vary widely depending on the society to which they belong.

weird

adj. extraordinary, unexpected, or difficult to explain

synonym: bizarre, creepy, peculiar

(1) a **weird** dress, (2) the state of being **weird**

My computer has been acting **weird** recently.

decide

v. to make up someone's mind about something; to come to a conclusion or judgment after considering options

synonym: choose, determine, settle

(1) **decide** a question, (2) **decide** on a course of action

She couldn't **decide** whether to order the pizza or the pasta for dinner.

develop

v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created

synonym: evolve, progress, advance

(1) **develop** a strategy, (2) **develop** a skill

We must **develop** a new system to streamline our workflow and increase efficiency.

addiction

n. the inability to stop using or doing something as a habit, especially something harmful

synonym: dependence

(1) alcohol **addiction**, (2) **addiction** to foreign oil

He is now fighting his **addiction** to drugs.

horrible

adj. extremely unpleasant or bad; causing fear or disgust

synonym: dreadful, terrible, awful

(1) **horrible** accident, (2) **horrible** smell

The experience was **horrible** and left a lasting impression.

withdrawal

n. the act of taking money out of an account; the act of ceasing to participate in an activity and moving or taking something away or back

synonym : retreat, pullback, escape

(1) deposits and **withdrawals**, (2) **withdrawal** from membership

NATO's allied forces made a strategic **withdrawal**.

caffeine

n. a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance

synonym : stimulant

(1) **caffeine** intake, (2) coffee with the **caffeine** removed
She experienced headaches and fatigue as symptoms of **caffeine** withdrawal after quitting coffee.

headache

n. pain in the head; someone or something that causes anxiety or trouble

synonym : concern, difficulty, problem

(1) **headache** accompanied by fever, (2) bit of a **headache**
This pill will relieve your **headaches** immediately.

structure

n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

synonym : construction, architecture, establishment

(1) the **structure** of a machine, (2) **structure** and function of the brain

The organizational **structure** of start-ups is often flat and straightforward.

guilty

adj. feeling responsible for or having done something wrong or criminal

synonym : culpable, blameworthy, at fault

(1) feel a bit **guilty**, (2) **guilty** verdict

After much contemplation, the suspect decided to plead **guilty** to the theft charge.

gut

n. the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant

synonym : belly, abdomen, courage

(1) the blind **gut**, (2) **gut** feelings

He told me a **gut-wrenching** truth about my parent's death.

ridiculous

adj. very silly or unreasonable and deserving to be laughed at

synonym : absurd, fatuous, foolish

(1) a **ridiculous** amount of money, (2) a **ridiculous** suggestion

Everyone regarded the theory he advocated as **ridiculous** but was later proven correct.

ambitious

adj. having a great desire to attain achievement, power, or wealth

synonym : enterprising, challenging, earnest

(1) achieve **ambitious** goals, (2) with an **ambitious** eye

Their company has been in business for a short time but has **ambitious** goals.

achieve

v. to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

synonym : accomplish, attain, reach

(1) **achieve** success, (2) **achieve** milestones

I will work hard to **achieve** my goals and realize my dreams.

empower

v. to give someone the power or authority to do something

synonym : authorize, endow, entitle

(1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

transform

v. to change in outward structure or looks;

synonym: alter, convert, change

(1) **transform** an education system, (2) **transform** heat into power

My father's death **transformed** my life completely.

taskmaster

n. a person who assigns, controls, or supervises tasks or work assignments; someone who is strict or demanding in assigning tasks or expecting high levels of productivity or performance

synonym: overseer, supervisor, disciplinarian

(1) demanding **taskmaster**, (2) **taskmaster** attitude

The strict **taskmaster** demanded nothing but perfection from his employees.

intriguing

adj. arousing curiosity or interest, often due to a mysterious or complex quality; fascinating or captivating

synonym: fascinating, captivating, arresting

(1) **intriguing** concept, (2) **intriguing** character

The novel's plot was **intriguing** and kept readers in their seats.

recognize

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

synonym: acknowledge, identify, admit

(1) **recognize** talent, (2) **recognize** achievement

It's important to **recognize** your strengths and weaknesses.

consequence

n. the outcome of a particular action or event, especially relative to an individual

synonym: result, impact, outcome

(1) unintended **consequences**, (2) the **consequence** of an argument

These economic activities had disastrous environmental **consequences**.

imaginative

adj. having or showing new and creative ideas

synonym : creative, innovative, inventive

(1) capable of **imaginative** creation, (2) **imaginative** as a child

She is a hard worker but not very **imaginative**.

societal

adj. relating to society or social relationships

synonym : social, communal, cultural

(1) **societal** norms, (2) **societal** expectations

The **societal** pressure to conform is strong in this community.

violent

adj. involving or caused by physical force or aggression against someone or something

synonym : aggressive, intense, turbulent

(1) victim of a **violent** crime, (2) **violent** incident

The protesters became **violent** when the police tried to disperse them.

climate

n. the weather in a particular location averaged over some long period

synonym : atmosphere, weather, environment

(1) a cold **climate**, (2) effects of **climate** change

Climate and weather have an impact on every part of our lifestyles.

economy

n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

synonym : finance, trade, business

(1) **economy** of scale, (2) **economy** class

The **economy** of the country is struggling due to the recent political instability.

disparity

n. a significant difference or inequality between two or more things

synonym : difference, inequality, gap

(1) the **disparity** between theory and reality, (2) income **disparity**

There is a significant **disparity** in pay between men and women in the company.

massive

adj. enormous amount; very heavy and solid

synonym : enormous, giant, immense

(1) **massive** amounts, (2) **massive** stars

The recent economic downturn has resulted in **massive** layoffs.

survey

n. an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions

synonym : study, examination, poll

(1) a comprehensive **survey**, (2) recent **survey**

That **survey** shows that people are accepting the tax increase to some extent.

identify

v. to recognize someone or something and say or prove who or what they are

synonym : determine, specify, recognize

(1) **identify** handwriting, (2) **identify** gene sequences

I will introduce you to how to **identify** the leading causes of the malfunction.

competent

adj. having the necessary ability, knowledge, or skill to do something successfully

synonym : skilled, able, capable

(1) **competent** authority, (2) **competent** personnel

The judge ruled that the defendant was **competent** to stand trial.

hibernation

n. a state of inactivity and metabolic depression in animals during the winter

synonym :

dormancy, torpor, sleep

(1) **hibernation** period, (2) artificial **hibernation**

Many animals go into **hibernation** during the winter to conserve energy and survive the harsh conditions.

permit

v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization

synonym: allow, authorize, concede

(1) **permit** application, (2) work **permit**

The teacher will not **permit** any students to leave the classroom early.

offline

adj. not connected to the internet

synonym: disconnected, not connected, unplugged

(1) **offline** course, (2) **offline** mode

The computer is **offline** and cannot be accessed at the moment.

clarity

n. the quality of being coherent and understandable; the quality of transparency or purity

synonym: clearness, translucence, brightness

(1) lack of **clarity**, (2) sake of **clarity**

The publisher will proofread most of this manuscript for **clarity**.

regulate

v. to control something, especially by means of rules or laws

synonym: control, restrain, handle

(1) **regulate** blood sugar levels, (2) **regulate** our conduct

We must manage to **regulate** our expenditure.

digital

adj. processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet

synonym: numerical, computerized, cyber

(1) a **digital** watch, (2) **digital** electronic signature
Sensors convert physical phenomena into **digital** signals.

platform

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

synonym : stage, podium, forum

(1) an arrival **platform**, (2) a digital **platform** for enterprise
The speaker mounted the **platform** and started to speak.

distract

v. to draw someone's attention away from what they are trying to do

synonym : divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

uncomfortable

adj. providing or feeling physical discomfort or slight pain

synonym : comfortless, discomfoting, painful

(1) an **uncomfortable** silence, (2) with an **uncomfortable** face

His abusive words made me **uncomfortable**.

brilliance

n. the quality of being very clever or talented; the quality of being very bright or shining

synonym : splendor, glory, luster

(1) **brilliance** of diamond, (2) economic **brilliance**

The scientist's **brilliance** led to many groundbreaking discoveries in his field.

Session 2: Spelling

- | | |
|--------------------------------------|--|
| 1. an arrival pl_____m | <i>n.</i> the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed |
| 2. bo_____m relief | <i>n.</i> a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation |
| 3. el_____te sexual barriers | <i>v.</i> to remove or get rid of someone or something |
| 4. sma_____ne addict | <i>n.</i> a mobile phone that functions as a computer and connects to the Internet |
| 5. pe____t application | <i>v.</i> to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization |
| 6. income di_____ty | <i>n.</i> a significant difference or inequality between two or more things |
| 7. ca_____ne intake | <i>n.</i> a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance |
| 8. do_____ad files from the Internet | <i>v.</i> to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device |

ANSWERS: 1. platform, 2. boredom, 3. eliminate, 4. smartphone, 5. permit, 6. disparity, 7. caffeine, 8. download

- | | |
|---|---|
| 9. permanent br__n damage | <i>n.</i> the organ inside the head that is responsible for one's movement, thought, memory, and feeling |
| 10. a green v__e | <i>n.</i> a climbing plant that produces grapes; any plant with a growth habit of trailing or climbing stems |
| 11. ir___c result | <i>adj.</i> using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect |
| 12. sma_____ne app developer | <i>n.</i> a mobile phone that functions as a computer and connects to the Internet |
| 13. em_____al distress | <i>adj.</i> relating to people's feelings |
| 14. d__n with faint praise | <i>v.</i> to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger |
| 15. effects of cl_____e change | <i>n.</i> the weather in a particular location averaged over some long period |
| 16. bo___g work | <i>adj.</i> lacking interest or excitement; tedious or dull |
| 17. em_____r the secretary to do the same | <i>v.</i> to give someone the power or authority to do something |
| 18. ig___e passion | <i>v.</i> to set on fire; to cause to start burning |
| 19. hib_____on period | <i>n.</i> a state of inactivity and metabolic depression in animals during the winter |
| 20. ex_____ed parents | <i>adj.</i> extremely tired |

ANSWERS: 9. brain, 10. vine, 11. ironic, 12. smartphone, 13. emotional, 14. damn, 15. climate, 16. boring, 17. empower, 18. ignite, 19. hibernation, 20. exhausted

21. jum_____rt an economy *v.* to start or revitalize something stagnant or slow-moving, often by introducing new ideas or energy; to kick-start a car or other vehicle by connecting it to another vehicle's battery
22. M_I brain image *n.* (abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body
23. int_____ng concept *adj.* arousing curiosity or interest, often due to a mysterious or complex quality; fascinating or captivating
24. im_____e a process *v.* to make or become better
25. a well-equipped pla_____nd *n.* an area where many people go for recreation, especially at a school or in a park
26. de___e a file *v.* to remove something, especially that has been written; to wipe out digitally or magnetically recorded information
27. so_____al expectations *adj.* relating to society or social relationships
28. car_____lar tissue *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
29. nu_____nt medicine *n.* any substance that is essential for the maintenance and growth of living things
30. di_____ct public opinion *v.* to draw someone's attention away from what they are trying to do

ANSWERS: 21. jump-start, 22. MRI, 23. intriguing, 24. improve, 25. playground, 26. delete, 27. societal, 28. cardiovascular, 29. nutrient, 30. distract

31. co_____us of having succeeded *adj.* being aware of and able to respond to what is happening around you
32. argue with a co_____er *n.* a person who works with another in the same company or organization
33. the branch of neu_____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
34. id_____fy handwriting *v.* to recognize someone or something and say or prove who or what they are
35. work pe____t *v.* to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
36. time-saving ga____t *n.* a small tool or device that is useful for a particular job
37. co__c symptoms *n.* a condition typically occurring in infants, characterized by severe and often fluctuating pain in the abdomen caused by intestinal or digestive disturbances
38. football po_____t *n.* a radio program made available in digital format that you can download from the Internet and play on a computer or music player
39. in____t capital *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
40. the most am_____g feeling *adj.* extremely surprising, especially in a way that you like or admire
41. deposits and wit_____als *n.* the act of taking money out of an account; the act of ceasing to participate in an activity and moving or taking something away or back

ANSWERS: 31. conscious, 32. coworker, 33. neuroscience, 34. identify, 35. permit, 36. gadget, 37. colic, 38. podcast, 39. invest, 40. amazing, 41. withdrawal

42. d__n the consequences *v.* to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger
43. neu_____cal substances *adj.* of or relating to chemical processes occurring in neural activity or chemical substance that participates in neural activity
44. ima_____ve as a child *adj.* having or showing new and creative ideas
45. cr__k an eggshell *v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
46. wo_____t at the health club *n.* a session of physical exercise or training
47. gl_____e level *n.* a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things
48. ec_____y class *n.* the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
49. aw_____e mental faculty *adj.* inspiring fear, admiration, or respect; very good, nice, fun, etc.
50. send out the la_____y *n.* the act of washing clothes and linens; a room or area where clothes are washed and ironed

ANSWERS: 42. damn, 43. neurochemical, 44. imaginative, 45. crack, 46. workout, 47. glucose, 48. economy, 49. awesome, 50. laundry

51. am_____g advances *adj.* extremely surprising, especially in a way that you like or admire
52. three-fourths of a po__d *n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
53. achieve am_____us goals *adj.* having a great desire to attain achievement, power, or wealth
54. re_____te our conduct *v.* to control something, especially by means of rules or laws
55. alcohol ad_____on *n.* the inability to stop using or doing something as a habit, especially something harmful
56. a civil en_____er *n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software
57. bra_____ing session *n.* a group activity or business method in which a group of people meet and think about something at the same time to solve a problem or to create good ideas
58. mul_____ing ability *n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time
59. re___x test *n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
60. el_____or ride *n.* a mechanical device used for vertical transportation, typically in multi-story buildings, consisting of a compartmentalized platform that moves between floors

ANSWERS: 51. amazing, 52. pound, 53. ambitious, 54. regulate, 55. addiction, 56. engineer, 57. brainstorming, 58. multitasking, 59. reflex, 60. elevator

61. psy_____gy of crowd *n.* the scientific study of mind and behavior
62. a reckless at_____t *n.* an act or effort of trying to do something, especially something difficult
63. gu_____y verdict *adj.* feeling responsible for or having done something wrong or criminal
64. acc_____sh military operations *v.* to finish or achieve something successfully
65. ep_____e of vertigo *n.* a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
66. imm_____ly recall a product *adv.* now or without delay
67. mi_____ss task *adj.* lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headed
68. int_____ng character *adj.* arousing curiosity or interest, often due to a mysterious or complex quality; fascinating or captivating
69. give si____t consent *adj.* without any or little sound
70. i__h to speak *v.* to have an uncomfortable feeling on the skin that makes you want to scratch it
71. artificial hib_____on *n.* a state of inactivity and metabolic depression in animals during the winter
72. ob_____e a tradition *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion

ANSWERS: 61. psychology, 62. attempt, 63. guilty, 64. accomplish, 65. episode, 66. immediately, 67. mindless, 68. intriguing, 69. silent, 70. itch, 71. hibernation, 72. observe

73. chronic bo____m *n.* a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation
74. cr____e of civilization *n.* a small bed for an infant, often designed to rock back and forth; a place or region where something begins or originates
75. bit of a he____he *n.* pain in the head; someone or something that causes anxiety or trouble
76. a cr__k in a board *v.* to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking
77. au____n house *n.* a public sale in which goods or property are sold to the highest bidder; a process of selling goods or property through competitive bidding
78. st____ay railing *n.* a set of stairs that connects two floors or levels of a building, often with a handrail or banister for safety
79. a di____l watch *adj.* processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
80. follow his ins____ons *n.* detailed direction, order, etc., on how to do or use something
81. a de____nt person *adj.* relying on someone or something else for support or aid

ANSWERS: 73. boredom, 74. cradle, 75. headache, 76. crack, 77. auction, 78. stairway, 79. digital, 80. instruction, 81. dependent

82. ob____e wildlife *v.* to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
83. an ir____c turn of events *adj.* using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect
84. a comprehensive su____y *n.* an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
85. from the cr____e to the grave *n.* a small bed for an infant, often designed to rock back and forth; a place or region where something begins or originates
86. ac____e milestones *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
87. i__h constantly *v.* to have an uncomfortable feeling on the skin that makes you want to scratch it
88. el____te contestants *v.* to remove or get rid of someone or something
89. en____ly satisfied with the meal *adv.* completely
90. Doppler sh__t *n.* a slight transition in position, direction, or trend
91. bri____ce of diamond *n.* the quality of being very clever or talented; the quality of being very bright or shining

ANSWERS: 82. observe, 83. ironic, 84. survey, 85. cradle, 86. achieve, 87. itch, 88. eliminate, 89. entirely, 90. shift, 91. brilliance

92. di_____te impact *adj.* very different or distinct from something else and is not connected or comparable in any way
93. na_____ve poetry *n.* a story or a description of a series of events or process of telling a story
94. cr_____ve writing *adj.* relating to or involving the use of skill and original and unusual ideas to create something
95. major paradigm sh__t *n.* a slight transition in position, direction, or trend
96. p__e a new path *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
97. tr_____r a biochemical response *v.* to make something happen suddenly; to cause something such as a device, machine, etc. to function
98. de___e this modification *v.* to remove something, especially that has been written; to wipe out digitally or magnetically recorded information
99. with an unc_____ble face *adj.* providing or feeling physical discomfort or slight pain
100. car_____lar diseases *adj.* of or relating to the heart and blood vessels (= tubes that carry blood around the body)
101. boxing wo_____t *n.* a session of physical exercise or training
102. vi_____s deflationary spiral *adj.* having or showing a desire to cause harm to others; having the nature of vice

ANSWERS: 92. disparate, 93. narrative, 94. creative, 95. shift, 96. pave, 97. trigger, 98. delete, 99. uncomfortable, 100. cardiovascular, 101. workout, 102. vicious

103. control my em____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
104. pi___p truck *n.* a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody
105. do____ad the assignment from the website *v.* to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device
106. blood gl____e test *n.* a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things
107. a nu____nt for hair *n.* any substance that is essential for the maintenance and growth of living things
108. aut_____cal memory *adj.* relating to or based on the experiences, thoughts, or life story of oneself; about one's own life history or personal narrative
109. wa___r alone in a strange country *v.* to walk around slowly or to a place, often without any clear purpose or direction
110. re__r to a book *v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

ANSWERS: 103. emotion, 104. pickup, 105. download, 106. glucose, 107. nutrient, 108. autobiographical, 109. wander, 110. refer

111. em_____ss my project *v.* to cause someone to feel awkward, worried, or ashamed
112. ma_____e amounts *adj.* enormous amount; very heavy and solid
113. write him an answer imm_____ly *adv.* now or without delay
114. get r_d of the rats *v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person
115. personal na_____ve *n.* a story or a description of a series of events or process of telling a story
116. a China-based jou_____st *n.* a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media
117. su_____ly attacked by an enemy *adv.* quickly and unexpectedly
118. so_____al norms *adj.* relating to society or social relationships
119. a scientific di_____ry *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
120. de___e a question *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
121. a cr__y scheme *adj.* stupid or not sensible; very angry
122. n_g political leaders *v.* to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse

ANSWERS: 111. embarrass, 112. massive, 113. immediately, 114. rid, 115. narrative, 116. journalist, 117. suddenly, 118. societal, 119. discovery, 120. decide, 121. crazy, 122. nag

123. dose-de_____nt induction *adj.* relying on someone or something else for support or aid
124. p__e a smoother road *v.* to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
125. ne___l networks in AI *adj.* of or relating to a nerve or the nervous system that includes the brain
126. jum_____rt a career *v.* to start or revitalize something stagnant or slow-moving, often by introducing new ideas or energy; to kick-start a car or other vehicle by connecting it to another vehicle's battery
127. unintended con_____ces *n.* the outcome of a particular action or event, especially relative to an individual
128. sh_____ng balance *adj.* constantly changing or moving
129. a theoretical concept in neu_____nce *n.* the scientific study of the function, structure, and disorder of the brain and the nervous system
130. mi_____ss entertainment *adj.* lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headed
131. de___e on a course of action *v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options
132. a pla_____nd on the roof *n.* an area where many people go for recreation, especially at a school or in a park

ANSWERS: 123. dependent, 124. pave, 125. neural, 126. jump-start, 127. consequence, 128. shifting, 129. neuroscience, 130. mindless, 131. decide, 132. playground

133. co_____nt personnel *adj.* having the necessary ability, knowledge, or skill to do something successfully
134. ne___l stem cells *adj.* of or relating to a nerve or the nervous system that includes the brain
135. feel a slight ch___l *n.* a feeling of coldness that makes one shiver; (verb) to make cool or cooler
136. domestic com_____or *n.* a person who participates in a sporting contest; a person or organization that competes with others, particularly in business
137. de_____e glycogen stores *v.* to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials
138. completely fas_____ng to me *adj.* extremely interesting
139. ho_____le accident *adj.* extremely unpleasant or bad; causing fear or disgust
140. v___e of ore *n.* a climbing plant that produces grapes; any plant with a growth habit of trailing or climbing stems
141. cr___y about cars and racing *adj.* stupid or not sensible; very angry
142. re_____ze achievement *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
143. b___e diameter *v.* to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources

ANSWERS: 133. competent, 134. neural, 135. chill, 136. competitor, 137. deplete, 138. fascinating, 139. horrible, 140. vine, 141. crazy, 142. recognize, 143. bore

144. r_d the body of waste products *v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person
145. rise nearly hun_____ld *adj.* a hundred times as great or as much
146. live in mi___y *n.* a state of ill-being due to affliction or misfortune
147. co_____us effort *adj.* being aware of and able to respond to what is happening around you
148. f__e away almost completely *v.* to vanish; to fade away; to lose color; to lose freshness
149. an unc_____ble silence *adj.* providing or feeling physical discomfort or slight pain
150. f__e in importance *v.* to vanish; to fade away; to lose color; to lose freshness
151. tr_____rm an education system *v.* to change in outward structure or looks;
152. em_____r my life *v.* to give someone the power or authority to do something
153. recent su___y *n.* an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
154. in_____ly cope with *adv.* immediately
155. psy_____gy experiment *n.* the scientific study of mind and behavior
156. the ex_____ed food sources *adj.* extremely tired
157. leather co__h *n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person

ANSWERS: 144. rid, 145. hundredfold, 146. misery, 147. conscious, 148. fade, 149. uncomfortable, 150. fade, 151. transform, 152. empower, 153. survey, 154. instantly, 155. psychology, 156. exhausted, 157. couch

169. victim of a vi_____t crime *adj.* involving or caused by physical force or aggression against someone or something
170. emotional p__p *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
171. em_____al health *adj.* relating to people's feelings
172. coffee with the ca_____ne removed *n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance
173. the con_____ce of an argument *n.* the outcome of a particular action or event, especially relative to an individual
174. economic bri_____ce *n.* the quality of being very clever or talented; the quality of being very bright or shining
175. pro_____on of disease *n.* the act or process of changing to the next stage or phase or moving forward
176. ad_____on to foreign oil *n.* the inability to stop using or doing something as a habit, especially something harmful
177. capable of ima_____ve creation *adj.* having or showing new and creative ideas
178. online au_____n *n.* a public sale in which goods or property are sold to the highest bidder; a process of selling goods or property through competitive bidding

ANSWERS: 169. violent, 170. prop, 171. emotional, 172. caffeine, 173. consequence, 174. brilliance, 175. progression, 176. addiction, 177. imaginative, 178. auction

179. id____fy gene sequences *v.* to recognize someone or something and say or prove who or what they are
180. killer a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
181. banner he____ne *n.* a heading at the top of a newspaper or magazine story or page
182. the at____t to rescue the hostages *n.* an act or effort of trying to do something, especially something difficult
183. he____he accompanied by fever *n.* pain in the head; someone or something that causes anxiety or trouble
184. abs____ly obsessed with the girl *adv.* without restriction or limitation; completely or utterly
185. stimulate day____ng *n.* the act of thinking about something that you would prefer to be doing or have happened to you
186. the great di____ry of the century *n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known
187. tas____er attitude *n.* a person who assigns, controls, or supervises tasks or work assignments; someone who is strict or demanding in assigning tasks or expecting high levels of productivity or performance
188. pi____p and delivery service *n.* a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody

ANSWERS: 179. identify, 180. app, 181. headline, 182. attempt, 183. headache, 184. absolutely, 185. daydreaming, 186. discovery, 187. taskmaster, 188. pickup

189. tec_____cal policy *adj.* based on scientific and industrial progress
190. a digital pl_____rm for enterprise *n.* the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed
191. a rid_____us amount of money *adj.* very silly or unreasonable and deserving to be laughed at
192. pr_____us information *adj.* uncommon and extremely valuable
193. re_____te blood sugar levels *v.* to control something, especially by means of rules or laws
194. research on co_____ve psychology *adj.* of or relating to mental processes of understanding
195. di_____ct attention from the real issue *v.* to draw someone's attention away from what they are trying to do
196. cardiac M_I *n.* (abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body
197. individual ins_____on *n.* detailed direction, order, etc., on how to do or use something
198. in____t in stocks *v.* to put money, effort, time, etc. into something to make a profit or achieve a result
199. sw__p down the water slide *v.* to rapidly or forcefully descend upon something or someone from a great height or distance; to rush or pounce upon

ANSWERS: 189. technological, 190. platform, 191. ridiculous, 192. precious, 193. regulate, 194. cognitive, 195. distract, 196. MRI, 197. instruction, 198. invest, 199. swoop

200. narrow st____ay *n.* a set of stairs that connects two floors or levels of a building, often with a handrail or banister for safety
201. the cy__e of the seasons *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle
202. price of pr____us metals *adj.* uncommon and extremely valuable
203. he____ne article *n.* a heading at the top of a newspaper or magazine story or page
204. an imp____ve array of facts *adj.* arousing admiration due to size, quality, or skill
205. m__h larva *n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
206. wa____r far from home *v.* to walk around slowly or to a place, often without any clear purpose or direction
207. the st____re of a machine *n.* the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts
208. aircraft au____ot *n.* a system that automatically controls the operation of an aircraft or spacecraft
209. neu____cal mechanism *adj.* of or relating to chemical processes occurring in neural activity or chemical substance that participates in neural activity
210. re____m land from the sea *v.* to take back something previously lost, given, or paid, or ask to have it back

ANSWERS: 200. stairway, 201. cycle, 202. precious, 203. headline, 204. impressive, 205. moth, 206. wander, 207. structure, 208. autopilot, 209. neurochemical, 210. reclaim

211. thousands of po__ds	<i>n.</i> the standard unit of money in the UK; the standard unit of weight equal to 16 ounces
212. beginning of the industrial rev_____on	<i>n.</i> a large-scale attempt to overthrow the government of a country, often using violence or war;
213. fas_____ng story	<i>adj.</i> extremely interesting
214. a famous b__d	<i>n.</i> a poet, especially one who composes poems in a traditional oral style; a singer or minstrel who tells stories through song
215. re_____m a competitive position	<i>v.</i> to take back something previously lost, given, or paid, or ask to have it back
216. the ch__l of autumn	<i>n.</i> a feeling of coldness that makes one shiver; (verb) to make cool or cooler
217. end of the first ep_____e	<i>n.</i> a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
218. co_____nt authority	<i>adj.</i> having the necessary ability, knowledge, or skill to do something successfully
219. ho_____le smell	<i>adj.</i> extremely unpleasant or bad; causing fear or disgust
220. st_____re and function of the brain	<i>n.</i> the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

ANSWERS: 211. pound, 212. revolution, 213. fascinating, 214. bard, 215. reclaim, 216. chill, 217. episode, 218. competent, 219. horrible, 220. structure

221. en_____er shortage *n.* a person whose job is designing, building, or maintaining something such as machines, structures, or software
222. de_____t settings *v.* to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options
223. un_____h burial mound *v.* to discover or bring to light something that is in the ground or was previously hidden or unknown
224. afraid to show em_____n *n.* a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others
225. ig___e a boom *v.* to set on fire; to cause to start burning
226. a co___h potato *n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person
227. st__k a key in a lock *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
228. sake of cl_____y *n.* the quality of being coherent and understandable; the quality of transparency or purity

ANSWERS: 221. engineer, 222. default, 223. unearth, 224. emotion, 225. ignite, 226. couch, 227. stick, 228. clarity

229. a political rev_____on *n.* a large-scale attempt to overthrow the government of a country, often using violence or war;
230. basic br__n function *n.* the organ inside the head that is responsible for one's movement, thought, memory, and feeling
231. beat com_____or offer *n.* a person who participates in a sporting contest; a person or organization that competes with others, particularly in business
232. co_____er relationship *n.* a person who works with another in the same company or organization
233. knee re___x *n.* an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli
234. ac_____e success *v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do
235. of_____e course *adj.* not connected to the internet
236. di_____l electronic signature *adj.* processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet
237. untold mi___y *n.* a state of ill-being due to affliction or misfortune
238. ha___e a precious object *v.* to deal with a situation, problem, or strong emotion

ANSWERS: 229. revolution, 230. brain, 231. competitor, 232. coworker, 233. reflex, 234. achieve, 235. offline, 236. digital, 237. misery, 238. handle

239. imp_____ve performances	<i>adj.</i> arousing admiration due to size, quality, or skill
240. en___e in environmental protection activities	<i>v.</i> to attract and keep someone's attention and interest; to participate in or obtain services of something
241. a rid_____us suggestion	<i>adj.</i> very silly or unreasonable and deserving to be laughed at
242. physically di_____te location	<i>adj.</i> very different or distinct from something else and is not connected or comparable in any way
243. ec_____y of scale	<i>n.</i> the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel
244. m__h attracted to the light	<i>n.</i> an insect with wings similar to a butterfly that travels at night and is attracted to light
245. st___l through the countryside	<i>v.</i> to walk somewhere in a slow, relaxed way and with no apparent aim
246. n_g about the minor thing	<i>v.</i> to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
247. a cold cl_____e	<i>n.</i> the weather in a particular location averaged over some long period
248. tec_____cal advancement	<i>adj.</i> based on scientific and industrial progress

ANSWERS: 239. impressive, 240. engage, 241. ridiculous, 242. disparate, 243. economy, 244. moth, 245. stroll, 246. nag, 247. climate, 248. technological

249. st___l across a street *v.* to walk somewhere in a slow, relaxed way and with no apparent aim
250. sp___e cost *adj.* additional to what is necessary for ordinary use; (verb) to give time, money, space, etc. to someone
251. g_t feelings *n.* the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant
252. listen to a po____t *n.* a radio program made available in digital format that you can download from the Internet and play on a computer or music player
253. feel a bit gu___y *adj.* feeling responsible for or having done something wrong or criminal
254. vi____s attack *adj.* having or showing a desire to cause harm to others; having the nature of vice
255. of____e mode *adj.* not connected to the internet
256. p__p stick *n.* a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
257. ma____e stars *adj.* enormous amount; very heavy and solid
258. br____nt performance *adj.* extremely clever, skilled, or impressive

ANSWERS: 249. stroll, 250. spare, 251. gut, 252. podcast, 253. guilty, 254. vicious, 255. offline, 256. prop, 257. massive, 258. brilliant

259. have an aw____e birthday *adj.* inspiring fear, admiration, or respect; very good, nice, fun, etc.
260. in__x full of emails *n.* an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept
261. sub____ous behavior *adj.* relating to or concerning the part of the mind that is not fully conscious but still influences thoughts, feelings, and behavior
262. au____ot function *n.* a system that automatically controls the operation of an aircraft or spacecraft
263. sub____ous influence *adj.* relating to or concerning the part of the mind that is not fully conscious but still influences thoughts, feelings, and behavior
264. z__e defense *n.* a specific area, region, or section that is marked off or defined in some way
265. the blind g_t *n.* the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant
266. sp__e parts *adj.* additional to what is necessary for ordinary use; (verb) to give time, money, space, etc. to someone
267. die su____ly *adv.* quickly and unexpectedly
268. go to the workplace by cy__e *n.* an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

ANSWERS: 259. awesome, 260. inbox, 261. subconscious, 262. autopilot, 263. subconscious, 264. zone, 265. gut, 266. spare, 267. suddenly, 268. cycle

269. medieval b__d *n.* a poet, especially one who composes poems in a traditional oral style; a singer or minstrel who tells stories through song
270. un_____h a mystery *v.* to discover or bring to light something that is in the ground or was previously hidden or unknown
271. time z__e *n.* a specific area, region, or section that is marked off or defined in some way
272. em_____ss political enemy *v.* to cause someone to feel awkward, worried, or ashamed
273. computer mul_____ing *n.* the ability to do more than one task at the same time; the state of doing more than one task at the same time
274. the di_____ty between theory and reality *n.* a significant difference or inequality between two or more things
275. in__x folder *n.* an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept
276. demanding tas_____er *n.* a person who assigns, controls, or supervises tasks or work assignments; someone who is strict or demanding in assigning tasks or expecting high levels of productivity or performance
277. re_____on of inclusion *n.* the way two persons or groups of people feel and act toward one another
278. acc_____sh a goal *v.* to finish or achieve something successfully

ANSWERS: 269. bard, 270. unearth, 271. zone, 272. embarrass, 273. multitasking, 274. disparity, 275. inbox, 276. taskmaster, 277. relation, 278. accomplish

279. he was en_____ly to blame *adv.* completely
280. cannot log in to the a_p *n.* (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
281. de_____p a strategy *v.* to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
282. re_____ze talent *v.* to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered
283. aut_____cal narrative *adj.* relating to or based on the experiences, thoughts, or life story of oneself; about one's own life history or personal narrative
284. tr_____rm heat into power *v.* to change in outward structure or looks;
285. with an am_____us eye *adj.* having a great desire to attain achievement, power, or wealth
286. fire st__k *v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
287. de_____e customer confidence *v.* to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials

ANSWERS: 279. entirely, 280. app, 281. develop, 282. recognize, 283. autobiographical, 284. transform, 285. ambitious, 286. stick, 287. deplete

288. modern el____or	<i>n.</i> a mechanical device used for vertical transportation, typically in multi-story buildings, consisting of a compartmentalized platform that moves between floors
289. continuously sh____ng landscape	<i>adj.</i> constantly changing or moving
290. br____nt idea	<i>adj.</i> extremely clever, skilled, or impressive
291. im____e the test score	<i>v.</i> to make or become better
292. vi____t incident	<i>adj.</i> involving or caused by physical force or aggression against someone or something
293. series of exp____nts	<i>n.</i> the scientific test conducted to observe what happens and gain new knowledge
294. wit____al from membership	<i>n.</i> the act of taking money out of an account; the act of ceasing to participate in an activity and moving or taking something away or back
295. exp____nt design	<i>n.</i> the scientific test conducted to observe what happens and gain new knowledge
296. improve co____ve function	<i>adj.</i> of or relating to mental processes of understanding
297. si____t reading	<i>adj.</i> without any or little sound
298. re____on between cause and effect	<i>n.</i> the way two persons or groups of people feel and act toward one another
299. bo____g day	<i>adj.</i> lacking interest or excitement; tedious or dull
300. be killed in____ly	<i>adv.</i> immediately

ANSWERS: 288. elevator, 289. shifting, 290. brilliant, 291. improve, 292. violent, 293. experiment, 294. withdrawal, 295. experiment, 296. cognitive, 297. silent, 298. relation, 299. boring, 300. instantly

301. de_____t on the mortgage
- v. to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options
302. de_____p a skill
- v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
303. jou_____st on a magazine
- n. a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media
304. re__r to a map
- v. to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support
305. a handy ga____t
- n. a small tool or device that is useful for a particular job
306. a co_____nt temperature
- adj. happening repeatedly or all the time
307. la_____y room
- n. the act of washing clothes and linens; a room or area where clothes are washed and ironed

ANSWERS: 301. default, 302. develop, 303. journalist, 304. refer, 305. gadget, 306. constant, 307. laundry

317. abs_____ly against

adv. without restriction or limitation;
completely or utterly

318. a we__d dress

adj. extraordinary, unexpected, or difficult to
explain

ANSWERS: 317. absolutely, 318. weird

Session 3: Fill in the Blanks

1. We must _____ a new system to streamline our workflow and increase efficiency.
v. to grow or expand; to improve or refine through a process of progress and refinement, often to achieve greater sophistication or complexity; to elaborate or add detail to something that is in the process of being created
2. The _____ dog barked and growled at anyone who came near its territory.
adj. having or showing a desire to cause harm to others; having the nature of vice
3. A _____ remains productive throughout the year.
n. a climbing plant that produces grapes; any plant with a growth habit of trailing or climbing stems
4. Many companies employ _____ as a good way of generating innovative ideas.
n. a group activity or business method in which a group of people meet and think about something at the same time to solve a problem or to create good ideas
5. Trends in the fashion industry are so _____ that it is challenging to keep up with them.
adj. constantly changing or moving
6. Everyone regarded the theory he advocated as _____ but was later proven correct.
adj. very silly or unreasonable and deserving to be laughed at
7. I found the kitchen _____ that will serve as a bottle opener in the store.
n. a small tool or device that is useful for a particular job

ANSWERS: 1. develop, 2. vicious, 3. vine, 4. brainstorming, 5. shifting, 6. ridiculous, 7. gadget

8. The national assembly has _____ the budget.
- v.* to choose to follow something; to legally take a child from another family and care for them as if they were one's own
9. I'll be waiting for you in front of the café at 6 PM, so be on time for our _____.
- n.* a type of vehicle with an open-air cargo bed at the back used for transporting goods or equipment; the act of collecting or gathering someone or something from a particular location; a warrant to take someone into custody
10. The _____ is a serious threat to the farm's output.
- n.* an insect with wings similar to a butterfly that travels at night and is attracted to light
11. The antique furniture was sold at _____ for a high price.
- n.* a public sale in which goods or property are sold to the highest bidder; a process of selling goods or property through competitive bidding
12. We must _____ ourselves of pollution.
- v.* to make someone or something free of unwanted or unpleasant tasks, objects, or person
13. She couldn't stop _____ her husband to take out the trash.
- v.* to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse
14. The experience was _____ and left a lasting impression.
- adj.* extremely unpleasant or bad; causing fear or disgust
15. Her research team made an important _____.
- n.* the act or process of finding information, a place, or an object, or learning about something that was previously not known

ANSWERS: 8. adopted, 9. pickup, 10. moth, 11. auction, 12. rid, 13. nagging, 14. horrible, 15. discovery

16. I can't stop _____ my arm because of the mosquito bite.
v. to have an uncomfortable feeling on the skin that makes you want to scratch it
17. The lecture on quantum physics _____ me to tears.
v. to make someone feel weary or uninterested, often by talking at length about uninteresting or mundane topics; to cause someone to feel bored or unengaged; (noun) a hole or tunnel drilled or dug into the ground, either for exploration or extraction of natural resources
18. His swear words cast a _____ on the party.
n. a feeling of coldness that makes one shiver; (verb) to make cool or cooler
19. There is a significant _____ in pay between men and women in the company.
n. a significant difference or inequality between two or more things
20. The protesters became _____ when the police tried to disperse them.
adj. involving or caused by physical force or aggression against someone or something
21. We have finally lost our last _____.
n. a piece of wood, metal, etc., placed beneath or against something to support it or keep it in position; a system, institution, or person that gives help or support to someone or something
22. The airplane was on _____ during the long flight.
n. a system that automatically controls the operation of an aircraft or spacecraft
23. The focus of these initiatives is to make the financial system more _____.
adj. easy to perceive, detect, or understand; (of a material or article) permitting light to pass through freely

ANSWERS: 16. itching, 17. bored, 18. chill, 19. disparity, 20. violent, 21. prop, 22. autopilot, 23. transparent

24. They _____ the courtyard with bricks, giving it a more polished appearance.
v. to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
25. I am _____ opposed to his idea because of morality.
adv. without restriction or limitation; completely or utterly
26. The organization worked to bring together _____ groups in the community.
adj. very different or distinct from something else and is not connected or comparable in any way
27. The third _____ was far more successful.
n. an act or effort of trying to do something, especially something difficult
28. We can _____ this possibility from those consumptions.
v. to remove or get rid of someone or something
29. These economic activities had disastrous environmental _____.
n. the outcome of a particular action or event, especially relative to an individual
30. This pill will relieve your _____ immediately.
n. pain in the head; someone or something that causes anxiety or trouble
31. The engagement of the two golf players became _____ news.
n. a heading at the top of a newspaper or magazine story or page
32. The industrial _____ laws were passed with little to no alteration.
n. the way two persons or groups of people feel and act toward one another

ANSWERS: 24. paved, 25. absolutely, 26. disparate, 27. attempt, 28. eliminate, 29. consequences, 30. headaches, 31. headline, 32. relations

33. There was a disturbance of _____ function.

adj. of or relating to a nerve or the nervous system that includes the brain

34. He was reluctant to leave his comfort _____ and try something new.

n. a specific area, region, or section that is marked off or defined in some way

35. The speaker mounted the _____ and started to speak.

n. the raised flat space close to the track at a train station where passengers get on or off the train; (technology) a computational or digital environment in which a piece of software is executed

36. The author wrote an _____ novel about growing up in a small town.

adj. relating to or based on the experiences, thoughts, or life story of oneself; about one's own life history or personal narrative

37. The publisher will proofread most of this manuscript for _____.

n. the quality of being coherent and understandable; the quality of transparency or purity

38. Our study focuses on _____ changes in the brain.

adj. of or relating to chemical processes occurring in neural activity or chemical substance that participates in neural activity

39. _____ dropping wears away the stone.

adj. happening repeatedly or all the time

40. The grand entrance hall had a magnificent marble _____ that curved gracefully upwards.

n. a set of stairs that connects two floors or levels of a building, often with a handrail or banister for safety

ANSWERS: 33. neural, 34. zone, 35. platform, 36. autobiographical, 37. clarity, 38. neurochemical, 39. Constant, 40. stairway

41. His _____ showed highly positive results.
n. the scientific test conducted to observe what happens and gain new knowledge
42. I want to put that _____ of my life behind me.
n. a happening or story that is distinctive in a series of related events; an abrupt short period during which someone suffers from the effects of a physical or mental illness
43. The company has made great strides in its _____ toward sustainability.
n. the act or process of changing to the next stage or phase or moving forward
44. The teacher will not _____ any students to leave the classroom early.
v. to allow for something to happen or be done; (noun) the act of giving a formal, usually written, authorization
45. It is important to _____ safety procedures in the workplace to prevent accidents.
v. to watch or notice something carefully, often to gather information or insights; to take note of something or someone; to celebrate or commemorate a special event or occasion
46. NATO's allied forces made a strategic _____.
n. the act of taking money out of an account; the act of ceasing to participate in an activity and moving or taking something away or back
47. The novel's plot was _____ and kept readers in their seats.
adj. arousing curiosity or interest, often due to a mysterious or complex quality; fascinating or captivating
48. My memory will _____ but my heart will live on.
v. to vanish; to fade away; to lose color; to lose freshness

ANSWERS: 41. experiments, 42. episode, 43. progression, 44. permit, 45. observe, 46. withdrawal, 47. intriguing, 48. fade,

49. She felt _____ after her dog passed away.

adj. very unhappy, uncomfortable, or unpleasant; causing great distress or suffering

50. The development team reported two _____ increases in performance.

adj. a hundred times as great or as much

51. The detective _____ a critical clue that led to the suspect's arrest.

v. to discover or bring to light something that is in the ground or was previously hidden or unknown

52. The lecture was so _____ that many people fell asleep.

adj. lacking interest or excitement; tedious or dull

53. The _____ of the country is struggling due to the recent political instability.

n. the system by which a country or region produces manages, and distributes goods and services, including the money and finances involved in these activities; (of an airline) the lowest-priced, most basic option for seating in commercial travel

54. The _____ runner fell to the ground and gasped.

adj. extremely tired

55. After much contemplation, the suspect decided to plead _____ to the theft charge.

adj. feeling responsible for or having done something wrong or criminal

56. _____ advances have disrupted many industries.

adj. based on scientific and industrial progress

ANSWERS: 49. miserable, 50. hundredfold, 51. unearthed, 52. boring, 53. economy, 54. exhausted, 55. guilty, 56. Technological

57. Please _____ to the instruction manual for further assistance.

- v.* to direct someone's attention, thoughts, or questions to another source or person; to mention, cite, or allude to something as evidence or support

58. The small island nation is heavily _____ on tourism as its main source of income.

- adj.* relying on someone or something else for support or aid

59. Many animals go into _____ during the winter to conserve energy and survive the harsh conditions.

- n.* a state of inactivity and metabolic depression in animals during the winter

60. _____ scrolling on social media can be a time waster.

- adj.* lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headed

61. The _____ handles multiple plot lines and has unpredictable ends.

- n.* a story or a description of a series of events or process of telling a story

62. I remembered that person _____ and never forgot.

- adv.* immediately

63. I will work hard to _____ my goals and realize my dreams.

- v.* to successfully complete a task or goal, often through hard work, perseverance, and dedication; to attain or accomplish something that one has set out to do

64. The _____ performance at the festival was the highlight of the event.

- n.* a poet, especially one who composes poems in a traditional oral style; a singer or minstrel who tells stories through song

ANSWERS: 57. refer, 58. dependent, 59. hibernation, 60. Mindless, 61. narrative, 62. instantly, 63. achieve, 64. bard's

65. We all should learn how to _____ stress.

v. to deal with a situation, problem, or strong emotion

66. The organizational _____ of start-ups is often flat and straightforward.

n. the way of construction of something and the arrangement of its parts, or a complex thing constructed of many parts

67. The eagle _____ down from the sky to catch its prey.

v. to rapidly or forcefully descend upon something or someone from a great height or distance; to rush or pounce upon

68. The doctor injected _____ into his patient's veins.

n. a type of sugar that is found in plants, especially fruit, and is an essential energy source in living things

69. Sensors convert physical phenomena into _____ signals.

adj. processing or storing information as a succession of 1 and 0 to show that a signal is present or missing; relating to the use of computer technology, especially the internet

70. The strict _____ demanded nothing but perfection from his employees.

n. a person who assigns, controls, or supervises tasks or work assignments; someone who is strict or demanding in assigning tasks or expecting high levels of productivity or performance

71. He told me a _____ truth about my parent's death.

n. the long tube in the body of a person or animal through which food passes when it leaves the stomach; the mental strength or bravery required to do something difficult or unpleasant

ANSWERS: 65. handle, 66. structure, 67. swooped, 68. glucose, 69. digital, 70. taskmaster, 71. gut-wrenching

72. There is a lot of _____ nature and food in Hawaii.

adj. inspiring fear, admiration, or respect; very good, nice, fun, etc.

73. All the supervisor has to do is assign tasks that make his subordinates more _____.

adj. relating to or involving the use of skill and original and unusual ideas to create something

74. The food chain causes a material _____.

n. an interval during which a recurring sequence of events occurs; a bicycle or motorcycle

75. Internet traffic volumes have increased significantly with the advent of _____.

n. a mobile phone that functions as a computer and connects to the Internet

76. Human _____ responses vary widely depending on the society to which they belong.

adj. relating to people's feelings

77. The _____ will repair my telephone tomorrow morning.

n. a person whose job is designing, building, or maintaining something such as machines, structures, or software

78. Highlight the sentences that you want to _____.

v. to remove something, especially that has been written; to wipe out digitally or magnetically recorded information

79. I will introduce you to how to _____ the leading causes of the malfunction.

v. to recognize someone or something and say or prove who or what they are

ANSWERS: 72. awesome, 73. creative, 74. cycle, 75. smartphones, 76. emotional, 77. engineer, 78. delete, 79. identify

80. I often waste a lot of time _____.

n. the act of thinking about something that you would prefer to be doing or have happened to you

81. The judge ruled that the defendant was _____ to stand trial.

adj. having the necessary ability, knowledge, or skill to do something successfully

82. The ___ machine uses powerful magnets to produce detailed images of the inside of the body.

n. (abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body

83. The museum houses a _____ collection of Celtic artifacts.

adj. extremely interesting

84. The long lecture on a topic I already knew left me struggling to fight off _____.

n. a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation

85. Later, his claim was found to be _____ false.

adv. completely

86. He is now fighting his _____ to drugs.

n. the inability to stop using or doing something as a habit, especially something harmful

87. Their company has been in business for a short time but has _____ goals.

adj. having a great desire to attain achievement, power, or wealth

ANSWERS: 80. daydreaming, 81. competent, 82. MRI, 83. fascinating, 84. boredom, 85. entirely, 86. addiction, 87. ambitious

88. Smoking places you at severe risk of _____ and respiratory disease.

adj. of or relating to the heart and blood vessels (= tubes that carry blood around the body)

89. His _____ faculties were getting worse because of a lack of sleep.

adj. of or relating to mental processes of understanding

90. The discovery of a critical bug caused the company to delay the _____ release.

n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

91. Please don't _____ me while I'm studying.

v. to draw someone's attention away from what they are trying to do

92. The golfer recorded an _____ distance.

adj. extremely surprising, especially in a way that you like or admire

93. _____ and weather have an impact on every part of our lifestyles.

n. the weather in a particular location averaged over some long period

94. I made plans to spend my _____ time beneficially.

adj. additional to what is necessary for ordinary use; (verb) to give time, money, space, etc. to someone

95. The more _____ you are, the more people around you look at you with envy and jealousy.

adj. extremely clever, skilled, or impressive

96. The _____ mind is said to hold our deepest desires and fears.

adj. relating to or concerning the part of the mind that is not fully conscious but still influences thoughts, feelings, and behavior

ANSWERS: 88. cardiovascular, 89. cognitive, 90. app's, 91. distract, 92. amazing, 93. Climate, 94. spare, 95. brilliant, 96. subconscious

97. We want to _____ ties between our two countries.

v. to make or become better

98. Our _____ was the most downloaded in the technology news genre this year.

n. a radio program made available in digital format that you can download from the Internet and play on a computer or music player

99. The rain and thunder are _____ today.

adj. stupid or not sensible; very angry

100. She could finish all her work on time because of her _____ skills.

n. the ability to do more than one task at the same time; the state of doing more than one task at the same time

101. He that would eat the kernel must _____ the nut.

v. to break or cause to break without dividing into separate parts; (noun) a line on the surface of something along which it has separated without breaking

102. The incident _____ a political controversy.

v. to make something happen suddenly; to cause something such as a device, machine, etc. to function

103. It's important to _____ your strengths and weaknesses.

v. to acknowledge or realize something or someone; to identify, remember, or become aware of something that was previously known or encountered

104. The company _____ employees to buy low-price items without approval to achieve efficient purchasing.

v. to give someone the power or authority to do something

ANSWERS: 97. improve, 98. podcast, 99. crazy, 100. multitasking, 101. crack, 102. triggered, 103. recognize, 104. empowered

105. I need to do the _____ before I run out of clean clothes.

- n.* the act of washing clothes and linens; a room or area where clothes are washed and ironed

106. She couldn't _____ whether to order the pizza or the pasta for dinner.

- v.* to make up someone's mind about something; to come to a conclusion or judgment after considering options

107. The scientist's _____ led to many groundbreaking discoveries in his field.

- n.* the quality of being very clever or talented; the quality of being very bright or shining

108. He _____ the fireworks with a single spark.

- v.* to set on fire; to cause to start burning

109. We could _____ into town if you like.

- v.* to walk somewhere in a slow, relaxed way and with no apparent aim

110. I often _____ around the park for half an hour.

- v.* to walk around slowly or to a place, often without any clear purpose or direction

111. The car's front bumper cost fifteen hundred _____.

- n.* the standard unit of money in the UK; the standard unit of weight equal to 16 ounces

112. He looked for an opportunity to _____ that actor in public.

- v.* to cause someone to feel awkward, worried, or ashamed

113. A suspension order from the court is effective _____.

- adv.* now or without delay

ANSWERS: 105. laundry, 106. decide, 107. brilliance, 108. ignited, 109. stroll, 110. wander, 111. pounds, 112. embarrass, 113. immediately

114. The budget reduction was an _____ feat for our nation.

adj. arousing admiration due to size, quality, or skill

115. The hotel's _____ was out of order, so we had to take the stairs to our room on the fifth floor.

n. a mechanical device used for vertical transportation, typically in multi-story buildings, consisting of a compartmentalized platform that moves between floors

116. The _____ by the citizen resulted in a redistribution of wealth.

n. a large-scale attempt to overthrow the government of a country, often using violence or war;

117. She is a hard worker but not very _____.

adj. having or showing new and creative ideas

118. If you don't specify a different option, the computer will _____ to its original settings.

v. to fail to fulfill an obligation or pay a debt when it is due; to fail to meet expectations or perform as required; to choose or accept a predetermined option or condition without making a deliberate selection or choice; (noun) a failure to fulfill an obligation or to meet a requirement; the pre-set or automatic settings that a system or program uses when the user has selected no other options

119. The government should view children as national assets and actively _____ in them.

v. to put money, effort, time, etc. into something to make a profit or achieve a result

ANSWERS: 114. impressive, 115. elevator, 116. revolution, 117. imaginative, 118. default, 119. invest

120. The politician remained _____ despite intense media scrutiny.

adj. without any or little sound

121. Who answers _____ knows little.

adv. quickly and unexpectedly

122. The computer is _____ and cannot be accessed at the moment.

adj. not connected to the internet

123. The baby peacefully slept in her _____ surrounded by stuffed animals and blankets.

n. a small bed for an infant, often designed to rock back and forth; a place or region where something begins or originates

124. The _____ pressure to conform is strong in this community.

adj. relating to society or social relationships

125. He does a different _____ every day to keep things interesting.

n. a session of physical exercise or training

126. My leg kicked involuntarily when the doctor tapped my knee with the _____ hammer.

n. an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli

127. Many multinational companies are _____ in the reconstruction of that country.

v. to attract and keep someone's attention and interest; to participate in or obtain services of something

ANSWERS: 120. silent, 121. suddenly, 122. offline, 123. cradle, 124. societal, 125. workout, 126. reflex, 127. engaged

128. My computer has been acting _____ recently.

adj. extraordinary, unexpected, or difficult to explain

129. New parents often struggle to soothe their infants with _____.

n. a condition typically occurring in infants, characterized by severe and often fluctuating pain in the abdomen caused by intestinal or digestive disturbances

130. His abusive words made me _____.

adj. providing or feeling physical discomfort or slight pain

131. Some _____ are common across cultures and backgrounds.

n. a strong feeling such as love, anger, etc. deriving from one's situation, mood, or relationships with others

132. He became _____ that he was being followed.

adj. being aware of and able to respond to what is happening around you

133. I had to _____ my car's battery this morning because it was dead.

v. to start or revitalize something stagnant or slow-moving, often by introducing new ideas or energy; to kick-start a car or other vehicle by connecting it to another vehicle's battery

134. They used fast-acting _____ on the flowers in the flower beds.

n. any substance that is essential for the maintenance and growth of living things

135. X-rays revealed a small tumor in his _____.

n. the organ inside the head that is responsible for one's movement, thought, memory, and feeling

ANSWERS: 128. weird, 129. colic, 130. uncomfortable, 131. emotions, 132. conscious, 133. jump-start, 134. nutrients, 135. brain

136. I love to relax on the _____ and watch movies on the weekends.
- n.* a piece of furniture made for sitting, usually with a back and armrests, designed to seat more than one person
137. Foreign TV crews and _____ can go as they please in various locations during the Olympics.
- n.* a person who collects and writes news stories or articles for newspapers, magazines, radio, television, or other online media
138. The recent economic downturn has resulted in _____ layoffs.
- adj.* enormous amount; very heavy and solid
139. If we continue to _____ the Earth's natural resources, we will cause severe damage to the environment.
- v.* to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials
140. My ex-_____ and I had different working styles but managed to get along.
- n.* a person who works with another in the same company or organization
141. She experienced headaches and fatigue as symptoms of _____ withdrawal after quitting coffee.
- n.* a stimulant drug that is found in coffee, tea, and other beverages and that is used to increase alertness and improve mental and physical performance
142. I need to _____ the latest update for my computer's operating system.
- v.* to transfer data or files from the Internet or computer network to a user's computer or device; (noun) the process of transferring data or information from a remote or central computer to a local computer or device

ANSWERS: 136. couch, 137. journalists, 138. massive, 139. deplete, 140. coworker, 141. caffeine, 142. download

143. The gap between the company and its _____ has widened.
- n.* a person who participates in a sporting contest; a person or organization that competes with others, particularly in business
144. That _____ shows that people are accepting the tax increase to some extent.
- n.* an investigation of the opinions, behavior, etc. of a particular group of people, made by asking people questions
145. She had a master's degree in _____.
- n.* the scientific study of mind and behavior
146. You _____ a bill in the change machine, and the coins pop out.
- v.* to put something, usually a sharp object, into something; to restrict yourself to doing or using one certain thing and not change; (noun) a thin piece of wood or other material
147. There is a woods with a creek near the school _____.
- n.* an area where many people go for recreation, especially at a school or in a park
148. We must manage to _____ our expenditure.
- v.* to control something, especially by means of rules or laws
149. It was _____ that the heavy rain started just as they set up for an outdoor picnic.
- adj.* using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect
150. Our company suffered _____ from incurring a heavy loss.
- n.* a state of ill-being due to affliction or misfortune

ANSWERS: 143. competitors, 144. survey, 145. psychology, 146. stick, 147. playground, 148. regulate, 149. ironic, 150. misery

151. After you register, you will receive an email with a coupon shortly in your _____.
n. an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept
152. They needed further _____ to perform their duties efficiently.
n. detailed direction, order, etc., on how to do or use something
153. Our university is famous for its professors, who are well-versed in behavioral _____.
n. the scientific study of the function, structure, and disorder of the brain and the nervous system
154. Could you help me _____ some furniture?
n. a slight transition in position, direction, or trend
155. Humankind took centuries to _____ true democracy.
v. to finish or achieve something successfully
156. We cannot afford to squander _____ time.
adj. uncommon and extremely valuable
157. You may be entitled to _____ some tax.
v. to take back something previously lost, given, or paid, or ask to have it back
158. The company's poor financial performance is likely to _____ the CEO's chances of being re-elected to the board.
v. to express disapproval of or disappointment in something or someone; to condemn or to curse; (a swear word) an expression of anger

ANSWERS: 151. inbox, 152. instruction, 153. neuroscience, 154. shift, 155. accomplish, 156. precious, 157. reclaim, 158. damn

159. My father's death _____ my life completely.

v. to change in outward structure or looks;

ANSWERS: 159. transformed