Englist.me

Vocabulary Builder Reference from...

Adam Alter: Why our screens make us less happy |

TED Talk

https://www.ted.com/talks/adam_alter_why_our_scre

ens_make_us_less_happy



Advanced Words Only

IMPORTANT

This material is a commentary and does not contain any copyrighted material of the reference source. We strongly recommend accessing/buying the reference source at the same time.

Session 1: Word List

rumor

n. a piece of unverified information of uncertain origin that is spread by word of mouth

synonym: gossip, whisper, talk

(1) a false rumor, (2) rumor mill

There was a baseless **rumor** that the company was going bankrupt.

industrious

adj. hardworking, diligent, and persistent in effort

synonym: diligent, hardworking, assiduous

(1) **industrious** worker, (2) **industrious** student

He was known to be very **industrious** and would often work late into the night.

smartphone

- a mobile phone that functions as a computer and connects to the Internet
- (1) **smartphone** app developer, (2) **smartphone** addict Internet traffic volumes have increased significantly with the advent of **smartphones**.

peninsula

 a long piece of land that is almost surrounded by water but is linked to a larger part of the land

synonym: cape, foreland

(1) the tip of the peninsula, (2) the Arab peninsula

That **peninsula** was an essential base for the country's defense.

sliver

n. a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something

synonym: splinter, shard, fragment

(1) sliver of wood, (2) sliver of metal

I had to be careful not to step on a **sliver** of glass on the floor.

miraculous

adj. very effective or lucky, or completely unexpected synonym: amazing, astonishing, awesome

(1) a **miraculous** encounter, (2) go through a **miraculous** change

He made a **miraculous** recovery.

enrich

v. to make better or improve in quality by adding something else

synonym: enhance, improve, augment

- (1) **enrich** a gas with a balloon, (2) **enrich** public services Reading not only increases knowledge but also **enriches** life.
- n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

synonym: application, software

(1) killer app, (2) cannot log in to the app

The discovery of a critical bug caused the company to delay the **app's** release.

twit

app

n. a silly or foolish person; someone regarded as annoying or irritating

synonym: fool, idiot, imbecile

(1) celebrity twit, (2) neighborhood twit

Page 2 / 8

Please ignore that **twit** on social media; their opinions are irrelevant.

germ

 a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

synonym: bacterium, microbe, pathogen

- (1) antibiotic-resistant **germ**, (2) a **germ-free** environment The **germ** of his idea came from watching birds flying in flocks.
- v. to crush or grind something into a soft, wet, pulpy mass; to talk or behave amorously, without serious intentions; (noun) a mixture of crushed malt grains and hot water synonym: crush, grind, pulverize
- (1) **mash** his words, (2) potato **mash**She **mashed** the potatoes with a fork until they were smooth and creamy.
- v. to move smoothly and effortlessly synonym: slide, skim, coast
- (1) **glide** through the water, (2) **glide** down the mountain The eagle gracefully **glided** on the thermals, soaring above the mountains.

mash

glide

Session 2: Spelling

1. a mir____us encounter

2. sl r of metal

3. the Arab pe la

4. antibiotic-resistant g m

5. killer a p

6. en___h public services

7. a g__m-free environment

8. ind us worker

adj. very effective or lucky, or completely unexpected

n. a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something

 a long piece of land that is almost surrounded by water but is linked to a larger part of the land

a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

 n. (abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC

v. to make better or improve in quality by adding something else

a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one

adj. hardworking, diligent, and persistent in effort

ANSWERS: 1. miraculous, 2. sliver, 3. peninsula, 4. germ, 5. app, 6. enrich, 7. germ, 8. industrious

9.	slr of wood	n.	a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something
10.	neighborhood tt	n.	a silly or foolish person; someone regarded as annoying or irritating
11.	smane addict	n.	a mobile phone that functions as a computer and connects to the Internet
12.	gle down the mountain	<i>v</i> .	to move smoothly and effortlessly
13.	enh a gas with a balloon	ν.	to make better or improve in quality by adding something else
14.	gle through the water	ν.	to move smoothly and effortlessly
15.	cannot log in to the a_p	n.	(abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
16.	rur mill	n.	a piece of unverified information of uncertain origin that is spread by word of mouth
17.	indus student	adj.	hardworking, diligent, and persistent in effort
18.	the tip of the pela	n.	a long piece of land that is almost surrounded by water but is linked to a larger part of the land
19.	potato mh	v.	to crush or grind something into a soft, wet, pulpy mass; to talk or behave amorously, without serious intentions; (noun) a mixture of crushed malt grains and hot water

ANSWERS: 9. sliver, 10. twit, 11. smartphone, 12. glide, 13. enrich, 14. glide, 15. app, 16. rumor, 17. industrious, 18. peninsula, 19. mash

- 20. celebrity t__t
- 21. a false ru__r
- 22. sma____ne app developer
- 23. go through a mir____us change
- 24. m_h his words

- a silly or foolish person; someone regarded as annoying or irritating
- a piece of unverified information of uncertain origin that is spread by word of mouth
- n. a mobile phone that functions as a computer and connects to the Internet
- adj. very effective or lucky, or completely unexpected
- v. to crush or grind something into a soft, wet, pulpy mass; to talk or behave amorously, without serious intentions; (noun) a mixture of crushed malt grains and hot water

ANSWERS: 20. twit, 21. rumor, 22. smartphone, 23. miraculous, 24. mash

Session 3: Fill in the Blanks

1.	The of his idea came from watching birds flying in flocks.
n.	a very tiny living that causes the disease; a piece of something such as an organism, concept, etc., capable of growing into a new one or part of one
2.	There was a baseless that the company was going bankrupt.
n.	a piece of unverified information of uncertain origin that is spread by word of mouth
3.	I had to be careful not to step on a of glass on the floor.
n.	a small, thin, narrow piece or fragment of something, often characterized by its length or its sharpness or thinness; a small portion or amount of something, often used in a metaphorical sense to describe a trace or a hint of something
4.	Internet traffic volumes have increased significantly with the advent of
n.	a mobile phone that functions as a computer and connects to the Internet
5.	Reading not only increases knowledge but also life.
<i>v</i> .	to make better or improve in quality by adding something else
6.	He was known to be very and would often work late into the night
adj	hardworking, diligent, and persistent in effort
7.	The discovery of a critical bug caused the company to delay the release.
n.	(abbreviation for application) software designed to run on smartphones and other mobile devices or inside a web browser on a PC
	SWERS: 1. germ, 2. rumor, 3. sliver, 4. smartphones, 5. enriches, 6. industrious, app's

8.	Please ignore that on social media; their opinions are irrelevant.
n.	a silly or foolish person; someone regarded as annoying or irritating
9.	She the potatoes with a fork until they were smooth and creamy.
<i>v</i> .	to crush or grind something into a soft, wet, pulpy mass; to talk or behave amorously, without serious intentions; (noun) a mixture of crushed malt grains and hot water
10.	That was an essential base for the country's defense.
n.	a long piece of land that is almost surrounded by water but is linked to a larger part of the land
11.	He made a recovery.
adj	very effective or lucky, or completely unexpected
12.	The eagle gracefully on the thermals, soaring above the mountains.
v.	to move smoothly and effortlessly

ANSWERS: 8. twit, 9. mashed, 10. peninsula, 11. miraculous, 12. glided