

# Englist.me



## Vocabulary Builder Reference from...

Miriam Zoila Pérez: How racism harms pregnant women -- and what can help | TED Talk

[https://www.ted.com/talks/miriam\\_zoila\\_perez\\_how\\_racism\\_harms\\_pregnant\\_women\\_and\\_what\\_can\\_help](https://www.ted.com/talks/miriam_zoila_perez_how_racism_harms_pregnant_women_and_what_can_help)

### Advanced Words Only

#### IMPORTANT

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## Session 1: Word List

### clammy

*adj.* unpleasantly damp, moist, sticky, or sweaty to the touch; often used to describe a cold, damp sensation on the skin

*synonym* : moist, damp, sticky

(1) **clammy** hands, (2) **clammy** skin

Her palms felt **clammy** with nervousness before the important presentation.

### cortisol

*n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure

*synonym* : stress hormone, hydrocortisone

(1) **cortisol** stress, (2) excessive **cortisol**

**Cortisol** levels in the body are often elevated during times of stress.

### adrenaline

*n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

*synonym* : epinephrine

(1) **adrenaline** receptor, (2) **adrenaline** addiction

The band has released a lot of **adrenaline-pumping** rock

music.

## bloodstream

*n.* the blood flowing through the body

(1) **bloodstream** in an artery, (2) **bloodstream** to the brain  
Cancer cells are often carried throughout the body by the **bloodstream**.

## stressor

*n.* something that causes stress or emotional tension

*synonym*: pressure, strain, burden

(1) **stressor** event, (2) **stressor** management

The deadline for the project was a major **stressor** for the team.

## infrequent

*adj.* occurring rarely or irregularly; happening at long intervals; not happening often or in large numbers

*synonym*: rare, sporadic, uncommon

(1) **infrequent** showers, (2) **infrequent** meetings

Traveling to remote villages can be difficult due to **infrequent** transportation.

## well-being

*n.* the state of being happy and healthy and prosperous

*synonym*: health, welfare, happiness

(1) the **well-being** of a nation, (2) a sense of **well-being**

We are responsible for the care and **well-being** of all our employees.

## fetus

*n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal

(1) development of the **fetus**, (2) an aborted **fetus**

The female vagina is elastic enough to allow the passage of a **fetus**.

## womb

*n.* the organ of a woman or female mammal in which a baby develops before birth

*synonym*: uterus, matrice

(1) tumor of **womb**, (2) **womb** transplant

The fertilized egg implanted itself in the **womb**.

## **cascade**

*n.* a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units

*synonym*: waterfall, watercourse, step

(1) **cascade** connection, (2) transistor **cascade**

The **cascade** of waterfalls in the national park was a breathtaking sight.

## **premed**

*n.* (an abbreviation for "pre-medical") a course of study or preparation undertaken by students planning to enter medical school or pursue a career in medicine

(1) **premed** class, (2) **premed** coursework

The **premed** student spent hours studying anatomy and physiology to prepare for medical school.

## **trajectory**

*n.* the curved path followed by an object moving through space

*synonym*: course, curve, orbit

(1) career **trajectory**, (2) a **trajectory** missile

The company has shown an excellent growth **trajectory** over the years.

## **doula**

*n.* a trained professional who provides emotional, physical, and informational support to individuals, typically women, before, during, and after childbirth

*synonym*: birth companion, childbirth assistant

(1) postpartum **doula**, (2) trained **doula**

The mother hired an experienced **doula** to provide emotional and physical support during childbirth.

## **childbirth**

*n.* the act or process of giving birth to a baby

*synonym*: delivery, labor, parturition

(1) natural **childbirth**, (2) assisted **childbirth**

He was present at the **childbirth** of his children.

## sub-Saharan

*adj.* of or relating to or situated in the area south of the Sahara Desert

(1) **sub-Saharan** Africa, (2) **sub-Saharan** countries

The coffee producers in **sub-Saharan** countries are at the sharp end of fluctuations in price.

## appalling

*adj.* causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant

*synonym* : shocking, horrifying, alarming

(1) **appalling** crimes, (2) **appalling** behavior

The condition of that old house was **appalling**.

## widen

*v.* to become or make something broader, wider, more extensive

*synonym* : broaden, enlarge, extend

(1) **widen** in excitement, (2) **widen** a narrowed heart valve

He **widened** his investigation into a medical clinic.

## prenatal

*adj.* of, relating to, or occurring in the period before birth

*synonym* : antecedent, preconception, prebirth

(1) **prenatal** checkup, (2) **prenatal** development

**Prenatal** care is essential for ensuring the health of both mother and baby.

## grandparent

*n.* a parent of one's father or mother

(1) great- **grandparent**, (2) person of **grandparent** age

She was close to her paternal **grandparents** and often spent summers with them.

## paradox

*n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

*synonym* : incongruity, dichotomy, contradiction

(1) French **paradox**, (2) the **paradox** of the heap

There are many theories to explain this **paradox**.

## midwife

*n.* a person trained to assist women during childbirth and to provide care for the mother and baby

*synonym* : obstetrician, gynecologist, accoucheuse

(1) professional **midwife**, (2) serve as **midwife**

The clinical **midwife** assisted with the delivery of the baby.

## deceptive

*adj.* tending to mislead or deceive either deliberately or inadvertently; causing one to believe what is not true or fail to believe what is true

*synonym* : misleading, trickery, fraudulent

(1) **deceptive** practices, (2) appearances are **deceptive**

The politician's statements were found to be **deceptive** and not based on fact.

## hurdle

*n.* a barrier or obstacle that must be overcome

*synonym* : obstacle, barrier, challenge

(1) overcome **hurdles**, (2) **hurdle** race

The company faced several **hurdles** in the development of its new product.

## chastise

*v.* to criticize or reprimand severely; to discipline or punish for wrongdoing or mistake

*synonym* : rebuke, reprimand, scold

(1) **chastise** behavior, (2) **chastise** a child

The coach **chastised** the players for not giving their best effort during the game.

## belittle

*v.* to speak or write about someone or something in a way that shows a lack of respect

*synonym* : degrade, demean, disparage

(1) **belittle** his ability, (2) **belittle** through talk

He **belittled** her in front of the office, making her feel small and insignificant.

## disguise

*v.* to hide or alter someone's appearance to deceive or mislead others

*synonym* : mask, misinterpret, cloak

(1) **disguise** my feelings, (2) **disguise** his voice  
Later it turned out that the politician **disguised** the fact from the public.

## **greet**

*v.* to say hello to someone; to express welcome on meeting someone

*synonym*: welcome, salute, acknowledge

(1) **greet** a customer, (2) **greet** an idea

He **greeted** his friends with a warm smile and a hug.

## **deflation**

*n.* a decrease in the general price level of goods and services; the act of letting the air out of something

*synonym*: contraction, recession, shrinkage

(1) anti- **deflation** policies, (2) **deflation** of the lung

The economy is experiencing severe **deflation**.

## **cuff**

*n.* a band or strip of material, usually worn around the wrist or ankle, often used to secure or fasten something in place; a blow or hit delivered with an open hand, typically to the head or ear

*synonym*: bracelet, handcuff, shackle

(1) **cuff** bracelet, (2) soft **cuff**

The doctor used a blood pressure **cuff** to measure my vitals.

## **complication**

*n.* something that makes a situation or condition that is complex or confused

*synonym*: confusion, complexity, difficulty

(1) **complication** of structure, (2) resolve without **complication**

He also continued to struggle with serious long-term **complications**.

## **chunky**

*adj.* characterized by being thick and heavy; containing or consisting of large, solid pieces; having a stocky, muscular build

*synonym*: chubby, stocky, bulky

(1) **chunky** sweater, (2) a **chunky** necklace

I prefer **chunky** peanut butter over smooth peanut butter.

## headway

*n.* forward movement or progress made despite obstacles or resistance; clearance or space in which to move forward

*synonym*: progress, advancement, improvement

(1) lack of **headway**, (2) gain **headway**

We are making **headway** in our research and hope to have some significant findings soon.

## intractable

*adj.* difficult to manage or control; stubborn or obstinate

*synonym*: obstinate, stubborn, unyielding

(1) **intractable** pain, (2) **intractable** situation

The **intractable** problem defied a solution.

## stratify

*v.* to arrange or divide into layers or strata based on characteristics such as social, economic, or cultural status

*synonym*: layer, classify, arrange in layers

(1) **stratify** populations, (2) **stratify** data

Society tends to **stratify** people into different economic classes.

## unconditional

*adj.* not subject to any conditions; absolute or complete; not limited by any qualifications or restrictions

*synonym*: absolute, complete, unqualified

(1) **unconditional** forgiveness, (2) **unconditional** support

Her love for him was **unconditional**, despite all of his flaws.

## resilient

*adj.* able to withstand or recover quickly from difficult conditions

*synonym*: robust, sturdy, tough

(1) a hard and **resilient** steel, (2) **resilient** population

She is a **resilient** person and has always bounced back from setbacks.

## **eradicate**

v. to get rid of or destroy something completely, especially something bad

*synonym*: destroy, eliminate, exterminate

(1) **eradicate** the deficit, (2) **eradicate** racial discrimination

We are trying to **eradicate** this disease from the world.



## Session 2: Spelling

- |                                |   |
|--------------------------------|---|
| 1. transistor ca_____e         | <i>n.</i> a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units                     |
| 2. gr__t a customer            | <i>v.</i> to say hello to someone; to express welcome on meeting someone  |
| 3. sub_____an countries        | <i>adj.</i> of or relating to or situated in the area south of the Sahara Desert  |
| 4. resolve without com_____ion | <i>n.</i> something that makes a situation or condition that is complex or confused   |
| 5. ch_____se a child           | <i>v.</i> to criticize or reprimand severely; to discipline or punish for wrongdoing or mistake   |
| 6. st_____or management        | <i>n.</i> something that causes stress or emotional tension   |
| 7. wi__n in excitement         | <i>v.</i> to become or make something broader, wider, more extensive  |
| 8. w__b transplant             | <i>n.</i> the organ of a woman or female mammal in which a baby develops before birth   |
| 9. excessive co_____ol         | <i>n.</i> a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure |
| 10. sub_____an Africa          | <i>adj.</i> of or relating to or situated in the area south of the Sahara Desert  |
| 11. ch_____se behavior         | <i>v.</i> to criticize or reprimand severely; to discipline or punish for wrongdoing or mistake   |

ANSWERS: 1. cascade, 2. greet, 3. sub-Saharan, 4. complication, 5. chastise, 6. stressor, 7. widen, 8. womb, 9. cortisol, 10. sub-Saharan, 11. chastise

12. ch\_\_\_y sweater *adj.* characterized by being thick and heavy; containing or consisting of large, solid pieces; having a stocky, muscular build
13. an aborted fe\_\_s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
14. serve as mi\_\_\_\_\_e *n.* a person trained to assist women during childbirth and to provide care for the mother and baby
15. career tra\_\_\_\_\_ry *n.* the curved path followed by an object moving through space
16. int\_\_\_\_\_le situation *adj.* difficult to manage or control; stubborn or obstinate
17. lack of he\_\_\_\_\_y *n.* forward movement or progress made despite obstacles or resistance; clearance or space in which to move forward
18. inf\_\_\_\_\_nt showers *adj.* occurring rarely or irregularly; happening at long intervals; not happening often or in large numbers
19. trained do\_\_a *n.* a trained professional who provides emotional, physical, and informational support to individuals, typically women, before, during, and after childbirth
20. st\_\_\_\_\_or event *n.* something that causes stress or emotional tension
21. st\_\_\_\_\_fy populations *v.* to arrange or divide into layers or strata based on characteristics such as social, economic, or cultural status

ANSWERS: 12. chunky, 13. fetus, 14. midwife, 15. trajectory, 16. intractable, 17. headway, 18. infrequent, 19. doula, 20. stressor, 21. stratify

22. pr\_\_\_d class *n.* (an abbreviation for "pre-medical") a course of study or preparation undertaken by students planning to enter medical school or pursue a career in medicine
23. cl\_\_\_y hands *adj.* unpleasantly damp, moist, sticky, or sweaty to the touch; often used to describe a cold, damp sensation on the skin
24. pr\_\_\_\_al development *adj.* of, relating to, or occurring in the period before birth
25. co\_\_\_\_ol stress *n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
26. unc\_\_\_\_\_nal support *adj.* not subject to any conditions; absolute or complete; not limited by any qualifications or restrictions
27. er\_\_\_\_\_te racial discrimination *v.* to get rid of or destroy something completely, especially something bad
28. ca\_\_\_\_e connection *n.* a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units
29. pr\_\_\_d coursework *n.* (an abbreviation for "pre-medical") a course of study or preparation undertaken by students planning to enter medical school or pursue a career in medicine
30. adr\_\_\_\_\_ne receptor *n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

ANSWERS: 22. premed, 23. clammy, 24. prenatal, 25. cortisol, 26. unconditional, 27. eradicate, 28. cascade, 29. premed, 30. adrenaline

31. de\_\_\_\_\_ve practices *adj.* tending to mislead or deceive either deliberately or inadvertently; causing one to believe what is not true or fail to believe what is true
32. a tra\_\_\_\_\_ry missile *n.* the curved path followed by an object moving through space
33. hu\_\_\_e race *n.* a barrier or obstacle that must be overcome
34. postpartum do\_\_a *n.* a trained professional who provides emotional, physical, and informational support to individuals, typically women, before, during, and after childbirth
35. appearances are de\_\_\_\_\_ve *adj.* tending to mislead or deceive either deliberately or inadvertently; causing one to believe what is not true or fail to believe what is true
36. the pa\_\_\_\_\_x of the heap *n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;
37. tumor of w\_\_b *n.* the organ of a woman or female mammal in which a baby develops before birth
38. be\_\_\_\_\_le through talk *v.* to speak or write about someone or something in a way that shows a lack of respect
39. ap\_\_\_\_\_ng behavior *adj.* causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant

ANSWERS: 31. deceptive, 32. trajectory, 33. hurdle, 34. doula, 35. deceptive, 36. paradox, 37. womb, 38. belittle, 39. appalling

40. pr\_\_\_\_al checkup *adj.* of, relating to, or occurring in the period before birth
41. inf\_\_\_\_\_nt meetings *adj.* occurring rarely or irregularly; happening at long intervals; not happening often or in large numbers
42. a sense of wel\_\_\_\_\_ng *n.* the state of being happy and healthy and prosperous
43. professional mi\_\_\_\_\_e *n.* a person trained to assist women during childbirth and to provide care for the mother and baby
44. development of the fe\_\_s *n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
45. overcome hu\_\_\_es *n.* a barrier or obstacle that must be overcome
46. cl\_\_\_y skin *adj.* unpleasantly damp, moist, sticky, or sweaty to the touch; often used to describe a cold, damp sensation on the skin
47. a hard and re\_\_\_\_\_nt steel *adj.* able to withstand or recover quickly from difficult conditions
48. soft c\_\_f *n.* a band or strip of material, usually worn around the wrist or ankle, often used to secure or fasten something in place; a blow or hit delivered with an open hand, typically to the head or ear
49. blo\_\_\_\_\_am to the brain *n.* the blood flowing through the body
50. re\_\_\_\_\_nt population *adj.* able to withstand or recover quickly from difficult conditions

ANSWERS: 40. prenatal, 41. infrequent, 42. well-being, 43. midwife, 44. fetus, 45. hurdle, 46. clammy, 47. resilient, 48. cuff, 49. bloodstream, 50. resilient

51. the wel\_\_\_\_\_ng of a nation      *n.* the state of being happy and healthy and prosperous
52. ap\_\_\_\_\_ng crimes      *adj.* causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant
53. anti-de\_\_\_\_\_on policies      *n.* a decrease in the general price level of goods and services; the act of letting the air out of something
54. di\_\_\_\_\_se my feelings      *v.* to hide or alter someone's appearance to deceive or mislead others
55. be\_\_\_\_\_le his ability      *v.* to speak or write about someone or something in a way that shows a lack of respect
56. great-gra\_\_\_\_\_nt      *n.* a parent of one's father or mother
57. de\_\_\_\_\_on of the lung      *n.* a decrease in the general price level of goods and services; the act of letting the air out of something
58. c\_\_f bracelet      *n.* a band or strip of material, usually worn around the wrist or ankle, often used to secure or fasten something in place; a blow or hit delivered with an open hand, typically to the head or ear
59. di\_\_\_\_\_se his voice      *v.* to hide or alter someone's appearance to deceive or mislead others
60. adr\_\_\_\_\_ne addiction      *n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

ANSWERS: 51. well-being, 52. appalling, 53. deflation, 54. disguise, 55. belittle, 56. grandparent, 57. deflation, 58. cuff, 59. disguise, 60. adrenaline

- |                              |  |
|------------------------------|--|
| 61. person of gra_____nt age | <i>n.</i> a parent of one's father or mother   |
| 62. assisted chi_____th      | <i>n.</i> the act or process of giving birth to a baby   |
| 63. er_____te the deficit    | <i>v.</i> to get rid of or destroy something completely, especially something bad  |
| 64. unc_____nal forgiveness  | <i>adj.</i> not subject to any conditions; absolute or complete; not limited by any qualifications or restrictions   |
| 65. French pa_____x          | <i>n.</i> a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange; |
| 66. int_____le pain          | <i>adj.</i> difficult to manage or control; stubborn or obstinate  |
| 67. blo_____am in an artery  | <i>n.</i> the blood flowing through the body   |
| 68. com_____ion of structure | <i>n.</i> something that makes a situation or condition that is complex or confused  |
| 69. gr__t an idea            | <i>v.</i> to say hello to someone; to express welcome on meeting someone   |
| 70. gain he_____y            | <i>n.</i> forward movement or progress made despite obstacles or resistance; clearance or space in which to move forward                                       |
| 71. st_____fy data           | <i>v.</i> to arrange or divide into layers or strata based on characteristics such as social, economic, or cultural status                                     |
| 72. a ch_____y necklace      | <i>adj.</i> characterized by being thick and heavy; containing or consisting of large, solid pieces; having a stocky, muscular build                           |

ANSWERS: 61. grandparent, 62. childbirth, 63. eradicate, 64. unconditional, 65. paradox, 66. intractable, 67. bloodstream, 68. complication, 69. greet, 70. headway, 71. stratify, 72. chunky

73. wi\_\_n a narrowed heart valve

*v.* to become or make something broader, wider, more extensive

74. natural chi\_\_\_\_\_th

*n.* the act or process of giving birth to a baby

ANSWERS: 73. widen, 74. childbirth



## Session 3: Fill in the Blanks

1. The clinical \_\_\_\_\_ assisted with the delivery of the baby.  
*n.* a person trained to assist women during childbirth and to provide care for the mother and baby
2. Cancer cells are often carried throughout the body by the \_\_\_\_\_.  
*n.* the blood flowing through the body
3. \_\_\_\_\_ levels in the body are often elevated during times of stress.  
*n.* a hormone produced by the adrenal gland that is involved in regulating the body's metabolism, immune system, and blood pressure
4. The condition of that old house was \_\_\_\_\_.  
*adj.* causing horror or shock; deeply disturbing or offensive; extremely bad or unpleasant
5. We are making \_\_\_\_\_ in our research and hope to have some significant findings soon.  
*n.* forward movement or progress made despite obstacles or resistance; clearance or space in which to move forward
6. He \_\_\_\_\_ her in front of the office, making her feel small and insignificant.  
*v.* to speak or write about someone or something in a way that shows a lack of respect
7. The mother hired an experienced \_\_\_\_\_ to provide emotional and physical support during childbirth.  
*n.* a trained professional who provides emotional, physical, and informational support to individuals, typically women, before, during, and after childbirth

ANSWERS: 1. midwife, 2. bloodstream, 3. Cortisol, 4. appalling, 5. headway, 6. belittled, 7. doula

8. We are responsible for the care and \_\_\_\_\_ of all our employees.  
*n.* the state of being happy and healthy and prosperous
9. Society tends to \_\_\_\_\_ people into different economic classes.  
*v.* to arrange or divide into layers or strata based on characteristics such as social, economic, or cultural status
10. The coffee producers in \_\_\_\_\_ countries are at the sharp end of fluctuations in price.  
*adj.* of or relating to or situated in the area south of the Sahara Desert
11. The \_\_\_\_\_ of waterfalls in the national park was a breathtaking sight.  
*n.* a small waterfall or series of small waterfalls; a succession of stages or operations or processes or units
12. The doctor used a blood pressure \_\_\_\_\_ to measure my vitals.  
*n.* a band or strip of material, usually worn around the wrist or ankle, often used to secure or fasten something in place; a blow or hit delivered with an open hand, typically to the head or ear
13. He \_\_\_\_\_ his investigation into a medical clinic.  
*v.* to become or make something broader, wider, more extensive
14. Later it turned out that the politician \_\_\_\_\_ the fact from the public.  
*v.* to hide or alter someone's appearance to deceive or mislead others
15. There are many theories to explain this \_\_\_\_\_.  
*n.* a statement, situation, or person that has two opposite facts or features and therefore seems impossible, is difficult to understand, or is strange;

ANSWERS: 8. well-being, 9. stratify, 10. sub-Saharan, 11. cascade, 12. cuff, 13. widened, 14. disguised, 15. paradox

16. Her palms felt \_\_\_\_\_ with nervousness before the important presentation.

*adj.* unpleasantly damp, moist, sticky, or sweaty to the touch; often used to describe a cold, damp sensation on the skin

17. She is a \_\_\_\_\_ person and has always bounced back from setbacks.

*adj.* able to withstand or recover quickly from difficult conditions

18. \_\_\_\_\_ care is essential for ensuring the health of both mother and baby.

*adj.* of, relating to, or occurring in the period before birth

19. The politician's statements were found to be \_\_\_\_\_ and not based on fact.

*adj.* tending to mislead or deceive either deliberately or inadvertently; causing one to believe what is not true or fail to believe what is true

20. The economy is experiencing severe \_\_\_\_\_.

*n.* a decrease in the general price level of goods and services; the act of letting the air out of something

21. He \_\_\_\_\_ his friends with a warm smile and a hug.

*v.* to say hello to someone; to express welcome on meeting someone

22. The band has released a lot of \_\_\_\_\_ rock music.

*n.* (also "epinephrine") a substance secreted by the adrenal medulla in response to stress, which makes the heart beat faster and prepares the body to react to danger

23. She was close to her paternal \_\_\_\_\_ and often spent summers with them.

*n.* a parent of one's father or mother

ANSWERS: 16. clammy, 17. resilient, 18. Prenatal, 19. deceptive, 20. deflation, 21. greeted, 22. adrenaline-pumping, 23. grandparents

24. Traveling to remote villages can be difficult due to \_\_\_\_\_ transportation.  
*adj.* occurring rarely or irregularly; happening at long intervals; not happening often or in large numbers
25. The female vagina is elastic enough to allow the passage of a \_\_\_\_\_.  
*n.* an unborn or unhatched animal in the later stages of development showing the main recognizable features of the mature animal
26. The fertilized egg implanted itself in the \_\_\_\_\_.  
*n.* the organ of a woman or female mammal in which a baby develops before birth
27. The \_\_\_\_\_ student spent hours studying anatomy and physiology to prepare for medical school.  
*n.* (an abbreviation for "pre-medical") a course of study or preparation undertaken by students planning to enter medical school or pursue a career in medicine
28. The company has shown an excellent growth \_\_\_\_\_ over the years.  
*n.* the curved path followed by an object moving through space
29. He was present at the \_\_\_\_\_ of his children.  
*n.* the act or process of giving birth to a baby
30. The company faced several \_\_\_\_\_ in the development of its new product.  
*n.* a barrier or obstacle that must be overcome
31. I prefer \_\_\_\_\_ peanut butter over smooth peanut butter.  
*adj.* characterized by being thick and heavy; containing or consisting of large, solid pieces; having a stocky, muscular build

ANSWERS: 24. infrequent, 25. fetus, 26. womb, 27. premed, 28. trajectory, 29. childbirth, 30. hurdles, 31. chunky

32. The coach \_\_\_\_\_ the players for not giving their best effort during the game.  
*v.* to criticize or reprimand severely; to discipline or punish for wrongdoing or mistake
33. The deadline for the project was a major \_\_\_\_\_ for the team.  
*n.* something that causes stress or emotional tension
34. The \_\_\_\_\_ problem defied a solution.  
*adj.* difficult to manage or control; stubborn or obstinate
35. We are trying to \_\_\_\_\_ this disease from the world.  
*v.* to get rid of or destroy something completely, especially something bad
36. He also continued to struggle with serious long-term \_\_\_\_\_.  
*n.* something that makes a situation or condition that is complex or confused
37. Her love for him was \_\_\_\_\_ despite all of his flaws.  
*adj.* not subject to any conditions; absolute or complete; not limited by any qualifications or restrictions

ANSWERS: 32. chastised, 33. stressor, 34. intractable, 35. eradicate, 36. complications, 37. unconditional,