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Vocabulary Builder Reference from...

Manoush Zomorodi: How boredom can lead to your most brilliant ideas | TED Talk https://www.ted.com/talks/manoush_zomorodi_how_boredom_can_lead_to_your_most_brilliant_ideas



Advanced Words Only

IMPORTANT

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Session 1: Word List

smartphone

- a mobile phone that functions as a computer and connects to the Internet
- (1) **smartphone** app developer, (2) **smartphone** addict Internet traffic volumes have increased significantly with the advent of **smartphones**.

gadget

- n. a small tool or device that is useful for a particular jobsynonym: appliance, gimmick, device
- (1) a handy **gadget**, (2) time-saving **gadget**I found the kitchen **gadget** that will serve as a bottle opener in the store.

colic

 a condition typically occurring in infants, characterized by severe and often fluctuating pain in the abdomen caused by intestinal or digestive disturbances

synonym: cramp, spasm, gripe

(1) colic symptoms, (2) colic relief

New parents often struggle to soothe their infants with colic.

stroll

to walk somewhere in a slow, relaxed way and with no apparent aim

synonym: amble, roam, mope

(1) stroll across a street, (2) stroll through the countryside

We could **stroll** into town if you like.

moth

- an insect with wings similar to a butterfly that travels at night and is attracted to light
- (1) **moth** larva, (2) **moth** attracted to the light The **moth** is a serious threat to the farm's output.

pave

 to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use

synonym: surface, coat, cover

(1) **pave** a new path, (2) **pave** a smoother road They **paved** the courtyard with bricks, giving it a more polished appearance.

hundredfold

adj. a hundred times as great or as much

(1) rise nearly **hundredfold**, (2) improve **hundredfold**The development team reported two **hundredfold** increases in performance.

brainstorming

- a group activity or business method in which a group of people meet and think about something at the same time to solve a problem or to create good ideas
- (1) **brainstorming** session, (2) do a **brainstorming** about a new product

Many companies employ **brainstorming** as a good way of generating innovative ideas.

unearth

v. to discover or bring to light something that is in the ground or was previously hidden or unknown

synonym: discover, uncover, expose

(1) **unearth** burial mound, (2) **unearth** a mystery The detective **unearthed** a critical clue that led to the suspect's arrest.

coworker

 a person who works with another in the same company or organization synonym: colleague, peer, associate

(1) **coworker** relationship, (2) argue with a **coworker** My ex- **coworker** and I had different working styles but managed to get along.

neuroscience

- the scientific study of the function, structure, and disorder of the brain and the nervous system
- (1) the branch of **neuroscience**, (2) a theoretical concept in **neuroscience**

Our university is famous for its professors, who are well-versed in behavioral **neuroscience**.

ignite

- v. to set on fire; to cause to start burning synonym: light, set fire to, ignite
- (1) **ignite** a boom, (2) **ignite** passion He **ignited** the fireworks with a single spark.

autopilot

a system that automatically controls the operation of an aircraft or spacecraft

synonym: self-pilot, self-driving, self-navigating

(1) **autopilot** function, (2) aircraft **autopilot**The airplane was on **autopilot** during the long flight.

boredom

 a state of weariness, restlessness, or impatience that arises from not being interested or engaged in an activity, task, or situation

synonym: ennui, tedium, monotony

(1) boredom relief, (2) chronic boredom

The long lecture on a topic I already knew left me struggling to fight off **boredom**.

daydreaming

 the act of thinking about something that you would prefer to be doing or have happened to you

synonym: reverie, cloud-castle, imagination

(1) stimulate **daydreaming**, (2) the mental process of **daydreaming**

I often waste a lot of time daydreaming.

subconscious

adj. relating to or concerning the part of the mind that is not fully conscious but still influences thoughts, feelings, and behavior

synonym: unconscious, latent, hidden

(1) **subconscious** influence, (2) **subconscious** behavior The **subconscious** mind is said to hold our deepest desires and fears.

MRI

- n. (abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body
- (1) MRI brain image, (2) cardiac MRI

The **MRI** machine uses powerful magnets to produce detailed images of the inside of the body.

disparate

adj. very different or distinct from something else and is not connected or comparable in any way

synonym: different, distinct, separate

(1) **disparate** impact, (2) physically **disparate** location The organization worked to bring together **disparate** groups in the community.

nag

v. to annoy or irritate someone persistently with repeated complaints, requests, or criticism; (noun) an old or over-worked horse

synonym: hassle, bother, badger

nag about the minor thing, (2) nag political leaders
 She couldn't stop nagging her husband to take out the trash.

autobiographical

adj. relating to or based on the experiences, thoughts, or life story of oneself; about one's own life history or personal narrative

synonym: self-written, self-told, personal

(1) autobiographical narrative, (2) autobiographical

Page 4 / 24

memory

The author wrote an **autobiographical** novel about growing up in a small town.

neurochemical

- adj. of or relating to chemical processes occurring in neural activity or chemical substance that participates in neural activity
- (1) **neurochemical** substances, (2) **neurochemical** mechanism

Our study focuses on **neurochemical** changes in the brain.

multitasking

- n. the ability to do more than one task at the same time;the state of doing more than one task at the same timesynonym: juggling, multihandling, parallelism
- (1) computer **multitasking**, (2) **multitasking** ability She could finish all her work on time because of her **multitasking** skills.

deplete

v. to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials

synonym: exhaust, consume, use up

(1) **deplete** customer confidence, (2) **deplete** glycogen stores

If we continue to **deplete** the Earth's natural resources, we will cause severe damage to the environment.

reclaim

v. to take back something previously lost, given, or paid, or ask to have it back

synonym: recoup, regain, retake

(1) **reclaim** a competitive position, (2) **reclaim** land from the sea

You may be entitled to reclaim some tax.

mindless

adj. lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headedsynonym: senseless, thoughtless, irresponsible

Page 5 / 24

(1) **mindless** task, (2) **mindless** entertainment **Mindless** scrolling on social media can be a time waster.

app

 n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

synonym: application, software

(1) killer app, (2) cannot log in to the app

The discovery of a critical bug caused the company to delay the **app's** release.

ironic

adj. using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect

synonym: sarcastic, wry, sardonic

(1) **ironic** result, (2) an **ironic** turn of events

It was **ironic** that the heavy rain started just as they set up for an outdoor picnic.

bard

 a poet, especially one who composes poems in a traditional oral style; a singer or minstrel who tells stories through song

synonym: poet, minstrel, troubadour

(1) medieval bard, (2) a famous bard

The **bard's** performance at the festival was the highlight of the event.

inbox

- an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept
- (1) inbox full of emails, (2) inbox folder

After you register, you will receive an email with a coupon shortly in your **inbox**.

reflex

 an automatic and unthinking response to a particular stimulus; a physical reaction to external stimuli

synonym: reaction, response, instinct

(1) reflex test, (2) knee reflex

My leg kicked involuntarily when the doctor tapped my knee with the **reflex** hammer.

itch

- v. to have an uncomfortable feeling on the skin that makes you want to scratch it
- synonym: scratch, tingle, irritate
- (1) itch constantly, (2) itch to speak

I can't stop **itching** my arm because of the mosquito bite.

embarrass

- v. to cause someone to feel awkward, worried, or ashamed synonym: disconcert, unsettle, agitate
- (1) **embarrass** political enemy, (2) **embarrass** my project He looked for an opportunity to **embarrass** that actor in public.

stairway

- n. a set of stairs that connects two floors or levels of a building, often with a handrail or banister for safetysynonym: staircase, steps
- (1) **stairway** railing, (2) narrow **stairway**

The grand entrance hall had a magnificent marble **stairway** that curved gracefully upwards.

vine

- a climbing plant that produces grapes; any plant with a growth habit of trailing or climbing stems
- (1) a green vine, (2) vine of ore

A vine remains productive throughout the year.

swoop

v. to rapidly or forcefully descend upon something or someone from a great height or distance; to rush or pounce upon

synonym: dart, pounce

(1) **swoop** down the water slide, (2) **swoop** up the escalator The eagle **swooped** down from the sky to catch its prey.

empower

v. to give someone the power or authority to do something synonym: authorize, endow, entitle (1) **empower** my life, (2) **empower** the secretary to do the same

The company **empowered** employees to buy low-price items without approval to achieve efficient purchasing.

taskmaster

 a person who assigns, controls, or supervises tasks or work assignments; someone who is strict or demanding in assigning tasks or expecting high levels of productivity or performance

synonym: overseer, supervisor, disciplinarian

(1) demanding **taskmaster**, (2) **taskmaster** attitude

The strict **taskmaster** demanded nothing but perfection from his employees.

imaginative

adj. having or showing new and creative ideas synonym: creative, innovative, inventive

(1) capable of **imaginative** creation, (2) **imaginative** as a child

She is a hard worker but not very imaginative.

societal

adj. relating to society or social relationships synonym: social, communal, cultural

(1) **societal** norms, (2) **societal** expectations

The **societal** pressure to conform is strong in this community.

disparity

 a significant difference or inequality between two or more things

synonym: difference, inequality, gap

(1) the **disparity** between theory and reality, (2) income **disparity**

There is a significant **disparity** in pay between men and women in the company.

hibernation

 a state of inactivity and metabolic depression in animals during the winter

synonym: dormancy, torpor, sleep

(1) **hibernation** period, (2) artificial **hibernation**Many animals go into **hibernation** during the winter to conserve energy and survive the harsh conditions.

offline

adj. not connected to the internetsynonym: disconnected, not connected, unplugged

(1) offline course, (2) offline mode

The computer is **offline** and cannot be accessed at the moment.

distract

v. to draw someone's attention away from what they are trying to do

synonym: divert, preoccupy, confuse

(1) **distract** attention from the real issue, (2) **distract** public opinion

Please don't **distract** me while I'm studying.

brilliance

 the quality of being very clever or talented; the quality of being very bright or shining

synonym: splendor, glory, luster

(1) **brilliance** of diamond, (2) economic **brilliance**The scientist's **brilliance** led to many groundbreaking discoveries in his field.

Session 2: Spelling

hib_____on period a state of inactivity and metabolic 1. n. depression in animals during the winter

2. an automatic and unthinking response knee re___x n. to a particular stimulus; a physical reaction to external stimuli

to cover something with a hard, flat 3. p__e a smoother road material such as stones, bricks, or concrete, to make it suitable for travel or use

neu cal mechanism adj. of or relating to chemical processes 4. occurring in neural activity or chemical substance that participates in neural activity

adj. relating to society or social relationships

to cause someone to feel awkward, worried, or ashamed

an automatic and unthinking response n. to a particular stimulus; a physical reaction to external stimuli

an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept

the act of thinking about something that n. you would prefer to be doing or have happened to you

so____al norms 5.

em____ss my project 6.

7. re__x test

in x full of emails 8.

9. stimulate day ng

ANSWERS: 1. hibernation, 2. reflex, 3. pave, 4. neurochemical, 5. societal, 6. embarrass, 7. reflex, 8. inbox, 9. daydreaming

10. mi ss task adj. lacking in awareness, thought, or attention; done without thinking or consideration; pointless or empty-headed 11. ig e a boom to set on fire; to cause to start burning ν. 12. sw p up the escalator to rapidly or forcefully descend upon ν. something or someone from a great height or distance; to rush or pounce upon a small tool or device that is useful for a 13. a handy ga t particular job 14. m h larva an insect with wings similar to a butterfly that travels at night and is attracted to light 15. ima____ve as a child adj. having or showing new and creative ideas 16. de____e glycogen stores to reduce something, especially supplies of energy, money, etc., by a large amount; to use up resources or materials 17. an ir___c turn of events adj. using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect 18. argue with a co er a person who works with another in the same company or organization 19. medieval b d a poet, especially one who composes n. poems in a traditional oral style; a singer or minstrel who tells stories through song

ANSWERS: 10. mindless, 11. ignite, 12. swoop, 13. gadget, 14. moth, 15. imaginative, 16. deplete, 17. ironic, 18. coworker, 19. bard

ANSWERS: 20. boredom, 21. stairway, 22. ignite, 23. distract, 24. daydreaming, 25. colic, 26. offline, 27. brilliance, 28. hundredfold, 29. multitasking, 30. disparate

31.	inx folder	n.	an electronic folder on a computer or phone where new emails, text messages, etc., that are sent to you are kept
32.	emss political enemy	<i>v</i> .	to cause someone to feel awkward, worried, or ashamed
33.	stI across a street	<i>v</i> .	to walk somewhere in a slow, relaxed way and with no apparent aim
34.	emr my life	<i>v</i> .	to give someone the power or authority to do something
35.	M_I brain image	n.	(abbreviation for magnetic resonance imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body
36.	unh burial mound	v.	to discover or bring to light something that is in the ground or was previously hidden or unknown
37.	autcal memory	adj.	relating to or based on the experiences, thoughts, or life story of oneself; about one's own life history or personal narrative
38.	artificial hibon	n.	a state of inactivity and metabolic depression in animals during the winter
39.	irc result	adj.	using words to express something different from and often opposite to their literal or usual meaning, often for humorous or rhetorical effect
40.	stI through the countryside	v.	to walk somewhere in a slow, relaxed way and with no apparent aim

ANSWERS: 31. inbox, 32. embarrass, 33. stroll, 34. empower, 35. MRI, 36. unearth, 37. autobiographical, 38. hibernation, 39. ironic, 40. stroll

41. re m land from the sea to take back something previously lost, ν. given, or paid, or ask to have it back 42. of e mode adj. not connected to the internet 43. i h to speak to have an uncomfortable feeling on the ν. skin that makes you want to scratch it a person who assigns, controls, or 44. demanding tas____er n. supervises tasks or work assignments; someone who is strict or demanding in assigning tasks or expecting high levels of productivity or performance a climbing plant that produces grapes; 45. a green v e n. any plant with a growth habit of trailing or climbing stems (abbreviation for application) software 46. killer a p n. designed to run on smartphones and other mobile devices or inside a web browser on a PC 47. sma ne addict a mobile phone that functions as a computer and connects to the Internet 48. a famous b d a poet, especially one who composes n. poems in a traditional oral style; a singer or minstrel who tells stories through song 49. sub____ous behavior adj. relating to or concerning the part of the mind that is not fully conscious but still influences thoughts, feelings, and behavior

ANSWERS: 41. reclaim, 42. offline, 43. itch, 44. taskmaster, 45. vine, 46. app, 47. smartphone, 48. bard, 49. subconscious, 50. multitasking

the ability to do more than one task at the same time; the state of doing more

than one task at the same time

50. mul ing ability

59. do a bra____ing about a new product

which a group of people meet and think about something at the same time to solve a problem or to create good ideas

ANSWERS: 51. neurochemical, 52. moth, 53. mindless, 54. disparity, 55. imaginative, 56. autopilot, 57. subconscious, 58. nag, 59. brainstorming

60. n g about the minor thing to annoy or irritate someone persistently ν. with repeated complaints, requests, or criticism; (noun) an old or over-worked horse 61. v e of ore a climbing plant that produces grapes; n. any plant with a growth habit of trailing or climbing stems 62. physically di____te location adj. very different or distinct from something else and is not connected or comparable in any way 63. au____ot function a system that automatically controls the n. operation of an aircraft or spacecraft a significant difference or inequality 64. the di____ty between theory and n. reality between two or more things (abbreviation for application) software 65. cannot log in to the a_p n. designed to run on smartphones and other mobile devices or inside a web browser on a PC 66. co c symptoms a condition typically occurring in infants, n. characterized by severe and often fluctuating pain in the abdomen caused by intestinal or digestive disturbances 67. cardiac M I (abbreviation for magnetic resonance n. imaging) a medical imaging technique that uses a strong magnetic field and radio waves to produce detailed images of the inside of the body a small tool or device that is useful for a 68. time-saving ga___t n. particular job

ANSWERS: 60. nag, 61. vine, 62. disparate, 63. autopilot, 64. disparity, 65. app, 66. colic, 67. MRI, 68. gadget

ANSWERS: 69. distract, 70. neuroscience, 71. brilliance, 72. swoop, 73. autobiographical, 74. brainstorming, 75. societal, 76. boredom, 77. unearth, 78. deplete

79.	narrow stay	n.	a set of stairs that connects two floors or levels of a building, often with a handrail or banister for safety
80.	rem a competitive position	<i>v</i> .	to take back something previously lost, given, or paid, or ask to have it back
81.	coer relationship	n.	a person who works with another in the same company or organization
82.	smane app developer	n.	a mobile phone that functions as a computer and connects to the Internet
83.	pe a new path	ν.	to cover something with a hard, flat material such as stones, bricks, or concrete, to make it suitable for travel or use
84.	taser attitude	n.	a person who assigns, controls, or supervises tasks or work assignments; someone who is strict or demanding in assigning tasks or expecting high levels of productivity or performance
85.	improve hunId	adj.	a hundred times as great or as much
86.	emr the secretary to do the same	<i>v</i> .	to give someone the power or authority to do something
87.	i_h constantly	ν.	to have an uncomfortable feeling on the skin that makes you want to scratch it
88.	a theoretical concept in neunce	n.	the scientific study of the function, structure, and disorder of the brain and the nervous system

ANSWERS: 79. stairway, 80. reclaim, 81. coworker, 82. smartphone, 83. pave, 84. taskmaster, 85. hundredfold, 86. empower, 87. itch, 88. neuroscience

Session 3: Fill in the Blanks

1.	Internet traffic volumes have increased significantly with the advent of
n.	a mobile phone that functions as a computer and connects to the Internet
2.	The grand entrance hall had a magnificent marble that curved gracefully upwards.
n.	a set of stairs that connects two floors or levels of a building, often with a handrail or banister for safety
3.	He the fireworks with a single spark.
v.	to set on fire; to cause to start burning
4.	I often waste a lot of time
n.	the act of thinking about something that you would prefer to be doing or have happened to you
5.	The scientist's led to many groundbreaking discoveries in his field.
n.	the quality of being very clever or talented; the quality of being very bright or shining
6.	The organization worked to bring together groups in the community.
adj	 very different or distinct from something else and is not connected or comparable in any way
7.	She is a hard worker but not very
ad	having or showing new and creative ideas
	SWERS: 1. smartphones, 2. stairway, 3. ignited, 4. daydreaming, 5. brilliance, 6. parate, 7. imaginative

Vocab-Builder Ref from "Manoush Zomorodi: How boredom can lead to your most brilliant ideas | TED Talk" (44 words)

ANSWERS: 16. hundredfold, 17. autopilot, 18. swooped, 19. stroll, 20. colic, 21. neurochemical, 22. autobiographical, 23. paved

ANSWERS: 24. neuroscience, 25. embarrass, 26. boredom, 27. moth, 28. brainstorming, 29. ironic, 30. hibernation

Vocab-Builder Ref from "Manoush Zomorodi: How boredom can lead to your most brilliant ideas | TED Talk" (44 words)